

Orca's Christmas Swim 2018



zv Orca

Leeuwarden 29-12-2018 t/m 30-12-2018

Nummer: 1 - zaterdag 29 december 2018 om 09:15u (25 m)

Aanvangstijd juryvergadering: 08:30u

1. 400m wisselslag - Heren

vanaf 12 jaar (Junioren 1 en ouder)

1. Jari Groenhart (TriVia, 200000271)

50m 00:27.60 27,60 150m 01:33.67 33,86 250m 02:42.91 36,93 350m 03:52.64 32,12 04:23.14
100m 00:59.81 32,21 200m 02:05.98 32,31 300m 03:20.52 37,61

2. Erik Nijholt (Dz&Pc, 199401349)

50m 00:28.88 28,88 150m 01:36.30 34,91 250m 02:50.95 40,07 350m 04:03.94 31,77 04:34.62
100m 01:01.39 32,51 200m 02:10.88 34,58 300m 03:32.17 41,22

3. David Kuipers (Orca, 200003633)

50m 00:29.09 29,09 150m 01:38.68 36,74 250m 02:56.25 41,69 350m 04:09.27 31,83 04:39.89
100m 01:01.94 32,85 200m 02:14.56 35,88 300m 03:37.44 41,19

4. Daan Zwertbroek (Psv, 199900463)

50m 00:28.79 28,79 150m 01:41.50 39,10 250m 03:00.25 39,94 350m 04:15.86 34,64 04:49.48
100m 01:02.40 33,61 200m 02:20.31 38,81 300m 03:41.22 40,97

5. Mees Niemeijer (Dz&Pc, 200201275)

50m 00:33.05 33,05 150m 01:55.59 42,35 250m 03:22.20 45,29 350m 04:45.43 37,29 05:21.23
100m 01:13.24 40,19 200m 02:36.91 41,32 300m 04:08.14 45,94

6. Jurek Frik (Azuro, 200203335)

50m 00:32.51 32,51 150m 01:52.78 40,93 250m 03:20.89 46,69 350m 04:50.06 40,06 05:26.89
100m 01:11.85 39,34 200m 02:34.20 41,42 300m 04:10.00 49,11

7. Senna Hof (Dz&Pc, 200600761)

50m 00:36.31 36,31 150m 02:02.47 42,60 250m 03:28.46 45,19 350m 04:52.99 37,75 05:26.95
100m 01:19.87 43,56 200m 02:43.27 40,80 300m 04:15.24 46,78

8. Tiemen Jonkman (Dz&Pc, 200301193)

50m 00:34.85 34,85 150m 02:04.23 45,07 250m 03:30.86 43,90 350m 04:59.69 42,28 05:39.49
100m 01:19.16 44,31 200m 02:46.96 42,73 300m 04:17.41 46,55

9. Feico de Jonge (Kzc, 200600047)

50m 00:41.07 41,07 150m 02:10.09 41,67 250m 03:46.34 53,10 350m 05:18.25 41,03 05:58.25
100m 01:28.42 47,35 200m 02:53.24 43,15 300m 04:37.22 50,88

10. Eise van der Zee (Orca, 200501437)

50m 00:40.73 40,73 150m 02:19.60 43,50 250m 03:55.41 53,37 350m 05:30.64 42,83 06:09.45
100m 01:36.10 55,37 200m 03:02.04 42,44 300m 04:47.81 52,40

2. 100m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Silke Huisman (Orca, 200301182)

50m 00:28.25 28,25 00:58.53

2. Alinda Dingshoff (ZPC Hoogeveen, 200000928)

50m 00:28.58 28,58 00:58.85

3. Yara van Kalmthout (ZPC Nova, 200200984)

50m 00:28.35 28,35 00:58.99

4. Mariëlle Dolfijn (TriVia, 200201640)

50m 00:28.73 28,73 00:59.33

5. Anne Fleur Willemsen (Azuro, 199901396)

50m 00:29.23 29,23 00:59.78

6. Annemarie Hoving (TriVia, 200000248) 50m 00:29.46 29,46	01:01.17
7. Sanne Smit (Oeza, 200105302) 50m 00:29.80 29,80	01:01.42
8. Esmee van Peer (TriVia, 200201114) 50m 00:29.99 29,99	01:02.30
9. Joyce Kuipers (Orca, 200103426) 50m 00:30.03 30,03	01:02.31
10. Mirthe Schenkel (ZPC Hoogeveen, 200300666) 50m 00:29.94 29,94	01:02.50
11. Femke-Romy Wiersma (Neptunia '24, 200103078) 50m 00:30.36 30,36	01:03.09
12. Tessa van de Belt (Dedemsvaart-AC, 200102056) 50m 00:30.69 30,69	01:03.46
13. Marije Sweering (Neptunia '24, 200101228) 50m 00:30.76 30,76	01:04.14
14. Chantal Tiesinga (TriVia, 200302452) 50m 00:31.15 31,15	01:04.91
15. Eline Hoekstra (Oeza, 200301280) 50m 00:30.75 30,75	01:04.96
16. Resa Treffers (Kzc, 200401140) 50m 00:31.50 31,50	01:05.18
17. Dominique Dingshoff (ZPC Hoogeveen, 200400804) 50m 00:31.74 31,74	01:05.42
18. Annemiek Meulenbeld (Orca, 199506230) 50m 00:31.35 31,35	01:05.46
19. Charley Blide (ZPC Hoogeveen, 200600164) 50m 00:30.91 30,91	01:05.51
20. Amélie Wortel (Orca, 200500814) 50m 00:31.71 31,71	01:05.92
21. Fleur Bos (Orca, 200500674) 50m 00:32.56 32,56	01:06.31
22. Yara Wentink (Oeza, 200403334) 50m 00:32.03 32,03	01:06.70
23. Myrthe Sietsma (Wetterwille, 200203854) 50m 00:32.27 32,27	01:06.84
24. Angelina Rolman (WZ&PC Purmerend, 200701972) 50m 00:31.41 31,41	01:07.64
25. Marijne van der Veen (Orca, 200300960) 50m 00:31.83 31,83	01:07.95
26. Laura Siemerink (Oeza, 200404176) 50m 00:32.20 32,20	01:08.46
27. Milou Looye (Azuro, 200100742) 50m 00:32.84 32,84	01:08.61
28. Chantal Half (Kzc, 200600562) 50m 00:33.33 33,33	01:08.71
29. Annemarijn Damhoff (TriVia, 200501000) 50m 00:33.54 33,54	01:09.31
30. Suze Buikema (Wetterwille, 200600872)	01:09.41

	50m 00:33.51 33,51	
31. Nienke Bakker (TriVia, 200501178)	50m 00:32.96 32,96	01:09.52
32. Tove Beltman (Orca, 200301618)	50m 00:33.35 33,35	01:09.71
33. Aniek Ausema (De Hardenberg, 200602084)	50m 00:33.80 33,80	01:10.20
34. Talita Dijkman Dulkes (Kzc, 200203484)	50m 00:34.57 34,57	01:11.47
34. Amber Tiesinga (TriVia, 200600782)	50m 00:34.16 34,16	01:11.47
36. Marrit Tiekstra (Orca, 200301796)	50m 00:33.68 33,68	01:11.51
36. Anneroo de Vries (TriVia, 200405216)	50m 00:32.87 32,87	01:11.51
38. Celine Helder (Orca, 200602426)	50m 00:34.47 34,47	01:12.42
39. Maya Petroutsos (Kzc, 200701814)	50m 00:34.90 34,90	01:13.10
40. Jasmijn van Wendel (Kzc, 200502114)	50m 00:35.63 35,63	01:13.47
41. Maud de Wildt (Oeza, 200501974)	50m 00:35.28 35,28	01:15.67
42. Marit Hakvoort (Kzc, 200601062)	50m 00:36.40 36,40	01:16.59
43. Lisan Steenbakker (Kzc, 200701666)	50m 00:37.38 37,38	01:19.44
44. Samijn Janine Wiersma (Orca, 200403130)	50m 00:38.43 38,43	01:23.65
45. Rixt Catharina Menzel (Orca, 200602430)	50m 00:41.26 41,26	01:28.49
DIS. Lize Janna de Vries (Orca, 200101948)		00:00.00
3. 100m vrije slag - Heren		
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>		
1. Jelle Betten (Dz&Pc, 200001535)	50m 00:24.93 24,93	00:51.86
2. Niels van Eck (ZPC Hoogeveen, 198900793)	50m 00:26.49 26,49	00:52.76
3. Darryl Lubbinge (ZPC Hoogeveen, 199701045)	50m 00:26.27 26,27	00:55.53
4. Marcel Delfstra (Wetterwille, 200100037)	50m 00:26.71 26,71	00:55.68
5. Maik Huser (ZPC Hoogeveen, 199900265)	50m 00:26.77 26,77	00:55.91
6. Daan Piepers (Kzc, 200303441)	50m 00:27.19 27,19	00:56.59
6. Sybren Beeksm (TriVia, 200400133)	50m 00:26.29 26,29	00:56.59
8. Jesper Kloek (Dedemsvaart-AC, 199001585)		00:57.42

	50m 00:27.23 27,23	
9. Joël Malda (Orca, 200301017)	50m 00:27.86 27,86	00:58.89
10. Jarno Ottens (Azuro, 200000273)	50m 00:28.45 28,45	00:59.27
11. Hidde Betten (Dz&Pc, 200204819)	50m 00:28.49 28,49	00:59.34
12. Jesper Tjassing (Azuro, 200201499)	50m 00:27.85 27,85	00:59.82
13. Jeffrey van der Sluis (Orca, 199704593)	50m 00:27.97 27,97	01:00.84
14. Jasper Camphuijnder (Oeza, 200502367)	50m 00:28.66 28,66	01:00.85
15. Kalle Oortwijn (Oeza, 200501141)	50m 00:31.12 31,12	01:05.40
16. Kevin van Gelderen (TriVia, 200402325)	50m 00:31.83 31,83	01:05.45
17. Olivier Wilbers (ZPC Hoogeveen, 200600181)	50m 00:31.32 31,32	01:05.74
18. Hans Scheper (Azuro, 199303529)	50m 00:31.56 31,56	01:05.90
19. Jip Bakker (SG FZC54-De Vikings, 200600287)	50m 00:32.31 32,31	01:06.69
20. Stefan van der Sluis (Orca, 199805191)	50m 00:32.03 32,03	01:07.22
21. Wessel Treffers (Kzc, 200600139)	50m 00:32.44 32,44	01:07.71
22. Willem Poortinga (Wetterwille, 200105093)	50m 00:32.81 32,81	01:08.15
23. Feico de Jonge (Kzc, 200600047)	50m 00:33.72 33,72	01:10.40
24. Cai Mink (ZPC Hoogeveen, 200601683)	50m 00:33.94 33,94	01:12.56
25. Kennie Slagter (Orca, 200500501)	50m 00:39.95 39,95	01:23.41
DIS. Jordy Boonstra (Orca, 200301239)		00:00.00
4. 50m schoolslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>		
1. Karin Rijkelijkhuisen (Dz&Pc, 199403358)		00:32.59
2. Joyce Kuipers (Orca, 200103426)		00:33.61
3. Saranda Hofstra (Ksn (Sg), 199700526)		00:34.06
4. Annemarie Hoving (TriVia, 200000248)		00:34.79
5. Amber Koning (Azuro, 200202842)		00:34.93
6. Danae Kingma (Oeza, 200001740)		00:35.86
7. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)		00:35.99
8. Inge Dekker (TriVia, 200200476)		00:36.58
9. Anneke vd Laan (Orca, 200201154)		00:36.68

10. Olena Dijkstra (TriVia, 200202624)	00:36.84
11. Desanka Stoppels (Azuro, 200101362)	00:36.88
12. Manon Compagner (Dedemsvaart-AC, 200101710)	00:37.62
13. Linde Kolkman (Dedemsvaart-AC, 200001114)	00:37.93
14. Aniek van den Brink (De Dolfijn, 200500090)	00:38.36
15. Esmée Mulder (Orca, 200402924)	00:38.81
16. Femke-Romy Wiersma (Neptunia '24, 200103078)	00:38.99
17. Shira de Haan (Oeza, 200001130)	00:39.19
18. Anna Rodenhuis (Orca, 200602126)	00:40.37
19. Ciara Pepper (De Dolfijn, 200501806)	00:41.29
20. Nina Dekker (Z.C. Haren, 200500126)	00:41.65
21. Talita Dijkman Dulkes (Kzc, 200203484)	00:44.93
22. Leona Ronda (Orca, 200603772)	00:45.13
23. Ambersophie Bakker (Orca, 200500206)	00:45.25
24. Aafke Tassenaar (Orca, 200503834)	00:46.19
25. Rebekka van Koningsveld (Orca, 200504576)	00:49.23
26. Saskia Boonstra (Orca, 200600092)	00:49.97
27. Annyk Westra (Orca, 200703826)	00:58.60
5. 50m schoolslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Juri Dijkstra (TriVia, 200002119)	00:28.44
2. Niels van Eck (ZPC Hoogeveen, 198900793)	00:29.22
3. Stijn Boertien (Dedemsvaart-AC, 200100719)	00:29.36
4. Dominique Sikkema (Orca, 199500399)	00:29.98
5. Dennis Bos (HZ&PC Heerenveen, 199201965)	00:30.52
6. Ivo Kroes (Azuro, 200300079)	00:31.04
7. Miles Steenvoorden (De Dolfijn, 200501637)	00:32.41
8. Darryl Lubbinge (ZPC Hoogeveen, 199701045)	00:32.80
9. Robin Diekema (Azuro, 200201431)	00:33.33
10. Tristan Scholten (Dedemsvaart-AC, 200201683)	00:33.69
11. Tycho de Jonge (Kzc, 200400411)	00:36.34
12. Wouter Sies (TriVia, 200500369)	00:36.56
13. Stefan Tijms (Oeza, 199300863)	00:36.96
14. Roel Gaal (Oeza, 200101173)	00:38.36
15. Niels ten Berg (Orca, 200403817)	00:41.26
16. Jorn Kroes (Azuro, 200600049)	00:42.74
6. 100m rugslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	01:06.03(+66)
50m 00:32.42 32,42	

2. Saranda Hofstra (Ksn (Sg), 199700526) 50m 00:31.54 31,54	01:06.10(+57)
3. Yara van Kalmthout (ZPC Nova, 200200984) 50m 00:32.67 32,67	01:07.47(+64)
4. Froukje Osinga (Orca, 200003090) 50m 00:33.80 33,80	01:09.59(+76)
5. Maud Kuipers (Dedemsvaart-AC, 200201894) 50m 00:33.44 33,44	01:09.73(+83)
6. Mariëlle Dolfijn (TriVia, 200201640) 50m 00:33.75 33,75	01:10.45(+73)
7. Marije Sweering (Neptunia '24, 200101228) 50m 00:35.41 35,41	01:11.72(+69)
8. Mirthe Schenkel (ZPC Hoogeveen, 200300666) 50m 00:35.59 35,59	01:13.30(+77)
9. Miron Schimmelpenning (ZPC Hoogeveen, 200500426) 50m 00:36.17 36,17	01:14.82(+75)
10. Dominique Dingshoff (ZPC Hoogeveen, 200400804) 50m 00:37.07 37,07	01:14.99(+67)
11. Charley Blide (ZPC Hoogeveen, 200600164) 50m 00:35.58 35,58	01:15.01(+72)
12. Angelina Rolman (WZ&PC Purmerend, 200701972) 50m 00:36.71 36,71	01:17.03(+68)
13. Laura Siemerink (Oeza, 200404176) 50m 00:36.57 36,57	01:17.90(+65)
14. Tove Beltman (Orca, 200301618) 50m 00:39.11 39,11	01:19.45(+80)
15. Annemarijn Damhoff (TriVia, 200501000) 50m 00:38.80 38,80	01:19.68(+77)
16. Ambersophie Bakker (Orca, 200500206) 50m 00:39.03 39,03	01:21.57(+79)
17. Eline van Rijn (Kzc, 200700918) 50m 00:39.72 39,72	01:21.70(+76)
18. Chantal Half (Kzc, 200600562) 50m 00:39.98 39,98	01:23.90(+88)
19. Anna Rodenhuis (Orca, 200602126) 50m 00:45.48 45,48	01:32.48(+82)
BM. Frouke Ludwig (Dz&Pc, 200800112) 50m 00:38.80 38,80	BM
DIS. Nynke vd Zee (Orca, 200700604) 50m 00:40.32 40,32	01:25.54
DIS. Aafke Tassenaar (Orca, 200503834)	00:00.00(+71)
7. 100m rugslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Jelle Betten (Dz&Pc, 200001535) 50m 00:27.82 27,82	00:57.07(+63)
2. Jari Groenhart (TriVia, 200000271) 50m 00:28.11 28,11	00:58.33(+64)
3. Leon van den Hof (Dedemsvaart-AC, 200203269) 50m 00:28.63 28,63	01:00.06(+69)

4. Maik Huser (ZPC Hoogeveen, 199900265) 50m 00:29.35 29,35	01:01.98(+61)
5. Wouter van Asperen (Ksn (Sg), 200000125) 50m 00:30.19 30,19	01:02.54(+76)
6. Marcel Delfstra (Wetterwille, 200100037) 50m 00:30.80 30,80	01:03.27(+71)
7. Robert Dekker (Dedemsvaart-AC, 198400443) 50m 00:31.09 31,09	01:04.48(+79)
8. Daan Piepers (Kzc, 200303441) 50m 00:33.10 33,10	01:07.76(+69)
9. Roel Gaal (Oeza, 200101173) 50m 00:33.73 33,73	01:09.10(+82)
10. Jesper Kloek (Dedemsvaart-AC, 199001585) 50m 00:33.44 33,44	01:09.74(+64)
11. Jesper Tjassing (Azuro, 200201499) 50m 00:34.23 34,23	01:11.25(+62)
12. Mees Niemeijer (Dz&Pc, 200201275) 50m 00:34.42 34,42	01:11.90(+64)
13. Olivier Wilbers (ZPC Hoogeveen, 200600181) 50m 00:37.13 37,13	01:15.18(+73)
14. Owen Barker (Kzc, 200300679) 50m 00:36.62 36,62	01:15.72
15. Jip Bakker (SG FZC54-De Vikings, 200600287) 50m 00:37.70 37,70	01:17.26(+72)
16. Eise van der Zee (Orca, 200501437) 50m 00:39.37 39,37	01:20.94(+76)
17. Willem Poortinga (Wetterwille, 200105093) 50m 00:40.20 40,20	01:21.41(+78)
8. 200m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Stéphanie Dekker-Bergsma (Dedemsvaart-AC, 199203374) 50m 00:33.78 33,78 100m 01:12.85 39,07 150m 01:53.26 40,41	02:34.00
2. Luca Ebbinge (Dz&Pc, 199802406) 50m 00:34.06 34,06 100m 01:14.68 40,62 150m 01:57.71 43,03	02:42.00
3. Olena Dijkstra (TriVia, 200202624) 50m 00:34.04 34,04 100m 01:16.47 42,43 150m 02:01.56 45,09	02:46.31
4. Esmee van Peer (TriVia, 200201114) 50m 00:34.92 34,92 100m 01:18.03 43,11 150m 02:03.16 45,13	02:47.73
5. Resa Treffers (Kzc, 200401140) 50m 00:38.40 38,40 100m 01:22.17 43,77 150m 02:08.02 45,85	02:54.01
6. Fleur Bos (Orca, 200500674) 50m 00:38.08 38,08 100m 01:24.33 46,25 150m 02:11.82 47,49	02:58.23
7. Aniek Ausema (De Hardenberg, 200602084) 50m 00:38.79 38,79 100m 01:26.65 47,86 150m 02:19.69 53,04	03:15.47
9. 200m vlinderslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. David Kuipers (Orca, 200003633) 50m 00:29.03 29,03 100m 01:02.16 33,13 150m 01:36.01 33,85	02:10.55
2. Marcel Delfstra (Wetterwille, 200100037) 50m 00:29.46 29,46 100m 01:03.54 34,08 150m 01:38.94 35,40	02:14.69

3. Dominique Sikkema (Orca, 199500399)					02:22.70
50m	00:30.10	100m	01:05.81	150m	01:43.30
4. Niels van Eck (ZPC Hoogeveen, 198900793)					02:25.32
50m	00:30.11	100m	01:06.58	150m	01:45.49
5. Sjoerd Jongert (Oeza, 200100427)					02:34.45
50m	00:32.29	100m	01:10.26	150m	01:51.63
6. Domingo Kuipers (Orca, 200501787)					02:38.39
50m	00:34.26	100m	01:15.15	150m	01:57.26
DIS. Daan Zwertbroek (Psv, 199900463)					00:00.00
10. 400m vrije slag - Dames					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Alinda Dingshoff (ZPC Hoogeveen, 200000928)					04:26.94
50m	00:32.07	150m	01:39.36	250m	02:45.78
100m	01:05.83	200m	02:13.06	300m	03:19.46
350m	03:53.12				33,66
2. Lize Janna de Vries (Orca, 200101948)					04:29.99
50m	00:31.42	150m	01:40.10	250m	02:48.63
100m	01:05.70	200m	02:14.35	300m	03:22.98
350m	03:56.94				33,96
3. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)					04:39.22
50m	00:31.57	150m	01:41.30	250m	02:52.22
100m	01:06.27	200m	02:16.86	300m	03:27.77
350m	04:03.70				35,93
4. Manon Compagner (Dedemsvaart-AC, 200101710)					04:43.22
50m	00:31.95	150m	01:41.51	250m	02:52.59
100m	01:06.51	200m	02:16.89	300m	03:29.17
350m	04:06.92				37,75
5. Sanne Smit (Oeza, 200105302)					04:57.22
50m	00:33.50	150m	01:47.99	250m	03:04.24
100m	01:10.54	200m	02:25.74	300m	03:43.70
350m	04:21.59				37,89
6. Chantal Tiesinga (TriVia, 200302452)					04:58.23
50m	00:33.64	150m	01:46.92	250m	03:02.50
100m	01:09.96	200m	02:24.70	300m	03:40.88
350m	04:19.84				38,96
7. Martine Kamminga (Dz&Pc, 200201172)					05:05.72
50m	00:34.10	150m	01:51.48	250m	03:09.94
100m	01:12.81	200m	02:30.61	300m	03:48.96
350m	04:28.01				39,05
8. Nienke Bakker (TriVia, 200501178)					05:09.35
50m	00:34.14	150m	01:53.27	250m	03:11.90
100m	01:13.08	200m	02:32.59	300m	03:51.51
350m	04:31.15				39,64
9. Amélie Wortel (Orca, 200500814)					05:10.29
50m	00:33.85	150m	01:51.02	250m	03:11.03
100m	01:11.65	200m	02:30.88	300m	03:51.09
350m	04:31.50				40,41
10. Amber Tiesinga (TriVia, 200600782)					05:23.87
50m	00:37.52	150m	01:59.67	250m	03:22.24
100m	01:18.61	200m	02:42.20	300m	04:03.72
350m	04:46.00				42,28
11. Esmée Mulder (Orca, 200402924)					05:24.37
50m	00:35.25	150m	01:55.48	250m	03:19.05
100m	01:14.60	200m	02:36.76	300m	04:00.72
350m	04:43.39				42,67
12. Maya Petroustos (Kzc, 200701814)					05:31.99
50m	00:38.07	150m	02:03.19	250m	03:28.80
100m	01:20.45	200m	02:46.36	300m	04:10.47
350m	04:53.03				42,56
13. Marit Hakvoort (Kzc, 200601062)					05:45.46
50m	00:38.11	150m	02:04.10	250m	03:32.95
100m	01:20.12	200m	02:48.21	300m	04:17.63
350m	05:02.30				44,67
14. Lisan Steenbakker (Kzc, 200701666)					05:54.38
50m	00:39.89	150m	02:10.58	200m	02:56.23
100m	01:23.95	200m	02:56.23	250m	03:40.75
					44,52

15. Nynke vd Zee (Orca, 200700604)	50m 00:39.64 39,64	150m 02:12.16 46,75	250m 03:44.62 45,48	350m 05:15.13 45,07	05:57.23
	100m 01:25.41 45,77	200m 02:59.14 46,98	300m 04:30.06 45,44		
11. 400m vrije slag - Heren					
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>					
1. Erik Nijholt (Dz&Pc, 199401349)	50m 00:27.74 27,74	150m 01:30.43 31,62	250m 02:32.13 30,23	350m 03:33.76 30,93	04:02.45
	100m 00:58.81 31,07	200m 02:01.90 31,47	300m 03:02.83 30,70		
2. Jurek Frik (Azuro, 200203335)	50m 00:31.08 31,08	150m 01:45.21 37,63	250m 03:00.67 37,99	350m 04:15.37 36,36	04:48.41
	100m 01:07.58 36,50	200m 02:22.68 37,47	300m 03:39.01 38,34		
3. Wouter Sies (TriVia, 200500369)	50m 00:32.42 32,42	150m 01:47.07 38,00	250m 03:01.81 36,69	350m 04:16.41 36,66	04:50.36
	100m 01:09.07 36,65	200m 02:25.12 38,05	300m 03:39.75 37,94		
4. Kevin van Gelderen (TriVia, 200402325)	50m 00:33.59 33,59	150m 01:49.67 38,36	250m 03:08.00 38,88	350m 04:26.16 39,10	05:05.21
	100m 01:11.31 37,72	200m 02:29.12 39,45	300m 03:47.06 39,06		
5. Wessel Treffers (Kzc, 200600139)	50m 00:34.85 34,85	150m 01:55.42 41,55	250m 03:18.26 41,74	350m 04:41.25 41,32	05:23.05
	100m 01:13.87 39,02	200m 02:36.52 41,10	300m 03:59.93 41,67		
6. Jorn Kroes (Azuro, 200600049)	50m 00:39.44 39,44	150m 02:11.75 46,17	250m 03:44.81 45,62	350m 05:14.76 45,15	05:59.48
	100m 01:25.58 46,14	200m 02:59.19 47,44	300m 04:29.61 44,80		
12. 200m schoolslag - Dames					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Joyce Kuipers (Orca, 200103426)	50m 00:35.23 35,23	100m 01:14.97 39,74	150m 01:54.72 39,75		02:35.56
2. Lize Janna de Vries (Orca, 200101948)	50m 00:38.02 38,02	100m 01:19.60 41,58	150m 02:01.70 42,10		02:43.72
3. Inge Dekker (TriVia, 200200476)	50m 00:39.29 39,29	100m 01:23.35 44,06			02:53.42
4. Anneke vd Laan (Orca, 200201154)	50m 00:40.32 40,32	100m 01:25.26 44,94			02:53.75
5. Tove Beltman (Orca, 200301618)	50m 00:41.61 41,61	100m 01:28.99 47,38	150m 02:15.76 46,77		03:04.06
6. Shira de Haan (Oeza, 200001130)	50m 00:39.99 39,99	100m 01:26.70 46,71			03:04.16
7. Aniek van den Brink (De Dolfijn, 200500090)	50m 00:41.55 41,55	100m 01:29.20 47,65	150m 02:18.30 49,10		03:05.94
8. Eline van Rijn (Kzc, 200700918)	50m 00:45.03 45,03	100m 01:35.27 50,24	150m 02:24.46 49,19		03:13.56
9. Maud de Wildt (Oeza, 200501974)	50m 00:45.82 45,82	100m 01:36.71 50,89	150m 02:28.33 51,62		03:22.56
10. Saskia Boonstra (Orca, 200600092)	50m 00:53.27 53,27	100m 01:56.02 62,75	150m 02:58.13 62,11		04:02.62
13. 200m schoolslag - Heren					
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>					
1. Juri Dijkstra (TriVia, 200002119)	50m 00:31.17 31,17	100m 01:06.94 35,77	150m 01:43.13 36,19		02:17.51
2. Stijn Boertien (Dedemsvaart-AC, 200100719)	50m 00:31.35 31,35	100m 01:07.23 35,88	150m 01:42.81 35,58		02:18.01

3. Ivo Kroes (Azuro, 200300079)	50m 00:33.14 33,14	100m 01:10.46 37,32	150m 01:47.12 36,66	02:24.07
4. Daan Zwertbroek (Psv, 199900463)	50m 00:32.60 32,60	100m 01:09.85 37,25	150m 01:48.36 38,51	02:27.38
5. Miles Steenvoorden (De Dolfijn, 200501637)	50m 00:36.62 36,62	100m 01:17.33 40,71	150m 01:58.84 41,51	02:39.26
6. Robin Diekema (Azuro, 200201431)	50m 00:35.99 35,99	100m 01:16.28 40,29	150m 01:58.33 42,05	02:39.78
7. Tiemen Jonkman (Dz&Pc, 200301193)	50m 00:36.43 36,43	100m 01:18.80 42,37	150m 02:02.47 43,67	02:46.62
8. Senna Hof (Dz&Pc, 200600761)	50m 00:38.05 38,05	100m 01:21.86 43,81	150m 02:05.65 43,79	02:46.77
9. Stefan Tijms (Oeza, 199300863)	50m 00:37.81 37,81	100m 01:21.17 43,36	150m 02:06.46 45,29	02:53.83
10. Jip Bakker (SG FZC54-De Vikings, 200600287)	50m 00:40.19 40,19	100m 01:25.01 44,82	150m 02:11.23 46,22	02:56.24
11. Kalle Oortwijn (Oeza, 200501141)	50m 00:41.93 41,93	100m 01:28.30 46,37	150m 02:16.78 48,48	03:05.55
12. Olivier Wilbers (ZPC Hoogeveen, 200600181)	50m 00:43.93 43,93	100m 01:33.70 49,77	150m 02:23.60 49,90	03:12.06
DIS. Jordy Boonstra (Orca, 200301239)				00:00.00
14. 100m wisselslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>				
1. Saranda Hofstra (Ksn (Sg), 199700526)	50m 00:28.69 28,69			01:03.53
2. Karin Rijkelijkhuizen (Dz&Pc, 199403358)	50m 00:30.65 30,65			01:04.95
3. Silke Huisman (Orca, 200301182)	50m 00:31.50 31,50			01:06.85
4. Manon Compagner (Dedemsvaart-AC, 200101710)	50m 00:29.40 29,40			01:07.90
5. Amber Koning (Azuro, 200202842)	50m 00:32.65 32,65			01:08.37
6. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)	50m 00:32.59 32,59			01:08.69
7. Marielle Dolfijn (TriVia, 200201640)	50m 00:31.66 31,66			01:09.12
8. Annemarie Hoving (TriVia, 200000248)	50m 00:33.41 33,41			01:09.19
9. Danae Kingma (Oeza, 200001740)	50m 00:31.00 31,00			01:09.83
10. Tessa van de Belt (Dedemsvaart-AC, 200102056)	50m 00:33.27 33,27			01:10.84
11. Inge Dekker (TriVia, 200200476)	50m 00:33.19 33,19			01:11.66
12. Olena Dijkstra (TriVia, 200202624)	50m 00:32.77 32,77			01:11.80
13. Linde Kolkman (Dedemsvaart-AC, 200001114)	50m 00:33.34 33,34			01:12.57

14. Mirthe Schenkel (ZPC Hoogeveen, 200300666)	01:13.21
50m 00:35.17 35,17	
15. Esmee van Peer (TriVia, 200201114)	01:13.47
50m 00:34.22 34,22	
16. Marijne van der Veen (Orca, 200300960)	01:14.69
50m 00:34.63 34,63	
17. Desanka Stoppels (Azuro, 200101362)	01:15.15
50m 00:35.89 35,89	
18. Myrthe Sietsma (Wetterwille, 200203854)	01:15.24
50m 00:34.59 34,59	
19. Dominique Dingshoff (ZPC Hoogeveen, 200400804)	01:15.69
50m 00:35.00 35,00	
20. Miron Schimmelpenning (ZPC Hoogeveen, 200500426)	01:16.05
50m 00:35.70 35,70	
21. Yara Wentink (Oeza, 200403334)	01:16.16
50m 00:33.68 33,68	
22. Eline Hoekstra (Oeza, 200301280)	01:16.28
50m 00:33.78 33,78	
23. Charley Blide (ZPC Hoogeveen, 200600164)	01:16.42
50m 00:34.82 34,82	
24. Fleur Bos (Orca, 200500674)	01:16.76
50m 00:35.45 35,45	
25. Angelina Rolman (WZ&PC Purmerend, 200701972)	01:16.83
50m 00:34.20 34,20	
26. Esmée Mulder (Orca, 200402924)	01:17.00
50m 00:36.20 36,20	
27. Amélie Wortel (Orca, 200500814)	01:17.31
50m 00:36.66 36,66	
28. Anneroos de Vries (TriVia, 200405216)	01:19.28
50m 00:35.47 35,47	
29. Suze Buikema (Wetterwille, 200600872)	01:22.80
50m 00:37.47 37,47	
30. Talita Dijkman Dulkes (Kzc, 200203484)	01:23.40
50m 00:38.48 38,48	
31. Nina Dekker (Z.C. Haren, 200500126)	01:23.78
50m 00:37.58 37,58	
32. Chantal Half (Kzc, 200600562)	01:23.97
50m 00:39.48 39,48	
33. Ambersophie Bakker (Orca, 200500206)	01:24.35
50m 00:37.35 37,35	
34. Eline van Rijn (Kzc, 200700918)	01:25.02
50m 00:40.49 40,49	
35. Jasmijn van Wendel (Kzc, 200502114)	01:25.88
50m 00:40.75 40,75	
36. Leona Ronda (Orca, 200603772)	01:27.42
50m 00:40.28 40,28	
37. Marit Hakvoort (Kzc, 200601062)	01:27.69
50m 00:41.44 41,44	
38. Nynke vd Zee (Orca, 200700604)	01:28.96

	50m 00:41.49 41,49	
39. Lisan Steenbakker (Kzc, 200701666)	50m 00:41.55 41,55	01:32.36
40. Rixt Catharina Menzel (Orca, 200602430)	50m 00:46.75 46,75	01:39.06
DIS. Celine Helder (Orca, 200602426)		00:00.00
15. 100m wisselslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>		
1. Niels van Eck (ZPC Hoogeveen, 198900793)	50m 00:27.16 27,16	00:57.29
2. Juri Dijkstra (TriVia, 200002119)	50m 00:27.99 27,99	00:58.91
3. Dominique Sikkema (Orca, 199500399)	50m 00:26.84 26,84	00:59.24
4. Erik Nijholt (Dz&Pc, 199401349)	50m 00:27.30 27,30	01:00.05
5. Maik Huser (ZPC Hoogeveen, 199900265)	50m 00:27.29 27,29	01:00.14
6. Leon van den Hof (Dedemsvaart-AC, 200203269)	50m 00:27.33 27,33	01:00.60
7. Marcel Delfstra (Wetterwille, 200100037)	50m 00:28.99 28,99	01:01.42
8. Wouter van Asperen (Ksn (Sg), 200000125)	50m 00:28.39 28,39	01:02.42
9. David Kuipers (Orca, 200003633)	50m 00:30.34 30,34	01:02.56
10. Robert Dekker (Dedemsvaart-AC, 198400443)	50m 00:29.58 29,58	01:04.17
11. Tristan Scholten (Dedemsvaart-AC, 200201683)	50m 00:30.18 30,18	01:05.51
12. Domingo Kuipers (Orca, 200501787)	50m 00:31.03 31,03	01:06.95
13. Sjoerd Jongert (Oeza, 200100427)	50m 00:31.23 31,23	01:06.98
14. Joël Malda (Orca, 200301017)	50m 00:30.59 30,59	01:07.04
15. Jesper Tjassing (Azuro, 200201499)	50m 00:31.73 31,73	01:08.46
16. Roel Gaal (Oeza, 200101173)	50m 00:31.44 31,44	01:09.21
17. Tycho de Jonge (Kzc, 200400411)	50m 00:30.34 30,34	01:09.67
18. Jasper Camphuijnder (Oeza, 200502367)	50m 00:32.33 32,33	01:10.56
19. Mees Niemeijer (Dz&Pc, 200201275)	50m 00:32.82 32,82	01:10.77
20. Wouter Sies (TriVia, 200500369)	50m 00:33.95 33,95	01:12.00
21. Cai Mink (ZPC Hoogeveen, 200601683)		01:19.81

50m 00:36.30 36,30

22. Feico de Jonge (Kzc, 200600047) 50m 00:38.04 38,04	01:20.03
23. Kennie Slagter (Orca, 200500501) 50m 00:41.13 41,13	01:28.95
24. Niels ten Berg (Orca, 200403817) 50m 00:43.24 43,24	01:31.31
16. 50m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Manon Compagner (Dedemsvaart-AC, 200101710)	00:28.35
2. Karin Rijkelijkhuisen (Dz&Pc, 199403358)	00:28.79
3. Saranda Hofstra (Ksn (Sg), 199700526)	00:29.01
4. Anne Fleur Willemsen (Azuro, 199901396)	00:29.46
5. Luca Ebbinge (Dz&Pc, 199802406)	00:29.94
6. Femke-Romy Wiersma (Neptunia '24, 200103078)	00:30.07
7. Stéphanie Dekker-Bergsma (Dedemsvaart-AC, 199203374)	00:30.19
8. Yara van Kalmthout (ZPC Nova, 200200984)	00:30.51
9. Olena Dijkstra (TriVia, 200202624)	00:30.52
10. Mariëlle Dolfijn (TriVia, 200201640)	00:30.68
11. Froukje Osinga (Orca, 200003090)	00:31.37
12. Danae Kingma (Oeza, 200001740)	00:31.62
13. Maud Kuipers (Dedemsvaart-AC, 200201894)	00:31.89
14. Marije Sweering (Neptunia '24, 200101228)	00:31.91
15. Annemarie Hoving (TriVia, 200000248)	00:31.92
16. Linde Kolkman (Dedemsvaart-AC, 200001114)	00:32.41
17. Anneke vd Laan (Orca, 200201154)	00:32.56
18. Inge Dekker (TriVia, 200200476)	00:32.71
19. Eline Hoekstra (Oeza, 200301280)	00:32.89
20. Chantal Tiesinga (TriVia, 200302452)	00:33.12
21. Ciara Pepper (De Dolfijn, 200501806)	00:33.25
22. Myrthe Sietsma (Wetterwille, 200203854)	00:33.38
23. Nienke Bakker (TriVia, 200501178)	00:33.50
24. Annemarijn Damhoff (TriVia, 200501000)	00:33.63
25. Laura Siemerink (Oeza, 200404176)	00:33.74
26. Annemiek Meulenbeld (Orca, 199506230)	00:34.12
27. Marrit Tiekstra (Orca, 200301796)	00:34.41
28. Resa Treffers (Kzc, 200401140)	00:34.49
29. Anneroo de Vries (TriVia, 200405216)	00:34.56
30. Aniek van den Brink (De Dolfijn, 200500090)	00:34.74
31. Charley Blide (ZPC Hoogeveen, 200600164)	00:35.37
32. Milou Looye (Azuro, 200100742)	00:35.69

33. Amber Tiesinga (TriVia, 200600782)	00:35.86
34. Aniek Ausema (De Hardenberg, 200602084)	00:36.22
35. Celine Helder (Orca, 200602426)	00:37.76
36. Nina Dekker (Z.C. Haren, 200500126)	00:38.14
37. Jasmijn van Wendel (Kzc, 200502114)	00:40.83
38. Samijn Janine Wiersma (Orca, 200403130)	00:42.33
39. Rixt Catharina Menzel (Orca, 200602430)	00:47.49
17. 50m vlinderslag - Heren	
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Dominique Sikkema (Orca, 199500399)	00:25.94
2. Niels van Eck (ZPC Hoogeveen, 198900793)	00:26.27
3. Juri Dijkstra (TriVia, 200002119)	00:26.99
4. Sybren Beeksma (TriVia, 200400133)	00:27.27
5. Darryl Lubbinge (ZPC Hoogeveen, 199701045)	00:27.30
6. Tristan Scholten (Dedemsvaart-AC, 200201683)	00:27.73
7. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:27.76
8. Jesper Kloek (Dedemsvaart-AC, 199001585)	00:28.64
9. Jarno Ottens (Azuro, 200000273)	00:28.94
10. Ivo Kroes (Azuro, 200300079)	00:29.41
11. Hidde Betten (Dz&Pc, 200204819)	00:29.88
12. Jeffrey van der Sluis (Orca, 199704593)	00:29.89
13. Jurek Frik (Azuro, 200203335)	00:30.26
14. Owen Barker (Kzc, 200300679)	00:31.31
15. Roel Gaal (Oeza, 200101173)	00:31.54
16. Robin Diekema (Azuro, 200201431)	00:31.92
17. Daan Piepers (Kzc, 200303441)	00:32.11
17. Stefan van der Sluis (Orca, 199805191)	00:32.11
17. Wouter Sies (TriVia, 200500369)	00:32.11
20. Hans Scheper (Azuro, 199303529)	00:32.87
21. Kevin van Gelderen (TriVia, 200402325)	00:35.94
22. Kalle Oortwijn (Oeza, 200501141)	00:37.52
23. Wessel Treffers (Kzc, 200600139)	00:38.69
24. Eise van der Zee (Orca, 200501437)	00:38.88
25. Kennie Slagter (Orca, 200500501)	00:42.15
3. 100m vrije slag - Heren	
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Sybren Beeksma (TriVia, 200400133)	00:54.68
50m 00:26.67 26,67	
2. Daan Piepers (Kzc, 200303441)	00:56.11
50m 00:26.90 26,90	

Nummer: 2 - zaterdag 29 december 2018 om 16:00u (25 m)

Aanvangstijd juryvergadering: 15:30u

2. 100m vrije slag - Dames
vanaf 11 jaar (Senioren Open)

1. Silke Huisman (Orca, 200301182)	00:57.06
50m 00:27.75 27,75	
2. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	00:57.35
50m 00:27.94 27,94	
3. Yara van Kalmthout (ZPC Nova, 200200984)	00:58.26
50m 00:28.46 28,46	
4. Mariëlle Dolfijn (TriVia, 200201640)	00:58.33
50m 00:28.23 28,23	
5. Anne Fleur Willemsen (Azuro, 199901396)	00:58.36
50m 00:28.70 28,70	
6. Annemarie Hoving (TriVia, 200000248)	01:00.62
50m 00:29.24 29,24	
7. Sanne Smit (Oeza, 200105302)	01:01.39
50m 00:29.86 29,86	
8. Esmee van Peer (TriVia, 200201114)	01:01.93
50m 00:29.57 29,57	
9. Joyce Kuipers (Orca, 200103426)	01:02.76
50m 00:30.01 30,01	
10. Tessa van de Belt (Dedemsvaart-AC, 200102056)	01:02.82
50m 00:30.26 30,26	
11. Mirthe Schenkel (ZPC Hoogeveen, 200300666)	01:03.10
50m 00:30.01 30,01	
12. Marije Sweering (Neptunia '24, 200101228)	01:03.78
50m 00:30.47 30,47	

3. 100m vrije slag - Heren
vanaf 12 jaar (Junioren 1 en ouder)

1. Niels van Eck (ZPC Hoogeveen, 198900793)	00:50.15
50m 00:23.98 23,98	
2. Jelle Betten (Dz&Pc, 200001535)	00:52.05
50m 00:25.28 25,28	
3. Maik Huser (ZPC Hoogeveen, 199900265)	00:54.61
50m 00:26.09 26,09	
4. Darryl Lubbinge (ZPC Hoogeveen, 199701045)	00:54.67
50m 00:26.38 26,38	
5. Marcel Delfstra (Wetterwille, 200100037)	00:55.30
50m 00:26.67 26,67	
6. Sybren Beekma (TriVia, 200400133)	00:56.04
50m 00:26.70 26,70	
7. Daan Piepers (Kzc, 200303441)	00:55.73
50m 00:27.13 27,13	
8. Jesper Kloek (Dedemsvaart-AC, 199001585)	00:56.99
50m 00:27.25 27,25	
9. Jarno Ottens (Azuro, 200000273)	00:58.11
50m 00:28.05 28,05	
10. Hidde Betten (Dz&Pc, 200204819)	00:58.86

	50m 00:28.44 28,44	
11.	Joël Malda (Orca, 200301017) 50m 00:28.28 28,28	00:59.61
12.	Jesper Tjassing (Azuro, 200201499) 50m 00:28.65 28,65	01:01.14
4.	50m schoolslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1.	Karin Rijkelijkhuisen (Dz&Pc, 199403358)	00:32.53
2.	Joyce Kuipers (Orca, 200103426)	00:33.40
3.	Amber Koning (Azuro, 200202842)	00:34.50
4.	Annemarie Hoving (TriVia, 200000248)	00:34.51
5.	Danae Kingma (Oeza, 200001740)	00:35.51
6.	Michelle Zomerdijk (Dedemsvaart-AC, 200003196)	00:36.22
7.	Inge Dekker (TriVia, 200200476)	00:35.82
8.	Anneke vd Laan (Orca, 200201154)	00:36.30
9.	Olena Dijkstra (TriVia, 200202624)	00:36.70
10.	Desanka Stoppels (Azuro, 200101362)	00:37.25
11.	Linde Kolkman (Dedemsvaart-AC, 200001114)	00:37.37
12.	Manon Compagner (Dedemsvaart-AC, 200101710)	00:37.44
5.	50m schoolslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1.	Juri Dijkstra (TriVia, 200002119)	00:28.26
2.	Stijn Boertien (Dedemsvaart-AC, 200100719)	00:29.13
3.	Dominique Sikkema (Orca, 199500399)	00:29.20
4.	Ivo Kroes (Azuro, 200300079)	00:30.87
5.	Miles Steenvoorden (De Dolfijn, 200501637)	00:32.14
6.	Robin Diekema (Azuro, 200201431)	00:33.10
7.	Tristan Scholten (Dedemsvaart-AC, 200201683)	00:33.43
8.	Stefan Tijms (Oeza, 199300863)	00:36.00
9.	Tycho de Jonge (Kzc, 200400411)	00:36.02
10.	Wouter Sies (TriVia, 200500369)	00:36.42
11.	Roel Gaal (Oeza, 200101173)	00:38.78
12.	Niels ten Berg (Orca, 200403817)	00:41.25
6.	100m rugslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1.	Saranda Hofstra (Ksn (Sg), 199700526) 50m 00:29.23 29,23	01:02.82(+62)
2.	Alinda Dingshoff (ZPC Hoogeveen, 200000928) 50m 00:31.05 31,05	01:03.44(+70)
3.	Yara van Kalmthout (ZPC Nova, 200200984) 50m 00:30.76 30,76	01:03.91(+63)
4.	Froukje Osinga (Orca, 200003090) 50m 00:33.57 33,57	01:09.23(+77)

5. Mariëlle Dolfijn (TriVia, 200201640) 50m 00:33.94 33,94	01:09.94(+72)
6. Maud Kuipers (Dedemsvaart-AC, 200201894) 50m 00:33.49 33,49	01:10.68(+78)
7. Marije Sweering (Neptunia '24, 200101228) 50m 00:34.48 34,48	01:09.62(+69)
8. Miron Schimmelpenning (ZPC Hoogeveen, 200500426) 50m 00:34.81 34,81	01:12.33(+73)
9. Mirthe Schenkel (ZPC Hoogeveen, 200300666) 50m 00:35.96 35,96	01:13.41(+82)
10. Charley Blide (ZPC Hoogeveen, 200600164) 50m 00:35.40 35,40	01:14.25(+73)
11. Dominique Dingshoff (ZPC Hoogeveen, 200400804) 50m 00:37.30 37,30	01:15.09(+70)
12. Laura Siemerink (Oeza, 200404176) 50m 00:35.82 35,82	01:16.61(+69)
7. 100m rugslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Jari Groenhart (TriVia, 200000271) 50m 00:26.58 26,58	00:54.31(+68)
2. Jelle Betten (Dz&Pc, 200001535) 50m 00:27.24 27,24	00:56.03(+64)
3. Leon van den Hof (Dedemsvaart-AC, 200203269) 50m 00:28.64 28,64	00:58.39(+64)
4. Marcel Delfstra (Wetterwille, 200100037) 50m 00:29.21 29,21	01:00.12(+66)
5. Maik Huser (ZPC Hoogeveen, 199900265) 50m 00:28.99 28,99	01:00.33(+62)
6. Robert Dekker (Dedemsvaart-AC, 198400443) 50m 00:31.38 31,38	01:03.85(+73)
7. Daan Piepers (Kzc, 200303441) 50m 00:31.65 31,65	01:04.77(+68)
8. Roel Gaal (Oeza, 200101173) 50m 00:32.62 32,62	01:06.20(+72)
9. Jesper Kloek (Dedemsvaart-AC, 199001585) 50m 00:32.50 32,50	01:06.86(+63)
10. Mees Niemeijer (Dz&Pc, 200201275) 50m 00:33.41 33,41	01:11.48(+64)
11. Jesper Tjassing (Azuro, 200201499) 50m 00:34.68 34,68	01:12.44(+69)
12. Owen Barker (Kzc, 200300679) 50m 00:36.64 36,64	01:14.95(+80)
14. 100m wisselslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Silke Huisman (Orca, 200301182) 50m 00:30.27 30,27	01:04.48
2. Karin Rijkelijkhuisen (Dz&Pc, 199403358) 50m 00:32.03 32,03	01:05.11
3. Manon Compagner (Dedemsvaart-AC, 200101710) 50m 00:29.43 29,43	01:07.59

4. Amber Koning (Azuro, 200202842)	01:08.20
50m 00:32.00 32,00	
5. Saranda Hofstra (Ksn (Sg), 199700526)	01:09.24
50m 00:30.47 30,47	
6. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)	01:09.73
50m 00:32.37 32,37	
7. Annemarie Hoving (TriVia, 200000248)	01:09.00
50m 00:33.55 33,55	
8. Danae Kingma (Oeza, 200001740)	01:09.91
50m 00:31.38 31,38	
9. Tessa van de Belt (Dedemsvaart-AC, 200102056)	01:10.88
50m 00:32.89 32,89	
10. Olena Dijkstra (TriVia, 200202624)	01:11.21
50m 00:32.31 32,31	
11. Inge Dekker (TriVia, 200200476)	01:11.67
50m 00:32.84 32,84	
12. Linde Kolkman (Dedemsvaart-AC, 200001114)	01:14.15
50m 00:33.17 33,17	
15. 100m wisselslag - Heren	
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Dominique Sikkema (Orca, 199500399)	00:57.08
50m 00:25.51 25,51	
2. Erik Nijholt (Dz&Pc, 199401349)	00:58.37
50m 00:27.02 27,02	
3. Juri Dijkstra (TriVia, 200002119)	00:59.98
50m 00:28.47 28,47	
4. Leon van den Hof (Dedemsvaart-AC, 200203269)	01:01.69
50m 00:29.26 29,26	
5. Marcel Delfstra (Wetterwille, 200100037)	01:01.95
50m 00:28.64 28,64	
6. Maik Huser (ZPC Hoogeveen, 199900265)	01:02.78
50m 00:28.65 28,65	
7. David Kuipers (Orca, 200003633)	01:02.14
50m 00:30.21 30,21	
8. Domingo Kuipers (Orca, 200501787)	01:05.78
50m 00:30.45 30,45	
9. Joël Malda (Orca, 200301017)	01:06.42
50m 00:30.52 30,52	
10. Sjoerd Jongert (Oeza, 200100427)	01:06.98
50m 00:30.85 30,85	
11. Tristan Scholten (Dedemsvaart-AC, 200201683)	01:07.64
50m 00:30.59 30,59	
DIS. Robert Dekker (Dedemsvaart-AC, 198400443)	00:00.00
16. 50m vlinderslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Manon Compagner (Dedemsvaart-AC, 200101710)	00:28.13
2. Karin Rijkelijhuizen (Dz&Pc, 199403358)	00:28.54
3. Saranda Hofstra (Ksn (Sg), 199700526)	00:28.91

4. Anne Fleur Willemsen (Azuro, 199901396)	00:29.39
5. Femke-Romy Wiersma (Neptunia '24, 200103078)	00:29.80
6. Luca Ebbing (Dz&Pc, 199802406)	00:29.91
7. Olena Dijkstra (TriVia, 200202624)	00:29.99
8. Stéphanie Dekker-Bergsma (Dedemsvaart-AC, 199203374)	00:30.02
9. Mariëlle Dolfijn (TriVia, 200201640)	00:30.12
10. Marije Sweering (Neptunia '24, 200101228)	00:31.61
11. Froukje Osinga (Orca, 200003090)	00:32.01
12. Maud Kuipers (Dedemsvaart-AC, 200201894)	00:32.83
17. 50m vlinderslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Dominique Sikkema (Orca, 199500399)	00:25.73
2. Niels van Eck (ZPC Hoogeveen, 198900793)	00:25.86
3. Juri Dijkstra (TriVia, 200002119)	00:25.96
4. Tristan Scholten (Dedemsvaart-AC, 200201683)	00:26.99
5. Sybren Beeksma (TriVia, 200400133)	00:27.11
6. Darryl Lubbinge (ZPC Hoogeveen, 199701045)	00:27.66
7. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:27.64
8. Jesper Kloek (Dedemsvaart-AC, 199001585)	00:28.53
9. Jarno Ottens (Azuro, 200000273)	00:28.61
10. Ivo Kroes (Azuro, 200300079)	00:29.55
11. Hidde Betten (Dz&Pc, 200204819)	00:29.60
12. Jeffrey van der Sluis (Orca, 199704593)	00:30.30
18. 4x50m wisselslag dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Orca	02:00.79
Lize Janna de Vries 2001 (+64) 50m 00:31.11 31,11	
Joyce Kuipers 2001 100m 01:03.82 32,71	
Froukje Osinga 2000 150m 01:34.61 30,79	
Silke Huisman 2003 200m 02:00.79 26,18	
2. Dedemsvaart-AC	02:05.66
Manon Compagner 2001 (+74) 50m 00:30.85 30,85	
Linde Kolkman 2000 100m 01:08.08 37,23	
Stéphanie Dekker-Bergsma 1992 150m 01:37.83 29,75	
Michelle Zomerdijk 2000 200m 02:05.66 27,83	
3. Oeza	02:10.44
Danae Kingma 2000 (+79) 50m 00:31.95 31,95	
Shira de Haan 2000 100m 01:10.16 38,21	
Eline Hoekstra 2003 150m 01:42.42 32,26	
Sanne Smit 2001 200m 02:10.44 28,02	
4. Orca	02:16.01
Marijne van der Veen 2003 (+71) 50m 00:35.24 35,24	
Anneke vd Laan 2002 100m 01:11.39 36,15	
Annemiek Meulenbeld 1995 150m 01:44.93 33,54	
Marrit Tiekstra 2003 200m 02:16.01 31,08	
5. Orca	02:19.05
Fleur Bos 2005 (+82) 50m 00:35.12 35,12	
Tove Beltman 2003 100m 01:14.19 39,07	

Esmée Mulder 2004	150m	01:48.27	34,08				
Amélie Wortel 2005	200m	02:19.05	30,78				
6. Orca							02:30.48
Ambersophie Bakker 2005 (+76)	50m	00:38.37	38,37				
Anna Rodenhuis 2006	100m	01:18.85	40,48				
Celine Helder 2006	150m	01:56.69	37,84				
Nynke vd Zee 2007	200m	02:30.48	33,79				
7. Kzc							02:31.32
Eline van Rijn 2007 (+82)	50m	00:39.46	39,46				
Talita Dijkman Dulkes 2002	100m	01:23.77	44,31				
Resa Treffers 2004	150m	01:58.99	35,22				
Chantal Half 2006	200m	02:31.32	32,33				
8. Kzc							02:34.65
Lisan Steenbakker 2007 (+69)	50m	00:39.78	39,78				
Marit Hakvoort 2006	100m	01:22.74	42,96				
Jasmijn van Wendel 2005	150m	02:01.25	38,51				
Maya Petroutsos 2007	200m	02:34.65	33,40				
19. 4x50m wisselslag heren							
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>							
1. Dedemsvaart-AC							01:48.30
Leon van den Hof 2002 (+65)	50m	00:27.56	27,56				
Stijn Boertien 2001	100m	00:55.99	28,43				
Tristan Scholten 2002	150m	01:23.41	27,42				
Jesper Kloek 1990	200m	01:48.30	24,89				
2. Orca							01:52.22
Domingo Kuipers 2005 (+62)	50m	00:29.70	29,70				
Dominique Sikkema 1995	100m	00:59.37	29,67				
Joël Malda 2003	150m	01:27.57	28,20				
David Kuipers 2000	200m	01:52.22	24,65				
3. Dz&Pc							01:57.96
Mees Niemeijer 2002 (+63)	50m	00:31.72	31,72				
Tiemen Jonkman 2003	100m	01:04.84	33,12				
Erik Nijholt 1994	150m	01:30.17	25,33				
Senna Hof 2006	200m	01:57.96	27,79				
4. Kzc							02:09.63
Daan Piepers 2003	50m	00:29.58	29,58				
Tycho de Jonge 2004	100m	01:05.77	36,19				
Feico de Jonge 2006	150m	01:42.59	36,82				
Owen Barker 2003	200m	02:09.63	27,04				
DIS. Oeza							00:00.00
Roel Gaal 2001 (+69)	50m	00:31.88	31,88				
Stefan Tijms 1993	200m	00:00.00	-31,88				

Nummer: 3 - zondag 30 december 2018 om 09:15u (25 m)

Aanvangstijd juryvergadering: 08:30u

20. 400m wisselslag - Dames							
<i>vanaf 11 jaar (Senioren Open)</i>							
1. Lize Janna de Vries (Orca, 200101948)							04:58.52
50m	00:32.36	32,36	150m 01:49.40	38,58	250m 03:09.11	42,28	350m 04:25.08
100m	01:10.82	38,46	200m 02:26.83	37,43	300m 03:51.23	42,12	
2. Silke Huisman (Orca, 200301182)							05:10.49
50m	00:31.98	31,98	150m 01:49.68	39,52	250m 03:13.28	43,30	350m 04:35.22
100m	01:10.16	38,18	200m 02:29.98	40,30	300m 03:57.31	44,03	
3. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)							05:14.19
50m	00:33.29	33,29	150m 01:52.16	40,43	250m 03:15.57	44,49	350m 04:38.87
100m	01:11.73	38,44	200m 02:31.08	38,92	300m 04:01.81	46,24	

4. Esmee van Peer (TriVia, 200201114)	50m 00:34.34 34,34	150m 01:58.79 41,95	250m 03:30.27 49,57	350m 04:56.74 37,29	05:33.43
	100m 01:16.84 42,50	200m 02:40.70 41,91	300m 04:19.45 49,18		
5. Nienke Bakker (TriVia, 200501178)	50m 00:35.63 35,63	150m 02:03.57 46,16	250m 03:38.72 49,95	350m 05:10.15 40,43	05:49.60
	100m 01:17.41 41,78	200m 02:48.77 45,20	300m 04:29.72 51,00		
6. Amélie Wortel (Orca, 200500814)	50m 00:37.77 37,77	150m 02:09.29 44,30	250m 03:41.82 49,14	350m 05:13.51 40,67	05:52.62
	100m 01:24.99 47,22	200m 02:52.68 43,39	300m 04:32.84 51,02		
7. Aniek Ausema (De Hardenberg, 200602084)	50m 00:40.82 40,82	150m 02:15.95 46,40	250m 03:54.08 53,14	350m 05:29.64 41,52	06:08.15
	100m 01:29.55 48,73	200m 03:00.94 44,99	300m 04:48.12 54,04		
8. Lieke Rossel (Ksn (Sg), 200603070)	50m 00:40.14 40,14	150m 02:20.12 47,74	250m 04:00.44 53,44	350m 05:38.20 43,58	06:19.62
	100m 01:32.38 52,24	200m 03:07.00 46,88	300m 04:54.62 54,18		
9. Marit Hakvoort (Kzc, 200601062)	50m 00:44.63 44,63	150m 02:33.38 49,56	250m 04:15.11 51,98	350m 05:54.32 45,62	06:38.01
	100m 01:43.82 59,19	200m 03:23.13 49,75	300m 05:08.70 53,59		
10. Lisan Steenbakker (Kzc, 200701666)	50m 00:43.93 43,93	150m 02:27.91 49,90	250m 04:15.04 60,05	350m 06:01.24 44,75	06:43.15
	100m 01:38.01 54,08	200m 03:14.99 47,08	300m 05:16.49 61,45		
21. 200m vrije slag - Heren					
vanaf 12 jaar (Junioren 1 en ouder)					
1. Erik Nijholt (Dz&Pc, 199401349)	50m 00:26.35 26,35	100m 00:54.94 28,59			01:52.51
2. Niels van Eck (ZPC Hoogeveen, 198900793)	50m 00:27.59 27,59	100m 00:57.70 30,11			02:00.17
3. Maik Huser (ZPC Hoogeveen, 199900265)	50m 00:27.61 27,61	100m 00:57.71 30,10			02:00.51
4. Darryl Lubbinge (ZPC Hoogeveen, 199701045)	50m 00:27.02 27,02	100m 00:57.28 30,26			02:02.64
5. Sepp Kalter (Dedemsvaart-AC, 199704327)	50m 00:27.99 27,99	100m 00:58.95 30,96			02:04.61
6. Daan Piepers (Kzc, 200303441)	50m 00:28.55 28,55	100m 01:00.80 32,25	150m 01:34.06 33,26		02:05.23
7. Robert Dekker (Dedemsvaart-AC, 198400443)	50m 00:28.54 28,54	100m 01:00.78 32,24	150m 01:34.00 33,22		02:07.46
8. Wouter van Asperen (Ksn (Sg), 200000125)	50m 00:27.78 27,78	100m 00:59.68 31,90			02:08.91
9. Jurek Frik (Azuro, 200203335)	50m 00:29.97 29,97	100m 01:03.87 33,90	150m 01:39.29 35,42		02:10.99
10. Domingo Kuipers (Orca, 200501787)	50m 00:29.32 29,32	100m 01:03.28 33,96	150m 01:38.04 34,76		02:11.31
11. Jasper Camphuijnder (Oeza, 200502367)	50m 00:29.94 29,94	100m 01:03.98 34,04	150m 01:40.08 36,10		02:13.75
12. Mathijs Baarda (Orca, 200300633)	50m 00:30.02 30,02	100m 01:03.93 33,91	150m 01:39.49 35,56		02:14.30
13. Sybren Beeksma (TriVia, 200400133)	50m 00:29.13 29,13	100m 01:03.15 34,02	150m 01:39.14 35,99		02:14.59
14. Noa Burgstra (TriVia, 200300557)	50m 00:31.38 31,38	100m 01:06.25 34,87	150m 01:41.34 35,09		02:15.52

15. Hidde Betten (Dz&Pc, 200204819)				02:15.59
	50m 00:31.13 31,13	100m 01:05.67 34,54	150m 01:41.10 35,43	
16. Joël Malda (Orca, 200301017)				02:16.73
	50m 00:30.98 30,98	100m 01:06.13 35,15	150m 01:41.25 35,12	
17. Olivier Wilbers (ZPC Hoogeveen, 200600181)				02:21.61
	50m 00:32.03 32,03	100m 01:07.76 35,73	150m 01:45.07 37,31	
18. Jip Bakker (SG FZC54-De Vikings, 200600287)				02:24.55
	50m 00:33.08 33,08	100m 01:09.75 36,67		
19. Eise van der Zee (Orca, 200501437)				02:27.61
	50m 00:33.79 33,79	100m 01:12.51 38,72		
20. Wessel Treffers (Kzc, 200600139)				02:29.05
	50m 00:34.94 34,94	100m 01:13.39 38,45		
21. Feico de Jonge (Kzc, 200600047)				02:31.78
	50m 00:34.32 34,32	100m 01:13.34 39,02	150m 01:52.95 39,61	
22. Hans Scheper (Azuro, 199303529)				02:37.92
	50m 00:33.93 33,93	100m 01:12.76 38,83		
23. Jorn Kroes (Azuro, 200600049)				02:44.50
	50m 00:36.92 36,92	100m 01:20.63 43,71		
24. Jordy Boonstra (Orca, 200301239)				02:49.82
	50m 00:36.45 36,45	100m 01:18.60 42,15		
22. 200m vrije slag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Alinda Dingshoff (ZPC Hoogeveen, 200000928)				02:05.65
	50m 00:28.83 28,83	100m 00:59.44 30,61	150m 01:32.07 32,63	
2. Silke Huisman (Orca, 200301182)				02:08.10
	50m 00:28.96 28,96	100m 01:00.52 31,56	150m 01:34.64 34,12	
3. Yara van Kalmthout (ZPC Nova, 200200984)				02:09.12
	50m 00:29.90 29,90	100m 01:02.82 32,92	150m 01:35.94 33,12	
4. Mariëlle Dolfijn (TriVia, 200201640)				02:09.84
	50m 00:30.39 30,39	100m 01:03.29 32,90	150m 01:36.77 33,48	
5. Dominique Dingshoff (ZPC Hoogeveen, 200400804)				02:15.71
	50m 00:31.98 31,98	100m 01:06.29 34,31	150m 01:41.54 35,25	
6. Charlotte Wilbers (ZPC Hoogeveen, 200400312)				02:16.76
	50m 00:31.44 31,44	100m 01:06.03 34,59	150m 01:41.75 35,72	
7. Chantal Tiesinga (TriVia, 200302452)				02:17.92
	50m 00:31.58 31,58	100m 01:05.47 33,89	150m 01:41.03 35,56	
8. Sanne Smit (Oeza, 200105302)				02:18.46
	50m 00:31.53 31,53	100m 01:06.53 35,00	150m 01:42.92 36,39	
9. Fleur Bos (Orca, 200500674)				02:23.28
	50m 00:34.11 34,11	100m 01:10.40 36,29	150m 01:46.86 36,46	
10. Resa Treffers (Kzc, 200401140)				02:25.20
	50m 00:33.84 33,84	100m 01:11.26 37,42	150m 01:48.39 37,13	
11. Angelina Rolman (WZ&PC Purmerend, 200701972)				02:27.64
	50m 00:33.11 33,11	100m 01:11.63 38,52	150m 01:51.09 39,46	
12. Yara Wentink (Oeza, 200403334)				02:27.92
	50m 00:33.54 33,54	100m 01:11.73 38,19	150m 01:51.18 39,45	
13. Amber Tiesinga (TriVia, 200600782)				02:30.77
	50m 00:35.19 35,19	100m 01:13.85 38,66	150m 01:52.55 38,70	
14. Esmée Mulder (Orca, 200402924)				02:31.63
	50m 00:34.82 34,82	100m 01:14.18 39,36	150m 01:54.11 39,93	

15. Laura Siemerink (Oeza, 200404176)		02:33.26
50m 00:34.36 34,36	100m 01:13.61 39,25	150m 01:53.54 39,93
16. Chantal Half (Kzc, 200600562)		02:36.97
50m 00:35.47 35,47	100m 01:16.04 40,57	150m 01:57.50 41,46
17. Celine Helder (Orca, 200602426)		02:39.71
50m 00:35.91 35,91	100m 01:16.96 41,05	150m 01:59.83 42,87
18. Maya Petroutsos (Kzc, 200701814)		02:42.63
50m 00:37.62 37,62	100m 01:20.70 43,08	150m 02:03.37 42,67
19. Jasmijn van Wendel (Kzc, 200502114)		02:43.40
50m 00:36.77 36,77	100m 01:19.83 43,06	150m 02:03.97 44,14
20. Imre Bouwland (ZPC Hoogeveen, 200700388)		02:46.65
50m 00:36.65 36,65	100m 01:19.15 42,50	150m 02:03.48 44,33
23. 100m schoolslag - Heren		
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>		
1. Juri Dijkstra (TriVia, 200002119)		01:02.09
50m 00:29.26 29,26		
2. Stijn Boertien (Dedemsvaart-AC, 200100719)		01:04.17
50m 00:30.02 30,02		
3. Daan Zwertbroek (Psv, 199900463)		01:04.61
50m 00:29.87 29,87		
4. Ivo Kroes (Azuro, 200300079)		01:06.91
50m 00:31.58 31,58		
5. Hendrik Jilderda (Wetterwille, 200100673)		01:09.56
50m 00:32.99 32,99		
6. Miles Steenvoorden (De Dolfijn, 200501637)		01:10.56
50m 00:32.58 32,58		
7. Robin Diekema (Azuro, 200201431)		01:11.83
50m 00:33.77 33,77		
8. Jarno Ottens (Azuro, 200000273)		01:12.25
50m 00:33.58 33,58		
9. Tiemen Jonkman (Dz&Pc, 200301193)		01:14.78
50m 00:34.45 34,45		
10. Senna Hof (Dz&Pc, 200600761)		01:17.31
50m 00:36.73 36,73		
11. Wouter Sies (TriVia, 200500369)		01:19.20
50m 00:37.12 37,12		
12. Stefan Tijms (Oeza, 199300863)		01:19.71
50m 00:37.17 37,17		
13. Mees Niemeijer (Dz&Pc, 200201275)		01:20.12
50m 00:37.85 37,85		
14. Tycho de Jonge (Kzc, 200400411)		01:20.63
50m 00:37.81 37,81		
15. Jip Bakker (SG FZC54-De Vikings, 200600287)		01:22.11
50m 00:38.93 38,93		
16. Owen Barker (Kzc, 200300679)		01:25.69
50m 00:40.69 40,69		
17. Kevin van Gelderen (TriVia, 200402325)		01:27.18
50m 00:40.10 40,10		
18. Kalle Oortwijn (Oeza, 200501141)		01:27.27

	50m 00:41.43 41,43	
19. Willem Poortinga (Wetterwille, 200105093)	50m 00:43.71 43,71	01:33.61
20. Jordy Boonstra (Orca, 200301239)	50m 00:46.33 46,33	01:40.84
DIS. Jesper Tjassing (Azuro, 200201499)		00:00.00
24. 100m schoolslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>		
1. Joyce Kuipers (Orca, 200103426)	50m 00:33.79 33,79	01:12.05
2. Amber Koning (Azuro, 200202842)	50m 00:35.60 35,60	01:15.66
3. Annemarie Hoving (TriVia, 200000248)	50m 00:35.57 35,57	01:15.98
4. Anneke vd Laan (Orca, 200201154)	50m 00:37.53 37,53	01:18.58
5. Inge Dekker (TriVia, 200200476)	50m 00:37.43 37,43	01:19.49
6. Tessa van de Belt (Dedemsvaart-AC, 200102056)	50m 00:37.92 37,92	01:20.14
7. Aniek van den Brink (De Dolfijn, 200500090)	50m 00:38.84 38,84	01:23.53
8. Marijne van der Veen (Orca, 200300960)	50m 00:39.55 39,55	01:24.12
9. Shira de Haan (Oeza, 200001130)	50m 00:39.28 39,28	01:24.55
10. Tove Beltman (Orca, 200301618)	50m 00:40.13 40,13	01:25.12
11. Myrthe Sietsma (Wetterwille, 200203854)	50m 00:40.00 40,00	01:25.46
12. Maud Kuipers (Dedemsvaart-AC, 200201894)	50m 00:40.84 40,84	01:26.51
13. Amélie Wortel (Orca, 200500814)	50m 00:40.99 40,99	01:27.81
14. Eline van Rijn (Kzc, 200700918)	50m 00:43.24 43,24	01:29.62
15. Anna Rodenhuis (Orca, 200602126)	50m 00:42.01 42,01	01:30.60
16. Anja Muntendam (Azuro, 200000002)	50m 00:41.45 41,45	01:31.28
17. Nina Dekker (Z.C. Haren, 200500126)	50m 00:43.16 43,16	01:31.52
18. Ciara Pepper (De Dolfijn, 200501806)	50m 00:41.38 41,38	01:31.53
19. Sterre Huizinga (Dz&Pc, 200401348)	50m 00:42.68 42,68	01:32.10
20. Marit Hakvoort (Kzc, 200601062)	50m 00:44.96 44,96	01:33.86
21. Maud de Wildt (Oeza, 200501974)		01:35.47

	50m 00:44.73 44,73	
22. Rixt Catharina Menzel (Orca, 200602430)	50m 00:50.94 50,94	01:47.56
23. Lisan Steenbakker (Kzc, 200701666)	50m 00:54.30 54,30	01:53.10
24. Aryana Amini (Orca, 200503870)	50m 00:53.93 53,93	01:56.61
DIS. Saskia Boonstra (Orca, 200600092)		00:00.00
25. 100m vlinderslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>		
1. Daan Zwertbroek (Psv, 199900463)	50m 00:26.64 26,64	00:57.10
2. Erik Nijholt (Dz&Pc, 199401349)	50m 00:27.57 27,57	00:57.61
3. Marcel Delfstra (Wetterwille, 200100037)	50m 00:27.29 27,29	00:58.12
4. David Kuipers (Orca, 200003633)	50m 00:27.50 27,50	00:59.20
5. Sepp Kalter (Dedemsvaart-AC, 199704327)	50m 00:28.25 28,25	00:59.38
6. Maik Huser (ZPC Hoogeveen, 199900265)	50m 00:29.54 29,54	01:04.24
7. Bart Weiland (Orca, 199700777)	50m 00:29.50 29,50	01:04.32
8. Sjoerd Jongert (Oeza, 200100427)	50m 00:30.06 30,06	01:04.94
9. Wessel Treffers (Kzc, 200600139)	50m 00:40.33 40,33	01:32.13
26. 100m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>		
1. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	50m 00:30.50 30,50	01:05.20
2. Lize Janna de Vries (Orca, 200101948)	50m 00:30.91 30,91	01:07.21
3. Stéphanie Dekker-Bergsma (Dedemsvaart-AC, 199203374)	50m 00:31.44 31,44	01:07.72
4. Olena Dijkstra (TriVia, 200202624)	50m 00:31.09 31,09	01:09.07
5. Froukje Osinga (Orca, 200003090)	50m 00:32.60 32,60	01:09.17
6. Mariëlle Dolfijn (TriVia, 200201640)	50m 00:31.86 31,86	01:09.60
7. Suze Kuipers (Orca, 200301714)	50m 00:34.10 34,10	01:14.01
8. Esmee van Peer (TriVia, 200201114)	50m 00:33.07 33,07	01:14.63
9. Charlotte Wilbers (ZPC Hoogeveen, 200400312)	50m 00:33.12 33,12	01:15.33
10. Annemarijn Damhoff (TriVia, 200501000)		01:15.98

50m 00:35.79 35,79

11. Eline Hoekstra (Oeza, 200301280) 50m 00:34.09 34,09	01:16.06
12. Yara Wentink (Oeza, 200403334) 50m 00:35.23 35,23	01:19.78
13. Resa Treffers (Kzc, 200401140) 50m 00:36.92 36,92	01:19.79
14. Marrit Tiekstra (Orca, 200301796) 50m 00:35.14 35,14	01:20.68
15. Esmée Mulder (Orca, 200402924) 50m 00:36.20 36,20	01:20.89
16. Charley Blide (ZPC Hoogeveen, 200600164) 50m 00:35.84 35,84	01:22.42
17. Fleur Bos (Orca, 200500674) 50m 00:38.71 38,71	01:25.09
18. Shira de Haan (Oeza, 200001130) 50m 00:37.35 37,35	01:25.66
27. 50m rugslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Jelle Betten (Dz&Pc, 200001535)	00:26.29(+64)
2. Dominique Sikkema (Orca, 199500399)	00:26.38(+64)
3. Juri Dijkstra (TriVia, 200002119)	00:26.84(+71)
4. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:27.28(+62)
5. Erik Nijholt (Dz&Pc, 199401349)	00:27.85(+71)
6. Niels van Eck (ZPC Hoogeveen, 198900793)	00:27.98(+64)
7. Wouter van Asperen (Ksn (Sg), 200000125)	00:28.09(+75)
8. Sybren Beeksma (TriVia, 200400133)	00:29.78(+66)
9. Darryl Lubbinge (ZPC Hoogeveen, 199701045)	00:29.98(+69)
10. Daan Piepers (Kzc, 200303441)	00:30.23(+68)
11. Domingo Kuipers (Orca, 200501787)	00:30.30(+60)
12. Jarno Ottens (Azuro, 200000273)	00:30.53(+66)
13. Robert Dekker (Dedemsvaart-AC, 198400443)	00:30.60(+71)
14. Roel Gaal (Oeza, 200101173)	00:31.41(+77)
15. Tristan Scholten (Dedemsvaart-AC, 200201683)	00:32.06(+72)
16. Robin Diekema (Azuro, 200201431)	00:32.89(+74)
17. Jesper Tjassing (Azuro, 200201499)	00:33.66(+66)
18. Stefan Tijms (Oeza, 199300863)	00:34.04(+72)
19. Wouter Sies (TriVia, 200500369)	00:34.84(+70)
20. Jip Bakker (SG FZC54-De Vikings, 200600287)	00:35.51(+68)
21. Feico de Jonge (Kzc, 200600047)	00:36.01(+76)
22. Willem Poortinga (Wetterwille, 200105093)	00:37.55(+78)
23. Jorn Kroes (Azuro, 200600049)	00:39.88(+71)
24. Kennie Slagter (Orca, 200500501)	00:40.78(+78)

28. 50m rugslag - Dames

vanaf 11 jaar (Senioren Open)

1. Saranda Hofstra (Ksn (Sg), 199700526)	00:28.90(+60)
2. Manon Compagner (Dedemsvaart-AC, 200101710)	00:30.65(+72)
3. Ilse Kraaijeveld (Orca, 199002110)	00:30.90(+72)
4. Yara van Kalmthout (ZPC Nova, 200200984)	00:31.04(+66)
5. Danae Kingma (Oeza, 200001740)	00:31.80(+79)
6. Inge Dekker (TriVia, 200200476)	00:32.00(+73)
7. Maud Kuipers (Dedemsvaart-AC, 200201894)	00:32.29(+86)
8. Olena Dijkstra (TriVia, 200202624)	00:33.70(+67)
9. Laura Siemerink (Oeza, 200404176)	00:33.81(+67)
10. Chantal Tiesinga (TriVia, 200302452)	00:34.49(+61)
11. Charley Blide (ZPC Hoogeveen, 200600164)	00:34.65(+75)
12. Angelina Rolman (WZ&PC Purmerend, 200701972)	00:34.75(+64)
13. Dominique Dingshoff (ZPC Hoogeveen, 200400804)	00:35.05(+66)
14. Aniek Ausema (De Hardenberg, 200602084)	00:36.45(+83)
15. Suze Buikema (Wetterwille, 200600872)	00:37.54(+70)
16. Nynke vd Zee (Orca, 200700604)	00:38.72(+63)
17. Ambersophie Bakker (Orca, 200500206)	00:38.80(+75)
18. Chantal Half (Kzc, 200600562)	00:39.33(+71)
19. Nina Dekker (Z.C. Haren, 200500126)	00:39.63(+72)
20. Imre Bouwland (ZPC Hoogeveen, 200700388)	00:39.64(+90)
21. Jasmijn van Wendel (Kzc, 200502114)	00:40.07(+78)
22. Anna Rodenhuis (Orca, 200602126)	00:40.81(+76)
23. Celine Helder (Orca, 200602426)	00:41.00(+73)
24. Leona Ronda (Orca, 200603772)	00:41.61(+79)
25. Aryana Amini (Orca, 200503870)	00:45.63(+53)

29. 200m wisselslag - Heren

vanaf 12 jaar (Junioren 1 en ouder)

1. Jari Groenhart (TriVia, 200000271)	02:04.68
50m 00:26.74 26,74 100m 00:57.64 30,90 150m 01:34.31 36,67	
2. Daan Zwertbroek (Psv, 199900463)	02:10.01
50m 00:27.49 27,49 100m 01:03.33 35,84 150m 01:39.83 36,50	
3. David Kuipers (Orca, 200003633)	02:10.88
50m 00:27.96 27,96 100m 01:03.72 35,76 150m 01:42.24 38,52	
4. Ivo Kroes (Azuro, 200300079)	02:19.00
50m 00:31.68 31,68 100m 01:09.32 37,64 150m 01:46.28 36,96	
5. Mees Niemeijer (Dz&Pc, 200201275)	02:29.38
50m 00:32.43 32,43 100m 01:11.38 38,95 150m 01:55.58 44,20	
6. Jurek Frik (Azuro, 200203335)	02:30.39
50m 00:31.17 31,17 100m 01:10.12 38,95 150m 01:56.39 46,27	
7. Senna Hof (Dz&Pc, 200600761)	02:30.67
50m 00:34.20 34,20 100m 01:13.64 39,44 150m 01:57.34 43,70	

8. Joël Malda (Orca, 200301017)				02:31.01
	50m 00:31.68 31,68	100m 01:10.08 38,40	150m 01:57.08 47,00	
9. Tiemen Jonkman (Dz&Pc, 200301193)				02:34.15
	50m 00:33.61 33,61	100m 01:15.41 41,80	150m 01:57.12 41,71	
10. Jasper Camphuijnder (Oeza, 200502367)				02:36.44
	50m 00:31.88 31,88	100m 01:13.71 41,83	150m 01:59.61 45,90	
11. Miles Steenvoorden (De Dolfijn, 200501637)				02:36.65
	50m 00:32.39 32,39	100m 01:14.16 41,77	150m 01:58.14 43,98	
12. Olivier Wilbers (ZPC Hoogeveen, 200600181)				02:43.74
	50m 00:38.44 38,44	100m 01:19.51 41,07	150m 02:08.32 48,81	
13. Eise van der Zee (Orca, 200501437)				02:50.12
	50m 00:39.66 39,66	100m 01:20.71 41,05	150m 02:12.69 51,98	
14. Kalle Oortwijn (Oeza, 200501141)				02:53.50
	50m 00:37.65 37,65	100m 01:20.99 43,34	150m 02:11.30 50,31	
15. Kennie Slagter (Orca, 200500501)				03:21.93
	50m 00:44.36 44,36	100m 01:35.30 50,94	150m 02:33.46 58,16	
30. 200m wisselslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Silke Huisman (Orca, 200301182)				02:20.68
	50m 00:31.09 31,09	100m 01:07.21 36,12	150m 01:47.88 40,67	
2. Lize Janna de Vries (Orca, 200101948)				02:21.12
	50m 00:30.97 30,97	100m 01:07.58 36,61	150m 01:49.79 42,21	
3. Annemarie Hoving (TriVia, 200000248)				02:27.26
	50m 00:32.82 32,82	100m 01:12.32 39,50	150m 01:54.21 41,89	
4. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)				02:28.00
	50m 00:32.16 32,16	100m 01:10.50 38,34	150m 01:54.79 44,29	
5. Joyce Kuipers (Orca, 200103426)				02:33.45
	50m 00:33.20 33,20	100m 01:13.16 39,96	150m 01:55.44 42,28	
6. Froukje Osinga (Orca, 200003090)				02:35.97
	50m 00:32.73 32,73	100m 01:11.75 39,02	150m 01:59.12 47,37	
7. Esmee van Peer (TriVia, 200201114)				02:36.98
	50m 00:33.86 33,86	100m 01:14.39 40,53	150m 02:00.71 46,32	
8. Anneke vd Laan (Orca, 200201154)				02:40.27
	50m 00:35.73 35,73	100m 01:19.70 43,97	150m 02:04.78 45,08	
9. Eline Hoekstra (Oeza, 200301280)				02:43.67
	50m 00:35.01 35,01	100m 01:18.30 43,29	150m 02:07.06 48,76	
10. Tove Beltman (Orca, 200301618)				02:45.27
	50m 00:37.66 37,66	100m 01:20.95 43,29	150m 02:07.56 46,61	
11. Nienke Bakker (TriVia, 200501178)				02:48.35
	50m 00:35.38 35,38	100m 01:19.55 44,17	150m 02:11.18 51,63	
12. Amber Tiesinga (TriVia, 200600782)				02:51.71
	50m 00:39.94 39,94	100m 01:25.79 45,85	150m 02:11.74 45,95	
13. Eline van Rijn (Kzc, 200700918)				02:59.93
	50m 00:42.92 42,92	100m 01:28.59 45,67	150m 02:18.99 50,40	
14. Marit Hakvoort (Kzc, 200601062)				03:06.18
	50m 00:43.14 43,14	100m 01:31.71 48,57	150m 02:23.91 52,20	
15. Samijn Janine Wiersma (Orca, 200403130)				03:24.17
	50m 00:42.75 42,75	100m 01:35.78 53,03	150m 02:34.46 58,68	
16. Rixt Catharina Menzel (Orca, 200602430)				03:35.98

50m 00:48.78 48,78 100m 01:48.55 59,77 150m 02:46.72 58,17

DIS. Anja Muntendam (Azuro, 200000002)	00:00.00
31. 50m vrije slag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Niels van Eck (ZPC Hoogeveen, 198900793)	00:22.78
2. Dominique Sikkema (Orca, 199500399)	00:23.31
3. Erik Nijholt (Dz&Pc, 199401349)	00:23.64
4. Juri Dijkstra (TriVia, 200002119)	00:23.75
5. Wouter van Asperen (Ksn (Sg), 200000125)	00:24.35
6. Stijn Boertien (Dedemsvaart-AC, 200100719)	00:24.47
7. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:24.65
8. Darryl Lubbinge (ZPC Hoogeveen, 199701045)	00:24.69
9. Michiel Punter (Orca, 198401823)	00:24.70
10. Sepp Kalter (Dedemsvaart-AC, 199704327)	00:25.10
11. Maik Huser (ZPC Hoogeveen, 199900265)	00:25.20
12. Roel Gaal (Oeza, 200101173)	00:25.40
13. Sybren Beeksma (TriVia, 200400133)	00:25.41
14. Tristan Scholten (Dedemsvaart-AC, 200201683)	00:25.59
14. Bart Weiland (Orca, 199700777)	00:25.59
16. Daan Piepers (Kzc, 200303441)	00:25.82
17. Sjoerd Jongert (Oeza, 200100427)	00:26.09
18. Hendrik Jilderda (Wetterwille, 200100673)	00:26.17
19. Jarno Ottens (Azuro, 200000273)	00:26.25
20. Robert Hoiting (Orca, 198002369)	00:26.55
21. Ivo Kroes (Azuro, 200300079)	00:26.60
22. Hidde Betten (Dz&Pc, 200204819)	00:26.75
23. Jeffrey van der Sluis (Orca, 199704593)	00:27.00
24. Owen Barker (Kzc, 200300679)	00:27.10
25. Mathijs Baarda (Orca, 200300633)	00:27.41
26. Stefan Tijms (Oeza, 199300863)	00:27.59
27. Jesper Tjassing (Azuro, 200201499)	00:28.02
28. Noa Burgstra (TriVia, 200300557)	00:28.13
29. Tycho de Jonge (Kzc, 200400411)	00:28.14
30. Hans Scheper (Azuro, 199303529)	00:28.25
31. Robin Diekema (Azuro, 200201431)	00:28.43
32. Wouter Sies (TriVia, 200500369)	00:28.94
33. Kevin van Gelderen (TriVia, 200402325)	00:30.09
34. Wessel Treffers (Kzc, 200600139)	00:30.76
35. Willem Poortinga (Wetterwille, 200105093)	00:31.16

36. Jordy Boonstra (Orca, 200301239)	00:32.14
37. Kennie Slagter (Orca, 200500501)	00:33.85
38. Jorn Kroes (Azuro, 200600049)	00:34.33
32. 50m vrije slag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Saranda Hofstra (Ksn (Sg), 199700526)	00:25.95
2. Silke Huisman (Orca, 200301182)	00:26.38
3. Ilse Kraaijeveld (Orca, 199002110)	00:26.78
4. Manon Compagner (Dedemsvaart-AC, 200101710)	00:27.00
5. Yara van Kalmthout (ZPC Nova, 200200984)	00:27.27
6. Danae Kingma (Oeza, 200001740)	00:27.54
7. Olena Dijkstra (TriVia, 200202624)	00:27.74
8. Mariëlle Dolfijn (TriVia, 200201640)	00:27.75
9. Amber Koning (Azuro, 200202842)	00:28.16
10. Annemarie Hoving (TriVia, 200000248)	00:28.24
11. Stéphanie Dekker-Bergsma (Dedemsvaart-AC, 199203374)	00:28.63
12. Sanne Smit (Oeza, 200105302)	00:28.77
13. Resa Treffers (Kzc, 200401140)	00:29.18
14. Inge Dekker (TriVia, 200200476)	00:29.29
15. Joyce Kuipers (Orca, 200103426)	00:29.33
16. Laura Siemerink (Oeza, 200404176)	00:29.54
17. Angelina Rolman (WZ&PC Purmerend, 200701972)	00:29.68
18. Eline Hoekstra (Oeza, 200301280)	00:29.70
19. Charley Blide (ZPC Hoogeveen, 200600164)	00:29.74
20. Maud Kuipers (Dedemsvaart-AC, 200201894)	00:30.01
21. Myrthe Sietsma (Wetterwille, 200203854)	00:30.17
22. Amélie Wortel (Orca, 200500814)	00:30.20
23. Marijne van der Veen (Orca, 200300960)	00:30.27
24. Dominique Dingshoff (ZPC Hoogeveen, 200400804)	00:30.57
25. Yara Wentink (Oeza, 200403334)	00:30.72
26. Annemarijn Damhoff (TriVia, 200501000)	00:30.97
27. Fleur Bos (Orca, 200500674)	00:31.07
28. Chantal Half (Kzc, 200600562)	00:31.17
29. Marrit Tiekstra (Orca, 200301796)	00:31.37
30. Esmée Mulder (Orca, 200402924)	00:31.51
31. Suze Buikema (Wetterwille, 200600872)	00:31.74
32. Lieke Rossel (Ksn (Sg), 200603070)	00:31.96
33. Ciara Pepper (De Dolfijn, 200501806)	00:32.19
34. Jasmijn van Wendel (Kzc, 200502114)	00:32.32

35. Celine Helder (Orca, 200602426)		00:32.76
36. Anja Muntendam (Azuro, 200000002)		00:32.89
37. Ambersophie Bakker (Orca, 200500206)		00:33.82
38. Sterre Huizinga (Dz&Pc, 200401348)		00:33.85
39. Nynke vd Zee (Orca, 200700604)		00:34.15
40. Maya Petroutsos (Kzc, 200701814)		00:34.29
41. Nina Dekker (Z.C. Haren, 200500126)		00:35.35
42. Leona Ronda (Orca, 200603772)		00:35.85
43. Samijn Janine Wiersma (Orca, 200403130)		00:36.80
44. Rixt Catharina Menzel (Orca, 200602430)		00:38.51
45. Saskia Boonstra (Orca, 200600092)		00:39.00
46. Rebekka van Koningsveld (Orca, 200504576)		00:39.19
47. Aryana Amini (Orca, 200503870)		00:42.54
48. Annyk Westra (Orca, 200703826)		00:46.50
33. 200m rugslag - Heren		
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>		
1. Jari Groenhart (TriVia, 200000271)		01:58.63(+71)
50m 00:27.73 27,73	100m 00:57.53 29,80	150m 01:27.98 30,45
2. Jelle Betten (Dz&Pc, 200001535)		02:04.76(+63)
50m 00:28.53 28,53	100m 00:59.46 30,93	150m 01:32.06 32,60
3. Leon van den Hof (Dedemsvaart-AC, 200203269)		02:10.90(+64)
50m 00:30.59 30,59	100m 01:04.50 33,91	150m 01:38.54 34,04
4. Marcel Delfstra (Wetterwille, 200100037)		02:11.98(+68)
50m 00:30.69 30,69	100m 01:05.01 34,32	150m 01:38.87 33,86
5. Domingo Kuipers (Orca, 200501787)		02:21.27(+59)
50m 00:33.89 33,89	100m 01:10.02 36,13	150m 01:46.22 36,20
6. Robert Dekker (Dedemsvaart-AC, 198400443)		02:21.91(+68)
50m 00:33.03 33,03	100m 01:08.42 35,39	150m 01:45.25 36,83
7. Jip Bakker (SG FZC54-De Vikings, 200600287)		02:43.80(+68)
50m 00:38.66 38,66	100m 01:19.86 41,20	150m 02:02.43 42,57
34. 200m rugslag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Alinda Dingshoff (ZPC Hoogeveen, 200000928)		02:18.26(+68)
50m 00:33.37 33,37	100m 01:07.75 34,38	150m 01:42.86 35,11
2. Yara van Kalmthout (ZPC Nova, 200200984)		02:22.65(+67)
50m 00:33.86 33,86	100m 01:09.05 35,19	150m 01:45.80 36,75
3. Saranda Hofstra (Ksn (Sg), 199700526)		02:23.49(+60)
50m 00:33.18 33,18	100m 01:09.57 36,39	150m 01:47.35 37,78
4. Suze Kuipers (Orca, 200301714)		02:26.60(+75)
50m 00:34.79 34,79	100m 01:11.71 36,92	150m 01:49.41 37,70
5. Tessa van de Belt (Dedemsvaart-AC, 200102056)		02:31.19(+72)
50m 00:35.20 35,20	100m 01:13.36 38,16	150m 01:52.65 39,29
6. Charlotte Wilbers (ZPC Hoogeveen, 200400312)		02:34.17(+71)
50m 00:35.60 35,60	100m 01:14.18 38,58	150m 01:54.49 40,31
7. Chantal Tiesinga (TriVia, 200302452)		02:39.91(+64)
50m 00:36.48 36,48	100m 01:16.77 40,29	150m 01:58.33 41,56

8. Aniek van den Brink (De Dolfijn, 200500090)		02:42.06(+77)
50m	00:38.56 38,56 100m 01:19.68 41,12 150m 02:01.44 41,76	
9. Angelina Rolman (WZ&PC Purmerend, 200701972)		02:48.67(+67)
50m	00:37.65 37,65 100m 01:20.70 43,05 150m 02:05.98 45,28	
10. Ambersophie Bakker (Orca, 200500206)		02:55.18(+75)
50m	00:39.41 39,41 100m 01:23.78 44,37 150m 02:09.75 45,97	
11. Eline van Rijn (Kzc, 200700918)		02:56.74(+81)
50m	00:42.39 42,39 100m 01:28.26 45,87 150m 02:13.70 45,44	
12. Imre Bouwland (ZPC Hoogeveen, 200700388)		02:59.90(+93)
50m	00:41.86 41,86 100m 01:29.02 47,16 150m 02:16.52 47,50	
13. Maud de Wildt (Oeza, 200501974)		03:04.84(+66)
50m	00:42.22 42,22 100m 01:29.58 47,36 150m 02:18.81 49,23	

31. 50m vrije slag - Heren

vanaf 12 jaar (Junioren 1 en ouder)

1. Bart Weiland (Orca, 199700777)		00:25.52
-----------------------------------	--	----------

Nummer: 4 - zondag 30 december 2018 om 16:00u (25 m)

Aanvangstijd juryvergadering: 15:30u

23. 100m schoolslag - Heren

vanaf 12 jaar (Junioren 1 en ouder)

1. Juri Dijkstra (TriVia, 200002119)		01:02.14
50m	00:29.23 29,23	
2. Stijn Boertien (Dedemsvaart-AC, 200100719)		01:02.84
50m	00:29.57 29,57	
3. Daan Zwertbroek (Psv, 199900463)		01:04.79
50m	00:30.46 30,46	
4. Ivo Kroes (Azuro, 200300079)		01:06.87
50m	00:31.46 31,46	
5. Hendrik Jilderda (Wetterwille, 200100673)		01:09.11
50m	00:32.62 32,62	
6. Miles Steenvoorden (De Dolfijn, 200501637)		01:10.19
50m	00:33.25 33,25	
7. Robin Diekema (Azuro, 200201431)		01:10.97
50m	00:33.44 33,44	
8. Jarno Ottens (Azuro, 200000273)		01:11.95
50m	00:33.98 33,98	
9. Tiemen Jonkman (Dz&Pc, 200301193)		01:13.89
50m	00:33.99 33,99	
10. Mees Niemeijer (Dz&Pc, 200201275)		01:18.23
50m	00:37.21 37,21	
11. Senna Hof (Dz&Pc, 200600761)		01:18.47
50m	00:36.71 36,71	
12. Stefan Tijms (Oeza, 199300863)		01:18.85
50m	00:36.76 36,76	

24. 100m schoolslag - Dames

vanaf 11 jaar (Senioren Open)

1. Joyce Kuipers (Orca, 200103426)		01:11.67
50m	00:33.85 33,85	
2. Amber Koning (Azuro, 200202842)		01:15.55
50m	00:35.61 35,61	

3. Annemarie Hoving (TriVia, 200000248)	01:17.14
50m 00:36.29 36,29	
4. Inge Dekker (TriVia, 200200476)	01:18.29
50m 00:37.01 37,01	
5. Anneke vd Laan (Orca, 200201154)	01:18.81
50m 00:37.60 37,60	
6. Tessa van de Belt (Dedemsvaart-AC, 200102056)	01:20.09
50m 00:37.71 37,71	
7. Aniek van den Brink (De Dolfijn, 200500090)	01:22.08
50m 00:38.27 38,27	
8. Myrthe Sietsma (Wetterwille, 200203854)	01:23.07
50m 00:38.85 38,85	
9. Shira de Haan (Oeza, 200001130)	01:23.09
50m 00:38.93 38,93	
10. Marijne van der Veen (Orca, 200300960)	01:25.58
50m 00:39.88 39,88	
11. Tove Beltman (Orca, 200301618)	01:25.93
50m 00:40.60 40,60	
12. Amélie Wortel (Orca, 200500814)	01:27.22
50m 00:40.57 40,57	
25. 100m vlinderslag - Heren	
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Daan Zwertbroek (Psv, 199900463)	00:56.59
50m 00:26.78 26,78	
2. Erik Nijholt (Dz&Pc, 199401349)	00:56.70
50m 00:26.81 26,81	
3. Sepp Kalter (Dedemsvaart-AC, 199704327)	00:56.94
50m 00:26.60 26,60	
4. Marcel Delfstra (Wetterwille, 200100037)	00:59.24
50m 00:27.30 27,30	
5. David Kuipers (Orca, 200003633)	00:59.38
50m 00:27.69 27,69	
6. Maik Huser (ZPC Hoogeveen, 199900265)	00:59.90
50m 00:27.37 27,37	
7. Sjoerd Jongert (Oeza, 200100427)	01:04.13
50m 00:29.48 29,48	
8. Wessel Treffers (Kzc, 200600139)	01:30.27
50m 00:39.41 39,41	
26. 100m vlinderslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	01:02.97
50m 00:29.61 29,61	
2. Lize Janna de Vries (Orca, 200101948)	01:06.38
50m 00:30.85 30,85	
3. Mariëlle Dolfijn (TriVia, 200201640)	01:07.99
50m 00:31.44 31,44	
4. Stéphanie Dekker-Bergsma (Dedemsvaart-AC, 199203374)	01:08.61
50m 00:31.82 31,82	
5. Froukje Osinga (Orca, 200003090)	01:09.50

50m 00:31.99 31,99

6. Olena Dijkstra (TriVia, 200202624)	01:10.05
50m 00:32.09 32,09	
7. Suze Kuipers (Orca, 200301714)	01:12.35
50m 00:33.38 33,38	
8. Esmee van Peer (TriVia, 200201114)	01:12.44
50m 00:33.00 33,00	
9. Eline Hoekstra (Oeza, 200301280)	01:14.64
50m 00:34.00 34,00	
10. Resa Treffers (Kzc, 200401140)	01:15.63
50m 00:35.25 35,25	
11. Annemarijn Damhoff (TriVia, 200501000)	01:15.77
50m 00:35.51 35,51	
12. Yara Wentink (Oeza, 200403334)	01:18.72
50m 00:35.24 35,24	
27. 50m rugslag - Heren	
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Dominique Sikkema (Orca, 199500399)	00:25.91(+61)
2. Jelle Betten (Dz&Pc, 200001535)	00:26.17(+65)
3. Juri Dijkstra (TriVia, 200002119)	00:26.78(+69)
4. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:27.16(+59)
5. Daan Piepers (Kzc, 200303441)	00:29.16(+64)
6. Darryl Lubbinge (ZPC Hoogeveen, 199701045)	00:29.57(+67)
7. Domingo Kuipers (Orca, 200501787)	00:29.92(+64)
8. Robert Dekker (Dedemsvaart-AC, 198400443)	00:30.05(+69)
9. Jarno Ottens (Azuro, 200000273)	00:30.62(+63)
10. Roel Gaal (Oeza, 200101173)	00:31.58(+72)
11. Tristan Scholten (Dedemsvaart-AC, 200201683)	00:31.69(+77)
12. Robin Diekema (Azuro, 200201431)	00:33.20(+72)
28. 50m rugslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Saranda Hofstra (Ksn (Sg), 199700526)	00:28.67(+59)
2. Manon Compagner (Dedemsvaart-AC, 200101710)	00:30.22(+71)
3. Yara van Kalmthout (ZPC Nova, 200200984)	00:30.28(+65)
4. Ilse Kraaijeveld (Orca, 199002110)	00:31.05(+68)
5. Danae Kingma (Oeza, 200001740)	00:31.48(+80)
6. Inge Dekker (TriVia, 200200476)	00:32.69(+73)
7. Maud Kuipers (Dedemsvaart-AC, 200201894)	00:31.50(+79)
8. Olena Dijkstra (TriVia, 200202624)	00:32.65(+65)
9. Laura Siemerink (Oeza, 200404176)	00:33.00(+67)
10. Chantal Tiesinga (TriVia, 200302452)	00:33.63(+64)
11. Charley Blide (ZPC Hoogeveen, 200600164)	00:34.13(+76)
12. Angelina Rolman (WZ&PC Purmerend, 200701972)	00:34.46(+66)

31. 50m vrije slag - Heren

vanaf 12 jaar (Junioren 1 en ouder)

1. Niels van Eck (ZPC Hoogeveen, 198900793)	00:22.69
2. Dominique Sikkema (Orca, 199500399)	00:23.31
3. Erik Nijholt (Dz&Pc, 199401349)	00:23.66
4. Stijn Boertien (Dedemsvaart-AC, 200100719)	00:24.33
5. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:24.49
6. Juri Dijkstra (TriVia, 200002119)	00:24.57
7. Sepp Kalter (Dedemsvaart-AC, 199704327)	00:24.67
8. Maik Huser (ZPC Hoogeveen, 199900265)	00:24.76
9. Michiel Punter (Orca, 198401823)	00:24.89
10. Darryl Lubbinge (ZPC Hoogeveen, 199701045)	00:25.04
11. Roel Gaal (Oeza, 200101173)	00:25.24
12. Tristan Scholten (Dedemsvaart-AC, 200201683)	00:25.41

32. 50m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Silke Huisman (Orca, 200301182)	00:25.72
2. Saranda Hofstra (Ksn (Sg), 199700526)	00:25.97
3. Manon Compagner (Dedemsvaart-AC, 200101710)	00:26.71
4. Ilse Kraaijeveld (Orca, 199002110)	00:26.89
5. Danae Kingma (Oeza, 200001740)	00:27.28
6. Olena Dijkstra (TriVia, 200202624)	00:27.82
7. Mariëlle Dolfijn (TriVia, 200201640)	00:27.48
8. Stéphanie Dekker-Bergsma (Dedemsvaart-AC, 199203374)	00:28.39
9. Annemarie Hoving (TriVia, 200000248)	00:28.44
10. Sanne Smit (Oeza, 200105302)	00:28.61
11. Amber Koning (Azuro, 200202842)	00:29.07
12. Resa Treffers (Kzc, 200401140)	00:29.44

35. 4x50m vrije slag heren

vanaf 12 jaar (Junioren 1 en ouder)

1. Dedemsvaart-AC	01:36.83
Sepp Kalter 1997	50m 00:24.68 24,68
Stijn Boertien 2001	100m 00:48.28 23,60
Tristan Scholten 2002	150m 01:13.08 24,80
Leon van den Hof 2002	200m 01:36.83 23,75
2. Orca	01:38.77
David Kuipers 2000	50m 00:24.51 24,51
Bart Weiland 1997	100m 00:50.05 25,54
Joël Malda 2003	150m 01:15.76 25,71
Dominique Sikkema 1995	200m 01:38.77 23,01
3. Dz&Pc	01:40.16
Erik Nijholt 1994	50m 00:23.53 23,53
Mees Niemeijer 2002	100m 00:50.72 27,19
Hidde Betten 2002	150m 01:17.36 26,64
Jelle Betten 2000	200m 01:40.16 22,80

4. Oeza				01:47.11
Jasper Camphuijnder 2005	50m	00:27.91	27,91	
Kalle Oortwijn 2005	100m	00:56.65	28,74	
Sjoerd Jongert 2001	150m	01:22.23	25,58	
Roel Gaal 2001	200m	01:47.11	24,88	
5. Kzc				01:51.53
Daan Piepers 2003	50m	00:25.72	25,72	
Tycho de Jonge 2004	100m	00:54.37	28,65	
Wessel Treffers 2006	150m	01:24.17	29,80	
Owen Barker 2003	200m	01:51.53	27,36	
6. Orca				01:58.57
Domingo Kuipers 2005	50m	00:27.01	27,01	
Eise van der Zee 2005	100m	00:58.17	31,16	
Kennie Slagter 2005	150m	01:32.18	34,01	
Jeffrey van der Sluis 1997	200m	01:58.57	26,39	
36. 4x50m vrije slag dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Dedemsvaart-AC				01:50.13
Tessa van de Belt 2001	50m	00:28.81	28,81	
Michelle Zomerdijk 2000	100m	00:56.08	27,27	
Stéphanie Dekker-Bergsma 1992	150m	01:24.13	28,05	
Manon Compagner 2001	200m	01:50.13	26,00	
2. Orca				01:51.42
Lize Janna de Vries 2001	50m	00:27.37	27,37	
Suze Kuipers 2003	100m	00:56.89	29,52	
Froukje Osinga 2000	150m	01:25.96	29,07	
Silke Huisman 2003	200m	01:51.42	25,46	
3. Orca				01:56.95
Marijne van der Veen 2003	50m	00:29.94	29,94	
Anneke vd Laan 2002	100m	00:58.88	28,94	
Amélie Wortel 2005	150m	01:28.74	29,86	
Joyce Kuipers 2001	200m	01:56.95	28,21	
4. Oeza				02:00.91
Yara Wentink 2004	50m	00:30.19	30,19	
Maud de Wildt 2005	100m	01:03.28	33,09	
Laura Siemerink 2004	150m	01:32.68	29,40	
Sanne Smit 2001	200m	02:00.91	28,23	
5. Orca				02:06.28
Esmée Mulder 2004	50m	00:31.19	31,19	
Fleur Bos 2005	100m	01:01.34	30,15	
Tove Beltman 2003	150m	01:33.05	31,71	
Celine Helder 2006	200m	02:06.28	33,23	
6. Kzc				02:08.07
Resa Treffers 2004	50m	00:30.37	30,37	
Chantal Half 2006	100m	01:02.67	32,30	
Maya Petroutsos 2007	150m	01:36.21	33,54	
Jasmijn van Wendel 2005	200m	02:08.07	31,86	
7. Orca				02:16.83
Ambersophie Bakker 2005	50m	00:32.97	32,97	
Anna Rodenhuis 2006	100m	01:06.47	33,50	
Nynke vd Zee 2007	150m	01:41.78	35,31	
Leona Ronda 2006	200m	02:16.83	35,05	