

40 - 44 jaar, Heren, Korte baan (25m)

1-1-1900-31-7-2019

**25 vrije slag**

1. de Weert Sander	72	08-021	13.68	25m	12-1-13	Zwolle (NED)	297
2. Tijms Eric	64	08-021	13.70	25m	29-5-08	Heemskerk (NED)	295
3. Wassenaar Marcel	69	08-021	14.03	25m	20-10-12	Emmeloord (NED)	275
4. de Caluwe Johan	64	08-021	15.40	25m	19-4-07	Heemskerk (NED)	208

**50 vrije slag**

1. de Weert Sander	72	08-021	29.68	25m	11-10-12	Heemskerk (NED)	318
2. Oortwijn Bouke	78	08-021	29.81	25m	11-10-18	Heemskerk (NED)	313
3. Wassenaar Marcel	69	08-021	30.35	25m	30-9-10	Heemskerk (NED)	297
4. Tijms Eric	64	08-021	31.74	25m	3-5-08	Winterswijk (NED)	260
5. Pover Peter	69	08-021	33.04	25m	20-2-10	Heerenveen (NED)	230
6. de Caluwe Johan	64	08-021	33.92	25m	29-3-07	Heemskerk (NED)	213

**100 vrije slag**

1. de Weert Sander	72	08-021	1:08.06	25m	28-1-12	Terneuzen (NED)	287
2. Oortwijn Bouke	78	08-021	1:08.45	25m	15-2-18	Heemskerk (NED)	282
3. Wassenaar Marcel	69	08-021	1:08.96	25m	9-2-12	Heemskerk (NED)	276
4. Hoekstra Erwin	73	DEM/OEZA	1:12.02	25m	31-1-13	Heemskerk (NED)	242
5. Tijms Eric	64	08-021	1:13.10	25m	4-5-08	Winterswijk (NED)	232

**200 vrije slag**

1. Wassenaar Marcel	69	08-021	2:33.26	25m	21-11-10	Almere-Stad (NED)	272
2. de Weert Sander	72	08-021	2:34.97	25m	18-2-12	Heerenveen (NED)	263
3. Tijms Eric	64	08-021	2:50.56	25m	16-3-08	Amersfoort (NED)	197
4. Pover Peter	69	08-021	2:56.67	25m	20-2-10	Heerenveen (NED)	177

**250 vrije slag****300 vrije slag**

1. de Weert Sander	72	08-021	4:16.62	25m	27-1-12	Terneuzen (NED)	223
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**400 vrije slag**

1. Wassenaar Marcel	69	08-021	5:32.10	25m	2-5-10	Aalsmeer (NED)	261
2. de Weert Sander	72	08-021	5:47.75	25m	28-1-12	Terneuzen (NED)	227

**500 vrije slag****800 vrije slag**

1. de Weert Sander	72	08-021	12:16.32	25m	29-1-12	Terneuzen (NED)	218
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**1000 vrije slag****1250 vrije slag**

**1500 vrije slag**

1. de Weert Sander	72	08-021	24:14.49	25m	27-1-12	Terneuzen (NED)	198
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**2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. de Weert Sander	72	08-021	18.56	25m	13-5-12	Grootebroek (NED)	173
2. de Caluwe Johan	64	08-021	18.94	25m	19-4-07	Heemskerk (NED)	163
3. Tijms Eric	64	08-021	19.73	25m	21-5-06	Grootebroek (NED)	144

**50 rugslag**

1. Wassenaar Marcel	69	08-021	37.32	25m	21-3-13	Heemskerk (NED)	211
2. de Weert Sander	72	08-021	39.08	25m	22-3-12	Heemskerk (NED)	183
3. Oortwijn Bouke	78	08-021	40.28	25m	12-4-18	Heemskerk (NED)	167
4. Hoekstra Erwin	73	DEM/OEZA	40.30	25m	21-3-13	Heemskerk (NED)	167
5. Tijms Eric	64	08-021	42.24	25m	12-11-06	Winterswijk (NED)	145

**100 rugslag**

1. Wassenaar Marcel	69	08-021	1:19.22	25m	17-11-11	Heemskerk (NED)	235
2. Oortwijn Bouke	78	08-021	1:31.22	25m	29-11-18	Heemskerk (NED)	154
3. de Weert Sander	72	08-021	1:33.12	25m	27-1-12	Terneuzen (NED)	144
4. Tijms Eric	64	08-021	1:37.97	25m	27-3-08	Heemskerk (NED)	124

**200 rugslag**

1. de Weert Sander	72	08-021	3:14.55	25m	27-1-12	Terneuzen (NED)	160
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**500 rugslag**

**25 schoolslag**

1. de Weert Sander	72	08-021	17.23	25m	18-11-12	Almere-Stad (NED)	306
2. Tijms Eric	64	08-021	17.25	25m	29-5-08	Heemskerk (NED)	305
3. Wassenaar Marcel	69	08-021	17.52	25m	22-10-11	Emmeloord (NED)	291
4. de Caluwe Johan	64	08-021	18.48	25m	19-4-07	Heemskerk (NED)	248

**50 schoolslag**

1. de Weert Sander	72	08-021	38.90	25m	9-2-12	Heemskerk (NED)	273
2. Wassenaar Marcel	69	08-021	39.53	25m	27-1-11	Heemskerk (NED)	260
3. Tijms Eric	64	08-021	40.11	25m	2-5-08	Winterswijk (NED)	249
4. Oortwijn Bouke	78	08-021	41.84	25m	15-2-18	Heemskerk (NED)	219
5. de Caluwe Johan	64	08-021	41.98	25m	31-5-07	Heemskerk (NED)	217
6. Hoekstra Erwin	73	DEM/OEZA	43.83	25m	31-1-13	Heemskerk (NED)	191

**100 schoolslag**

1. Wassenaar Marcel	69	08-021	1:24.20	25m	6-10-11	Heemskerk (NED)	288
2. Tijms Eric	64	08-021	1:29.20	25m	30-10-08	Heemskerk (NED)	242
3. de Weert Sander	72	08-021	1:29.73	25m	11-10-12	Heemskerk (NED)	238
4. Oortwijn Bouke	78	08-021	1:31.93	25m	11-10-18	Heemskerk (NED)	221

**200 schoolslag**

1. de Weert Sander	72	08-021	3:29.33	25m	7-1-12	Zwolle (NED)	190
2. Tijms Eric	64	08-021	3:29.43	25m	13-12-07	Heemskerk (NED)	190

**500 schoolslag****800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag**

**25 vlinderslag**

1. Wassenaar Marcel	69	08-021	16.19	25m	19-2-11	Heerenveen (NED)	228
2. Tijms Eric	64	08-021	16.35	25m	29-5-08	Heemskerk (NED)	221
2. de Weert Sander	72	08-021	16.35	25m	16-2-13	Heerenveen (NED)	221
4. de Caluwe Johan	64	08-021	17.22	25m	19-4-07	Heemskerk (NED)	190

**50 vlinderslag**

1. Oortwijn Bouke	78	08-021	34.31	25m	12-4-18	Heemskerk (NED)	256
2. Wassenaar Marcel	69	08-021	35.52	25m	4-11-10	Heemskerk (NED)	231
3. Tijms Eric	64	08-021	37.10	25m	30-10-08	Heemskerk (NED)	202
4. Hoekstra Erwin	73	DEM/OEZA	37.73	25m	21-3-13	Heemskerk (NED)	192
5. de Weert Sander	72	08-021	37.81	25m	22-3-12	Heemskerk (NED)	191

**100 vlinderslag**

1. Wassenaar Marcel	69	08-021	1:24.56	25m	3-3-11	Heemskerk (NED)	183
2. de Weert Sander	72	08-021	1:31.06	25m	26-2-12	Zaandam (NED)	147

**200 vlinderslag**

1. Wassenaar Marcel	69	08-021	3:21.43	25m	18-2-10	Heemskerk (NED)	156
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**1000 vlinderslag****100 wisselslag**

1. Wassenaar Marcel	69	08-021	1:17.67	25m	14-4-11	Heemskerk (NED)	271
2. Oortwijn Bouke	78	08-021	1:21.35	25m	17-5-18	Heemskerk (NED)	236
3. de Weert Sander	72	08-021	1:22.12	25m	13-5-12	Grootebroek (NED)	229
4. Pover Peter	69	08-021	1:22.29	25m	21-2-09	Heerenveen (NED)	228
5. Tijms Eric	64	08-021	1:24.75	25m	2-5-08	Winterswijk (NED)	209
6. de Caluwe Johan	64	08-021	1:30.35	25m	19-4-07	Heemskerk (NED)	172

**200 wisselslag**

1. Wassenaar Marcel	69	08-021	2:53.13	25m	21-11-10	Almere-Stad (NED)	253
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**300 wisselslag****400 wisselslag**

1. Wassenaar Marcel	69	08-021	6:12.59	25m	19-2-11	Heerenveen (NED)	252
2. de Weert Sander	72	08-021	6:48.82	25m	26-2-12	Zaandam (NED)	191