

25 vrije slag

1.	Meijer Arno	75	08-021	11.60	25m	13-3-97	Heemskerk (NED)	487
2.	Camphuijnder Wilko	69	08-021	11.70	25m	12-2-98	Heemskerk (NED)	475
3.	Hogenstijn Peter	84	08-021	11.90	25m	29-3-01	Heemskerk (NED)	451
4.	Oudendijk Paul	81	08-021	11.98	25m	4-3-06	Aberdeen (GBR)	442
5.	Butter Martijn	79	08-021	12.14	25m	25-3-99	Heemskerk (NED)	425
5.	Kleijne Barry	93	08-021	12.14	25m	30-6-11	Heemskerk (NED)	425
7.	Kerkhof Arno	72	08-021	12.20	25m	31-12-89	Heemskerk (NED)	419
8.	Stins Arnold	83	08-021	12.22	25m	4-5-00	Heemskerk (NED)	417
9.	Hermans Luuk	85	08-021	12.45	25m	19-4-07	Heemskerk (NED)	394
10.	Schaaper Hans	68	08-021	12.50	25m	17-12-87	Heemskerk (NED)	389
11.	Druyven Jorrick	94	08-021	12.52	25m	29-5-08	Heemskerk (NED)	387
12.	Pover Peter	69	08-021	12.60	25m	31-12-89	Heemskerk (NED)	380
12.	van Rookhuizen Barry	82	08-021	12.60	25m	12-2-98	Heemskerk (NED)	380
14.	de Boer Stephan	83	08-021	12.63	25m	25-3-99	Heemskerk (NED)	377
15.	Oortwijn Maarten	80	08-021	12.70	25m	14-3-96	Heemskerk (NED)	371
16.	Kramer Vincent	82	08-021	12.74	25m	29-3-01	Heemskerk (NED)	368
17.	Kuilman Joris	80	08-021	12.75	25m	29-3-01	Heemskerk (NED)	367
17.	de Ruijter Richard	88	08-021	12.75	25m	27-4-06	Heemskerk	367
19.	Crok Pieter	91	08-021	12.78	25m	29-5-08	Heemskerk (NED)	364
20.	de Vijlder Michael	75	08-021	12.80	25m	13-3-97	Heemskerk (NED)	362
21.	Glorie Daan	88	08-021	12.89	25m	27-4-06	Heemskerk	355
22.	Hulshof Patrick	75	08-021	12.90	25m	16-5-91	Heemskerk (NED)	354
22.	Dekker Rudie	78	08-021	12.90	25m	27-4-95	Heemskerk (NED)	354
24.	Martijn Onno	91	08-021	12.95	25m	29-5-08	Heemskerk (NED)	350
25.	van der Gracht Jory	87	08-021	12.98	25m	30-6-11	Heemskerk (NED)	348
26.	de Ruijter René	86	08-021	13.01	25m	29-3-01	Heemskerk (NED)	345
27.	Palmboom Pascal	89	08-021	13.08	25m	30-6-11	Heemskerk (NED)	340
28.	Wiegman Stefan	74	08-021	13.10	25m	12-1-89	Heemskerk (NED)	338
29.	Steenbergen Roderik	82	08-021	13.15	25m	4-5-00	Heemskerk (NED)	334
30.	Tamis Thijs	82	08-021	13.19	25m	29-3-01	Heemskerk (NED)	331
31.	Bok Reitze	73	08-021	13.20	25m	31-12-89	Heemskerk (NED)	330
32.	Tijms Stefan	93	08-021	13.21	25m	30-6-11	Heemskerk (NED)	330
33.	Kemmeren Ferry	91	08-021	13.26	25m	29-5-08	Heemskerk (NED)	326
34.	Stam Daniël	79	08-021	13.30	25m	13-3-97	Heemskerk (NED)	323
34.	Bal Chester	78	08-021	13.30	25m	13-3-97	Heemskerk (NED)	323
36.	de Caluwé Niels	91	08-021	13.33	25m	19-4-07	Heemskerk (NED)	321
37.	van der Bunt Raymond	73	08-021	13.50	25m	16-5-91	Heemskerk (NED)	309
37.	Krijger Jan-Willem	81	08-021	13.50	25m	12-2-98	Heemskerk (NED)	309
39.	de Weert Sander	72	08-021	13.51	25m	14-4-11	Heemskerk (NED)	308
40.	Lamers Koen	91	08-021	13.53	25m	19-4-07	Heemskerk (NED)	307
41.	Oortwijn Bouke	78	08-021	13.54	25m	17-10-15	Emmeloord (NED)	306
42.	Switser René	75	08-021	13.60	25m	12-1-89	Heemskerk (NED)	302
42.	Wassenaar Marcel	69	08-021	13.60	25m	12-1-89	Heemskerk (NED)	302
44.	Essers Tim	88	08-021	13.66	25m	29-5-08	Heemskerk (NED)	298
45.	Goverde Jeroen	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)	295
45.	Tijms Eric	64	08-021	13.70	25m	29-5-08	Heemskerk (NED)	295
47.	Beentjes Bastiaan	78	08-021	13.73	25m	25-3-99	Heemskerk (NED)	294
48.	Besse Niels	72	08-021	13.80	25m	31-12-89	Heemskerk (NED)	289
49.	Wassenaar Edwin	72	08-021	13.90	25m	12-1-89	Heemskerk (NED)	283
49.	Schaap Paul	75	08-021	13.90	25m	31-12-89	Heemskerk (NED)	283
51.	Zwaan Bas	76	08-021	14.00	25m	16-5-91	Heemskerk (NED)	277
52.	Blaauw Eric	67	08-021	14.07	25m	26-4-12	Heemskerk (NED)	273

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53.	Schaaper Bart	73	08-021	14.10	25m	12-1-89	Heemskerk (NED)	271
53.	de Boer Daniël	77	08-021	14.10	25m	27-4-95	Heemskerk (NED)	271
55.	Zonneveld Jeroen	78	08-021	14.12	25m	20-10-12	Emmeloord (NED)	270
56.	Butter Joris	86	08-021	14.17	25m	29-3-01	Heemskerk (NED)	267
57.	van Velsen Gerard	54	08-021	14.20	25m	22-3-88	Heemskerk (NED)	265
57.	Zijlstra Jeroen	80	08-021	14.20	25m	14-3-96	Heemskerk (NED)	265
59.	Hoening Jarl	86	08-021	14.25	25m	19-4-07	Heemskerk (NED)	263
60.	de Wit Stephen	93	08-021	14.29	25m	29-5-08	Heemskerk (NED)	260
61.	de Vries Allard	96	08-021	14.40	25m	30-6-11	Heemskerk (NED)	254
62.	Huveneers Fabian	73	08-021	14.50	25m	22-3-88	Heemskerk (NED)	249
63.	Koopman Axel	92	08-021	14.53	25m	27-4-06	Heemskerk	248
64.	Andeweg Celedonio	76	08-021	14.60	25m	27-4-95	Heemskerk (NED)	244
65.	Schelvis Sjeng	89	08-021	14.62	25m	29-3-01	Heemskerk (NED)	243
66.	Kerdijk Dennis	79	08-021	14.80	25m	14-3-96	Heemskerk (NED)	234
67.	Gaal Koen	99	08-021	14.81	25m	14-4-11	Heemskerk (NED)	234
68.	Borst Corné	96	08-021	14.93	25m	30-6-11	Heemskerk (NED)	228
69.	Crok Dirk	58	08-021	14.97	25m	19-4-07	Heemskerk (NED)	226
70.	de Roode Jeremiah	99	08-021	15.35	25m	14-4-11	Heemskerk (NED)	210
71.	Hoening Sten	84	08-021	15.38	25m	25-3-99	Heemskerk (NED)	209
72.	de Caluwe Johan	64	08-021	15.40	25m	19-4-07	Heemskerk (NED)	208
73.	Doodeman Niels	89	08-021	15.48	25m	29-3-01	Heemskerk (NED)	205
74.	Arends Martin	81	08-021	15.50	25m	17-6-93	Heemskerk (NED)	204
75.	de Vries Dylan	93	08-021	15.58	25m	29-5-08	Heemskerk (NED)	201
76.	Oortwijn Guido	78	08-021	15.60	25m	16-5-91	Heemskerk (NED)	200
77.	Vink Gé	60	08-021	15.67	25m	13-5-07	Grootebroek (NED)	197
78.	Schouws Nico	59	08-021	15.80	25m	14-9-76	Heemskerk (NED)	192
79.	Kaal Dennis	74	08-021	15.90	25m	12-1-89	Heemskerk (NED)	189
80.	Thijssen Dave	82	08-021	16.00	25m	27-4-95	Heemskerk (NED)	185
81.	Jacobs Patrick	87	08-021	16.02	25m	29-3-01	Heemskerk (NED)	185
82.	Jong Ron	77	08-021	16.10	25m	31-12-89	Heemskerk (NED)	182
83.	Smit Arend	88	08-021	16.27	25m	29-3-01	Heemskerk (NED)	176
84.	Dekker Ruben	93	08-021	16.38	25m	6-10-02	Zaandam	173
85.	van der Kroft Barry	82	08-021	16.40	25m	17-6-93	Heemskerk (NED)	172
85.	Groen Jarno	01	08-021	16.40	25m	26-4-12	Heemskerk (NED)	172
87.	Vlieland Roy	99	08-021	16.42	25m	30-6-11	Heemskerk (NED)	171
88.	Meyer Frank	60	08-021	16.50	25m	30-3-76	Heemskerk (NED)	169
88.	de Graaf Peter	76	08-021	16.50	25m	22-3-88	Heemskerk (NED)	169
88.	Heeremans Tim	78	08-021	16.50	25m	31-12-89	Heemskerk (NED)	169
88.	de Groot Peter	80	08-021	16.50	25m	14-3-96	Heemskerk (NED)	169
88.	Groot Sander	88	08-021	16.50	25m	25-3-99	Heemskerk (NED)	169
93.	van Baal Elvin	86	08-021	16.57	25m	29-3-01	Heemskerk (NED)	167
94.	ten Cate Raymond	82	08-021	16.60	25m	27-4-95	Heemskerk (NED)	166
95.	van der Gracht Adrie	57	08-021	16.66	25m	17-2-13	Aberdeen (GBR)	164
96.	Sikkema Joris	86	08-021	16.68	25m	25-3-99	Heemskerk (NED)	163
96.	Vessies Max	03	08-021	16.68	25m	13-4-14	Zaandam (NED)	163
98.	de Caluwé Thijs	82	08-021	16.70	25m	6-4-95	Heemskerk (NED)	163
99.	Oudendijk Hans	54	08-021	16.98	25m	29-5-08	Heemskerk (NED)	155
100.	Hof Peter	62	08-021	17.00	25m	14-9-76	Heemskerk (NED)	154
100.	van Lieshout Martin	76	08-021	17.00	25m	12-1-89	Heemskerk (NED)	154
102.	de Wildt Thijs	94	08-021	17.06	25m	29-5-08	Heemskerk (NED)	153
102.	van Vegten Teun	01	08-021	17.06	25m	26-4-12	Heemskerk (NED)	153
104.	Borst Jan	63	08-021	17.10	25m	30-3-76	Heemskerk (NED)	152
105.	Gaal Roel	01	08-021	17.18	25m	30-6-11	Heemskerk (NED)	150

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106.	Hof Ronnalt	60	08-021	17.20	25m	14-9-76	Heemskerk (NED)	149
107.	Mulder Mark	97	08-021	17.29	25m	30-6-11	Heemskerk (NED)	147
108.	Jansen Jacques	62	08-021	17.40	25m	14-9-76	Heemskerk (NED)	144
108.	Kooistra André	88	08-021	17.40	25m	25-3-99	Heemskerk (NED)	144
110.	de Rooij Roel	87	08-021	17.48	25m	25-3-99	Heemskerk (NED)	142
111.	Bleijendaal Lucas	83	08-021	17.60	25m	27-4-95	Heemskerk (NED)	139
111.	Welboren Mark	87	08-021	17.60	25m	12-2-98	Heemskerk (NED)	139
113.	Zonneveld Alex	90	08-021	18.00	25m	29-3-01	Heemskerk (NED)	130
114.	de Rooij Coen	89	08-021	18.06	25m	4-5-00	Heemskerk (NED)	129
115.	Veldhuis Christian	88	08-021	18.09	25m	29-3-01	Heemskerk (NED)	128
116.	Verdonk Pim	63	08-021	18.10	25m	30-3-76	Heemskerk (NED)	128
116.	van Rijn Michael	70	08-021	18.10	25m	10-2-80	Heerhugowaard (NED)	128
118.	Woudsma Stefan	00	08-021	18.19	25m	26-4-12	Heemskerk (NED)	126
119.	Beentjes Walter	64	08-021	18.20	25m	14-9-76	Heemskerk (NED)	126
120.	Feyen Erik	66	08-021	18.30	25m	30-3-76	Heemskerk (NED)	124
120.	Lith John	63	08-021	18.30	25m	30-3-76	Heemskerk (NED)	124
120.	Sturkenboom Willibrord	64	08-021	18.30	25m	30-3-76	Heemskerk (NED)	124
123.	Welp Andre	65	08-021	18.40	25m	30-3-76	Heemskerk (NED)	122
124.	Welboren Mischa	89	08-021	18.43	25m	25-3-99	Heemskerk (NED)	121
125.	Offringa Rick	03	08-021	18.51	25m	26-4-12	Heemskerk (NED)	120
126.	Kloppenburger Albert	82	08-021	18.60	25m	19-1-94		118
127.	Yayli Serkan	92	08-021	18.73	25m	7-10-01	Zaandam (NED)	115
128.	Josselet Bart	84	08-021	18.80	25m	5-3-98	Heemskerk (NED)	114
129.	Lammers Fake	63	08-021	18.90	25m	14-9-76	Heemskerk (NED)	112
130.	de Wit Job	98	08-021	18.98	25m	29-5-08	Heemskerk (NED)	111
131.	Smit Rob	69	08-021	19.00	25m	1-9-79	Heemskerk (NED)	110
132.	Zwaan Nick	94	08-021	19.07	25m	5-10-03	Heemskerk (NED)	109
132.	Litjens Olaf	99	08-021	19.07	25m	14-4-11	Heemskerk (NED)	109
134.	Grapendaal Aad	42	08-021	19.11	25m	17-10-15	Emmeloord (NED)	109
135.	Tuinstra Sean	98	08-021	19.16	25m	29-5-08	Heemskerk (NED)	108
136.	Arends Peter	79	08-021	19.20	25m	16-6-93		107
137.	Piek Roy	89	08-021	19.23	25m	29-3-01	Heemskerk (NED)	107
138.	de Boer Tobias	02	08-021	19.39	25m	26-4-12	Heemskerk (NED)	104
139.	van der Kolk Henk	65	08-021	19.40	25m	14-9-76	Heemskerk (NED)	104
139.	Huisman Rene	69	08-021	19.40	25m	1-9-79	Heemskerk (NED)	104
139.	Verhagen Michel	82	08-021	19.40	25m	16-3-95	Heemskerk (NED)	104
142.	Apeldoorn Alex	89	08-021	19.47	25m	4-5-00	Heemskerk (NED)	103
143.	Ukkerman Benz	02	08-021	19.49	25m	13-4-14	Zaandam (NED)	102
144.	Abbenhuis Frank	65	08-021	19.50	25m	30-3-76	Heemskerk (NED)	102
145.	Ursem Rob	69	08-021	19.60	25m	1-9-79	Heemskerk (NED)	101
146.	de Vriend Ruben	03	08-021	19.61	25m	26-4-12	Heemskerk (NED)	100
147.	de Groot Pieter	83	08-021	19.70	25m	20-1-94	Heemskerk	99
148.	Oortwijn Kalle	05	08-021	19.78	25m	13-4-14	Zaandam (NED)	98
149.	Nijenhuis Jan-Hendrik	65	08-021	19.80	25m	14-9-76	Heemskerk (NED)	98
150.	de Buyzer Eelco	64	08-021	19.90	25m	14-9-76	Heemskerk (NED)	96
151.	de Wit Matthew	97	08-021	19.98	25m	30-6-11	Heemskerk (NED)	95
152.	Versteeghe Rene	65	08-021	20.10	25m	14-9-76	Heemskerk (NED)	93
153.	Smit Erik	64	08-021	20.20	25m	14-9-76	Heemskerk (NED)	92
154.	van Hardeveld Richard	69	08-021	20.30	25m	1-9-79	Heemskerk (NED)	90
155.	Leek Hans	66	08-021	20.40	25m	30-3-76	Heemskerk (NED)	89
155.	Wassenaar Joris	01	08-021	20.40	25m	26-4-12	Heemskerk (NED)	89
157.	Nijland Yoran	05	08-021	20.45	25m	13-4-14	Zaandam (NED)	88
158.	Groot Tim	99	08-021	20.49	25m	30-6-11	Heemskerk (NED)	88

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159.	Verhagen Bart	85	08-021	20.50	25m	16-3-95	Heemskerk (NED)	88
159.	Glorie Jan	57	08-021	20.50	25m	25-5-08	Grootebroek (NED)	88
161.	Bulthuis Luc Jan	64	08-021	20.80	25m	30-3-76	Heemskerk (NED)	84
162.	de Boer Sem	02	08-021	20.97	25m	13-11-11	Zaandam (NED)	82
163.	van Lieshout Rick	78	08-021	21.10	25m	16-5-91	Heemskerk (NED)	81
164.	Jong Gregory	80	08-021	21.20	25m	31-12-89	Heemskerk (NED)	79
165.	van Rixel Ferry	64	08-021	21.30	25m	30-3-76	Heemskerk (NED)	78
165.	Sadon Alain	64	08-021	21.30	25m	14-9-76	Heemskerk (NED)	78
167.	van Els Thomas	82	08-021	21.50	25m	19-1-94		76
168.	Groot Wim	63	08-021	21.70	25m	30-3-76	Heemskerk (NED)	74
169.	Nolten Rob	63	08-021	21.90	25m	30-3-76	Heemskerk (NED)	72
170.	de Bruijn Harold	65	08-021	22.10	25m	14-9-76	Heemskerk (NED)	70
170.	de Joode Bert	65	08-021	22.10	25m	14-9-76	Heemskerk (NED)	70
172.	Gouweleeuw Raymond	88	08-021	22.18	25m	25-3-99	Heemskerk (NED)	69
173.	van Heerwaarden Marcel	65	08-021	22.20	25m	14-9-76	Heemskerk (NED)	69
174.	Martens Andre	70	08-021	22.30	25m	16-3-80	Heemskerk (NED)	68
175.	Hollander Tonny	63	08-021	22.40	25m	30-3-76	Heemskerk (NED)	67
175.	de Ruyter Peter	65	08-021	22.40	25m	14-9-76	Heemskerk (NED)	67
177.	Cekic Deniz	97	08-021	22.46	25m	29-5-08	Heemskerk (NED)	67
178.	Verschuren Andre	62	08-021	22.50	25m	30-3-76	Heemskerk (NED)	66
178.	Altena Marc	65	08-021	22.50	25m	14-9-76	Heemskerk (NED)	66
180.	Put Hans	66	08-021	23.00	25m	14-9-76	Heemskerk (NED)	62
181.	van Vliet John	63	08-021	23.30	25m	30-3-76	Heemskerk (NED)	60
181.	Zonneveld Bas	82	08-021	23.30	25m	17-6-93	Heemskerk (NED)	60
183.	van der Berg Job	98	08-021	23.38	25m	29-5-08	Heemskerk (NED)	59
184.	Schouws Theo	66	08-021	23.50	25m	30-3-76	Heemskerk (NED)	58
184.	Lith Rob	63	08-021	23.50	25m	30-3-76	Heemskerk (NED)	58
184.	van Vliet Rinus	65	08-021	23.50	25m	30-3-76	Heemskerk (NED)	58
187.	Keessen Jeroen	67	08-021	23.60	25m	30-3-76	Heemskerk (NED)	57
188.	Beentjes John	64	08-021	23.90	25m	30-3-76	Heemskerk (NED)	55
188.	Valk Erwin	65	08-021	23.90	25m	14-9-76	Heemskerk (NED)	55
188.	Korzelius Ron	65	08-021	23.90	25m	14-9-76	Heemskerk (NED)	55
191.	Wegchelaar Geert Jan	64	08-021	24.00	25m	30-3-76	Heemskerk (NED)	55
192.	Goverde Antoine	65	08-021	24.10	25m	14-9-76	Heemskerk (NED)	54
193.	Versteeg Lennert	65	08-021	24.40	25m	14-9-76	Heemskerk (NED)	52
194.	Rozemeijer Marco	67	08-021	24.50	25m	14-9-76	Heemskerk (NED)	51
195.	Verhoog Jan-Willem	66	08-021	24.80	25m	14-9-76	Heemskerk (NED)	49
196.	Lanser Werner	71	08-021	24.90	25m	10-2-80	Heerhugowaard (NED)	49
197.	Verhagen Jeroen	84	08-021	25.10	25m	16-3-95	Heemskerk (NED)	48
198.	van Wijk Peter	87	08-021	25.20	25m	12-2-98	Heemskerk (NED)	47
199.	Beentjes Rob	63	08-021	25.30	25m	14-9-76	Heemskerk (NED)	46
199.	van der Linden René	70	08-021	25.30	25m	1-9-79	Heemskerk (NED)	46
201.	Put Nico	67	08-021	25.50	25m	14-9-76	Heemskerk (NED)	45
202.	van der Linden Ronald	72	08-021	25.90	25m	10-2-80	Heerhugowaard (NED)	43
203.	van Heerwaarden Erwin	68	08-021	26.00	25m	14-9-76	Heemskerk (NED)	43
203.	Vrugt Richard	67	08-021	26.00	25m	14-9-76	Heemskerk (NED)	43
203.	Blaauw Xam	07	08-021	26.00	25m	2-3-14	Haarlem (NED)	43
206.	van Rijn Ian	05	08-021	26.12	25m	13-4-14	Zaandam (NED)	42
207.	Dekker Johnny	67	08-021	26.60	25m	14-9-76	Heemskerk (NED)	40
208.	Viel Stefan	88	08-021	26.80	25m	13-3-97	Heemskerk (NED)	39
209.	van Dijk Michel	68	08-021	26.90	25m	14-9-76	Heemskerk (NED)	39
210.	Borg Erick	64	08-021	27.00	25m	30-3-76	Heemskerk (NED)	38
211.	Hörchner Erwin	64	08-021	27.30	25m	30-3-76	Heemskerk (NED)	37

25 vrije slag (sinds 212)

211.	Denneman John	66	08-021	27.30	25m	14-9-76	Heemskerk (NED)	37
213.	Beentjes Theo	65	08-021	27.40	25m	30-3-76	Heemskerk (NED)	36
213.	Put Harry	70	08-021	27.40	25m	10-2-80	Heerhugowaard (NED)	36
215.	Roestenberg Misja	72	08-021	27.50	25m	10-2-80	Heerhugowaard (NED)	36
216.	Woudsma Maarten	01	08-021	27.77	25m	26-4-12	Heemskerk (NED)	35
217.	Teunissen Frank	68	08-021	28.00	25m	14-9-76	Heemskerk (NED)	34
217.	van Heerwaarden Gerard	70	08-021	28.00	25m	1-9-79	Heemskerk (NED)	34
219.	de Graaf Arnold	66	08-021	28.30	25m	14-9-76	Heemskerk (NED)	33
220.	van Heerwaarden Stefan	70	08-021	28.50	25m	1-9-79	Heemskerk (NED)	32
221.	Bos Tako	68	08-021	28.80	25m	14-9-76	Heemskerk (NED)	31
221.	Pijlman Bart	67	08-021	28.80	25m	14-9-76	Heemskerk (NED)	31
223.	Verschuren Martin	65	08-021	29.70	25m	30-3-76	Heemskerk (NED)	29
224.	Dijkstra Menno	68	08-021	30.00	25m	30-3-76	Heemskerk (NED)	28
224.	Hoogendoorn Paul	66	08-021	30.00	25m	14-9-76	Heemskerk (NED)	28
226.	Monden Fernmy	67	08-021	30.30	25m	30-3-76	Heemskerk (NED)	27
227.	Beentjes Johnny	68	08-021	30.50	25m	14-9-76	Heemskerk (NED)	26
228.	van Heerwaarden Jeroen	72	08-021	31.90	25m	10-2-80	Heerhugowaard (NED)	23
229.	van der Aar Peter	69	08-021	33.00	25m	14-9-76	Heemskerk (NED)	21
230.	van Wijk Nico	68	08-021	33.20	25m	14-9-76	Heemskerk (NED)	20
231.	Haasnoot Michel	72	08-021	33.50	25m	10-2-80	Heerhugowaard (NED)	20
232.	Lubbers Pieter-Jan	67	08-021	33.60	25m	14-9-76	Heemskerk (NED)	20
233.	Butter Stijn	11	08-021	33.77	25m	17-5-18	Heemskerk (NED)	19
234.	de Groot Frank	67	08-021	33.80	25m	30-3-76	Heemskerk (NED)	19
235.	Kooiman Alexander	69	08-021	35.00	25m	14-9-76	Heemskerk (NED)	17
236.	Pettinga Rodney	85	08-021	35.70	25m	14-3-96	Heemskerk (NED)	16
237.	Kuijl Peter	67	08-021	35.80	25m	14-9-76	Heemskerk (NED)	16
238.	van Wijngaarden Edwin	68	08-021	41.10	25m	30-3-76	Heemskerk (NED)	10

50 vrije slag

1.	Jongert Jeroen	96	08-021	24.78	25m	13-10-16	Heemskerk (NED)	546
2.	Kleijne Barry	93	08-021	24.96	25m	29-3-15	Zaandam (NED)	534
3.	Gaal Roel	01	08-021	25.24	25m	24-11-18	Hoofddorp (NED)	517
4.	van Beek Klaas	88	08-021	25.27	25m	23-5-10	Purmerend (NED)	515
5.	Meijer Arno	75	08-021	25.50	25m	26-1-95	Heemskerk (NED)	501
6.	Camphuijnder Wilko	69	08-021	25.60	25m	8-3-98	Zaandam (NED)	495
7.	Butter Martijn	79	08-021	25.61	25m	4-11-99	Heemskerk (NED)	495
8.	de Wit Stephen	93	08-021	25.77	25m	16-2-14	Purmerend (NED)	485
9.	Kerkhof Arno	72	08-021	25.90	25m	31-5-90	Heemskerk (NED)	478
10.	Schelvis Sjeng	89	08-021	25.98	25m	26-6-05	Roosendaal (NED)	474
11.	Crok Pieter	91	08-021	26.03	25m	31-10-13	Heemskerk (NED)	471
12.	Jongert Sjoerd	01	08-021	26.04	25m	21-10-18	Purmerend (NED)	470
13.	Hogenstijn Peter	84	08-021	26.15	25m	27-9-01	Heemskerk	465
14.	van de Poll Kevin	86	08-021	26.32	25m	29-1-04	Heemskerk (NED)	456
14.	Oudendijk Paul	81	08-021	26.32	25m	23-4-06	Zaandam (NED)	456
16.	Oortwijn Maarten	80	08-021	26.40	50m	7-6-97	Beverwijk (NED)	496
17.	van Rookhuizen Barry	82	08-021	26.48	25m	17-10-99	Zaandam (NED)	447
18.	Kranenburg Fred	63	08-021	26.50	25m	11-12-83	Heemskerk (NED)	446
19.	van der Gracht Jory	87	08-021	26.58	25m	12-3-17	Purmerend (NED)	442
20.	Di Mattia Angelo	97	08-021	26.59	25m	15-2-15	Purmerend (NED)	442
21.	Kramer Vincent	82	08-021	26.65	25m	7-11-04	IJmuiden (NED)	439
22.	Breton Wouter	89	08-021	26.74	50m	16-5-09	Beverwijk (NED)	478
23.	Druyven Jorrick	94	08-021	26.82	25m	10-2-08	Purmerend (NED)	431

50 vrije slag (sinds 24)

24.	Hermans Luuk	85	08-021	26.83	25m	31-5-07	Heemskerk (NED)	430
25.	Korzelius Ron	65	08-021	27.00	25m	23-9-84	Heemskerk (NED)	422
26.	Glorie Daan	88	08-021	27.03	25m	30-12-05	Maastricht (NED)	421
27.	Kuilman Joris	80	08-021	27.07	25m	17-1-99	Heemskerk (NED)	419
28.	Verbree John	61	08-021	27.10	25m	7-3-82		417
28.	Schaaper Hans	68	08-021	27.10	25m	5-11-89	Heemskerk (NED)	417
30.	de Boer Stephan	83	08-021	27.15	25m	26-11-98	Heemskerk (NED)	415
30.	de Ruijter Richard	88	08-021	27.15	25m	28-12-04	Maastricht (NED)	415
32.	van der Kroft Barry	82	08-021	27.34	25m	27-4-03	Zaandam	406
33.	de Vijlder Michael	75	08-021	27.40	25m	1-5-97	Heemskerk (NED)	404
33.	Palmboom Pascal	89	08-021	27.40	25m	8-4-07	Haarlem (NED)	404
35.	Gaal Koen	99	08-021	27.43	25m	11-10-18	Heemskerk (NED)	402
36.	Stins Arnold	83	08-021	27.44	25m	18-3-01	Zaandam (NED)	402
37.	Plokker Robert	65	08-021	27.60	25m	22-3-81	Wieringerwerf (NED)	395
37.	Pover Peter	69	08-021	27.60	25m	5-10-88		395
37.	Dekker Rudie	78	08-021	27.60	25m	20-1-94	Heemskerk	395
40.	Tijms Stefan	93	08-021	27.61	25m	2-6-13	Purmerend (NED)	395
41.	de Ruijter René	86	08-021	27.67	25m	29-1-04	Heemskerk (NED)	392
42.	Windmuller Ton	62	08-021	27.80	25m	5-4-81	Heemskerk (NED)	387
42.	Hagebout Marcel	68	08-021	27.80	25m	11-12-83	Heemskerk (NED)	387
42.	Keessen Jeroen	67	08-021	27.80	25m	23-9-84	Heemskerk (NED)	387
45.	Wiegman Stefan	74	08-021	27.90	25m	3-11-91	Assendelft (NED)	382
46.	Kemmeren Ferry	91	08-021	27.96	25m	8-4-07	Haarlem (NED)	380
46.	Camphuijnder Jasper	05	08-021	27.96	25m	24-11-18	Hoofddorp (NED)	380
48.	van der Ende Mark	75	08-021	28.00	25m	7-5-98	Heemskerk (NED)	378
49.	de Vries Allard	96	08-021	28.04	25m	31-10-13	Heemskerk (NED)	377
50.	Essers Tim	88	08-021	28.05	25m	27-1-05	Heemskerk (NED)	376
51.	Groen Jarno	01	08-021	28.06	25m	14-1-17	Alkmaar (NED)	376
52.	Steenbergen Roderik	82	08-021	28.07	25m	17-10-99	Zaandam (NED)	376
53.	van Vegten Teun	01	08-021	28.09	25m	15-10-17	Alkmaar (NED)	375
54.	Switser René	75	08-021	28.10	25m	31-5-90	Heemskerk (NED)	374
54.	Stam Daniël	79	08-021	28.10	25m	16-11-97	Zaandam (NED)	374
56.	Offringa Rick	03	08-021	28.14	25m	24-11-18	Hoofddorp (NED)	373
57.	Hulshof Patrick	75	08-021	28.20	25m	10-3-91	Heemskerk (NED)	370
57.	Bal Chester	78	08-021	28.20	25m	14-4-96	Zaandam (NED)	370
59.	Woudsma Stefan	00	08-021	28.28	25m	13-10-16	Heemskerk (NED)	367
60.	Dekker Matthijs	90	08-021	28.39	25m	15-5-05	Zuidoost-Beemster (NED)	363
61.	Butter Joris	86	08-021	28.41	25m	29-1-04	Heemskerk (NED)	362
61.	Martijn Onno	91	08-021	28.41	25m	25-1-07	Heemskerk (NED)	362
63.	de Caluwé Niels	91	08-021	28.43	25m	25-1-07	Heemskerk (NED)	361
64.	Dijkstra Menno	68	08-021	28.50	25m	21-5-87	Heemskerk (NED)	359
65.	Tamis Thijs	82	08-021	28.56	25m	31-5-01	Heemskerk (NED)	356
66.	Missot Paul	64	08-021	28.60	25m	2-3-80	Heemskerk (NED)	355
67.	Oortwijn Bouke	78	08-021	28.79	25m	24-9-15	Heemskerk (NED)	348
68.	Bok Reitze	73	08-021	28.80	25m	3-12-89	Zaandam (NED)	348
68.	Krijger Jan-Willem	81	08-021	28.80	25m	22-3-98	Assendelft (NED)	348
70.	Hoening Jarl	86	08-021	28.85	25m	29-5-04	Z.o. Beemster	346
71.	van der Heijden Hans	60	08-021	28.90	25m	14-9-76	Heemskerk (NED)	344
72.	Overmeer Michel	60	08-021	29.00	25m	12-2-78	Heemskerk (NED)	340
72.	Schaap Paul	75	08-021	29.00	25m	11-2-90	Heemskerk (NED)	340
74.	Dekker Ruben	93	08-021	29.04	25m	22-1-06	Purmerend (NED)	339
75.	Ursem Jerre	73	08-021	29.10	25m	14-12-88		337
76.	Dekker Erik	62	08-021	29.20	25m	1-9-79	Heemskerk (NED)	334

50 vrije slag (sinds 77)

76.	van de Sluis Nicolai	66	08-021	29.20	25m	22-3-81	Wieringerwerf (NED)	334
76.	Wolf Gert Jan	65	08-021	29.20	25m	7-3-82		334
76.	Lamers Koen	91	08-021	29.20	25m	8-4-07	Haarlem (NED)	334
80.	van der Bunt Raymond	73	08-021	29.30	25m	21-4-91	Heemstede (NED)	330
81.	Wassenaar Marcel	69	08-021	29.40	25m	14-4-93		327
82.	Oortwijn Kalle	05	08-021	29.44	25m	24-11-18	Hoofddorp (NED)	325
83.	Ijntema Tjeerd	99	08-021	29.55	25m	13-10-16	Heemskerk (NED)	322
84.	van der Linden René	70	08-021	29.60	25m	11-12-83	Heemskerk (NED)	320
84.	van Rijn Michael	70	08-021	29.60	25m	31-12-83		320
84.	Schaaper Bart	73	08-021	29.60	25m	2-12-89		320
87.	de Weert Sander	72	08-021	29.68	25m	11-10-12	Heemskerk (NED)	318
88.	Goverde Ad	59	08-021	29.70	25m	11-12-83	Heemskerk (NED)	317
89.	Windmuller Hans-Pieter	60	08-021	29.80	25m	30-3-76	Heemskerk (NED)	314
89.	de Caluwe Perry	61	08-021	29.80	25m	2-3-80	Heemskerk (NED)	314
89.	Roosendaal Ben	66	08-021	29.80	25m	22-3-81	Wieringerwerf (NED)	314
89.	Beentjes Bastiaan	78	08-021	29.80	25m	19-1-97	Zaandam (NED)	314
93.	Tuinstra Sean	98	08-021	29.89	25m	31-10-13	Heemskerk (NED)	311
94.	de Boer Daniël	77	08-021	29.90	25m	16-10-94	Heemskerk (NED)	311
95.	Deen Peter	59	08-021	30.00	25m	30-3-76	Heemskerk (NED)	308
95.	van Duin Peter	65	08-021	30.00	25m	3-4-82	Heemskerk (NED)	308
97.	Goverde Jeroen	73	08-021	30.10	25m	31-5-90	Heemskerk (NED)	304
97.	Zwaan Bas	76	08-021	30.10	25m	20-1-94	Heemskerk	304
99.	Geijssen Jacques	67	DEM/OEZA	30.16	25m	25-4-13	Heemskerk (NED)	303
100.	Kerdijk Dennis	79	08-021	30.20	25m	14-4-96	Zaandam (NED)	301
101.	Zonneveld Jeroen	78	08-021	30.22	25m	13-5-07	Grootebroek (NED)	301
102.	de Vries Dylan	93	08-021	30.26	25m	1-4-12	Zaandam (NED)	300
103.	Bleijendaal Thomas	88	08-021	30.29	25m	25-1-04	Zaandam	299
104.	van Hannen Erik	67	08-021	30.30	25m	7-3-82		298
104.	Oortwijn Guido	78	08-021	30.30	25m	23-2-92	Zaandam (NED)	298
106.	de Wildt Thijs	94	08-021	30.32	25m	14-3-10	Heemskerk (NED)	298
107.	Hoening Sten	84	08-021	30.33	25m	9-6-03	Z.o. Beemster	298
108.	Schillemans Bram	99	08-021	30.35	50m	9-12-17	Beverwijk (NED)	327
109.	Zijlstra Jeroen	80	08-021	30.40	25m	29-9-96	Haarlem (NED)	296
110.	Andeweg Celedonio	76	08-021	30.70	25m	6-11-93		287
111.	Ursem Rob	69	08-021	30.80	25m	23-9-84	Heemskerk (NED)	284
111.	Nolte Martijn	74	08-021	30.80	25m	21-5-87	Heemskerk (NED)	284
113.	Blaauw Eric	67	08-021	30.96	50m	5-9-13	Eindhoven (NED)	308
114.	Tijms Eric	64	08-021	30.97	25m	24-4-11	Haarlem (NED)	279
115.	de Jonge Marco	66	08-021	30.98	50m	7-12-13	Beverwijk (NED)	307
116.	Duin Goos	00	08-021	31.05	25m	20-9-15	Purmerend (NED)	277
117.	Borst Corné	96	08-021	31.07	25m	22-1-12	Zaandam (NED)	277
118.	van Honschoten Jacky	67	08-021	31.40	25m	5-4-81	Heemskerk (NED)	268
118.	Wassenaar Edwin	72	08-021	31.40	25m	15-12-88	Heemskerk (NED)	268
120.	de Groot Peter	80	08-021	31.50	25m	14-12-95	Heemskerk (NED)	266
121.	Woudsma Maarten	01	08-021	31.55	50m	27-5-17	Alkmaar (NED)	291
122.	de Caluwe Johan	64	08-021	31.60	25m	2-3-80	Heemskerk (NED)	263
123.	Verdonk Pim	63	08-021	31.70	25m	27-9-80	Heemskerk (NED)	261
124.	Koopman Axel	92	08-021	31.96	25m	25-2-06	Hoom (NED)	254
125.	Kock Albert	61	08-021	32.00	25m	30-3-76	Heemskerk (NED)	253
126.	de Boer Tobias	02	08-021	32.08	25m	16-3-17	Heemskerk (NED)	251
127.	Huisman Rene	69	08-021	32.10	25m	11-12-83	Heemskerk (NED)	251
128.	Besse Niels	72	08-021	32.60	25m	5-11-89	Heemskerk (NED)	240
129.	Blaauw Mica	05	08-021	32.74	25m	11-10-18	Heemskerk (NED)	236

50 vrije slag (sinds 130)

130.	Vlieland Roy	99	08-021	32.92	25m	20-5-13	Purmerend (NED)	233
131.	Doodeman Niels	89	08-021	32.98	25m	25-10-01	Heemskerk	231
132.	Crok Dirk	58	08-021	33.03	50m	19-9-09	Cadiz (ESP)	253
133.	Kemper Marcel	65	08-021	33.20	25m	27-9-80	Heemskerk (NED)	227
134.	Ranzijn Bas	76	DEM/OEZA	33.58	25m	25-4-13	Heemskerk (NED)	219
135.	Yayli Serkan	92	08-021	33.79	25m	27-1-05	Heemskerk (NED)	215
136.	de Roode Jeremiah	99	08-021	33.88	25m	16-1-11	Zaandam (NED)	213
136.	van Heerwaarden Chiel	05	08-021	33.88	25m	11-10-18	Heemskerk (NED)	213
136.	Nijland Yoran	05	08-021	33.88	25m	11-10-18	Heemskerk (NED)	213
139.	Arends Martin	81	08-021	33.90	25m	3-10-92		213
140.	van Rixel Ferry	64	08-021	34.10	25m	12-2-78	Heemskerk (NED)	209
141.	de Wit Matthew	97	08-021	34.13	25m	30-1-15	Amsterdam (NED)	209
142.	Koning Arthur	96	08-021	34.26	25m	3-10-10	Zaandam (NED)	206
143.	van Sleen Robin	90	08-021	34.36	25m	30-1-03	Heemskerk	205
144.	Smit Erik	64	08-021	34.40	25m	2-3-80	Heemskerk (NED)	204
145.	Jacobs Patrick	87	08-021	34.42	25m	25-10-01	Heemskerk	203
146.	Vink Gé	60	08-021	35.18	25m	13-5-07	Grootebroek (NED)	190
147.	Hof Ronnalt	60	08-021	35.20	25m	17-9-77	Heemskerk (NED)	190
148.	Kaal Dennis	74	08-021	35.30	25m	15-12-88	Heemskerk (NED)	189
149.	Smit Arend	88	08-021	35.34	25m	26-4-01	Heemskerk (NED)	188
150.	Wassenaar Joris	01	08-021	35.37	25m	19-1-14	Zaandam (NED)	187
151.	Geurtsen Arjan	64	08-021	35.50	25m	30-3-76	Heemskerk (NED)	185
151.	Jansen Jacques	62	08-021	35.50	25m	17-9-77	Heemskerk (NED)	185
153.	de Veer Albert	72	08-021	35.60	25m	14-12-89	Heemskerk (NED)	184
154.	Vessies Max	03	08-021	35.64	25m	18-9-14	Heemskerk (NED)	183
155.	Boonacker Wietse	68	08-021	35.70	25m	7-11-81	Heemskerk (NED)	182
155.	Heeremans Tim	78	08-021	35.70	25m	19-3-89	Zaandam (NED)	182
157.	Bokelaar Martijn	80	08-021	35.87	25m	20-2-10	Heerenveen (NED)	180
158.	van Gent Arno	65	08-021	35.90	25m	16-3-80	Heemskerk (NED)	179
159.	Kooistra André	88	08-021	36.00	25m	17-2-00	Heemskerk (NED)	178
160.	Bleijendaal Lucas	83	08-021	36.20	25m	14-12-95	Heemskerk (NED)	175
161.	van Baal Elvin	86	08-021	36.31	25m	27-9-01	Heemskerk	173
162.	van Rijn Ian	05	08-021	36.37	25m	11-5-17	Heemskerk (NED)	172
163.	Schipper Erik	72	08-021	36.50	25m	11-12-83	Heemskerk (NED)	171
164.	van Lieshout Martin	76	08-021	36.60	25m	5-10-88		169
164.	Jong Ron	77	08-021	36.60	25m	4-2-90	Assendelft (NED)	169
166.	Sadeghi Hosseen	90	08-021	36.66	25m	29-1-04	Heemskerk (NED)	168
167.	Oortwijn Menno	67	08-021	36.70	25m	16-3-80	Heemskerk (NED)	168
167.	Tholen Martijn	72	08-021	36.70	25m	11-12-83	Heemskerk (NED)	168
169.	de Rooij Roel	87	08-021	36.73	25m	17-1-99	Heemskerk (NED)	167
170.	Hoekstra Marcel	78	08-021	36.80	25m	13-3-88	Sassenheim (NED)	166
171.	de Vriend Ruben	03	08-021	36.83	25m	8-9-13	Zaandam (NED)	166
172.	Huis in 't Veld Lorenzo	03	08-021	36.85	25m	13-10-16	Heemskerk (NED)	166
173.	Veldhuis Christian	88	08-021	36.86	25m	18-11-01	Heemskerk	166
174.	Geurtsen Hans	61	08-021	37.00	25m	30-3-76	Heemskerk (NED)	164
174.	van de Wijst Peter	69	08-021	37.00	25m	27-9-80	Heemskerk (NED)	164
174.	de Caluwé Thijs	82	08-021	37.00	25m	5-3-95	Heemskerk (NED)	164
177.	Smit Rob	69	08-021	37.10	25m	16-12-79	(NED)	162
177.	ten Cate Raymond	82	08-021	37.10	25m	5-3-95	Heemskerk (NED)	162
179.	Put Nico	67	08-021	37.20	25m	10-2-80	Heerhugowaard (NED)	161
179.	Vos Daniël	91	08-021	37.20	25m	6-11-05	Zaandam (NED)	161
181.	Groot Sander	88	08-021	37.23	25m	17-2-00	Heemskerk (NED)	161
181.	Mulder Mark	97	08-021	37.23	25m	7-1-12	Hoom (NED)	161

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183.	Dullemond Fred	67	08-021	37.30	25m	29-11-82	Heemskerk (NED)	160
183.	Brands Ronald	75	08-021	37.30	25m	15-3-87	Heemskerk (NED)	160
185.	Blaauw Xam	07	08-021	37.39	25m	11-10-18	Heemskerk (NED)	159
186.	de Buyzer Eelco	64	08-021	37.40	25m	1-9-79	Heemskerk (NED)	158
187.	Litjens Olaf	99	08-021	37.42	25m	7-1-12	Hoor (NED)	158
188.	van den Akker Dennis	63	08-021	37.50	25m	30-3-76	Heemskerk (NED)	157
189.	Josselet Bart	84	08-021	37.53	25m	15-11-98	Zaandam (NED)	157
190.	Sikkema Joris	86	08-021	37.68	25m	15-11-98	Zaandam (NED)	155
191.	Meyer Frank	60	08-021	38.00	25m	7-12-76	Heemskerk (NED)	151
191.	Tap Ben	69	08-021	38.00	25m	22-3-88	Heemskerk (NED)	151
193.	van Dijck Bart	63	08-021	38.10	25m	14-9-76	Heemskerk (NED)	150
193.	Welboren Mark	87	08-021	38.10	25m	15-11-98	Zaandam (NED)	150
195.	Brouwer Nick	68	08-021	38.20	25m	10-2-80	Heerhugowaard (NED)	149
196.	Ramaakers Raymond	91	08-021	38.28	25m	29-1-04	Heemskerk (NED)	148
197.	Rasch Wilco	68	08-021	38.30	25m	27-9-80	Heemskerk (NED)	148
198.	Dam Norbert	92	08-021	38.47	25m	14-11-04	Zaandam (NED)	146
199.	Lammers Fake	63	08-021	38.50	25m	17-9-77	Heemskerk (NED)	145
200.	Put Hans	66	08-021	38.60	25m	10-2-80	Heerhugowaard (NED)	144
200.	Thijssen Dave	82	08-021	38.60	25m	5-3-95	Heemskerk (NED)	144
202.	de Graaf Arnold	66	08-021	38.70	25m	10-2-80	Heerhugowaard (NED)	143
203.	van der Gracht Adrie	57	08-021	38.72	25m	20-5-10	Heemskerk (NED)	143
204.	Prins Hilbert	51	08-021	38.77	25m	22-1-16	Papendrecht (NED)	142
205.	Beintema Andre	64	08-021	38.80	25m	17-9-77	Heemskerk (NED)	142
205.	Hoogeterp Klaas	67	08-021	38.80	25m	27-9-80	Heemskerk (NED)	142
207.	van Heerwaarden Gerard	70	08-021	39.10	25m	7-3-82		139
208.	van Hoytema Max	98	08-021	39.46	25m	11-4-10	Zaandam (NED)	135
209.	de Moes Paul	70	08-021	39.50	25m	11-12-83	Heemskerk (NED)	134
209.	Arends Peter	79	08-021	39.50	25m	14-4-93		134
211.	Teufer Florian	95	08-021	39.77	25m	25-1-07	Heemskerk (NED)	132
212.	de Wit Job	98	08-021	39.84	25m	13-4-08	Hoor (NED)	131
213.	van Dijk Mitchell	99	08-021	40.09	25m	27-2-10	Hoor (NED)	129
214.	Meijer Viggo	06	08-021	40.41	25m	21-10-18	Purmerend (NED)	126
215.	Manshanden Davy	68	08-021	40.50	25m	2-3-80	Heemskerk (NED)	125
215.	de Boer Elias	70	08-021	40.50	25m	29-11-82	Heemskerk (NED)	125
215.	Zwaan Nick	94	08-021	40.50	25m	14-3-04	Zaandam	125
218.	Visvaligam Athithyan	02	08-021	40.51	25m	18-9-14	Heemskerk (NED)	125
219.	Oudendijk Hans	54	08-021	40.53	25m	29-3-07	Heemskerk (NED)	124
220.	Zonneveld Alex	90	08-021	40.59	25m	25-10-01	Heemskerk	124
221.	van Tilburg Beau	07	08-021	40.78	25m	7-10-18	Purmerend (NED)	122
222.	Beeksma Coen	90	08-021	40.80	25m	21-4-02	Heemstede	122
223.	van Heerwaarden Stefan	70	08-021	40.90	25m	7-3-82		121
224.	van Hardeveld Richard	69	08-021	41.00	25m	7-11-81	Heemskerk (NED)	120
225.	Welp Marco	72	08-021	41.20	25m	2-9-84	Heemskerk (NED)	118
226.	Liu Andy	04	08-021	41.23	25m	7-5-17	Zaandam (NED)	118
227.	Offringa Martin	61	08-021	41.30	25m	7-12-76	Heemskerk (NED)	118
228.	Schellekens Henk	76	08-021	41.50	25m	5-10-89	Heemskerk (NED)	116
228.	Verhagen Bart	85	08-021	41.50	25m	14-12-95	Heemskerk (NED)	116
230.	van der Kolk Bart	69	08-021	41.60	25m	10-2-80	Heerhugowaard (NED)	115
230.	Zwetsloot Paul	65	08-021	41.60	25m	16-3-80	Heemskerk (NED)	115
232.	de Rooij Coen	89	08-021	41.61	25m	17-2-00	Heemskerk (NED)	115
233.	de Groot Michiel	91	08-021	41.68	25m	20-4-03	Haarlem	114
233.	Teufer Lorentz	96	08-021	41.68	25m	25-1-07	Heemskerk (NED)	114
235.	Kloppenburger Albert	82	08-021	41.70	25m	12-5-93		114

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236.	Welboren Mischa	89	08-021	41.72	25m	26-11-98	Heemskerk (NED)	114
237.	Vacca Sandro	04	08-021	41.75	25m	27-11-16	Zaandam (NED)	114
238.	Kuijl Ben	62	08-021	41.80	25m	14-9-76	Heemskerk (NED)	113
239.	Ukkerman Benz	02	08-021	41.86	25m	13-4-14	Zaandam (NED)	113
240.	Gruning Andre	68	08-021	42.00	25m	16-3-80	Heemskerk (NED)	112
241.	Komen Berend	97	08-021	42.02	25m	3-10-10	Zaandam (NED)	112
242.	Grapendaal Aad	42	08-021	42.07	50m	26-9-15	Kampen (NED)	122
243.	Apeldoorn Alex	89	08-021	42.23	25m	3-12-00	Zaandam (NED)	110
244.	van der Weide Bas	75	08-021	42.40	25m	31-5-90	Heemskerk (NED)	109
245.	Hagebout Erwin	65	08-021	42.50	25m	17-9-77	Heemskerk (NED)	108
245.	van Velsen Gerard	54	08-021	42.50	25m	22-3-88	Heemskerk (NED)	108
247.	Brouwer Marc	66	08-021	42.60	25m	10-2-80	Heerhugowaard (NED)	107
248.	Martens Andre	70	08-021	42.80	25m	29-11-82	Heemskerk (NED)	106
249.	de Boer Sem	02	08-021	43.16	25m	27-1-13	Zaandam (NED)	103
250.	Abbenhuis Frank	65	08-021	43.20	25m	7-12-76	Heemskerk (NED)	103
251.	Glorie Jan	57	08-021	43.78	25m	24-1-09	Vlissingen (NED)	99
252.	Groot Tim	99	08-021	43.87	25m	2-10-11	Heemskerk (NED)	98
253.	Haasbeek Bart	67	08-021	43.90	25m	10-2-80	Heerhugowaard (NED)	98
253.	de Ruiter Marcel	64	08-021	43.90	25m	16-3-80	Heemskerk (NED)	98
253.	Jong Gregory	80	08-021	43.90	25m	27-9-90	Heemskerk (NED)	98
256.	Wassenaar Teun	03	08-021	43.97	25m	31-10-13	Heemskerk (NED)	97
257.	Buur Michael	87	08-021	44.00	25m	19-4-98	Zaandam (NED)	97
258.	Verhagen Michel	82	08-021	44.10	25m	26-1-95	Heemskerk (NED)	96
259.	de Groot Pieter	83	08-021	44.50	25m	6-2-94	Wormerveer (NED)	94
260.	Reuderink Peter	62	08-021	44.60	25m	17-9-77	Heemskerk (NED)	93
261.	Aardenburg Koen	91	08-021	44.67	25m	27-1-05	Heemskerk (NED)	93
262.	Vink Jan Jaap	59	08-021	44.97	25m	21-10-12	Zaandam (NED)	91
263.	Gouweleeuw Raymond	88	08-021	45.21	25m	4-11-99	Heemskerk (NED)	89
264.	Nijenhuis Jan-Hendrik	65	08-021	45.40	25m	7-12-76	Heemskerk (NED)	88
265.	Kuijs Rik	04	08-021	45.91	25m	17-5-18	Heemskerk (NED)	85
266.	Beentjes Walter	64	08-021	46.00	25m	7-12-76	Heemskerk (NED)	85
266.	van der Kolk Rob	68	08-021	46.00	25m	10-2-80	Heerhugowaard (NED)	85
268.	Bruins Jacco	67	08-021	46.30	25m	1-9-79	Heemskerk (NED)	83
268.	van de Sluis Erwin	71	08-021	46.30	25m	7-11-81	Heemskerk (NED)	83
270.	Piek Roy	89	08-021	46.51	50m	26-5-01	Beverwijk (NED)	90
271.	Hartog Klaas	90	08-021	46.64	25m	26-4-01	Heemskerk (NED)	81
272.	Altena Marc	65	08-021	46.70	25m	7-12-76	Heemskerk (NED)	81
272.	Welp Andre	65	08-021	46.70	25m	17-9-77	Heemskerk (NED)	81
274.	Dekker Johnny	67	08-021	46.90	25m	22-4-78	Heemskerk (NED)	80
275.	van der Kolk Henk	65	08-021	47.90	25m	7-12-76	Heemskerk (NED)	75
276.	van der Kolk Dick	64	08-021	48.00	25m	7-12-76	Heemskerk (NED)	75
277.	Klinkenberg Marco	67	08-021	48.10	25m	16-3-80	Heemskerk (NED)	74
278.	van Lieshout Rick	78	08-021	48.20	25m	7-2-91	Heemskerk (NED)	74
279.	Jungbacker Rick	65	08-021	48.80	25m	16-3-80	Heemskerk (NED)	71
280.	van Kaan Marc	66	08-021	49.20	25m	7-12-76	Heemskerk (NED)	69
280.	Renkema Wilco	68	08-021	49.20	25m	29-11-82	Heemskerk (NED)	69
282.	Salic Keno	89	08-021	49.28	25m	27-9-01	Heemskerk	69
283.	de Ruijter Jaap	85	08-021	49.50	25m	12-12-96	Heemskerk (NED)	68
284.	Steenkamp Erwin	92	08-021	49.68	25m	25-10-01	Heemskerk	67
285.	Apontoweil Joerie	67	08-021	50.00	25m	22-4-78	Heemskerk (NED)	66
286.	Cekic Deniz	97	08-021	50.01	25m	13-4-08	Hoom (NED)	66
287.	Doodeman Erik	71	08-021	50.10	25m	7-11-81	Heemskerk (NED)	66
288.	Heesterbeek Mathijs	00	08-021	50.25	25m	30-9-10	Heemskerk (NED)	65

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289.	van der Berg Job	98	08-021	50.69	25m	13-4-08	Hoom (NED)	63
290.	de Joode Bert	65	08-021	50.80	25m	17-9-77	Heemskerk (NED)	63
291.	van Honk Arjan	82	08-021	50.90	25m	8-11-90	Heemskerk (NED)	63
291.	Viel Stefan	88	08-021	50.90	25m	7-5-98	Heemskerk (NED)	63
293.	van Heerwaarden Marcel	65	08-021	51.40	25m	7-12-76	Heemskerk (NED)	61
294.	Welp Paul	73	08-021	52.10	25m	11-12-83	Heemskerk (NED)	58
294.	van Wijk Peter	87	08-021	52.10	25m	26-11-98	Heemskerk (NED)	58
296.	Feyen Erik	66	08-021	52.20	25m	14-9-76	Heemskerk (NED)	58
297.	Kreuger Dave	73	08-021	52.30	25m	2-9-84	Heemskerk (NED)	58
298.	Verhagen Jeroen	84	08-021	53.00	25m	14-12-95	Heemskerk (NED)	55
299.	Handgraaf Jos	87	08-021	53.56	25m	20-5-99	Heemskerk (NED)	54
300.	van Slooten Udo	65	08-021	54.00	25m	14-9-76	Heemskerk (NED)	52
301.	Haasnoot Richard	69	08-021	55.10	25m	10-2-80	Heerhugowaard (NED)	49
302.	Landman John	75	08-021	56.00	25m	29-11-82	Heemskerk (NED)	47
303.	de Bruijn Harold	65	08-021	56.30	25m	7-12-76	Heemskerk (NED)	46
304.	Ruyter Jurgen	60	08-021	57.20	25m	30-3-76	Heemskerk (NED)	44
305.	Josselet Martin	91	08-021	57.96	25m	31-1-02	Heemskerk	42
306.	van Heerwaarden Erwin	68	08-021	58.00	25m	7-12-76	Heemskerk (NED)	42
307.	van Dijk Michel	68	08-021	58.40	25m	7-12-76	Heemskerk (NED)	41
308.	Spijker Jesse	91	08-021	58.62	25m	25-5-00	Heemskerk (NED)	41
309.	Hermens Sjoerd	68	08-021	58.80	25m	16-3-80	Heemskerk (NED)	40
310.	Vrugt Richard	67	08-021	59.00	25m	7-12-76	Heemskerk (NED)	40
311.	Bruisschaart Marcel	66	08-021	59.20	25m	7-12-76	Heemskerk (NED)	40
311.	Metz Aron	73	08-021	59.20	25m	7-11-81	Heemskerk (NED)	40
313.	Denneman John	66	08-021	59.50	25m	7-12-76	Heemskerk (NED)	39
314.	Goverde Antoine	65	08-021	59.60	25m	7-12-76	Heemskerk (NED)	39
315.	Hekman Sidney	71	08-021	1:00.50	25m	3-4-82	Heemskerk (NED)	37
316.	Rozemeijer Marco	67	08-021	1:00.80	25m	7-12-76	Heemskerk (NED)	37
317.	de Groot Ronald	85	08-021	1:01.60	25m	11-12-96		35
318.	Schoonenberg Dave	74	08-021	1:01.80	25m	29-11-82	Heemskerk (NED)	35
319.	van Kaam Sander	69	08-021	1:03.10	25m	7-12-76	Heemskerk (NED)	33
320.	Teunissen Frank	68	08-021	1:03.40	25m	7-12-76	Heemskerk (NED)	32
321.	Hermens Coen	66	08-021	1:04.00	25m	7-12-76	Heemskerk (NED)	31
322.	Havenaars Fabian	72	08-021	1:04.50	25m	29-11-82	Heemskerk (NED)	30
323.	de Wit Arnoud	66	08-021	1:04.70	25m	7-12-76	Heemskerk (NED)	30
324.	Smith Robert	88	08-021	1:05.88	25m	26-4-01	Heemskerk (NED)	29
325.	di Bucchianico Ricardo	65	08-021	1:06.60	25m	7-12-76	Heemskerk (NED)	28
326.	Bus Marcel	73	08-021	1:06.70	25m	29-11-82	Heemskerk (NED)	28
327.	Denneman Frank	68	08-021	1:09.40	25m	7-12-76	Heemskerk (NED)	24
328.	Beentjes Johnny	68	08-021	1:10.10	25m	7-12-76	Heemskerk (NED)	24
329.	van der Aar Peter	69	08-021	1:11.30	25m	7-12-76	Heemskerk (NED)	22
330.	Butter Stijn	11	08-021	1:11.46	25m	11-10-18	Heemskerk (NED)	22
331.	Lubbers Pieter-Jan	67	08-021	1:15.90	25m	7-12-76	Heemskerk (NED)	19
332.	van Dijk Dennis	72	08-021	1:19.30	25m	29-11-82	Heemskerk (NED)	16
333.	Roemeling Nicky	87	08-021	1:20.00	25m	11-1-96	Heemskerk (NED)	16
334.	Suvaal Theo	69	08-021	1:20.50	25m	7-12-76	Heemskerk (NED)	15
335.	Boerkamp Bart	68	08-021	1:20.70	25m	7-12-76	Heemskerk (NED)	15
336.	Pettinga Rodney	85	08-021	1:20.80	25m	8-2-96	Heemskerk (NED)	15
337.	Hartog Joep	93	08-021	1:23.90	25m	26-4-01	Heemskerk (NED)	14
338.	Mul Wilbert	75	08-021	1:35.60	25m	29-11-82	Heemskerk (NED)	9

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1. Jongert Jeroen	96	08-021	53.64	25m	12-2-17	Purmerend (NED)	588
2. Kleijne Barry	93	08-021	54.59	25m	23-4-15	Heemskerk (NED)	557
3. Gaal Roel	01	08-021	54.61	25m	16-9-18	Alkmaar (NED)	557
4. Butter Martijn	79	08-021	54.80	25m	4-5-00	Heemskerk (NED)	551
5. Hogenstijn Peter	84	08-021	55.53	25m	16-4-01	Haarlem (NED)	530
6. Camphuijnder Wilko	69	08-021	55.60	25m	14-12-97	Heemskerk (NED)	528
6. van Beek Klaas	88	08-021	55.60	25m	31-5-09	Purmerend (NED)	528
8. Oudendijk Paul	81	08-021	56.85	25m	18-1-04	Ijmuiden (NED)	493
9. de Wit Stephen	93	08-021	57.02	25m	17-11-13	Heemskerk (NED)	489
10. Kerkhof Arno	72	08-021	57.30	25m	31-5-90	Heemskerk (NED)	482
11. Jongert Sjoerd	01	08-021	57.47	25m	4-11-18	Alkmaar (NED)	478
12. Crok Pieter	91	08-021	57.68	25m	15-3-09	Haarlem (NED)	472
13. Meijer Arno	75	08-021	57.80	25m	26-11-95	Heemskerk (NED)	470
14. Kranenburg Fred	63	08-021	57.90	25m	18-4-82		467
15. van der Gracht Jory	87	08-021	57.95	25m	7-11-09	Hoom (NED)	466
16. Schelvis Sjeng	89	08-021	58.52	25m	25-3-04	Heemskerk	452
17. Glorie Daan	88	08-021	58.54	25m	29-12-06	Maastricht (NED)	452
18. van Rookhuizen Barry	82	08-021	58.78	25m	12-12-99	Heemskerk (NED)	446
19. van de Poll Kevin	86	08-021	58.82	25m	28-12-03	Maastricht (NED)	445
20. Kramer Vincent	82	08-021	58.90	25m	19-1-03	Zaandam	444
21. Kuilman Joris	80	08-021	58.92	25m	23-4-00	Haarlem (NED)	443
22. Druyven Jorrick	94	08-021	59.07	25m	24-3-08	Haarlem (NED)	440
23. Korzelius Ron	65	08-021	59.10	25m	8-3-87	Zaandam (NED)	439
23. Oortwijn Maarten	80	08-021	59.10	25m	31-3-97	Haarlem (NED)	439
23. Stins Arnold	83	08-021	59.10	25m	12-3-00	Heemskerk (NED)	439
26. Di Mattia Angelo	97	08-021	59.19	25m	8-1-15	Heemskerk (NED)	437
27. van der Kroft Barry	82	08-021	59.60	25m	31-5-01	Heemskerk (NED)	428
28. Tijms Stefan	93	08-021	59.76	25m	19-5-13	Purmerend (NED)	425
29. Verbree John	61	08-021	59.80	25m	16-11-80	Haarlem (NED)	424
30. de Boer Stephan	83	08-021	59.86	25m	13-12-98	Heemskerk (NED)	423
31. Camphuijnder Jasper	05	08-021	59.88	25m	17-11-18	Hoofddorp (NED)	422
32. Hermans Luuk	85	08-021	59.94	25m	31-10-04	Zuidoostbeemster (NED)	421
33. Steenbergen Roderik	82	08-021	1:00.14	25m	11-6-00	Haarlem (NED)	417
34. de Ruijter Richard	88	08-021	1:00.22	25m	28-12-04	Maastricht (NED)	415
35. Schaaper Hans	68	08-021	1:00.60	25m	18-2-89		407
36. de Vijlder Michael	75	08-021	1:00.90	25m	6-4-96	Haarlem (NED)	401
37. Offringa Rick	03	08-021	1:01.19	25m	17-11-18	Hoofddorp (NED)	396
38. Dekker Matthijs	90	08-021	1:01.31	25m	8-5-05	Uden	393
39. de Vries Allard	96	08-021	1:01.34	25m	30-3-14	Zaandam (NED)	393
40. Kemmeren Ferry	91	08-021	1:01.43	25m	4-11-07	Amsterdam (NED)	391
41. Hagebout Marcel	68	08-021	1:01.50	25m	31-12-83		390
42. Essers Tim	88	08-021	1:01.53	25m	28-12-04	Maastricht (NED)	389
43. Plokker Robert	65	08-021	1:01.60	25m	20-9-81	Den Helder (NED)	388
43. Wiegman Stefan	74	08-021	1:01.60	25m	18-2-89		388
43. Keessen Jeroen	67	08-021	1:01.60	25m	6-12-90	Heemskerk (NED)	388
46. Groen Jarno	01	08-021	1:01.74	25m	18-12-16	Heemskerk (NED)	385
47. Gaal Koen	99	08-021	1:01.75	25m	12-3-17	Purmerend (NED)	385
48. van Vegten Teun	01	08-021	1:01.88	25m	11-5-17	Heemskerk (NED)	383
49. Pover Peter	69	08-021	1:01.90	25m	4-10-92	Assendelft (NED)	382
50. Tamis Thijs	82	08-021	1:02.06	25m	15-4-01	Haarlem (NED)	379
51. Dekker Rudie	78	08-021	1:02.30	25m	22-1-95	Castricum (NED)	375
52. Hulshof Patrick	75	08-021	1:02.40	25m	24-3-91	Zaandam (NED)	373
53. Woudsma Stefan	00	08-021	1:02.45	25m	19-5-16	Heemskerk (NED)	372

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54.	Palmboom Pascal	89	08-021	1:02.75	25m	17-2-08	Zaandam (NED)	367
55.	Switser René	75	08-021	1:03.00	25m	3-5-90	Heemskerk (NED)	362
56.	Stam Daniël	79	08-021	1:03.10	25m	21-9-97	Alkmaar (NED)	361
57.	Windmuller Ton	62	08-021	1:03.20	25m	12-10-80	Wormerveer (NED)	359
57.	van der Linden René	70	08-021	1:03.20	25m	29-9-85	Heemskerk (NED)	359
59.	Krijger Jan-Willem	81	08-021	1:03.45	25m	18-2-99	Heemskerk (NED)	355
60.	Hoening Jarl	86	08-021	1:03.48	25m	18-4-04	Zaandam (NED)	354
61.	Dekker Ruben	93	08-021	1:03.54	25m	19-2-06	Almelo (NED)	353
62.	de Ruijter René	86	08-021	1:03.59	25m	25-3-04	Heemskerk	352
63.	Butter Joris	86	08-021	1:03.62	25m	27-5-04	Heemskerk (NED)	352
64.	Wassenaar Marcel	69	08-021	1:03.80	25m	18-2-89		349
64.	Bal Chester	78	08-021	1:03.80	25m	10-12-95	Heemskerk (NED)	349
66.	Martijn Onno	91	08-021	1:03.87	25m	27-11-05	Heemskerk (NED)	348
67.	Dijkstra Menno	68	08-021	1:03.90	25m	20-12-86	Hilversum (NED)	347
68.	Missot Paul	64	08-021	1:04.00	25m	27-1-80	Zaandam (NED)	346
68.	Bok Reitze	73	08-021	1:04.00	25m	11-3-90	Heemskerk (NED)	346
70.	Beentjes Bastiaan	78	08-021	1:04.31	25m	17-2-00	Heemskerk (NED)	341
71.	Lamers Koen	91	08-021	1:04.33	25m	29-3-07	Heemskerk (NED)	340
72.	de Caluwé Niels	91	08-021	1:04.40	25m	25-4-13	Heemskerk (NED)	339
73.	Rijma Sjoerd	58	DEM/OEZA	1:04.60	25m	10-1-91	Heemskerk (NED)	336
74.	Geijzen Jacques	67	DEM/OEZA	1:04.63	25m	31-1-13	Heemskerk (NED)	336
75.	van Rijn Michael	70	08-021	1:04.80	25m	29-9-85	Heemskerk (NED)	333
76.	Overmeer Michel	60	08-021	1:05.00	25m	22-1-78	Zaandam (NED)	330
77.	Andeweg Celedonio	76	08-021	1:05.40	25m	28-9-94		324
78.	Oortwijn Kalle	05	08-021	1:05.69	25m	17-11-18	Hoofddorp (NED)	320
79.	Zwaan Bas	76	08-021	1:05.70	25m	24-3-93		320
80.	Schillemans Bram	99	08-021	1:05.76	25m	11-5-17	Heemskerk (NED)	319
81.	Schaap Paul	75	08-021	1:06.00	25m	7-12-89	Heemskerk (NED)	315
82.	Wolf Gert Jan	65	08-021	1:06.20	25m	20-9-81	Den Helder (NED)	312
83.	Schaaper Bart	73	08-021	1:06.30	25m	1-10-89	Zaandam (NED)	311
84.	van der Heijden Hans	60	08-021	1:06.40	25m	23-4-76		310
85.	Dekker Erik	62	08-021	1:06.60	25m	17-2-80	Heerhugowaard (NED)	307
86.	Goverde Ad	59	08-021	1:06.70	25m	17-2-80	Heerhugowaard (NED)	305
86.	van Honschoten Jacky	67	08-021	1:06.70	25m	18-4-82		305
88.	de Boer Daniël	77	08-021	1:06.90	25m	23-4-95	Castricum (NED)	303
89.	van de Sluis Nicolai	66	08-021	1:07.00	25m	3-5-81	Zaandam (NED)	301
90.	Oortwijn Bouke	78	08-021	1:07.04	25m	17-10-15	Emmeloord (NED)	301
91.	Deen Peter	59	08-021	1:07.60	25m	24-5-75	Z.O. Beemster (NED)	293
92.	de Caluwe Perry	61	08-021	1:07.70	25m	17-2-80	Heerhugowaard (NED)	292
93.	Hos Dennis	68	08-021	1:07.90	25m	5-10-89	Heemskerk (NED)	289
93.	van der Bunt Raymond	73	08-021	1:07.90	25m	10-3-91	Heemskerk (NED)	289
93.	Kerdijk Dennis	79	08-021	1:07.90	25m	17-3-96	Heemskerk (NED)	289
96.	de Weert Sander	72	08-021	1:08.06	25m	28-1-12	Terneuzen (NED)	287
97.	Goverde Jeroen	73	08-021	1:08.10	25m	8-4-90	Volendam (NED)	287
98.	Roosendaal Ben	66	08-021	1:08.30	25m	18-1-81	Zaandam (NED)	284
99.	Doodeman Niels	89	08-021	1:08.40	25m	7-4-02	Heemskerk	283
100.	Koopman Axel	92	08-021	1:08.67	25m	16-4-06	Haarlem (NED)	280
101.	van Hannen Erik	67	08-021	1:08.80	25m	7-3-82		278
101.	Zijlstra Jeroen	80	08-021	1:08.80	25m	10-12-95	Heemskerk (NED)	278
103.	Hoening Sten	84	08-021	1:09.03	25m	14-3-04	Zaandam	275
103.	Blaauw Eric	67	08-021	1:09.03	25m	22-9-13	Purmerend (NED)	275
105.	de Vries Dylan	93	08-021	1:09.07	25m	19-5-16	Heemskerk (NED)	275
106.	Windmuller Hans-Pieter	60	08-021	1:09.10	25m	27-11-77	Ijmuiden (NED)	275

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106.	Ursem Jerre	73	08-021	1:09.10	25m	15-3-87	Heemskerk (NED)	275
106.	Bleijendaal Thomas	88	08-021	1:09.10	25m	12-4-04	Haarlem	275
109.	Duin Goos	00	08-021	1:09.12	25m	20-9-15	Purmerend (NED)	274
110.	Ijntema Tjeerd	99	08-021	1:09.29	25m	30-10-16	Den Helder (NED)	272
111.	Woudsma Maarten	01	08-021	1:09.30	25m	11-5-17	Heemskerk (NED)	272
112.	de Boer Tobias	02	08-021	1:09.56	25m	11-5-17	Heemskerk (NED)	269
113.	Nolte Martijn	74	08-021	1:09.90	25m	31-12-86		265
114.	Tuinstra Sean	98	08-021	1:09.91	25m	10-11-13	Zaandam (NED)	265
115.	de Wildt Thijs	94	08-021	1:10.60	25m	17-1-10	Amsterdam-oost (NED)	257
116.	Huisman Rene	69	08-021	1:11.00	25m	13-3-83	Castricum (NED)	253
116.	de Groot Peter	80	08-021	1:11.00	25m	22-9-96	Heemskerk (NED)	253
118.	van Duin Peter	65	08-021	1:11.10	25m	17-5-81	Castricum (NED)	252
119.	Borst Corné	96	08-021	1:11.23	25m	13-11-11	Zaandam (NED)	251
120.	Kemper Marcel	65	08-021	1:11.40	25m	31-8-80	Heemskerk (NED)	249
121.	Vlieland Roy	99	08-021	1:11.49	25m	25-4-13	Heemskerk (NED)	248
122.	Zonneveld Jeroen	78	08-021	1:11.56	25m	14-2-99	Heemskerk (NED)	247
123.	Tijms Eric	64	08-021	1:11.93	25m	22-1-11	Heerenveen (NED)	243
124.	Hoekstra Erwin	73	DEM/OEZA	1:12.02	25m	31-1-13	Heemskerk (NED)	242
125.	van Dijck Bart	63	08-021	1:12.10	50m	11-6-78	Beverwijk (NED)	275
126.	Ursem Rob	69	08-021	1:12.30	25m	29-9-85	Heemskerk (NED)	240
127.	Ranzijn Bas	76	DEM/OEZA	1:12.60	25m	31-1-13	Heemskerk (NED)	237
128.	Blokker Mike	66	DEM/OEZA	1:12.70	25m	7-2-91	Heemskerk (NED)	236
129.	Kies Marcel	60	DEM/OEZA	1:12.80	25m	10-1-91	Heemskerk (NED)	235
130.	Besse Niels	72	08-021	1:13.10	25m	4-2-90	Volendam (NED)	232
131.	de Jonge Marco	66	08-021	1:13.40	25m	30-1-14	Heemskerk (NED)	229
132.	Kock Albert	61	08-021	1:13.70	25m	31-12-75		226
133.	de Caluwe Johan	64	08-021	1:14.00	25m	13-4-80	Zaandam (NED)	223
134.	Blaauw Mica	05	08-021	1:14.08	25m	14-10-18	Heemskerk (NED)	223
135.	de Wit Matthew	97	08-021	1:14.19	25m	1-2-15	Amsterdam (NED)	222
136.	Hof Peter	62	08-021	1:14.20	25m	19-2-78	Assendelft (NED)	222
137.	van den Akker Dennis	63	08-021	1:14.40	25m	10-12-77	Heemskerk (NED)	220
138.	Arends Martin	81	08-021	1:14.60	25m	20-3-93		218
139.	Boonacker Wietse	68	08-021	1:15.20	25m	19-12-81	Hilversum (NED)	213
139.	de Moes Paul	70	08-021	1:15.20	25m	29-9-85	Heemskerk (NED)	213
141.	Kemmeren Andre	88	08-021	1:15.37	25m	3-10-04	Heemskerk (NED)	211
142.	van Rixel Ferry	64	08-021	1:15.40	50m	11-6-78	Beverwijk (NED)	240
143.	Crok Dirk	58	08-021	1:15.45	25m	25-4-13	Heemskerk (NED)	211
144.	Koning Arthur	96	08-021	1:16.14	25m	14-11-10	Castricum (NED)	205
145.	Yayli Serkan	92	08-021	1:16.85	25m	28-11-04	Heemskerk (NED)	199
146.	Nijland Yoran	05	08-021	1:17.59	25m	17-6-18	Alkmaar (NED)	194
147.	Smit Erik	64	08-021	1:18.00	25m	31-8-80	Heemskerk (NED)	191
148.	de Roode Jeremiah	99	08-021	1:19.24	25m	3-4-11	Zaandam (NED)	182
149.	Jong Ron	77	08-021	1:19.40	25m	31-5-90	Heemskerk (NED)	181
150.	Kuijl Ben	62	08-021	1:19.70	25m	19-2-78	Assendelft (NED)	179
151.	den Exter Peter	63	08-021	1:19.80	25m	4-4-96	Heemskerk (NED)	178
152.	Prins Hilbert	51	08-021	1:19.82	25m	22-1-16	Papendrecht (NED)	178
153.	Geurtsen Arjan	64	08-021	1:20.20	25m	28-9-75	Zaandam (NED)	175
153.	Verdonk Pim	63	08-021	1:20.20	25m	10-12-77	Heemskerk (NED)	175
155.	Jacobs Patrick	87	08-021	1:20.64	25m	7-4-02	Heemskerk	173
156.	van Lieshout Martin	76	08-021	1:21.10	25m	17-9-88		170
157.	Vessies Max	03	08-021	1:21.17	25m	5-10-14	Zaandam (NED)	169
158.	Wassenaar Joris	01	08-021	1:21.27	25m	6-10-13	Heemskerk (NED)	169
159.	Smit Rob	69	08-021	1:21.40	25m	31-8-80	Heemskerk (NED)	168

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159.	van Hardeveld Richard	69	08-021	1:21.40	25m	13-3-83	Castricum (NED)	168
161.	de Vriend Ruben	03	08-021	1:21.45	25m	13-10-13	Zaandam (NED)	167
162.	Litjens Olaf	99	08-021	1:21.50	25m	7-10-12	Zaandam (NED)	167
163.	Vink Gé	60	08-021	1:21.53	25m	4-5-08	Winterswijk (NED)	167
164.	de Buyzer Eelco	64	08-021	1:21.60	25m	8-12-79	Heemskerk (NED)	167
165.	van Baal Elvin	86	08-021	1:21.78	25m	28-2-02	Heemskerk	165
166.	Rasch Wilco	68	08-021	1:21.80	25m	31-8-80	Heemskerk (NED)	165
166.	Schipper Erik	72	08-021	1:21.80	25m	28-10-84	Egmond (NED)	165
166.	ten Cate Raymond	82	08-021	1:21.80	25m	16-3-95	Heemskerk (NED)	165
169.	Hoogeterp Klaas	67	08-021	1:22.00	25m	31-8-80	Heemskerk (NED)	164
169.	van Rijn Ian	05	08-021	1:22.00	25m	2-2-17	Heemskerk (NED)	164
171.	de Rooij Roel	87	08-021	1:22.17	25m	20-12-98	Alkmaar (NED)	163
172.	Thijssen Dave	82	08-021	1:22.20	25m	5-11-95	Assendelft (NED)	163
173.	van de Wijst Peter	69	08-021	1:22.30	25m	10-1-81	Hilversum (NED)	162
174.	Hof Ronnalt	60	08-021	1:22.40	25m	19-2-78	Assendelft (NED)	162
175.	Kooistra André	88	08-021	1:22.59	25m	25-11-99	Heemskerk	161
176.	de Boer Elias	70	08-021	1:22.60	25m	7-1-84	Hilversum (NED)	161
177.	Bleijendaal Lucas	83	08-021	1:22.80	25m	5-11-95	Assendelft (NED)	159
178.	van Heerwaarden Stefan	70	08-021	1:22.90	25m	16-1-83	Heemskerk (NED)	159
179.	Arends Peter	79	08-021	1:23.00	25m	25-3-93	Heemskerk (NED)	158
180.	Tholen Martijn	72	08-021	1:23.20	25m	12-2-84	Heemskerk (NED)	157
181.	Welboren Mark	87	08-021	1:23.39	25m	20-12-98	Alkmaar (NED)	156
182.	Mulder Mark	97	08-021	1:23.64	25m	27-11-11	Heemskerk (NED)	155
183.	Kloppenburger Albert	82	08-021	1:24.00	25m	12-3-94		153
184.	Veldhuis Christian	88	08-021	1:24.15	25m	13-1-02	Zaandam	152
185.	Blaauw Xam	07	08-021	1:24.18	25m	11-2-18	Zaandam (NED)	152
186.	Hoekstra Marcel	78	08-021	1:24.30	25m	7-2-88	Heemskerk (NED)	151
186.	de Caluwé Thijs	82	08-021	1:24.30	25m	19-2-95	Assendelft (NED)	151
188.	van Sleen Robin	90	08-021	1:24.41	25m	20-4-03	Haarlem	150
189.	Vos Daniël	91	08-021	1:24.59	25m	30-3-06	Heemskerk (NED)	149
190.	Snel Jeffrey	86	08-021	1:24.80	25m	16-1-00	Zaandam (NED)	148
191.	Heeremans Tim	78	08-021	1:24.90	25m	6-1-90	Hilversum (NED)	148
192.	Smit Arend	88	08-021	1:25.14	25m	12-6-00	Haarlem (NED)	147
193.	Boon Peter	66	DEM/OEZA	1:25.40	25m	10-1-91	Heemskerk (NED)	145
194.	de Wit Job	98	08-021	1:25.66	25m	16-3-08	Zaandam (NED)	144
195.	Sikkema Joris	86	08-021	1:26.40	25m	17-5-98	Heemskerk (NED)	140
196.	Groot Sander	88	08-021	1:26.41	25m	19-12-99	Wormerveer (NED)	140
197.	Huis in 't Veld Lorenzo	03	08-021	1:26.82	25m	9-10-16	Alkmaar (NED)	138
198.	Josselet Bart	84	08-021	1:26.91	25m	7-3-99	Zaandam (NED)	138
199.	Sadeghi Hosseen	90	08-021	1:27.07	25m	18-1-04	IJmuiden (NED)	137
200.	van Heerwaarden Gerard	70	08-021	1:27.50	25m	7-3-82		135
201.	van Dijk Mitchell	99	08-021	1:27.78	25m	14-3-10	Heemskerk (NED)	134
202.	Dam Norbert	92	08-021	1:28.28	25m	28-3-04	Zaandam (NED)	131
203.	Manshanden Davy	68	08-021	1:28.70	25m	8-11-80	Heemskerk (NED)	130
204.	Wassenaar Edwin	72	08-021	1:29.20	25m	13-3-83	Castricum (NED)	127
205.	van der Weide Bas	75	08-021	1:29.50	25m	3-5-90	Heemskerk (NED)	126
206.	Feyen Erik	66	08-021	1:29.90	25m	12-3-78	Zaandam (NED)	124
207.	van Hoytema Max	98	08-021	1:30.09	25m	11-4-10	Zaandam (NED)	124
208.	Ramaakers Raymond	91	08-021	1:30.43	25m	27-2-03	Heemskerk	122
209.	Liu Andy	04	08-021	1:31.01	25m	7-5-17	Zaandam (NED)	120
210.	Vink Jan Jaap	59	08-021	1:31.06	25m	21-10-12	Zaandam (NED)	120
211.	Komen Berend	97	08-021	1:31.28	25m	3-10-10	Zaandam (NED)	119
212.	de Rooij Coen	89	08-021	1:31.51	25m	23-4-00	Haarlem (NED)	118

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213.	Geurtsen Hans	61	08-021	1:32.10	25m	24-5-75	Z.O. Beemster (NED)	116
214.	Verhagen Bart	85	08-021	1:32.60	25m	14-1-96	Zuidoost Beemster (NED)	114
215.	van Heerwaarden Chiel	05	08-021	1:32.68	25m	17-5-18	Heemskerk (NED)	114
216.	Teufer Lorentz	96	08-021	1:32.85	25m	26-11-06	Heemskerk (NED)	113
217.	Meijer Viggo	06	08-021	1:33.17	25m	4-11-18	Alkmaar (NED)	112
218.	Teufer Florian	95	08-021	1:33.34	25m	26-11-06	Heemskerk (NED)	111
219.	Visvaligam Athithiyan	02	08-021	1:33.36	50m	21-6-14	Beverwijk (NED)	126
220.	Kreuger Dave	73	08-021	1:33.50	25m	6-10-85	Wormerveer (NED)	111
221.	Zwaan Nick	94	08-021	1:33.63	25m	27-11-03	Heemskerk (NED)	110
222.	Vacca Sandro	04	08-021	1:33.83	25m	12-2-17	Purmerend (NED)	109
223.	Apeldoorn Alex	89	08-021	1:33.89	50m	7-5-00	Beverwijk (NED)	124
224.	de Groot Pieter	83	08-021	1:34.40	25m	25-9-94	Alkmaar (NED)	107
225.	Zonneveld Alex	90	08-021	1:34.49	25m	18-11-01	Heemskerk	107
226.	Piek Roy	89	08-021	1:35.24	25m	28-2-02	Heemskerk	105
227.	Brands Ronald	75	08-021	1:35.60	25m	22-9-85		103
228.	Welboren Mischa	89	08-021	1:35.76	25m	21-3-99	Assendelft (NED)	103
229.	Schellekens Henk	76	08-021	1:36.60	25m	2-11-89	Heemskerk (NED)	100
230.	van Tilburg Beau	07	08-021	1:37.26	25m	14-10-18	Heemskerk (NED)	98
231.	Beeksma Coen	90	08-021	1:37.33	25m	17-3-02	Zaandam	98
232.	Welp Marco	72	08-021	1:37.50	25m	12-2-84	Heemskerk (NED)	97
233.	van de Sluis Erwin	71	08-021	1:37.60	25m	19-12-81	Hilversum (NED)	97
234.	van der Gracht Adrie	57	08-021	1:37.81	25m	6-4-15	Haarlem (NED)	96
235.	Buur Michael	87	08-021	1:40.50	25m	11-12-97	Heemskerk (NED)	89
236.	de Boer Sem	02	08-021	1:40.59	25m	10-3-13	Schagen (NED)	89
237.	de Groot Michiel	91	08-021	1:41.07	25m	28-11-02	Heemskerk	87
238.	Jong Gregory	80	08-021	1:41.80	25m	11-2-90	Heemskerk (NED)	86
239.	Wassenaar Teun	03	08-021	1:42.03	25m	30-1-14	Heemskerk (NED)	85
240.	Hekman Sidney	71	08-021	1:42.40	25m	6-2-83		84
241.	Verhagen Michel	82	08-021	1:43.90	25m	18-5-95	Heemskerk (NED)	80
242.	Glorie Jan	57	08-021	1:44.57	25m	25-1-09	Vlissingen (NED)	79
243.	van Leeuwen Elbert	73	08-021	1:45.50	25m	16-1-83	Heemskerk (NED)	77
244.	Salic Keno	89	08-021	1:45.57	25m	13-1-02	Zaandam	77
245.	Dekker Johnny	67	08-021	1:45.70	25m	12-3-78	Zaandam (NED)	76
246.	Aardenburg Koen	91	08-021	1:45.78	25m	24-2-05	Heemskerk (NED)	76
247.	Kuijs Rik	04	08-021	1:47.02	25m	17-5-18	Heemskerk (NED)	74
248.	Groot Tim	99	08-021	1:47.39	25m	13-3-11	Heemskerk (NED)	73
249.	de Veer Albert	72	08-021	1:48.00	25m	28-10-84	Egmond (NED)	72
250.	Gouweleeuw Raymond	88	08-021	1:48.82	25m	22-4-99	Heemskerk (NED)	70
251.	Grapendaal Aad	42	08-021	1:49.56	25m	30-1-14	Heemskerk (NED)	69
252.	de Ruijter Joost	74	08-021	1:49.90	25m	28-10-84	Egmond (NED)	68
253.	Verhagen Jeroen	84	08-021	1:51.10	25m	11-1-96	Heemskerk (NED)	66
254.	Lanser Werner	71	08-021	1:52.80	25m	14-3-81	Heemskerk (NED)	63
255.	Viel Stefan	88	08-021	1:53.90	25m	12-4-98	Haarlem (NED)	61
256.	van der Berg Job	98	08-021	1:54.37	25m	30-11-08	Heemskerk (NED)	60
257.	Steenkamp Erwin	92	08-021	1:55.14	25m	25-10-01	Heemskerk	59
258.	Steenstra Martijn	72	08-021	1:55.50	25m	12-10-80	Wormerveer (NED)	58
259.	van Lieshout Rick	78	08-021	1:57.30	25m	4-4-91	Heemskerk (NED)	56
260.	van Wijk Peter	87	08-021	1:59.70	25m	5-4-98	Heemskerk (NED)	52
261.	Cekic Deniz	97	08-021	2:00.58	25m	9-3-08	Heemskerk (NED)	51
262.	van Els Thomas	82	08-021	2:05.80	25m	16-2-94		45
263.	Witkamp Jochem	91	08-021	2:07.80	25m	20-12-01	Heemskerk	43
264.	Jossetlet Martin	91	08-021	2:16.23	25m	25-4-02	Heemskerk	35
265.	de Ruijter Jaap	85	08-021	2:16.90	25m	2-5-96	Heemskerk (NED)	35

100 vrije slag (sinds 266)

266. Pettinga Rodney	85	08-021	2:45.20	25m	4-4-96	Heemskerk (NED)	20
266. Roemeling Nicky	87	08-021	2:45.20	25m	2-5-96	Heemskerk (NED)	20

200 vrije slag

1. Gaal Roel	01	08-021	2:00.73	25m	25-11-18	Hoofddorp (NED)	557
2. Jongert Jeroen	96	08-021	2:00.76	25m	16-3-17	Heemskerk (NED)	557
3. Butter Martijn	79	08-021	2:01.19	25m	18-3-01	Zaandam (NED)	551
4. Hogenstijn Peter	84	08-021	2:01.22	25m	30-11-00	Heemskerk (NED)	550
5. Kleijne Barry	93	08-021	2:02.51	25m	6-3-14	Heemskerk (NED)	533
6. van Beek Klaas	88	08-021	2:05.63	25m	22-11-09	Purmerend (NED)	494
7. Crok Pieter	91	08-021	2:06.71	25m	15-3-09	Haarlem (NED)	482
8. Glorie Daan	88	08-021	2:06.85	25m	24-2-07	Hoom (NED)	480
9. Oudendijk Paul	81	08-021	2:07.98	25m	3-2-07	Aberdeen (GBR)	468
10. van der Gracht Jory	87	08-021	2:08.49	25m	27-9-09	Zaandam (NED)	462
11. Jongert Sjoerd	01	08-021	2:08.54	25m	12-4-18	Heemskerk (NED)	462
12. Camphuijnder Wilko	69	08-021	2:09.20	25m	6-4-97	Heemskerk (NED)	454
13. Meijer Arno	75	08-021	2:09.30	25m	17-2-94	Heemskerk	453
14. de Wit Stephen	93	08-021	2:09.48	25m	22-3-12	Heemskerk (NED)	452
15. Schelvis Sjeng	89	08-021	2:09.92	25m	13-3-05	Amsterdam (NED)	447
16. Druyven Jorrick	94	08-021	2:09.96	25m	9-3-08	Heemskerk (NED)	447
17. Stins Arnold	83	08-021	2:10.77	25m	6-4-02	Hengelo (NED)	438
18. van de Poll Kevin	86	08-021	2:11.10	25m	18-12-03	Heemskerk (NED)	435
19. Kuilman Joris	80	08-021	2:11.51	25m	17-12-98	Heemskerk (NED)	431
20. Korzelius Ron	65	08-021	2:12.20	25m	22-1-84	Zandvoort (NED)	424
21. Dekker Matthijs	90	08-021	2:13.06	25m	16-4-05	Zwaagwesteinde (NED)	416
22. Kranenburg Fred	63	08-021	2:13.10	25m	17-1-82		416
23. Tijms Stefan	93	08-021	2:13.30	25m	21-3-13	Heemskerk (NED)	414
24. Steenbergen Roderik	82	08-021	2:14.31	25m	6-10-02	Zaandam	404
25. Gaal Koen	99	08-021	2:14.96	25m	16-3-17	Heemskerk (NED)	399
26. Tamis Thijs	82	08-021	2:15.02	25m	25-4-02	Heemskerk	398
27. de Vijlder Michael	75	08-021	2:15.20	25m	6-4-97	Heemskerk (NED)	397
28. Kerkhof Arno	72	08-021	2:15.40	25m	5-10-89	Heemskerk (NED)	395
29. Verbree John	61	08-021	2:15.60	25m	16-1-83	Heemskerk (NED)	393
29. Plokker Robert	65	08-021	2:15.60	25m	16-1-83	Heemskerk (NED)	393
31. Offringa Rick	03	08-021	2:15.93	25m	26-11-17	Purmerend (NED)	390
32. de Boer Stephan	83	08-021	2:15.95	25m	17-12-98	Heemskerk (NED)	390
33. Oortwijn Maarten	80	08-021	2:16.30	25m	1-5-97	Heemskerk (NED)	387
34. de Vries Allard	96	08-021	2:17.56	25m	8-12-13	Amstelveen (NED)	376
35. Woudsma Stefan	00	08-021	2:17.71	25m	17-3-16	Heemskerk (NED)	375
36. Essers Tim	88	08-021	2:17.77	25m	2-12-12	Amstelveen (NED)	375
37. Groen Jarno	01	08-021	2:17.81	25m	15-1-17	Alkmaar (NED)	374
38. Kramer Vincent	82	08-021	2:18.10	25m	26-4-98	Alkmaar (NED)	372
39. Schaaper Hans	68	08-021	2:18.20	25m	4-10-89		371
40. de Ruijter Richard	88	08-021	2:18.96	25m	29-9-05	Heemskerk (NED)	365
41. Wiegman Stefan	74	08-021	2:19.00	25m	17-11-88	Heemskerk (NED)	365
41. van Rookhuizen Barry	82	08-021	2:19.00	25m	19-11-00	Zaandam (NED)	365
43. van der Kroft Barry	82	08-021	2:19.08	25m	5-10-03	Heemskerk (NED)	364
44. Hermans Luuk	85	08-021	2:19.93	25m	28-11-04	Heemskerk (NED)	358
45. Hagebout Marcel	68	08-021	2:20.10	25m	6-2-83		356
46. Kemmeren Ferry	91	08-021	2:20.39	25m	25-11-07	Amsterdam (NED)	354
47. Keessen Jeroen	67	08-021	2:20.70	25m	12-2-84	Heemskerk (NED)	352
48. van der Heijden Hans	60	08-021	2:21.00	25m	8-1-77	Heemskerk (NED)	350

200 vrije slag (sinds 49)

48.	Pover Peter	69	08-021	2:21.00	25m	4-10-89		350
50.	Stam Daniël	79	08-021	2:21.10	25m	26-10-97	Heemskerk (NED)	349
51.	Krijger Jan-Willem	81	08-021	2:21.70	25m	9-4-98	Heemskerk (NED)	344
52.	Switser René	75	08-021	2:22.10	25m	4-2-90	Volendam (NED)	341
53.	Camphuijnder Jasper	05	08-021	2:22.49	25m	25-11-18	Hoofddorp (NED)	339
54.	Hoenink Jarl	86	08-021	2:23.03	25m	18-1-04	Ijmuiden (NED)	335
55.	Di Mattia Angelo	97	08-021	2:23.07	25m	26-10-14	Zaandam (NED)	335
56.	van Vegten Teun	01	08-021	2:23.18	25m	16-3-17	Heemskerk (NED)	334
57.	Dekker Rudie	78	08-021	2:23.20	25m	17-2-94	Heemskerk	334
58.	Butter Joris	86	08-021	2:23.36	25m	18-12-03	Heemskerk (NED)	333
59.	van Rijn Michael	70	08-021	2:23.90	25m	6-10-85	Wormerveer (NED)	329
60.	Missot Paul	64	08-021	2:24.10	25m	21-4-79	Deinze (BEL)	327
61.	Palmboom Pascal	89	08-021	2:24.24	25m	25-10-07	Heemskerk (NED)	326
62.	Hulshof Patrick	75	08-021	2:24.30	25m	4-4-91	Heemskerk (NED)	326
63.	Dekker Ruben	93	08-021	2:24.47	25m	29-9-05	Heemskerk (NED)	325
64.	Lamers Koen	91	08-021	2:24.64	25m	18-3-07	Heemskerk (NED)	324
65.	Bal Chester	78	08-021	2:24.90	25m	14-4-96	Zaandam (NED)	322
66.	Wassenaar Marcel	69	08-021	2:26.10	25m	2-12-89		314
67.	Rijma Sjoerd	58	DEM/OEZA	2:26.40	25m	10-1-91	Heemskerk (NED)	312
68.	van Honschoten Jacky	67	08-021	2:26.60	25m	6-2-83		311
69.	Schaap Paul	75	08-021	2:26.70	25m	17-12-89	Assendelft (NED)	310
70.	Bok Reitze	73	08-021	2:26.80	25m	4-4-91	Heemskerk (NED)	310
71.	Zwaan Bas	76	08-021	2:27.10	25m	17-2-94	Heemskerk	308
71.	Andeweg Celedonio	76	08-021	2:27.10	25m	22-2-95		308
73.	Dijkstra Menno	68	08-021	2:27.20	25m	30-11-86	Heemskerk (NED)	307
74.	Windmuller Ton	62	08-021	2:27.60	25m	4-11-79	Zaandam (NED)	305
74.	Beentjes Bastiaan	78	08-021	2:27.60	25m	12-1-97	Heemskerk (NED)	305
76.	van der Linden René	70	08-021	2:28.60	25m	6-10-85	Wormerveer (NED)	299
77.	Wolf Gert Jan	65	08-021	2:29.90	25m	16-1-83	Heemskerk (NED)	291
78.	de Ruijter René	86	08-021	2:30.57	25m	28-11-04	Heemskerk (NED)	287
79.	Martijn Onno	91	08-021	2:30.58	25m	18-3-07	Heemskerk (NED)	287
80.	Dekker Erik	62	08-021	2:31.00	25m	21-4-79	Deinze (BEL)	284
81.	Oortwijn Bouke	78	08-021	2:31.10	25m	17-2-94	Heemskerk	284
82.	Overmeer Michel	60	08-021	2:31.30	25m	12-3-78	Zaandam (NED)	283
83.	Schillemans Bram	99	08-021	2:31.69	25m	17-3-16	Heemskerk (NED)	281
84.	Goverde Ad	59	08-021	2:31.80	25m	22-1-84	Zandvoort (NED)	280
85.	de Caluwé Niels	91	08-021	2:31.89	25m	14-12-06	Heemskerk (NED)	280
86.	van Hannen Erik	67	08-021	2:32.30	25m	7-2-82		277
87.	van der Bunt Raymond	73	08-021	2:32.70	25m	21-4-91	Heemstede (NED)	275
88.	de Boer Tobias	02	08-021	2:33.43	25m	24-4-16	Zaandam (NED)	271
89.	Oortwijn Kalle	05	08-021	2:33.78	25m	12-4-18	Heemskerk (NED)	269
90.	Hoenink Sten	84	08-021	2:34.66	25m	9-11-03	Zaandam	265
91.	de Weert Sander	72	08-021	2:34.97	25m	18-2-12	Heerenveen (NED)	263
92.	van Duin Peter	65	08-021	2:35.10	25m	16-1-83	Heemskerk (NED)	262
93.	Ursem Jerre	73	08-021	2:35.50	25m	27-9-87	Zaandam (NED)	260
94.	Nolte Martijn	74	08-021	2:35.70	25m	31-12-86		259
95.	Doodeman Niels	89	08-021	2:36.61	25m	25-4-02	Heemskerk	255
96.	Schaaper Bart	73	08-021	2:37.70	25m	18-3-89		250
96.	de Vries Dylan	93	08-021	2:37.70	25m	22-3-12	Heemskerk (NED)	250
98.	van de Sluis Nicolai	66	08-021	2:38.20	25m	23-5-81	Heemskerk (NED)	247
99.	de Boer Daniël	77	08-021	2:38.70	25m	22-2-95		245
100.	Borst Corné	96	08-021	2:39.06	25m	22-3-12	Heemskerk (NED)	243
101.	Goverde Jeroen	73	08-021	2:39.90	25m	27-9-90	Heemskerk (NED)	240

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102.	Zonneveld Jeroen	78	08-021	2:40.20	25m	11-12-97	Heemskerk (NED)	238
103.	Kerdijk Dennis	79	08-021	2:40.40	25m	11-1-96	Heemskerk (NED)	237
104.	Zijlstra Jeroen	80	08-021	2:40.60	25m	24-11-96	Castricum (NED)	236
105.	Tuinstra Sean	98	08-021	2:40.78	25m	22-3-12	Heemskerk (NED)	236
106.	Vlieland Roy	99	08-021	2:41.44	25m	19-5-13	Purmerend (NED)	233
107.	de Wit Matthew	97	08-021	2:41.81	25m	1-11-14	Hoornd (NED)	231
108.	Ijntema Tjeerd	99	08-021	2:42.23	25m	13-11-16	Purmerend (NED)	229
109.	Kies Marcel	60	DEM/OEZA	2:42.40	25m	10-1-91	Heemskerk (NED)	229
110.	Tijms Eric	64	08-021	2:42.71	25m	21-2-15	Heerenveen (NED)	227
111.	Bleijendaal Thomas	88	08-021	2:43.00	25m	25-1-04	Zaandam	226
112.	Koopman Axel	92	08-021	2:43.09	25m	29-9-05	Heemskerk (NED)	226
113.	Roozendaal Ben	66	08-021	2:43.10	25m	27-1-80	Zaandam (NED)	226
113.	Blokker Mike	66	DEM/OEZA	2:43.10	25m	7-2-91	Heemskerk (NED)	226
115.	Oortwijn Guido	78	08-021	2:44.70	25m	2-11-91		219
116.	de Wildt Thijs	94	08-021	2:45.02	25m	4-10-09	Amsterdam-oost (NED)	218
117.	Woudsma Maarten	01	08-021	2:45.11	25m	2-10-16	Purmerend (NED)	217
118.	Duin Goos	00	08-021	2:45.56	25m	19-2-15	Heemskerk (NED)	216
119.	Blaauw Mica	05	08-021	2:45.64	25m	12-4-18	Heemskerk (NED)	215
120.	Blaauw Eric	67	08-021	2:48.99	25m	19-5-13	Purmerend (NED)	203
121.	Arends Martin	81	08-021	2:49.80	25m	7-10-92		200
122.	Nijland Yoran	05	08-021	2:51.00	25m	7-10-18	Purmerend (NED)	196
123.	Windmuller Hans-Pieter	60	08-021	2:51.60	25m	31-12-75		194
124.	Hof Peter	62	08-021	2:51.70	25m	12-2-78	Heemskerk (NED)	193
124.	Besse Niels	72	08-021	2:51.70	25m	22-3-90	Heemskerk (NED)	193
126.	Smit Erik	64	08-021	2:52.50	25m	2-11-80	Castricum (NED)	191
127.	Yayli Serkan	92	08-021	2:53.20	25m	29-4-04	Heemskerk (NED)	188
128.	Ursem Rob	69	08-021	2:53.50	25m	22-1-84	Zandvoort (NED)	187
129.	de Moes Paul	70	08-021	2:53.60	25m	6-10-85	Wormerveer (NED)	187
130.	Crok Dirk	58	08-021	2:54.30	25m	24-1-09	Vlissingen (NED)	185
131.	Kemmeren Andre	88	08-021	2:56.08	25m	30-9-04	Heemskerk (NED)	179
132.	Prins Hilbert	51	08-021	2:56.10	25m	23-1-16	Papendrecht (NED)	179
133.	van Rijn Ian	05	08-021	2:57.53	25m	7-5-17	Zaandam (NED)	175
134.	Litjens Olaf	99	08-021	2:57.59	25m	15-4-12	Zaandam (NED)	175
135.	Huis in 't Veld Lorenzo	03	08-021	2:58.08	25m	9-10-16	Alkmaar (NED)	173
136.	Wassenaar Joris	01	08-021	2:58.63	25m	9-3-14	Zaandam (NED)	172
137.	Boonacker Wietse	68	08-021	2:58.70	25m	17-5-81	Castricum (NED)	171
138.	Jong Ron	77	08-021	2:59.00	25m	1-4-90	Zaandam (NED)	171
139.	Huisman Rene	69	08-021	2:59.10	25m	5-4-81	Heemskerk (NED)	170
140.	de Roode Jeremiah	99	08-021	3:00.90	25m	27-1-11	Heemskerk (NED)	165
141.	de Groot Peter	80	08-021	3:01.30	25m	23-2-95	Heemskerk (NED)	164
142.	ten Cate Raymond	82	08-021	3:02.00	25m	23-2-95	Heemskerk (NED)	162
143.	Arends Peter	79	08-021	3:02.30	25m	15-4-93	Heemskerk (NED)	161
144.	van Baal Elvin	86	08-021	3:02.46	25m	30-5-02	Heemskerk	161
145.	de Caluwé Thijs	82	08-021	3:02.60	25m	23-2-95	Heemskerk (NED)	161
146.	Thijssen Dave	82	08-021	3:03.50	25m	11-1-96	Heemskerk (NED)	158
147.	Koning Arthur	96	08-021	3:03.71	25m	18-4-10	Zaandam (NED)	158
148.	Smit Arend	88	08-021	3:03.90	25m	8-10-00	Heemskerk (NED)	157
149.	Rasch Wilco	68	08-021	3:04.80	25m	17-5-81	Castricum (NED)	155
150.	Kuijl Ben	62	08-021	3:05.50	25m	22-4-78	Heemskerk (NED)	153
151.	Snel Jeffrey	86	08-021	3:05.68	25m	20-2-00	Assendelft (NED)	153
152.	Jacobs Patrick	87	08-021	3:05.74	25m	20-12-01	Heemskerk	153
153.	Vink Jan Jaap	59	08-021	3:05.94	25m	21-10-12	Zaandam (NED)	152
154.	de Rooij Roel	87	08-021	3:06.39	25m	5-11-00	Zaandam (NED)	151

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155.	Bleijendaal Lucas	83	08-021	3:06.60	25m	1-10-95	Heemskerk (NED)	151
156.	Ramaakers Raymond	91	08-021	3:06.82	25m	18-12-03	Heemskerk (NED)	150
157.	Vink Gé	60	08-021	3:06.96	25m	3-5-08	Winterswijk (NED)	150
158.	Sikkema Joris	86	08-021	3:07.47	25m	17-12-98	Heemskerk (NED)	148
159.	van Sleen Robin	90	08-021	3:07.57	25m	6-10-02	Zaandam	148
160.	Vos Daniël	91	08-021	3:07.85	25m	29-9-05	Heemskerk (NED)	148
161.	de Groot Michiel	91	08-021	3:08.24	25m	12-6-03	Heemskerk	147
162.	van de Wijst Peter	69	08-021	3:09.70	25m	23-5-81	Heemskerk (NED)	143
163.	Heeremans Tim	78	08-021	3:10.80	25m	31-3-90		141
164.	Welboren Mark	87	08-021	3:11.34	25m	11-10-98	Alkmaar (NED)	140
165.	Veldhuis Christian	88	08-021	3:11.99	25m	20-12-01	Heemskerk	138
166.	de Vriend Ruben	03	08-021	3:12.53	25m	20-10-13	Zaandam (NED)	137
167.	de Caluwe Johan	64	08-021	3:12.80	25m	8-1-77	Heemskerk (NED)	136
167.	Boon Peter	66	DEM/OEZA	3:12.80	25m	10-1-91	Heemskerk (NED)	136
169.	van den Akker Dennis	63	08-021	3:13.10	25m	8-1-77	Heemskerk (NED)	136
170.	van Dijck Bart	63	08-021	3:13.40	25m	8-1-77	Heemskerk (NED)	135
171.	Kooistra André	88	08-021	3:13.96	25m	23-1-00	Heemskerk (NED)	134
172.	van de Sluis Ignat	69	08-021	3:14.80	25m	14-3-81	Heemskerk (NED)	132
173.	van Lieshout Martin	76	08-021	3:15.00	25m	8-11-87	Heemskerk (NED)	132
174.	van Heerwaarden Stefan	70	08-021	3:16.30	25m	7-3-82		129
175.	van Heerwaarden Gerard	70	08-021	3:16.80	25m	7-3-82		128
176.	Dam Norbert	92	08-021	3:19.03	25m	3-10-04	Heemskerk (NED)	124
177.	Liu Andy	04	08-021	3:19.88	25m	7-5-17	Zaandam (NED)	122
178.	de Caluwe Perry	61	08-021	3:20.00	25m	8-1-77	Heemskerk (NED)	122
179.	Vacca Sandro	04	08-021	3:20.39	25m	7-5-17	Zaandam (NED)	121
180.	Sadeghi Hosseen	90	08-021	3:22.84	25m	18-12-03	Heemskerk (NED)	117
181.	Piek Roy	89	08-021	3:23.38	25m	27-9-01	Heemskerk	116
182.	Meijer Viggo	06	08-021	3:23.40	25m	7-10-18	Purmerend (NED)	116
183.	Groot Sander	88	08-021	3:26.48	25m	24-10-99	Zaandam (NED)	111
184.	Zwaan Nick	94	08-021	3:26.51	25m	25-1-04	Zaandam	111
185.	Hof Ronnalt	60	08-021	3:27.20	25m	8-1-77	Heemskerk (NED)	110
186.	Komen Berend	97	08-021	3:27.52	25m	10-10-10	Zaandam (NED)	109
187.	de Rooij Coen	89	08-021	3:27.73	25m	24-10-99	Zaandam (NED)	109
188.	Beeksma Coen	90	08-021	3:31.16	25m	30-5-02	Heemskerk	104
189.	Verdonk Pim	63	08-021	3:33.00	25m	8-1-77	Heemskerk (NED)	101
190.	Josselet Bart	84	08-021	3:33.70	25m	15-2-98	Assendelft (NED)	100
191.	Visvaligam Athithiyan	02	08-021	3:35.47	25m	15-12-13	Zaandam (NED)	98
192.	Zonneveld Alex	90	08-021	3:35.72	25m	31-5-01	Heemskerk (NED)	97
193.	Teufer Lorentz	96	08-021	3:35.94	25m	3-12-06	Zaandam (NED)	97
194.	Groot Tim	99	08-021	3:36.58	25m	9-10-11	Zaandam (NED)	96
195.	van Hardeveld Richard	69	08-021	3:40.30	25m	23-5-81	Heemskerk (NED)	91
196.	Aardenburg Koen	91	08-021	3:40.54	25m	29-9-05	Heemskerk (NED)	91
197.	Kloek Ralph	68	08-021	3:41.70	25m	14-3-81	Heemskerk (NED)	90
198.	Apeldoorn Alex	89	08-021	3:45.08	25m	21-1-01	Heemskerk (NED)	86
199.	van Lieshout Rick	78	08-021	3:46.90	25m	3-11-91	Assendelft (NED)	83
200.	Verhagen Michel	82	08-021	3:48.30	25m	18-5-95	Heemskerk (NED)	82
201.	van der Gracht Adrie	57	08-021	3:50.58	25m	25-10-07	Heemskerk (NED)	80
202.	Buur Michael	87	08-021	3:52.80	25m	18-3-98		77
203.	Glorie Jan	57	08-021	3:56.51	25m	25-10-07	Heemskerk (NED)	74
204.	Verhagen Bart	85	08-021	4:00.30	25m	8-6-95	Heemskerk (NED)	70
205.	Cekic Deniz	97	08-021	4:06.43	25m	12-10-08	Zaandam (NED)	65
206.	Viel Stefan	88	08-021	4:10.70	25m	19-3-98	Heemskerk (NED)	62
207.	Kemper Marcel	65	08-021	4:11.80	25m	8-1-77	Heemskerk (NED)	61

200 vrije slag (sinds 208)

208.	Lamers Peter	57	08-021	4:21.91	25m	25-10-07	Heemskerk (NED)	54
209.	van Wijk Peter	87	08-021	4:22.40	25m	19-3-98	Heemskerk (NED)	54

250 vrije slag

1.	Nijland Yoran	05	08-021	4:58.49	OW	26-7-14	Anna-Paulowna (NED)	
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300 vrije slag

1.	Butter Martijn	79	08-021	3:20.17	25m	12-4-09	Haarlem (NED)	471
2.	Kleijne Barry	93	08-021	3:21.95	25m	4-10-15	Purmerend (NED)	459
3.	Druyven Jorrick	94	08-021	3:26.39	25m	25-1-08	Terneuzen (NED)	430
4.	van Beek Klaas	88	08-021	3:26.61	25m	22-11-09	Purmerend (NED)	428
5.	Jongert Jeroen	96	08-021	3:26.99	25m	4-10-15	Purmerend (NED)	426
6.	Crok Pieter	91	08-021	3:28.43	25m	8-4-07	Haarlem (NED)	417
7.	Glorie Daan	88	08-021	3:31.66	25m	3-3-07	Hoom (NED)	398
8.	van de Poll Kevin	86	08-021	3:33.37	25m	29-4-04	Heemskerk (NED)	389
9.	Dekker Matthijs	90	08-021	3:33.86	25m	12-2-05	Zoetermeer	386
10.	Stins Arnold	83	08-021	3:35.21	25m	29-4-04	Heemskerk (NED)	379
11.	van der Gracht Jory	87	08-021	3:35.98	25m	14-5-16	Purmerend (NED)	375
12.	Tijms Stefan	93	08-021	3:37.54	25m	24-4-11	Haarlem (NED)	367
13.	Gaal Roel	01	08-021	3:38.21	50m	28-5-16	Alkmaar (NED)	401
14.	Dekker Ruben	93	08-021	3:40.76	50m	27-2-05	Amsterdam (NED)	388
15.	Oudendijk Paul	81	08-021	3:41.56	25m	14-10-07	Zaandam (NED)	347
16.	Steenbergen Roderik	82	08-021	3:43.38	25m	29-4-04	Heemskerk (NED)	339
17.	van Rookhuizen Barry	82	08-021	3:43.95	25m	29-4-04	Heemskerk (NED)	336
18.	Offringa Rick	03	08-021	3:46.91	25m	28-1-16	Amsterdam (NED)	323
19.	de Ruijter Richard	88	08-021	3:47.50	25m	29-4-04	Heemskerk (NED)	321
20.	Butter Joris	86	08-021	3:49.37	25m	29-4-04	Heemskerk (NED)	313
21.	Hermans Luuk	85	08-021	3:50.82	25m	29-4-04	Heemskerk (NED)	307
22.	Woudsma Stefan	00	08-021	3:52.39	50m	30-4-16	Alkmaar (NED)	332
23.	Hoening Jarl	86	08-021	3:52.45	25m	29-4-04	Heemskerk (NED)	301
24.	Essers Tim	88	08-021	3:56.39	25m	29-4-04	Heemskerk (NED)	286
25.	Kemmeren Ferry	91	08-021	4:03.00	25m	14-10-07	Zaandam (NED)	263
26.	Gaal Koen	99	08-021	4:06.71	25m	18-5-13	Purmerend (NED)	251
27.	Palmboom Pascal	89	08-021	4:07.13	25m	29-4-04	Heemskerk (NED)	250
28.	Lamers Koen	91	08-021	4:07.96	25m	29-4-04	Heemskerk (NED)	248
29.	de Wit Matthew	97	08-021	4:12.18	25m	29-1-15	Amsterdam (NED)	235
30.	de Ruijter René	86	08-021	4:15.01	25m	29-4-04	Heemskerk (NED)	228
31.	de Weert Sander	72	08-021	4:16.62	25m	27-1-12	Terneuzen (NED)	223
32.	Vlieland Roy	99	08-021	4:21.68	25m	31-3-13	Haarlem (NED)	211
33.	Tijms Eric	64	08-021	4:21.87	25m	22-1-16	Papendrecht (NED)	210
34.	Schelvis Sjeng	89	08-021	4:22.10	25m	21-1-01	Heemskerk (NED)	210
35.	Bleijendaal Thomas	88	08-021	4:24.18	25m	29-4-04	Heemskerk (NED)	205
36.	Blaauw Eric	67	08-021	4:28.68	25m	31-3-13	Haarlem (NED)	195
37.	Doodeman Niels	89	08-021	4:29.63	25m	21-1-01	Heemskerk (NED)	192
38.	Prins Hilbert	51	08-021	4:36.55	25m	21-1-16	Papendrecht (NED)	178
39.	Martijn Onno	91	08-021	4:38.97	25m	17-10-04	Zaandam (NED)	174
40.	de Caluwé Niels	91	08-021	4:44.80	25m	29-4-04	Heemskerk (NED)	163
41.	Crok Dirk	58	08-021	4:45.36	25m	22-1-16	Papendrecht (NED)	162
42.	Tuinstra Sean	98	08-021	4:47.52	25m	28-2-10	Zaandam (NED)	159
43.	Koopman Axel	92	08-021	4:51.58	25m	16-11-03	Heemskerk (NED)	152
44.	Ramaakers Raymond	91	08-021	4:58.18	25m	29-4-04	Heemskerk (NED)	142
45.	Kooistra André	88	08-021	4:59.05	25m	23-1-00	Heemskerk (NED)	141

300 vrije slag (sinds 46)

46.	de Vries Allard	96	08-021	5:08.44	25m	7-6-08	Zaandam (NED)	128
47.	Zwaan Nick	94	08-021	5:11.64	25m	16-11-03	Heemskerk (NED)	124
48.	Litjens Olaf	99	08-021	5:18.14	25m	17-4-11	Zaandam (NED)	117
49.	Groot Sander	88	08-021	5:23.81	25m	23-1-00	Heemskerk (NED)	111
50.	Yayli Serkan	92	08-021	5:35.23	25m	4-11-01	Heemskerk	100
51.	Teufer Lorentz	96	08-021	5:37.37	25m	3-12-06	Zaandam (NED)	98
52.	de Rooij Coen	89	08-021	5:44.30	25m	23-1-00	Heemskerk (NED)	92
53.	Apeldoorn Alex	89	08-021	5:48.55	25m	21-1-01	Heemskerk (NED)	89
54.	Glorie Jan	57	08-021	6:55.90	25m	22-1-11	Heerenveen (NED)	52

400 vrije slag

1.	Butter Martijn	79	08-021	4:16.68	25m	31-5-01	Heemskerk (NED)	565
2.	Jongert Jeroen	96	08-021	4:27.04	25m	8-1-17	Purmerend (NED)	502
3.	Druyven Jorrick	94	08-021	4:29.62	25m	12-5-08	Purmerend (NED)	487
4.	Glorie Daan	88	08-021	4:29.85	25m	8-4-07	Haarlem (NED)	486
5.	Oudendijk Paul	81	08-021	4:30.18	25m	4-10-09	Amsterdam-oost (NED)	484
6.	Kleijne Barry	93	08-021	4:31.98	25m	4-10-15	Purmerend (NED)	475
7.	Gaal Roel	01	08-021	4:34.39	25m	18-11-18	Hoofddorp (NED)	462
8.	Crok Pieter	91	08-021	4:37.05	25m	8-4-07	Haarlem (NED)	449
9.	Hogenstijn Peter	84	08-021	4:37.07	25m	31-5-01	Heemskerk (NED)	449
10.	van Beek Klaas	88	08-021	4:38.69	25m	4-10-09	Amsterdam-oost (NED)	441
11.	van der Gracht Jory	87	08-021	4:39.01	25m	18-12-11	Zaandam (NED)	440
12.	Camphuijnder Wilko	69	08-021	4:40.20	25m	26-10-97	Heemskerk (NED)	434
13.	Meijer Arno	75	08-021	4:41.10	25m	16-1-94	Heemskerk	430
14.	Stins Arnold	83	08-021	4:42.76	25m	31-5-01	Heemskerk (NED)	422
15.	Schelvis Sjeng	89	08-021	4:44.44	25m	28-4-05	Heemskerk (NED)	415
16.	Dekker Matthijs	90	08-021	4:44.55	25m	6-3-05	Den Haag	415
17.	van de Poll Kevin	86	08-021	4:45.06	25m	29-4-04	Heemskerk (NED)	412
18.	Kranenburg Fred	63	08-021	4:49.10	25m	24-1-82		395
19.	Offringa Rick	03	08-021	4:50.25	25m	18-11-18	Hoofddorp (NED)	391
20.	de Vijlder Michael	75	08-021	4:51.40	25m	4-4-96	Heemskerk (NED)	386
21.	Kuilman Joris	80	08-021	4:52.10	25m	19-3-98	Heemskerk (NED)	383
22.	Tijms Stefan	93	08-021	4:52.54	25m	24-4-11	Haarlem (NED)	381
23.	Essers Tim	88	08-021	4:53.83	25m	28-4-05	Heemskerk (NED)	376
24.	Tamis Thijs	82	08-021	4:54.90	25m	30-5-02	Heemskerk	372
25.	Kerkhof Arno	72	08-021	4:56.30	25m	19-2-89	Heemskerk (NED)	367
26.	Steenbergen Roderik	82	08-021	4:57.14	25m	30-5-02	Heemskerk	364
27.	Verbree John	61	08-021	4:58.00	25m	14-3-81	Heemskerk (NED)	361
28.	Dekker Ruben	93	08-021	4:58.33	25m	27-1-06	Dordrecht (NED)	360
29.	Korzelius Ron	65	08-021	5:00.40	25m	27-2-83	Assendelft (NED)	352
30.	Plokker Robert	65	08-021	5:01.00	25m	10-1-82	Wormerveer (NED)	350
31.	de Ruijter Richard	88	08-021	5:01.14	25m	29-4-04	Heemskerk (NED)	350
32.	Kramer Vincent	82	08-021	5:02.24	25m	12-6-03	Heemskerk	346
33.	Schaaper Hans	68	08-021	5:03.00	25m	19-2-89	Heemskerk (NED)	343
34.	Groen Jarno	01	08-021	5:03.92	25m	18-9-16	Zaandam (NED)	340
35.	Pover Peter	69	08-021	5:05.40	25m	30-6-93		335
35.	Oortwijn Maarten	80	08-021	5:05.40	25m	18-5-95	Heemskerk (NED)	335
37.	Wassenaar Marcel	69	08-021	5:06.40	25m	19-2-89	Heemskerk (NED)	332
38.	Jongert Sjoerd	01	08-021	5:06.59	50m	2-4-17	Alkmaar (NED)	369
39.	Hermans Luuk	85	08-021	5:07.08	25m	31-5-01	Heemskerk (NED)	330
40.	van Rookhuizen Barry	82	08-021	5:07.41	25m	29-4-04	Heemskerk (NED)	329
41.	van der Kroft Barry	82	08-021	5:09.77	25m	30-5-02	Heemskerk	321

400 vrije slag (sinds 42)

42.	de Boer Stephan	83	08-021	5:09.90	25m	19-3-98	Heemskerk (NED)	321
43.	Woudsma Stefan	00	08-021	5:10.24	50m	30-4-16	Alkmaar (NED)	356
44.	Krijger Jan-Willem	81	08-021	5:10.50	25m	16-11-97	Zaandam (NED)	319
45.	Switser René	75	08-021	5:11.10	25m	12-11-89	Assendelft (NED)	317
46.	Stam Daniël	79	08-021	5:11.90	25m	19-3-98	Heemskerk (NED)	315
47.	Butter Joris	86	08-021	5:12.23	25m	29-4-04	Heemskerk (NED)	314
48.	Hoening Jarl	86	08-021	5:12.66	25m	29-4-04	Heemskerk (NED)	312
49.	Hulshof Patrick	75	08-021	5:12.70	25m	10-3-91	Heemskerk (NED)	312
50.	Dekker Rudie	78	08-021	5:13.20	25m	18-5-95	Heemskerk (NED)	311
51.	Gaal Koen	99	08-021	5:13.42	25m	11-10-15	Alkmaar (NED)	310
52.	Wiegman Stefan	74	08-021	5:13.60	25m	6-10-88	Heemskerk (NED)	310
53.	Bal Chester	78	08-021	5:15.10	25m	2-3-97	Haarlem (NED)	305
54.	Lamers Koen	91	08-021	5:16.84	25m	31-5-07	Heemskerk (NED)	300
55.	Zwaan Bas	76	08-021	5:17.50	25m	16-1-94	Heemskerk	298
56.	Beentjes Bastiaan	78	08-021	5:18.90	25m	2-3-97	Haarlem (NED)	294
57.	Andeweg Celedonio	76	08-021	5:21.00	25m	15-1-94		289
58.	Palmboom Pascal	89	08-021	5:22.23	25m	28-4-05	Heemskerk (NED)	285
59.	Missot Paul	64	08-021	5:24.90	25m	16-3-80	Zandvoort (NED)	278
60.	Bok Reitze	73	08-021	5:25.30	25m	3-2-91	Zaandam (NED)	277
61.	Schaap Paul	75	08-021	5:26.20	25m	11-3-90	Heemskerk (NED)	275
62.	Dekker Erik	62	08-021	5:28.00	25m	13-4-80	Zaandam (NED)	270
63.	de Boer Daniël	77	08-021	5:28.40	25m	17-5-95		269
64.	Kemmeren Ferry	91	08-021	5:28.92	25m	14-10-07	Zaandam (NED)	268
65.	Goverde Ad	59	08-021	5:29.90	25m	13-4-80	Zaandam (NED)	266
66.	Wolf Gert Jan	65	08-021	5:36.70	25m	24-1-82		250
67.	de Ruijter René	86	08-021	5:37.79	25m	29-4-04	Heemskerk (NED)	248
68.	Camphuijnder Jasper	05	08-021	5:38.59	25m	12-11-17	Hoofddorp (NED)	246
69.	van de Sluis Nicolai	66	08-021	5:38.70	25m	14-3-81	Heemskerk (NED)	246
70.	Schaaper Bart	73	08-021	5:39.20	25m	5-10-88		245
71.	de Weert Sander	72	08-021	5:39.29	25m	22-5-11	Grootebroek (NED)	244
72.	Roosendaal Ben	66	08-021	5:42.30	25m	14-3-81	Heemskerk (NED)	238
73.	de Wit Matthew	97	08-021	5:42.63	25m	29-1-15	Amsterdam (NED)	237
74.	Ursem Jerre	73	08-021	5:43.50	25m	15-1-88		235
75.	de Caluwé Niels	91	08-021	5:45.25	25m	31-5-07	Heemskerk (NED)	232
76.	Doodeman Niels	89	08-021	5:45.83	25m	30-5-02	Heemskerk	231
77.	van Vegten Teun	01	08-021	5:46.21	25m	18-9-16	Zaandam (NED)	230
78.	Nolte Martijn	74	08-021	5:48.10	25m	27-10-85	(NED)	226
79.	Vlieland Roy	99	08-021	5:49.73	25m	31-3-13	Haarlem (NED)	223
80.	Zonneveld Jeroen	78	08-021	5:50.60	25m	4-4-96	Heemskerk (NED)	221
81.	Bleijendaal Thomas	88	08-021	5:51.00	25m	29-4-04	Heemskerk (NED)	221
82.	de Boer Tobias	02	08-021	5:51.06	25m	21-12-14	Zaandam (NED)	221
83.	Arends Martin	81	08-021	5:51.30	25m	7-2-93	Z.O. Beemster (NED)	220
84.	Hoening Sten	84	08-021	5:52.06	25m	24-10-99	Zaandam (NED)	219
85.	van Duin Peter	65	08-021	5:52.40	25m	14-3-81	Heemskerk (NED)	218
86.	Oortwijn Bouke	78	08-021	5:53.00	25m	27-9-92	Wormerveer (NED)	217
87.	Tijms Eric	64	08-021	5:53.58	25m	22-1-16	Papendrecht (NED)	216
88.	Kerdijk Dennis	79	08-021	5:53.70	25m	4-4-96	Heemskerk (NED)	216
89.	Martijn Onno	91	08-021	5:58.34	25m	23-10-05	Zaandam (NED)	207
90.	Zijlstra Jeroen	80	08-021	5:58.40	25m	4-4-96	Heemskerk (NED)	207
91.	Blaauw Eric	67	08-021	6:00.60	25m	21-12-14	Zaandam (NED)	203
92.	Hagebout Marcel	68	08-021	6:01.10	25m	14-3-81	Heemskerk (NED)	203
93.	Nijland Yoran	05	08-021	6:02.77	25m	21-10-18	Purmerend (NED)	200
94.	van Lieshout Martin	76	08-021	6:08.00	25m	6-10-88	Heemskerk (NED)	191

400 vrije slag (sinds 95)

95.	de Vries Allard	96	08-021	6:08.61	25m	12-9-10	Zaandam (NED)	190
96.	Schillemans Bram	99	08-021	6:09.33	25m	8-2-15	Zaandam (NED)	189
97.	Prins Hilbert	51	08-021	6:10.10	25m	10-2-13	Zaandam (NED)	188
98.	Koopman Axel	92	08-021	6:15.01	25m	1-12-02	Heemskerk	181
99.	Vink Jan Jaap	59	08-021	6:15.91	25m	21-10-12	Zaandam (NED)	180
100.	Tuinstra Sean	98	08-021	6:16.65	25m	18-4-10	Zaandam (NED)	178
101.	Crok Dirk	58	08-021	6:17.28	25m	17-2-13	Aberdeen (GBR)	178
102.	Keessen Jeroen	67	08-021	6:19.50	25m	14-3-81	Heemskerk (NED)	174
103.	de Rooij Roel	87	08-021	6:21.46	25m	5-11-00	Zaandam (NED)	172
104.	Snel Jeffrey	86	08-021	6:24.26	25m	30-3-00	Heemskerk (NED)	168
105.	van Hannen Erik	67	08-021	6:24.30	25m	14-3-81	Heemskerk (NED)	168
106.	Huis in 't Veld Lorenzo	03	08-021	6:25.59	25m	18-9-16	Zaandam (NED)	166
107.	Sikkema Joris	86	08-021	6:25.91	25m	28-2-99	Zaandam (NED)	166
108.	Borst Corné	96	08-021	6:25.93	25m	12-9-10	Zaandam (NED)	166
109.	Yayli Serkan	92	08-021	6:28.92	25m	1-12-02	Heemskerk	162
110.	de Groot Peter	80	08-021	6:29.50	25m	17-5-95		161
111.	de Vriend Ruben	03	08-021	6:30.91	25m	20-10-13	Zaandam (NED)	160
112.	de Caluwé Thijs	82	08-021	6:32.90	25m	18-5-95	Heemskerk (NED)	157
113.	Ramaakers Raymond	91	08-021	6:36.87	25m	29-4-04	Heemskerk (NED)	152
114.	Rasch Wilco	68	08-021	6:38.60	25m	14-3-81	Heemskerk (NED)	150
115.	Kooistra André	88	08-021	6:39.38	25m	23-1-00	Heemskerk (NED)	150
116.	Boonacker Wietse	68	08-021	6:40.80	25m	14-3-81	Heemskerk (NED)	148
117.	Oortwijn Guido	78	08-021	6:42.70	25m	6-6-91	Heemskerk	146
118.	Kloppenburger Albert	82	08-021	6:43.80	25m	13-4-94		145
119.	Bleijendaal Lucas	83	08-021	6:50.30	25m	18-5-95	Heemskerk (NED)	138
120.	Zwaan Nick	94	08-021	6:53.38	25m	7-3-04	Zaandam	135
121.	Jacobs Patrick	87	08-021	7:00.11	25m	31-5-01	Heemskerk (NED)	128
122.	Woudsma Maarten	01	08-021	7:00.99	25m	19-10-14	Zaandam (NED)	128
123.	van Sleen Robin	90	08-021	7:01.38	25m	12-6-03	Heemskerk	127
124.	van Baal Elvin	86	08-021	7:06.78	25m	31-5-01	Heemskerk (NED)	123
125.	Groot Sander	88	08-021	7:08.64	25m	23-1-00	Heemskerk (NED)	121
126.	Litjens Olaf	99	08-021	7:09.90	25m	17-4-11	Zaandam (NED)	120
127.	Tholen Martijn	72	08-021	7:13.00	25m	10-1-82	Wormerveer (NED)	117
128.	Welboren Mark	87	08-021	7:18.70	25m	22-2-98	Zaandam (NED)	113
129.	Teufer Lorentz	96	08-021	7:37.83	25m	3-12-06	Zaandam (NED)	99
130.	de Rooij Coen	89	08-021	7:38.60	25m	23-1-00	Heemskerk (NED)	99
131.	Apeldoorn Alex	89	08-021	7:49.36	25m	21-1-01	Heemskerk (NED)	92
132.	Heeremans Tim	78	08-021	7:51.70	25m	6-10-88	Heemskerk (NED)	91
133.	Buur Michael	87	08-021	8:02.60	25m	22-2-98	Zaandam (NED)	85
134.	Glorie Jan	57	08-021	8:39.76	25m	16-5-10	grootebroek (NED)	68

500 vrije slag

1.	Dekker Ruben	93	08-021	6:31.30	OW	2-7-05	Sluis (NED)	
2.	van Beek Klaas	88	08-021	7:09.24	OW	3-7-10	Appeltern (NED)	
3.	Druyven Jorrick	94	08-021	7:18.60	OW	22-7-06	Anna-Paulowna (NED)	
4.	Tijms Stefan	93	08-021	7:21.85	OW	10-7-10	Wijk en Aalburg (NED)	
5.	Koopman Axel	92	08-021	8:32.35	OW	29-6-03	Breukelen (NED)	
6.	Vlieland Roy	99	08-021	8:37.92	OW	19-6-11	Spaarnwoude (NED)	
7.	Nijland Yoran	05	08-021	9:02.02	OW	23-7-16	Amstelveen (NED)	
8.	Kleijne Barry	93	08-021	9:04.12	OW	18-8-02	Eersel (NED)	
9.	Groen Jarno	01	08-021	9:12.72	OW	17-6-12	Spaarnwoude (NED)	
10.	Woudsma Stefan	00	08-021	9:24.08	OW	22-7-12	Amsterdam (NED)	

500 vrije slag (sinds 11)

11. Wassenaar Joris	01	08-021	9:54.50	OW	17-6-12	Spaarnwoude (NED)
12. de Rooij Coen	89	08-021	10:28.09	OW	23-7-00	Amsterdam (NED)
13. van Dijk Mitchell	99	08-021	10:32.60	OW	25-7-10	Langedijk (NED)
14. Huis in 't Veld Lorenzo	03	08-021	11:23.07	OW	18-7-15	Amstelveen (NED)

800 vrije slag

1. Butter Martijn	79	08-021	8:55.09	25m	21-1-01	Heemskerk (NED)	569
2. Kleijne Barry	93	08-021	9:33.95	25m	12-9-10	Zaandam (NED)	461
3. Glorie Daan	88	08-021	9:37.88	25m	11-2-07	Zaandam (NED)	451
4. Hogenstijn Peter	84	08-021	9:39.08	25m	21-1-01	Heemskerk (NED)	448
5. Oudendijk Paul	81	08-021	9:39.57	25m	17-10-04	Zaandam (NED)	447
6. Druyven Jorrick	94	08-021	9:40.09	25m	30-3-08	Zaandam (NED)	446
7. Meijer Arno	75	08-021	9:40.40	25m	6-6-91	Heemskerk	445
8. Crok Pieter	91	08-021	9:48.96	25m	28-9-08	Zaandam (NED)	426
9. Stins Arnold	83	08-021	9:50.65	25m	24-10-99	Zaandam (NED)	423
10. Dekker Matthijs	90	08-021	10:02.56	25m	17-10-04	Zaandam (NED)	398
11. Schelvis Sjeng	89	08-021	10:02.69	25m	17-10-04	Zaandam (NED)	398
12. van der Gracht Jory	87	08-021	10:04.40	25m	14-10-07	Zaandam (NED)	394
13. Kerkhof Arno	72	08-021	10:05.00	25m	22-4-90	Heemstede (NED)	393
14. Tamis Thijs	82	08-021	10:19.19	25m	8-9-02	Heemskerk	367
15. Dekker Ruben	93	08-021	10:22.42	25m	18-12-05	Amsterdam (NED)	361
16. Steenbergens Roderik	82	08-021	10:25.50	25m	5-11-00	Zaandam (NED)	356
17. de Vijlder Michael	75	08-021	10:26.90	25m	16-12-95		353
18. Tijms Stefan	93	08-021	10:27.55	25m	9-2-14	Zaandam (NED)	352
19. van de Poll Kevin	86	08-021	10:28.57	25m	16-11-03	Heemskerk (NED)	351
20. Kuilman Joris	80	08-021	10:29.80	25m	29-3-98	Heemstede (NED)	349
21. Gaal Roel	01	08-021	10:40.87	25m	18-10-15	Zaandam (NED)	331
22. Essers Tim	88	08-021	10:44.91	25m	10-2-02	Zaandam	325
23. Switser René	75	08-021	10:48.20	25m	28-12-89	Heemskerk (NED)	320
24. de Boer Stephan	83	08-021	10:49.00	25m	22-2-98	Zaandam (NED)	318
25. Hoenink Jarl	86	08-021	10:51.78	25m	16-9-01	Zaandam (NED)	314
26. Oortwijn Maarten	80	08-021	10:52.30	25m	16-2-97	Volendam (NED)	314
27. Hermans Luuk	85	08-021	10:52.70	25m	5-11-00	Zaandam (NED)	313
28. Woudsma Stefan	00	08-021	10:53.68	25m	19-10-14	Zaandam (NED)	312
29. Dekker Rudie	78	08-021	10:55.70	25m	14-4-94	Heemskerk	309
30. Groen Jarno	01	08-021	11:00.16	25m	19-10-14	Zaandam (NED)	303
31. Beentjes Bastiaan	78	08-021	11:03.96	25m	23-1-00	Heemskerk (NED)	297
32. de Ruijter Richard	88	08-021	11:04.11	25m	16-11-03	Heemskerk (NED)	297
33. Gaal Koen	99	08-021	11:12.14	25m	8-2-15	Zaandam (NED)	287
34. Kemmeren Ferry	91	08-021	11:12.22	25m	14-10-07	Zaandam (NED)	287
35. Krijger Jan-Willem	81	08-021	11:16.00	25m	16-2-97	Volendam (NED)	282
36. Kramer Vincent	82	08-021	11:19.90	25m	23-2-97	Zaandam (NED)	277
37. Andeweg Celedonio	76	08-021	11:20.60	25m	20-4-91		276
38. Schaap Paul	75	08-021	11:23.90	25m	16-3-90		272
39. Zwaan Bas	76	08-021	11:25.40	25m	21-4-91	Heemstede (NED)	270
40. Butter Joris	86	08-021	11:27.30	25m	8-9-02	Heemskerk	268
41. de Boer Daniël	77	08-021	11:27.50	25m	14-4-94	Heemskerk	268
42. Hulshof Patrick	75	08-021	11:31.80	25m	6-6-91	Heemskerk	263
43. Nolte Martijn	74	08-021	11:32.00	25m	31-12-86		263
44. Lamers Koen	91	08-021	11:40.62	25m	13-11-05	Zaandam (NED)	253
45. van Rookhuizen Barry	82	08-021	11:41.10	25m	23-2-97	Zaandam (NED)	252
46. Palmboom Pascal	89	08-021	11:44.06	25m	17-10-04	Zaandam (NED)	249

800 vrije slag (sinds 47)

47.	Hoening Sten	84	08-021	11:45.64	25m	24-10-99	Zaandam (NED)	248
48.	de Boer Tobias	02	08-021	11:53.95	25m	18-10-15	Zaandam (NED)	239
49.	Vlieland Roy	99	08-021	12:03.71	25m	21-10-12	Zaandam (NED)	230
50.	de Weert Sander	72	08-021	12:13.81	25m	21-1-11	Heerenveen (NED)	220
51.	Martijn Onno	91	08-021	12:15.47	25m	23-10-05	Zaandam (NED)	219
52.	de Wit Matthew	97	08-021	12:17.28	25m	18-10-15	Zaandam (NED)	217
53.	Tijms Eric	64	08-021	12:20.34	25m	23-1-15	Heerenveen (NED)	214
54.	de Vries Allard	96	08-021	12:25.30	25m	12-9-10	Zaandam (NED)	210
55.	Prins Hilbert	51	08-021	12:33.79	25m	10-2-13	Zaandam (NED)	203
56.	Doodeman Niels	89	08-021	12:34.42	25m	11-2-01	Zaandam (NED)	203
57.	Vink Jan Jaap	59	08-021	12:39.31	25m	21-10-12	Zaandam (NED)	199
58.	Schillemans Bram	99	08-021	12:44.07	25m	8-2-15	Zaandam (NED)	195
59.	Borst Corné	96	08-021	12:56.75	25m	12-9-10	Zaandam (NED)	186
60.	Koopman Axel	92	08-021	12:58.27	25m	16-2-03	Zaandam	184
61.	Crok Dirk	58	08-021	12:58.61	25m	10-2-13	Zaandam (NED)	184
62.	Tuinstra Sean	98	08-021	13:01.98	25m	19-12-10	Zaandam (NED)	182
63.	de Ruijter René	86	08-021	13:02.25	25m	23-1-00	Heemskerk (NED)	182
64.	Yayli Serkan	92	08-021	13:04.88	25m	16-2-03	Zaandam	180
65.	de Rooij Roel	87	08-021	13:05.15	25m	28-2-99	Zaandam (NED)	180
66.	Nijland Yoran	05	08-021	13:12.25	25m	7-2-16	Zaandam (NED)	175
67.	Wiegman Stefan	74	08-021	13:20.20	25m	22-9-85		170
68.	de Caluwé Niels	91	08-021	13:58.04	25m	16-11-03	Heemskerk (NED)	148
69.	Kooistra André	88	08-021	14:13.46	25m	5-3-00	Zaandam (NED)	140
70.	Woudsma Maarten	01	08-021	14:23.60	25m	19-10-14	Zaandam (NED)	135
71.	Teufer Lorentz	96	08-021	14:41.19	25m	28-1-07	Zaandam (NED)	127

1000 vrije slag

1.	Butter Martijn	79	08-021	11:58.63	OW	11-6-05	Gorinchem (NED)	
2.	Glorie Daan	88	08-021	12:32.18	OW	8-9-07	Middelburg (NED)	
3.	Oudendijk Paul	81	08-021	12:32.86	OW	5-9-09	Wilhelminadorp (NED)	
4.	Crok Pieter	91	08-021	13:05.27	OW	24-6-07	Breukelen (NED)	
5.	van Beek Klaas	88	08-021	13:13.09	OW	5-9-09	Wilhelminadorp (NED)	
6.	Dekker Matthijs	90	08-021	13:14.39	OW	27-6-04	Breukelen (NED)	
7.	Tijms Stefan	93	08-021	13:22.88	OW	2-7-11	Appeltern (NED)	
8.	van der Gracht Jory	87	08-021	13:27.87	OW	5-9-09	Wilhelminadorp (NED)	
9.	Kleijne Barry	93	08-021	13:41.09	OW	25-7-10	Langedijk (NED)	
10.	Druyven Jorrick	94	08-021	13:53.65	OW	24-6-07	Breukelen (NED)	
11.	Korzelius Ron	65	08-021	13:56.50	OW	17-6-84	Amstelveen (NED)	
12.	Dekker Ruben	93	08-021	14:08.48	OW	21-8-05	Eersel (NED)	
13.	Jongert Sjoerd	01	08-021	14:26.70	OW	2-9-17	Wilhelminadorp (NED)	
14.	de Jonge Marco	66	08-021	14:30.14	OW	5-9-15	Wilhelminadorp (NED)	
15.	Plokker Robert	65	08-021	14:46.30	OW	14-6-81	Amstelveen (NED)	
16.	Breton Wouter	89	08-021	15:04.19	OW	26-7-09	Langedijk (NED)	
17.	Offringa Rick	03	08-021	15:07.50	OW	29-7-17	Amstelveen (NED)	
18.	Stins Arnold	83	08-021	15:08.70	OW	12-7-98	Amsterdam (NED)	
19.	Kemmeren Ferry	91	08-021	15:11.06	OW	25-6-06	Breukelen (NED)	
20.	Meijer Arno	75	08-021	15:18.50	OW	13-8-00	Eersel (NED)	
21.	Essers Tim	88	08-021	15:22.72	OW	14-8-10	Heerjansdam (NED)	
22.	Verbree John	61	08-021	15:24.40	OW	14-6-81	Amstelveen (NED)	
23.	de Weert Sander	72	08-021	15:30.17	OW	26-6-11	Sluis (NED)	
24.	de Ruijter Richard	88	08-021	15:33.67	OW	23-6-02	Breukelen (NED)	
25.	Dekker Rudie	78	08-021	15:36.00	OW	12-7-94	Harderwijk (NED)	

1000 vrije slag (sinds 26)

26.	Schaaper Hans	68	08-021	15:38.50	OW	17-6-84	Amstelveen (NED)
27.	Tijms Eric	64	08-021	15:46.38	OW	31-8-13	Wilhelminadorp (NED)
28.	Wassenaar Marcel	69	08-021	15:48.34	OW	26-8-12	Oosterhout (NED)
29.	Hagebout Marcel	68	08-021	15:54.60	OW	30-6-83	Amstelveen (NED)
30.	Goverde Ad	59	08-021	16:00.40	OW	14-6-81	Amstelveen (NED)
31.	Wolf Gert Jan	65	08-021	16:03.00	OW	30-6-83	Amstelveen (NED)
32.	Beentjes Bastiaan	78	08-021	16:05.38	OW	13-8-00	Eersel (NED)
33.	Kramer Vincent	82	08-021	16:05.90	OW	10-8-96	Amsterdam (NED)
34.	Krijger Jan-Willem	81	08-021	16:37.00	OW	2-7-95	Veghel (NED)
35.	Crok Dirk	58	08-021	16:40.59	OW	20-7-13	Anna-Paulowna (NED)
36.	Windmuller Ton	62	08-021	16:59.50	OW	14-6-81	Amstelveen (NED)
37.	Vlieland Roy	99	08-021	17:17.98	OW	28-7-12	Anna-Paulowna (NED)
38.	Blaauw Eric	67	08-021	17:24.00	OW	17-6-12	Spaarnwoude (NED)
39.	Prins Hilbert	51	08-021	17:32.55	OW	23-7-16	Amstelveen (NED)
40.	de Boer Daniël	77	08-021	17:45.60	OW	12-7-94	Harderwijk (NED)
41.	Vink Jan Jaap	59	08-021	17:47.18	OW	23-7-16	Amstelveen (NED)
42.	Dekker Andre	56	08-021	18:19.16	OW	3-9-05	Wilhelminadorp (NED)
43.	Glorie Jan	57	08-021	19:32.95	OW	17-7-10	Middelburg (NED)
44.	Vink Gé	60	08-021	20:01.43	OW	26-7-14	Anna-Paulowna (NED)
45.	Zwaan Bas	76	08-021	22:33.70	OW	4-9-94	Amsterdam (NED)

1250 vrije slag

1.	Tijms Stefan	93	08-021	15:32.19	OW	19-8-11	Leiden (NED)
2.	Jongert Sjoerd	01	08-021	17:45.10	OW	10-9-17	Hoom (NED)
3.	van der Gracht Jory	87	08-021	18:57.13	OW	21-7-18	Hoom (NED)
4.	de Jonge Marco	66	08-021	22:18.56	OW	21-7-18	Hoom (NED)
5.	Tijms Eric	64	08-021	22:56.66	OW	10-9-17	Hoom (NED)

1500 vrije slag

1.	Butter Martijn	79	08-021	17:04.13	25m	11-2-01	Zaandam (NED)	567
2.	Druyven Jorrick	94	08-021	18:07.48	25m	30-3-08	Zaandam (NED)	474
3.	Glorie Daan	88	08-021	18:15.40	25m	11-2-07	Zaandam (NED)	464
4.	Hogenstijn Peter	84	08-021	18:16.50	25m	21-1-01	Heemskerk (NED)	462
5.	Kleijne Barry	93	08-021	18:29.63	25m	28-3-10	Zeist (NED)	446
6.	Crok Pieter	91	08-021	18:40.96	25m	24-2-08	Zaandam (NED)	433
7.	Oudendijk Paul	81	08-021	18:41.59	25m	16-11-03	Heemskerk (NED)	432
8.	Stins Arnold	83	08-021	18:55.85	25m	28-2-99	Zaandam (NED)	416
9.	Dekker Matthijs	90	08-021	19:08.18	25m	14-11-04	Heemskerk (NED)	402
10.	Meijer Arno	75	08-021	19:18.50	25m	27-1-91	Volendam (NED)	392
11.	van der Gracht Jory	87	08-021	19:22.18	25m	1-5-05	Zaandam (NED)	388
12.	Kerkhof Arno	72	08-021	19:24.60	25m	22-4-90	Heemstede (NED)	386
13.	Schelvis Sjeng	89	08-021	19:32.59	25m	14-11-04	Heemskerk (NED)	378
13.	Dekker Ruben	93	08-021	19:32.59	25m	18-12-05	Amsterdam (NED)	378
15.	Tamis Thijs	82	08-021	19:35.74	25m	11-2-01	Zaandam (NED)	375
16.	van de Poll Kevin	86	08-021	19:47.07	25m	16-11-03	Heemskerk (NED)	364
17.	Kuilman Joris	80	08-021	19:53.60	25m	29-3-98	Heemstede (NED)	358
18.	de Vijlder Michael	75	08-021	19:55.50	25m	18-12-94	Wormerveer (NED)	356
19.	Kranenburg Fred	63	08-021	20:00.90	25m	10-1-82	Wormerveer (NED)	352
20.	Tijms Stefan	93	08-021	20:01.73	25m	9-2-14	Zaandam (NED)	351
21.	Essers Tim	88	08-021	20:11.97	25m	1-12-02	Heemskerk	342
22.	de Ruijter Richard	88	08-021	20:18.87	25m	14-11-04	Heemskerk (NED)	336

1500 vrije slag (sinds 23)

23.	Steenbergen Roderik	82	08-021	20:20.83	25m	23-1-00	Heemskerk (NED)	335
24.	Hoening Jarl	86	08-021	20:52.43	25m	16-11-03	Heemskerk (NED)	310
25.	Gaal Koen	99	08-021	20:59.91	25m	8-2-15	Zaandam (NED)	304
26.	Beentjes Bastiaan	78	08-021	21:02.46	25m	23-1-00	Heemskerk (NED)	303
27.	Woudsma Stefan	00	08-021	21:07.25	25m	22-2-15	Zaandam (NED)	299
28.	Korzelius Ron	65	08-021	21:28.80	25m	10-1-82	Wormerveer (NED)	284
29.	Hermans Luuk	85	08-021	21:30.55	25m	21-1-01	Heemskerk (NED)	283
30.	Dekker Rudie	78	08-021	21:32.80	25m	30-6-94	Heemskerk	282
31.	Butter Joris	86	08-021	21:49.43	25m	16-11-03	Heemskerk (NED)	271
32.	Andeweg Celedonio	76	08-021	21:56.50	25m	27-1-91	Volendam (NED)	267
33.	Lamers Koen	91	08-021	21:56.93	25m	13-11-05	Zaandam (NED)	267
34.	Kramer Vincent	82	08-021	22:01.48	25m	11-2-01	Zaandam (NED)	264
35.	Kemmeren Ferry	91	08-021	22:07.46	25m	13-11-05	Zaandam (NED)	260
36.	Groen Jarno	01	08-021	22:09.67	25m	22-2-15	Zaandam (NED)	259
37.	Switser René	75	08-021	22:31.50	25m	8-4-90	Volendam (NED)	247
38.	de Boer Tobias	02	08-021	23:08.88	25m	22-2-15	Zaandam (NED)	227
39.	Jongert Sjoerd	01	08-021	23:18.60	OW	17-7-16	Amsterdam (NED)	
40.	Schaap Paul	75	08-021	23:28.80	25m	17-3-90	Heerhugowaard (NED)	218
41.	Tijms Eric	64	08-021	23:32.56	25m	21-1-16	Papendrecht (NED)	216
42.	de Weert Sander	72	08-021	23:37.48	25m	19-12-10	Zaandam (NED)	214
43.	Offringa Rick	03	08-021	23:45.84	OW	15-7-18	Amsterdam (NED)	
44.	Hulshof Patrick	75	08-021	23:48.20	25m	17-3-90	Heerhugowaard (NED)	209
45.	Prins Hilbert	51	08-021	23:51.77	25m	10-2-13	Zaandam (NED)	207
46.	Schillemans Bram	99	08-021	24:00.91	25m	8-2-15	Zaandam (NED)	203
47.	Breton Wouter	89	08-021	24:02.84	OW	25-7-09	Anna Paulowna (NED)	
48.	de Vries Allard	96	08-021	24:23.27	25m	13-2-11	Zaandam (NED)	194
49.	Vlieland Roy	99	08-021	24:29.62	25m	24-2-13	Zaandam (NED)	192
50.	Tuinstra Sean	98	08-021	24:36.50	25m	19-12-10	Zaandam (NED)	189
51.	Crok Dirk	58	08-021	24:39.30	25m	10-2-13	Zaandam (NED)	188
52.	Wassenaar Marcel	69	08-021	25:22.65	OW	22-7-12	Amsterdam (NED)	
53.	Doodeman Niels	89	08-021	25:33.93	25m	10-2-02	Zaandam	168
54.	de Ruijter René	86	08-021	26:10.30	25m	5-3-00	Zaandam (NED)	157
55.	de Jonge Marco	66	08-021	26:27.66	OW	17-7-16	Amsterdam (NED)	
56.	Vink Jan Jaap	59	08-021	28:29.30	OW	17-7-16	Amsterdam (NED)	
57.	Glorie Jan	57	08-021	39:46.96	OW	22-7-12	Amsterdam (NED)	

2000 vrije slag

1.	Butter Martijn	79	08-021	23:14.53	25m	11-2-01	Zaandam (NED)	533
2.	Glorie Daan	88	08-021	24:24.56	25m	11-2-07	Zaandam (NED)	460
3.	Stins Arnold	83	08-021	24:32.46	25m	5-3-00	Zaandam (NED)	452
4.	Kleijne Barry	93	08-021	24:51.60	25m	28-2-10	Zaandam (NED)	435
5.	Crok Pieter	91	08-021	24:59.43	25m	24-2-08	Zaandam (NED)	428
6.	Oudendijk Paul	81	08-021	25:11.78	25m	29-1-06	Zaandam (NED)	418
7.	Dekker Matthijs	90	08-021	25:59.36	OW	10-7-05	Beusichem-Culemborg (NED)	
8.	Tamis Thijs	82	08-021	26:11.09	25m	11-2-01	Zaandam (NED)	372
9.	Schelvis Sjeng	89	08-021	26:19.41	25m	7-3-04	Zaandam	366
10.	van der Gracht Jory	87	08-021	26:19.79	25m	1-3-09	Zaandam (NED)	366
11.	Hogenstijn Peter	84	08-021	26:22.85	OW	23-6-02	Breukelen (NED)	
12.	Steenbergen Roderik	82	08-021	26:52.92	25m	5-3-00	Zaandam (NED)	344
13.	Tijms Stefan	93	08-021	27:15.27	OW	3-7-11	Bodegraven (NED)	
14.	Kuilman Joris	80	08-021	27:31.38	25m	5-3-00	Zaandam (NED)	321
15.	Essers Tim	88	08-021	27:46.20	25m	16-2-03	Zaandam	312

2000 vrije slag (sinds 16)

16.	Gaal Koen	99	08-021	28:00.68	25m	22-2-15	Zaandam (NED)	304
17.	Hoening Jarl	86	08-021	28:05.83	25m	10-2-02	Zaandam	301
18.	Woudsma Stefan	00	08-021	28:13.03	25m	22-2-15	Zaandam (NED)	297
19.	Beentjes Bastiaan	78	08-021	28:19.97	25m	5-3-00	Zaandam (NED)	294
20.	Kramer Vincent	82	08-021	28:33.28	25m	5-3-00	Zaandam (NED)	287
21.	van Beek Klaas	88	08-021	28:35.16	OW	5-9-09	Wilhelminadorp (NED)	
22.	de Ruijter Richard	88	08-021	29:04.80	25m	16-2-03	Zaandam	272
23.	Meijer Arno	75	08-021	29:23.60	OW	16-7-95	Amsterdam (NED)	
24.	de Vijlder Michael	75	08-021	29:28.60	OW	16-7-95	Amsterdam (NED)	
25.	Butter Joris	86	08-021	29:32.47	25m	16-2-03	Zaandam	259
26.	Jongert Sjoerd	01	08-021	30:05.20	OW	1-9-18	Wilhelminadorp (NED)	
27.	Krijger Jan-Willem	81	08-021	30:48.40	OW	12-7-98	Amsterdam (NED)	
28.	Wassenaar Marcel	69	08-021	31:21.39	OW	4-9-10	Wilhelminadorp (NED)	
29.	Hoening Sten	84	08-021	32:11.05	25m	5-3-00	Zaandam (NED)	200
30.	Tijms Eric	64	08-021	32:18.57	OW	1-9-12	Wilhelminadorp (NED)	
31.	de Vries Allard	96	08-021	32:32.01	25m	13-2-11	Zaandam (NED)	194
32.	Dekker Rudie	78	08-021	32:56.70	OW	16-7-95	Amsterdam (NED)	
33.	de Jonge Marco	66	08-021	36:21.72	OW	21-8-16	Horn (NED)	
34.	Blaauw Eric	67	08-021	36:58.45	OW	17-6-12	Spaarnwoude (NED)	
35.	Leegwater Martijn	83	08-021	37:01.29	OW	18-7-15	Amstelveen (NED)	
36.	Crok Dirk	58	08-021	38:31.55	OW	3-8-13	Horn (NED)	
37.	Dekker Andre	56	08-021	38:58.08	OW	4-9-05	Vlissingen (NED)	
38.	Mulder Joost	82	08-021	39:37.48	OW	18-7-15	Amstelveen (NED)	
39.	de Goed Remco	82	08-021	41:16.31	OW	18-7-15	Amstelveen (NED)	
40.	Glorie Jan	57	08-021	48:13.31	OW	6-9-09	Vlissingen (NED)	
41.	van Dam Erik	79	08-021	49:11.14	OW	18-7-15	Amstelveen (NED)	

2500 vrije slag

1.	Butter Martijn	79	08-021	31:32.79	OW	23-6-01	Scheerwolde (NED)	
2.	Glorie Daan	88	08-021	31:49.92	OW	7-7-07	Oss (NED)	
3.	Stins Arnold	83	08-021	33:22.92	OW	29-6-02	Scheerwolde (NED)	
4.	Oudendijk Paul	81	08-021	33:43.85	OW	26-6-04	Scheerwolde (NED)	
5.	Kleijne Barry	93	08-021	35:16.17	OW	25-7-10	Langedijk (NED)	
6.	van der Gracht Jory	87	08-021	35:47.10	OW	7-7-07	Oss (NED)	
7.	van Beek Klaas	88	08-021	36:43.01	OW	17-7-10	Middelburg (NED)	
8.	Jongert Sjoerd	01	08-021	37:05.15	OW	3-9-17	Vlissingen (NED)	
9.	Tijms Stefan	93	08-021	37:30.04	OW	24-7-11	Langedijk (NED)	
10.	Essers Tim	88	08-021	40:51.97	OW	25-7-10	Langedijk (NED)	
11.	de Weert Sander	72	08-021	45:38.00	OW	24-8-13	Oirschot (NED)	
12.	Tijms Eric	64	08-021	47:48.09	OW	23-7-17	Medemblik (NED)	
13.	Crok Dirk	58	08-021	48:51.23	OW	26-7-09	Langedijk (NED)	
14.	Glorie Jan	57	08-021	1:05:05.95	OW	27-6-10	Sluis (NED)	

3000 vrije slag

1. Butter Martijn	79	08-021	36:36.01	50m	28-4-01	Drachten (NED)	499
2. Glorie Daan	88	08-021	39:22.10	OW	15-7-06	Wijk en Aalburg (NED)	
3. Oudendijk Paul	81	08-021	39:53.44	OW	31-7-04	Anna-Paulowna (NED)	
4. Stins Arnold	83	08-021	40:01.29	OW	1-7-01	Sluis (NED)	
5. Dekker Matthijs	90	08-021	41:18.47	OW	16-7-04	Tilburg (NED)	
6. van der Gracht Jory	87	08-021	41:22.95	OW	7-9-13	Eindhoven (NED)	
7. Tijms Eric	64	08-021	42:05.80	OW	17-6-12	Riccione (ITA)	
8. Tijms Stefan	93	08-021	42:30.80	OW	8-9-18	Bled (SLO)	
9. de Weert Sander	72	08-021	42:46.50	OW	16-6-12	Riccione (ITA)	
10. de Jonge Marco	66	08-021	43:59.30	OW	7-9-13	Eindhoven (NED)	
11. Kleijne Barry	93	08-021	44:07.60	OW	24-7-10	Anna-Paulowna (NED)	
12. de Vijlder Michael	75	08-021	45:27.90	OW	2-7-95	Veghel (NED)	
13. van Beek Klaas	88	08-021	46:18.17	OW	30-8-09	Oosterhout (NED)	
14. Meijer Arno	75	08-021	46:41.50	OW	29-7-95	Anna-Paulowna (NED)	
15. Jongert Sjoerd	01	08-021	46:58.95	OW	7-7-18	Vianen (NED)	
16. Kramer Vincent	82	08-021	48:57.90	OW	27-8-00	Oosterhout (NED)	
17. Crok Dirk	58	08-021	50:46.90	OW	7-9-13	Eindhoven (NED)	
18. Wassenaar Marcel	69	08-021	52:01.70	OW	24-7-10	Anna-Paulowna (NED)	
19. Prins Hilbert	51	08-021	52:37.20	OW	7-9-13	Eindhoven (NED)	
20. Vink Jan Jaap	59	08-021	53:40.10	OW	7-9-13	Eindhoven (NED)	
21. van der Gracht Adrie	57	08-021	58:49.30	OW	17-6-12	Riccione (ITA)	
22. Oudendijk Hans	54	08-021	1:04:50.05	OW	7-9-13	Eindhoven (NED)	
23. Glorie Jan	57	08-021	1:13:57.90	OW	7-8-10	Goteborg (SWE)	

4000 vrije slag

1. van der Gracht Jory	87	08-021	1:01:07.01	OW	4-8-13	Amstelveen (NED)
2. Tijms Stefan	93	08-021	1:05:28.98	OW	8-6-12	Leiden (NED)
3. Tijms Eric	64	08-021	1:11:51.90	OW	18-7-15	Amstelveen (NED)

5000 vrije slag

1. Glorie Daan	88	08-021	1:02:33.86	OW	1-7-07	Bodegraven (NED)
2. Butter Martijn	79	08-021	1:03:55.94	OW	7-7-01	Vriezenveen (NED)
3. Stins Arnold	83	08-021	1:08:48.37	OW	7-7-01	Vriezenveen (NED)
4. Oudendijk Paul	81	08-021	1:09:53.59	OW	5-9-04	Vlissingen (NED)
5. Kleijne Barry	93	08-021	1:11:56.36	OW	6-9-09	Vlissingen (NED)
6. van der Gracht Jory	87	08-021	1:12:38.11	OW	15-6-08	Spaarnwoude (NED)
7. van Beek Klaas	88	08-021	1:13:06.36	OW	6-9-09	Vlissingen (NED)
8. Tijms Stefan	93	08-021	1:13:19.95	OW	3-7-11	Bodegraven (NED)
9. de Jonge Marco	66	08-021	1:19:25.95	OW	7-9-14	Vlissingen (NED)
10. Wassenaar Marcel	69	08-021	1:23:54.87	OW	4-7-10	Bodegraven (NED)
11. de Weert Sander	72	08-021	1:24:17.57	OW	3-7-11	Bodegraven (NED)
12. Tijms Eric	64	08-021	1:31:03.05	OW	26-8-12	Oosterhout (NED)
13. Crok Dirk	58	08-021	1:33:49.64	OW	25-8-13	Oosterhout (NED)
14. van der Gracht Adrie	57	08-021	2:07:22.45	OW	4-7-10	Bodegraven (NED)
15. Glorie Jan	57	08-021	2:07:42.23	OW	4-7-10	Bodegraven (NED)

6000 vrije slag

1. Glorie Daan	88	08-021	50:21.66	OW	8-7-07	Beusichem-Culemborg (NED)
2. Butter Martijn	79	08-021	1:07:17.50	OW	12-7-09	Beusichem-Culemborg (NED)
3. Wassenaar Marcel	69	08-021	1:14:12.72	OW	8-7-12	Beusichem-Culemborg (NED)
4. Tijms Eric	64	08-021	1:17:08.68	OW	10-7-16	Beusichem-Culemborg (NED)
5. Crok Dirk	58	08-021	1:24:18.16	OW	8-7-12	Beusichem-Culemborg (NED)
6. van Beek Klaas	88	08-021	1:31:30.75	OW	11-7-10	Beusichem-Culemborg (NED)
7. Tijms Stefan	93	08-021	1:38:10.59	OW	8-7-18	Beusichem-Culemborg (NED)

6500 vrije slag

1. de Jonge Marco	66	08-021	1:59:53.25	OW	28-8-16	Oosterhout (NED)
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10000 vrije slag

1. Glorie Daan	88	08-021	2:12:39.35	50m	21-4-07	Zwaag (NED)
2. Butter Martijn	79	08-021	2:24:59.78	OW	13-6-09	Vriezenveen (NED)
3. Tijms Stefan	93	08-021	2:44:08.00	OW	18-6-11	Vriezenveen (NED)
4. Oudendijk Paul	81	08-021	2:50:22.37	50m	28-4-09	Zwaag (NED)
5. de Jonge Marco	66	08-021	2:50:56.97	OW	14-6-14	Vriezenveen (NED)

20000 vrije slag

1. Glorie Daan	88	08-021	4:54:12.95	50m	24-12-06	Amsterdam (NED)
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22000 vrije slag

1. Glorie Daan	88	08-021	5:10:46.39	OW	12-8-06	Stavoren-Medemblik (NED)
2. Butter Martijn	79	08-021	5:49:07.32	OW	8-8-09	Stavoren-Medemblik (NED)
3. Oudendijk Paul	81	08-021	6:48:30.12	OW	8-8-09	Stavoren-Medemblik (NED)

25 rugslag

1. Schaaper Hans	68	08-021	14.00	25m	12-1-89	Heemskerk (NED)	405
2. Pover Peter	69	08-021	14.60	25m	12-1-89	Heemskerk (NED)	357
2. Oudendijk Paul	81	08-021	14.60	25m	29-5-08	Heemskerk (NED)	357
4. Hermans Luuk	85	08-021	14.77	25m	19-4-07	Heemskerk (NED)	345
5. Kerkhof Arno	72	08-021	14.80	25m	31-12-89	Heemskerk (NED)	342
6. Druyven Jorrick	94	08-021	14.87	25m	29-5-08	Heemskerk (NED)	338
7. Meijer Arno	75	08-021	14.90	25m	18-6-92	Heemskerk	336
7. Camphuijnder Wilko	69	08-021	14.90	25m	15-1-98	Heemskerk (NED)	336
9. Steenbergen Roderik	82	08-021	14.91	25m	17-2-00	Heemskerk (NED)	335
10. Butter Martijn	79	08-021	15.00	25m	19-4-07	Heemskerk (NED)	329
11. Hogenstijn Peter	84	08-021	15.03	25m	22-2-01	Heemskerk (NED)	327
12. Stins Arnold	83	08-021	15.20	25m	17-2-00	Heemskerk (NED)	316
12. Essers Tim	88	08-021	15.20	25m	27-4-06	Heemskerk	316
14. Kuilman Joris	80	08-021	15.50	25m	15-1-98	Heemskerk (NED)	298
15. Tamis Thijs	82	08-021	15.52	25m	22-2-01	Heemskerk (NED)	297
16. Wiegman Stefan	74	08-021	15.60	25m	12-1-89	Heemskerk (NED)	292
16. Oortwijn Maarten	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)	292
18. Kramer Vincent	82	08-021	15.66	25m	17-2-00	Heemskerk (NED)	289
19. Crok Pieter	91	08-021	15.67	25m	29-5-08	Heemskerk (NED)	288
20. Glorie Daan	88	08-021	15.70	25m	27-4-06	Heemskerk	287
21. van der Kroft Barry	82	08-021	15.72	25m	22-2-01	Heemskerk (NED)	286
21. de Ruijter Richard	88	08-021	15.72	25m	27-4-06	Heemskerk	286

25 rugslag (sinds 23)

23.	Schaaper Bart	73	08-021	15.80	25m	17-12-87	Heemskerk (NED)	281
23.	Bal Chester	78	08-021	15.80	25m	13-2-97	Heemskerk (NED)	281
25.	de Vijlder Michael	75	08-021	15.90	25m	13-2-97	Heemskerk (NED)	276
25.	de Boer Stephan	83	08-021	15.90	25m	25-3-99	Heemskerk (NED)	276
27.	van der Bunt Raymond	73	08-021	16.00	25m	16-5-91	Heemskerk (NED)	271
28.	van der Gracht Jory	87	08-021	16.05	25m	19-4-07	Heemskerk (NED)	268
29.	de Caluwé Niels	91	08-021	16.15	25m	19-4-07	Heemskerk (NED)	263
30.	Dekker Rudie	78	08-021	16.20	25m	15-1-98	Heemskerk (NED)	261
31.	Hoerink Jarl	86	08-021	16.28	25m	22-2-01	Heemskerk (NED)	257
31.	Kemmeren Ferry	91	08-021	16.28	25m	19-4-07	Heemskerk (NED)	257
33.	Wassenaar Marcel	69	08-021	16.40	25m	12-1-89	Heemskerk (NED)	252
33.	Bok Reitze	73	08-021	16.40	25m	12-1-89	Heemskerk (NED)	252
33.	de Ruijter René	86	08-021	16.40	25m	17-2-00	Heemskerk (NED)	252
36.	van Rookhuizen Barry	82	08-021	16.44	25m	22-2-01	Heemskerk (NED)	250
37.	de Wit Stephen	93	08-021	16.50	25m	29-5-08	Heemskerk (NED)	247
38.	Lamers Koen	91	08-021	16.55	25m	19-4-07	Heemskerk (NED)	245
39.	Palmboom Pascal	89	08-021	16.60	25m	27-4-06	Heemskerk	243
40.	Goverde Jeroen	73	08-021	16.70	25m	12-1-89	Heemskerk (NED)	238
40.	Zwaan Bas	76	08-021	16.70	25m	16-5-91	Heemskerk (NED)	238
40.	de Boer Daniël	77	08-021	16.70	25m	16-3-95	Heemskerk (NED)	238
43.	Butter Joris	86	08-021	16.75	25m	22-2-01	Heemskerk (NED)	236
44.	Hulshof Patrick	75	08-021	16.80	25m	16-5-91	Heemskerk (NED)	234
44.	Stam Daniël	79	08-021	16.80	25m	13-2-97	Heemskerk (NED)	234
44.	Krijger Jan-Willem	81	08-021	16.80	25m	15-1-98	Heemskerk (NED)	234
47.	Kleijne Barry	93	08-021	16.86	25m	19-4-07	Heemskerk (NED)	232
48.	Martijn Onno	91	08-021	17.09	25m	29-5-08	Heemskerk (NED)	222
49.	Wassenaar Edwin	72	08-021	17.10	25m	12-1-89	Heemskerk (NED)	222
49.	Schaap Paul	75	08-021	17.10	25m	12-1-89	Heemskerk (NED)	222
51.	de Groot Peter	80	08-021	17.20	25m	8-2-96	Heemskerk (NED)	218
51.	Zonneveld Jeroen	78	08-021	17.20	25m	13-2-97	Heemskerk (NED)	218
53.	van Velsen Gerard	54	08-021	17.30	25m	22-3-88	Heemskerk (NED)	214
53.	Oortwijn Guido	78	08-021	17.30	25m	16-5-91	Heemskerk (NED)	214
55.	Beentjes Bastiaan	78	08-021	17.38	25m	17-2-00	Heemskerk (NED)	211
56.	Tijms Stefan	93	08-021	17.45	25m	29-5-08	Heemskerk (NED)	209
57.	Huveneers Fabian	73	08-021	17.50	25m	22-3-88	Heemskerk (NED)	207
57.	Andeweg Celedonio	76	08-021	17.50	25m	31-12-89	Heemskerk (NED)	207
59.	Kerdijk Dennis	79	08-021	17.70	25m	8-2-96	Heemskerk (NED)	200
60.	Koopman Axel	92	08-021	17.72	25m	27-4-06	Heemskerk	199
61.	Switser René	75	08-021	17.90	25m	12-1-89	Heemskerk (NED)	193
62.	Hoerink Sten	84	08-021	18.01	25m	25-3-99	Heemskerk (NED)	190
63.	Thijssen Dave	82	08-021	18.10	25m	16-3-95	Heemskerk (NED)	187
64.	Doodeman Niels	89	08-021	18.13	25m	22-2-01	Heemskerk (NED)	186
65.	Schelvis Sjeng	89	08-021	18.14	25m	22-2-01	Heemskerk (NED)	186
66.	Groot Sander	88	08-021	18.41	25m	17-2-00	Heemskerk (NED)	178
67.	de Weert Sander	72	08-021	18.56	25m	13-5-12	Grootebroek (NED)	173
68.	Dekker Ruben	93	08-021	18.64	25m	19-1-03	Zaandam	171
69.	Tijms Eric	64	08-021	18.92	25m	20-11-11	Almere-Stad (NED)	164
70.	de Caluwe Johan	64	08-021	18.94	25m	19-4-07	Heemskerk (NED)	163
71.	de Vries Allard	96	08-021	19.80	25m	29-5-08	Heemskerk (NED)	143
72.	Arends Martin	81	08-021	20.00	25m	17-6-93	Heemskerk (NED)	138
73.	de Vries Dylan	93	08-021	20.06	25m	29-5-08	Heemskerk (NED)	137
74.	Sikkema Joris	86	08-021	20.15	25m	25-3-99	Heemskerk (NED)	135
75.	de Rooij Roel	87	08-021	20.16	25m	25-3-99	Heemskerk (NED)	135

25 rugslag (sinds 76)

76. Jong Ron	77	08-021	20.20	25m	31-12-89	Heemskerk (NED)	134
76. Oortwijn Bouke	78	08-021	20.20	25m	16-5-91	Heemskerk (NED)	134
76. de Caluwé Thijs	82	08-021	20.20	25m	16-3-95	Heemskerk (NED)	134
76. ten Cate Raymond	82	08-021	20.20	25m	16-3-95	Heemskerk (NED)	134
80. Kaal Dennis	74	08-021	20.30	25m	12-1-89	Heemskerk (NED)	132
81. Kooistra André	88	08-021	20.39	25m	17-2-00	Heemskerk (NED)	131
82. van Lieshout Martin	76	08-021	20.50	25m	17-12-87	Heemskerk (NED)	129
82. Josselet Bart	84	08-021	20.50	25m	5-3-98	Heemskerk (NED)	129
84. Borst Corné	96	08-021	20.51	25m	29-5-08	Heemskerk (NED)	128
85. Vink Gé	60	08-021	20.57	25m	19-4-07	Heemskerk (NED)	127
86. Bleijendaal Lucas	83	08-021	20.60	25m	27-4-95	Heemskerk (NED)	127
87. Snel Jeffrey	86	08-021	20.65	25m	17-2-00	Heemskerk (NED)	126
88. Arends Peter	79	08-021	20.70	25m	17-6-93	Heemskerk (NED)	125
88. Jacobs Patrick	87	08-021	20.70	25m	22-2-01	Heemskerk (NED)	125
90. de Groot Pieter	83	08-021	20.80	25m	24-2-94	Heemskerk (NED)	123
90. Buur Michael	87	08-021	20.80	25m	15-1-98	Heemskerk (NED)	123
92. Besse Niels	72	08-021	20.90	25m	12-1-89	Heemskerk (NED)	121
92. Zijlstra Jeroen	80	08-021	20.90	25m	7-2-96		121
94. Gaal Koen	99	08-021	20.93	25m	29-5-08	Heemskerk (NED)	121
95. Yayli Serkan	92	08-021	20.95	25m	13-1-02	Zaandam	120
96. de Graaf Peter	76	08-021	21.00	25m	22-3-88	Heemskerk (NED)	120
97. Oudendijk Hans	54	08-021	21.22	25m	13-5-07	Grootebroek (NED)	116
98. de Rooij Coen	89	08-021	21.31	25m	17-2-00	Heemskerk (NED)	114
99. Cekic Deniz	97	08-021	21.38	25m	29-5-08	Heemskerk (NED)	113
100. Heeremans Tim	78	08-021	21.40	25m	31-12-89	Heemskerk (NED)	113
101. Welboren Mark	87	08-021	21.74	25m	25-3-99	Heemskerk (NED)	108
102. de Wit Job	98	08-021	21.82	25m	29-5-08	Heemskerk (NED)	107
103. Offringa Rick	03	08-021	22.07	25m	7-1-12	Hoom (NED)	103
104. Smit Arend	88	08-021	22.28	25m	17-2-00	Heemskerk (NED)	100
105. Welboren Mischa	89	08-021	22.61	25m	25-3-99	Heemskerk (NED)	96
106. Crok Dirk	58	08-021	22.65	25m	29-5-08	Heemskerk (NED)	95
107. Wassenaar Joris	01	08-021	22.67	25m	25-9-11	Hoom (NED)	95
108. van Hardeveld Richard	69	08-021	22.80	25m	13-10-79	Heemskerk (NED)	93
109. Tuinstra Sean	98	08-021	22.90	25m	19-4-07	Heemskerk (NED)	92
110. van Lieshout Rick	78	08-021	23.00	25m	16-5-91	Heemskerk (NED)	91
111. Oortwijn Kalle	05	08-021	23.13	25m	13-4-14	Zaandam (NED)	89
112. Verhagen Michel	82	08-021	23.20	25m	27-4-95	Heemskerk (NED)	89
113. van Baal Elvin	86	08-021	23.25	25m	22-2-01	Heemskerk (NED)	88
114. Huisman Rene	69	08-021	23.30	25m	13-10-79	Heemskerk (NED)	87
114. van Rijn Michael	70	08-021	23.30	25m	10-2-80	Heerhugowaard (NED)	87
114. Kloppenburg Albert	82	08-021	23.30	25m	16-2-94		87
117. Verhagen Bart	85	08-021	23.40	25m	27-4-95	Heemskerk (NED)	86
118. Zonneveld Alex	90	08-021	23.44	25m	22-2-01	Heemskerk (NED)	86
118. van Tilburg Beau	07	08-021	23.44	25m	28-1-18	Purmerend (NED)	86
120. Piek Roy	89	08-021	23.73	25m	22-2-01	Heemskerk (NED)	83
121. Nijland Yoran	05	08-021	23.86	25m	13-4-14	Zaandam (NED)	81
122. Veldhuis Christian	88	08-021	24.01	25m	22-2-01	Heemskerk (NED)	80
123. van der Gracht Adrie	57	08-021	24.08	25m	26-5-13	Grootebroek (NED)	79
124. van Els Thomas	82	08-021	24.20	25m	16-2-94		78
125. Steenstra Martijn	72	08-021	24.30	25m	16-3-80	Heemskerk (NED)	77
126. de Boer Tobias	02	08-021	24.41	25m	25-9-11	Hoom (NED)	76
127. Ursem Rob	69	08-021	24.50	25m	13-10-79	Heemskerk (NED)	75
127. Jong Gregory	80	08-021	24.50	25m	31-12-89	Heemskerk (NED)	75

25 rugslag (sinds 129)

129.	de Wildt Thijs	94	08-021	24.54	25m	29-5-08	Heemskerk (NED)	75
130.	van der Linden René	70	08-021	24.80	25m	13-10-79	Heemskerk (NED)	72
131.	Grapendaal Aad	42	08-021	25.06	25m	18-11-12	Almere-Stad (NED)	70
132.	Apeldoorn Alex	89	08-021	25.31	25m	17-2-00	Heemskerk (NED)	68
133.	Lanser Werner	71	08-021	25.40	25m	10-2-80	Heerhugowaard (NED)	67
134.	de Vriend Ruben	03	08-021	25.52	25m	7-1-12	Hoorn (NED)	66
135.	Groen Jarno	01	08-021	25.68	25m	26-9-10	Hoorn (NED)	65
136.	Ursem Jerre	73	08-021	26.10	25m	13-12-81	Volendam (NED)	62
137.	de Wit Matthew	97	08-021	26.18	25m	28-9-08	Hoorn (NED)	61
138.	Woudsma Stefan	00	08-021	26.23	25m	26-9-10	Hoorn (NED)	61
139.	Verhagen Jeroen	84	08-021	26.30	25m	8-2-96	Heemskerk (NED)	61
139.	Mulder Mark	97	08-021	26.30	25m	27-4-06	Heemskerk	61
141.	Blaauw Xam	07	08-021	26.31	25m	2-3-14	Haarlem (NED)	61
142.	van Rijn Ian	05	08-021	26.44	25m	13-4-14	Zaandam (NED)	60
143.	Put Harry	70	08-021	26.60	25m	10-2-80	Heerhugowaard (NED)	59
144.	van Someren Bram	00	08-021	26.83	25m	28-9-08	Hoorn (NED)	57
145.	Viel Stefan	88	08-021	27.00	25m	15-1-98	Heemskerk (NED)	56
146.	Gouweleeuw Raymond	88	08-021	27.32	25m	25-3-99	Heemskerk (NED)	54
147.	Martens Andre	70	08-021	27.40	25m	10-2-80	Heerhugowaard (NED)	54
148.	Glorie Jan	57	08-021	27.41	25m	25-5-08	Grootebroek (NED)	53
149.	van der Berg Job	98	08-021	28.64	25m	29-5-08	Heemskerk (NED)	47
150.	Smit Rob	69	08-021	29.40	25m	13-10-79	Heemskerk (NED)	43
151.	Roostenberg Misja	72	08-021	30.00	25m	16-3-80	Heemskerk (NED)	41
152.	Woudsma Maarten	01	08-021	32.64	25m	25-9-11	Hoorn (NED)	31
153.	van Leeuwen Elbert	73	08-021	33.50	25m	16-3-80	Heemskerk (NED)	29
154.	Roemeling Nicky	87	08-021	34.80	25m	8-2-96	Heemskerk (NED)	26
155.	Pettinga Rodney	85	08-021	38.50	25m	8-2-96	Heemskerk (NED)	19
156.	Ursem Maurice	72	08-021	48.30	25m	16-3-80	Heemskerk (NED)	9

50 rugslag

1.	Kleijne Barry	93	08-021	27.86	25m	9-3-14	Zaandam (NED)	507
2.	Jongert Jeroen	96	08-021	28.42	25m	2-7-17	Den Helder (NED)	477
3.	Breton Wouter	89	08-021	29.10	50m	17-5-09	Alkmaar (NED)	563
4.	Oudendijk Paul	81	08-021	29.45	25m	6-11-05	Zaandam (NED)	429
5.	de Wit Stephen	93	08-021	30.21	25m	9-2-12	Heemskerk (NED)	397
6.	van Beek Klaas	88	08-021	30.51	25m	7-2-10	Heemstede (NED)	386
7.	Essers Tim	88	08-021	30.79	25m	11-4-04	Haarlem	375
8.	van der Linden René	70	08-021	30.90	25m	10-11-85		371
9.	Hogenstijn Peter	84	08-021	30.93	25m	25-1-01	Heemskerk (NED)	370
10.	Hermans Luuk	85	08-021	31.02	25m	6-11-05	Zaandam (NED)	367
11.	Butter Martijn	79	08-021	31.18	25m	12-4-09	Haarlem (NED)	361
12.	Schaaper Hans	68	08-021	31.20	25m	15-12-88	Heemskerk (NED)	361
13.	Gaal Koen	99	08-021	31.21	25m	15-2-18	Heemskerk (NED)	360
14.	Druyven Jorrick	94	08-021	31.26	25m	10-2-08	Purmerend (NED)	359
15.	Dekker Matthijs	90	08-021	31.29	25m	15-5-05	Zuidoost-Beemster (NED)	358
16.	Camphuijnder Wilko	69	08-021	31.44	25m	25-1-01	Heemskerk (NED)	353
17.	Schelvis Sjeng	89	08-021	31.57	25m	15-5-05	Zuidoost-Beemster (NED)	348
18.	Steenbergen Roderik	82	08-021	31.68	25m	14-11-99	Zaandam (NED)	345
19.	Kerkhof Arno	72	08-021	31.70	25m	22-4-90	Heemstede (NED)	344
20.	Meijer Arno	75	08-021	31.80	25m	23-2-95	Heemskerk (NED)	341
21.	Pover Peter	69	08-021	32.00	25m	15-12-88	Heemskerk (NED)	334
22.	Crok Pieter	91	08-021	32.05	25m	13-12-07	Heemskerk (NED)	333

50 rugslag (sinds 23)

23. Hoenink Jarl	86	08-021	32.12	25m	25-1-04	Zaandam	331
23. van de Poll Kevin	86	08-021	32.12	25m	22-2-04	Zuidoostbeemster (NED)	331
25. Gaal Roel	01	08-021	32.21	25m	29-11-18	Heemskerk (NED)	328
26. Kramer Vincent	82	08-021	32.25	25m	26-5-05	Heemskerk (NED)	327
27. Kranenburg Fred	63	08-021	32.30	25m	7-11-81	Heemskerk (NED)	325
27. Oortwijn Maarten	80	08-021	32.30	25m	10-4-97	Heemskerk (NED)	325
29. van der Gracht Jory	87	08-021	32.31	25m	30-1-14	Heemskerk (NED)	325
30. Jongert Sjoerd	01	08-021	32.37	25m	15-1-17	Alkmaar (NED)	323
31. van Vegten Teun	01	08-021	32.45	25m	12-3-17	Purmerend (NED)	321
32. Glorie Daan	88	08-021	32.57	25m	27-10-05	Heemskerk (NED)	317
33. Kuilman Joris	80	08-021	32.58	25m	29-10-98	Heemskerk (NED)	317
34. Keessen Jeroen	67	08-021	32.60	25m	10-1-91	Heemskerk (NED)	316
35. Stins Arnold	83	08-021	32.67	25m	30-10-03	Heemskerk	314
36. Offringa Rick	03	08-021	32.79	25m	17-6-18	Alkmaar (NED)	311
37. Tamis Thijs	82	08-021	32.88	25m	25-1-01	Heemskerk (NED)	308
38. Dekker Ruben	93	08-021	32.93	25m	27-10-05	Heemskerk (NED)	307
39. van der Kroft Barry	82	08-021	32.95	25m	25-1-01	Heemskerk (NED)	306
40. Kemmeren Ferry	91	08-021	32.99	25m	30-9-07	Volendam (NED)	305
41. de Caluwé Niels	91	08-021	33.01	25m	18-3-07	Heemskerk (NED)	304
42. Groen Jarno	01	08-021	33.13	25m	5-11-17	Alkmaar (NED)	301
43. Tijms Stefan	93	08-021	33.14	25m	12-4-18	Heemskerk (NED)	301
44. de Vries Allard	96	08-021	33.16	25m	30-1-14	Heemskerk (NED)	300
45. de Ruijter Richard	88	08-021	33.43	25m	28-12-03	Maastricht (NED)	293
46. de Ruijter René	86	08-021	33.58	25m	29-11-01	Heemskerk	289
47. Wiegman Stefan	74	08-021	33.60	25m	30-6-88	Heemskerk (NED)	289
48. van Rookhuizen Barry	82	08-021	33.62	25m	31-10-02	Heemskerk	288
49. Di Mattia Angelo	97	08-021	33.87	25m	8-1-15	Heemskerk (NED)	282
50. Camphuijnder Jasper	05	08-021	33.93	25m	24-11-18	Hoofddorp (NED)	280
51. Wolf Gert Jan	65	08-021	34.00	25m	7-11-81	Heemskerk (NED)	279
52. Verbree John	61	08-021	34.10	25m	22-11-80	Heemskerk (NED)	276
52. Bok Reitze	73	08-021	34.10	25m	10-1-91	Heemskerk (NED)	276
54. de Boer Stephan	83	08-021	34.13	25m	29-10-98	Heemskerk (NED)	275
55. Palmboom Pascal	89	08-021	34.23	25m	13-12-07	Heemskerk (NED)	273
56. Woudsma Stefan	00	08-021	34.25	25m	2-2-17	Heemskerk (NED)	273
57. de Vijlder Michael	75	08-021	34.30	25m	7-11-96	Heemskerk (NED)	271
58. Plokker Robert	65	08-021	34.40	25m	7-11-81	Heemskerk (NED)	269
59. de Caluwe Perry	61	08-021	34.60	25m	13-10-79	Heemskerk (NED)	264
60. Butter Joris	86	08-021	34.64	25m	30-10-03	Heemskerk	263
61. Dekker Rudie	78	08-021	34.70	25m	17-2-94	Heemskerk	262
62. Oortwijn Kalle	05	08-021	34.90	25m	24-11-18	Hoofddorp (NED)	258
63. Blaauw Eric	67	08-021	34.98	25m	24-1-15	Heerenveen (NED)	256
64. Bal Chester	78	08-021	35.06	25m	6-12-98	Zaandam	254
65. Windmuller Hans-Pieter	60	08-021	35.10	25m	14-9-76	Heemskerk (NED)	253
66. Zonneveld Jeroen	78	08-021	35.20	25m	9-10-97	Heemskerk (NED)	251
67. Beentjes Bastiaan	78	08-021	35.40	25m	27-1-00	Heemskerk (NED)	247
68. van der Bunt Raymond	73	08-021	35.60	25m	27-9-90	Heemskerk (NED)	243
69. van Duin Peter	65	08-021	35.70	25m	7-11-81	Heemskerk (NED)	241
70. Schillemans Bram	99	08-021	35.71	25m	2-2-17	Heemskerk (NED)	240
71. Schaaper Bart	73	08-021	36.00	25m	8-3-87	Zaandam (NED)	235
71. Krijger Jan-Willem	81	08-021	36.00	25m	7-11-96	Heemskerk (NED)	235
73. de Boer Daniël	77	08-021	36.10	25m	12-5-93		233
74. van Rijn Michael	70	08-021	36.30	25m	2-9-84	Heemskerk (NED)	229
74. Zwaan Bas	76	08-021	36.30	25m	12-5-93		229

50 rugslag (sinds 76)

76.	Lamers Koen	91	08-021	36.39	25m	19-10-06	Heemskerk	227
77.	Vlieland Roy	99	08-021	36.40	25m	10-3-13	Schagen (NED)	227
78.	van de Sluis Nicolai	66	08-021	36.50	25m	7-11-81	Heemskerk (NED)	225
78.	Hulshof Patrick	75	08-021	36.50	25m	10-1-91	Heemskerk (NED)	225
80.	van der Heijden Hans	60	08-021	36.60	25m	14-9-76	Heemskerk (NED)	223
81.	Ursem Jerre	73	08-021	36.70	25m	15-12-88	Heemskerk (NED)	221
81.	Andeweg Celedonio	76	08-021	36.70	25m	10-1-91	Heemskerk (NED)	221
83.	Wassenaar Marcel	69	08-021	36.80	25m	15-12-88	Heemskerk (NED)	220
84.	Schaap Paul	75	08-021	36.90	25m	14-12-89	Heemskerk (NED)	218
85.	Hoening Sten	84	08-021	36.95	25m	7-6-03	Z.o. Beemster	217
86.	Stam Daniël	79	08-021	37.00	25m	10-4-97	Heemskerk (NED)	216
87.	Hagebout Marcel	68	08-021	37.20	25m	17-5-81	Castricum (NED)	213
88.	Martijn Onno	91	08-021	37.23	25m	11-12-05	IJmuiden (NED)	212
89.	Goverde Jeroen	73	08-021	37.30	25m	13-12-89		211
90.	Borst Corné	96	08-021	37.32	25m	9-2-12	Heemskerk (NED)	211
91.	Kock Albert	61	08-021	37.80	25m	14-9-76	Heemskerk (NED)	203
92.	de Boer Tobias	02	08-021	37.85	25m	18-2-16	Heemskerk (NED)	202
93.	van Hannen Erik	67	08-021	37.90	25m	7-11-81	Heemskerk (NED)	201
94.	Switser René	75	08-021	38.00	25m	1-3-90	Heemskerk (NED)	199
95.	Windmuller Ton	62	08-021	38.10	25m	14-9-76	Heemskerk (NED)	198
95.	Tuinstra Sean	98	08-021	38.10	25m	20-1-13	Heemskerk (NED)	198
97.	Duin Goos	00	08-021	38.23	25m	18-2-16	Heemskerk (NED)	196
98.	Korzelius Ron	65	08-021	38.30	25m	7-11-81	Heemskerk (NED)	195
98.	Zijlstra Jeroen	80	08-021	38.30	25m	7-11-96	Heemskerk (NED)	195
100.	Ijntema Tjeerd	99	08-021	38.32	25m	2-10-16	Purmerend (NED)	194
101.	Dekker Erik	62	08-021	38.40	25m	23-10-77	Zandvoort (NED)	193
101.	Nolte Martijn	74	08-021	38.40	25m	31-12-87		193
103.	Overmeer Michel	60	08-021	38.50	25m	14-9-76	Heemskerk (NED)	192
104.	Koopman Axel	92	08-021	38.54	25m	28-12-05	Maastricht (NED)	191
105.	Kerdijk Dennis	79	08-021	38.60	25m	10-4-97	Heemskerk (NED)	190
106.	Blaauw Mica	05	08-021	38.65	50m	8-12-18	Beverwijk (NED)	240
107.	Doodeman Niels	89	08-021	38.88	25m	10-3-02	Heemskerk	186
107.	de Vries Dylan	93	08-021	38.88	25m	30-1-14	Heemskerk (NED)	186
109.	Oortwijn Bouke	78	08-021	39.04	25m	17-3-16	Heemskerk (NED)	184
110.	de Weert Sander	72	08-021	39.08	25m	22-3-12	Heemskerk (NED)	183
111.	de Groot Peter	80	08-021	39.10	25m	20-11-94	Wormerveer (NED)	183
112.	Kemmeren Andre	88	08-021	39.12	25m	28-10-04	Heemskerk (NED)	183
113.	Roosendaal Ben	66	08-021	39.20	25m	22-11-80	Heemskerk (NED)	182
114.	Woudsma Maarten	01	08-021	39.28	50m	3-12-16	Beverwijk (NED)	229
115.	de Wildt Thijs	94	08-021	39.54	25m	14-3-10	Heemskerk (NED)	177
116.	Goverde Ad	59	08-021	39.60	25m	13-10-79	Heemskerk (NED)	176
117.	Meyer Frank	60	08-021	39.70	25m	7-12-76	Heemskerk (NED)	175
118.	Wassenaar Edwin	72	08-021	39.90	25m	14-12-88		172
119.	Missot Paul	64	08-021	40.30	25m	14-9-76	Heemskerk (NED)	167
119.	Hoekstra Erwin	73	DEM/OEZA	40.30	25m	21-3-13	Heemskerk (NED)	167
121.	Oortwijn Guido	78	08-021	40.70	25m	13-6-91	Heemskerk (NED)	162
122.	Boonacker Wietse	68	08-021	40.80	25m	17-5-81	Castricum (NED)	161
122.	Thijssen Dave	82	08-021	40.80	25m	9-11-95	Heemskerk (NED)	161
124.	van Gent Arno	65	08-021	40.90	25m	16-3-80	Heemskerk (NED)	160
125.	de Wit Matthew	97	08-021	40.98	25m	2-2-17	Heemskerk (NED)	159
126.	de Roode Jeremiah	99	08-021	41.04	25m	6-3-11	Haarlem (NED)	158
127.	van Heerwaarden Chiel	05	08-021	41.11	25m	29-11-18	Heemskerk (NED)	157
128.	Wassenaar Joris	01	08-021	41.18	25m	30-3-14	Zaandam (NED)	157

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129.	Rasch Wilco	68	08-021	41.40	25m	22-11-80	Heemskerk (NED)	154
129.	Yayli Serkan	92	08-021	41.40	25m	28-10-04	Heemskerk (NED)	154
131.	Tijms Eric	64	08-021	41.51	25m	21-3-13	Heemskerk (NED)	153
132.	van der Kolk Henk	65	08-021	41.60	25m	10-2-80	Heerhugowaard (NED)	152
133.	Huisman Rene	69	08-021	41.80	25m	7-11-81	Heemskerk (NED)	150
134.	Groot Sander	88	08-021	41.82	25m	27-1-00	Heemskerk (NED)	149
135.	Veldhuis Christian	88	08-021	42.07	25m	29-11-01	Heemskerk	147
136.	Kooistra André	88	08-021	42.13	25m	27-1-00	Heemskerk (NED)	146
137.	van den Akker Dennis	63	08-021	42.20	25m	14-9-76	Heemskerk (NED)	145
138.	Arends Peter	79	08-021	42.40	25m	12-5-93		143
139.	van Rijn Ian	05	08-021	42.46	25m	16-3-17	Heemskerk (NED)	143
140.	Arends Martin	81	08-021	42.50	25m	3-2-93		142
140.	Josselet Bart	84	08-021	42.50	25m	29-10-98	Heemskerk (NED)	142
142.	Jacobs Patrick	87	08-021	42.51	25m	25-4-02	Heemskerk	142
143.	Put Nico	67	08-021	42.70	25m	10-2-80	Heerhugowaard (NED)	140
143.	van Honschoten Jacky	67	08-021	42.70	25m	7-11-81	Heemskerk (NED)	140
143.	de Veer Albert	72	08-021	42.70	25m	14-12-89	Heemskerk (NED)	140
146.	Koning Arthur	96	08-021	42.71	25m	25-3-10	Heemskerk (NED)	140
146.	Komen Berend	97	08-021	42.71	25m	3-3-11	Heemskerk (NED)	140
148.	van Sleen Robin	90	08-021	42.85	25m	27-4-03	Zaandam	139
149.	de Vriend Ruben	03	08-021	42.91	25m	6-10-13	Heemskerk (NED)	138
150.	Dam Norbert	92	08-021	43.01	25m	28-10-04	Heemskerk (NED)	137
151.	Sikkema Joris	86	08-021	43.04	25m	21-3-99	Assendelft (NED)	137
152.	Vessies Max	03	08-021	43.06	25m	6-3-14	Heemskerk (NED)	137
153.	Hoekstra Marcel	78	08-021	43.20	25m	10-6-88		136
154.	Bleijendaal Thomas	88	08-021	43.33	25m	30-10-03	Heemskerk	134
155.	Reijnders Erik	65	08-021	43.40	25m	10-2-80	Heerhugowaard (NED)	134
156.	Nijland Yoran	05	08-021	43.43	25m	11-2-18	Zaandam (NED)	133
157.	Blaauw Xam	07	08-021	43.44	25m	4-2-18	Purmerend (NED)	133
158.	van Lieshout Martin	76	08-021	43.50	25m	14-12-88		133
159.	Bleijendaal Lucas	83	08-021	43.80	25m	9-11-95	Heemskerk (NED)	130
160.	Huis in 't Veld Lorenzo	03	08-021	43.91	25m	18-9-16	Zaandam (NED)	129
161.	Offringa Martin	61	08-021	44.00	25m	7-12-76	Heemskerk (NED)	128
162.	Vos Daniël	91	08-021	44.07	25m	18-5-06	Heemskerk (NED)	128
163.	Ursem Rob	69	08-021	44.20	25m	7-11-81	Heemskerk (NED)	127
163.	Jong Ron	77	08-021	44.20	25m	31-5-90	Heemskerk (NED)	127
163.	de Caluwé Thijs	82	08-021	44.20	25m	23-2-95	Heemskerk (NED)	127
166.	Litjens Olaf	99	08-021	44.23	25m	12-2-12	Heemstede (NED)	126
167.	van der Weide Bas	75	08-021	44.30	25m	31-5-90	Heemskerk (NED)	126
168.	Kuijl Ben	62	08-021	44.40	25m	22-4-78	Heemskerk (NED)	125
168.	ten Cate Raymond	82	08-021	44.40	25m	23-2-95	Heemskerk (NED)	125
170.	van Hardeveld Richard	69	08-021	44.50	25m	7-11-81	Heemskerk (NED)	124
171.	van Dijck Bart	63	08-021	44.60	25m	14-9-76	Heemskerk (NED)	123
171.	Tap Ben	69	08-021	44.60	25m	22-3-88	Heemskerk (NED)	123
173.	Bokelaar Martijn	80	08-021	44.68	25m	20-2-10	Heerenveen (NED)	122
174.	de Rooij Roel	87	08-021	44.80	25m	21-1-99	Heemskerk (NED)	122
175.	de Buyzer Eelco	64	08-021	44.90	25m	13-10-79	Heemskerk (NED)	121
176.	de Wit Job	98	08-021	44.97	25m	27-3-08	Heemskerk (NED)	120
177.	Zonneveld Alex	90	08-021	45.17	25m	18-11-01	Heemskerk	119
178.	Smit Erik	64	08-021	45.30	25m	13-10-79	Heemskerk (NED)	118
179.	Oortwijn Menno	67	08-021	45.40	25m	10-2-80	Heerhugowaard (NED)	117
180.	Lammers Fake	63	08-021	45.50	25m	7-12-76	Heemskerk (NED)	116
181.	Mulder Mark	97	08-021	45.51	25m	7-1-12	Hoom (NED)	116

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182.	Ramaakers Raymond	91	08-021	45.85	25m	21-4-03	Haarlem	113
183.	Manshanden Davy	68	08-021	46.00	25m	22-11-80	Heemskerk (NED)	112
184.	de Rooij Coen	89	08-021	46.09	25m	4-5-00	Heemskerk (NED)	112
185.	Verdonk Pim	63	08-021	46.40	25m	14-9-76	Heemskerk (NED)	109
186.	Heeremans Tim	78	08-021	46.50	25m	13-12-89		109
187.	Snel Jeffrey	86	08-021	46.52	25m	27-1-00	Heemskerk (NED)	108
188.	Welboren Mark	87	08-021	46.58	25m	21-3-99	Assendelft (NED)	108
189.	Crok Dirk	58	08-021	46.60	25m	26-2-09	Heemskerk (NED)	108
190.	Piek Roy	89	08-021	46.65	25m	29-11-01	Heemskerk	108
191.	Besse Niels	72	08-021	46.70	25m	13-12-89		107
192.	van Hoytema Max	98	08-021	46.75	25m	8-11-09	Heemstede (NED)	107
193.	Kemper Marcel	65	08-021	46.80	25m	13-10-79	Heemskerk (NED)	107
193.	van Dijk Mitchell	99	08-021	46.80	25m	20-5-10	Heemskerk (NED)	107
195.	van Velsen Gerard	54	08-021	47.50	25m	22-3-88	Heemskerk (NED)	102
196.	Smit Arend	88	08-021	47.72	25m	4-5-00	Heemskerk (NED)	100
197.	Teufer Lorentz	96	08-021	47.79	25m	26-11-06	Heemskerk (NED)	100
198.	de Caluwe Johan	64	08-021	47.80	25m	14-9-76	Heemskerk (NED)	100
198.	Schellekens Henk	76	08-021	47.80	25m	4-10-89		100
198.	Buur Michael	87	08-021	47.80	25m	12-2-98	Heemskerk (NED)	100
201.	Kaal Dennis	74	08-021	47.90	25m	15-12-88	Heemskerk (NED)	99
202.	Apeldoorn Alex	89	08-021	47.98	25m	3-12-00	Zaandam (NED)	99
203.	Zwaan Nick	94	08-021	48.02	25m	5-10-03	Heemskerk (NED)	99
204.	Kloppenburger Albert	82	08-021	48.10	25m	16-3-94		98
205.	Meijer Viggo	06	08-021	48.15	25m	13-5-18	Haarlem (NED)	98
206.	Beentjes Walter	64	08-021	48.20	25m	7-12-76	Heemskerk (NED)	97
206.	Jong Gregory	80	08-021	48.20	25m	27-9-90	Heemskerk (NED)	97
208.	Welboren Mischa	89	08-021	48.34	25m	21-3-99	Assendelft (NED)	97
209.	Brouwer Marc	66	08-021	48.50	25m	10-2-80	Heerhugowaard (NED)	96
210.	van Heerwaarden Marcel	65	08-021	48.80	25m	7-12-76	Heemskerk (NED)	94
211.	van Heerwaarden Gerard	70	08-021	48.90	25m	28-9-80	Zaandam (NED)	93
212.	Teufer Florian	95	08-021	49.03	25m	30-12-06	Hoorndijk (NED)	93
213.	Liu Andy	04	08-021	49.22	25m	2-2-17	Heemskerk (NED)	92
214.	Vink Gé	60	08-021	49.23	25m	17-3-07	Lelystad (NED)	91
215.	Aardenburg Koen	91	08-021	49.25	25m	28-4-05	Heemskerk (NED)	91
216.	Put Hans	66	08-021	49.30	25m	10-2-80	Heerhugowaard (NED)	91
216.	de Groot Pieter	83	08-021	49.30	25m	24-3-94	Heemskerk (NED)	91
218.	Borg Erick	64	08-021	49.40	25m	16-3-80	Heemskerk (NED)	91
219.	van der Kolk Dick	64	08-021	49.90	25m	7-12-76	Heemskerk (NED)	88
220.	Sadeghi Hosseen	90	08-021	49.94	25m	30-10-03	Heemskerk	88
221.	Feyen Erik	66	08-021	50.00	25m	14-9-76	Heemskerk (NED)	87
221.	Abbenhuis Frank	65	08-021	50.00	25m	7-12-76	Heemskerk (NED)	87
223.	de Graaf Arnold	66	08-021	50.10	25m	10-2-80	Heerhugowaard (NED)	87
224.	Wassenaar Teun	03	08-021	50.17	25m	6-3-14	Heemskerk (NED)	86
225.	de Groot Michiel	91	08-021	50.19	25m	24-4-03	Heemskerk	86
226.	Hoogeterp Klaas	67	08-021	50.30	25m	13-10-79	Heemskerk (NED)	86
227.	van Tilburg Beau	07	08-021	50.56	25m	28-1-18	Purmerend (NED)	84
228.	Oudendijk Hans	54	08-021	50.62	25m	24-1-10	Vlaardingen (NED)	84
229.	van Rixel Ferry	64	08-021	50.80	25m	7-12-76	Heemskerk (NED)	83
229.	Jungbacker Rick	65	08-021	50.80	25m	16-3-80	Heemskerk (NED)	83
231.	van Heerwaarden Stefan	70	08-021	51.00	25m	22-11-80	Heemskerk (NED)	82
232.	Wegchelaar Geert Jan	64	08-021	51.10	25m	10-2-80	Heerhugowaard (NED)	82
232.	Zwetsloot Paul	65	08-021	51.10	25m	10-2-80	Heerhugowaard (NED)	82
234.	Nijenhuis Jan-Hendrik	65	08-021	51.20	25m	7-12-76	Heemskerk (NED)	81

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235.	Schipper Erik	72	08-021	51.30	25m	7-11-81	Heemskerk (NED)	81
236.	de Ruijter Jaap	85	08-021	51.40	25m	20-10-96	Assendelft (NED)	80
237.	Smit Rob	69	08-021	51.60	25m	22-11-80	Heemskerk (NED)	79
238.	Verhagen Bart	85	08-021	51.90	25m	9-11-95	Heemskerk (NED)	78
239.	Gouweleeuw Raymond	88	08-021	52.05	25m	27-1-00	Heemskerk (NED)	77
240.	Reuderink Peter	62	08-021	52.20	25m	7-12-76	Heemskerk (NED)	77
241.	van Kaan Marc	66	08-021	52.50	25m	7-12-76	Heemskerk (NED)	75
241.	Welp Andre	65	08-021	52.50	25m	7-12-76	Heemskerk (NED)	75
243.	van Baal Elvin	86	08-021	52.58	25m	29-3-01	Heemskerk (NED)	75
244.	de Bruijn Harold	65	08-021	52.60	25m	7-12-76	Heemskerk (NED)	75
245.	de Boer Sem	02	08-021	52.81	25m	30-9-12	Heemskerk (NED)	74
246.	van Lieshout Rick	78	08-021	53.20	25m	4-4-91	Heemskerk (NED)	72
247.	van de Wijst Peter	69	08-021	53.50	25m	22-11-80	Heemskerk (NED)	71
248.	Lamers Peter	57	08-021	53.57	25m	13-12-07	Heemskerk (NED)	71
249.	Verhagen Michel	82	08-021	53.60	25m	9-11-95	Heemskerk (NED)	71
250.	Haasbeek Bart	67	08-021	53.70	25m	10-2-80	Heerhugowaard (NED)	70
251.	Visvaligam Athithiyam	02	08-021	53.88	25m	6-3-14	Heemskerk (NED)	70
252.	Beeksma Coen	90	08-021	53.97	25m	18-11-01	Heemskerk	69
252.	van der Gracht Adrie	57	08-021	53.97	50m	6-7-14	Eindhoven (NED)	88
254.	Gruning Andre	68	08-021	54.30	25m	16-3-80	Heemskerk (NED)	68
255.	Handgraaf Jos	87	08-021	54.33	25m	14-11-99	Zaandam (NED)	68
256.	Grapendaal Aad	42	08-021	54.39	25m	21-3-13	Heemskerk (NED)	68
257.	van Els Thomas	82	08-021	54.40	25m	16-3-94		68
258.	Salic Keno	89	08-021	54.44	25m	29-11-01	Heemskerk	67
259.	Vacca Sandro	04	08-021	54.65	25m	2-2-17	Heemskerk (NED)	67
260.	van de Sluis Erwin	71	08-021	55.10	25m	7-11-81	Heemskerk (NED)	65
261.	Heesterbeek Mathijs	00	08-021	55.65	25m	20-5-10	Heemskerk (NED)	63
262.	Hermens Sjoerd	68	08-021	56.00	25m	16-3-80	Heemskerk (NED)	62
262.	de Ruiters Marcel	64	08-021	56.00	25m	16-3-80	Heemskerk (NED)	62
264.	Groot Tim	99	08-021	56.58	25m	6-3-11	Haarlem (NED)	60
265.	Dekker Johnny	67	08-021	56.90	25m	7-12-76	Heemskerk (NED)	59
265.	Brands Ronald	75	08-021	56.90	25m	8-3-87	Zaandam (NED)	59
267.	Altena Marc	65	08-021	57.00	25m	7-12-76	Heemskerk (NED)	59
267.	Tholen Martijn	72	08-021	57.00	25m	1-11-81	Bergen (NED)	59
269.	van Wijk Peter	87	08-021	57.56	25m	29-10-98	Heemskerk (NED)	57
270.	van Honk Arjan	82	08-021	57.70	25m	8-11-90	Heemskerk (NED)	57
271.	van Slooten Udo	65	08-021	58.30	25m	14-9-76	Heemskerk (NED)	55
272.	Viel Stefan	88	08-021	58.90	25m	12-2-98	Heemskerk (NED)	53
273.	Josselet Martin	91	08-021	58.99	25m	25-4-02	Heemskerk	53
274.	van Dijk Michel	68	08-021	59.60	25m	7-12-76	Heemskerk (NED)	51
275.	van der Berg Job	98	08-021	59.67	25m	27-3-08	Heemskerk (NED)	51
276.	de Joode Bert	65	08-021	1:00.00	25m	7-12-76	Heemskerk (NED)	50
277.	van Heerwaarden Erwin	68	08-021	1:01.00	25m	7-12-76	Heemskerk (NED)	48
278.	Teer Roan	00	08-021	1:01.18	25m	23-11-08	Zaandam (NED)	47
279.	Teunissen Frank	68	08-021	1:01.30	25m	7-12-76	Heemskerk (NED)	47
279.	Bruins Jacco	67	08-021	1:01.30	25m	13-10-79	Heemskerk (NED)	47
281.	Goverde Antoine	65	08-021	1:01.50	25m	7-12-76	Heemskerk (NED)	47
281.	Verhagen Jeroen	84	08-021	1:01.50	25m	15-6-95	Heemskerk (NED)	47
283.	Hermens Coen	66	08-021	1:02.90	25m	7-12-76	Heemskerk (NED)	44
284.	Butter Stijn	11	08-021	1:03.32	25m	29-11-18	Heemskerk (NED)	43
285.	de Wit Arnoud	66	08-021	1:03.70	25m	7-12-76	Heemskerk (NED)	42
286.	Bruisschaart Marcel	66	08-021	1:03.90	25m	7-12-76	Heemskerk (NED)	42
287.	Vrugt Richard	67	08-021	1:04.90	25m	7-12-76	Heemskerk (NED)	40

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288.	Doodeman Erik	71	08-021	1:05.20	25m	7-11-81	Heemskerk (NED)	39
289.	Cekic Deniz	97	08-021	1:06.29	25m	13-1-08	Heemskerk (NED)	37
290.	Metz Aron	73	08-021	1:06.90	25m	7-11-81	Heemskerk (NED)	36
291.	Denneman John	66	08-021	1:07.30	25m	7-12-76	Heemskerk (NED)	35
292.	Rozemeijer Marco	67	08-021	1:09.30	25m	7-12-76	Heemskerk (NED)	32
293.	Glorie Jan	57	08-021	1:09.86	25m	22-3-12	Heemskerk (NED)	32
294.	Denneman Frank	68	08-021	1:11.20	25m	7-12-76	Heemskerk (NED)	30
295.	Dijkstra Menno	68	08-021	1:11.30	25m	7-12-76	Heemskerk (NED)	30
296.	van Kaam Sander	69	08-021	1:12.80	25m	7-12-76	Heemskerk (NED)	28
297.	Boerkamp Bart	68	08-021	1:16.70	25m	7-12-76	Heemskerk (NED)	24
298.	Pettinga Rodney	85	08-021	1:17.40	25m	14-3-96	Heemskerk (NED)	23
299.	van der Kolk Rob	68	08-021	1:19.00	25m	7-12-76	Heemskerk (NED)	22
300.	Suvaal Theo	69	08-021	1:20.80	25m	7-12-76	Heemskerk (NED)	20
301.	di Bucchianico Ricardo	65	08-021	1:21.40	25m	7-12-76	Heemskerk (NED)	20
302.	Lubbers Pieter-Jan	67	08-021	1:23.00	25m	7-12-76	Heemskerk (NED)	19
303.	Beentjes Johnny	68	08-021	1:27.90	25m	7-12-76	Heemskerk (NED)	16
304.	van der Aar Peter	69	08-021	1:42.00	25m	7-12-76	Heemskerk (NED)	10

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1.	Kleijne Barry	93	08-021	58.63	25m	9-3-14	Zaandam (NED)	580
2.	Jongert Jeroen	96	08-021	1:00.52	25m	16-4-17	Haarlem (NED)	527
3.	Oudendijk Paul	81	08-021	1:01.31	25m	11-12-05	Heemskerk (NED)	507
4.	Camphuijnder Wilko	69	08-021	1:05.30	25m	14-12-97	Heemskerk (NED)	419
5.	de Wit Stephen	93	08-021	1:05.59	25m	9-3-14	Zaandam (NED)	414
6.	Hogenstijn Peter	84	08-021	1:05.64	25m	15-4-01	Haarlem (NED)	413
7.	Butter Martijn	79	08-021	1:06.05	25m	10-5-09	Purmerend (NED)	405
8.	Gaal Roel	01	08-021	1:06.25	25m	29-11-18	Heemskerk (NED)	402
9.	Essers Tim	88	08-021	1:06.37	25m	28-12-04	Maastricht (NED)	399
10.	Druyven Jorrick	94	08-021	1:06.59	25m	27-3-08	Heemskerk (NED)	396
11.	Steenbergen Roderik	82	08-021	1:06.71	25m	12-4-04	Haarlem	393
12.	Schelvis Sjeng	89	08-021	1:07.23	25m	31-3-05	Heemskerk (NED)	384
12.	Crok Pieter	91	08-021	1:07.23	25m	17-2-08	Zaandam (NED)	384
14.	Breton Wouter	89	08-021	1:07.27	50m	16-5-09	Beverwijk (NED)	457
15.	van Beek Klaas	88	08-021	1:07.31	25m	28-11-09	Dongen (NED)	383
16.	Schaaper Hans	68	08-021	1:07.60	25m	22-1-89	Zaandam (NED)	378
17.	Gaal Koen	99	08-021	1:07.73	25m	18-3-18	Purmerend (NED)	376
18.	van der Gracht Jory	87	08-021	1:07.85	25m	12-12-13	Heemskerk (NED)	374
19.	Hermans Luuk	85	08-021	1:07.88	25m	31-3-05	Heemskerk (NED)	373
20.	van der Linden René	70	08-021	1:08.00	25m	9-2-86	Castricum (NED)	371
21.	Jongert Sjoerd	01	08-021	1:08.06	25m	7-10-18	Purmerend (NED)	370
22.	Kramer Vincent	82	08-021	1:08.43	25m	26-2-04	Heemskerk (NED)	364
23.	Kerkhof Arno	72	08-021	1:08.50	25m	22-3-90	Heemskerk (NED)	363
24.	Meijer Arno	75	08-021	1:08.70	25m	10-12-95	Heemskerk (NED)	360
25.	Glorie Daan	88	08-021	1:08.95	25m	26-5-05	Heemskerk (NED)	356
26.	Offringa Rick	03	08-021	1:09.27	25m	29-11-18	Heemskerk (NED)	351
27.	Kranenburg Fred	63	08-021	1:09.30	25m	12-2-84	Heemskerk (NED)	351
28.	Hoening Jarl	86	08-021	1:09.49	25m	18-1-04	IJmuiden (NED)	348
29.	Kuilman Joris	80	08-021	1:09.70	25m	9-5-98	Zaandam (NED)	345
30.	Stins Arnold	83	08-021	1:09.96	25m	12-12-99	Heemskerk (NED)	341
31.	Dekker Matthijs	90	08-021	1:10.08	25m	14-3-04	Zaandam	339
31.	Tijms Stefan	93	08-021	1:10.08	25m	29-11-18	Heemskerk (NED)	339
33.	Pover Peter	69	08-021	1:10.80	25m	18-3-89		329

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34.	Wiegman Stefan	74	08-021	1:11.10	25m	19-3-89	Zaandam (NED)	325
35.	Dekker Ruben	93	08-021	1:11.34	25m	28-1-06	Dordrecht (NED)	322
36.	Tamis Thijs	82	08-021	1:11.54	25m	18-11-01	Heemskerk	319
37.	Groen Jarno	01	08-021	1:11.60	25m	7-10-18	Purmerend (NED)	318
38.	van de Poll Kevin	86	08-021	1:11.71	25m	25-10-03	Nieuwegein (NED)	317
39.	Kemmeren Ferry	91	08-021	1:12.00	25m	30-9-07	Volendam (NED)	313
40.	van Rijn Michael	70	08-021	1:12.10	25m	9-2-86	Castricum (NED)	311
41.	de Vries Allard	96	08-021	1:12.23	25m	30-3-14	Zaandam (NED)	310
42.	Di Mattia Angelo	97	08-021	1:12.28	25m	29-3-15	Zaandam (NED)	309
43.	Keessen Jeroen	67	08-021	1:12.50	25m	8-12-90		306
43.	Oortwijn Maarten	80	08-021	1:12.50	25m	2-3-97	Haarlem (NED)	306
45.	van der Kroft Barry	82	08-021	1:12.66	25m	26-4-01	Heemskerk (NED)	304
46.	van Rookhuizen Barry	82	08-021	1:12.76	25m	24-4-03	Heemskerk	303
47.	de Ruijter Richard	88	08-021	1:12.77	25m	31-3-05	Heemskerk (NED)	303
48.	Hagebout Marcel	68	08-021	1:12.90	25m	31-12-83		301
48.	Wolf Gert Jan	65	08-021	1:12.90	25m	12-2-84	Heemskerk (NED)	301
50.	de Vijlder Michael	75	08-021	1:13.00	25m	11-12-94	Heemskerk (NED)	300
51.	Woudsma Stefan	00	08-021	1:13.21	25m	17-11-16	Heemskerk (NED)	297
52.	de Boer Stephan	83	08-021	1:13.33	25m	4-4-99	Haarlem (NED)	296
53.	de Caluwe Perry	61	08-021	1:13.70	25m	27-1-80	Zaandam (NED)	292
53.	Missot Paul	64	08-021	1:13.70	25m	16-3-80	Zandvoort (NED)	292
55.	van Vegten Teun	01	08-021	1:14.13	25m	12-3-17	Purmerend (NED)	287
56.	Plokker Robert	65	08-021	1:14.30	25m	31-5-81	Heerhugowaard (NED)	285
56.	Krijger Jan-Willem	81	08-021	1:14.30	25m	30-3-97	Haarlem (NED)	285
58.	Beentjes Bastiaan	78	08-021	1:14.32	25m	4-5-00	Heemskerk (NED)	284
59.	Palmboom Pascal	89	08-021	1:14.45	25m	9-3-08	Heemskerk (NED)	283
60.	Camphuijnder Jasper	05	08-021	1:14.61	25m	21-10-18	Purmerend (NED)	281
61.	de Ruijter René	86	08-021	1:14.72	25m	31-3-05	Heemskerk (NED)	280
62.	Verbree John	61	08-021	1:14.90	25m	12-2-84	Heemskerk (NED)	278
62.	Korzelius Ron	65	08-021	1:14.90	25m	12-2-84	Heemskerk (NED)	278
64.	van der Bunt Raymond	73	08-021	1:15.60	25m	11-3-90	Heemskerk (NED)	270
65.	Butter Joris	86	08-021	1:16.07	25m	20-4-03	Haarlem	265
66.	de Caluwé Niels	91	08-021	1:16.18	25m	27-3-08	Heemskerk (NED)	264
67.	de Boer Daniël	77	08-021	1:16.20	25m	17-3-94	Heemskerk	264
68.	Dekker Rudie	78	08-021	1:16.30	25m	27-4-95	Heemskerk (NED)	263
69.	Zwaan Bas	76	08-021	1:16.50	25m	27-4-95	Heemskerk (NED)	261
69.	Bal Chester	78	08-021	1:16.50	25m	13-3-97	Heemskerk (NED)	261
71.	van Duin Peter	65	08-021	1:16.60	25m	6-2-83		260
72.	Blaauw Eric	67	08-021	1:16.81	25m	31-3-13	Haarlem (NED)	258
73.	Hulshof Patrick	75	08-021	1:17.00	25m	24-2-91	Heemskerk (NED)	256
74.	Bok Reitze	73	08-021	1:17.20	25m	3-2-90		254
75.	van Hannen Erik	67	08-021	1:17.60	25m	21-3-82		250
76.	Oortwijn Kalle	05	08-021	1:17.95	25m	29-11-18	Heemskerk (NED)	246
77.	Stam Daniël	79	08-021	1:18.00	25m	7-6-98	Zaandam (NED)	246
78.	Schaaper Bart	73	08-021	1:18.30	25m	4-10-89		243
79.	van de Sluis Nicolai	66	08-021	1:18.50	25m	15-11-81	Assendelft (NED)	241
80.	Deen Peter	59	08-021	1:18.60	25m	28-9-75	Zaandam (NED)	240
81.	Wassenaar Marcel	69	08-021	1:18.80	25m	6-12-89		238
82.	Lamers Koen	91	08-021	1:18.85	25m	14-1-07	Amsterdam (NED)	238
83.	Borst Corné	96	08-021	1:18.93	25m	27-11-11	Heemskerk (NED)	237
84.	Andeweg Celedonio	76	08-021	1:19.30	25m	2-11-91		234
85.	Schaap Paul	75	08-021	1:19.50	25m	11-3-90	Heemskerk (NED)	232
86.	Hos Dennis	68	08-021	1:19.70	25m	5-10-89	Heemskerk (NED)	230

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87.	Schillemans Bram	99	08-021	1:19.87	25m	10-12-15	Heemskerk (NED)	229
88.	Martijn Onno	91	08-021	1:20.48	25m	27-3-08	Heemskerk (NED)	224
89.	Windmuller Ton	62	08-021	1:20.50	25m	15-9-79	Heemskerk (NED)	224
90.	Zonneveld Jeroen	78	08-021	1:20.60	25m	12-2-98	Heemskerk (NED)	223
91.	Vlieland Roy	99	08-021	1:20.77	25m	20-5-13	Purmerend (NED)	221
92.	Windmuller Hans-Pieter	60	08-021	1:20.80	25m	24-5-75	Z.O. Beemster (NED)	221
92.	Dekker Erik	62	08-021	1:20.80	25m	21-5-78	Heemskerk (NED)	221
94.	Huisman Rene	69	08-021	1:21.10	25m	27-2-83	Assendelft (NED)	219
95.	Blaauw Mica	05	08-021	1:21.16	25m	29-11-18	Heemskerk (NED)	218
96.	Geurs Paul	57	08-021	1:21.50	25m	24-5-75	Z.O. Beemster (NED)	216
97.	de Boer Tobias	02	08-021	1:21.60	25m	12-3-17	Purmerend (NED)	215
98.	Duin Goos	00	08-021	1:21.62	25m	6-3-16	Purmerend (NED)	215
99.	Ursem Jerre	73	08-021	1:21.70	25m	15-3-87	Heemskerk (NED)	214
100.	Goverde Ad	59	08-021	1:21.90	25m	15-9-79	Heemskerk (NED)	212
100.	Goverde Jeroen	73	08-021	1:21.90	25m	22-3-90	Heemskerk (NED)	212
102.	de Vries Dylan	93	08-021	1:22.15	25m	11-11-12	Schagen (NED)	210
103.	Nolte Martijn	74	08-021	1:22.40	25m	9-6-85		208
104.	van Honschoten Jacky	67	08-021	1:22.60	25m	18-4-82		207
105.	Kock Albert	61	08-021	1:22.70	25m	31-12-75		206
106.	Dijkstra Menno	68	08-021	1:22.80	25m	7-10-84	Volendam (NED)	205
107.	van den Akker Dennis	63	08-021	1:23.20	25m	19-2-78	Assendelft (NED)	203
108.	Hoening Sten	84	08-021	1:23.29	25m	17-11-02	Heemskerk	202
109.	Oortwijn Bouke	78	08-021	1:23.30	25m	17-3-94	Heemskerk	202
110.	Ijntema Tjeerd	99	08-021	1:23.47	25m	2-10-16	Purmerend (NED)	201
111.	Koopman Axel	92	08-021	1:23.83	25m	29-12-05	Maastricht (NED)	198
112.	Woudsma Maarten	01	08-021	1:24.26	25m	17-11-16	Heemskerk (NED)	195
113.	Tuinstra Sean	98	08-021	1:24.46	25m	7-4-13	Castricum (NED)	194
114.	Switser René	75	08-021	1:24.50	25m	4-10-89		193
115.	Zijlstra Jeroen	80	08-021	1:24.80	25m	14-3-96	Heemskerk (NED)	191
116.	Doodeman Niels	89	08-021	1:25.18	25m	16-4-01	Haarlem (NED)	189
117.	de Wildt Thijs	94	08-021	1:25.20	25m	24-9-09	Heemskerk (NED)	189
118.	Bleijendaal Thomas	88	08-021	1:25.43	25m	26-2-04	Heemskerk (NED)	187
119.	Kerdijk Dennis	79	08-021	1:25.70	25m	10-3-96	Zaandam (NED)	185
120.	Roosendaal Ben	66	08-021	1:25.80	25m	27-9-80	Heemskerk (NED)	185
121.	de Wit Matthew	97	08-021	1:25.95	25m	18-1-18	Heemskerk (NED)	184
122.	de Boer Elias	70	08-021	1:26.90	25m	7-1-84	Hilversum (NED)	178
123.	de Weert Sander	72	08-021	1:27.48	25m	22-5-11	Grootebroek (NED)	174
124.	Arends Martin	81	08-021	1:27.80	25m	3-4-93		172
125.	van Heerwaarden Chiel	05	08-021	1:28.64	25m	29-11-18	Heemskerk (NED)	167
126.	Boonacker Wietse	68	08-021	1:29.10	25m	1-11-81	Bergen (NED)	165
127.	de Groot Peter	80	08-021	1:29.20	25m	22-9-96	Heemskerk (NED)	164
128.	de Caluwe Johan	64	08-021	1:29.50	25m	2-3-80	Heemskerk (NED)	163
129.	Rasch Wilco	68	08-021	1:29.60	25m	19-10-80	Heemskerk (NED)	162
130.	Smit Erik	64	08-021	1:29.80	25m	2-3-80	Heemskerk (NED)	161
131.	van Hardeveld Richard	69	08-021	1:30.50	25m	6-2-83		157
132.	Tijms Eric	64	08-021	1:30.65	25m	10-12-15	Heemskerk (NED)	156
133.	Blaauw Xam	07	08-021	1:30.96	25m	29-11-18	Heemskerk (NED)	155
134.	Thijssen Dave	82	08-021	1:31.00	25m	5-3-95	Heemskerk (NED)	155
135.	van Heerwaarden Gerard	70	08-021	1:31.10	25m	28-2-82		154
136.	Vessies Max	03	08-021	1:31.53	25m	5-10-14	Zaandam (NED)	152
137.	de Moes Paul	70	08-021	1:31.60	25m	7-10-84	Volendam (NED)	152
138.	Yayli Serkan	92	08-021	1:31.66	25m	3-10-04	Heemskerk (NED)	151
139.	Jong Ron	77	08-021	1:32.10	25m	21-3-90		149

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140.	Koning Arthur	96	08-021	1:32.15	25m	16-1-11	Zaandam (NED)	149
141.	Nijland Yoran	05	08-021	1:32.52	25m	29-11-18	Heemskerk (NED)	147
142.	Veldhuis Christian	88	08-021	1:32.81	25m	7-10-01	Zaandam (NED)	146
143.	Huis in 't Veld Lorenzo	03	08-021	1:32.85	25m	30-10-16	Den Helder (NED)	146
144.	de Vriend Ruben	03	08-021	1:32.89	25m	13-10-13	Zaandam (NED)	145
145.	Arends Peter	79	08-021	1:33.10	25m	3-4-93		144
146.	Jacobs Patrick	87	08-021	1:33.53	25m	28-3-02	Heemskerk	142
147.	van der Heijden Hans	60	08-021	1:33.60	25m	28-9-75	Zaandam (NED)	142
147.	Kemper Marcel	65	08-021	1:33.60	25m	2-3-80	Heemskerk (NED)	142
149.	Vos Daniël	91	08-021	1:33.64	25m	18-3-07	Heemskerk (NED)	142
150.	van Dijck Bart	63	08-021	1:33.80	25m	27-11-77	IJmuiden (NED)	141
151.	Kemmeren Andre	88	08-021	1:34.20	25m	5-9-04	Zaandam (NED)	139
152.	de Roode Jeremiah	99	08-021	1:34.33	25m	4-11-10	Heemskerk (NED)	139
153.	Schipper Erik	72	08-021	1:34.50	25m	7-1-84	Hilversum (NED)	138
154.	Josselet Bart	84	08-021	1:34.63	25m	26-9-98	Assendelft (NED)	137
155.	Groot Sander	88	08-021	1:34.88	25m	16-12-99	Heemskerk	136
156.	Ursem Rob	69	08-021	1:35.10	25m	6-2-83		135
157.	Heeremans Tim	78	08-021	1:35.20	25m	21-1-90	Zaandam (NED)	135
158.	Smit Arend	88	08-021	1:35.45	25m	8-10-00	Heemskerk (NED)	134
159.	de Rooij Roel	87	08-021	1:35.72	25m	18-4-99	Alkmaar (NED)	133
160.	Wassenaar Joris	01	08-021	1:35.76	25m	12-12-13	Heemskerk (NED)	133
161.	Hoekstra Marcel	78	08-021	1:35.90	25m	7-2-88	Heemskerk (NED)	132
162.	Tholen Martijn	72	08-021	1:36.00	25m	27-2-83	Assendelft (NED)	132
163.	de Caluwé Thijs	82	08-021	1:36.10	25m	5-3-95	Heemskerk (NED)	131
164.	Bleijendaal Lucas	83	08-021	1:36.60	25m	5-11-95	Assendelft (NED)	129
165.	Sikkema Joris	86	08-021	1:36.73	25m	14-2-99	Heemskerk (NED)	129
166.	Dam Norbert	92	08-021	1:36.74	25m	31-3-05	Heemskerk (NED)	129
167.	Geurtsen Arjan	64	08-021	1:37.10	25m	24-5-75	Z.O. Beemster (NED)	127
167.	Verdonk Pim	63	08-021	1:37.10	25m	27-9-80	Heemskerk (NED)	127
169.	van Heerwaarden Stefan	70	08-021	1:37.30	25m	6-2-83		126
170.	Litjens Olaf	99	08-021	1:37.89	50m	25-3-12	Beverwijk (NED)	148
171.	van Lieshout Martin	76	08-021	1:38.40	25m	7-2-88	Heemskerk (NED)	122
172.	de Wit Job	98	08-021	1:38.78	25m	16-3-08	Zaandam (NED)	121
173.	ten Cate Raymond	82	08-021	1:39.00	25m	5-3-95	Heemskerk (NED)	120
174.	Hoogeterp Klaas	67	08-021	1:39.10	25m	2-11-80	Castricum (NED)	120
175.	Kloppenburg Albert	82	08-021	1:39.30	25m	13-3-94	Wormerveer (NED)	119
176.	de Rooij Coen	89	08-021	1:39.31	25m	6-2-00	Haarlem (NED)	119
177.	van Rijn Ian	05	08-021	1:39.43	25m	17-11-16	Heemskerk (NED)	118
178.	Besse Niels	72	08-021	1:39.60	25m	7-12-89	Heemskerk (NED)	118
179.	Zwaan Nick	94	08-021	1:40.05	25m	14-3-04	Zaandam	116
180.	van Hoytema Max	98	08-021	1:40.18	25m	29-11-09	Heemskerk (NED)	116
181.	van Sleen Robin	90	08-021	1:40.27	25m	24-4-03	Heemskerk	115
182.	Manshanden Davy	68	08-021	1:40.30	25m	13-4-80	Zaandam (NED)	115
183.	van der Weide Bas	75	08-021	1:40.40	25m	31-5-90	Heemskerk (NED)	115
184.	Komen Berend	97	08-021	1:40.62	25m	28-11-10	Heemskerk (NED)	114
185.	Kooistra André	88	08-021	1:41.06	25m	5-4-99	Haarlem (NED)	113
186.	de Buyzer Eelco	64	08-021	1:41.40	25m	1-9-79	Heemskerk (NED)	112
187.	van Dijk Mitchell	99	08-021	1:42.08	25m	24-1-10	Zaandam (NED)	109
188.	Kuijl Ben	62	08-021	1:42.10	25m	10-12-77	Heemskerk (NED)	109
189.	Welboren Mark	87	08-021	1:42.17	25m	7-3-99	Zaandam (NED)	109
190.	Ramaakers Raymond	91	08-021	1:42.23	25m	26-2-04	Heemskerk (NED)	109
191.	Feyen Erik	66	08-021	1:42.40	25m	19-2-78	Assendelft (NED)	108
191.	Schellekens Henk	76	08-021	1:42.40	25m	2-11-89	Heemskerk (NED)	108

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193.	van Baal Elvin	86	08-021	1:42.43	25m	28-3-02	Heemskerk	108
194.	Hekman Sidney	71	08-021	1:43.00	25m	16-1-83	Heemskerk (NED)	107
195.	de Graaf Freddy	75	08-021	1:43.10	25m	27-10-85	(NED)	106
196.	Mulder Mark	97	08-021	1:43.30	25m	17-11-11	Heemskerk (NED)	106
197.	Hof Ronnalt	60	08-021	1:43.40	25m	19-2-78	Assendelft (NED)	105
198.	Wassenaar Edwin	72	08-021	1:43.60	25m	16-1-83	Heemskerk (NED)	105
199.	Meijer Viggo	06	08-021	1:44.73	25m	11-2-18	Zaandam (NED)	101
200.	Smit Rob	69	08-021	1:44.80	25m	21-9-80	Heemskerk (NED)	101
201.	Teufer Florian	95	08-021	1:45.21	25m	25-1-07	Heemskerk (NED)	100
202.	Zonneveld Alex	90	08-021	1:45.50	25m	16-4-01	Haarlem (NED)	99
203.	Liu Andy	04	08-021	1:46.09	25m	19-3-17	Zaandam (NED)	97
204.	de Groot Michiel	91	08-021	1:46.77	25m	5-10-03	Heemskerk (NED)	96
205.	Jong Gregory	80	08-021	1:46.80	25m	31-5-90	Heemskerk (NED)	95
206.	Vink Gé	60	08-021	1:47.46	25m	4-11-10	Heemskerk (NED)	94
207.	Crok Dirk	58	08-021	1:47.64	25m	4-11-10	Heemskerk (NED)	93
208.	Teufer Lorentz	96	08-021	1:47.73	25m	8-10-06	Zaandam (NED)	93
209.	van Tilburg Beau	07	08-021	1:48.07	25m	14-1-18	Purmerend (NED)	92
210.	Brands Ronald	75	08-021	1:48.70	25m	27-10-85	(NED)	91
211.	van de Sluis Erwin	71	08-021	1:49.50	25m	29-11-81	Zaandam (NED)	89
212.	Apeldoorn Alex	89	08-021	1:49.53	50m	7-5-00	Beverwijk (NED)	106
213.	van Rixel Ferry	64	08-021	1:49.60	25m	19-2-78	Assendelft (NED)	88
214.	de Groot Pieter	83	08-021	1:49.70	25m	19-10-94		88
215.	de Boer Sem	02	08-021	1:50.07	25m	13-12-12	Heemskerk (NED)	87
216.	Buur Michael	87	08-021	1:50.40	25m	17-5-98	Heemskerk (NED)	86
217.	Welboren Mischa	89	08-021	1:50.93	25m	24-9-98	Heemskerk (NED)	85
218.	van de Wijst Peter	69	08-021	1:51.50	25m	8-2-81	Sassenheim (NED)	84
219.	Piek Roy	89	08-021	1:52.07	50m	27-5-01	Beverwijk (NED)	99
220.	Welp Marco	72	08-021	1:52.50	25m	22-1-84	Zandvoort (NED)	82
221.	Oudendijk Hans	54	08-021	1:52.73	25m	27-3-08	Heemskerk (NED)	81
222.	Aardenburg Koen	91	08-021	1:53.13	25m	31-3-05	Heemskerk (NED)	80
223.	Verhagen Bart	85	08-021	1:53.70	25m	12-10-95	Heemskerk (NED)	79
224.	Beeksma Coen	90	08-021	1:54.31	25m	10-3-02	Heemskerk	78
225.	Gouweleeuw Raymond	88	08-021	1:54.34	25m	16-12-99	Heemskerk	78
226.	Wassenaar Teun	03	08-021	1:58.77	25m	12-12-13	Heemskerk (NED)	69
227.	Steenstra Martijn	72	08-021	2:01.50	25m	2-11-80	Castricum (NED)	65
228.	Groot Tim	99	08-021	2:01.92	25m	13-2-11	Haarlem (NED)	64
229.	van der Gracht Adrie	57	08-021	2:01.96	25m	25-9-08	Heemskerk (NED)	64
230.	Salic Keno	89	08-021	2:02.48	25m	28-3-02	Heemskerk	63
231.	Bruins Jacco	67	08-021	2:02.60	25m	1-9-79	Heemskerk (NED)	63
232.	Sadeghi Hosseen	90	08-021	2:03.07	25m	5-10-03	Heemskerk (NED)	62
233.	Verhagen Michel	82	08-021	2:03.10	25m	20-10-94	Heemskerk (NED)	62
234.	de Ruijter Joost	74	08-021	2:03.40	25m	28-10-84	Egmond (NED)	62
235.	Grapendaal Aad	42	08-021	2:06.59	25m	26-5-13	Grootebroek (NED)	57
236.	van der Berg Job	98	08-021	2:07.14	25m	25-9-08	Heemskerk (NED)	56
237.	Verhagen Jeroen	84	08-021	2:07.30	25m	12-10-95	Heemskerk (NED)	56
238.	de Ruijter Jaap	85	08-021	2:11.40	25m	10-10-96	Heemskerk (NED)	51
239.	Heesterbeek Mathijs	00	08-021	2:13.09	25m	4-11-10	Heemskerk (NED)	49
240.	van Els Thomas	82	08-021	2:13.50	25m	13-10-93		49
241.	van Wijk Peter	87	08-021	2:14.62	25m	24-9-98	Heemskerk (NED)	47
242.	Viel Stefan	88	08-021	2:19.00	25m	10-9-97		43
243.	Metz Aron	73	08-021	2:22.20	25m	28-11-81	Heemskerk (NED)	40
244.	Cekic Deniz	97	08-021	2:29.60	25m	16-3-08	Zaandam (NED)	34
245.	Glorie Jan	57	08-021	2:30.22	25m	27-3-08	Heemskerk (NED)	34

100 rugslag (sinds 246)

246.	Doodeman Erik	71	08-021	2:31.10	25m	28-11-81	Heemskerk (NED)	33
247.	Roemeling Nicky	87	08-021	2:35.40	25m	2-5-96	Heemskerk (NED)	31
248.	Jayasinghe Asanka	84	08-021	2:45.90	25m	10-10-96	Heemskerk (NED)	25

200 rugslag

1.	Kleijne Barry	93	08-021	2:11.82	25m	16-11-14	Zaandam (NED)	514
2.	Oudendijk Paul	81	08-021	2:13.19	25m	22-1-06	Emmeloord (NED)	498
3.	Jongert Jeroen	96	08-021	2:14.97	25m	18-11-18	Hoofddorp (NED)	479
4.	Butter Martijn	79	08-021	2:19.48	25m	14-12-00	Heemskerk (NED)	434
5.	Camphuijnder Wilko	69	08-021	2:23.30	25m	8-3-98	Zaandam (NED)	400
6.	Druyven Jorrick	94	08-021	2:25.00	25m	16-3-08	Zaandam (NED)	386
7.	Essers Tim	88	08-021	2:26.24	25m	29-5-04	Z.o. Beemster	376
8.	Gaal Koen	99	08-021	2:26.96	25m	4-2-18	Purmerend (NED)	371
9.	Steenbergen Roderik	82	08-021	2:27.19	25m	12-3-00	Heemskerk (NED)	369
10.	Hogenstijn Peter	84	08-021	2:27.45	25m	16-3-03	Heemskerk	367
11.	Offringa Rick	03	08-021	2:28.50	25m	18-11-18	Hoofddorp (NED)	359
12.	de Wit Stephen	93	08-021	2:28.67	25m	10-11-13	Zaandam (NED)	358
13.	Stins Arnold	83	08-021	2:28.73	25m	25-9-03	Heemskerk (NED)	358
14.	Kramer Vincent	82	08-021	2:28.90	25m	21-1-99	Heemskerk (NED)	357
15.	Crok Pieter	91	08-021	2:28.93	25m	31-5-07	Heemskerk (NED)	356
16.	van der Gracht Jory	87	08-021	2:29.13	25m	16-11-14	Zaandam (NED)	355
17.	Camphuijnder Jasper	05	08-021	2:29.80	25m	2-12-18	Zaandam (NED)	350
18.	Schelvis Sjeng	89	08-021	2:30.08	25m	14-5-05	Zuidoost-Beemster (NED)	348
19.	Meijer Arno	75	08-021	2:30.20	25m	14-10-93	Heemskerk	347
20.	Hermans Luuk	85	08-021	2:30.44	25m	14-3-04	Zaandam	346
21.	Gaal Roel	01	08-021	2:30.54	25m	18-3-18	Purmerend (NED)	345
22.	Glorie Daan	88	08-021	2:31.21	25m	26-1-06	Heemskerk (NED)	340
23.	Schaaper Hans	68	08-021	2:31.70	25m	30-9-89		337
24.	van Beek Klaas	88	08-021	2:32.21	25m	17-1-10	Amsterdam-oost (NED)	334
25.	Jongert Sjoerd	01	08-021	2:32.86	25m	18-3-18	Purmerend (NED)	329
26.	Tamis Thijs	82	08-021	2:33.00	25m	11-3-01	Zaandam (NED)	329
27.	Groen Jarno	01	08-021	2:33.28	25m	19-3-17	Zaandam (NED)	327
28.	Tijms Stefan	93	08-021	2:34.10	25m	16-11-14	Zaandam (NED)	322
29.	Kuilman Joris	80	08-021	2:34.32	25m	16-12-99	Heemskerk	320
30.	Wiegman Stefan	74	08-021	2:34.40	25m	16-12-88		320
31.	Dekker Matthijs	90	08-021	2:34.73	25m	15-5-05	Zuidoost-Beemster (NED)	318
32.	de Vijlder Michael	75	08-021	2:35.10	25m	17-3-96	Heemskerk (NED)	315
33.	Di Mattia Angelo	97	08-021	2:36.44	25m	18-1-15	Zaandam (NED)	307
34.	van der Kroft Barry	82	08-021	2:36.62	25m	10-3-02	Heemskerk	306
35.	Hoerink Jarl	86	08-021	2:36.69	25m	18-11-01	Heemskerk	306
36.	Kemmeren Ferry	91	08-021	2:37.72	25m	21-10-07	Zaandam (NED)	300
37.	van der Linden René	70	08-021	2:38.20	25m	31-12-86		297
38.	Kerkhof Arno	72	08-021	2:39.00	25m	3-5-90	Heemskerk (NED)	293
39.	Kranenburg Fred	63	08-021	2:39.10	25m	16-11-80	Haarlem (NED)	292
40.	van de Poll Kevin	86	08-021	2:39.51	25m	5-10-03	Heemskerk (NED)	290
41.	Pover Peter	69	08-021	2:39.70	25m	30-9-89		289
42.	Dekker Ruben	93	08-021	2:39.72	25m	15-1-06	Zaandam (NED)	289
43.	Beentjes Bastiaan	78	08-021	2:39.78	25m	16-1-00	Zaandam (NED)	288
44.	Keessen Jeroen	67	08-021	2:39.80	25m	8-11-90	Heemskerk (NED)	288
45.	de Ruijter Richard	88	08-021	2:40.01	25m	17-11-02	Heemskerk	287
46.	Oortwijn Maarten	80	08-021	2:40.90	25m	9-3-97	Alkmaar (NED)	282
47.	de Caluwe Perry	61	08-021	2:41.30	25m	25-11-79	Heemskerk (NED)	280

200 rugslag (sinds 48)

48.	Woudsma Stefan	00	08-021	2:42.51	25m	6-3-16	Purmerend (NED)	274
49.	Korzelius Ron	65	08-021	2:43.60	25m	22-3-87	Heerhugowaard (NED)	269
50.	van Vegten Teun	01	08-021	2:45.42	25m	13-11-16	Purmerend (NED)	260
51.	Butter Joris	86	08-021	2:46.27	25m	19-12-02	Heemskerk	256
52.	Wolf Gert Jan	65	08-021	2:46.30	25m	13-3-83	Castricum (NED)	256
53.	van Hannen Erik	67	08-021	2:46.40	25m	14-3-82		255
54.	Plokker Robert	65	08-021	2:46.50	25m	13-3-83	Castricum (NED)	255
55.	Verbree John	61	08-021	2:46.60	25m	7-10-84	Volendam (NED)	254
55.	van Rijn Michael	70	08-021	2:46.60	25m	28-10-84	Egmond (NED)	254
57.	Dijkstra Menno	68	08-021	2:46.80	25m	22-3-87	Heerhugowaard (NED)	253
57.	Zwaan Bas	76	08-021	2:46.80	25m	5-3-95	Heemskerk (NED)	253
59.	Bal Chester	78	08-021	2:48.20	25m	6-4-97	Heemskerk (NED)	247
60.	Wassenaar Marcel	69	08-021	2:48.30	25m	30-9-89		247
61.	van der Bunt Raymond	73	08-021	2:48.50	25m	3-5-90	Heemskerk (NED)	246
61.	de Boer Stephan	83	08-021	2:48.50	25m	24-9-98	Heemskerk (NED)	246
63.	Hulshof Patrick	75	08-021	2:49.40	25m	3-10-92		242
63.	de Boer Daniël	77	08-021	2:49.40	25m	20-10-94	Heemskerk (NED)	242
65.	van Duin Peter	65	08-021	2:49.50	25m	11-4-81	Heemskerk (NED)	242
66.	Lamers Koen	91	08-021	2:49.61	25m	25-1-07	Heemskerk (NED)	241
67.	Krijger Jan-Willem	81	08-021	2:49.70	25m	10-10-96	Heemskerk (NED)	241
68.	Borst Corné	96	08-021	2:49.88	25m	1-4-12	Zaandam (NED)	240
69.	de Caluwé Niels	91	08-021	2:50.07	25m	18-3-07	Heemskerk (NED)	239
70.	Dekker Rudie	78	08-021	2:51.20	25m	8-6-95	Heemskerk (NED)	234
71.	Vlieland Roy	99	08-021	2:52.08	25m	9-12-12	Zaandam (NED)	231
72.	Stam Daniël	79	08-021	2:52.40	25m	12-1-97	Heemskerk (NED)	230
72.	Blaauw Eric	67	08-021	2:52.40	25m	5-10-13	Zwolle (NED)	230
74.	Hagebout Marcel	68	08-021	2:52.50	25m	5-4-81	Heemskerk (NED)	229
75.	Schillemans Bram	99	08-021	2:53.02	25m	12-3-17	Purmerend (NED)	227
76.	Bok Reitze	73	08-021	2:53.20	25m	15-1-88		226
77.	de Ruijter René	86	08-021	2:53.38	25m	18-11-01	Heemskerk	226
78.	Windmuller Ton	62	08-021	2:53.40	25m	7-10-79	Heemskerk (NED)	226
79.	Windmuller Hans-Pieter	60	08-021	2:53.50	25m	31-12-75		225
80.	Oortwijn Kalle	05	08-021	2:53.89	25m	7-10-18	Purmerend (NED)	224
81.	Huisman Rene	69	08-021	2:53.90	25m	10-4-83	Heemskerk (NED)	224
82.	Ursem Jerre	73	08-021	2:54.00	25m	15-1-88		223
83.	de Boer Tobias	02	08-021	2:54.30	25m	24-1-16	Zaandam (NED)	222
84.	Palmboom Pascal	89	08-021	2:54.32	25m	12-2-17	Purmerend (NED)	222
85.	Goverde Ad	59	08-021	2:55.00	25m	25-11-79	Heemskerk (NED)	219
86.	Deen Peter	59	08-021	2:55.40	25m	8-1-77	Heemskerk (NED)	218
87.	van de Sluis Nicolai	66	08-021	2:55.60	25m	17-5-81	Castricum (NED)	217
88.	Blaauw Mica	05	08-021	2:55.79	25m	7-10-18	Purmerend (NED)	216
89.	Andeweg Celedonio	76	08-021	2:56.00	25m	13-10-93		216
90.	van Rookhuizen Barry	82	08-021	2:56.14	25m	14-12-00	Heemskerk (NED)	215
91.	Schaaper Bart	73	08-021	2:56.20	25m	2-11-89	Heemskerk (NED)	215
92.	Dekker Erik	62	08-021	2:57.00	25m	7-10-79	Heemskerk (NED)	212
93.	Nolte Martijn	74	08-021	2:57.10	25m	30-11-86	Heemskerk (NED)	212
94.	de Vries Dylan	93	08-021	2:57.13	25m	14-3-10	Heemskerk (NED)	212
95.	Hoening Sten	84	08-021	2:57.26	25m	16-3-03	Heemskerk	211
96.	Martijn Onno	91	08-021	3:00.59	25m	25-1-07	Heemskerk (NED)	200
97.	Goverde Jeroen	73	08-021	3:01.00	25m	2-11-89	Heemskerk (NED)	198
98.	Koopman Axel	92	08-021	3:01.46	25m	16-1-05	Zaandam (NED)	197
99.	Zonneveld Jeroen	78	08-021	3:01.61	25m	22-11-98	Zaandam (NED)	196
100.	de Boer Elias	70	08-021	3:04.00	25m	28-10-84	Egmond (NED)	189

200 rugslag (sinds 101)

101.	Kock Albert	61	08-021	3:04.80	25m	8-1-77	Heemskerk (NED)	186
102.	Geurs Paul	57	08-021	3:05.20	25m	31-12-75		185
103.	Duin Goos	00	08-021	3:05.62	25m	29-3-15	Zaandam (NED)	184
104.	Zijlstra Jeroen	80	08-021	3:06.10	25m	12-10-95	Heemskerk (NED)	182
105.	de Wit Matthew	97	08-021	3:06.61	25m	18-1-15	Zaandam (NED)	181
106.	de Vries Allard	96	08-021	3:07.79	25m	3-4-11	Zaandam (NED)	177
107.	Switser René	75	08-021	3:08.40	25m	1-11-89		176
108.	Doodeman Niels	89	08-021	3:08.92	25m	31-1-02	Heemskerk	174
109.	Huis in 't Veld Lorenzo	03	08-021	3:13.29	25m	2-10-16	Purmerend (NED)	163
110.	de Weert Sander	72	08-021	3:14.55	25m	27-1-12	Terneuzen (NED)	160
111.	van Honschoten Jacky	67	08-021	3:15.10	25m	5-4-81	Heemskerk (NED)	158
112.	Kerdijk Dennis	79	08-021	3:16.50	25m	17-3-96	Heemskerk (NED)	155
113.	de Moes Paul	70	08-021	3:17.30	25m	28-10-84	Egmond (NED)	153
114.	de Wildt Thijs	94	08-021	3:17.68	25m	23-4-09	Heemskerk (NED)	152
115.	Boonacker Wietse	68	08-021	3:17.80	25m	11-4-81	Heemskerk (NED)	152
116.	Rasch Wilco	68	08-021	3:18.20	25m	11-4-81	Heemskerk (NED)	151
117.	Nijland Yoran	05	08-021	3:19.42	25m	1-10-17	Purmerend (NED)	148
118.	Oortwijn Bouke	78	08-021	3:19.50	25m	20-3-93		148
119.	Tuinstra Sean	98	08-021	3:20.42	25m	12-12-10	Zaandam (NED)	146
120.	Bleijendaal Lucas	83	08-021	3:22.10	25m	12-10-95	Heemskerk (NED)	142
121.	Woudsma Maarten	01	08-021	3:23.01	50m	15-3-15	Beverwijk (NED)	167
122.	Arends Peter	79	08-021	3:24.50	25m	27-9-92	Wormerveer (NED)	137
123.	Jacobs Patrick	87	08-021	3:24.74	25m	18-11-01	Heemskerk	137
124.	Dam Norbert	92	08-021	3:26.23	25m	16-1-05	Zaandam (NED)	134
125.	de Groot Peter	80	08-021	3:26.40	25m	20-10-94	Heemskerk (NED)	134
126.	van Hardeveld Richard	69	08-021	3:27.50	25m	28-11-81	Heemskerk (NED)	131
127.	Sikkema Joris	86	08-021	3:28.27	25m	24-9-98	Heemskerk (NED)	130
128.	van der Weide Bas	75	08-021	3:28.30	25m	3-5-90	Heemskerk (NED)	130
129.	Ijntema Tjeerd	99	08-021	3:28.79	25m	29-3-15	Zaandam (NED)	129
130.	Josselet Bart	84	08-021	3:29.51	25m	24-9-98	Heemskerk (NED)	128
131.	Vos Daniël	91	08-021	3:29.76	25m	23-12-04	Heemskerk (NED)	127
132.	van Lieshout Martin	76	08-021	3:30.80	25m	15-1-88		125
133.	Ursem Rob	69	08-021	3:32.00	25m	7-3-82		123
134.	Jong Ron	77	08-021	3:33.60	25m	3-5-90	Heemskerk (NED)	120
135.	Liu Andy	04	08-021	3:34.61	25m	19-3-17	Zaandam (NED)	119
136.	Veldhuis Christian	88	08-021	3:36.25	25m	13-1-02	Zaandam	116
137.	Snel Jeffrey	86	08-021	3:37.00	25m	16-1-00	Zaandam (NED)	115
138.	Salic Keno	89	08-021	3:37.20	25m	13-1-02	Zaandam	115
139.	van Heerwaarden Gerard	70	08-021	3:39.00	25m	11-4-81	Heemskerk (NED)	112
140.	de Caluwé Thijs	82	08-021	3:39.90	25m	12-10-95	Heemskerk (NED)	110
141.	Ramaakers Raymond	91	08-021	3:40.57	25m	25-9-03	Heemskerk (NED)	109
142.	Piek Roy	89	08-021	3:44.44	25m	31-1-02	Heemskerk	104
143.	van de Wijst Peter	69	08-021	3:44.70	25m	11-4-81	Heemskerk (NED)	103
144.	van Heerwaarden Stefan	70	08-021	3:44.90	25m	28-11-81	Heemskerk (NED)	103
145.	Koning Arthur	96	08-021	3:45.30	25m	22-3-09	Zaandam (NED)	103
146.	de Groot Michiel	91	08-021	3:47.08	25m	25-9-03	Heemskerk (NED)	100
147.	van Sleen Robin	90	08-021	3:48.35	25m	19-1-03	Zaandam	98
148.	Bleijendaal Thomas	88	08-021	3:54.19	25m	25-9-03	Heemskerk (NED)	91
149.	van de Sluis Ignat	69	08-021	4:03.20	25m	11-4-81	Heemskerk (NED)	81
150.	Verhagen Michel	82	08-021	4:19.50	25m	12-10-95	Heemskerk (NED)	67
151.	Sadeghi Hosseen	90	08-021	4:24.42	25m	18-1-04	IJmuiden (NED)	63

500 rugslag

1. Oudendijk Paul	81	08-021	7:14.51	OW	7-7-07	Oss (NED)
2. Glorie Daan	88	08-021	8:13.97	OW	7-7-07	Oss (NED)

25 schoolslag

1. Oudendijk Paul	81	08-021	14.72	25m	22-2-01	Heemskerk (NED)	491
2. Camphuijnder Wilko	69	08-021	15.00	25m	13-3-97	Heemskerk (NED)	464
3. Butter Martijn	79	08-021	15.10	25m	29-5-08	Heemskerk (NED)	455
4. Schaaper Hans	68	08-021	15.30	25m	12-1-89	Heemskerk (NED)	438
5. Kerkhof Arno	72	08-021	15.60	25m	12-1-89	Heemskerk (NED)	413
5. Beentjes Bastiaan	78	08-021	15.60	25m	17-2-00	Heemskerk (NED)	413
7. Hogenstijn Peter	84	08-021	15.67	25m	22-2-01	Heemskerk (NED)	407
8. Crok Pieter	91	08-021	15.78	25m	29-5-08	Heemskerk (NED)	399
9. Meijer Arno	75	08-021	15.80	25m	18-6-92	Heemskerk	397
10. Kuilman Joris	80	08-021	15.81	25m	22-2-01	Heemskerk (NED)	397
11. Palmboom Pascal	89	08-021	15.91	25m	19-4-07	Heemskerk (NED)	389
12. de Boer Stephan	83	08-021	15.92	25m	25-3-99	Heemskerk (NED)	388
13. Tamis Thijs	82	08-021	15.94	25m	22-2-01	Heemskerk (NED)	387
14. Schaaper Bart	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	383
14. Bok Reitze	73	08-021	16.00	25m	31-12-89	Heemskerk (NED)	383
16. Hermans Luuk	85	08-021	16.06	25m	19-4-07	Heemskerk (NED)	378
17. de Ruijter Richard	88	08-021	16.10	25m	27-4-06	Heemskerk	375
18. Pover Peter	69	08-021	16.20	25m	16-5-91	Heemskerk (NED)	369
19. van der Kroft Barry	82	08-021	16.25	25m	22-2-01	Heemskerk (NED)	365
20. Zwaan Bas	76	08-021	16.40	25m	27-4-95	Heemskerk (NED)	355
21. Hoenink Jarl	86	08-021	16.49	25m	19-4-07	Heemskerk (NED)	349
22. Druyven Jorrick	94	08-021	16.50	25m	29-5-08	Heemskerk (NED)	349
23. Steenbergen Roderik	82	08-021	16.63	25m	17-2-00	Heemskerk (NED)	341
24. van Rookhuizen Barry	82	08-021	16.66	25m	22-2-01	Heemskerk (NED)	339
25. Glorie Daan	88	08-021	16.68	25m	27-4-06	Heemskerk	338
26. Wassenaar Marcel	69	08-021	16.80	25m	12-1-89	Heemskerk (NED)	330
26. de Vijlder Michael	75	08-021	16.80	25m	14-3-96	Heemskerk (NED)	330
28. Stins Arnold	83	08-021	16.89	25m	17-2-00	Heemskerk (NED)	325
29. Butter Joris	86	08-021	16.96	25m	22-2-01	Heemskerk (NED)	321
30. Besse Niels	72	08-021	17.00	25m	31-12-89	Heemskerk (NED)	319
31. de Caluwé Niels	91	08-021	17.04	25m	19-4-07	Heemskerk (NED)	317
32. Oortwijn Maarten	80	08-021	17.10	25m	14-3-96	Heemskerk (NED)	313
32. Kramer Vincent	82	08-021	17.10	25m	17-2-00	Heemskerk (NED)	313
34. van der Gracht Jory	87	08-021	17.15	25m	27-4-06	Heemskerk	311
35. de Weert Sander	72	08-021	17.23	25m	18-11-12	Almere-Stad (NED)	306
36. Tijms Eric	64	08-021	17.25	25m	29-5-08	Heemskerk (NED)	305
37. Hulshof Patrick	75	08-021	17.30	25m	16-5-91	Heemskerk (NED)	303
38. Kemmeren Ferry	91	08-021	17.46	25m	19-4-07	Heemskerk (NED)	294
39. Wiegman Stefan	74	08-021	17.50	25m	12-1-89	Heemskerk (NED)	292
39. Wassenaar Edwin	72	08-021	17.50	25m	12-1-89	Heemskerk (NED)	292
41. Goverde Jeroen	73	08-021	17.60	25m	12-1-89	Heemskerk (NED)	287
41. Stam Daniël	79	08-021	17.60	25m	13-3-97	Heemskerk (NED)	287
43. van der Bunt Raymond	73	08-021	17.70	25m	16-5-91	Heemskerk (NED)	282
44. van der Heijden Hans	60	08-021	17.80	25m	14-9-76	Heemskerk (NED)	278
44. Andeweg Celedonio	76	08-021	17.80	25m	27-4-95	Heemskerk (NED)	278
46. Essers Tim	88	08-021	17.88	25m	29-5-08	Heemskerk (NED)	274
47. Switser René	75	08-021	17.90	25m	12-1-89	Heemskerk (NED)	273
47. Krijger Jan-Willem	81	08-021	17.90	25m	13-3-97	Heemskerk (NED)	273

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49.	Oortwijn Bouke	78	08-021	17.92	25m	30-11-14	Almere-Stad (NED)	272
50.	Martijn Onno	91	08-021	17.97	25m	19-4-07	Heemskerk (NED)	270
51.	Huveneers Fabian	73	08-021	18.00	25m	22-3-88	Heemskerk (NED)	269
51.	van Velsen Gerard	54	08-021	18.00	25m	22-3-88	Heemskerk (NED)	269
51.	de Boer Daniël	77	08-021	18.00	25m	27-4-95	Heemskerk (NED)	269
54.	Lamers Koen	91	08-021	18.04	25m	19-4-07	Heemskerk (NED)	267
55.	Zonneveld Jeroen	78	08-021	18.13	25m	22-10-11	Emmeloord (NED)	263
56.	Schaap Paul	75	08-021	18.20	25m	12-1-89	Heemskerk (NED)	260
57.	Oudendijk Hans	54	08-021	18.44	25m	17-3-07	Lelystad (NED)	250
58.	de Caluwe Johan	64	08-021	18.48	25m	19-4-07	Heemskerk (NED)	248
59.	Windmuller Hans-Pieter	60	08-021	18.50	25m	14-9-76	Heemskerk (NED)	247
59.	Windmuller Ton	62	08-021	18.50	25m	14-9-76	Heemskerk (NED)	247
61.	Zijlstra Jeroen	80	08-021	18.60	25m	14-3-96	Heemskerk (NED)	243
62.	Hoenink Sten	84	08-021	18.68	25m	25-3-99	Heemskerk (NED)	240
63.	Vink Gé	60	08-021	18.81	25m	19-4-07	Heemskerk (NED)	235
64.	de Vries Dylan	93	08-021	18.88	25m	29-5-08	Heemskerk (NED)	233
65.	Overmeer Michel	60	08-021	18.90	25m	14-9-76	Heemskerk (NED)	232
65.	Dekker Rudie	78	08-021	18.90	25m	27-4-95	Heemskerk (NED)	232
65.	Kerdijk Dennis	79	08-021	18.90	25m	14-3-96	Heemskerk (NED)	232
68.	Verdonk Pim	63	08-021	19.00	25m	14-9-76	Heemskerk (NED)	228
68.	Bal Chester	78	08-021	19.00	25m	19-3-98	Heemskerk (NED)	228
70.	Hof Ronnalt	60	08-021	19.30	25m	30-3-76	Heemskerk (NED)	218
71.	Doodeman Niels	89	08-021	19.38	25m	22-2-01	Heemskerk (NED)	215
72.	Kock Albert	61	08-021	19.40	25m	14-9-76	Heemskerk (NED)	214
73.	Koopman Axel	92	08-021	19.49	25m	27-4-06	Heemskerk	211
74.	Schouws Nico	59	08-021	19.50	25m	14-9-76	Heemskerk (NED)	211
75.	van der Gracht Adrie	57	08-021	19.58	25m	29-5-08	Heemskerk (NED)	209
76.	Meyer Frank	60	08-021	19.60	25m	30-3-76	Heemskerk (NED)	208
77.	Tijms Stefan	93	08-021	19.62	25m	29-5-08	Heemskerk (NED)	207
78.	de Groot Peter	80	08-021	19.70	25m	14-3-96	Heemskerk (NED)	205
79.	de Wit Stephen	93	08-021	19.82	25m	29-5-08	Heemskerk (NED)	201
80.	de Ruijter René	86	08-021	20.04	25m	17-2-00	Heemskerk (NED)	194
81.	Lammers Fake	63	08-021	20.10	25m	14-9-76	Heemskerk (NED)	193
81.	Kaal Dennis	74	08-021	20.10	25m	12-1-89	Heemskerk (NED)	193
83.	Beentjes Walter	64	08-021	20.40	25m	14-9-76	Heemskerk (NED)	184
84.	Groot Sander	88	08-021	20.51	25m	17-2-00	Heemskerk (NED)	181
85.	Crok Dirk	58	08-021	20.52	25m	29-5-08	Heemskerk (NED)	181
86.	Feyen Erik	66	08-021	20.60	25m	14-9-76	Heemskerk (NED)	179
87.	Schelvis Sjeng	89	08-021	20.62	25m	22-2-01	Heemskerk (NED)	178
88.	Hof Peter	62	08-021	20.80	25m	14-9-76	Heemskerk (NED)	174
88.	Oortwijn Guido	78	08-021	20.80	25m	16-5-91	Heemskerk (NED)	174
90.	Thijssen Dave	82	08-021	20.90	25m	27-4-95	Heemskerk (NED)	171
91.	Jacobs Patrick	87	08-021	20.95	25m	22-2-01	Heemskerk (NED)	170
92.	Kleijne Barry	93	08-021	21.00	25m	19-4-07	Heemskerk (NED)	169
93.	de Roode Jeremiah	99	08-021	21.36	25m	16-1-11	Zaandam (NED)	160
94.	Borst Jan	63	08-021	21.40	25m	30-3-76	Heemskerk (NED)	160
94.	Missot Paul	64	08-021	21.40	25m	14-9-76	Heemskerk (NED)	160
94.	Welboren Mark	87	08-021	21.40	25m	5-3-98	Heemskerk (NED)	160
97.	van Duin Peter	65	08-021	21.60	25m	14-9-76	Heemskerk (NED)	155
97.	de Caluwe Perry	61	08-021	21.60	25m	14-9-76	Heemskerk (NED)	155
99.	Bokelaar Martijn	80	08-021	21.67	25m	15-11-09	Almere-Stad (NED)	154
100.	Kooistra André	88	08-021	21.75	25m	17-2-00	Heemskerk (NED)	152
101.	de Rooij Roel	87	08-021	21.78	25m	25-3-99	Heemskerk (NED)	151

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102.	Altena Marc	65	08-021	21.80	25m	14-9-76	Heemskerk (NED)	151
103.	Jansen Jacques	62	08-021	21.90	25m	14-9-76	Heemskerk (NED)	149
103.	van Rijn Michael	70	08-021	21.90	25m	16-3-80	Heemskerk (NED)	149
105.	Lith John	63	08-021	22.00	25m	30-3-76	Heemskerk (NED)	147
105.	Welp Andre	65	08-021	22.00	25m	30-3-76	Heemskerk (NED)	147
105.	van den Akker Dennis	63	08-021	22.00	25m	14-9-76	Heemskerk (NED)	147
105.	de Graaf Peter	76	08-021	22.00	25m	22-3-88	Heemskerk (NED)	147
109.	Smit Erik	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)	143
109.	Heeremans Tim	78	08-021	22.20	25m	12-1-89	Heemskerk (NED)	143
109.	Arends Martin	81	08-021	22.20	25m	16-6-93		143
112.	van Baal Elvin	86	08-021	22.23	25m	22-2-01	Heemskerk (NED)	142
113.	de Rooij Coen	89	08-021	22.28	25m	17-2-00	Heemskerk (NED)	141
114.	van der Kolk Henk	65	08-021	22.30	25m	14-9-76	Heemskerk (NED)	141
114.	Sadon Alain	64	08-021	22.30	25m	14-9-76	Heemskerk (NED)	141
114.	Wolf Gert Jan	65	08-021	22.30	25m	14-9-76	Heemskerk (NED)	141
114.	de Caluwé Thijs	82	08-021	22.30	25m	14-3-96	Heemskerk (NED)	141
118.	Jong Ron	77	08-021	22.40	25m	31-12-89	Heemskerk (NED)	139
119.	Snel Jeffrey	86	08-021	22.56	25m	17-2-00	Heemskerk (NED)	136
120.	van Dijck Bart	63	08-021	22.60	25m	14-9-76	Heemskerk (NED)	135
120.	ten Cate Raymond	82	08-021	22.60	25m	27-4-95	Heemskerk (NED)	135
122.	de Vries Allard	96	08-021	22.67	25m	29-5-08	Heemskerk (NED)	134
123.	Arends Peter	79	08-021	22.70	25m	17-6-93	Heemskerk (NED)	134
124.	Mulder Mark	97	08-021	22.71	25m	30-6-11	Heemskerk (NED)	133
125.	Bulthuis Luc Jan	64	08-021	22.80	25m	14-9-76	Heemskerk (NED)	132
125.	Nijenhuis Jan-Hendrik	65	08-021	22.80	25m	14-9-76	Heemskerk (NED)	132
127.	van Vliet John	63	08-021	22.90	25m	30-3-76	Heemskerk (NED)	130
128.	Sikkema Joris	86	08-021	22.98	25m	25-3-99	Heemskerk (NED)	129
129.	Keessen Jeroen	67	08-021	23.00	25m	30-3-76	Heemskerk (NED)	128
129.	Beentjes Rob	63	08-021	23.00	25m	14-9-76	Heemskerk (NED)	128
129.	van Lieshout Martin	76	08-021	23.00	25m	17-12-87	Heemskerk (NED)	128
129.	de Wildt Thijs	94	08-021	23.00	25m	29-5-08	Heemskerk (NED)	128
133.	Plokker Robert	65	08-021	23.10	25m	14-9-76	Heemskerk (NED)	127
134.	Veldhuis Christian	88	08-021	23.17	25m	22-2-01	Heemskerk (NED)	126
135.	Smit Arend	88	08-021	23.19	25m	17-2-00	Heemskerk (NED)	125
136.	Bleijendaal Lucas	83	08-021	23.20	25m	27-4-95	Heemskerk (NED)	125
137.	Teufer Florian	95	08-021	23.39	25m	30-3-06	Heemskerk (NED)	122
137.	Groot Tim	99	08-021	23.39	25m	30-6-11	Heemskerk (NED)	122
139.	Offringa Rick	03	08-021	23.50	25m	11-3-12	Zaandam (NED)	120
140.	Gaal Roel	01	08-021	23.54	25m	13-3-11	Heemskerk (NED)	120
141.	Verschuren Andre	62	08-021	23.60	25m	30-3-76	Heemskerk (NED)	119
141.	Versteeg Rene	65	08-021	23.60	25m	14-9-76	Heemskerk (NED)	119
141.	van Els Thomas	82	08-021	23.60	25m	13-10-93		119
141.	Buur Michael	87	08-021	23.60	25m	19-3-98	Heemskerk (NED)	119
145.	Versteeg Lennert	65	08-021	23.70	25m	14-9-76	Heemskerk (NED)	117
146.	Schouws Theo	66	08-021	23.80	25m	30-3-76	Heemskerk (NED)	116
146.	Josselet Bart	84	08-021	23.80	25m	5-2-98	Heemskerk (NED)	116
148.	Welboren Mischa	89	08-021	23.84	25m	25-3-99	Heemskerk (NED)	115
149.	van Rixel Ferry	64	08-021	23.90	25m	30-3-76	Heemskerk (NED)	114
150.	Gaal Koen	99	08-021	23.99	25m	29-5-08	Heemskerk (NED)	113
151.	Wegchelaar Geert Jan	64	08-021	24.00	25m	30-3-76	Heemskerk (NED)	113
151.	Verhoog Jan-Willem	66	08-021	24.00	25m	14-9-76	Heemskerk (NED)	113
151.	Zonneveld Bas	82	08-021	24.00	25m	17-6-93	Heemskerk (NED)	113
154.	Leek Hans	66	08-021	24.10	25m	30-3-76	Heemskerk (NED)	112

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155.	Huisman Rene	69	08-021	24.20	25m	15-9-79	Heemskerk (NED)	110
156.	Yayli Serkan	92	08-021	24.25	25m	18-11-01	Heemskerk	110
157.	Borst Corné	96	08-021	24.28	25m	29-5-08	Heemskerk (NED)	109
158.	Groot Wim	63	08-021	24.30	25m	30-3-76	Heemskerk (NED)	109
158.	Rozemeijer Marco	67	08-021	24.30	25m	14-9-76	Heemskerk (NED)	109
158.	de Buyzer Eelco	64	08-021	24.30	25m	14-9-76	Heemskerk (NED)	109
158.	van Lieshout Rick	78	08-021	24.30	25m	16-5-91	Heemskerk (NED)	109
158.	Kloppenborg Albert	82	08-021	24.30	25m	13-10-93		109
158.	de Groot Pieter	83	08-021	24.30	25m	24-2-94	Heemskerk (NED)	109
164.	Put Hans	66	08-021	24.40	25m	14-9-76	Heemskerk (NED)	108
165.	Dekker Johnny	67	08-021	24.50	25m	14-9-76	Heemskerk (NED)	106
165.	Verhagen Michel	82	08-021	24.50	25m	16-3-95	Heemskerk (NED)	106
165.	Viel Stefan	88	08-021	24.50	25m	19-3-98	Heemskerk (NED)	106
165.	Glorie Jan	57	08-021	24.50	25m	23-10-10	Emmeloord (NED)	106
169.	Tuinstra Sean	98	08-021	24.58	25m	29-5-08	Heemskerk (NED)	105
170.	Martens Andre	70	08-021	24.70	25m	16-3-80	Heemskerk (NED)	104
171.	van Heerwaarden Marcel	65	08-021	24.80	25m	14-9-76	Heemskerk (NED)	102
172.	Korzelius Ron	65	08-021	24.90	25m	14-9-76	Heemskerk (NED)	101
172.	Valk Erwin	65	08-021	24.90	25m	14-9-76	Heemskerk (NED)	101
172.	Zonneveld Alex	90	08-021	24.90	25m	22-2-01	Heemskerk (NED)	101
175.	Hollander Tonny	63	08-021	25.00	25m	30-3-76	Heemskerk (NED)	100
176.	Kuijl Ben	62	08-021	25.10	25m	14-9-76	Heemskerk (NED)	99
177.	Piek Roy	89	08-021	25.17	25m	22-2-01	Heemskerk (NED)	98
177.	Groen Jarno	01	08-021	25.17	25m	3-4-11	Zaandam (NED)	98
179.	van Vliet Rinus	65	08-021	25.20	25m	30-3-76	Heemskerk (NED)	98
179.	de Joode Bert	65	08-021	25.20	25m	14-9-76	Heemskerk (NED)	98
181.	Sturkenboom Willibrord	64	08-021	25.30	25m	30-3-76	Heemskerk (NED)	96
181.	Verhagen Bart	85	08-021	25.30	25m	27-4-95	Heemskerk (NED)	96
183.	van Tilburg Beau	07	08-021	25.38	25m	28-1-18	Purmerend (NED)	95
184.	van Heerwaarden Erwin	68	08-021	25.40	25m	14-9-76	Heemskerk (NED)	95
184.	Denneman John	66	08-021	25.40	25m	14-9-76	Heemskerk (NED)	95
184.	van Wijk Peter	87	08-021	25.40	25m	19-3-98	Heemskerk (NED)	95
187.	de Vriend Ruben	03	08-021	25.42	25m	11-3-12	Zaandam (NED)	95
188.	Lith Rob	63	08-021	25.60	25m	30-3-76	Heemskerk (NED)	93
189.	Vrugt Richard	67	08-021	25.80	25m	14-9-76	Heemskerk (NED)	91
190.	Grapendaal Aad	42	08-021	25.85	25m	16-2-13	Heerenveen (NED)	90
191.	Goverde Antoine	65	08-021	25.90	25m	14-9-76	Heemskerk (NED)	90
191.	Smit Rob	69	08-021	25.90	25m	15-9-79	Heemskerk (NED)	90
193.	Beentjes Theo	65	08-021	26.00	25m	30-3-76	Heemskerk (NED)	89
194.	Apeldoorn Alex	89	08-021	26.05	25m	17-2-00	Heemskerk (NED)	88
195.	Nolten Rob	63	08-021	26.20	25m	30-3-76	Heemskerk (NED)	87
196.	de Bruijn Harold	65	08-021	26.30	25m	14-9-76	Heemskerk (NED)	86
197.	Woudsma Stefan	00	08-021	26.37	25m	3-4-11	Zaandam (NED)	85
198.	Borg Erick	64	08-021	26.40	25m	30-3-76	Heemskerk (NED)	85
198.	Kemper Marcel	65	08-021	26.40	25m	14-9-76	Heemskerk (NED)	85
198.	Verhagen Jeroen	84	08-021	26.40	25m	27-4-95	Heemskerk (NED)	85
198.	van der Berg Job	98	08-021	26.40	25m	29-5-08	Heemskerk (NED)	85
202.	van Leeuwen Elbert	73	08-021	26.50	25m	13-12-81	Volendam (NED)	84
202.	Ursem Jerre	73	08-021	26.50	25m	13-12-81	Volendam (NED)	84
202.	Jong Gregory	80	08-021	26.50	25m	31-12-89	Heemskerk (NED)	84
205.	de Graaf Arnold	66	08-021	26.60	25m	14-9-76	Heemskerk (NED)	83
205.	van Hardeveld Richard	69	08-021	26.60	25m	15-9-79	Heemskerk (NED)	83
207.	de Wit Job	98	08-021	26.77	25m	29-5-08	Heemskerk (NED)	81

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208.	Oortwijn Kalle	05	08-021	26.89	25m	2-2-14	Haarlem (NED)	80
209.	Abbenhuis Frank	65	08-021	26.90	25m	30-3-76	Heemskerk (NED)	80
209.	Hoogendoorn Paul	66	08-021	26.90	25m	14-9-76	Heemskerk (NED)	80
211.	Verschuren Martin	65	08-021	27.00	25m	30-3-76	Heemskerk (NED)	79
211.	Dijkstra Menno	68	08-021	27.00	25m	14-9-76	Heemskerk (NED)	79
211.	Lanser Werner	71	08-021	27.00	25m	16-3-80	Heemskerk (NED)	79
214.	Beentjes John	64	08-021	27.20	25m	30-3-76	Heemskerk (NED)	77
214.	Ursem Rob	69	08-021	27.20	25m	15-9-79	Heemskerk (NED)	77
216.	Hörchner Erwin	64	08-021	27.50	25m	30-3-76	Heemskerk (NED)	75
216.	van der Linden Ronald	72	08-021	27.50	25m	10-2-80	Heerhugowaard (NED)	75
218.	Gouweleeuw Raymond	88	08-021	27.56	25m	25-3-99	Heemskerk (NED)	74
219.	van Dijk Michel	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)	74
220.	de Boer Tobias	02	08-021	27.66	25m	30-6-11	Heemskerk (NED)	74
221.	van Vegten Teun	01	08-021	27.69	25m	30-6-11	Heemskerk (NED)	73
222.	Cekic Deniz	97	08-021	27.77	25m	29-5-08	Heemskerk (NED)	73
223.	Pijlman Bart	67	08-021	27.80	25m	14-9-76	Heemskerk (NED)	73
223.	van Heerwaarden Gerard	70	08-021	27.80	25m	15-9-79	Heemskerk (NED)	73
225.	de Ruyter Peter	65	08-021	28.20	25m	14-9-76	Heemskerk (NED)	69
226.	Teunissen Frank	68	08-021	28.30	25m	14-9-76	Heemskerk (NED)	69
227.	Vessies Max	03	08-021	28.46	25m	7-4-13	Castricum (NED)	68
228.	van Heerwaarden Stefan	70	08-021	28.50	25m	15-9-79	Heemskerk (NED)	67
229.	Wassenaar Joris	01	08-021	28.51	25m	30-6-11	Heemskerk (NED)	67
230.	Lubbers Pieter-Jan	67	08-021	28.70	25m	14-9-76	Heemskerk (NED)	66
231.	Monden Fernmy	67	08-021	29.00	25m	30-3-76	Heemskerk (NED)	64
232.	Steenstra Martijn	72	08-021	29.10	25m	16-3-80	Heemskerk (NED)	63
233.	van Slooten Udo	65	08-021	30.00	25m	14-9-76	Heemskerk (NED)	58
234.	Roostenberg Misja	72	08-021	30.70	25m	10-2-80	Heerhugowaard (NED)	54
234.	Blaauw Mica	05	08-021	30.70	25m	7-4-13	Castricum (NED)	54
236.	Woudsma Maarten	01	08-021	30.75	25m	30-6-11	Heemskerk (NED)	53
237.	Beentjes Johnny	68	08-021	30.90	25m	14-9-76	Heemskerk (NED)	53
237.	Haasnoot Michel	72	08-021	30.90	25m	10-2-80	Heerhugowaard (NED)	53
239.	Bos Tako	68	08-021	31.00	25m	14-9-76	Heemskerk (NED)	52
240.	van der Aar Peter	69	08-021	31.20	25m	14-9-76	Heemskerk (NED)	51
240.	van Wijk Nico	68	08-021	31.20	25m	14-9-76	Heemskerk (NED)	51
242.	van Heerwaarden Jeroen	72	08-021	31.30	25m	10-2-80	Heerhugowaard (NED)	51
243.	Put Nico	67	08-021	31.50	25m	14-9-76	Heemskerk (NED)	50
243.	Pettinga Rodney	85	08-021	31.50	25m	14-3-96	Heemskerk (NED)	50
245.	van der Linden René	70	08-021	31.60	25m	15-9-79	Heemskerk (NED)	49
246.	Ursem Maurice	72	08-021	32.40	25m	16-3-80	Heemskerk (NED)	46
247.	de Boer Sem	02	08-021	32.87	25m	30-6-11	Heemskerk (NED)	44
248.	Kuijl Peter	67	08-021	34.00	25m	14-9-76	Heemskerk (NED)	39
249.	van Dijk Arnaud	68	08-021	34.30	25m	30-3-76	Heemskerk (NED)	38
250.	Kooiman Alexander	69	08-021	34.40	25m	14-9-76	Heemskerk (NED)	38
251.	Blaauw Xam	07	08-021	36.54	25m	2-2-14	Haarlem (NED)	32
252.	van Wijngaarden Edwin	68	08-021	36.80	25m	30-3-76	Heemskerk (NED)	31
253.	de Groot Frank	67	08-021	37.70	25m	30-3-76	Heemskerk (NED)	29

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1.	Breton Wouter	89	08-021	31.37	25m	28-6-09	Alkmaar (NED)	521
2.	Oudendijk Paul	81	08-021	32.21	25m	23-1-09	Vlissingen (NED)	481
3.	Butter Martijn	79	08-021	33.43	25m	22-1-09	Heemskerk (NED)	430
4.	de Boer Stephan	83	08-021	33.48	25m	14-2-99	Dordrecht (NED)	428
5.	van Rijn Michael	70	08-021	33.60	25m	10-11-85		424
6.	Palmboom Pascal	89	08-021	33.93	25m	22-1-09	Heemskerk (NED)	412
7.	de Ruijter Richard	88	08-021	34.22	25m	28-12-03	Maastricht (NED)	401
8.	Kleijne Barry	93	08-021	34.37	25m	17-3-16	Heemskerk (NED)	396
9.	Hogenstijn Peter	84	08-021	34.41	25m	3-12-00	Zaandam (NED)	395
10.	Crok Pieter	91	08-021	34.53	25m	6-3-14	Heemskerk (NED)	391
11.	van Beek Klaas	88	08-021	34.55	25m	23-5-10	Purmerend (NED)	390
12.	Kuilman Joris	80	08-021	34.56	25m	24-9-98	Heemskerk (NED)	389
13.	Dijkstra Menno	68	08-021	34.60	25m	8-3-87	Zaandam (NED)	388
13.	Camphuijnder Wilko	69	08-021	34.60	25m	10-10-96	Heemskerk (NED)	388
15.	Hermans Luuk	85	08-021	34.63	25m	25-11-04	Heemskerk (NED)	387
16.	Meijer Arno	75	08-021	34.70	25m	12-10-95	Heemskerk (NED)	385
17.	Schaaper Bart	73	08-021	34.80	25m	8-3-87	Zaandam (NED)	381
17.	Keessen Jeroen	67	08-021	34.80	25m	7-2-91	Heemskerk (NED)	381
19.	Bok Reitze	73	08-021	34.90	25m	8-11-90	Heemskerk (NED)	378
20.	Jongert Jeroen	96	08-021	34.91	25m	6-9-15	Zaandam (NED)	378
21.	Beentjes Bastiaan	78	08-021	34.92	25m	24-9-98	Heemskerk (NED)	378
22.	van der Kroft Barry	82	08-021	34.94	25m	31-3-02	Haarlem	377
23.	Tamis Thijs	82	08-021	35.08	25m	20-4-03	Haarlem	372
23.	van der Gracht Jory	87	08-021	35.08	25m	7-1-12	Hoom (NED)	372
25.	Schaaper Hans	68	08-021	35.10	25m	14-12-88		372
26.	Glorie Daan	88	08-021	35.14	25m	30-12-05	Maastricht (NED)	371
27.	Kerkhof Arno	72	08-021	35.20	25m	4-2-90	Volendam (NED)	369
28.	van de Poll Kevin	86	08-021	35.28	25m	28-12-03	Maastricht (NED)	366
29.	Di Mattia Angelo	97	08-021	35.61	25m	1-2-15	Zaandam (NED)	356
30.	Stam Daniël	79	08-021	35.70	25m	18-1-98	Zuidoost Beemster (NED)	353
31.	Stins Arnold	83	08-021	35.75	25m	14-12-00	Heemskerk (NED)	352
32.	de Wit Stephen	93	08-021	35.87	25m	30-9-12	Heemskerk (NED)	348
33.	Hoening Jarl	86	08-021	35.89	25m	29-5-04	Z.o. Beemster	348
34.	Steenbergen Roderik	82	08-021	36.19	25m	3-12-00	Zaandam (NED)	339
35.	van Rookhuizen Barry	82	08-021	36.22	25m	20-12-01	Heemskerk	338
36.	Tijms Stefan	93	08-021	36.26	25m	27-1-11	Heemskerk (NED)	337
37.	van Duin Peter	65	08-021	36.30	25m	14-3-81	Heemskerk (NED)	336
37.	Druyven Jorrick	94	08-021	36.30	25m	23-3-08	Haarlem (NED)	336
39.	Gaal Koen	99	08-021	36.31	25m	16-3-17	Heemskerk (NED)	336
40.	Butter Joris	86	08-021	36.58	25m	25-1-04	Zaandam	328
41.	Jongert Sjoerd	01	08-021	36.66	25m	15-5-16	Purmerend (NED)	326
42.	van Baal Elvin	86	08-021	36.74	25m	20-12-01	Heemskerk	324
43.	Kemmeren Ferry	91	08-021	36.94	25m	8-4-07	Haarlem (NED)	319
44.	Kramer Vincent	82	08-021	36.97	25m	25-11-04	Heemskerk (NED)	318
45.	Kranenburg Fred	63	08-021	37.00	25m	17-5-81	Castricum (NED)	317
46.	Schelvis Sjeng	89	08-021	37.08	25m	16-5-05	Zuidoost-Beemster (NED)	315
47.	Pover Peter	69	08-021	37.10	25m	4-10-89		315
48.	de Vijlder Michael	75	08-021	37.30	25m	8-6-95	Heemskerk (NED)	310
49.	Wassenaar Marcel	69	08-021	37.40	25m	15-12-88	Heemskerk (NED)	307
50.	Essers Tim	88	08-021	37.53	25m	28-12-04	Maastricht (NED)	304
51.	de Vries Dylan	93	08-021	37.59	25m	30-9-12	Heemskerk (NED)	303
52.	Dekker Matthijs	90	08-021	37.67	25m	26-2-05	Roermond	301
53.	Verdonk Pim	63	08-021	37.70	25m	22-4-78	Heemskerk (NED)	300

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54.	Zwaan Bas	76	08-021	37.80	25m	20-10-94	Heemskerk (NED)	298
55.	Gaal Roel	01	08-021	37.84	25m	7-5-17	Zaandam (NED)	297
56.	Hos Dennis	68	08-021	37.90	25m	5-10-89	Heemskerk (NED)	295
57.	Hof Ronnalt	60	08-021	38.00	25m	27-11-77	Ijmuiden (NED)	293
57.	Hulshof Patrick	75	08-021	38.00	25m	13-6-91	Heemskerk (NED)	293
59.	de Caluwé Niels	91	08-021	38.12	25m	30-11-06	Heemskerk	290
60.	Switser René	75	08-021	38.20	25m	7-11-90		288
60.	Oortwijn Maarten	80	08-021	38.20	25m	14-9-96	Hoogland	288
62.	de Boer Daniël	77	08-021	38.40	25m	20-10-94	Heemskerk (NED)	284
62.	Kemmeren Andre	88	08-021	38.40	25m	25-11-04	Heemskerk (NED)	284
64.	Hoerink Sten	84	08-021	38.45	25m	29-5-04	Z.o. Beemster	283
65.	Andeweg Celedonio	76	08-021	38.50	25m	12-10-95	Heemskerk (NED)	282
66.	de Vries Allard	96	08-021	38.68	25m	6-3-14	Heemskerk (NED)	278
67.	Plokker Robert	65	08-021	38.70	25m	14-3-81	Heemskerk (NED)	277
67.	Goverde Jeroen	73	08-021	38.70	25m	3-5-90	Heemskerk (NED)	277
69.	de Weert Sander	72	08-021	38.90	25m	9-2-12	Heemskerk (NED)	273
70.	Wassenaar Edwin	72	08-021	39.20	25m	9-2-89	Heemskerk (NED)	267
70.	Besse Niels	72	08-021	39.20	25m	14-12-89	Heemskerk (NED)	267
70.	van der Bunt Raymond	73	08-021	39.20	25m	7-2-91	Heemskerk (NED)	267
73.	Bleijendaal Thomas	88	08-021	39.29	25m	27-5-04	Heemskerk (NED)	265
74.	Camphuijnder Jasper	05	08-021	39.31	25m	23-9-18	Zaandam (NED)	265
75.	Windmuller Ton	62	08-021	39.40	25m	15-9-79	Heemskerk (NED)	263
75.	van de Sluis Nicolai	66	08-021	39.40	25m	17-5-81	Castricum (NED)	263
77.	de Ruijter René	86	08-021	39.41	25m	6-11-05	Zaandam (NED)	263
78.	Deen Peter	59	08-021	39.50	25m	30-3-76	Heemskerk (NED)	261
78.	Goverde Ad	59	08-021	39.50	25m	14-3-81	Heemskerk (NED)	261
78.	Oortwijn Bouke	78	08-021	39.50	25m	14-10-93	Heemskerk	261
81.	Offringa Rick	03	08-021	39.71	25m	11-10-18	Heemskerk (NED)	257
82.	Tijms Eric	64	08-021	39.91	25m	31-5-09	Purmerend (NED)	253
83.	Wiegman Stefan	74	08-021	40.00	25m	15-12-88	Heemskerk (NED)	251
84.	Krijger Jan-Willem	81	08-021	40.02	25m	15-11-98	Zaandam (NED)	251
85.	Lamers Koen	91	08-021	40.03	25m	30-12-06	Maastricht (NED)	250
86.	Zonneveld Jeroen	78	08-021	40.10	25m	5-10-97	Zaandam (NED)	249
87.	Ijntema Tjeerd	99	08-021	40.12	25m	9-10-16	Alkmaar (NED)	249
88.	Woudsma Stefan	00	08-021	40.18	25m	16-3-17	Heemskerk (NED)	248
89.	Groen Jarno	01	08-021	40.19	25m	16-3-17	Heemskerk (NED)	247
90.	Verbree John	61	08-021	40.30	25m	4-10-80	Heemskerk (NED)	245
91.	Martijn Onno	91	08-021	40.37	25m	11-12-05	Ijmuiden (NED)	244
92.	Oortwijn Kalle	05	08-021	40.38	25m	16-9-18	Alkmaar (NED)	244
93.	Missot Paul	64	08-021	40.50	25m	15-9-79	Heemskerk (NED)	242
93.	Roosendaal Ben	66	08-021	40.50	25m	14-3-81	Heemskerk (NED)	242
93.	Schaap Paul	75	08-021	40.50	25m	14-12-89	Heemskerk (NED)	242
96.	Vink Gé	60	08-021	40.75	25m	9-2-12	Heemskerk (NED)	237
97.	Korzelius Ron	65	08-021	40.80	25m	17-5-81	Castricum (NED)	237
98.	Reijnders Erik	65	08-021	41.00	25m	13-12-81	Volendam (NED)	233
99.	Doodeman Niels	89	08-021	41.18	25m	17-3-02	Zaandam	230
100.	Overmeer Michel	60	08-021	41.30	25m	30-3-76	Heemskerk (NED)	228
100.	Ursem Jerre	73	08-021	41.30	25m	14-12-88		228
102.	Zijlstra Jeroen	80	08-021	41.40	25m	12-10-95	Heemskerk (NED)	226
103.	Dekker Erik	62	08-021	41.50	25m	15-9-79	Heemskerk (NED)	225
104.	Dekker Rudie	78	08-021	41.60	25m	14-10-93	Heemskerk	223
105.	Geijsen Jacques	67	DEM/OEZA	41.68	25m	31-1-13	Heemskerk (NED)	222
106.	van Vegten Teun	01	08-021	41.74	25m	14-1-18	Purmerend (NED)	221

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107.	Tuinstra Sean	98	08-021	41.96	25m	21-3-13	Heemskerk (NED)	217
108.	de Caluwe Johan	64	08-021	41.98	25m	31-5-07	Heemskerk (NED)	217
109.	Dekker Ruben	93	08-021	42.08	25m	30-12-05	Maastricht (NED)	216
110.	Blaauw Eric	67	08-021	42.12	25m	5-10-13	Zwolle (NED)	215
111.	Smit Erik	64	08-021	42.30	25m	4-10-80	Heemskerk (NED)	212
112.	Duin Goos	00	08-021	42.34	25m	1-2-15	Zaandam (NED)	212
113.	Oudendijk Hans	54	08-021	42.47	25m	29-3-07	Heemskerk (NED)	210
114.	Kock Albert	61	08-021	42.50	25m	30-3-76	Heemskerk (NED)	209
115.	Bal Chester	78	08-021	42.60	25m	10-10-96	Heemskerk (NED)	208
116.	Kerdijk Dennis	79	08-021	42.80	25m	10-10-96	Heemskerk (NED)	205
117.	Koopman Axel	92	08-021	42.87	25m	6-11-05	Zaandam (NED)	204
118.	Windmuller Hans-Pieter	60	08-021	42.90	25m	30-3-76	Heemskerk (NED)	203
119.	Tap Ben	69	08-021	43.00	25m	22-3-88	Heemskerk (NED)	202
120.	Woudsma Maarten	01	08-021	43.14	50m	3-12-16	Beverwijk (NED)	217
121.	de Wildt Thijs	94	08-021	43.18	25m	25-3-10	Heemskerk (NED)	199
122.	Wolf Gert Jan	65	08-021	43.20	25m	14-3-81	Heemskerk (NED)	199
123.	Vlieland Roy	99	08-021	43.29	25m	7-4-13	Castricum (NED)	198
124.	Meyer Frank	60	08-021	43.50	25m	17-9-77	Heemskerk (NED)	195
124.	de Caluwe Perry	61	08-021	43.50	25m	15-9-79	Heemskerk (NED)	195
126.	Hoekstra Erwin	73	DEM/OEZA	43.83	25m	31-1-13	Heemskerk (NED)	191
127.	Kloek Ralph	68	08-021	43.90	25m	14-3-81	Heemskerk (NED)	190
128.	Crok Dirk	58	08-021	43.93	25m	23-1-09	Vlissingen (NED)	189
129.	Veldhuis Christian	88	08-021	43.95	25m	20-12-01	Heemskerk	189
130.	van der Gracht Adrie	57	08-021	44.02	25m	3-2-07	Aberdeen (GBR)	188
131.	Schouws Nico	59	08-021	44.20	25m	17-9-77	Heemskerk (NED)	186
132.	van der Kolk Henk	65	08-021	44.30	25m	10-2-80	Heerhugowaard (NED)	185
133.	Kemper Marcel	65	08-021	44.40	25m	4-10-80	Heemskerk (NED)	183
134.	Lammers Fake	63	08-021	44.80	25m	17-9-77	Heemskerk (NED)	179
134.	Kaal Dennis	74	08-021	44.80	25m	9-2-89	Heemskerk (NED)	179
136.	de Boer Tobias	02	08-021	44.92	25m	16-3-17	Heemskerk (NED)	177
137.	Schillemans Bram	99	08-021	45.04	25m	12-4-18	Heemskerk (NED)	176
138.	Borst Corné	96	08-021	45.09	25m	11-3-12	Zaandam (NED)	175
139.	Hagebout Marcel	68	08-021	45.10	25m	14-3-81	Heemskerk (NED)	175
140.	Dam Norbert	92	08-021	45.27	25m	7-11-04	IJmuiden (NED)	173
141.	Yayli Serkan	92	08-021	45.45	25m	25-11-04	Heemskerk (NED)	171
142.	de Groot Michiel	91	08-021	45.59	25m	24-4-03	Heemskerk	169
143.	Reuderink Peter	62	08-021	45.60	25m	17-9-77	Heemskerk (NED)	169
144.	Offringa Martin	61	08-021	45.90	25m	17-9-77	Heemskerk (NED)	166
145.	Huisman Rene	69	08-021	46.00	25m	14-3-81	Heemskerk (NED)	165
145.	de Groot Peter	80	08-021	46.00	25m	20-10-94	Heemskerk (NED)	165
147.	van Velsen Gerard	54	08-021	46.20	25m	22-3-88	Heemskerk (NED)	163
148.	Renkema Wilco	68	08-021	46.30	25m	29-11-82	Heemskerk (NED)	162
149.	Koning Arthur	96	08-021	46.43	25m	27-1-11	Heemskerk (NED)	160
150.	Geurtsen Hans	61	08-021	46.60	25m	30-3-76	Heemskerk (NED)	159
151.	Jacobs Patrick	87	08-021	46.61	25m	14-12-00	Heemskerk (NED)	158
152.	de Rooij Roel	87	08-021	46.70	25m	15-11-98	Zaandam (NED)	158
153.	Groot Sander	88	08-021	46.84	25m	16-12-99	Heemskerk	156
154.	Aardenburg Koen	91	08-021	46.88	25m	2-10-05	Zaandam (NED)	156
155.	van Hannen Erik	67	08-021	46.90	25m	14-3-81	Heemskerk (NED)	156
156.	Jossetlet Bart	84	08-021	46.97	25m	15-11-98	Zaandam (NED)	155
157.	Hoekstra Marcel	78	08-021	47.00	25m	31-12-88		155
158.	de Veer Albert	72	08-021	47.30	25m	14-12-89	Heemskerk (NED)	152
159.	Oortwijn Guido	78	08-021	47.40	25m	13-6-91	Heemskerk (NED)	151

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159.	Arends Martin	81	08-021	47.40	25m	20-3-93		151
161.	Dullemond Fred	67	08-021	47.50	25m	29-11-82	Heemskerk (NED)	150
162.	Litjens Olaf	99	08-021	47.57	25m	12-2-12	Heemstede (NED)	149
163.	Bokelaar Martijn	80	08-021	47.67	25m	15-11-09	Almere-Stad (NED)	148
164.	van Gent Arno	65	08-021	47.80	25m	10-2-80	Heerhugowaard (NED)	147
165.	Geurtsen Arjan	64	08-021	48.00	25m	30-3-76	Heemskerk (NED)	145
166.	van Sleen Robin	90	08-021	48.03	25m	28-3-02	Heemskerk	145
167.	van den Akker Dennis	63	08-021	48.10	25m	30-3-76	Heemskerk (NED)	144
167.	van Honschoten Jacky	67	08-021	48.10	25m	4-10-80	Heemskerk (NED)	144
169.	Smit Arend	88	08-021	48.25	25m	4-5-00	Heemskerk (NED)	143
170.	de Boer Elias	70	08-021	48.30	25m	29-11-82	Heemskerk (NED)	142
171.	Blaauw Mica	05	08-021	48.37	25m	23-9-18	Zaandam (NED)	142
172.	Oortwijn Menno	67	08-021	48.40	25m	16-3-80	Heemskerk (NED)	141
173.	de Roode Jeremiah	99	08-021	48.42	25m	27-1-11	Heemskerk (NED)	141
174.	van Rijn Ian	05	08-021	48.43	25m	10-6-17	Zaandam (NED)	141
175.	Wegchelaar Geert Jan	64	08-021	48.60	25m	10-2-80	Heerhugowaard (NED)	140
176.	de Vriend Ruben	03	08-021	48.77	25m	15-12-13	Zaandam (NED)	138
177.	van Lieshout Martin	76	08-021	48.80	25m	22-3-88	Heemskerk (NED)	138
178.	Smit Rob	69	08-021	49.00	25m	4-10-80	Heemskerk (NED)	136
179.	de Caluwé Thijs	82	08-021	49.10	25m	16-11-95	Heemskerk (NED)	136
180.	Piek Roy	89	08-021	49.11	25m	20-12-01	Heemskerk	135
181.	Vos Daniël	91	08-021	49.12	25m	31-12-05	Hoom (NED)	135
182.	Beeksma Coen	90	08-021	49.30	25m	21-4-02	Heemstede	134
183.	de Rooij Coen	89	08-021	49.32	25m	16-12-99	Heemskerk	134
184.	Kooistra André	88	08-021	49.43	25m	14-11-99	Zaandam (NED)	133
185.	Teufer Florian	95	08-021	49.52	25m	30-11-06	Heemskerk	132
186.	Wassenaar Joris	01	08-021	49.66	25m	6-3-14	Heemskerk (NED)	131
187.	van Heerwaarden Chiel	05	08-021	49.74	25m	9-12-18	Zaandam (NED)	130
188.	Sikkema Joris	86	08-021	49.78	25m	24-9-98	Heemskerk (NED)	130
189.	Heeremans Tim	78	08-021	49.80	25m	15-12-88	Heemskerk (NED)	130
189.	Schellekens Henk	76	08-021	49.80	25m	5-10-89	Heemskerk (NED)	130
191.	Arends Peter	79	08-021	49.90	25m	12-5-93		129
192.	Liu Andy	04	08-021	49.91	25m	16-3-17	Heemskerk (NED)	129
193.	Handgraaf Jos	87	08-021	49.95	25m	14-11-99	Zaandam (NED)	129
194.	Lamers Peter	57	08-021	50.05	25m	25-10-07	Heemskerk (NED)	128
195.	Nijland Yorán	05	08-021	50.06	25m	23-9-18	Zaandam (NED)	128
196.	Kloppenburger Albert	82	08-021	50.10	25m	12-5-93		128
197.	Komen Berend	97	08-021	50.17	25m	27-1-11	Heemskerk (NED)	127
198.	Jansen Jacques	62	08-021	50.20	25m	17-9-77	Heemskerk (NED)	127
198.	Boonacker Wietse	68	08-021	50.20	25m	14-3-81	Heemskerk (NED)	127
198.	van de Wijst Peter	69	08-021	50.20	25m	14-3-81	Heemskerk (NED)	127
201.	Vacca Sandro	04	08-021	50.26	25m	12-3-17	Purmerend (NED)	126
202.	Teufer Lorentz	96	08-021	50.32	25m	15-6-06	Heemskerk (NED)	126
202.	Vessies Max	03	08-021	50.32	25m	2-3-14	Haarlem (NED)	126
204.	Klinkenberg Marco	67	08-021	50.40	25m	16-3-80	Heemskerk (NED)	125
205.	Bleijendaal Lucas	83	08-021	50.60	25m	12-10-95	Heemskerk (NED)	124
206.	Glorie Jan	57	08-021	50.88	25m	23-1-09	Vlissingen (NED)	122
207.	van Els Thomas	82	08-021	50.90	25m	16-3-94		122
207.	Thijssen Dave	82	08-021	50.90	25m	20-10-94	Heemskerk (NED)	122
209.	Zonneveld Alex	90	08-021	50.93	25m	7-10-01	Zaandam (NED)	121
210.	Brands Ronald	75	08-021	51.00	25m	15-3-87	Heemskerk (NED)	121
211.	Jong Ron	77	08-021	51.10	25m	14-12-89	Heemskerk (NED)	120
212.	van der Linden René	70	08-021	51.20	25m	3-5-81	Zaandam (NED)	119

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213.	Apeldoorn Alex	89	08-021	51.24	25m	14-12-00	Heemskerk (NED)	119
214.	Groot Tim	99	08-021	51.28	25m	2-10-11	Heemskerk (NED)	119
215.	de Buyzer Eelco	64	08-021	51.40	25m	22-4-78	Heemskerk (NED)	118
216.	Martens Andre	70	08-021	51.50	25m	29-11-82	Heemskerk (NED)	117
217.	Welboren Mischa	89	08-021	51.58	25m	24-9-98	Heemskerk (NED)	117
218.	van der Kolk Bart	69	08-021	51.70	25m	10-2-80	Heerhugowaard (NED)	116
219.	Welp Andre	65	08-021	51.80	25m	17-9-77	Heemskerk (NED)	115
220.	Gouweleeuw Raymond	88	08-021	51.85	25m	16-12-99	Heemskerk	115
221.	Hoogeterp Klaas	67	08-021	51.90	25m	4-10-80	Heemskerk (NED)	115
222.	Mulder Mark	97	08-021	51.94	25m	13-11-11	Zaandam (NED)	114
223.	de Ruijter Jaap	85	08-021	52.10	25m	10-10-96	Heemskerk (NED)	113
224.	van Dijk Mitchell	99	08-021	52.16	25m	8-11-09	Heemstede (NED)	113
225.	Ursem Rob	69	08-021	52.20	25m	14-3-81	Heemskerk (NED)	113
225.	de Groot Pieter	83	08-021	52.20	25m	19-10-94		113
227.	van de Sluis Ignat	69	08-021	52.30	25m	14-3-81	Heemskerk (NED)	112
228.	Verhagen Bart	85	08-021	52.40	25m	14-1-96	Zuidoost Beemster (NED)	111
229.	van Hardeveld Richard	69	08-021	52.50	25m	14-3-81	Heemskerk (NED)	111
229.	Huis in 't Veld Lorenzo	03	08-021	52.50	25m	9-10-16	Alkmaar (NED)	111
231.	Beintema Andre	64	08-021	52.60	25m	17-9-77	Heemskerk (NED)	110
232.	Ramaakers Raymond	91	08-021	52.67	25m	20-4-03	Haarlem	110
233.	Buur Michael	87	08-021	52.90	25m	9-4-98	Heemskerk (NED)	108
234.	Hagebout Erwin	65	08-021	53.00	25m	17-9-77	Heemskerk (NED)	108
234.	Tholen Martijn	72	08-021	53.00	25m	20-9-81	Den Helder (NED)	108
236.	Welboren Mark	87	08-021	53.04	25m	15-11-98	Zaandam (NED)	107
237.	ten Cate Raymond	82	08-021	53.20	25m	24-4-94	Zaandam (NED)	106
237.	Zwaan Nick	94	08-021	53.20	25m	26-2-04	Heemskerk (NED)	106
239.	Jungbacker Rick	65	08-021	53.40	25m	10-2-80	Heerhugowaard (NED)	105
240.	van Heerwaarden Marcel	65	08-021	53.60	25m	17-9-77	Heemskerk (NED)	104
241.	Jong Gregory	80	08-021	53.70	25m	1-3-90	Heemskerk (NED)	103
242.	Meijer Viggo	06	08-021	53.79	25m	4-11-18	Alkmaar (NED)	103
243.	Schipper Erik	72	08-021	54.00	25m	20-9-81	Den Helder (NED)	102
243.	Viel Stefan	88	08-021	54.00	25m	9-4-98	Heemskerk (NED)	102
245.	Rasch Wilco	68	08-021	54.10	25m	4-10-80	Heemskerk (NED)	101
246.	Verhagen Michel	82	08-021	54.20	25m	12-10-95	Heemskerk (NED)	101
247.	Zwetsloot Paul	65	08-021	54.40	25m	10-2-80	Heerhugowaard (NED)	99
247.	van Wijk Peter	87	08-021	54.40	25m	9-4-98	Heemskerk (NED)	99
249.	van Heerwaarden Stefan	70	08-021	54.50	25m	14-3-81	Heemskerk (NED)	99
250.	van Lieshout Rick	78	08-021	54.80	25m	7-2-91	Heemskerk (NED)	97
251.	Put Nico	67	08-021	55.00	25m	16-3-80	Heemskerk (NED)	96
251.	van Hoytema Max	98	08-021	55.00	25m	27-9-09	Hoom (NED)	96
253.	Blaauw Xam	07	08-021	55.12	25m	13-5-18	Haarlem (NED)	96
254.	van Tilburg Beau	07	08-021	55.23	25m	11-10-18	Heemskerk (NED)	95
255.	van de Sluis Erwin	71	08-021	55.40	25m	14-3-81	Heemskerk (NED)	94
256.	de Wit Matthew	97	08-021	55.45	25m	12-4-18	Heemskerk (NED)	94
257.	Hartog Klaas	90	08-021	55.59	25m	26-4-01	Heemskerk (NED)	93
258.	Brouwer Nick	68	08-021	55.60	25m	10-2-80	Heerhugowaard (NED)	93
259.	Cekic Deniz	97	08-021	55.82	25m	16-11-08	Amsterdam-oost (NED)	92
260.	Wassenaar Teun	03	08-021	55.83	25m	30-1-14	Heemskerk (NED)	92
261.	van der Kolk Rob	68	08-021	55.90	25m	10-2-80	Heerhugowaard (NED)	92
262.	de Boer Sem	02	08-021	55.98	25m	20-1-13	Heemskerk (NED)	91
263.	van der Weide Bas	75	08-021	56.10	25m	3-5-90	Heemskerk (NED)	91
264.	Verhagen Jeroen	84	08-021	56.20	25m	15-1-95	Alkmaar (NED)	90
265.	van Heerwaarden Gerard	70	08-021	56.50	25m	14-3-81	Heemskerk (NED)	89

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266.	van Honk Arjan	82	08-021	56.70	25m	8-11-90	Heemskerk (NED)	88
267.	de Wit Job	98	08-021	57.04	25m	25-11-07	Amsterdam (NED)	86
268.	Ruyter Jurgen	60	08-021	57.50	25m	30-3-76	Heemskerk (NED)	84
269.	van der Berg Job	98	08-021	57.59	25m	22-1-09	Heemskerk (NED)	84
270.	Sadeghi Hosseen	90	08-021	57.80	25m	27-11-03	Heemskerk (NED)	83
271.	Manshanden Davy	68	08-021	58.30	25m	15-9-79	Heemskerk (NED)	81
272.	Josselet Martin	91	08-021	58.39	25m	28-2-02	Heemskerk	80
273.	Steenkamp Erwin	92	08-021	58.57	25m	27-9-01	Heemskerk	80
274.	Smith Robert	88	08-021	59.19	25m	26-4-01	Heemskerk (NED)	77
275.	Haasnoot Richard	69	08-021	59.80	25m	10-2-80	Heerhugowaard (NED)	75
276.	Lanser Werner	71	08-021	1:00.00	25m	14-3-81	Heemskerk (NED)	74
277.	Bruins Jacco	67	08-021	1:00.10	25m	15-9-79	Heemskerk (NED)	74
278.	Witkamp Jochem	91	08-021	1:00.22	25m	20-12-01	Heemskerk	73
279.	Visvaligam Athithyan	02	08-021	1:00.23	25m	21-4-13	Heemskerk (NED)	73
280.	Steenstra Martijn	72	08-021	1:00.70	25m	4-10-80	Heemskerk (NED)	71
281.	Grapendaal Aad	42	08-021	1:01.41	25m	30-1-14	Heemskerk (NED)	69
282.	Schoonenberg Dave	74	08-021	1:02.50	25m	29-11-82	Heemskerk (NED)	65
283.	Jayasinghe Asanka	84	08-021	1:02.60	25m	10-10-96	Heemskerk (NED)	65
284.	Heesterbeek Mathijs	00	08-021	1:02.91	25m	7-2-10	Haarlem (NED)	64
285.	Spijker Jesse	91	08-021	1:04.29	25m	25-5-00	Heemskerk (NED)	60
286.	Havenaars Fabian	72	08-021	1:05.00	25m	29-11-82	Heemskerk (NED)	58
287.	Bus Marcel	73	08-021	1:05.30	25m	29-11-82	Heemskerk (NED)	57
288.	Gabriels Edwin	67	08-021	1:07.70	25m	16-3-80	Heemskerk (NED)	51
289.	Butter Stijn	11	08-021	1:10.09	25m	11-10-18	Heemskerk (NED)	46
290.	Pettinga Rodney	85	08-021	1:11.10	25m	14-3-96	Heemskerk (NED)	44
291.	Roemeling Nicky	87	08-021	1:14.40	25m	11-1-96	Heemskerk (NED)	39
292.	Landman John	75	08-021	1:25.00	25m	29-11-82	Heemskerk (NED)	26
293.	Duin Toep	74	08-021	1:25.60	25m	29-11-82	Heemskerk (NED)	25
294.	Hartog Joep	93	08-021	1:26.88	25m	26-4-01	Heemskerk (NED)	24
295.	van Dijk Dennis	72	08-021	1:41.20	25m	29-11-82	Heemskerk (NED)	15
296.	Mul Wilbert	75	08-021	1:42.90	25m	29-11-82	Heemskerk (NED)	14

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1.	Oudendijk Paul	81	08-021	1:08.99	25m	28-12-03	Maastricht (NED)	523
2.	de Boer Stephan	83	08-021	1:13.69	25m	13-12-98	Heemskerk (NED)	429
3.	van Rijn Michael	70	08-021	1:13.70	25m	11-5-86		429
4.	Hogenstijn Peter	84	08-021	1:13.82	25m	15-4-01	Haarlem (NED)	427
5.	Kuilman Joris	80	08-021	1:13.90	25m	24-5-98	Zaandam (NED)	426
6.	de Ruijter Richard	88	08-021	1:14.48	25m	25-1-04	Aalsmeer (NED)	416
7.	Keessen Jeroen	67	08-021	1:14.80	25m	28-10-84	Egmond (NED)	410
8.	Breton Wouter	89	08-021	1:14.89	50m	23-5-09	Beverwijk (NED)	443
9.	Schaaper Bart	73	08-021	1:15.30	25m	17-9-88		402
10.	Crok Pieter	91	08-021	1:16.03	25m	27-3-08	Heemskerk (NED)	391
11.	Camphuijnder Wilko	69	08-021	1:16.10	25m	21-9-97	Alkmaar (NED)	390
11.	Meijer Arno	75	08-021	1:16.10	25m	13-4-98	Haarlem (NED)	390
13.	Butter Martijn	79	08-021	1:16.26	25m	29-3-01	Heemskerk (NED)	387
14.	Bok Reitze	73	08-021	1:16.60	25m	16-12-90	Heemskerk (NED)	382
15.	Tamis Thijs	82	08-021	1:16.63	25m	11-3-01	Zaandam (NED)	382
16.	Kleijne Barry	93	08-021	1:16.72	25m	18-9-14	Heemskerk (NED)	380
17.	van der Gracht Jory	87	08-021	1:16.74	25m	31-10-13	Heemskerk (NED)	380
18.	Beentjes Bastiaan	78	08-021	1:16.82	25m	12-3-00	Heemskerk (NED)	379
19.	Dijkstra Menno	68	08-021	1:17.00	25m	20-12-86	Hilversum (NED)	376

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20.	Glorie Daan	88	08-021	1:17.01	25m	26-10-14	Zaandam (NED)	376
21.	Hermans Luuk	85	08-021	1:17.32	25m	19-3-06	Heemskerk (NED)	372
22.	Palmboom Pascal	89	08-021	1:17.42	25m	19-11-09	Heemskerk (NED)	370
23.	Jongert Jeroen	96	08-021	1:17.43	25m	13-10-16	Heemskerk (NED)	370
24.	Di Mattia Angelo	97	08-021	1:17.87	25m	15-3-15	Zaandam (NED)	364
25.	van Duin Peter	65	08-021	1:18.20	25m	6-2-83		359
26.	van der Kroft Barry	82	08-021	1:18.43	25m	24-4-03	Heemskerk	356
27.	Kerkhof Arno	72	08-021	1:18.50	25m	17-9-88		355
28.	Schaaper Hans	68	08-021	1:18.60	25m	9-3-89	Heemskerk (NED)	354
29.	Stins Arnold	83	08-021	1:18.67	25m	23-4-00	Haarlem (NED)	353
30.	Stam Daniël	79	08-021	1:18.70	25m	30-8-97	Assendelft (NED)	352
31.	Hagebout Marcel	68	08-021	1:18.80	25m	10-4-83	Heemskerk (NED)	351
32.	Druyven Jorrick	94	08-021	1:19.09	25m	27-3-08	Heemskerk (NED)	347
33.	Jongert Sjoerd	01	08-021	1:19.11	25m	13-10-16	Heemskerk (NED)	347
34.	Essers Tim	88	08-021	1:19.14	25m	16-10-05	Alkmaar (NED)	346
35.	Tijms Stefan	93	08-021	1:19.37	25m	12-1-14	Purmerend (NED)	343
36.	van de Poll Kevin	86	08-021	1:19.68	25m	28-12-03	Maastricht (NED)	339
37.	van Beek Klaas	88	08-021	1:19.93	25m	7-2-10	Heemstede (NED)	336
38.	van Rookhuizen Barry	82	08-021	1:19.96	25m	7-4-02	Heemskerk	336
39.	Korzelius Ron	65	08-021	1:20.10	25m	28-10-84	Egmond (NED)	334
40.	Andeweg Celedonio	76	08-021	1:20.30	25m	15-1-94		332
41.	Wassenaar Marcel	69	08-021	1:20.40	25m	19-2-89	Heemskerk (NED)	330
42.	Steenbergen Roderik	82	08-021	1:20.49	25m	16-3-03	Heemskerk	329
43.	Schelvis Sjeng	89	08-021	1:20.67	25m	31-3-05	Heemskerk (NED)	327
44.	Kranenburg Fred	63	08-021	1:20.70	25m	12-2-84	Heemskerk (NED)	327
45.	Hoening Jarl	86	08-021	1:20.74	25m	7-6-03	Z.o. Beemster	326
46.	Gaal Koen	99	08-021	1:21.31	25m	11-10-18	Heemskerk (NED)	319
47.	Dekker Matthijs	90	08-021	1:21.51	25m	20-2-05	Aalsmeer (NED)	317
48.	Goverde Ad	59	08-021	1:21.90	25m	31-12-79		313
49.	de Wit Stephen	93	08-021	1:21.95	25m	31-10-13	Heemskerk (NED)	312
50.	Pover Peter	69	08-021	1:22.10	25m	28-9-86		310
51.	Butter Joris	86	08-021	1:22.17	25m	18-4-04	Zaandam (NED)	309
52.	Zwaan Bas	76	08-021	1:22.20	25m	17-3-94	Heemskerk	309
53.	Kramer Vincent	82	08-021	1:22.40	25m	7-5-98	Heemskerk (NED)	307
54.	Oortwijn Maarten	80	08-021	1:22.50	25m	13-2-97	Heemskerk (NED)	306
55.	Hulshof Patrick	75	08-021	1:22.60	25m	1-12-91	Heemskerk (NED)	305
56.	de Caluwe Johan	64	08-021	1:23.00	25m	16-3-80	Zandvoort (NED)	300
57.	Kemmeren Andre	88	08-021	1:23.02	25m	28-11-04	Heemskerk (NED)	300
58.	Missot Paul	64	08-021	1:23.20	25m	27-1-80	Zaandam (NED)	298
58.	Plokker Robert	65	08-021	1:23.20	25m	6-2-83		298
60.	Goverde Jeroen	73	08-021	1:23.40	25m	27-9-90	Heemskerk (NED)	296
61.	Kemmeren Ferry	91	08-021	1:23.43	25m	26-5-07	Purmerend (NED)	296
62.	Verbree John	61	08-021	1:23.60	25m	31-12-85		294
63.	de Vries Dylan	93	08-021	1:23.62	25m	2-10-11	Heemskerk (NED)	294
64.	Hof Ronnalt	60	08-021	1:24.00	25m	26-2-78	Castricum (NED)	290
64.	Verdonk Pim	63	08-021	1:24.00	25m	7-5-78	Assendelft (NED)	290
66.	Offringa Rick	03	08-021	1:24.13	25m	11-10-18	Heemskerk (NED)	288
67.	de Vijlder Michael	75	08-021	1:24.50	25m	16-10-94	Heemskerk (NED)	285
68.	Switser René	75	08-021	1:24.80	25m	5-11-89	Heemskerk (NED)	282
68.	de Boer Daniël	77	08-021	1:24.80	25m	16-3-95	Heemskerk (NED)	282
70.	Hoening Sten	84	08-021	1:24.84	25m	7-6-03	Z.o. Beemster	281
71.	de Vries Allard	96	08-021	1:25.14	25m	10-11-13	Zaandam (NED)	278
72.	de Caluwé Niels	91	08-021	1:25.37	25m	29-12-06	Maastricht (NED)	276

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73.	van de Sluis Nicolai	66	08-021	1:25.50	25m	10-1-81	Hilversum (NED)	275
74.	Krijger Jan-Willem	81	08-021	1:25.60	25m	12-4-98	Haarlem (NED)	274
75.	Gaal Roel	01	08-021	1:26.13	25m	11-10-18	Heemskerk (NED)	269
76.	Schaap Paul	75	08-021	1:26.20	25m	6-1-90	Hilversum (NED)	268
77.	van Honschoten Jacky	67	08-021	1:26.30	25m	16-1-83	Heemskerk (NED)	267
77.	Oortwijn Bouke	78	08-021	1:26.30	25m	27-11-93		267
79.	Overmeer Michel	60	08-021	1:26.40	25m	10-12-77	Heemskerk (NED)	266
80.	Camphuijnder Jasper	05	08-021	1:26.54	25m	24-11-18	Hoofddorp (NED)	265
81.	Lamers Koen	91	08-021	1:26.62	25m	21-1-07	Zaandam (NED)	264
82.	Groen Jarno	01	08-021	1:26.67	25m	11-10-18	Heemskerk (NED)	264
83.	Smit Erik	64	08-021	1:26.70	25m	13-12-80	Heemskerk (NED)	263
84.	Bleijendaal Thomas	88	08-021	1:26.88	25m	26-2-04	Heemskerk (NED)	262
85.	Woudsma Stefan	00	08-021	1:27.41	25m	14-1-18	Purmerend (NED)	257
86.	Oortwijn Kalle	05	08-021	1:27.42	25m	4-11-18	Alkmaar (NED)	257
87.	van der Bunt Raymond	73	08-021	1:27.60	25m	27-9-90	Heemskerk (NED)	255
88.	Windmuller Ton	62	08-021	1:27.70	25m	1-9-79	Heemskerk (NED)	254
89.	Deen Peter	59	08-021	1:27.80	25m	9-11-75	Alkmaar (NED)	254
90.	Martijn Onno	91	08-021	1:27.89	25m	27-3-08	Heemskerk (NED)	253
90.	de Weert Sander	72	08-021	1:27.89	25m	20-11-11	Almere-Stad (NED)	253
92.	van Hannen Erik	67	08-021	1:28.00	25m	28-2-82		252
93.	de Ruijter René	86	08-021	1:28.17	25m	20-3-05	Heemstede (NED)	250
94.	Zonneveld Jeroen	78	08-021	1:28.30	25m	26-4-98	Alkmaar (NED)	249
95.	Ijntema Tjeerd	99	08-021	1:28.86	25m	9-10-16	Alkmaar (NED)	245
96.	Tijms Eric	64	08-021	1:29.20	25m	30-10-08	Heemskerk (NED)	242
97.	de Wildt Thijs	94	08-021	1:29.41	25m	19-11-09	Heemskerk (NED)	240
98.	Zijlstra Jeroen	80	08-021	1:29.50	25m	5-2-95	Assendelft (NED)	239
99.	Kemper Marcel	65	08-021	1:29.60	25m	22-11-80	Heemskerk (NED)	239
100.	Doodeman Niels	89	08-021	1:30.44	25m	7-4-02	Heemskerk	232
101.	Oortwijn Guido	78	08-021	1:30.80	25m	15-12-91	Heemskerk (NED)	229
101.	Bal Chester	78	08-021	1:30.80	25m	6-4-97	Heemskerk (NED)	229
103.	Dekker Erik	62	08-021	1:30.90	25m	13-10-79	Heemskerk (NED)	228
104.	Vink Gé	60	08-021	1:31.19	25m	19-11-09	Heemskerk (NED)	226
105.	Roosendaal Ben	66	08-021	1:31.60	25m	12-10-80	Wormerveer (NED)	223
106.	Kerdijk Dennis	79	08-021	1:31.70	25m	8-2-96	Heemskerk (NED)	223
107.	Woudsma Maarten	01	08-021	1:31.82	25m	18-12-16	Heemskerk (NED)	222
108.	Koopman Axel	92	08-021	1:31.85	25m	16-4-06	Haarlem (NED)	221
109.	de Boer Elias	70	08-021	1:32.20	25m	28-10-84	Egmond (NED)	219
109.	van der Linden René	70	08-021	1:32.20	25m	28-10-84	Egmond (NED)	219
109.	van Vegten Teun	01	08-021	1:32.20	25m	14-1-18	Purmerend (NED)	219
112.	Duin Goos	00	08-021	1:32.57	25m	24-9-15	Heemskerk (NED)	216
113.	Windmuller Hans-Pieter	60	08-021	1:32.60	25m	23-10-77	Zandvoort (NED)	216
114.	Ursem Jerre	73	08-021	1:32.70	25m	13-12-87	Assendelft (NED)	215
115.	Dekker Rudie	78	08-021	1:32.90	25m	20-11-94	Wormerveer (NED)	214
116.	Dekker Ruben	93	08-021	1:33.12	25m	29-12-05	Maastricht (NED)	212
117.	den Exter Peter	63	08-021	1:33.50	25m	4-4-96	Heemskerk (NED)	210
118.	Blaauw Eric	67	08-021	1:34.61	25m	11-10-12	Heemskerk (NED)	203
119.	Vlieland Roy	99	08-021	1:35.12	25m	18-5-13	Purmerend (NED)	199
120.	van den Akker Dennis	63	08-021	1:35.20	25m	3-6-78	Z.O. Beemster (NED)	199
121.	Wolf Gert Jan	65	08-021	1:35.40	25m	6-2-83		198
122.	van Baal Elvin	86	08-021	1:35.47	25m	28-3-02	Heemskerk	197
123.	Tuinstra Sean	98	08-021	1:35.56	25m	11-10-12	Heemskerk (NED)	197
124.	Smit Arend	88	08-021	1:35.60	25m	29-3-01	Heemskerk (NED)	196
125.	Kock Albert	61	08-021	1:36.40	25m	31-12-75		191

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126.	Geijzen Jacques	67	DEM/OEZA	1:36.45	25m	31-10-13	Heemskerk (NED)	191
127.	de Rooij Roel	87	08-021	1:36.52	25m	4-4-99	Haarlem (NED)	191
128.	Hof Peter	62	08-021	1:36.90	25m	10-12-77	Heemskerk (NED)	189
129.	Oudendijk Hans	54	08-021	1:36.97	25m	3-5-08	Winterswijk (NED)	188
130.	Borst Corné	96	08-021	1:37.04	25m	11-3-12	Zaandam (NED)	188
131.	van der Heijden Hans	60	08-021	1:37.20	25m	24-4-76	Heemskerk (NED)	187
132.	Ursem Rob	69	08-021	1:37.40	25m	12-2-84	Heemskerk (NED)	186
133.	de Boer Tobias	02	08-021	1:37.57	25m	6-3-16	Purmerend (NED)	185
134.	van Hardeveld Richard	69	08-021	1:37.80	25m	6-2-83		183
135.	Schillemans Bram	99	08-021	1:37.84	25m	13-10-16	Heemskerk (NED)	183
136.	de Caluwe Perry	61	08-021	1:39.00	25m	1-9-79	Heemskerk (NED)	177
137.	Jacobs Patrick	87	08-021	1:39.01	25m	28-3-02	Heemskerk	177
138.	Tholen Martijn	72	08-021	1:39.20	25m	22-1-84	Zandvoort (NED)	176
139.	Crok Dirk	58	08-021	1:39.44	25m	11-10-12	Heemskerk (NED)	174
140.	Josselet Bart	84	08-021	1:39.55	25m	26-9-98	Assendelft (NED)	174
141.	Huisman Rene	69	08-021	1:39.70	25m	6-2-83		173
141.	Arends Martin	81	08-021	1:39.70	25m	20-3-93		173
143.	Dam Norbert	92	08-021	1:39.73	25m	5-6-04	Zaandam (NED)	173
144.	van der Gracht Adrie	57	08-021	1:40.31	25m	31-5-07	Heemskerk (NED)	170
145.	Kuijl Ben	62	08-021	1:40.40	25m	21-5-78	Heemskerk (NED)	169
146.	van Dijck Bart	63	08-021	1:40.60	25m	26-2-78	Castricum (NED)	168
146.	de Buyzer Eelco	64	08-021	1:40.60	25m	13-10-79	Heemskerk (NED)	168
148.	Boonacker Wietse	68	08-021	1:41.20	25m	24-1-82		165
149.	de Rooij Coen	89	08-021	1:41.64	25m	16-1-00	Zaandam (NED)	163
149.	Groot Sander	88	08-021	1:41.64	25m	16-1-00	Zaandam (NED)	163
151.	de Roode Jeremiah	99	08-021	1:41.67	25m	13-3-11	Heemskerk (NED)	163
152.	Veldhuis Christian	88	08-021	1:41.91	25m	22-4-01	Heemskerk (NED)	162
153.	de Groot Peter	80	08-021	1:42.10	25m	16-3-95	Heemskerk (NED)	161
154.	van Heerwaarden Chiel	05	08-021	1:42.71	25m	9-12-18	Zaandam (NED)	158
155.	Kloppenburg Albert	82	08-021	1:42.90	25m	16-1-94	Heemskerk	157
156.	de Vriend Ruben	03	08-021	1:43.02	25m	6-10-13	Heemskerk (NED)	157
157.	Kooistra André	88	08-021	1:43.70	25m	27-1-00	Heemskerk (NED)	154
158.	van Heerwaarden Stefan	70	08-021	1:43.90	25m	6-2-83		153
159.	Feyen Erik	66	08-021	1:44.00	25m	21-5-78	Heemskerk (NED)	152
160.	van Rijn Ian	05	08-021	1:44.09	25m	9-11-17	Heemskerk (NED)	152
161.	Blaauw Mica	05	08-021	1:44.33	25m	9-12-18	Zaandam (NED)	151
162.	van Rixel Ferry	64	08-021	1:44.60	25m	10-12-77	Heemskerk (NED)	150
163.	Vos Daniël	91	08-021	1:44.84	25m	14-1-07	Amsterdam (NED)	149
164.	Litjens Olaf	99	08-021	1:44.98	25m	7-10-12	Zaandam (NED)	148
165.	Aardenburg Koen	91	08-021	1:45.12	25m	31-3-05	Heemskerk (NED)	148
166.	Piek Roy	89	08-021	1:45.35	25m	10-3-02	Heemskerk	147
167.	de Graaf Peter	76	08-021	1:45.50	25m	31-12-86		146
168.	Jong Ron	77	08-021	1:45.90	25m	1-3-90	Heemskerk (NED)	144
169.	Bokelaar Martijn	80	08-021	1:45.92	25m	15-11-09	Almere-Stad (NED)	144
170.	Hoekstra Marcel	78	08-021	1:46.00	25m	31-12-88		144
171.	Nijland Yoran	05	08-021	1:46.36	25m	9-11-17	Heemskerk (NED)	142
172.	Koning Arthur	96	08-021	1:46.54	25m	30-9-10	Heemskerk (NED)	142
173.	Teufer Florian	95	08-021	1:46.58	25m	14-1-07	Amsterdam (NED)	142
174.	Hoogeterp Klaas	67	08-021	1:46.70	25m	21-9-80	Heemskerk (NED)	141
175.	de Groot Michiel	91	08-021	1:46.72	25m	31-10-02	Heemskerk	141
176.	de Caluwé Thijs	82	08-021	1:46.80	25m	16-3-95	Heemskerk (NED)	141
177.	van Sleen Robin	90	08-021	1:46.86	25m	20-4-03	Haarlem	140
178.	van Lieshout Martin	76	08-021	1:46.90	25m	7-2-88	Heemskerk (NED)	140

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178.	ten Cate Raymond	82	08-021	1:46.90	25m	22-1-95	Castricum (NED)	140
180.	Yayli Serkan	92	08-021	1:47.15	25m	8-2-04	Zaandam (NED)	139
181.	Nolte Martijn	74	08-021	1:47.50	25m	15-12-84	Hilversum (NED)	138
182.	Sikkema Joris	86	08-021	1:47.52	25m	21-3-99	Assendelft (NED)	138
183.	Dekker Johnny	67	08-021	1:47.70	25m	21-5-78	Heemskerk (NED)	137
184.	Heeremans Tim	78	08-021	1:48.00	25m	1-10-89	Zaandam (NED)	136
185.	de Moes Paul	70	08-021	1:48.60	25m	12-2-84	Heemskerk (NED)	134
186.	Vacca Sandro	04	08-021	1:48.77	25m	12-3-17	Purmerend (NED)	133
187.	Smit Rob	69	08-021	1:49.10	25m	27-4-80	Assendelft (NED)	132
188.	van Dijk Mitchell	99	08-021	1:49.18	25m	6-6-10	Zaandam (NED)	132
189.	Beeksma Coen	90	08-021	1:49.65	25m	13-1-02	Zaandam	130
190.	Wassenaar Joris	01	08-021	1:49.78	25m	9-3-14	Zaandam (NED)	129
191.	Teufer Lorentz	96	08-021	1:49.83	25m	14-1-07	Amsterdam (NED)	129
192.	Arends Peter	79	08-021	1:50.00	25m	20-12-92	Volendam (NED)	129
193.	van Heerwaarden Gerard	70	08-021	1:50.20	25m	28-2-82		128
193.	Wassenaar Edwin	72	08-021	1:50.20	25m	27-2-83	Assendelft (NED)	128
195.	Bleijendaal Lucas	83	08-021	1:50.30	25m	29-10-95	Castricum (NED)	128
196.	van de Wijst Peter	69	08-021	1:50.40	25m	18-1-81	Zaandam (NED)	127
196.	de Groot Pieter	83	08-021	1:50.40	25m	5-2-94		127
198.	Schipper Erik	72	08-021	1:51.20	25m	27-2-83	Assendelft (NED)	125
199.	Thijssen Dave	82	08-021	1:51.30	25m	22-1-95	Castricum (NED)	124
200.	Huis in 't Veld Lorenzo	03	08-021	1:51.42	25m	9-10-16	Alkmaar (NED)	124
201.	Mulder Mark	97	08-021	1:51.72	25m	13-11-11	Zaandam (NED)	123
202.	Komen Berend	97	08-021	1:52.20	25m	14-11-10	Castricum (NED)	121
203.	Groot Tim	99	08-021	1:52.63	25m	2-10-11	Heemskerk (NED)	120
204.	Snel Jeffrey	86	08-021	1:52.87	25m	16-1-00	Zaandam (NED)	119
205.	Zonneveld Alex	90	08-021	1:52.88	25m	29-11-01	Heemskerk	119
206.	Wiegman Stefan	74	08-021	1:52.90	25m	7-10-84	Volendam (NED)	119
207.	Welboren Mischa	89	08-021	1:53.06	25m	20-12-98	Alkmaar (NED)	118
208.	van de Sluis Erwin	71	08-021	1:53.20	25m	19-12-81	Hilversum (NED)	118
209.	Rasch Wilco	68	08-021	1:53.40	25m	13-12-80	Heemskerk (NED)	117
210.	Manshanden Davy	68	08-021	1:53.70	25m	13-12-80	Heemskerk (NED)	116
211.	Verhagen Michel	82	08-021	1:53.90	25m	24-11-94	Heemskerk (NED)	116
212.	Meijer Viggo	06	08-021	1:53.96	25m	4-11-18	Alkmaar (NED)	116
213.	van Leeuwen Elbert	73	08-021	1:54.10	25m	6-2-83		115
214.	Welboren Mark	87	08-021	1:54.16	25m	29-10-98	Heemskerk (NED)	115
215.	Viel Stefan	88	08-021	1:54.90	25m	12-4-98	Haarlem (NED)	113
216.	Zwaan Nick	94	08-021	1:54.91	25m	14-12-03	Zaandam (NED)	113
217.	Blaauw Xam	07	08-021	1:55.28	25m	14-10-18	Heemskerk (NED)	112
218.	Vessies Max	03	08-021	1:55.34	25m	15-12-13	Zaandam (NED)	112
219.	Ramaakers Raymond	91	08-021	1:55.55	25m	26-2-04	Heemskerk (NED)	111
220.	Kreuger Dave	73	08-021	1:57.00	25m	2-9-84	Heemskerk (NED)	107
221.	Geurtsen Hans	61	08-021	1:57.20	25m	24-5-75	Z.O. Beemster (NED)	106
222.	Apeldoorn Alex	89	08-021	1:57.36	25m	1-10-00	Zaandam (NED)	106
223.	van Tilburg Beau	07	08-021	1:57.69	25m	11-10-18	Heemskerk (NED)	105
224.	de Ruijter Jaap	85	08-021	1:57.90	25m	20-10-96	Assendelft (NED)	104
225.	Liu Andy	04	08-021	1:58.45	25m	13-11-16	Purmerend (NED)	103
226.	Jong Gregory	80	08-021	1:58.80	25m	21-1-90	Zaandam (NED)	102
227.	de Ruijter Joost	74	08-021	1:59.10	25m	23-9-84	Heemskerk (NED)	101
228.	Gouweleeuw Raymond	88	08-021	1:59.60	25m	6-2-00	Haarlem (NED)	100
229.	Glorie Jan	57	08-021	1:59.76	25m	23-1-11	Heerenveen (NED)	100
230.	van Wijk Peter	87	08-021	1:59.79	25m	29-10-98	Heemskerk (NED)	100
231.	Hekman Sidney	71	08-021	2:00.50	25m	16-1-83	Heemskerk (NED)	98

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232.	van Els Thomas	82	08-021	2:00.70	25m	17-11-93		97
233.	Buur Michael	87	08-021	2:00.90	25m	8-2-98	Zaandam (NED)	97
234.	Visvaligam Athithiyan	02	08-021	2:00.96	25m	18-9-14	Heemskerk (NED)	97
235.	van Hoytema Max	98	08-021	2:01.08	50m	12-6-10	Beverwijk (NED)	105
236.	Welp Marco	72	08-021	2:01.20	25m	23-9-84	Heemskerk (NED)	96
237.	Bruins Jacco	67	08-021	2:01.60	25m	1-9-79	Heemskerk (NED)	95
238.	de Boer Sem	02	08-021	2:01.97	25m	9-12-12	Zaandam (NED)	94
239.	Verhagen Bart	85	08-021	2:02.30	25m	15-10-95	Alkmaar (NED)	94
240.	de Wit Job	98	08-021	2:02.71	25m	13-12-07	Heemskerk (NED)	93
241.	de Wit Matthew	97	08-021	2:02.84	25m	24-9-15	Heemskerk (NED)	92
242.	Wassenaar Teun	03	08-021	2:03.89	25m	31-10-13	Heemskerk (NED)	90
243.	van Lieshout Rick	78	08-021	2:03.90	25m	14-3-91	Heemskerk (NED)	90
244.	Apontoweil Joerie	67	08-021	2:04.00	25m	22-4-78	Heemskerk (NED)	90
245.	van der Berg Job	98	08-021	2:04.17	25m	30-10-08	Heemskerk (NED)	89
246.	Salic Keno	89	08-021	2:04.92	25m	29-11-01	Heemskerk	88
247.	Verhagen Jeroen	84	08-021	2:09.80	25m	22-1-95	Castricum (NED)	78
248.	Josselet Martin	91	08-021	2:10.22	25m	29-11-01	Heemskerk	77
249.	Steenstra Martijn	72	08-021	2:11.00	25m	21-9-80	Heemskerk (NED)	76
250.	Cekic Deniz	97	08-021	2:11.88	25m	13-1-08	Heemskerk (NED)	74
251.	Sadeghi Hosseen	90	08-021	2:15.69	25m	7-6-03	Z.o. Beemster	68
252.	Heesterbeek Mathijs	00	08-021	2:16.22	25m	30-9-10	Heemskerk (NED)	68
253.	Metz Aron	73	08-021	2:26.70	25m	7-11-81	Heemskerk (NED)	54
254.	Grapendaal Aad	42	08-021	2:29.17	25m	31-10-13	Heemskerk (NED)	51
255.	Pettinga Rodney	85	08-021	2:33.70	25m	4-4-96	Heemskerk (NED)	47

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1.	Oudendijk Paul	81	08-021	2:32.55	25m	18-1-09	Haarlem (NED)	492
2.	Hogenstijn Peter	84	08-021	2:38.53	25m	25-1-01	Heemskerk (NED)	438
3.	Tamis Thijs	82	08-021	2:42.36	25m	25-1-01	Heemskerk (NED)	408
4.	de Boer Stephan	83	08-021	2:42.40	25m	16-5-98	Zaandam (NED)	407
5.	Keessen Jeroen	67	08-021	2:44.10	25m	4-11-84	Heemskerk (NED)	395
6.	de Ruijter Richard	88	08-021	2:44.19	25m	30-10-03	Heemskerk	394
7.	Glorie Daan	88	08-021	2:45.33	25m	18-1-15	Zaandam (NED)	386
8.	Meijer Arno	75	08-021	2:45.60	25m	5-4-98	Heemskerk (NED)	384
9.	Camphuijnder Wilko	69	08-021	2:45.80	25m	9-10-97	Heemskerk (NED)	383
10.	van der Gracht Jory	87	08-021	2:45.91	25m	17-1-10	Amsterdam-oost (NED)	382
11.	van Rijn Michael	70	08-021	2:46.40	25m	20-4-86	Wormerveer (NED)	379
12.	Beentjes Bastiaan	78	08-021	2:49.13	25m	27-1-00	Heemskerk (NED)	361
13.	Kuilman Joris	80	08-021	2:49.70	25m	16-5-98	Zaandam (NED)	357
14.	Butter Martijn	79	08-021	2:49.74	25m	25-1-01	Heemskerk (NED)	357
15.	Stins Arnold	83	08-021	2:50.26	25m	25-1-01	Heemskerk (NED)	353
16.	Crok Pieter	91	08-021	2:50.28	25m	13-12-07	Heemskerk (NED)	353
17.	Jongert Sjoerd	01	08-021	2:50.51	25m	12-3-17	Purmerend (NED)	352
18.	Tijms Stefan	93	08-021	2:50.66	25m	19-1-14	Zaandam (NED)	351
19.	Wassenaar Marcel	69	08-021	2:51.40	25m	15-3-87	Heemskerk (NED)	346
20.	van Duin Peter	65	08-021	2:51.50	25m	21-3-82		346
21.	Di Mattia Angelo	97	08-021	2:51.66	25m	8-3-15	Zaandam (NED)	345
22.	Kleijne Barry	93	08-021	2:51.78	25m	18-1-15	Zaandam (NED)	344
23.	Dijkstra Menno	68	08-021	2:51.90	25m	15-3-87	Heemskerk (NED)	343
23.	Schaaper Bart	73	08-021	2:51.90	25m	31-12-88		343
25.	Bok Reitze	73	08-021	2:52.30	25m	22-3-90	Heemskerk (NED)	341
26.	Hermans Luuk	85	08-021	2:52.46	25m	27-11-05	Heemskerk (NED)	340

200 schoolslag (sinds 27)

27.	Kerkhof Arno	72	08-021	2:52.60	25m	22-3-90	Heemskerk (NED)	339
28.	Druyven Jorrick	94	08-021	2:53.08	25m	13-1-08	Heemskerk (NED)	336
29.	Steenbergen Roderik	82	08-021	2:54.91	25m	17-11-02	Heemskerk	326
30.	Stam Daniël	79	08-021	2:55.30	25m	9-10-97	Heemskerk (NED)	324
31.	Essers Tim	88	08-021	2:56.38	25m	5-10-03	Heemskerk (NED)	318
32.	van Rookhuizen Barry	82	08-021	2:56.87	25m	17-11-02	Heemskerk	315
33.	van der Kroft Barry	82	08-021	2:57.66	25m	25-1-01	Heemskerk (NED)	311
34.	Palmboom Pascal	89	08-021	2:58.26	25m	19-3-06	Heemskerk (NED)	308
35.	Dekker Matthijs	90	08-021	2:58.27	25m	6-3-05	Den Haag	308
36.	Schaaper Hans	68	08-021	2:58.40	25m	15-3-87	Heemskerk (NED)	307
37.	Schelvis Sjeng	89	08-021	2:58.57	25m	3-10-04	Heemskerk (NED)	306
38.	Kranenburg Fred	63	08-021	2:58.70	25m	31-5-81	Heerhugowaard (NED)	306
39.	Kramer Vincent	82	08-021	2:59.35	25m	9-11-03	Zaandam	302
40.	de Boer Daniël	77	08-021	3:00.40	25m	18-11-93	Heemskerk	297
40.	Gaal Koen	99	08-021	3:00.40	25m	4-2-18	Purmerend (NED)	297
42.	Andeweg Celedonio	76	08-021	3:01.10	25m	2-11-91		294
43.	de Vries Allard	96	08-021	3:01.15	25m	9-3-14	Zaandam (NED)	293
44.	Pover Peter	69	08-021	3:01.30	25m	21-3-90		293
45.	Butter Joris	86	08-021	3:01.60	25m	30-10-03	Heemskerk	291
46.	de Vries Dylan	93	08-021	3:02.38	25m	25-3-10	Heemskerk (NED)	287
47.	Goverde Ad	59	08-021	3:02.50	25m	9-9-79	Wormerveer (NED)	287
48.	Zwaan Bas	76	08-021	3:02.70	25m	24-11-94	Heemskerk (NED)	286
49.	Hoening Jarl	86	08-021	3:03.30	25m	29-11-01	Heemskerk	283
50.	Hof Ronnalt	60	08-021	3:04.30	25m	22-1-78	Zaandam (NED)	279
51.	de Wit Stephen	93	08-021	3:04.41	25m	13-3-11	Heemskerk (NED)	278
52.	van de Sluis Nicolai	66	08-021	3:04.50	25m	5-4-81	Heemskerk (NED)	278
53.	Offringa Rick	03	08-021	3:05.08	25m	18-3-18	Purmerend (NED)	275
54.	Krijger Jan-Willem	81	08-021	3:05.37	25m	11-10-98	Alkmaar (NED)	274
55.	Verdonk Pim	63	08-021	3:05.60	25m	7-5-78	Assendelft (NED)	273
56.	Kemmeren Andre	88	08-021	3:05.70	25m	28-11-04	Heemskerk (NED)	272
57.	Woudsma Stefan	00	08-021	3:05.93	25m	4-2-18	Purmerend (NED)	271
58.	Kemmeren Ferry	91	08-021	3:06.15	25m	1-10-06	Volendam (NED)	270
59.	Lamers Koen	91	08-021	3:06.28	25m	19-10-06	Heemskerk	270
60.	Hoening Sten	84	08-021	3:06.98	25m	18-1-04	IJmuiden (NED)	267
61.	van de Poll Kevin	86	08-021	3:07.20	25m	30-10-03	Heemskerk	266
62.	Oortwijn Bouke	78	08-021	3:08.20	25m	7-1-93	Heemskerk (NED)	262
63.	Hagebout Marcel	68	08-021	3:08.30	25m	7-11-81	Heemskerk (NED)	261
64.	van der Heijden Hans	60	08-021	3:08.70	25m	8-1-77	Heemskerk (NED)	260
65.	Oortwijn Maarten	80	08-021	3:08.90	25m	9-11-95	Heemskerk (NED)	259
66.	Verbree John	61	08-021	3:09.00	25m	29-11-87	Amstelveen (NED)	258
67.	Korzelius Ron	65	08-021	3:09.10	25m	29-11-87	Amstelveen (NED)	258
68.	Goverde Jeroen	73	08-021	3:10.10	25m	22-3-90	Heemskerk (NED)	254
68.	Hulshof Patrick	75	08-021	3:10.10	25m	6-1-93		254
70.	de Vijlder Michael	75	08-021	3:10.40	25m	24-11-94	Heemskerk (NED)	253
71.	Switser René	75	08-021	3:12.40	25m	22-3-90	Heemskerk (NED)	245
72.	Groen Jarno	01	08-021	3:12.66	25m	4-10-15	Purmerend (NED)	244
73.	Overmeer Michel	60	08-021	3:12.80	25m	21-5-78	Heemskerk (NED)	243
73.	Besse Niels	72	08-021	3:12.80	25m	5-11-89	Heemskerk (NED)	243
73.	Zonneveld Jeroen	78	08-021	3:12.80	25m	9-10-97	Heemskerk (NED)	243
76.	van der Bunt Raymond	73	08-021	3:13.00	25m	22-3-90	Heemskerk (NED)	243
77.	de Caluwé Niels	91	08-021	3:13.12	25m	30-9-07	Volendam (NED)	242
78.	de Ruijter René	86	08-021	3:13.15	25m	30-10-03	Heemskerk	242
79.	Plokker Robert	65	08-021	3:13.40	25m	7-11-81	Heemskerk (NED)	241

200 schoolslag (sinds 80)

80.	Oortwijn Kalle	05	08-021	3:13.48	25m	4-2-18	Purmerend (NED)	241
81.	Deen Peter	59	08-021	3:14.40	25m	8-1-77	Heemskerk (NED)	237
82.	Doodeman Niels	89	08-021	3:15.89	25m	29-11-01	Heemskerk	232
83.	Martijn Onno	91	08-021	3:15.90	25m	30-9-07	Volendam (NED)	232
84.	Kerdijk Dennis	79	08-021	3:16.20	25m	10-4-97	Heemskerk (NED)	231
85.	Zijlstra Jeroen	80	08-021	3:17.30	25m	9-11-95	Heemskerk (NED)	227
86.	Roosendaal Ben	66	08-021	3:19.10	25m	5-4-81	Heemskerk (NED)	221
87.	Duin Goos	00	08-021	3:19.23	25m	4-10-15	Purmerend (NED)	220
88.	Dekker Rudie	78	08-021	3:19.80	25m	18-11-93	Heemskerk	219
89.	Koopman Axel	92	08-021	3:20.45	25m	27-10-05	Heemskerk (NED)	216
90.	Bal Chester	78	08-021	3:20.70	25m	9-11-95	Heemskerk (NED)	216
91.	Windmuller Ton	62	08-021	3:20.90	25m	28-10-79	Heerhugowaard (NED)	215
92.	Ijntema Tjeerd	99	08-021	3:21.21	25m	2-10-16	Purmerend (NED)	214
93.	Vlieland Roy	99	08-021	3:22.20	25m	7-10-12	Zaandam (NED)	211
94.	van Hannen Erik	67	08-021	3:22.40	25m	7-11-81	Heemskerk (NED)	210
95.	Kock Albert	61	08-021	3:23.10	25m	24-5-75	Z.O. Beemster (NED)	208
96.	Dekker Ruben	93	08-021	3:23.77	25m	27-10-05	Heemskerk (NED)	206
97.	Vink Gé	60	08-021	3:24.03	25m	31-5-07	Heemskerk (NED)	205
98.	Bleijendaal Thomas	88	08-021	3:24.38	25m	30-10-03	Heemskerk	204
99.	van Vegten Teun	01	08-021	3:24.41	25m	12-3-17	Purmerend (NED)	204
100.	de Weert Sander	72	08-021	3:24.70	25m	8-1-11	Zwolle (NED)	203
101.	de Boer Tobias	02	08-021	3:25.49	25m	12-3-17	Purmerend (NED)	201
102.	de Caluwe Johan	64	08-021	3:26.10	25m	22-4-78	Heemskerk (NED)	199
103.	Tijms Eric	64	08-021	3:27.18	25m	12-6-11	Purmerend (NED)	196
104.	Arends Martin	81	08-021	3:28.80	25m	7-1-93	Heemskerk (NED)	191
105.	Thijssen Dave	82	08-021	3:29.80	25m	9-11-95	Heemskerk (NED)	189
106.	Blaauw Eric	67	08-021	3:29.92	25m	19-5-13	Purmerend (NED)	188
107.	Geurs Paul	57	08-021	3:30.40	25m	24-5-75	Z.O. Beemster (NED)	187
107.	de Rooij Roel	87	08-021	3:30.40	25m	16-1-99		187
109.	Oudendijk Hans	54	08-021	3:30.46	25m	4-5-08	Winterswijk (NED)	187
110.	van Honschoten Jacky	67	08-021	3:30.50	25m	19-10-80	Heemskerk (NED)	187
111.	Borst Corné	96	08-021	3:31.59	25m	2-10-11	Heemskerk (NED)	184
112.	Kemper Marcel	65	08-021	3:31.90	25m	28-10-79	Heerhugowaard (NED)	183
113.	Gaal Roel	01	08-021	3:31.92	25m	16-3-14	Zaandam (NED)	183
114.	Dam Norbert	92	08-021	3:34.74	25m	28-11-04	Heemskerk (NED)	176
115.	Litjens Olaf	99	08-021	3:36.74	25m	7-10-12	Zaandam (NED)	171
116.	Schillemans Bram	99	08-021	3:37.74	25m	4-2-18	Purmerend (NED)	169
117.	Veldhuis Christian	88	08-021	3:39.07	25m	18-11-01	Heemskerk	166
118.	Josselet Bart	84	08-021	3:39.89	25m	22-11-98	Zaandam (NED)	164
119.	Jacobs Patrick	87	08-021	3:39.91	25m	29-11-01	Heemskerk	164
120.	Woudsma Maarten	01	08-021	3:40.94	25m	22-3-15	Zaandam (NED)	161
121.	de Wildt Thijs	94	08-021	3:41.70	25m	15-3-09	Haarlem (NED)	160
122.	Dekker Erik	62	08-021	3:41.80	25m	8-1-77	Heemskerk (NED)	160
123.	Crok Dirk	58	08-021	3:43.05	25m	4-5-08	Winterswijk (NED)	157
124.	Boonacker Wietse	68	08-021	3:43.30	25m	7-11-81	Heemskerk (NED)	156
125.	Kooistra André	88	08-021	3:43.89	25m	20-2-00	Assendelft (NED)	155
126.	Wolf Gert Jan	65	08-021	3:43.90	25m	7-11-81	Heemskerk (NED)	155
127.	Tuinstra Sean	98	08-021	3:44.37	25m	25-3-10	Heemskerk (NED)	154
128.	Hof Peter	62	08-021	3:45.40	25m	8-1-77	Heemskerk (NED)	152
129.	Yayli Serkan	92	08-021	3:46.07	25m	28-10-04	Heemskerk (NED)	151
130.	Huisman Rene	69	08-021	3:47.20	25m	7-11-81	Heemskerk (NED)	148
131.	Arends Peter	79	08-021	3:47.80	25m	7-1-93	Heemskerk (NED)	147
132.	van der Linden René	70	08-021	3:48.50	25m	7-11-81	Heemskerk (NED)	146

200 schoolslag (sinds 133)

133.	Koning Arthur	96	08-021	3:49.18	25m	25-3-10	Heemskerk (NED)	145
134.	de Groot Peter	80	08-021	3:49.60	25m	15-6-95	Heemskerk (NED)	144
135.	Aardenburg Koen	91	08-021	3:49.75	25m	2-10-05	Zaandam (NED)	144
136.	Camphuijnder Jasper	05	08-021	3:49.81	25m	12-2-17	Purmerend (NED)	143
137.	Vos Daniël	91	08-021	3:50.26	25m	27-10-05	Heemskerk (NED)	143
138.	van den Akker Dennis	63	08-021	3:51.40	25m	8-1-77	Heemskerk (NED)	141
139.	de Caluwe Perry	61	08-021	3:51.80	25m	8-1-77	Heemskerk (NED)	140
139.	Bleijendaal Lucas	83	08-021	3:51.80	25m	9-11-95	Heemskerk (NED)	140
141.	ten Cate Raymond	82	08-021	3:51.90	25m	24-11-94	Heemskerk (NED)	140
142.	van Sleen Robin	90	08-021	3:52.00	25m	17-11-02	Heemskerk	139
143.	van der Gracht Adrie	57	08-021	3:53.00	25m	12-1-08	Zwolle (NED)	138
144.	Blaauw Mica	05	08-021	3:53.36	25m	4-2-18	Purmerend (NED)	137
145.	Ursem Rob	69	08-021	3:54.00	25m	7-11-81	Heemskerk (NED)	136
146.	Piek Roy	89	08-021	3:54.04	25m	18-11-01	Heemskerk	136
147.	Groot Tim	99	08-021	3:56.91	25m	9-10-11	Zaandam (NED)	131
148.	Jong Ron	77	08-021	3:57.10	25m	11-3-90	Assendelft (NED)	131
149.	Snel Jeffrey	86	08-021	3:58.59	25m	27-1-00	Heemskerk (NED)	128
150.	de Roode Jeremiah	99	08-021	4:00.03	25m	25-3-10	Heemskerk (NED)	126
151.	van Hardeveld Richard	69	08-021	4:00.20	25m	7-11-81	Heemskerk (NED)	126
152.	van Dijk Mitchell	99	08-021	4:02.56	25m	25-3-10	Heemskerk (NED)	122
153.	Huis in 't Veld Lorenzo	03	08-021	4:03.97	25m	18-9-16	Zaandam (NED)	120
154.	Komen Berend	97	08-021	4:04.27	25m	10-10-10	Zaandam (NED)	119
155.	de Rooij Coen	89	08-021	4:07.02	25m	24-1-99	Assendelft (NED)	115
156.	Kuijl Ben	62	08-021	4:07.50	25m	8-1-77	Heemskerk (NED)	115
157.	Verhagen Michel	82	08-021	4:08.00	25m	9-11-95	Heemskerk (NED)	114
158.	Ramaakers Raymond	91	08-021	4:09.09	25m	9-11-03	Zaandam	113
159.	de Caluwé Thijs	82	08-021	4:09.10	25m	24-11-94	Heemskerk (NED)	113
160.	van Heerwaarden Stefan	70	08-021	4:11.10	25m	7-11-81	Heemskerk (NED)	110
161.	Lamers Peter	57	08-021	4:11.29	25m	13-12-07	Heemskerk (NED)	110
162.	Apeldoorn Alex	89	08-021	4:11.44	25m	20-2-00	Assendelft (NED)	109
163.	van Dijck Bart	63	08-021	4:13.20	25m	8-1-77	Heemskerk (NED)	107
164.	Nijland Yoran	05	08-021	4:13.43	50m	21-1-18	Alkmaar (NED)	124
165.	Jong Gregory	80	08-021	4:14.80	25m	22-3-90	Heemskerk (NED)	105
166.	Glorie Jan	57	08-021	4:15.11	25m	10-1-09	Zwolle (NED)	105
167.	de Veer Albert	72	08-021	4:28.00	25m	2-9-84	Heemskerk (NED)	90
168.	van Hoytema Max	98	08-021	4:28.40	25m	25-3-10	Heemskerk (NED)	90
169.	Sadeghi Hosseen	90	08-021	4:33.78	25m	30-10-03	Heemskerk	85
170.	Heesterbeek Mathijs	00	08-021	5:02.50	25m	25-3-10	Heemskerk (NED)	63

500 schoolslag

1.	Oudendijk Paul	81	08-021	7:27.71	OW	8-7-06	Oss (NED)	
2.	Dekker Matthijs	90	08-021	8:22.25	OW	26-6-05	Breukelen (NED)	
3.	Druyven Jorrick	94	08-021	8:24.51	OW	4-8-07	Hoorn (NED)	
4.	de Ruijter Richard	88	08-021	8:28.39	OW	15-6-03	Spaarnwoude (NED)	
5.	van der Gracht Jory	87	08-021	8:36.29	OW	8-7-06	Oss (NED)	
6.	Crok Pieter	91	08-021	8:39.52	OW	1-7-07	Bodegraven (NED)	
7.	Glorie Daan	88	08-021	8:47.22	OW	21-8-04	Bussloo (NED)	
8.	Jongert Sjoerd	01	08-021	8:50.75	OW	4-9-16	Vlissingen (NED)	
9.	Tijms Stefan	93	08-021	9:15.90	OW	22-6-08	Breukelen (NED)	
10.	Palmboom Pascal	89	08-021	9:16.23	OW	21-8-04	Bussloo (NED)	
11.	Dekker Ruben	93	08-021	9:19.44	OW	2-7-05	Sluis (NED)	
12.	Kleijne Barry	93	08-021	9:25.47	OW	26-7-09	Langedijk (NED)	

500 schoolslag (sinds 13)

13. Kemmeren Ferry	91	08-021	9:40.74	OW	30-7-06	Hoom (NED)
14. Offringa Rick	03	08-021	9:43.60	OW	15-7-18	Amsterdam (NED)
15. de Weert Sander	72	08-021	10:17.92	OW	30-6-12	Scheerwolde (NED)
16. Vlieland Roy	99	08-021	10:25.80	OW	17-6-12	Spaarnwoude (NED)
17. Woudsma Stefan	00	08-021	11:18.19	OW	22-7-12	Amsterdam (NED)

800 schoolslag

1. Oudendijk Paul	81	08-021	11:39.47	25m	20-9-03	Hulst (NED)
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1000 schoolslag

1. Oudendijk Paul	81	08-021	14:53.32	OW	30-8-09	Oosterhout (NED)
2. Tijms Stefan	93	08-021	17:01.72	OW	21-7-13	Amsterdam (NED)
3. Crok Pieter	91	08-021	17:33.80	OW	30-6-07	Scheerwolde (NED)
4. van der Gracht Jory	87	08-021	17:36.42	OW	9-7-11	Wijk en Aalburg (NED)
5. Jongert Sjoerd	01	08-021	17:43.94	OW	23-7-16	Amstelveen (NED)
6. Dekker Matthijs	90	08-021	18:14.11	OW	23-7-05	Anna-Paulowna (NED)
7. Druyven Jorrick	94	08-021	18:25.74	OW	19-7-08	Anna-Paulowna (NED)
8. Stins Arnold	83	08-021	18:33.91	OW	25-7-10	Langedijk (NED)
9. Vink Gé	60	08-021	18:37.56	OW	30-8-09	Oosterhout (NED)
10. Oudendijk Hans	54	08-021	18:41.73	OW	30-8-09	Oosterhout (NED)
11. Butter Martijn	79	08-021	18:54.69	OW	15-9-07	Hank (NED)
12. de Weert Sander	72	08-021	19:09.03	OW	26-6-11	Sluis (NED)
13. Zwaan Bas	76	08-021	19:34.50	OW	12-7-94	Harderwijk (NED)
14. Tijms Eric	64	08-021	19:56.19	OW	22-6-08	Breukelen (NED)
15. van Beek Klaas	88	08-021	20:31.09	OW	15-8-09	Heerjansdam (NED)
16. Crok Dirk	58	08-021	21:04.90	OW	4-8-12	Hoom (NED)
17. Vlieland Roy	99	08-021	21:14.80	OW	28-7-12	Anna-Paulowna (NED)
18. Kleijne Barry	93	08-021	21:33.04	OW	17-8-08	Aalsmeer (NED)
19. van der Gracht Adrie	57	08-021	22:10.71	OW	25-8-07	Tilburg (NED)
20. Buur Rene	63	08-021	23:18.75	OW	17-8-13	Heerjansdam (NED)
21. Glorie Jan	57	08-021	24:34.21	OW	28-7-12	Anna-Paulowna (NED)

1250 schoolslag

1. Tijms Stefan	93	08-021	23:34.67	OW	21-7-18	Hoom (NED)
2. van der Gracht Jory	87	08-021	24:15.76	OW	21-7-18	Hoom (NED)
3. Tijms Eric	64	08-021	26:28.15	OW	10-9-17	Hoom (NED)
4. van der Gracht Adrie	57	08-021	35:27.26	OW	21-7-18	Hoom (NED)

1500 schoolslag

1. Oudendijk Paul	81	08-021	22:09.46	25m	20-9-03	Hulst (NED)
2. Jongert Sjoerd	01	08-021	28:06.00	OW	3-9-16	Wilhelminadorp (NED)
3. de Weert Sander	72	08-021	31:45.94	OW	30-6-12	Scheerwolde (NED)
4. Vink Gé	60	08-021	31:47.56	OW	30-6-12	Scheerwolde (NED)
5. van der Gracht Adrie	57	08-021	38:14.47	OW	30-6-12	Scheerwolde (NED)

2000 schoolslag

1. Oudendijk Paul	81	08-021	23:08.19	OW	8-7-07	Beusichem-Culemborg (NED)
2. Beentjes Bastiaan	78	08-021	32:37.50	OW	18-7-99	Eersel (NED)
3. Tamis Thijs	82	08-021	32:37.88	OW	23-6-02	Breukelen (NED)
4. Glorie Daan	88	08-021	33:10.63	OW	10-9-05	Oosterhout (NED)
5. Stins Arnold	83	08-021	33:24.92	OW	13-7-03	Eersel (NED)
6. Tijms Stefan	93	08-021	33:47.98	OW	19-6-11	Spaarnwoude (NED)
7. Crok Pieter	91	08-021	35:30.43	OW	22-6-08	Breukelen (NED)
8. van Duin Peter	65	08-021	35:38.50	OW	30-6-83	Amstelveen (NED)
9. van Rijn Michael	70	08-021	35:42.10	OW	17-6-84	Amstelveen (NED)
10. Stam Daniël	79	08-021	37:01.10	OW	15-6-97	Spaarnwoude (NED)
11. van der Gracht Jory	87	08-021	37:20.28	OW	23-7-06	Langedijk (NED)
12. Dijkstra Menno	68	08-021	37:54.30	OW	17-6-84	Amstelveen (NED)
13. Meijer Arno	75	08-021	38:03.10	OW	11-7-98	Oss (NED)
14. Jongert Sjoerd	01	08-021	38:12.69	OW	2-9-18	Vlissingen (NED)
15. Butter Martijn	79	08-021	38:27.41	OW	25-8-01	Hoek (NED)
16. Hogenstijn Peter	84	08-021	38:39.58	OW	29-7-01	Langedijk (NED)
17. Vink Gé	60	08-021	41:09.84	OW	13-8-11	Heerjansdam (NED)
18. de Weert Sander	72	08-021	42:02.53	OW	4-8-12	Hoorn (NED)
19. Oudendijk Hans	54	08-021	42:59.32	OW	4-7-09	Oss (NED)
20. Tijms Eric	64	08-021	43:13.40	OW	6-7-12	Appeltern (NED)
21. Crok Dirk	58	08-021	43:38.78	OW	6-7-12	Appeltern (NED)
22. van der Gracht Adrie	57	08-021	44:13.50	OW	5-7-13	Appeltern (NED)

2500 schoolslag

1. Oudendijk Paul	81	08-021	38:11.73	OW	28-6-09	Sluis (NED)
2. de Weert Sander	72	08-021	58:09.10	OW	15-7-12	Stadskanaal (NED)

3000 schoolslag

1. Oudendijk Paul	81	08-021	46:04.10	OW	4-9-05	Vlissingen (NED)
2. Beentjes Bastiaan	78	08-021	49:58.60	OW	1-8-99	Anna-Paulowna (NED)
3. Tijms Stefan	93	08-021	52:30.51	OW	9-7-11	Wijk en Aalburg (NED)
4. Stins Arnold	83	08-021	53:47.42	OW	6-7-02	Sluis (NED)
5. de Weert Sander	72	08-021	59:32.95	OW	28-7-12	Anna-Paulowna (NED)
6. Stam Daniël	79	08-021	1:03:09.90	OW	21-7-97	Anna-Paulowna (NED)
7. Vink Gé	60	08-021	1:03:49.44	OW	28-7-12	Anna-Paulowna (NED)
8. van der Gracht Adrie	57	08-021	1:14:49.08	OW	14-7-12	Wijk en Aalburg (NED)

4000 schoolslag

1. Oudendijk Paul	81	08-021	1:05:16.66	OW	15-6-02	Spaarnwoude (NED)
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5000 schoolslag

1. Oudendijk Paul	81	08-021	1:21:37.09	OW	7-7-01	Vriezenveen (NED)
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25 vlinderslag

1.	Camphuijnder Wilko	69	08-021	12.80	25m	15-1-98	Heemskerk (NED)	462
2.	Kleijne Barry	93	08-021	12.84	25m	30-6-11	Heemskerk (NED)	458
3.	Kerkhof Arno	72	08-021	12.90	25m	12-1-89	Heemskerk (NED)	451
4.	van der Kroft Barry	82	08-021	13.00	25m	29-3-01	Heemskerk (NED)	441
5.	Meijer Arno	75	08-021	13.04	25m	18-3-06	Heerenveen (NED)	437
6.	Kuilman Joris	80	08-021	13.12	25m	4-5-00	Heemskerk (NED)	429
7.	Schaaper Hans	68	08-021	13.20	25m	12-1-89	Heemskerk (NED)	421
8.	Butter Martijn	79	08-021	13.41	25m	25-3-99	Heemskerk (NED)	402
9.	van der Gracht Jory	87	08-021	13.42	25m	30-6-11	Heemskerk (NED)	401
10.	Hermans Luuk	85	08-021	13.43	25m	19-4-07	Heemskerk (NED)	400
11.	Druyven Jorrick	94	08-021	13.45	25m	29-5-08	Heemskerk (NED)	398
12.	Tamis Thijs	82	08-021	13.48	25m	29-3-01	Heemskerk (NED)	396
13.	Pover Peter	69	08-021	13.50	25m	16-5-91	Heemskerk (NED)	394
14.	Crok Pieter	91	08-021	13.54	25m	29-5-08	Heemskerk (NED)	390
15.	van Rookhuizen Barry	82	08-021	13.58	25m	4-5-00	Heemskerk (NED)	387
16.	Glorie Daan	88	08-021	13.62	25m	27-4-06	Heemskerk	384
17.	Stins Arnold	83	08-021	13.65	25m	29-3-01	Heemskerk (NED)	381
18.	de Ruijter Richard	88	08-021	13.71	25m	27-4-06	Heemskerk	376
19.	Kramer Vincent	82	08-021	13.75	25m	29-3-01	Heemskerk (NED)	373
20.	de Vijlder Michael	75	08-021	14.00	25m	15-1-98	Heemskerk (NED)	353
21.	Oudendijk Paul	81	08-021	14.11	25m	29-5-08	Heemskerk (NED)	345
22.	Essers Tim	88	08-021	14.16	25m	19-4-07	Heemskerk (NED)	341
23.	Steenbergen Roderik	82	08-021	14.23	25m	4-5-00	Heemskerk (NED)	336
24.	Lamers Koen	91	08-021	14.30	25m	19-4-07	Heemskerk (NED)	331
25.	Oortwijn Maarten	80	08-021	14.40	25m	13-2-97	Heemskerk (NED)	324
25.	Krijger Jan-Willem	81	08-021	14.40	25m	25-3-99	Heemskerk (NED)	324
27.	Tijms Stefan	93	08-021	14.43	25m	30-6-11	Heemskerk (NED)	322
27.	Palmboom Pascal	89	08-021	14.43	25m	30-6-11	Heemskerk (NED)	322
29.	Hoening Jarl	86	08-021	14.52	25m	19-4-07	Heemskerk (NED)	316
30.	Zwaan Bas	76	08-021	14.60	25m	16-3-95	Heemskerk (NED)	311
31.	de Boer Daniël	77	08-021	14.70	25m	16-3-95	Heemskerk (NED)	305
31.	Stam Daniël	79	08-021	14.70	25m	15-1-98	Heemskerk (NED)	305
33.	Beentjes Bastiaan	78	08-021	14.74	25m	4-5-00	Heemskerk (NED)	302
34.	Kemmeren Ferry	91	08-021	14.86	25m	29-5-08	Heemskerk (NED)	295
35.	van der Bunt Raymond	73	08-021	14.90	25m	16-5-91	Heemskerk (NED)	293
36.	Schaaper Bart	73	08-021	15.00	25m	17-12-87	Heemskerk (NED)	287
36.	Tap Ben	69	08-021	15.00	25m	22-3-88	Heemskerk (NED)	287
36.	Wiegman Stefan	74	08-021	15.00	25m	12-1-89	Heemskerk (NED)	287
36.	Bok Reitze	73	08-021	15.00	25m	31-12-89	Heemskerk (NED)	287
40.	Goverde Jeroen	73	08-021	15.10	25m	31-12-89	Heemskerk (NED)	281
40.	Andeweg Celedonio	76	08-021	15.10	25m	13-2-97	Heemskerk (NED)	281
42.	Zonneveld Jeroen	78	08-021	15.18	25m	29-5-08	Heemskerk (NED)	277
43.	Wassenaar Marcel	69	08-021	15.20	25m	12-1-89	Heemskerk (NED)	276
44.	de Boer Stephan	83	08-021	15.27	25m	25-3-99	Heemskerk (NED)	272
45.	Dekker Rudie	78	08-021	15.30	25m	16-3-95	Heemskerk (NED)	270
46.	de Ruijter René	86	08-021	15.36	25m	29-3-01	Heemskerk (NED)	267
47.	de Caluwé Niels	91	08-021	15.39	25m	19-4-07	Heemskerk (NED)	266
48.	de Groot Peter	80	08-021	15.40	25m	8-2-96	Heemskerk (NED)	265
49.	Hogenstijn Peter	84	08-021	15.47	25m	29-3-01	Heemskerk (NED)	262
50.	de Wit Stephen	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)	258
51.	Martijn Onno	91	08-021	15.65	25m	29-5-08	Heemskerk (NED)	253
52.	Schaap Paul	75	08-021	15.70	25m	12-1-89	Heemskerk (NED)	250
53.	Oortwijn Bouke	78	08-021	15.72	25m	5-10-13	Zwolle (NED)	249

25 vlinderslag (sinds 54)

54.	Schelvis Sjeng	89	08-021	15.75	25m	29-3-01	Heemskerk (NED)	248
55.	Blaauw Eric	67	08-021	15.86	25m	12-1-13	Zwolle (NED)	243
56.	de Weert Sander	72	08-021	16.06	25m	30-6-11	Heemskerk (NED)	234
57.	Besse Niels	72	08-021	16.10	25m	31-12-89	Heemskerk (NED)	232
58.	Bal Chester	78	08-021	16.13	25m	25-3-99	Heemskerk (NED)	231
59.	Hulshof Patrick	75	08-021	16.30	25m	16-5-91	Heemskerk (NED)	224
60.	Tijms Eric	64	08-021	16.35	25m	29-5-08	Heemskerk (NED)	221
61.	Wassenaar Edwin	72	08-021	16.40	25m	12-1-89	Heemskerk (NED)	219
61.	Koopman Axel	92	08-021	16.40	25m	27-4-06	Heemskerk	219
63.	Butter Joris	86	08-021	16.43	25m	29-3-01	Heemskerk (NED)	218
64.	Switser René	75	08-021	16.50	25m	12-1-89	Heemskerk (NED)	216
65.	Borst Corné	96	08-021	16.87	25m	30-6-11	Heemskerk (NED)	202
66.	de Vries Allard	96	08-021	17.07	25m	30-6-11	Heemskerk (NED)	195
67.	Kerdijk Dennis	79	08-021	17.20	25m	13-2-97	Heemskerk (NED)	190
68.	de Caluwe Johan	64	08-021	17.22	25m	19-4-07	Heemskerk (NED)	190
69.	Vink Gé	60	08-021	17.25	25m	17-11-11	Heemskerk (NED)	189
70.	Doodeman Niels	89	08-021	17.91	25m	29-3-01	Heemskerk (NED)	168
71.	Vessies Max	03	08-021	18.36	25m	13-4-14	Zaandam (NED)	156
72.	Groen Jarno	01	08-021	18.42	25m	13-12-12	Heemskerk (NED)	155
73.	van Vegten Teun	01	08-021	18.50	25m	13-12-12	Heemskerk (NED)	153
74.	de Vries Dylan	93	08-021	18.64	25m	29-5-08	Heemskerk (NED)	149
75.	Oudendijk Hans	54	08-021	18.80	25m	19-4-07	Heemskerk (NED)	146
76.	Gaal Koen	99	08-021	19.07	25m	30-6-11	Heemskerk (NED)	139
77.	de Wildt Thijs	94	08-021	19.20	25m	29-5-08	Heemskerk (NED)	137
78.	van Velsen Gerard	54	08-021	19.40	25m	22-3-88	Heemskerk (NED)	132
78.	Jong Ron	77	08-021	19.40	25m	31-12-89	Heemskerk (NED)	132
80.	Hoerink Sten	84	08-021	19.41	25m	25-3-99	Heemskerk (NED)	132
81.	Smit Arend	88	08-021	19.49	25m	29-3-01	Heemskerk (NED)	131
82.	Huveneers Fabian	73	08-021	19.50	25m	22-3-88	Heemskerk (NED)	130
83.	van der Gracht Adrie	57	08-021	19.55	25m	20-2-10	Heerenveen (NED)	129
84.	Vlieland Roy	99	08-021	19.57	25m	30-6-11	Heemskerk (NED)	129
84.	Gaal Roel	01	08-021	19.57	25m	13-12-12	Heemskerk (NED)	129
86.	de Roode Jeremiah	99	08-021	19.68	25m	4-11-10	Heemskerk (NED)	127
87.	Zijlstra Jeroen	80	08-021	19.90	25m	17-6-93	Heemskerk (NED)	123
88.	van Lieshout Martin	76	08-021	20.00	25m	22-3-88	Heemskerk (NED)	121
89.	Kaal Dennis	74	08-021	20.20	25m	12-1-89	Heemskerk (NED)	117
90.	Crok Dirk	58	08-021	20.21	25m	4-11-10	Heemskerk (NED)	117
91.	Groot Sander	88	08-021	20.25	25m	25-3-99	Heemskerk (NED)	116
92.	de Rooij Roel	87	08-021	20.31	25m	4-5-00	Heemskerk (NED)	115
93.	Oortwijn Guido	78	08-021	20.40	25m	16-5-91	Heemskerk (NED)	114
93.	Arends Martin	81	08-021	20.40	25m	16-6-93		114
95.	de Caluwé Thijs	82	08-021	20.50	25m	16-11-95	Heemskerk (NED)	112
96.	Offringa Rick	03	08-021	20.57	25m	13-12-12	Heemskerk (NED)	111
97.	de Wit Job	98	08-021	20.63	25m	13-4-08	Hoorn (NED)	110
98.	Sikkema Joris	86	08-021	21.14	25m	25-3-99	Heemskerk (NED)	102
99.	de Boer Tobias	02	08-021	21.21	25m	13-12-12	Heemskerk (NED)	101
100.	van Baal Elvin	86	08-021	21.26	25m	29-3-01	Heemskerk (NED)	100
101.	Thijssen Dave	82	08-021	21.30	25m	27-4-95	Heemskerk (NED)	100
102.	de Vriend Ruben	03	08-021	21.50	25m	13-12-12	Heemskerk (NED)	97
103.	Nijland Yoran	05	08-021	21.53	25m	30-10-14	Heemskerk (NED)	97
104.	Jacobs Patrick	87	08-021	21.65	25m	29-3-01	Heemskerk (NED)	95
105.	de Rooij Coen	89	08-021	22.24	25m	4-5-00	Heemskerk (NED)	88
106.	Piek Roy	89	08-021	22.53	25m	29-3-01	Heemskerk (NED)	84

25 vlinderslag (sinds 107)

107.	Heeremans Tim	78	08-021	22.70	25m	31-12-89	Heemskerk (NED)	82
107.	ten Cate Raymond	82	08-021	22.70	25m	16-3-95	Heemskerk (NED)	82
109.	de Groot Pieter	83	08-021	22.80	25m	24-3-94	Heemskerk (NED)	81
110.	Josselet Bart	84	08-021	23.10	25m	5-2-98	Heemskerk (NED)	78
110.	Oortwijn Kalle	05	08-021	23.10	25m	30-10-14	Heemskerk (NED)	78
112.	Veldhuis Christian	88	08-021	23.19	25m	29-3-01	Heemskerk (NED)	77
113.	Welboren Mischa	89	08-021	23.23	25m	25-3-99	Heemskerk (NED)	77
114.	Kloppenburg Albert	82	08-021	23.60	25m	17-6-93	Heemskerk (NED)	73
115.	Zonneveld Alex	90	08-021	23.77	25m	25-3-01	Heerhugowaard (NED)	72
116.	Kooistra André	88	08-021	23.99	25m	25-3-99	Heemskerk (NED)	70
117.	de Graaf Peter	76	08-021	24.00	25m	22-3-88	Heemskerk (NED)	70
118.	Bleijendaal Lucas	83	08-021	24.10	25m	27-4-95	Heemskerk (NED)	69
118.	Apeldoorn Alex	89	08-021	24.10	25m	4-5-00	Heemskerk (NED)	69
120.	Blaauw Mica	05	08-021	24.11	25m	30-10-14	Heemskerk (NED)	69
121.	van Els Thomas	82	08-021	24.30	25m	17-11-93		67
122.	Welboren Mark	87	08-021	24.41	25m	25-3-99	Heemskerk (NED)	66
123.	Woudsma Stefan	00	08-021	24.78	25m	17-11-11	Heemskerk (NED)	63
124.	Litjens Olaf	99	08-021	24.80	25m	4-11-10	Heemskerk (NED)	63
125.	van Lieshout Rick	78	08-021	25.00	25m	16-5-91	Heemskerk (NED)	62
126.	Cekic Deniz	97	08-021	25.04	25m	29-5-08	Heemskerk (NED)	61
127.	Arends Peter	79	08-021	25.50	25m	16-6-93		58
128.	Verhagen Michel	82	08-021	25.70	25m	8-2-96	Heemskerk (NED)	57
129.	van Rijn Ian	05	08-021	25.75	25m	18-1-15	Zaandam (NED)	56
130.	Glorie Jan	57	08-021	25.93	25m	4-11-10	Heemskerk (NED)	55
131.	Wassenaar Joris	01	08-021	25.98	25m	17-11-11	Heemskerk (NED)	55
132.	Blaauw Xam	07	08-021	26.03	25m	10-12-15	Heemskerk (NED)	55
133.	Yayli Serkan	92	08-021	26.71	25m	10-3-02	Heemskerk	50
134.	Buur Michael	87	08-021	26.80	25m	15-1-98	Heemskerk (NED)	50
135.	Mulder Mark	97	08-021	27.06	25m	27-4-06	Heemskerk	48
136.	Woudsma Maarten	01	08-021	27.55	25m	13-12-12	Heemskerk (NED)	46
137.	Jong Gregory	80	08-021	28.00	25m	2-11-89	Heemskerk (NED)	44
138.	Heesterbeek Mathijs	00	08-021	28.35	25m	4-11-10	Heemskerk (NED)	42
139.	de Boer Sem	02	08-021	28.50	25m	13-12-12	Heemskerk (NED)	41
140.	de Wit Matthew	97	08-021	28.92	25m	30-6-11	Heemskerk (NED)	40
141.	Tuinstra Sean	98	08-021	28.96	25m	13-4-08	Hoorndam (NED)	39
142.	Grapendaal Aad	42	08-021	29.66	25m	5-10-13	Zwolle (NED)	37
143.	Verhagen Bart	85	08-021	31.00	25m	27-4-95	Heemskerk (NED)	32
144.	van Wijk Peter	87	08-021	31.40	25m	15-1-98	Heemskerk (NED)	31
145.	Verhagen Jeroen	84	08-021	31.80	25m	27-4-95	Heemskerk (NED)	30
146.	Gouweleeuw Raymond	88	08-021	34.98	25m	25-3-99	Heemskerk (NED)	22
147.	van der Berg Job	98	08-021	36.25	25m	29-5-08	Heemskerk (NED)	20
148.	Viel Stefan	88	08-021	39.30	25m	15-1-98	Heemskerk (NED)	15
149.	Pettinga Rodney	85	08-021	39.70	25m	8-2-96	Heemskerk (NED)	15
150.	Roemeling Nicky	87	08-021	41.70	25m	8-2-96	Heemskerk (NED)	13

50 vlinderslag

1.	Jongert Jeroen	96	08-021	26.37	25m	12-2-17	Purmerend (NED)	564
2.	Kleijne Barry	93	08-021	27.04	25m	10-12-15	Heemskerk (NED)	524
3.	Hogenstijn Peter	84	08-021	27.67	25m	10-2-01	Emmen (NED)	489
4.	Schelvis Sjeng	89	08-021	28.15	25m	25-6-05	Roosendaal (NED)	464
5.	van der Gracht Jory	87	08-021	28.52	25m	3-3-13	Purmerend (NED)	446
6.	Kerkhof Arno	72	08-021	28.70	25m	9-3-89	Heemskerk (NED)	438
7.	van de Poll Kevin	86	08-021	28.91	25m	4-4-04	Zaandam	428
8.	Glorie Daan	88	08-021	28.96	25m	29-12-05	Maastricht (NED)	426
9.	Breton Wouter	89	08-021	29.01	50m	23-5-09	Beverwijk (NED)	462
10.	de Wit Stephen	93	08-021	29.05	25m	16-2-14	Purmerend (NED)	422
11.	Kramer Vincent	82	08-021	29.06	25m	23-12-04	Heemskerk (NED)	422
12.	Meijer Arno	75	08-021	29.18	25m	19-9-98	Amersfoort (NED)	416
13.	Druyven Jorrick	94	08-021	29.29	50m	24-5-08	Beverwijk (NED)	449
14.	Verbree John	61	08-021	29.30	25m	28-10-84	Egmond (NED)	411
14.	Kuilman Joris	80	08-021	29.30	25m	18-1-98	Zuidoost Beemster (NED)	411
16.	Jongert Sjoerd	01	08-021	29.32	25m	29-11-18	Heemskerk (NED)	411
17.	Crok Pieter	91	08-021	29.50	25m	13-4-09	Haarlem (NED)	403
18.	Schaaper Hans	68	08-021	29.80	25m	13-12-89		391
19.	Gaal Roel	01	08-021	29.89	25m	18-11-18	Hoofddorp (NED)	387
20.	Camphuijnder Jasper	05	08-021	29.96	25m	2-12-18	Zaandam (NED)	385
21.	Hermans Luuk	85	08-021	30.08	25m	15-12-05	Heemskerk (NED)	380
22.	Keessen Jeroen	67	08-021	30.10	25m	28-10-84	Egmond (NED)	379
23.	Butter Martijn	79	08-021	30.20	25m	21-1-96	Zuidoost Beemster (NED)	376
24.	van Rookhuizen Barry	82	08-021	30.23	25m	14-11-99	Zaandam (NED)	375
25.	van Beek Klaas	88	08-021	30.27	25m	31-5-09	Purmerend (NED)	373
26.	Kranenburg Fred	63	08-021	30.40	25m	11-4-81	Heemskerk (NED)	368
27.	Groen Jarno	01	08-021	30.49	25m	29-11-18	Heemskerk (NED)	365
28.	Tamis Thijs	82	08-021	30.55	25m	19-12-02	Heemskerk	363
29.	Tijms Stefan	93	08-021	30.66	25m	29-11-18	Heemskerk (NED)	359
30.	Essers Tim	88	08-021	30.74	25m	18-1-09	Haarlem (NED)	356
31.	Stins Arnold	83	08-021	30.80	25m	31-1-02	Heemskerk	354
32.	de Vijlder Michael	75	08-021	30.90	50m	9-11-97	Beverwijk (NED)	382
33.	Lamers Koen	91	08-021	30.96	25m	11-3-07	Purmerend (NED)	349
34.	Oudendijk Paul	81	08-021	30.97	25m	19-1-07	Heerenveen (NED)	348
35.	Kemmeren Ferry	91	08-021	31.07	25m	9-4-07	Haarlem (NED)	345
36.	de Ruijter Richard	88	08-021	31.10	25m	6-2-05	Zuidoost-Beemster (NED)	344
37.	Hagebout Marcel	68	08-021	31.20	25m	21-5-87	Heemskerk (NED)	341
37.	Oortwijn Maarten	80	08-021	31.20	25m	1-5-97	Heemskerk (NED)	341
39.	de Ruijter René	86	08-021	31.21	25m	23-12-04	Heemskerk (NED)	340
40.	Palmboom Pascal	89	08-021	31.39	25m	9-4-07	Haarlem (NED)	334
41.	Hoerink Jarl	86	08-021	31.91	25m	26-5-05	Heemskerk (NED)	318
42.	Pover Peter	69	08-021	32.10	25m	14-12-88		313
43.	Steenbergen Roderik	82	08-021	32.13	25m	23-12-04	Heemskerk (NED)	312
44.	Di Mattia Angelo	97	08-021	32.14	25m	30-10-14	Heemskerk (NED)	312
45.	Offringa Rick	03	08-021	32.26	25m	29-11-18	Heemskerk (NED)	308
46.	Krijger Jan-Willem	81	08-021	32.30	25m	26-1-97	Zuidoost Beemster (NED)	307
47.	Woudsma Stefan	00	08-021	32.34	25m	18-1-18	Heemskerk (NED)	306
48.	Butter Joris	86	08-021	32.47	25m	18-12-03	Heemskerk (NED)	302
49.	van der Kroft Barry	82	08-021	32.48	25m	31-1-02	Heemskerk	302
50.	Korzelius Ron	65	08-021	32.50	25m	28-10-84	Egmond (NED)	301
51.	Dekker Matthijs	90	08-021	32.55	25m	6-2-05	Zuidoost-Beemster (NED)	300
52.	Schaaper Bart	73	08-021	32.80	25m	31-12-87		293
52.	Stam Daniël	79	08-021	32.80	25m	14-9-96	Hoogland	293

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54.	de Boer Daniël	77	08-021	33.10	25m	18-11-93	Heemskerk	285
54.	Zwaan Bas	76	08-021	33.10	25m	18-11-93	Heemskerk	285
56.	Dekker Ruben	93	08-021	33.18	25m	29-12-05	Maastricht (NED)	283
57.	Oortwijn Bouke	78	08-021	33.20	25m	18-11-93	Heemskerk	283
58.	de Boer Stephan	83	08-021	33.22	25m	10-1-99	Zuidoost Beemster (NED)	282
59.	Gaal Koen	99	08-021	33.24	25m	18-1-18	Heemskerk (NED)	282
60.	Plokker Robert	65	08-021	33.30	25m	11-4-81	Heemskerk (NED)	280
60.	Bok Reitze	73	08-021	33.30	25m	9-1-91		280
62.	Wolf Gert Jan	65	08-021	33.70	25m	11-4-81	Heemskerk (NED)	270
63.	Beentjes Bastiaan	78	08-021	33.78	25m	25-11-99	Heemskerk	268
64.	Wiegman Stefan	74	08-021	33.80	25m	14-12-88		268
64.	Dekker Rudie	78	08-021	33.80	25m	24-11-94	Heemskerk (NED)	268
66.	van Vegten Teun	01	08-021	33.87	50m	21-5-17	Alkmaar (NED)	290
67.	Goverde Ad	59	08-021	34.00	25m	28-10-84	Egmond (NED)	263
67.	Andeweg Celedonio	76	08-021	34.00	25m	23-1-97	Heemskerk	263
69.	Goverde Jeroen	73	08-021	34.10	25m	1-11-89		261
70.	de Caluwé Niels	91	08-021	34.39	25m	12-4-18	Heemskerk (NED)	254
71.	Wassenaar Marcel	69	08-021	34.50	25m	1-11-89		252
72.	Windmuller Ton	62	08-021	34.60	25m	27-11-77	Ijmuiden (NED)	250
73.	Bal Chester	78	08-021	34.77	25m	17-12-98	Heemskerk (NED)	246
74.	Dijkstra Menno	68	08-021	34.80	25m	21-5-87	Heemskerk (NED)	245
74.	Switser René	75	08-021	34.80	25m	14-12-89	Heemskerk (NED)	245
76.	de Groot Peter	80	08-021	34.90	25m	11-1-96	Heemskerk (NED)	243
77.	Zonneveld Jeroen	78	08-021	34.96	25m	13-12-12	Heemskerk (NED)	242
78.	Windmuller Hans-Pieter	60	08-021	35.50	25m	23-10-77	Zandvoort (NED)	231
79.	Schaap Paul	75	08-021	35.80	25m	13-12-89		225
80.	de Boer Tobias	02	08-021	35.84	25m	14-2-16	Purmerend (NED)	225
81.	van der Bunt Raymond	73	08-021	36.00	25m	13-6-91	Heemskerk (NED)	222
82.	de Vries Allard	96	08-021	36.01	25m	10-11-13	Zaandam (NED)	221
83.	Martijn Onno	91	08-021	36.03	25m	11-12-05	Ijmuiden (NED)	221
84.	de Wildt Thijs	94	08-021	36.08	25m	25-3-10	Heemskerk (NED)	220
85.	Missot Paul	64	08-021	36.10	25m	27-11-77	Ijmuiden (NED)	220
86.	Blaauw Eric	67	08-021	36.26	25m	19-5-13	Purmerend (NED)	217
87.	de Vries Dylan	93	08-021	36.28	25m	30-10-14	Heemskerk (NED)	216
88.	Hulshof Patrick	75	08-021	36.40	25m	13-6-91	Heemskerk (NED)	214
89.	Duin Goos	00	08-021	36.50	25m	1-2-15	Zaandam (NED)	213
90.	Schillemans Bram	99	08-021	36.55	25m	12-2-17	Purmerend (NED)	212
91.	Oortwijn Kalle	05	08-021	36.58	25m	29-11-18	Heemskerk (NED)	211
92.	van de Sluis Nicolai	66	08-021	36.60	25m	11-4-81	Heemskerk (NED)	211
93.	van Duin Peter	65	08-021	36.80	25m	11-4-81	Heemskerk (NED)	207
93.	Zijlstra Jeroen	80	08-021	36.80	25m	11-1-96	Heemskerk (NED)	207
95.	Tijms Eric	64	08-021	37.10	25m	30-10-08	Heemskerk (NED)	202
96.	Ijntema Tjeerd	99	08-021	37.35	25m	17-11-16	Heemskerk (NED)	198
97.	de Weert Sander	72	08-021	37.45	50m	16-4-11	Kampen (NED)	214
98.	Ursem Jerre	73	08-021	37.60	25m	21-5-87	Heemskerk (NED)	194
99.	Koopman Axel	92	08-021	37.63	25m	29-12-05	Maastricht (NED)	194
100.	Hoekstra Erwin	73	DEM/OEZA	37.73	25m	21-3-13	Heemskerk (NED)	192
101.	de Caluwe Johan	64	08-021	38.30	25m	8-12-79	Heemskerk (NED)	184
102.	Ursem Rob	69	08-021	38.50	25m	2-9-84	Heemskerk (NED)	181
103.	Besse Niels	72	08-021	38.70	25m	13-12-89		178
104.	Woudsma Maarten	01	08-021	38.75	25m	12-2-17	Purmerend (NED)	178
105.	Smit Erik	64	08-021	38.80	25m	8-11-80	Heemskerk (NED)	177
106.	Thijssen Dave	82	08-021	38.90	25m	11-1-96	Heemskerk (NED)	176

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107.	Borst Corné	96	08-021	38.93	25m	17-11-11	Heemskerk (NED)	175
108.	de Roode Jeremiah	99	08-021	39.07	25m	3-4-11	Zaandam (NED)	173
109.	Vink Gé	60	08-021	39.10	50m	14-4-12	Kampen (NED)	188
110.	Nijland Yoran	05	08-021	39.12	25m	17-6-18	Alkmaar (NED)	173
111.	Vlieland Roy	99	08-021	39.67	25m	20-1-13	Heemskerk (NED)	165
112.	Doodeman Niels	89	08-021	39.83	25m	31-1-02	Heemskerk	163
113.	Kerdijk Dennis	79	08-021	39.90	25m	23-1-97	Heemskerk	163
114.	van Heerwaarden Chiel	05	08-021	39.99	25m	29-11-18	Heemskerk (NED)	162
115.	Hof Ronnalt	60	08-021	40.00	25m	23-10-77	Zandvoort (NED)	161
116.	Tuinstra Sean	98	08-021	40.21	25m	13-12-12	Heemskerk (NED)	159
117.	Blaauw Mica	05	08-021	40.59	25m	29-11-18	Heemskerk (NED)	154
118.	Wassenaar Edwin	72	08-021	40.60	25m	15-12-88	Heemskerk (NED)	154
119.	Vos Daniël	91	08-021	41.38	25m	31-5-07	Heemskerk (NED)	146
120.	van Hannen Erik	67	08-021	41.40	25m	11-10-81	Heemskerk (NED)	146
121.	Hoening Sten	84	08-021	41.95	25m	29-5-04	Z.o. Beemster	140
122.	Roosendaal Ben	66	08-021	42.10	25m	8-11-80	Heemskerk (NED)	138
123.	Bleijendaal Thomas	88	08-021	42.33	25m	18-12-03	Heemskerk (NED)	136
124.	Nolte Martijn	74	08-021	42.40	25m	21-5-87	Heemskerk (NED)	135
125.	van Honschoten Jacky	67	08-021	42.80	25m	11-4-81	Heemskerk (NED)	132
126.	Dam Norbert	92	08-021	42.92	25m	14-11-04	Zaandam (NED)	131
127.	Oudendijk Hans	54	08-021	43.06	25m	18-2-10	Heemskerk (NED)	129
128.	Vessies Max	03	08-021	43.09	25m	7-9-14	Zaandam (NED)	129
129.	Kooistra André	88	08-021	43.15	25m	17-2-00	Heemskerk (NED)	128
130.	Oortwijn Guido	78	08-021	43.70	25m	13-6-91	Heemskerk (NED)	124
131.	Boonacker Wietse	68	08-021	43.80	25m	11-10-81	Heemskerk (NED)	123
132.	Koning Arthur	96	08-021	43.85	25m	4-11-10	Heemskerk (NED)	122
133.	Jong Ron	77	08-021	44.10	25m	3-12-89	Zaandam (NED)	120
134.	van Baal Elvin	86	08-021	44.29	25m	28-2-02	Heemskerk	119
135.	Groot Sander	88	08-021	44.37	25m	16-1-00	Zaandam (NED)	118
136.	Wassenaar Joris	01	08-021	44.58	25m	21-3-13	Heemskerk (NED)	116
137.	Smit Arend	88	08-021	44.68	25m	30-11-00	Heemskerk (NED)	116
138.	van Rijn Michael	70	08-021	44.90	25m	21-3-82		114
139.	de Vriend Ruben	03	08-021	45.01	25m	22-9-13	Purmerend (NED)	113
140.	Ramaakers Raymond	91	08-021	45.15	25m	18-12-03	Heemskerk (NED)	112
141.	van Sleen Robin	90	08-021	45.19	25m	9-2-03	Zaandam (NED)	112
142.	van der Gracht Adrie	57	08-021	45.52	50m	17-4-10	Kampen (NED)	119
143.	de Rooij Roel	87	08-021	45.92	25m	22-4-99	Heemskerk (NED)	106
144.	Kaal Dennis	74	08-021	46.00	25m	15-12-88	Heemskerk (NED)	106
145.	de Wit Job	98	08-021	46.09	25m	8-6-08	Zaandam (NED)	105
146.	van der Linden René	70	08-021	46.50	25m	7-2-82		103
147.	van Rijn Ian	05	08-021	46.53	25m	16-3-17	Heemskerk (NED)	102
148.	Mulder Mark	97	08-021	47.28	25m	17-11-11	Heemskerk (NED)	98
149.	Rasch Wilco	68	08-021	47.30	25m	21-9-80	Heemskerk (NED)	97
150.	Blaauw Xam	07	08-021	47.46	25m	12-4-18	Heemskerk (NED)	96
151.	Veldhuis Christian	88	08-021	47.47	25m	31-1-02	Heemskerk	96
152.	Litjens Olaf	99	08-021	48.88	25m	12-2-12	Heemstede (NED)	88
153.	de Veer Albert	72	08-021	48.90	25m	14-12-89	Heemskerk (NED)	88
154.	van Hardeveld Richard	69	08-021	49.00	25m	11-10-81	Heemskerk (NED)	88
155.	Teufer Lorentz	96	08-021	49.13	25m	14-12-06	Heemskerk (NED)	87
156.	Zwaan Nick	94	08-021	49.25	25m	8-2-04	Zaandam (NED)	86
157.	Sadeghi Hosseen	90	08-021	49.51	25m	18-12-03	Heemskerk (NED)	85
158.	Jacobs Patrick	87	08-021	49.56	25m	31-1-02	Heemskerk	85
159.	van Lieshout Martin	76	08-021	49.70	25m	14-12-88		84

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160.	de Caluwé Thijs	82	08-021	49.80	25m	24-11-94	Heemskerk (NED)	83
161.	Josselet Bart	84	08-021	49.96	25m	27-9-98	Assendelft (NED)	83
162.	Snel Jeffrey	86	08-021	50.12	25m	25-11-99	Heemskerk	82
163.	Schellekens Henk	76	08-021	50.30	25m	2-11-89	Heemskerk (NED)	81
164.	van Dijk Mitchell	99	08-021	50.38	25m	21-3-10	Zaandam (NED)	81
165.	de Rooij Coen	89	08-021	50.87	25m	19-12-99	Wormerveer (NED)	78
166.	Yayli Serkan	92	08-021	50.98	25m	25-3-04	Heemskerk	78
167.	Piek Roy	89	08-021	51.47	25m	31-1-02	Heemskerk	75
168.	Aardenburg Koen	91	08-021	51.63	25m	25-11-04	Heemskerk (NED)	75
169.	de Wit Matthew	97	08-021	51.64	25m	29-11-18	Heemskerk (NED)	75
170.	Bleijendaal Lucas	83	08-021	51.70	25m	5-11-95	Assendelft (NED)	74
171.	Heeremans Tim	78	08-021	51.90	25m	14-12-88		74
172.	Visvaligam Athithiyam	02	08-021	51.97	25m	24-11-13	Zaandam (NED)	73
173.	Kloek Ralph	68	08-021	52.00	25m	11-4-81	Heemskerk (NED)	73
173.	Kloppenburg Albert	82	08-021	52.00	25m	28-9-94		73
175.	Huis in 't Veld Lorenzo	03	08-021	52.15	25m	17-11-16	Heemskerk (NED)	73
176.	van Hoytema Max	98	08-021	52.17	25m	20-5-10	Heemskerk (NED)	72
177.	Welboren Mark	87	08-021	52.88	25m	17-12-98	Heemskerk (NED)	70
178.	Arends Peter	79	08-021	53.00	25m	12-5-93		69
179.	Crok Dirk	58	08-021	53.04	25m	26-2-09	Heemskerk (NED)	69
180.	Schipper Erik	72	08-021	53.10	25m	6-2-83		69
181.	Apeldoorn Alex	89	08-021	53.43	25m	3-12-00	Zaandam (NED)	67
182.	van Heerwaarden Stefan	70	08-021	53.50	25m	29-11-81	Zaandam (NED)	67
183.	Smit Rob	69	08-021	53.70	25m	8-11-80	Heemskerk (NED)	66
184.	Tholen Martijn	72	08-021	53.80	25m	18-10-81	Heemskerk (NED)	66
185.	van Heerwaarden Gerard	70	08-021	54.00	25m	21-3-82		65
186.	Sikkema Joris	86	08-021	54.06	25m	17-12-98	Heemskerk (NED)	65
187.	Feyen Erik	66	08-021	54.50	25m	12-2-78	Heemskerk (NED)	64
188.	van de Wijst Peter	69	08-021	54.60	25m	11-4-81	Heemskerk (NED)	63
189.	Welboren Mischa	89	08-021	54.95	25m	17-12-98	Heemskerk (NED)	62
190.	Brands Ronald	75	08-021	55.60	25m	21-5-87	Heemskerk (NED)	60
191.	Hoogeterp Klaas	67	08-021	56.30	25m	8-11-80	Heemskerk (NED)	58
192.	Zonneveld Alex	90	08-021	56.57	25m	11-11-01	Zaandam	57
193.	Huisman Rene	69	08-021	57.20	25m	12-10-80	Wormerveer (NED)	55
194.	de Groot Michiel	91	08-021	57.65	25m	27-3-03	Heemskerk	54
195.	Komen Berend	97	08-021	57.78	25m	3-3-11	Heemskerk (NED)	53
196.	Bruins Jacco	67	08-021	58.00	25m	8-12-79	Heemskerk (NED)	53
196.	ten Cate Raymond	82	08-021	58.00	25m	24-11-94	Heemskerk (NED)	53
198.	de Boer Sem	02	08-021	58.16	25m	27-1-13	Zaandam (NED)	52
199.	Gouweleeuw Raymond	88	08-021	58.40	25m	26-9-99	Wormerveer (NED)	52
200.	Glorie Jan	57	08-021	59.32	25m	18-2-10	Heemskerk (NED)	49
201.	Beeksma Coen	90	08-021	59.45	25m	13-1-02	Zaandam	49
202.	Verhagen Michel	82	08-021	59.50	25m	11-1-96	Heemskerk (NED)	49
203.	Meijer Viggo	06	08-021	1:00.14	25m	29-11-18	Heemskerk (NED)	47
204.	Buur Michael	87	08-021	1:00.20	25m	12-2-98	Heemskerk (NED)	47
205.	van de Sluis Erwin	71	08-021	1:01.10	25m	11-4-81	Heemskerk (NED)	45
206.	Verhagen Bart	85	08-021	1:01.20	25m	11-1-96	Heemskerk (NED)	45
207.	Wassenaar Teun	03	08-021	1:03.80	25m	6-3-14	Heemskerk (NED)	39
208.	van Lieshout Rick	78	08-021	1:04.80	25m	4-4-91	Heemskerk (NED)	38
209.	Jong Gregory	80	08-021	1:05.20	25m	14-12-89	Heemskerk (NED)	37
210.	Handgraaf Jos	87	08-021	1:05.25	25m	14-11-99	Zaandam (NED)	37
211.	van Wijk Peter	87	08-021	1:06.80	25m	12-2-98	Heemskerk (NED)	34
212.	van de Sluis Ignat	69	08-021	1:06.90	25m	11-4-81	Heemskerk (NED)	34

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213.	van der Berg Job	98	08-021	1:12.93	25m	30-10-08	Heemskerk (NED)	26
214.	van Tilburg Beau	07	08-021	1:14.42	25m	18-1-18	Heemskerk (NED)	25
215.	Grapendaal Aad	42	08-021	1:14.59	50m	24-3-13	Amersfoort (NED)	27
216.	Viel Stefan	88	08-021	1:15.50	25m	12-2-98	Heemskerk (NED)	24
217.	Heesterbeek Mathijs	00	08-021	1:15.83	25m	20-5-10	Heemskerk (NED)	23
218.	Verhagen Jeroen	84	08-021	1:18.20	25m	11-1-96	Heemskerk (NED)	21

100 vlinderslag

1.	Jongert Jeroen	96	08-021	59.13	25m	4-6-17	Purmerend (NED)	537
2.	Kleijne Barry	93	08-021	1:00.35	25m	8-3-15	Zaandam (NED)	505
3.	Hogenstijn Peter	84	08-021	1:00.81	25m	9-12-00	Nieuwegein (NED)	494
4.	Camphuijnder Wilko	69	08-021	1:01.20	25m	16-11-97	Zaandam (NED)	484
5.	van der Gracht Jory	87	08-021	1:02.84	25m	27-11-11	Heemskerk (NED)	447
6.	Glorie Daan	88	08-021	1:03.59	25m	17-4-06	Haarlem (NED)	432
7.	Kerkhof Arno	72	08-021	1:04.40	25m	16-4-89		416
8.	Schelvis Sjeng	89	08-021	1:04.72	25m	20-2-05	Aalsmeer (NED)	409
9.	Jongert Sjoerd	01	08-021	1:04.95	25m	25-11-18	Hoofddorp (NED)	405
10.	de Wit Stephen	93	08-021	1:05.11	25m	9-3-14	Zaandam (NED)	402
11.	Meijer Arno	75	08-021	1:05.55	25m	13-12-98	Heemskerk (NED)	394
12.	Kuilman Joris	80	08-021	1:05.67	25m	7-5-00	Zaandam (NED)	392
13.	Kramer Vincent	82	08-021	1:05.70	25m	28-11-04	Heemskerk (NED)	391
14.	van de Poll Kevin	86	08-021	1:05.72	25m	14-3-04	Zaandam	391
15.	Schaaper Hans	68	08-021	1:06.30	25m	23-2-92	Zaandam (NED)	381
16.	Butter Martijn	79	08-021	1:06.40	25m	30-5-96	Heemskerk (NED)	379
17.	Verbree John	61	08-021	1:07.10	25m	19-10-80	Heemskerk (NED)	367
18.	Stins Arnold	83	08-021	1:07.54	25m	31-3-02	Haarlem	360
19.	Essers Tim	88	08-021	1:07.94	25m	28-12-04	Maastricht (NED)	354
20.	Crok Pieter	91	08-021	1:08.00	25m	18-3-07	Heemskerk (NED)	353
21.	Druyven Jorrick	94	08-021	1:08.02	50m	13-4-08	Antwerpen (BEL)	392
22.	Oudendijk Paul	81	08-021	1:08.47	25m	30-3-06	Heemskerk (NED)	346
23.	van Rookhuizen Barry	82	08-021	1:08.80	25m	12-3-00	Heemskerk (NED)	341
24.	Kranenburg Fred	63	08-021	1:09.20	25m	13-3-83	Castricum (NED)	335
25.	Kemmeren Ferry	91	08-021	1:09.47	25m	21-10-07	Zaandam (NED)	331
26.	Tamis Thijs	82	08-021	1:10.09	25m	19-11-00	Zaandam (NED)	322
27.	de Ruijter Richard	88	08-021	1:10.26	25m	30-3-06	Heemskerk (NED)	320
28.	Camphuijnder Jasper	05	08-021	1:10.32	25m	25-11-18	Hoofddorp (NED)	319
29.	Tijms Stefan	93	08-021	1:10.58	25m	12-1-14	Purmerend (NED)	316
30.	Gaal Roel	01	08-021	1:11.01	25m	4-2-18	Purmerend (NED)	310
31.	Lamers Koen	91	08-021	1:11.10	25m	8-4-07	Haarlem (NED)	309
32.	Groen Jarno	01	08-021	1:11.15	25m	4-2-18	Purmerend (NED)	308
33.	Palmboom Pascal	89	08-021	1:11.61	25m	25-11-07	Amsterdam (NED)	302
34.	Hagebout Marcel	68	08-021	1:11.80	25m	12-2-84	Heemskerk (NED)	300
35.	Oortwijn Maarten	80	08-021	1:11.90	25m	31-3-97	Haarlem (NED)	299
36.	de Vijlder Michael	75	08-021	1:12.10	25m	13-3-97	Heemskerk (NED)	296
37.	Schaaper Bart	73	08-021	1:12.20	25m	31-12-88		295
38.	Krijger Jan-Willem	81	08-021	1:12.60	25m	13-4-98	Haarlem (NED)	290
39.	Steenbergen Roderik	82	08-021	1:13.72	25m	11-4-04	Haarlem	277
40.	Pover Peter	69	08-021	1:13.80	25m	19-5-88	Heemskerk (NED)	276
41.	Missot Paul	64	08-021	1:13.90	25m	25-11-79	Heemskerk (NED)	275
42.	van Beek Klaas	88	08-021	1:14.22	25m	16-11-08	Amsterdam-oost (NED)	271
43.	Dekker Ruben	93	08-021	1:14.25	25m	27-11-05	Heemskerk (NED)	271
44.	Korzelius Ron	65	08-021	1:14.40	25m	30-11-86	Heemskerk (NED)	269

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44.	Bok Reitze	73	08-021	1:14.40	25m	4-4-91	Heemskerk (NED)	269
46.	Plokker Robert	65	08-021	1:14.60	25m	16-1-83	Heemskerk (NED)	267
47.	Woudsma Stefan	00	08-021	1:14.94	25m	12-2-17	Purmerend (NED)	264
48.	Stam Daniël	79	08-021	1:15.10	25m	21-9-97	Alkmaar (NED)	262
49.	Beentjes Bastiaan	78	08-021	1:15.17	25m	17-2-00	Heemskerk (NED)	261
50.	Keessen Jeroen	67	08-021	1:15.30	25m	6-2-83		260
51.	Hermans Luuk	85	08-021	1:15.75	25m	24-2-05	Heemskerk (NED)	255
52.	van der Kroft Barry	82	08-021	1:15.87	25m	28-2-02	Heemskerk	254
53.	van Rijn Michael	70	08-021	1:16.00	25m	6-10-85	Wormerveer (NED)	253
54.	Dekker Matthijs	90	08-021	1:16.15	25m	15-5-05	Zuidoost-Beemster (NED)	251
55.	van Vegten Teun	01	08-021	1:16.30	25m	2-2-17	Heemskerk (NED)	250
56.	Hoerink Jarl	86	08-021	1:16.32	25m	25-3-04	Heemskerk	250
57.	Wiegman Stefan	74	08-021	1:16.50	25m	18-2-89		248
57.	de Boer Daniël	77	08-021	1:16.50	25m	6-2-94	Wormerveer (NED)	248
59.	de Ruijter René	86	08-021	1:16.66	25m	25-3-04	Heemskerk	246
60.	Andeweg Celedonio	76	08-021	1:16.70	25m	28-9-94		246
61.	Offringa Rick	03	08-021	1:16.76	25m	15-2-18	Heemskerk (NED)	245
62.	van Duin Peter	65	08-021	1:17.00	25m	16-1-83	Heemskerk (NED)	243
63.	Goverde Jeroen	73	08-021	1:17.40	25m	22-4-90	Heemstede (NED)	239
64.	Zwaan Bas	76	08-021	1:17.60	25m	3-2-93		237
65.	Wassenaar Marcel	69	08-021	1:17.80	25m	6-12-89		236
66.	Wolf Gert Jan	65	08-021	1:18.10	25m	16-1-83	Heemskerk (NED)	233
66.	Switser René	75	08-021	1:18.10	25m	4-11-90	Zaandam (NED)	233
68.	van der Linden René	70	08-021	1:18.30	25m	6-10-85	Wormerveer (NED)	231
69.	Di Mattia Angelo	97	08-021	1:18.37	25m	26-10-14	Zaandam (NED)	230
70.	Gaal Koen	99	08-021	1:18.78	25m	12-2-17	Purmerend (NED)	227
71.	Windmuller Ton	62	08-021	1:18.90	25m	19-10-80	Heemskerk (NED)	226
72.	de Boer Stephan	83	08-021	1:19.64	25m	22-4-99	Heemskerk (NED)	220
73.	de Vries Allard	96	08-021	1:19.80	25m	6-10-13	Heemskerk (NED)	218
74.	Butter Joris	86	08-021	1:20.25	25m	18-4-04	Zaandam (NED)	215
75.	Oortwijn Bouke	78	08-021	1:20.40	25m	16-1-94	Heemskerk	213
76.	Goverde Ad	59	08-021	1:21.40	25m	22-1-84	Zandvoort (NED)	206
77.	de Boer Tobias	02	08-021	1:21.97	25m	18-2-16	Heemskerk (NED)	201
78.	van de Sluis Nicolai	66	08-021	1:22.00	25m	24-1-82		201
79.	Schaap Paul	75	08-021	1:22.50	25m	11-2-90	Heemskerk (NED)	197
80.	Martijn Onno	91	08-021	1:22.85	25m	30-3-06	Heemskerk (NED)	195
81.	de Caluwe Perry	61	08-021	1:23.40	25m	2-3-80	Heemskerk (NED)	191
82.	Dekker Rudie	78	08-021	1:23.60	50m	11-6-95	Beverwijk (NED)	211
83.	de Groot Peter	80	08-021	1:23.70	25m	2-11-96		189
84.	de Caluwé Niels	91	08-021	1:23.75	25m	24-11-05	Heemskerk (NED)	189
85.	Hulshof Patrick	75	08-021	1:23.80	25m	3-2-93		188
86.	van der Bunt Raymond	73	08-021	1:24.10	25m	21-4-91	Heemstede (NED)	186
87.	Kemmeren Andre	88	08-021	1:24.16	25m	25-11-04	Heemskerk (NED)	186
88.	Bal Chester	78	08-021	1:24.50	25m	13-3-97	Heemskerk (NED)	184
89.	Windmuller Hans-Pieter	60	08-021	1:24.60	25m	31-12-75		183
90.	Overmeer Michel	60	08-021	1:25.20	25m	12-2-78	Heemskerk (NED)	179
90.	Ursem Rob	69	08-021	1:25.20	25m	23-9-84	Heemskerk (NED)	179
92.	Zonneveld Jeroen	78	08-021	1:25.60	25m	8-3-98	Zaandam (NED)	177
93.	de Caluwe Johan	64	08-021	1:25.80	25m	16-3-80	Zandvoort (NED)	175
94.	Schillemans Bram	99	08-021	1:26.19	25m	15-2-18	Heemskerk (NED)	173
95.	Oortwijn Kalle	05	08-021	1:26.68	25m	15-2-18	Heemskerk (NED)	170
96.	de Wildt Thijs	94	08-021	1:26.82	25m	20-5-10	Heemskerk (NED)	169
97.	van Honschoten Jacky	67	08-021	1:27.00	25m	6-2-83		168

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98.	Smit Erik	64	08-021	1:27.40	25m	22-11-80	Heemskerk (NED)	166
99.	Borst Corné	96	08-021	1:27.42	25m	9-2-12	Heemskerk (NED)	166
100.	Koopman Axel	92	08-021	1:27.47	25m	30-3-06	Heemskerk (NED)	166
101.	Duin Goos	00	08-021	1:27.58	25m	15-11-15	Purmerend (NED)	165
102.	Bleijendaal Thomas	88	08-021	1:27.65	25m	25-3-04	Heemskerk	165
103.	Dijkstra Menno	68	08-021	1:28.20	25m	23-9-84	Heemskerk (NED)	161
104.	Doodeman Niels	89	08-021	1:28.52	25m	28-2-02	Heemskerk	160
105.	de Vries Dylan	93	08-021	1:28.73	25m	9-3-14	Zaandam (NED)	159
106.	Ursem Jerre	73	08-021	1:29.80	25m	22-3-87	Heerhugowaard (NED)	153
107.	de Weert Sander	72	08-021	1:30.02	25m	4-12-11	Zaandam (NED)	152
108.	Besse Niels	72	08-021	1:30.30	25m	7-12-89	Heemskerk (NED)	150
109.	Woudsma Maarten	01	08-021	1:30.81	25m	13-11-16	Purmerend (NED)	148
110.	Verdonk Pim	63	08-021	1:31.60	25m	15-9-79	Heemskerk (NED)	144
111.	Hoening Sten	84	08-021	1:31.65	25m	18-1-04	IJmuiden (NED)	144
112.	van Hannen Erik	67	08-021	1:32.30	25m	17-1-82		141
113.	Vink Gé	60	08-021	1:32.91	25m	26-2-09	Heemskerk (NED)	138
114.	Dekker Erik	62	08-021	1:33.40	25m	15-9-79	Heemskerk (NED)	136
115.	Deen Peter	59	08-021	1:33.60	25m	24-4-76	Heemskerk (NED)	135
116.	de Boer Elias	70	08-021	1:33.70	25m	23-9-84	Heemskerk (NED)	135
117.	Tuinstra Sean	98	08-021	1:35.27	25m	31-1-13	Heemskerk (NED)	128
118.	Vlieland Roy	99	08-021	1:35.48	25m	19-5-13	Purmerend (NED)	127
119.	Tijms Eric	64	08-021	1:36.09	25m	26-2-09	Heemskerk (NED)	125
120.	Geurs Paul	57	08-021	1:37.30	25m	31-12-75		120
121.	Dam Norbert	92	08-021	1:37.43	25m	28-11-04	Heemskerk (NED)	120
122.	Kemper Marcel	65	08-021	1:37.90	25m	22-11-80	Heemskerk (NED)	118
123.	Koning Arthur	96	08-021	1:39.07	25m	14-11-10	Castricum (NED)	114
124.	Zijlstra Jeroen	80	08-021	1:39.20	25m	28-1-96	Zaandam (NED)	113
125.	Kerdijk Dennis	79	08-021	1:39.60	25m	3-11-96	Zaandam (NED)	112
126.	Arends Martin	81	08-021	1:39.80	25m	3-2-93		111
127.	Nijland Yoran	05	08-021	1:39.85	25m	15-2-18	Heemskerk (NED)	111
128.	de Moes Paul	70	08-021	1:40.80	25m	23-9-84	Heemskerk (NED)	108
129.	van Dijck Bart	63	08-021	1:41.50	25m	23-10-77	Zandvoort (NED)	106
130.	van Baal Elvin	86	08-021	1:41.52	25m	20-12-01	Heemskerk	106
131.	Vos Daniël	91	08-021	1:42.57	25m	24-2-05	Heemskerk (NED)	102
132.	van den Akker Dennis	63	08-021	1:42.60	25m	23-10-77	Zandvoort (NED)	102
133.	Smit Arend	88	08-021	1:42.87	25m	11-6-00	Haarlem (NED)	102
134.	Ijntema Tjeerd	99	08-021	1:43.12	25m	18-2-16	Heemskerk (NED)	101
135.	Oortwijn Guido	78	08-021	1:43.30	25m	3-11-91	Assendelft (NED)	100
136.	de Rooij Roel	87	08-021	1:43.70	25m	9-5-99	Zaandam (NED)	99
137.	Yayli Serkan	92	08-021	1:43.84	25m	28-11-04	Heemskerk (NED)	99
138.	Roozendaal Ben	66	08-021	1:45.80	25m	22-11-80	Heemskerk (NED)	93
139.	Wassenaar Joris	01	08-021	1:45.96	25m	30-1-14	Heemskerk (NED)	93
140.	Blaauw Mica	05	08-021	1:46.14	25m	7-10-18	Purmerend (NED)	92
141.	van Sleen Robin	90	08-021	1:46.27	25m	21-4-03	Haarlem	92
142.	Boonacker Wietse	68	08-021	1:46.90	25m	31-5-80	Heemskerk (NED)	90
143.	Huisman Rene	69	08-021	1:47.10	25m	16-1-83	Heemskerk (NED)	90
144.	Josselet Bart	84	08-021	1:48.00	25m	17-1-99	Heemskerk (NED)	88
145.	Snel Jeffrey	86	08-021	1:49.09	25m	17-2-00	Heemskerk (NED)	85
146.	de Buyzer Eelco	64	08-021	1:49.10	25m	13-10-79	Heemskerk (NED)	85
147.	van Heerwaarden Stefan	70	08-021	1:49.90	25m	16-1-83	Heemskerk (NED)	83
148.	Veldhuis Christian	88	08-021	1:51.01	25m	18-11-01	Heemskerk	81
149.	Litjens Olaf	99	08-021	1:51.03	25m	9-2-12	Heemskerk (NED)	81
150.	Groot Sander	88	08-021	1:51.04	25m	6-2-00	Haarlem (NED)	81

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151.	Smit Rob	69	08-021	1:52.00	25m	4-10-80	Heemskerk (NED)	79
151.	Mulder Mark	97	08-021	1:52.00	25m	9-2-12	Heemskerk (NED)	79
153.	Blaauw Xam	07	08-021	1:52.08	25m	9-12-18	Zaandam (NED)	78
154.	Kooistra André	88	08-021	1:52.12	25m	6-2-00	Haarlem (NED)	78
155.	de Caluwé Thijs	82	08-021	1:52.80	25m	19-2-95	Assendelft (NED)	77
156.	Teufer Lorentz	96	08-021	1:53.40	25m	30-11-06	Heemskerk	76
157.	Rasch Wilco	68	08-021	1:53.60	25m	4-10-80	Heemskerk (NED)	75
158.	Aardenburg Koen	91	08-021	1:53.73	25m	24-2-05	Heemskerk (NED)	75
159.	ten Cate Raymond	82	08-021	1:54.10	25m	27-4-95	Heemskerk (NED)	74
160.	van Lieshout Martin	76	08-021	1:55.00	25m	8-11-87	Heemskerk (NED)	73
161.	van Hardeveld Richard	69	08-021	1:56.00	25m	18-10-81	Heemskerk (NED)	71
162.	Jacobs Patrick	87	08-021	1:56.25	25m	16-4-01	Haarlem (NED)	70
163.	Hoogeterp Klaas	67	08-021	1:57.30	25m	30-11-80	Heemskerk (NED)	68
164.	Piek Roy	89	08-021	1:57.69	25m	28-2-02	Heemskerk	68
165.	Arends Peter	79	08-021	1:58.40	25m	4-2-93	Heemskerk (NED)	66
166.	Huis in 't Veld Lorenzo	03	08-021	1:58.99	25m	2-10-16	Purmerend (NED)	65
167.	Kloppenburger Albert	82	08-021	1:59.00	25m	15-1-94		65
168.	Sikkema Joris	86	08-021	1:59.09	25m	22-4-99	Heemskerk (NED)	65
169.	Heeremans Tim	78	08-021	2:01.30	25m	6-12-89		62
170.	Jong Ron	77	08-021	2:03.50	25m	7-12-89	Heemskerk (NED)	59
171.	Sadeghi Hosseen	90	08-021	2:05.06	25m	27-11-03	Heemskerk (NED)	56
172.	Komen Berend	97	08-021	2:06.64	25m	3-3-11	Heemskerk (NED)	54
173.	Ramaakers Raymond	91	08-021	2:06.78	25m	9-11-03	Zaandam	54
174.	Gouweleeuw Raymond	88	08-021	2:08.24	25m	6-2-00	Haarlem (NED)	52
175.	Schipper Erik	72	08-021	2:08.30	25m	13-3-83	Castricum (NED)	52
176.	van de Wijst Peter	69	08-021	2:09.00	25m	4-10-80	Heemskerk (NED)	51
177.	Apeldoorn Alex	89	08-021	2:10.17	25m	1-10-00	Zaandam (NED)	50
178.	Zonneveld Alex	90	08-021	2:11.01	25m	30-9-01	Zaandam (NED)	49
179.	Teufer Florian	95	08-021	2:14.05	25m	8-10-06	Zaandam (NED)	46
180.	Welboren Mark	87	08-021	2:17.99	25m	4-10-98	Haarlem (NED)	42
181.	van Heerwaarden Gerard	70	08-021	2:31.80	25m	4-10-80	Heemskerk (NED)	31

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1.	Jongert Jeroen	96	08-021	2:18.01	25m	12-3-17	Purmerend (NED)	486
2.	Glorie Daan	88	08-021	2:19.44	25m	30-11-06	Heemskerk	471
3.	Hogenstijn Peter	84	08-021	2:19.84	25m	18-3-01	Zaandam (NED)	467
4.	van der Gracht Jory	87	08-021	2:22.47	25m	25-10-09	Nieuwegein (NED)	442
5.	Druyven Jorrick	94	08-021	2:26.21	25m	16-3-08	Zaandam (NED)	409
6.	Kleijne Barry	93	08-021	2:30.37	25m	18-2-10	Heemskerk (NED)	376
7.	Jongert Sjoerd	01	08-021	2:30.67	25m	17-11-18	Hoofddorp (NED)	374
8.	Butter Martijn	79	08-021	2:32.30	25m	9-3-97	Alkmaar (NED)	362
9.	Stins Arnold	83	08-021	2:33.99	25m	16-4-00	Zaandam (NED)	350
10.	van de Poll Kevin	86	08-021	2:39.33	25m	27-11-03	Heemskerk (NED)	316
11.	Kerkhof Arno	72	08-021	2:39.70	25m	30-12-89		314
12.	Oudendijk Paul	81	08-021	2:42.05	25m	25-11-04	Heemskerk (NED)	300
13.	Schelvis Sjeng	89	08-021	2:42.35	25m	25-11-04	Heemskerk (NED)	298
14.	Meijer Arno	75	08-021	2:42.80	25m	15-6-95	Heemskerk (NED)	296
15.	Essers Tim	88	08-021	2:43.76	25m	14-3-10	Heemskerk (NED)	291
16.	Tamis Thijs	82	08-021	2:44.52	25m	20-12-01	Heemskerk	287
17.	van Rookhuizen Barry	82	08-021	2:45.08	25m	20-12-01	Heemskerk	284
18.	Kemmeren Ferry	91	08-021	2:47.34	25m	30-11-06	Heemskerk	273
19.	Schaaper Bart	73	08-021	2:47.60	25m	8-12-88	Heemskerk (NED)	271

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20.	de Wit Stephen	93	08-021	2:48.74	25m	18-2-10	Heemskerk (NED)	266
21.	Kranenburg Fred	63	08-021	2:49.90	25m	18-4-82		260
22.	Kuilman Joris	80	08-021	2:52.03	25m	26-4-01	Heemskerk (NED)	251
23.	de Ruijter Richard	88	08-021	2:53.22	25m	24-11-05	Heemskerk (NED)	246
24.	Lamers Koen	91	08-021	2:53.34	25m	21-1-07	Zaandam (NED)	245
25.	Groen Jarno	01	08-021	2:54.80	25m	27-11-16	Zaandam (NED)	239
26.	Crok Pieter	91	08-021	2:54.98	25m	18-2-10	Heemskerk (NED)	238
27.	de Vijlder Michael	75	08-021	2:55.40	25m	4-2-96	Heerhugowaard (NED)	237
28.	Steenbergen Roderik	82	08-021	2:56.54	25m	27-11-03	Heemskerk (NED)	232
29.	Dekker Matthijs	90	08-021	2:57.64	25m	15-5-05	Zuidoost-Beemster (NED)	228
30.	Oortwijn Maarten	80	08-021	2:59.80	25m	4-2-96	Heerhugowaard (NED)	220
31.	Krijger Jan-Willem	81	08-021	3:01.20	25m	29-3-98	Heemstede (NED)	215
32.	Bok Reitze	73	08-021	3:03.10	25m	8-4-90	Volendam (NED)	208
33.	Verbree John	61	08-021	3:03.50	25m	18-4-82		207
34.	Hagebout Marcel	68	08-021	3:04.10	25m	7-3-82		205
35.	Butter Joris	86	08-021	3:04.27	25m	27-11-03	Heemskerk (NED)	204
36.	van der Kroft Barry	82	08-021	3:04.36	25m	20-12-01	Heemskerk	204
37.	Offringa Rick	03	08-021	3:06.47	25m	27-11-16	Zaandam (NED)	197
38.	Palmboom Pascal	89	08-021	3:07.03	25m	24-11-05	Heemskerk (NED)	195
39.	Kramer Vincent	82	08-021	3:07.07	25m	26-4-01	Heemskerk (NED)	195
40.	de Boer Tobias	02	08-021	3:07.20	25m	13-12-15	Zaandam (NED)	195
41.	Hoening Jarl	86	08-021	3:12.96	25m	20-12-01	Heemskerk	178
42.	Stam Daniël	79	08-021	3:13.30	25m	9-3-97	Alkmaar (NED)	177
43.	Korzelius Ron	65	08-021	3:14.40	25m	18-4-82		174
44.	de Ruijter René	86	08-021	3:16.63	25m	27-11-03	Heemskerk (NED)	168
45.	Wassenaar Marcel	69	08-021	3:21.43	25m	18-2-10	Heemskerk (NED)	156
46.	Hermans Luuk	85	08-021	3:28.56	25m	26-4-01	Heemskerk (NED)	141
47.	Wolf Gert Jan	65	08-021	3:28.90	25m	18-4-82		140
48.	van Hannen Erik	67	08-021	3:30.00	25m	7-3-82		138
49.	van Vegten Teun	01	08-021	3:32.65	25m	19-4-15	Zaandam (NED)	133
50.	de Vries Allard	96	08-021	3:35.46	25m	12-2-12	Heemstede (NED)	127
51.	Vlieland Roy	99	08-021	3:37.53	25m	14-4-13	Zaandam (NED)	124
52.	de Vries Dylan	93	08-021	3:38.56	25m	18-2-10	Heemskerk (NED)	122
53.	Martijn Onno	91	08-021	3:39.76	25m	24-11-05	Heemskerk (NED)	120
54.	Borst Corné	96	08-021	3:49.00	25m	21-3-10	Zaandam (NED)	106
55.	Gaal Koen	99	08-021	3:49.53	25m	18-3-12	Zaandam (NED)	105
56.	Woudsma Stefan	00	08-021	3:50.49	25m	15-12-13	Zaandam (NED)	104
57.	Blaauw Mica	05	08-021	4:07.89	50m	21-1-18	Alkmaar (NED)	91
58.	Tuinstra Sean	98	08-021	4:09.01	25m	12-12-10	Zaandam (NED)	82

1000 vlinderslag

1.	Jongert Sjoerd	01	08-021	17:01.35	25m	7-1-18	Haarlem (NED)	
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100 wisselslag

1.	Kleijne Barry	93	08-021	1:02.37	25m	23-4-15	Heemskerk (NED)	524
2.	Jongert Jeroen	96	08-021	1:03.02	25m	4-10-15	Purmerend (NED)	508
3.	Breton Wouter	89	08-021	1:03.41	25m	1-6-09	Purmerend (NED)	499
4.	Oudendijk Paul	81	08-021	1:04.36	25m	25-2-06	Hoorn (NED)	477
5.	Hogenstijn Peter	84	08-021	1:05.04	25m	10-12-00	Heemskerk (NED)	462
6.	Crok Pieter	91	08-021	1:06.27	25m	17-4-14	Heemskerk (NED)	437
7.	Jongert Sjoerd	01	08-021	1:06.34	25m	15-10-17	Alkmaar (NED)	435
8.	van der Gracht Jory	87	08-021	1:06.35	25m	7-1-12	Hoorn (NED)	435
9.	de Wit Stephen	93	08-021	1:06.50	25m	17-4-14	Heemskerk (NED)	432
10.	Butter Martijn	79	08-021	1:06.54	25m	29-5-08	Heemskerk (NED)	431
11.	Druyven Jorrick	94	08-021	1:06.58	25m	29-5-08	Heemskerk (NED)	431
12.	Schelvis Sjeng	89	08-021	1:06.80	25m	14-5-05	Zuidoost-Beemster (NED)	426
13.	Meijer Arno	75	08-021	1:07.20	25m	15-12-96	Heemskerk (NED)	419
14.	Glorie Daan	88	08-021	1:07.31	25m	19-11-06	Purmerend (NED)	417
15.	Kerkhof Arno	72	08-021	1:07.70	25m	31-12-89	Heemskerk (NED)	410
16.	van Beek Klaas	88	08-021	1:07.95	25m	28-11-09	Dongen (NED)	405
17.	Kuilman Joris	80	08-021	1:08.04	25m	18-2-99	Heemskerk (NED)	404
18.	Kramer Vincent	82	08-021	1:08.24	25m	7-11-04	IJmuiden (NED)	400
19.	Pover Peter	69	08-021	1:08.30	25m	14-3-91	Heemskerk (NED)	399
20.	van de Poll Kevin	86	08-021	1:08.46	25m	11-1-04	Zuidoostbeemster (NED)	396
21.	Essers Tim	88	08-021	1:08.53	25m	30-12-05	Maastricht (NED)	395
22.	de Ruijter Richard	88	08-021	1:08.56	25m	11-1-04	Zuidoostbeemster (NED)	394
23.	Tijms Stefan	93	08-021	1:08.76	25m	17-5-18	Heemskerk (NED)	391
24.	de Boer Stephan	83	08-021	1:08.90	25m	18-2-99	Heemskerk (NED)	389
25.	Steenbergen Roderik	82	08-021	1:09.18	25m	10-12-00	Heemskerk (NED)	384
26.	Gaal Roel	01	08-021	1:09.19	25m	17-5-18	Heemskerk (NED)	384
27.	Kranenburg Fred	63	08-021	1:09.20	25m	31-5-80	Heemskerk (NED)	384
27.	Schaaper Hans	68	08-021	1:09.20	25m	31-12-88		384
27.	Keessen Jeroen	67	08-021	1:09.20	25m	9-12-90	Volendam (NED)	384
30.	Hermans Luuk	85	08-021	1:09.21	25m	7-11-04	IJmuiden (NED)	383
30.	Di Mattia Angelo	97	08-021	1:09.21	25m	8-3-15	Zaandam (NED)	383
32.	Stins Arnold	83	08-021	1:09.28	25m	26-4-01	Heemskerk (NED)	382
33.	Tamis Thijs	82	08-021	1:09.55	25m	24-3-02	Heemstede	378
34.	Gaal Koen	99	08-021	1:09.67	25m	11-5-17	Heemskerk (NED)	376
35.	Hagebout Marcel	68	08-021	1:10.30	25m	6-2-83		366
36.	Offringa Rick	03	08-021	1:10.38	25m	9-12-18	Zaandam (NED)	365
37.	van Rookhuizen Barry	82	08-021	1:10.53	25m	17-10-99	Zaandam (NED)	362
38.	van der Kroft Barry	82	08-021	1:10.77	25m	25-9-03	Heemskerk (NED)	359
39.	de Vries Allard	96	08-021	1:11.20	25m	9-3-14	Zaandam (NED)	352
40.	de Vijlder Michael	75	08-021	1:11.60	25m	15-12-96	Heemskerk (NED)	346
41.	Hoening Jarl	86	08-021	1:11.72	25m	25-9-03	Heemskerk (NED)	344
42.	Groen Jarno	01	08-021	1:11.89	25m	17-5-18	Heemskerk (NED)	342
43.	Butter Joris	86	08-021	1:12.14	25m	25-9-03	Heemskerk (NED)	338
44.	Dijkstra Menno	68	08-021	1:12.20	25m	15-3-87	Heemskerk (NED)	338
45.	Stam Daniël	79	08-021	1:12.30	25m	1-9-96	Assendelft (NED)	336
46.	Palmboom Pascal	89	08-021	1:12.40	25m	25-10-07	Heemskerk (NED)	335
47.	Bok Reitze	73	08-021	1:12.80	25m	9-12-90	Volendam (NED)	329
48.	Schaaper Bart	73	08-021	1:13.00	25m	31-12-88		327
49.	Verbree John	61	08-021	1:13.20	25m	31-5-80	Heemskerk (NED)	324
50.	Dekker Matthijs	90	08-021	1:13.30	25m	8-5-05	Uden	323
51.	Kemmeren Ferry	91	08-021	1:13.73	25m	5-11-06	Zaandam (NED)	317
52.	Goverde Ad	59	08-021	1:13.90	25m	31-5-80	Heemskerk (NED)	315
53.	Woudsma Stefan	00	08-021	1:13.98	25m	18-12-16	Heemskerk (NED)	314

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54.	Wiegman Stefan	74	08-021	1:14.00	25m	12-1-89	Heemskerk (NED)	314
55.	Wassenaar Marcel	69	08-021	1:14.20	25m	12-1-89	Heemskerk (NED)	311
56.	Oortwijn Maarten	80	08-021	1:14.30	25m	23-3-97	Volendam (NED)	310
57.	Dekker Ruben	93	08-021	1:14.36	25m	29-9-05	Heemskerk (NED)	309
58.	Hulshof Patrick	75	08-021	1:14.50	25m	14-3-91	Heemskerk (NED)	307
59.	Plokker Robert	65	08-021	1:14.70	25m	17-2-80	Heerhugowaard (NED)	305
60.	de Ruijter René	86	08-021	1:14.78	25m	14-11-04	Zaandam (NED)	304
61.	Lamers Koen	91	08-021	1:14.88	25m	30-12-06	Maastricht (NED)	303
62.	Zwaan Bas	76	08-021	1:15.10	25m	15-4-93	Heemskerk (NED)	300
63.	de Caluwé Niels	91	08-021	1:15.33	25m	19-4-07	Heemskerk (NED)	297
64.	van Vegten Teun	01	08-021	1:15.42	25m	11-5-17	Heemskerk (NED)	296
65.	Beentjes Bastiaan	78	08-021	1:15.61	25m	14-11-99	Zaandam (NED)	294
66.	Krijger Jan-Willem	81	08-021	1:15.80	25m	30-11-97	Alkmaar (NED)	292
67.	Camphuijnder Jasper	05	08-021	1:16.03	25m	29-12-17	Leeuwarden (NED)	289
68.	Goverde Jeroen	73	08-021	1:16.30	25m	30-12-89		286
69.	van Honschoten Jacky	67	08-021	1:16.50	25m	7-2-82		284
69.	van der Bunt Raymond	73	08-021	1:16.50	25m	15-5-91		284
71.	Martijn Onno	91	08-021	1:16.61	25m	25-10-07	Heemskerk (NED)	283
72.	de Boer Daniël	77	08-021	1:16.70	25m	10-9-95	Assendelft (NED)	282
73.	Andeweg Celedonio	76	08-021	1:16.90	25m	5-2-95	Assendelft (NED)	279
74.	van Duin Peter	65	08-021	1:17.10	25m	31-5-80	Heemskerk (NED)	277
74.	Schaap Paul	75	08-021	1:17.10	25m	4-2-90	Volendam (NED)	277
76.	Switser René	75	08-021	1:17.20	25m	4-2-90	Volendam (NED)	276
77.	Bal Chester	78	08-021	1:17.60	25m	10-12-95	Heemskerk (NED)	272
78.	Dekker Rudie	78	08-021	1:17.90	25m	5-2-95	Assendelft (NED)	269
79.	Windmuller Ton	62	08-021	1:18.10	25m	8-12-79	Heemskerk (NED)	267
80.	Dekker Erik	62	08-021	1:18.60	25m	31-5-80	Heemskerk (NED)	262
81.	Schillemans Bram	99	08-021	1:18.72	25m	19-5-16	Heemskerk (NED)	260
82.	Zonneveld Jeroen	78	08-021	1:19.00	25m	5-10-97	Zaandam (NED)	258
83.	van Hannen Erik	67	08-021	1:19.20	25m	6-2-83		256
84.	Blaauw Eric	67	08-021	1:19.49	25m	26-4-12	Heemskerk (NED)	253
85.	Duin Goos	00	08-021	1:19.62	25m	19-5-16	Heemskerk (NED)	252
86.	de Wildt Thijs	94	08-021	1:19.93	25m	29-11-09	Heemskerk (NED)	249
86.	de Vries Dylan	93	08-021	1:19.93	25m	17-4-14	Heemskerk (NED)	249
88.	Oortwijn Bouke	78	08-021	1:20.33	25m	19-5-16	Heemskerk (NED)	245
89.	van de Sluis Nicolai	66	08-021	1:20.40	25m	6-9-80	Z.O. Beemster (NED)	244
90.	Borst Corné	96	08-021	1:20.68	25m	1-4-12	Zaandam (NED)	242
91.	Zijlstra Jeroen	80	08-021	1:20.80	25m	1-10-95	Heemskerk (NED)	241
92.	de Caluwe Johan	64	08-021	1:20.90	25m	31-5-80	Heemskerk (NED)	240
93.	Kemmeren Andre	88	08-021	1:20.93	25m	30-9-04	Heemskerk (NED)	240
94.	Wolf Gert Jan	65	08-021	1:21.00	25m	17-2-80	Heerhugowaard (NED)	239
95.	Vlieland Roy	99	08-021	1:21.16	25m	25-4-13	Heemskerk (NED)	238
96.	Hoening Sten	84	08-021	1:21.19	25m	9-6-03	Z.o. Beemster	237
97.	Verdonk Pim	63	08-021	1:21.30	25m	8-12-79	Heemskerk (NED)	236
98.	Koopman Axel	92	08-021	1:21.32	25m	26-3-06	Purmerend (NED)	236
99.	de Boer Tobias	02	08-021	1:21.36	25m	9-10-16	Alkmaar (NED)	236
100.	Oortwijn Kalle	05	08-021	1:21.56	25m	15-10-17	Alkmaar (NED)	234
101.	Roosendaal Ben	66	08-021	1:21.60	25m	31-8-80	Heemskerk (NED)	234
101.	Nolte Martijn	74	08-021	1:21.60	25m	20-12-86	Hilversum (NED)	234
103.	Tuinstra Sean	98	08-021	1:21.64	25m	7-4-13	Castricum (NED)	233
104.	Ijntema Tjeerd	99	08-021	1:21.68	25m	19-5-16	Heemskerk (NED)	233
105.	de Weert Sander	72	08-021	1:22.12	25m	13-5-12	Grootebroek (NED)	229
106.	Tijms Eric	64	08-021	1:22.36	25m	26-4-12	Heemskerk (NED)	227

100 wisselslag (sinds 107)

107.	de Caluwe Perry	61	08-021	1:22.50	25m	8-12-79	Heemskerk (NED)	226
108.	Besse Niels	72	08-021	1:22.80	25m	4-2-90	Volendam (NED)	224
109.	Doodeman Niels	89	08-021	1:22.93	25m	27-9-01	Heemskerk	223
110.	Kerdijk Dennis	79	08-021	1:23.10	25m	4-2-96	Heerhugowaard (NED)	221
111.	Korzelius Ron	65	08-021	1:23.80	25m	8-11-80	Heemskerk (NED)	216
112.	Wassenaar Edwin	72	08-021	1:24.30	25m	12-1-89	Heemskerk (NED)	212
113.	Smit Erik	64	08-021	1:25.30	25m	8-11-80	Heemskerk (NED)	205
114.	Woudsma Maarten	01	08-021	1:26.37	25m	19-5-16	Heemskerk (NED)	197
115.	de Roode Jeremiah	99	08-021	1:26.75	25m	14-4-11	Heemskerk (NED)	194
116.	de Groot Peter	80	08-021	1:26.80	25m	16-10-94	Heemskerk (NED)	194
117.	Kemper Marcel	65	08-021	1:27.00	25m	8-11-80	Heemskerk (NED)	193
118.	Blaauw Mica	05	08-021	1:27.73	25m	9-12-18	Zaandam (NED)	188
119.	Nijland Yoran	05	08-021	1:29.75	25m	10-12-17	Zaandam (NED)	176
120.	van Heerwaarden Chiel	05	08-021	1:30.00	25m	9-12-18	Zaandam (NED)	174
121.	Missot Paul	64	08-021	1:30.40	25m	9-11-75	Alkmaar (NED)	172
122.	Bleijendaal Thomas	88	08-021	1:30.76	25m	25-9-03	Heemskerk (NED)	170
123.	de Buyzer Eelco	64	08-021	1:31.10	25m	8-12-79	Heemskerk (NED)	168
124.	Arends Martin	81	08-021	1:31.30	25m	16-6-93		167
125.	Schipper Erik	72	08-021	1:31.60	25m	12-2-84	Heemskerk (NED)	165
126.	Tholen Martijn	72	08-021	1:31.70	25m	12-2-84	Heemskerk (NED)	165
127.	Yayli Serkan	92	08-021	1:31.72	25m	7-11-04	Ijmuiden (NED)	164
128.	Jacobs Patrick	87	08-021	1:32.12	25m	27-9-01	Heemskerk	162
129.	van Lieshout Martin	76	08-021	1:32.30	25m	18-9-88	Heemskerk (NED)	161
130.	Kooistra André	88	08-021	1:32.43	25m	23-1-00	Heemskerk (NED)	161
131.	de Rooij Roel	87	08-021	1:32.61	25m	29-11-98	Zuidoost Beemster (NED)	160
132.	van Rijn Michael	70	08-021	1:32.90	25m	10-1-82	Wormerveer (NED)	158
133.	Boonacker Wietse	68	08-021	1:33.20	25m	2-3-80	Heemskerk (NED)	157
134.	Vessies Max	03	08-021	1:33.24	25m	7-9-14	Zaandam (NED)	156
135.	van Rixel Ferry	64	08-021	1:33.80	25m	12-2-78	Heemskerk (NED)	154
136.	Veldhuis Christian	88	08-021	1:33.81	25m	27-9-01	Heemskerk	154
137.	van Rijn Ian	05	08-021	1:33.88	25m	11-5-17	Heemskerk (NED)	153
138.	Oortwijn Guido	78	08-021	1:34.00	25m	16-5-91	Heemskerk (NED)	153
139.	Josselet Bart	84	08-021	1:34.30	25m	15-11-98	Zaandam (NED)	151
140.	Rasch Wilco	68	08-021	1:34.40	25m	8-11-80	Heemskerk (NED)	151
141.	Koning Arthur	96	08-021	1:34.47	25m	19-11-09	Heemskerk (NED)	150
142.	Groot Sander	88	08-021	1:34.53	25m	23-1-00	Heemskerk (NED)	150
143.	Kaal Dennis	74	08-021	1:34.80	25m	12-1-89	Heemskerk (NED)	149
144.	van Baal Elvin	86	08-021	1:34.81	25m	27-9-01	Heemskerk	149
145.	Vink Gé	60	08-021	1:34.93	25m	21-2-09	Heerenveen (NED)	148
146.	de Vriend Ruben	03	08-021	1:35.00	25m	10-11-13	Zaandam (NED)	148
147.	Dam Norbert	92	08-021	1:35.04	25m	4-4-04	Zaandam	148
148.	Vos Daniël	91	08-021	1:35.09	25m	29-9-05	Heemskerk (NED)	148
149.	van der Linden René	70	08-021	1:35.20	25m	10-1-82	Wormerveer (NED)	147
150.	Sikkema Joris	86	08-021	1:35.43	25m	13-12-98	Heemskerk (NED)	146
151.	Wassenaar Joris	01	08-021	1:35.78	25m	25-4-13	Heemskerk (NED)	144
152.	de Caluwé Thijs	82	08-021	1:35.80	25m	29-10-95	Castricum (NED)	144
153.	Huis in 't Veld Lorenzo	03	08-021	1:35.81	25m	9-10-16	Alkmaar (NED)	144
154.	van Sleen Robin	90	08-021	1:35.94	25m	26-9-02	Heemskerk	144
155.	Hoogeterp Klaas	67	08-021	1:36.10	25m	31-8-80	Heemskerk (NED)	143
156.	Ursem Rob	69	08-021	1:36.30	25m	17-5-81	Castricum (NED)	142
157.	Hoekstra Marcel	78	08-021	1:36.70	25m	13-12-87	Assendelft (NED)	140
157.	Arends Peter	79	08-021	1:36.70	25m	16-6-93		140
159.	de Wit Matthew	97	08-021	1:37.05	25m	17-5-18	Heemskerk (NED)	139

100 wisselslag (sinds 160)

160.	Smit Arend	88	08-021	1:37.47	25m	25-5-00	Heemskerk (NED)	137
161.	Ramaakers Raymond	91	08-021	1:37.59	25m	25-9-03	Heemskerk (NED)	136
162.	Jong Ron	77	08-021	1:37.80	25m	5-11-89	Heemskerk (NED)	136
162.	Thijssen Dave	82	08-021	1:37.80	25m	26-1-95	Heemskerk (NED)	136
164.	Bleijendaal Lucas	83	08-021	1:37.90	25m	29-10-95	Castricum (NED)	135
165.	Litjens Olaf	99	08-021	1:38.43	25m	2-10-11	Heemskerk (NED)	133
166.	Huisman Rene	69	08-021	1:38.70	25m	17-5-81	Castricum (NED)	132
167.	Oudendijk Hans	54	08-021	1:39.10	25m	17-3-07	Lelystad (NED)	130
168.	Manshanden Davy	68	08-021	1:39.30	25m	2-3-80	Heemskerk (NED)	129
169.	van Heerwaarden Gerard	70	08-021	1:39.40	25m	24-1-82		129
170.	Crok Dirk	58	08-021	1:39.44	25m	29-5-08	Heemskerk (NED)	129
171.	Kloppenburg Albert	82	08-021	1:39.50	25m	16-6-93		129
172.	Heeremans Tim	78	08-021	1:40.00	25m	31-12-89	Heemskerk (NED)	127
173.	Blaauw Xam	07	08-021	1:40.03	25m	7-10-18	Purmerend (NED)	127
174.	Smit Rob	69	08-021	1:40.30	25m	2-3-80	Heemskerk (NED)	126
175.	Teufer Lorentz	96	08-021	1:40.33	25m	28-9-06	Heemskerk (NED)	126
175.	van Dijk Mitchell	99	08-021	1:40.33	25m	7-2-10	Heemstede (NED)	126
177.	de Groot Michiel	91	08-021	1:40.46	25m	25-9-03	Heemskerk (NED)	125
178.	Ursem Jerre	73	08-021	1:40.70	25m	12-2-84	Heemskerk (NED)	124
179.	Zwaan Nick	94	08-021	1:41.51	25m	5-6-04	Zaandam (NED)	121
180.	Welboren Mark	87	08-021	1:41.88	25m	15-11-98	Zaandam (NED)	120
181.	de Wit Job	98	08-021	1:41.97	25m	6-1-08	Alkmaar (NED)	120
182.	van Hardeveld Richard	69	08-021	1:42.30	25m	27-9-80	Heemskerk (NED)	118
183.	Liu Andy	04	08-021	1:42.32	25m	11-5-17	Heemskerk (NED)	118
184.	de Rooij Coen	89	08-021	1:43.43	25m	8-5-99	Zuidoost Beemster (NED)	115
185.	Piek Roy	89	08-021	1:43.69	25m	27-9-01	Heemskerk	114
186.	Zonneveld Alex	90	08-021	1:44.02	25m	25-10-01	Heemskerk	113
186.	Aardenburg Koen	91	08-021	1:44.02	25m	27-1-05	Heemskerk (NED)	113
188.	van Heerwaarden Stefan	70	08-021	1:44.10	25m	24-1-82		112
189.	Feyen Erik	66	08-021	1:44.70	25m	10-12-77	Heemskerk (NED)	110
190.	Welp Marco	72	08-021	1:44.80	25m	12-2-84	Heemskerk (NED)	110
191.	van der Gracht Adrie	57	08-021	1:44.82	25m	21-2-15	Heerenveen (NED)	110
192.	Welboren Mischa	89	08-021	1:46.22	25m	15-11-98	Zaandam (NED)	106
193.	Komen Berend	97	08-021	1:46.39	25m	3-10-10	Zaandam (NED)	105
194.	Bruins Jacco	67	08-021	1:47.60	25m	8-12-79	Heemskerk (NED)	102
195.	Teufer Florian	95	08-021	1:47.97	25m	28-9-06	Heemskerk (NED)	101
196.	Meijer Viggo	06	08-021	1:48.55	25m	17-5-18	Heemskerk (NED)	99
197.	Verhagen Bart	85	08-021	1:49.10	25m	14-1-96	Zuidoost Beemster (NED)	98
198.	Sadeghi Hosseen	90	08-021	1:49.88	25m	25-9-03	Heemskerk (NED)	95
199.	Visvaligam Athithyan	02	08-021	1:50.23	25m	10-11-13	Zaandam (NED)	95
200.	Buur Michael	87	08-021	1:50.30	25m	7-5-98	Heemskerk (NED)	94
201.	ten Cate Raymond	82	08-021	1:50.70	25m	19-1-94		93
202.	van de Wijst Peter	69	08-021	1:50.80	25m	8-11-80	Heemskerk (NED)	93
203.	Gouweleeuw Raymond	88	08-021	1:51.26	25m	4-11-99	Heemskerk (NED)	92
204.	van Tilburg Beau	07	08-021	1:51.91	25m	7-10-18	Purmerend (NED)	90
205.	van de Sluis Erwin	71	08-021	1:52.10	25m	28-11-81	Heemskerk (NED)	90
206.	van Hoytema Max	98	08-021	1:52.28	25m	7-2-10	Heemstede (NED)	89
207.	Jong Gregory	80	08-021	1:53.00	25m	4-2-90	Assendelft (NED)	88
208.	Apeldoorn Alex	89	08-021	1:53.09	25m	25-5-00	Heemskerk (NED)	87
209.	Handgraaf Jos	87	08-021	1:54.55	25m	14-11-99	Zaandam (NED)	84
210.	Beeksma Coen	90	08-021	1:54.86	25m	11-11-01	Zaandam	83
211.	van Els Thomas	82	08-021	1:55.20	25m	19-1-94		83
212.	de Groot Pieter	83	08-021	1:55.60	25m	7-11-93	Assendelft (NED)	82

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213.	Ukkerman Benz	02	08-021	1:55.62	25m	17-4-14	Heemskerk (NED)	82
214.	Verhagen Michel	82	08-021	1:56.10	25m	26-1-95	Heemskerk (NED)	81
215.	van Lieshout Rick	78	08-021	1:56.70	25m	16-5-91	Heemskerk (NED)	80
216.	van Wijk Peter	87	08-021	1:58.97	25m	26-11-98	Heemskerk (NED)	75
217.	Wassenaar Teun	03	08-021	1:59.13	25m	25-4-13	Heemskerk (NED)	75
218.	Mulder Mark	97	08-021	2:00.85	25m	27-4-06	Heemskerk	72
219.	de Boer Sem	02	08-021	2:00.87	25m	26-4-12	Heemskerk (NED)	72
220.	Cekic Deniz	97	08-021	2:01.05	25m	29-5-08	Heemskerk (NED)	71
221.	van Leeuwen Elbert	73	08-021	2:02.10	25m	10-4-83	Heemskerk (NED)	69
222.	Viel Stefan	88	08-021	2:05.20	25m	7-5-98	Heemskerk (NED)	64
223.	Verhagen Jeroen	84	08-021	2:10.20	25m	14-12-95	Heemskerk (NED)	57
224.	Glorie Jan	57	08-021	2:10.28	25m	18-2-12	Heerenveen (NED)	57
225.	van der Berg Job	98	08-021	2:12.50	25m	22-1-09	Heemskerk (NED)	54
226.	Grapendaal Aad	42	08-021	2:18.10	25m	23-4-15	Heemskerk (NED)	48

200 wisselslag

1.	Kleijne Barry	93	08-021	2:17.16	25m	30-3-14	Zaandam (NED)	510
2.	Jongert Jeroen	96	08-021	2:18.71	25m	12-3-17	Purmerend (NED)	493
3.	Oudendijk Paul	81	08-021	2:18.77	25m	22-1-06	Emmeloord (NED)	493
4.	Camphuijnder Wilko	69	08-021	2:21.20	25m	6-4-97	Heemskerk (NED)	468
5.	Hogenstijn Peter	84	08-021	2:21.53	25m	26-10-00	Heemskerk (NED)	464
6.	van der Gracht Jory	87	08-021	2:24.23	25m	3-4-11	Zaandam (NED)	439
7.	Schelvis Sjeng	89	08-021	2:24.63	25m	14-5-05	Zuidoost-Beemster (NED)	435
8.	Meijer Arno	75	08-021	2:24.90	25m	26-1-95	Heemskerk (NED)	433
9.	Butter Martijn	79	08-021	2:24.98	25m	25-10-01	Heemskerk	432
10.	Glorie Daan	88	08-021	2:25.60	25m	14-12-06	Heemskerk (NED)	426
11.	de Wit Stephen	93	08-021	2:25.91	25m	30-3-14	Zaandam (NED)	424
12.	Jongert Sjoerd	01	08-021	2:26.20	25m	5-11-17	Alkmaar (NED)	421
13.	Druyven Jorrick	94	08-021	2:26.61	25m	24-3-08	Haarlem (NED)	418
14.	Crok Pieter	91	08-021	2:27.13	25m	1-3-08	Hoornd (NED)	413
15.	Stins Arnold	83	08-021	2:27.81	25m	6-4-02	Hengelo (NED)	408
16.	Essers Tim	88	08-021	2:27.82	25m	13-3-05	Amsterdam (NED)	407
17.	Kuilman Joris	80	08-021	2:28.14	25m	26-11-98	Heemskerk (NED)	405
18.	van de Poll Kevin	86	08-021	2:28.53	25m	29-1-04	Heemskerk (NED)	402
19.	van der Ende Mark	75	08-021	2:30.00	25m	7-5-98	Heemskerk (NED)	390
20.	Offringa Rick	03	08-021	2:30.26	25m	17-11-18	Hoofddorp (NED)	388
21.	Schaaper Hans	68	08-021	2:30.40	25m	21-5-87	Heemskerk (NED)	387
22.	Tamis Thijs	82	08-021	2:30.53	25m	8-9-02	Heemskerk	386
23.	Kerkhof Arno	72	08-021	2:31.50	25m	11-2-90	Heemskerk (NED)	378
24.	de Boer Stephan	83	08-021	2:31.81	25m	26-11-98	Heemskerk (NED)	376
25.	Kranenburg Fred	63	08-021	2:32.00	25m	11-12-83	Heemskerk (NED)	375
26.	Tijms Stefan	93	08-021	2:32.47	25m	18-3-18	Purmerend (NED)	371
27.	Kramer Vincent	82	08-021	2:32.62	25m	28-4-05	Heemskerk (NED)	370
28.	de Ruijter Richard	88	08-021	2:32.66	25m	28-4-05	Heemskerk (NED)	370
29.	Keessen Jeroen	67	08-021	2:32.70	25m	11-12-83	Heemskerk (NED)	370
30.	Korzelius Ron	65	08-021	2:33.10	25m	21-5-87	Heemskerk (NED)	367
31.	Hermans Luuk	85	08-021	2:33.62	25m	19-3-06	Heemskerk (NED)	363
32.	Gaal Koen	99	08-021	2:33.78	25m	14-1-18	Purmerend (NED)	362
33.	Gaal Roel	01	08-021	2:33.84	25m	4-2-18	Purmerend (NED)	361
34.	Dekker Matthijs	90	08-021	2:33.92	25m	16-1-05	Zaandam (NED)	361
35.	Steenbergen Roderik	82	08-021	2:34.48	25m	16-9-01	Zaandam (NED)	357
36.	Hagebout Marcel	68	08-021	2:34.50	25m	11-12-83	Heemskerk (NED)	357

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37.	van Rijn Michael	70	08-021	2:35.50	25m	31-12-86		350
38.	Pover Peter	69	08-021	2:36.60	25m	7-2-88	Heemskerk (NED)	343
39.	Camphuijnder Jasper	05	08-021	2:37.05	25m	17-11-18	Hoofddorp (NED)	340
40.	Verbree John	61	08-021	2:37.20	25m	22-3-81	Wieringerwerf (NED)	339
41.	de Vijlder Michael	75	08-021	2:37.40	25m	6-4-97	Heemskerk (NED)	337
42.	de Vries Allard	96	08-021	2:38.15	25m	10-11-13	Zaandam (NED)	333
43.	Beentjes Bastiaan	78	08-021	2:38.23	25m	12-3-00	Heemskerk (NED)	332
44.	Hoeningk Jarl	86	08-021	2:38.62	25m	30-1-03	Heemskerk	330
45.	van der Kroft Barry	82	08-021	2:39.04	25m	25-10-01	Heemskerk	327
46.	Kemmeren Ferry	91	08-021	2:39.05	25m	14-12-06	Heemskerk (NED)	327
47.	Di Mattia Angelo	97	08-021	2:39.88	25m	16-11-14	Zaandam (NED)	322
48.	Groen Jarno	01	08-021	2:40.15	25m	4-2-18	Purmerend (NED)	320
49.	Wassenaar Marcel	69	08-021	2:40.50	25m	19-3-89	Zaandam (NED)	318
50.	Stam Daniël	79	08-021	2:40.70	25m	19-1-97	Zaandam (NED)	317
51.	Wiegman Stefan	74	08-021	2:40.90	25m	19-2-89	Heemskerk (NED)	316
52.	van der Linden René	70	08-021	2:41.00	25m	29-9-85	Heemskerk (NED)	315
53.	Butter Joris	86	08-021	2:41.11	25m	9-11-03	Zaandam	315
54.	Lamers Koen	91	08-021	2:41.18	25m	14-12-06	Heemskerk (NED)	314
55.	Schaaper Bart	73	08-021	2:41.20	25m	18-2-89		314
56.	van Rookhuizen Barry	82	08-021	2:41.58	25m	8-10-00	Heemskerk (NED)	312
57.	Woudsma Stefan	00	08-021	2:41.60	25m	17-1-16	Purmerend (NED)	312
58.	Goverde Ad	59	08-021	2:42.00	25m	27-1-80	Zaandam (NED)	309
59.	Dekker Ruben	93	08-021	2:42.24	25m	15-1-06	Zaandam (NED)	308
60.	Missot Paul	64	08-021	2:42.30	25m	4-11-79	Zaandam (NED)	308
61.	Krijger Jan-Willem	81	08-021	2:42.37	25m	26-11-98	Heemskerk (NED)	307
62.	Zwaan Bas	76	08-021	2:42.70	25m	23-4-95	Castricum (NED)	305
63.	van Beek Klaas	88	08-021	2:42.89	25m	13-4-09	Haarlem (NED)	304
64.	Plokker Robert	65	08-021	2:43.00	25m	10-4-83	Heemskerk (NED)	304
65.	Dijkstra Menno	68	08-021	2:44.20	25m	21-5-87	Heemskerk (NED)	297
66.	Bok Reitze	73	08-021	2:44.60	25m	1-4-90	Zaandam (NED)	295
67.	de Boer Daniël	77	08-021	2:45.10	25m	15-6-95	Heemskerk (NED)	292
68.	Hulshof Patrick	75	08-021	2:45.60	25m	24-3-93		290
69.	Andeweg Celedonio	76	08-021	2:45.70	25m	25-11-90	Heemskerk (NED)	289
70.	Oortwijn Kalle	05	08-021	2:46.11	25m	4-11-18	Alkmaar (NED)	287
71.	Oortwijn Maarten	80	08-021	2:46.50	25m	26-11-95	Heemskerk (NED)	285
72.	Dekker Rudie	78	08-021	2:47.50	25m	5-3-95	Heemskerk (NED)	280
73.	van der Heijden Hans	60	08-021	2:47.70	25m	8-1-77	Heemskerk (NED)	279
74.	Palmboom Pascal	89	08-021	2:48.55	25m	22-1-09	Heemskerk (NED)	275
75.	Schaap Paul	75	08-021	2:48.60	25m	3-12-89	Zaandam (NED)	274
76.	van Duin Peter	65	08-021	2:49.60	25m	28-11-81	Heemskerk (NED)	270
77.	Goverde Jeroen	73	08-021	2:50.30	25m	1-4-90	Zaandam (NED)	266
78.	Oortwijn Bouke	78	08-021	2:50.80	25m	20-1-94	Heemskerk	264
79.	van Vegten Teun	01	08-021	2:51.25	50m	5-2-17	Alkmaar (NED)	295
80.	Doodeman Niels	89	08-021	2:52.22	25m	10-3-02	Heemskerk	257
81.	de Ruijter René	86	08-021	2:52.32	25m	29-1-04	Heemskerk (NED)	257
82.	Dekker Erik	62	08-021	2:52.80	25m	27-4-80	Assendelft (NED)	255
83.	Switser René	75	08-021	2:52.90	25m	30-9-89		254
84.	Ursem Jerre	73	08-021	2:53.00	25m	21-5-87	Heemskerk (NED)	254
84.	van der Bunt Raymond	73	08-021	2:53.00	25m	24-2-91	Heemskerk (NED)	254
86.	Deen Peter	59	08-021	2:53.80	25m	31-12-75		250
87.	Wolf Gert Jan	65	08-021	2:54.10	25m	6-9-81	Heemskerk (NED)	249
88.	van de Sluis Nicolai	66	08-021	2:54.30	25m	23-5-81	Heemskerk (NED)	248
89.	Overmeer Michel	60	08-021	2:54.50	25m	10-12-77	Heemskerk (NED)	247

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90.	de Vries Dylan	93	08-021	2:54.52	25m	1-4-12	Zaandam (NED)	247
91.	Bal Chester	78	08-021	2:54.60	25m	26-1-95	Heemskerk (NED)	247
92.	Zonneveld Jeroen	78	08-021	2:55.05	25m	26-11-98	Heemskerk (NED)	245
93.	van Hannen Erik	67	08-021	2:55.20	25m	21-3-82		245
94.	de Boer Tobias	02	08-021	2:55.47	25m	12-2-17	Purmerend (NED)	243
95.	de Caluwe Perry	61	08-021	2:55.50	25m	27-4-80	Assendelft (NED)	243
96.	Koopman Axel	92	08-021	2:55.53	25m	19-3-06	Heemskerk (NED)	243
97.	Martijn Onno	91	08-021	2:55.92	25m	13-1-08	Heemskerk (NED)	242
98.	Windmuller Ton	62	08-021	2:56.20	25m	2-3-80	Heemskerk (NED)	240
99.	Hoerink Sten	84	08-021	2:56.65	25m	5-10-03	Heemskerk (NED)	239
100.	Nolte Martijn	74	08-021	2:57.00	25m	21-5-87	Heemskerk (NED)	237
101.	Huisman Rene	69	08-021	2:57.40	25m	11-12-83	Heemskerk (NED)	236
102.	Woudsma Maarten	01	08-021	2:58.26	25m	12-2-17	Purmerend (NED)	232
103.	Schillemans Bram	99	08-021	2:58.40	25m	12-2-17	Purmerend (NED)	232
104.	Vlieland Roy	99	08-021	2:58.78	25m	17-3-13	Zaandam (NED)	230
105.	de Caluwé Niels	91	08-021	2:58.90	25m	15-12-05	Heemskerk (NED)	230
106.	de Boer Elias	70	08-021	2:59.40	25m	23-9-84	Heemskerk (NED)	228
107.	Borst Corné	96	08-021	2:59.55	25m	26-4-12	Heemskerk (NED)	227
108.	van den Akker Dennis	63	08-021	3:00.40	25m	21-4-79	Deinze (BEL)	224
109.	Zijlstra Jeroen	80	08-021	3:00.80	25m	14-12-95	Heemskerk (NED)	222
110.	Kerdijk Dennis	79	08-021	3:00.90	25m	14-12-95	Heemskerk (NED)	222
111.	Windmuller Hans-Pieter	60	08-021	3:01.00	25m	10-12-77	Heemskerk (NED)	222
112.	Bleijendaal Thomas	88	08-021	3:03.34	25m	29-1-04	Heemskerk (NED)	213
113.	Roosendaal Ben	66	08-021	3:03.70	25m	18-1-81	Zaandam (NED)	212
114.	Smit Erik	64	08-021	3:04.00	25m	13-12-80	Heemskerk (NED)	211
115.	de Caluwe Johan	64	08-021	3:04.50	25m	13-4-80	Zaandam (NED)	209
116.	van Honschoten Jacky	67	08-021	3:05.00	25m	11-10-81	Heemskerk (NED)	208
117.	de Weert Sander	72	08-021	3:05.68	25m	16-10-11	Zaandam (NED)	205
118.	Geurs Paul	57	08-021	3:06.00	25m	31-12-75		204
119.	Kemper Marcel	65	08-021	3:06.20	25m	25-10-80	Heemskerk (NED)	204
120.	Duin Goos	00	08-021	3:06.81	25m	18-1-15	Zaandam (NED)	202
121.	Arends Martin	81	08-021	3:07.70	25m	21-2-93	(NED)	199
122.	Tuinstra Sean	98	08-021	3:08.19	25m	26-4-12	Heemskerk (NED)	197
123.	Besse Niels	72	08-021	3:08.80	25m	3-12-89	Zaandam (NED)	195
124.	Blaauw Mica	05	08-021	3:09.66	25m	21-10-18	Purmerend (NED)	193
125.	Ursem Rob	69	08-021	3:10.50	25m	29-9-85	Heemskerk (NED)	190
126.	de Groot Peter	80	08-021	3:10.60	25m	2-5-96	Heemskerk (NED)	190
127.	de Moes Paul	70	08-021	3:11.70	25m	29-9-85	Heemskerk (NED)	187
128.	Kock Albert	61	08-021	3:12.00	25m	31-12-75		186
129.	Hof Ronnalt	60	08-021	3:13.00	25m	27-11-77	IJmuiden (NED)	183
130.	Ijntema Tjeerd	99	08-021	3:13.92	25m	12-2-17	Purmerend (NED)	180
131.	Vos Daniël	91	08-021	3:15.11	25m	14-1-07	Amsterdam (NED)	177
132.	de Rooij Roel	87	08-021	3:16.30	25m	9-5-99	Zaandam (NED)	174
133.	Smit Arend	88	08-021	3:16.45	25m	26-4-01	Heemskerk (NED)	173
134.	Nijland Yoran	05	08-021	3:17.15	25m	14-1-18	Purmerend (NED)	171
135.	van Sleen Robin	90	08-021	3:19.63	25m	30-1-03	Heemskerk	165
136.	Yayli Serkan	92	08-021	3:19.72	25m	27-1-05	Heemskerk (NED)	165
137.	Groot Sander	88	08-021	3:22.72	25m	19-12-99	Wormerveer (NED)	158
138.	Tholen Martijn	72	08-021	3:23.60	25m	11-12-83	Heemskerk (NED)	156
139.	Dam Norbert	92	08-021	3:24.03	25m	6-6-04	Zaandam (NED)	155
140.	Hof Peter	62	08-021	3:24.30	25m	10-12-77	Heemskerk (NED)	154
140.	Boonacker Wietse	68	08-021	3:24.30	25m	30-11-80	Heemskerk (NED)	154
142.	van Rixel Ferry	64	08-021	3:24.70	25m	12-3-78	Zaandam (NED)	153

200 wisselslag (sinds 143)

143.	Hoogeterp Klaas	67	08-021	3:24.80	25m	12-10-80	Wormerveer (NED)	153
144.	Litjens Olaf	99	08-021	3:25.13	25m	15-4-12	Zaandam (NED)	152
145.	van Dijck Bart	63	08-021	3:25.60	25m	10-12-77	Heemskerk (NED)	151
146.	Blaauw Xam	07	08-021	3:25.94	25m	9-12-18	Zaandam (NED)	150
147.	Koning Arthur	96	08-021	3:27.87	25m	16-1-11	Zaandam (NED)	146
148.	Verdonk Pim	63	08-021	3:28.60	25m	10-12-77	Heemskerk (NED)	145
149.	Kloppenburg Albert	82	08-021	3:28.70	25m	28-11-93	Heemskerk (NED)	144
150.	Huis in 't Veld Lorenzo	03	08-021	3:29.77	25m	13-11-16	Purmerend (NED)	142
151.	de Vriend Ruben	03	08-021	3:29.89	25m	24-2-13	Zaandam (NED)	142
152.	Josselet Bart	84	08-021	3:30.66	25m	7-3-99	Zaandam (NED)	140
153.	van Hardeveld Richard	69	08-021	3:30.80	25m	28-11-81	Heemskerk (NED)	140
154.	Wassenaar Edwin	72	08-021	3:31.10	25m	11-12-83	Heemskerk (NED)	140
154.	de Caluwé Thijs	82	08-021	3:31.10	25m	26-1-95	Heemskerk (NED)	140
156.	Arends Peter	79	08-021	3:31.40	25m	24-3-93		139
157.	Jacobs Patrick	87	08-021	3:31.42	25m	25-10-01	Heemskerk	139
158.	Kuijl Ben	62	08-021	3:31.80	25m	10-12-77	Heemskerk (NED)	138
159.	Sikkema Joris	86	08-021	3:32.38	25m	26-11-98	Heemskerk (NED)	137
160.	ten Cate Raymond	82	08-021	3:32.60	25m	26-1-95	Heemskerk (NED)	137
161.	Ramaakers Raymond	91	08-021	3:32.66	25m	29-1-04	Heemskerk (NED)	137
162.	van de Wijst Peter	69	08-021	3:32.80	25m	23-5-81	Heemskerk (NED)	136
162.	Schipper Erik	72	08-021	3:32.80	25m	11-12-83	Heemskerk (NED)	136
164.	Bleijendaal Lucas	83	08-021	3:33.00	25m	14-12-95	Heemskerk (NED)	136
165.	Rasch Wilco	68	08-021	3:33.10	25m	25-10-80	Heemskerk (NED)	136
166.	van Lieshout Martin	76	08-021	3:33.90	25m	4-1-88	Zaandam (NED)	134
167.	Zwaan Nick	94	08-021	3:37.57	25m	29-2-04	Wormerveer	127
168.	de Rooij Coen	89	08-021	3:38.74	25m	30-3-00	Heemskerk (NED)	125
169.	Welboren Mark	87	08-021	3:39.28	25m	17-1-99	Heemskerk (NED)	124
170.	van Heerwaarden Stefan	70	08-021	3:39.60	25m	3-4-82	Heemskerk (NED)	124
171.	Smit Rob	69	08-021	3:40.50	25m	25-10-80	Heemskerk (NED)	122
172.	van Heerwaarden Gerard	70	08-021	3:40.60	25m	3-4-82	Heemskerk (NED)	122
173.	Feyen Erik	66	08-021	3:41.00	25m	26-2-78	Castricum (NED)	122
174.	Teufer Lorentz	96	08-021	3:42.21	25m	8-10-06	Zaandam (NED)	120
175.	Brands Ronald	75	08-021	3:43.30	25m	21-5-87	Heemskerk (NED)	118
176.	de Wit Matthew	97	08-021	3:46.67	50m	11-5-14	Antwerpen (BEL)	127
177.	Manshanden Davy	68	08-021	3:47.20	25m	13-12-80	Heemskerk (NED)	112
178.	de Groot Pieter	83	08-021	3:52.30	25m	13-11-94	Hoorl (NED)	105
179.	Kloek Ralph	68	08-021	3:52.80	25m	23-5-81	Heemskerk (NED)	104
180.	Sadeghi Hosseen	90	08-021	3:56.49	25m	29-1-04	Heemskerk (NED)	99
181.	van de Sluis Ignat	69	08-021	4:00.50	25m	23-5-81	Heemskerk (NED)	94
182.	de Boer Sem	02	08-021	4:02.86	25m	27-1-13	Zaandam (NED)	91
183.	Verhagen Bart	85	08-021	4:12.90	25m	15-10-95	Alkmaar (NED)	81
184.	Verhagen Michel	82	08-021	4:21.70	25m	14-12-95	Heemskerk (NED)	73
185.	Welp Marco	72	08-021	4:58.70	25m	2-9-84	Heemskerk (NED)	49

300 wisselslag

1.	Oudendijk Paul	81	08-021	3:44.15	25m	9-12-07	Zaandam (NED)
2.	van der Gracht Jory	87	08-021	3:47.27	25m	8-11-09	Zaandam (NED)
3.	Glorie Daan	88	08-021	3:50.50	25m	12-1-06	Heemskerk (NED)
4.	Butter Martijn	79	08-021	3:51.63	25m	23-12-01	Amsterdam
5.	Schelvis Sjeng	89	08-021	3:53.16	25m	19-12-04	Heemskerk (NED)
6.	Tamis Thijs	82	08-021	3:54.84	25m	23-12-01	Amsterdam
7.	Stins Arnold	83	08-021	3:57.42	25m	20-1-01	Amsterdam (NED)
8.	de Ruijter Richard	88	08-021	3:58.55	25m	19-12-04	Heemskerk (NED)
9.	van de Poll Kevin	86	08-021	3:58.72	25m	30-11-03	Heemskerk (NED)
10.	Kuilman Joris	80	08-021	4:02.54	25m	23-1-00	Heemskerk (NED)
11.	Dekker Matthijs	90	08-021	4:02.55	25m	19-12-04	Heemskerk (NED)
12.	Crok Pieter	91	08-021	4:02.72	25m	3-12-06	Zaandam (NED)
13.	Essers Tim	88	08-021	4:04.54	25m	24-11-02	Amsterdam
14.	Hoening Jarl	86	08-021	4:05.08	25m	30-11-03	Heemskerk (NED)
15.	Druyven Jorrick	94	08-021	4:06.02	25m	9-12-07	Zaandam (NED)
16.	Kramer Vincent	82	08-021	4:10.11	25m	23-1-00	Heemskerk (NED)
17.	Butter Joris	86	08-021	4:14.80	25m	30-11-03	Heemskerk (NED)
18.	Dekker Ruben	93	08-021	4:15.56	25m	12-1-06	Heemskerk (NED)
19.	Hermans Luuk	85	08-021	4:19.01	25m	20-1-01	Amsterdam (NED)
20.	Kemmeren Ferry	91	08-021	4:21.10	25m	12-1-06	Heemskerk (NED)
21.	Kleijne Barry	93	08-021	4:22.74	25m	9-11-08	Zaandam (NED)
22.	Lamers Koen	91	08-021	4:26.99	25m	19-12-04	Heemskerk (NED)
23.	van der Kroft Barry	82	08-021	4:28.82	25m	24-11-02	Amsterdam
24.	Palmboom Pascal	89	08-021	4:33.44	25m	19-12-04	Heemskerk (NED)
25.	Tijms Stefan	93	08-021	4:44.57	25m	9-12-07	Zaandam (NED)
26.	de Ruijter René	86	08-021	4:46.04	25m	30-11-03	Heemskerk (NED)
27.	Doodeman Niels	89	08-021	4:51.89	25m	23-12-01	Amsterdam
28.	de Caluwé Niels	91	08-021	5:31.40	25m	30-11-03	Heemskerk (NED)

400 wisselslag

1.	Oudendijk Paul	81	08-021	5:01.76	25m	19-2-06	Zaandam (NED)	475
2.	Hogenstijn Peter	84	08-021	5:02.52	25m	25-2-01	Heemskerk (NED)	471
3.	Butter Martijn	79	08-021	5:07.16	25m	25-2-01	Heemskerk (NED)	450
4.	van der Gracht Jory	87	08-021	5:09.36	25m	28-3-10	Zeist (NED)	441
5.	Glorie Daan	88	08-021	5:10.47	25m	28-1-07	Zaandam (NED)	436
6.	Druyven Jorrick	94	08-021	5:13.58	25m	30-3-08	Zaandam (NED)	423
7.	Stins Arnold	83	08-021	5:18.45	25m	30-3-00	Heemskerk (NED)	404
8.	Tamis Thijs	82	08-021	5:18.70	25m	25-2-01	Heemskerk (NED)	403
9.	Kleijne Barry	93	08-021	5:18.83	25m	7-2-10	Zaandam (NED)	402
10.	Meijer Arno	75	08-021	5:19.50	25m	8-6-95	Heemskerk (NED)	400
11.	Offringa Rick	03	08-021	5:20.29	25m	24-11-18	Hoofddorp (NED)	397
12.	Dekker Matthijs	90	08-021	5:25.26	25m	30-1-05	Zaandam (NED)	379
13.	Essers Tim	88	08-021	5:26.13	25m	23-2-03	Heemskerk	376
14.	Jongert Sjoerd	01	08-021	5:27.25	25m	19-3-17	Zaandam (NED)	372
15.	Crok Pieter	91	08-021	5:27.53	25m	28-1-07	Zaandam (NED)	371
16.	Kuilman Joris	80	08-021	5:27.56	25m	30-3-00	Heemskerk (NED)	371
17.	Schelvis Sjeng	89	08-021	5:31.11	25m	29-2-04	Wormerveer	359
18.	van de Poll Kevin	86	08-021	5:32.94	25m	29-2-04	Wormerveer	353
19.	Kranenburg Fred	63	08-021	5:33.40	25m	28-2-82		352
20.	Kerkhof Arno	72	08-021	5:34.20	25m	3-2-90		349
21.	de Boer Stephan	83	08-021	5:34.83	25m	28-2-99	Zaandam (NED)	347
22.	de Ruijter Richard	88	08-021	5:38.54	25m	30-1-05	Zaandam (NED)	336

400 wisselslag (sinds 23)

23.	Beentjes Bastiaan	78	08-021	5:39.11	25m	30-3-00	Heemskerk (NED)	334
24.	Verbree John	61	08-021	5:40.00	25m	5-4-81	Heemskerk (NED)	332
25.	Steenbergen Roderik	82	08-021	5:42.81	25m	30-3-00	Heemskerk (NED)	324
26.	Kramer Vincent	82	08-021	5:46.80	25m	22-2-98	Zaandam (NED)	313
27.	de Vijlder Michael	75	08-021	5:47.30	25m	22-2-97		311
28.	Hoening Jarl	86	08-021	5:48.06	25m	24-2-02	Heemskerk	309
29.	Kemmeren Ferry	91	08-021	5:52.82	25m	28-1-07	Zaandam (NED)	297
30.	Keessen Jeroen	67	08-021	5:53.80	25m	3-4-82	Heemskerk (NED)	294
31.	Stam Daniël	79	08-021	5:55.40	25m	29-3-98	Heemstede (NED)	290
32.	van Rookhuizen Barry	82	08-021	5:57.32	25m	30-3-00	Heemskerk (NED)	286
33.	Plokker Robert	65	08-021	5:57.70	25m	5-4-81	Heemskerk (NED)	285
34.	Butter Joris	86	08-021	6:00.84	25m	25-2-01	Heemskerk (NED)	277
35.	van Duin Peter	65	08-021	6:03.70	25m	28-2-82		271
36.	Lamers Koen	91	08-021	6:04.81	25m	30-1-05	Zaandam (NED)	269
37.	Hermans Luuk	85	08-021	6:06.91	25m	25-2-01	Heemskerk (NED)	264
38.	Korzelius Ron	65	08-021	6:08.60	25m	28-2-82		260
39.	Zwaan Bas	76	08-021	6:09.40	25m	8-6-95	Heemskerk (NED)	259
40.	van Vegten Teun	01	08-021	6:11.44	25m	19-3-17	Zaandam (NED)	254
41.	Wassenaar Marcel	69	08-021	6:12.59	25m	19-2-11	Heerenveen (NED)	252
42.	Palmboom Pascal	89	08-021	6:16.28	25m	29-2-04	Wormerveer	245
43.	van de Sluis Nicolai	66	08-021	6:17.90	25m	3-4-82	Heemskerk (NED)	242
44.	Dekker Rudie	78	08-021	6:19.10	25m	6-3-94	Assendelft (NED)	239
45.	Vlieland Roy	99	08-021	6:23.86	25m	19-5-13	Purmerend (NED)	230
46.	Goverde Ad	59	08-021	6:24.90	25m	3-4-82	Heemskerk (NED)	229
47.	Hoening Sten	84	08-021	6:26.33	25m	30-3-00	Heemskerk (NED)	226
48.	Windmuller Ton	62	08-021	6:28.50	25m	5-4-81	Heemskerk (NED)	222
49.	Oortwijn Maarten	80	08-021	6:32.30	25m	8-6-95	Heemskerk (NED)	216
50.	Wolf Gert Jan	65	08-021	6:36.50	25m	3-4-82	Heemskerk (NED)	209
51.	Martijn Onno	91	08-021	6:37.68	25m	15-6-06	Heemskerk (NED)	207
52.	de Weert Sander	72	08-021	6:39.84	25m	4-12-11	Zaandam (NED)	204
53.	van Honschoten Jacky	67	08-021	6:41.40	25m	3-4-82	Heemskerk (NED)	201
54.	Schillemans Bram	99	08-021	6:41.90	25m	9-10-16	Alkmaar (NED)	201
55.	de Ruijter René	86	08-021	6:42.03	25m	30-3-00	Heemskerk (NED)	201
56.	Schaaper Hans	68	08-021	7:05.50	25m	3-4-82	Heemskerk (NED)	169
57.	Pover Peter	69	08-021	7:14.30	25m	3-4-82	Heemskerk (NED)	159
58.	Ursem Rob	69	08-021	7:27.60	25m	3-4-82	Heemskerk (NED)	145