

15 jaar, Heren, Korte baan (25m)

1-1-1900-31-7-2019

**25 vrije slag**

1. Crok Pieter	91	08-021	12.93	25m	27-4-06	Heemskerk	352
2. de Ruijter René	86	08-021	13.01	25m	29-3-01	Heemskerk (NED)	345
3. Wiegman Stefan	74	08-021	13.10	25m	12-1-89	Heemskerk (NED)	338
3. van Rookhuizen Barry	82	08-021	13.10	25m	13-3-97	Heemskerk (NED)	338
3. de Boer Stephan	83	08-021	13.10	25m	5-2-98	Heemskerk (NED)	338
6. Hermans Luuk	85	08-021	13.18	25m	4-5-00	Heemskerk (NED)	332
7. Kerkhof Arno	72	08-021	13.30	25m	17-12-87	Heemskerk (NED)	323
8. Martijn Onno	91	08-021	13.42	25m	27-4-06	Heemskerk	314
9. de Caluwé Niels	91	08-021	13.45	25m	27-4-06	Heemskerk	312
10. Dekker Rudie	78	08-021	13.80	25m	17-6-93	Heemskerk (NED)	289
10. Oortwijn Maarten	80	08-021	13.80	25m	27-4-95	Heemskerk (NED)	289
10. Stins Arnold	83	08-021	13.80	25m	8-1-98	Heemskerk (NED)	289
13. Kramer Vincent	82	08-021	13.90	25m	13-3-97	Heemskerk (NED)	283
14. Zwaan Bas	76	08-021	14.00	25m	16-5-91	Heemskerk (NED)	277
15. Lamers Koen	91	08-021	14.14	25m	27-4-06	Heemskerk	269
16. Butter Joris	86	08-021	14.17	25m	29-3-01	Heemskerk (NED)	267
17. Kemmeren Ferry	91	08-021	14.18	25m	27-4-06	Heemskerk	266
18. Krijger Jan-Willem	81	08-021	14.20	25m	14-3-96	Heemskerk (NED)	265
19. de Wit Stephen	93	08-021	14.29	25m	29-5-08	Heemskerk (NED)	260
20. Zijlstra Jeroen	80	08-021	14.40	25m	27-4-95	Heemskerk (NED)	254
20. de Vries Allard	96	08-021	14.40	25m	30-6-11	Heemskerk (NED)	254
22. Hoenink Jarl	86	08-021	14.45	25m	29-3-01	Heemskerk (NED)	252
23. Huveneers Fabian	73	08-021	14.50	25m	22-3-88	Heemskerk (NED)	249
24. Tijms Stefan	93	08-021	14.53	25m	29-5-08	Heemskerk (NED)	248
25. Andeweg Celedonio	76	08-021	14.90	25m	16-5-91	Heemskerk (NED)	230

**50 vrije slag**

1. Gaal Roel	01	08-021	26.36	25m	13-10-16	Heemskerk (NED)	454
2. Crok Pieter	91	08-021	26.75	25m	28-12-06	Maastricht (NED)	434
3. Meijer Arno	75	08-021	27.10	25m	2-12-90		417
4. de Boer Stephan	83	08-021	27.15	25m	26-11-98	Heemskerk (NED)	415
5. Jongert Sjoerd	01	08-021	27.41	25m	13-10-16	Heemskerk (NED)	403
6. Schelvis Sjeng	89	08-021	27.64	25m	29-1-04	Heemskerk (NED)	393
7. Hagebout Marcel	68	08-021	27.80	25m	11-12-83	Heemskerk (NED)	387
8. Hermans Luuk	85	08-021	27.87	25m	3-12-00	Zaandam (NED)	384
9. van Rookhuizen Barry	82	08-021	27.90	25m	21-9-97	Alkmaar (NED)	382
10. Butter Martijn	79	08-021	28.00	25m	16-10-94	Heemskerk (NED)	378
10. Oortwijn Maarten	80	08-021	28.00	25m	1-10-95	Heemskerk (NED)	378
12. Stins Arnold	83	08-021	28.03	25m	26-11-98	Heemskerk (NED)	377
13. van der Gracht Jory	87	08-021	28.06	25m	17-11-02	Heemskerk	376
14. Switser René	75	08-021	28.10	25m	31-5-90	Heemskerk (NED)	374
15. Essers Tim	88	08-021	28.13	25m	9-3-03	Zuidoostbeemster (NED)	373
16. Offringa Rick	03	08-021	28.14	25m	24-11-18	Hoofddorp (NED)	373
17. Glorie Daan	88	08-021	28.32	25m	28-12-03	Maastricht (NED)	366
18. de Ruijter René	86	08-021	28.33	25m	25-10-01	Heemskerk	365
19. Dekker Matthijs	90	08-021	28.39	25m	15-5-05	Zuidoost-Beemster (NED)	363
20. Pover Peter	69	08-021	28.40	25m	23-9-84	Heemskerk (NED)	363
21. de Ruijter Richard	88	08-021	28.43	25m	28-12-03	Maastricht (NED)	361
22. Groen Jarno	01	08-021	28.44	25m	13-10-16	Heemskerk (NED)	361
23. Martijn Onno	91	08-021	28.45	25m	26-1-06	Heemskerk (NED)	361
24. van Vegten Teun	01	08-021	28.54	25m	27-11-16	Zaandam (NED)	357

50 vrije slag (sinds 25)

25. Dekker Rudie	78	08-021	28.70	25m	28-11-93	Heemskerk (NED)	351
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100 vrije slag

1. Gaal Roel	01	08-021	56.68	25m	13-11-16	Purmerend (NED)	498
2. Crok Pieter	91	08-021	58.51	25m	26-11-06	Heemskerk (NED)	453
3. Schelvis Sjeng	89	08-021	58.52	25m	25-3-04	Heemskerk	452
4. Jongert Sjoerd	01	08-021	59.26	25m	29-12-16	Leeuwarden (NED)	436
5. de Boer Stephan	83	08-021	59.86	25m	13-12-98	Heemskerk (NED)	423
6. Meijer Arno	75	08-021	1:00.60	25m	8-11-90	Heemskerk (NED)	407
7. Butter Martijn	79	08-021	1:00.90	25m	11-12-94	Heemskerk (NED)	401
8. Offringa Rick	03	08-021	1:01.19	25m	17-11-18	Hoofddorp (NED)	396
9. Stins Arnold	83	08-021	1:01.28	25m	13-12-98	Heemskerk (NED)	394
10. Dekker Matthijs	90	08-021	1:01.31	25m	8-5-05	Uden	393
11. van der Gracht Jory	87	08-021	1:01.46	25m	1-4-02	Haarlem	390
12. Hagebout Marcel	68	08-021	1:01.50	25m	31-12-83		390
13. Wiegman Stefan	74	08-021	1:01.60	25m	18-2-89		388
14. Groen Jarno	01	08-021	1:01.74	25m	18-12-16	Heemskerk (NED)	385
15. Glorie Daan	88	08-021	1:01.81	25m	14-12-03	Heemskerk (NED)	384
16. Oortwijn Maarten	80	08-021	1:01.90	25m	15-6-95	Heemskerk (NED)	382
17. Essers Tim	88	08-021	1:02.22	25m	21-4-03	Haarlem	376
18. Hermans Luuk	85	08-021	1:02.24	25m	10-12-00	Heemskerk (NED)	376
19. Plokker Robert	65	08-021	1:02.90	25m	31-8-80	Heemskerk (NED)	364
20. Switser René	75	08-021	1:03.00	25m	3-5-90	Heemskerk (NED)	362
20. Kramer Vincent	82	08-021	1:03.00	25m	14-12-97	Heemskerk (NED)	362
22. de Ruijter Richard	88	08-021	1:03.02	25m	14-12-03	Heemskerk (NED)	362
23. van der Linden René	70	08-021	1:03.20	25m	29-9-85	Heemskerk (NED)	359
24. de Wit Stephen	93	08-021	1:03.42	25m	16-11-08	Amsterdam-oost (NED)	355
25. Dekker Rudie	78	08-021	1:03.70	25m	28-11-93	Heemskerk (NED)	351

200 vrije slag

1. Gaal Roel	01	08-021	2:05.52	25m	2-10-16	Purmerend (NED)	496
2. Schelvis Sjeng	89	08-021	2:11.14	25m	14-3-04	Zaandam	435
3. Crok Pieter	91	08-021	2:11.34	25m	12-3-06	Zaandam (NED)	433
4. Dekker Matthijs	90	08-021	2:13.06	25m	16-4-05	Zwaagwesteinde (NED)	416
5. Stins Arnold	83	08-021	2:13.13	25m	17-12-98	Heemskerk (NED)	415
6. Butter Martijn	79	08-021	2:13.30	25m	20-11-94	Wormerveer (NED)	414
7. Glorie Daan	88	08-021	2:14.17	25m	18-12-03	Heemskerk (NED)	406
8. Meijer Arno	75	08-021	2:15.90	25m	25-11-90	Heemskerk (NED)	390
9. de Boer Stephan	83	08-021	2:15.95	25m	17-12-98	Heemskerk (NED)	390
10. Offringa Rick	03	08-021	2:16.26	25m	1-7-18	Den Helder (NED)	387
11. Jongert Sjoerd	01	08-021	2:18.01	25m	17-3-16	Heemskerk (NED)	373
12. Essers Tim	88	08-021	2:18.07	25m	16-3-03	Heemskerk	372
13. van der Gracht Jory	87	08-021	2:18.22	25m	17-11-02	Heemskerk	371
14. Plokker Robert	65	08-021	2:18.60	25m	2-11-80	Castricum (NED)	368
15. Groen Jarno	01	08-021	2:19.12	25m	17-3-16	Heemskerk (NED)	364
16. Kleijne Barry	93	08-021	2:19.50	25m	5-10-08	Heemskerk (NED)	361
17. Hagebout Marcel	68	08-021	2:20.10	25m	6-2-83		356
18. Switser René	75	08-021	2:22.10	25m	4-2-90	Volendam (NED)	341
19. Oortwijn Maarten	80	08-021	2:22.50	25m	9-4-95	Zaandam (NED)	339
20. de Ruijter Richard	88	08-021	2:22.91	25m	27-2-03	Heemskerk	336
21. Hermans Luuk	85	08-021	2:23.15	25m	30-11-00	Heemskerk (NED)	334

200 vrije slag (sinds 22)

22. Kramer Vincent	82	08-021	2:23.50	25m	26-10-97	Heemskerk (NED)	332
23. van Rijn Michael	70	08-021	2:23.90	25m	6-10-85	Wormerveer (NED)	329
24. Woudsma Stefan	00	08-021	2:23.92	25m	8-3-15	Zaandam (NED)	329
25. Kerkhof Arno	72	08-021	2:24.00	25m	13-12-87	Assendelft (NED)	328

250 vrije slag300 vrije slag

1. Dekker Matthijs	90	08-021	3:33.86	25m	12-2-05	Zoetermeer	386
2. Crok Pieter	91	08-021	3:39.51	25m	18-5-06	Heemskerk (NED)	357
3. Palmboom Pascal	89	08-021	4:07.13	25m	29-4-04	Heemskerk (NED)	250

400 vrije slag

1. Dekker Matthijs	90	08-021	4:44.55	25m	6-3-05	Den Haag	415
2. Gaal Roel	01	08-021	4:46.21	25m	18-9-16	Zaandam (NED)	407
3. Crok Pieter	91	08-021	4:49.50	25m	18-5-06	Heemskerk (NED)	394
4. Offringa Rick	03	08-021	4:50.25	25m	18-11-18	Hoofddorp (NED)	391
5. Meijer Arno	75	08-021	4:51.60	25m	14-6-90	Heemskerk (NED)	385
6. Butter Martijn	79	08-021	4:53.00	25m	30-1-94	Wormerveer (NED)	380
7. Schelvis Sjeng	89	08-021	4:59.80	25m	17-10-04	Zaandam (NED)	354
8. Essers Tim	88	08-021	5:00.45	25m	12-6-03	Heemskerk	352
9. van der Gracht Jory	87	08-021	5:01.25	25m	30-5-02	Heemskerk	349
10. Kleijne Barry	93	08-021	5:02.14	25m	12-5-08	Purmerend (NED)	346
11. Glorie Daan	88	08-021	5:03.81	25m	12-6-03	Heemskerk	340
12. Groen Jarno	01	08-021	5:03.92	25m	18-9-16	Zaandam (NED)	340
13. Oortwijn Maarten	80	08-021	5:05.40	25m	18-5-95	Heemskerk (NED)	335
14. Stins Arnold	83	08-021	5:06.30	25m	19-4-98	Zaandam (NED)	332
15. de Boer Stephan	83	08-021	5:09.90	25m	19-3-98	Heemskerk (NED)	321
16. Oudendijk Paul	81	08-021	5:11.40	25m	4-2-96	Heerhugowaard (NED)	316
17. Switser René	75	08-021	5:14.20	25m	11-3-90	Heemskerk (NED)	308
18. Plokker Robert	65	08-021	5:14.90	25m	28-9-80	Zaandam (NED)	306
19. Kramer Vincent	82	08-021	5:16.50	25m	9-3-97	Alkmaar (NED)	301
20. Hoenink Jarl	86	08-021	5:20.93	25m	31-5-01	Heemskerk (NED)	289
21. Hermans Luuk	85	08-021	5:21.71	25m	5-11-00	Zaandam (NED)	287
22. Woudsma Stefan	00	08-021	5:22.39	25m	22-2-15	Zaandam (NED)	285
23. Dekker Rudie	78	08-021	5:23.40	25m	30-6-93		282
24. de Ruijter Richard	88	08-021	5:24.19	25m	16-11-03	Heemskerk (NED)	280
25. Tijms Stefan	93	08-021	5:24.24	25m	23-3-08	Haarlem (NED)	280

500 vrije slag

**800 vrije slag**

1. Butter Martijn	79	08-021	9:49.40	25m	14-4-94	Heemskerk	425
2. Schelvis Sjeng	89	08-021	10:02.69	25m	17-10-04	Zaandam (NED)	398
3. Glorie Daan	88	08-021	10:10.92	25m	26-10-03	Zaandam	382
4. Meijer Arno	75	08-021	10:21.70	25m	7-6-90	Heemskerk (NED)	362
5. Kleijne Barry	93	08-021	10:23.11	25m	28-9-08	Zaandam (NED)	360
6. Crok Pieter	91	08-021	10:30.53	25m	3-12-06	Zaandam (NED)	347
7. Essers Tim	88	08-021	10:48.76	25m	26-10-03	Zaandam	319
8. de Boer Stephan	83	08-021	10:49.00	25m	22-2-98	Zaandam (NED)	318
9. Hoenink Jarl	86	08-021	10:51.78	25m	16-9-01	Zaandam (NED)	314
10. Hermans Luuk	85	08-021	10:52.70	25m	5-11-00	Zaandam (NED)	313
11. Stins Arnold	83	08-021	10:54.90	25m	22-2-98	Zaandam (NED)	310
12. Oortwijn Maarten	80	08-021	11:02.50	25m	17-12-95	Zaandam (NED)	299
13. Woudsma Stefan	00	08-021	11:03.04	25m	22-2-15	Zaandam (NED)	299
14. de Ruijter Richard	88	08-021	11:04.11	25m	16-11-03	Heemskerk (NED)	297
15. Kramer Vincent	82	08-021	11:19.90	25m	23-2-97	Zaandam (NED)	277
16. Andeweg Celedonio	76	08-021	11:20.60	25m	20-4-91		276
17. Schaap Paul	75	08-021	11:23.90	25m	16-3-90		272
18. Gaal Koen	99	08-021	11:23.94	25m	23-2-14	Zaandam (NED)	272
19. Zwaan Bas	76	08-021	11:25.40	25m	21-4-91	Heemstede (NED)	270
20. Kemmeren Ferry	91	08-021	11:38.60	25m	22-10-06	Zaandam (NED)	255
21. Tijms Stefan	93	08-021	11:40.77	25m	9-11-08	Zaandam (NED)	253
22. van Rookhuizen Barry	82	08-021	11:41.10	25m	23-2-97	Zaandam (NED)	252
23. Palmboom Pascal	89	08-021	11:44.06	25m	17-10-04	Zaandam (NED)	249
24. Hoenink Sten	84	08-021	11:45.64	25m	24-10-99	Zaandam (NED)	248
25. Hulshof Patrick	75	08-021	12:14.30	25m	17-3-90	Heerhugowaard (NED)	220

**1000 vrije slag****1250 vrije slag****1500 vrije slag**

1. Butter Martijn	79	08-021	18:16.30	25m	18-12-94	Wormerveer (NED)	462
2. Schelvis Sjeng	89	08-021	19:32.59	25m	14-11-04	Heemskerk (NED)	378
3. Glorie Daan	88	08-021	19:46.40	25m	16-11-03	Heemskerk (NED)	365
4. Meijer Arno	75	08-021	19:50.20	25m	17-3-90	Heerhugowaard (NED)	361
5. Crok Pieter	91	08-021	19:56.06	25m	3-12-06	Zaandam (NED)	356
6. Kleijne Barry	93	08-021	20:11.76	25m	9-11-08	Zaandam (NED)	342
7. van der Gracht Jory	87	08-021	20:23.37	25m	1-12-02	Heemskerk	333
8. de Ruijter Richard	88	08-021	20:51.94	25m	16-11-03	Heemskerk (NED)	310
9. Hoenink Jarl	86	08-021	21:05.12	25m	4-11-01	Heemskerk	301
10. Gaal Koen	99	08-021	21:07.13	25m	23-2-14	Zaandam (NED)	299
11. Woudsma Stefan	00	08-021	21:07.25	25m	22-2-15	Zaandam (NED)	299
12. Essers Tim	88	08-021	21:22.21	25m	16-11-03	Heemskerk (NED)	289
13. Andeweg Celedonio	76	08-021	21:56.50	25m	27-1-91	Volendam (NED)	267
14. Butter Joris	86	08-021	22:13.18	25m	21-1-01	Heemskerk (NED)	257
15. Tijms Stefan	93	08-021	22:24.33	25m	9-11-08	Zaandam (NED)	251
16. Switser René	75	08-021	22:31.50	25m	8-4-90	Volendam (NED)	247
17. Schaap Paul	75	08-021	23:28.80	25m	17-3-90	Heerhugowaard (NED)	218
18. Hulshof Patrick	75	08-021	23:48.20	25m	17-3-90	Heerhugowaard (NED)	209
19. de Vries Allard	96	08-021	24:23.27	25m	13-2-11	Zaandam (NED)	194

**2000 vrije slag**

1. Schelvis Sjeng	89	08-021	26:19.41	25m	7-3-04	Zaandam	366
2. Crok Pieter	91	08-021	26:57.72	25m	29-1-06	Zaandam (NED)	341
3. Glorie Daan	88	08-021	27:45.81	25m	16-2-03	Zaandam	312
4. Essers Tim	88	08-021	27:46.20	25m	16-2-03	Zaandam	312
5. van der Gracht Jory	87	08-021	28:05.83	25m	10-2-02	Zaandam	301
6. Woudsma Stefan	00	08-021	28:13.03	25m	22-2-15	Zaandam (NED)	297
7. de Ruijter Richard	88	08-021	29:04.80	25m	16-2-03	Zaandam	272
8. Butter Joris	86	08-021	30:09.30	25m	11-2-01	Zaandam (NED)	244
9. de Vries Allard	96	08-021	32:32.01	25m	13-2-11	Zaandam (NED)	194

**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Kerkhof Arno	72	08-021	15.30	25m	17-12-87	Heemskerk (NED)	310
2. Wiegman Stefan	74	08-021	15.60	25m	12-1-89	Heemskerk (NED)	292
3. Hermans Luuk	85	08-021	15.69	25m	17-2-00	Heemskerk (NED)	287
4. Crok Pieter	91	08-021	15.98	25m	27-4-06	Heemskerk	272
5. Oortwijn Maarten	80	08-021	16.10	25m	16-3-95	Heemskerk (NED)	266
5. Stins Arnold	83	08-021	16.10	25m	15-1-98	Heemskerk (NED)	266
7. Hoenink Jarl	86	08-021	16.28	25m	22-2-01	Heemskerk (NED)	257
8. Kramer Vincent	82	08-021	16.30	25m	13-2-97	Heemskerk (NED)	256
8. de Boer Stephan	83	08-021	16.30	25m	15-1-98	Heemskerk (NED)	256
10. de Caluwé Niels	91	08-021	16.38	25m	27-4-06	Heemskerk	253
11. de Ruijter René	86	08-021	16.43	25m	22-2-01	Heemskerk (NED)	250
12. de Wit Stephen	93	08-021	16.50	25m	29-5-08	Heemskerk (NED)	247
13. Kemmeren Ferry	91	08-021	16.56	25m	27-4-06	Heemskerk	244
14. Oudendijk Paul	81	08-021	16.60	25m	8-2-96	Heemskerk (NED)	243
14. Steenbergen Roderik	82	08-021	16.60	25m	13-2-97	Heemskerk (NED)	243
16. Zwaan Bas	76	08-021	16.70	25m	16-5-91	Heemskerk (NED)	238
17. Butter Joris	86	08-021	16.75	25m	22-2-01	Heemskerk (NED)	236
18. Bal Chester	78	08-021	16.80	25m	17-6-93	Heemskerk (NED)	234

**25 rugslag (sinds 19)**

19.	van Rookhuizen Barry	82	08-021	16.90	25m	13-2-97	Heemskerk (NED)	230
20.	Lamers Koen	91	08-021	16.96	25m	27-4-06	Heemskerk	227
21.	Tijms Stefan	93	08-021	17.45	25m	29-5-08	Heemskerk (NED)	209
22.	Huveneers Fabian	73	08-021	17.50	25m	22-3-88	Heemskerk (NED)	207
23.	de Groot Peter	80	08-021	17.70	25m	16-3-95	Heemskerk (NED)	200
23.	Krijger Jan-Willem	81	08-021	17.70	25m	8-2-96	Heemskerk (NED)	200
25.	Martijn Onno	91	08-021	17.84	25m	27-4-06	Heemskerk	195

**50 rugslag**

1.	Essers Tim	88	08-021	30.89	25m	16-3-03	Heemskerk	372
2.	van der Linden René	70	08-021	30.90	25m	10-11-85		371
3.	Dekker Matthijs	90	08-021	31.29	25m	15-5-05	Zuidoost-Beemster (NED)	358
4.	Schelvis Sjeng	89	08-021	31.75	25m	28-10-04	Heemskerk (NED)	342
5.	Hermans Luuk	85	08-021	31.97	25m	3-12-00	Zaandam (NED)	335
6.	Gaal Roel	01	08-021	32.51	25m	30-12-16	Leeuwarden (NED)	319
7.	Offringa Rick	03	08-021	32.79	25m	17-6-18	Alkmaar (NED)	311
8.	Kramer Vincent	82	08-021	33.40	25m	9-10-97	Heemskerk (NED)	294
9.	de Ruijter Richard	88	08-021	33.43	25m	28-12-03	Maastricht (NED)	293
10.	Butter Martijn	79	08-021	33.50	25m	20-3-94	Horn (NED)	291
11.	de Ruijter René	86	08-021	33.58	25m	29-11-01	Heemskerk	289
12.	Jongert Sjoerd	01	08-021	33.59	25m	18-2-16	Heemskerk (NED)	289
13.	Oortwijn Maarten	80	08-021	33.60	25m	9-11-95	Heemskerk (NED)	289
14.	Crok Pieter	91	08-021	33.63	25m	23-4-06	Zaandam (NED)	288
15.	Steenbergen Roderik	82	08-021	33.70	25m	26-10-97	Heemskerk (NED)	286
16.	Hoening Jarl	86	08-021	33.79	25m	29-11-01	Heemskerk	284
17.	Oudendijk Paul	81	08-021	33.80	25m	3-11-96	Zaandam (NED)	284
18.	Groen Jarno	01	08-021	33.99	25m	18-2-16	Heemskerk (NED)	279
19.	de Boer Stephan	83	08-021	34.13	25m	29-10-98	Heemskerk (NED)	275
20.	Kleijne Barry	93	08-021	34.21	25m	25-10-08	Horn (NED)	274
21.	Meijer Arno	75	08-021	34.30	25m	1-3-90	Heemskerk (NED)	271
22.	Glorie Daan	88	08-021	34.32	25m	30-10-03	Heemskerk	271
23.	de Caluwé Niels	91	08-021	34.38	25m	28-12-06	Maastricht (NED)	269
24.	Kemmeren Ferry	91	08-021	34.65	25m	22-1-06	Purmerend (NED)	263
25.	Gaal Koen	99	08-021	35.07	25m	30-3-14	Zaandam (NED)	254

**100 rugslag**

1.	Essers Tim	88	08-021	1:06.82	25m	28-12-03	Maastricht (NED)	391
2.	Offringa Rick	03	08-021	1:09.27	25m	29-11-18	Heemskerk (NED)	351
3.	Schelvis Sjeng	89	08-021	1:09.94	25m	7-11-04	Amsterdam (NED)	341
4.	Hermans Luuk	85	08-021	1:10.14	25m	4-5-00	Heemskerk (NED)	338
5.	Dekker Matthijs	90	08-021	1:10.19	25m	13-3-05	Amsterdam (NED)	338
6.	Jongert Sjoerd	01	08-021	1:10.25	25m	17-11-16	Heemskerk (NED)	337
7.	Oudendijk Paul	81	08-021	1:10.80	25m	15-12-96	Heemskerk (NED)	329
8.	van der Linden René	70	08-021	1:11.00	25m	31-12-85		326
9.	Wiegman Stefan	74	08-021	1:11.10	25m	19-3-89	Zaandam (NED)	325
10.	Groen Jarno	01	08-021	1:11.71	25m	17-11-16	Heemskerk (NED)	317
11.	Schaaper Hans	68	08-021	1:12.20	25m	31-12-83		310
11.	Butter Martijn	79	08-021	1:12.20	25m	20-11-94	Wormerveer (NED)	310
11.	Steenbergen Roderik	82	08-021	1:12.20	25m	6-4-97	Heemskerk (NED)	310
11.	Kramer Vincent	82	08-021	1:12.20	25m	29-5-97	Heemskerk	310
15.	Crok Pieter	91	08-021	1:12.40	25m	16-4-06	Haarlem (NED)	308

**100 rugslag (sinds 16)**

16. Meijer Arno	75	08-021	1:12.70	25m	4-11-90	Zaandam (NED)	304
17. Gaal Roel	01	08-021	1:12.75	25m	17-11-16	Heemskerk (NED)	303
18. Hagebout Marcel	68	08-021	1:12.90	25m	31-12-83		301
19. Gaal Koen	99	08-021	1:13.76	25m	28-9-14	Zaandam (NED)	291
20. de Ruijter Richard	88	08-021	1:13.80	25m	28-12-03	Maastricht (NED)	290
21. Kleijne Barry	93	08-021	1:13.85	25m	25-9-08	Heemskerk (NED)	290
22. de Wit Stephen	93	08-021	1:14.08	25m	25-9-08	Heemskerk (NED)	287
23. Missot Paul	64	08-021	1:14.80	25m	4-11-79	Zaandam (NED)	279
24. Woudsma Stefan	00	08-021	1:14.91	25m	10-12-15	Heemskerk (NED)	278
25. Hoenink Jarl	86	08-021	1:14.96	25m	29-3-01	Heemskerk (NED)	277

**200 rugslag**

1. Offringa Rick	03	08-021	2:28.50	25m	18-11-18	Hoofddorp (NED)	359
2. Essers Tim	88	08-021	2:30.14	25m	9-11-03	Zaandam	348
3. Schelvis Sjeng	89	08-021	2:30.89	25m	28-11-04	Heemskerk (NED)	343
4. Hermans Luuk	85	08-021	2:31.50	25m	14-12-00	Heemskerk (NED)	338
5. Crok Pieter	91	08-021	2:31.54	25m	26-11-06	Heemskerk (NED)	338
6. Butter Martijn	79	08-021	2:33.20	25m	20-10-94	Heemskerk (NED)	327
7. Oudendijk Paul	81	08-021	2:34.30	25m	10-10-96	Heemskerk (NED)	320
8. Dekker Matthijs	90	08-021	2:34.73	25m	15-5-05	Zuidoost-Beemster (NED)	318
9. Groen Jarno	01	08-021	2:36.04	25m	13-11-16	Purmerend (NED)	310
10. Hoenink Jarl	86	08-021	2:36.69	25m	18-11-01	Heemskerk	306
11. Steenbergen Roderik	82	08-021	2:37.10	25m	11-9-97	Heemskerk (NED)	303
12. Kleijne Barry	93	08-021	2:37.19	25m	16-11-08	Amsterdam-oost (NED)	303
13. Jongert Sjoerd	01	08-021	2:37.75	25m	13-11-16	Purmerend (NED)	300
14. Kramer Vincent	82	08-021	2:37.90	25m	1-5-97	Heemskerk (NED)	299
15. van der Linden René	70	08-021	2:40.20	25m	31-12-85		286
15. Meijer Arno	75	08-021	2:40.20	25m	8-11-90	Heemskerk (NED)	286
17. Stins Arnold	83	08-021	2:41.82	25m	11-10-98	Alkmaar (NED)	278
18. Kemmeren Ferry	91	08-021	2:42.00	25m	26-11-06	Heemskerk (NED)	277
19. Glorie Daan	88	08-021	2:42.46	25m	25-9-03	Heemskerk (NED)	274
20. de Wit Stephen	93	08-021	2:42.81	25m	16-11-08	Amsterdam-oost (NED)	273
21. Gaal Koen	99	08-021	2:45.34	25m	30-3-14	Zaandam (NED)	260
22. van Vegten Teun	01	08-021	2:45.42	25m	13-11-16	Purmerend (NED)	260
23. van Hannen Erik	67	08-021	2:46.40	25m	14-3-82		255
24. de Ruijter Richard	88	08-021	2:46.44	25m	9-11-03	Zaandam	255
25. Woudsma Stefan	00	08-021	2:47.03	25m	29-3-15	Zaandam (NED)	252

**500 rugslag****25 schoolslag**

1. de Boer Stephan	83	08-021	16.20	25m	19-3-98	Heemskerk (NED)	369
2. Crok Pieter	91	08-021	16.48	25m	27-4-06	Heemskerk	350
3. Hermans Luuk	85	08-021	16.85	25m	17-2-00	Heemskerk (NED)	327
4. Kerkhof Arno	72	08-021	16.90	25m	17-12-87	Heemskerk (NED)	325
5. Butter Joris	86	08-021	16.96	25m	22-2-01	Heemskerk (NED)	321
6. Zwaan Bas	76	08-021	17.00	25m	16-5-91	Heemskerk (NED)	319
6. Hoenink Jarl	86	08-021	17.00	25m	22-2-01	Heemskerk (NED)	319
8. van Rookhuizen Barry	82	08-021	17.30	25m	13-3-97	Heemskerk (NED)	303
9. Stins Arnold	83	08-021	17.40	25m	19-3-98	Heemskerk (NED)	297
10. Wiegman Stefan	74	08-021	17.50	25m	12-1-89	Heemskerk (NED)	292

25 schoolslag (sinds 11)

11. de Caluwé Niels	91	08-021	17.61	25m	27-4-06	Heemskerk	287
12. Kemmeren Ferry	91	08-021	17.82	25m	27-4-06	Heemskerk	277
13. Andeweg Celedonio	76	08-021	17.90	25m	16-5-91	Heemskerk (NED)	273
14. Huveneers Fabian	73	08-021	18.00	25m	22-3-88	Heemskerk (NED)	269
15. Kramer Vincent	82	08-021	18.10	25m	13-3-97	Heemskerk (NED)	264
16. Lamers Koen	91	08-021	18.41	25m	27-4-06	Heemskerk	251
17. Martijn Onno	91	08-021	18.53	25m	27-4-06	Heemskerk	246
18. Hoenink Sten	84	08-021	18.68	25m	25-3-99	Heemskerk (NED)	240
19. Beentjes Bastiaan	78	08-021	18.70	25m	17-6-93	Heemskerk (NED)	239
19. Oortwijn Maarten	80	08-021	18.70	25m	27-4-95	Heemskerk (NED)	239
21. de Vries Dylan	93	08-021	18.88	25m	29-5-08	Heemskerk (NED)	233
22. Krijger Jan-Willem	81	08-021	19.30	25m	14-3-96	Heemskerk (NED)	218
23. Kock Albert	61	08-021	19.40	25m	14-9-76	Heemskerk (NED)	214
24. Zijlstra Jeroen	80	08-021	19.60	25m	27-4-95	Heemskerk (NED)	208
25. Tijms Stefan	93	08-021	19.62	25m	29-5-08	Heemskerk (NED)	207

50 schoolslag

1. van Rijn Michael	70	08-021	33.60	25m	10-11-85		424
2. de Boer Stephan	83	08-021	33.95	25m	19-9-98	Amersfoort (NED)	411
3. de Ruijter Richard	88	08-021	34.22	25m	28-12-03	Maastricht (NED)	401
4. Schaaper Bart	73	08-021	35.20	25m	31-12-88		369
5. Bok Reitze	73	08-021	35.80	25m	31-12-88		350
6. Palmboom Pascal	89	08-021	35.83	25m	28-12-04	Maastricht (NED)	349
7. Hermans Luuk	85	08-021	36.07	25m	14-12-00	Heemskerk (NED)	343
8. Crok Pieter	91	08-021	36.21	25m	30-12-06	Maastricht (NED)	339
9. Meijer Arno	75	08-021	36.60	25m	21-6-90	Heemskerk (NED)	328
10. Jongert Sjoerd	01	08-021	36.66	25m	15-5-16	Purmerend (NED)	326
11. van Baal Elvin	86	08-021	36.74	25m	20-12-01	Heemskerk	324
12. Glorie Daan	88	08-021	37.04	25m	27-11-03	Heemskerk (NED)	316
13. Kemmeren Ferry	91	08-021	37.36	25m	30-12-06	Maastricht (NED)	308
14. Schelvis Sjeng	89	08-021	37.57	25m	25-11-04	Heemskerk (NED)	303
15. Dekker Matthijs	90	08-021	37.67	25m	26-2-05	Roermond	301
16. Verdonk Pim	63	08-021	37.70	25m	22-4-78	Heemskerk (NED)	300
16. van Rookhuizen Barry	82	08-021	37.70	25m	5-10-97	Zaandam (NED)	300
18. Essers Tim	88	08-021	37.74	25m	9-3-03	Zuidoostbeemster (NED)	299
19. van der Gracht Jory	87	08-021	37.86	25m	28-11-02	Heemskerk	296
20. Butter Martijn	79	08-021	37.90	25m	20-10-94	Heemskerk (NED)	295
21. Butter Joris	86	08-021	38.09	25m	20-12-01	Heemskerk	291
22. de Caluwé Niels	91	08-021	38.12	25m	30-11-06	Heemskerk	290
23. Switser René	75	08-021	38.20	25m	7-11-90		288
24. Hoenink Jarl	86	08-021	38.87	25m	20-12-01	Heemskerk	274
25. Stins Arnold	83	08-021	38.88	25m	24-9-98	Heemskerk (NED)	273



**100 schoolslag**

1.	de Boer Stephan	83	08-021	1:13.69	25m	13-12-98	Heemskerk (NED)	429
2.	Schaaper Bart	73	08-021	1:15.30	25m	17-9-88		402
3.	van Rijn Michael	70	08-021	1:16.10	25m	31-12-85		390
4.	de Ruijter Richard	88	08-021	1:16.62	25m	14-12-03	Heemskerk (NED)	382
5.	Meijer Arno	75	08-021	1:18.00	25m	16-12-90	Heemskerk (NED)	362
6.	Keessen Jeroen	67	08-021	1:18.10	25m	28-2-82		360
7.	Bok Reitze	73	08-021	1:18.50	25m	17-9-88		355
8.	Hagebout Marcel	68	08-021	1:18.80	25m	10-4-83	Heemskerk (NED)	351
9.	Hermans Luuk	85	08-021	1:19.03	25m	10-12-00	Heemskerk (NED)	348
10.	Jongert Sjoerd	01	08-021	1:19.11	25m	13-10-16	Heemskerk (NED)	347
11.	Crok Pieter	91	08-021	1:19.67	25m	19-11-06	Purmerend (NED)	340
12.	Essers Tim	88	08-021	1:21.07	25m	21-4-03	Haarlem	322
13.	Stins Arnold	83	08-021	1:21.11	25m	13-12-98	Heemskerk (NED)	322
14.	Palmboom Pascal	89	08-021	1:21.17	25m	28-12-04	Maastricht (NED)	321
15.	van Duin Peter	65	08-021	1:21.40	25m	22-11-80	Heemskerk (NED)	318
16.	Dekker Matthijs	90	08-021	1:21.51	25m	20-2-05	Aalsmeer (NED)	317
17.	Glorie Daan	88	08-021	1:22.42	25m	28-12-03	Maastricht (NED)	307
18.	van der Gracht Jory	87	08-021	1:22.43	25m	28-12-02	Hoornd (NED)	307
19.	Butter Martijn	79	08-021	1:22.60	25m	16-10-94	Heemskerk (NED)	305
20.	Pover Peter	69	08-021	1:22.80	25m	28-10-84	Egmond (NED)	302
21.	Kranenburg Fred	63	08-021	1:23.00	25m	31-12-78		300
22.	Andeweg Celedonio	76	08-021	1:23.10	25m	22-9-91	Zaandam (NED)	299
22.	Kramer Vincent	82	08-021	1:23.10	25m	14-12-97	Heemskerk (NED)	299
24.	van Rookhuizen Barry	82	08-021	1:23.20	25m	14-12-97	Heemskerk (NED)	298
25.	Oudendijk Paul	81	08-021	1:23.50	25m	7-11-96	Heemskerk (NED)	295

**200 schoolslag**

1.	de Boer Stephan	83	08-021	2:42.40	25m	16-5-98	Zaandam (NED)	407
2.	de Ruijter Richard	88	08-021	2:44.19	25m	30-10-03	Heemskerk	394
3.	van Rijn Michael	70	08-021	2:48.30	25m	31-12-85		366
4.	Schaaper Bart	73	08-021	2:51.90	25m	31-12-88		343
5.	Keessen Jeroen	67	08-021	2:52.40	25m	7-3-82		340
6.	Meijer Arno	75	08-021	2:53.80	25m	6-12-90	Heemskerk (NED)	332
7.	Jongert Sjoerd	01	08-021	2:54.47	25m	29-12-16	Leeuwarden (NED)	328
8.	Crok Pieter	91	08-021	2:56.03	25m	1-10-06	Volendam (NED)	320
9.	Essers Tim	88	08-021	2:56.38	25m	5-10-03	Heemskerk (NED)	318
10.	Hermans Luuk	85	08-021	2:57.09	25m	8-10-00	Heemskerk (NED)	314
11.	Butter Martijn	79	08-021	2:57.50	25m	24-11-94	Heemskerk (NED)	312
12.	Dekker Matthijs	90	08-021	2:58.27	25m	6-3-05	Den Haag	308
13.	Schelvis Sjeng	89	08-021	2:58.57	25m	3-10-04	Heemskerk (NED)	306
14.	Glorie Daan	88	08-021	2:58.72	25m	5-10-03	Heemskerk (NED)	306
15.	Stins Arnold	83	08-021	2:59.10	25m	22-11-98	Zaandam (NED)	304
16.	van Duin Peter	65	08-021	2:59.50	25m	19-10-80	Heemskerk (NED)	302
17.	van der Gracht Jory	87	08-021	2:59.51	25m	31-10-02	Heemskerk	302
18.	Andeweg Celedonio	76	08-021	3:01.10	25m	2-11-91		294
19.	Palmboom Pascal	89	08-021	3:01.51	25m	28-10-04	Heemskerk (NED)	292
20.	Butter Joris	86	08-021	3:02.79	25m	25-1-01	Heemskerk (NED)	286
21.	Hoening Jarl	86	08-021	3:03.30	25m	29-11-01	Heemskerk	283
22.	van de Sluis Nicolai	66	08-021	3:04.50	25m	5-4-81	Heemskerk (NED)	278
23.	Kramer Vincent	82	08-021	3:05.00	25m	9-10-97	Heemskerk (NED)	275
24.	Offringa Rick	03	08-021	3:05.08	25m	18-3-18	Purmerend (NED)	275
25.	Zwaan Bas	76	08-021	3:05.20	25m	14-3-91	Heemskerk (NED)	275

**500 schoolslag****800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Kerkhof Arno	72	08-021	13.60	25m	17-12-87	Heemskerk (NED)	385
2. Crok Pieter	91	08-021	14.10	25m	27-4-06	Heemskerk	346
3. Hermans Luuk	85	08-021	14.40	25m	4-5-00	Heemskerk (NED)	324
4. van Rookhuizen Barry	82	08-021	14.60	25m	13-2-97	Heemskerk (NED)	311
5. Krijger Jan-Willem	81	08-021	14.80	25m	8-2-96	Heemskerk (NED)	299
6. Lamers Koen	91	08-021	14.86	25m	27-4-06	Heemskerk	295
7. Hoenink Jarl	86	08-021	14.88	25m	29-3-01	Heemskerk (NED)	294
8. Wiegman Stefan	74	08-021	15.00	25m	12-1-89	Heemskerk (NED)	287
9. Zwaan Bas	76	08-021	15.20	25m	16-5-91	Heemskerk (NED)	276
10. Stins Arnold	83	08-021	15.30	25m	15-1-98	Heemskerk (NED)	270
11. de Ruijter René	86	08-021	15.36	25m	29-3-01	Heemskerk (NED)	267
12. Kramer Vincent	82	08-021	15.40	25m	13-2-97	Heemskerk (NED)	265
13. Kemmeren Ferry	91	08-021	15.42	25m	27-4-06	Heemskerk	264
14. de Wit Stephen	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)	258
15. de Boer Stephan	83	08-021	15.60	25m	15-1-98	Heemskerk (NED)	255
16. Dekker Rudie	78	08-021	15.70	25m	17-6-93	Heemskerk (NED)	250
17. Oortwijn Maarten	80	08-021	15.90	25m	16-3-95	Heemskerk (NED)	241
18. Martijn Onno	91	08-021	15.94	25m	27-4-06	Heemskerk	239
19. de Caluwé Niels	91	08-021	16.19	25m	27-4-06	Heemskerk	228
20. Butter Joris	86	08-021	16.43	25m	29-3-01	Heemskerk (NED)	218
21. de Groot Peter	80	08-021	16.50	25m	16-3-95	Heemskerk (NED)	216
21. Oudendijk Paul	81	08-021	16.50	25m	8-2-96	Heemskerk (NED)	216
23. Tijms Stefan	93	08-021	16.63	25m	29-5-08	Heemskerk (NED)	210
24. Borst Corné	96	08-021	16.87	25m	30-6-11	Heemskerk (NED)	202
25. de Vries Allard	96	08-021	17.07	25m	30-6-11	Heemskerk (NED)	195

**50 vlinderslag**

1. Schelvis Sjeng	89	08-021	28.56	25m	23-12-04	Heemskerk (NED)	444
2. Crok Pieter	91	08-021	30.31	25m	5-11-06	Zaandam (NED)	372
3. van der Gracht Jory	87	08-021	30.81	25m	31-1-02	Heemskerk	354
4. Lamers Koen	91	08-021	31.06	25m	14-12-06	Heemskerk (NED)	345
5. Kemmeren Ferry	91	08-021	31.29	25m	5-11-06	Zaandam (NED)	338
6. Jongert Sjoerd	01	08-021	31.44	25m	9-10-16	Alkmaar (NED)	333
7. Essers Tim	88	08-021	31.53	25m	9-3-03	Zuidoostbeemster (NED)	330
8. Butter Martijn	79	08-021	31.60	25m	24-11-94	Heemskerk (NED)	328
9. Groen Jarno	01	08-021	31.64	25m	17-11-16	Heemskerk (NED)	327
10. Stins Arnold	83	08-021	31.66	25m	17-12-98	Heemskerk (NED)	326
11. van Rookhuizen Barry	82	08-021	31.90	25m	11-12-97	Heemskerk (NED)	319
12. Hermans Luuk	85	08-021	31.93	25m	3-12-00	Zaandam (NED)	318
12. de Ruijter Richard	88	08-021	31.93	25m	28-12-03	Maastricht (NED)	318
14. Kramer Vincent	82	08-021	32.00	25m	11-12-97	Heemskerk (NED)	316
15. Glorie Daan	88	08-021	32.17	25m	18-12-03	Heemskerk (NED)	311
16. Offringa Rick	03	08-021	32.26	25m	29-11-18	Heemskerk (NED)	308
17. Meijer Arno	75	08-021	32.30	25m	21-6-90	Heemskerk (NED)	307
18. Dekker Matthijs	90	08-021	32.55	25m	6-2-05	Zuidoost-Beemster (NED)	300
18. Gaal Roel	01	08-021	32.55	25m	17-11-16	Heemskerk (NED)	300
20. Kerkhof Arno	72	08-021	32.70	25m	21-5-87	Heemskerk (NED)	296
21. Pover Peter	69	08-021	33.20	25m	28-10-84	Egmond (NED)	283
21. Oortwijn Bouke	78	08-021	33.20	25m	18-11-93	Heemskerk	283
23. Kleijne Barry	93	08-021	33.46	25m	30-10-08	Heemskerk (NED)	276
24. de Boer Stephan	83	08-021	33.53	25m	19-9-98	Amersfoort (NED)	274
25. de Wit Stephen	93	08-021	33.59	25m	30-10-08	Heemskerk (NED)	273

**100 vlinderslag**

1. Schelvis Sjeng	89	08-021	1:05.70	25m	7-11-04	Amsterdam (NED)	391
2. Meijer Arno	75	08-021	1:09.00	25m	16-12-90	Heemskerk (NED)	338
3. van der Gracht Jory	87	08-021	1:09.53	25m	28-2-02	Heemskerk	330
4. Jongert Sjoerd	01	08-021	1:09.61	25m	11-12-16	Alkmaar (NED)	329
5. Essers Tim	88	08-021	1:09.95	25m	28-12-03	Maastricht (NED)	324
6. Kemmeren Ferry	91	08-021	1:11.11	25m	10-12-06	Heemskerk (NED)	309
7. Butter Martijn	79	08-021	1:11.80	25m	15-12-94	Heemskerk (NED)	300
8. Schaaper Bart	73	08-021	1:12.20	25m	31-12-88		295
9. Glorie Daan	88	08-021	1:13.00	25m	28-12-03	Maastricht (NED)	285
10. Groen Jarno	01	08-021	1:13.32	25m	18-2-16	Heemskerk (NED)	281
11. Hagebout Marcel	68	08-021	1:13.70	25m	31-12-83		277
12. Missot Paul	64	08-021	1:13.90	25m	25-11-79	Heemskerk (NED)	275
13. Crok Pieter	91	08-021	1:14.60	25m	28-12-06	Maastricht (NED)	267
14. Lamers Koen	91	08-021	1:14.66	25m	10-12-06	Heemskerk (NED)	267
15. de Ruijter Richard	88	08-021	1:15.16	25m	5-1-03	Aalsmeer (NED)	261
16. Kramer Vincent	82	08-021	1:15.30	25m	26-10-97	Heemskerk (NED)	260
17. Oortwijn Maarten	80	08-021	1:15.90	25m	27-4-95	Heemskerk (NED)	254
18. van Rijn Michael	70	08-021	1:16.00	25m	6-10-85	Wormerveer (NED)	253
18. van Rookhuizen Barry	82	08-021	1:16.00	25m	26-10-97	Heemskerk (NED)	253
20. Dekker Matthijs	90	08-021	1:16.15	25m	15-5-05	Zuidoost-Beemster (NED)	251
21. Wiegman Stefan	74	08-021	1:16.50	25m	18-2-89		248
22. Kleijne Barry	93	08-021	1:16.60	25m	30-11-08	Heemskerk (NED)	247
23. Offringa Rick	03	08-021	1:16.76	25m	15-2-18	Heemskerk (NED)	245
24. Andeweg Celedonio	76	08-021	1:17.20	25m	24-3-91	Zaandam (NED)	241
25. de Wit Stephen	93	08-021	1:17.48	25m	27-4-08	Alkmaar (NED)	238

**200 vlinderslag**

1. Jongert Sjoerd	01	08-021	2:38.30	25m	27-11-16	Zaandam (NED)	322
2. van der Gracht Jory	87	08-021	2:40.78	25m	22-12-02	Zaandam	307
3. Schelvis Sjeng	89	08-021	2:42.35	25m	25-11-04	Heemskerk (NED)	298
4. Kemmeren Ferry	91	08-021	2:47.34	25m	30-11-06	Heemskerk	273
5. Schaaper Bart	73	08-021	2:47.60	25m	8-12-88	Heemskerk (NED)	271
6. Meijer Arno	75	08-021	2:50.20	25m	8-4-90	Volendam (NED)	259
7. Essers Tim	88	08-021	2:53.77	25m	27-11-03	Heemskerk (NED)	243
8. Groen Jarno	01	08-021	2:54.80	25m	27-11-16	Zaandam (NED)	239
9. Stins Arnold	83	08-021	2:55.50	25m	9-5-98	Zaandam (NED)	236
10. Glorie Daan	88	08-021	2:55.52	25m	27-11-03	Heemskerk (NED)	236
11. Kleijne Barry	93	08-021	2:55.82	25m	10-5-08	Purmerend (NED)	235
12. Crok Pieter	91	08-021	2:56.42	25m	30-11-06	Heemskerk	233
13. Dekker Matthijs	90	08-021	2:57.64	25m	15-5-05	Zuidoost-Beemster (NED)	228
14. van Rookhuizen Barry	82	08-021	3:00.00	25m	9-3-97	Alkmaar (NED)	219
15. Lamers Koen	91	08-021	3:07.48	25m	30-11-06	Heemskerk	194
16. de Ruijter Richard	88	08-021	3:07.57	25m	27-11-03	Heemskerk (NED)	193
17. de Wit Stephen	93	08-021	3:09.84	25m	31-1-08	Heemskerk (NED)	187
18. Palmboom Pascal	89	08-021	3:10.17	25m	25-11-04	Heemskerk (NED)	186
19. Hoenink Jarl	86	08-021	3:12.96	25m	20-12-01	Heemskerk	178
20. Butter Joris	86	08-021	3:18.37	25m	20-12-01	Heemskerk	163
21. de Ruijter René	86	08-021	3:28.10	25m	20-12-01	Heemskerk	141
22. van Hannen Erik	67	08-021	3:30.00	25m	7-3-82		138

**1000 vlinderslag****100 wisselslag**

1. Schelvis Sjeng	89	08-021	1:07.91	25m	30-9-04	Heemskerk (NED)	406
2. Crok Pieter	91	08-021	1:08.53	25m	5-11-06	Zaandam (NED)	395
3. Jongert Sjoerd	01	08-021	1:08.67	25m	9-10-16	Alkmaar (NED)	393
4. Essers Tim	88	08-021	1:09.16	25m	28-12-03	Maastricht (NED)	384
5. de Boer Stephan	83	08-021	1:09.89	25m	15-11-98	Zaandam (NED)	372
6. de Ruijter Richard	88	08-021	1:10.01	25m	28-12-03	Maastricht (NED)	370
7. Hagebout Marcel	68	08-021	1:10.30	25m	6-2-83		366
8. Offringa Rick	03	08-021	1:10.38	25m	9-12-18	Zaandam (NED)	365
9. Butter Martijn	79	08-021	1:10.70	25m	11-12-94	Heemskerk (NED)	360
10. Hermans Luuk	85	08-021	1:11.46	25m	23-9-00	Amersfoort (NED)	348
11. Meijer Arno	75	08-021	1:11.80	25m	14-6-90	Heemskerk (NED)	343
12. Gaal Roel	01	08-021	1:12.17	25m	19-5-16	Heemskerk (NED)	338
13. van der Gracht Jory	87	08-021	1:12.29	25m	26-9-02	Heemskerk	336
14. Kramer Vincent	82	08-021	1:12.40	25m	5-10-97	Zaandam (NED)	335
15. Stins Arnold	83	08-021	1:12.49	25m	29-11-98	Zuidoost Beemster (NED)	334
16. Schaaper Bart	73	08-021	1:13.00	25m	31-12-88		327
17. Glorie Daan	88	08-021	1:13.09	25m	25-9-03	Heemskerk (NED)	325
18. Keessen Jeroen	67	08-021	1:13.20	25m	7-2-82		324
19. Dekker Matthijs	90	08-021	1:13.30	25m	8-5-05	Uden	323
20. Groen Jarno	01	08-021	1:13.37	25m	27-11-16	Zaandam (NED)	322
21. Butter Joris	86	08-021	1:13.48	25m	9-12-01	Heemskerk	320
22. de Wit Stephen	93	08-021	1:13.67	25m	30-11-08	Heemskerk (NED)	318
23. Kemmeren Ferry	91	08-021	1:13.73	25m	5-11-06	Zaandam (NED)	317
24. Hoenink Jarl	86	08-021	1:13.87	25m	27-9-01	Heemskerk	315
25. Wiegman Stefan	74	08-021	1:14.00	25m	12-1-89	Heemskerk (NED)	314

**200 wisselslag**

1. Schelvis Sjeng	89	08-021	2:27.94	25m	3-10-04	Heemskerk (NED)	406
2. Offringa Rick	03	08-021	2:30.26	25m	17-11-18	Hoofddorp (NED)	388
3. Meijer Arno	75	08-021	2:31.50	25m	2-12-90		378
4. de Boer Stephan	83	08-021	2:31.81	25m	26-11-98	Heemskerk (NED)	376
5. Jongert Sjoerd	01	08-021	2:32.14	25m	4-12-16	Zaandam (NED)	374
6. Crok Pieter	91	08-021	2:32.35	25m	15-1-06	Zaandam (NED)	372
7. Dekker Matthijs	90	08-021	2:33.92	25m	16-1-05	Zaandam (NED)	361
8. Hagebout Marcel	68	08-021	2:34.50	25m	11-12-83	Heemskerk (NED)	357
9. Essers Tim	88	08-021	2:34.98	25m	26-10-03	Zaandam	353
10. de Ruijter Richard	88	08-021	2:36.30	25m	30-1-03	Heemskerk	345
11. Stins Arnold	83	08-021	2:37.12	25m	26-11-98	Heemskerk (NED)	339
12. van Rijn Michael	70	08-021	2:37.50	25m	29-9-85	Heemskerk (NED)	337
13. Glorie Daan	88	08-021	2:38.05	25m	26-10-03	Zaandam	333
14. Kramer Vincent	82	08-021	2:38.50	25m	16-11-97	Zaandam (NED)	330
15. Butter Martijn	79	08-021	2:38.60	25m	20-1-94	Heemskerk	330
16. Oudendijk Paul	81	08-021	2:39.00	25m	24-11-96	Castricum (NED)	327
17. Kemmeren Ferry	91	08-021	2:39.05	25m	14-12-06	Heemskerk (NED)	327
18. Kerkhof Arno	72	08-021	2:39.50	25m	29-11-87	Amstelveen (NED)	324
19. van der Gracht Jory	87	08-021	2:39.51	25m	13-1-02	Zaandam	324
20. Wiegman Stefan	74	08-021	2:40.90	25m	19-2-89	Heemskerk (NED)	316
21. van der Linden René	70	08-021	2:41.00	25m	29-9-85	Heemskerk (NED)	315
22. Lamers Koen	91	08-021	2:41.18	25m	14-12-06	Heemskerk (NED)	314
23. Hermans Luuk	85	08-021	2:42.13	25m	5-11-00	Zaandam (NED)	309
24. Missot Paul	64	08-021	2:42.30	25m	4-11-79	Zaandam (NED)	308
25. Hoenink Jarl	86	08-021	2:42.58	25m	25-10-01	Heemskerk	306

**300 wisselslag**

1. Schelvis Sjeng	89	08-021	3:53.16	25m	19-12-04	Heemskerk (NED)
2. Crok Pieter	91	08-021	4:02.72	25m	3-12-06	Zaandam (NED)
3. de Ruijter Richard	88	08-021	4:03.11	25m	30-11-03	Heemskerk (NED)
4. van der Gracht Jory	87	08-021	4:08.38	25m	24-11-02	Amsterdam
5. Hoenink Jarl	86	08-021	4:16.82	25m	23-12-01	Amsterdam
6. Kemmeren Ferry	91	08-021	4:21.10	25m	12-1-06	Heemskerk (NED)
7. Kleijne Barry	93	08-021	4:22.74	25m	9-11-08	Zaandam (NED)
8. Palmboom Pascal	89	08-021	4:33.44	25m	19-12-04	Heemskerk (NED)
9. Butter Joris	86	08-021	4:34.58	25m	20-1-01	Amsterdam (NED)

**400 wisselslag**

1. Offringa Rick	03	08-021	5:20.29	25m	24-11-18	Hoofddorp (NED)	397
2. Dekker Matthijs	90	08-021	5:25.26	25m	30-1-05	Zaandam (NED)	379
3. Essers Tim	88	08-021	5:26.13	25m	23-2-03	Heemskerk	376
4. Schelvis Sjeng	89	08-021	5:31.11	25m	29-2-04	Wormerveer	359
5. Jongert Sjoerd	01	08-021	5:34.31	25m	11-12-16	Alkmaar (NED)	349
6. Meijer Arno	75	08-021	5:35.80	25m	9-12-90	Volendam (NED)	344
7. Butter Martijn	79	08-021	5:36.40	25m	6-3-94	Assendelft (NED)	343
8. de Boer Stephan	83	08-021	5:37.60	25m	17-5-98	Den Helder (NED)	339
9. Kemmeren Ferry	91	08-021	5:53.35	25m	15-6-06	Heemskerk (NED)	296
10. Keessen Jeroen	67	08-021	5:53.80	25m	3-4-82	Heemskerk (NED)	294
11. de Ruijter Richard	88	08-021	5:54.48	25m	23-2-03	Heemskerk	293
12. van der Gracht Jory	87	08-021	5:54.90	25m	24-2-02	Heemskerk	292
13. Glorie Daan	88	08-021	5:55.63	25m	23-2-03	Heemskerk	290

400 wisselslag (sinds 14)

14. Hoenink Jarl	86	08-021	5:58.52	25m	25-2-01	Heemskerk (NED)	283
15. Butter Joris	86	08-021	6:00.84	25m	25-2-01	Heemskerk (NED)	277
16. Stins Arnold	83	08-021	6:05.00	25m	16-4-98	Heemskerk (NED)	268
17. Lamers Koen	91	08-021	6:08.60	25m	19-2-06	Zaandam (NED)	260
18. Hermans Luuk	85	08-021	6:09.60	25m	30-3-00	Heemskerk (NED)	258
19. Palmboom Pascal	89	08-021	6:16.28	25m	29-2-04	Wormerveer	245
20. Oortwijn Maarten	80	08-021	6:32.30	25m	8-6-95	Heemskerk (NED)	216
21. Martijn Onno	91	08-021	6:37.68	25m	15-6-06	Heemskerk (NED)	207
22. van Honschoten Jacky	67	08-021	6:41.40	25m	3-4-82	Heemskerk (NED)	201