

**25 vrije slag**

|     |                       |    |        |       |     |          |                 |     |
|-----|-----------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1.  | Schelvis Femke        | 84 | 08-021 | 13.11 | 25m | 25-3-99  | Heemskerk (NED) | 507 |
| 2.  | de Groot Daniëlle     | 93 | 08-021 | 13.42 | 25m | 31-5-08  | Aalsmeer (NED)  | 473 |
| 3.  | Meijer Sylvia         | 81 | 08-021 | 13.43 | 25m | 4-5-00   | Heemskerk (NED) | 472 |
| 4.  | Crok Linda            | 94 | 08-021 | 13.48 | 25m | 30-6-11  | Heemskerk (NED) | 467 |
| 5.  | Hulshof Saskia        | 73 | 08-021 | 13.70 | 25m | 31-12-89 | Heemskerk (NED) | 445 |
| 5.  | Schuyt Simone         | 75 | 08-021 | 13.70 | 25m | 31-12-89 | Heemskerk (NED) | 445 |
| 7.  | Palmboom Nicole       | 91 | 08-021 | 13.79 | 25m | 27-4-06  | Heemskerk       | 436 |
| 8.  | Koster Lisa           | 94 | 08-021 | 13.81 | 25m | 31-5-08  | Aalsmeer (NED)  | 434 |
| 9.  | van der Kroft Nicole  | 84 | 08-021 | 13.95 | 25m | 29-3-01  | Heemskerk (NED) | 421 |
| 10. | van Staveren Marina   | 78 | 08-021 | 14.04 | 25m | 14-4-11  | Heemskerk (NED) | 413 |
| 11. | Schelvis Roos         | 86 | 08-021 | 14.05 | 25m | 29-3-01  | Heemskerk (NED) | 412 |
| 11. | Vink Lidewij          | 90 | 08-021 | 14.05 | 25m | 19-4-07  | Heemskerk (NED) | 412 |
| 13. | Besse Karen           | 75 | 08-021 | 14.10 | 25m | 31-12-89 | Heemskerk (NED) | 408 |
| 14. | Hoek Daniëlle         | 88 | 08-021 | 14.12 | 25m | 30-6-11  | Heemskerk (NED) | 406 |
| 15. | van der Geest Saskia  | 73 | 08-021 | 14.20 | 25m | 12-1-89  | Heemskerk (NED) | 399 |
| 15. | Stam Vanessa          | 80 | 08-021 | 14.20 | 25m | 13-3-97  | Heemskerk (NED) | 399 |
| 17. | van Ballegooie Simone | 84 | 08-021 | 14.26 | 25m | 29-3-01  | Heemskerk (NED) | 394 |
| 18. | Groen Anne            | 95 | 08-021 | 14.32 | 25m | 30-6-11  | Heemskerk (NED) | 389 |
| 19. | Kleijne Daisy         | 89 | 08-021 | 14.33 | 25m | 27-4-06  | Heemskerk       | 388 |
| 20. | Kramer Miranda        | 80 | 08-021 | 14.34 | 25m | 4-5-00   | Heemskerk (NED) | 388 |
| 21. | van Rookhuizen Sieta  | 79 | 08-021 | 14.35 | 25m | 4-5-00   | Heemskerk (NED) | 387 |
| 22. | Vink Marjolein        | 93 | 08-021 | 14.37 | 25m | 29-5-08  | Heemskerk (NED) | 385 |
| 23. | Stam Sabrina          | 82 | 08-021 | 14.40 | 25m | 12-2-98  | Heemskerk (NED) | 383 |
| 24. | Stins Mariska         | 84 | 08-021 | 14.42 | 25m | 29-5-08  | Heemskerk (NED) | 381 |
| 25. | Hogema Fabiën         | 93 | 08-021 | 14.43 | 25m | 19-4-07  | Heemskerk (NED) | 380 |

**50 vrije slag**

|     |                         |    |        |       |     |          |                   |     |
|-----|-------------------------|----|--------|-------|-----|----------|-------------------|-----|
| 1.  | Kingma Danae            | 00 | 08-021 | 26.92 | 25m | 29-1-16  | Amsterdam (NED)   | 617 |
| 2.  | Schelvis Femke          | 84 | 08-021 | 27.68 | 25m | 7-11-04  | IJmuiden (NED)    | 568 |
| 3.  | Smit Sanne              | 01 | 08-021 | 27.94 | 25m | 17-11-18 | Hoofddorp (NED)   | 552 |
| 4.  | Drubers Mirjam          | 67 | 08-021 | 28.20 | 25m | 31-12-84 |                   | 537 |
| 5.  | de Groot Daniëlle       | 93 | 08-021 | 28.39 | 25m | 21-6-08  | Alkmaar (NED)     | 526 |
| 6.  | Koster Lisa             | 94 | 08-021 | 28.40 | 50m | 13-6-08  | Drachten (NED)    | 578 |
| 7.  | Broek Jade              | 97 | 08-021 | 28.47 | 25m | 6-12-15  | Purmerend (NED)   | 522 |
| 8.  | Palmboom Nicole         | 91 | 08-021 | 28.58 | 25m | 23-3-08  | Haarlem (NED)     | 516 |
| 9.  | Groen Anne              | 95 | 08-021 | 28.77 | 25m | 13-10-16 | Heemskerk (NED)   | 506 |
| 10. | Crok Linda              | 94 | 08-021 | 28.99 | 25m | 24-4-11  | Haarlem (NED)     | 494 |
| 11. | Meijer Sylvia           | 81 | 08-021 | 29.10 | 25m | 6-4-97   | Heemskerk (NED)   | 489 |
| 12. | Vink Lidewij            | 90 | 08-021 | 29.17 | 25m | 29-5-08  | Heemskerk (NED)   | 485 |
| 13. | Hoekstra Eline          | 03 | 08-021 | 29.20 | 25m | 11-11-17 | Hoofddorp (NED)   | 484 |
| 14. | Siemerink Laura         | 04 | 08-021 | 29.37 | 25m | 17-11-18 | Hoofddorp (NED)   | 475 |
| 15. | Hoek Daniëlle           | 88 | 08-021 | 29.49 | 25m | 28-12-04 | Maastricht (NED)  | 470 |
| 16. | van de Poll Marianne    | 89 | 08-021 | 29.52 | 25m | 29-1-04  | Heemskerk (NED)   | 468 |
| 17. | Kleijne Daisy           | 89 | 08-021 | 29.57 | 25m | 13-4-09  | Haarlem (NED)     | 466 |
| 18. | van Rijn-Hofwegen Wilma | 71 | 08-021 | 29.61 | 25m | 1-12-13  | Vlaardingen (NED) | 464 |
| 19. | Wentink Yara            | 04 | 08-021 | 29.71 | 25m | 17-11-18 | Hoofddorp (NED)   | 459 |
| 20. | Schuyt Simone           | 75 | 08-021 | 29.80 | 25m | 22-1-89  | Zaandam (NED)     | 455 |
| 20. | Hulshof Saskia          | 73 | 08-021 | 29.80 | 25m | 11-3-90  | Heemskerk (NED)   | 455 |
| 22. | Vink Marjolein          | 93 | 08-021 | 29.88 | 25m | 8-4-07   | Haarlem (NED)     | 451 |
| 23. | Verbree Bets            | 63 | 08-021 | 29.90 | 25m | 5-4-81   | Heemskerk (NED)   | 451 |
| 23. | van der Kroft Nicole    | 84 | 08-021 | 29.90 | 25m | 27-9-01  | Heemskerk         | 451 |

50 vrije slag (sinds 25)

|                 |    |        |       |     |         |               |     |
|-----------------|----|--------|-------|-----|---------|---------------|-----|
| 25. Koper Fiona | 01 | 08-021 | 30.05 | 25m | 17-6-18 | Alkmaar (NED) | 444 |
|-----------------|----|--------|-------|-----|---------|---------------|-----|

100 vrije slag

|                          |    |        |         |     |          |                         |     |
|--------------------------|----|--------|---------|-----|----------|-------------------------|-----|
| 1. Kingma Danae          | 00 | 08-021 | 58.38   | 25m | 18-3-18  | Purmerend (NED)         | 637 |
| 2. Schelvis Femke        | 84 | 08-021 | 59.32   | 25m | 9-1-05   | Zuidoost Beemster (NED) | 607 |
| 3. Smit Sanne            | 01 | 08-021 | 1:00.87 | 25m | 24-11-18 | Hoofddorp (NED)         | 562 |
| 4. Koster Lisa           | 94 | 08-021 | 1:01.06 | 25m | 11-5-08  | Purmerend (NED)         | 557 |
| 5. Drubers Mirjam        | 67 | 08-021 | 1:01.60 | 25m | 15-12-84 | Hilversum (NED)         | 542 |
| 6. Broek Jade            | 97 | 08-021 | 1:01.74 | 25m | 18-11-17 | Hoofddorp (NED)         | 539 |
| 7. Crok Linda            | 94 | 08-021 | 1:02.01 | 25m | 3-4-11   | Zaandam (NED)           | 532 |
| 8. de Groot Daniëlle     | 93 | 08-021 | 1:02.13 | 25m | 11-5-08  | Purmerend (NED)         | 529 |
| 9. Groen Anne            | 95 | 08-021 | 1:02.91 | 25m | 18-12-16 | Heemskerk (NED)         | 509 |
| 10. Meijer Sylvia        | 81 | 08-021 | 1:03.20 | 25m | 5-4-98   | Heemskerk (NED)         | 502 |
| 11. Wentink Yara         | 04 | 08-021 | 1:03.47 | 25m | 2-12-18  | Zaandam (NED)           | 496 |
| 12. Hoekstra Eline       | 03 | 08-021 | 1:03.69 | 25m | 24-11-18 | Hoofddorp (NED)         | 491 |
| 13. van der Kroft Nicole | 84 | 08-021 | 1:03.76 | 25m | 10-12-00 | Heemskerk (NED)         | 489 |
| 14. Palmboom Nicole      | 91 | 08-021 | 1:03.79 | 25m | 9-3-08   | Heemskerk (NED)         | 488 |
| 15. Vink Lidewij         | 90 | 08-021 | 1:04.70 | 25m | 30-10-05 | Amsterdam (NED)         | 468 |
| 16. Hoek Daniëlle        | 88 | 08-021 | 1:05.01 | 25m | 28-12-04 | Maastricht (NED)        | 461 |
| 16. Kleijne Daisy        | 89 | 08-021 | 1:05.01 | 25m | 28-3-05  | Haarlem (NED)           | 461 |
| 18. Crok Annemarie       | 89 | 08-021 | 1:05.34 | 25m | 27-11-11 | Heemskerk (NED)         | 454 |
| 19. van 't Veer Iris     | 03 | 08-021 | 1:05.39 | 25m | 4-2-18   | Purmerend (NED)         | 453 |
| 20. Mallon Danique       | 94 | 08-021 | 1:05.55 | 25m | 5-4-10   | Haarlem (NED)           | 450 |
| 21. Schelvis Roos        | 86 | 08-021 | 1:05.56 | 25m | 12-12-99 | Heemskerk (NED)         | 450 |
| 22. Verbree Bets         | 63 | 08-021 | 1:05.70 | 25m | 19-12-81 | Hilversum (NED)         | 447 |
| 22. Hulshof Saskia       | 73 | 08-021 | 1:05.70 | 25m | 5-11-89  | Heemskerk (NED)         | 447 |
| 24. Vink Marjolein       | 93 | 08-021 | 1:05.86 | 25m | 9-4-07   | Haarlem (NED)           | 444 |
| 25. Stam Vanessa         | 80 | 08-021 | 1:05.90 | 25m | 12-4-98  | Haarlem (NED)           | 443 |

200 vrije slag

|                          |    |        |         |     |          |                  |     |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Schelvis Femke        | 84 | 08-021 | 2:07.73 | 25m | 25-11-99 | Heemskerk        | 646 |
| 2. Kingma Danae          | 00 | 08-021 | 2:10.58 | 25m | 12-4-18  | Heemskerk (NED)  | 604 |
| 3. Smit Sanne            | 01 | 08-021 | 2:13.76 | 25m | 16-3-17  | Heemskerk (NED)  | 562 |
| 4. Drubers Mirjam        | 67 | 08-021 | 2:15.30 | 25m | 31-12-85 |                  | 543 |
| 5. Koster Lisa           | 94 | 08-021 | 2:16.81 | 50m | 14-6-08  | Drachten (NED)   | 563 |
| 6. Broek Jade            | 97 | 08-021 | 2:17.18 | 25m | 18-11-18 | Hoofddorp (NED)  | 521 |
| 7. Crok Linda            | 94 | 08-021 | 2:17.72 | 25m | 2-10-11  | Heemskerk (NED)  | 515 |
| 8. de Groot Daniëlle     | 93 | 08-021 | 2:17.81 | 25m | 10-5-08  | Purmerend (NED)  | 514 |
| 9. Groen Anne            | 95 | 08-021 | 2:17.96 | 25m | 13-11-16 | Purmerend (NED)  | 512 |
| 10. Vink Lidewij         | 90 | 08-021 | 2:19.09 | 25m | 12-2-06  | Zaandam (NED)    | 500 |
| 11. Hoekstra Eline       | 03 | 08-021 | 2:19.38 | 25m | 29-10-17 | Den Helder (NED) | 497 |
| 12. Hoek Daniëlle        | 88 | 08-021 | 2:20.46 | 25m | 22-3-12  | Heemskerk (NED)  | 485 |
| 13. Stel Serena          | 98 | 08-021 | 2:21.69 | 25m | 18-4-10  | Zaandam (NED)    | 473 |
| 14. Palmboom Nicole      | 91 | 08-021 | 2:22.48 | 25m | 1-3-08   | Hoor (NED)       | 465 |
| 15. Verbree Bets         | 63 | 08-021 | 2:22.60 | 25m | 7-2-82   |                  | 464 |
| 16. Schelvis Roos        | 86 | 08-021 | 2:23.28 | 25m | 26-9-02  | Heemskerk        | 457 |
| 17. Mallon Danique       | 94 | 08-021 | 2:23.87 | 25m | 3-10-10  | Zaandam (NED)    | 452 |
| 18. van der Kroft Nicole | 84 | 08-021 | 2:24.05 | 25m | 30-11-00 | Heemskerk (NED)  | 450 |
| 19. van 't Veer Iris     | 03 | 08-021 | 2:24.51 | 25m | 12-4-18  | Heemskerk (NED)  | 446 |
| 20. Kleijne Daisy        | 89 | 08-021 | 2:24.52 | 25m | 13-3-05  | Amsterdam (NED)  | 446 |
| 21. Wentink Yara         | 04 | 08-021 | 2:24.63 | 25m | 2-12-18  | Zaandam (NED)    | 445 |

200 vrije slag (sinds 22)

|                          |    |        |         |     |          |                 |     |
|--------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 22. Meijer Sylvia        | 81 | 08-021 | 2:24.70 | 25m | 11-12-97 | Heemskerk (NED) | 444 |
| 23. Crok Annemarie       | 89 | 08-021 | 2:25.47 | 25m | 13-11-11 | Zaandam (NED)   | 437 |
| 24. van der Gracht Anouk | 89 | 08-021 | 2:25.68 | 25m | 25-11-07 | Amsterdam (NED) | 435 |
| 25. Hulshof Saskia       | 73 | 08-021 | 2:25.80 | 25m | 28-2-90  |                 | 434 |

250 vrije slag

|                  |    |        |         |    |         |                     |  |
|------------------|----|--------|---------|----|---------|---------------------|--|
| 1. Stel Kaylin   | 01 | 08-021 | 5:19.71 | OW | 6-9-09  | Vlissingen (NED)    |  |
| 2. de Wildt Maud | 05 | 08-021 | 6:09.15 | OW | 26-7-14 | Anna-Paulowna (NED) |  |

300 vrije slag

|                          |    |        |         |     |          |                  |     |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Schelvis Femke        | 84 | 08-021 | 3:27.55 | 25m | 17-12-04 | Drachten (NED)   | 573 |
| 2. Crok Linda            | 94 | 08-021 | 3:38.23 | 25m | 25-4-11  | Haarlem (NED)    | 493 |
| 3. Vink Lidewij          | 90 | 08-021 | 3:40.07 | 25m | 18-5-06  | Heemskerk (NED)  | 481 |
| 4. Hoekstra Eline        | 03 | 08-021 | 3:41.56 | 25m | 25-11-18 | Hoofddorp (NED)  | 471 |
| 5. Broek Jade            | 97 | 08-021 | 3:44.41 | 25m | 4-10-15  | Purmerend (NED)  | 453 |
| 6. Hoek Daniëlle         | 88 | 08-021 | 3:47.20 | 25m | 18-5-06  | Heemskerk (NED)  | 437 |
| 7. Stel Serena           | 98 | 08-021 | 3:50.73 | 25m | 29-1-10  | Heerenveen (NED) | 417 |
| 8. Koster Lisa           | 94 | 08-021 | 3:50.85 | 50m | 17-5-08  | Beverwijk (NED)  | 433 |
| 9. Palmboom Nicole       | 91 | 08-021 | 3:51.10 | 25m | 18-5-06  | Heemskerk (NED)  | 415 |
| 10. van de Poll Marianne | 89 | 08-021 | 3:51.98 | 25m | 29-4-04  | Heemskerk (NED)  | 410 |
| 11. Groen Anne           | 95 | 08-021 | 3:52.00 | 25m | 25-4-11  | Haarlem (NED)    | 410 |
| 12. van der Gracht Anouk | 89 | 08-021 | 3:52.29 | 25m | 18-5-13  | Purmerend (NED)  | 409 |
| 13. de Groot Daniëlle    | 93 | 08-021 | 3:55.78 | 50m | 11-4-08  | Antwerpen (BEL)  | 406 |
| 14. Kleijne Daisy        | 89 | 08-021 | 3:56.50 | 25m | 29-4-04  | Heemskerk (NED)  | 387 |
| 15. Teufer Irene         | 96 | 08-021 | 3:58.28 | 25m | 30-3-08  | Zaandam (NED)    | 379 |
| 16. Stins Mariska        | 84 | 08-021 | 4:01.45 | 25m | 29-4-04  | Heemskerk (NED)  | 364 |
| 17. Koopman Anitra       | 89 | 08-021 | 4:02.06 | 25m | 29-4-04  | Heemskerk (NED)  | 361 |
| 18. Meijer Sylvia        | 81 | 08-021 | 4:02.20 | 25m | 19-4-98  | Zaandam (NED)    | 361 |
| 19. Buur Naomi           | 01 | 08-021 | 4:02.95 | 25m | 7-6-14   | Purmerend (NED)  | 357 |
| 20. Essers Sanne         | 91 | 08-021 | 4:05.80 | 25m | 14-10-07 | Zaandam (NED)    | 345 |
| 21. Wentink Yara         | 04 | 08-021 | 4:05.83 | 25m | 19-5-18  | Purmerend (NED)  | 345 |
| 22. de Ruijter Linda     | 87 | 08-021 | 4:07.06 | 25m | 29-4-04  | Heemskerk (NED)  | 340 |
| 23. Mallon Danique       | 94 | 08-021 | 4:08.45 | 25m | 14-10-07 | Zaandam (NED)    | 334 |
| 24. Hogema Fabiën        | 93 | 08-021 | 4:13.63 | 25m | 18-5-06  | Heemskerk (NED)  | 314 |
| 25. Butter Anouk         | 82 | 08-021 | 4:14.06 | 25m | 29-4-04  | Heemskerk (NED)  | 312 |

400 vrije slag

|                       |    |        |         |     |          |                 |     |
|-----------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Schelvis Femke     | 84 | 08-021 | 4:32.44 | 25m | 14-11-04 | Heemskerk (NED) | 637 |
| 2. Crok Linda         | 94 | 08-021 | 4:50.50 | 25m | 25-4-11  | Haarlem (NED)   | 526 |
| 3. Vink Lidewij       | 90 | 08-021 | 4:54.59 | 25m | 18-5-06  | Heemskerk (NED) | 504 |
| 4. Drubers Mirjam     | 67 | 08-021 | 4:55.60 | 25m | 26-1-86  | Castricum (NED) | 499 |
| 5. Hoekstra Eline     | 03 | 08-021 | 4:57.62 | 25m | 25-11-18 | Hoofddorp (NED) | 489 |
| 6. Smit Sanne         | 01 | 08-021 | 4:58.85 | 25m | 26-11-17 | Amsterdam (NED) | 483 |
| 7. Hoek Daniëlle      | 88 | 08-021 | 5:01.12 | 25m | 18-5-06  | Heemskerk (NED) | 472 |
| 8. Groen Anne         | 95 | 08-021 | 5:01.68 | 25m | 1-10-17  | Purmerend (NED) | 469 |
| 9. Koster Lisa        | 94 | 08-021 | 5:02.29 | 25m | 18-11-07 | Alkmaar (NED)   | 466 |
| 10. Broek Jade        | 97 | 08-021 | 5:04.72 | 25m | 4-10-15  | Purmerend (NED) | 455 |
| 11. de Groot Daniëlle | 93 | 08-021 | 5:05.33 | 25m | 12-5-08  | Purmerend (NED) | 453 |
| 12. Stel Serena       | 98 | 08-021 | 5:06.13 | 25m | 28-3-10  | Zeist (NED)     | 449 |
| 13. Schelvis Roos     | 86 | 08-021 | 5:06.22 | 25m | 30-5-02  | Heemskerk       | 449 |

400 vrije slag (sinds 14)

|     |                      |    |        |         |     |         |                 |     |
|-----|----------------------|----|--------|---------|-----|---------|-----------------|-----|
| 14. | van 't Veer Iris     | 03 | 08-021 | 5:08.15 | 25m | 2-4-18  | Haarlem (NED)   | 440 |
| 15. | Wentink Yara         | 04 | 08-021 | 5:08.51 | 25m | 4-11-18 | Alkmaar (NED)   | 439 |
| 16. | Palmboom Nicole      | 91 | 08-021 | 5:08.81 | 25m | 18-5-06 | Heemskerk (NED) | 437 |
| 17. | Stam Vanessa         | 80 | 08-021 | 5:09.30 | 25m | 22-2-98 | Zaandam (NED)   | 435 |
| 18. | Kleijne Daisy        | 89 | 08-021 | 5:10.46 | 25m | 1-5-05  | Zaandam (NED)   | 431 |
| 19. | van der Gracht Anouk | 89 | 08-021 | 5:11.00 | 25m | 31-5-07 | Heemskerk (NED) | 428 |
| 20. | van de Poll Marianne | 89 | 08-021 | 5:12.47 | 25m | 9-6-03  | Z.o. Beemster   | 422 |
| 21. | de Haan Shira        | 00 | 08-021 | 5:13.43 | 25m | 17-4-17 | Haarlem (NED)   | 418 |
| 22. | Hulshof Saskia       | 73 | 08-021 | 5:15.40 | 25m | 11-3-90 | Heemskerk (NED) | 411 |
| 23. | Verbree Bets         | 63 | 08-021 | 5:15.70 | 25m | 5-4-81  | Heemskerk (NED) | 409 |
| 24. | Besse Karen          | 75 | 08-021 | 5:16.50 | 25m | 10-3-91 | Heemskerk (NED) | 406 |
| 24. | Limmen Karin         | 76 | 08-021 | 5:16.50 | 25m | 24-4-93 |                 | 406 |

500 vrije slag

|    |                |    |        |          |    |         |                      |  |
|----|----------------|----|--------|----------|----|---------|----------------------|--|
| 1. | Stel Serena    | 98 | 08-021 | 7:26.55  | OW | 2-8-09  | Hoom (NED)           |  |
| 2. | Bos Marieke    | 06 | 08-021 | 8:31.18  | OW | 23-7-16 | Amstelveen (NED)     |  |
| 3. | Koopman Anitra | 89 | 08-021 | 8:51.08  | OW | 23-7-00 | Amsterdam (NED)      |  |
| 4. | Buur Naomi     | 01 | 08-021 | 9:10.10  | OW | 1-9-12  | Wilhelminadorp (NED) |  |
| 5. | Vink Marjolein | 93 | 08-021 | 9:22.60  | OW | 27-8-05 | Tilburg (NED)        |  |
| 6. | de Wildt Maud  | 05 | 08-021 | 11:57.51 | OW | 18-7-15 | Amstelveen (NED)     |  |
| 7. | Buur Cindy     | 99 | 08-021 | 14:05.57 | OW | 23-7-11 | Anna-Paulowna (NED)  |  |

800 vrije slag

|     |                      |    |        |          |     |          |                 |     |
|-----|----------------------|----|--------|----------|-----|----------|-----------------|-----|
| 1.  | Schelvis Femke       | 84 | 08-021 | 9:32.54  | 25m | 28-2-99  | Zaandam (NED)   | 586 |
| 2.  | Crok Linda           | 94 | 08-021 | 10:11.36 | 25m | 16-10-11 | Zaandam (NED)   | 481 |
| 3.  | Vink Lidewij         | 90 | 08-021 | 10:13.37 | 25m | 1-4-06   | Zaandam (NED)   | 477 |
| 4.  | Stel Serena          | 98 | 08-021 | 10:13.69 | 25m | 28-3-10  | Zeist (NED)     | 476 |
| 5.  | Hoek Daniëlle        | 88 | 08-021 | 10:19.78 | 25m | 17-10-04 | Zaandam (NED)   | 462 |
| 6.  | Kingma Danae         | 00 | 08-021 | 10:34.87 | 25m | 19-10-14 | Zaandam (NED)   | 430 |
| 7.  | Kleijne Daisy        | 89 | 08-021 | 10:35.32 | 25m | 1-4-06   | Zaandam (NED)   | 429 |
| 8.  | Stam Vanessa         | 80 | 08-021 | 10:36.50 | 25m | 22-2-98  | Zaandam (NED)   | 427 |
| 9.  | Smit Sanne           | 01 | 08-021 | 10:36.60 | 25m | 8-10-17  | Alkmaar (NED)   | 426 |
| 10. | Koster Lisa          | 94 | 08-021 | 10:39.38 | 25m | 9-12-07  | Zaandam (NED)   | 421 |
| 11. | Teufer Irene         | 96 | 08-021 | 10:41.66 | 25m | 30-3-08  | Zaandam (NED)   | 416 |
| 12. | van der Gracht Anouk | 89 | 08-021 | 10:43.54 | 25m | 3-2-08   | Zaandam (NED)   | 413 |
| 13. | Schelvis Roos        | 86 | 08-021 | 10:47.23 | 25m | 4-11-01  | Heemskerk       | 406 |
| 14. | Essers Sanne         | 91 | 08-021 | 10:56.82 | 25m | 27-10-07 | Barneveld (NED) | 388 |
| 15. | Limmen Karin         | 76 | 08-021 | 11:00.20 | 25m | 12-4-92  | Heemstede (NED) | 382 |
| 16. | Groen Anne           | 95 | 08-021 | 11:03.36 | 25m | 16-10-11 | Zaandam (NED)   | 377 |
| 17. | Besse Karen          | 75 | 08-021 | 11:03.90 | 25m | 6-6-91   | Heemskerk       | 376 |
| 18. | van Rookhuizen Sieta | 79 | 08-021 | 11:04.30 | 25m | 14-4-94  | Heemskerk       | 375 |
| 19. | de Groot Daniëlle    | 93 | 08-021 | 11:05.30 | 25m | 9-12-07  | Zaandam (NED)   | 374 |
| 20. | de Boer Irene        | 84 | 08-021 | 11:09.32 | 25m | 5-11-00  | Zaandam (NED)   | 367 |
| 21. | Kramer Miranda       | 80 | 08-021 | 11:10.60 | 25m | 22-2-98  | Zaandam (NED)   | 365 |
| 22. | Mallon Danique       | 94 | 08-021 | 11:12.78 | 25m | 9-12-07  | Zaandam (NED)   | 361 |
| 23. | Hulshof Saskia       | 73 | 08-021 | 11:15.20 | 25m | 22-4-90  | Heemstede (NED) | 357 |
| 24. | Stins Mariska        | 84 | 08-021 | 11:18.69 | 25m | 5-11-00  | Zaandam (NED)   | 352 |
| 25. | van der Kroft Nicole | 84 | 08-021 | 11:20.64 | 25m | 26-10-03 | Zaandam         | 349 |

**1000 vrije slag**

|                         |    |        |          |    |         |                       |
|-------------------------|----|--------|----------|----|---------|-----------------------|
| 1. Vink Lidewij         | 90 | 08-021 | 14:29.79 | OW | 8-7-06  | Oss (NED)             |
| 2. Crok Linda           | 94 | 08-021 | 14:29.84 | OW | 10-7-10 | Wijk en Aalburg (NED) |
| 3. Crok Annemarie       | 89 | 08-021 | 14:53.23 | OW | 25-7-10 | Langedijk (NED)       |
| 4. Essers Sanne         | 91 | 08-021 | 14:54.95 | OW | 23-7-06 | Langedijk (NED)       |
| 5. van der Gracht Anouk | 89 | 08-021 | 14:55.47 | OW | 5-7-09  | Bodegraven (NED)      |
| 6. Kleijne Daisy        | 89 | 08-021 | 14:59.73 | OW | 5-7-09  | Bodegraven (NED)      |
| 7. Koopman Anitra       | 89 | 08-021 | 15:11.73 | OW | 24-6-01 | Breukelen (NED)       |
| 8. de Ruijter Linda     | 87 | 08-021 | 15:40.56 | OW | 8-7-01  | Amsterdam (NED)       |
| 9. van Staveren Marina  | 78 | 08-021 | 15:45.07 | OW | 4-8-13  | Amstelveen (NED)      |
| 10. Kramer Miranda      | 80 | 08-021 | 15:51.40 | OW | 2-7-95  | Veghel (NED)          |
| 11. Hermans Liesbeth    | 66 | 08-021 | 15:56.50 | OW | 14-6-81 | Amstelveen (NED)      |
| 12. Butter Anouk        | 82 | 08-021 | 15:59.15 | OW | 11-6-05 | Gorinchem (NED)       |
| 13. Visser Kelly        | 89 | 08-021 | 16:23.59 | OW | 16-6-01 | Spaarnwoude (NED)     |
| 14. Oudendijk Bianca    | 79 | 08-021 | 16:34.50 | OW | 12-7-94 | Harderwijk (NED)      |
| 15. Hogema Fabiën       | 93 | 08-021 | 16:38.77 | OW | 2-7-06  | Bodegraven (NED)      |
| 16. Meijer Sylvia       | 81 | 08-021 | 16:39.40 | OW | 2-7-95  | Veghel (NED)          |
| 17. Smid Diane          | 65 | 08-021 | 16:39.99 | OW | 26-8-07 | Oosterhout (NED)      |
| 18. Stins Mariska       | 84 | 08-021 | 16:43.50 | OW | 12-7-98 | Amsterdam (NED)       |
| 19. Heus Pauline        | 78 | 08-021 | 16:45.90 | OW | 4-8-13  | Amstelveen (NED)      |
| 20. de Haan Shira       | 00 | 08-021 | 16:59.66 | OW | 26-8-17 | Eindhoven (NED)       |
| 21. Vink Marjolein      | 93 | 08-021 | 17:04.18 | OW | 5-7-08  | Oss (NED)             |
| 22. van Giezen Corina   | 68 | 08-021 | 17:05.00 | OW | 17-6-84 | Amstelveen (NED)      |
| 23. Visser Stacey       | 87 | 08-021 | 17:16.95 | OW | 16-6-01 | Spaarnwoude (NED)     |
| 24. Windmuller Wendy    | 69 | 08-021 | 17:20.80 | OW | 30-6-83 | Amstelveen (NED)      |
| 25. van Leeuwen Andrea  | 71 | 08-021 | 17:28.00 | OW | 17-6-84 | Amstelveen (NED)      |

**1250 vrije slag**

|                |    |        |          |    |         |             |
|----------------|----|--------|----------|----|---------|-------------|
| 1. Bos Marieke | 06 | 08-021 | 22:34.57 | OW | 21-7-18 | Hoorl (NED) |
|----------------|----|--------|----------|----|---------|-------------|

**1500 vrije slag**

|                          |    |        |          |     |          |                 |     |
|--------------------------|----|--------|----------|-----|----------|-----------------|-----|
| 1. Schelvis Femke        | 84 | 08-021 | 19:04.76 | 25m | 23-1-00  | Heemskerk (NED) | 518 |
| 2. Crok Linda            | 94 | 08-021 | 19:23.75 | 25m | 4-12-11  | Zaandam (NED)   | 493 |
| 3. Vink Lidewij          | 90 | 08-021 | 19:28.97 | 25m | 12-1-06  | Heemskerk (NED) | 487 |
| 4. Hoek Daniëlle         | 88 | 08-021 | 20:03.26 | 25m | 14-11-04 | Heemskerk (NED) | 446 |
| 5. Kleijne Daisy         | 89 | 08-021 | 20:17.52 | 25m | 12-1-06  | Heemskerk (NED) | 431 |
| 6. Schelvis Roos         | 86 | 08-021 | 20:20.21 | 25m | 4-11-01  | Heemskerk       | 428 |
| 7. van der Gracht Anouk  | 89 | 08-021 | 20:26.00 | 25m | 3-2-08   | Zaandam (NED)   | 422 |
| 8. Smit Sanne            | 01 | 08-021 | 20:34.89 | 50m | 15-4-18  | Alkmaar (NED)   | 420 |
| 9. de Groot Daniëlle     | 93 | 08-021 | 21:01.65 | 25m | 9-12-07  | Zaandam (NED)   | 387 |
| 10. de Boer Irene        | 84 | 08-021 | 21:16.67 | 25m | 23-1-00  | Heemskerk (NED) | 373 |
| 11. Limmen Karin         | 76 | 08-021 | 21:25.00 | 25m | 7-2-93   | Volendam (NED)  | 366 |
| 12. Groen Anne           | 95 | 08-021 | 21:38.25 | 25m | 19-12-10 | Zaandam (NED)   | 355 |
| 13. Stins Mariska        | 84 | 08-021 | 21:41.94 | 25m | 4-1-01   | Heemskerk (NED) | 352 |
| 14. Kramer Miranda       | 80 | 08-021 | 21:44.13 | 25m | 11-2-01  | Zaandam (NED)   | 350 |
| 15. Essers Sanne         | 91 | 08-021 | 21:45.01 | 25m | 3-12-06  | Zaandam (NED)   | 350 |
| 16. van de Poll Marianne | 89 | 08-021 | 21:47.89 | 25m | 16-11-03 | Heemskerk (NED) | 347 |
| 17. Koopman Anitra       | 89 | 08-021 | 21:53.80 | 25m | 16-2-03  | Zaandam         | 343 |
| 18. de Ruijter Linda     | 87 | 08-021 | 21:56.67 | 25m | 1-12-02  | Heemskerk       | 340 |
| 19. Crok Annemarie       | 89 | 08-021 | 22:14.20 | 25m | 16-11-03 | Heemskerk (NED) | 327 |
| 20. Besse Karen          | 75 | 08-021 | 22:20.60 | 25m | 29-12-88 | Heemskerk (NED) | 322 |
| 21. van Rookhuizen Sieta | 79 | 08-021 | 22:21.97 | 25m | 23-1-00  | Heemskerk (NED) | 321 |

1500 vrije slag (sinds 22)

|                       |    |        |          |     |         |                 |     |
|-----------------------|----|--------|----------|-----|---------|-----------------|-----|
| 22. Zonneveld Chantal | 84 | 08-021 | 22:25.85 | 25m | 23-1-00 | Heemskerk (NED) | 319 |
| 23. Wentink Yara      | 04 | 08-021 | 22:30.05 | 50m | 15-4-18 | Alkmaar (NED)   | 322 |
| 24. Visser Kelly      | 89 | 08-021 | 22:30.91 | 25m | 10-2-02 | Zaandam         | 315 |
| 25. Buur Naomi        | 01 | 08-021 | 22:49.10 | 25m | 9-2-14  | Zaandam (NED)   | 303 |

2000 vrije slag

|                          |    |        |          |     |         |                   |     |
|--------------------------|----|--------|----------|-----|---------|-------------------|-----|
| 1. Schelvis Femke        | 84 | 08-021 | 25:28.90 | 25m | 5-3-00  | Zaandam (NED)     | 515 |
| 2. Crok Linda            | 94 | 08-021 | 26:17.78 | 25m | 13-2-11 | Zaandam (NED)     | 469 |
| 3. van de Poll Marianne  | 89 | 08-021 | 26:56.35 | 25m | 7-3-04  | Zaandam           | 436 |
| 4. Vink Lidewij          | 90 | 08-021 | 27:03.36 | 25m | 28-1-07 | Zaandam (NED)     | 431 |
| 5. Hoek Daniëlle         | 88 | 08-021 | 27:21.57 | 25m | 7-3-04  | Zaandam           | 416 |
| 6. van der Gracht Anouk  | 89 | 08-021 | 27:22.08 | 25m | 3-2-08  | Zaandam (NED)     | 416 |
| 7. Kleijne Daisy         | 89 | 08-021 | 27:32.48 | 25m | 1-3-09  | Zaandam (NED)     | 408 |
| 8. Essers Sanne          | 91 | 08-021 | 28:04.76 | 25m | 28-1-07 | Zaandam (NED)     | 385 |
| 9. Schelvis Roos         | 86 | 08-021 | 28:08.75 | 25m | 10-2-02 | Zaandam           | 382 |
| 10. Kramer Miranda       | 80 | 08-021 | 29:04.76 | 25m | 11-2-01 | Zaandam (NED)     | 347 |
| 11. Stins Mariska        | 84 | 08-021 | 29:08.81 | 25m | 5-3-00  | Zaandam (NED)     | 344 |
| 12. de Ruijter Linda     | 87 | 08-021 | 29:15.39 | 25m | 16-2-03 | Zaandam           | 340 |
| 13. Crok Annemarie       | 89 | 08-021 | 29:24.89 | 25m | 7-3-04  | Zaandam           | 335 |
| 14. van Rookhuizen Sieta | 79 | 08-021 | 29:42.03 | 25m | 5-3-00  | Zaandam (NED)     | 325 |
| 15. Groen Anne           | 95 | 08-021 | 29:43.90 | 25m | 13-2-11 | Zaandam (NED)     | 324 |
| 16. Butter Anouk         | 82 | 08-021 | 30:35.49 | OW  | 20-6-04 | Spaarnwoude (NED) |     |
| 17. Niesten Iris         | 92 | 08-021 | 32:20.51 | 25m | 28-1-07 | Zaandam (NED)     | 252 |
| 18. Palmboom Nicole      | 91 | 08-021 | 32:20.54 | OW  | 5-7-09  | Bodegraven (NED)  |     |
| 19. Vink Marjolein       | 93 | 08-021 | 34:07.78 | OW  | 15-6-08 | Spaarnwoude (NED) |     |
| 20. Boekling Annette     | 85 | 08-021 | 34:19.25 | 25m | 5-3-00  | Zaandam (NED)     | 211 |
| 21. Heus Pauline         | 78 | 08-021 | 35:03.55 | OW  | 4-8-13  | Amstelveen (NED)  |     |
| 22. Oudendijk Bianca     | 79 | 08-021 | 50:45.90 | OW  | 6-7-96  | Oss (NED)         |     |
| 23. van der Eng Laura    | 80 | 08-021 | 50:47.00 | OW  | 6-7-96  | Oss (NED)         |     |

2500 vrije slag

|                         |    |        |          |    |         |                   |  |
|-------------------------|----|--------|----------|----|---------|-------------------|--|
| 1. Schelvis Femke       | 84 | 08-021 | 33:53.31 | OW | 26-6-04 | Scheerwolde (NED) |  |
| 2. Vink Lidewij         | 90 | 08-021 | 36:34.47 | OW | 9-7-05  | Oss (NED)         |  |
| 3. Crok Linda           | 94 | 08-021 | 37:25.63 | OW | 25-7-10 | Langedijk (NED)   |  |
| 4. van der Gracht Anouk | 89 | 08-021 | 39:11.50 | OW | 4-7-09  | Oss (NED)         |  |
| 5. Butter Anouk         | 82 | 08-021 | 42:59.56 | OW | 10-7-04 | Oss (NED)         |  |
| 6. Essers Sanne         | 91 | 08-021 | 45:43.56 | OW | 22-7-07 | Langedijk (NED)   |  |

3000 vrije slag

|                         |    |        |          |    |         |                       |  |
|-------------------------|----|--------|----------|----|---------|-----------------------|--|
| 1. Schelvis Femke       | 84 | 08-021 | 42:18.93 | OW | 19-6-04 | Vriezenveen (NED)     |  |
| 2. Vink Lidewij         | 90 | 08-021 | 44:59.59 | OW | 15-7-06 | Wijk en Aalburg (NED) |  |
| 3. Crok Linda           | 94 | 08-021 | 45:46.47 | OW | 10-7-10 | Wijk en Aalburg (NED) |  |
| 4. van der Gracht Anouk | 89 | 08-021 | 48:05.75 | OW | 29-8-09 | Tilburg (NED)         |  |
| 5. Kleijne Daisy        | 89 | 08-021 | 48:41.41 | OW | 19-7-08 | Anna-Paulowna (NED)   |  |
| 6. Essers Sanne         | 91 | 08-021 | 48:59.81 | OW | 21-7-07 | Anna-Paulowna (NED)   |  |
| 7. Heus Pauline         | 78 | 08-021 | 50:50.35 | OW | 7-9-13  | Eindhoven (NED)       |  |
| 8. van Rookhuizen Sieta | 79 | 08-021 | 51:49.00 | OW | 2-7-95  | Veghel (NED)          |  |

4000 vrije slag

**5000 vrije slag**

|                         |    |        |            |    |         |                   |
|-------------------------|----|--------|------------|----|---------|-------------------|
| 1. Schelvis Femke       | 84 | 08-021 | 1:10:50.81 | OW | 4-7-04  | Sluis (NED)       |
| 2. Crok Linda           | 94 | 08-021 | 1:18:13.04 | OW | 20-6-10 | Spaarnwoude (NED) |
| 3. van der Gracht Anouk | 89 | 08-021 | 1:22:18.67 | OW | 16-8-08 | Heerjansdam (NED) |

**6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

|                             |    |        |       |     |         |                 |     |
|-----------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Schelvis Femke           | 84 | 08-021 | 15.10 | 25m | 15-1-98 | Heemskerk (NED) | 512 |
| 2. Meijer Sylvia            | 81 | 08-021 | 15.90 | 25m | 13-2-97 | Heemskerk (NED) | 438 |
| 3. Hulshof Saskia           | 73 | 08-021 | 16.00 | 25m | 12-1-89 | Heemskerk (NED) | 430 |
| 4. Palmboom Nicole          | 91 | 08-021 | 16.02 | 25m | 19-4-07 | Heemskerk (NED) | 428 |
| 5. Schelvis Roos            | 86 | 08-021 | 16.39 | 25m | 17-2-00 | Heemskerk (NED) | 400 |
| 6. Meijer Linda             | 77 | 08-021 | 16.40 | 25m | 16-5-91 | Heemskerk (NED) | 399 |
| 6. Kramer Miranda           | 80 | 08-021 | 16.40 | 25m | 15-1-98 | Heemskerk (NED) | 399 |
| 8. Kleijne Daisy            | 89 | 08-021 | 16.57 | 25m | 27-4-06 | Heemskerk       | 387 |
| 9. Mallon Danique           | 94 | 08-021 | 16.78 | 25m | 29-5-08 | Heemskerk (NED) | 373 |
| 10. Stins Mariska           | 84 | 08-021 | 16.86 | 25m | 19-4-07 | Heemskerk (NED) | 367 |
| 11. Stam Sabrina            | 82 | 08-021 | 16.90 | 25m | 15-1-98 | Heemskerk (NED) | 365 |
| 11. Vink Lidewij            | 90 | 08-021 | 16.90 | 25m | 19-4-07 | Heemskerk (NED) | 365 |
| 13. Crok Linda              | 94 | 08-021 | 16.95 | 25m | 29-5-08 | Heemskerk (NED) | 361 |
| 14. Schuyt Simone           | 75 | 08-021 | 17.00 | 25m | 12-1-89 | Heemskerk (NED) | 358 |
| 15. van Ballegooie Stefanie | 86 | 08-021 | 17.07 | 25m | 22-2-01 | Heemskerk (NED) | 354 |
| 16. Koster Lisa             | 94 | 08-021 | 17.13 | 25m | 19-4-07 | Heemskerk (NED) | 350 |
| 17. van der Kroft Nicole    | 84 | 08-021 | 17.20 | 25m | 13-2-97 | Heemskerk (NED) | 346 |
| 17. Stam Vanessa            | 80 | 08-021 | 17.20 | 25m | 15-1-98 | Heemskerk (NED) | 346 |
| 19. Hoek Daniëlle           | 88 | 08-021 | 17.26 | 25m | 29-5-08 | Heemskerk (NED) | 342 |
| 20. Besse Karen             | 75 | 08-021 | 17.40 | 25m | 12-1-89 | Heemskerk (NED) | 334 |
| 20. Bruin Adri              | 74 | 08-021 | 17.40 | 25m | 12-1-89 | Heemskerk (NED) | 334 |
| 20. de Groot Daniëlle       | 93 | 08-021 | 17.40 | 25m | 19-4-07 | Heemskerk (NED) | 334 |
| 23. Crok Annemarie          | 89 | 08-021 | 17.44 | 25m | 27-4-06 | Heemskerk       | 332 |
| 24. Boekling Annette        | 85 | 08-021 | 17.45 | 25m | 22-2-01 | Heemskerk (NED) | 331 |
| 25. Zonneveld Chantal       | 84 | 08-021 | 17.48 | 25m | 22-2-01 | Heemskerk (NED) | 330 |

**50 rugslag**

|                         |    |        |       |     |          |                         |     |
|-------------------------|----|--------|-------|-----|----------|-------------------------|-----|
| 1. Kingma Danae         | 00 | 08-021 | 31.06 | 25m | 30-12-17 | Leeuwarden (NED)        | 564 |
| 2. Broek Jade           | 97 | 08-021 | 31.43 | 25m | 1-10-17  | Purmerend (NED)         | 544 |
| 3. Kleijne Daisy        | 89 | 08-021 | 32.44 | 25m | 5-3-06   | Purmerend (NED)         | 495 |
| 4. Koper Fiona          | 01 | 08-021 | 32.46 | 25m | 15-2-18  | Heemskerk (NED)         | 494 |
| 5. Schelvis Femke       | 84 | 08-021 | 32.93 | 25m | 14-11-99 | Zaandam (NED)           | 473 |
| 6. Hoekstra Eline       | 03 | 08-021 | 33.27 | 25m | 19-5-18  | Purmerend (NED)         | 459 |
| 7. Palmboom Nicole      | 91 | 08-021 | 33.39 | 25m | 29-12-07 | Maastricht (NED)        | 454 |
| 8. van 't Veer Iris     | 03 | 08-021 | 33.54 | 25m | 15-2-18  | Heemskerk (NED)         | 448 |
| 9. Koster Lisa          | 94 | 08-021 | 33.96 | 25m | 13-12-07 | Heemskerk (NED)         | 431 |
| 10. Groen Anne          | 95 | 08-021 | 34.04 | 25m | 2-10-16  | Purmerend (NED)         | 428 |
| 11. Hulshof Saskia      | 73 | 08-021 | 34.10 | 25m | 30-6-88  | Heemskerk (NED)         | 426 |
| 12. Crok Linda          | 94 | 08-021 | 34.25 | 25m | 3-3-13   | Purmerend (NED)         | 421 |
| 13. Siemerink Laura     | 04 | 08-021 | 34.28 | 25m | 16-9-18  | Alkmaar (NED)           | 419 |
| 14. ten Bokkel Henriëke | 94 | 08-021 | 34.33 | 25m | 12-4-18  | Heemskerk (NED)         | 418 |
| 15. Smit Sanne          | 01 | 08-021 | 34.37 | 25m | 15-2-15  | Purmerend (NED)         | 416 |
| 16. Kramer Miranda      | 80 | 08-021 | 34.40 | 25m | 5-4-98   | Heemskerk (NED)         | 415 |
| 17. Meijer Sylvia       | 81 | 08-021 | 34.50 | 25m | 26-1-97  | Zuidoost Beemster (NED) | 411 |
| 18. Schelvis Roos       | 86 | 08-021 | 34.63 | 25m | 16-4-00  | Almelo (NED)            | 407 |
| 19. Wentink Yara        | 04 | 08-021 | 34.69 | 25m | 7-10-18  | Purmerend (NED)         | 405 |
| 20. Meijer Linda        | 77 | 08-021 | 34.70 | 25m | 17-2-94  | Heemskerk               | 404 |
| 21. Mallon Danique      | 94 | 08-021 | 34.73 | 25m | 22-5-10  | Purmerend (NED)         | 403 |
| 22. Buur Naomi          | 01 | 08-021 | 34.76 | 25m | 18-2-16  | Heemskerk (NED)         | 402 |
| 23. Vink Lidewij        | 90 | 08-021 | 34.96 | 25m | 5-3-06   | Purmerend (NED)         | 395 |
| 24. Jongema Helena      | 80 | 08-021 | 35.08 | 25m | 16-3-08  | Amersfoort (NED)        | 391 |
| 25. Stins Mariska       | 84 | 08-021 | 35.29 | 25m | 7-6-03   | Z.o. Beemster           | 384 |

**100 rugslag**

|                          |    |        |         |     |          |                   |     |
|--------------------------|----|--------|---------|-----|----------|-------------------|-----|
| 1. Broek Jade            | 97 | 08-021 | 1:07.20 | 25m | 8-10-17  | Alkmaar (NED)     | 549 |
| 2. Kingma Danae          | 00 | 08-021 | 1:07.40 | 25m | 1-10-17  | Purmerend (NED)   | 544 |
| 3. Schelvis Femke        | 84 | 08-021 | 1:09.10 | 25m | 28-11-04 | Heemskerk (NED)   | 505 |
| 4. Kleijne Daisy         | 89 | 08-021 | 1:11.62 | 25m | 16-4-06  | Haarlem (NED)     | 453 |
| 5. Koper Fiona           | 01 | 08-021 | 1:11.99 | 25m | 17-6-18  | Alkmaar (NED)     | 446 |
| 6. Hoekstra Eline        | 03 | 08-021 | 1:12.03 | 25m | 18-3-18  | Purmerend (NED)   | 445 |
| 7. Crok Linda            | 94 | 08-021 | 1:12.23 | 25m | 17-11-11 | Heemskerk (NED)   | 442 |
| 8. van 't Veer Iris      | 03 | 08-021 | 1:12.48 | 25m | 1-4-18   | Haarlem (NED)     | 437 |
| 9. Hulshof Saskia        | 73 | 08-021 | 1:12.60 | 25m | 7-1-89   | Hilversum (NED)   | 435 |
| 10. Meijer Sylvia        | 81 | 08-021 | 1:13.00 | 25m | 30-3-97  | Haarlem (NED)     | 428 |
| 11. Koster Lisa          | 94 | 08-021 | 1:13.07 | 25m | 17-11-07 | Barneveld (NED)   | 427 |
| 12. Schelvis Roos        | 86 | 08-021 | 1:13.34 | 25m | 16-4-00  | Almelo (NED)      | 422 |
| 13. Groen Anne           | 95 | 08-021 | 1:13.36 | 25m | 15-1-17  | Alkmaar (NED)     | 422 |
| 14. Smit Sanne           | 01 | 08-021 | 1:13.59 | 25m | 10-1-16  | Purmerend (NED)   | 418 |
| 15. Mallon Danique       | 94 | 08-021 | 1:14.20 | 25m | 4-11-10  | Heemskerk (NED)   | 407 |
| 16. Kramer Miranda       | 80 | 08-021 | 1:14.70 | 25m | 30-3-97  | Haarlem (NED)     | 399 |
| 17. Wentink Yara         | 04 | 08-021 | 1:14.96 | 25m | 4-11-18  | Alkmaar (NED)     | 395 |
| 18. Poppema Yvonne       | 68 | 08-021 | 1:15.10 | 25m | 12-2-84  | Heemskerk (NED)   | 393 |
| 19. van der Kroft Nicole | 84 | 08-021 | 1:15.16 | 25m | 15-4-01  | Haarlem (NED)     | 392 |
| 20. de Graaf Annemiek    | 70 | 08-021 | 1:15.30 | 25m | 31-12-86 |                   | 390 |
| 21. Jongema Helena       | 80 | 08-021 | 1:15.36 | 25m | 3-5-08   | Winterswijk (NED) | 389 |
| 22. Meijer Linda         | 77 | 08-021 | 1:15.80 | 25m | 8-9-91   | Assendelft (NED)  | 382 |
| 23. Zonneveld Chantal    | 84 | 08-021 | 1:16.21 | 25m | 28-3-02  | Heemskerk         | 376 |
| 24. Buur Naomi           | 01 | 08-021 | 1:16.29 | 25m | 27-3-16  | Haarlem (NED)     | 375 |
| 25. Stins Mariska        | 84 | 08-021 | 1:16.36 | 25m | 9-11-03  | Zaandam           | 374 |

**200 rugslag**

|                          |    |        |         |     |          |                         |     |
|--------------------------|----|--------|---------|-----|----------|-------------------------|-----|
| 1. Schelvis Femke        | 84 | 08-021 | 2:26.44 | 25m | 10-10-99 | Zaandam (NED)           | 539 |
| 2. Kingma Danae          | 00 | 08-021 | 2:27.57 | 25m | 18-3-18  | Purmerend (NED)         | 527 |
| 3. Broek Jade            | 97 | 08-021 | 2:31.31 | 25m | 4-2-18   | Purmerend (NED)         | 489 |
| 4. van 't Veer Iris      | 03 | 08-021 | 2:35.95 | 25m | 14-1-18  | Purmerend (NED)         | 446 |
| 5. Crok Linda            | 94 | 08-021 | 2:36.36 | 25m | 11-4-10  | Zaandam (NED)           | 443 |
| 6. Groen Anne            | 95 | 08-021 | 2:36.81 | 25m | 12-2-17  | Purmerend (NED)         | 439 |
| 7. Koper Fiona           | 01 | 08-021 | 2:37.77 | 25m | 18-3-18  | Purmerend (NED)         | 431 |
| 8. Kleijne Daisy         | 89 | 08-021 | 2:38.20 | 25m | 10-4-05  | Zuidoost-Beemster (NED) | 428 |
| 9. de Graaf Annemiek     | 70 | 08-021 | 2:39.30 | 25m | 13-4-86  |                         | 419 |
| 10. Schelvis Roos        | 86 | 08-021 | 2:39.57 | 25m | 19-11-00 | Zaandam (NED)           | 417 |
| 11. Hoekstra Eline       | 03 | 08-021 | 2:40.35 | 25m | 14-1-18  | Purmerend (NED)         | 411 |
| 12. Smit Sanne           | 01 | 08-021 | 2:40.69 | 25m | 18-3-18  | Purmerend (NED)         | 408 |
| 13. van der Kroft Nicole | 84 | 08-021 | 2:40.92 | 25m | 14-12-00 | Heemskerk (NED)         | 406 |
| 14. Palmboom Nicole      | 91 | 08-021 | 2:41.16 | 25m | 9-3-08   | Heemskerk (NED)         | 404 |
| 15. Stel Serena          | 98 | 08-021 | 2:41.22 | 25m | 21-3-10  | Zaandam (NED)           | 404 |
| 16. Wentink Yara         | 04 | 08-021 | 2:42.13 | 25m | 21-10-18 | Purmerend (NED)         | 397 |
| 17. Meijer Sylvia        | 81 | 08-021 | 2:42.31 | 25m | 24-9-98  | Heemskerk (NED)         | 396 |
| 18. Hulshof Saskia       | 73 | 08-021 | 2:42.50 | 25m | 4-11-89  |                         | 394 |
| 19. Koster Lisa          | 94 | 08-021 | 2:42.59 | 25m | 21-10-07 | Zaandam (NED)           | 394 |
| 20. Crok Annemarie       | 89 | 08-021 | 2:42.61 | 25m | 14-3-04  | Zaandam                 | 394 |
| 21. Mallon Danique       | 94 | 08-021 | 2:42.74 | 25m | 11-4-10  | Zaandam (NED)           | 393 |
| 22. Poppema Yvonne       | 68 | 08-021 | 2:43.10 | 25m | 31-12-83 |                         | 390 |
| 23. Kramer Miranda       | 80 | 08-021 | 2:43.40 | 25m | 10-10-96 | Heemskerk (NED)         | 388 |
| 24. Vink Lidewij         | 90 | 08-021 | 2:43.41 | 25m | 9-3-08   | Heemskerk (NED)         | 388 |
| 25. Petit Kirsten        | 00 | 08-021 | 2:43.44 | 25m | 18-3-18  | Purmerend (NED)         | 388 |

**500 rugslag**

|                         |    |        |         |    |        |           |  |
|-------------------------|----|--------|---------|----|--------|-----------|--|
| 1. van der Gracht Anouk | 89 | 08-021 | 8:56.86 | OW | 7-7-07 | Oss (NED) |  |
|-------------------------|----|--------|---------|----|--------|-----------|--|

**25 schoolslag**

|                          |    |        |       |     |         |                 |     |
|--------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Palmboom Nicole       | 91 | 08-021 | 17.22 | 25m | 27-4-06 | Heemskerk       | 462 |
| 2. Kramer Miranda        | 80 | 08-021 | 17.60 | 25m | 19-3-98 | Heemskerk (NED) | 433 |
| 3. van Honk Chantal      | 80 | 08-021 | 17.80 | 25m | 16-5-91 | Heemskerk (NED) | 419 |
| 3. van Rookhuizen Sieta  | 79 | 08-021 | 17.80 | 25m | 13-3-97 | Heemskerk (NED) | 419 |
| 5. de Groot Daniëlle     | 93 | 08-021 | 17.83 | 25m | 29-5-08 | Heemskerk (NED) | 416 |
| 6. Hulshof Saskia        | 73 | 08-021 | 17.90 | 25m | 12-1-89 | Heemskerk (NED) | 412 |
| 6. Stam Vanessa          | 80 | 08-021 | 17.90 | 25m | 13-3-97 | Heemskerk (NED) | 412 |
| 8. van der Geest Saskia  | 73 | 08-021 | 18.10 | 25m | 12-1-89 | Heemskerk (NED) | 398 |
| 9. Hogema Fabiën         | 93 | 08-021 | 18.32 | 25m | 19-4-07 | Heemskerk (NED) | 384 |
| 10. van der Kroft Nicole | 84 | 08-021 | 18.40 | 25m | 13-3-97 | Heemskerk (NED) | 379 |
| 11. van der Gracht Anouk | 89 | 08-021 | 18.41 | 25m | 27-4-06 | Heemskerk       | 378 |
| 12. Koster Lisa          | 94 | 08-021 | 18.50 | 25m | 19-4-07 | Heemskerk (NED) | 373 |
| 13. Schelvis Femke       | 84 | 08-021 | 18.60 | 25m | 19-3-98 | Heemskerk (NED) | 367 |
| 14. Schelvis Roos        | 86 | 08-021 | 18.63 | 25m | 22-2-01 | Heemskerk (NED) | 365 |
| 15. Crok Linda           | 94 | 08-021 | 18.68 | 25m | 29-5-08 | Heemskerk (NED) | 362 |
| 16. Boekling Annette     | 85 | 08-021 | 18.72 | 25m | 22-2-01 | Heemskerk (NED) | 360 |
| 17. Vink Lidewij         | 90 | 08-021 | 18.88 | 25m | 19-4-07 | Heemskerk (NED) | 351 |
| 18. Stins Mariska        | 84 | 08-021 | 18.89 | 25m | 25-3-99 | Heemskerk (NED) | 350 |
| 19. Crok Annemarie       | 89 | 08-021 | 19.04 | 25m | 27-4-06 | Heemskerk       | 342 |
| 20. Vink Marjolein       | 93 | 08-021 | 19.06 | 25m | 19-4-07 | Heemskerk (NED) | 341 |
| 21. Schuyt Simone        | 75 | 08-021 | 19.10 | 25m | 12-1-89 | Heemskerk (NED) | 339 |

25 schoolslag (sinds 22)

|                      |    |        |       |     |         |                 |     |
|----------------------|----|--------|-------|-----|---------|-----------------|-----|
| 21. Stam Sabrina     | 82 | 08-021 | 19.10 | 25m | 13-3-97 | Heemskerk (NED) | 339 |
| 23. Besse Karen      | 75 | 08-021 | 19.40 | 25m | 12-1-89 | Heemskerk (NED) | 323 |
| 23. Beentjes Nicolet | 80 | 08-021 | 19.40 | 25m | 14-3-96 | Heemskerk (NED) | 323 |
| 25. de Boer Irene    | 84 | 08-021 | 19.43 | 25m | 25-3-99 | Heemskerk (NED) | 322 |

50 schoolslag

|                          |    |        |       |     |          |                         |     |
|--------------------------|----|--------|-------|-----|----------|-------------------------|-----|
| 1. Kingma Danae          | 00 | 08-021 | 34.17 | 25m | 13-11-16 | Purmerend (NED)         | 588 |
| 2. Broek Jade            | 97 | 08-021 | 36.51 | 25m | 13-11-16 | Purmerend (NED)         | 482 |
| 3. van Honk Chantal      | 80 | 08-021 | 37.00 | 50m | 21-3-93  | Beverwijk (NED)         | 501 |
| 4. Palmboom Nicole       | 91 | 08-021 | 37.64 | 25m | 30-12-07 | Maastricht (NED)        | 440 |
| 5. de Haan Shira         | 00 | 08-021 | 38.14 | 25m | 7-10-18  | Purmerend (NED)         | 423 |
| 6. van der Geest Saskia  | 73 | 08-021 | 38.90 | 25m | 31-12-88 |                         | 399 |
| 7. Kramer Miranda        | 80 | 08-021 | 38.91 | 25m | 16-4-00  | Almelo (NED)            | 398 |
| 8. Stam Vanessa          | 80 | 08-021 | 39.00 | 25m | 26-1-97  | Zuidoost Beemster (NED) | 396 |
| 9. de Groot Daniëlle     | 93 | 08-021 | 39.29 | 25m | 10-2-08  | Purmerend (NED)         | 387 |
| 10. Crok Linda           | 94 | 08-021 | 39.33 | 25m | 3-3-13   | Purmerend (NED)         | 386 |
| 11. van Rookhuizen Sieta | 79 | 08-021 | 39.42 | 25m | 24-9-98  | Heemskerk (NED)         | 383 |
| 12. Groen Anne           | 95 | 08-021 | 39.62 | 25m | 16-3-17  | Heemskerk (NED)         | 377 |
| 13. Hoekstra Eline       | 03 | 08-021 | 39.99 | 25m | 1-4-18   | Haarlem (NED)           | 367 |
| 14. Koster Lisa          | 94 | 08-021 | 40.10 | 25m | 30-12-07 | Maastricht (NED)        | 364 |
| 15. Schelvis Femke       | 84 | 08-021 | 40.22 | 25m | 25-11-04 | Heemskerk (NED)         | 361 |
| 16. Koper Fiona          | 01 | 08-021 | 40.24 | 25m | 12-4-18  | Heemskerk (NED)         | 360 |
| 17. van 't Veer Iris     | 03 | 08-021 | 40.31 | 25m | 12-4-18  | Heemskerk (NED)         | 358 |
| 18. van der Kroft Nicole | 84 | 08-021 | 40.32 | 25m | 17-3-02  | Zaandam                 | 358 |
| 19. Hulshof Saskia       | 73 | 08-021 | 40.40 | 25m | 14-12-88 |                         | 356 |
| 20. Vink Lidewij         | 90 | 08-021 | 40.57 | 25m | 5-3-06   | Purmerend (NED)         | 351 |
| 21. Crok Annemarie       | 89 | 08-021 | 40.71 | 25m | 15-11-09 | Haarlem (NED)           | 348 |
| 22. van der Gracht Anouk | 89 | 08-021 | 40.72 | 25m | 8-4-07   | Haarlem (NED)           | 347 |
| 23. Schelvis Roos        | 86 | 08-021 | 40.77 | 25m | 3-12-00  | Zaandam (NED)           | 346 |
| 24. Siemerink Laura      | 04 | 08-021 | 40.82 | 25m | 4-11-18  | Alkmaar (NED)           | 345 |
| 25. Smit Sanne           | 01 | 08-021 | 40.95 | 25m | 15-2-15  | Purmerend (NED)         | 342 |

100 schoolslag

|                          |    |        |         |     |          |                 |     |
|--------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Kingma Danae          | 00 | 08-021 | 1:16.62 | 25m | 13-11-16 | Purmerend (NED) | 539 |
| 2. van Honk Chantal      | 80 | 08-021 | 1:19.80 | 25m | 13-12-92 | Heemskerk (NED) | 477 |
| 3. Broek Jade            | 97 | 08-021 | 1:19.98 | 25m | 11-11-17 | Hoofddorp (NED) | 473 |
| 4. Drubers Mirjam        | 67 | 08-021 | 1:20.90 | 25m | 31-12-85 |                 | 458 |
| 5. de Haan Shira         | 00 | 08-021 | 1:21.89 | 25m | 7-10-18  | Purmerend (NED) | 441 |
| 6. Palmboom Nicole       | 91 | 08-021 | 1:22.16 | 25m | 25-11-07 | Amsterdam (NED) | 437 |
| 7. van der Geest Saskia  | 73 | 08-021 | 1:22.60 | 25m | 7-2-88   | Heemskerk (NED) | 430 |
| 8. Stam Vanessa          | 80 | 08-021 | 1:24.30 | 25m | 7-11-96  | Heemskerk (NED) | 404 |
| 9. van Rookhuizen Sieta  | 79 | 08-021 | 1:24.87 | 25m | 5-4-99   | Haarlem (NED)   | 396 |
| 9. de Groot Daniëlle     | 93 | 08-021 | 1:24.87 | 25m | 27-3-08  | Heemskerk (NED) | 396 |
| 11. Kramer Miranda       | 80 | 08-021 | 1:25.00 | 25m | 13-4-98  | Haarlem (NED)   | 394 |
| 12. Crok Linda           | 94 | 08-021 | 1:25.35 | 25m | 1-10-17  | Purmerend (NED) | 390 |
| 13. Hoekstra Eline       | 03 | 08-021 | 1:25.81 | 25m | 7-10-18  | Purmerend (NED) | 383 |
| 14. Teufer Irene         | 96 | 08-021 | 1:25.82 | 25m | 24-3-08  | Haarlem (NED)   | 383 |
| 15. Schelvis Femke       | 84 | 08-021 | 1:25.84 | 25m | 28-1-99  | Heemskerk (NED) | 383 |
| 16. van der Kroft Nicole | 84 | 08-021 | 1:25.98 | 25m | 28-3-02  | Heemskerk       | 381 |
| 17. Groen Anne           | 95 | 08-021 | 1:26.47 | 25m | 13-10-16 | Heemskerk (NED) | 375 |
| 18. Stam Sabrina         | 82 | 08-021 | 1:26.50 | 25m | 14-12-97 | Heemskerk (NED) | 374 |

**100 schoolslag (sinds 19)**

|                      |    |        |         |     |          |                  |     |
|----------------------|----|--------|---------|-----|----------|------------------|-----|
| 19. van 't Veer Iris | 03 | 08-021 | 1:26.58 | 25m | 9-11-17  | Heemskerk (NED)  | 373 |
| 20. Schelvis Roos    | 86 | 08-021 | 1:26.96 | 25m | 28-3-02  | Heemskerk        | 368 |
| 21. Crok Annemarie   | 89 | 08-021 | 1:27.24 | 25m | 19-11-09 | Heemskerk (NED)  | 365 |
| 22. Peters Yvonne    | 63 | 08-021 | 1:27.40 | 25m | 6-10-85  | Wormerveer (NED) | 363 |
| 23. Koster Lisa      | 94 | 08-021 | 1:28.10 | 25m | 17-11-07 | Barneveld (NED)  | 354 |
| 24. van Galen Angela | 65 | 08-021 | 1:28.20 | 25m | 14-3-82  |                  | 353 |
| 25. Mallon Danique   | 94 | 08-021 | 1:28.39 | 25m | 14-3-10  | Heemskerk (NED)  | 351 |

**200 schoolslag**

|                         |    |        |         |     |          |                         |     |
|-------------------------|----|--------|---------|-----|----------|-------------------------|-----|
| 1. Kingma Danae         | 00 | 08-021 | 2:53.96 | 25m | 4-10-15  | Purmerend (NED)         | 462 |
| 2. de Haan Shira        | 00 | 08-021 | 2:54.99 | 25m | 15-1-17  | Alkmaar (NED)           | 454 |
| 3. van Honk Chantal     | 80 | 08-021 | 2:55.20 | 25m | 9-1-93   | Zuidoost Beemster (NED) | 453 |
| 4. Broek Jade           | 97 | 08-021 | 2:57.88 | 25m | 12-2-17  | Purmerend (NED)         | 432 |
| 5. van der Geest Saskia | 73 | 08-021 | 2:58.90 | 25m | 31-12-88 |                         | 425 |
| 6. Stam Vanessa         | 80 | 08-021 | 2:59.80 | 25m | 6-4-97   | Heemskerk (NED)         | 419 |
| 7. van Rookhuizen Sieta | 79 | 08-021 | 3:02.04 | 25m | 10-10-99 | Zaandam (NED)           | 403 |
| 8. van der Kroft Nicole | 84 | 08-021 | 3:02.41 | 25m | 25-1-01  | Heemskerk (NED)         | 401 |
| 9. Kramer Miranda       | 80 | 08-021 | 3:02.52 | 25m | 27-1-00  | Heemskerk (NED)         | 400 |
| 10. Palmboom Nicole     | 91 | 08-021 | 3:02.96 | 25m | 13-12-07 | Heemskerk (NED)         | 397 |
| 11. de Groot Daniëlle   | 93 | 08-021 | 3:04.53 | 25m | 9-3-08   | Heemskerk (NED)         | 387 |
| 12. Schelvis Femke      | 84 | 08-021 | 3:05.36 | 25m | 3-10-04  | Heemskerk (NED)         | 382 |
| 13. Crok Linda          | 94 | 08-021 | 3:05.44 | 25m | 19-1-14  | Zaandam (NED)           | 382 |
| 14. Crok Annemarie      | 89 | 08-021 | 3:05.90 | 25m | 16-1-11  | Zaandam (NED)           | 379 |
| 15. Hoekstra Eline      | 03 | 08-021 | 3:06.31 | 25m | 18-3-18  | Purmerend (NED)         | 376 |
| 16. Teufer Irene        | 96 | 08-021 | 3:06.47 | 25m | 20-1-08  | Zaandam (NED)           | 375 |
| 17. Schelvis Roos       | 86 | 08-021 | 3:07.13 | 25m | 21-11-99 | Heemskerk (NED)         | 371 |
| 18. Smit Sanne          | 01 | 08-021 | 3:08.36 | 25m | 12-3-17  | Purmerend (NED)         | 364 |
| 19. Vink Lidewij        | 90 | 08-021 | 3:08.43 | 25m | 27-10-05 | Heemskerk (NED)         | 364 |
| 20. van 't Veer Iris    | 03 | 08-021 | 3:08.59 | 25m | 29-10-17 | Den Helder (NED)        | 363 |
| 21. van Galen Angela    | 65 | 08-021 | 3:09.00 | 25m | 5-4-81   | Heemskerk (NED)         | 360 |
| 22. Niesten Iris        | 92 | 08-021 | 3:09.37 | 25m | 5-10-08  | Heemskerk (NED)         | 358 |
| 23. Vink Marjolein      | 93 | 08-021 | 3:10.04 | 25m | 18-11-07 | Alkmaar (NED)           | 355 |
| 24. Niesten Annet       | 62 | 08-021 | 3:11.10 | 25m | 7-5-78   | Assendelft (NED)        | 349 |
| 25. Mallon Danique      | 94 | 08-021 | 3:11.53 | 25m | 25-3-10  | Heemskerk (NED)         | 346 |

**500 schoolslag**

|                         |    |        |          |    |         |                   |
|-------------------------|----|--------|----------|----|---------|-------------------|
| 1. Vink Marjolein       | 93 | 08-021 | 8:55.64  | OW | 4-8-07  | Hoor (NED)        |
| 2. Niesten Iris         | 92 | 08-021 | 9:15.25  | OW | 19-8-06 | Bussloo (NED)     |
| 3. Hogema Fabiën        | 93 | 08-021 | 9:17.26  | OW | 17-6-07 | Spaarnwoude (NED) |
| 4. Palmboom Nicole      | 91 | 08-021 | 9:24.22  | OW | 7-7-07  | Oss (NED)         |
| 5. van der Gracht Anouk | 89 | 08-021 | 9:24.99  | OW | 8-7-06  | Oss (NED)         |
| 6. Essers Sanne         | 91 | 08-021 | 9:55.46  | OW | 7-7-07  | Oss (NED)         |
| 7. de Haan Shira        | 00 | 08-021 | 10:22.42 | OW | 26-8-17 | Eindhoven (NED)   |
| 8. Buur Naomi           | 01 | 08-021 | 10:43.20 | OW | 9-8-14  | Heerjansdam (NED) |
| 9. Kleijne Daisy        | 89 | 08-021 | 10:53.79 | OW | 18-8-02 | Eersel (NED)      |
| 10. Buur Cindy          | 99 | 08-021 | 11:05.80 | OW | 17-8-13 | Heerjansdam (NED) |

**800 schoolslag**

**1000 schoolslag**

|                         |    |        |          |    |         |                     |
|-------------------------|----|--------|----------|----|---------|---------------------|
| 1. van der Gracht Anouk | 89 | 08-021 | 19:10.26 | OW | 29-7-06 | Hoon (NED)          |
| 2. Oudendijk Bianca     | 79 | 08-021 | 19:12.90 | OW | 4-9-05  | Vlissingen (NED)    |
| 3. Heus Pauline         | 78 | 08-021 | 19:15.32 | OW | 21-7-13 | Amsterdam (NED)     |
| 4. Niesten Iris         | 92 | 08-021 | 19:48.74 | OW | 4-8-07  | Hoon (NED)          |
| 5. Vink Marjolein       | 93 | 08-021 | 20:29.19 | OW | 13-8-06 | Aalsmeer (NED)      |
| 6. Hogema Fabiën        | 93 | 08-021 | 21:14.37 | OW | 21-7-07 | Anna-Paulowna (NED) |
| 7. Bos Marieke          | 06 | 08-021 | 23:37.46 | OW | 16-9-18 | Anna-Paulowna (NED) |
| 8. Geluk Mabelle        | 73 | 08-021 | 24:19.16 | OW | 11-9-11 | Vught (NED)         |

**1250 schoolslag****1500 schoolslag****2000 schoolslag**

|                         |    |        |          |    |         |                   |
|-------------------------|----|--------|----------|----|---------|-------------------|
| 1. Niesten Iris         | 92 | 08-021 | 36:26.77 | OW | 24-6-07 | Breukelen (NED)   |
| 2. van der Gracht Anouk | 89 | 08-021 | 36:32.33 | OW | 24-6-07 | Breukelen (NED)   |
| 3. Stam Vanessa         | 80 | 08-021 | 36:35.10 | OW | 15-6-97 | Spaarnwoude (NED) |
| 4. van Rookhuizen Sieta | 79 | 08-021 | 36:41.20 | OW | 12-7-98 | Amsterdam (NED)   |
| 5. de Haan Shira        | 00 | 08-021 | 37:10.13 | OW | 23-7-16 | Amstelveen (NED)  |
| 6. Essers Sanne         | 91 | 08-021 | 38:08.54 | OW | 16-7-06 | Stadskanaal (NED) |
| 7. Kramer Miranda       | 80 | 08-021 | 38:12.80 | OW | 18-6-00 | Spaarnwoude (NED) |
| 8. van Galen Angela     | 65 | 08-021 | 38:42.40 | OW | 30-6-82 | Amstelveen (NED)  |
| 9. Rasch Monique        | 66 | 08-021 | 42:12.50 | OW | 30-6-83 | Amstelveen (NED)  |
| 10. van Giezen Sandra   | 63 | 08-021 | 43:16.00 | OW | 14-6-81 | Amstelveen (NED)  |

**2500 schoolslag****3000 schoolslag**

|                         |    |        |            |    |         |                      |
|-------------------------|----|--------|------------|----|---------|----------------------|
| 1. van Rookhuizen Sieta | 79 | 08-021 | 57:26.50   | OW | 5-9-99  | Vlissingen (NED)     |
| 2. van der Gracht Anouk | 89 | 08-021 | 58:40.50   | OW | 22-7-06 | Anna-Paulowna (NED)  |
| 3. Stam Vanessa         | 80 | 08-021 | 58:56.80   | OW | 21-7-97 | Anna-Paulowna (NED)  |
| 4. de Haan Shira        | 00 | 08-021 | 59:23.60   | OW | 2-9-17  | Wilhelminadorp (NED) |
| 5. Niesten Iris         | 92 | 08-021 | 1:08:36.23 | OW | 30-8-08 | Tilburg (NED)        |

**4000 schoolslag****5000 schoolslag**

|                         |    |        |            |    |        |                   |
|-------------------------|----|--------|------------|----|--------|-------------------|
| 1. van Rookhuizen Sieta | 79 | 08-021 | 1:35:09.71 | OW | 7-7-01 | Vriezenveen (NED) |
|-------------------------|----|--------|------------|----|--------|-------------------|

**25 vlinderslag**

|                            |    |        |       |     |          |                   |     |
|----------------------------|----|--------|-------|-----|----------|-------------------|-----|
| 1. Schelvis Femke          | 84 | 08-021 | 13.74 | 25m | 4-5-00   | Heemskerk (NED)   | 540 |
| 2. van Rijn-Hofwegen Wilma | 71 | 08-021 | 14.72 | 25m | 1-12-13  | Vlaardingen (NED) | 439 |
| 3. Crok Annemarie          | 89 | 08-021 | 14.93 | 25m | 30-6-11  | Heemskerk (NED)   | 421 |
| 4. Palmboom Nicole         | 91 | 08-021 | 15.02 | 25m | 19-4-07  | Heemskerk (NED)   | 413 |
| 5. van Staveren Marina     | 78 | 08-021 | 15.06 | 25m | 17-11-11 | Heemskerk (NED)   | 410 |
| 6. de Groot Daniëlle       | 93 | 08-021 | 15.10 | 25m | 29-5-08  | Heemskerk (NED)   | 406 |
| 7. Vink Lidewij            | 90 | 08-021 | 15.14 | 25m | 19-4-07  | Heemskerk (NED)   | 403 |
| 8. van der Kroft Nicole    | 84 | 08-021 | 15.23 | 25m | 29-3-01  | Heemskerk (NED)   | 396 |
| 9. Besse Karen             | 75 | 08-021 | 15.30 | 25m | 12-1-89  | Heemskerk (NED)   | 391 |
| 9. Butter Anouk            | 82 | 08-021 | 15.30 | 25m | 29-3-01  | Heemskerk (NED)   | 391 |
| 9. Stins Mariska           | 84 | 08-021 | 15.30 | 25m | 19-4-07  | Heemskerk (NED)   | 391 |
| 12. Schelvis Roos          | 86 | 08-021 | 15.39 | 25m | 29-3-01  | Heemskerk (NED)   | 384 |
| 13. Hulshof Saskia         | 73 | 08-021 | 15.40 | 25m | 31-12-89 | Heemskerk (NED)   | 383 |
| 13. van der Gracht Anouk   | 89 | 08-021 | 15.40 | 25m | 29-5-08  | Heemskerk (NED)   | 383 |
| 15. Meijer Sylvia          | 81 | 08-021 | 15.41 | 25m | 29-3-01  | Heemskerk (NED)   | 382 |
| 15. Hoek Daniëlle          | 88 | 08-021 | 15.41 | 25m | 30-6-11  | Heemskerk (NED)   | 382 |
| 17. de Boer Irene          | 84 | 08-021 | 15.46 | 25m | 29-3-01  | Heemskerk (NED)   | 379 |
| 18. Koster Lisa            | 94 | 08-021 | 15.51 | 25m | 29-5-08  | Heemskerk (NED)   | 375 |
| 19. Vink Marjolein         | 93 | 08-021 | 15.54 | 25m | 29-5-08  | Heemskerk (NED)   | 373 |
| 19. Kleijne Daisy          | 89 | 08-021 | 15.54 | 25m | 30-6-11  | Heemskerk (NED)   | 373 |
| 21. Meijer Linda           | 77 | 08-021 | 15.60 | 25m | 16-5-91  | Heemskerk (NED)   | 369 |
| 21. Kramer Miranda         | 80 | 08-021 | 15.60 | 25m | 8-2-96   | Heemskerk (NED)   | 369 |
| 23. van Rookhuizen Sieta   | 79 | 08-021 | 15.65 | 25m | 4-5-00   | Heemskerk (NED)   | 365 |
| 24. Essers Sanne           | 91 | 08-021 | 15.68 | 25m | 27-4-06  | Heemskerk         | 363 |
| 25. Stam Sabrina           | 82 | 08-021 | 15.70 | 25m | 15-1-98  | Heemskerk (NED)   | 362 |

**50 vlinderslag**

|                          |    |        |       |     |          |                  |     |
|--------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Kingma Danae          | 00 | 08-021 | 29.36 | 25m | 20-10-17 | Amsterdam (NED)  | 572 |
| 2. Broek Jade            | 97 | 08-021 | 30.60 | 25m | 10-12-15 | Heemskerk (NED)  | 505 |
| 3. Schelvis Femke        | 84 | 08-021 | 30.83 | 25m | 17-10-99 | Zaandam (NED)    | 494 |
| 4. Hoekstra Eline        | 03 | 08-021 | 31.61 | 25m | 25-11-18 | Hoofddorp (NED)  | 458 |
| 5. Palmboom Nicole       | 91 | 08-021 | 31.78 | 50m | 12-4-08  | Antwerpen (BEL)  | 454 |
| 6. de Haan Shira         | 00 | 08-021 | 31.88 | 50m | 28-5-17  | Alkmaar (NED)    | 450 |
| 7. van der Gracht Anouk  | 89 | 08-021 | 31.89 | 25m | 12-12-13 | Heemskerk (NED)  | 446 |
| 8. van de Poll Marianne  | 89 | 08-021 | 32.31 | 25m | 4-4-04   | Zaandam          | 429 |
| 9. Smit Sanne            | 01 | 08-021 | 32.36 | 25m | 29-11-18 | Heemskerk (NED)  | 427 |
| 10. Crok Annemarie       | 89 | 08-021 | 32.37 | 25m | 17-11-11 | Heemskerk (NED)  | 427 |
| 11. Siemerink Laura      | 04 | 08-021 | 32.38 | 25m | 25-11-18 | Hoofddorp (NED)  | 426 |
| 12. Drubers Mirjam       | 67 | 08-021 | 32.50 | 25m | 10-11-85 |                  | 422 |
| 13. Wentink Yara         | 04 | 08-021 | 32.53 | 25m | 1-7-18   | Den Helder (NED) | 420 |
| 14. Groen Anne           | 95 | 08-021 | 32.57 | 25m | 12-2-17  | Purmerend (NED)  | 419 |
| 15. Vink Lidewij         | 90 | 08-021 | 32.65 | 25m | 5-3-06   | Purmerend (NED)  | 416 |
| 16. van der Kroft Nicole | 84 | 08-021 | 32.95 | 25m | 18-12-03 | Heemskerk (NED)  | 405 |
| 17. Verbree Bets         | 63 | 08-021 | 33.00 | 25m | 17-5-81  | Castricum (NED)  | 403 |
| 18. Teufer Irene         | 96 | 08-021 | 33.06 | 50m | 12-4-08  | Antwerpen (BEL)  | 403 |
| 18. Hoek Daniëlle        | 88 | 08-021 | 33.06 | 25m | 19-2-12  | Purmerend (NED)  | 401 |
| 20. van Staveren Marina  | 78 | 08-021 | 33.15 | 25m | 22-3-12  | Heemskerk (NED)  | 397 |
| 21. Koper Fiona          | 01 | 08-021 | 33.19 | 25m | 18-1-18  | Heemskerk (NED)  | 396 |
| 22. Stam Vanessa         | 80 | 08-021 | 33.30 | 25m | 24-5-98  | Zaandam (NED)    | 392 |
| 23. de Groot Daniëlle    | 93 | 08-021 | 33.34 | 25m | 29-12-07 | Maastricht (NED) | 391 |
| 24. Mallon Danique       | 94 | 08-021 | 33.41 | 25m | 23-5-10  | Purmerend (NED)  | 388 |
| 25. Essers Sanne         | 91 | 08-021 | 33.72 | 25m | 28-12-07 | Maastricht (NED) | 377 |

**100 vlinderslag**

|     |                      |    |        |         |     |          |                 |     |
|-----|----------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1.  | Schelvis Femke       | 84 | 08-021 | 1:08.80 | 25m | 10-10-99 | Zaandam (NED)   | 500 |
| 2.  | Kingma Danae         | 00 | 08-021 | 1:09.75 | 25m | 12-2-17  | Purmerend (NED) | 479 |
| 3.  | Broek Jade           | 97 | 08-021 | 1:10.25 | 25m | 18-2-16  | Heemskerk (NED) | 469 |
| 4.  | Drubers Mirjam       | 67 | 08-021 | 1:10.80 | 25m | 31-12-85 |                 | 458 |
| 5.  | Smit Sanne           | 01 | 08-021 | 1:11.71 | 25m | 18-11-18 | Hoofddorp (NED) | 441 |
| 6.  | Hoekstra Eline       | 03 | 08-021 | 1:12.84 | 25m | 18-11-18 | Hoofddorp (NED) | 421 |
| 7.  | Vink Lidewij         | 90 | 08-021 | 1:12.85 | 25m | 10-12-06 | Heemskerk (NED) | 421 |
| 8.  | de Groot Daniëlle    | 93 | 08-021 | 1:13.13 | 25m | 25-11-07 | Amsterdam (NED) | 416 |
| 9.  | Palmboom Nicole      | 91 | 08-021 | 1:13.63 | 25m | 17-11-07 | Barneveld (NED) | 407 |
| 10. | Mallon Danique       | 94 | 08-021 | 1:13.93 | 25m | 23-5-10  | Purmerend (NED) | 403 |
| 10. | van der Gracht Anouk | 89 | 08-021 | 1:13.93 | 25m | 9-3-14   | Zaandam (NED)   | 403 |
| 12. | Crok Annemarie       | 89 | 08-021 | 1:14.05 | 25m | 29-11-09 | Heemskerk (NED) | 401 |
| 13. | Verbree Bets         | 63 | 08-021 | 1:14.50 | 25m | 7-2-82   |                 | 393 |
| 14. | de Haan Shira        | 00 | 08-021 | 1:14.89 | 25m | 12-2-17  | Purmerend (NED) | 387 |
| 15. | Hoek Daniëlle        | 88 | 08-021 | 1:15.40 | 25m | 9-2-12   | Heemskerk (NED) | 379 |
| 16. | van de Poll Marianne | 89 | 08-021 | 1:15.65 | 25m | 14-12-03 | Heemskerk (NED) | 376 |
| 17. | Stins Mariska        | 84 | 08-021 | 1:15.83 | 25m | 27-5-04  | Heemskerk (NED) | 373 |
| 18. | Wentink Yara         | 04 | 08-021 | 1:15.94 | 25m | 2-12-18  | Zaandam (NED)   | 371 |
| 19. | Teufer Irene         | 96 | 08-021 | 1:16.12 | 50m | 13-4-08  | Antwerpen (BEL) | 387 |
| 20. | Groen Anne           | 95 | 08-021 | 1:16.26 | 25m | 2-2-17   | Heemskerk (NED) | 367 |
| 21. | Stam Vanessa         | 80 | 08-021 | 1:16.60 | 25m | 15-12-96 | Heemskerk (NED) | 362 |
| 22. | Essers Sanne         | 91 | 08-021 | 1:16.69 | 25m | 21-10-07 | Zaandam (NED)   | 361 |
| 23. | van der Kroft Nicole | 84 | 08-021 | 1:16.86 | 25m | 14-1-01  | Heemskerk (NED) | 358 |
| 24. | Besse Karen          | 75 | 08-021 | 1:17.20 | 25m | 24-2-91  | Heemskerk (NED) | 353 |
| 25. | Crok Linda           | 94 | 08-021 | 1:17.58 | 25m | 13-11-16 | Purmerend (NED) | 348 |

**200 vlinderslag**

|     |                      |    |        |         |     |          |                 |     |
|-----|----------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1.  | Schelvis Femke       | 84 | 08-021 | 2:35.87 | 25m | 25-11-04 | Heemskerk (NED) | 451 |
| 2.  | Vink Lidewij         | 90 | 08-021 | 2:46.45 | 25m | 21-1-07  | Zaandam (NED)   | 371 |
| 3.  | Mallon Danique       | 94 | 08-021 | 2:48.96 | 25m | 18-2-10  | Heemskerk (NED) | 354 |
| 4.  | Stam Vanessa         | 80 | 08-021 | 2:49.10 | 25m | 29-3-98  | Heemstede (NED) | 353 |
| 5.  | Crok Annemarie       | 89 | 08-021 | 2:49.30 | 25m | 14-3-10  | Heemskerk (NED) | 352 |
| 6.  | Teufer Irene         | 96 | 08-021 | 2:49.76 | 50m | 12-4-08  | Antwerpen (BEL) | 369 |
| 7.  | Palmboom Nicole      | 91 | 08-021 | 2:51.40 | 25m | 31-1-08  | Heemskerk (NED) | 339 |
| 8.  | van der Gracht Anouk | 89 | 08-021 | 2:52.59 | 25m | 9-3-08   | Heemskerk (NED) | 332 |
| 9.  | Verbree Bets         | 63 | 08-021 | 2:54.70 | 25m | 31-12-81 |                 | 320 |
| 10. | Wentink Yara         | 04 | 08-021 | 2:55.31 | 25m | 18-3-18  | Purmerend (NED) | 317 |
| 11. | de Groot Daniëlle    | 93 | 08-021 | 2:56.23 | 25m | 26-5-07  | Purmerend (NED) | 312 |
| 12. | Stins Mariska        | 84 | 08-021 | 2:58.47 | 25m | 15-3-09  | Haarlem (NED)   | 301 |
| 13. | de Haan Shira        | 00 | 08-021 | 2:58.95 | 25m | 12-3-17  | Purmerend (NED) | 298 |
| 14. | van de Poll Marianne | 89 | 08-021 | 2:59.51 | 25m | 7-6-03   | Z.o. Beemster   | 295 |
| 15. | Spijker Kristel      | 84 | 08-021 | 3:01.28 | 25m | 14-3-10  | Heemskerk (NED) | 287 |
| 16. | Hoekstra Eline       | 03 | 08-021 | 3:02.29 | 25m | 27-11-16 | Zaandam (NED)   | 282 |
| 17. | van der Kroft Nicole | 84 | 08-021 | 3:02.96 | 25m | 26-4-01  | Heemskerk (NED) | 279 |
| 18. | Schelvis Roos        | 86 | 08-021 | 3:03.76 | 25m | 20-12-01 | Heemskerk       | 275 |
| 19. | Butter Anouk         | 82 | 08-021 | 3:04.98 | 25m | 26-4-01  | Heemskerk (NED) | 270 |
| 20. | Groen Anne           | 95 | 08-021 | 3:05.24 | 25m | 12-3-17  | Purmerend (NED) | 269 |
| 21. | Meijer Linda         | 77 | 08-021 | 3:06.00 | 25m | 7-2-93   | Volendam (NED)  | 265 |
| 21. | Kleijne Daisy        | 89 | 08-021 | 3:06.00 | 25m | 31-1-08  | Heemskerk (NED) | 265 |
| 23. | Crok Linda           | 94 | 08-021 | 3:06.01 | 25m | 18-2-10  | Heemskerk (NED) | 265 |
| 24. | Stel Serena          | 98 | 08-021 | 3:07.06 | 25m | 18-2-10  | Heemskerk (NED) | 261 |
| 25. | de Ruijter Linda     | 87 | 08-021 | 3:07.60 | 25m | 22-12-02 | Zaandam         | 259 |

**1000 vlinderslag****100 wisselslag**

|                          |    |        |         |     |          |                   |     |
|--------------------------|----|--------|---------|-----|----------|-------------------|-----|
| 1. Kingma Danae          | 00 | 08-021 | 1:07.44 | 25m | 23-12-17 | Hoofddorp (NED)   | 588 |
| 2. Broek Jade            | 97 | 08-021 | 1:09.81 | 25m | 2-1-16   | Hoon (NED)        | 530 |
| 3. Schelvis Femke        | 84 | 08-021 | 1:09.84 | 25m | 18-2-99  | Heemskerk (NED)   | 529 |
| 4. ten Bokkel Henriëke   | 94 | 08-021 | 1:11.34 | 25m | 17-5-18  | Heemskerk (NED)   | 497 |
| 5. Palmboom Nicole       | 91 | 08-021 | 1:12.94 | 25m | 10-2-08  | Purmerend (NED)   | 465 |
| 6. Crok Linda            | 94 | 08-021 | 1:12.98 | 25m | 11-4-10  | Zaandam (NED)     | 464 |
| 7. Groen Anne            | 95 | 08-021 | 1:13.00 | 25m | 2-10-16  | Purmerend (NED)   | 463 |
| 8. Hoekstra Eline        | 03 | 08-021 | 1:13.97 | 25m | 15-10-17 | Alkmaar (NED)     | 445 |
| 9. Koster Lisa           | 94 | 08-021 | 1:13.98 | 25m | 12-5-08  | Purmerend (NED)   | 445 |
| 10. van der Kroft Nicole | 84 | 08-021 | 1:14.28 | 25m | 27-9-01  | Heemskerk         | 440 |
| 11. Schelvis Roos        | 86 | 08-021 | 1:15.00 | 25m | 12-12-99 | Heemskerk (NED)   | 427 |
| 12. Smit Sanne           | 01 | 08-021 | 1:15.06 | 25m | 11-12-16 | Alkmaar (NED)     | 426 |
| 13. de Haan Shira        | 00 | 08-021 | 1:15.07 | 25m | 11-5-17  | Heemskerk (NED)   | 426 |
| 14. de Groot Daniëlle    | 93 | 08-021 | 1:15.39 | 25m | 6-1-08   | Alkmaar (NED)     | 421 |
| 15. Crok Annemarie       | 89 | 08-021 | 1:15.40 | 25m | 19-11-09 | Heemskerk (NED)   | 420 |
| 16. Kramer Miranda       | 80 | 08-021 | 1:15.65 | 25m | 15-11-98 | Zaandam (NED)     | 416 |
| 17. van 't Veer Iris     | 03 | 08-021 | 1:15.66 | 25m | 17-5-18  | Heemskerk (NED)   | 416 |
| 18. Mallon Danique       | 94 | 08-021 | 1:15.90 | 25m | 11-4-10  | Zaandam (NED)     | 412 |
| 19. Kleijne Daisy        | 89 | 08-021 | 1:15.95 | 25m | 30-12-05 | Maastricht (NED)  | 411 |
| 20. Wentink Yara         | 04 | 08-021 | 1:16.09 | 25m | 17-5-18  | Heemskerk (NED)   | 409 |
| 21. Besse Karen          | 75 | 08-021 | 1:16.10 | 25m | 14-3-91  | Heemskerk (NED)   | 409 |
| 22. van der Gracht Anouk | 89 | 08-021 | 1:16.15 | 25m | 20-5-13  | Purmerend (NED)   | 408 |
| 23. Hulshof Saskia       | 73 | 08-021 | 1:16.20 | 25m | 31-12-89 | Heemskerk (NED)   | 407 |
| 24. Vink Lidewij         | 90 | 08-021 | 1:16.36 | 25m | 26-3-06  | Purmerend (NED)   | 405 |
| 25. van Staveren Marina  | 78 | 08-021 | 1:16.71 | 25m | 13-5-12  | Grootebroek (NED) | 399 |

**200 wisselslag**

|                          |    |        |         |     |          |                 |     |
|--------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Schelvis Femke        | 84 | 08-021 | 2:29.81 | 25m | 4-11-99  | Heemskerk (NED) | 538 |
| 2. Kingma Danae          | 00 | 08-021 | 2:30.72 | 25m | 12-2-17  | Purmerend (NED) | 528 |
| 3. Broek Jade            | 97 | 08-021 | 2:35.38 | 25m | 15-11-15 | Purmerend (NED) | 482 |
| 4. Drubers Mirjam        | 67 | 08-021 | 2:35.70 | 25m | 18-5-85  | (NED)           | 479 |
| 5. Groen Anne            | 95 | 08-021 | 2:37.83 | 25m | 12-3-17  | Purmerend (NED) | 460 |
| 6. Crok Linda            | 94 | 08-021 | 2:38.33 | 25m | 24-4-11  | Haarlem (NED)   | 455 |
| 7. Hoekstra Eline        | 03 | 08-021 | 2:38.93 | 25m | 24-11-18 | Hoofddorp (NED) | 450 |
| 8. Palmboom Nicole       | 91 | 08-021 | 2:39.09 | 25m | 13-1-08  | Heemskerk (NED) | 449 |
| 9. Smit Sanne            | 01 | 08-021 | 2:39.42 | 25m | 12-2-17  | Purmerend (NED) | 446 |
| 10. Crok Annemarie       | 89 | 08-021 | 2:40.68 | 25m | 3-4-11   | Zaandam (NED)   | 436 |
| 11. Stam Vanessa         | 80 | 08-021 | 2:41.90 | 25m | 5-4-98   | Heemskerk (NED) | 426 |
| 12. van 't Veer Iris     | 03 | 08-021 | 2:42.47 | 25m | 4-2-18   | Purmerend (NED) | 421 |
| 13. de Haan Shira        | 00 | 08-021 | 2:42.93 | 25m | 12-2-17  | Purmerend (NED) | 418 |
| 14. Kleijne Daisy        | 89 | 08-021 | 2:43.70 | 25m | 9-4-06   | Purmerend (NED) | 412 |
| 15. Vink Lidewij         | 90 | 08-021 | 2:44.06 | 25m | 14-12-06 | Heemskerk (NED) | 409 |
| 15. Stel Serena          | 98 | 08-021 | 2:44.06 | 25m | 18-4-10  | Zaandam (NED)   | 409 |
| 17. van der Kroft Nicole | 84 | 08-021 | 2:44.29 | 25m | 7-10-01  | Zaandam (NED)   | 408 |
| 18. Stam Sabrina         | 82 | 08-021 | 2:44.60 | 25m | 7-5-98   | Heemskerk (NED) | 405 |
| 19. Koster Lisa          | 94 | 08-021 | 2:44.63 | 25m | 25-11-07 | Amsterdam (NED) | 405 |
| 20. Schelvis Roos        | 86 | 08-021 | 2:44.66 | 25m | 10-3-02  | Heemskerk       | 405 |
| 21. van der Gracht Anouk | 89 | 08-021 | 2:45.00 | 25m | 1-3-08   | Hoon (NED)      | 402 |
| 22. Kramer Miranda       | 80 | 08-021 | 2:45.04 | 25m | 13-1-02  | Zaandam         | 402 |

200 wisselslag (sinds 23)

|                      |    |        |         |     |         |                 |     |
|----------------------|----|--------|---------|-----|---------|-----------------|-----|
| 23. Hulshof Saskia   | 73 | 08-021 | 2:45.40 | 25m | 11-2-90 | Heemskerk (NED) | 399 |
| 23. van Honk Chantal | 80 | 08-021 | 2:45.40 | 25m | 25-3-93 | Heemskerk (NED) | 399 |
| 25. Teufer Irene     | 96 | 08-021 | 2:45.65 | 25m | 24-2-08 | Zaandam (NED)   | 398 |

300 wisselslag

|                             |    |        |         |     |          |                 |  |
|-----------------------------|----|--------|---------|-----|----------|-----------------|--|
| 1. Schelvis Femke           | 84 | 08-021 | 4:07.83 | 25m | 30-11-03 | Heemskerk (NED) |  |
| 2. Vink Lidewij             | 90 | 08-021 | 4:12.63 | 25m | 13-11-05 | Zaandam (NED)   |  |
| 3. Schelvis Roos            | 86 | 08-021 | 4:19.22 | 25m | 20-1-01  | Amsterdam (NED) |  |
| 4. Kleijne Daisy            | 89 | 08-021 | 4:20.65 | 25m | 19-12-04 | Heemskerk (NED) |  |
| 5. Essers Sanne             | 91 | 08-021 | 4:22.14 | 25m | 3-12-06  | Zaandam (NED)   |  |
| 6. Crok Annemarie           | 89 | 08-021 | 4:23.42 | 25m | 13-11-05 | Zaandam (NED)   |  |
| 7. Hoek Daniëlle            | 88 | 08-021 | 4:24.44 | 25m | 13-11-05 | Zaandam (NED)   |  |
| 8. Crok Linda               | 94 | 08-021 | 4:25.22 | 25m | 9-11-08  | Zaandam (NED)   |  |
| 9. van der Kroft Nicole     | 84 | 08-021 | 4:26.28 | 25m | 23-1-00  | Heemskerk (NED) |  |
| 10. van de Poll Marianne    | 89 | 08-021 | 4:28.07 | 25m | 30-11-03 | Heemskerk (NED) |  |
| 11. Stins Mariska           | 84 | 08-021 | 4:28.22 | 25m | 20-1-01  | Amsterdam (NED) |  |
| 12. de Groot Daniëlle       | 93 | 08-021 | 4:29.29 | 25m | 9-12-07  | Zaandam (NED)   |  |
| 13. van der Gracht Anouk    | 89 | 08-021 | 4:30.13 | 25m | 3-12-06  | Zaandam (NED)   |  |
| 14. Koopman Anitra          | 89 | 08-021 | 4:34.08 | 25m | 30-11-03 | Heemskerk (NED) |  |
| 15. de Ruijter Linda        | 87 | 08-021 | 4:39.73 | 25m | 24-11-02 | Amsterdam       |  |
| 16. van Ballegooie Simone   | 84 | 08-021 | 4:41.34 | 25m | 23-1-00  | Heemskerk (NED) |  |
| 17. Mallon Danique          | 94 | 08-021 | 4:41.82 | 25m | 9-11-08  | Zaandam (NED)   |  |
| 18. Palmboom Nicole         | 91 | 08-021 | 4:42.54 | 25m | 19-12-04 | Heemskerk (NED) |  |
| 19. Heus Pauline            | 78 | 08-021 | 4:44.97 | 25m | 23-1-00  | Heemskerk (NED) |  |
| 20. Niesten Iris            | 92 | 08-021 | 4:47.61 | 25m | 3-12-06  | Zaandam (NED)   |  |
| 21. Visser Stacey           | 87 | 08-021 | 4:50.92 | 25m | 20-1-01  | Amsterdam (NED) |  |
| 22. Hogema Fabiën           | 93 | 08-021 | 5:00.83 | 25m | 13-11-05 | Zaandam (NED)   |  |
| 23. Vink Marjolein          | 93 | 08-021 | 5:05.15 | 25m | 13-11-05 | Zaandam (NED)   |  |
| 24. van Ballegooie Stefanie | 86 | 08-021 | 5:05.52 | 25m | 20-1-01  | Amsterdam (NED) |  |
| 25. Hoek Laura              | 86 | 08-021 | 5:12.22 | 25m | 23-1-00  | Heemskerk (NED) |  |

400 wisselslag

|                         |    |        |         |     |          |                 |     |
|-------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Schelvis Femke       | 84 | 08-021 | 5:29.20 | 25m | 10-5-98  | Zaandam (NED)   | 486 |
| 2. Hoekstra Eline       | 03 | 08-021 | 5:42.35 | 25m | 11-11-17 | Hoofddorp (NED) | 432 |
| 3. Vink Lidewij         | 90 | 08-021 | 5:43.03 | 25m | 1-4-06   | Zaandam (NED)   | 430 |
| 4. Smit Sanne           | 01 | 08-021 | 5:43.46 | 25m | 17-11-18 | Hoofddorp (NED) | 428 |
| 5. de Haan Shira        | 00 | 08-021 | 5:51.41 | 25m | 4-6-17   | Purmerend (NED) | 400 |
| 6. van der Gracht Anouk | 89 | 08-021 | 5:52.01 | 25m | 24-2-08  | Zaandam (NED)   | 398 |
| 7. Schelvis Roos        | 86 | 08-021 | 5:54.48 | 25m | 25-2-01  | Heemskerk (NED) | 389 |
| 8. van der Kroft Nicole | 84 | 08-021 | 5:54.96 | 25m | 25-2-01  | Heemskerk (NED) | 388 |
| 9. Palmboom Nicole      | 91 | 08-021 | 5:55.32 | 25m | 15-6-06  | Heemskerk (NED) | 387 |
| 10. Kleijne Daisy       | 89 | 08-021 | 5:55.34 | 25m | 30-1-05  | Zaandam (NED)   | 386 |
| 11. Stins Mariska       | 84 | 08-021 | 5:55.41 | 25m | 24-2-02  | Heemskerk       | 386 |
| 12. Stam Vanessa        | 80 | 08-021 | 5:56.80 | 25m | 12-1-97  | Heemskerk (NED) | 382 |
| 13. Crok Linda          | 94 | 08-021 | 5:58.13 | 25m | 24-2-08  | Zaandam (NED)   | 377 |
| 14. Essers Sanne        | 91 | 08-021 | 6:00.29 | 25m | 11-2-07  | Zaandam (NED)   | 371 |
| 15. Kramer Miranda      | 80 | 08-021 | 6:01.21 | 25m | 25-2-01  | Heemskerk (NED) | 368 |
| 16. Verbree Bets        | 63 | 08-021 | 6:03.30 | 25m | 3-4-82   | Heemskerk (NED) | 362 |
| 17. Besse Karen         | 75 | 08-021 | 6:03.50 | 25m | 4-2-90   | Volendam (NED)  | 361 |
| 18. Mallon Danique      | 94 | 08-021 | 6:04.26 | 25m | 24-2-08  | Zaandam (NED)   | 359 |
| 19. Hoek Daniëlle       | 88 | 08-021 | 6:05.19 | 25m | 30-1-05  | Zaandam (NED)   | 356 |

400 wisselslag (sinds 20)

|                          |    |        |         |     |         |                 |     |
|--------------------------|----|--------|---------|-----|---------|-----------------|-----|
| 20. van de Poll Marianne | 89 | 08-021 | 6:06.21 | 25m | 29-2-04 | Wormerveer      | 353 |
| 21. Crok Annemarie       | 89 | 08-021 | 6:07.62 | 25m | 29-2-04 | Wormerveer      | 349 |
| 22. Koopman Anitra       | 89 | 08-021 | 6:09.20 | 25m | 23-2-03 | Heemskerk       | 344 |
| 23. Stam Sabrina         | 82 | 08-021 | 6:13.60 | 25m | 23-2-97 | Zaandam (NED)   | 332 |
| 24. de Boer Irene        | 84 | 08-021 | 6:14.76 | 25m | 30-3-00 | Heemskerk (NED) | 329 |
| 25. Blaauw Yente         | 03 | 08-021 | 6:17.24 | 25m | 19-3-17 | Zaandam (NED)   | 323 |