

25 vrije slag

1.	Schelvis Femke	84	08-021	13.11	25m	25-3-99	Heemskerk (NED)	507
2.	de Groot Daniëlle	93	08-021	13.42	25m	31-5-08	Aalsmeer (NED)	473
3.	Meijer Sylvia	81	08-021	13.43	25m	4-5-00	Heemskerk (NED)	472
4.	Crok Linda	94	08-021	13.48	25m	30-6-11	Heemskerk (NED)	467
5.	Hulshof Saskia	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)	445
5.	Schuyt Simone	75	08-021	13.70	25m	31-12-89	Heemskerk (NED)	445
7.	Palmboom Nicole	91	08-021	13.79	25m	27-4-06	Heemskerk	436
8.	Koster Lisa	94	08-021	13.81	25m	31-5-08	Aalsmeer (NED)	434
9.	van der Kroft Nicole	84	08-021	13.95	25m	29-3-01	Heemskerk (NED)	421
10.	van Staveren Marina	78	08-021	14.04	25m	14-4-11	Heemskerk (NED)	413
11.	Schelvis Roos	86	08-021	14.05	25m	29-3-01	Heemskerk (NED)	412
11.	Vink Lidewij	90	08-021	14.05	25m	19-4-07	Heemskerk (NED)	412
13.	Besse Karen	75	08-021	14.10	25m	31-12-89	Heemskerk (NED)	408
14.	Hoek Daniëlle	88	08-021	14.12	25m	30-6-11	Heemskerk (NED)	406
15.	van der Geest Saskia	73	08-021	14.20	25m	12-1-89	Heemskerk (NED)	399
15.	Stam Vanessa	80	08-021	14.20	25m	13-3-97	Heemskerk (NED)	399
17.	van Ballegooie Simone	84	08-021	14.26	25m	29-3-01	Heemskerk (NED)	394
18.	Groen Anne	95	08-021	14.32	25m	30-6-11	Heemskerk (NED)	389
19.	Kleijne Daisy	89	08-021	14.33	25m	27-4-06	Heemskerk	388
20.	Kramer Miranda	80	08-021	14.34	25m	4-5-00	Heemskerk (NED)	388
21.	van Rookhuizen Sieta	79	08-021	14.35	25m	4-5-00	Heemskerk (NED)	387
22.	Vink Marjolein	93	08-021	14.37	25m	29-5-08	Heemskerk (NED)	385
23.	Stam Sabrina	82	08-021	14.40	25m	12-2-98	Heemskerk (NED)	383
24.	Stins Mariska	84	08-021	14.42	25m	29-5-08	Heemskerk (NED)	381
25.	Hogema Fabiën	93	08-021	14.43	25m	19-4-07	Heemskerk (NED)	380
26.	Visser Kelly	89	08-021	14.45	25m	23-10-10	Emmeloord (NED)	379
27.	Meijer Linda	77	08-021	14.50	25m	26-9-92		375
28.	Butter Anouk	82	08-021	14.51	25m	29-3-01	Heemskerk (NED)	374
28.	Essers Sanne	91	08-021	14.51	25m	27-4-06	Heemskerk	374
30.	Crok Annemarie	89	08-021	14.65	25m	30-6-11	Heemskerk (NED)	363
31.	Mallon Danique	94	08-021	14.67	25m	29-5-08	Heemskerk (NED)	362
32.	de Boer Irene	84	08-021	14.70	25m	29-3-01	Heemskerk (NED)	360
33.	de Vries Chrissie	93	08-021	14.72	25m	19-4-07	Heemskerk (NED)	358
34.	Limmen Karin	76	08-021	14.90	25m	26-9-92		345
34.	Krouwels Tanja	79	08-021	14.90	25m	12-2-98	Heemskerk (NED)	345
36.	Heus Pauline	78	08-021	14.94	25m	4-5-00	Heemskerk (NED)	343
37.	van der Gracht Anouk	89	08-021	14.95	25m	19-4-07	Heemskerk (NED)	342
38.	Boekling Annette	85	08-021	14.97	25m	4-5-00	Heemskerk (NED)	341
39.	Zonneveld Cindy	75	08-021	15.00	25m	31-12-89	Heemskerk (NED)	339
40.	Zwarthoed Brenda	96	08-021	15.02	25m	31-5-08	Aalsmeer (NED)	337
41.	Dijkstra Lisette	86	08-021	15.10	25m	10-12-98	Heemskerk (NED)	332
42.	Petit Kirsten	00	08-021	15.17	25m	30-6-11	Heemskerk (NED)	327
43.	Bruin Adri	74	08-021	15.20	25m	12-1-89	Heemskerk (NED)	325
43.	Rodenburg Rianne	93	08-021	15.20	25m	27-4-06	Heemskerk	325
45.	Regelink Anneke	83	08-021	15.21	25m	25-3-99	Heemskerk (NED)	325
46.	Niesten Iris	92	08-021	15.24	25m	19-4-07	Heemskerk (NED)	323
47.	Bos Chantal	74	08-021	15.30	25m	12-1-89	Heemskerk (NED)	319
48.	Deiman Caroline	67	08-021	15.40	25m	12-1-89	Heemskerk (NED)	313
48.	Hommersen Sandra	84	08-021	15.40	25m	12-2-98	Heemskerk (NED)	313
50.	Koper Birgit	87	08-021	15.46	25m	27-4-06	Heemskerk	309
51.	Visser Stacey	87	08-021	15.48	25m	29-3-01	Heemskerk (NED)	308
52.	Bruin Marianne	78	08-021	15.50	25m	16-5-91	Heemskerk (NED)	307

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53.	de Boer Claudia	77	08-021	15.60	25m	31-12-89	Heemskerk (NED)	301
53.	van Honk Chantal	80	08-021	15.60	25m	26-9-92		301
53.	ten Cate Joyce	80	08-021	15.60	25m	13-5-07	Grootebroek (NED)	301
56.	Liefting Sarina	93	08-021	15.66	25m	27-4-06	Heemskerk	298
57.	de Vries Cathy	77	08-021	15.70	25m	16-5-91	Heemskerk (NED)	295
57.	de Boer Angela	80	08-021	15.70	25m	27-4-95	Heemskerk (NED)	295
59.	Lindelauf Priscilla	85	08-021	15.79	25m	29-3-01	Heemskerk (NED)	290
59.	van Kooten Cynthia	93	08-021	15.79	25m	30-11-06	Heemskerk	290
61.	Keessen Pam	62	08-021	15.80	25m	14-9-76	Heemskerk (NED)	290
61.	Moolevliet Petra	82	08-021	15.80	25m	14-3-96	Heemskerk (NED)	290
63.	Koopman Anitra	89	08-021	15.87	25m	29-3-01	Heemskerk (NED)	286
64.	Hoek Laura	86	08-021	15.88	25m	4-5-00	Heemskerk (NED)	285
65.	Splinter Nathalie	75	08-021	15.90	25m	12-1-89	Heemskerk (NED)	284
65.	Oudendijk Bianca	79	08-021	15.90	25m	27-4-95	Heemskerk (NED)	284
67.	de Ruijter Linda	87	08-021	16.00	25m	15-2-01	Heemskerk (NED)	279
68.	van Ballegooie Stefanie	86	08-021	16.03	25m	4-5-00	Heemskerk (NED)	277
69.	Teufer Irene	96	08-021	16.12	25m	19-4-07	Heemskerk (NED)	273
70.	Limmen Miriam	75	08-021	16.20	25m	12-1-89	Heemskerk (NED)	269
70.	van Velsen Patricia	79	08-021	16.20	25m	27-4-95	Heemskerk (NED)	269
70.	Dijkstra Maud	84	08-021	16.20	25m	5-3-98	Heemskerk (NED)	269
73.	Vredenburg Roos	95	08-021	16.23	25m	29-5-08	Heemskerk (NED)	267
74.	van der Eng Laura	80	08-021	16.30	25m	14-3-96	Heemskerk (NED)	264
75.	Smit Lydia	84	08-021	16.32	25m	25-3-99	Heemskerk (NED)	263
75.	Nijman José	93	08-021	16.32	25m	29-5-08	Heemskerk (NED)	263
77.	Welboren Trudy	61	08-021	16.40	25m	14-9-76	Heemskerk (NED)	259
78.	Molenaar Eline	82	08-021	16.51	25m	25-3-99	Heemskerk (NED)	254
79.	de Vries Justine	83	08-021	16.60	25m	13-3-97	Heemskerk (NED)	250
79.	Cappelle Carlijn	82	08-021	16.60	25m	13-3-97	Heemskerk (NED)	250
79.	Buur Naomi	01	08-021	16.60	25m	26-4-12	Heemskerk (NED)	250
82.	Wegchelaer Ageeth	62	08-021	16.70	25m	30-3-76	Heemskerk (NED)	245
82.	Huneker Jolanda	79	08-021	16.70	25m	12-2-98	Heemskerk (NED)	245
82.	Zonneveld Chantal	84	08-021	16.70	25m	22-2-01	Heemskerk (NED)	245
82.	van Koeveringe Nicole	93	08-021	16.70	25m	27-4-06	Heemskerk	245
86.	Groot Tineke	60	08-021	17.00	25m	30-3-76	Heemskerk (NED)	232
86.	ten Cate Ilona	85	08-021	17.00	25m	29-3-01	Heemskerk (NED)	232
88.	Ivens Suzanne	99	08-021	17.01	25m	30-6-11	Heemskerk (NED)	232
89.	Zonneveld Monica	80	08-021	17.10	25m	16-6-93		228
89.	van Leen Cynthia	81	08-021	17.10	25m	14-3-96	Heemskerk (NED)	228
91.	van Putten Demi	96	08-021	17.11	25m	30-6-11	Heemskerk (NED)	228
92.	Stel Kaylin	01	08-021	17.16	25m	3-1-10	Culemborg (NED)	226
92.	de Vriend Sofie	01	08-021	17.16	25m	26-4-12	Heemskerk (NED)	226
94.	Koper Fiona	01	08-021	17.19	25m	26-4-12	Heemskerk (NED)	225
95.	Limmen Anita	78	08-021	17.20	25m	26-9-92		224
96.	Steenkamp Ciska	90	08-021	17.25	25m	29-3-01	Heemskerk (NED)	222
96.	Kesting Alexandra	00	08-021	17.25	25m	14-4-11	Heemskerk (NED)	222
98.	Domburg Irma	62	08-021	17.30	25m	30-3-76	Heemskerk (NED)	221
98.	Cappelle Marcella	85	08-021	17.30	25m	12-2-98	Heemskerk (NED)	221
100.	Koper Ella	90	08-021	17.47	25m	27-4-06	Heemskerk	214
101.	Glorie Astrid	63	08-021	17.50	25m	14-9-76	Heemskerk (NED)	213
102.	Beeksma Anne	88	08-021	17.64	25m	29-3-01	Heemskerk (NED)	208
103.	de Haan Shira	00	08-021	17.65	25m	14-4-11	Heemskerk (NED)	208
104.	Besse Meta	78	08-021	17.70	25m	31-12-89	Heemskerk (NED)	206
104.	Bakker Jesca	79	08-021	17.70	25m	31-12-89	Heemskerk (NED)	206

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104.	Mulder Amy	80	08-021	17.70	25m	16-6-93		206
104.	Hoogervorst Marlon	84	08-021	17.70	25m	16-2-95	Heemskerk (NED)	206
104.	Zijlstra Mariëlle	83	08-021	17.70	25m	14-3-96	Heemskerk (NED)	206
109.	Beentjes Nicolet	80	08-021	17.81	25m	25-3-99	Heemskerk (NED)	202
110.	Wissenburg Petra	65	08-021	17.90	25m	14-9-76	Heemskerk (NED)	199
111.	Viel Bianca	85	08-021	17.95	25m	4-5-00	Heemskerk (NED)	197
112.	Reijnders Sandra	64	08-021	18.00	25m	14-9-76	Heemskerk (NED)	196
112.	Teunissen Petra	64	08-021	18.00	25m	14-9-76	Heemskerk (NED)	196
114.	Bakker Daniëlle	96	08-021	18.12	25m	29-5-08	Heemskerk (NED)	192
115.	Dijkstra Janet	77	08-021	18.20	25m	12-1-89	Heemskerk (NED)	189
116.	de Boer Maia	03	08-021	18.25	25m	13-4-14	Zaandam (NED)	188
117.	de Wolff Isabel	01	08-021	18.27	25m	26-4-12	Heemskerk (NED)	187
118.	Mosch Sabina	84	08-021	18.30	25m	12-2-98	Heemskerk (NED)	186
119.	Dijkstra Pascal	89	08-021	18.42	25m	22-11-98	Zaandam (NED)	183
120.	Dekker Danyk	94	08-021	18.48	25m	29-5-08	Heemskerk (NED)	181
121.	van der Wijden Eline	88	08-021	18.49	25m	29-3-01	Heemskerk (NED)	181
122.	Walraven Annet	62	08-021	18.60	25m	30-3-76	Heemskerk (NED)	177
123.	de Graaf Annemiek	70	08-021	18.70	25m	16-3-80	Heemskerk (NED)	175
123.	van den Braber Liesbeth	84	08-021	18.70	25m	12-2-98	Heemskerk (NED)	175
125.	de Laat Anita	75	08-021	19.00	25m	22-3-88	Heemskerk (NED)	166
126.	Wieman Lianne	03	08-021	19.03	25m	13-4-14	Zaandam (NED)	166
127.	Rodenburg Kyra	96	08-021	19.11	25m	27-4-06	Heemskerk	163
128.	van Huisstede Nikita	01	08-021	19.15	25m	26-4-12	Heemskerk (NED)	162
129.	Knight Kayleigh	00	08-021	19.17	25m	30-6-11	Heemskerk (NED)	162
130.	Geurtsen Daisy	89	08-021	19.18	25m	29-3-01	Heemskerk (NED)	162
131.	Huisman Lianne	87	08-021	19.20	25m	22-3-01	Heemskerk (NED)	161
132.	Elghandor Kiyaan	03	08-021	19.21	25m	13-4-14	Zaandam (NED)	161
133.	Dekker Elise	97	08-021	19.34	25m	20-3-05	Heemstede (NED)	158
134.	van Rijn Sydney	03	08-021	19.35	25m	13-4-14	Zaandam (NED)	157
135.	Peters Yvonne	63	08-021	19.40	25m	14-9-76	Heemskerk (NED)	156
135.	de Groot Linda	81	08-021	19.40	25m	10-11-94	Heemskerk (NED)	156
137.	Hoekstra Eline	03	08-021	19.46	25m	26-4-12	Heemskerk (NED)	155
137.	Venema Jalina	04	08-021	19.46	25m	13-4-14	Zaandam (NED)	155
139.	de Visser Jolanda	62	08-021	19.50	25m	30-3-76	Heemskerk (NED)	154
139.	Schijf Irene	83	08-021	19.50	25m	16-3-95	Heemskerk (NED)	154
139.	Martens Priscilla	85	08-021	19.50	25m	20-3-97	Heemskerk (NED)	154
142.	Nijman Linda	89	08-021	19.57	25m	29-3-01	Heemskerk (NED)	152
143.	Welboren Els	64	08-021	19.60	25m	14-9-76	Heemskerk (NED)	151
144.	Copier Alyssa	04	08-021	19.65	25m	13-4-14	Zaandam (NED)	150
145.	Buur Cindy	99	08-021	19.72	25m	14-4-11	Heemskerk (NED)	149
146.	van Sikkelerus Lisa	99	08-021	19.75	25m	30-6-11	Heemskerk (NED)	148
147.	van der Horst Sacha	69	08-021	19.80	25m	1-9-79	Heemskerk (NED)	147
148.	van Zwieten Jacqueline	64	08-021	20.00	25m	14-9-76	Heemskerk (NED)	143
148.	de Weers Anne-Michelle	63	08-021	20.00	25m	14-9-76	Heemskerk (NED)	143
148.	Potemans Priscilla	84	08-021	20.00	25m	13-3-97	Heemskerk (NED)	143
151.	Sobh Shaime	03	08-021	20.01	25m	13-4-14	Zaandam (NED)	142
152.	Hofland Yasmin	01	08-021	20.03	25m	26-4-12	Heemskerk (NED)	142
153.	Veldhuis Amelia	03	08-021	20.08	25m	13-4-14	Zaandam (NED)	141
154.	Palthe Monique	64	08-021	20.10	25m	14-9-76	Heemskerk (NED)	140
154.	Snijder Femke	83	08-021	20.10	25m	20-1-94	Heemskerk	140
154.	Werdekker Marjolein	81	08-021	20.10	25m	13-3-97	Heemskerk (NED)	140
157.	Borg Karin	61	08-021	20.20	25m	30-3-76	Heemskerk (NED)	138
157.	Pover Ellen	72	08-021	20.20	25m	13-12-81	Volendam (NED)	138

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157.	Bakker Anna	97	08-021	20.20	25m	29-5-08	Heemskerk (NED)	138
160.	Pezo Adna	90	08-021	20.28	25m	29-3-01	Heemskerk (NED)	137
161.	van de Kamp Pauline	61	08-021	20.40	25m	30-3-76	Heemskerk (NED)	134
161.	Put Ann	64	08-021	20.40	25m	30-3-76	Heemskerk (NED)	134
161.	Gerritsen Jolanda	64	08-021	20.40	25m	14-9-76	Heemskerk (NED)	134
164.	van Galen Marion	61	08-021	20.50	25m	30-3-76	Heemskerk (NED)	132
164.	Buur Carina	64	08-021	20.50	25m	14-9-76	Heemskerk (NED)	132
164.	Windmuller Wendy	69	08-021	20.50	25m	1-9-79	Heemskerk (NED)	132
167.	Welboren Julia	00	08-021	20.65	25m	26-4-12	Heemskerk (NED)	129
168.	Grul Lisanne	97	08-021	20.86	25m	29-5-08	Heemskerk (NED)	126
169.	Kerkhoven Michelle	91	08-021	20.87	25m	29-3-01	Heemskerk (NED)	125
170.	Schaaper Margriet	62	08-021	20.90	25m	30-3-76	Heemskerk (NED)	125
170.	van der Horst Wendy	72	08-021	20.90	25m	10-2-80	Heerhugowaard (NED)	125
170.	van Honschoten Ingeborg	70	08-021	20.90	25m	16-3-80	Heemskerk (NED)	125
173.	Blaauw Yente	03	08-021	21.02	25m	26-4-12	Heemskerk (NED)	123
174.	Wentink Yara	04	08-021	21.04	25m	13-4-14	Zaandam (NED)	122
175.	Pover Karin	67	08-021	21.10	25m	14-9-76	Heemskerk (NED)	121
176.	Renkema Iris	04	08-021	21.27	25m	11-11-12	Schagen (NED)	118
177.	Numan Annelies	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)	116
178.	Hoekstra Femke	05	08-021	21.57	25m	13-4-14	Zaandam (NED)	114
179.	van Ederen Jasmijn	10	08-021	21.65	25m	13-5-18	Haarlem (NED)	112
180.	Hoeksema Kim	90	08-021	21.68	25m	29-3-01	Heemskerk (NED)	112
181.	Tholen Kirsten	66	08-021	21.70	25m	14-9-76	Heemskerk (NED)	111
182.	Limmen Corina	65	08-021	21.80	25m	14-9-76	Heemskerk (NED)	110
182.	Heus Inge	81	08-021	21.80	25m	16-5-91	Heemskerk (NED)	110
182.	Werdekker Esther	83	08-021	21.80	25m	13-3-97	Heemskerk (NED)	110
185.	van Noort Jony	85	08-021	21.90	25m	14-3-96	Heemskerk (NED)	108
186.	Leek Marja	63	08-021	22.50	25m	30-3-76	Heemskerk (NED)	100
187.	van de Kamp Yvonne	65	08-021	22.60	25m	14-9-76	Heemskerk (NED)	99
188.	Jonker Monique	66	08-021	22.80	25m	14-9-76	Heemskerk (NED)	96
189.	van den Heuvel Sandra	80	08-021	22.90	25m	12-1-89	Heemskerk (NED)	95
190.	van der Zee Olga	66	08-021	23.30	25m	14-9-76	Heemskerk (NED)	90
191.	Tahti Sandra	65	08-021	23.40	25m	14-9-76	Heemskerk (NED)	89
192.	van Leeuwen Andrea	71	08-021	23.60	25m	1-9-79	Heemskerk (NED)	87
193.	de Wildt Maud	05	08-021	23.66	25m	13-4-14	Zaandam (NED)	86
194.	Eijndhoven Jonna	02	08-021	23.70	25m	13-11-11	Zaandam (NED)	85
195.	Visser Mirjam	67	08-021	23.90	25m	30-3-76	Heemskerk (NED)	83
196.	Kuijl Karin	65	08-021	24.00	25m	14-9-76	Heemskerk (NED)	82
197.	Rasch Monique	66	08-021	24.10	25m	14-9-76	Heemskerk (NED)	81
198.	Bakker Lisette	83	08-021	24.20	25m	14-3-96	Heemskerk (NED)	80
199.	van Megen Carla	65	08-021	24.40	25m	30-3-76	Heemskerk (NED)	78
199.	de Jonge Ida	61	08-021	24.40	25m	14-9-76	Heemskerk (NED)	78
201.	Stoker Ianthe	84	08-021	24.50	25m	20-3-97	Heemskerk (NED)	77
202.	Liefting Marielle	90	08-021	24.83	25m	29-3-01	Heemskerk (NED)	74
203.	Zuidervaart Anne	02	08-021	24.91	25m	30-6-11	Heemskerk (NED)	74
204.	Nobels Marlies	65	08-021	25.10	25m	14-9-76	Heemskerk (NED)	72
205.	Groot Carolien	64	08-021	25.20	25m	30-3-76	Heemskerk (NED)	71
205.	Jonker Nicole	68	08-021	25.20	25m	14-9-76	Heemskerk (NED)	71
205.	Aafjes Suzan	69	08-021	25.20	25m	1-9-79	Heemskerk (NED)	71
208.	Zonneveld Jennifer	88	08-021	25.36	25m	29-3-01	Heemskerk (NED)	70
209.	Janssen Tess	89	08-021	25.40	25m	12-2-98	Heemskerk (NED)	69
210.	de Haan Liesbeth	64	08-021	26.20	25m	30-3-76	Heemskerk (NED)	63
210.	van der Zee Paula	68	08-021	26.20	25m	14-9-76	Heemskerk (NED)	63

25 vrije slag (sinds 212)

212.	Beentjes Esther	66	08-021	26.40	25m	30-3-76	Heemskerk (NED)	62
213.	Zwart Ellen	65	08-021	26.50	25m	30-3-76	Heemskerk (NED)	61
213.	Palthe Yvonne	67	08-021	26.50	25m	14-9-76	Heemskerk (NED)	61
215.	Plokker Sylvia	68	08-021	26.70	25m	14-9-76	Heemskerk (NED)	60
216.	van der Mei Monique	65	08-021	26.80	25m	30-3-76	Heemskerk (NED)	59
216.	van Rijn Ilona	65	08-021	26.80	25m	14-9-76	Heemskerk (NED)	59
218.	Reeuwijk Danielle	70	08-021	27.30	25m	1-9-79	Heemskerk (NED)	56
219.	van Toledo Annelies	70	08-021	27.40	25m	10-2-80	Heerhugowaard (NED)	55
220.	Hollander Marianne	65	08-021	27.50	25m	30-3-76	Heemskerk (NED)	55
220.	de Wildt Gitta	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)	55
222.	Spanjaard Marijke	65	08-021	27.70	25m	30-3-76	Heemskerk (NED)	53
223.	Peters Marion	67	08-021	27.80	25m	14-9-76	Heemskerk (NED)	53
223.	Zeeman Judith	70	08-021	27.80	25m	1-9-79	Heemskerk (NED)	53
225.	Nuyten Carolien	63	08-021	27.90	25m	30-3-76	Heemskerk (NED)	52
225.	Windmuller Annemarie	67	08-021	27.90	25m	14-9-76	Heemskerk (NED)	52
227.	Kraamer Carla	66	08-021	28.00	25m	30-3-76	Heemskerk (NED)	52
227.	ter Horst Ilja	67	08-021	28.00	25m	30-3-76	Heemskerk (NED)	52
229.	van Wijngaarden Linda	65	08-021	28.20	25m	30-3-76	Heemskerk (NED)	51
230.	Bos Froke	69	08-021	28.40	25m	30-3-76	Heemskerk (NED)	49
230.	de Vries Annelies	64	08-021	28.40	25m	14-9-76	Heemskerk (NED)	49
230.	Cijsouw Karin	66	08-021	28.40	25m	14-9-76	Heemskerk (NED)	49
233.	van der Leden Laura	68	08-021	28.50	25m	14-9-76	Heemskerk (NED)	49
233.	van Zalingen Margreet	67	08-021	28.50	25m	14-9-76	Heemskerk (NED)	49
235.	Bakkum Astrid	65	08-021	28.60	25m	14-9-76	Heemskerk (NED)	48
236.	Poppema Yvonne	68	08-021	29.10	25m	14-9-76	Heemskerk (NED)	46
237.	Dwarswaard Wilma	64	08-021	29.20	25m	30-3-76	Heemskerk (NED)	45
238.	de Buyzer Anita	67	08-021	29.40	25m	30-3-76	Heemskerk (NED)	45
238.	Lammers Angelique	68	08-021	29.40	25m	14-9-76	Heemskerk (NED)	45
240.	Konz Cyndy	66	08-021	29.50	25m	14-9-76	Heemskerk (NED)	44
241.	Huisman Jolanda	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)	43
241.	van Giezen Corina	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)	43
243.	Ververst Brigitte	66	08-021	30.40	25m	14-9-76	Heemskerk (NED)	40
244.	Gravemaker Sandra	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)	39
245.	Reuderink Bettina	67	08-021	30.90	25m	14-9-76	Heemskerk (NED)	38
246.	Eggink Christa	65	08-021	31.40	25m	30-3-76	Heemskerk (NED)	36
247.	Zieck Esther	67	08-021	31.50	25m	30-3-76	Heemskerk (NED)	36
247.	Lange Sandra	67	08-021	31.50	25m	14-9-76	Heemskerk (NED)	36
247.	van der Veldt Sandra	72	08-021	31.50	25m	10-2-80	Heerhugowaard (NED)	36
250.	van Vliet Sandra	67	08-021	31.70	25m	30-3-76	Heemskerk (NED)	35
251.	Ververst Jacqueline	68	08-021	32.20	25m	14-9-76	Heemskerk (NED)	34
252.	de Wit Irene	68	08-021	32.30	25m	30-3-76	Heemskerk (NED)	33
253.	Welboren Carla	68	08-021	32.60	25m	30-3-76	Heemskerk (NED)	33
254.	de Graaf Marion	72	08-021	32.70	25m	10-2-80	Heerhugowaard (NED)	32
255.	Niessen Annemarie	67	08-021	33.00	25m	14-9-76	Heemskerk (NED)	31
255.	Atzei Sabina	71	08-021	33.00	25m	10-2-80	Heerhugowaard (NED)	31
257.	Raaymakers Marjolein	68	08-021	33.50	25m	14-9-76	Heemskerk (NED)	30
258.	Dorlandt Yvonne	69	08-021	35.50	25m	30-3-76	Heemskerk (NED)	25
259.	Windmuller Jolande	65	08-021	35.80	25m	14-9-76	Heemskerk (NED)	24
260.	Guldemond Collinda	68	08-021	38.00	25m	14-9-76	Heemskerk (NED)	20
261.	Berloth Lydia	68	08-021	39.80	25m	30-3-76	Heemskerk (NED)	18
262.	de Vries Sascha	69	08-021	41.80	25m	30-3-76	Heemskerk (NED)	15
263.	Mooy Monique	69	08-021	43.50	25m	30-3-76	Heemskerk (NED)	13
264.	Beemsterboer Marianne	67	08-021	48.50	25m	30-3-76	Heemskerk (NED)	10

25 vrije slag (sinds 265)

265.	Roestenberg Miriam	70	08-021	52.00	25m	14-9-76	Heemskerk (NED)	8
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50 vrije slag

1.	Kingma Danae	00	08-021	26.92	25m	29-1-16	Amsterdam (NED)	617
2.	Schelvis Femke	84	08-021	27.68	25m	7-11-04	IJmuiden (NED)	568
3.	Smit Sanne	01	08-021	27.94	25m	17-11-18	Hoofddorp (NED)	552
4.	Drubers Mirjam	67	08-021	28.20	25m	31-12-84		537
5.	de Groot Daniëlle	93	08-021	28.39	25m	21-6-08	Alkmaar (NED)	526
6.	Koster Lisa	94	08-021	28.40	50m	13-6-08	Drachten (NED)	578
7.	Broek Jade	97	08-021	28.47	25m	6-12-15	Purmerend (NED)	522
8.	Palmboom Nicole	91	08-021	28.58	25m	23-3-08	Haarlem (NED)	516
9.	Groen Anne	95	08-021	28.77	25m	13-10-16	Heemskerk (NED)	506
10.	Crok Linda	94	08-021	28.99	25m	24-4-11	Haarlem (NED)	494
11.	Meijer Sylvia	81	08-021	29.10	25m	6-4-97	Heemskerk (NED)	489
12.	Vink Lidewij	90	08-021	29.17	25m	29-5-08	Heemskerk (NED)	485
13.	Hoekstra Eline	03	08-021	29.20	25m	11-11-17	Hoofddorp (NED)	484
14.	Siemerink Laura	04	08-021	29.37	25m	17-11-18	Hoofddorp (NED)	475
15.	Hoek Daniëlle	88	08-021	29.49	25m	28-12-04	Maastricht (NED)	470
16.	van de Poll Marianne	89	08-021	29.52	25m	29-1-04	Heemskerk (NED)	468
17.	Kleijne Daisy	89	08-021	29.57	25m	13-4-09	Haarlem (NED)	466
18.	van Rijn-Hofwegen Wilma	71	08-021	29.61	25m	1-12-13	Vlaardingen (NED)	464
19.	Wentink Yara	04	08-021	29.71	25m	17-11-18	Hoofddorp (NED)	459
20.	Schuyt Simone	75	08-021	29.80	25m	22-1-89	Zaandam (NED)	455
20.	Hulshof Saskia	73	08-021	29.80	25m	11-3-90	Heemskerk (NED)	455
22.	Vink Marjolein	93	08-021	29.88	25m	8-4-07	Haarlem (NED)	451
23.	Verbree Bets	63	08-021	29.90	25m	5-4-81	Heemskerk (NED)	451
23.	van der Kroft Nicole	84	08-021	29.90	25m	27-9-01	Heemskerk	451
25.	Koper Fiona	01	08-021	30.05	25m	17-6-18	Alkmaar (NED)	444
26.	van Staveren Marina	78	08-021	30.06	25m	18-2-12	Heerenveen (NED)	443
27.	Zwarthoed Brenda	96	08-021	30.08	25m	31-5-08	Aalsmeer (NED)	442
28.	Stam Vanessa	80	08-021	30.10	25m	7-6-98	Zaandam (NED)	442
29.	van 't Veer Iris	03	08-021	30.17	25m	17-11-18	Hoofddorp (NED)	439
30.	Spijker Kristel	84	08-021	30.19	25m	27-2-10	Hoom (NED)	438
31.	Kramer Miranda	80	08-021	30.25	25m	15-11-98	Zaandam (NED)	435
32.	Stins Mariska	84	08-021	30.30	25m	11-4-10	Zaandam (NED)	433
33.	Crok Annemarie	89	08-021	30.36	25m	9-3-08	Heemskerk (NED)	430
34.	de Haan Shira	00	08-021	30.39	25m	13-10-16	Heemskerk (NED)	429
35.	Schelvis Roos	86	08-021	30.44	25m	4-11-99	Heemskerk (NED)	427
36.	Mallon Danique	94	08-021	30.47	25m	27-2-10	Hoom (NED)	426
37.	Jongema Helena	80	08-021	30.48	25m	2-2-08	Heerenveen (NED)	425
37.	Buur Naomi	01	08-021	30.48	25m	1-2-15	Zaandam (NED)	425
39.	van Ballegooye Simone	84	08-021	30.50	25m	26-4-01	Heemskerk (NED)	424
40.	Essers Sanne	91	08-021	30.55	25m	30-12-07	Maastricht (NED)	422
41.	van der Gracht Anouk	89	08-021	30.65	50m	25-5-13	Beverwijk (NED)	460
42.	Besse Karen	75	08-021	30.70	25m	10-3-91	Heemskerk (NED)	416
42.	Stam Sabrina	82	08-021	30.70	25m	7-5-98	Heemskerk (NED)	416
44.	Visser Kelly	89	08-021	30.78	25m	11-10-12	Heemskerk (NED)	413
45.	Petit Kirsten	00	08-021	31.01	25m	30-12-16	Leeuwarden (NED)	404
46.	Limmen Karin	76	08-021	31.10	25m	14-4-93		400
47.	Zonneveld Chantal	84	08-021	31.12	25m	26-10-00	Heemskerk (NED)	400
47.	Stel Serena	98	08-021	31.12	25m	5-4-10	Haarlem (NED)	400
49.	Renkema Iris	04	08-021	31.25	25m	11-11-17	Hoofddorp (NED)	395

50 vrije slag (sinds 50)

50.	Butter Anouk	82	08-021	31.26	25m	8-4-07	Haarlem (NED)	394
51.	Meijer Linda	77	08-021	31.30	25m	5-4-92	Heemskerk (NED)	393
52.	van Rookhuizen Sieta	79	08-021	31.36	25m	4-11-99	Heemskerk (NED)	390
53.	Hogema Fabiën	93	08-021	31.44	25m	8-4-07	Haarlem (NED)	387
54.	Koopman Anitra	89	08-021	31.46	25m	27-1-05	Heemskerk (NED)	387
55.	van der Geest Saskia	73	08-021	31.50	25m	13-12-89		385
55.	de Boer Irene	84	08-021	31.50	25m	19-4-98	Zaandam (NED)	385
57.	Dijkstra Lisette	86	08-021	31.51	25m	10-1-99	Zuidoost Beemster (NED)	385
58.	Windmuller Wendy	69	08-021	31.60	25m	21-5-87	Heemskerk (NED)	382
59.	de Graaf Annemiek	70	08-021	31.80	25m	21-5-87	Heemskerk (NED)	374
60.	ten Bokkel Henriëke	94	08-021	31.82	25m	17-5-18	Heemskerk (NED)	374
61.	Vredenburg Roos	95	08-021	31.84	25m	4-4-10	Haarlem (NED)	373
62.	Zwaan Melissa	91	08-021	31.88	25m	28-12-03	Maastricht (NED)	372
63.	de Boer Maia	03	08-021	31.89	25m	11-10-18	Heemskerk (NED)	371
64.	Ivens Suzanne	99	08-021	31.96	25m	6-10-13	Heemskerk (NED)	369
65.	van Honk Chantal	80	08-021	32.00	25m	14-4-93		367
66.	de Groot Gitta	60	08-021	32.10	25m	12-2-78	Heemskerk (NED)	364
66.	van Galen Angela	65	08-021	32.10	25m	5-4-81	Heemskerk (NED)	364
68.	Blaauw Yente	03	08-021	32.12	25m	15-10-17	Alkmaar (NED)	363
69.	van Koevinge Nicole	93	08-021	32.18	25m	23-4-09	Heemskerk (NED)	361
70.	Niesten Iris	92	08-021	32.19	50m	13-4-08	Antwerpen (BEL)	397
71.	van Sikkelerus Lisa	99	08-021	32.22	25m	6-10-13	Heemskerk (NED)	360
72.	van Duin Margret	60	08-021	32.30	25m	12-2-78	Heemskerk (NED)	357
72.	Bakkum Wilma	62	08-021	32.30	25m	27-9-80	Heemskerk (NED)	357
72.	Heus Pauline	78	08-021	32.30	25m	16-11-97	Zaandam (NED)	357
72.	van Langelaar Tessa	97	08-021	32.30	25m	12-2-12	Heemstede (NED)	357
76.	Teufer Irene	96	08-021	32.34	25m	13-1-08	Heemskerk (NED)	356
77.	Holland Yasmin	01	08-021	32.36	25m	9-11-17	Heemskerk (NED)	355
78.	van Giezen Sandra	63	08-021	32.40	25m	2-3-80	Heemskerk (NED)	354
78.	Hermans Liesbeth	66	08-021	32.40	25m	28-9-80	Zaandam (NED)	354
80.	van Huisstede Nikita	01	08-021	32.43	25m	13-10-16	Heemskerk (NED)	353
81.	van Vliet Isabel	02	08-021	32.48	50m	25-3-18	Alkmaar (NED)	387
82.	Plokker Sylvia	68	08-021	32.50	25m	7-3-82		351
83.	de Vries Chrissie	93	08-021	32.58	25m	25-1-07	Heemskerk (NED)	348
84.	Krouwels Tanja	79	08-021	32.60	25m	19-4-98	Zaandam (NED)	347
85.	Boekling Annette	85	08-021	32.63	25m	26-4-01	Heemskerk (NED)	347
86.	de Boer Angela	80	08-021	32.70	25m	24-4-94	Zaandam (NED)	344
87.	Scholten Britt	04	08-021	32.75	25m	11-2-18	Zaandam (NED)	343
88.	Oosterveen Yvonne	80	08-021	32.90	25m	14-4-93		338
89.	de Ruijter Linda	87	08-021	32.93	25m	23-3-03	Heemstede	337
90.	van Eerden Meike	00	08-021	32.96	25m	9-11-17	Heemskerk (NED)	336
91.	Poppema Yvonne	68	08-021	33.00	25m	23-9-84	Heemskerk (NED)	335
92.	Smid Diane	65	08-021	33.18	25m	13-5-07	Grootebroek (NED)	330
93.	van der Horst Sacha	69	08-021	33.20	25m	11-12-83	Heemskerk (NED)	329
93.	de Boer Claudia	77	08-021	33.20	25m	10-3-91	Heemskerk (NED)	329
95.	van Giezen Corina	68	08-021	33.30	25m	23-9-84	Heemskerk (NED)	326
96.	Deiman Caroline	67	08-021	33.40	25m	13-12-89		323
97.	Angenent Nienke	01	08-021	33.42	25m	18-1-15	Zaandam (NED)	322
97.	van Rijn Sydney	03	08-021	33.42	25m	9-11-17	Heemskerk (NED)	322
99.	van Ballegooie Stefanie	86	08-021	33.58	25m	25-10-01	Heemskerk	318
100.	Oudendijk Bianca	79	08-021	33.60	25m	14-4-96	Zaandam (NED)	317
101.	Regelink Anneke	83	08-021	33.62	25m	26-11-98	Heemskerk (NED)	317
102.	Visser Stacey	87	08-021	33.64	25m	25-10-01	Heemskerk	316

50 vrije slag (sinds 103)

103.	Veldhuis Amelia	03	08-021	33.70	25m	11-10-18	Heemskerk (NED)	315
104.	Pover Karin	67	08-021	33.80	25m	27-9-80	Heemskerk (NED)	312
104.	Tholen Kirsten	66	08-021	33.80	25m	23-9-84	Heemskerk (NED)	312
106.	de Wolff Isabel	01	08-021	33.82	25m	13-10-16	Heemskerk (NED)	311
107.	Knight Kayleigh	00	08-021	33.83	25m	13-10-16	Heemskerk (NED)	311
108.	van Giezen Irene	67	08-021	33.90	25m	11-12-83	Heemskerk (NED)	309
108.	Peters Yvonne	63	08-021	33.90	25m	11-12-83	Heemskerk (NED)	309
110.	Deen Annette	60	08-021	34.00	25m	30-3-76	Heemskerk (NED)	306
110.	Munnik Yvonne	64	08-021	34.00	25m	12-2-78	Heemskerk (NED)	306
110.	Dijkstra Ingrid	68	08-021	34.00	25m	3-4-82	Heemskerk (NED)	306
110.	Moolevliet Petra	82	08-021	34.00	25m	26-11-95	Heemskerk (NED)	306
110.	de Wildt Maud	05	08-021	34.00	25m	11-10-18	Heemskerk (NED)	306
115.	Buur Cindy	99	08-021	34.01	25m	13-10-16	Heemskerk (NED)	306
116.	van Velsen Patricia	79	08-021	34.10	25m	29-10-95	Castricum (NED)	304
117.	Bos Marieke	06	08-021	34.14	25m	5-11-17	Alkmaar (NED)	302
118.	Rodenburg Rianne	93	08-021	34.18	25m	25-2-06	Hoom (NED)	301
119.	ten Cate Joyce	80	08-021	34.23	25m	9-3-08	Heemskerk (NED)	300
120.	Zonneveld Cindy	75	08-021	34.30	25m	19-1-94		298
120.	Dijkstra Maud	84	08-021	34.30	25m	7-5-98	Heemskerk (NED)	298
122.	van Leeuwen Andrea	71	08-021	34.40	25m	11-12-83	Heemskerk (NED)	296
123.	Lindelauf Priscilla	85	08-021	34.46	25m	25-10-01	Heemskerk	294
124.	Dreyer Elly	63	08-021	34.50	25m	2-3-80	Heemskerk (NED)	293
124.	Bruin Marianne	78	08-021	34.50	25m	4-11-90	Zaandam (NED)	293
124.	Nijman José	93	08-021	34.50	25m	25-10-08	Hoom (NED)	293
127.	Venema Jalina	04	08-021	34.53	25m	13-10-16	Heemskerk (NED)	292
128.	Koper Birgit	87	08-021	34.61	25m	22-12-02	Zaandam	290
129.	Raszinski Nienke	01	08-021	34.62	25m	19-1-14	Zaandam (NED)	290
130.	Walraven Annet	62	08-021	34.70	25m	12-2-78	Heemskerk (NED)	288
130.	Limmen Miriam	75	08-021	34.70	25m	14-3-91	Heemskerk (NED)	288
132.	Liefting Sarina	93	08-021	34.78	25m	25-1-07	Heemskerk (NED)	286
133.	Groot Tineke	60	08-021	34.90	25m	2-3-80	Heemskerk (NED)	283
133.	van de Kamp Yvonne	65	08-021	34.90	25m	7-3-82		283
133.	Bruin Adri	74	08-021	34.90	25m	14-12-88		283
133.	Bakker Jesca	79	08-021	34.90	25m	31-5-90	Heemskerk (NED)	283
133.	de Vries Cathy	77	08-021	34.90	25m	24-3-91	Zaandam (NED)	283
133.	van der Eng Laura	80	08-021	34.90	25m	22-9-96	Heemskerk (NED)	283
139.	Hommersen Sandra	84	08-021	34.93	25m	17-1-99	Heemskerk (NED)	282
140.	Horst Diana	67	08-021	35.00	25m	22-3-81	Wieringerwerf (NED)	281
140.	Bos Chantal	74	08-021	35.00	25m	5-10-88		281
142.	de Vriend Sofie	01	08-021	35.04	25m	3-3-13	Purmerend (NED)	280
143.	Grul Lisanne	97	08-021	35.06	50m	16-6-13	Beverwijk (NED)	307
144.	Niesten Annet	62	08-021	35.10	25m	14-9-76	Heemskerk (NED)	278
144.	Missot Gonda	66	08-021	35.10	25m	2-3-80	Heemskerk (NED)	278
144.	de Vries Justine	83	08-021	35.10	25m	22-9-96	Heemskerk (NED)	278
147.	Nijholt Carin	60	08-021	35.20	25m	12-2-78	Heemskerk (NED)	276
147.	van Giezen Wendy	70	08-021	35.20	25m	11-12-83	Heemskerk (NED)	276
147.	Huisman Jolanda	68	08-021	35.20	25m	23-9-84	Heemskerk (NED)	276
150.	Bouwman Esther	63	08-021	35.30	25m	1-9-79	Heemskerk (NED)	274
151.	Visser Shana	04	08-021	35.32	50m	20-5-17	Alkmaar (NED)	300
152.	ten Cate Ilona	85	08-021	35.35	25m	27-1-05	Heemskerk (NED)	272
153.	Huisman Caroline	64	08-021	35.50	25m	12-2-78	Heemskerk (NED)	269
153.	de Graaf Dinie	71	08-021	35.50	25m	11-12-83	Heemskerk (NED)	269
155.	Zonneveld Melissa	88	08-021	35.54	25m	27-1-05	Heemskerk (NED)	268

50 vrije slag (sinds 156)

156.	Reijnders Sandra	64	08-021	35.90	25m	13-12-81	Volendam (NED)	260
156.	Cappelle Carlijn	82	08-021	35.90	25m	8-3-98	Zaandam (NED)	260
158.	Bouwer Jolien	89	08-021	35.91	25m	30-1-03	Heemskerk	260
159.	van Assema Eline	05	08-021	35.96	25m	16-9-18	Alkmaar (NED)	259
160.	Wiesener Winnifred	62	08-021	36.00	25m	7-12-76	Heemskerk (NED)	258
160.	Nemchonok Alisa	82	08-021	36.00	25m	26-11-98	Heemskerk (NED)	258
162.	van Baar Monique	73	08-021	36.10	25m	5-10-88		256
163.	de Pree Marlies	66	08-021	36.20	25m	10-2-80	Heerhugowaard (NED)	254
164.	Schaefer Lisa	06	08-021	36.22	25m	11-10-18	Heemskerk (NED)	253
165.	Buitenhuis Danine	91	08-021	36.27	25m	30-1-03	Heemskerk	252
166.	Wieman Lianne	03	08-021	36.31	25m	11-10-18	Heemskerk (NED)	251
167.	Martens landra	03	08-021	36.48	25m	24-9-15	Heemskerk (NED)	248
168.	Schaaper Margriet	62	08-021	36.50	25m	1-9-79	Heemskerk (NED)	247
168.	Windmuller Annemarie	67	08-021	36.50	25m	2-3-80	Heemskerk (NED)	247
170.	Steenkamp Ciska	90	08-021	36.58	25m	25-10-01	Heemskerk	246
171.	Mulder Amy	80	08-021	36.60	25m	14-4-93		245
171.	Limmen Anita	78	08-021	36.60	25m	14-4-93		245
171.	Hoek Laura	86	08-021	36.60	50m	4-6-00	Beverwijk (NED)	270
174.	Splinter Nathalie	75	08-021	36.70	25m	15-12-88	Heemskerk (NED)	243
175.	de Loos Marijke	94	08-021	36.88	25m	30-9-10	Heemskerk (NED)	240
176.	Huneker Jolanda	79	08-021	36.90	25m	5-10-97	Zaandam (NED)	239
177.	Molenaar Eline	82	08-021	36.97	25m	4-11-99	Heemskerk (NED)	238
178.	Besse Meta	78	08-021	37.00	25m	4-11-90	Zaandam (NED)	238
179.	van Kooten Cynthia	93	08-021	37.01	25m	23-4-06	Zaandam (NED)	237
180.	Visser Robin	05	08-021	37.09	50m	20-5-17	Alkmaar (NED)	259
181.	Geurtsen Daisy	89	08-021	37.19	25m	25-10-01	Heemskerk	234
182.	Berloth Lydia	68	08-021	37.20	25m	11-12-83	Heemskerk (NED)	234
183.	Cappelle Marcella	85	08-021	37.25	25m	15-11-98	Zaandam (NED)	233
184.	Kerkhoven Michelle	91	08-021	37.34	25m	25-3-01	Heerhugowaard (NED)	231
185.	Smit Lydia	84	08-021	37.60	25m	7-5-98	Heemskerk (NED)	226
186.	Sobh Shaima	03	08-021	37.66	25m	24-9-15	Heemskerk (NED)	225
187.	Borg Karin	61	08-021	37.70	25m	16-3-80	Heemskerk (NED)	225
187.	Aafjes Suzan	69	08-021	37.70	25m	22-3-81	Wieringerwerf (NED)	225
187.	van Tellingen Ingrid	66	08-021	37.70	25m	13-12-81	Volendam (NED)	225
187.	Beeksma Anne	88	08-021	37.70	25m	21-4-02	Heemstede	225
191.	de Groot Marlijn	92	08-021	37.75	25m	14-11-04	Zaandam (NED)	224
192.	Groot Irma	63	08-021	37.80	25m	17-9-77	Heemskerk (NED)	223
192.	Stel Kaylin	01	08-021	37.80	25m	5-4-10	Haarlem (NED)	223
194.	Ardicyaka Irem	06	08-021	37.83	25m	11-10-18	Heemskerk (NED)	222
195.	de Graaf Isabella	04	08-021	37.88	25m	11-10-18	Heemskerk (NED)	221
196.	van der Horst Wendy	72	08-021	38.00	25m	31-12-81		219
196.	Meesters Audrey	90	08-021	38.00	25m	30-1-03	Heemskerk	219
198.	Teunissen Petra	64	08-021	38.10	25m	17-9-77	Heemskerk (NED)	217
198.	Ikink Marion	66	08-021	38.10	25m	29-11-82	Heemskerk (NED)	217
198.	de Groot Linda	81	08-021	38.10	25m	12-12-96	Heemskerk (NED)	217
201.	Mosch Sabina	84	08-021	38.17	25m	17-1-99	Heemskerk (NED)	216
202.	Gelsumino Giulia	03	08-021	38.26	25m	24-9-15	Heemskerk (NED)	215
203.	Koopman Jessie	97	08-021	38.28	25m	7-2-10	Heemstede (NED)	214
204.	Zonneveld Monica	80	08-021	38.40	25m	22-9-91	Zaandam (NED)	212
205.	Glorie Astrid	63	08-021	38.50	25m	7-12-76	Heemskerk (NED)	211
206.	Beentjes Nicolet	80	08-021	38.58	25m	11-10-98	Alkmaar (NED)	209
207.	Keessen Pam	62	08-021	38.60	25m	7-12-76	Heemskerk (NED)	209
207.	Gerritsen Jolanda	64	08-021	38.60	25m	17-9-77	Heemskerk (NED)	209

50 vrije slag (sinds 209)

209.	Lund Karin	63	08-021	38.70	25m	14-9-76	Heemskerk (NED)	208
210.	Bakker Anna	97	08-021	38.79	25m	29-5-08	Heemskerk (NED)	206
211.	Welboren Els	64	08-021	38.90	25m	17-9-77	Heemskerk (NED)	204
211.	van Leen Cynthia	81	08-021	38.90	25m	8-2-96	Heemskerk (NED)	204
213.	van Rijn Eline	07	08-021	38.94	25m	14-5-17	Haarlem (NED)	204
214.	Watertor Anne-Marie	65	08-021	39.00	25m	7-12-76	Heemskerk (NED)	203
214.	Ligterink Angela	76	08-021	39.00	25m	8-3-87	Zaandam (NED)	203
216.	Terhorst Ilja	67	08-021	39.20	25m	27-9-80	Heemskerk (NED)	200
217.	Last Rooske	94	08-021	39.28	25m	24-5-10	Purmerend (NED)	198
218.	van Son Sandra	72	08-021	39.40	25m	2-9-84	Heemskerk (NED)	197
219.	Brands Ingrid	72	08-021	39.60	25m	30-11-86	Heemskerk (NED)	194
220.	van Putten Demi	96	08-021	39.64	25m	14-4-11	Heemskerk (NED)	193
221.	Essers Patricia	84	08-021	39.70	25m	20-5-99	Heemskerk (NED)	192
222.	Rasch Monique	66	08-021	39.80	25m	10-2-80	Heerhugowaard (NED)	191
222.	Viel Bianca	85	08-021	39.80	25m	5-3-98	Heemskerk (NED)	191
224.	van Eif Lia	60	08-021	39.90	25m	16-3-80	Heemskerk (NED)	189
224.	de Nijs Martine	71	08-021	39.90	25m	2-9-84	Heemskerk (NED)	189
226.	Palthe Yvonne	67	08-021	40.00	25m	7-11-81	Heemskerk (NED)	188
226.	van der Kolk Renate	66	08-021	40.00	25m	3-4-82	Heemskerk (NED)	188
226.	Potemans Priscilla	84	08-021	40.00	25m	5-10-97	Zaandam (NED)	188
229.	Elghandor Kiyaan	03	08-021	40.01	25m	24-9-15	Heemskerk (NED)	188
230.	Pover Ellen	72	08-021	40.10	25m	11-12-83	Heemskerk (NED)	186
231.	van Gent Anja	66	08-021	40.30	25m	10-2-80	Heerhugowaard (NED)	184
231.	Dijkstra Janet	77	08-021	40.30	25m	15-12-88	Heemskerk (NED)	184
233.	Sierra Ana Maria	69	08-021	40.50	25m	3-4-82	Heemskerk (NED)	181
234.	Schelvis Liselot	92	08-021	40.58	25m	27-5-04	Heemskerk (NED)	180
235.	Bakker Lisette	83	08-021	40.60	25m	7-5-98	Heemskerk (NED)	180
236.	Dekker Elise	97	08-021	40.69	25m	15-1-06	Zaandam (NED)	178
237.	Bos Annelies	74	08-021	40.70	25m	22-3-87	Heerhugowaard (NED)	178
238.	Welboren Trudy	61	08-021	40.90	25m	17-9-77	Heemskerk (NED)	176
239.	Zeeman Judith	70	08-021	41.10	25m	29-11-82	Heemskerk (NED)	173
239.	Zijlstra Mariëlle	83	08-021	41.10	25m	26-11-95	Heemskerk (NED)	173
241.	Dijkstra Pascal	89	08-021	41.11	25m	26-11-98	Heemskerk (NED)	173
242.	Rodenburg Kyra	96	08-021	41.18	25m	28-10-06	Hoorn (NED)	172
243.	Hoogervorst Marlon	84	08-021	41.20	25m	26-1-95	Heemskerk (NED)	172
244.	van Perlo Ingrid	73	08-021	41.30	25m	11-12-83	Heemskerk (NED)	171
245.	Nobels Marlies	65	08-021	41.60	25m	7-12-76	Heemskerk (NED)	167
245.	Koper Selma	03	08-021	41.60	25m	21-4-13	Heemskerk (NED)	167
247.	Hoeksema Kim	90	08-021	41.67	25m	25-10-01	Heemskerk	166
248.	Doodeman Sara	00	08-021	41.90	25m	14-11-10	Castricum (NED)	163
249.	Rijpkema Marije	85	08-021	41.98	25m	25-10-01	Heemskerk	162
250.	Smit Ingrid	67	08-021	42.00	25m	2-3-80	Heemskerk (NED)	162
250.	Schijf Irene	83	08-021	42.00	25m	15-6-95	Heemskerk (NED)	162
252.	Luesken Marian	62	08-021	42.10	25m	30-3-76	Heemskerk (NED)	161
252.	Feenstra Petra	71	08-021	42.10	25m	11-12-83	Heemskerk (NED)	161
254.	de Boer Isabel	06	08-021	42.11	25m	24-1-16	Zaandam (NED)	161
255.	Pezo Adna	90	08-021	42.17	25m	27-9-01	Heemskerk	160
256.	van den Braber Liesbeth	84	08-021	42.18	25m	26-11-98	Heemskerk (NED)	160
257.	Hoekstra Karin	76	08-021	42.30	25m	15-3-87	Heemskerk (NED)	159
258.	Nijman Linda	89	08-021	42.45	25m	25-3-01	Heerhugowaard (NED)	157
259.	de Bruin Debby	70	08-021	42.50	25m	29-11-82	Heemskerk (NED)	157
260.	Wissenburg Petra	65	08-021	42.60	25m	7-12-76	Heemskerk (NED)	155
261.	van der Does Lisa	02	08-021	42.61	25m	21-4-14	Haarlem (NED)	155

50 vrije slag (sinds 262)

262.	Lange Sandra	67	08-021	42.80	25m	16-3-80	Heemskerk (NED)	153
263.	Snijder Femke	83	08-021	43.00	25m	24-3-94	Heemskerk (NED)	151
264.	Lensen Sarian	89	08-021	43.07	25m	31-1-02	Heemskerk	150
265.	Pirovano Monique	69	08-021	43.10	25m	16-3-80	Heemskerk (NED)	150
266.	Yayli Serina	90	08-021	43.52	25m	24-3-02	Heemstede	146
267.	Copier Alyssa	04	08-021	43.53	25m	2-3-14	Haarlem (NED)	146
268.	Willemse Renee	75	08-021	43.80	25m	29-9-85	Heemskerk (NED)	143
269.	Aardenburg Judith	93	08-021	43.82	25m	24-2-05	Heemskerk (NED)	143
270.	van der Vaart Monique	70	08-021	43.90	25m	29-11-82	Heemskerk (NED)	142
270.	Hoolwerff Esther	77	08-021	43.90	25m	8-3-87	Zaandam (NED)	142
272.	Bok Femke	74	08-021	44.00	25m	2-9-84	Heemskerk (NED)	141
273.	Palthe Monique	64	08-021	44.10	25m	7-12-76	Heemskerk (NED)	140
273.	Mans Joyce	67	08-021	44.10	25m	16-3-80	Heemskerk (NED)	140
275.	van Galen Lia	62	08-021	44.30	25m	16-3-80	Heemskerk (NED)	138
275.	Wiegman Brenda	72	08-021	44.30	25m	11-12-83	Heemskerk (NED)	138
275.	van der Wijden Eline	88	08-021	44.30	25m	26-10-00	Heemskerk (NED)	138
278.	Doevendans Phileine	06	08-021	44.32	25m	19-5-16	Heemskerk (NED)	138
279.	Zwart Ellen	65	08-021	44.40	25m	7-12-76	Heemskerk (NED)	137
280.	Buur Carina	64	08-021	44.70	25m	7-12-76	Heemskerk (NED)	134
280.	Renkema Marianne	70	08-021	44.70	25m	29-11-82	Heemskerk (NED)	134
282.	Kesting Alexandra	00	08-021	44.76	25m	17-4-11	Zaandam (NED)	134
283.	Koper Ella	90	08-021	44.78	25m	25-10-01	Heemskerk	134
284.	Beentjes Daphne	91	08-021	44.87	25m	27-4-03	Zaandam	133
285.	Huisman Lianne	87	08-021	44.88	25m	22-2-01	Heemskerk (NED)	133
286.	Vonk Bea	67	08-021	44.90	25m	3-4-82	Heemskerk (NED)	133
286.	Reyners Lisette	69	08-021	44.90	25m	29-11-82	Heemskerk (NED)	133
288.	Broers Margot	63	08-021	45.00	25m	17-9-77	Heemskerk (NED)	132
289.	Werdekker Marjolein	81	08-021	45.20	25m	12-12-96	Heemskerk (NED)	130
290.	van der Werf Chily	72	08-021	45.30	25m	29-11-82	Heemskerk (NED)	129
291.	Koper Leny	69	08-021	45.60	25m	10-2-80	Heerhugowaard (NED)	127
292.	Hoekstra Femke	05	08-021	45.61	25m	18-9-14	Heemskerk (NED)	127
293.	Bos Froke	69	08-021	45.70	25m	10-2-80	Heerhugowaard (NED)	126
294.	Salido Keesje	05	08-021	45.72	25m	4-10-15	Purmerend (NED)	126
295.	Calkhoven Mariëtte	65	08-021	45.80	25m	14-9-76	Heemskerk (NED)	125
296.	Bovekerk Annefleur	99	08-021	46.06	25m	30-9-10	Heemskerk (NED)	123
297.	Liefting Marielle	90	08-021	46.08	25m	28-2-02	Heemskerk	123
298.	Dekker Danyk	94	08-021	46.41	25m	31-1-08	Heemskerk (NED)	120
299.	Eijndhoven Jonna	02	08-021	46.70	25m	11-10-12	Heemskerk (NED)	118
300.	Vellinga Yvonne	64	08-021	46.80	25m	14-9-76	Heemskerk (NED)	117
301.	Salem Lamies	03	08-021	46.85	25m	14-1-18	Purmerend (NED)	117
302.	van Ederen Jasmijn	10	08-021	47.07	25m	16-9-18	Alkmaar (NED)	115
303.	Kuijper Michelle	91	08-021	47.12	25m	13-1-02	Zaandam	115
304.	van Perlo Carla	75	08-021	47.20	25m	2-9-84	Heemskerk (NED)	114
305.	Boonstra Esmé	02	08-021	47.38	25m	10-2-13	Haarlem (NED)	113
306.	van Tol Sarjenka	97	08-021	47.53	25m	5-10-08	Heemskerk (NED)	112
307.	Welboren Julia	00	08-021	47.79	25m	6-10-11	Heemskerk (NED)	110
308.	van Duin Gerdine	65	08-021	47.80	25m	17-9-77	Heemskerk (NED)	110
309.	van den Heuvel Sandra	80	08-021	47.90	25m	1-3-90	Heemskerk (NED)	109
310.	van Duivenvoorde Sanne	93	08-021	47.99	25m	26-9-02	Heemskerk	109
311.	van Ruth Yoore	78	08-021	48.00	25m	13-6-91	Heemskerk (NED)	109
312.	van Loon Monique	66	08-021	48.10	25m	29-11-82	Heemskerk (NED)	108
313.	Hoorn Linsey	94	08-021	48.58	25m	28-4-05	Heemskerk (NED)	105
314.	Gijzen Monique	68	08-021	48.60	25m	22-4-78	Heemskerk (NED)	105

50 vrije slag (sinds 315)

314.	Homminga Anita	69	08-021	48.60	25m	3-4-82	Heemskerk (NED)	105
316.	Jansen Pauline	67	08-021	49.00	25m	3-4-82	Heemskerk (NED)	102
317.	Doll Maartje	80	08-021	49.10	25m	12-5-93		101
318.	van der Leden Laura	68	08-021	49.20	25m	10-12-77	Heemskerk (NED)	101
319.	Mooy Monique	69	08-021	49.30	25m	10-2-80	Heerhugowaard (NED)	100
320.	de Weers Anne-Michelle	63	08-021	49.40	25m	7-12-76	Heemskerk (NED)	100
320.	Reiss Katinka	65	08-021	49.40	25m	7-12-76	Heemskerk (NED)	100
322.	Zuidervaart Anne	02	08-021	49.65	25m	12-2-12	Haarlem (NED)	98
323.	Zonneveld Jennifer	88	08-021	49.77	25m	25-10-01	Heemskerk	97
324.	van Galen Marion	61	08-021	49.80	25m	7-12-76	Heemskerk (NED)	97
325.	Hoogeland Ria	65	08-021	50.60	25m	17-9-77	Heemskerk (NED)	93
326.	van Dijk Yvonne	65	08-021	50.80	25m	14-9-76	Heemskerk (NED)	91
327.	Numan Annelies	63	08-021	50.90	25m	7-12-76	Heemskerk (NED)	91
327.	van der Vaart Marjolijn	69	08-021	50.90	25m	29-11-82	Heemskerk (NED)	91
329.	Kerkmeester Priscilla	96	08-021	51.21	25m	28-9-06	Heemskerk (NED)	89
330.	Jonker Monique	66	08-021	51.30	25m	7-12-76	Heemskerk (NED)	89
331.	Reuderink Miranda	63	08-021	51.40	25m	17-9-77	Heemskerk (NED)	88
332.	van 't Hof Manon	90	08-021	51.53	25m	21-4-02	Heemstede	88
333.	van Wijngaarden Linda	65	08-021	51.70	25m	7-12-76	Heemskerk (NED)	87
333.	de Buyzer Anita	67	08-021	51.70	25m	10-2-80	Heerhugowaard (NED)	87
335.	Hol Manouk	05	08-021	51.86	25m	23-4-15	Heemskerk (NED)	86
336.	Werdekker Esther	83	08-021	52.30	25m	13-2-97	Heemskerk (NED)	84
337.	Kuijl Karin	65	08-021	52.50	25m	7-12-76	Heemskerk (NED)	83
337.	van Rijn Ilona	65	08-021	52.50	25m	7-12-76	Heemskerk (NED)	83
339.	van Duivenvoorde Jose	70	08-021	52.70	25m	29-11-82	Heemskerk (NED)	82
340.	Bruins Bianca	81	08-021	52.80	25m	11-12-96		81
341.	Morianner Susanna	72	08-021	53.00	25m	11-10-81	Heemskerk (NED)	80
341.	van Noort Jony	85	08-021	53.00	25m	8-2-96	Heemskerk (NED)	80
343.	Schut Bodine	09	08-021	53.18	25m	11-10-18	Heemskerk (NED)	80
344.	Beemsterboer Petra	68	08-021	53.50	25m	16-3-80	Heemskerk (NED)	78
345.	Sanen Casey	99	08-021	53.75	25m	19-11-09	Heemskerk (NED)	77
346.	Boere Sacha	91	08-021	53.82	25m	30-9-04	Heemskerk (NED)	77
347.	Janssen Tess	89	08-021	53.90	25m	19-4-98	Zaandam (NED)	76
348.	de Ruyter Yvonne	71	08-021	54.00	25m	29-11-82	Heemskerk (NED)	76
349.	van Duivenvoorde Gerda	72	08-021	54.10	25m	29-11-82	Heemskerk (NED)	76
350.	Nobels Annita	68	08-021	54.20	25m	7-12-76	Heemskerk (NED)	75
350.	van Megen Carla	65	08-021	54.20	25m	7-12-76	Heemskerk (NED)	75
352.	Schoonenberg Patricia	72	08-021	54.50	25m	29-11-82	Heemskerk (NED)	74
353.	Breems Silvia	65	08-021	55.00	25m	7-12-76	Heemskerk (NED)	72
353.	de Wit Yvonne	66	08-021	55.00	25m	7-12-76	Heemskerk (NED)	72
355.	Claesens Freeke	64	08-021	55.20	25m	14-9-76	Heemskerk (NED)	71
356.	Kraamer Carla	66	08-021	55.40	25m	7-12-76	Heemskerk (NED)	70
357.	Heus Inge	81	08-021	55.80	25m	13-6-91	Heemskerk (NED)	69
358.	van der Helm Martine	72	08-021	56.60	25m	29-11-82	Heemskerk (NED)	66
359.	Beentjes Esther	66	08-021	56.90	25m	7-12-76	Heemskerk (NED)	65
360.	de Caluwe Joyce	94	08-021	57.26	25m	27-3-03	Heemskerk	64
361.	Breems Jolanda	62	08-021	57.40	25m	7-12-76	Heemskerk (NED)	63
362.	van der Leden Cynthia	66	08-021	58.10	25m	30-3-76	Heemskerk (NED)	61
363.	Woering Aletta	64	08-021	58.30	25m	7-12-76	Heemskerk (NED)	60
364.	Halbersma Jenny	70	08-021	58.40	25m	7-11-81	Heemskerk (NED)	60
364.	Atzei Sabina	71	08-021	58.40	25m	29-11-82	Heemskerk (NED)	60
366.	Mul Marinette	72	08-021	59.00	25m	29-11-82	Heemskerk (NED)	58
367.	Kerdijk Lianne	81	08-021	59.20	25m	10-1-91	Heemskerk (NED)	58

50 vrije slag (sinds 368)

368.	Koppes Monique	69	08-021	1:00.00	25m	10-2-80	Heerhugowaard (NED)	55
369.	ten Cate Naomi	93	08-021	1:00.38	25m	27-3-03	Heemskerk	54
370.	van Zalingen Margreet	67	08-021	1:00.90	25m	7-12-76	Heemskerk (NED)	53
371.	Schuyt Patricia	77	08-021	1:01.00	25m	21-5-87	Heemskerk (NED)	53
372.	Beentjes Karin	72	08-021	1:01.30	25m	29-11-82	Heemskerk (NED)	52
373.	Vet Mariska	66	08-021	1:01.80	25m	7-12-76	Heemskerk (NED)	51
374.	Zieck Esther	67	08-021	1:03.20	25m	7-12-76	Heemskerk (NED)	47
375.	Jonker Nicole	68	08-021	1:03.50	25m	7-12-76	Heemskerk (NED)	47
376.	Gravemaker Sandra	68	08-021	1:06.00	25m	7-12-76	Heemskerk (NED)	41
377.	Gozeling Monique	67	08-021	1:06.50	25m	7-12-76	Heemskerk (NED)	40
378.	Dorlandt Yvonne	69	08-021	1:06.90	25m	7-12-76	Heemskerk (NED)	40
379.	Stedelaar Jose	73	08-021	1:07.30	25m	29-11-82	Heemskerk (NED)	39
380.	Berghuis Sascha	68	08-021	1:08.00	25m	16-3-80	Heemskerk (NED)	38
381.	van der Stigchel Samantha	96	08-021	1:08.25	25m	31-1-08	Heemskerk (NED)	37
382.	Zeeman Esther	74	08-021	1:08.50	25m	29-11-82	Heemskerk (NED)	37
383.	Naber Eva	73	08-021	1:09.00	25m	29-11-82	Heemskerk (NED)	36
384.	Reuderink Bettina	67	08-021	1:09.40	25m	7-12-76	Heemskerk (NED)	36
385.	Hartog Martine	74	08-021	1:11.70	25m	29-11-82	Heemskerk (NED)	32
386.	Heesen Marieke	65	08-021	1:13.00	25m	7-12-76	Heemskerk (NED)	30
387.	Lammers Angelique	68	08-021	1:14.00	25m	7-12-76	Heemskerk (NED)	29
388.	Verdonk Michaela	68	08-021	1:15.50	25m	7-12-76	Heemskerk (NED)	28
389.	Gozeling Jolanda	68	08-021	1:21.50	25m	7-12-76	Heemskerk (NED)	22
390.	van der Meij Michelle	68	08-021	1:21.80	25m	7-12-76	Heemskerk (NED)	22
391.	Raaymakers Marjolein	68	08-021	1:22.00	25m	7-12-76	Heemskerk (NED)	21
391.	Windmuller Jolande	65	08-021	1:22.00	25m	7-12-76	Heemskerk (NED)	21
393.	Dijkstra Miranda	72	08-021	1:22.20	25m	27-9-80	Heemskerk (NED)	21
394.	van Dijk Marike	73	08-021	1:22.60	25m	29-11-82	Heemskerk (NED)	21
395.	Duyn Elaine	68	08-021	1:29.50	25m	7-12-76	Heemskerk (NED)	16
396.	Reeuwijk Danielle	70	08-021	1:42.80	25m	7-12-76	Heemskerk (NED)	11
397.	Hilbers Erna	69	08-021	1:52.40	25m	7-12-76	Heemskerk (NED)	8

100 vrije slag

1.	Kingma Danae	00	08-021	58.38	25m	18-3-18	Purmerend (NED)	637
2.	Schelvis Femke	84	08-021	59.32	25m	9-1-05	Zuidoost Beemster (NED)	607
3.	Smit Sanne	01	08-021	1:00.87	25m	24-11-18	Hoofddorp (NED)	562
4.	Koster Lisa	94	08-021	1:01.06	25m	11-5-08	Purmerend (NED)	557
5.	Drubers Mirjam	67	08-021	1:01.60	25m	15-12-84	Hilversum (NED)	542
6.	Broek Jade	97	08-021	1:01.74	25m	18-11-17	Hoofddorp (NED)	539
7.	Crok Linda	94	08-021	1:02.01	25m	3-4-11	Zaandam (NED)	532
8.	de Groot Daniëlle	93	08-021	1:02.13	25m	11-5-08	Purmerend (NED)	529
9.	Groen Anne	95	08-021	1:02.91	25m	18-12-16	Heemskerk (NED)	509
10.	Meijer Sylvia	81	08-021	1:03.20	25m	5-4-98	Heemskerk (NED)	502
11.	Wentink Yara	04	08-021	1:03.47	25m	2-12-18	Zaandam (NED)	496
12.	Hoekstra Eline	03	08-021	1:03.69	25m	24-11-18	Hoofddorp (NED)	491
13.	van der Kroft Nicole	84	08-021	1:03.76	25m	10-12-00	Heemskerk (NED)	489
14.	Palmboom Nicole	91	08-021	1:03.79	25m	9-3-08	Heemskerk (NED)	488
15.	Vink Lidewij	90	08-021	1:04.70	25m	30-10-05	Amsterdam (NED)	468
16.	Hoek Daniëlle	88	08-021	1:05.01	25m	28-12-04	Maastricht (NED)	461
16.	Kleijne Daisy	89	08-021	1:05.01	25m	28-3-05	Haarlem (NED)	461
18.	Crok Annemarie	89	08-021	1:05.34	25m	27-11-11	Heemskerk (NED)	454
19.	van 't Veer Iris	03	08-021	1:05.39	25m	4-2-18	Purmerend (NED)	453
20.	Mallon Danique	94	08-021	1:05.55	25m	5-4-10	Haarlem (NED)	450

100 vrije slag (sinds 21)

21.	Schelvis Roos	86	08-021	1:05.56	25m	12-12-99	Heemskerk (NED)	450
22.	Verbree Bets	63	08-021	1:05.70	25m	19-12-81	Hilversum (NED)	447
22.	Hulshof Saskia	73	08-021	1:05.70	25m	5-11-89	Heemskerk (NED)	447
24.	Vink Marjolein	93	08-021	1:05.86	25m	9-4-07	Haarlem (NED)	444
25.	Stam Vanessa	80	08-021	1:05.90	25m	12-4-98	Haarlem (NED)	443
26.	Spijker Kristel	84	08-021	1:06.15	25m	27-3-11	Heemstede (NED)	438
27.	Siemerink Laura	04	08-021	1:06.23	25m	28-10-18	Den Helder (NED)	436
28.	Stel Serena	98	08-021	1:06.46	25m	31-1-10	Heerenveen (NED)	432
29.	ten Bokkel Henriëke	94	08-021	1:06.47	25m	17-5-18	Heemskerk (NED)	432
30.	Buur Naomi	01	08-021	1:06.49	25m	17-4-17	Haarlem (NED)	431
31.	Visser Kelly	89	08-021	1:06.57	25m	28-10-12	Amsterdam-Zuidoost (NED)	430
32.	Stins Mariska	84	08-021	1:06.74	25m	16-3-03	Heemskerk	426
33.	de Haan Shira	00	08-021	1:06.80	25m	11-5-17	Heemskerk (NED)	425
34.	Kramer Miranda	80	08-021	1:06.94	25m	27-9-98	Assendelft (NED)	423
35.	Besse Karen	75	08-021	1:07.00	25m	24-2-91	Heemskerk (NED)	421
36.	Zwarthoed Brenda	96	08-021	1:07.02	50m	15-6-08	Drachten (NED)	459
37.	Essers Sanne	91	08-021	1:07.12	25m	15-3-09	Haarlem (NED)	419
38.	Stam Sabrina	82	08-021	1:07.20	25m	26-10-97	Heemskerk (NED)	418
39.	van Staveren Marina	78	08-021	1:07.26	25m	9-2-12	Heemskerk (NED)	417
40.	Koper Fiona	01	08-021	1:07.37	25m	18-3-18	Purmerend (NED)	414
41.	van der Gracht Anouk	89	08-021	1:07.45	25m	25-4-13	Heemskerk (NED)	413
42.	Meijer Linda	77	08-021	1:07.80	25m	5-2-94		407
43.	Koopman Anitra	89	08-021	1:08.05	25m	28-12-04	Maastricht (NED)	402
44.	Schuyt Simone	75	08-021	1:08.10	25m	17-9-88		401
45.	de Boer Irene	84	08-021	1:08.28	25m	19-11-00	Zaandam (NED)	398
46.	van der Geest Saskia	73	08-021	1:08.30	25m	18-2-89		398
47.	van de Poll Marianne	89	08-021	1:08.40	25m	25-3-04	Heemskerk	396
48.	Zonneveld Chantal	84	08-021	1:08.63	25m	19-11-00	Zaandam (NED)	392
49.	Petit Kirsten	00	08-021	1:08.69	25m	4-12-16	Zaandam (NED)	391
50.	Butter Anouk	82	08-021	1:08.85	25m	28-11-04	Heemskerk (NED)	388
51.	Zwaan Melissa	91	08-021	1:08.99	25m	28-12-03	Maastricht (NED)	386
52.	Dijkstra Lisette	86	08-021	1:09.00	25m	19-4-98	Zaandam (NED)	386
53.	Blaauw Yente	03	08-021	1:09.09	25m	15-10-17	Alkmaar (NED)	384
54.	van Rookhuizen Sieta	79	08-021	1:09.10	25m	12-3-00	Heemskerk (NED)	384
55.	Niesten Iris	92	08-021	1:09.15	25m	15-3-09	Haarlem (NED)	383
56.	van Ballegooie Simone	84	08-021	1:09.20	25m	8-3-98	Zaandam (NED)	382
57.	Vredenburg Roos	95	08-021	1:09.26	25m	11-4-10	Zaandam (NED)	381
58.	de Groot Gitta	60	08-021	1:09.30	25m	19-2-78	Assendelft (NED)	381
58.	van Honk Chantal	80	08-021	1:09.30	25m	3-4-93		381
60.	Teufer Irene	96	08-021	1:09.39	25m	2-12-07	Alkmaar (NED)	379
61.	Jongema Helena	80	08-021	1:09.63	25m	24-9-09	Heemskerk (NED)	375
62.	Limmen Karin	76	08-021	1:09.70	25m	5-4-92	Heemskerk (NED)	374
63.	Hogema Fabiën	93	08-021	1:09.82	25m	9-4-07	Haarlem (NED)	372
63.	van Koevinge Nicole	93	08-021	1:09.82	25m	15-3-09	Haarlem (NED)	372
65.	Renkema Iris	04	08-021	1:09.97	25m	15-10-17	Alkmaar (NED)	370
66.	van Eerden Meike	00	08-021	1:10.24	25m	17-5-18	Heemskerk (NED)	366
67.	Windmuller Wendy	69	08-021	1:10.30	25m	14-3-82		365
68.	Hofland Yasmin	01	08-021	1:10.98	25m	18-3-18	Purmerend (NED)	354
69.	Scholten Britt	04	08-021	1:11.08	25m	17-5-18	Heemskerk (NED)	353
70.	Hermans Liesbeth	66	08-021	1:11.50	25m	18-4-82		347
71.	de Ruijter Linda	87	08-021	1:11.63	25m	27-3-03	Heemskerk	345
72.	Boekling Annette	85	08-021	1:11.82	25m	22-4-01	Heemskerk (NED)	342
73.	van Langelaar Tessa	97	08-021	1:12.06	25m	11-11-12	Schagen (NED)	339

100 vrije slag (sinds 74)

74.	de Boer Angela	80	08-021	1:12.30	25m	10-12-95	Heemskerk (NED)	335
75.	Pover Karin	67	08-021	1:12.40	25m	28-2-82		334
76.	van Sikkelerus Lisa	99	08-021	1:12.45	25m	10-11-13	Zaandam (NED)	333
77.	de Graaf Annemiek	70	08-021	1:12.50	25m	6-10-85	Wormerveer (NED)	332
78.	Krouwels Tanja	79	08-021	1:12.70	25m	8-3-98	Zaandam (NED)	330
78.	Heus Pauline	78	08-021	1:12.70	25m	8-3-98	Zaandam (NED)	330
80.	Ivens Suzanne	99	08-021	1:12.78	25m	20-1-13	Heemskerk (NED)	329
81.	van Duin Margret	60	08-021	1:12.90	25m	21-5-78	Heemskerk (NED)	327
81.	Oosterveen Yvonne	80	08-021	1:12.90	25m	6-1-93		327
83.	de Boer Maia	03	08-021	1:12.95	50m	17-6-18	Buckeburg (GER)	356
84.	Angenent Nienke	01	08-021	1:13.07	25m	26-10-14	Zaandam (NED)	325
85.	Bakkum Wilma	62	08-021	1:13.10	25m	12-10-80	Wormerveer (NED)	324
86.	Visser Stacey	87	08-021	1:13.44	25m	11-3-01	Zaandam (NED)	320
87.	van Galen Angela	65	08-021	1:13.80	25m	31-8-80	Heemskerk (NED)	315
88.	Plokker Sylvia	68	08-021	1:14.00	25m	10-4-83	Heemskerk (NED)	313
89.	van Huisstede Nikita	01	08-021	1:14.24	25m	6-12-15	Purmerend (NED)	310
90.	de Boer Claudia	77	08-021	1:14.40	25m	8-11-90	Heemskerk (NED)	308
91.	Regelink Anneke	83	08-021	1:14.44	25m	5-4-99	Haarlem (NED)	307
92.	Oudendijk Bianca	79	08-021	1:14.50	25m	23-4-94		306
93.	van Giezen Sandra	63	08-021	1:14.60	25m	2-12-79	Zaandam (NED)	305
93.	van der Horst Sacha	69	08-021	1:14.60	25m	13-3-83	Castricum (NED)	305
95.	Zonneveld Cindy	75	08-021	1:14.80	25m	6-1-93		303
96.	Rodenburg Rianne	93	08-021	1:14.88	25m	28-10-06	Hoor (NED)	302
97.	Munnik Yvonne	64	08-021	1:15.00	25m	21-5-78	Heemskerk (NED)	300
98.	Dijkstra Ingrid	68	08-021	1:15.10	25m	21-3-82		299
98.	Peters Yvonne	63	08-021	1:15.10	25m	20-12-86	Hilversum (NED)	299
100.	van Vliet Isabel	02	08-021	1:15.20	25m	16-9-18	Alkmaar (NED)	298
100.	Bos Marieke	06	08-021	1:15.20	25m	24-11-18	Hoofddorp (NED)	298
102.	Knight Kayleigh	00	08-021	1:15.26	25m	12-3-17	Purmerend (NED)	297
103.	de Wildt Maud	05	08-021	1:15.28	25m	7-10-18	Purmerend (NED)	297
104.	Zonneveld Melissa	88	08-021	1:15.48	25m	24-2-05	Heemskerk (NED)	295
105.	Smid Diane	65	08-021	1:15.50	25m	31-5-07	Heemskerk (NED)	294
105.	de Vries Chrissie	93	08-021	1:15.50	50m	3-6-07	Beverwijk (NED)	321
107.	de Wolff Isabel	01	08-021	1:15.62	25m	19-5-16	Heemskerk (NED)	293
108.	Bos Chantal	74	08-021	1:15.80	25m	18-2-89		291
109.	ten Cate Joyce	80	08-021	1:15.85	25m	13-1-08	Heemskerk (NED)	290
110.	Bouwman Esther	63	08-021	1:16.10	25m	26-2-78	Castricum (NED)	287
111.	ten Cate Ilona	85	08-021	1:16.11	25m	16-4-06	Haarlem (NED)	287
112.	van Giezen Wendy	70	08-021	1:16.20	25m	12-2-84	Heemskerk (NED)	286
113.	Deiman Caroline	67	08-021	1:16.30	25m	18-2-89		285
114.	Veldhuis Amelia	03	08-021	1:16.36	25m	4-2-18	Purmerend (NED)	284
115.	van Ballegooie Stefanie	86	08-021	1:16.42	25m	1-4-02	Haarlem	284
116.	van Leeuwen Andrea	71	08-021	1:16.60	25m	7-1-84	Hilversum (NED)	282
117.	Venema Jalina	04	08-021	1:16.66	25m	13-11-16	Purmerend (NED)	281
118.	Huisman Caroline	64	08-021	1:16.80	25m	27-5-78	IJmuiden (NED)	280
118.	Bruin Marianne	78	08-021	1:16.80	25m	16-12-90	Heemskerk (NED)	280
120.	de Graaf Dinie	71	08-021	1:17.00	25m	7-1-84	Hilversum (NED)	277
121.	Walraven Annet	62	08-021	1:17.20	25m	27-4-80	Assendelft (NED)	275
121.	Moolevliet Petra	82	08-021	1:17.20	25m	10-9-95	Assendelft (NED)	275
121.	Cappelle Carlijn	82	08-021	1:17.20	25m	19-1-97	Zaandam (NED)	275
124.	van Giezen Irene	67	08-021	1:17.30	25m	7-3-82		274
124.	de Vries Justine	83	08-021	1:17.30	25m	12-1-97	Heemskerk (NED)	274
124.	Dijkstra Maud	84	08-021	1:17.30	25m	17-5-98	Heemskerk (NED)	274

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127.	Poppema Yvonne	68	08-021	1:17.60	25m	13-12-87	Assendelft (NED)	271
128.	Groot Tineke	60	08-021	1:17.70	25m	27-4-80	Assendelft (NED)	270
128.	Hoek Laura	86	08-021	1:17.70	25m	21-12-99	Heemskerk (NED)	270
130.	Huneker Jolanda	79	08-021	1:17.72	25m	25-5-00	Heemskerk (NED)	270
131.	van Giezen Corina	68	08-021	1:17.80	25m	21-3-82		269
131.	van Velsen Patricia	79	08-021	1:17.80	25m	3-4-93		269
133.	Bouwer Jolien	89	08-021	1:17.84	25m	16-3-03	Heemskerk	269
134.	Missot Gonda	66	08-021	1:17.90	25m	7-10-79	Heemskerk (NED)	268
134.	Bakker Jesca	79	08-021	1:17.90	25m	31-5-90	Heemskerk (NED)	268
136.	Limmen Miriam	75	08-021	1:18.10	25m	5-11-89	Heemskerk (NED)	266
137.	Mulder Amy	80	08-021	1:18.20	25m	6-2-94	Wormerveer (NED)	265
137.	van der Eng Laura	80	08-021	1:18.20	25m	30-5-96	Heemskerk (NED)	265
139.	Lindelauf Priscilla	85	08-021	1:18.25	25m	8-10-00	Heemskerk (NED)	264
140.	Visser Shana	04	08-021	1:18.32	25m	15-10-17	Alkmaar (NED)	264
141.	de Vriend Sofie	01	08-021	1:18.37	25m	28-10-12	Amsterdam-Zuidoost (NED)	263
142.	Raszinski Nienke	01	08-021	1:18.46	25m	17-4-14	Heemskerk (NED)	262
143.	Tholen Kirsten	66	08-021	1:18.60	25m	7-3-82		261
144.	Keessen Pam	62	08-021	1:18.70	25m	19-2-78	Assendelft (NED)	260
145.	van Assema Eline	05	08-021	1:18.79	25m	16-9-18	Alkmaar (NED)	259
146.	Grul Lisanne	97	08-021	1:18.90	25m	25-4-13	Heemskerk (NED)	258
147.	Buur Cindy	99	08-021	1:18.91	25m	19-5-16	Heemskerk (NED)	258
147.	van Rijn Sydney	03	08-021	1:18.91	25m	30-10-16	Den Helder (NED)	258
149.	Bakker Daniëlle	96	08-021	1:19.00	25m	22-1-09	Heemskerk (NED)	257
150.	Koper Birgit	87	08-021	1:19.21	25m	22-12-02	Zaandam	255
151.	Hommersen Sandra	84	08-021	1:19.58	25m	7-3-99	Zaandam (NED)	251
152.	Nijholt Carin	60	08-021	1:19.60	25m	31-5-80	Heemskerk (NED)	251
153.	Dreyer Elly	63	08-021	1:19.70	25m	31-8-80	Heemskerk (NED)	250
154.	Limmen Anita	78	08-021	1:19.80	25m	3-4-93		249
155.	Windmuller Annemarie	67	08-021	1:20.00	25m	16-11-80	Haarlem (NED)	247
156.	Wiemann Lianne	03	08-021	1:20.02	25m	4-2-18	Purmerend (NED)	247
157.	Lund Karin	63	08-021	1:20.40	25m	10-12-77	Heemskerk (NED)	244
158.	Liefting Sarina	93	08-021	1:20.46	25m	18-3-07	Heemskerk (NED)	243
159.	Niesten Annet	62	08-021	1:20.50	25m	21-5-78	Heemskerk (NED)	243
159.	de Jong Desire	73	08-021	1:20.50	25m	4-10-87	Zaandam (NED)	243
161.	van Kooten Cynthia	93	08-021	1:20.68	25m	18-3-07	Heemskerk (NED)	241
162.	Deen Annette	60	08-021	1:20.80	25m	24-4-76	Heemskerk (NED)	240
163.	Nijman José	93	08-021	1:21.03	25m	25-9-08	Heemskerk (NED)	238
164.	Horst Diana	67	08-021	1:21.10	25m	20-9-81	Den Helder (NED)	237
165.	Nemchonok Alisa	82	08-021	1:21.45	25m	24-1-99	Assendelft (NED)	234
166.	Steenkamp Ciska	90	08-021	1:21.82	25m	7-10-01	Zaandam (NED)	231
167.	Molenaar Eline	82	08-021	1:21.96	25m	17-2-00	Heemskerk (NED)	230
168.	van de Kamp Yvonne	65	08-021	1:22.00	25m	7-3-82		230
169.	Besse Meta	78	08-021	1:22.40	25m	6-12-90	Heemskerk (NED)	226
170.	de Loos Marijke	94	08-021	1:22.43	25m	23-5-10	Purmerend (NED)	226
171.	van der Horst Wendy	72	08-021	1:22.50	25m	13-3-83	Castricum (NED)	225
171.	Ligterink Angela	76	08-021	1:22.50	25m	13-12-87	Assendelft (NED)	225
173.	Huisman Jolanda	68	08-021	1:22.60	25m	7-1-84	Hilversum (NED)	225
174.	Stel Kaylin	01	08-021	1:22.68	25m	21-3-10	Zaandam (NED)	224
175.	de Vries Cathy	77	08-021	1:22.70	25m	6-12-90	Heemskerk (NED)	224
176.	Schaefer Lisa	06	08-021	1:22.97	25m	28-10-18	Den Helder (NED)	222
177.	Sierra Ana Maria	69	08-021	1:23.40	25m	21-3-82		218
178.	Essers Patricia	84	08-021	1:23.62	25m	17-2-00	Heemskerk (NED)	217
178.	van Putten Demi	96	08-021	1:23.62	25m	14-4-11	Heemskerk (NED)	217

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180.	de Groot Linda	81	08-021	1:23.95	25m	23-4-00	Haarlem (NED)	214
181.	Zonneveld Monica	80	08-021	1:24.10	25m	6-1-93		213
182.	van Perlo Ingrid	73	08-021	1:24.80	25m	22-1-84	Zandvoort (NED)	208
183.	Buitenhuis Danine	91	08-021	1:24.93	25m	28-11-02	Heemskerk	207
184.	Schaaper Margriet	62	08-021	1:25.00	25m	10-12-77	Heemskerk (NED)	206
185.	de Groot Marlijn	92	08-021	1:25.11	25m	27-3-05	Haarlem (NED)	205
186.	Sminia Vinny	89	08-021	1:25.42	25m	30-3-06	Heemskerk (NED)	203
187.	Berloth Lydia	68	08-021	1:25.50	25m	10-4-83	Heemskerk (NED)	203
187.	Martens landra	03	08-021	1:25.50	25m	29-3-15	Zaandam (NED)	203
189.	Gorter Wilma	63	08-021	1:25.60	25m	31-12-75		202
189.	Calkhoven Mariëtte	65	08-021	1:25.60	25m	22-4-78	Heemskerk (NED)	202
191.	Beeksma Anne	88	08-021	1:25.72	25m	18-11-01	Heemskerk	201
192.	Ardicyaka Irem	06	08-021	1:25.93	25m	21-10-18	Purmerend (NED)	199
193.	Sobh Shaime	03	08-021	1:26.13	25m	15-11-15	Purmerend (NED)	198
194.	Schelvis Liselot	92	08-021	1:26.33	25m	28-3-04	Zaandam (NED)	197
195.	Smit Lydia	84	08-021	1:26.41	25m	18-2-99	Heemskerk (NED)	196
196.	van Leen Cynthia	81	08-021	1:26.80	25m	4-4-96	Heemskerk (NED)	194
196.	Bakker Anna	97	08-021	1:26.80	25m	1-3-09	Heemstede (NED)	194
198.	de Graaf Isabella	04	08-021	1:27.05	25m	11-5-17	Heemskerk (NED)	192
199.	Gelsumino Giulia	03	08-021	1:27.36	25m	15-11-15	Purmerend (NED)	190
200.	Aafjes Suzan	69	08-021	1:27.50	25m	30-11-80	Heemskerk (NED)	189
201.	van Rijn Eline	07	08-021	1:27.63	25m	18-12-16	Heemskerk (NED)	188
202.	Terhorst Ilja	67	08-021	1:28.00	25m	13-4-80	Zaandam (NED)	186
203.	Cappelle Marcella	85	08-021	1:28.20	25m	8-3-98	Zaandam (NED)	184
204.	Bruin Adri	74	08-021	1:28.30	25m	12-12-87		184
205.	Pover Ellen	72	08-021	1:28.50	25m	28-10-84	Egmond (NED)	183
205.	Mosch Sabina	84	08-021	1:28.50	50m	25-10-98	Beverwijk (NED)	199
207.	Potemans Priscilla	84	08-021	1:28.90	25m	15-1-98	Heemskerk (NED)	180
208.	Meesters Audrey	90	08-021	1:28.93	25m	17-11-02	Heemskerk	180
209.	Hoorn Linsey	94	08-021	1:29.26	50m	17-4-05	Beverwijk (NED)	194
210.	Palthe Yvonne	67	08-021	1:29.50	25m	3-5-81	Zaandam (NED)	176
211.	Visser Robin	05	08-021	1:29.57	25m	11-5-17	Heemskerk (NED)	176
212.	Zijlstra Mariëlle	83	08-021	1:29.60	25m	28-1-96	Zaandam (NED)	176
213.	Viel Bianca	85	08-021	1:29.79	25m	17-2-00	Heemskerk (NED)	175
214.	de Boer Isabel	06	08-021	1:29.86	25m	11-6-16	Zaandam (NED)	174
215.	Bakker Lisette	83	08-021	1:29.99	25m	22-11-98	Zaandam (NED)	174
216.	Bos Annelies	74	08-021	1:30.10	25m	12-12-87		173
217.	van der Werf Chily	72	08-021	1:30.40	25m	22-1-84	Zandvoort (NED)	171
218.	van den Akker Terry	61	08-021	1:30.70	25m	24-5-75	Z.O. Beemster (NED)	170
218.	Hoekstra Karin	76	08-021	1:30.70	25m	15-1-88		170
220.	Beentjes Nicolet	80	08-021	1:31.22	25m	27-9-98	Assendelft (NED)	167
221.	Rodenburg Kyra	96	08-021	1:31.31	25m	1-10-06	Volendam (NED)	166
222.	Koopman Jessie	97	08-021	1:31.42	25m	15-11-09	Haarlem (NED)	166
223.	Rijpkema Marije	85	08-021	1:31.44	25m	28-2-02	Heemskerk	165
224.	Feenstra Petra	71	08-021	1:31.70	25m	22-1-84	Zandvoort (NED)	164
224.	Last Rooske	94	08-021	1:31.70	25m	11-4-10	Zaandam (NED)	164
226.	Dekker Elise	97	08-021	1:31.98	25m	18-12-05	Alkmaar (NED)	163
227.	Yayli Serina	90	08-021	1:32.12	25m	25-4-02	Heemskerk	162
228.	van der Does Lisa	02	08-021	1:32.22	25m	9-3-14	Zaandam (NED)	161
229.	Doodeman Sara	00	08-021	1:32.75	25m	27-1-11	Heemskerk (NED)	159
230.	van Rijn Ilona	65	08-021	1:32.80	25m	19-2-78	Assendelft (NED)	158
231.	Rasch Monique	66	08-021	1:32.90	25m	1-11-81	Bergen (NED)	158
232.	Zeeman Judith	70	08-021	1:33.20	25m	29-11-81	Zaandam (NED)	156

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233.	Dijkstra Janet	77	08-021	1:33.30	25m	18-3-89		156
234.	Hoogervorst Marlon	84	08-021	1:33.50	25m	5-2-95	Assendelft (NED)	155
235.	Smit Ingrid	67	08-021	1:33.60	25m	8-11-80	Heemskerk (NED)	154
236.	Bok Femke	74	08-021	1:33.80	25m	6-10-85	Wormerveer (NED)	153
237.	van Asch Maria	74	08-021	1:34.10	25m	7-1-93	Heemskerk (NED)	152
238.	van Duin Joke	59	08-021	1:34.20	25m	24-5-75	Z.O. Beemster (NED)	151
239.	Boere Sacha	91	08-021	1:34.44	25m	24-2-05	Heemskerk (NED)	150
240.	Dijkstra Pascal	89	08-021	1:35.38	25m	17-12-98	Heemskerk (NED)	146
241.	Hoeksema Kim	90	08-021	1:35.40	25m	27-9-01	Heemskerk	146
242.	Halbersma Jenny	70	08-021	1:35.60	25m	6-2-83		145
243.	Kesting Alexandra	00	08-021	1:35.72	25m	3-4-11	Zaandam (NED)	144
244.	Beentjes Daphne	91	08-021	1:35.91	25m	6-4-03	Zaandam (NED)	143
245.	Willemse Renee	75	08-021	1:36.00	25m	27-10-85	(NED)	143
246.	Aardenburg Judith	93	08-021	1:36.22	25m	21-11-04	Zaandam (NED)	142
247.	Copier Alyssa	04	08-021	1:36.32	25m	24-11-13	Zaandam (NED)	141
248.	Lensen Sarian	89	08-021	1:36.93	25m	10-3-02	Heemskerk	139
249.	Huisman Lianne	87	08-021	1:37.12	25m	26-4-01	Heemskerk (NED)	138
250.	Pezo Adna	90	08-021	1:37.94	25m	27-9-01	Heemskerk	135
251.	Nijman Linda	89	08-021	1:38.01	25m	22-4-01	Heemskerk (NED)	134
252.	Doevendans Phileine	06	08-021	1:38.39	25m	6-3-16	Purmerend (NED)	133
253.	Elghandor Kiyaan	03	08-021	1:38.75	25m	30-3-14	Zaandam (NED)	131
254.	van Dijk Yvonne	65	08-021	1:39.40	25m	10-12-77	Heemskerk (NED)	129
255.	Wiegman Brenda	72	08-021	1:39.70	25m	28-10-84	Egmond (NED)	128
256.	van Perlo Carla	75	08-021	1:40.10	25m	23-9-84	Heemskerk (NED)	126
257.	van den Braber Liesbeth	84	08-021	1:40.18	50m	25-10-98	Beverwijk (NED)	137
258.	Eijndhoven Jonna	02	08-021	1:40.76	25m	7-10-12	Zaandam (NED)	124
259.	Geurtsen Daisy	89	08-021	1:41.49	25m	26-4-01	Heemskerk (NED)	121
260.	Schijf Irene	83	08-021	1:42.10	25m	23-2-95	Heemskerk (NED)	119
261.	Vellinga Yvonne	64	08-021	1:42.20	25m	8-1-77	Heemskerk (NED)	118
262.	Kerkhoven Michelle	91	08-021	1:42.26	25m	16-9-01	Zaandam (NED)	118
263.	van der Wijden Eline	88	08-021	1:42.29	25m	10-12-00	Heemskerk (NED)	118
264.	Koper Ella	90	08-021	1:42.74	25m	31-3-02	Zaandam	117
265.	Kuijper Michelle	91	08-021	1:43.78	25m	30-9-01	Zaandam (NED)	113
266.	Koper Selma	03	08-021	1:44.04	25m	31-1-13	Heemskerk (NED)	112
267.	Salido Keesje	05	08-021	1:44.12	25m	13-6-15	Zaandam (NED)	112
268.	van den Heuvel Sandra	80	08-021	1:44.90	25m	11-2-90	Heemskerk (NED)	109
269.	van Ruth Yoore	78	08-021	1:45.30	25m	3-11-91	Assendelft (NED)	108
270.	Bovekerk Annefleur	99	08-021	1:45.47	25m	3-10-10	Zaandam (NED)	108
271.	Liefting Marielle	90	08-021	1:45.84	25m	31-3-02	Zaandam	107
272.	Salem Lamies	03	08-021	1:46.55	25m	14-1-18	Purmerend (NED)	104
273.	Snijder Femke	83	08-021	1:46.60	25m	12-3-94		104
274.	van Ederen Jasmijn	10	08-021	1:46.61	25m	28-10-18	Den Helder (NED)	104
275.	Boonstra Esmé	02	08-021	1:46.84	25m	31-1-13	Heemskerk (NED)	104
276.	Zuidervaart Anne	02	08-021	1:48.07	25m	22-4-12	Haarlem (NED)	100
277.	Werdekker Marjolein	81	08-021	1:48.40	25m	2-5-96	Heemskerk (NED)	99
278.	Groot Irma	63	08-021	1:48.50	25m	24-5-75	Z.O. Beemster (NED)	99
279.	Broers Margot	63	08-021	1:49.00	25m	10-12-77	Heemskerk (NED)	97
280.	Zonneveld Jennifer	88	08-021	1:49.12	25m	18-11-01	Heemskerk	97
281.	Doll Maartje	80	08-021	1:49.30	25m	24-4-93		97
282.	van Duivenvoorde Sanne	93	08-021	1:50.97	25m	26-9-02	Heemskerk	92
283.	Reiss Katinka	65	08-021	1:51.00	25m	10-12-77	Heemskerk (NED)	92
284.	van Noort Jony	85	08-021	1:51.70	25m	17-3-96	Heemskerk (NED)	91
285.	van der Leden Cynthia	66	08-021	1:53.10	25m	10-12-77	Heemskerk (NED)	87

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286.	Gooijer Roos	97	08-021	1:53.54	25m	24-9-09	Heemskerk (NED)	86
287.	Reeuwijk Danielle	70	08-021	1:55.50	25m	7-10-79	Heemskerk (NED)	82
288.	van der Leden Laura	68	08-021	1:55.70	25m	17-9-77	Heemskerk (NED)	81
289.	Janssen Tess	89	08-021	1:57.22	25m	27-9-98	Assendelft (NED)	78
290.	Morianner Susanna	72	08-021	1:57.70	25m	7-3-82		77
291.	Reuderink Miranda	63	08-021	1:58.70	25m	10-12-77	Heemskerk (NED)	75
292.	Hol Manouk	05	08-021	2:01.76	25m	14-12-14	Zaandam (NED)	70
293.	Sanen Casey	99	08-021	2:04.44	25m	24-9-09	Heemskerk (NED)	65
294.	de Jong Frederike	75	08-021	2:05.50	25m	3-2-93		64
295.	van 't Hof Manon	90	08-021	2:07.61	25m	7-4-02	Heemskerk	61
296.	Stoker Ianthe	84	08-021	2:08.60	25m	23-1-97	Heemskerk	59
297.	van der Zee Olga	66	08-021	2:12.80	25m	8-1-77	Heemskerk (NED)	54
298.	Werdekker Esther	83	08-021	2:14.00	25m	4-4-96	Heemskerk (NED)	52
299.	van der Zee Paula	68	08-021	2:27.80	25m	8-1-77	Heemskerk (NED)	39
300.	Kerdijk Lianne	81	08-021	2:31.20	25m	4-4-91	Heemskerk (NED)	36

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1.	Schelvis Femke	84	08-021	2:07.73	25m	25-11-99	Heemskerk	646
2.	Kingma Danae	00	08-021	2:10.58	25m	12-4-18	Heemskerk (NED)	604
3.	Smit Sanne	01	08-021	2:13.76	25m	16-3-17	Heemskerk (NED)	562
4.	Drubers Mirjam	67	08-021	2:15.30	25m	31-12-85		543
5.	Koster Lisa	94	08-021	2:16.81	50m	14-6-08	Drachten (NED)	563
6.	Broek Jade	97	08-021	2:17.18	25m	18-11-18	Hoofddorp (NED)	521
7.	Crok Linda	94	08-021	2:17.72	25m	2-10-11	Heemskerk (NED)	515
8.	de Groot Daniëlle	93	08-021	2:17.81	25m	10-5-08	Purmerend (NED)	514
9.	Groen Anne	95	08-021	2:17.96	25m	13-11-16	Purmerend (NED)	512
10.	Vink Lidewij	90	08-021	2:19.09	25m	12-2-06	Zaandam (NED)	500
11.	Hoekstra Eline	03	08-021	2:19.38	25m	29-10-17	Den Helder (NED)	497
12.	Hoek Daniëlle	88	08-021	2:20.46	25m	22-3-12	Heemskerk (NED)	485
13.	Stel Serena	98	08-021	2:21.69	25m	18-4-10	Zaandam (NED)	473
14.	Palmboom Nicole	91	08-021	2:22.48	25m	1-3-08	Hoorn (NED)	465
15.	Verbree Bets	63	08-021	2:22.60	25m	7-2-82		464
16.	Schelvis Roos	86	08-021	2:23.28	25m	26-9-02	Heemskerk	457
17.	Mallon Danique	94	08-021	2:23.87	25m	3-10-10	Zaandam (NED)	452
18.	van der Kroft Nicole	84	08-021	2:24.05	25m	30-11-00	Heemskerk (NED)	450
19.	van 't Veer Iris	03	08-021	2:24.51	25m	12-4-18	Heemskerk (NED)	446
20.	Kleijne Daisy	89	08-021	2:24.52	25m	13-3-05	Amsterdam (NED)	446
21.	Wentink Yara	04	08-021	2:24.63	25m	2-12-18	Zaandam (NED)	445
22.	Meijer Sylvia	81	08-021	2:24.70	25m	11-12-97	Heemskerk (NED)	444
23.	Crok Annemarie	89	08-021	2:25.47	25m	13-11-11	Zaandam (NED)	437
24.	van der Gracht Anouk	89	08-021	2:25.68	25m	25-11-07	Amsterdam (NED)	435
25.	Hulshof Saskia	73	08-021	2:25.80	25m	28-2-90		434
26.	Stam Vanessa	80	08-021	2:26.50	25m	5-4-98	Heemskerk (NED)	428
27.	Stins Mariska	84	08-021	2:26.63	25m	5-11-00	Zaandam (NED)	427
28.	de Haan Shira	00	08-021	2:27.13	25m	13-11-16	Purmerend (NED)	422
29.	Besse Karen	75	08-021	2:27.60	25m	24-3-91	Zaandam (NED)	418
30.	van de Poll Marianne	89	08-021	2:27.82	25m	18-1-04	IJmuiden (NED)	416
31.	Koopman Anitra	89	08-021	2:28.16	25m	16-1-05	Zaandam (NED)	414
32.	Spijker Kristel	84	08-021	2:28.19	25m	14-11-10	Castricum (NED)	413
33.	Buur Naomi	01	08-021	2:28.35	25m	17-3-16	Heemskerk (NED)	412
34.	Zwarthoed Brenda	96	08-021	2:28.41	50m	18-5-08	Alkmaar (NED)	441
35.	Kramer Miranda	80	08-021	2:28.50	25m	9-4-98	Heemskerk (NED)	411

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35.	Koper Fiona	01	08-021	2:28.50	25m	12-4-18	Heemskerk (NED)	411
37.	Stam Sabrina	82	08-021	2:29.10	25m	11-12-97	Heemskerk (NED)	406
38.	de Boer Irene	84	08-021	2:29.14	25m	11-3-01	Zaandam (NED)	405
39.	Visser Kelly	89	08-021	2:29.26	25m	11-11-12	Schagen (NED)	404
40.	Petit Kirsten	00	08-021	2:29.82	25m	12-4-18	Heemskerk (NED)	400
41.	Limmen Karin	76	08-021	2:30.00	25m	15-1-94		399
42.	Essers Sanne	91	08-021	2:30.76	25m	17-11-07	Barneveld (NED)	393
43.	van Staveren Marina	78	08-021	2:31.15	25m	17-11-13	Almere-Stad (NED)	389
44.	Vink Marjolein	93	08-021	2:31.36	25m	30-9-07	Volendam (NED)	388
45.	van Ballegooie Simone	84	08-021	2:31.40	25m	19-4-98	Zaandam (NED)	388
46.	Schuyt Simone	75	08-021	2:31.60	25m	12-11-89	Assendelft (NED)	386
47.	van der Geest Saskia	73	08-021	2:31.70	25m	18-2-89		385
48.	Meijer Linda	77	08-021	2:32.20	25m	15-1-94		381
49.	Teufer Irene	96	08-021	2:32.38	25m	20-1-08	Zaandam (NED)	380
50.	Dijkstra Lisette	86	08-021	2:32.40	25m	19-4-98	Zaandam (NED)	380
51.	Zonneveld Chantal	84	08-021	2:32.45	25m	12-3-00	Heemskerk (NED)	380
52.	van Rookhuizen Sieta	79	08-021	2:32.60	25m	19-4-98	Zaandam (NED)	378
53.	Butter Anouk	82	08-021	2:33.07	25m	31-5-01	Heemskerk (NED)	375
54.	Siemerink Laura	04	08-021	2:33.38	25m	28-10-18	Den Helder (NED)	373
55.	Vredenburg Roos	95	08-021	2:33.51	25m	27-2-10	Horn (NED)	372
56.	Jongema Helena	80	08-021	2:33.86	25m	16-3-08	Amersfoort (NED)	369
57.	van Honk Chantal	80	08-021	2:35.30	25m	23-2-92	Zaandam (NED)	359
58.	Blaauw Yente	03	08-021	2:36.20	25m	16-3-17	Heemskerk (NED)	353
59.	Scholten Britt	04	08-021	2:37.10	25m	20-5-18	Purmerend (NED)	347
60.	Hogema Fabiën	93	08-021	2:37.22	25m	26-11-06	Heemskerk (NED)	346
61.	de Ruijter Linda	87	08-021	2:37.33	25m	26-9-02	Heemskerk	345
62.	van Eerden Meike	00	08-021	2:37.35	25m	12-4-18	Heemskerk (NED)	345
63.	Niستن Iris	92	08-021	2:37.56	25m	15-11-09	Haarlem (NED)	344
64.	de Boer Angela	80	08-021	2:37.80	25m	16-10-94	Heemskerk (NED)	342
65.	de Boer Maia	03	08-021	2:38.66	25m	7-10-18	Purmerend (NED)	337
66.	van Sikkelerus Lisa	99	08-021	2:38.80	25m	8-12-13	Amstelveen (NED)	336
67.	Hermans Liesbeth	66	08-021	2:39.20	25m	2-11-80	Castricum (NED)	333
68.	Boekling Annette	85	08-021	2:39.25	25m	27-9-01	Heemskerk	333
69.	Windmuller Wendy	69	08-021	2:39.80	25m	16-1-83	Heemskerk (NED)	330
70.	Heus Pauline	78	08-021	2:40.00	25m	14-4-96	Zaandam (NED)	328
71.	Pover Karin	67	08-021	2:41.00	25m	17-1-82		322
72.	Oudendijk Bianca	79	08-021	2:41.10	25m	17-2-94	Heemskerk	322
72.	Krouwels Tanja	79	08-021	2:41.10	25m	15-2-98	Assendelft (NED)	322
72.	van Koeveringe Nicole	93	08-021	2:41.10	25m	26-11-06	Heemskerk (NED)	322
75.	van Langelaar Tessa	97	08-021	2:41.22	25m	10-3-13	Schagen (NED)	321
76.	Renkema Iris	04	08-021	2:41.45	25m	12-3-17	Purmerend (NED)	319
77.	Visser Stacey	87	08-021	2:41.69	25m	27-9-01	Heemskerk	318
78.	de Graaf Annemiek	70	08-021	2:41.80	25m	30-11-86	Heemskerk (NED)	317
79.	Ivens Suzanne	99	08-021	2:42.19	25m	21-3-13	Heemskerk (NED)	315
80.	de Boer Claudia	77	08-021	2:42.20	25m	22-4-90	Heemstede (NED)	315
81.	Tholen Kirsten	66	08-021	2:42.30	25m	6-2-83		314
82.	Hofland Yasmin	01	08-021	2:42.97	25m	12-4-18	Heemskerk (NED)	311
83.	ten Cate Ilona	85	08-021	2:43.01	25m	27-11-05	Heemskerk (NED)	310
84.	Zonneveld Melissa	88	08-021	2:44.06	25m	13-3-05	Amsterdam (NED)	304
85.	Plokker Sylvia	68	08-021	2:44.60	25m	17-5-81	Castricum (NED)	301
86.	Dijkstra Ingrid	68	08-021	2:44.80	25m	14-3-82		300
87.	van Galen Angela	65	08-021	2:44.90	25m	23-5-81	Heemskerk (NED)	300
88.	van Huisstede Nikita	01	08-021	2:45.31	25m	2-10-16	Purmerend (NED)	298

200 vrije slag (sinds 89)

89.	Bruin Marianne	78	08-021	2:45.50	25m	3-2-91	Zaandam (NED)	297
90.	Grul Lisanne	97	08-021	2:45.54	25m	21-3-13	Heemskerk (NED)	296
91.	Bos Marieke	06	08-021	2:45.79	25m	12-4-18	Heemskerk (NED)	295
92.	Oosterveen Yvonne	80	08-021	2:45.80	25m	5-4-92	Heemskerk (NED)	295
93.	Rodenburg Rianne	93	08-021	2:46.07	25m	26-11-06	Heemskerk (NED)	294
94.	Lindelauf Priscilla	85	08-021	2:46.16	25m	14-1-01	Heemskerk (NED)	293
95.	Raszinski Nienke	01	08-021	2:46.62	25m	26-1-14	Zaandam (NED)	291
96.	Poppema Yvonne	68	08-021	2:46.70	25m	12-2-84	Heemskerk (NED)	290
97.	de Graaf Dinie	71	08-021	2:47.00	25m	23-9-84	Heemskerk (NED)	289
98.	Bouwman Esther	63	08-021	2:47.30	25m	21-4-79	Deinze (BEL)	287
99.	Walraven Annet	62	08-021	2:47.80	25m	7-5-78	Assendelft (NED)	285
100.	Angenent Nienke	01	08-021	2:48.12	25m	6-3-14	Heemskerk (NED)	283
101.	ten Cate Joyce	80	08-021	2:48.82	25m	25-4-02	Heemskerk	279
102.	van Giezen Irene	67	08-021	2:49.40	25m	16-1-83	Heemskerk (NED)	277
102.	Zonneveld Cindy	75	08-021	2:49.40	25m	20-3-93		277
104.	van Rijn Sydney	03	08-021	2:49.65	25m	12-4-18	Heemskerk (NED)	275
105.	Bos Chantal	74	08-021	2:49.70	25m	18-2-89		275
106.	de Wildt Maud	05	08-021	2:49.94	25m	12-4-18	Heemskerk (NED)	274
107.	Cappelle Carlijn	82	08-021	2:50.30	25m	23-1-97	Heemskerk	272
108.	Venema Jalina	04	08-021	2:50.36	25m	12-3-17	Purmerend (NED)	272
109.	Visser Shana	04	08-021	2:50.56	25m	17-3-16	Heemskerk (NED)	271
109.	de Wolff Isabel	01	08-021	2:50.56	25m	17-3-16	Heemskerk (NED)	271
111.	Deiman Caroline	67	08-021	2:51.00	25m	17-2-94	Heemskerk	269
112.	van Giezen Corina	68	08-021	2:51.20	25m	22-1-84	Zandvoort (NED)	268
113.	Knight Kayleigh	00	08-021	2:51.30	25m	16-3-17	Heemskerk (NED)	267
114.	van Ballegooie Stefanie	86	08-021	2:51.89	25m	14-1-01	Heemskerk (NED)	265
115.	Moolevliet Petra	82	08-021	2:51.90	25m	29-10-95	Castricum (NED)	265
116.	Limmen Miriam	75	08-021	2:52.20	25m	24-3-91	Zaandam (NED)	263
117.	Veldhuis Amelia	03	08-021	2:52.85	25m	12-4-18	Heemskerk (NED)	260
118.	de Vriend Sofie	01	08-021	2:52.93	25m	27-1-13	Zaandam (NED)	260
119.	Koper Birgit	87	08-021	2:53.03	25m	19-1-03	Zaandam	259
120.	de Vries Chrissie	93	08-021	2:53.53	25m	25-10-07	Heemskerk (NED)	257
121.	Regelink Anneke	83	08-021	2:53.73	25m	25-11-99	Heemskerk	256
122.	Peters Yvonne	63	08-021	2:54.00	25m	12-2-84	Heemskerk (NED)	255
123.	van Duin Margret	60	08-021	2:54.10	25m	8-1-77	Heemskerk (NED)	255
124.	Munnik Yvonne	64	08-021	2:54.30	25m	7-5-78	Assendelft (NED)	254
125.	van Assema Eline	05	08-021	2:54.39	25m	12-4-18	Heemskerk (NED)	253
126.	Huneker Jolanda	79	08-021	2:55.11	25m	17-1-99	Heemskerk (NED)	250
127.	Molenaar Eline	82	08-021	2:55.30	25m	20-2-00	Assendelft (NED)	249
128.	Hommersen Sandra	84	08-021	2:55.60	25m	9-4-98	Heemskerk (NED)	248
129.	Dijkstra Maud	84	08-021	2:56.00	25m	11-12-97	Heemskerk (NED)	247
130.	Wieman Lianne	03	08-021	2:56.02	25m	1-10-17	Purmerend (NED)	246
131.	Bakkum Wilma	62	08-021	2:56.10	25m	30-11-80	Heemskerk (NED)	246
132.	Bakker Jesca	79	08-021	2:56.30	25m	1-3-90	Heemskerk (NED)	245
133.	van Velsen Patricia	79	08-021	2:56.60	25m	23-2-95	Heemskerk (NED)	244
134.	Nijman José	93	08-021	2:56.92	25m	5-10-08	Heemskerk (NED)	243
135.	Limmen Anita	78	08-021	2:57.00	25m	16-2-94		242
136.	de Groot Marlijn	92	08-021	2:57.20	25m	28-11-04	Heemskerk (NED)	242
137.	Hoek Laura	86	08-021	2:57.69	25m	21-11-99	Heemskerk (NED)	240
138.	van Giezen Sandra	63	08-021	2:57.90	25m	30-11-80	Heemskerk (NED)	239
139.	de Vries Justine	83	08-021	2:58.10	25m	3-11-96	Zaandam (NED)	238
140.	van Vliet Isabel	02	08-021	2:58.95	25m	1-10-17	Purmerend (NED)	234
141.	de Vries Cathy	77	08-021	2:59.10	25m	22-9-91	Zaandam (NED)	234

200 vrije slag (sinds 142)

142.	Liefting Sarina	93	08-021	2:59.69	25m	26-11-06	Heemskerk (NED)	232
143.	Steenkamp Ciska	90	08-021	3:00.79	25m	16-9-01	Zaandam (NED)	227
144.	Nijholt Carin	60	08-021	3:00.80	25m	12-2-78	Heemskerk (NED)	227
144.	Dreyer Elly	63	08-021	3:00.80	25m	21-4-79	Deinze (BEL)	227
146.	Nemchonok Alisa	82	08-021	3:00.88	25m	24-1-99	Assendelft (NED)	227
147.	Essers Patricia	84	08-021	3:01.32	25m	11-3-01	Zaandam (NED)	225
148.	de Groot Linda	81	08-021	3:01.97	25m	21-11-99	Heemskerk (NED)	223
149.	Bruin Adri	74	08-021	3:02.10	25m	19-2-89	Heemskerk (NED)	223
150.	Mulder Amy	80	08-021	3:02.30	25m	16-2-94		222
151.	de Loos Marijke	94	08-021	3:04.29	25m	3-10-10	Zaandam (NED)	215
152.	Huisman Jolanda	68	08-021	3:04.80	25m	22-1-84	Zandvoort (NED)	213
153.	van Kooten Cynthia	93	08-021	3:04.87	25m	26-11-06	Heemskerk (NED)	213
154.	Niesten Annet	62	08-021	3:06.00	25m	8-1-77	Heemskerk (NED)	209
154.	de Jong Desire	73	08-021	3:06.00	25m	8-11-87	Heemskerk (NED)	209
156.	Besse Meta	78	08-021	3:07.40	25m	4-10-92	Assendelft (NED)	204
157.	Sobh Shaime	03	08-021	3:07.48	25m	19-2-15	Heemskerk (NED)	204
158.	van der Horst Sacha	69	08-021	3:07.50	25m	5-4-81	Heemskerk (NED)	204
159.	Buur Cindy	99	08-021	3:07.71	25m	19-2-15	Heemskerk (NED)	203
160.	Stel Kaylin	01	08-021	3:07.73	25m	28-3-10	Zeist (NED)	203
161.	de Graaf Isabella	04	08-021	3:07.97	25m	7-10-18	Purmerend (NED)	202
162.	Martens landra	03	08-021	3:09.63	25m	19-4-15	Zaandam (NED)	197
163.	Windmuller Annemarie	67	08-021	3:11.00	25m	27-1-80	Zaandam (NED)	193
163.	Potemans Priscilla	84	08-021	3:11.00	25m	26-10-97	Heemskerk (NED)	193
165.	van Leen Cynthia	81	08-021	3:11.20	25m	29-9-96	Haarlem (NED)	192
166.	Keessen Pam	62	08-021	3:11.30	25m	12-2-78	Heemskerk (NED)	192
167.	van Putten Demi	96	08-021	3:11.34	25m	13-3-11	Heemskerk (NED)	192
168.	Meesters Audrey	90	08-021	3:11.40	25m	17-11-02	Heemskerk	192
169.	Smit Lydia	84	08-021	3:11.69	25m	17-10-99	Assendelft (NED)	191
170.	Zonneveld Monica	80	08-021	3:11.80	25m	12-4-92	Heemstede (NED)	190
171.	Visser Robin	05	08-021	3:11.91	25m	7-5-17	Zaandam (NED)	190
172.	Viel Bianca	85	08-021	3:12.14	25m	25-11-99	Heemskerk	189
173.	Horst Diana	67	08-021	3:12.30	25m	23-5-81	Heemskerk (NED)	189
174.	Bakker Daniëlle	96	08-021	3:13.81	25m	10-5-08	Purmerend (NED)	184
175.	van de Kamp Yvonne	65	08-021	3:14.00	25m	14-3-81	Heemskerk (NED)	184
176.	Pover Ellen	72	08-021	3:14.30	25m	2-9-84	Heemskerk (NED)	183
177.	Schaefer Lisa	06	08-021	3:14.76	25m	12-4-18	Heemskerk (NED)	182
178.	Gelsumino Giulia	03	08-021	3:14.85	25m	19-2-15	Heemskerk (NED)	182
179.	Bos Annelies	74	08-021	3:15.60	25m	29-11-87	Amstelveen (NED)	179
180.	Beeksma Anne	88	08-021	3:15.91	25m	17-3-02	Zaandam	179
181.	Zijlstra Mariëlle	83	08-021	3:16.80	25m	29-10-95	Castricum (NED)	176
182.	Ardicyaka Irem	06	08-021	3:16.91	25m	7-10-18	Purmerend (NED)	176
183.	Koopman Jessie	97	08-021	3:17.38	25m	18-4-10	Zaandam (NED)	175
184.	van Leeuwen Andrea	71	08-021	3:18.60	25m	7-3-82		171
185.	Bakker Lisette	83	08-021	3:19.20	25m	9-4-98	Heemskerk (NED)	170
186.	Bakker Anna	97	08-021	3:19.24	25m	25-1-09	Zaandam (NED)	170
187.	Mosch Sabina	84	08-021	3:19.30	25m	26-10-97	Heemskerk (NED)	170
188.	Sierra Ana Maria	69	08-021	3:23.00	25m	14-3-81	Heemskerk (NED)	160
189.	Groot Tineke	60	08-021	3:23.20	25m	8-1-77	Heemskerk (NED)	160
190.	Terhorst Ilja	67	08-021	3:23.30	25m	2-11-80	Castricum (NED)	160
191.	Jansen Pauline	67	08-021	3:23.40	25m	16-1-83	Heemskerk (NED)	160
192.	Berloth Lydia	68	08-021	3:23.90	25m	23-5-81	Heemskerk (NED)	158
193.	Palthe Yvonne	67	08-021	3:24.10	25m	23-5-81	Heemskerk (NED)	158
194.	Groot Irma	63	08-021	3:24.80	25m	8-1-77	Heemskerk (NED)	156

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194.	Cappelle Marcella	85	08-021	3:24.80	25m	26-10-97	Heemskerk (NED)	156
196.	van Rijn Eline	07	08-021	3:24.97	25m	27-11-16	Zaandam (NED)	156
197.	Dekker Elise	97	08-021	3:24.99	25m	19-2-06	Zaandam (NED)	156
198.	van Son Sandra	72	08-021	3:25.10	25m	2-9-84	Heemskerk (NED)	156
199.	Feenstra Petra	71	08-021	3:26.30	25m	23-9-84	Heemskerk (NED)	153
200.	van Perlo Ingrid	73	08-021	3:26.40	25m	2-9-84	Heemskerk (NED)	153
201.	Huisman Lianne	87	08-021	3:26.80	25m	31-5-01	Heemskerk (NED)	152
202.	Yayli Serina	90	08-021	3:27.06	25m	17-11-02	Heemskerk	151
203.	Kerkhoven Michelle	91	08-021	3:27.61	25m	29-9-05	Heemskerk (NED)	150
204.	Beentjes Nicolet	80	08-021	3:27.90	25m	16-11-97	Zaandam (NED)	149
205.	Bouwer Jolien	89	08-021	3:28.30	25m	20-12-01	Heemskerk	149
206.	Aafjes Suzan	69	08-021	3:28.50	25m	23-5-81	Heemskerk (NED)	148
207.	Last Rooske	94	08-021	3:28.68	25m	3-10-10	Zaandam (NED)	148
208.	Schelvis Liselot	92	08-021	3:30.06	25m	29-4-04	Heemskerk (NED)	145
209.	Beentjes Daphne	91	08-021	3:32.26	25m	29-4-04	Heemskerk (NED)	140
210.	Rijpkema Marije	85	08-021	3:32.28	25m	30-5-02	Heemskerk	140
211.	Schijf Irene	83	08-021	3:35.00	25m	8-6-95	Heemskerk (NED)	135
212.	Kesting Alexandra	00	08-021	3:35.22	25m	17-4-11	Zaandam (NED)	135
213.	Lensen Sarian	89	08-021	3:37.88	25m	17-11-02	Heemskerk	130
214.	Boere Sacha	91	08-021	3:37.90	25m	28-4-05	Heemskerk (NED)	130
215.	van der Wijden Eline	88	08-021	3:38.14	25m	31-5-01	Heemskerk (NED)	129
216.	Rasch Monique	66	08-021	3:42.00	25m	23-5-81	Heemskerk (NED)	123
217.	Zeeman Judith	70	08-021	3:44.20	25m	14-3-81	Heemskerk (NED)	119
218.	van Giezen Wendy	70	08-021	3:44.90	25m	14-3-81	Heemskerk (NED)	118
219.	Salem Lamies	03	08-021	3:45.01	25m	14-1-18	Purmerend (NED)	118
220.	Aardenburg Judith	93	08-021	3:45.70	25m	29-9-05	Heemskerk (NED)	117
221.	Pezo Adna	90	08-021	3:47.63	25m	31-5-01	Heemskerk (NED)	114
222.	Eijndhoven Jonna	02	08-021	3:47.71	25m	9-12-12	Zaandam (NED)	114
223.	Liefting Marielle	90	08-021	3:48.46	25m	30-5-02	Heemskerk	112
224.	van den Braber Liesbeth	84	08-021	3:48.50	25m	15-2-98	Assendelft (NED)	112
225.	van Tol Sarjenka	97	08-021	3:49.82	25m	12-10-08	Zaandam (NED)	110
226.	Elghandor Kiyaan	03	08-021	3:50.53	25m	15-12-13	Zaandam (NED)	109
227.	Snijder Femke	83	08-021	3:50.80	25m	13-4-94		109
228.	van Noort Jony	85	08-021	3:56.50	25m	8-6-95	Heemskerk (NED)	101
229.	Verhagen Sabine	71	08-021	3:56.60	25m	23-9-84	Heemskerk (NED)	101
229.	Dijkstra Pascal	89	08-021	3:56.60	25m	19-3-98	Heemskerk (NED)	101
231.	Reuderink Miranda	63	08-021	3:57.50	25m	8-1-77	Heemskerk (NED)	100
232.	Rodenburg Kyra	96	08-021	3:58.92	25m	23-10-05	Zaandam (NED)	98
233.	Koper Ella	90	08-021	3:59.26	25m	31-5-01	Heemskerk (NED)	98
234.	Boonstra Esmé	02	08-021	4:03.16	25m	9-12-12	Zaandam (NED)	93
235.	Hoeksema Kim	90	08-021	4:19.20	25m	31-5-01	Heemskerk (NED)	77
236.	van 't Hof Manon	90	08-021	4:22.51	25m	30-5-02	Heemskerk	74
237.	van Duivenvoorde Sanne	93	08-021	4:26.63	25m	30-5-02	Heemskerk	71
238.	Geluk Mabelle	73	08-021	4:53.19	50m	4-6-11	Apeldoorn (NED)	57
239.	Zonneveld Jennifer	88	08-021	4:56.16	25m	31-5-01	Heemskerk (NED)	51

250 vrije slag

1.	Stel Kaylin	01	08-021	5:19.71	OW	6-9-09	Vlissingen (NED)	
2.	de Wildt Maud	05	08-021	6:09.15	OW	26-7-14	Anna-Paulowna (NED)	

300 vrije slag

1. Schelvis Femke	84	08-021	3:27.55	25m	17-12-04	Drachten (NED)	573
2. Crok Linda	94	08-021	3:38.23	25m	25-4-11	Haarlem (NED)	493
3. Vink Lidewij	90	08-021	3:40.07	25m	18-5-06	Heemskerk (NED)	481
4. Hoekstra Eline	03	08-021	3:41.56	25m	25-11-18	Hoofddorp (NED)	471
5. Broek Jade	97	08-021	3:44.41	25m	4-10-15	Purmerend (NED)	453
6. Hoek Daniëlle	88	08-021	3:47.20	25m	18-5-06	Heemskerk (NED)	437
7. Stel Serena	98	08-021	3:50.73	25m	29-1-10	Heerenveen (NED)	417
8. Koster Lisa	94	08-021	3:50.85	50m	17-5-08	Beverwijk (NED)	433
9. Palmboom Nicole	91	08-021	3:51.10	25m	18-5-06	Heemskerk (NED)	415
10. van de Poll Marianne	89	08-021	3:51.98	25m	29-4-04	Heemskerk (NED)	410
11. Groen Anne	95	08-021	3:52.00	25m	25-4-11	Haarlem (NED)	410
12. van der Gracht Anouk	89	08-021	3:52.29	25m	18-5-13	Purmerend (NED)	409
13. de Groot Daniëlle	93	08-021	3:55.78	50m	11-4-08	Antwerpen (BEL)	406
14. Kleijne Daisy	89	08-021	3:56.50	25m	29-4-04	Heemskerk (NED)	387
15. Teufer Irene	96	08-021	3:58.28	25m	30-3-08	Zaandam (NED)	379
16. Stins Mariska	84	08-021	4:01.45	25m	29-4-04	Heemskerk (NED)	364
17. Koopman Anitra	89	08-021	4:02.06	25m	29-4-04	Heemskerk (NED)	361
18. Meijer Sylvia	81	08-021	4:02.20	25m	19-4-98	Zaandam (NED)	361
19. Buur Naomi	01	08-021	4:02.95	25m	7-6-14	Purmerend (NED)	357
20. Essers Sanne	91	08-021	4:05.80	25m	14-10-07	Zaandam (NED)	345
21. Wentink Yara	04	08-021	4:05.83	25m	19-5-18	Purmerend (NED)	345
22. de Ruijter Linda	87	08-021	4:07.06	25m	29-4-04	Heemskerk (NED)	340
23. Mallon Danique	94	08-021	4:08.45	25m	14-10-07	Zaandam (NED)	334
24. Hogema Fabiën	93	08-021	4:13.63	25m	18-5-06	Heemskerk (NED)	314
25. Butter Anouk	82	08-021	4:14.06	25m	29-4-04	Heemskerk (NED)	312
26. Vink Marjolein	93	08-021	4:16.78	25m	14-10-07	Zaandam (NED)	303
27. Jongema Helena	80	08-021	4:17.20	50m	18-9-09	Cadiz (ESP)	313
28. Bos Marieke	06	08-021	4:17.87	25m	25-11-18	Hoofddorp (NED)	299
29. Heus Pauline	78	08-021	4:23.79	25m	29-4-04	Heemskerk (NED)	279
30. ten Cate Ilona	85	08-021	4:25.58	25m	18-5-06	Heemskerk (NED)	273
31. Niesten Iris	92	08-021	4:27.05	25m	18-5-06	Heemskerk (NED)	269
32. Visser Kelly	89	08-021	4:28.39	25m	21-1-01	Heemskerk (NED)	265
33. Ivens Suzanne	99	08-021	4:31.38	25m	18-5-13	Purmerend (NED)	256
34. ten Cate Joyce	80	08-021	4:36.25	25m	29-4-04	Heemskerk (NED)	243
35. de Haan Shira	00	08-021	4:44.01	25m	18-5-13	Purmerend (NED)	223
36. van Koeveringe Nicole	93	08-021	4:44.73	25m	23-10-05	Zaandam (NED)	222
37. Steenkamp Ciska	90	08-021	4:51.03	25m	4-11-01	Heemskerk	208
38. van Kooten Cynthia	93	08-021	5:03.13	25m	12-1-06	Heemskerk (NED)	184
39. Stel Kaylin	01	08-021	5:03.48	25m	7-2-10	Zaandam (NED)	183
40. Nijman José	93	08-021	5:09.99	25m	14-10-07	Zaandam (NED)	172
41. Rodenburg Rianne	93	08-021	5:13.29	25m	23-10-05	Zaandam (NED)	166
42. Liefing Sarina	93	08-021	5:15.49	25m	23-10-05	Zaandam (NED)	163
43. Dekker Elise	97	08-021	5:17.66	25m	19-2-06	Zaandam (NED)	160
44. Beentjes Daphne	91	08-021	5:28.04	25m	29-4-04	Heemskerk (NED)	145
45. Schelvis Liselot	92	08-021	5:40.19	25m	16-11-03	Heemskerk (NED)	130
46. Kesting Alexandra	00	08-021	5:41.26	25m	17-4-11	Zaandam (NED)	129

400 vrije slag

1.	Schelvis Femke	84	08-021	4:32.44	25m	14-11-04	Heemskerk (NED)	637
2.	Crok Linda	94	08-021	4:50.50	25m	25-4-11	Haarlem (NED)	526
3.	Vink Lidewij	90	08-021	4:54.59	25m	18-5-06	Heemskerk (NED)	504
4.	Drubers Mirjam	67	08-021	4:55.60	25m	26-1-86	Castricum (NED)	499
5.	Hoekstra Eline	03	08-021	4:57.62	25m	25-11-18	Hoofddorp (NED)	489
6.	Smit Sanne	01	08-021	4:58.85	25m	26-11-17	Amsterdam (NED)	483
7.	Hoek Daniëlle	88	08-021	5:01.12	25m	18-5-06	Heemskerk (NED)	472
8.	Groen Anne	95	08-021	5:01.68	25m	1-10-17	Purmerend (NED)	469
9.	Koster Lisa	94	08-021	5:02.29	25m	18-11-07	Alkmaar (NED)	466
10.	Broek Jade	97	08-021	5:04.72	25m	4-10-15	Purmerend (NED)	455
11.	de Groot Daniëlle	93	08-021	5:05.33	25m	12-5-08	Purmerend (NED)	453
12.	Stel Serena	98	08-021	5:06.13	25m	28-3-10	Zeist (NED)	449
13.	Schelvis Roos	86	08-021	5:06.22	25m	30-5-02	Heemskerk	449
14.	van 't Veer Iris	03	08-021	5:08.15	25m	2-4-18	Haarlem (NED)	440
15.	Wentink Yara	04	08-021	5:08.51	25m	4-11-18	Alkmaar (NED)	439
16.	Palmboom Nicole	91	08-021	5:08.81	25m	18-5-06	Heemskerk (NED)	437
17.	Stam Vanessa	80	08-021	5:09.30	25m	22-2-98	Zaandam (NED)	435
18.	Kleijne Daisy	89	08-021	5:10.46	25m	1-5-05	Zaandam (NED)	431
19.	van der Gracht Anouk	89	08-021	5:11.00	25m	31-5-07	Heemskerk (NED)	428
20.	van de Poll Marianne	89	08-021	5:12.47	25m	9-6-03	Z.o. Beemster	422
21.	de Haan Shira	00	08-021	5:13.43	25m	17-4-17	Haarlem (NED)	418
22.	Hulshof Saskia	73	08-021	5:15.40	25m	11-3-90	Heemskerk (NED)	411
23.	Verbree Bets	63	08-021	5:15.70	25m	5-4-81	Heemskerk (NED)	409
24.	Besse Karen	75	08-021	5:16.50	25m	10-3-91	Heemskerk (NED)	406
24.	Limmen Karin	76	08-021	5:16.50	25m	24-4-93		406
26.	Kingma Danae	00	08-021	5:17.00	25m	19-10-14	Zaandam (NED)	404
27.	Buur Naomi	01	08-021	5:17.34	25m	6-4-15	Haarlem (NED)	403
28.	de Boer Irene	84	08-021	5:18.40	25m	19-4-98	Zaandam (NED)	399
29.	Koopman Anitra	89	08-021	5:18.44	25m	28-4-05	Heemskerk (NED)	399
30.	van der Kroft Nicole	84	08-021	5:18.89	25m	30-5-02	Heemskerk	397
31.	Stins Mariska	84	08-021	5:19.17	25m	30-5-02	Heemskerk	396
32.	Teufer Irene	96	08-021	5:20.06	25m	30-3-08	Zaandam (NED)	393
33.	Meijer Sylvia	81	08-021	5:20.40	25m	19-3-98	Heemskerk (NED)	392
34.	Kramer Miranda	80	08-021	5:20.60	25m	19-3-98	Heemskerk (NED)	391
35.	van der Geest Saskia	73	08-021	5:21.20	25m	6-10-88	Heemskerk (NED)	389
36.	Crok Annemarie	89	08-021	5:22.62	25m	28-4-05	Heemskerk (NED)	384
37.	Stam Sabrina	82	08-021	5:25.00	25m	22-2-98	Zaandam (NED)	375
38.	Vredenburg Roos	95	08-021	5:25.15	25m	22-5-10	Purmerend (NED)	375
39.	van Rookhuizen Sieta	79	08-021	5:26.92	25m	28-2-99	Zaandam (NED)	369
40.	Essers Sanne	91	08-021	5:27.37	50m	20-4-07	Antwerpen (BEL)	376
41.	van Staveren Marina	78	08-021	5:29.02	25m	22-5-11	Grootebroek (NED)	362
42.	Mallon Danique	94	08-021	5:30.28	25m	9-12-07	Zaandam (NED)	358
43.	Zonneveld Chantal	84	08-021	5:31.40	25m	30-3-00	Heemskerk (NED)	354
44.	de Ruijter Linda	87	08-021	5:31.42	25m	29-4-04	Heemskerk (NED)	354
45.	Jongema Helena	80	08-021	5:31.62	25m	25-5-08	Grootebroek (NED)	353
46.	Dijkstra Lisette	86	08-021	5:34.30	25m	24-5-98	Zaandam (NED)	345
47.	Schuyt Simone	75	08-021	5:34.50	25m	5-10-88		344
48.	de Graaf Annemiek	70	08-021	5:36.10	25m	22-3-87	Heerhugowaard (NED)	339
49.	Meijer Linda	77	08-021	5:37.20	25m	24-4-93		336
50.	Butter Anouk	82	08-021	5:37.38	25m	25-5-00	Heemskerk (NED)	335
51.	de Boer Claudia	77	08-021	5:37.50	25m	10-3-91	Heemskerk (NED)	335
52.	de Boer Angela	80	08-021	5:37.60	25m	8-6-95	Heemskerk (NED)	335
53.	van Ballegooie Simone	84	08-021	5:38.04	25m	30-3-00	Heemskerk (NED)	333

400 vrije slag (sinds 54)

54.	Siemerink Laura	04	08-021	5:38.76	25m	4-11-18	Alkmaar (NED)	331
55.	Hogema Fabiën	93	08-021	5:40.82	25m	18-5-06	Heemskerk (NED)	325
56.	Visser Kelly	89	08-021	5:42.43	25m	31-5-01	Heemskerk (NED)	321
57.	Hermans Liesbeth	66	08-021	5:43.00	25m	24-1-82		319
58.	van Honk Chantal	80	08-021	5:43.60	25m	19-1-92		317
59.	Bos Marieke	06	08-021	5:43.64	25m	25-11-18	Hoofddorp (NED)	317
60.	van Koeveringe Nicole	93	08-021	5:43.99	50m	29-3-09	Alkmaar (NED)	324
61.	Oudendijk Bianca	79	08-021	5:44.00	25m	17-12-94		316
62.	Vink Marjolein	93	08-021	5:44.72	50m	29-3-09	Alkmaar (NED)	322
63.	Krouwels Tanja	79	08-021	5:47.00	25m	19-3-98	Heemskerk (NED)	308
64.	ten Cate Ilona	85	08-021	5:47.08	25m	28-4-05	Heemskerk (NED)	308
65.	Zonneveld Cindy	75	08-021	5:50.80	25m	13-4-94		298
66.	Tholen Kirsten	66	08-021	5:51.00	25m	27-2-83	Assendelft (NED)	298
67.	Heus Pauline	78	08-021	5:51.10	25m	21-9-97	Alkmaar (NED)	298
68.	van Galen Angela	65	08-021	5:54.00	25m	14-3-81	Heemskerk (NED)	290
69.	Dijkstra Ingrid	68	08-021	5:54.70	25m	27-2-83	Assendelft (NED)	289
70.	Niesten Iris	92	08-021	5:57.33	25m	18-5-06	Heemskerk (NED)	282
71.	Renkema Iris	04	08-021	5:57.56	25m	14-6-15	Zaandam (NED)	282
72.	Ivens Suzanne	99	08-021	5:58.02	25m	18-5-13	Purmerend (NED)	281
73.	Oosterveen Yvonne	80	08-021	5:58.10	25m	26-9-92		280
74.	Visser Stacey	87	08-021	5:58.57	25m	5-11-00	Zaandam (NED)	279
75.	Lindelauf Priscilla	85	08-021	6:00.08	25m	25-5-00	Heemskerk (NED)	276
76.	Visser Shana	04	08-021	6:00.90	25m	5-11-17	Alkmaar (NED)	274
77.	Cappelle Carlijn	82	08-021	6:01.10	25m	23-2-97	Zaandam (NED)	273
78.	ten Cate Joyce	80	08-021	6:01.34	25m	30-5-02	Heemskerk	273
79.	Pover Karin	67	08-021	6:06.90	25m	22-3-87	Heerhugowaard (NED)	261
80.	Moolevliet Petra	82	08-021	6:08.70	25m	18-5-95	Heemskerk (NED)	257
81.	Scholten Britt	04	08-021	6:09.40	25m	18-9-16	Zaandam (NED)	255
82.	Bos Chantal	74	08-021	6:09.70	25m	5-10-88		255
83.	van Velsen Patricia	79	08-021	6:10.00	25m	7-6-95		254
84.	Smid Diane	65	08-021	6:10.90	25m	13-5-07	Grootebroek (NED)	252
85.	Hoek Laura	86	08-021	6:10.98	25m	25-5-00	Heemskerk (NED)	252
86.	Deiman Caroline	67	08-021	6:11.80	25m	19-3-89	Zaandam (NED)	250
87.	Mulder Amy	80	08-021	6:11.90	25m	14-4-94	Heemskerk	250
88.	Limmen Miriam	75	08-021	6:13.20	25m	30-6-93		248
89.	de Boer Maia	03	08-021	6:13.23	25m	18-9-16	Zaandam (NED)	248
90.	van Ballegooie Stefanie	86	08-021	6:14.56	25m	30-5-02	Heemskerk	245
91.	Limmen Anita	78	08-021	6:17.80	25m	1-7-93	Heemskerk (NED)	239
92.	Plokker Sylvia	68	08-021	6:17.90	25m	14-3-81	Heemskerk (NED)	239
93.	Peters Yvonne	63	08-021	6:18.00	25m	27-2-83	Assendelft (NED)	238
94.	Dijkstra Maud	84	08-021	6:19.00	25m	23-2-97	Zaandam (NED)	236
95.	Huneker Jolanda	79	08-021	6:20.60	25m	21-9-97	Alkmaar (NED)	233
96.	Blaauw Yente	03	08-021	6:21.60	25m	15-6-14	Zaandam (NED)	232
97.	Boekling Annette	85	08-021	6:21.83	25m	30-5-02	Heemskerk	231
98.	Essers Patricia	84	08-021	6:22.42	25m	30-3-00	Heemskerk (NED)	230
99.	Steenkamp Ciska	90	08-021	6:27.30	25m	4-11-01	Heemskerk	222
100.	Hommersen Sandra	84	08-021	6:27.90	25m	19-3-98	Heemskerk (NED)	220
101.	Walraven Annet	62	08-021	6:28.50	25m	28-9-80	Zaandam (NED)	219
101.	van der Eng Laura	80	08-021	6:28.50	25m	4-4-96	Heemskerk (NED)	219
103.	Bakker Jesca	79	08-021	6:29.10	25m	28-12-89	Heemskerk (NED)	218
104.	Bruin Adri	74	08-021	6:29.60	25m	19-3-89	Zaandam (NED)	218
105.	de Vriend Sofie	01	08-021	6:30.06	25m	24-2-13	Zaandam (NED)	217
106.	van Giezen Sandra	63	08-021	6:30.50	25m	5-4-81	Heemskerk (NED)	216

400 vrije slag (sinds 107)

107.	Stel Kaylin	01	08-021	6:30.74	25m	28-3-10	Zeist (NED)	216
108.	Molenaar Eline	82	08-021	6:32.47	25m	30-3-00	Heemskerk (NED)	213
109.	Wieman Lianne	03	08-021	6:33.33	25m	18-9-16	Zaandam (NED)	211
110.	Bouwer Jolien	89	08-021	6:36.29	25m	30-5-02	Heemskerk	207
111.	de Vries Justine	83	08-021	6:42.30	25m	4-4-96	Heemskerk (NED)	198
112.	Viel Bianca	85	08-021	6:44.78	25m	30-3-00	Heemskerk (NED)	194
113.	de Wildt Maud	05	08-021	6:45.17	50m	2-4-17	Alkmaar (NED)	198
114.	Dreyer Elly	63	08-021	6:45.60	25m	13-4-80	Zaandam (NED)	193
115.	Rodenburg Rianne	93	08-021	6:46.02	25m	23-10-05	Zaandam (NED)	192
116.	van Giezen Irene	67	08-021	6:46.40	25m	5-4-81	Heemskerk (NED)	192
117.	van Rijn Eline	07	08-021	6:48.61	25m	27-11-16	Zaandam (NED)	189
118.	van Baar Monique	73	08-021	6:49.50	25m	6-10-88	Heemskerk (NED)	187
119.	Nijman José	93	08-021	6:52.29	25m	14-10-07	Zaandam (NED)	184
120.	van Assema Eline	05	08-021	6:53.19	50m	2-4-17	Alkmaar (NED)	187
121.	van Huisstede Nikita	01	08-021	6:55.18	25m	3-6-12	Zaandam (NED)	180
122.	Liefting Sarina	93	08-021	6:55.62	25m	23-10-05	Zaandam (NED)	179
123.	van Perlo Ingrid	73	08-021	6:59.00	25m	13-3-83	Castricum (NED)	175
124.	Windmuller Annemarie	67	08-021	7:00.10	25m	14-3-81	Heemskerk (NED)	173
125.	Bruin Marianne	78	08-021	7:00.40	25m	6-10-88	Heemskerk (NED)	173
126.	Regelink Anneke	83	08-021	7:01.60	25m	4-4-96	Heemskerk (NED)	172
127.	Zijlstra Mariëlle	83	08-021	7:03.50	25m	4-4-96	Heemskerk (NED)	169
128.	Horst Diana	67	08-021	7:07.20	25m	14-3-81	Heemskerk (NED)	165
129.	Dekker Elise	97	08-021	7:07.93	25m	19-2-06	Zaandam (NED)	164
130.	van Kooten Cynthia	93	08-021	7:11.23	25m	3-12-06	Zaandam (NED)	160
131.	van Giezen Corina	68	08-021	7:12.00	25m	14-3-81	Heemskerk (NED)	159
132.	van der Horst Wendy	72	08-021	7:14.70	25m	31-12-81		157
133.	Huisman Jolanda	68	08-021	7:17.10	25m	14-3-81	Heemskerk (NED)	154
134.	Zonneveld Monica	80	08-021	7:17.50	25m	13-4-94		154
135.	de Graaf Isabella	04	08-021	7:18.41	25m	18-9-16	Zaandam (NED)	153
136.	Visser Robin	05	08-021	7:20.86	25m	24-1-16	Zaandam (NED)	150
137.	Palthe Yvonne	67	08-021	7:20.90	25m	14-3-81	Heemskerk (NED)	150
138.	Beentjes Daphne	91	08-021	7:22.66	25m	29-4-04	Heemskerk (NED)	148
139.	Besse Meta	78	08-021	7:23.20	25m	13-4-94		148
140.	Beentjes Nicolet	80	08-021	7:26.60	25m	4-4-96	Heemskerk (NED)	144
141.	Schelvis Liselot	92	08-021	7:37.74	25m	16-11-03	Heemskerk (NED)	134
142.	Kesting Alexandra	00	08-021	7:45.71	25m	17-4-11	Zaandam (NED)	127
143.	Smit Lydia	84	08-021	7:50.60	25m	19-3-98	Heemskerk (NED)	123
144.	Cappelle Marcella	85	08-021	7:52.50	25m	19-3-98	Heemskerk (NED)	122
145.	Dijkstra Janet	77	08-021	8:01.00	25m	6-10-88	Heemskerk (NED)	115
146.	Dijkstra Pascal	89	08-021	8:16.80	25m	22-2-98	Zaandam (NED)	105
147.	Rasch Monique	66	08-021	8:27.90	25m	14-3-81	Heemskerk (NED)	98
148.	Geluk Mabelle	73	08-021	9:54.06	50m	4-6-11	Apeldoorn (NED)	63

500 vrije slag

1.	Stel Serena	98	08-021	7:26.55	OW	2-8-09	Hoorn (NED)	
2.	Bos Marieke	06	08-021	8:31.18	OW	23-7-16	Amstelveen (NED)	
3.	Koopman Anitra	89	08-021	8:51.08	OW	23-7-00	Amsterdam (NED)	
4.	Buur Naomi	01	08-021	9:10.10	OW	1-9-12	Wilhelminadorp (NED)	
5.	Vink Marjolein	93	08-021	9:22.60	OW	27-8-05	Tilburg (NED)	
6.	de Wildt Maud	05	08-021	11:57.51	OW	18-7-15	Amstelveen (NED)	
7.	Buur Cindy	99	08-021	14:05.57	OW	23-7-11	Anna-Paulowna (NED)	

800 vrije slag

1.	Schelvis Femke	84	08-021	9:32.54	25m	28-2-99	Zaandam (NED)	586
2.	Crok Linda	94	08-021	10:11.36	25m	16-10-11	Zaandam (NED)	481
3.	Vink Lidewij	90	08-021	10:13.37	25m	1-4-06	Zaandam (NED)	477
4.	Stel Serena	98	08-021	10:13.69	25m	28-3-10	Zeist (NED)	476
5.	Hoek Daniëlle	88	08-021	10:19.78	25m	17-10-04	Zaandam (NED)	462
6.	Kingma Danae	00	08-021	10:34.87	25m	19-10-14	Zaandam (NED)	430
7.	Kleijne Daisy	89	08-021	10:35.32	25m	1-4-06	Zaandam (NED)	429
8.	Stam Vanessa	80	08-021	10:36.50	25m	22-2-98	Zaandam (NED)	427
9.	Smit Sanne	01	08-021	10:36.60	25m	8-10-17	Alkmaar (NED)	426
10.	Koster Lisa	94	08-021	10:39.38	25m	9-12-07	Zaandam (NED)	421
11.	Teufer Irene	96	08-021	10:41.66	25m	30-3-08	Zaandam (NED)	416
12.	van der Gracht Anouk	89	08-021	10:43.54	25m	3-2-08	Zaandam (NED)	413
13.	Schelvis Roos	86	08-021	10:47.23	25m	4-11-01	Heemskerk	406
14.	Essers Sanne	91	08-021	10:56.82	25m	27-10-07	Barneveld (NED)	388
15.	Limmen Karin	76	08-021	11:00.20	25m	12-4-92	Heemstede (NED)	382
16.	Groen Anne	95	08-021	11:03.36	25m	16-10-11	Zaandam (NED)	377
17.	Besse Karen	75	08-021	11:03.90	25m	6-6-91	Heemskerk	376
18.	van Rookhuizen Sieta	79	08-021	11:04.30	25m	14-4-94	Heemskerk	375
19.	de Groot Daniëlle	93	08-021	11:05.30	25m	9-12-07	Zaandam (NED)	374
20.	de Boer Irene	84	08-021	11:09.32	25m	5-11-00	Zaandam (NED)	367
21.	Kramer Miranda	80	08-021	11:10.60	25m	22-2-98	Zaandam (NED)	365
22.	Mallon Danique	94	08-021	11:12.78	25m	9-12-07	Zaandam (NED)	361
23.	Hulshof Saskia	73	08-021	11:15.20	25m	22-4-90	Heemstede (NED)	357
24.	Stins Mariska	84	08-021	11:18.69	25m	5-11-00	Zaandam (NED)	352
25.	van der Kroft Nicole	84	08-021	11:20.64	25m	26-10-03	Zaandam	349
26.	Stam Sabrina	82	08-021	11:29.30	25m	29-3-98	Heemstede (NED)	336
27.	Dijkstra Lisette	86	08-021	11:29.50	25m	17-5-98	Den Helder (NED)	335
28.	van de Poll Marianne	89	08-021	11:29.83	25m	16-11-03	Heemskerk (NED)	335
29.	van Honk Chantal	80	08-021	11:30.20	25m	12-4-92	Heemstede (NED)	334
30.	Koopman Anitra	89	08-021	11:31.66	25m	16-11-03	Heemskerk (NED)	332
31.	de Boer Claudia	77	08-021	11:35.50	25m	8-4-90	Volendam (NED)	327
32.	de Haan Shira	00	08-021	11:37.34	25m	18-10-15	Zaandam (NED)	324
33.	Vink Marjolein	93	08-021	11:39.17	25m	14-10-07	Zaandam (NED)	322
34.	de Ruijter Linda	87	08-021	11:39.46	25m	8-9-02	Heemskerk	321
35.	Crok Annemarie	89	08-021	11:40.31	25m	16-11-03	Heemskerk (NED)	320
36.	Meijer Sylvia	81	08-021	11:41.68	25m	24-10-99	Zaandam (NED)	318
37.	de Boer Angela	80	08-021	11:46.00	25m	5-11-95	Volendam (NED)	312
38.	Zonneveld Chantal	84	08-021	11:49.67	25m	23-1-00	Heemskerk (NED)	308
39.	Butter Anouk	82	08-021	11:51.92	25m	17-10-04	Zaandam (NED)	305
40.	Visser Kelly	89	08-021	11:52.74	25m	10-2-02	Zaandam	304
41.	Hogema Fabiën	93	08-021	11:57.74	25m	3-12-06	Zaandam (NED)	297
42.	Buur Naomi	01	08-021	12:01.21	50m	18-2-14	Beverwijk (NED)	303
43.	Wentink Yara	04	08-021	12:02.10	50m	15-4-18	Alkmaar (NED)	302
44.	Zonneveld Cindy	75	08-021	12:03.50	25m	22-4-90	Heemstede (NED)	290
45.	Niesten Iris	92	08-021	12:06.37	25m	22-10-06	Zaandam (NED)	287
46.	van Ballegooie Simone	84	08-021	12:08.80	25m	16-2-97	Volendam (NED)	284
47.	Meijer Linda	77	08-021	12:09.10	25m	8-4-90	Volendam (NED)	284
48.	Hermans Liesbeth	66	08-021	12:09.20	25m	10-1-82	Wormerveer (NED)	284
49.	van Koeveringe Nicole	93	08-021	12:19.96	25m	3-12-06	Zaandam (NED)	271
50.	Hoekstra Eline	03	08-021	12:20.36	25m	8-2-15	Zaandam (NED)	271
51.	Renkema Iris	04	08-021	12:22.14	25m	7-2-16	Zaandam (NED)	269
52.	Visser Stacey	87	08-021	12:38.83	25m	21-1-01	Heemskerk (NED)	252
53.	van Ballegooie Stefanie	86	08-021	12:57.57	25m	5-11-00	Zaandam (NED)	234

800 vrije slag (sinds 54)

54.	de Vriend Sofie	01	08-021	13:02.76	25m	24-2-13	Zaandam (NED)	229
55.	Jongema Helena	80	08-021	13:10.26	50m	3-6-11	Apeldoorn (NED)	230
56.	Boekling Annette	85	08-021	13:27.82	25m	23-1-00	Heemskerk (NED)	208
57.	Nijman José	93	08-021	13:41.68	25m	14-10-07	Zaandam (NED)	198
58.	Steenkamp Ciska	90	08-021	13:56.79	25m	11-2-01	Zaandam (NED)	187
59.	de Vries Cathy	77	08-021	13:58.10	25m	6-6-91	Heemskerk	187
60.	van Kooten Cynthia	93	08-021	14:20.51	25m	3-12-06	Zaandam (NED)	172
61.	Liefting Sarina	93	08-021	14:25.95	25m	20-3-05	Zaandam (NED)	169
62.	Schelvis Liselot	92	08-021	15:20.84	25m	7-3-04	Zaandam	141
63.	Geluk Mabelle	73	08-021	20:25.45	50m	4-6-11	Apeldoorn (NED)	61

1000 vrije slag

1.	Vink Lidewij	90	08-021	14:29.79	OW	8-7-06	Oss (NED)	
2.	Crok Linda	94	08-021	14:29.84	OW	10-7-10	Wijk en Aalburg (NED)	
3.	Crok Annemarie	89	08-021	14:53.23	OW	25-7-10	Langedijk (NED)	
4.	Essers Sanne	91	08-021	14:54.95	OW	23-7-06	Langedijk (NED)	
5.	van der Gracht Anouk	89	08-021	14:55.47	OW	5-7-09	Bodegraven (NED)	
6.	Kleijne Daisy	89	08-021	14:59.73	OW	5-7-09	Bodegraven (NED)	
7.	Koopman Anitra	89	08-021	15:11.73	OW	24-6-01	Breukelen (NED)	
8.	de Ruijter Linda	87	08-021	15:40.56	OW	8-7-01	Amsterdam (NED)	
9.	van Staveren Marina	78	08-021	15:45.07	OW	4-8-13	Amstelveen (NED)	
10.	Kramer Miranda	80	08-021	15:51.40	OW	2-7-95	Veghel (NED)	
11.	Hermans Liesbeth	66	08-021	15:56.50	OW	14-6-81	Amstelveen (NED)	
12.	Butter Anouk	82	08-021	15:59.15	OW	11-6-05	Gorinchem (NED)	
13.	Visser Kelly	89	08-021	16:23.59	OW	16-6-01	Spaarnwoude (NED)	
14.	Oudendijk Bianca	79	08-021	16:34.50	OW	12-7-94	Harderwijk (NED)	
15.	Hogema Fabiën	93	08-021	16:38.77	OW	2-7-06	Bodegraven (NED)	
16.	Meijer Sylvia	81	08-021	16:39.40	OW	2-7-95	Veghel (NED)	
17.	Smid Diane	65	08-021	16:39.99	OW	26-8-07	Oosterhout (NED)	
18.	Stins Mariska	84	08-021	16:43.50	OW	12-7-98	Amsterdam (NED)	
19.	Heus Pauline	78	08-021	16:45.90	OW	4-8-13	Amstelveen (NED)	
20.	de Haan Shira	00	08-021	16:59.66	OW	26-8-17	Eindhoven (NED)	
21.	Vink Marjolein	93	08-021	17:04.18	OW	5-7-08	Oss (NED)	
22.	van Giezen Corina	68	08-021	17:05.00	OW	17-6-84	Amstelveen (NED)	
23.	Visser Stacey	87	08-021	17:16.95	OW	16-6-01	Spaarnwoude (NED)	
24.	Windmuller Wendy	69	08-021	17:20.80	OW	30-6-83	Amstelveen (NED)	
25.	van Leeuwen Andrea	71	08-021	17:28.00	OW	17-6-84	Amstelveen (NED)	
26.	Niesten Iris	92	08-021	17:35.15	OW	19-8-06	Bussloo (NED)	
27.	van Rookhuizen Sieta	79	08-021	17:42.50	OW	4-9-94	Amsterdam (NED)	
28.	Buur Naomi	01	08-021	17:46.78	OW	25-8-13	Oosterhout (NED)	
29.	Dijkstra Ingrid	68	08-021	18:25.70	OW	30-6-83	Amstelveen (NED)	
30.	Poppema Yvonne	68	08-021	18:49.50	OW	17-6-84	Amstelveen (NED)	
31.	van Huisstede Nikita	01	08-021	19:27.30	OW	17-8-13	Heerjansdam (NED)	
32.	de Graaf Dinie	71	08-021	19:28.50	OW	17-6-84	Amstelveen (NED)	
33.	Buur Cindy	99	08-021	21:02.70	OW	17-8-13	Heerjansdam (NED)	

1250 vrije slag

1.	Bos Marieke	06	08-021	22:34.57	OW	21-7-18	Hoorn (NED)	
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1500 vrije slag

1. Schelvis Femke	84	08-021	19:04.76	25m	23-1-00	Heemskerk (NED)	518
2. Crok Linda	94	08-021	19:23.75	25m	4-12-11	Zaandam (NED)	493
3. Vink Lidewij	90	08-021	19:28.97	25m	12-1-06	Heemskerk (NED)	487
4. Hoek Daniëlle	88	08-021	20:03.26	25m	14-11-04	Heemskerk (NED)	446
5. Kleijne Daisy	89	08-021	20:17.52	25m	12-1-06	Heemskerk (NED)	431
6. Schelvis Roos	86	08-021	20:20.21	25m	4-11-01	Heemskerk	428
7. van der Gracht Anouk	89	08-021	20:26.00	25m	3-2-08	Zaandam (NED)	422
8. Smit Sanne	01	08-021	20:34.89	50m	15-4-18	Alkmaar (NED)	420
9. de Groot Daniëlle	93	08-021	21:01.65	25m	9-12-07	Zaandam (NED)	387
10. de Boer Irene	84	08-021	21:16.67	25m	23-1-00	Heemskerk (NED)	373
11. Limmen Karin	76	08-021	21:25.00	25m	7-2-93	Volendam (NED)	366
12. Groen Anne	95	08-021	21:38.25	25m	19-12-10	Zaandam (NED)	355
13. Stins Mariska	84	08-021	21:41.94	25m	4-1-01	Heemskerk (NED)	352
14. Kramer Miranda	80	08-021	21:44.13	25m	11-2-01	Zaandam (NED)	350
15. Essers Sanne	91	08-021	21:45.01	25m	3-12-06	Zaandam (NED)	350
16. van de Poll Marianne	89	08-021	21:47.89	25m	16-11-03	Heemskerk (NED)	347
17. Koopman Anitra	89	08-021	21:53.80	25m	16-2-03	Zaandam	343
18. de Ruijter Linda	87	08-021	21:56.67	25m	1-12-02	Heemskerk	340
19. Crok Annemarie	89	08-021	22:14.20	25m	16-11-03	Heemskerk (NED)	327
20. Besse Karen	75	08-021	22:20.60	25m	29-12-88	Heemskerk (NED)	322
21. van Rookhuizen Sieta	79	08-021	22:21.97	25m	23-1-00	Heemskerk (NED)	321
22. Zonneveld Chantal	84	08-021	22:25.85	25m	23-1-00	Heemskerk (NED)	319
23. Wentink Yara	04	08-021	22:30.05	50m	15-4-18	Alkmaar (NED)	322
24. Visser Kelly	89	08-021	22:30.91	25m	10-2-02	Zaandam	315
25. Buur Naomi	01	08-021	22:49.10	25m	9-2-14	Zaandam (NED)	303
26. Hogema Fabiën	93	08-021	22:56.00	25m	28-1-07	Zaandam (NED)	298
27. Butter Anouk	82	08-021	23:04.38	25m	14-11-04	Heemskerk (NED)	293
28. Vink Marjolein	93	08-021	23:15.85	25m	28-1-07	Zaandam (NED)	286
29. Mallon Danique	94	08-021	23:47.44	25m	28-1-07	Zaandam (NED)	267
30. de Boer Claudia	77	08-021	23:53.70	25m	17-3-90	Heerhugowaard (NED)	263
31. van Koevinge Nicole	93	08-021	24:03.62	25m	28-1-07	Zaandam (NED)	258
32. Meijer Linda	77	08-021	24:06.20	25m	17-3-90	Heerhugowaard (NED)	257
33. Niesten Iris	92	08-021	24:21.57	25m	3-12-06	Zaandam (NED)	249
34. Jongema Helena	80	08-021	24:45.29	50m	3-6-11	Apeldoorn (NED)	241
35. Boekling Annette	85	08-021	25:17.81	25m	23-1-00	Heemskerk (NED)	222
36. van Staveren Marina	78	08-021	25:21.32	OW	22-7-12	Amsterdam (NED)	
37. Bos Marieke	06	08-021	25:43.38	OW	15-7-18	Amsterdam (NED)	
38. Heus Pauline	78	08-021	26:10.58	OW	21-7-13	Amsterdam (NED)	
39. Hoek Laura	86	08-021	26:25.18	25m	5-3-00	Zaandam (NED)	195
40. Visser Stacey	87	08-021	26:44.41	25m	5-3-00	Zaandam (NED)	188
41. Nijman José	93	08-021	27:28.54	25m	28-1-07	Zaandam (NED)	173

2000 vrije slag

1. Schelvis Femke	84	08-021	25:28.90	25m	5-3-00	Zaandam (NED)	515
2. Crok Linda	94	08-021	26:17.78	25m	13-2-11	Zaandam (NED)	469
3. van de Poll Marianne	89	08-021	26:56.35	25m	7-3-04	Zaandam	436
4. Vink Lidewij	90	08-021	27:03.36	25m	28-1-07	Zaandam (NED)	431
5. Hoek Daniëlle	88	08-021	27:21.57	25m	7-3-04	Zaandam	416
6. van der Gracht Anouk	89	08-021	27:22.08	25m	3-2-08	Zaandam (NED)	416
7. Kleijne Daisy	89	08-021	27:32.48	25m	1-3-09	Zaandam (NED)	408
8. Essers Sanne	91	08-021	28:04.76	25m	28-1-07	Zaandam (NED)	385
9. Schelvis Roos	86	08-021	28:08.75	25m	10-2-02	Zaandam	382
10. Kramer Miranda	80	08-021	29:04.76	25m	11-2-01	Zaandam (NED)	347
11. Stins Mariska	84	08-021	29:08.81	25m	5-3-00	Zaandam (NED)	344
12. de Ruijter Linda	87	08-021	29:15.39	25m	16-2-03	Zaandam	340
13. Crok Annemarie	89	08-021	29:24.89	25m	7-3-04	Zaandam	335
14. van Rookhuizen Sieta	79	08-021	29:42.03	25m	5-3-00	Zaandam (NED)	325
15. Groen Anne	95	08-021	29:43.90	25m	13-2-11	Zaandam (NED)	324
16. Butter Anouk	82	08-021	30:35.49	OW	20-6-04	Spaarnwoude (NED)	
17. Niesten Iris	92	08-021	32:20.51	25m	28-1-07	Zaandam (NED)	252
18. Palmboom Nicole	91	08-021	32:20.54	OW	5-7-09	Bodegraven (NED)	
19. Vink Marjolein	93	08-021	34:07.78	OW	15-6-08	Spaarnwoude (NED)	
20. Boekling Annette	85	08-021	34:19.25	25m	5-3-00	Zaandam (NED)	211
21. Heus Pauline	78	08-021	35:03.55	OW	4-8-13	Amstelveen (NED)	
22. Oudendijk Bianca	79	08-021	50:45.90	OW	6-7-96	Oss (NED)	
23. van der Eng Laura	80	08-021	50:47.00	OW	6-7-96	Oss (NED)	

2500 vrije slag

1. Schelvis Femke	84	08-021	33:53.31	OW	26-6-04	Scheerwolde (NED)
2. Vink Lidewij	90	08-021	36:34.47	OW	9-7-05	Oss (NED)
3. Crok Linda	94	08-021	37:25.63	OW	25-7-10	Langedijk (NED)
4. van der Gracht Anouk	89	08-021	39:11.50	OW	4-7-09	Oss (NED)
5. Butter Anouk	82	08-021	42:59.56	OW	10-7-04	Oss (NED)
6. Essers Sanne	91	08-021	45:43.56	OW	22-7-07	Langedijk (NED)

3000 vrije slag

1. Schelvis Femke	84	08-021	42:18.93	OW	19-6-04	Vriezenveen (NED)
2. Vink Lidewij	90	08-021	44:59.59	OW	15-7-06	Wijk en Aalburg (NED)
3. Crok Linda	94	08-021	45:46.47	OW	10-7-10	Wijk en Aalburg (NED)
4. van der Gracht Anouk	89	08-021	48:05.75	OW	29-8-09	Tilburg (NED)
5. Kleijne Daisy	89	08-021	48:41.41	OW	19-7-08	Anna-Paulowna (NED)
6. Essers Sanne	91	08-021	48:59.81	OW	21-7-07	Anna-Paulowna (NED)
7. Heus Pauline	78	08-021	50:50.35	OW	7-9-13	Eindhoven (NED)
8. van Rookhuizen Sieta	79	08-021	51:49.00	OW	2-7-95	Veghel (NED)

4000 vrije slag**5000 vrije slag**

1. Schelvis Femke	84	08-021	1:10:50.81	OW	4-7-04	Sluis (NED)
2. Crok Linda	94	08-021	1:18:13.04	OW	20-6-10	Spaarnwoude (NED)
3. van der Gracht Anouk	89	08-021	1:22:18.67	OW	16-8-08	Heerjansdam (NED)

6000 vrije slag**6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Schelvis Femke	84	08-021	15.10	25m	15-1-98	Heemskerk (NED)	512
2. Meijer Sylvia	81	08-021	15.90	25m	13-2-97	Heemskerk (NED)	438
3. Hulshof Saskia	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	430
4. Palmboom Nicole	91	08-021	16.02	25m	19-4-07	Heemskerk (NED)	428
5. Schelvis Roos	86	08-021	16.39	25m	17-2-00	Heemskerk (NED)	400
6. Meijer Linda	77	08-021	16.40	25m	16-5-91	Heemskerk (NED)	399
6. Kramer Miranda	80	08-021	16.40	25m	15-1-98	Heemskerk (NED)	399
8. Kleijne Daisy	89	08-021	16.57	25m	27-4-06	Heemskerk	387
9. Mallon Danique	94	08-021	16.78	25m	29-5-08	Heemskerk (NED)	373
10. Stins Mariska	84	08-021	16.86	25m	19-4-07	Heemskerk (NED)	367
11. Stam Sabrina	82	08-021	16.90	25m	15-1-98	Heemskerk (NED)	365
11. Vink Lidewij	90	08-021	16.90	25m	19-4-07	Heemskerk (NED)	365
13. Crok Linda	94	08-021	16.95	25m	29-5-08	Heemskerk (NED)	361
14. Schuyt Simone	75	08-021	17.00	25m	12-1-89	Heemskerk (NED)	358
15. van Ballegooie Stefanie	86	08-021	17.07	25m	22-2-01	Heemskerk (NED)	354
16. Koster Lisa	94	08-021	17.13	25m	19-4-07	Heemskerk (NED)	350
17. van der Kroft Nicole	84	08-021	17.20	25m	13-2-97	Heemskerk (NED)	346
17. Stam Vanessa	80	08-021	17.20	25m	15-1-98	Heemskerk (NED)	346
19. Hoek Daniëlle	88	08-021	17.26	25m	29-5-08	Heemskerk (NED)	342
20. Bruin Adri	74	08-021	17.40	25m	12-1-89	Heemskerk (NED)	334
20. Besse Karen	75	08-021	17.40	25m	12-1-89	Heemskerk (NED)	334
20. de Groot Daniëlle	93	08-021	17.40	25m	19-4-07	Heemskerk (NED)	334
23. Crok Annemarie	89	08-021	17.44	25m	27-4-06	Heemskerk	332
24. Boekling Annette	85	08-021	17.45	25m	22-2-01	Heemskerk (NED)	331
25. Zonneveld Chantal	84	08-021	17.48	25m	22-2-01	Heemskerk (NED)	330
26. Limmen Karin	76	08-021	17.50	25m	16-6-93		328
26. van Ballegooie Simone	84	08-021	17.50	25m	15-1-98	Heemskerk (NED)	328
28. de Boer Irene	84	08-021	17.51	25m	22-2-01	Heemskerk (NED)	328
29. Visser Kelly	89	08-021	17.62	25m	21-11-10	Almere-Stad (NED)	322
30. van der Gracht Anouk	89	08-021	17.72	25m	27-4-06	Heemskerk	316
31. Essers Sanne	91	08-021	17.78	25m	27-4-06	Heemskerk	313
32. Zonneveld Cindy	75	08-021	17.80	25m	12-1-89	Heemskerk (NED)	312
32. van Rookhuizen Sieta	79	08-021	17.80	25m	8-2-96	Heemskerk (NED)	312
34. Koopman Anitra	89	08-021	17.83	25m	22-2-01	Heemskerk (NED)	310
34. Jongema Helena	80	08-021	17.83	25m	20-11-11	Almere-Stad (NED)	310
36. van der Geest Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)	307
36. Krouwels Tanja	79	08-021	17.90	25m	15-1-98	Heemskerk (NED)	307
38. Liefing Sarina	93	08-021	17.95	25m	27-4-06	Heemskerk	304
39. Heus Pauline	78	08-021	18.00	25m	16-3-95	Heemskerk (NED)	302
40. Vink Marjolein	93	08-021	18.08	25m	19-4-07	Heemskerk (NED)	298

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41.	Moolevliet Petra	82	08-021	18.10	25m	8-2-96	Heemskerk (NED)	297
42.	Rodenburg Rianne	93	08-021	18.13	25m	27-4-06	Heemskerk	295
42.	Niessen Iris	92	08-021	18.13	25m	29-5-08	Heemskerk (NED)	295
44.	Deiman Caroline	67	08-021	18.20	25m	12-1-89	Heemskerk (NED)	292
44.	Dijkstra Lisette	86	08-021	18.20	25m	15-1-98	Heemskerk (NED)	292
46.	Oudendijk Bianca	79	08-021	18.30	25m	8-2-96	Heemskerk (NED)	287
46.	Hoek Laura	86	08-021	18.30	25m	25-3-99	Heemskerk (NED)	287
48.	de Ruijter Linda	87	08-021	18.54	25m	22-2-01	Heemskerk (NED)	276
49.	Butter Anouk	82	08-021	18.57	25m	19-4-07	Heemskerk (NED)	275
50.	Teufer Irene	96	08-021	18.79	25m	19-4-07	Heemskerk (NED)	265
51.	Dijkstra Janet	77	08-021	18.80	25m	12-1-89	Heemskerk (NED)	265
51.	van Honk Chantal	80	08-021	18.80	25m	16-5-91	Heemskerk (NED)	265
51.	ten Cate Joyce	80	08-021	18.80	25m	13-2-97	Heemskerk (NED)	265
54.	Splinter Nathalie	75	08-021	18.90	25m	12-1-89	Heemskerk (NED)	261
54.	de Vries Justine	83	08-021	18.90	25m	8-2-96	Heemskerk (NED)	261
54.	Beentjes Nicolet	80	08-021	18.90	25m	25-3-99	Heemskerk (NED)	261
57.	Hogema Fabiën	93	08-021	18.93	25m	19-4-07	Heemskerk (NED)	259
58.	Bruin Marianne	78	08-021	19.00	25m	16-5-91	Heemskerk (NED)	257
59.	de Vries Chrissie	93	08-021	19.02	25m	19-4-07	Heemskerk (NED)	256
60.	van Velsen Patricia	79	08-021	19.10	25m	16-3-95	Heemskerk (NED)	252
61.	de Vries Cathy	77	08-021	19.20	25m	16-5-91	Heemskerk (NED)	249
62.	Cappelle Carlijn	82	08-021	19.30	25m	15-1-98	Heemskerk (NED)	245
63.	Bos Chantal	74	08-021	19.40	25m	12-1-89	Heemskerk (NED)	241
63.	de Boer Angela	80	08-021	19.40	25m	16-3-95	Heemskerk (NED)	241
65.	Molenaar Eline	82	08-021	19.44	25m	17-2-00	Heemskerk (NED)	239
66.	Hommersen Sandra	84	08-021	19.56	25m	25-3-99	Heemskerk (NED)	235
67.	Dijkstra Maud	84	08-021	19.60	25m	5-2-98	Heemskerk (NED)	234
67.	Zwarthoed Brenda	96	08-021	19.60	25m	19-4-07	Heemskerk (NED)	234
69.	Lindelauf Priscilla	85	08-021	19.63	25m	17-2-00	Heemskerk (NED)	233
70.	Limmen Miriam	75	08-021	19.70	25m	12-1-89	Heemskerk (NED)	230
71.	Regelink Anneke	83	08-021	19.76	25m	25-3-99	Heemskerk (NED)	228
72.	Bakker Jesca	79	08-021	19.80	25m	31-12-89	Heemskerk (NED)	227
73.	Groen Anne	95	08-021	19.94	25m	29-5-08	Heemskerk (NED)	222
74.	Nijman José	93	08-021	19.99	25m	29-5-08	Heemskerk (NED)	220
75.	Koper Birgit	87	08-021	20.09	25m	27-4-06	Heemskerk	217
76.	Steenkamp Ciska	90	08-021	20.19	25m	22-2-01	Heemskerk (NED)	214
77.	de Boer Claudia	77	08-021	20.20	25m	31-12-89	Heemskerk (NED)	213
78.	Essers Patricia	84	08-021	20.23	25m	17-2-00	Heemskerk (NED)	212
79.	Vredenburg Roos	95	08-021	20.24	25m	29-5-08	Heemskerk (NED)	212
80.	ten Cate Ilona	85	08-021	20.26	25m	22-2-01	Heemskerk (NED)	211
81.	Zonneveld Monica	80	08-021	20.30	25m	16-6-93		210
82.	van Koeveringe Nicole	93	08-021	20.35	25m	27-4-06	Heemskerk	209
83.	Stel Kaylin	01	08-021	20.44	25m	3-1-10	Culemborg (NED)	206
84.	Limmen Anita	78	08-021	20.50	25m	16-6-93		204
85.	van Kooten Cynthia	93	08-021	20.59	25m	27-4-06	Heemskerk	201
86.	de Groot Linda	81	08-021	20.60	25m	8-2-96	Heemskerk (NED)	201
86.	Huneker Jolanda	79	08-021	20.60	25m	13-2-97	Heemskerk (NED)	201
88.	Smit Lydia	84	08-021	20.61	25m	25-3-99	Heemskerk (NED)	201
88.	Viel Bianca	85	08-021	20.61	25m	25-3-99	Heemskerk (NED)	201
90.	Bakker Daniëlle	96	08-021	20.72	25m	29-5-08	Heemskerk (NED)	198
91.	Visser Stacey	87	08-021	20.99	25m	17-2-00	Heemskerk (NED)	190
92.	Besse Meta	78	08-021	21.00	25m	31-12-89	Heemskerk (NED)	190
93.	Hoogervorst Marlon	84	08-021	21.20	25m	16-3-95	Heemskerk (NED)	185

25 rugslag (sinds 94)

94.	van der Wijden Eline	88	08-021	21.30	25m	22-3-01	Heemskerk (NED)	182
95.	van Honschoten Ingeborg	70	08-021	21.50	25m	10-2-80	Heerhugowaard (NED)	177
95.	de Laat Anita	75	08-021	21.50	25m	22-3-88	Heemskerk (NED)	177
97.	van der Eng Laura	80	08-021	21.60	25m	8-2-96	Heemskerk (NED)	174
97.	van den Braber Liesbeth	84	08-021	21.60	25m	15-1-98	Heemskerk (NED)	174
99.	Dijkstra Pascal	89	08-021	21.67	25m	25-3-99	Heemskerk (NED)	173
100.	Potemans Priscilla	84	08-021	21.70	25m	15-1-98	Heemskerk (NED)	172
101.	Mosch Sabina	84	08-021	22.00	25m	15-1-98	Heemskerk (NED)	165
102.	Koper Ella	90	08-021	22.10	25m	27-4-06	Heemskerk	163
103.	Rodenburg Kyra	96	08-021	22.12	25m	27-4-06	Heemskerk	162
104.	Dekker Danyk	94	08-021	22.22	25m	29-5-08	Heemskerk (NED)	160
105.	Aafjes Suzan	69	08-021	22.30	25m	13-10-79	Heemskerk (NED)	158
106.	Cappelle Marcella	85	08-021	22.50	25m	13-2-97	Heemskerk (NED)	154
107.	Koper Fiona	01	08-021	22.67	25m	26-9-10	Hoom (NED)	151
108.	Mulder Amy	80	08-021	22.80	25m	16-6-93		148
109.	van der Horst Sacha	69	08-021	22.90	25m	13-10-79	Heemskerk (NED)	146
110.	Bakker Anna	97	08-021	22.95	25m	29-5-08	Heemskerk (NED)	145
111.	Huisman Lianne	87	08-021	23.10	25m	22-3-01	Heemskerk (NED)	143
112.	Dekker Elise	97	08-021	23.11	25m	20-3-05	Heemstede (NED)	142
113.	van Ederen Jasmijn	10	08-021	23.28	25m	13-5-18	Haarlem (NED)	139
114.	Nijman Linda	89	08-021	23.32	25m	22-2-01	Heemskerk (NED)	139
115.	Pover Ellen	72	08-021	23.40	25m	13-12-81	Volendam (NED)	137
116.	Heus Inge	81	08-021	23.50	25m	16-5-91	Heemskerk (NED)	135
117.	Zijlstra Mariëlle	83	08-021	23.60	25m	16-3-95	Heemskerk (NED)	134
118.	Windmuller Wendy	69	08-021	23.90	25m	13-10-79	Heemskerk (NED)	129
118.	Schijf Irene	83	08-021	23.90	25m	27-4-95	Heemskerk (NED)	129
120.	de Vriend Sofie	01	08-021	23.96	25m	26-9-10	Hoom (NED)	128
121.	van Perlo Ingrid	73	08-021	24.00	25m	13-12-81	Volendam (NED)	127
121.	Bakker Lisette	83	08-021	24.00	25m	13-2-97	Heemskerk (NED)	127
123.	Martens Priscilla	85	08-021	24.10	25m	20-3-97	Heemskerk (NED)	125
124.	van Toledo Annelies	70	08-021	24.30	25m	10-2-80	Heerhugowaard (NED)	122
124.	van Leen Cynthia	81	08-021	24.30	25m	8-2-96	Heemskerk (NED)	122
126.	Bovekerk Annefleur	99	08-021	24.40	25m	27-9-09	Hoom (NED)	121
127.	Grul Lisanne	97	08-021	24.54	25m	29-5-08	Heemskerk (NED)	119
128.	Werdekker Marjolein	81	08-021	24.60	25m	13-2-97	Heemskerk (NED)	118
129.	Hoekstra Eline	03	08-021	24.72	25m	7-1-12	Hoom (NED)	116
130.	van der Horst Wendy	72	08-021	24.90	25m	16-3-80	Heemskerk (NED)	114
130.	Kerkhoven Michelle	91	08-021	24.90	25m	22-2-01	Heemskerk (NED)	114
132.	Schelvis Liselot	92	08-021	24.94	25m	13-1-02	Zaandam	113
133.	Buur Naomi	01	08-021	24.95	25m	3-1-10	Culemborg (NED)	113
134.	van Noort Jony	85	08-021	25.00	25m	27-4-95	Heemskerk (NED)	112
135.	Renkema Iris	04	08-021	25.14	25m	30-9-12	Heemskerk (NED)	110
136.	Werdekker Esther	83	08-021	25.20	25m	13-2-97	Heemskerk (NED)	110
137.	Hoeksema Kim	90	08-021	25.21	25m	22-2-01	Heemskerk (NED)	110
138.	Blaauw Yente	03	08-021	25.37	25m	22-4-12	Haarlem (NED)	107
139.	Hoekstra Femke	05	08-021	25.43	25m	13-4-14	Zaandam (NED)	107
140.	Liefting Mariëlle	90	08-021	25.53	25m	22-2-01	Heemskerk (NED)	105
141.	Pezo Adna	90	08-021	25.60	25m	22-2-01	Heemskerk (NED)	105
142.	Elghandor Kiyaan	03	08-021	25.95	25m	2-2-14	Haarlem (NED)	100
143.	van den Heuvel Sandra	80	08-021	26.10	25m	12-1-89	Heemskerk (NED)	99
144.	Wiegman Brenda	72	08-021	26.20	25m	13-12-81	Volendam (NED)	98
145.	de Graaf Annemiek	70	08-021	26.40	25m	10-2-80	Heerhugowaard (NED)	95
146.	Petit Kirsten	00	08-021	26.73	25m	27-9-09	Hoom (NED)	92

25 rugslag (sinds 147)

147.	Rijkema Marije	85	08-021	27.00	25m	15-1-98	Heemskerk (NED)	89
148.	Snijder Femke	83	08-021	27.60	25m	16-2-94		83
149.	Wieman Lianne	03	08-021	27.64	25m	25-9-11	Hoom (NED)	83
150.	Kuijper Michelle	91	08-021	28.19	25m	22-2-01	Heemskerk (NED)	78
151.	Stoker Ianthe	84	08-021	28.40	25m	20-3-97	Heemskerk (NED)	76
152.	Janssen Tess	89	08-021	29.40	25m	15-1-98	Heemskerk (NED)	69
153.	de Haan Shira	00	08-021	30.24	25m	29-5-08	Heemskerk (NED)	63
154.	Knight Kayleigh	00	08-021	31.00	25m	27-9-09	Hoom (NED)	59
155.	de Wildt Maud	05	08-021	31.05	25m	13-4-14	Zaandam (NED)	58
156.	Eijndhoven Jonna	02	08-021	31.42	25m	25-9-11	Hoom (NED)	56
157.	van Leeuwen Andrea	71	08-021	32.20	25m	13-10-79	Heemskerk (NED)	52
158.	Zeeman Judith	70	08-021	32.40	25m	13-10-79	Heemskerk (NED)	51
159.	van der Veldt Sandra	72	08-021	34.00	25m	16-3-80	Heemskerk (NED)	44
160.	Atzei Sabina	71	08-021	44.00	25m	10-2-80	Heerhugowaard (NED)	20

50 rugslag

1.	Kingma Danae	00	08-021	31.06	25m	30-12-17	Leeuwarden (NED)	564
2.	Broek Jade	97	08-021	31.43	25m	1-10-17	Purmerend (NED)	544
3.	Kleijne Daisy	89	08-021	32.44	25m	5-3-06	Purmerend (NED)	495
4.	Koper Fiona	01	08-021	32.46	25m	15-2-18	Heemskerk (NED)	494
5.	Schelvis Femke	84	08-021	32.93	25m	14-11-99	Zaandam (NED)	473
6.	Hoekstra Eline	03	08-021	33.27	25m	19-5-18	Purmerend (NED)	459
7.	Palmboom Nicole	91	08-021	33.39	25m	29-12-07	Maastricht (NED)	454
8.	van 't Veer Iris	03	08-021	33.54	25m	15-2-18	Heemskerk (NED)	448
9.	Koster Lisa	94	08-021	33.96	25m	13-12-07	Heemskerk (NED)	431
10.	Groen Anne	95	08-021	34.04	25m	2-10-16	Purmerend (NED)	428
11.	Hulshof Saskia	73	08-021	34.10	25m	30-6-88	Heemskerk (NED)	426
12.	Crok Linda	94	08-021	34.25	25m	3-3-13	Purmerend (NED)	421
13.	Siemerink Laura	04	08-021	34.28	25m	16-9-18	Alkmaar (NED)	419
14.	ten Bokkel Henriëke	94	08-021	34.33	25m	12-4-18	Heemskerk (NED)	418
15.	Smit Sanne	01	08-021	34.37	25m	15-2-15	Purmerend (NED)	416
16.	Kramer Miranda	80	08-021	34.40	25m	5-4-98	Heemskerk (NED)	415
17.	Meijer Sylvia	81	08-021	34.50	25m	26-1-97	Zuidoost Beemster (NED)	411
18.	Schelvis Roos	86	08-021	34.63	25m	16-4-00	Almelo (NED)	407
19.	Wentink Yara	04	08-021	34.69	25m	7-10-18	Purmerend (NED)	405
20.	Meijer Linda	77	08-021	34.70	25m	17-2-94	Heemskerk	404
21.	Mallon Danique	94	08-021	34.73	25m	22-5-10	Purmerend (NED)	403
22.	Buur Naomi	01	08-021	34.76	25m	18-2-16	Heemskerk (NED)	402
23.	Vink Lidewij	90	08-021	34.96	25m	5-3-06	Purmerend (NED)	395
24.	Jongema Helena	80	08-021	35.08	25m	16-3-08	Amersfoort (NED)	391
25.	Stins Mariska	84	08-021	35.29	25m	7-6-03	Z.o. Beemster	384
26.	Hoek Daniëlle	88	08-021	35.31	25m	28-10-04	Heemskerk (NED)	384
27.	van der Kroft Nicole	84	08-021	35.60	25m	29-11-01	Heemskerk	374
28.	Poppema Yvonne	68	08-021	35.70	25m	2-9-84	Heemskerk (NED)	371
28.	Stam Vanessa	80	08-021	35.70	25m	22-3-98	Assendelft (NED)	371
30.	de Haan Shira	00	08-021	35.71	25m	15-2-18	Heemskerk (NED)	371
31.	van de Poll Marianne	89	08-021	35.74	25m	25-10-03	Nieuwegein (NED)	370
32.	van der Gracht Anouk	89	08-021	35.78	25m	18-5-13	Purmerend (NED)	369
33.	Stam Sabrina	82	08-021	36.00	25m	18-1-98	Zuidoost Beemster (NED)	362
34.	Koopman Anitra	89	08-021	36.05	25m	6-2-05	Zuidoost-Beemster (NED)	361
35.	Stel Serena	98	08-021	36.24	25m	27-2-10	Hoom (NED)	355
36.	van Honk Chantal	80	08-021	36.30	25m	12-5-93		353

50 rugslag (sinds 37)

37.	Scholten Britt	04	08-021	36.32	25m	15-2-18	Heemskerk (NED)	353
38.	Crok Annemarie	89	08-021	36.40	25m	28-12-03	Maastricht (NED)	350
39.	Petit Kirsten	00	08-021	36.47	25m	30-12-16	Leeuwarden (NED)	348
40.	Zonneveld Chantal	84	08-021	36.56	25m	25-4-02	Heemskerk	346
41.	van Ballegooie Simone	84	08-021	36.61	25m	19-9-98	Amersfoort (NED)	344
42.	Boekling Annette	85	08-021	36.70	25m	25-1-01	Heemskerk (NED)	342
43.	Teufer Irene	96	08-021	36.75	25m	23-3-08	Haarlem (NED)	340
44.	de Boer Irene	84	08-021	36.80	25m	14-2-98	Emmen (NED)	339
45.	Niesten Iris	92	08-021	36.81	25m	1-3-09	Heemstede (NED)	339
46.	Vink Marjolein	93	08-021	36.83	25m	29-12-07	Maastricht (NED)	338
47.	Renkema Iris	04	08-021	36.87	25m	15-10-17	Alkmaar (NED)	337
48.	Spijker Kristel	84	08-021	36.96	25m	3-3-11	Heemskerk (NED)	335
49.	van Duin Margret	60	08-021	37.10	25m	14-9-76	Heemskerk (NED)	331
49.	Verbree Bets	63	08-021	37.10	25m	22-11-80	Heemskerk (NED)	331
49.	Schuyt Simone	75	08-021	37.10	25m	15-12-88	Heemskerk (NED)	331
49.	Limmen Karin	76	08-021	37.10	25m	16-2-94		331
53.	van Staveren Marina	78	08-021	37.12	25m	22-3-12	Heemskerk (NED)	330
54.	Essers Sanne	91	08-021	37.20	25m	23-4-06	Zaandam (NED)	328
55.	van Koeveringe Nicole	93	08-021	37.25	25m	13-4-09	Haarlem (NED)	327
56.	Dijkstra Lisette	86	08-021	37.40	25m	9-10-97	Heemskerk (NED)	323
57.	Besse Karen	75	08-021	37.60	25m	15-12-88	Heemskerk (NED)	318
58.	Butter Anouk	82	08-021	37.66	25m	22-4-01	Heemskerk (NED)	316
59.	Blaauw Yente	03	08-021	37.68	25m	15-2-18	Heemskerk (NED)	316
60.	van Assema Eline	05	08-021	37.75	25m	16-6-18	Alkmaar (NED)	314
61.	Zonneveld Cindy	75	08-021	37.80	25m	8-4-90	Volendam (NED)	313
62.	Visser Kelly	89	08-021	37.88	25m	4-10-15	Purmerend (NED)	311
63.	van Ballegooie Stefanie	86	08-021	37.93	25m	25-1-01	Heemskerk (NED)	309
64.	Heus Pauline	78	08-021	38.00	25m	17-12-95	Volendam (NED)	308
65.	de Groot Daniëlle	93	08-021	38.15	25m	13-12-07	Heemskerk (NED)	304
66.	Visser Stacey	87	08-021	38.18	25m	18-3-01	Zaandam (NED)	303
67.	Groot Tineke	60	08-021	38.30	25m	13-10-79	Heemskerk (NED)	301
68.	Zwaan Melissa	91	08-021	38.31	25m	28-12-03	Maastricht (NED)	300
69.	van der Geest Saskia	73	08-021	38.40	25m	14-12-88		298
70.	van Langelaar Tessa	97	08-021	38.47	25m	20-1-13	Heemskerk (NED)	297
71.	Windmuller Wendy	69	08-021	38.50	25m	7-11-81	Heemskerk (NED)	296
72.	van Rookhuizen Sieta	79	08-021	38.60	25m	17-2-94	Heemskerk	294
72.	Oudendijk Bianca	79	08-021	38.60	25m	9-11-95	Heemskerk (NED)	294
74.	Bruin Adri	74	08-021	38.70	25m	15-12-88	Heemskerk (NED)	291
75.	Bakkum Wilma	62	08-021	38.90	25m	13-10-79	Heemskerk (NED)	287
76.	de Ruijter Linda	87	08-021	39.04	25m	7-6-03	Z.o. Beemster	284
77.	Liefting Sarina	93	08-021	39.08	25m	5-11-06	Zaandam (NED)	283
78.	Zwarthoed Brenda	96	08-021	39.10	25m	10-2-08	Purmerend (NED)	282
79.	Rodenburg Rianne	93	08-021	39.12	25m	28-10-06	Hoorndam (NED)	282
80.	van Eerden Meike	00	08-021	39.20	25m	2-2-17	Heemskerk (NED)	280
81.	Deiman Caroline	67	08-021	39.30	25m	10-1-91	Heemskerk (NED)	278
81.	Moolevliet Petra	82	08-021	39.30	25m	9-11-95	Heemskerk (NED)	278
83.	Angenent Nienke	01	08-021	39.32	25m	9-3-14	Zaandam (NED)	278
84.	Dreyer Elly	63	08-021	39.40	25m	13-10-79	Heemskerk (NED)	276
85.	Hermans Liesbeth	66	08-021	39.50	25m	7-11-81	Heemskerk (NED)	274
86.	ten Cate Joyce	80	08-021	39.60	25m	27-1-00	Heemskerk (NED)	272
87.	Zonneveld Melissa	88	08-021	39.61	25m	28-10-04	Heemskerk (NED)	272
88.	Vredenburg Roos	95	08-021	39.68	25m	20-5-10	Heemskerk (NED)	270
88.	de Vriend Sofie	01	08-021	39.68	25m	20-1-13	Heemskerk (NED)	270

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88.	Hofland Yasmin	01	08-021	39.68	25m	2-2-17	Heemskerk (NED)	270
91.	Palthe Monique	64	08-021	40.00	25m	10-2-80	Heerhugowaard (NED)	264
91.	Dijkstra Ingrid	68	08-021	40.00	25m	7-11-81	Heemskerk (NED)	264
91.	van Giezen Corina	68	08-021	40.00	25m	7-11-81	Heemskerk (NED)	264
94.	Hoek Laura	86	08-021	40.01	25m	14-11-99	Zaandam (NED)	264
95.	Veldhuis Amelia	03	08-021	40.09	25m	21-10-18	Purmerend (NED)	262
96.	Nijholt Carin	60	08-021	40.20	25m	14-9-76	Heemskerk (NED)	260
97.	de Boer Maia	03	08-021	40.24	25m	15-2-18	Heemskerk (NED)	259
98.	Krouwels Tanja	79	08-021	40.28	25m	29-10-98	Heemskerk (NED)	258
99.	Cappelle Carlijn	82	08-021	40.30	25m	6-2-97	Heemskerk (NED)	258
100.	de Wildt Maud	05	08-021	40.46	25m	15-2-18	Heemskerk (NED)	255
101.	Ivens Suzanne	99	08-021	40.56	25m	10-3-13	Schagen (NED)	253
102.	de Vries Justine	83	08-021	40.60	25m	2-3-97	Haarlem (NED)	252
103.	van Vliet Isabel	02	08-021	40.62	25m	4-10-15	Purmerend (NED)	252
104.	de Boer Claudia	77	08-021	40.70	25m	31-5-90	Heemskerk (NED)	250
105.	van Rijn Sydney	03	08-021	40.74	25m	29-11-18	Heemskerk (NED)	250
106.	van Velsen Patricia	79	08-021	40.80	25m	23-2-95	Heemskerk (NED)	249
107.	Knight Kayleigh	00	08-021	40.81	25m	15-2-18	Heemskerk (NED)	248
108.	Huneker Jolanda	79	08-021	40.89	25m	6-12-98	Zaandam	247
109.	de Boer Angela	80	08-021	40.90	25m	22-2-95		247
109.	Hogema Fabiën	93	08-021	40.90	25m	23-4-06	Zaandam (NED)	247
111.	Oosterveen Yvonne	80	08-021	41.00	25m	12-5-93		245
111.	van Sikkelerus Lisa	99	08-021	41.00	25m	30-1-14	Heemskerk (NED)	245
113.	van Huisstede Nikita	01	08-021	41.09	25m	12-3-17	Purmerend (NED)	243
114.	Berloth Lydia	68	08-021	41.30	25m	13-12-81	Volendam (NED)	240
115.	Lund Karin	63	08-021	41.40	25m	23-10-77	Zandvoort (NED)	238
115.	Put Ann	64	08-021	41.40	25m	10-2-80	Heerhugowaard (NED)	238
115.	Bos Chantal	74	08-021	41.40	25m	14-12-88		238
118.	Pover Karin	67	08-021	41.50	25m	17-5-81	Castricum (NED)	236
119.	Raszinski Nienke	01	08-021	41.53	25m	9-3-14	Zaandam (NED)	236
120.	Steenkamp Ciska	90	08-021	41.56	25m	7-10-01	Zaandam (NED)	235
121.	van Kooten Cynthia	93	08-021	41.60	25m	19-10-06	Heemskerk	234
122.	ten Cate Ilona	85	08-021	41.62	25m	23-4-06	Zaandam (NED)	234
123.	de Wolff Isabel	01	08-021	41.68	25m	18-2-16	Heemskerk (NED)	233
124.	Stel Kaylin	01	08-021	41.78	25m	22-5-10	Purmerend (NED)	231
125.	Plokker Sylvia	68	08-021	41.80	25m	7-11-81	Heemskerk (NED)	231
126.	Lindelauf Priscilla	85	08-021	41.86	25m	25-1-01	Heemskerk (NED)	230
127.	Huisman Jolanda	68	08-021	41.90	25m	2-9-84	Heemskerk (NED)	229
128.	Bakker Jesca	79	08-021	42.00	25m	31-5-90	Heemskerk (NED)	228
129.	Koper Birgit	87	08-021	42.03	25m	27-4-03	Zaandam	227
130.	van de Kamp Yvonne	65	08-021	42.10	25m	13-10-79	Heemskerk (NED)	226
130.	Dijkstra Janet	77	08-021	42.10	25m	15-12-88	Heemskerk (NED)	226
132.	Grul Lisanne	97	08-021	42.13	25m	13-3-11	Heemskerk (NED)	226
133.	van Galen Angela	65	08-021	42.20	25m	13-10-79	Heemskerk (NED)	225
133.	Palthe Yvonne	67	08-021	42.20	25m	17-5-81	Castricum (NED)	225
133.	Tholen Kirsten	66	08-021	42.20	25m	7-11-81	Heemskerk (NED)	225
133.	de Graaf Annemiek	70	08-021	42.20	25m	7-11-81	Heemskerk (NED)	225
133.	Besse Meta	78	08-021	42.20	25m	10-1-91	Heemskerk (NED)	225
138.	Niessen Annet	62	08-021	42.30	25m	23-10-77	Zandvoort (NED)	223
138.	van Tellingen Ingrid	66	08-021	42.30	25m	13-12-81	Volendam (NED)	223
138.	Limmen Miriam	75	08-021	42.30	25m	31-5-90	Heemskerk (NED)	223
141.	Visser Robin	05	08-021	42.32	25m	2-10-16	Purmerend (NED)	223
142.	Visser Shana	04	08-021	42.53	25m	28-3-16	Haarlem (NED)	219

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143.	van Giezen Sandra	63	08-021	42.60	25m	7-11-81	Heemskerk (NED)	218
143.	de Vries Cathy	77	08-021	42.60	25m	10-1-91	Heemskerk (NED)	218
145.	Buur Cindy	99	08-021	42.81	25m	18-2-16	Heemskerk (NED)	215
146.	Splinter Nathalie	75	08-021	42.90	25m	15-12-88	Heemskerk (NED)	214
147.	Molenaar Eline	82	08-021	42.96	25m	14-11-99	Zaandam (NED)	213
148.	Limmen Anita	78	08-021	43.00	25m	12-5-93		212
148.	Hommersen Sandra	84	08-021	43.00	25m	22-3-98	Assendelft (NED)	212
150.	Nijman José	93	08-021	43.09	25m	28-10-07	Zaandam (NED)	211
151.	Dijkstra Maud	84	08-021	43.20	25m	25-1-98	Zaandam (NED)	209
152.	Bouwman Esther	63	08-021	43.30	25m	14-9-76	Heemskerk (NED)	208
153.	Schaaper Margriet	62	08-021	43.40	25m	8-12-79	Heemskerk (NED)	206
153.	Bruin Marianne	78	08-021	43.40	25m	10-1-91	Heemskerk (NED)	206
153.	Sobh Shaime	03	08-021	43.40	25m	18-2-16	Heemskerk (NED)	206
156.	Geurtsen Daisy	89	08-021	43.43	25m	29-11-01	Heemskerk	206
157.	de Loos Marijke	94	08-021	43.66	25m	22-5-10	Purmerend (NED)	203
158.	van Eif Lia	60	08-021	43.80	25m	16-3-80	Heemskerk (NED)	201
158.	de Vries Chrissie	93	08-021	43.80	25m	27-10-05	Heemskerk (NED)	201
160.	Teunissen Petra	64	08-021	44.00	25m	7-12-76	Heemskerk (NED)	198
160.	de Pree Caroline	64	08-021	44.00	25m	10-2-80	Heerhugowaard (NED)	198
160.	van Baar Monique	73	08-021	44.00	25m	15-12-88	Heemskerk (NED)	198
163.	Bos Marieke	06	08-021	44.04	25m	15-2-18	Heemskerk (NED)	198
164.	Wissenburg Petra	65	08-021	44.10	25m	7-12-76	Heemskerk (NED)	197
165.	Beentjes Nicolet	80	08-021	44.18	25m	29-10-98	Heemskerk (NED)	196
166.	Aafjes Suzan	69	08-021	44.20	25m	22-11-80	Heemskerk (NED)	195
167.	Venema Jalina	04	08-021	44.23	25m	2-2-17	Heemskerk (NED)	195
167.	Wieman Lianne	03	08-021	44.23	25m	18-1-18	Heemskerk (NED)	195
169.	de Groot Linda	81	08-021	44.30	25m	7-11-96	Heemskerk (NED)	194
170.	Viel Bianca	85	08-021	44.58	25m	14-11-99	Zaandam (NED)	190
171.	Reijnders Sandra	64	08-021	44.60	25m	10-2-80	Heerhugowaard (NED)	190
172.	Horst Diana	67	08-021	44.70	25m	22-11-80	Heemskerk (NED)	189
172.	Zonneveld Monica	80	08-021	44.70	25m	3-2-93		189
174.	Schaefer Lisa	06	08-021	44.72	25m	13-5-18	Haarlem (NED)	189
175.	Rasch Monique	66	08-021	44.80	25m	10-2-80	Heerhugowaard (NED)	188
175.	van der Horst Sacha	69	08-021	44.80	25m	7-11-81	Heemskerk (NED)	188
175.	Ligterink Angela	76	08-021	44.80	25m	15-3-87	Heemskerk (NED)	188
178.	van Rijn Eline	07	08-021	44.83	25m	30-10-16	Den Helder (NED)	187
179.	Buitenhuis Danine	91	08-021	44.87	25m	31-10-02	Heemskerk	187
180.	Regelink Anneke	83	08-021	44.89	25m	14-11-99	Zaandam (NED)	186
181.	van Giezen Irene	67	08-021	45.00	25m	7-11-81	Heemskerk (NED)	185
182.	Ardicyaka Irem	06	08-021	45.01	25m	13-5-18	Haarlem (NED)	185
183.	Groot Irma	63	08-021	45.20	25m	14-9-76	Heemskerk (NED)	183
183.	Watertor Anne-Marie	65	08-021	45.20	25m	7-12-76	Heemskerk (NED)	183
183.	Mulder Amy	80	08-021	45.20	25m	12-5-93		183
186.	Missot Gonda	66	08-021	45.30	25m	14-9-76	Heemskerk (NED)	181
186.	Lund Jolanda	65	08-021	45.30	25m	10-2-80	Heerhugowaard (NED)	181
186.	Cappelle Marcella	85	08-021	45.30	25m	25-1-98	Zaandam (NED)	181
189.	Windmuller Annemarie	67	08-021	45.50	25m	13-10-79	Heemskerk (NED)	179
190.	van Putten Demi	96	08-021	45.79	25m	29-5-11	Purmerend (NED)	176
191.	Smit Lydia	84	08-021	45.98	25m	29-10-98	Heemskerk (NED)	174
192.	Essers Patricia	84	08-021	46.09	25m	14-11-99	Zaandam (NED)	172
193.	van Gent Anja	66	08-021	46.10	25m	10-2-80	Heerhugowaard (NED)	172
194.	Meesters Audrey	90	08-021	46.42	25m	27-4-03	Zaandam	169
195.	de Groot Marlijn	92	08-021	46.73	25m	25-11-04	Heemskerk (NED)	165

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196.	Dijkstra Pascal	89	08-021	47.08	25m	21-3-99	Assendelft (NED)	162
197.	Bakker Anna	97	08-021	47.09	25m	18-1-09	Haarlem (NED)	161
197.	de Boer Isabel	06	08-021	47.09	50m	5-12-15	Beverwijk (NED)	189
199.	Calkhoven Mariëtte	65	08-021	47.20	25m	14-9-76	Heemskerk (NED)	160
200.	Smit Ingrid	67	08-021	47.30	25m	22-11-80	Heemskerk (NED)	159
200.	Rodenburg Kyra	96	08-021	47.30	25m	1-10-06	Volendam (NED)	159
202.	Dekker Elise	97	08-021	47.32	25m	15-1-06	Zaandam (NED)	159
203.	Last Rooske	94	08-021	47.39	25m	20-5-10	Heemskerk (NED)	158
204.	Sierra Ana Maria	69	08-021	47.50	25m	7-11-81	Heemskerk (NED)	157
205.	de Pree Marlies	66	08-021	47.70	25m	10-2-80	Heerhugowaard (NED)	155
206.	Bakker Daniëlle	96	08-021	47.79	25m	16-3-08	Zaandam (NED)	154
207.	Wiesener Winnifred	62	08-021	47.80	25m	7-12-76	Heemskerk (NED)	154
207.	Peters Yvonne	63	08-021	47.80	25m	7-11-81	Heemskerk (NED)	154
207.	Hoogervorst Marlon	84	08-021	47.80	25m	23-2-95	Heemskerk (NED)	154
210.	Mosch Sabina	84	08-021	48.00	25m	6-2-97	Heemskerk (NED)	152
211.	Bouwer Jolien	89	08-021	48.08	25m	31-5-01	Heemskerk (NED)	152
212.	van Asch Maria	74	08-021	48.10	25m	3-2-93		151
213.	Bakker Lisette	83	08-021	48.14	25m	29-10-98	Heemskerk (NED)	151
214.	Rijkema Marije	85	08-021	48.39	25m	25-4-02	Heemskerk	149
215.	van Leen Cynthia	81	08-021	48.40	25m	14-3-96	Heemskerk (NED)	149
216.	van Leeuwen Andrea	71	08-021	48.60	25m	7-11-81	Heemskerk (NED)	147
217.	Pezo Adna	90	08-021	48.77	25m	29-11-01	Heemskerk	145
218.	Terhorst Ilja	67	08-021	48.80	25m	13-10-79	Heemskerk (NED)	145
218.	van den Braber Liesbeth	84	08-021	48.80	25m	22-3-98	Assendelft (NED)	145
220.	Schelvis Liselot	92	08-021	48.91	25m	5-10-03	Heemskerk (NED)	144
221.	Aardenburg Judith	93	08-021	48.95	25m	28-10-04	Heemskerk (NED)	144
222.	Zijlstra Mariëlle	83	08-021	49.00	25m	9-11-95	Heemskerk (NED)	143
223.	Lange Sandra	67	08-021	49.30	25m	10-2-80	Heerhugowaard (NED)	141
224.	van Dijk Yvonne	65	08-021	49.40	25m	14-9-76	Heemskerk (NED)	140
225.	de Graaf Isabella	04	08-021	49.49	25m	2-2-17	Heemskerk (NED)	139
226.	van Perlo Ingrid	73	08-021	49.50	25m	2-9-84	Heemskerk (NED)	139
227.	van der Horst Wendy	72	08-021	49.60	25m	1-11-81	Bergen (NED)	138
228.	Martens landra	03	08-021	49.98	25m	17-1-16	Purmerend (NED)	135
229.	van der Does Lisa	02	08-021	50.06	25m	2-3-14	Haarlem (NED)	134
230.	Hoeksema Kim	90	08-021	50.11	25m	28-3-02	Heemskerk	134
231.	van Eif Ans	62	08-021	50.30	25m	16-3-80	Heemskerk (NED)	132
231.	Potemans Priscilla	84	08-021	50.30	25m	7-11-96	Heemskerk (NED)	132
233.	Beentjes Daphne	91	08-021	50.37	25m	27-4-03	Zaandam	132
234.	Koper Selma	03	08-021	50.52	25m	21-3-13	Heemskerk (NED)	131
234.	van Ederen Jasmijn	10	08-021	50.52	25m	28-10-18	Den Helder (NED)	131
236.	Doodeman Sara	00	08-021	50.57	25m	3-10-10	Zaandam (NED)	130
237.	Keessen Pam	62	08-021	50.60	25m	7-12-76	Heemskerk (NED)	130
238.	Koopman Jessie	97	08-021	50.71	25m	21-3-10	Zaandam (NED)	129
239.	Lensen Sarian	89	08-021	50.76	25m	30-10-03	Heemskerk	129
240.	Welboren Els	64	08-021	50.80	25m	7-12-76	Heemskerk (NED)	129
240.	Mans Joyce	67	08-021	50.80	25m	10-2-80	Heerhugowaard (NED)	129
242.	Yayli Serina	90	08-021	50.88	25m	28-3-02	Heemskerk	128
243.	Snijder Femke	83	08-021	50.90	25m	24-3-94	Heemskerk (NED)	128
244.	Doevendans Phileine	06	08-021	50.91	25m	17-3-16	Heemskerk (NED)	128
245.	Gelsumino Giulia	03	08-021	51.14	25m	10-12-15	Heemskerk (NED)	126
246.	Pirovano Monique	69	08-021	51.20	25m	16-3-80	Heemskerk (NED)	126
247.	Liefting Marielle	90	08-021	51.29	25m	31-10-02	Heemskerk	125
248.	Vellinga Yvonne	64	08-021	51.50	25m	14-9-76	Heemskerk (NED)	123

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249.	Huisman Caroline	64	08-021	51.70	25m	31-12-74		122
250.	Beeksma Anne	88	08-021	51.72	25m	29-3-01	Heemskerk (NED)	122
251.	Zeeman Judith	70	08-021	51.90	25m	7-11-81	Heemskerk (NED)	120
252.	Werdekker Marjolein	81	08-021	52.00	25m	10-4-97	Heemskerk (NED)	120
252.	Kuijper Michelle	91	08-021	52.00	25m	7-10-01	Zaandam (NED)	120
254.	Copier Alyssa	04	08-021	52.04	25m	10-2-13	Haarlem (NED)	120
255.	van Galen Marion	61	08-021	52.20	25m	7-12-76	Heemskerk (NED)	118
256.	van den Heuvel Sandra	80	08-021	52.40	25m	1-11-89		117
257.	Welboren Julia	00	08-021	52.84	25m	11-12-11	Zaandam (NED)	114
258.	van der Eng Laura	80	08-021	52.90	25m	9-11-95	Heemskerk (NED)	114
259.	Nijman Linda	89	08-021	52.94	25m	25-1-01	Heemskerk (NED)	114
260.	Buur Carina	64	08-021	53.00	25m	7-12-76	Heemskerk (NED)	113
261.	Salido Keesje	05	08-021	53.12	25m	19-2-15	Heemskerk (NED)	112
262.	van Noort Jony	85	08-021	53.20	25m	14-3-96	Heemskerk (NED)	112
263.	Numan Annelies	63	08-021	53.30	25m	7-12-76	Heemskerk (NED)	111
264.	de Buyzer Anita	67	08-021	53.60	25m	10-2-80	Heerhugowaard (NED)	109
265.	Kesting Alexandra	00	08-021	53.82	25m	7-2-10	Haarlem (NED)	108
266.	Jonker Monique	66	08-021	54.00	25m	7-12-76	Heemskerk (NED)	107
266.	Zuidervaart Anne	02	08-021	54.00	25m	22-1-12	Zaandam (NED)	107
268.	Schijf Irene	83	08-021	54.10	25m	23-2-95	Heemskerk (NED)	106
269.	Nobels Marlies	65	08-021	54.20	25m	7-12-76	Heemskerk (NED)	106
269.	de Roode Xara	08	08-021	54.20	25m	29-11-18	Heemskerk (NED)	106
271.	Boonstra Esmé	02	08-021	54.39	25m	21-3-13	Heemskerk (NED)	105
272.	Kerkhoven Michelle	91	08-021	54.50	25m	25-1-01	Heemskerk (NED)	104
273.	van Duivenvoorde Sanne	93	08-021	54.64	25m	31-10-02	Heemskerk	103
274.	van Ruth Yoore	78	08-021	54.70	25m	10-1-91	Heemskerk (NED)	103
274.	Werdekker Esther	83	08-021	54.70	25m	7-11-96	Heemskerk (NED)	103
276.	Beentjes Esther	66	08-021	54.80	25m	7-12-76	Heemskerk (NED)	102
277.	Koper Ella	90	08-021	54.82	25m	28-3-02	Heemskerk	102
278.	de Graaf Dinie	71	08-021	55.00	25m	7-11-81	Heemskerk (NED)	101
279.	van der Wijden Eline	88	08-021	55.14	25m	29-3-01	Heemskerk (NED)	100
280.	Elghandor Kiyaan	03	08-021	55.29	25m	18-1-15	Zaandam (NED)	100
281.	de Weers Anne-Michelle	63	08-021	55.40	25m	7-12-76	Heemskerk (NED)	99
281.	Doll Maartje	80	08-021	55.40	25m	8-10-92	Heemskerk (NED)	99
283.	Eijndhoven Jonna	02	08-021	55.43	25m	30-9-12	Heemskerk (NED)	99
284.	Zwart Ellen	65	08-021	55.90	25m	7-12-76	Heemskerk (NED)	96
284.	Pover Ellen	72	08-021	55.90	25m	28-9-80	Zaandam (NED)	96
286.	Huisman Lianne	87	08-021	55.98	25m	29-3-01	Heemskerk (NED)	96
287.	Reiss Katinka	65	08-021	56.00	25m	7-12-76	Heemskerk (NED)	96
288.	Breems Jolanda	62	08-021	56.10	25m	7-12-76	Heemskerk (NED)	95
288.	van der Leden Laura	68	08-021	56.10	25m	10-12-77	Heemskerk (NED)	95
290.	van Rijn Ilona	65	08-021	56.20	25m	7-12-76	Heemskerk (NED)	95
291.	Glorie Astrid	63	08-021	56.60	25m	7-12-76	Heemskerk (NED)	93
292.	de Wit Yvonne	66	08-021	57.00	25m	7-12-76	Heemskerk (NED)	91
293.	Schut Bodine	09	08-021	57.15	25m	29-11-18	Heemskerk (NED)	90
294.	Hoekstra Femke	05	08-021	57.41	25m	7-9-14	Zaandam (NED)	89
295.	Nobels Annita	68	08-021	57.70	25m	7-12-76	Heemskerk (NED)	88
296.	Kuijl Karin	65	08-021	57.90	25m	7-12-76	Heemskerk (NED)	87
297.	van Zalingen Margreet	67	08-021	58.00	25m	7-12-76	Heemskerk (NED)	86
298.	Feenstra Petra	71	08-021	58.30	25m	7-11-81	Heemskerk (NED)	85
299.	Zonneveld Jennifer	88	08-021	58.51	25m	29-3-01	Heemskerk (NED)	84
300.	Breems Silvia	65	08-021	58.70	25m	7-12-76	Heemskerk (NED)	83
301.	Claesens Freeke	64	08-021	58.90	25m	14-9-76	Heemskerk (NED)	82

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302.	van 't Hof Manon	90	08-021	58.93	25m	28-3-02	Heemskerk	82
303.	Beemsterboer Petra	68	08-021	59.10	25m	16-3-80	Heemskerk (NED)	81
304.	Boere Sacha	91	08-021	59.41	25m	28-10-04	Heemskerk (NED)	80
305.	van Wijngaarden Linda	65	08-021	59.80	25m	7-12-76	Heemskerk (NED)	79
306.	Reuderink Miranda	63	08-021	1:00.30	25m	14-9-76	Heemskerk (NED)	77
307.	Bovekerk Annefleur	99	08-021	1:00.33	25m	24-9-09	Heemskerk (NED)	77
308.	Sanen Casey	99	08-021	1:00.47	25m	26-2-09	Heemskerk (NED)	76
309.	Heus Inge	81	08-021	1:00.80	25m	13-6-91	Heemskerk (NED)	75
310.	Hoorn Linsey	94	08-021	1:00.86	25m	31-3-05	Heemskerk (NED)	75
311.	Woering Aletta	64	08-021	1:01.20	25m	7-12-76	Heemskerk (NED)	73
312.	Kraamer Carla	66	08-021	1:01.40	25m	7-12-76	Heemskerk (NED)	73
313.	van Megen Carla	65	08-021	1:01.80	25m	7-12-76	Heemskerk (NED)	71
314.	Morianner Susanna	72	08-021	1:01.90	25m	7-11-81	Heemskerk (NED)	71
315.	Gozeling Monique	67	08-021	1:02.10	25m	7-12-76	Heemskerk (NED)	70
316.	Bruins Bianca	81	08-021	1:02.20	25m	7-11-96	Heemskerk (NED)	70
317.	Halbersma Jenny	70	08-021	1:02.60	25m	7-11-81	Heemskerk (NED)	68
318.	ten Cate Naomi	93	08-021	1:02.84	25m	24-4-03	Heemskerk	68
319.	Jonker Nicole	68	08-021	1:03.40	25m	7-12-76	Heemskerk (NED)	66
320.	Stoker Ianthe	84	08-021	1:04.40	25m	13-3-97	Heemskerk (NED)	63
321.	Vet Mariska	66	08-021	1:04.80	25m	7-12-76	Heemskerk (NED)	62
322.	Kerdijk Lianne	81	08-021	1:05.10	25m	4-4-91	Heemskerk (NED)	61
323.	Gijzen Monique	68	08-021	1:05.20	25m	7-12-76	Heemskerk (NED)	61
324.	van der Leden Cynthia	66	08-021	1:05.30	25m	14-9-76	Heemskerk (NED)	60
325.	Zieck Esther	67	08-021	1:05.90	25m	7-12-76	Heemskerk (NED)	59
326.	Vonk Bea	67	08-021	1:06.30	25m	7-11-81	Heemskerk (NED)	58
327.	Janssen Tess	89	08-021	1:07.70	25m	12-2-98	Heemskerk (NED)	54
328.	Lammers Angelique	68	08-021	1:08.00	25m	7-12-76	Heemskerk (NED)	53
329.	de Jong Frederike	75	08-021	1:08.60	25m	3-2-93		52
330.	Oortwijn Jytte	10	08-021	1:11.38	25m	29-11-18	Heemskerk (NED)	46
331.	Verdonk Michaela	68	08-021	1:12.50	25m	7-12-76	Heemskerk (NED)	44
332.	Reuderink Bettina	67	08-021	1:14.60	25m	7-12-76	Heemskerk (NED)	40
333.	Berghuis Sascha	68	08-021	1:16.80	25m	16-3-80	Heemskerk (NED)	37
334.	Windmuller Jolande	65	08-021	1:17.00	25m	7-12-76	Heemskerk (NED)	37
335.	Gozeling Jolanda	68	08-021	1:20.60	25m	7-12-76	Heemskerk (NED)	32
336.	Mooy Monique	69	08-021	1:23.10	25m	7-12-76	Heemskerk (NED)	29
337.	Gravemaker Sandra	68	08-021	1:26.40	25m	7-12-76	Heemskerk (NED)	26
338.	Heesen Marieke	65	08-021	1:27.40	25m	7-12-76	Heemskerk (NED)	25
339.	Duyn Elaine	68	08-021	1:27.80	25m	7-12-76	Heemskerk (NED)	24
340.	Raaymakers Marjolein	68	08-021	1:32.20	25m	7-12-76	Heemskerk (NED)	21
341.	van der Meij Michelle	68	08-021	1:32.70	25m	7-12-76	Heemskerk (NED)	21
342.	Dorlandt Yvonne	69	08-021	1:35.00	25m	7-12-76	Heemskerk (NED)	19
343.	Bos Froke	69	08-021	1:37.00	25m	7-12-76	Heemskerk (NED)	18
344.	Koper Leny	69	08-021	1:37.50	25m	7-12-76	Heemskerk (NED)	18
345.	Hilbers Erna	69	08-021	1:53.00	25m	7-12-76	Heemskerk (NED)	11
346.	Reeuwijk Danielle	70	08-021	1:54.80	25m	7-12-76	Heemskerk (NED)	11

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1. Broek Jade	97	08-021	1:07.20	25m	8-10-17	Alkmaar (NED)	549
2. Kingma Danae	00	08-021	1:07.40	25m	1-10-17	Purmerend (NED)	544
3. Schelvis Femke	84	08-021	1:09.10	25m	28-11-04	Heemskerk (NED)	505
4. Kleijne Daisy	89	08-021	1:11.62	25m	16-4-06	Haarlem (NED)	453
5. Koper Fiona	01	08-021	1:11.99	25m	17-6-18	Alkmaar (NED)	446
6. Hoekstra Eline	03	08-021	1:12.03	25m	18-3-18	Purmerend (NED)	445
7. Crok Linda	94	08-021	1:12.23	25m	17-11-11	Heemskerk (NED)	442
8. van 't Veer Iris	03	08-021	1:12.48	25m	1-4-18	Haarlem (NED)	437
9. Hulshof Saskia	73	08-021	1:12.60	25m	7-1-89	Hilversum (NED)	435
10. Meijer Sylvia	81	08-021	1:13.00	25m	30-3-97	Haarlem (NED)	428
11. Koster Lisa	94	08-021	1:13.07	25m	17-11-07	Barneveld (NED)	427
12. Schelvis Roos	86	08-021	1:13.34	25m	16-4-00	Almelo (NED)	422
13. Groen Anne	95	08-021	1:13.36	25m	15-1-17	Alkmaar (NED)	422
14. Smit Sanne	01	08-021	1:13.59	25m	10-1-16	Purmerend (NED)	418
15. Mallon Danique	94	08-021	1:14.20	25m	4-11-10	Heemskerk (NED)	407
16. Kramer Miranda	80	08-021	1:14.70	25m	30-3-97	Haarlem (NED)	399
17. Wentink Yara	04	08-021	1:14.96	25m	4-11-18	Alkmaar (NED)	395
18. Poppema Yvonne	68	08-021	1:15.10	25m	12-2-84	Heemskerk (NED)	393
19. van der Kroft Nicole	84	08-021	1:15.16	25m	15-4-01	Haarlem (NED)	392
20. de Graaf Annemiek	70	08-021	1:15.30	25m	31-12-86		390
21. Jongema Helena	80	08-021	1:15.36	25m	3-5-08	Winterswijk (NED)	389
22. Meijer Linda	77	08-021	1:15.80	25m	8-9-91	Assendelft (NED)	382
23. Zonneveld Chantal	84	08-021	1:16.21	25m	28-3-02	Heemskerk	376
24. Buur Naomi	01	08-021	1:16.29	25m	27-3-16	Haarlem (NED)	375
25. Stins Mariska	84	08-021	1:16.36	25m	9-11-03	Zaandam	374
26. Essers Sanne	91	08-021	1:16.44	25m	8-4-07	Haarlem (NED)	373
26. Crok Annemarie	89	08-021	1:16.44	25m	17-11-11	Heemskerk (NED)	373
28. Palmboom Nicole	91	08-021	1:16.47	25m	30-9-07	Volendam (NED)	372
29. Drubers Mirjam	67	08-021	1:16.50	25m	6-10-85	Wormerveer (NED)	372
30. Hoek Daniëlle	88	08-021	1:16.53	25m	11-3-12	Zaandam (NED)	371
31. de Haan Shira	00	08-021	1:16.55	25m	5-6-17	Purmerend (NED)	371
32. Vink Lidewij	90	08-021	1:16.71	25m	30-9-07	Volendam (NED)	369
33. Stel Serena	98	08-021	1:16.75	25m	5-4-10	Haarlem (NED)	368
34. Siemerink Laura	04	08-021	1:16.93	25m	7-10-18	Purmerend (NED)	366
35. Petit Kirsten	00	08-021	1:17.06	25m	10-12-15	Heemskerk (NED)	364
36. Koopman Anitra	89	08-021	1:17.16	25m	16-1-05	Zaandam (NED)	362
37. Windmuller Wendy	69	08-021	1:17.30	25m	31-12-83		360
38. de Boer Irene	84	08-021	1:17.31	25m	12-12-99	Heemskerk (NED)	360
39. van Honk Chantal	80	08-021	1:17.40	25m	21-2-93	(NED)	359
40. van der Gracht Anouk	89	08-021	1:17.74	25m	18-3-07	Heemskerk (NED)	354
41. Stam Vanessa	80	08-021	1:17.80	25m	29-5-97	Heemskerk	353
42. van Duin Margret	60	08-021	1:18.00	25m	31-12-79		351
42. Stam Sabrina	82	08-021	1:18.00	25m	12-2-98	Heemskerk (NED)	351
44. de Groot Daniëlle	93	08-021	1:18.10	25m	9-3-08	Heemskerk (NED)	349
45. Verbree Bets	63	08-021	1:18.20	25m	17-1-82		348
46. Groot Tineke	60	08-021	1:18.30	25m	27-1-80	Zaandam (NED)	347
46. van Staveren Marina	78	08-021	1:18.30	25m	13-5-12	Grootebroek (NED)	347
48. Scholten Britt	04	08-021	1:19.04	25m	4-2-18	Purmerend (NED)	337
49. van Ballegooie Simone	84	08-021	1:19.05	25m	11-10-98	Alkmaar (NED)	337
50. Niesten Iris	92	08-021	1:19.13	25m	11-4-10	Zaandam (NED)	336
51. Pover Karin	67	08-021	1:19.90	25m	4-10-87	Zaandam (NED)	326
52. Boekling Annette	85	08-021	1:19.97	25m	28-3-02	Heemskerk	325
53. van de Poll Marianne	89	08-021	1:20.06	25m	26-2-04	Heemskerk (NED)	324

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54.	Blaauw Yente	03	08-021	1:20.07	25m	29-11-18	Heemskerk (NED)	324
55.	Spijker Kristel	84	08-021	1:20.25	25m	13-3-11	Heemskerk (NED)	322
56.	Heus Pauline	78	08-021	1:20.50	25m	10-12-95	Heemskerk (NED)	319
57.	Vink Marjolein	93	08-021	1:20.67	25m	9-3-08	Heemskerk (NED)	317
58.	Visser Kelly	89	08-021	1:20.89	25m	11-11-12	Schagen (NED)	314
59.	van Eerden Meike	00	08-021	1:21.43	25m	1-10-17	Purmerend (NED)	308
60.	Dijkstra Ingrid	68	08-021	1:21.50	25m	21-3-82		307
60.	Dijkstra Lisette	86	08-021	1:21.50	25m	8-3-98	Zaandam (NED)	307
62.	Liefting Sarina	93	08-021	1:21.51	25m	26-11-06	Heemskerk (NED)	307
63.	Butter Anouk	82	08-021	1:21.54	25m	26-2-04	Heemskerk (NED)	307
64.	Limmen Karin	76	08-021	1:21.70	25m	3-4-93		305
65.	Teufer Irene	96	08-021	1:21.82	25m	25-11-07	Amsterdam (NED)	304
66.	Angenent Nienke	01	08-021	1:21.93	25m	29-3-15	Zaandam (NED)	303
67.	Besse Karen	75	08-021	1:22.00	25m	22-9-91	Zaandam (NED)	302
68.	van Assema Eline	05	08-021	1:22.04	25m	19-5-18	Purmerend (NED)	301
69.	van der Geest Saskia	73	08-021	1:22.30	25m	18-9-88	Heemskerk (NED)	298
70.	Hermans Liesbeth	66	08-021	1:22.40	25m	24-1-82		297
71.	van Ballegooye Stefanie	86	08-021	1:22.69	25m	7-4-02	Heemskerk	294
72.	van der Horst Sacha	69	08-021	1:22.70	25m	15-3-81	Z.O. Beemster (NED)	294
72.	Schuyt Simone	75	08-021	1:22.70	25m	30-9-90	Assendelft (NED)	294
74.	Tholen Kirsten	66	08-021	1:22.80	25m	6-10-85	Wormerveer (NED)	293
75.	van Giezen Corina	68	08-021	1:22.90	25m	7-2-82		292
76.	de Boer Maia	03	08-021	1:22.93	25m	29-11-18	Heemskerk (NED)	292
77.	Zwaan Melissa	91	08-021	1:23.08	25m	28-12-03	Maastricht (NED)	290
78.	Zonneveld Cindy	75	08-021	1:23.30	25m	24-4-93		288
79.	van Langelaar Tessa	97	08-021	1:23.59	25m	21-4-13	Heemskerk (NED)	285
80.	van Rookhuizen Sieta	79	08-021	1:23.60	25m	17-3-94	Heemskerk	285
81.	Renkema Iris	04	08-021	1:23.71	25m	12-2-17	Purmerend (NED)	284
82.	de Boer Claudia	77	08-021	1:23.80	25m	24-2-91	Heemskerk (NED)	283
82.	Krouwels Tanja	79	08-021	1:23.80	25m	15-2-98	Assendelft (NED)	283
84.	Zwarthoed Brenda	96	08-021	1:24.08	25m	27-3-08	Heemskerk (NED)	280
85.	Bakkum Wilma	62	08-021	1:24.20	25m	12-10-80	Wormerveer (NED)	279
86.	de Ruijter Linda	87	08-021	1:24.44	25m	10-12-15	Heemskerk (NED)	276
87.	Oudendijk Bianca	79	08-021	1:24.60	25m	15-10-94		275
88.	Huisman Jolanda	68	08-021	1:24.80	25m	12-2-84	Heemskerk (NED)	273
89.	Dreyer Elly	63	08-021	1:24.90	25m	27-1-80	Zaandam (NED)	272
89.	Deiman Caroline	67	08-021	1:24.90	25m	18-2-89		272
91.	van Koeveringe Nicole	93	08-021	1:24.93	25m	24-9-09	Heemskerk (NED)	272
92.	Moolevliet Petra	82	08-021	1:25.10	25m	6-4-96	Haarlem (NED)	270
93.	ten Cate Joyce	80	08-021	1:25.11	25m	4-5-00	Heemskerk (NED)	270
94.	van Huisstede Nikita	01	08-021	1:25.15	25m	10-12-15	Heemskerk (NED)	269
95.	Hofland Yasmin	01	08-021	1:25.18	25m	15-11-15	Purmerend (NED)	269
95.	van Rijn Sydney	03	08-021	1:25.18	25m	29-11-18	Heemskerk (NED)	269
97.	Smid Diane	65	08-021	1:25.48	25m	13-5-07	Grootebroek (NED)	266
98.	Visser Stacey	87	08-021	1:25.65	25m	22-4-01	Heemskerk (NED)	265
99.	Zonneveld Melissa	88	08-021	1:25.90	25m	13-3-05	Amsterdam (NED)	262
100.	Bruin Adri	74	08-021	1:26.00	25m	30-9-89		262
101.	de Wildt Maud	05	08-021	1:26.30	25m	14-10-18	Heemskerk (NED)	259
102.	de Vriend Sofie	01	08-021	1:26.36	25m	3-6-12	Zaandam (NED)	258
103.	van Galen Angela	65	08-021	1:26.40	25m	2-3-80	Heemskerk (NED)	258
104.	Bouwman Esther	63	08-021	1:26.50	25m	19-2-78	Assendelft (NED)	257
104.	van Sikkelerus Lisa	99	08-021	1:26.50	25m	7-4-13	Castricum (NED)	257
106.	Hogema Fabiën	93	08-021	1:26.65	25m	26-11-06	Heemskerk (NED)	256

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107.	Vredenburg Roos	95	08-021	1:26.82	25m	11-4-10	Zaandam (NED)	254
108.	van Velsen Patricia	79	08-021	1:27.50	25m	27-4-95	Heemskerk (NED)	248
109.	Rodenburg Rianne	93	08-021	1:27.57	25m	26-11-06	Heemskerk (NED)	248
110.	Bakker Jesca	79	08-021	1:27.60	25m	31-5-90	Heemskerk (NED)	247
111.	Veldhuis Amelia	03	08-021	1:27.62	25m	18-3-18	Purmerend (NED)	247
112.	van de Kamp Yvonne	65	08-021	1:27.70	25m	17-1-82		247
113.	Knight Kayleigh	00	08-021	1:27.94	25m	1-10-17	Purmerend (NED)	245
114.	Nijholt Carin	60	08-021	1:28.00	25m	21-5-78	Heemskerk (NED)	244
115.	Hoek Laura	86	08-021	1:28.30	25m	21-12-99	Heemskerk (NED)	242
116.	Cappelle Carlijn	82	08-021	1:28.79	25m	11-10-98	Alkmaar (NED)	238
117.	de Groot Gitta	60	08-021	1:29.00	25m	10-12-77	Heemskerk (NED)	236
118.	van Giezen Wendy	70	08-021	1:29.10	25m	22-1-84	Zandvoort (NED)	235
119.	de Vries Chrissie	93	08-021	1:29.29	25m	31-5-07	Heemskerk (NED)	234
120.	ten Cate Ilona	85	08-021	1:29.42	25m	27-11-05	Heemskerk (NED)	233
121.	van Vliet Isabel	02	08-021	1:29.43	25m	18-3-18	Purmerend (NED)	232
122.	Lund Karin	63	08-021	1:29.50	25m	19-2-78	Assendelft (NED)	232
122.	Niesten Annet	62	08-021	1:29.50	25m	19-2-78	Assendelft (NED)	232
124.	Koper Birgit	87	08-021	1:29.51	25m	24-4-03	Heemskerk	232
125.	Ivens Suzanne	99	08-021	1:29.53	25m	18-1-15	Zaandam (NED)	232
126.	Plokker Sylvia	68	08-021	1:29.60	25m	1-11-81	Bergen (NED)	231
127.	Lindelauf Priscilla	85	08-021	1:29.69	25m	29-3-01	Heemskerk (NED)	230
128.	Palthe Yvonne	67	08-021	1:29.80	25m	18-10-81	Heemskerk (NED)	230
128.	Besse Meta	78	08-021	1:29.80	25m	10-3-91	Heemskerk (NED)	230
130.	Buur Cindy	99	08-021	1:29.89	25m	2-10-16	Purmerend (NED)	229
131.	Schaaper Margriet	62	08-021	1:30.20	25m	7-5-78	Assendelft (NED)	227
131.	Berloth Lydia	68	08-021	1:30.20	25m	6-2-83		227
133.	Bakker Daniëlle	96	08-021	1:30.22	25m	18-1-09	Haarlem (NED)	226
134.	Visser Robin	05	08-021	1:30.29	25m	18-3-18	Purmerend (NED)	226
135.	Windmuller Annemarie	67	08-021	1:30.40	25m	16-3-80	Zandvoort (NED)	225
135.	Limmen Miriam	75	08-021	1:30.40	25m	7-12-89	Heemskerk (NED)	225
135.	Oosterveen Yvonne	80	08-021	1:30.40	25m	7-10-92		225
138.	de Boer Angela	80	08-021	1:30.50	25m	17-3-94	Heemskerk	224
139.	Steenkamp Ciska	90	08-021	1:30.64	25m	10-6-01	Zaandam (NED)	223
140.	Huisman Caroline	64	08-021	1:30.70	25m	12-2-78	Heemskerk (NED)	223
141.	Dijkstra Maud	84	08-021	1:31.10	25m	26-4-98	Alkmaar (NED)	220
142.	Visser Shana	04	08-021	1:31.27	25m	28-3-16	Haarlem (NED)	219
143.	Limmen Anita	78	08-021	1:31.50	25m	25-4-93	Heemskerk (NED)	217
144.	Nijman José	93	08-021	1:31.55	25m	27-3-08	Heemskerk (NED)	217
145.	Peters Yvonne	63	08-021	1:31.60	25m	6-10-85	Wormerveer (NED)	216
146.	Rasch Monique	66	08-021	1:31.70	25m	16-1-83	Heemskerk (NED)	216
146.	Nemchonok Alisa	82	08-021	1:31.70	25m	28-1-99	Heemskerk (NED)	216
148.	Raszinski Nienke	01	08-021	1:31.81	25m	11-5-14	Purmerend (NED)	215
149.	Missot Gonda	66	08-021	1:31.90	25m	15-9-79	Heemskerk (NED)	214
150.	van Leeuwen Andrea	71	08-021	1:32.20	25m	7-1-84	Hilversum (NED)	212
151.	de Graaf Dinie	71	08-021	1:32.30	25m	23-9-84	Heemskerk (NED)	211
152.	de Vries Justine	83	08-021	1:32.50	25m	13-3-97	Heemskerk (NED)	210
153.	Grul Lisanne	97	08-021	1:32.51	25m	22-1-12	Zaandam (NED)	210
154.	Sobh Shaime	03	08-021	1:32.54	25m	4-10-15	Purmerend (NED)	210
155.	Stel Kaylin	01	08-021	1:32.72	25m	5-4-10	Haarlem (NED)	209
156.	de Wolff Isabel	01	08-021	1:33.06	25m	10-12-15	Heemskerk (NED)	206
157.	Wieman Lianne	03	08-021	1:33.13	25m	18-1-18	Heemskerk (NED)	206
158.	Hommersen Sandra	84	08-021	1:33.30	25m	13-3-97	Heemskerk (NED)	205
159.	van Giezen Sandra	63	08-021	1:33.40	25m	16-1-83	Heemskerk (NED)	204

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160.	Huneker Jolanda	79	08-021	1:33.50	25m	21-9-97	Alkmaar (NED)	203
161.	de Vries Cathy	77	08-021	1:33.90	25m	2-11-91		201
162.	Regelink Anneke	83	08-021	1:34.30	25m	28-1-99	Heemskerk (NED)	198
163.	Schaefer Lisa	06	08-021	1:34.47	25m	28-10-18	Den Helder (NED)	197
164.	van Perlo Ingrid	73	08-021	1:34.50	25m	7-10-84	Volendam (NED)	197
165.	van Rijn Eline	07	08-021	1:34.77	25m	27-11-16	Zaandam (NED)	195
166.	Bos Marieke	06	08-021	1:34.82	25m	18-1-18	Heemskerk (NED)	195
167.	de Jong Desire	73	08-021	1:35.10	25m	27-9-87	Zaandam (NED)	193
168.	Wiegman Brenda	72	08-021	1:35.30	25m	7-10-84	Volendam (NED)	192
169.	Bruin Marianne	78	08-021	1:35.40	25m	7-2-91	Heemskerk (NED)	191
170.	Hoorn Linsey	94	08-021	1:35.42	50m	17-4-05	Beverwijk (NED)	225
171.	Zonneveld Monica	80	08-021	1:35.50	25m	7-10-92		191
172.	Beentjes Nicolet	80	08-021	1:35.51	25m	7-3-99	Zaandam (NED)	191
173.	Viel Bianca	85	08-021	1:35.95	25m	4-5-00	Heemskerk (NED)	188
174.	de Loos Marijke	94	08-021	1:36.07	25m	7-2-10	Heemstede (NED)	187
175.	Mulder Amy	80	08-021	1:36.10	25m	21-2-93	(NED)	187
176.	van Giezen Irene	67	08-021	1:36.30	25m	29-11-81	Zaandam (NED)	186
177.	Mosch Sabina	84	08-021	1:36.36	25m	22-11-98	Zaandam (NED)	186
178.	Pover Ellen	72	08-021	1:36.50	25m	7-1-84	Hilversum (NED)	185
179.	van Kooten Cynthia	93	08-021	1:36.58	25m	26-11-06	Heemskerk (NED)	184
180.	de Groot Linda	81	08-021	1:36.84	25m	28-1-99	Heemskerk (NED)	183
181.	Bos Chantal	74	08-021	1:37.20	25m	29-11-87	Amstelveen (NED)	181
182.	Bouwer Jolien	89	08-021	1:37.53	50m	20-10-02	Beverwijk (NED)	211
183.	Terhorst Ilja	67	08-021	1:37.90	25m	27-4-80	Assendelft (NED)	177
184.	Dijkstra Janet	77	08-021	1:38.00	25m	19-2-89	Heemskerk (NED)	177
185.	de Boer Isabel	06	08-021	1:38.26	25m	11-6-16	Zaandam (NED)	175
186.	Lund Jolanda	65	08-021	1:38.60	25m	31-5-80	Heemskerk (NED)	173
187.	de Groot Marlijn	92	08-021	1:38.61	25m	28-11-04	Heemskerk (NED)	173
188.	Beeksma Anne	88	08-021	1:38.98	25m	18-11-01	Heemskerk	171
189.	Ligterink Angela	76	08-021	1:39.00	25m	15-3-87	Heemskerk (NED)	171
190.	Munnik Yvonne	64	08-021	1:39.50	25m	10-12-77	Heemskerk (NED)	169
191.	Boere Sacha	91	08-021	1:39.68	25m	31-3-05	Heemskerk (NED)	168
192.	van der Horst Wendy	72	08-021	1:39.90	25m	6-2-83		167
193.	Essers Patricia	84	08-021	1:39.94	25m	11-3-01	Zaandam (NED)	166
194.	van den Braber Liesbeth	84	08-021	1:40.10	25m	12-2-98	Heemskerk (NED)	166
195.	Molenaar Eline	82	08-021	1:40.14	50m	7-5-00	Beverwijk (NED)	195
196.	Bos Annelies	74	08-021	1:40.60	25m	29-11-87	Amstelveen (NED)	163
197.	van der Eng Laura	80	08-021	1:40.70	25m	14-3-96	Heemskerk (NED)	163
198.	Aafjes Suzan	69	08-021	1:40.80	25m	13-4-80	Zaandam (NED)	162
199.	Smit Lydia	84	08-021	1:40.89	25m	28-1-99	Heemskerk (NED)	162
200.	Cappelle Marcella	85	08-021	1:41.20	25m	26-4-98	Alkmaar (NED)	160
201.	Venema Jalina	04	08-021	1:41.25	25m	17-11-16	Heemskerk (NED)	160
202.	Dekker Danyk	94	08-021	1:41.44	25m	27-3-08	Heemskerk (NED)	159
203.	van Leen Cynthia	81	08-021	1:41.50	25m	2-5-96	Heemskerk (NED)	159
204.	van Putten Demi	96	08-021	1:41.68	25m	4-11-10	Heemskerk (NED)	158
205.	de Graaf Isabella	04	08-021	1:41.92	25m	29-11-18	Heemskerk (NED)	157
206.	Horst Diana	67	08-021	1:42.00	25m	2-11-80	Castricum (NED)	157
207.	Hoekstra Karin	76	08-021	1:42.10	25m	15-1-88		156
208.	Bakker Anna	97	08-021	1:42.31	25m	24-9-09	Heemskerk (NED)	155
209.	Feenstra Petra	71	08-021	1:42.40	25m	23-9-84	Heemskerk (NED)	155
210.	Martens landra	03	08-021	1:43.23	25m	17-1-16	Purmerend (NED)	151
211.	Dijkstra Pascal	89	08-021	1:43.47	50m	2-5-99	Beverwijk (NED)	177
212.	Last Rooske	94	08-021	1:43.61	25m	4-11-10	Heemskerk (NED)	149

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213.	Dekker Elise	97	08-021	1:43.77	25m	5-2-06	Zaandam (NED)	149
214.	Zeeman Judith	70	08-021	1:44.30	25m	7-2-82		146
215.	Hoogervorst Marlon	84	08-021	1:44.40	25m	20-10-94	Heemskerk (NED)	146
216.	Buitenhuis Danine	91	08-021	1:44.67	25m	19-12-02	Heemskerk	145
216.	Gelsumino Giulia	03	08-021	1:44.67	25m	10-12-15	Heemskerk (NED)	145
218.	Halbersma Jenny	70	08-021	1:44.90	25m	16-1-83	Heemskerk (NED)	144
219.	Jansen Pauline	67	08-021	1:45.10	25m	6-2-83		143
220.	Bok Femke	74	08-021	1:45.30	25m	12-2-84	Heemskerk (NED)	142
221.	Smit Ingrid	67	08-021	1:45.40	25m	27-4-80	Assendelft (NED)	142
222.	Walraven Annet	62	08-021	1:45.50	25m	10-12-77	Heemskerk (NED)	141
223.	Ardicyaka Irem	06	08-021	1:45.54	25m	29-11-18	Heemskerk (NED)	141
224.	Calkhoven Mariëtte	65	08-021	1:45.90	25m	27-11-77	IJmuiden (NED)	140
225.	Zijlstra Mariëlle	83	08-021	1:46.00	25m	4-2-96	Heerhugowaard (NED)	139
226.	Meesters Audrey	90	08-021	1:46.39	25m	24-4-03	Heemskerk	138
227.	Rodenburg Kyra	96	08-021	1:46.59	25m	8-10-06	Zaandam (NED)	137
228.	Schelvis Liselot	92	08-021	1:46.68	25m	29-9-02	Zaandam (NED)	137
229.	Bakker Lisette	83	08-021	1:46.80	25m	17-5-98	Heemskerk (NED)	136
230.	Kuijper Michelle	91	08-021	1:46.86	25m	13-1-02	Zaandam	136
230.	Beentjes Daphne	91	08-021	1:46.86	25m	26-2-04	Heemskerk (NED)	136
232.	Koopman Jessie	97	08-021	1:47.15	25m	21-3-10	Zaandam (NED)	135
233.	van Dijk Yvonne	65	08-021	1:47.50	25m	10-12-77	Heemskerk (NED)	134
234.	van der Werf Chily	72	08-021	1:48.10	25m	12-2-84	Heemskerk (NED)	131
235.	Hoeksema Kim	90	08-021	1:48.14	25m	13-1-02	Zaandam	131
236.	Aardenburg Judith	93	08-021	1:48.60	25m	3-4-05	Zaandam (NED)	130
237.	van der Wijden Eline	88	08-021	1:48.69	25m	14-12-00	Heemskerk (NED)	129
238.	Potemans Priscilla	84	08-021	1:48.80	25m	30-8-97	Assendelft (NED)	129
239.	Doodeman Sara	00	08-021	1:49.03	25m	31-10-10	Zaandam (NED)	128
240.	van Perlo Carla	75	08-021	1:49.10	25m	12-2-84	Heemskerk (NED)	128
241.	Salido Keesje	05	08-021	1:49.39	25m	19-4-15	Zaandam (NED)	127
242.	van der Does Lisa	02	08-021	1:49.90	25m	19-1-14	Zaandam (NED)	125
243.	Koper Selma	03	08-021	1:50.37	25m	9-12-12	Zaandam (NED)	123
244.	van den Heuvel Sandra	80	08-021	1:50.90	25m	3-12-89	Zaandam (NED)	122
245.	Keessen Pam	62	08-021	1:51.40	25m	10-12-77	Heemskerk (NED)	120
246.	Copier Alyssa	04	08-021	1:51.54	25m	9-6-13	Zaandam (NED)	120
247.	Yayli Serina	90	08-021	1:51.71	25m	17-11-02	Heemskerk	119
248.	Kesting Alexandra	00	08-021	1:51.86	25m	16-1-11	Zaandam (NED)	119
249.	Elghandor Kiyaan	03	08-021	1:52.88	25m	18-1-15	Zaandam (NED)	115
250.	Rijpkema Marije	85	08-021	1:53.26	25m	28-3-02	Heemskerk	114
251.	Sierra Ana Maria	69	08-021	1:53.30	25m	18-1-81	Zaandam (NED)	114
252.	Oosterveen Sandra	83	08-021	1:53.50	25m	3-3-92	Heemskerk (NED)	113
253.	Pezo Adna	90	08-021	1:53.69	25m	22-4-01	Heemskerk (NED)	113
254.	Welboren Julia	00	08-021	1:54.97	25m	11-12-11	Zaandam (NED)	109
255.	Nijman Linda	89	08-021	1:55.81	25m	22-4-01	Heemskerk (NED)	107
256.	Koper Ella	90	08-021	1:55.88	25m	13-1-02	Zaandam	107
257.	Bovekerk Annefleur	99	08-021	1:55.94	25m	14-11-10	Castricum (NED)	106
258.	Doll Maartje	80	08-021	1:56.40	25m	24-4-93		105
259.	Huisman Lianne	87	08-021	1:57.25	25m	19-11-00	Zaandam (NED)	103
260.	Lensen Sarian	89	08-021	1:57.33	25m	17-11-02	Heemskerk	103
261.	Gooijer Roos	97	08-021	1:57.81	25m	17-1-10	Amsterdam-oost (NED)	101
262.	Verhagen Sabine	71	08-021	1:57.90	25m	23-9-84	Heemskerk (NED)	101
263.	van Noort Jony	85	08-021	1:58.50	25m	10-3-96	Zaandam (NED)	100
264.	Broers Margot	63	08-021	1:58.60	25m	10-12-77	Heemskerk (NED)	99
265.	Eijndhoven Jonna	02	08-021	1:58.71	25m	7-10-12	Zaandam (NED)	99

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266.	Zonneveld Jennifer	88	08-021	1:58.72	25m	18-11-01	Heemskerk	99
267.	van Ederen Jasmijn	10	08-021	1:59.12	25m	29-11-18	Heemskerk (NED)	98
268.	van Duivenvoorde Sanne	93	08-021	2:00.19	25m	29-9-02	Zaandam (NED)	95
269.	Liefting Marielle	90	08-021	2:00.22	25m	31-1-02	Heemskerk	95
270.	Boonstra Esmé	02	08-021	2:01.14	25m	20-1-13	Heemskerk (NED)	93
271.	van Rijn Ilona	65	08-021	2:03.20	25m	10-12-77	Heemskerk (NED)	89
272.	Werdekker Marjolein	81	08-021	2:03.90	25m	10-10-96	Heemskerk (NED)	87
273.	Kerkhoven Michelle	91	08-021	2:04.19	50m	26-5-01	Beverwijk (NED)	102
274.	Reuderink Miranda	63	08-021	2:04.40	25m	10-12-77	Heemskerk (NED)	86
275.	Snijder Femke	83	08-021	2:04.70	25m	24-4-93		85
276.	Morianner Susanna	72	08-021	2:05.00	25m	11-10-81	Heemskerk (NED)	85
277.	Werdekker Esther	83	08-021	2:06.30	25m	10-10-96	Heemskerk (NED)	82
278.	Sanen Casey	99	08-021	2:08.28	25m	24-9-09	Heemskerk (NED)	78
279.	Hoekstra Femke	05	08-021	2:08.44	25m	12-12-13	Heemskerk (NED)	78
280.	Schijf Irene	83	08-021	2:08.90	25m	20-11-94	Wormerveer (NED)	77
281.	van der Pijl Madelon	89	08-021	2:12.68	25m	24-9-98	Heemskerk (NED)	71
282.	van der Leden Cynthia	66	08-021	2:18.20	25m	10-12-77	Heemskerk (NED)	63
283.	Hol Manouk	05	08-021	2:18.53	25m	30-10-14	Heemskerk (NED)	62
284.	Reeuwijk Danielle	70	08-021	2:19.00	25m	4-11-79	Zaandam (NED)	62
285.	Reiss Katinka	65	08-021	2:24.90	25m	10-12-77	Heemskerk (NED)	54
285.	Janssen Tess	89	08-021	2:24.90	25m	1-3-98	Zaandam (NED)	54
287.	Bruins Bianca	81	08-021	2:34.50	25m	10-10-96	Heemskerk (NED)	45
288.	van der Stigchel Samantha	96	08-021	2:40.85	25m	27-3-08	Heemskerk (NED)	40
289.	Dijkstra Miranda	72	08-021	2:41.20	25m	27-9-80	Heemskerk (NED)	39

200 rugslag

1.	Schelvis Femke	84	08-021	2:26.44	25m	10-10-99	Zaandam (NED)	539
2.	Kingma Danae	00	08-021	2:27.57	25m	18-3-18	Purmerend (NED)	527
3.	Broek Jade	97	08-021	2:31.31	25m	4-2-18	Purmerend (NED)	489
4.	van 't Veer Iris	03	08-021	2:35.95	25m	14-1-18	Purmerend (NED)	446
5.	Crok Linda	94	08-021	2:36.36	25m	11-4-10	Zaandam (NED)	443
6.	Groen Anne	95	08-021	2:36.81	25m	12-2-17	Purmerend (NED)	439
7.	Koper Fiona	01	08-021	2:37.77	25m	18-3-18	Purmerend (NED)	431
8.	Kleijne Daisy	89	08-021	2:38.20	25m	10-4-05	Zuidoost-Beemster (NED)	428
9.	de Graaf Annemiek	70	08-021	2:39.30	25m	13-4-86		419
10.	Schelvis Roos	86	08-021	2:39.57	25m	19-11-00	Zaandam (NED)	417
11.	Hoekstra Eline	03	08-021	2:40.35	25m	14-1-18	Purmerend (NED)	411
12.	Smit Sanne	01	08-021	2:40.69	25m	18-3-18	Purmerend (NED)	408
13.	van der Kroft Nicole	84	08-021	2:40.92	25m	14-12-00	Heemskerk (NED)	406
14.	Palmboom Nicole	91	08-021	2:41.16	25m	9-3-08	Heemskerk (NED)	404
15.	Stel Serena	98	08-021	2:41.22	25m	21-3-10	Zaandam (NED)	404
16.	Wentink Yara	04	08-021	2:42.13	25m	21-10-18	Purmerend (NED)	397
17.	Meijer Sylvia	81	08-021	2:42.31	25m	24-9-98	Heemskerk (NED)	396
18.	Hulshof Saskia	73	08-021	2:42.50	25m	4-11-89		394
19.	Koster Lisa	94	08-021	2:42.59	25m	21-10-07	Zaandam (NED)	394
20.	Crok Annemarie	89	08-021	2:42.61	25m	14-3-04	Zaandam	394
21.	Mallon Danique	94	08-021	2:42.74	25m	11-4-10	Zaandam (NED)	393
22.	Poppema Yvonne	68	08-021	2:43.10	25m	31-12-83		390
23.	Kramer Miranda	80	08-021	2:43.40	25m	10-10-96	Heemskerk (NED)	388
24.	Vink Lidewij	90	08-021	2:43.41	25m	9-3-08	Heemskerk (NED)	388
25.	Petit Kirsten	00	08-021	2:43.44	25m	18-3-18	Purmerend (NED)	388
26.	Meijer Linda	77	08-021	2:43.60	25m	14-10-93	Heemskerk	387

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27.	Stins Mariska	84	08-021	2:44.24	25m	16-3-03	Heemskerk	382
28.	Koopman Anitra	89	08-021	2:45.89	25m	27-11-05	Heemskerk (NED)	371
29.	Niesten Iris	92	08-021	2:45.90	25m	14-3-10	Heemskerk (NED)	371
30.	Hoek Daniëlle	88	08-021	2:45.92	25m	13-11-11	Zaandam (NED)	371
31.	Buur Naomi	01	08-021	2:46.99	25m	15-5-16	Purmerend (NED)	363
32.	van der Gracht Anouk	89	08-021	2:47.36	25m	16-11-14	Zaandam (NED)	361
33.	Essers Sanne	91	08-021	2:47.45	25m	21-10-07	Zaandam (NED)	360
34.	de Haan Shira	00	08-021	2:47.64	25m	30-12-16	Leeuwarden (NED)	359
35.	de Boer Irene	84	08-021	2:48.00	25m	17-1-99	Heemskerk (NED)	357
36.	Jongema Helena	80	08-021	2:48.46	25m	23-1-09	Vlissingen (NED)	354
37.	Drubers Mirjam	67	08-021	2:48.60	25m	7-10-84	Volendam (NED)	353
38.	van Honk Chantal	80	08-021	2:48.80	25m	18-4-92	Volendam (NED)	352
39.	Blaauw Yente	03	08-021	2:49.15	25m	19-3-17	Zaandam (NED)	350
40.	Zonneveld Chantal	84	08-021	2:49.17	25m	31-1-02	Heemskerk	350
41.	Verbree Bets	63	08-021	2:49.20	25m	13-3-83	Castricum (NED)	349
42.	Boekling Annette	85	08-021	2:50.40	25m	31-1-02	Heemskerk	342
43.	Groot Tineke	60	08-021	2:50.90	25m	2-11-80	Castricum (NED)	339
44.	van Eerden Meike	00	08-021	2:51.40	25m	18-3-18	Purmerend (NED)	336
45.	Windmuller Wendy	69	08-021	2:53.00	25m	10-4-83	Heemskerk (NED)	327
46.	Stam Sabrina	82	08-021	2:53.50	50m	9-11-97	Beverwijk (NED)	365
47.	van Duin Margret	60	08-021	2:54.20	25m	12-3-78	Zaandam (NED)	320
47.	van Staveren Marina	78	08-021	2:54.20	25m	7-1-12	Zwolle (NED)	320
49.	Scholten Britt	04	08-021	2:54.33	25m	20-5-18	Purmerend (NED)	319
50.	Zwarthoed Brenda	96	08-021	2:55.06	25m	16-3-08	Zaandam (NED)	315
51.	Stam Vanessa	80	08-021	2:55.12	25m	11-10-98	Alkmaar (NED)	315
52.	van Koeveringe Nicole	93	08-021	2:56.91	25m	23-4-09	Heemskerk (NED)	306
53.	Vink Marjolein	93	08-021	2:57.16	25m	23-4-09	Heemskerk (NED)	304
54.	Teufer Irene	96	08-021	2:57.19	25m	16-12-07	Zaandam (NED)	304
55.	van de Poll Marianne	89	08-021	2:57.21	25m	5-10-03	Heemskerk (NED)	304
56.	Besse Karen	75	08-021	2:57.40	25m	1-11-89		303
57.	van der Geest Saskia	73	08-021	2:57.80	25m	1-11-89		301
58.	de Groot Daniëlle	93	08-021	2:58.02	25m	25-11-07	Amsterdam (NED)	300
59.	Tholen Kirsten	66	08-021	2:58.10	25m	14-3-82		300
60.	Dijkstra Ingrid	68	08-021	2:58.20	25m	24-1-82		299
61.	Visser Kelly	89	08-021	2:58.26	25m	10-11-13	Zaandam (NED)	299
62.	Renkema Iris	04	08-021	2:58.37	25m	19-3-17	Zaandam (NED)	298
63.	van Assema Eline	05	08-021	2:58.78	25m	7-10-18	Purmerend (NED)	296
64.	van Giezen Corina	68	08-021	2:58.90	25m	7-3-82		296
65.	van Ballegooie Simone	84	08-021	2:59.07	25m	17-3-02	Zaandam	295
66.	Heus Pauline	78	08-021	2:59.50	25m	12-10-95	Heemskerk (NED)	293
67.	de Vriend Sofie	01	08-021	2:59.87	25m	9-12-12	Zaandam (NED)	291
68.	Hofland Yasmin	01	08-021	3:00.29	25m	18-3-18	Purmerend (NED)	289
69.	Schuyt Simone	75	08-021	3:00.30	25m	3-5-90	Heemskerk (NED)	289
70.	Visser Stacey	87	08-021	3:00.50	25m	11-3-01	Zaandam (NED)	288
71.	Butter Anouk	82	08-021	3:00.58	25m	28-10-04	Heemskerk (NED)	287
72.	Limmen Karin	76	08-021	3:00.60	25m	6-11-93		287
73.	Dijkstra Lisette	86	08-021	3:01.00	25m	21-1-99	Heemskerk (NED)	285
74.	Moolevliet Petra	82	08-021	3:01.10	25m	12-10-95	Heemskerk (NED)	285
75.	Oudendijk Bianca	79	08-021	3:01.20	25m	17-3-96	Heemskerk (NED)	284
76.	Zonneveld Cindy	75	08-021	3:01.50	25m	14-10-93	Heemskerk	283
77.	van Langelaar Tessa	97	08-021	3:02.22	25m	1-4-12	Zaandam (NED)	280
78.	Krouwels Tanja	79	08-021	3:02.23	25m	11-10-98	Alkmaar (NED)	280
79.	van Rookhuizen Sieta	79	08-021	3:02.30	25m	10-4-94	Assendelft	279

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80.	Vredenburg Roos	95	08-021	3:03.06	25m	14-3-10	Heemskerk (NED)	276
81.	Mosch Sabina	84	08-021	3:03.18	25m	19-12-02	Heemskerk	275
82.	de Boer Claudia	77	08-021	3:03.30	25m	8-11-90	Heemskerk (NED)	275
83.	Dreyer Elly	63	08-021	3:03.50	25m	16-11-80	Haarlem (NED)	274
84.	Bakkum Wilma	62	08-021	3:04.30	25m	25-11-79	Heemskerk (NED)	270
85.	Angenent Nienke	01	08-021	3:04.56	25m	15-12-13	Zaandam (NED)	269
86.	ten Cate Joyce	80	08-021	3:04.65	25m	19-3-06	Heemskerk (NED)	269
87.	de Ruijter Linda	87	08-021	3:05.06	25m	19-12-02	Heemskerk	267
88.	van der Horst Sacha	69	08-021	3:05.40	25m	10-4-83	Heemskerk (NED)	265
89.	van Ballegooie Stefanie	86	08-021	3:05.54	25m	7-10-01	Zaandam (NED)	265
90.	de Boer Maia	03	08-021	3:05.75	25m	14-1-18	Purmerend (NED)	264
91.	de Wildt Maud	05	08-021	3:06.02	25m	21-10-18	Purmerend (NED)	263
92.	Hoek Laura	86	08-021	3:06.20	25m	12-3-00	Heemskerk (NED)	262
93.	Hogema Fabiën	93	08-021	3:06.51	25m	18-3-07	Heemskerk (NED)	261
94.	Liefting Sarina	93	08-021	3:06.62	25m	18-3-07	Heemskerk (NED)	260
95.	Rodenburg Rianne	93	08-021	3:07.83	25m	19-3-06	Heemskerk (NED)	255
96.	Bakker Jesca	79	08-021	3:08.20	25m	3-5-90	Heemskerk (NED)	254
97.	van Galen Angela	65	08-021	3:09.10	25m	11-4-81	Heemskerk (NED)	250
97.	van de Kamp Yvonne	65	08-021	3:09.10	25m	17-5-81	Castricum (NED)	250
99.	Hermans Liesbeth	66	08-021	3:09.50	25m	28-11-81	Heemskerk (NED)	249
99.	Deiman Caroline	67	08-021	3:09.50	25m	1-11-89		249
101.	van Velsen Patricia	79	08-021	3:10.70	25m	17-3-96	Heemskerk (NED)	244
102.	Knight Kayleigh	00	08-021	3:11.31	25m	12-3-17	Purmerend (NED)	242
103.	Bouwman Esther	63	08-021	3:12.70	25m	22-4-78	Heemskerk (NED)	236
104.	van Sikkelerus Lisa	99	08-021	3:12.98	25m	18-3-12	Zaandam (NED)	235
105.	de Vries Chrissie	93	08-021	3:13.10	25m	18-3-07	Heemskerk (NED)	235
106.	ten Cate Ilona	85	08-021	3:13.34	25m	19-3-06	Heemskerk (NED)	234
107.	Veldhuis Amelia	03	08-021	3:13.79	25m	14-1-18	Purmerend (NED)	232
108.	Besse Meta	78	08-021	3:13.80	25m	13-10-93		232
109.	de Vries Justine	83	08-021	3:13.90	25m	12-1-97	Heemskerk (NED)	232
110.	Siemerink Laura	04	08-021	3:14.52	25m	1-10-17	Purmerend (NED)	230
111.	Raszinski Nienke	01	08-021	3:15.07	25m	22-12-13	Zaandam (NED)	228
112.	Hommersen Sandra	84	08-021	3:15.40	25m	10-10-96	Heemskerk (NED)	227
113.	Huisman Jolanda	68	08-021	3:15.60	25m	11-4-81	Heemskerk (NED)	226
114.	Lindelauf Priscilla	85	08-021	3:16.11	25m	14-12-00	Heemskerk (NED)	224
115.	Limmen Anita	78	08-021	3:16.80	25m	14-10-93	Heemskerk	222
116.	van Rijn Sydney	03	08-021	3:17.33	25m	2-10-16	Purmerend (NED)	220
117.	Cappelle Carlijn	82	08-021	3:17.50	25m	11-9-97	Heemskerk (NED)	220
118.	Bouwer Jolien	89	08-021	3:17.54	25m	16-3-03	Heemskerk	219
119.	de Boer Angela	80	08-021	3:17.80	25m	19-10-94		219
120.	Pover Karin	67	08-021	3:17.90	25m	14-3-82		218
121.	Zonneveld Melissa	88	08-021	3:18.13	25m	23-12-04	Heemskerk (NED)	217
122.	Palthe Yvonne	67	08-021	3:18.20	25m	28-11-81	Heemskerk (NED)	217
123.	Berloth Lydia	68	08-021	3:18.50	25m	28-11-81	Heemskerk (NED)	216
124.	Visser Shana	04	08-021	3:18.71	25m	1-10-17	Purmerend (NED)	216
125.	Bos Marieke	06	08-021	3:18.77	25m	7-10-18	Purmerend (NED)	215
126.	Windmuller Annemarie	67	08-021	3:19.60	25m	16-3-80	Zandvoort (NED)	213
127.	van Vliet Isabel	02	08-021	3:19.70	25m	14-1-18	Purmerend (NED)	212
128.	Limmen Miriam	75	08-021	3:19.80	25m	2-11-89	Heemskerk (NED)	212
129.	Sobh Shaime	03	08-021	3:19.93	25m	11-10-15	Zaandam (NED)	212
130.	Bruin Marianne	78	08-021	3:20.00	25m	8-11-90	Heemskerk (NED)	211
131.	de Graaf Dinie	71	08-021	3:20.50	25m	6-10-85	Wormerveer (NED)	210
132.	Nijman José	93	08-021	3:21.14	25m	25-1-07	Heemskerk (NED)	208

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133.	Viel Bianca	85	08-021	3:21.70	25m	16-12-99	Heemskerk	206
134.	Koper Birgit	87	08-021	3:22.00	25m	6-10-02	Zaandam	205
135.	Huneker Jolanda	79	08-021	3:22.09	25m	15-11-98	Assendelft (NED)	205
136.	Bruin Adri	74	08-021	3:22.20	25m	4-1-88	Zaandam (NED)	205
137.	Grul Lisanne	97	08-021	3:22.56	25m	21-3-10	Zaandam (NED)	203
138.	Bos Chantal	74	08-021	3:23.10	25m	4-1-88	Zaandam (NED)	202
139.	Plokker Sylvia	68	08-021	3:23.30	25m	11-4-81	Heemskerk (NED)	201
140.	Dijkstra Maud	84	08-021	3:23.50	25m	11-9-97	Heemskerk (NED)	201
141.	Visser Robin	05	08-021	3:24.09	25m	11-12-16	Alkmaar (NED)	199
142.	Ivens Suzanne	99	08-021	3:25.22	25m	29-3-15	Zaandam (NED)	196
143.	van Huisstede Nikita	01	08-021	3:25.31	25m	14-4-13	Zaandam (NED)	195
144.	Wieman Lianne	03	08-021	3:27.35	25m	2-10-16	Purmerend (NED)	190
145.	Molenaar Eline	82	08-021	3:28.19	25m	16-12-99	Heemskerk	187
146.	Bakker Daniëlle	96	08-021	3:28.70	25m	5-10-08	Heemskerk (NED)	186
147.	de Groot Linda	81	08-021	3:29.60	25m	12-3-00	Heemskerk (NED)	184
148.	Buur Cindy	99	08-021	3:29.65	25m	6-3-16	Purmerend (NED)	183
149.	Peters Yvonne	63	08-021	3:30.60	25m	7-10-84	Volendam (NED)	181
150.	van Kooten Cynthia	93	08-021	3:32.75	25m	18-3-07	Heemskerk (NED)	176
151.	de Groot Marlijn	92	08-021	3:32.76	25m	15-5-05	Zuidoost-Beemster (NED)	175
152.	Aafjes Suzan	69	08-021	3:32.80	25m	11-4-81	Heemskerk (NED)	175
153.	van der Eng Laura	80	08-021	3:35.10	25m	10-10-96	Heemskerk (NED)	170
154.	de Wolff Isabel	01	08-021	3:36.18	25m	14-4-13	Zaandam (NED)	167
155.	Beentjes Nicolet	80	08-021	3:36.99	25m	11-10-98	Alkmaar (NED)	165
156.	Venema Jalina	04	08-021	3:37.93	25m	24-1-16	Zaandam (NED)	163
157.	van Tellingen Ingrid	66	08-021	3:38.10	25m	28-11-81	Heemskerk (NED)	163
158.	van Giezen Wendy	70	08-021	3:38.20	25m	28-11-81	Heemskerk (NED)	163
159.	Essers Patricia	84	08-021	3:38.74	25m	16-12-99	Heemskerk	161
160.	Zonneveld Monica	80	08-021	3:39.20	25m	13-10-93		160
161.	Terhorst Ilja	67	08-021	3:39.50	25m	16-3-80	Zandvoort (NED)	160
162.	Koopman Jessie	97	08-021	3:40.00	25m	21-3-10	Zaandam (NED)	159
163.	Horst Diana	67	08-021	3:41.00	25m	11-4-81	Heemskerk (NED)	157
164.	Regelink Anneke	83	08-021	3:41.40	25m	10-10-96	Heemskerk (NED)	156
165.	de Graaf Isabella	04	08-021	3:42.46	25m	19-3-17	Zaandam (NED)	153
166.	Meesters Audrey	90	08-021	3:42.47	25m	19-12-02	Heemskerk	153
167.	Rasch Monique	66	08-021	3:44.00	25m	11-4-81	Heemskerk (NED)	150
168.	Lensen Sarian	89	08-021	3:45.17	25m	5-10-03	Heemskerk (NED)	148
169.	Bakker Lisette	83	08-021	3:45.72	25m	24-9-98	Heemskerk (NED)	147
170.	Beeksma Anne	88	08-021	3:46.81	25m	31-1-02	Heemskerk	145
171.	Bakker Anna	97	08-021	3:52.19	25m	23-4-09	Heemskerk (NED)	135
172.	van den Braber Liesbeth	84	08-021	3:52.43	25m	15-11-98	Assendelft (NED)	134
173.	Sierra Ana Maria	69	08-021	3:55.00	25m	11-4-81	Heemskerk (NED)	130
174.	van Giezen Irene	67	08-021	3:59.70	25m	11-4-81	Heemskerk (NED)	123
175.	Rijkema Marije	85	08-021	4:00.79	25m	31-1-02	Heemskerk	121
176.	Smit Lydia	84	08-021	4:01.22	25m	24-9-98	Heemskerk (NED)	120
177.	Elghandor Kiyaan	03	08-021	4:02.36	25m	11-10-15	Zaandam (NED)	119
178.	Zeeman Judith	70	08-021	4:09.30	25m	11-4-81	Heemskerk (NED)	109
179.	Potemans Priscilla	84	08-021	4:16.00	25m	11-9-97	Heemskerk (NED)	101

500 rugslag

1.	van der Gracht Anouk	89	08-021	8:56.86	OW	7-7-07	Oss (NED)	
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25 schoolslag

1.	Palmboom Nicole	91	08-021	17.22	25m	27-4-06	Heemskerk	462
2.	Kramer Miranda	80	08-021	17.60	25m	19-3-98	Heemskerk (NED)	433
3.	van Honk Chantal	80	08-021	17.80	25m	16-5-91	Heemskerk (NED)	419
3.	van Rookhuizen Sieta	79	08-021	17.80	25m	13-3-97	Heemskerk (NED)	419
5.	de Groot Daniëlle	93	08-021	17.83	25m	29-5-08	Heemskerk (NED)	416
6.	Hulshof Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)	412
6.	Stam Vanessa	80	08-021	17.90	25m	13-3-97	Heemskerk (NED)	412
8.	van der Geest Saskia	73	08-021	18.10	25m	12-1-89	Heemskerk (NED)	398
9.	Hogema Fabiën	93	08-021	18.32	25m	19-4-07	Heemskerk (NED)	384
10.	van der Kroft Nicole	84	08-021	18.40	25m	13-3-97	Heemskerk (NED)	379
11.	van der Gracht Anouk	89	08-021	18.41	25m	27-4-06	Heemskerk	378
12.	Koster Lisa	94	08-021	18.50	25m	19-4-07	Heemskerk (NED)	373
13.	Schelvis Femke	84	08-021	18.60	25m	19-3-98	Heemskerk (NED)	367
14.	Schelvis Roos	86	08-021	18.63	25m	22-2-01	Heemskerk (NED)	365
15.	Crok Linda	94	08-021	18.68	25m	29-5-08	Heemskerk (NED)	362
16.	Boekling Annette	85	08-021	18.72	25m	22-2-01	Heemskerk (NED)	360
17.	Vink Lidewij	90	08-021	18.88	25m	19-4-07	Heemskerk (NED)	351
18.	Stins Mariska	84	08-021	18.89	25m	25-3-99	Heemskerk (NED)	350
19.	Crok Annemarie	89	08-021	19.04	25m	27-4-06	Heemskerk	342
20.	Vink Marjolein	93	08-021	19.06	25m	19-4-07	Heemskerk (NED)	341
21.	Schuyt Simone	75	08-021	19.10	25m	12-1-89	Heemskerk (NED)	339
21.	Stam Sabrina	82	08-021	19.10	25m	13-3-97	Heemskerk (NED)	339
23.	Besse Karen	75	08-021	19.40	25m	12-1-89	Heemskerk (NED)	323
23.	Beentjes Nicolet	80	08-021	19.40	25m	14-3-96	Heemskerk (NED)	323
25.	de Boer Irene	84	08-021	19.43	25m	25-3-99	Heemskerk (NED)	322
26.	Kleijne Daisy	89	08-021	19.45	25m	19-4-07	Heemskerk (NED)	321
27.	Essers Sanne	91	08-021	19.46	25m	27-4-06	Heemskerk	320
28.	Heus Pauline	78	08-021	19.50	25m	19-3-98	Heemskerk (NED)	318
29.	van Staveren Marina	78	08-021	19.54	25m	18-11-12	Almere-Stad (NED)	316
30.	Jongema Helena	80	08-021	19.59	25m	21-2-09	Heerenveen (NED)	314
31.	Nijholt Carin	60	08-021	19.60	25m	14-9-76	Heemskerk (NED)	313
31.	van Duin Margret	60	08-021	19.60	25m	14-9-76	Heemskerk (NED)	313
31.	Meijer Sylvia	81	08-021	19.60	25m	13-3-97	Heemskerk (NED)	313
31.	Krouwels Tanja	79	08-021	19.60	25m	19-3-98	Heemskerk (NED)	313
31.	Cappelle Carlijn	82	08-021	19.60	25m	19-3-98	Heemskerk (NED)	313
36.	Glorie Astrid	63	08-021	19.70	25m	14-9-76	Heemskerk (NED)	309
36.	Bruin Adri	74	08-021	19.70	25m	12-1-89	Heemskerk (NED)	309
36.	Niessen Iris	92	08-021	19.70	25m	29-5-08	Heemskerk (NED)	309
39.	Dijkstra Lisette	86	08-021	19.80	25m	19-3-98	Heemskerk (NED)	304
40.	Niessen Annet	62	08-021	19.90	25m	14-9-76	Heemskerk (NED)	299
40.	Limmen Miriam	75	08-021	19.90	25m	31-12-89	Heemskerk (NED)	299
40.	Limmen Karin	76	08-021	19.90	25m	16-5-91	Heemskerk (NED)	299
40.	Oudendijk Bianca	79	08-021	19.90	25m	14-3-96	Heemskerk (NED)	299
44.	Molenaar Eline	82	08-021	20.17	25m	25-3-99	Heemskerk (NED)	288
45.	Bruin Marianne	78	08-021	20.20	25m	16-5-91	Heemskerk (NED)	286
45.	Moolevliet Petra	82	08-021	20.20	25m	27-4-95	Heemskerk (NED)	286
47.	Butter Anouk	82	08-021	20.25	25m	25-3-99	Heemskerk (NED)	284
48.	van Kooten Cynthia	93	08-021	20.28	25m	19-4-07	Heemskerk (NED)	283
49.	Meijer Linda	77	08-021	20.30	25m	16-6-93		282
49.	Hoek Daniëlle	88	08-021	20.30	25m	29-5-08	Heemskerk (NED)	282
51.	Mallon Danique	94	08-021	20.36	25m	19-4-07	Heemskerk (NED)	280
52.	Splinter Nathalie	75	08-021	20.40	25m	12-1-89	Heemskerk (NED)	278
52.	de Ruijter Linda	87	08-021	20.40	25m	20-1-00	Heemskerk (NED)	278

25 schoolslag (sinds 54)

54.	Groot Tineke	60	08-021	20.50	25m	30-3-76	Heemskerk (NED)	274
55.	Koper Birgit	87	08-021	20.52	25m	27-4-06	Heemskerk	273
56.	Teufer Irene	96	08-021	20.57	25m	19-4-07	Heemskerk (NED)	271
57.	van Ballegooie Stefanie	86	08-021	20.61	25m	17-2-00	Heemskerk (NED)	269
58.	Koopman Anitra	89	08-021	20.67	25m	22-2-01	Heemskerk (NED)	267
59.	Zonneveld Cindy	75	08-021	20.70	25m	12-1-89	Heemskerk (NED)	266
60.	Dijkstra Maud	84	08-021	20.80	25m	5-2-98	Heemskerk (NED)	262
61.	Smit Lydia	84	08-021	20.84	25m	25-3-99	Heemskerk (NED)	261
62.	Welboren Trudy	61	08-021	20.90	25m	14-9-76	Heemskerk (NED)	258
63.	Liefting Sarina	93	08-021	20.92	25m	27-4-06	Heemskerk	258
64.	Bos Chantal	74	08-021	21.00	25m	12-1-89	Heemskerk (NED)	255
65.	Koper Ella	90	08-021	21.06	25m	27-4-06	Heemskerk	253
66.	de Boer Angela	80	08-021	21.10	25m	27-4-95	Heemskerk (NED)	251
67.	de Vries Cathy	77	08-021	21.20	25m	16-5-91	Heemskerk (NED)	248
67.	van Ballegooie Simone	84	08-021	21.20	25m	13-3-97	Heemskerk (NED)	248
67.	Hommersen Sandra	84	08-021	21.20	25m	19-3-98	Heemskerk (NED)	248
70.	Visser Stacey	87	08-021	21.28	25m	17-2-00	Heemskerk (NED)	245
71.	Lund Karin	63	08-021	21.30	25m	14-9-76	Heemskerk (NED)	244
72.	Regelink Anneke	83	08-021	21.31	25m	25-3-99	Heemskerk (NED)	244
73.	Rodenburg Rianne	93	08-021	21.35	25m	27-4-06	Heemskerk	242
74.	Hoek Laura	86	08-021	21.38	25m	17-2-00	Heemskerk (NED)	241
75.	van Giezen Sandra	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)	241
75.	Peters Yvonne	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)	241
75.	de Boer Claudia	77	08-021	21.40	25m	31-12-89	Heemskerk (NED)	241
75.	Zonneveld Monica	80	08-021	21.40	25m	16-6-93		241
75.	Hoogervorst Marlon	84	08-021	21.40	25m	16-3-95	Heemskerk (NED)	241
75.	Visser Kelly	89	08-021	21.40	25m	22-2-01	Heemskerk (NED)	241
81.	de Laat Anita	75	08-021	21.50	25m	22-3-88	Heemskerk (NED)	237
82.	Vredenburg Roos	95	08-021	21.58	25m	29-5-08	Heemskerk (NED)	235
82.	ten Cate Joyce	80	08-021	21.58	25m	21-11-10	Almere-Stad (NED)	235
84.	Domburg Irma	62	08-021	21.60	25m	30-3-76	Heemskerk (NED)	234
84.	Dijkstra Janet	77	08-021	21.60	25m	12-1-89	Heemskerk (NED)	234
84.	Limmen Anita	78	08-021	21.60	25m	16-6-93		234
87.	Lindelauf Priscilla	85	08-021	21.64	25m	17-2-00	Heemskerk (NED)	233
87.	Nijman José	93	08-021	21.64	25m	29-5-08	Heemskerk (NED)	233
89.	van de Kamp Pauline	61	08-021	21.80	25m	30-3-76	Heemskerk (NED)	228
89.	Keessen Pam	62	08-021	21.80	25m	14-9-76	Heemskerk (NED)	228
89.	Deiman Caroline	67	08-021	21.80	25m	17-12-87	Heemskerk (NED)	228
92.	Wegchelaer Ageeth	62	08-021	21.90	25m	30-3-76	Heemskerk (NED)	224
92.	Verbree Bets	63	08-021	21.90	25m	14-9-76	Heemskerk (NED)	224
94.	ten Cate Ilona	85	08-021	21.98	25m	19-4-07	Heemskerk (NED)	222
95.	Borg Karin	61	08-021	22.00	25m	30-3-76	Heemskerk (NED)	221
95.	Zijlstra Mariëlle	83	08-021	22.00	25m	14-3-96	Heemskerk (NED)	221
95.	Zonneveld Chantal	84	08-021	22.00	25m	13-3-97	Heemskerk (NED)	221
98.	Steenkamp Ciska	90	08-021	22.08	25m	22-2-01	Heemskerk (NED)	219
99.	Wissenburg Petra	65	08-021	22.10	25m	14-9-76	Heemskerk (NED)	218
99.	Bakkum Wilma	62	08-021	22.10	25m	14-9-76	Heemskerk (NED)	218
99.	Bakker Jesca	79	08-021	22.10	25m	12-1-89	Heemskerk (NED)	218
99.	van der Wijden Eline	88	08-021	22.10	25m	18-1-01	Heemskerk (NED)	218
103.	Viel Bianca	85	08-021	22.16	25m	25-3-99	Heemskerk (NED)	217
103.	van Koeveringe Nicole	93	08-021	22.16	25m	27-4-06	Heemskerk	217
105.	van Zwieten Jacqueline	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)	216
105.	Teunissen Petra	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)	216

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107.	van Velsen Patricia	79	08-021	22.30	25m	27-4-95	Heemskerk (NED)	213
108.	Groot Irma	63	08-021	22.40	25m	14-9-76	Heemskerk (NED)	210
109.	Limmen Corina	65	08-021	22.50	25m	30-3-76	Heemskerk (NED)	207
110.	van Galen Marion	61	08-021	22.60	25m	14-9-76	Heemskerk (NED)	204
110.	Gerritsen Jolanda	64	08-021	22.60	25m	14-9-76	Heemskerk (NED)	204
110.	de Vries Justine	83	08-021	22.60	25m	13-3-97	Heemskerk (NED)	204
113.	Bouwman Esther	63	08-021	22.70	25m	14-9-76	Heemskerk (NED)	202
114.	Essers Patricia	84	08-021	22.74	25m	17-2-00	Heemskerk (NED)	200
115.	Numan Annelies	63	08-021	22.80	25m	14-9-76	Heemskerk (NED)	199
116.	Groen Anne	95	08-021	22.84	25m	29-5-08	Heemskerk (NED)	198
117.	Missot Gonda	66	08-021	22.90	25m	14-9-76	Heemskerk (NED)	196
117.	van Leen Cynthia	81	08-021	22.90	25m	14-3-96	Heemskerk (NED)	196
119.	Leek Marja	63	08-021	23.00	25m	30-3-76	Heemskerk (NED)	194
119.	Reijnders Sandra	64	08-021	23.00	25m	14-9-76	Heemskerk (NED)	194
119.	Huneker Jolanda	79	08-021	23.00	25m	5-3-98	Heemskerk (NED)	194
122.	Buur Naomi	01	08-021	23.02	25m	13-3-11	Heemskerk (NED)	193
123.	Palthe Monique	64	08-021	23.10	25m	14-9-76	Heemskerk (NED)	191
123.	van der Zee Olga	66	08-021	23.10	25m	14-9-76	Heemskerk (NED)	191
125.	Koper Selma	03	08-021	23.24	25m	7-4-13	Castricum (NED)	188
126.	Schaaper Margriet	62	08-021	23.30	25m	30-3-76	Heemskerk (NED)	186
126.	van Galen Angela	65	08-021	23.30	25m	14-9-76	Heemskerk (NED)	186
126.	Potemans Priscilla	84	08-021	23.30	25m	13-3-97	Heemskerk (NED)	186
129.	Dekker Danyk	94	08-021	23.34	25m	29-5-08	Heemskerk (NED)	185
130.	Tahti Sandra	65	08-021	23.40	25m	14-9-76	Heemskerk (NED)	184
131.	Stel Kaylin	01	08-021	23.45	25m	11-4-10	Zaandam (NED)	183
132.	de Weers Anne-Michelle	63	08-021	23.50	25m	14-9-76	Heemskerk (NED)	182
132.	Welboren Els	64	08-021	23.50	25m	14-9-76	Heemskerk (NED)	182
134.	de Visser Jolanda	62	08-021	23.60	25m	30-3-76	Heemskerk (NED)	179
134.	Mulder Amy	80	08-021	23.60	25m	16-6-93		179
134.	van der Eng Laura	80	08-021	23.60	25m	14-3-96	Heemskerk (NED)	179
134.	Werdekker Esther	83	08-021	23.60	25m	13-3-97	Heemskerk (NED)	179
138.	Zwarthoed Brenda	96	08-021	23.68	25m	19-4-07	Heemskerk (NED)	177
139.	van Rijn Ilona	65	08-021	23.70	25m	14-9-76	Heemskerk (NED)	177
139.	Snijder Femke	83	08-021	23.70	25m	13-10-93		177
141.	Bakker Daniëlle	96	08-021	23.73	25m	29-5-08	Heemskerk (NED)	176
142.	Werdekker Marjolein	81	08-021	23.80	25m	13-3-97	Heemskerk (NED)	175
143.	van Huisstede Nikita	01	08-021	23.89	25m	3-4-11	Zaandam (NED)	173
144.	Besse Meta	78	08-021	24.00	25m	31-12-89	Heemskerk (NED)	170
144.	van Noort Jony	85	08-021	24.00	25m	14-3-96	Heemskerk (NED)	170
146.	Bakker Anna	97	08-021	24.06	25m	29-5-08	Heemskerk (NED)	169
147.	Buur Carina	64	08-021	24.10	25m	30-3-76	Heemskerk (NED)	168
147.	de Jonge Ida	61	08-021	24.10	25m	14-9-76	Heemskerk (NED)	168
147.	Tholen Kirsten	66	08-021	24.10	25m	14-9-76	Heemskerk (NED)	168
150.	van der Horst Sacha	69	08-021	24.20	25m	15-9-79	Heemskerk (NED)	166
150.	de Groot Linda	81	08-021	24.20	25m	10-11-94	Heemskerk (NED)	166
152.	Heus Inge	81	08-021	24.30	25m	16-5-91	Heemskerk (NED)	164
153.	Reuderink Miranda	63	08-021	24.40	25m	14-9-76	Heemskerk (NED)	162
153.	van de Kamp Yvonne	65	08-021	24.40	25m	14-9-76	Heemskerk (NED)	162
155.	van Megen Carla	65	08-021	24.50	25m	14-9-76	Heemskerk (NED)	160
155.	Claesens Freeke	64	08-021	24.50	25m	14-9-76	Heemskerk (NED)	160
155.	Rasch Monique	66	08-021	24.50	25m	14-9-76	Heemskerk (NED)	160
155.	Cappelle Marcella	85	08-021	24.50	25m	19-3-98	Heemskerk (NED)	160
159.	Calkhoven Mariëtte	65	08-021	24.60	25m	14-9-76	Heemskerk (NED)	158

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159.	Grul Lisanne	97	08-021	24.60	25m	29-5-08	Heemskerk (NED)	158
161.	Koper Fiona	01	08-021	24.62	25m	3-4-11	Zaandam (NED)	158
162.	Hoekstra Eline	03	08-021	24.63	25m	11-3-12	Zaandam (NED)	158
163.	Walraven Annet	62	08-021	24.70	25m	30-3-76	Heemskerk (NED)	156
163.	Huisman Lianne	87	08-021	24.70	25m	18-1-01	Heemskerk (NED)	156
165.	Nijman Linda	89	08-021	24.76	25m	22-2-01	Heemskerk (NED)	155
166.	Aafjes Suzan	69	08-021	24.80	25m	15-9-79	Heemskerk (NED)	154
167.	Dijkstra Pascal	89	08-021	24.81	25m	25-3-99	Heemskerk (NED)	154
168.	Groot Carolien	64	08-021	24.90	25m	30-3-76	Heemskerk (NED)	153
168.	de Graaf Annemiek	70	08-021	24.90	25m	16-3-80	Heemskerk (NED)	153
168.	Elghandor Kiyaan	03	08-021	24.90	25m	2-2-14	Haarlem (NED)	153
171.	Rodenburg Kyra	96	08-021	24.94	25m	27-4-06	Heemskerk	152
172.	Jonker Nicole	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)	151
172.	van der Zee Paula	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)	151
172.	Stoker Ianthe	84	08-021	25.00	25m	13-3-97	Heemskerk (NED)	151
175.	Jonker Monique	66	08-021	25.10	25m	14-9-76	Heemskerk (NED)	149
176.	Renkema Iris	04	08-021	25.11	25m	10-3-13	Schagen (NED)	149
177.	Put Ann	64	08-021	25.20	25m	14-9-76	Heemskerk (NED)	147
177.	Windmuller Wendy	69	08-021	25.20	25m	15-9-79	Heemskerk (NED)	147
177.	van Honschoten Ingeborg	70	08-021	25.20	25m	16-3-80	Heemskerk (NED)	147
177.	Schijf Irene	83	08-021	25.20	25m	16-3-95	Heemskerk (NED)	147
181.	Vellinga Yvonne	64	08-021	25.30	25m	14-9-76	Heemskerk (NED)	145
182.	de Haan Shira	00	08-021	25.39	25m	3-1-10	Culemborg (NED)	144
183.	Mosch Sabina	84	08-021	25.50	25m	13-3-97	Heemskerk (NED)	142
184.	Scholten Britt	04	08-021	25.58	25m	7-4-13	Castricum (NED)	141
185.	Wiegman Brenda	72	08-021	25.60	25m	13-12-81	Volendam (NED)	140
186.	Kerkhoven Michelle	91	08-021	25.72	25m	22-2-01	Heemskerk (NED)	138
187.	Zeeman Judith	70	08-021	25.90	25m	15-9-79	Heemskerk (NED)	136
188.	Liefting Marielle	90	08-021	25.97	25m	22-2-01	Heemskerk (NED)	134
189.	van den Braber Liesbeth	84	08-021	26.00	25m	13-3-97	Heemskerk (NED)	134
190.	van Leeuwen Andrea	71	08-021	26.10	25m	15-9-79	Heemskerk (NED)	132
191.	Pezo Adna	90	08-021	26.12	25m	22-2-01	Heemskerk (NED)	132
192.	de Vriend Sofie	01	08-021	26.27	25m	3-4-11	Zaandam (NED)	130
193.	de Haan Liesbeth	64	08-021	26.30	25m	30-3-76	Heemskerk (NED)	129
193.	Cijsouw Karin	66	08-021	26.30	25m	14-9-76	Heemskerk (NED)	129
193.	Palthe Yvonne	67	08-021	26.30	25m	14-9-76	Heemskerk (NED)	129
193.	van den Heuvel Sandra	80	08-021	26.30	25m	12-1-89	Heemskerk (NED)	129
197.	van Dijk Yvonne	65	08-021	26.40	25m	14-9-76	Heemskerk (NED)	128
197.	van der Leden Cynthia	66	08-021	26.40	25m	14-9-76	Heemskerk (NED)	128
197.	Peters Marion	67	08-021	26.40	25m	14-9-76	Heemskerk (NED)	128
200.	Schelvis Liselot	92	08-021	26.45	25m	18-11-01	Heemskerk	127
201.	van Wijngaarden Linda	65	08-021	26.50	25m	30-3-76	Heemskerk (NED)	126
201.	Pover Ellen	72	08-021	26.50	25m	16-3-80	Heemskerk (NED)	126
203.	Geluk Mabelle	73	08-021	26.65	25m	20-11-11	Almere-Stad (NED)	124
204.	Kuijl Karin	65	08-021	26.80	25m	14-9-76	Heemskerk (NED)	122
204.	van der Horst Wendy	72	08-021	26.80	25m	10-2-80	Heerhugowaard (NED)	122
204.	Martens Priscilla	85	08-021	26.80	25m	20-3-97	Heemskerk (NED)	122
207.	Nobels Marlies	65	08-021	26.90	25m	14-9-76	Heemskerk (NED)	121
208.	Windmuller Annemarie	67	08-021	27.00	25m	14-9-76	Heemskerk (NED)	120
209.	Plokker Sylvia	68	08-021	27.20	25m	14-9-76	Heemskerk (NED)	117
209.	Bakker Lisette	83	08-021	27.20	25m	14-3-96	Heemskerk (NED)	117
211.	Konz Cyndy	66	08-021	27.40	25m	14-9-76	Heemskerk (NED)	114
211.	Pover Karin	67	08-021	27.40	25m	14-9-76	Heemskerk (NED)	114

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213.	de Wildt Gitta	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)	113
213.	Beentjes Esther	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)	113
215.	Lammers Angelique	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)	112
215.	Poppema Yvonne	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)	112
217.	van Ederen Jasmijn	10	08-021	27.62	25m	13-5-18	Haarlem (NED)	112
218.	Hoeksema Kim	90	08-021	27.66	25m	22-2-01	Heemskerk (NED)	111
219.	Kraamer Carla	66	08-021	27.70	25m	30-3-76	Heemskerk (NED)	111
219.	Bakkum Astrid	65	08-021	27.70	25m	14-9-76	Heemskerk (NED)	111
221.	Veldhuis Amelia	03	08-021	27.77	25m	7-4-13	Castricum (NED)	110
222.	Nuyten Carolien	63	08-021	27.80	25m	30-3-76	Heemskerk (NED)	109
222.	Reeuwijk Danielle	70	08-021	27.80	25m	15-9-79	Heemskerk (NED)	109
224.	Ververst Brigitte	66	08-021	28.00	25m	14-9-76	Heemskerk (NED)	107
224.	de Vries Annelies	64	08-021	28.00	25m	14-9-76	Heemskerk (NED)	107
226.	van der Leden Laura	68	08-021	28.20	25m	14-9-76	Heemskerk (NED)	105
227.	Knight Kayleigh	00	08-021	28.35	25m	27-9-09	Hoom (NED)	103
228.	de Buyzer Anita	67	08-021	28.40	25m	14-9-76	Heemskerk (NED)	103
229.	van Zalingen Margreet	67	08-021	28.50	25m	14-9-76	Heemskerk (NED)	102
229.	Eijndhoven Jonna	02	08-021	28.50	25m	11-3-12	Zaandam (NED)	102
231.	ter Horst Ilja	67	08-021	28.60	25m	30-3-76	Heemskerk (NED)	101
232.	Dwarswaard Wilma	64	08-021	29.00	25m	30-3-76	Heemskerk (NED)	96
233.	Zieck Esther	67	08-021	29.10	25m	30-3-76	Heemskerk (NED)	95
233.	Hollander Marianne	65	08-021	29.10	25m	30-3-76	Heemskerk (NED)	95
235.	Hoekstra Femke	05	08-021	29.11	25m	2-2-14	Haarlem (NED)	95
236.	Zwart Ellen	65	08-021	29.30	25m	30-3-76	Heemskerk (NED)	93
237.	Kuijper Michelle	91	08-021	29.44	25m	22-2-01	Heemskerk (NED)	92
238.	Dekker Elise	97	08-021	29.56	25m	21-3-04	Heemstede	91
239.	van Giezen Corina	68	08-021	29.70	25m	14-9-76	Heemskerk (NED)	90
240.	Gravemaker Sandra	68	08-021	30.10	25m	14-9-76	Heemskerk (NED)	86
240.	van der Veldt Sandra	72	08-021	30.10	25m	16-3-80	Heemskerk (NED)	86
242.	Copier Alyssa	04	08-021	30.34	25m	10-3-13	Schagen (NED)	84
243.	van der Mei Monique	65	08-021	30.50	25m	30-3-76	Heemskerk (NED)	83
244.	Wiemman Lianne	03	08-021	30.52	25m	30-6-11	Heemskerk (NED)	83
245.	Eggink Christa	65	08-021	30.60	25m	30-3-76	Heemskerk (NED)	82
246.	Raaymakers Marjolein	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)	80
247.	Zuidervaart Anne	02	08-021	30.84	25m	30-6-11	Heemskerk (NED)	80
248.	Ververst Jacqueline	68	08-021	31.00	25m	14-9-76	Heemskerk (NED)	79
248.	Reuderink Bettina	67	08-021	31.00	25m	14-9-76	Heemskerk (NED)	79
248.	Bos Froke	69	08-021	31.00	25m	14-9-76	Heemskerk (NED)	79
251.	Huisman Jolanda	68	08-021	31.10	25m	30-3-76	Heemskerk (NED)	78
252.	Welboren Carla	68	08-021	31.50	25m	30-3-76	Heemskerk (NED)	75
253.	Salido Keesje	05	08-021	31.55	25m	2-2-14	Haarlem (NED)	75
254.	Sobh Shaime	03	08-021	31.76	25m	11-3-12	Zaandam (NED)	73
255.	Niessen Annemarie	67	08-021	32.60	25m	14-9-76	Heemskerk (NED)	68
256.	van Vliet Sandra	67	08-021	32.70	25m	30-3-76	Heemskerk (NED)	67
257.	de Graaf Marion	72	08-021	32.90	25m	10-2-80	Heerhugowaard (NED)	66
258.	Windmuller Jolande	65	08-021	33.30	25m	14-9-76	Heemskerk (NED)	64
259.	Mooy Monique	69	08-021	34.80	25m	30-3-76	Heemskerk (NED)	56
260.	Berloth Lydia	68	08-021	35.00	25m	30-3-76	Heemskerk (NED)	55
260.	Atzei Sabina	71	08-021	35.00	25m	16-3-80	Heemskerk (NED)	55
262.	Lange Sandra	67	08-021	35.30	25m	30-3-76	Heemskerk (NED)	53
262.	Visser Mirjam	67	08-021	35.30	25m	30-3-76	Heemskerk (NED)	53
264.	de Vries Sascha	69	08-021	35.80	25m	30-3-76	Heemskerk (NED)	51
265.	Spanjaard Marijke	65	08-021	36.00	25m	30-3-76	Heemskerk (NED)	50

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266.	Guldemond Collinda	68	08-021	36.50	25m	14-9-76	Heemskerk (NED)	48
267.	de Wit Irene	68	08-021	38.30	25m	30-3-76	Heemskerk (NED)	42
268.	Dorlandt Yvonne	69	08-021	39.40	25m	30-3-76	Heemskerk (NED)	38
269.	Roestenberg Miriam	70	08-021	41.50	25m	14-9-76	Heemskerk (NED)	33
270.	Beemsterboer Marianne	67	08-021	46.00	25m	30-3-76	Heemskerk (NED)	24

50 schoolslag

1.	Kingma Danae	00	08-021	34.17	25m	13-11-16	Purmerend (NED)	588
2.	Broek Jade	97	08-021	36.51	25m	13-11-16	Purmerend (NED)	482
3.	van Honk Chantal	80	08-021	37.00	50m	21-3-93	Beverwijk (NED)	501
4.	Palmboom Nicole	91	08-021	37.64	25m	30-12-07	Maastricht (NED)	440
5.	de Haan Shira	00	08-021	38.14	25m	7-10-18	Purmerend (NED)	423
6.	van der Geest Saskia	73	08-021	38.90	25m	31-12-88		399
7.	Kramer Miranda	80	08-021	38.91	25m	16-4-00	Almelo (NED)	398
8.	Stam Vanessa	80	08-021	39.00	25m	26-1-97	Zuidoost Beemster (NED)	396
9.	de Groot Daniëlle	93	08-021	39.29	25m	10-2-08	Purmerend (NED)	387
10.	Crok Linda	94	08-021	39.33	25m	3-3-13	Purmerend (NED)	386
11.	van Rookhuizen Sieta	79	08-021	39.42	25m	24-9-98	Heemskerk (NED)	383
12.	Groen Anne	95	08-021	39.62	25m	16-3-17	Heemskerk (NED)	377
13.	Hoekstra Eline	03	08-021	39.99	25m	1-4-18	Haarlem (NED)	367
14.	Koster Lisa	94	08-021	40.10	25m	30-12-07	Maastricht (NED)	364
15.	Schelvis Femke	84	08-021	40.22	25m	25-11-04	Heemskerk (NED)	361
16.	Koper Fiona	01	08-021	40.24	25m	12-4-18	Heemskerk (NED)	360
17.	van 't Veer Iris	03	08-021	40.31	25m	12-4-18	Heemskerk (NED)	358
18.	van der Kroft Nicole	84	08-021	40.32	25m	17-3-02	Zaandam	358
19.	Hulshof Saskia	73	08-021	40.40	25m	14-12-88		356
20.	Vink Lidewij	90	08-021	40.57	25m	5-3-06	Purmerend (NED)	351
21.	Crok Annemarie	89	08-021	40.71	25m	15-11-09	Haarlem (NED)	348
22.	van der Gracht Anouk	89	08-021	40.72	25m	8-4-07	Haarlem (NED)	347
23.	Schelvis Roos	86	08-021	40.77	25m	3-12-00	Zaandam (NED)	346
24.	Siemerink Laura	04	08-021	40.82	25m	4-11-18	Alkmaar (NED)	345
25.	Smit Sanne	01	08-021	40.95	25m	15-2-15	Purmerend (NED)	342
26.	Vink Marjolein	93	08-021	40.96	25m	7-12-08	Zaandam (NED)	341
27.	Hogema Fabiën	93	08-021	41.02	25m	8-4-07	Haarlem (NED)	340
27.	Teufer Irene	96	08-021	41.02	25m	25-11-07	Amsterdam (NED)	340
29.	Oudendijk Bianca	79	08-021	41.10	25m	24-4-94	Zaandam (NED)	338
30.	de Boer Maia	03	08-021	41.41	50m	20-5-17	Alkmaar (NED)	357
31.	van Galen Angela	65	08-021	41.50	25m	14-3-81	Heemskerk (NED)	328
32.	Hoek Daniëlle	88	08-021	41.52	25m	5-6-05	Alkmaar (NED)	328
32.	Stel Serena	98	08-021	41.52	25m	4-4-10	Haarlem (NED)	328
34.	Petit Kirsten	00	08-021	41.59	25m	13-11-16	Purmerend (NED)	326
35.	van Huisstede Nikita	01	08-021	41.62	25m	19-2-15	Heemskerk (NED)	325
36.	Mallon Danique	94	08-021	41.66	25m	14-3-10	Heemskerk (NED)	324
37.	van Giezen Sandra	63	08-021	41.70	25m	14-3-81	Heemskerk (NED)	323
37.	Boekling Annette	85	08-021	41.70	25m	20-12-01	Heemskerk	323
39.	van Langelaar Tessa	97	08-021	41.72	25m	10-3-13	Schagen (NED)	323
40.	Stins Mariska	84	08-021	41.73	25m	15-4-01	Haarlem (NED)	323
41.	Buur Naomi	01	08-021	41.76	25m	17-3-16	Heemskerk (NED)	322
42.	Niستن Annet	62	08-021	41.80	25m	22-1-78	Zaandam (NED)	321
42.	Stam Sabrina	82	08-021	41.80	25m	27-10-96	Zaandam (NED)	321
44.	Kleijne Daisy	89	08-021	41.93	25m	29-4-07	Alkmaar (NED)	318
44.	Niستن Iris	92	08-021	41.93	25m	12-4-09	Haarlem (NED)	318

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46.	van Staveren Marina	78	08-021	41.98	25m	9-2-12	Heemskerk (NED)	317
47.	Nijholt Carin	60	08-021	42.00	25m	27-11-77	Ijmuiden (NED)	317
48.	Schuyt Simone	75	08-021	42.10	25m	15-12-88	Heemskerk (NED)	314
48.	Heus Pauline	78	08-021	42.10	25m	5-10-97	Zaandam (NED)	314
50.	de Groot Gitta	60	08-021	42.50	25m	27-11-77	Ijmuiden (NED)	306
50.	Knight Kayleigh	00	08-021	42.50	25m	16-3-17	Heemskerk (NED)	306
52.	Limmen Karin	76	08-021	42.60	25m	7-11-90		303
53.	Moolevliet Petra	82	08-021	42.80	25m	10-10-96	Heemskerk (NED)	299
53.	Cappelle Carlijn	82	08-021	42.80	25m	11-9-97	Heemskerk (NED)	299
55.	van de Poll Marianne	89	08-021	42.85	25m	27-11-03	Heemskerk (NED)	298
56.	Koopman Anitra	89	08-021	42.87	25m	5-6-05	Alkmaar (NED)	298
57.	Spijker Kristel	84	08-021	42.93	25m	5-2-12	Zaandam (NED)	296
58.	Renkema Iris	04	08-021	42.98	50m	29-5-16	Alkmaar (NED)	320
59.	van Duin Margret	60	08-021	43.00	25m	30-3-76	Heemskerk (NED)	295
59.	Meijer Sylvia	81	08-021	43.00	25m	27-10-96	Zaandam (NED)	295
61.	Essers Sanne	91	08-021	43.09	25m	30-12-07	Maastricht (NED)	293
62.	Besse Karen	75	08-021	43.30	25m	8-11-90	Heemskerk (NED)	289
63.	van Kooten Cynthia	93	08-021	43.35	25m	31-5-07	Heemskerk (NED)	288
64.	Limmen Miriam	75	08-021	43.40	25m	14-12-89	Heemskerk (NED)	287
64.	Beentjes Nicolet	80	08-021	43.40	25m	5-10-97	Zaandam (NED)	287
64.	van Ballegooie Stefanie	86	08-021	43.40	25m	17-3-02	Zaandam	287
67.	Veldhuis Amelia	03	08-021	43.46	25m	7-10-18	Purmerend (NED)	286
68.	Jongema Helena	80	08-021	43.60	25m	16-11-08	Amsterdam-oost (NED)	283
69.	Ivens Suzanne	99	08-021	43.65	25m	17-11-13	Heemskerk (NED)	282
70.	Krouwels Tanja	79	08-021	43.75	25m	24-9-98	Heemskerk (NED)	280
71.	Bruin Adri	74	08-021	43.90	25m	15-12-88	Heemskerk (NED)	277
71.	de Boer Angela	80	08-021	43.90	25m	20-10-94	Heemskerk (NED)	277
73.	Smid Diane	65	08-021	43.93	25m	29-3-07	Heemskerk (NED)	277
74.	Visser Stacey	87	08-021	44.05	25m	3-12-00	Zaandam (NED)	274
75.	Blaauw Yente	03	08-021	44.08	25m	16-3-17	Heemskerk (NED)	274
76.	de Ruijter Linda	87	08-021	44.09	25m	25-11-04	Heemskerk (NED)	274
77.	Missot Gonda	66	08-021	44.20	25m	15-9-79	Heemskerk (NED)	272
78.	Plokker Sylvia	68	08-021	44.30	25m	14-3-81	Heemskerk (NED)	270
78.	Hermans Liesbeth	66	08-021	44.30	25m	14-3-81	Heemskerk (NED)	270
80.	de Wolff Isabel	01	08-021	44.34	25m	30-3-14	Zaandam (NED)	269
80.	de Wildt Maud	05	08-021	44.34	25m	4-11-18	Alkmaar (NED)	269
82.	Lund Karin	63	08-021	44.40	25m	22-1-78	Zaandam (NED)	268
82.	de Boer Claudia	77	08-021	44.40	25m	5-10-89	Heemskerk (NED)	268
84.	Liefting Sarina	93	08-021	44.44	25m	30-11-06	Heemskerk	267
85.	Verbree Bets	63	08-021	44.50	25m	15-9-79	Heemskerk (NED)	266
86.	Scholten Britt	04	08-021	44.53	50m	20-5-17	Alkmaar (NED)	287
87.	de Boer Irene	84	08-021	44.60	25m	26-1-97	Zuidoost Beemster (NED)	264
87.	Buur Cindy	99	08-021	44.60	25m	13-11-16	Purmerend (NED)	264
89.	Wentink Yara	04	08-021	44.61	25m	1-7-18	Den Helder (NED)	264
90.	Peters Yvonne	63	08-021	44.70	25m	14-3-81	Heemskerk (NED)	263
91.	Vredenburg Roos	95	08-021	44.72	25m	7-2-10	Heemstede (NED)	262
92.	van Assema Eline	05	08-021	44.73	25m	4-11-18	Alkmaar (NED)	262
93.	Munnik Yvonne	64	08-021	44.90	25m	22-1-78	Zaandam (NED)	259
94.	Zwaan Melissa	91	08-021	44.96	25m	28-12-03	Maastricht (NED)	258
95.	Deen Annette	60	08-021	45.00	25m	30-3-76	Heemskerk (NED)	257
95.	Oosterveen Yvonne	80	08-021	45.00	25m	12-5-93		257
95.	Dijkstra Lisette	86	08-021	45.00	25m	11-9-97	Heemskerk (NED)	257
98.	Sobh Shaime	03	08-021	45.01	25m	6-3-16	Purmerend (NED)	257

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99.	van Baar Monique	73	08-021	45.10	25m	14-12-88		256
99.	Meijer Linda	77	08-021	45.10	25m	13-10-93		256
99.	van Ballegooye Simone	84	08-021	45.10	25m	5-10-97	Zaandam (NED)	256
102.	Koper Birgit	87	08-021	45.12	25m	27-4-03	Zaandam	255
103.	Zwarthoed Brenda	96	08-021	45.18	25m	11-5-08	Purmerend (NED)	254
104.	Groot Tineke	60	08-021	45.20	25m	15-9-79	Heemskerk (NED)	254
104.	Tholen Kirsten	66	08-021	45.20	25m	4-10-80	Heemskerk (NED)	254
104.	Splinter Nathalie	75	08-021	45.20	25m	15-12-88	Heemskerk (NED)	254
104.	Bruin Marianne	78	08-021	45.20	25m	8-11-90	Heemskerk (NED)	254
104.	van Vliet Isabel	02	08-021	45.20	25m	26-11-17	Purmerend (NED)	254
109.	Visser Kelly	89	08-021	45.25	25m	30-9-12	Heemskerk (NED)	253
110.	Aafjes Suzan	69	08-021	45.50	25m	3-5-81	Zaandam (NED)	249
110.	Beentjes Daphne	91	08-021	45.50	25m	27-4-03	Zaandam	249
112.	Besse Meta	78	08-021	45.60	25m	7-2-91	Heemskerk (NED)	247
113.	Zeeman Judith	70	08-021	45.70	25m	3-5-81	Zaandam (NED)	246
114.	Windmuller Wendy	69	08-021	45.80	25m	14-3-81	Heemskerk (NED)	244
114.	de Vries Cathy	77	08-021	45.80	25m	8-11-90	Heemskerk (NED)	244
116.	Smit Lydia	84	08-021	45.89	25m	24-9-98	Heemskerk (NED)	243
117.	Keessen Pam	62	08-021	46.00	25m	22-4-78	Heemskerk (NED)	241
118.	van Koeveringe Nicole	93	08-021	46.08	25m	22-1-09	Heemskerk (NED)	240
119.	van Sikkelerus Lisa	99	08-021	46.09	25m	9-3-14	Zaandam (NED)	239
120.	Dijkstra Maud	84	08-021	46.10	25m	5-10-97	Zaandam (NED)	239
121.	Bos Marieke	06	08-021	46.13	25m	5-11-17	Alkmaar (NED)	239
122.	Molenaar Eline	82	08-021	46.15	25m	16-12-99	Heemskerk	239
123.	Dijkstra Janet	77	08-021	46.30	25m	15-12-88	Heemskerk (NED)	236
123.	Zonneveld Cindy	75	08-021	46.30	25m	15-12-88	Heemskerk (NED)	236
125.	Zonneveld Chantal	84	08-021	46.35	25m	16-12-99	Heemskerk	235
126.	Limmen Anita	78	08-021	46.40	25m	5-3-94		235
127.	Regelink Anneke	83	08-021	46.42	25m	24-9-98	Heemskerk (NED)	234
128.	Horst Diana	67	08-021	46.50	25m	14-3-81	Heemskerk (NED)	233
128.	Bakker Jesca	79	08-021	46.50	25m	14-12-89	Heemskerk (NED)	233
128.	Hoogervorst Marlon	84	08-021	46.50	25m	20-10-94	Heemskerk (NED)	233
131.	Bakkum Wilma	62	08-021	46.80	25m	15-9-79	Heemskerk (NED)	229
131.	Lund Jolanda	65	08-021	46.80	25m	10-2-80	Heerhugowaard (NED)	229
131.	Bos Chantal	74	08-021	46.80	25m	14-12-88		229
134.	Rodenburg Rianne	93	08-021	46.82	25m	5-11-06	Zaandam (NED)	228
135.	Hofland Yasmin	01	08-021	46.99	25m	12-4-18	Heemskerk (NED)	226
136.	Reijnders Sandra	64	08-021	47.00	25m	10-2-80	Heerhugowaard (NED)	226
136.	Hommersen Sandra	84	08-021	47.00	25m	5-10-97	Zaandam (NED)	226
138.	Grul Lisanne	97	08-021	47.10	25m	10-3-13	Schagen (NED)	224
139.	de Loos Marijke	94	08-021	47.13	25m	23-5-10	Purmerend (NED)	224
140.	van Rijn Sydney	03	08-021	47.14	25m	7-10-18	Purmerend (NED)	224
141.	van de Kamp Yvonne	65	08-021	47.20	25m	14-3-81	Heemskerk (NED)	223
142.	ten Cate Joyce	80	08-021	47.21	25m	27-1-11	Heemskerk (NED)	223
143.	Meesters Audrey	90	08-021	47.25	25m	27-4-03	Zaandam	222
144.	Huisman Caroline	64	08-021	47.30	25m	17-9-77	Heemskerk (NED)	221
144.	Beeksma Anne	88	08-021	47.30	25m	21-4-02	Heemstede	221
146.	Angenent Nienke	01	08-021	47.37	25m	6-3-14	Heemskerk (NED)	221
147.	Lange Sandra	67	08-021	47.50	25m	16-3-80	Heemskerk (NED)	219
148.	Put Ann	64	08-021	47.60	25m	10-2-80	Heerhugowaard (NED)	217
148.	Zonneveld Monica	80	08-021	47.60	25m	13-10-93		217
148.	Potemans Priscilla	84	08-021	47.60	25m	11-9-97	Heemskerk (NED)	217
151.	Butter Anouk	82	08-021	47.70	25m	9-4-98	Heemskerk (NED)	216

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152.	Zonneveld Melissa	88	08-021	47.76	25m	30-9-04	Heemskerk (NED)	215
153.	Lindelauf Priscilla	85	08-021	47.78	25m	14-12-00	Heemskerk (NED)	215
154.	Berloth Lydia	68	08-021	47.80	25m	4-10-80	Heemskerk (NED)	215
155.	Luesken Marian	62	08-021	47.90	25m	30-3-76	Heemskerk (NED)	213
156.	Schaefer Lisa	06	08-021	47.95	25m	16-9-18	Alkmaar (NED)	213
157.	van der Horst Sacha	69	08-021	48.00	25m	14-3-81	Heemskerk (NED)	212
158.	Wieman Lianne	03	08-021	48.06	25m	16-3-17	Heemskerk (NED)	211
159.	Boere Sacha	91	08-021	48.09	25m	28-4-05	Heemskerk (NED)	211
160.	Dijkstra Ingrid	68	08-021	48.10	25m	14-3-81	Heemskerk (NED)	211
160.	Bouwer Jolien	89	08-021	48.10	25m	28-11-02	Heemskerk	211
162.	Mooy Monique	69	08-021	48.20	25m	13-12-81	Volendam (NED)	209
162.	Pover Karin	67	08-021	48.20	25m	8-3-87	Zaandam (NED)	209
162.	van Velsen Patricia	79	08-021	48.20	25m	20-10-94	Heemskerk (NED)	209
165.	Steenkamp Ciska	90	08-021	48.28	25m	14-12-00	Heemskerk (NED)	208
166.	Deiman Caroline	67	08-021	48.30	25m	8-2-89		208
166.	de Groot Linda	81	08-021	48.30	25m	10-10-96	Heemskerk (NED)	208
168.	Raszinski Nienke	01	08-021	48.47	25m	6-3-14	Heemskerk (NED)	206
169.	Nijman José	93	08-021	48.53	25m	28-10-07	Zaandam (NED)	205
170.	de Jong Desire	73	08-021	48.60	25m	8-3-87	Zaandam (NED)	204
171.	Ardicyaka Irem	06	08-021	48.61	25m	13-5-18	Haarlem (NED)	204
172.	Martens landra	03	08-021	48.63	25m	8-1-15	Heemskerk (NED)	204
173.	van Giezen Corina	68	08-021	48.70	25m	14-3-81	Heemskerk (NED)	203
173.	de Graaf Annemiek	70	08-021	48.70	25m	3-5-81	Zaandam (NED)	203
175.	van Putten Demi	96	08-021	48.74	25m	29-5-11	Purmerend (NED)	202
176.	van Eerden Meike	00	08-021	48.77	25m	6-3-16	Purmerend (NED)	202
177.	Bouwman Esther	63	08-021	48.80	25m	30-3-76	Heemskerk (NED)	202
177.	van Giezen Irene	67	08-021	48.80	25m	14-3-81	Heemskerk (NED)	202
179.	Viel Bianca	85	08-021	48.92	25m	14-12-00	Heemskerk (NED)	200
180.	Hoek Laura	86	08-021	48.96	25m	16-12-99	Heemskerk	200
181.	de Pree Caroline	64	08-021	49.00	25m	10-2-80	Heerhugowaard (NED)	199
181.	Rasch Monique	66	08-021	49.00	25m	14-3-81	Heemskerk (NED)	199
183.	Visser Shana	04	08-021	49.02	25m	16-3-17	Heemskerk (NED)	199
184.	Yayli Serina	90	08-021	49.16	25m	31-1-02	Heemskerk	197
185.	Huneker Jolanda	79	08-021	49.30	25m	10-10-96	Heemskerk (NED)	196
186.	Koopman Jessie	97	08-021	49.37	25m	7-2-10	Heemstede (NED)	195
187.	Bakker Daniëlle	96	08-021	49.49	25m	22-1-09	Heemskerk (NED)	193
188.	Mans Joyce	67	08-021	49.50	25m	16-3-80	Heemskerk (NED)	193
188.	van Leeuwen Andrea	71	08-021	49.50	25m	14-3-81	Heemskerk (NED)	193
190.	Liefting Mariëlle	90	08-021	49.67	25m	20-12-01	Heemskerk	191
191.	Palthe Monique	64	08-021	49.70	25m	10-2-80	Heerhugowaard (NED)	191
191.	Huisman Jolanda	68	08-021	49.70	25m	14-3-81	Heemskerk (NED)	191
191.	Buitenhuis Danine	91	08-021	49.70	25m	24-4-03	Heemskerk	191
194.	ten Cate Ilona	85	08-021	49.78	25m	30-11-06	Heemskerk	190
195.	van den Braber Liesbeth	84	08-021	49.80	25m	9-4-98	Heemskerk (NED)	190
196.	Reyners Lisette	69	08-021	50.00	25m	29-11-82	Heemskerk (NED)	187
196.	Mulder Amy	80	08-021	50.00	25m	20-3-93		187
196.	de Vries Justine	83	08-021	50.00	25m	1-5-97	Heemskerk (NED)	187
199.	Reuderink Miranda	63	08-021	50.10	25m	17-9-77	Heemskerk (NED)	186
199.	Rijkema Marije	85	08-021	50.10	25m	11-9-97	Heemskerk (NED)	186
199.	Aardenburg Judith	93	08-021	50.10	25m	28-11-04	Heemskerk (NED)	186
202.	Zijlstra Mariëlle	83	08-021	50.20	25m	16-9-95	Hoogeland (NED)	185
203.	Visser Robin	05	08-021	50.26	50m	25-3-18	Alkmaar (NED)	200
204.	Venema Jalina	04	08-021	50.27	25m	13-10-16	Heemskerk (NED)	184

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205.	van der Eng Laura	80	08-021	50.30	25m	10-10-96	Heemskerk (NED)	184
206.	Dekker Danyk	94	08-021	50.39	25m	31-1-08	Heemskerk (NED)	183
207.	Poppema Yvonne	68	08-021	50.40	25m	10-2-80	Heerhugowaard (NED)	183
207.	van Giezen Wendy	70	08-021	50.40	25m	14-3-81	Heemskerk (NED)	183
209.	de Groot Marlijn	92	08-021	50.45	25m	16-5-05	Zuidoost-Beemster (NED)	182
209.	Rodenburg Kyra	96	08-021	50.45	25m	24-11-05	Heemskerk (NED)	182
211.	Last Rooske	94	08-021	50.47	25m	23-5-10	Purmerend (NED)	182
212.	Calkhoven Mariëtte	65	08-021	50.50	25m	30-3-76	Heemskerk (NED)	182
213.	Bakker Anna	97	08-021	50.53	25m	22-1-09	Heemskerk (NED)	182
214.	Wissenburg Petra	65	08-021	50.70	25m	17-9-77	Heemskerk (NED)	180
215.	Elghandor Kiyaan	03	08-021	50.77	25m	29-3-15	Zaandam (NED)	179
216.	Smit Ingrid	67	08-021	50.80	25m	4-10-80	Heemskerk (NED)	179
217.	Stel Kaylin	01	08-021	50.94	25m	23-5-10	Purmerend (NED)	177
218.	de Vriend Sofie	01	08-021	50.96	25m	3-2-13	Zaandam (NED)	177
219.	van der Wijden Eline	88	08-021	50.99	25m	14-12-00	Heemskerk (NED)	177
220.	Palthe Yvonne	67	08-021	51.00	25m	14-3-81	Heemskerk (NED)	177
220.	Windmuller Annemarie	67	08-021	51.00	25m	14-3-81	Heemskerk (NED)	177
220.	Cappelle Marcella	85	08-021	51.00	25m	5-10-97	Zaandam (NED)	177
223.	de Graaf Isabella	04	08-021	51.03	25m	7-10-18	Purmerend (NED)	176
224.	Werdekker Marjolein	81	08-021	51.10	25m	13-2-97	Heemskerk (NED)	176
225.	de Graaf Dinie	71	08-021	51.20	25m	14-3-81	Heemskerk (NED)	175
225.	Hoolwerff Esther	77	08-021	51.20	25m	8-3-87	Zaandam (NED)	175
225.	van Asch Maria	74	08-021	51.20	25m	3-2-93		175
228.	Terhorst Iija	67	08-021	51.50	25m	15-9-79	Heemskerk (NED)	171
228.	Sierra Ana Maria	69	08-021	51.50	25m	14-3-81	Heemskerk (NED)	171
228.	Koper Ella	90	08-021	51.50	25m	20-12-01	Heemskerk	171
231.	Essers Patricia	84	08-021	51.57	25m	16-12-99	Heemskerk	171
232.	Dreyer Elly	63	08-021	51.60	25m	22-4-78	Heemskerk (NED)	170
233.	Groot Irma	63	08-021	51.80	25m	30-3-76	Heemskerk (NED)	169
233.	Koper Leny	69	08-021	51.80	25m	10-2-80	Heerhugowaard (NED)	169
235.	Mosch Sabina	84	08-021	51.84	25m	28-11-02	Heemskerk	168
236.	Bakker Lisette	83	08-021	51.90	25m	9-4-98	Heemskerk (NED)	168
237.	van Rijn Ilona	65	08-021	52.00	25m	22-4-78	Heemskerk (NED)	167
238.	Dijkstra Pascal	89	08-021	52.23	25m	20-5-99	Heemskerk (NED)	164
239.	Renkema Marianne	70	08-021	52.30	25m	29-11-82	Heemskerk (NED)	164
240.	Kerkhoven Michelle	91	08-021	52.33	25m	30-11-00	Heemskerk (NED)	163
241.	Nijman Linda	89	08-021	52.54	25m	19-11-00	Zaandam (NED)	161
242.	Koper Selma	03	08-021	52.67	25m	21-4-13	Heemskerk (NED)	160
243.	van der Werf Chily	72	08-021	52.70	25m	29-11-82	Heemskerk (NED)	160
244.	Boonstra Esmé	02	08-021	52.75	25m	31-1-13	Heemskerk (NED)	160
245.	Wiegman Brenda	72	08-021	52.80	25m	29-11-82	Heemskerk (NED)	159
245.	de Jong Frederike	75	08-021	52.80	25m	3-2-93		159
247.	Kesting Alexandra	00	08-021	52.81	25m	18-2-10	Heemskerk (NED)	159
248.	Salido Keesje	05	08-021	53.02	25m	29-3-15	Zaandam (NED)	157
249.	Pover Ellen	72	08-021	53.10	25m	29-11-82	Heemskerk (NED)	156
250.	van Rijn Eline	07	08-021	53.14	25m	13-11-16	Purmerend (NED)	156
251.	van den Heuvel Sandra	80	08-021	53.20	25m	1-3-90	Heemskerk (NED)	156
251.	Werdekker Esther	83	08-021	53.20	25m	8-2-96	Heemskerk (NED)	156
253.	Doll Maartje	80	08-021	53.30	25m	12-5-93		155
254.	Ikink Marion	66	08-021	53.60	25m	29-11-82	Heemskerk (NED)	152
255.	Schelvis Liselot	92	08-021	53.69	25m	28-2-02	Heemskerk	151
256.	van Duivenvoorde Gerda	72	08-021	53.90	25m	29-11-82	Heemskerk (NED)	150
257.	Salem Lamies	03	08-021	54.09	25m	14-1-18	Purmerend (NED)	148

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258.	van Noort Jony	85	08-021	54.10	25m	12-10-95	Heemskerk (NED)	148
258.	van Leen Cynthia	81	08-021	54.10	25m	11-1-96	Heemskerk (NED)	148
260.	Jonker Monique	66	08-021	54.20	25m	17-9-77	Heemskerk (NED)	147
260.	de Bruin Debby	70	08-021	54.20	25m	29-11-82	Heemskerk (NED)	147
262.	van Duin Gerdine	65	08-021	54.40	25m	30-3-76	Heemskerk (NED)	145
262.	van Ruth Yoore	78	08-021	54.40	25m	13-6-91	Heemskerk (NED)	145
262.	Geurtsen Daisy	89	08-021	54.40	25m	29-3-01	Heemskerk (NED)	145
265.	Doodeman Sara	00	08-021	54.45	25m	27-1-11	Heemskerk (NED)	145
266.	Lensen Sarian	89	08-021	54.49	25m	20-12-01	Heemskerk	145
267.	van der Does Lisa	02	08-021	54.58	25m	21-4-14	Haarlem (NED)	144
268.	de Jonge Ida	61	08-021	54.70	25m	17-9-77	Heemskerk (NED)	143
268.	van der Vaart Monique	70	08-021	54.70	25m	29-11-82	Heemskerk (NED)	143
268.	Bruins Bianca	81	08-021	54.70	25m	10-10-96	Heemskerk (NED)	143
271.	Huisman Lianne	87	08-021	54.72	25m	14-12-00	Heemskerk (NED)	143
271.	Kerkmeester Priscilla	96	08-021	54.72	25m	26-11-06	Heemskerk (NED)	143
273.	Hoeksema Kim	90	08-021	54.94	25m	18-11-01	Heemskerk	141
274.	van 't Hof Manon	90	08-021	55.06	25m	28-2-02	Heemskerk	140
275.	de Boer Isabel	06	08-021	55.26	25m	6-9-15	Zaandam (NED)	139
276.	van Dijk Yvonne	65	08-021	55.30	25m	30-3-76	Heemskerk (NED)	138
277.	Pezo Adna	90	08-021	55.36	25m	20-12-01	Heemskerk	138
278.	Eijndhoven Jonna	02	08-021	55.38	25m	30-9-12	Heemskerk (NED)	138
279.	van Gent Anja	66	08-021	55.70	25m	16-3-80	Heemskerk (NED)	135
280.	Mul Marinette	72	08-021	56.00	25m	29-11-82	Heemskerk (NED)	133
281.	Doevendans Phileine	06	08-021	56.18	25m	18-2-16	Heemskerk (NED)	132
282.	Morianner Susanna	72	08-021	56.20	25m	20-9-81	Den Helder (NED)	132
283.	van Ederen Jasmijn	10	08-021	56.26	25m	28-10-18	Den Helder (NED)	131
284.	Bos Froke	69	08-021	56.30	25m	10-2-80	Heerhugowaard (NED)	131
284.	van der Vaart Marjolijn	69	08-021	56.30	25m	29-11-82	Heemskerk (NED)	131
286.	Gelsumino Giulia	03	08-021	56.34	25m	24-9-15	Heemskerk (NED)	131
287.	Wegchelaer Ageeth	62	08-021	56.40	25m	17-9-77	Heemskerk (NED)	130
288.	Snijder Femke	83	08-021	56.50	25m	24-3-94	Heemskerk (NED)	130
289.	van der Horst Wendy	72	08-021	56.60	25m	14-3-81	Heemskerk (NED)	129
289.	van der Helm Martine	72	08-021	56.60	25m	29-11-82	Heemskerk (NED)	129
291.	Hoorn Linsey	94	08-021	56.77	25m	31-3-05	Heemskerk (NED)	128
292.	Dekker Elise	97	08-021	56.84	25m	27-11-05	Heemskerk (NED)	127
293.	van Loon Monique	66	08-021	56.90	25m	29-11-82	Heemskerk (NED)	127
294.	van Duivenvoorde Jose	70	08-021	57.30	25m	29-11-82	Heemskerk (NED)	124
294.	Heus Inge	81	08-021	57.30	25m	13-6-91	Heemskerk (NED)	124
296.	Zonneveld Jennifer	88	08-021	57.32	25m	29-3-01	Heemskerk (NED)	124
297.	Brands Ingrid	72	08-021	57.40	25m	29-11-82	Heemskerk (NED)	124
298.	Schijf Irene	83	08-021	57.50	25m	20-10-94	Heemskerk (NED)	123
299.	de Ruyter Yvonne	71	08-021	58.00	25m	29-11-82	Heemskerk (NED)	120
300.	Zeeman Esther	74	08-021	58.60	25m	29-11-82	Heemskerk (NED)	116
301.	Hol Manouk	05	08-021	58.77	25m	29-3-15	Zaandam (NED)	115
302.	van der Pijl Madelon	89	08-021	59.13	25m	24-9-98	Heemskerk (NED)	113
303.	Kerdijk Lianne	81	08-021	59.50	25m	10-1-91	Heemskerk (NED)	111
304.	ten Cate Naomi	93	08-021	59.86	25m	27-3-03	Heemskerk	109
305.	Wiesener Winnifred	62	08-021	59.90	25m	17-9-77	Heemskerk (NED)	109
306.	Copier Alyssa	04	08-021	1:00.18	25m	10-11-13	Zaandam (NED)	107
307.	Welboren Julia	00	08-021	1:00.68	25m	9-10-11	Zaandam (NED)	105
308.	Kuijper Michelle	91	08-021	1:00.70	25m	20-12-01	Heemskerk	105
309.	Hoekstra Femke	05	08-021	1:00.78	25m	9-6-14	Purmerend (NED)	104
310.	de Caluwe Joyce	94	08-021	1:00.85	25m	27-2-03	Heemskerk	104

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311.	Atzei Sabina	71	08-021	1:00.90	25m	29-11-82	Heemskerk (NED)	104
312.	Kuijl Karin	65	08-021	1:01.00	25m	17-9-77	Heemskerk (NED)	103
313.	Sanen Casey	99	08-021	1:01.46	25m	8-11-09	Heemstede (NED)	101
314.	Janssen Tess	89	08-021	1:01.50	25m	9-4-98	Heemskerk (NED)	100
315.	Schoonenberg Patricia	72	08-021	1:01.80	25m	29-11-82	Heemskerk (NED)	99
316.	Koppes Monique	69	08-021	1:01.90	25m	10-2-80	Heerhugowaard (NED)	99
317.	van Zalingen Margreet	67	08-021	1:03.00	25m	17-9-77	Heemskerk (NED)	93
317.	Pirovano Monique	69	08-021	1:03.00	25m	10-2-80	Heerhugowaard (NED)	93
317.	van Perlo Carla	75	08-021	1:03.00	25m	29-11-82	Heemskerk (NED)	93
320.	Bovekerk Annefleur	99	08-021	1:03.49	25m	27-9-09	Hoorndijk (NED)	91
321.	Zuidervaart Anne	02	08-021	1:04.18	25m	9-2-12	Heemskerk (NED)	88
322.	Beentjes Karin	72	08-021	1:04.60	25m	29-11-82	Heemskerk (NED)	87
323.	Stedelaar Jose	73	08-021	1:05.00	25m	29-11-82	Heemskerk (NED)	85
324.	Naber Eva	73	08-021	1:06.30	25m	29-11-82	Heemskerk (NED)	80
325.	van der Stigchel Samantha	96	08-021	1:08.17	25m	31-1-08	Heemskerk (NED)	74
326.	Schut Bodine	09	08-021	1:09.43	25m	11-10-18	Heemskerk (NED)	70
327.	Windmuller Jolande	65	08-021	1:09.70	25m	17-9-77	Heemskerk (NED)	69
328.	Hartog Martine	74	08-021	1:11.90	25m	29-11-82	Heemskerk (NED)	63
329.	van Dijk Marike	73	08-021	1:14.80	25m	29-11-82	Heemskerk (NED)	56
330.	Bok Femke	74	08-021	1:16.10	25m	29-11-82	Heemskerk (NED)	53

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1.	Kingma Danae	00	08-021	1:16.62	25m	13-11-16	Purmerend (NED)	539
2.	van Honk Chantal	80	08-021	1:19.80	25m	13-12-92	Heemskerk (NED)	477
3.	Broek Jade	97	08-021	1:19.98	25m	11-11-17	Hoofddorp (NED)	473
4.	Drubers Mirjam	67	08-021	1:20.90	25m	31-12-85		458
5.	de Haan Shira	00	08-021	1:21.89	25m	7-10-18	Purmerend (NED)	441
6.	Palmboom Nicole	91	08-021	1:22.16	25m	25-11-07	Amsterdam (NED)	437
7.	van der Geest Saskia	73	08-021	1:22.60	25m	7-2-88	Heemskerk (NED)	430
8.	Stam Vanessa	80	08-021	1:24.30	25m	7-11-96	Heemskerk (NED)	404
9.	van Rookhuizen Sieta	79	08-021	1:24.87	25m	5-4-99	Haarlem (NED)	396
9.	de Groot Daniëlle	93	08-021	1:24.87	25m	27-3-08	Heemskerk (NED)	396
11.	Kramer Miranda	80	08-021	1:25.00	25m	13-4-98	Haarlem (NED)	394
12.	Crok Linda	94	08-021	1:25.35	25m	1-10-17	Purmerend (NED)	390
13.	Hoekstra Eline	03	08-021	1:25.81	25m	7-10-18	Purmerend (NED)	383
14.	Teufer Irene	96	08-021	1:25.82	25m	24-3-08	Haarlem (NED)	383
15.	Schelvis Femke	84	08-021	1:25.84	25m	28-1-99	Heemskerk (NED)	383
16.	van der Kroft Nicole	84	08-021	1:25.98	25m	28-3-02	Heemskerk	381
17.	Groen Anne	95	08-021	1:26.47	25m	13-10-16	Heemskerk (NED)	375
18.	Stam Sabrina	82	08-021	1:26.50	25m	14-12-97	Heemskerk (NED)	374
19.	van 't Veer Iris	03	08-021	1:26.58	25m	9-11-17	Heemskerk (NED)	373
20.	Schelvis Roos	86	08-021	1:26.96	25m	28-3-02	Heemskerk	368
21.	Crok Annemarie	89	08-021	1:27.24	25m	19-11-09	Heemskerk (NED)	365
22.	Peters Yvonne	63	08-021	1:27.40	25m	6-10-85	Wormerveer (NED)	363
23.	Koster Lisa	94	08-021	1:28.10	25m	17-11-07	Barneveld (NED)	354
24.	van Galen Angela	65	08-021	1:28.20	25m	14-3-82		353
25.	Mallon Danique	94	08-021	1:28.39	25m	14-3-10	Heemskerk (NED)	351
26.	Smit Sanne	01	08-021	1:28.41	25m	1-10-17	Purmerend (NED)	350
27.	Plokker Sylvia	68	08-021	1:28.70	25m	21-3-82		347
28.	Stel Serena	98	08-021	1:28.72	25m	5-4-10	Haarlem (NED)	347
29.	Hulshof Saskia	73	08-021	1:28.80	25m	28-2-90		346
30.	van der Gracht Anouk	89	08-021	1:29.12	25m	29-4-07	Alkmaar (NED)	342

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31. Niesten Iris	92	08-021	1:29.23	25m	29-11-09	Heemskerk (NED)	341
32. Oudendijk Bianca	79	08-021	1:29.40	25m	19-11-94		339
33. de Graaf Dinie	71	08-021	1:29.60	25m	31-12-83		337
34. Boekling Annette	85	08-021	1:29.62	25m	16-4-00	Zaandam (NED)	336
35. van Giezen Sandra	63	08-021	1:29.70	25m	14-3-82		336
36. Vink Marjolein	93	08-021	1:29.86	25m	30-9-07	Volendam (NED)	334
37. Vink Lidewij	90	08-021	1:29.92	25m	17-4-06	Haarlem (NED)	333
38. Spijker Kristel	84	08-021	1:29.97	25m	19-11-09	Heemskerk (NED)	332
39. Stins Mariska	84	08-021	1:30.00	25m	5-1-03	Aalsmeer (NED)	332
40. Petit Kirsten	00	08-021	1:30.01	25m	13-11-16	Purmerend (NED)	332
41. Kleijne Daisy	89	08-021	1:30.08	25m	16-2-06	Heemskerk (NED)	331
42. Siemerink Laura	04	08-021	1:30.22	25m	2-12-18	Zaandam (NED)	330
43. Essers Sanne	91	08-021	1:30.45	25m	29-12-06	Maastricht (NED)	327
44. Heus Pauline	78	08-021	1:30.50	25m	13-4-98	Haarlem (NED)	327
45. Niesten Annet	62	08-021	1:30.80	25m	26-2-78	Castricum (NED)	323
46. Koper Fiona	01	08-021	1:30.88	25m	14-1-18	Purmerend (NED)	323
47. de Groot Gitta	60	08-021	1:31.00	25m	23-10-77	Zandvoort (NED)	321
48. Hoek Daniëlle	88	08-021	1:31.06	25m	3-10-04	Heemskerk (NED)	321
49. Nijholt Carin	60	08-021	1:31.10	25m	23-10-77	Zandvoort (NED)	320
50. van Huisstede Nikita	01	08-021	1:31.14	25m	6-3-16	Purmerend (NED)	320
51. van Leeuwen Andrea	71	08-021	1:31.20	25m	12-2-84	Heemskerk (NED)	319
52. Buur Naomi	01	08-021	1:31.22	25m	4-10-15	Purmerend (NED)	319
53. Limmen Miriam	75	08-021	1:31.30	25m	10-1-91	Heemskerk (NED)	318
54. Hogema Fabiën	93	08-021	1:31.50	25m	9-4-07	Haarlem (NED)	316
55. Missot Gonda	66	08-021	1:31.70	25m	21-4-79	Deinze (BEL)	314
55. van Staveren Marina	78	08-021	1:31.70	25m	13-5-12	Grootebroek (NED)	314
57. Schuyt Simone	75	08-021	1:32.00	25m	30-9-89		311
58. Veldhuis Amelia	03	08-021	1:32.20	25m	11-10-18	Heemskerk (NED)	309
59. Meijer Sylvia	81	08-021	1:32.60	25m	10-12-95	Heemskerk (NED)	305
59. de Boer Irene	84	08-021	1:32.60	25m	30-3-97	Haarlem (NED)	305
61. van Langelaar Tessa	97	08-021	1:32.66	25m	25-11-12	Heemskerk (NED)	304
62. Moolevliet Petra	82	08-021	1:32.70	25m	17-3-96	Heemskerk (NED)	304
63. Cappelle Carljin	82	08-021	1:32.80	25m	1-5-97	Heemskerk (NED)	303
63. de Boer Maia	03	08-021	1:32.80	25m	9-11-17	Heemskerk (NED)	303
65. de Ruijter Linda	87	08-021	1:33.02	25m	23-3-03	Heemstede	301
66. Visser Stacey	87	08-021	1:33.03	25m	22-4-01	Heemskerk (NED)	301
67. van Duin Margret	60	08-021	1:33.10	25m	10-12-77	Heemskerk (NED)	300
68. van Ballegooie Stefanie	86	08-021	1:33.46	25m	7-4-02	Heemskerk	297
69. Besse Karen	75	08-021	1:33.50	25m	26-9-90		296
69. Dijkstra Lisette	86	08-021	1:33.50	25m	9-10-97	Heemskerk (NED)	296
71. de Boer Claudia	77	08-021	1:33.70	25m	5-1-91	Hilversum (NED)	294
72. Ivens Suzanne	99	08-021	1:33.78	25m	17-11-13	Heemskerk (NED)	294
73. Limmen Karin	76	08-021	1:33.80	25m	27-9-90	Heemskerk (NED)	293
74. Beentjes Nicolet	80	08-021	1:33.84	25m	14-2-99	Heemskerk (NED)	293
75. Koopman Anitra	89	08-021	1:33.95	25m	24-3-02	Heemstede	292
76. Wentink Yara	04	08-021	1:34.29	25m	11-10-18	Heemskerk (NED)	289
77. van der Horst Sacha	69	08-021	1:34.30	25m	17-5-81	Castricum (NED)	289
78. Renkema Iris	04	08-021	1:34.36	25m	17-1-16	Purmerend (NED)	288
79. Lund Karin	63	08-021	1:34.40	25m	12-2-78	Heemskerk (NED)	288
80. Windmuller Wendy	69	08-021	1:34.60	25m	17-1-82		286
81. Scholten Britt	04	08-021	1:34.73	25m	14-10-18	Heemskerk (NED)	285
82. Halbersma Jenny	70	08-021	1:34.90	25m	16-1-83	Heemskerk (NED)	283
82. Bruin Adri	74	08-021	1:34.90	25m	18-2-89		283

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84.	Knight Kayleigh	00	08-021	1:34.91	25m	14-1-18	Purmerend (NED)	283
85.	Groot Tineke	60	08-021	1:35.00	25m	31-8-80	Heemskerk (NED)	282
85.	de Boer Angela	80	08-021	1:35.00	25m	5-3-94		282
87.	Tholen Kirsten	66	08-021	1:35.10	25m	16-1-83	Heemskerk (NED)	281
88.	Buur Cindy	99	08-021	1:35.17	25m	13-10-16	Heemskerk (NED)	281
89.	van Ballegooie Simone	84	08-021	1:35.26	25m	26-9-98	Assendelft (NED)	280
89.	Krouwels Tanja	79	08-021	1:35.26	25m	29-10-98	Heemskerk (NED)	280
91.	Zonneveld Chantal	84	08-021	1:35.60	25m	27-1-99		277
92.	de Wolff Isabel	01	08-021	1:35.66	25m	6-3-16	Purmerend (NED)	277
93.	Vredenburg Roos	95	08-021	1:35.67	25m	22-5-10	Purmerend (NED)	276
94.	van Giezen Irene	67	08-021	1:35.70	25m	6-2-83		276
94.	Bruin Marianne	78	08-021	1:35.70	25m	16-12-90	Heemskerk (NED)	276
96.	de Wildt Maud	05	08-021	1:35.71	50m	16-6-18	Buckeburg (GER)	300
97.	Butter Anouk	82	08-021	1:35.77	25m	28-1-99	Heemskerk (NED)	276
98.	van de Poll Marianne	89	08-021	1:36.03	25m	26-2-04	Heemskerk (NED)	273
99.	van Giezen Wendy	70	08-021	1:36.10	25m	7-2-82		273
100.	de Graaf Annemiek	70	08-021	1:36.40	25m	17-5-81	Castricum (NED)	270
101.	Verbree Bets	63	08-021	1:36.50	25m	8-2-81	Sassenheim (NED)	269
102.	Poppema Yvonne	68	08-021	1:36.70	25m	10-4-83	Heemskerk (NED)	268
103.	van Kooten Cynthia	93	08-021	1:36.73	25m	14-1-07	Amsterdam (NED)	267
104.	Munnik Yvonne	64	08-021	1:36.80	25m	7-5-78	Assendelft (NED)	267
105.	Jongema Helena	80	08-021	1:36.85	25m	19-11-09	Heemskerk (NED)	266
106.	Oosterveen Yvonne	80	08-021	1:36.90	25m	13-12-92	Heemskerk (NED)	266
107.	Bakker Jesca	79	08-021	1:37.10	25m	7-12-89	Heemskerk (NED)	264
108.	Blaauw Yente	03	08-021	1:37.33	25m	11-10-18	Heemskerk (NED)	263
109.	Zeeman Judith	70	08-021	1:37.50	25m	7-2-82		261
109.	Willemse Renee	75	08-021	1:37.50	25m	31-12-86		261
109.	Meijer Linda	77	08-021	1:37.50	25m	1-3-90	Heemskerk (NED)	261
112.	Huisman Caroline	64	08-021	1:37.80	25m	23-4-76		259
113.	Zwaan Melissa	91	08-021	1:38.15	25m	28-12-03	Maastricht (NED)	256
114.	Koper Birgit	87	08-021	1:38.25	25m	16-3-03	Heemskerk	255
115.	Liefting Sarina	93	08-021	1:38.28	25m	14-1-07	Amsterdam (NED)	255
116.	Huisman Jolanda	68	08-021	1:38.30	25m	12-2-84	Heemskerk (NED)	255
117.	Sierra Ana Maria	69	08-021	1:38.50	25m	14-3-82		253
118.	Visser Kelly	89	08-021	1:38.57	25m	11-10-12	Heemskerk (NED)	253
119.	Molenaar Eline	82	08-021	1:38.58	25m	10-10-99	Zaandam (NED)	253
119.	Beentjes Daphne	91	08-021	1:38.58	25m	26-2-04	Heemskerk (NED)	253
121.	Rodenburg Rianne	93	08-021	1:38.68	25m	16-2-06	Heemskerk (NED)	252
122.	Walraven Annet	62	08-021	1:39.00	25m	7-5-78	Assendelft (NED)	249
123.	Bos Marieke	06	08-021	1:39.04	25m	15-10-17	Alkmaar (NED)	249
124.	van Assema Eline	05	08-021	1:39.24	25m	28-10-18	Den Helder (NED)	248
125.	van Sikkelerus Lisa	99	08-021	1:39.35	25m	9-3-14	Zaandam (NED)	247
126.	Regelink Anneke	83	08-021	1:39.39	25m	28-1-99	Heemskerk (NED)	246
127.	van Giezen Corina	68	08-021	1:39.50	25m	17-1-82		246
128.	Berloth Lydia	68	08-021	1:39.60	25m	6-2-83		245
129.	Dijkstra Maud	84	08-021	1:39.90	25m	13-4-98	Haarlem (NED)	243
130.	Pover Karin	67	08-021	1:40.00	25m	11-10-81	Heemskerk (NED)	242
131.	Angenent Nienke	01	08-021	1:40.08	25m	18-9-14	Heemskerk (NED)	241
132.	van Koevinge Nicole	93	08-021	1:40.15	25m	30-10-08	Heemskerk (NED)	241
133.	Rasch Monique	66	08-021	1:40.50	25m	16-1-83	Heemskerk (NED)	238
133.	de Vries Cathy	77	08-021	1:40.50	25m	10-1-91	Heemskerk (NED)	238
135.	Limmen Anita	78	08-021	1:40.60	25m	3-4-93		238
136.	Nijman José	93	08-021	1:40.71	25m	30-9-07	Volendam (NED)	237

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137.	van Vliet Isabel	02	08-021	1:41.09	50m	4-3-18	Amsterdam (NED)	255
138.	Hermans Liesbeth	66	08-021	1:41.20	25m	29-11-81	Zaandam (NED)	233
139.	Smit Lydia	84	08-021	1:41.25	25m	14-2-99	Heemskerk (NED)	233
140.	Dreyer Elly	63	08-021	1:41.50	25m	31-8-80	Heemskerk (NED)	231
140.	Besse Meta	78	08-021	1:41.50	25m	24-2-91	Heemskerk (NED)	231
140.	Lindelauf Priscilla	85	08-021	1:41.50	25m	12-4-98	Haarlem (NED)	231
143.	Bouwman Esther	63	08-021	1:41.80	25m	10-12-77	Heemskerk (NED)	229
143.	Hommersen Sandra	84	08-021	1:41.80	25m	28-1-99	Heemskerk (NED)	229
145.	Ligterink Angela	76	08-021	1:41.90	25m	16-1-88	Hilversum (NED)	229
146.	Zonneveld Cindy	75	08-021	1:42.00	25m	30-9-89		228
147.	Zwarthoed Brenda	96	08-021	1:42.08	25m	27-3-08	Heemskerk (NED)	227
148.	Hofland Yasmin	01	08-021	1:42.12	25m	9-11-17	Heemskerk (NED)	227
149.	van Eerden Meike	00	08-021	1:42.13	25m	9-11-17	Heemskerk (NED)	227
150.	Steenkamp Ciska	90	08-021	1:42.15	25m	30-9-01	Zaandam (NED)	227
151.	Terhorst Ilja	67	08-021	1:42.20	25m	21-9-80	Heemskerk (NED)	227
151.	Dijkstra Ingrid	68	08-021	1:42.20	25m	6-2-83		227
153.	Nemchonok Alisa	82	08-021	1:42.33	25m	28-1-99	Heemskerk (NED)	226
154.	Aafjes Suzan	69	08-021	1:42.40	25m	12-4-81	Z.O. Beemster (NED)	225
155.	Zonneveld Monica	80	08-021	1:42.50	25m	20-3-93		225
156.	Viel Bianca	85	08-021	1:42.76	25m	29-10-98	Heemskerk (NED)	223
156.	ten Cate Joyce	80	08-021	1:42.76	25m	27-3-08	Heemskerk (NED)	223
158.	van der Werf Chily	72	08-021	1:42.90	25m	29-9-85	Heemskerk (NED)	222
158.	Hoogervorst Marlon	84	08-021	1:42.90	25m	22-1-95	Castricum (NED)	222
160.	Bos Chantal	74	08-021	1:43.00	25m	13-12-87	Assendelft (NED)	221
161.	Rijkema Marije	85	08-021	1:43.30	25m	28-3-02	Heemskerk	219
162.	Schaefer Lisa	06	08-021	1:43.43	25m	9-12-18	Zaandam (NED)	219
163.	Dijkstra Janet	77	08-021	1:43.50	25m	18-2-89		218
164.	Kuiperi Judith	63	08-021	1:43.80	25m	24-5-75	Z.O. Beemster (NED)	216
165.	Ardicyaka Irem	06	08-021	1:43.91	25m	7-10-18	Purmerend (NED)	216
166.	Bakkum Wilma	62	08-021	1:44.00	25m	23-10-77	Zandvoort (NED)	215
167.	Wiemann Lianne	03	08-021	1:44.12	25m	9-11-17	Heemskerk (NED)	214
168.	Feenstra Petra	71	08-021	1:44.30	25m	22-1-84	Zandvoort (NED)	213
169.	Pover Ellen	72	08-021	1:44.80	25m	12-2-84	Heemskerk (NED)	210
169.	van Velsen Patricia	79	08-021	1:44.80	25m	27-11-93		210
171.	Grul Lisanne	97	08-021	1:44.88	25m	11-10-12	Heemskerk (NED)	210
172.	Zijlstra Mariëlle	83	08-021	1:44.90	25m	28-1-96	Zaandam (NED)	210
173.	Hoek Laura	86	08-021	1:44.99	25m	4-5-00	Heemskerk (NED)	209
174.	Martens landra	03	08-021	1:45.06	25m	24-9-15	Heemskerk (NED)	209
175.	de Vries Justine	83	08-021	1:45.20	25m	13-2-97	Heemskerk (NED)	208
175.	Visser Shana	04	08-021	1:45.20	25m	9-10-16	Alkmaar (NED)	208
177.	Bouwer Jolien	89	08-021	1:45.22	25m	19-1-03	Zaandam	208
178.	van de Kamp Yvonne	65	08-021	1:45.30	25m	27-1-80	Zaandam (NED)	207
178.	Deiman Caroline	67	08-021	1:45.30	25m	4-11-89		207
180.	Dekker Danyk	94	08-021	1:45.33	25m	27-3-08	Heemskerk (NED)	207
181.	van der Leden Cynthia	66	08-021	1:45.40	25m	27-11-77	IJmuiden (NED)	207
181.	Horst Diana	67	08-021	1:45.40	25m	11-10-81	Heemskerk (NED)	207
183.	van Rijn Sydney	03	08-021	1:45.46	25m	7-10-18	Purmerend (NED)	206
184.	Bakker Anna	97	08-021	1:45.86	25m	18-1-09	Haarlem (NED)	204
185.	de Loos Marijke	94	08-021	1:46.22	25m	19-11-09	Heemskerk (NED)	202
186.	Meesters Audrey	90	08-021	1:46.30	25m	19-1-03	Zaandam	201
187.	Schaaper Margriet	62	08-021	1:46.50	25m	1-9-79	Heemskerk (NED)	200
188.	Raszinski Nienke	01	08-021	1:46.51	25m	10-11-13	Zaandam (NED)	200
189.	van Putten Demi	96	08-021	1:46.57	25m	13-3-11	Heemskerk (NED)	200

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190.	Koper Ella	90	08-021	1:46.86	25m	3-2-02	Zaandam (NED)	198
191.	Jansen Pauline	67	08-021	1:46.90	25m	6-2-83		198
192.	de Groot Linda	81	08-021	1:46.91	25m	28-1-99	Heemskerk (NED)	198
193.	Windmuller Annemarie	67	08-021	1:47.50	25m	2-12-79	Zaandam (NED)	195
194.	van der Wijden Eline	88	08-021	1:47.97	25m	10-12-00	Heemskerk (NED)	192
195.	van der Horst Wendy	72	08-021	1:48.00	25m	6-9-81	Heemskerk (NED)	192
196.	Venema Jalina	04	08-021	1:48.14	25m	12-3-17	Purmerend (NED)	191
197.	Snijder Femke	83	08-021	1:48.20	25m	3-4-94	Haarlem (NED)	191
198.	Yayli Serina	90	08-021	1:48.27	25m	24-3-02	Heemstede	191
199.	de Nijs Martine	71	08-021	1:48.40	25m	28-10-84	Egmond (NED)	190
199.	de Jong Desire	73	08-021	1:48.40	25m	22-3-87	Heerhugowaard (NED)	190
201.	Zonneveld Melissa	88	08-021	1:48.55	25m	28-10-04	Heemskerk (NED)	189
202.	de Groot Marlijn	92	08-021	1:48.56	25m	27-3-05	Haarlem (NED)	189
203.	Mulder Amy	80	08-021	1:48.70	25m	20-12-92	Volendam (NED)	188
204.	Huneker Jolanda	79	08-021	1:48.82	25m	29-10-98	Heemskerk (NED)	188
205.	Beeksma Anne	88	08-021	1:48.83	25m	13-1-02	Zaandam	188
206.	Potemans Priscilla	84	08-021	1:49.00	25m	7-11-96	Heemskerk (NED)	187
207.	Liefting Mariëlle	90	08-021	1:49.01	50m	20-10-02	Beverwijk (NED)	203
208.	Visser Robin	05	08-021	1:49.09	25m	13-10-16	Heemskerk (NED)	186
209.	Boere Sacha	91	08-021	1:49.13	25m	31-3-05	Heemskerk (NED)	186
210.	Smit Ingrid	67	08-021	1:49.20	25m	21-9-80	Heemskerk (NED)	186
210.	Wiegman Brenda	72	08-021	1:49.20	25m	12-2-84	Heemskerk (NED)	186
210.	Bos Annelies	74	08-021	1:49.20	25m	12-12-87		186
213.	Bakker Daniëlle	96	08-021	1:49.23	25m	10-5-08	Purmerend (NED)	186
214.	Geurtsen Daisy	89	08-021	1:49.61	25m	13-1-02	Zaandam	184
215.	van Perlo Carla	75	08-021	1:50.10	25m	29-9-85	Heemskerk (NED)	181
216.	Buitenhuis Danine	91	08-021	1:50.11	25m	31-10-02	Heemskerk	181
217.	Last Rooske	94	08-021	1:50.28	25m	4-10-09	Amsterdam-oost (NED)	180
218.	Verhagen Sabine	71	08-021	1:50.30	25m	28-10-84	Egmond (NED)	180
219.	Koopman Jessie	97	08-021	1:50.39	25m	17-1-10	Amsterdam-oost (NED)	180
220.	ten Cate Ilona	85	08-021	1:50.40	25m	12-6-00	Haarlem (NED)	180
221.	de Graaf Isabella	04	08-021	1:50.41	25m	7-10-18	Purmerend (NED)	180
222.	Stel Kaylin	01	08-021	1:50.44	25m	5-6-10	Zaandam (NED)	180
223.	Schelvis Liselot	92	08-021	1:51.00	50m	25-4-04	Beverwijk (NED)	192
224.	Mosch Sabina	84	08-021	1:51.10	25m	17-5-98	Heemskerk (NED)	176
225.	van der Eng Laura	80	08-021	1:51.30	25m	6-4-96	Haarlem (NED)	175
226.	van der Poel Kelly	72	08-021	1:51.40	25m	29-9-85	Heemskerk (NED)	175
227.	van den Braber Liesbeth	84	08-021	1:51.48	25m	26-9-98	Assendelft (NED)	175
228.	Calkhoven Mariëtte	65	08-021	1:51.50	25m	10-12-77	Heemskerk (NED)	174
228.	Keessen Pam	62	08-021	1:51.50	25m	10-12-77	Heemskerk (NED)	174
230.	van Leen Cynthia	81	08-021	1:51.70	25m	4-4-96	Heemskerk (NED)	174
231.	van Dijk Yvonne	65	08-021	1:51.80	25m	10-12-77	Heemskerk (NED)	173
231.	van den Heuvel Sandra	80	08-021	1:51.80	25m	1-4-90	Zaandam (NED)	173
233.	Palthe Yvonne	67	08-021	1:52.10	25m	1-11-81	Bergen (NED)	172
234.	Bakker Lisette	83	08-021	1:52.24	25m	29-10-98	Heemskerk (NED)	171
235.	Rodenburg Kyra	96	08-021	1:52.32	25m	2-4-06	Zaandam (NED)	171
236.	van Perlo Ingrid	73	08-021	1:52.40	25m	29-9-85	Heemskerk (NED)	170
237.	Sobh Shaime	03	08-021	1:52.58	25m	17-1-16	Purmerend (NED)	169
238.	Brands Ingrid	72	08-021	1:52.70	25m	29-9-85	Heemskerk (NED)	169
239.	van Rijn Eline	07	08-021	1:52.96	25m	18-12-16	Heemskerk (NED)	168
240.	Salido Keesje	05	08-021	1:53.07	25m	14-6-15	Zaandam (NED)	167
241.	Essers Patricia	84	08-021	1:53.26	25m	14-5-00	Heemskerk (NED)	166
242.	Elghandor Kiyaan	03	08-021	1:53.59	25m	24-9-15	Heemskerk (NED)	165

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243.	Reiss Katinka	65	08-021	1:53.90	25m	10-12-77	Heemskerk (NED)	164
243.	Werdekker Esther	83	08-021	1:53.90	25m	7-11-96	Heemskerk (NED)	164
245.	Koper Selma	03	08-021	1:53.91	25m	17-3-13	Zaandam (NED)	164
246.	Bok Femke	74	08-021	1:54.00	25m	29-9-85	Heemskerk (NED)	163
246.	van Ruth Yoore	78	08-021	1:54.00	25m	3-11-91	Assendelft (NED)	163
248.	de Vriend Sofie	01	08-021	1:54.15	25m	11-3-12	Zaandam (NED)	163
249.	Salem Lamies	03	08-021	1:54.33	25m	14-1-18	Purmerend (NED)	162
250.	van Rijn Ilona	65	08-021	1:54.40	25m	10-12-77	Heemskerk (NED)	161
250.	Hoekstra Karin	76	08-021	1:54.40	25m	7-2-88	Heemskerk (NED)	161
252.	Dijkstra Pascal	89	08-021	1:54.98	25m	28-1-99	Heemskerk (NED)	159
253.	Nijman Linda	89	08-021	1:55.16	25m	25-1-01	Heemskerk (NED)	158
254.	van Duivenvoorde Sanne	93	08-021	1:55.18	25m	31-10-02	Heemskerk	158
255.	Reuderink Miranda	63	08-021	1:55.20	25m	10-12-77	Heemskerk (NED)	158
256.	Kerkhoven Michelle	91	08-021	1:55.21	25m	25-1-01	Heemskerk (NED)	158
257.	van der Does Lisa	02	08-021	1:55.41	25m	21-4-14	Haarlem (NED)	157
258.	Doll Maartje	80	08-021	1:55.50	25m	7-1-93	Heemskerk (NED)	157
259.	Huisman Lianne	87	08-021	1:55.59	25m	10-12-00	Heemskerk (NED)	157
260.	Cappelle Marcella	85	08-021	1:56.14	25m	11-10-98	Alkmaar (NED)	154
261.	Broers Margot	63	08-021	1:56.30	25m	10-12-77	Heemskerk (NED)	154
262.	Aardenburg Judith	93	08-021	1:56.57	25m	28-10-04	Heemskerk (NED)	153
263.	Gelsumino Giulia	03	08-021	1:57.64	25m	24-9-15	Heemskerk (NED)	148
264.	van 't Hof Manon	90	08-021	1:57.67	25m	7-4-02	Heemskerk	148
265.	van Noort Jony	85	08-021	1:58.00	25m	4-4-96	Heemskerk (NED)	147
266.	Pezo Adna	90	08-021	1:58.06	25m	15-4-01	Haarlem (NED)	147
267.	Hoeksema Kim	90	08-021	1:58.10	25m	10-3-02	Heemskerk	147
268.	de Boer Isabel	06	08-021	1:58.41	25m	11-10-15	Zaandam (NED)	146
269.	Werdekker Marjolein	81	08-021	1:58.60	25m	10-4-97	Heemskerk (NED)	145
270.	Lensen Sarian	89	08-021	1:58.84	25m	7-4-02	Heemskerk	144
271.	Kesting Alexandra	00	08-021	1:58.92	25m	23-1-11	Zaandam (NED)	144
272.	Doodeman Sara	00	08-021	1:59.00	25m	13-3-11	Heemskerk (NED)	143
273.	Vellinga Yvonne	64	08-021	1:59.80	25m	8-1-77	Heemskerk (NED)	141
274.	Morianner Susanna	72	08-021	2:00.10	25m	17-1-82		139
275.	van den Akker Terry	61	08-021	2:00.90	25m	24-5-75	Z.O. Beemster (NED)	137
276.	Doevendans Phileine	06	08-021	2:01.01	25m	13-3-16	Zaandam (NED)	136
277.	Boonstra Esmé	02	08-021	2:01.50	25m	7-10-12	Zaandam (NED)	135
278.	van der Leden Laura	68	08-021	2:01.90	25m	23-10-77	Zandvoort (NED)	133
279.	Eijndhoven Jonna	02	08-021	2:02.40	25m	7-10-12	Zaandam (NED)	132
280.	Schijf Irene	83	08-021	2:03.20	25m	19-2-95	Assendelft (NED)	129
281.	Hoorn Linsey	94	08-021	2:04.07	25m	28-4-05	Heemskerk (NED)	126
282.	van der Zee Olga	66	08-021	2:05.00	25m	8-1-77	Heemskerk (NED)	124
283.	Hoekstra Femke	05	08-021	2:06.34	25m	18-9-14	Heemskerk (NED)	120
284.	Copier Alyssa	04	08-021	2:06.92	25m	31-10-13	Heemskerk (NED)	118
285.	Vonk Bea	67	08-021	2:07.10	25m	7-11-81	Heemskerk (NED)	118
285.	Kerdijk Lianne	81	08-021	2:07.10	25m	14-3-91	Heemskerk (NED)	118
287.	van Ederen Jasmijn	10	08-021	2:08.06	25m	11-10-18	Heemskerk (NED)	115
288.	Dekker Elise	97	08-021	2:08.23	25m	18-12-05	Alkmaar (NED)	115
289.	Sanen Casey	99	08-021	2:08.55	25m	19-11-09	Heemskerk (NED)	114
290.	Hol Manouk	05	08-021	2:09.57	25m	22-3-15	Zaandam (NED)	111
291.	Geluk Mabelle	73	08-021	2:09.64	25m	20-11-11	Almere-Stad (NED)	111
292.	Bovekerk Annefleur	99	08-021	2:10.27	25m	14-11-10	Castricum (NED)	109
293.	Janssen Tess	89	08-021	2:11.00	25m	17-5-98	Heemskerk (NED)	107
294.	Reeuwijk Danielle	70	08-021	2:11.60	25m	1-9-79	Heemskerk (NED)	106
295.	Gijzen Monique	68	08-021	2:12.90	25m	22-4-78	Heemskerk (NED)	103

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296.	van der Zee Paula	68	08-021	2:17.80	25m	8-1-77	Heemskerk (NED)	92
297.	Welboren Julia	00	08-021	2:18.36	25m	9-10-11	Zaandam (NED)	91
298.	Stoker Ianthe	84	08-021	2:18.90	25m	7-11-96	Heemskerk (NED)	90
299.	Kuijper Michelle	91	08-021	2:25.31	25m	25-1-01	Heemskerk (NED)	79
300.	van der Stigchel Samantha	96	08-021	2:32.68	25m	27-3-08	Heemskerk (NED)	68
301.	Zuidervaart Anne	02	08-021	2:32.88	25m	6-10-11	Heemskerk (NED)	67

200 schoolslag

1.	Kingma Danae	00	08-021	2:53.96	25m	4-10-15	Purmerend (NED)	462
2.	de Haan Shira	00	08-021	2:54.99	25m	15-1-17	Alkmaar (NED)	454
3.	van Honk Chantal	80	08-021	2:55.20	25m	9-1-93	Zuidoost Beemster (NED)	453
4.	Broek Jade	97	08-021	2:57.88	25m	12-2-17	Purmerend (NED)	432
5.	van der Geest Saskia	73	08-021	2:58.90	25m	31-12-88		425
6.	Stam Vanessa	80	08-021	2:59.80	25m	6-4-97	Heemskerk (NED)	419
7.	van Rookhuizen Sieta	79	08-021	3:02.04	25m	10-10-99	Zaandam (NED)	403
8.	van der Kroft Nicole	84	08-021	3:02.41	25m	25-1-01	Heemskerk (NED)	401
9.	Kramer Miranda	80	08-021	3:02.52	25m	27-1-00	Heemskerk (NED)	400
10.	Palmboom Nicole	91	08-021	3:02.96	25m	13-12-07	Heemskerk (NED)	397
11.	de Groot Daniëlle	93	08-021	3:04.53	25m	9-3-08	Heemskerk (NED)	387
12.	Schelvis Femke	84	08-021	3:05.36	25m	3-10-04	Heemskerk (NED)	382
13.	Crok Linda	94	08-021	3:05.44	25m	19-1-14	Zaandam (NED)	382
14.	Crok Annemarie	89	08-021	3:05.90	25m	16-1-11	Zaandam (NED)	379
15.	Hoekstra Eline	03	08-021	3:06.31	25m	18-3-18	Purmerend (NED)	376
16.	Teufer Irene	96	08-021	3:06.47	25m	20-1-08	Zaandam (NED)	375
17.	Schelvis Roos	86	08-021	3:07.13	25m	21-11-99	Heemskerk (NED)	371
18.	Smit Sanne	01	08-021	3:08.36	25m	12-3-17	Purmerend (NED)	364
19.	Vink Lidewij	90	08-021	3:08.43	25m	27-10-05	Heemskerk (NED)	364
20.	van 't Veer Iris	03	08-021	3:08.59	25m	29-10-17	Den Helder (NED)	363
21.	van Galen Angela	65	08-021	3:09.00	25m	5-4-81	Heemskerk (NED)	360
22.	Niesten Iris	92	08-021	3:09.37	25m	5-10-08	Heemskerk (NED)	358
23.	Vink Marjolein	93	08-021	3:10.04	25m	18-11-07	Alkmaar (NED)	355
24.	Niesten Annet	62	08-021	3:11.10	25m	7-5-78	Assendelft (NED)	349
25.	Mallon Danique	94	08-021	3:11.53	25m	25-3-10	Heemskerk (NED)	346
26.	Heus Pauline	78	08-021	3:11.60	25m	6-4-97	Heemskerk (NED)	346
27.	Hulshof Saskia	73	08-021	3:11.80	25m	30-9-89		345
28.	Koper Fiona	01	08-021	3:12.94	25m	7-10-18	Purmerend (NED)	339
29.	Groen Anne	95	08-021	3:13.13	25m	18-1-15	Zaandam (NED)	338
30.	Koster Lisa	94	08-021	3:13.37	25m	13-12-07	Heemskerk (NED)	337
31.	van der Gracht Anouk	89	08-021	3:14.82	25m	13-1-08	Heemskerk (NED)	329
32.	Moolevliet Petra	82	08-021	3:15.00	25m	23-4-95	Castricum (NED)	328
33.	van Huisstede Nikita	01	08-021	3:15.53	25m	12-3-17	Purmerend (NED)	325
34.	Stins Mariska	84	08-021	3:15.82	25m	16-1-00	Zaandam (NED)	324
35.	Plokker Sylvia	68	08-021	3:15.90	25m	21-3-82		324
36.	Oudendijk Bianca	79	08-021	3:16.40	25m	23-11-94		321
37.	Limmen Miriam	75	08-021	3:16.50	25m	11-3-90	Heemskerk (NED)	321
38.	Essers Sanne	91	08-021	3:16.79	25m	13-12-07	Heemskerk (NED)	319
39.	Peters Yvonne	63	08-021	3:16.80	25m	21-3-82		319
40.	Stam Sabrina	82	08-021	3:17.00	25m	9-3-97	Alkmaar (NED)	318
41.	Siemerink Laura	04	08-021	3:17.15	25m	7-10-18	Purmerend (NED)	318
42.	Kleijne Daisy	89	08-021	3:18.16	25m	13-12-07	Heemskerk (NED)	313
43.	Buur Naomi	01	08-021	3:18.33	25m	11-9-16	Purmerend (NED)	312
44.	Boekling Annette	85	08-021	3:18.35	25m	27-1-00	Heemskerk (NED)	312

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45.	de Ruijter Linda	87	08-021	3:18.60	25m	17-11-02	Heemskerk	311
45.	Stel Serena	98	08-021	3:18.60	25m	25-3-10	Heemskerk (NED)	311
47.	Besse Karen	75	08-021	3:18.90	25m	4-10-92	Assendelft (NED)	309
48.	Hoek Daniëlle	88	08-021	3:18.93	25m	27-10-05	Heemskerk (NED)	309
49.	Nijholt Carin	60	08-021	3:20.00	25m	9-9-79	Wormerveer (NED)	304
50.	Wentink Yara	04	08-021	3:20.01	25m	28-10-18	Den Helder (NED)	304
51.	de Boer Claudia	77	08-021	3:20.80	25m	14-3-91	Heemskerk (NED)	300
52.	Limmen Karin	76	08-021	3:21.00	25m	6-12-90	Heemskerk (NED)	300
53.	Koopman Anitra	89	08-021	3:21.16	25m	28-10-04	Heemskerk (NED)	299
54.	van Giezen Sandra	63	08-021	3:21.40	25m	7-3-82		298
54.	de Boer Irene	84	08-021	3:21.40	25m	8-12-96	Heerhugowaard (NED)	298
56.	Vredenburg Roos	95	08-021	3:21.99	25m	25-3-10	Heemskerk (NED)	295
57.	de Wildt Maud	05	08-021	3:22.06	25m	4-2-18	Purmerend (NED)	295
58.	Bakker Jesca	79	08-021	3:22.60	25m	11-3-90	Heemskerk (NED)	293
59.	Lund Karin	63	08-021	3:23.90	50m	11-6-78	Beverwijk (NED)	317
60.	van Ballegooie Stefanie	86	08-021	3:23.98	25m	19-11-00	Zaandam (NED)	287
61.	Hogema Fabiën	93	08-021	3:24.02	25m	27-5-07	Purmerend (NED)	286
62.	Veldhuis Amelia	03	08-021	3:24.08	25m	18-3-18	Purmerend (NED)	286
63.	Visser Stacey	87	08-021	3:24.10	25m	18-11-01	Heemskerk	286
64.	Groot Tineke	60	08-021	3:24.20	25m	28-10-79	Heerhugowaard (NED)	286
64.	van Ballegooie Simone	84	08-021	3:24.20	25m	9-10-97	Heemskerk (NED)	286
64.	Petit Kirsten	00	08-021	3:24.20	25m	1-10-17	Purmerend (NED)	286
67.	Cappelle Carlijn	82	08-021	3:24.40	25m	9-3-97	Alkmaar (NED)	285
68.	Pover Karin	67	08-021	3:24.80	25m	7-11-81	Heemskerk (NED)	283
69.	Blaauw Yente	03	08-021	3:24.90	25m	18-3-18	Purmerend (NED)	283
70.	Scholten Britt	04	08-021	3:25.13	50m	17-6-18	Buckeburg (GER)	311
71.	Schuyt Simone	75	08-021	3:25.60	25m	10-3-90		280
72.	van Kooten Cynthia	93	08-021	3:25.73	25m	19-10-06	Heemskerk	279
73.	de Groot Gitta	60	08-021	3:27.00	25m	3-6-78	Z.O. Beemster (NED)	274
74.	de Boer Angela	80	08-021	3:27.10	25m	24-11-94	Heemskerk (NED)	274
75.	van Staveren Marina	78	08-021	3:27.23	25m	17-10-15	Emmeloord (NED)	273
76.	Beentjes Nicolet	80	08-021	3:27.40	25m	5-11-95	Assendelft (NED)	273
77.	van Langelaar Tessa	97	08-021	3:27.75	25m	2-10-11	Heemskerk (NED)	271
78.	Liefting Sarina	93	08-021	3:28.08	25m	19-10-06	Heemskerk	270
79.	Tholen Kirsten	66	08-021	3:28.90	25m	22-3-81	Wieringerwerf (NED)	267
80.	Meijer Linda	77	08-021	3:29.40	25m	7-1-93	Heemskerk (NED)	265
81.	Ivens Suzanne	99	08-021	3:29.78	25m	6-10-13	Heemskerk (NED)	263
82.	van de Poll Marianne	89	08-021	3:29.83	25m	30-10-03	Heemskerk	263
83.	van Giezen Irene	67	08-021	3:29.90	25m	13-3-83	Castricum (NED)	263
84.	Bruin Marianne	78	08-021	3:30.10	25m	6-12-90	Heemskerk (NED)	262
84.	Knight Kayleigh	00	08-021	3:30.10	25m	1-10-17	Purmerend (NED)	262
86.	Koper Birgit	87	08-021	3:30.51	25m	17-11-02	Heemskerk	261
87.	Bruin Adri	74	08-021	3:30.80	25m	30-9-89		260
88.	Visser Kelly	89	08-021	3:30.96	25m	29-11-01	Heemskerk	259
89.	Bos Marieke	06	08-021	3:31.34	25m	29-10-17	Den Helder (NED)	258
90.	van Koeveringe Nicole	93	08-021	3:31.50	25m	1-10-06	Volendam (NED)	257
91.	Hermans Liesbeth	66	08-021	3:32.00	25m	7-11-81	Heemskerk (NED)	255
92.	Meijer Sylvia	81	08-021	3:32.10	25m	9-11-95	Heemskerk (NED)	255
93.	de Boer Maia	03	08-021	3:32.18	25m	18-3-18	Purmerend (NED)	255
94.	Verbree Bets	63	08-021	3:32.20	25m	19-10-80	Heemskerk (NED)	255
95.	de Wolff Isabel	01	08-021	3:32.75	25m	16-3-14	Zaandam (NED)	253
96.	Rodenburg Rianne	93	08-021	3:33.38	25m	27-10-05	Heemskerk (NED)	250
96.	van Vliet Isabel	02	08-021	3:33.38	25m	18-3-18	Purmerend (NED)	250

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98.	Zonneveld Chantal	84	08-021	3:33.62	25m	22-11-98	Zaandam (NED)	249
99.	Oosterveen Yvonne	80	08-021	3:34.10	25m	6-1-93		248
100.	Renkema Iris	04	08-021	3:34.39	25m	12-2-17	Purmerend (NED)	247
101.	Missot Gonda	66	08-021	3:35.00	25m	28-10-79	Heerhugowaard (NED)	245
102.	Molenaar Eline	82	08-021	3:35.19	50m	31-10-99	Beverwijk (NED)	270
103.	Zonneveld Cindy	75	08-021	3:35.40	25m	21-3-90		243
104.	Walraven Annet	62	08-021	3:36.20	25m	22-1-78	Zaandam (NED)	241
105.	Windmuller Wendy	69	08-021	3:36.40	25m	7-11-81	Heemskerk (NED)	240
106.	Viel Bianca	85	08-021	3:36.63	25m	17-1-99	Heemskerk (NED)	239
107.	Hommersen Sandra	84	08-021	3:37.00	25m	9-10-97	Heemskerk (NED)	238
108.	Limmen Anita	78	08-021	3:37.30	25m	18-11-93	Heemskerk	237
109.	Terhorst Ilja	67	08-021	3:37.60	25m	19-10-80	Heemskerk (NED)	236
109.	Besse Meta	78	08-021	3:37.60	25m	14-3-91	Heemskerk (NED)	236
111.	Buur Cindy	99	08-021	3:37.72	25m	26-10-14	Zaandam (NED)	236
112.	Hoffland Yasmin	01	08-021	3:37.99	25m	12-3-17	Purmerend (NED)	235
113.	van Giezen Corina	68	08-021	3:38.20	25m	7-11-81	Heemskerk (NED)	234
114.	van Eerden Meike	00	08-021	3:38.30	25m	26-10-14	Zaandam (NED)	234
115.	de Loos Marijke	94	08-021	3:39.00	25m	25-3-10	Heemskerk (NED)	232
116.	Lindelauf Priscilla	85	08-021	3:39.23	25m	17-1-99	Heemskerk (NED)	231
117.	Zonneveld Monica	80	08-021	3:39.70	25m	7-1-93	Heemskerk (NED)	229
118.	de Vries Cathy	77	08-021	3:40.10	25m	14-3-91	Heemskerk (NED)	228
119.	ten Cate Joyce	80	08-021	3:41.08	25m	19-10-06	Heemskerk	225
120.	Dijkstra Ingrid	68	08-021	3:41.10	25m	7-11-81	Heemskerk (NED)	225
121.	Angenent Nienke	01	08-021	3:41.85	25m	16-3-14	Zaandam (NED)	223
122.	Zijlstra Mariëlle	83	08-021	3:42.40	25m	9-11-95	Heemskerk (NED)	221
123.	de Graaf Annemiek	70	08-021	3:42.60	25m	7-11-81	Heemskerk (NED)	220
124.	Zeeman Judith	70	08-021	3:43.00	25m	7-11-81	Heemskerk (NED)	219
125.	Bouwer Jolien	89	08-021	3:44.44	25m	6-10-02	Zaandam	215
126.	Huisman Jolanda	68	08-021	3:44.50	25m	7-11-81	Heemskerk (NED)	215
127.	Rasch Monique	66	08-021	3:44.80	25m	7-11-81	Heemskerk (NED)	214
128.	Visser Shana	04	08-021	3:44.95	25m	18-9-16	Zaandam (NED)	214
129.	Wiemman Lianne	03	08-021	3:45.26	25m	18-3-18	Purmerend (NED)	213
130.	Nijman José	93	08-021	3:45.64	25m	19-10-06	Heemskerk	212
131.	Dijkstra Maud	84	08-021	3:45.80	25m	1-5-97	Heemskerk (NED)	211
132.	van Assema Eline	05	08-021	3:46.69	25m	4-2-18	Purmerend (NED)	209
133.	de Groot Linda	81	08-021	3:47.84	25m	10-10-99	Zaandam (NED)	206
134.	Schaaper Margriet	62	08-021	3:48.00	25m	9-9-79	Wormerveer (NED)	205
134.	van Velsen Patricia	79	08-021	3:48.00	25m	7-1-93	Heemskerk (NED)	205
136.	Raszinski Nienke	01	08-021	3:48.02	25m	22-12-13	Zaandam (NED)	205
137.	van de Kamp Yvonne	65	08-021	3:48.20	25m	28-10-79	Heerhugowaard (NED)	205
138.	Zwarthoed Brenda	96	08-021	3:48.25	25m	20-1-08	Zaandam (NED)	204
139.	Dijkstra Janet	77	08-021	3:49.50	25m	17-11-93		201
140.	Bakkum Wilma	62	08-021	3:49.60	25m	19-10-80	Heemskerk (NED)	201
141.	Sierra Ana Maria	69	08-021	3:49.70	25m	7-11-81	Heemskerk (NED)	201
142.	de Vries Justine	83	08-021	3:50.40	25m	10-4-97	Heemskerk (NED)	199
143.	Regelink Anneke	83	08-021	3:51.60	25m	9-11-95	Heemskerk (NED)	196
144.	Grul Lisanne	97	08-021	3:51.95	25m	25-3-10	Heemskerk (NED)	195
145.	Meesters Audrey	90	08-021	3:52.76	25m	31-10-02	Heemskerk	193
146.	Visser Robin	05	08-021	3:52.96	25m	18-3-18	Purmerend (NED)	192
147.	Martens landra	03	08-021	3:53.03	25m	22-3-15	Zaandam (NED)	192
148.	van Rijn Sydney	03	08-021	3:53.11	25m	18-3-18	Purmerend (NED)	192
149.	Hoek Laura	86	08-021	3:53.65	25m	27-1-00	Heemskerk (NED)	191
150.	Deiman Caroline	67	08-021	3:53.80	25m	15-3-87	Heemskerk (NED)	190

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151.	Bakker Anna	97	08-021	3:54.74	25m	25-1-09	Zaandam (NED)	188
152.	Rijpkema Marije	85	08-021	3:55.05	25m	29-11-01	Heemskerk	187
153.	Koopman Jessie	97	08-021	3:55.46	25m	11-10-09	Zaandam (NED)	186
154.	Stel Kaylin	01	08-021	3:55.56	25m	25-3-10	Heemskerk (NED)	186
155.	van Duin Joke	59	08-021	3:57.50	25m	24-5-75	Z.O. Beemster (NED)	181
156.	Sobh Shaime	03	08-021	3:57.71	25m	11-10-15	Zaandam (NED)	181
157.	Mulder Amy	80	08-021	3:58.10	25m	7-1-93	Heemskerk (NED)	180
157.	Huneker Jolanda	79	08-021	3:58.10	25m	26-4-98	Alkmaar (NED)	180
159.	Yayli Serina	90	08-021	3:58.67	25m	31-10-02	Heemskerk	179
160.	Steenkamp Ciska	90	08-021	3:59.33	25m	24-1-99	Assendelft (NED)	177
161.	Elghandor Kiyaan	03	08-021	3:59.34	25m	11-10-15	Zaandam (NED)	177
162.	van Sikkelerus Lisa	99	08-021	4:00.72	25m	9-10-11	Zaandam (NED)	174
163.	Essers Patricia	84	08-021	4:01.67	25m	21-11-99	Heemskerk (NED)	172
164.	de Vriend Sofie	01	08-021	4:01.73	25m	17-3-13	Zaandam (NED)	172
165.	Bakker Lisette	83	08-021	4:01.91	25m	22-11-98	Zaandam (NED)	172
166.	Liefting Marielle	90	08-021	4:02.13	25m	31-10-02	Heemskerk	171
167.	van Putten Demi	96	08-021	4:02.20	25m	25-3-10	Heemskerk (NED)	171
168.	Last Rooske	94	08-021	4:02.86	25m	25-3-10	Heemskerk (NED)	170
169.	de Nijs Martine	71	08-021	4:04.00	25m	2-9-84	Heemskerk (NED)	167
170.	de Graaf Isabella	04	08-021	4:04.41	25m	12-2-17	Purmerend (NED)	166
171.	Aardenburg Judith	93	08-021	4:05.39	25m	2-10-05	Zaandam (NED)	164
172.	Schaefer Lisa	06	08-021	4:06.36	50m	18-2-18	Alkmaar (NED)	180
173.	Verhagen Sabine	71	08-021	4:07.00	25m	2-9-84	Heemskerk (NED)	161
174.	Lensen Sarian	89	08-021	4:07.60	25m	9-11-03	Zaandam	160
175.	Cappelle Marcella	85	08-021	4:08.30	25m	9-10-97	Heemskerk (NED)	159
176.	van Asch Maria	74	08-021	4:08.60	25m	7-1-93	Heemskerk (NED)	158
177.	Palthe Yvonne	67	08-021	4:08.90	25m	7-11-81	Heemskerk (NED)	158
178.	Ardicyaka Irem	06	08-021	4:09.27	50m	25-3-18	Alkmaar (NED)	173
179.	ten Cate Ilona	85	08-021	4:10.40	25m	21-11-99	Heemskerk (NED)	155
180.	Gelsumino Giulia	03	08-021	4:11.92	25m	22-3-15	Zaandam (NED)	152
181.	Mosch Sabina	84	08-021	4:14.81	25m	22-11-98	Zaandam (NED)	147
182.	van Tol Sarjenka	97	08-021	4:17.22	25m	12-10-08	Zaandam (NED)	143
183.	Kesting Alexandra	00	08-021	4:21.59	25m	25-3-10	Heemskerk (NED)	136
184.	Doodeman Sara	00	08-021	4:58.68	25m	25-3-10	Heemskerk (NED)	91

500 schoolslag

1.	Vink Marjolein	93	08-021	8:55.64	OW	4-8-07	Hoom (NED)	
2.	Niesten Iris	92	08-021	9:15.25	OW	19-8-06	Bussloo (NED)	
3.	Hogema Fabiën	93	08-021	9:17.26	OW	17-6-07	Spaarnwoude (NED)	
4.	Palmboom Nicole	91	08-021	9:24.22	OW	7-7-07	Oss (NED)	
5.	van der Gracht Anouk	89	08-021	9:24.99	OW	8-7-06	Oss (NED)	
6.	Essers Sanne	91	08-021	9:55.46	OW	7-7-07	Oss (NED)	
7.	de Haan Shira	00	08-021	10:22.42	OW	26-8-17	Eindhoven (NED)	
8.	Buur Naomi	01	08-021	10:43.20	OW	9-8-14	Heerjansdam (NED)	
9.	Kleijne Daisy	89	08-021	10:53.79	OW	18-8-02	Eersel (NED)	
10.	Buur Cindy	99	08-021	11:05.80	OW	17-8-13	Heerjansdam (NED)	

800 schoolslag

1000 schoolslag

1. van der Gracht Anouk	89	08-021	19:10.26	OW	29-7-06	Hoon (NED)
2. Oudendijk Bianca	79	08-021	19:12.90	OW	4-9-05	Vlissingen (NED)
3. Heus Pauline	78	08-021	19:15.32	OW	21-7-13	Amsterdam (NED)
4. Niesten Iris	92	08-021	19:48.74	OW	4-8-07	Hoon (NED)
5. Vink Marjolein	93	08-021	20:29.19	OW	13-8-06	Aalsmeer (NED)
6. Hogema Fabiën	93	08-021	21:14.37	OW	21-7-07	Anna-Paulowna (NED)
7. Bos Marieke	06	08-021	23:37.46	OW	16-9-18	Anna-Paulowna (NED)
8. Geluk Mabelle	73	08-021	24:19.16	OW	11-9-11	Vught (NED)

1250 schoolslag**1500 schoolslag****2000 schoolslag**

1. Niesten Iris	92	08-021	36:26.77	OW	24-6-07	Breukelen (NED)
2. van der Gracht Anouk	89	08-021	36:32.33	OW	24-6-07	Breukelen (NED)
3. Stam Vanessa	80	08-021	36:35.10	OW	15-6-97	Spaarnwoude (NED)
4. van Rookhuizen Sieta	79	08-021	36:41.20	OW	12-7-98	Amsterdam (NED)
5. de Haan Shira	00	08-021	37:10.13	OW	23-7-16	Amstelveen (NED)
6. Essers Sanne	91	08-021	38:08.54	OW	16-7-06	Stadskanaal (NED)
7. Kramer Miranda	80	08-021	38:12.80	OW	18-6-00	Spaarnwoude (NED)
8. van Galen Angela	65	08-021	38:42.40	OW	30-6-82	Amstelveen (NED)
9. Rasch Monique	66	08-021	42:12.50	OW	30-6-83	Amstelveen (NED)
10. van Giezen Sandra	63	08-021	43:16.00	OW	14-6-81	Amstelveen (NED)

2500 schoolslag**3000 schoolslag**

1. van Rookhuizen Sieta	79	08-021	57:26.50	OW	5-9-99	Vlissingen (NED)
2. van der Gracht Anouk	89	08-021	58:40.50	OW	22-7-06	Anna-Paulowna (NED)
3. Stam Vanessa	80	08-021	58:56.80	OW	21-7-97	Anna-Paulowna (NED)
4. de Haan Shira	00	08-021	59:23.60	OW	2-9-17	Wilhelminadorp (NED)
5. Niesten Iris	92	08-021	1:08:36.23	OW	30-8-08	Tilburg (NED)

4000 schoolslag**5000 schoolslag**

1. van Rookhuizen Sieta	79	08-021	1:35:09.71	OW	7-7-01	Vriezenveen (NED)
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25 vlinderslag

1.	Schelvis Femke	84	08-021	13.74	25m	4-5-00	Heemskerk (NED)	540
2.	van Rijn-Hofwegen Wilma	71	08-021	14.72	25m	1-12-13	Vlaardingen (NED)	439
3.	Crok Annemarie	89	08-021	14.93	25m	30-6-11	Heemskerk (NED)	421
4.	Palmboom Nicole	91	08-021	15.02	25m	19-4-07	Heemskerk (NED)	413
5.	van Staveren Marina	78	08-021	15.06	25m	17-11-11	Heemskerk (NED)	410
6.	de Groot Daniëlle	93	08-021	15.10	25m	29-5-08	Heemskerk (NED)	406
7.	Vink Lidewij	90	08-021	15.14	25m	19-4-07	Heemskerk (NED)	403
8.	van der Kroft Nicole	84	08-021	15.23	25m	29-3-01	Heemskerk (NED)	396
9.	Besse Karen	75	08-021	15.30	25m	12-1-89	Heemskerk (NED)	391
9.	Butter Anouk	82	08-021	15.30	25m	29-3-01	Heemskerk (NED)	391
9.	Stins Mariska	84	08-021	15.30	25m	19-4-07	Heemskerk (NED)	391
12.	Schelvis Roos	86	08-021	15.39	25m	29-3-01	Heemskerk (NED)	384
13.	Hulshof Saskia	73	08-021	15.40	25m	31-12-89	Heemskerk (NED)	383
13.	van der Gracht Anouk	89	08-021	15.40	25m	29-5-08	Heemskerk (NED)	383
15.	Meijer Sylvia	81	08-021	15.41	25m	29-3-01	Heemskerk (NED)	382
15.	Hoek Daniëlle	88	08-021	15.41	25m	30-6-11	Heemskerk (NED)	382
17.	de Boer Irene	84	08-021	15.46	25m	29-3-01	Heemskerk (NED)	379
18.	Koster Lisa	94	08-021	15.51	25m	29-5-08	Heemskerk (NED)	375
19.	Vink Marjolein	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)	373
19.	Kleijne Daisy	89	08-021	15.54	25m	30-6-11	Heemskerk (NED)	373
21.	Meijer Linda	77	08-021	15.60	25m	16-5-91	Heemskerk (NED)	369
21.	Kramer Miranda	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)	369
23.	van Rookhuizen Sieta	79	08-021	15.65	25m	4-5-00	Heemskerk (NED)	365
24.	Essers Sanne	91	08-021	15.68	25m	27-4-06	Heemskerk	363
25.	Stam Sabrina	82	08-021	15.70	25m	15-1-98	Heemskerk (NED)	362
25.	Mallon Danique	94	08-021	15.70	25m	30-6-11	Heemskerk (NED)	362
27.	Stam Vanessa	80	08-021	15.80	25m	15-1-98	Heemskerk (NED)	355
28.	Schuyt Simone	75	08-021	15.90	25m	31-12-89	Heemskerk (NED)	348
29.	van Ballegooye Simone	84	08-021	15.96	25m	29-3-01	Heemskerk (NED)	344
30.	Crok Linda	94	08-021	15.98	25m	30-6-11	Heemskerk (NED)	343
31.	Hogema Fabiën	93	08-021	16.21	25m	27-4-06	Heemskerk	328
32.	Boekling Annette	85	08-021	16.33	25m	4-5-00	Heemskerk (NED)	321
33.	Visser Kelly	89	08-021	16.37	25m	4-11-10	Heemskerk (NED)	319
34.	Heus Pauline	78	08-021	16.40	25m	13-2-97	Heemskerk (NED)	317
34.	de Vries Chrissie	93	08-021	16.40	25m	19-4-07	Heemskerk (NED)	317
36.	Teufer Irene	96	08-021	16.45	25m	19-4-07	Heemskerk (NED)	314
37.	Groen Anne	95	08-021	16.50	25m	30-6-11	Heemskerk (NED)	311
38.	Visser Stacey	87	08-021	16.59	25m	29-3-01	Heemskerk (NED)	306
39.	Moolevliet Petra	82	08-021	16.60	25m	8-2-96	Heemskerk (NED)	306
40.	Limmen Karin	76	08-021	16.70	25m	16-6-93		300
41.	Deiman Caroline	67	08-021	16.90	25m	12-1-89	Heemskerk (NED)	290
42.	van der Geest Saskia	73	08-021	17.00	25m	12-1-89	Heemskerk (NED)	285
43.	Oudendijk Bianca	79	08-021	17.10	25m	8-2-96	Heemskerk (NED)	280
44.	Rodenburg Rianne	93	08-021	17.18	25m	27-4-06	Heemskerk	276
45.	Niessen Iris	92	08-021	17.32	25m	29-5-08	Heemskerk (NED)	269
46.	de Ruijter Linda	87	08-021	17.37	25m	17-11-11	Heemskerk (NED)	267
47.	Regelink Anneke	83	08-021	17.52	25m	25-3-99	Heemskerk (NED)	260
48.	Dijkstra Lisette	86	08-021	17.60	25m	15-1-98	Heemskerk (NED)	257
48.	Krouwels Tanja	79	08-021	17.60	25m	15-1-98	Heemskerk (NED)	257
50.	Bruin Marianne	78	08-021	17.80	25m	16-5-91	Heemskerk (NED)	248
51.	van Velsen Patricia	79	08-021	18.00	25m	8-2-96	Heemskerk (NED)	240
51.	Cappelle Carlijn	82	08-021	18.00	25m	15-1-98	Heemskerk (NED)	240
51.	Vredenburg Roos	95	08-021	18.00	25m	29-5-08	Heemskerk (NED)	240

25 vlinderslag (sinds 54)

54.	Smit Lydia	84	08-021	18.08	25m	25-3-99	Heemskerk (NED)	237
55.	Hommersen Sandra	84	08-021	18.13	25m	25-3-99	Heemskerk (NED)	235
56.	Ivens Suzanne	99	08-021	18.16	25m	30-6-11	Heemskerk (NED)	233
57.	de Vries Justine	83	08-021	18.20	25m	13-2-97	Heemskerk (NED)	232
58.	Petit Kirsten	00	08-021	18.22	25m	30-6-11	Heemskerk (NED)	231
59.	Zonneveld Cindy	75	08-021	18.30	25m	12-1-89	Heemskerk (NED)	228
60.	Bakker Jesca	79	08-021	18.40	25m	31-12-89	Heemskerk (NED)	224
61.	ten Cate Ilona	85	08-021	18.43	25m	29-5-08	Heemskerk (NED)	223
62.	Hoek Laura	86	08-021	18.50	25m	4-5-00	Heemskerk (NED)	221
63.	Nijman José	93	08-021	18.59	25m	19-4-07	Heemskerk (NED)	218
63.	ten Cate Joyce	80	08-021	18.59	25m	17-11-11	Heemskerk (NED)	218
65.	Koopman Anitra	89	08-021	18.66	25m	29-3-01	Heemskerk (NED)	215
66.	van Kooten Cynthia	93	08-021	18.67	25m	19-4-07	Heemskerk (NED)	215
67.	Bruin Adri	74	08-021	18.70	25m	12-1-89	Heemskerk (NED)	214
67.	van Honk Chantal	80	08-021	18.70	25m	16-5-91	Heemskerk (NED)	214
69.	Buur Naomi	01	08-021	18.78	25m	17-11-11	Heemskerk (NED)	211
70.	Lindelauf Priscilla	85	08-021	18.87	25m	29-3-01	Heemskerk (NED)	208
71.	van Putten Demi	96	08-021	18.89	25m	30-6-11	Heemskerk (NED)	207
72.	Bos Chantal	74	08-021	18.90	25m	12-1-89	Heemskerk (NED)	207
73.	Zonneveld Chantal	84	08-021	19.00	25m	15-1-98	Heemskerk (NED)	204
74.	van Ballegooie Stefanie	86	08-021	19.04	25m	4-5-00	Heemskerk (NED)	202
75.	Limmen Miriam	75	08-021	19.20	25m	31-12-89	Heemskerk (NED)	197
75.	de Boer Angela	80	08-021	19.20	25m	16-3-95	Heemskerk (NED)	197
77.	Zwarthoed Brenda	96	08-021	19.22	25m	19-4-07	Heemskerk (NED)	197
78.	Molenaar Eline	82	08-021	19.32	25m	25-3-99	Heemskerk (NED)	194
79.	de Boer Claudia	77	08-021	19.40	25m	31-12-89	Heemskerk (NED)	191
79.	Dijkstra Maud	84	08-021	19.40	25m	5-3-98	Heemskerk (NED)	191
81.	de Groot Linda	81	08-021	19.50	25m	8-2-96	Heemskerk (NED)	188
82.	Huneker Jolanda	79	08-021	19.60	25m	5-3-98	Heemskerk (NED)	186
83.	de Haan Shira	00	08-021	19.62	25m	30-6-11	Heemskerk (NED)	185
84.	Limmen Anita	78	08-021	19.80	25m	17-6-93	Heemskerk (NED)	180
85.	Hoekstra Eline	03	08-021	19.97	25m	13-12-12	Heemskerk (NED)	175
86.	Koper Ella	90	08-021	20.22	25m	27-4-06	Heemskerk	169
87.	Koper Birgit	87	08-021	20.28	25m	27-4-06	Heemskerk	167
88.	Beentjes Nicolet	80	08-021	20.62	25m	25-3-99	Heemskerk (NED)	159
89.	Bakker Daniëlle	96	08-021	20.63	25m	29-5-08	Heemskerk (NED)	159
90.	Liefting Sarina	93	08-021	20.80	25m	27-4-06	Heemskerk	155
91.	Zonneveld Monica	80	08-021	21.10	25m	16-6-93		149
92.	Stel Kaylin	01	08-021	21.13	25m	3-1-10	Culemborg (NED)	148
93.	Copier Alyssa	04	08-021	21.15	25m	13-4-14	Zaandam (NED)	148
94.	Hoogervorst Marlon	84	08-021	21.20	25m	15-12-94	Heemskerk (NED)	147
95.	Dekker Danyk	94	08-021	21.39	25m	29-5-08	Heemskerk (NED)	143
96.	Mulder Amy	80	08-021	21.50	25m	16-6-93		140
97.	de Vriend Sofie	01	08-021	21.64	25m	30-6-11	Heemskerk (NED)	138
98.	Splinter Nathalie	75	08-021	21.70	25m	12-1-89	Heemskerk (NED)	137
99.	Viel Bianca	85	08-021	21.74	25m	25-3-99	Heemskerk (NED)	136
100.	van der Wijden Eline	88	08-021	21.90	25m	22-3-01	Heemskerk (NED)	133
101.	Dijkstra Janet	77	08-021	22.00	25m	12-1-89	Heemskerk (NED)	131
101.	Besse Meta	78	08-021	22.00	25m	31-12-89	Heemskerk (NED)	131
101.	van der Eng Laura	80	08-021	22.00	25m	8-2-96	Heemskerk (NED)	131
104.	Nijman Linda	89	08-021	22.16	25m	29-3-01	Heemskerk (NED)	128
105.	van Koeveringe Nicole	93	08-021	22.30	25m	27-4-06	Heemskerk	126
106.	van Rijn Sydney	03	08-021	22.62	25m	13-4-14	Zaandam (NED)	121

25 vlinderslag (sinds 107)

107.	Steenkamp Ciska	90	08-021	22.71	25m	4-5-00	Heemskerk (NED)	119
108.	Elghandor Kiyaan	03	08-021	22.85	25m	13-4-14	Zaandam (NED)	117
109.	Mosch Sabina	84	08-021	22.90	25m	6-2-97	Heemskerk (NED)	116
110.	Knight Kayleigh	00	08-021	23.11	25m	30-6-11	Heemskerk (NED)	113
111.	Sobh Shaime	03	08-021	23.17	25m	13-4-14	Zaandam (NED)	112
112.	Snijder Femke	83	08-021	23.20	25m	24-3-94	Heemskerk (NED)	112
113.	Doodeman Sara	00	08-021	23.23	25m	4-11-10	Heemskerk (NED)	111
114.	van Sikkelerus Lisa	99	08-021	23.24	25m	30-6-11	Heemskerk (NED)	111
115.	de Laat Anita	75	08-021	23.40	25m	22-3-88	Heemskerk (NED)	109
115.	van Leen Cynthia	81	08-021	23.40	25m	8-2-96	Heemskerk (NED)	109
117.	van Huisstede Nikita	01	08-021	23.47	25m	17-11-11	Heemskerk (NED)	108
118.	Rodenburg Kyra	96	08-021	23.51	25m	27-4-06	Heemskerk	107
119.	Koper Fiona	01	08-021	23.79	25m	30-6-11	Heemskerk (NED)	104
120.	Werdekker Marjolein	81	08-021	23.80	25m	13-2-97	Heemskerk (NED)	103
121.	Bakker Lisette	83	08-021	24.00	25m	13-2-97	Heemskerk (NED)	101
122.	Koper Selma	03	08-021	24.25	25m	20-1-13	Heemskerk (NED)	98
123.	Blaauw Yente	03	08-021	24.46	25m	13-12-12	Heemskerk (NED)	95
124.	de Wildt Maud	05	08-021	24.56	25m	30-10-14	Heemskerk (NED)	94
125.	Heus Inge	81	08-021	24.80	25m	16-5-91	Heemskerk (NED)	91
126.	Renkema Iris	04	08-021	24.96	25m	20-1-13	Heemskerk (NED)	90
127.	de Boer Maia	03	08-021	25.21	25m	13-4-14	Zaandam (NED)	87
128.	Beeksma Anne	88	08-021	25.27	25m	29-3-01	Heemskerk (NED)	86
129.	Scholten Britt	04	08-021	25.32	25m	13-12-12	Heemskerk (NED)	86
130.	Veldhuis Amelia	03	08-021	25.44	25m	13-4-14	Zaandam (NED)	85
131.	Dijkstra Pascal	89	08-021	25.54	25m	25-3-99	Heemskerk (NED)	84
132.	Pezo Adna	90	08-021	25.72	25m	25-3-01	Heerhugowaard (NED)	82
133.	Zijlstra Mariëlle	83	08-021	25.80	25m	27-4-95	Heemskerk (NED)	81
134.	Werdekker Esther	83	08-021	25.90	25m	13-2-97	Heemskerk (NED)	80
134.	Potemans Priscilla	84	08-021	25.90	25m	15-1-98	Heemskerk (NED)	80
136.	Welboren Julia	00	08-021	26.18	25m	17-11-11	Heemskerk (NED)	78
137.	Martens Priscilla	85	08-021	26.20	25m	20-3-97	Heemskerk (NED)	77
137.	Schelvis Liselot	92	08-021	26.20	25m	10-3-02	Heemskerk	77
139.	Geurtsen Daisy	89	08-021	26.24	25m	29-3-01	Heemskerk (NED)	77
140.	Kerkhoven Michelle	91	08-021	26.35	25m	29-3-01	Heemskerk (NED)	76
141.	Schijf Irene	83	08-021	26.40	25m	16-3-95	Heemskerk (NED)	76
142.	van Noort Jony	85	08-021	26.50	25m	16-3-95	Heemskerk (NED)	75
143.	Boonstra Esmé	02	08-021	26.52	25m	13-12-12	Heemskerk (NED)	75
144.	Kesting Alexandra	00	08-021	26.70	25m	4-11-10	Heemskerk (NED)	73
144.	Wieman Lianne	03	08-021	26.70	25m	13-4-14	Zaandam (NED)	73
146.	Huisman Lianne	87	08-021	26.80	25m	18-1-01	Heemskerk (NED)	72
147.	Cappelle Marcella	85	08-021	26.90	25m	13-2-97	Heemskerk (NED)	71
148.	de Roode Xara	08	08-021	26.95	25m	29-11-18	Heemskerk (NED)	71
149.	Buur Cindy	99	08-021	26.96	25m	30-6-11	Heemskerk (NED)	71
150.	van den Braber Liesbeth	84	08-021	27.00	25m	15-1-98	Heemskerk (NED)	71
151.	van den Heuvel Sandra	80	08-021	27.20	25m	2-11-89	Heemskerk (NED)	69
151.	Rijkema Marije	85	08-021	27.20	25m	15-1-98	Heemskerk (NED)	69
153.	Grul Lisanne	97	08-021	27.45	25m	29-5-08	Heemskerk (NED)	67
154.	Bovekerk Annefleur	99	08-021	27.49	25m	28-3-10	Hoom (NED)	67
155.	Bakker Anna	97	08-021	27.79	25m	29-5-08	Heemskerk (NED)	65
156.	Eijndhoven Jonna	02	08-021	27.92	25m	13-12-12	Heemskerk (NED)	64
157.	Liefting Mariëlle	90	08-021	28.29	25m	29-3-01	Heemskerk (NED)	61
158.	de Boer Isabel	06	08-021	28.44	25m	18-1-15	Zaandam (NED)	60
159.	Zonneveld Jennifer	88	08-021	29.08	25m	29-3-01	Heemskerk (NED)	56

25 vlinderslag (sinds 160)

160.	Wentink Yara	04	08-021	29.61	25m	13-4-14	Zaandam (NED)	53
161.	Janssen Tess	89	08-021	30.40	25m	15-1-98	Heemskerk (NED)	49
162.	Schut Bodine	09	08-021	31.63	25m	29-11-18	Heemskerk (NED)	44
163.	Zuidervaart Anne	02	08-021	32.03	25m	22-1-12	Zaandam (NED)	42
164.	Salido Keesje	05	08-021	32.36	25m	30-10-14	Heemskerk (NED)	41
165.	Stoker Ianthe	84	08-021	32.70	25m	20-3-97	Heemskerk (NED)	40
166.	Hol Manouk	05	08-021	33.08	25m	30-10-14	Heemskerk (NED)	38
167.	Hoeksema Kim	90	08-021	33.77	25m	29-3-01	Heemskerk (NED)	36

50 vlinderslag

1.	Kingma Danae	00	08-021	29.36	25m	20-10-17	Amsterdam (NED)	572
2.	Broek Jade	97	08-021	30.60	25m	10-12-15	Heemskerk (NED)	505
3.	Schelvis Femke	84	08-021	30.83	25m	17-10-99	Zaandam (NED)	494
4.	Hoekstra Eline	03	08-021	31.61	25m	25-11-18	Hoofddorp (NED)	458
5.	Palmboom Nicole	91	08-021	31.78	50m	12-4-08	Antwerpen (BEL)	454
6.	de Haan Shira	00	08-021	31.88	50m	28-5-17	Alkmaar (NED)	450
7.	van der Gracht Anouk	89	08-021	31.89	25m	12-12-13	Heemskerk (NED)	446
8.	van de Poll Marianne	89	08-021	32.31	25m	4-4-04	Zaandam	429
9.	Smit Sanne	01	08-021	32.36	25m	29-11-18	Heemskerk (NED)	427
10.	Crok Annemarie	89	08-021	32.37	25m	17-11-11	Heemskerk (NED)	427
11.	Siemerink Laura	04	08-021	32.38	25m	25-11-18	Hoofddorp (NED)	426
12.	Drubers Mirjam	67	08-021	32.50	25m	10-11-85		422
13.	Wentink Yara	04	08-021	32.53	25m	1-7-18	Den Helder (NED)	420
14.	Groen Anne	95	08-021	32.57	25m	12-2-17	Purmerend (NED)	419
15.	Vink Lidewij	90	08-021	32.65	25m	5-3-06	Purmerend (NED)	416
16.	van der Kroft Nicole	84	08-021	32.95	25m	18-12-03	Heemskerk (NED)	405
17.	Verbree Bets	63	08-021	33.00	25m	17-5-81	Castricum (NED)	403
18.	Teufer Irene	96	08-021	33.06	50m	12-4-08	Antwerpen (BEL)	403
18.	Hoek Daniëlle	88	08-021	33.06	25m	19-2-12	Purmerend (NED)	401
20.	van Staveren Marina	78	08-021	33.15	25m	22-3-12	Heemskerk (NED)	397
21.	Koper Fiona	01	08-021	33.19	25m	18-1-18	Heemskerk (NED)	396
22.	Stam Vanessa	80	08-021	33.30	25m	24-5-98	Zaandam (NED)	392
23.	de Groot Daniëlle	93	08-021	33.34	25m	29-12-07	Maastricht (NED)	391
24.	Mallon Danique	94	08-021	33.41	25m	23-5-10	Purmerend (NED)	388
25.	Essers Sanne	91	08-021	33.72	25m	28-12-07	Maastricht (NED)	377
26.	Kleijne Daisy	89	08-021	33.96	25m	15-3-09	Haarlem (NED)	369
27.	Crok Linda	94	08-021	34.09	25m	12-6-11	Purmerend (NED)	365
28.	Besse Karen	75	08-021	34.10	25m	24-2-94	Heemskerk (NED)	365
28.	Butter Anouk	82	08-021	34.10	25m	17-1-10	Amsterdam-oost (NED)	365
30.	Stins Mariska	84	08-021	34.23	25m	30-11-00	Heemskerk (NED)	361
31.	ten Bokkel Henriëke	94	08-021	34.32	25m	12-4-18	Heemskerk (NED)	358
32.	Visser Kelly	89	08-021	34.34	25m	17-3-02	Zaandam	357
33.	de Boer Irene	84	08-021	34.53	25m	30-11-00	Heemskerk (NED)	351
34.	Jongema Helena	80	08-021	34.59	25m	4-5-08	Winterswijk (NED)	350
35.	Meijer Linda	77	08-021	34.60	25m	24-4-93		349
36.	Koster Lisa	94	08-021	34.65	25m	10-2-08	Purmerend (NED)	348
37.	Schelvis Roos	86	08-021	34.67	25m	30-11-00	Heemskerk (NED)	347
38.	Buur Naomi	01	08-021	34.78	25m	15-2-15	Purmerend (NED)	344
39.	Hulshof Saskia	73	08-021	34.80	25m	14-12-89	Heemskerk (NED)	343
39.	Spijker Kristel	84	08-021	34.80	50m	9-5-10	Eindhoven (NED)	345
41.	Stam Sabrina	82	08-021	34.90	25m	18-1-98	Zuidoost Beemster (NED)	340
42.	Veldhuis Amelia	03	08-021	34.98	25m	29-11-18	Heemskerk (NED)	338

50 vlinderslag (sinds 43)

43.	Vink Marjolein	93	08-021	35.07	25m	8-3-09	Purmerend (NED)	335
44.	Kramer Miranda	80	08-021	35.09	25m	31-1-02	Heemskerk	335
45.	Meijer Sylvia	81	08-021	35.20	25m	26-1-97	Zuidoost Beemster (NED)	332
46.	Petit Kirsten	00	08-021	35.31	25m	10-12-15	Heemskerk (NED)	329
47.	Koopman Anitra	89	08-021	35.36	25m	5-6-05	Alkmaar (NED)	327
48.	de Groot Gitta	60	08-021	35.80	25m	23-10-77	Zandvoort (NED)	315
49.	van Rookhuizen Sieta	79	08-021	35.93	25m	17-10-99	Zaandam (NED)	312
50.	van Ballegooie Simone	84	08-021	36.00	25m	9-4-98	Heemskerk (NED)	310
51.	Scholten Britt	04	08-021	36.21	25m	10-12-17	Zaandam (NED)	305
52.	Zwaan Melissa	91	08-021	36.29	25m	28-12-03	Maastricht (NED)	303
53.	Zwarthoed Brenda	96	08-021	36.36	25m	9-3-08	Heemskerk (NED)	301
54.	Schuyt Simone	75	08-021	36.40	25m	1-11-89		300
54.	Moolevliet Petra	82	08-021	36.40	25m	16-9-94		300
56.	Zonneveld Chantal	84	08-021	36.49	25m	31-1-02	Heemskerk	298
57.	van Giezen Sandra	63	08-021	36.60	25m	28-10-84	Egmond (NED)	295
57.	Dijkstra Lisette	86	08-021	36.60	25m	7-5-98	Heemskerk (NED)	295
59.	Boekling Annette	85	08-021	36.65	25m	31-1-02	Heemskerk	294
60.	Hogema Fabiën	93	08-021	36.68	25m	11-3-07	Purmerend (NED)	293
61.	van Duin Margret	60	08-021	37.00	25m	23-10-77	Zandvoort (NED)	286
62.	van 't Veer Iris	03	08-021	37.12	25m	18-1-18	Heemskerk (NED)	283
63.	Renkema Iris	04	08-021	37.17	25m	9-10-16	Alkmaar (NED)	282
64.	Stel Serena	98	08-021	37.21	25m	18-4-10	Zaandam (NED)	281
65.	Visser Stacey	87	08-021	37.23	25m	3-12-00	Zaandam (NED)	280
66.	Windmuller Wendy	69	08-021	37.30	25m	11-10-81	Heemskerk (NED)	279
66.	de Graaf Annemiek	70	08-021	37.30	25m	21-5-87	Heemskerk (NED)	279
66.	Oudendijk Bianca	79	08-021	37.30	25m	11-1-96	Heemskerk (NED)	279
69.	de Ruijter Linda	87	08-021	37.35	25m	22-12-02	Zaandam	278
70.	van Rijn Sydney	03	08-021	37.58	25m	18-1-18	Heemskerk (NED)	273
71.	Heus Pauline	78	08-021	37.60	25m	23-1-97	Heemskerk	272
72.	van Eerden Meike	00	08-021	37.75	25m	29-11-18	Heemskerk (NED)	269
73.	Blaauw Yente	03	08-021	37.76	25m	29-11-18	Heemskerk (NED)	269
74.	Limmen Karin	76	08-021	37.80	25m	24-4-93		268
75.	Vredenburg Roos	95	08-021	37.95	25m	23-5-10	Purmerend (NED)	265
76.	Niesten Iris	92	08-021	38.06	25m	30-10-08	Heemskerk (NED)	262
77.	van der Geest Saskia	73	08-021	38.10	25m	14-12-88		262
78.	van der Horst Sacha	69	08-021	38.20	25m	28-10-84	Egmond (NED)	259
79.	Zonneveld Cindy	75	08-021	38.50	25m	13-5-93	Heemskerk (NED)	253
80.	Deiman Caroline	67	08-021	38.80	25m	1-11-89		248
80.	Krouwels Tanja	79	08-021	38.80	25m	11-12-97	Heemskerk (NED)	248
82.	van Langelaar Tessa	97	08-021	38.85	25m	13-12-12	Heemskerk (NED)	247
83.	Tholen Kirsten	66	08-021	38.90	25m	17-5-81	Castricum (NED)	246
84.	Plokker Sylvia	68	08-021	39.10	25m	17-5-81	Castricum (NED)	242
85.	van Honk Chantal	80	08-021	39.30	25m	12-5-93		238
86.	de Boer Maia	03	08-021	39.43	25m	29-11-18	Heemskerk (NED)	236
87.	van Koevinge Nicole	93	08-021	39.46	25m	13-4-09	Haarlem (NED)	235
88.	Hofland Yasmin	01	08-021	39.62	25m	4-2-18	Purmerend (NED)	233
89.	Rodenburg Rianne	93	08-021	39.82	25m	23-4-06	Zaandam (NED)	229
89.	ten Cate Ilona	85	08-021	39.82	25m	23-4-06	Zaandam (NED)	229
91.	van Huisstede Nikita	01	08-021	39.95	25m	10-12-15	Heemskerk (NED)	227
92.	van Ballegooie Stefanie	86	08-021	40.12	25m	30-11-00	Heemskerk (NED)	224
93.	de Vriend Sofie	01	08-021	40.35	25m	19-5-13	Purmerend (NED)	220
93.	Knight Kayleigh	00	08-021	40.35	25m	17-4-17	Haarlem (NED)	220
95.	Ivens Suzanne	99	08-021	40.41	25m	30-10-14	Heemskerk (NED)	219

50 vlinderslag (sinds 96)

96.	Hommersen Sandra	84	08-021	40.60	25m	22-3-98	Assendelft (NED)	216
97.	Angenent Nienke	01	08-021	40.68	25m	18-1-15	Zaandam (NED)	215
98.	Bos Marieke	06	08-021	40.82	25m	10-12-17	Zaandam (NED)	213
99.	Venema Jalina	04	08-021	40.88	25m	17-11-16	Heemskerk (NED)	212
100.	Bruin Marianne	78	08-021	40.90	25m	9-1-91		211
101.	Bakker Jesca	79	08-021	41.10	25m	17-12-89	Heemstede (NED)	208
102.	Buur Cindy	99	08-021	41.16	25m	17-11-16	Heemskerk (NED)	207
103.	Munnik Yvonne	64	08-021	41.20	25m	22-1-78	Zaandam (NED)	207
104.	Grul Lisanne	97	08-021	41.36	25m	13-12-12	Heemskerk (NED)	204
105.	Bruin Adri	74	08-021	41.40	25m	15-12-88	Heemskerk (NED)	204
106.	Nijholt Carin	60	08-021	41.50	25m	23-10-77	Zandvoort (NED)	202
107.	Bouwman Esther	63	08-021	41.70	25m	27-11-77	IJmuiden (NED)	199
107.	Windmuller Annemarie	67	08-021	41.70	25m	9-9-79	Wormerveer (NED)	199
107.	Cappelle Carlijn	82	08-021	41.70	25m	23-3-97	Volendam (NED)	199
110.	Niesten Annet	62	08-021	41.80	25m	27-11-77	IJmuiden (NED)	198
110.	de Boer Angela	80	08-021	41.80	25m	17-9-94	Hoogland (NED)	198
112.	ten Cate Joyce	80	08-021	41.94	25m	18-2-10	Heemskerk (NED)	196
113.	de Wildt Maud	05	08-021	41.97	25m	4-11-18	Alkmaar (NED)	196
114.	van Vliet Isabel	02	08-021	42.01	25m	18-1-18	Heemskerk (NED)	195
115.	Regelink Anneke	83	08-021	42.06	25m	25-11-99	Heemskerk	194
116.	Dijkstra Ingrid	68	08-021	42.20	25m	11-10-81	Heemskerk (NED)	192
116.	van Giezen Wendy	70	08-021	42.20	25m	21-3-82		192
118.	van Velsen Patricia	79	08-021	42.30	25m	24-4-94	Zaandam (NED)	191
118.	de Vries Justine	83	08-021	42.30	25m	23-3-97	Volendam (NED)	191
120.	Molenaar Eline	82	08-021	42.46	25m	14-11-99	Zaandam (NED)	189
120.	de Vries Chrissie	93	08-021	42.46	25m	15-12-05	Heemskerk (NED)	189
122.	Limmen Miriam	75	08-021	42.50	25m	1-11-89		188
122.	Oosterveen Yvonne	80	08-021	42.50	25m	24-4-93		188
124.	Hermans Liesbeth	66	08-021	42.60	25m	11-4-81	Heemskerk (NED)	187
125.	Horst Diana	67	08-021	42.70	25m	11-10-81	Heemskerk (NED)	186
126.	Palthe Yvonne	67	08-021	42.90	25m	17-5-81	Castricum (NED)	183
127.	Huisman Caroline	64	08-021	43.00	25m	22-1-78	Zaandam (NED)	182
127.	Lindelauf Priscilla	85	08-021	43.00	25m	27-9-98	Assendelft (NED)	182
129.	Meesters Audrey	90	08-021	43.07	25m	27-4-03	Zaandam	181
130.	de Boer Claudia	77	08-021	43.10	25m	10-1-91	Heemskerk (NED)	180
131.	Sminia Vinny	89	08-021	43.15	25m	30-3-06	Heemskerk (NED)	180
132.	Nijman José	93	08-021	43.39	25m	27-10-07	Barneveld (NED)	177
133.	Bos Chantal	74	08-021	43.60	25m	14-12-88		174
133.	de Groot Linda	81	08-021	43.60	25m	14-11-99	Zaandam (NED)	174
135.	Rodenburg Kyra	96	08-021	43.87	25m	24-11-05	Heemskerk (NED)	171
136.	van Leeuwen Andrea	71	08-021	43.90	25m	16-1-83	Heemskerk (NED)	171
137.	de Wolff Isabel	01	08-021	43.98	25m	17-11-16	Heemskerk (NED)	170
138.	Ardicyaka Irem	06	08-021	43.99	25m	29-11-18	Heemskerk (NED)	170
139.	Huneker Jolanda	79	08-021	44.00	25m	23-1-97	Heemskerk	170
139.	Schaefer Lisa	06	08-021	44.00	25m	29-11-18	Heemskerk (NED)	170
141.	Liefting Sarina	93	08-021	44.34	25m	30-12-06	Hoor (NED)	166
142.	Limmen Anita	78	08-021	44.40	25m	12-5-93		165
143.	van Sikkelerus Lisa	99	08-021	44.49	25m	26-4-12	Heemskerk (NED)	164
144.	Zonneveld Melissa	88	08-021	44.62	25m	23-12-04	Heemskerk (NED)	163
145.	de Graaf Isabella	04	08-021	44.64	25m	15-10-17	Alkmaar (NED)	162
146.	van Galen Angela	65	08-021	44.70	25m	11-4-81	Heemskerk (NED)	162
146.	de Vries Cathy	77	08-021	44.70	25m	13-6-91	Heemskerk (NED)	162
146.	Dijkstra Maud	84	08-021	44.70	25m	11-12-97	Heemskerk (NED)	162

50 vlinderslag (sinds 149)

149.	Visser Shana	04	08-021	44.97	25m	18-1-18	Heemskerk (NED)	159
150.	Hoek Laura	86	08-021	45.08	25m	14-11-99	Zaandam (NED)	158
151.	van Putten Demi	96	08-021	45.15	25m	4-11-10	Heemskerk (NED)	157
152.	Mosch Sabina	84	08-021	45.30	50m	25-10-98	Beverwijk (NED)	156
153.	Raszinski Nienke	01	08-021	45.52	25m	19-1-14	Zaandam (NED)	153
154.	van Assema Eline	05	08-021	45.59	25m	29-11-18	Heemskerk (NED)	152
155.	van Kooten Cynthia	93	08-021	45.62	25m	15-12-05	Heemskerk (NED)	152
156.	Sierra Ana Maria	69	08-021	45.70	25m	11-10-81	Heemskerk (NED)	151
156.	Peters Yvonne	63	08-021	45.70	25m	28-10-84	Egmond (NED)	151
156.	Huisman Jolanda	68	08-021	45.70	25m	28-10-84	Egmond (NED)	151
159.	de Graaf Dinie	71	08-021	45.80	25m	16-1-83	Heemskerk (NED)	150
160.	Nemchonok Alisa	82	08-021	45.87	25m	24-1-99	Assendelft (NED)	150
161.	Zonneveld Monica	80	08-021	46.00	25m	17-11-93		148
162.	Besse Meta	78	08-021	46.10	25m	10-1-91	Heemskerk (NED)	147
163.	Essers Patricia	84	08-021	46.16	25m	14-11-99	Zaandam (NED)	147
164.	Missot Gonda	66	08-021	46.20	25m	12-2-78	Heemskerk (NED)	146
165.	Buitenhuis Danine	91	08-021	46.22	25m	19-12-02	Heemskerk	146
166.	Beeksma Anne	88	08-021	46.25	25m	31-1-02	Heemskerk	146
167.	Stel Kaylin	01	08-021	46.44	25m	6-6-10	Zaandam (NED)	144
168.	Martens landra	03	08-021	46.52	25m	29-3-15	Zaandam (NED)	143
169.	Bakker Daniëlle	96	08-021	46.54	25m	9-3-08	Heemskerk (NED)	143
169.	Bakker Anna	97	08-021	46.54	25m	9-3-08	Heemskerk (NED)	143
171.	de Groot Marlijn	92	08-021	46.55	25m	14-5-05	Zuidoost-Beemster (NED)	143
172.	Sobh Shaime	03	08-021	46.67	25m	10-12-15	Heemskerk (NED)	142
173.	van Baar Monique	73	08-021	47.20	25m	15-12-88	Heemskerk (NED)	137
173.	Dijkstra Janet	77	08-021	47.20	25m	17-11-93		137
173.	van Leen Cynthia	81	08-021	47.20	25m	14-3-96	Heemskerk (NED)	137
176.	Mulder Amy	80	08-021	47.30	25m	18-11-93	Heemskerk	136
177.	van de Kamp Yvonne	65	08-021	47.50	25m	11-4-81	Heemskerk (NED)	135
178.	Hoogervorst Marlon	84	08-021	47.70	25m	24-11-94	Heemskerk (NED)	133
179.	van der Horst Wendy	72	08-021	48.00	25m	16-1-83	Heemskerk (NED)	131
180.	van den Braber Liesbeth	84	08-021	48.04	25m	27-9-98	Assendelft (NED)	130
181.	Beentjes Nicolet	80	08-021	48.60	25m	27-9-98	Assendelft (NED)	126
182.	Pover Karin	67	08-021	48.80	25m	9-9-79	Wormerveer (NED)	124
183.	Wiemans Lianne	03	08-021	48.91	25m	18-1-18	Heemskerk (NED)	123
184.	de Loos Marijke	94	08-021	48.94	25m	25-3-10	Heemskerk (NED)	123
185.	Rijkema Marije	85	08-021	49.35	25m	31-1-02	Heemskerk	120
186.	Dekker Elise	97	08-021	49.52	25m	5-2-06	Zaandam (NED)	119
187.	Smit Lydia	84	08-021	49.68	25m	17-12-98	Heemskerk (NED)	118
188.	Copier Alyssa	04	08-021	50.00	25m	9-6-13	Zaandam (NED)	115
189.	Last Rooske	94	08-021	50.09	25m	9-5-10	Purmerend (NED)	115
190.	Visser Robin	05	08-021	50.18	25m	12-2-17	Purmerend (NED)	114
191.	Gelsumino Giulia	03	08-021	50.36	25m	10-12-15	Heemskerk (NED)	113
192.	Aafjes Suzan	69	08-021	50.50	25m	12-10-80	Wormerveer (NED)	112
193.	Aardenburg Judith	93	08-021	50.51	25m	25-11-04	Heemskerk (NED)	112
194.	Steenkamp Ciska	90	08-021	50.69	25m	11-11-01	Zaandam	111
195.	Potemans Priscilla	84	08-021	51.30	25m	31-8-97	Assendelft (NED)	107
196.	Hoorn Linsey	94	08-021	51.43	50m	17-4-05	Beverwijk (NED)	107
197.	Schelvis Liselot	92	08-021	51.77	25m	14-3-04	Zaandam	104
198.	van der Wijden Eline	88	08-021	51.83	25m	22-2-01	Heemskerk (NED)	104
199.	Bouwer Jolien	89	08-021	51.87	25m	28-2-02	Heemskerk	103
200.	Viel Bianca	85	08-021	51.97	25m	14-11-99	Zaandam (NED)	103
201.	Zeeman Judith	70	08-021	52.00	25m	29-11-81	Zaandam (NED)	103

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202.	Koper Birgit	87	08-021	52.05	25m	27-4-03	Zaandam	102
203.	Cappelle Marcella	85	08-021	52.40	25m	26-10-97	Heemskerk (NED)	100
204.	van der Does Lisa	02	08-021	52.60	25m	30-3-14	Zaandam (NED)	99
205.	Feenstra Petra	71	08-021	53.00	25m	16-1-83	Heemskerk (NED)	97
205.	Werdekker Marjolein	81	08-021	53.00	25m	13-3-97	Heemskerk (NED)	97
207.	Terhorst Ilja	67	08-021	53.10	25m	8-11-80	Heemskerk (NED)	96
208.	van Giezen Corina	68	08-021	53.30	25m	21-9-80	Heemskerk (NED)	95
209.	van Rijn Eline	07	08-021	53.32	25m	17-11-16	Heemskerk (NED)	95
210.	van Perlo Carla	75	08-021	53.50	25m	28-10-84	Egmond (NED)	94
211.	Koopman Jessie	97	08-021	54.12	25m	18-4-10	Zaandam (NED)	91
212.	Bok Femke	74	08-021	54.20	25m	28-10-84	Egmond (NED)	91
213.	Doodeman Sara	00	08-021	54.69	25m	13-2-11	Purmerend (NED)	88
214.	Bakker Lisette	83	08-021	54.80	25m	11-12-97	Heemskerk (NED)	88
215.	Yayli Serina	90	08-021	54.91	25m	1-4-02	Haarlem	87
216.	van den Heuvel Sandra	80	08-021	55.00	25m	3-12-89	Zaandam (NED)	87
217.	de Boer Isabel	06	08-021	55.08	25m	11-6-16	Zaandam (NED)	86
218.	van Giezen Irene	67	08-021	55.40	25m	11-4-81	Heemskerk (NED)	85
219.	Kesting Alexandra	00	08-021	55.57	25m	3-4-11	Zaandam (NED)	84
220.	Koper Ella	90	08-021	55.63	25m	10-3-02	Heemskerk	84
221.	Lensen Sarian	89	08-021	56.24	25m	9-2-03	Zaandam (NED)	81
222.	Rasch Monique	66	08-021	56.50	25m	11-4-81	Heemskerk (NED)	80
223.	Dijkstra Pascal	89	08-021	56.90	25m	22-4-99	Heemskerk (NED)	78
224.	Boonstra Esmé	02	08-021	56.93	25m	7-4-13	Castricum (NED)	78
225.	Zijlstra Mariëlle	83	08-021	57.20	25m	29-10-95	Castricum (NED)	77
226.	Elghandor Kiyaan	03	08-021	57.23	25m	30-3-14	Zaandam (NED)	77
227.	Smit Ingrid	67	08-021	57.40	25m	8-11-80	Heemskerk (NED)	76
228.	Snijder Femke	83	08-021	58.00	25m	12-5-93		74
229.	van der Werf Chily	72	08-021	58.20	25m	16-1-83	Heemskerk (NED)	73
230.	Schijf Irene	83	08-021	58.30	25m	24-11-94	Heemskerk (NED)	73
231.	Liefting Mariëlle	90	08-021	58.95	25m	10-3-02	Heemskerk	70
232.	Hoeksema Kim	90	08-021	59.12	25m	31-1-02	Heemskerk	70
233.	Koper Selma	03	08-021	59.26	25m	21-3-13	Heemskerk (NED)	69
234.	Eijndhoven Jonna	02	08-021	1:00.39	50m	10-6-12	Beverwijk (NED)	66
235.	Beentjes Daphne	91	08-021	1:00.80	25m	19-12-02	Heemskerk	64
236.	Doevendans Phileine	06	08-021	1:01.05	25m	6-3-16	Purmerend (NED)	63
237.	Huisman Lianne	87	08-021	1:01.12	25m	22-2-01	Heemskerk (NED)	63
238.	Salido Keesje	05	08-021	1:01.25	25m	19-2-15	Heemskerk (NED)	63
239.	Hoekstra Karin	76	08-021	1:01.70	25m	21-5-87	Heemskerk (NED)	61
240.	Nijman Linda	89	08-021	1:02.34	25m	25-3-01	Heerhugowaard (NED)	59
241.	Boere Sacha	91	08-021	1:02.39	25m	25-11-04	Heemskerk (NED)	59
242.	Werdekker Esther	83	08-021	1:03.20	25m	14-3-96	Heemskerk (NED)	57
243.	Kerdijk Lianne	81	08-021	1:03.60	25m	4-4-91	Heemskerk (NED)	56
244.	Kerkhoven Michelle	91	08-021	1:03.71	25m	22-2-01	Heemskerk (NED)	56
245.	Doll Maartje	80	08-021	1:03.80	25m	12-5-93		55
246.	Morianner Susanna	72	08-021	1:04.20	25m	20-9-81	Den Helder (NED)	54
247.	van Ederen Jasmijn	10	08-021	1:04.93	25m	29-11-18	Heemskerk (NED)	52
248.	Welboren Julia	00	08-021	1:04.96	25m	9-2-12	Heemskerk (NED)	52
249.	Pezo Adna	90	08-021	1:05.60	50m	27-5-01	Beverwijk (NED)	51
250.	Wiegman Brenda	72	08-021	1:06.40	25m	16-1-83	Heemskerk (NED)	49
251.	Pover Ellen	72	08-021	1:07.00	25m	11-4-81	Heemskerk (NED)	48
252.	Janssen Tess	89	08-021	1:09.33	25m	27-9-98	Assendelft (NED)	43
253.	Stoker Ianthe	84	08-021	1:11.50	25m	23-1-97	Heemskerk	39
254.	van Perlo Ingrid	73	08-021	1:12.90	25m	21-3-82		37

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255.	van Noort Jony	85	08-021	1:18.40	25m	14-3-96	Heemskerk (NED)	30
256.	Zuidervaart Anne	02	08-021	1:19.93	25m	22-3-12	Heemskerk (NED)	28
257.	Kuijper Michelle	91	08-021	1:23.14	25m	22-2-01	Heemskerk (NED)	25

100 vlinderslag

1.	Schelvis Femke	84	08-021	1:08.80	25m	10-10-99	Zaandam (NED)	500
2.	Kingma Danae	00	08-021	1:09.75	25m	12-2-17	Purmerend (NED)	479
3.	Broek Jade	97	08-021	1:10.25	25m	18-2-16	Heemskerk (NED)	469
4.	Drubers Mirjam	67	08-021	1:10.80	25m	31-12-85		458
5.	Smit Sanne	01	08-021	1:11.71	25m	18-11-18	Hoofddorp (NED)	441
6.	Hoekstra Eline	03	08-021	1:12.84	25m	18-11-18	Hoofddorp (NED)	421
7.	Vink Lidewij	90	08-021	1:12.85	25m	10-12-06	Heemskerk (NED)	421
8.	de Groot Daniëlle	93	08-021	1:13.13	25m	25-11-07	Amsterdam (NED)	416
9.	Palmboom Nicole	91	08-021	1:13.63	25m	17-11-07	Barneveld (NED)	407
10.	Mallon Danique	94	08-021	1:13.93	25m	23-5-10	Purmerend (NED)	403
10.	van der Gracht Anouk	89	08-021	1:13.93	25m	9-3-14	Zaandam (NED)	403
12.	Crok Annemarie	89	08-021	1:14.05	25m	29-11-09	Heemskerk (NED)	401
13.	Verbree Bets	63	08-021	1:14.50	25m	7-2-82		393
14.	de Haan Shira	00	08-021	1:14.89	25m	12-2-17	Purmerend (NED)	387
15.	Hoek Daniëlle	88	08-021	1:15.40	25m	9-2-12	Heemskerk (NED)	379
16.	van de Poll Marianne	89	08-021	1:15.65	25m	14-12-03	Heemskerk (NED)	376
17.	Stins Mariska	84	08-021	1:15.83	25m	27-5-04	Heemskerk (NED)	373
18.	Wentink Yara	04	08-021	1:15.94	25m	2-12-18	Zaandam (NED)	371
19.	Teufer Irene	96	08-021	1:16.12	50m	13-4-08	Antwerpen (BEL)	387
20.	Groen Anne	95	08-021	1:16.26	25m	2-2-17	Heemskerk (NED)	367
21.	Stam Vanessa	80	08-021	1:16.60	25m	15-12-96	Heemskerk (NED)	362
22.	Essers Sanne	91	08-021	1:16.69	25m	21-10-07	Zaandam (NED)	361
23.	van der Kroft Nicole	84	08-021	1:16.86	25m	14-1-01	Heemskerk (NED)	358
24.	Besse Karen	75	08-021	1:17.20	25m	24-2-91	Heemskerk (NED)	353
25.	Crok Linda	94	08-021	1:17.58	25m	13-11-16	Purmerend (NED)	348
26.	van Staveren Marina	78	08-021	1:17.69	25m	18-2-12	Heerenveen (NED)	347
27.	Spijker Kristel	84	08-021	1:17.92	25m	13-3-11	Heemskerk (NED)	344
28.	Hulshof Saskia	73	08-021	1:18.90	25m	18-2-89		331
29.	Schelvis Roos	86	08-021	1:18.99	25m	15-4-01	Haarlem (NED)	330
29.	de Boer Irene	84	08-021	1:18.99	25m	16-4-01	Haarlem (NED)	330
31.	Koster Lisa	94	08-021	1:19.44	25m	15-12-07	Heemskerk (NED)	324
32.	Stam Sabrina	82	08-021	1:19.70	25m	6-4-97	Heemskerk (NED)	321
33.	Kleijne Daisy	89	08-021	1:19.75	25m	12-2-06	Zaandam (NED)	321
34.	Siemerink Laura	04	08-021	1:20.19	25m	2-12-18	Zaandam (NED)	315
35.	Kramer Miranda	80	08-021	1:20.35	25m	28-2-02	Heemskerk	313
36.	Butter Anouk	82	08-021	1:20.45	25m	25-3-04	Heemskerk	312
37.	de Groot Gitta	60	08-021	1:21.70	25m	31-12-79		298
38.	Moolevliet Petra	82	08-021	1:21.80	25m	6-4-96	Haarlem (NED)	297
39.	Meijer Linda	77	08-021	1:22.10	25m	27-11-93		294
40.	Vink Marjolein	93	08-021	1:22.18	25m	26-2-09	Heemskerk (NED)	293
41.	Meijer Sylvia	81	08-021	1:22.50	25m	13-4-98	Haarlem (NED)	290
42.	van Ballegooie Simone	84	08-021	1:22.69	25m	11-10-98	Alkmaar (NED)	288
43.	de Ruijter Linda	87	08-021	1:22.80	25m	22-12-02	Zaandam	286
44.	Koopman Anitra	89	08-021	1:22.99	25m	20-2-05	Aalsmeer (NED)	284
45.	van Rookhuizen Sieta	79	08-021	1:23.10	25m	17-1-93	Zaandam	283
46.	van 't Veer Iris	03	08-021	1:23.27	25m	15-2-18	Heemskerk (NED)	282
47.	Plokker Sylvia	68	08-021	1:23.60	25m	31-5-81	Heerhugowaard (NED)	278

100 vlinderslag (sinds 48)

48.	Zonneveld Chantal	84	08-021	1:23.73	25m	28-2-02	Heemskerk	277
49.	Scholten Britt	04	08-021	1:24.06	25m	11-2-18	Zaandam (NED)	274
50.	Visser Stacey	87	08-021	1:24.15	25m	31-5-01	Heemskerk (NED)	273
51.	Windmuller Wendy	69	08-021	1:24.20	25m	12-2-84	Heemskerk (NED)	272
52.	Jongema Helena	80	08-021	1:24.21	25m	16-11-08	Amsterdam-oost (NED)	272
53.	Boekling Annette	85	08-021	1:24.82	25m	28-2-02	Heemskerk	266
54.	de Graaf Annemiek	70	08-021	1:25.20	25m	30-11-86	Heemskerk (NED)	263
54.	van der Geest Saskia	73	08-021	1:25.20	25m	6-12-89		263
56.	Zwaan Melissa	91	08-021	1:25.28	25m	28-12-03	Maastricht (NED)	262
57.	Schuyt Simone	75	08-021	1:25.80	25m	10-3-90		257
58.	Limmen Karin	76	08-021	1:26.30	25m	4-10-92	Assendelft (NED)	253
59.	Oudendijk Bianca	79	08-021	1:26.60	25m	5-11-95	Volendam (NED)	250
60.	Dijkstra Lisette	86	08-021	1:26.80	25m	24-5-98	Zaandam (NED)	249
61.	Buur Naomi	01	08-021	1:26.83	25m	18-2-16	Heemskerk (NED)	248
62.	Vredenburg Roos	95	08-021	1:27.10	25m	20-5-10	Heemskerk (NED)	246
63.	Bruin Marianne	78	08-021	1:27.20	25m	24-2-91	Heemskerk (NED)	245
64.	Petit Kirsten	00	08-021	1:27.26	25m	12-2-17	Purmerend (NED)	245
65.	van Duin Margret	60	08-021	1:27.40	25m	12-2-78	Heemskerk (NED)	243
66.	Bakker Jesca	79	08-021	1:28.50	25m	22-4-90	Heemstede (NED)	234
66.	Visser Kelly	89	08-021	1:28.50	25m	28-2-02	Heemskerk	234
68.	Stel Serena	98	08-021	1:28.51	25m	18-2-10	Heemskerk (NED)	234
69.	Zonneveld Cindy	75	08-021	1:28.60	25m	4-2-93	Heemskerk (NED)	234
70.	Blaauw Yente	03	08-021	1:28.68	25m	15-2-18	Heemskerk (NED)	233
71.	Zwarthoed Brenda	96	08-021	1:28.87	25m	3-2-08	Purmerend (NED)	232
72.	Hogema Fabiën	93	08-021	1:29.44	25m	29-3-07	Heemskerk (NED)	227
73.	Krouwels Tanja	79	08-021	1:29.50	25m	12-2-98	Heemskerk (NED)	227
74.	ten Cate Ilona	85	08-021	1:29.56	25m	16-4-06	Haarlem (NED)	226
75.	Veldhuis Amelia	03	08-021	1:29.64	25m	15-2-18	Heemskerk (NED)	226
76.	Pover Karin	67	08-021	1:29.80	25m	13-3-83	Castricum (NED)	224
77.	Deiman Caroline	67	08-021	1:29.90	25m	6-12-89		224
78.	Hermans Liesbeth	66	08-021	1:30.00	25m	7-2-82		223
79.	van Giezen Sandra	63	08-021	1:30.20	25m	12-2-84	Heemskerk (NED)	221
79.	van Honk Chantal	80	08-021	1:30.20	25m	3-2-93		221
81.	Niesten Iris	92	08-021	1:30.21	50m	6-6-09	Beverwijk (NED)	232
82.	Dijkstra Ingrid	68	08-021	1:30.60	25m	16-1-83	Heemskerk (NED)	218
83.	Tholen Kirsten	66	08-021	1:30.70	25m	24-1-82		218
84.	Koper Fiona	01	08-021	1:30.94	25m	2-2-17	Heemskerk (NED)	216
85.	van Giezen Wendy	70	08-021	1:31.10	25m	27-2-83	Assendelft (NED)	215
86.	Poppema Yvonne	68	08-021	1:31.30	25m	7-10-84	Volendam (NED)	213
87.	van Koeveringe Nicole	93	08-021	1:31.60	25m	26-2-09	Heemskerk (NED)	211
88.	Heus Pauline	78	08-021	1:31.80	25m	6-4-96	Haarlem (NED)	210
89.	Peters Yvonne	63	08-021	1:32.20	25m	7-2-88	Heemskerk (NED)	207
90.	de Boer Claudia	77	08-021	1:32.30	25m	4-4-91	Heemskerk (NED)	207
91.	Hofland Yasmin	01	08-021	1:32.34	25m	4-2-18	Purmerend (NED)	206
92.	van Giezen Irene	67	08-021	1:32.50	25m	13-3-83	Castricum (NED)	205
93.	Renkema Iris	04	08-021	1:32.76	25m	1-10-17	Purmerend (NED)	204
94.	van Eerden Meike	00	08-021	1:33.12	25m	18-2-16	Heemskerk (NED)	201
95.	van der Horst Sacha	69	08-021	1:33.40	25m	23-9-84	Heemskerk (NED)	199
95.	Cappelle Carlijn	82	08-021	1:33.40	25m	6-4-97	Heemskerk (NED)	199
97.	Hommersen Sandra	84	08-021	1:33.86	25m	11-10-98	Alkmaar (NED)	196
98.	de Boer Angela	80	08-021	1:34.70	25m	27-4-95	Heemskerk (NED)	191
99.	Rodenburg Rianne	93	08-021	1:35.06	25m	17-4-06	Haarlem (NED)	189
100.	Nijholt Carin	60	08-021	1:35.20	25m	13-4-80	Zaandam (NED)	188

100 vlinderslag (sinds 101)

101.	de Boer Maia	03	08-021	1:35.28	25m	15-2-18	Heemskerk (NED)	188
102.	ten Cate Joyce	80	08-021	1:35.29	25m	26-2-09	Heemskerk (NED)	188
103.	Besse Meta	78	08-021	1:35.30	25m	29-11-92	Heemskerk (NED)	188
104.	Bruin Adri	74	08-021	1:35.40	25m	30-9-89		187
105.	Lindelauf Priscilla	85	08-021	1:35.49	25m	17-2-00	Heemskerk (NED)	187
106.	de Vries Justine	83	08-021	1:35.80	25m	13-3-97	Heemskerk (NED)	185
107.	van Ballegooie Stefanie	86	08-021	1:36.26	25m	18-11-01	Heemskerk	182
108.	de Wildt Maud	05	08-021	1:36.46	25m	7-10-18	Purmerend (NED)	181
109.	Missot Gonda	66	08-021	1:36.50	25m	28-10-79	Heerhugowaard (NED)	181
110.	Venema Jalina	04	08-021	1:36.61	25m	2-2-17	Heemskerk (NED)	180
111.	de Groot Linda	81	08-021	1:36.79	25m	23-4-00	Haarlem (NED)	179
112.	Walraven Annet	62	08-021	1:36.90	25m	4-10-80	Heemskerk (NED)	178
112.	Palthe Yvonne	67	08-021	1:36.90	25m	18-10-81	Heemskerk (NED)	178
114.	Huneker Jolanda	79	08-021	1:36.96	25m	17-1-99	Heemskerk (NED)	178
115.	Molenaar Eline	82	08-021	1:37.06	25m	20-2-00	Assendelft (NED)	178
116.	van Galen Angela	65	08-021	1:37.10	25m	16-11-80	Haarlem (NED)	177
117.	Zonneveld Melissa	88	08-021	1:37.13	25m	25-11-04	Heemskerk (NED)	177
118.	van Giezen Corina	68	08-021	1:37.40	25m	23-9-84	Heemskerk (NED)	176
119.	Niesten Annet	62	08-021	1:37.60	25m	31-12-75		175
120.	Limmen Miriam	75	08-021	1:37.70	25m	1-4-90	Zaandam (NED)	174
121.	de Vriend Sofie	01	08-021	1:37.77	25m	2-6-12	Zaandam (NED)	174
122.	van Huisstede Nikita	01	08-021	1:37.90	25m	13-11-16	Purmerend (NED)	173
123.	Huisman Caroline	64	08-021	1:38.00	25m	23-10-77	Zandvoort (NED)	173
124.	de Graaf Dinie	71	08-021	1:39.00	25m	28-10-84	Egmond (NED)	167
125.	Munnik Yvonne	64	08-021	1:39.10	25m	26-2-78	Castricum (NED)	167
126.	van Rijn Sydney	03	08-021	1:39.27	25m	2-10-16	Purmerend (NED)	166
127.	Limmen Anita	78	08-021	1:39.40	25m	28-9-94		165
128.	Meesters Audrey	90	08-021	1:39.90	25m	27-3-03	Heemskerk	163
129.	Angenent Nienke	01	08-021	1:40.31	25m	8-1-15	Heemskerk (NED)	161
130.	Knight Kayleigh	00	08-021	1:40.32	25m	15-2-18	Heemskerk (NED)	161
131.	van Leeuwen Andrea	71	08-021	1:40.60	25m	28-10-84	Egmond (NED)	159
132.	Bakkum Wilma	62	08-021	1:40.90	25m	30-11-80	Heemskerk (NED)	158
133.	van Velsen Patricia	79	08-021	1:41.20	25m	14-3-96	Heemskerk (NED)	157
134.	Hoek Laura	86	08-021	1:41.34	25m	23-4-00	Haarlem (NED)	156
135.	Bos Chantal	74	08-021	1:41.40	25m	18-2-89		156
135.	Oosterveen Yvonne	80	08-021	1:41.40	25m	3-2-93		156
137.	Essers Patricia	84	08-021	1:42.09	25m	17-2-00	Heemskerk (NED)	153
138.	van Vliet Isabel	02	08-021	1:42.32	25m	14-1-18	Purmerend (NED)	152
139.	Dijkstra Maud	84	08-021	1:42.40	25m	5-4-98	Heemskerk (NED)	151
140.	Visser Shana	04	08-021	1:42.49	25m	2-10-16	Purmerend (NED)	151
141.	de Vries Cathy	77	08-021	1:42.60	25m	21-4-91	Heemstede (NED)	150
142.	Bouwman Esther	63	08-021	1:42.70	25m	3-6-78	Z.O. Beemster (NED)	150
143.	Grul Lisanne	97	08-021	1:42.86	25m	9-2-12	Heemskerk (NED)	149
144.	Windmuller Annemarie	67	08-021	1:43.00	25m	17-2-80	Heerhugowaard (NED)	149
144.	van Langelaar Tessa	97	08-021	1:43.00	25m	27-3-11	Heemstede (NED)	149
146.	Zonneveld Monica	80	08-021	1:43.30	25m	15-1-94		147
147.	Dreyer Elly	63	08-021	1:43.40	25m	2-3-80	Heemskerk (NED)	147
148.	Bouwer Jolien	89	08-021	1:43.41	25m	28-11-02	Heemskerk	147
149.	Huisman Jolanda	68	08-021	1:43.90	25m	23-9-84	Heemskerk (NED)	145
150.	Mulder Amy	80	08-021	1:44.10	25m	15-1-94		144
151.	de Vries Chrissie	93	08-021	1:44.49	25m	29-3-07	Heemskerk (NED)	142
152.	Sobh Shaime	03	08-021	1:45.15	25m	18-2-16	Heemskerk (NED)	140
153.	Regelink Anneke	83	08-021	1:45.24	25m	5-4-99	Haarlem (NED)	139

100 vlinderslag (sinds 154)

154.	Liefting Sarina	93	08-021	1:45.50	25m	30-11-06	Heemskerk	138
155.	Ivens Suzanne	99	08-021	1:45.53	25m	26-10-14	Zaandam (NED)	138
156.	Groot Tineke	60	08-021	1:46.10	25m	2-3-80	Heemskerk (NED)	136
157.	de Groot Marlijn	92	08-021	1:46.11	25m	3-10-04	Heemskerk (NED)	136
158.	de Wolff Isabel	01	08-021	1:46.70	25m	18-2-16	Heemskerk (NED)	134
159.	de Graaf Isabella	04	08-021	1:46.72	25m	1-10-17	Purmerend (NED)	133
160.	Horst Diana	67	08-021	1:46.80	25m	18-10-81	Heemskerk (NED)	133
161.	Berloth Lydia	68	08-021	1:46.90	25m	16-1-83	Heemskerk (NED)	133
162.	Nemchonok Alisa	82	08-021	1:47.21	25m	5-4-99	Haarlem (NED)	132
163.	van Putten Demi	96	08-021	1:48.50	25m	3-3-11	Heemskerk (NED)	127
164.	Viel Bianca	85	08-021	1:48.69	25m	22-4-99	Heemskerk (NED)	126
165.	Jansen Pauline	67	08-021	1:49.00	25m	16-1-83	Heemskerk (NED)	125
166.	Bos Marieke	06	08-021	1:49.09	25m	10-6-17	Zaandam (NED)	125
167.	Beentjes Nicolet	80	08-021	1:49.50	25m	30-5-96	Heemskerk (NED)	124
168.	van de Kamp Yvonne	65	08-021	1:49.60	25m	4-10-80	Heemskerk (NED)	123
169.	Rasch Monique	66	08-021	1:49.80	25m	6-9-81	Heemskerk (NED)	123
170.	Koper Birgit	87	08-021	1:50.78	25m	28-11-02	Heemskerk	119
171.	Smit Lydia	84	08-021	1:50.87	25m	22-4-99	Heemskerk (NED)	119
172.	van Assema Eline	05	08-021	1:51.14	25m	7-10-18	Purmerend (NED)	118
173.	Hoekstra Karin	76	08-021	1:51.60	25m	17-1-88	Assendelft (NED)	117
174.	Raszinski Nienke	01	08-021	1:51.78	25m	30-1-14	Heemskerk (NED)	116
175.	Wiemman Lianne	03	08-021	1:52.77	25m	14-1-18	Purmerend (NED)	113
176.	Sierra Ana Maria	69	08-021	1:52.80	25m	18-4-82		113
177.	van der Horst Wendy	72	08-021	1:53.50	25m	13-3-83	Castricum (NED)	111
178.	van der Eng Laura	80	08-021	1:53.90	25m	9-11-96		110
179.	Mosch Sabina	84	08-021	1:54.45	25m	27-3-03	Heemskerk	108
180.	Stel Kaylin	01	08-021	1:55.09	25m	20-5-10	Heemskerk (NED)	106
181.	van den Braber Liesbeth	84	08-021	1:55.90	25m	12-2-98	Heemskerk (NED)	104
182.	Schaaper Margriet	62	08-021	1:56.50	25m	13-10-79	Heemskerk (NED)	103
183.	Verhagen Sabine	71	08-021	1:57.20	25m	28-10-84	Egmond (NED)	101
183.	de Jong Desire	73	08-021	1:57.20	25m	8-11-87	Heemskerk (NED)	101
185.	Bakker Anna	97	08-021	1:57.97	25m	26-2-09	Heemskerk (NED)	99
186.	Bos Annelies	74	08-021	1:58.40	25m	29-11-87	Amstelveen (NED)	98
187.	Bakker Daniëlle	96	08-021	1:58.72	25m	5-10-08	Heemskerk (NED)	97
188.	Martens Iandra	03	08-021	1:58.83	25m	8-1-15	Heemskerk (NED)	97
189.	Snijder Femke	83	08-021	1:59.20	25m	4-4-94	Haarlem (NED)	96
190.	Schaefer Lisa	06	08-021	2:00.68	25m	7-10-18	Purmerend (NED)	92
191.	Aafjes Suzan	69	08-021	2:01.00	25m	18-1-81	Zaandam (NED)	91
192.	Steenkamp Ciska	90	08-021	2:01.17	25m	24-4-00	Haarlem (NED)	91
193.	Yayli Serina	90	08-021	2:02.61	25m	28-11-02	Heemskerk	88
194.	Bakker Lisette	83	08-021	2:03.30	25m	15-11-98	Assendelft (NED)	86
195.	Brands Ingrid	72	08-021	2:03.60	25m	29-9-85	Heemskerk (NED)	86
196.	Last Rooske	94	08-021	2:03.64	25m	20-5-10	Heemskerk (NED)	86
197.	de Loos Marijke	94	08-021	2:04.26	25m	20-5-10	Heemskerk (NED)	84
198.	Hoogervorst Marlon	84	08-021	2:04.30	25m	13-11-94	Horn (NED)	84
199.	Rodenburg Kyra	96	08-021	2:05.15	25m	24-11-05	Heemskerk (NED)	83
200.	Smit Ingrid	67	08-021	2:05.60	25m	22-11-80	Heemskerk (NED)	82
201.	Buur Cindy	99	08-021	2:06.11	25m	30-1-14	Heemskerk (NED)	81
202.	Nijman José	93	08-021	2:06.51	25m	11-2-07	Zaandam (NED)	80
203.	Aardenburg Judith	93	08-021	2:06.77	25m	2-10-05	Zaandam (NED)	79
204.	Schelvis Liselot	92	08-021	2:07.72	25m	8-2-04	Zaandam (NED)	78
205.	Rijpkema Marije	85	08-021	2:08.60	25m	28-2-02	Heemskerk	76
206.	Gelsumino Giulia	03	08-021	2:10.18	25m	8-1-15	Heemskerk (NED)	73

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207.	Cappelle Marcella	85	08-021	2:10.90	25m	12-2-98	Heemskerk (NED)	72
208.	Koper Ella	90	08-021	2:12.17	25m	3-2-02	Zaandam (NED)	70
209.	Boere Sacha	91	08-021	2:12.33	25m	24-2-05	Heemskerk (NED)	70
210.	Lensen Sarian	89	08-021	2:13.35	25m	27-3-03	Heemskerk	68
211.	Visser Robin	05	08-021	2:19.25	25m	13-12-15	Zaandam (NED)	60
212.	Pezo Adna	90	08-021	2:28.91	25m	16-4-01	Haarlem (NED)	49

200 vlinderslag

1.	Schelvis Femke	84	08-021	2:35.87	25m	25-11-04	Heemskerk (NED)	451
2.	Vink Lidewij	90	08-021	2:46.45	25m	21-1-07	Zaandam (NED)	371
3.	Mallon Danique	94	08-021	2:48.96	25m	18-2-10	Heemskerk (NED)	354
4.	Stam Vanessa	80	08-021	2:49.10	25m	29-3-98	Heemstede (NED)	353
5.	Crok Annemarie	89	08-021	2:49.30	25m	14-3-10	Heemskerk (NED)	352
6.	Teufer Irene	96	08-021	2:49.76	50m	12-4-08	Antwerpen (BEL)	369
7.	Palmboom Nicole	91	08-021	2:51.40	25m	31-1-08	Heemskerk (NED)	339
8.	van der Gracht Anouk	89	08-021	2:52.59	25m	9-3-08	Heemskerk (NED)	332
9.	Verbree Bets	63	08-021	2:54.70	25m	31-12-81		320
10.	Wentink Yara	04	08-021	2:55.31	25m	18-3-18	Purmerend (NED)	317
11.	de Groot Daniëlle	93	08-021	2:56.23	25m	26-5-07	Purmerend (NED)	312
12.	Stins Mariska	84	08-021	2:58.47	25m	15-3-09	Haarlem (NED)	301
13.	de Haan Shira	00	08-021	2:58.95	25m	12-3-17	Purmerend (NED)	298
14.	van de Poll Marianne	89	08-021	2:59.51	25m	7-6-03	Z.o. Beemster	295
15.	Spijker Kristel	84	08-021	3:01.28	25m	14-3-10	Heemskerk (NED)	287
16.	Hoekstra Eline	03	08-021	3:02.29	25m	27-11-16	Zaandam (NED)	282
17.	van der Kroft Nicole	84	08-021	3:02.96	25m	26-4-01	Heemskerk (NED)	279
18.	Schelvis Roos	86	08-021	3:03.76	25m	20-12-01	Heemskerk	275
19.	Butter Anouk	82	08-021	3:04.98	25m	26-4-01	Heemskerk (NED)	270
20.	Groen Anne	95	08-021	3:05.24	25m	12-3-17	Purmerend (NED)	269
21.	Meijer Linda	77	08-021	3:06.00	25m	7-2-93	Volendam (NED)	265
21.	Kleijne Daisy	89	08-021	3:06.00	25m	31-1-08	Heemskerk (NED)	265
23.	Crok Linda	94	08-021	3:06.01	25m	18-2-10	Heemskerk (NED)	265
24.	Stel Serena	98	08-021	3:07.06	25m	18-2-10	Heemskerk (NED)	261
25.	de Ruijter Linda	87	08-021	3:07.60	25m	22-12-02	Zaandam	259
26.	Hoek Daniëlle	88	08-021	3:07.93	25m	31-1-08	Heemskerk (NED)	257
27.	Kramer Miranda	80	08-021	3:09.21	25m	27-11-03	Heemskerk (NED)	252
28.	Koster Lisa	94	08-021	3:11.30	25m	31-1-08	Heemskerk (NED)	244
29.	de Boer Irene	84	08-021	3:15.15	25m	16-4-00	Zaandam (NED)	230
30.	Moolevliet Petra	82	08-021	3:15.30	25m	4-2-96	Heerhugowaard (NED)	229
31.	van Rookhuizen Sieta	79	08-021	3:16.10	25m	26-1-92	Volendam (NED)	226
32.	Essers Sanne	91	08-021	3:16.44	25m	18-2-10	Heemskerk (NED)	225
33.	Vink Marjolein	93	08-021	3:17.91	25m	31-1-08	Heemskerk (NED)	220
34.	Vredenburg Roos	95	08-021	3:19.06	25m	18-2-10	Heemskerk (NED)	216
35.	Boekling Annette	85	08-021	3:19.10	25m	20-12-01	Heemskerk	216
36.	Oudendijk Bianca	79	08-021	3:21.60	25m	4-2-96	Heerhugowaard (NED)	208
37.	Koopman Anitra	89	08-021	3:22.70	25m	25-11-04	Heemskerk (NED)	205
38.	Meijer Sylvia	81	08-021	3:23.30	25m	29-3-98	Heemstede (NED)	203
39.	Visser Stacey	87	08-021	3:27.93	50m	29-4-01	Beverwijk (NED)	201
40.	Petit Kirsten	00	08-021	3:30.05	25m	20-5-13	Purmerend (NED)	184
41.	Hermans Liesbeth	66	08-021	3:30.20	25m	7-3-82		184
42.	Niessen Iris	92	08-021	3:31.96	25m	30-11-06	Heemskerk	179
43.	van Galen Angela	65	08-021	3:32.40	25m	18-4-82		178
44.	van Giezen Sandra	63	08-021	3:32.90	25m	18-4-82		177

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45. Tholen Kirsten	66	08-021	3:36.30	25m	7-3-82		169
46. Siemerink Laura	04	08-021	3:37.20	25m	27-11-16	Zaandam (NED)	167
47. Visser Kelly	89	08-021	3:37.49	25m	17-3-02	Zaandam	166
48. Blaauw Yente	03	08-021	3:38.15	25m	27-11-16	Zaandam (NED)	164
49. van 't Veer Iris	03	08-021	3:40.13	25m	27-11-16	Zaandam (NED)	160
50. Hofland Yasmin	01	08-021	3:40.40	25m	6-4-14	Zaandam (NED)	159
51. Scholten Britt	04	08-021	3:45.13	25m	27-11-16	Zaandam (NED)	149
52. Venema Jalina	04	08-021	3:45.14	25m	24-4-16	Zaandam (NED)	149
53. Pover Karin	67	08-021	3:45.30	25m	7-3-82		149
54. Buur Naomi	01	08-021	3:47.93	25m	6-4-14	Zaandam (NED)	144
55. Renkema Iris	04	08-021	3:50.96	25m	13-12-15	Zaandam (NED)	138
56. Veldhuis Amelia	03	08-021	3:51.64	25m	27-11-16	Zaandam (NED)	137
57. de Wildt Maud	05	08-021	3:53.68	25m	27-11-16	Zaandam (NED)	134
58. van Giezen Irene	67	08-021	3:54.00	25m	7-3-82		133
59. de Boer Maia	03	08-021	3:55.74	25m	27-11-16	Zaandam (NED)	130
60. Ivens Suzanne	99	08-021	4:14.47	25m	28-5-12	Purmerend (NED)	103
61. Knight Kayleigh	00	08-021	4:18.31	25m	18-3-12	Zaandam (NED)	99

1000 vlinderslag100 wisselslag

1. Kingma Danae	00	08-021	1:07.44	25m	23-12-17	Hoofddorp (NED)	588
2. Broek Jade	97	08-021	1:09.81	25m	2-1-16	Hoorn (NED)	530
3. Schelvis Femke	84	08-021	1:09.84	25m	18-2-99	Heemskerk (NED)	529
4. ten Bokkel Henrieke	94	08-021	1:11.34	25m	17-5-18	Heemskerk (NED)	497
5. Palmboom Nicole	91	08-021	1:12.94	25m	10-2-08	Purmerend (NED)	465
6. Crok Linda	94	08-021	1:12.98	25m	11-4-10	Zaandam (NED)	464
7. Groen Anne	95	08-021	1:13.00	25m	2-10-16	Purmerend (NED)	463
8. Hoekstra Eline	03	08-021	1:13.97	25m	15-10-17	Alkmaar (NED)	445
9. Koster Lisa	94	08-021	1:13.98	25m	12-5-08	Purmerend (NED)	445
10. van der Kroft Nicole	84	08-021	1:14.28	25m	27-9-01	Heemskerk	440
11. Schelvis Roos	86	08-021	1:15.00	25m	12-12-99	Heemskerk (NED)	427
12. Smit Sanne	01	08-021	1:15.06	25m	11-12-16	Alkmaar (NED)	426
13. de Haan Shira	00	08-021	1:15.07	25m	11-5-17	Heemskerk (NED)	426
14. de Groot Daniëlle	93	08-021	1:15.39	25m	6-1-08	Alkmaar (NED)	421
15. Crok Annemarie	89	08-021	1:15.40	25m	19-11-09	Heemskerk (NED)	420
16. Kramer Miranda	80	08-021	1:15.65	25m	15-11-98	Zaandam (NED)	416
17. van 't Veer Iris	03	08-021	1:15.66	25m	17-5-18	Heemskerk (NED)	416
18. Mallon Danique	94	08-021	1:15.90	25m	11-4-10	Zaandam (NED)	412
19. Kleijne Daisy	89	08-021	1:15.95	25m	30-12-05	Maastricht (NED)	411
20. Wentink Yara	04	08-021	1:16.09	25m	17-5-18	Heemskerk (NED)	409
21. Besse Karen	75	08-021	1:16.10	25m	14-3-91	Heemskerk (NED)	409
22. van der Gracht Anouk	89	08-021	1:16.15	25m	20-5-13	Purmerend (NED)	408
23. Hulshof Saskia	73	08-021	1:16.20	25m	31-12-89	Heemskerk (NED)	407
24. Vink Lidewij	90	08-021	1:16.36	25m	26-3-06	Purmerend (NED)	405
25. van Staveren Marina	78	08-021	1:16.71	25m	13-5-12	Grootebroek (NED)	399
26. Buur Naomi	01	08-021	1:16.81	25m	10-1-16	Purmerend (NED)	398
27. Hoek Daniëlle	88	08-021	1:16.84	25m	12-2-12	Heemstede (NED)	397
28. Stam Vanessa	80	08-021	1:17.70	25m	5-10-97	Zaandam (NED)	384
29. Petit Kirsten	00	08-021	1:17.74	25m	4-12-16	Zaandam (NED)	384
30. Essers Sanne	91	08-021	1:17.84	25m	21-1-07	Zaandam (NED)	382
31. van Rookhuizen Sieta	79	08-021	1:18.07	25m	14-11-99	Zaandam (NED)	379

100 wisselslag (sinds 32)

32.	Meijer Sylvia	81	08-021	1:18.16	25m	18-2-99	Heemskerk (NED)	377
33.	van Honk Chantal	80	08-021	1:18.20	25m	15-4-93	Heemskerk (NED)	377
34.	Siemerink Laura	04	08-021	1:18.24	25m	17-5-18	Heemskerk (NED)	376
35.	van de Poll Marianne	89	08-021	1:18.30	25m	4-4-04	Zaandam	375
36.	Stins Mariska	84	08-021	1:18.32	25m	28-12-03	Maastricht (NED)	375
37.	Vink Marjolein	93	08-021	1:18.37	25m	2-12-07	Alkmaar (NED)	374
38.	Spijker Kristel	84	08-021	1:18.48	25m	6-12-09	Zaandam (NED)	373
39.	Verbree Bets	63	08-021	1:18.60	25m	31-5-80	Heemskerk (NED)	371
40.	Niesten Iris	92	08-021	1:18.63	25m	19-11-09	Heemskerk (NED)	371
41.	Jongema Helena	80	08-021	1:18.86	25m	2-2-08	Heerenveen (NED)	367
42.	Dijkstra Lisette	86	08-021	1:19.13	25m	13-12-98	Heemskerk (NED)	364
43.	Koopman Anitra	89	08-021	1:19.18	25m	28-12-04	Maastricht (NED)	363
44.	Stel Serena	98	08-021	1:19.33	25m	4-4-10	Haarlem (NED)	361
45.	Teufer Irene	96	08-021	1:19.40	25m	6-1-08	Alkmaar (NED)	360
46.	Stam Sabrina	82	08-021	1:19.60	25m	3-11-96	Zaandam (NED)	357
47.	Windmuller Wendy	69	08-021	1:20.20	25m	15-3-87	Heemskerk (NED)	349
47.	Meijer Linda	77	08-021	1:20.20	25m	16-6-93		349
49.	de Boer Irene	84	08-021	1:20.53	25m	28-11-99	Alkmaar (NED)	345
50.	Heus Pauline	78	08-021	1:20.70	25m	15-12-96	Heemskerk (NED)	343
51.	Limmen Karin	76	08-021	1:20.80	25m	11-12-93		342
52.	Scholten Britt	04	08-021	1:21.05	25m	10-12-17	Zaandam (NED)	338
53.	Blaauw Yente	03	08-021	1:21.09	25m	7-5-17	Zaandam (NED)	338
54.	Boekling Annette	85	08-021	1:21.34	25m	27-9-01	Heemskerk	335
55.	van der Geest Saskia	73	08-021	1:21.40	25m	31-12-88		334
56.	Plokker Sylvia	68	08-021	1:21.60	25m	16-1-83	Heemskerk (NED)	332
56.	van Ballegooie Simone	84	08-021	1:21.60	25m	30-11-97	Alkmaar (NED)	332
58.	Moolevliet Petra	82	08-021	1:21.80	25m	1-10-95	Heemskerk (NED)	329
59.	Zwarthoed Brenda	96	08-021	1:21.93	25m	12-5-08	Purmerend (NED)	328
60.	Visser Stacey	87	08-021	1:22.19	25m	27-9-01	Heemskerk	325
61.	Butter Anouk	82	08-021	1:22.29	25m	29-9-05	Heemskerk (NED)	323
62.	Visser Kelly	89	08-021	1:22.38	25m	27-2-03	Heemskerk	322
63.	Renkema Iris	04	08-021	1:22.47	25m	9-10-16	Alkmaar (NED)	321
64.	Zonneveld Chantal	84	08-021	1:22.86	25m	14-11-99	Zaandam (NED)	317
65.	van Langelaar Tessa	97	08-021	1:22.92	25m	21-4-13	Heemskerk (NED)	316
66.	Schuyt Simone	75	08-021	1:23.20	25m	31-12-89	Heemskerk (NED)	313
67.	Dijkstra Ingrid	68	08-021	1:23.30	25m	16-1-83	Heemskerk (NED)	312
68.	Hermans Liesbeth	66	08-021	1:23.40	25m	17-1-82		311
69.	van Galen Angela	65	08-021	1:23.50	25m	17-2-80	Heerhugowaard (NED)	309
69.	van Giezen Irene	67	08-021	1:23.50	25m	16-1-83	Heemskerk (NED)	309
71.	Zwaan Melissa	91	08-021	1:23.64	25m	28-12-03	Maastricht (NED)	308
72.	de Ruijter Linda	87	08-021	1:23.76	25m	25-9-03	Heemskerk (NED)	307
73.	Oudendijk Bianca	79	08-021	1:23.90	25m	11-12-94	Heemskerk (NED)	305
74.	Angenent Nienke	01	08-021	1:23.96	25m	26-10-14	Zaandam (NED)	304
75.	van Koeveringe Nicole	93	08-021	1:24.11	25m	1-3-09	Heemstede (NED)	303
76.	Vredenburg Roos	95	08-021	1:24.15	25m	19-11-09	Heemskerk (NED)	302
77.	Poppema Yvonne	68	08-021	1:24.20	25m	22-1-84	Zandvoort (NED)	302
78.	de Wildt Maud	05	08-021	1:24.29	25m	17-5-18	Heemskerk (NED)	301
79.	de Boer Maia	03	08-021	1:24.33	25m	11-5-17	Heemskerk (NED)	300
80.	van Eerden Meike	00	08-021	1:24.52	25m	17-5-18	Heemskerk (NED)	298
81.	Hogema Fabiën	93	08-021	1:24.74	25m	27-4-06	Heemskerk	296
82.	Koper Fiona	01	08-021	1:24.79	25m	21-9-14	Purmerend (NED)	296
83.	Pover Karin	67	08-021	1:24.80	25m	17-1-82		295
83.	Tholen Kirsten	66	08-021	1:24.80	25m	17-1-82		295

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85.	Rodenburg Rianne	93	08-021	1:24.91	25m	27-4-06	Heemskerk	294
86.	van Sikkelerus Lisa	99	08-021	1:24.97	25m	17-11-13	Heemskerk (NED)	294
87.	Hoffland Yasmin	01	08-021	1:25.06	25m	17-5-18	Heemskerk (NED)	293
88.	van Huisstede Nikita	01	08-021	1:25.21	25m	6-12-15	Purmerend (NED)	291
89.	Bakkum Wilma	62	08-021	1:25.40	25m	27-9-80	Heemskerk (NED)	289
90.	Veldhuis Amelia	03	08-021	1:25.42	25m	17-5-18	Heemskerk (NED)	289
91.	Ivens Suzanne	99	08-021	1:25.57	25m	25-11-12	Heemskerk (NED)	288
92.	Bruin Marianne	78	08-021	1:26.00	25m	16-5-91	Heemskerk (NED)	283
93.	de Boer Claudia	77	08-021	1:26.20	25m	4-2-90	Volendam (NED)	281
94.	Krouwels Tanja	79	08-021	1:26.24	25m	18-2-99	Heemskerk (NED)	281
95.	van Giezen Corina	68	08-021	1:26.40	25m	22-1-84	Zandvoort (NED)	279
95.	Limmen Miriam	75	08-021	1:26.40	25m	14-3-91	Heemskerk (NED)	279
97.	de Wolff Isabel	01	08-021	1:26.46	25m	19-5-16	Heemskerk (NED)	279
98.	de Boer Angela	80	08-021	1:26.70	25m	19-11-94		276
99.	Zonneveld Cindy	75	08-021	1:26.90	25m	16-6-93		274
100.	van Giezen Sandra	63	08-021	1:27.00	25m	27-9-80	Heemskerk (NED)	274
101.	Niesten Annet	62	08-021	1:27.40	25m	21-5-78	Heemskerk (NED)	270
101.	Hommersen Sandra	84	08-021	1:27.40	25m	14-12-97	Heemskerk (NED)	270
103.	Lindelauf Priscilla	85	08-021	1:27.41	25m	27-9-01	Heemskerk	270
104.	van Assema Eline	05	08-021	1:27.59	25m	17-5-18	Heemskerk (NED)	268
105.	Nijholt Carin	60	08-021	1:27.70	25m	31-5-80	Heemskerk (NED)	267
105.	Groot Tineke	60	08-021	1:27.70	25m	27-9-80	Heemskerk (NED)	267
107.	Deiman Caroline	67	08-021	1:27.90	25m	31-12-88		265
108.	Buur Cindy	99	08-021	1:27.97	25m	19-5-16	Heemskerk (NED)	265
109.	Cappelle Carlijn	82	08-021	1:28.00	25m	5-10-97	Zaandam (NED)	264
110.	Oosterveen Yvonne	80	08-021	1:28.10	25m	4-10-92	Assendelft (NED)	263
111.	Liefting Sarina	93	08-021	1:28.48	25m	5-11-06	Zaandam (NED)	260
112.	van Rijn Sydney	03	08-021	1:28.52	25m	17-5-18	Heemskerk (NED)	260
113.	ten Cate Joyce	80	08-021	1:28.63	25m	27-4-06	Heemskerk	259
114.	Bruin Adri	74	08-021	1:29.30	25m	12-1-89	Heemskerk (NED)	253
115.	Hoek Laura	86	08-021	1:29.47	25m	12-12-99	Heemskerk (NED)	251
116.	de Vries Chrissie	93	08-021	1:29.48	25m	19-4-07	Heemskerk (NED)	251
117.	ten Cate Ilona	85	08-021	1:29.63	25m	29-9-05	Heemskerk (NED)	250
118.	Knight Kayleigh	00	08-021	1:29.67	25m	17-5-18	Heemskerk (NED)	250
119.	Bos Marieke	06	08-021	1:29.70	25m	10-12-17	Zaandam (NED)	250
120.	Walraven Annet	62	08-021	1:29.80	25m	31-5-80	Heemskerk (NED)	249
120.	de Graaf Annemiek	70	08-021	1:29.80	25m	24-1-82		249
120.	Huisman Jolanda	68	08-021	1:29.80	25m	22-1-84	Zandvoort (NED)	249
120.	Limmen Anita	78	08-021	1:29.80	25m	16-6-93		249
124.	Peters Yvonne	63	08-021	1:29.90	25m	15-3-87	Heemskerk (NED)	248
125.	de Vriend Sofie	01	08-021	1:29.98	25m	5-1-13	Hoom (NED)	247
126.	van Velsen Patricia	79	08-021	1:30.00	25m	19-11-94		247
127.	Bakker Jesca	79	08-021	1:30.30	25m	5-11-89	Heemskerk (NED)	245
128.	Grul Lisanne	97	08-021	1:30.36	25m	1-4-12	Zaandam (NED)	244
129.	Dreyer Elly	63	08-021	1:30.40	25m	8-12-79	Heemskerk (NED)	244
129.	Nijman José	93	08-021	1:30.40	25m	31-5-08	Aalsmeer (NED)	244
131.	de Vries Cathy	77	08-021	1:30.70	25m	16-5-91	Heemskerk (NED)	241
132.	Raszinski Nienke	01	08-021	1:30.89	25m	17-4-14	Heemskerk (NED)	240
133.	van der Horst Sacha	69	08-021	1:31.00	25m	17-5-81	Castricum (NED)	239
134.	de Vries Justine	83	08-021	1:31.10	25m	8-12-96	Heerhugowaard (NED)	238
135.	Koper Birgit	87	08-021	1:31.15	25m	27-4-06	Heemskerk	238
136.	Regelink Anneke	83	08-021	1:31.16	25m	26-11-98	Heemskerk (NED)	238
137.	van Giezen Wendy	70	08-021	1:31.40	25m	24-1-82		236

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137.	Berloth Lydia	68	08-021	1:31.40	25m	16-1-83	Heemskerk (NED)	236
139.	Besse Meta	78	08-021	1:31.70	25m	14-3-91	Heemskerk (NED)	234
140.	Missot Gonda	66	08-021	1:31.90	25m	10-12-77	Heemskerk (NED)	232
140.	Palthe Yvonne	67	08-021	1:31.90	25m	16-1-83	Heemskerk (NED)	232
142.	Schaefer Lisa	06	08-021	1:32.27	25m	9-12-18	Zaandam (NED)	229
143.	Molenaar Eline	82	08-021	1:32.40	25m	18-2-99	Heemskerk (NED)	228
144.	Windmuller Annemarie	67	08-021	1:32.50	25m	31-8-80	Heemskerk (NED)	228
145.	Schaaper Margriet	62	08-021	1:32.90	25m	8-12-79	Heemskerk (NED)	225
145.	Ligterink Angela	76	08-021	1:32.90	25m	16-1-88	Hilversum (NED)	225
147.	Nemchonok Alisa	82	08-021	1:32.98	25m	18-2-99	Heemskerk (NED)	224
148.	Bos Chantal	74	08-021	1:33.10	25m	31-12-88		223
149.	Visser Shana	04	08-021	1:33.30	25m	10-12-17	Zaandam (NED)	222
150.	Huneker Jolanda	79	08-021	1:33.37	25m	18-2-99	Heemskerk (NED)	221
151.	van Putten Demi	96	08-021	1:33.48	25m	27-3-11	Heemstede (NED)	220
152.	Dijkstra Maud	84	08-021	1:33.50	25m	5-10-97	Zaandam (NED)	220
153.	van de Kamp Yvonne	65	08-021	1:33.60	25m	17-2-80	Heerhugowaard (NED)	220
154.	Visser Robin	05	08-021	1:33.80	25m	11-5-17	Heemskerk (NED)	218
155.	Smit Lydia	84	08-021	1:34.01	25m	18-2-99	Heemskerk (NED)	217
156.	van Ballegooie Stefanie	86	08-021	1:34.03	25m	14-11-99	Zaandam (NED)	217
157.	Buithuis Danine	91	08-021	1:34.21	25m	30-1-03	Heemskerk	215
158.	de Groot Linda	81	08-021	1:34.36	25m	14-11-99	Zaandam (NED)	214
159.	Steenkamp Ciska	90	08-021	1:34.41	25m	25-10-01	Heemskerk	214
160.	de Graaf Dinie	71	08-021	1:34.50	25m	10-4-83	Heemskerk (NED)	213
161.	Sobh Shaime	03	08-021	1:34.59	25m	19-5-16	Heemskerk (NED)	213
162.	Bouwman Esther	63	08-021	1:35.20	25m	24-4-76	Heemskerk (NED)	209
163.	Zonneveld Monica	80	08-021	1:36.00	25m	17-6-93	Heemskerk (NED)	203
164.	Meesters Audrey	90	08-021	1:36.32	25m	27-2-03	Heemskerk	201
165.	Viel Bianca	85	08-021	1:36.44	25m	18-2-99	Heemskerk (NED)	201
166.	de Groot Marlijn	92	08-021	1:36.48	25m	14-11-04	Zaandam (NED)	200
167.	Terhorst Ilja	67	08-021	1:36.80	25m	17-2-80	Heerhugowaard (NED)	198
168.	Venema Jalina	04	08-021	1:36.86	25m	19-5-16	Heemskerk (NED)	198
169.	van Kooten Cynthia	93	08-021	1:37.23	25m	29-9-05	Heemskerk (NED)	196
170.	Mulder Amy	80	08-021	1:37.50	25m	4-10-92	Assendelft (NED)	194
171.	Rodenburg Kyra	96	08-021	1:37.71	25m	26-11-06	Heemskerk (NED)	193
172.	Pover Ellen	72	08-021	1:37.80	25m	22-1-84	Zandvoort (NED)	192
172.	van Perlo Ingrid	73	08-021	1:37.80	25m	29-9-85	Heemskerk (NED)	192
174.	de Graaf Isabella	04	08-021	1:37.96	25m	17-5-18	Heemskerk (NED)	191
175.	Stel Kaylin	01	08-021	1:38.09	25m	23-5-10	Purmerend (NED)	191
176.	Dijkstra Janet	77	08-021	1:38.30	25m	31-12-88		189
177.	Mosch Sabina	84	08-021	1:38.70	25m	5-4-98	Heemskerk (NED)	187
178.	van Rijn Eline	07	08-021	1:38.71	25m	11-5-17	Heemskerk (NED)	187
179.	Bakker Anna	97	08-021	1:38.79	25m	29-5-08	Heemskerk (NED)	187
180.	Essers Patricia	84	08-021	1:38.81	25m	14-11-99	Zaandam (NED)	187
181.	van Vliet Isabel	02	08-021	1:38.83	25m	26-10-14	Zaandam (NED)	186
182.	Beentjes Nicolet	80	08-021	1:38.90	25m	5-10-97	Zaandam (NED)	186
183.	Koopman Jessie	97	08-021	1:39.09	25m	11-4-10	Zaandam (NED)	185
184.	van Leeuwen Andrea	71	08-021	1:39.60	25m	24-1-82		182
185.	Splinter Nathalie	75	08-021	1:39.70	25m	12-1-89	Heemskerk (NED)	182
186.	van der Eng Laura	80	08-021	1:39.90	25m	4-2-96	Heerhugowaard (NED)	181
187.	Smit Ingrid	67	08-021	1:40.50	25m	31-8-80	Heemskerk (NED)	177
188.	Calkhoven Mariëtte	65	08-021	1:40.90	25m	12-2-78	Heemskerk (NED)	175
189.	Schelvis Liselot	92	08-021	1:41.06	25m	30-11-03	Heemskerk (NED)	174
190.	Ardicyaka Irem	06	08-021	1:41.43	25m	17-5-18	Heemskerk (NED)	172

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191.	Bok Femke	74	08-021	1:41.50	25m	29-9-85	Heemskerk (NED)	172
191.	Willemse Renee	75	08-021	1:41.50	25m	6-10-85	Wormerveer (NED)	172
193.	de Loos Marijke	94	08-021	1:41.73	25m	19-11-09	Heemskerk (NED)	171
194.	Hoogervorst Marlon	84	08-021	1:41.80	25m	26-1-95	Heemskerk (NED)	171
195.	Aafjes Suzan	69	08-021	1:42.00	25m	8-11-80	Heemskerk (NED)	170
196.	Cappelle Marcella	85	08-021	1:42.21	25m	15-11-98	Zaandam (NED)	169
197.	Wiemman Lianne	03	08-021	1:42.76	25m	19-5-16	Heemskerk (NED)	166
198.	Wiegman Brenda	72	08-021	1:42.80	25m	22-1-84	Zandvoort (NED)	166
199.	Beeksma Anne	88	08-021	1:42.88	25m	25-10-01	Heemskerk	165
200.	van Rijn Ilona	65	08-021	1:42.90	25m	12-2-78	Heemskerk (NED)	165
201.	Aardenburg Judith	93	08-021	1:42.98	25m	21-11-04	Zaandam (NED)	165
202.	Lund Jolanda	65	08-021	1:43.00	25m	31-5-80	Heemskerk (NED)	165
203.	Potemans Priscilla	84	08-021	1:43.30	25m	5-10-97	Zaandam (NED)	163
204.	Elghandor Kiyaan	03	08-021	1:43.69	25m	23-4-15	Heemskerk (NED)	161
205.	van der Werf Chily	72	08-021	1:43.70	25m	22-1-84	Zandvoort (NED)	161
206.	van Perlo Carla	75	08-021	1:43.80	25m	6-10-85	Wormerveer (NED)	161
206.	Zijlstra Mariëlle	83	08-021	1:43.80	25m	4-2-96	Heerhugowaard (NED)	161
208.	van Dijk Yvonne	65	08-021	1:44.30	25m	10-12-77	Heemskerk (NED)	159
209.	Koper Ella	90	08-021	1:44.39	25m	27-4-06	Heemskerk	158
210.	Dekker Danyk	94	08-021	1:44.55	25m	29-5-08	Heemskerk (NED)	157
211.	Dijkstra Pascal	89	08-021	1:44.74	25m	26-11-98	Heemskerk (NED)	157
212.	Kesting Alexandra	00	08-021	1:44.82	25m	14-4-11	Heemskerk (NED)	156
213.	van der Horst Wendy	72	08-021	1:44.90	25m	28-2-82		156
214.	van der Does Lisa	02	08-021	1:45.63	25m	20-4-14	Haarlem (NED)	153
215.	Horst Diana	67	08-021	1:45.90	25m	27-9-80	Heemskerk (NED)	151
216.	Geurtsen Daisy	89	08-021	1:46.07	25m	25-10-01	Heemskerk	151
217.	Copier Alyssa	04	08-021	1:46.61	25m	30-3-14	Zaandam (NED)	148
218.	Martens landra	03	08-021	1:46.83	25m	16-11-14	Zaandam (NED)	148
219.	van den Braber Liesbeth	84	08-021	1:47.20	25m	5-4-98	Heemskerk (NED)	146
220.	Koper Selma	03	08-021	1:47.23	25m	25-4-13	Heemskerk (NED)	146
221.	Gelsumino Giulia	03	08-021	1:47.59	25m	16-11-14	Zaandam (NED)	144
222.	Zeeman Judith	70	08-021	1:47.90	25m	13-12-80	Heemskerk (NED)	143
223.	Last Rooske	94	08-021	1:48.05	25m	19-11-09	Heemskerk (NED)	143
224.	Yayli Serina	90	08-021	1:48.13	25m	27-2-03	Heemskerk	142
225.	Dekker Elise	97	08-021	1:48.28	25m	18-12-05	Alkmaar (NED)	142
226.	Bouwer Jolien	89	08-021	1:48.31	25m	25-10-01	Heemskerk	142
227.	Doevendans Phileine	06	08-021	1:48.54	25m	19-5-16	Heemskerk (NED)	141
228.	Huisman Lianne	87	08-021	1:48.59	25m	26-4-01	Heemskerk (NED)	140
229.	Doll Maartje	80	08-021	1:48.70	25m	17-6-93	Heemskerk (NED)	140
230.	Bakker Lisette	83	08-021	1:48.80	25m	2-3-97	Haarlem (NED)	140
231.	Beentjes Daphne	91	08-021	1:49.25	25m	17-11-02	Heemskerk	138
232.	Hoolwerff Esther	77	08-021	1:49.70	25m	21-5-87	Heemskerk (NED)	136
233.	van den Heuvel Sandra	80	08-021	1:49.80	25m	22-4-90	Heemstede (NED)	136
234.	Lensen Sarian	89	08-021	1:49.83	25m	25-9-03	Heemskerk (NED)	136
235.	de Boer Isabel	06	08-021	1:49.92	25m	14-6-15	Zaandam (NED)	135
236.	Snijder Femke	83	08-021	1:51.40	25m	19-1-94		130
237.	Salido Keesje	05	08-021	1:51.48	25m	23-4-15	Heemskerk (NED)	130
238.	Pezo Adna	90	08-021	1:51.64	25m	18-11-01	Heemskerk	129
239.	Werdekker Marjolein	81	08-021	1:52.00	25m	12-12-96	Heemskerk (NED)	128
240.	Liefting Mariëlle	90	08-021	1:52.04	25m	26-9-02	Heemskerk	128
241.	Schijf Irene	83	08-021	1:52.40	25m	5-3-95	Heemskerk (NED)	127
242.	Sierra Ana Maria	69	08-021	1:52.90	25m	13-12-80	Heemskerk (NED)	125
243.	Nijman Linda	89	08-021	1:53.12	25m	26-4-01	Heemskerk (NED)	124

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244.	Reiss Katinka	65	08-021	1:54.20	25m	10-12-77	Heemskerk (NED)	121
245.	Kuijper Michelle	91	08-021	1:54.58	25m	18-11-01	Heemskerk	119
246.	van der Wijden Eline	88	08-021	1:54.98	25m	26-10-00	Heemskerk (NED)	118
247.	Rijpkema Marije	85	08-021	1:56.01	25m	27-9-01	Heemskerk	115
248.	van der Leden Cynthia	66	08-021	1:56.50	25m	10-12-77	Heemskerk (NED)	114
249.	Welboren Julia	00	08-021	1:57.23	25m	26-4-12	Heemskerk (NED)	112
250.	Hoeksema Kim	90	08-021	1:57.24	25m	18-11-01	Heemskerk	111
251.	Zonneveld Jennifer	88	08-021	1:58.70	25m	25-10-01	Heemskerk	107
252.	van Tol Sarjenka	97	08-021	1:59.04	25m	5-10-08	Heemskerk (NED)	106
253.	van Noort Jony	85	08-021	2:02.30	25m	14-12-95	Heemskerk (NED)	98
254.	Bovekerk Annefleur	99	08-021	2:02.62	25m	3-10-10	Zaandam (NED)	97
255.	Hoorn Linsey	94	08-021	2:03.09	25m	27-1-05	Heemskerk (NED)	96
256.	Eijndhoven Jonna	02	08-021	2:03.43	25m	18-11-12	Zaandam (NED)	95
257.	Halbersma Jenny	70	08-021	2:03.80	25m	28-11-81	Heemskerk (NED)	95
258.	Boonstra Esmé	02	08-021	2:06.32	25m	11-11-12	Schagen (NED)	89
259.	Morianner Susanna	72	08-021	2:06.60	25m	28-2-82		88
260.	Hoekstra Femke	05	08-021	2:06.64	25m	21-9-14	Purmerend (NED)	88
261.	Schuyt Patricia	77	08-021	2:20.00	25m	21-5-87	Heemskerk (NED)	65
262.	Dijkstra Miranda	72	08-021	3:04.40	25m	27-9-80	Heemskerk (NED)	28

200 wisselslag

1.	Schelvis Femke	84	08-021	2:29.81	25m	4-11-99	Heemskerk (NED)	538
2.	Kingma Danae	00	08-021	2:30.72	25m	12-2-17	Purmerend (NED)	528
3.	Broek Jade	97	08-021	2:35.38	25m	15-11-15	Purmerend (NED)	482
4.	Drubers Mirjam	67	08-021	2:35.70	25m	18-5-85	(NED)	479
5.	Groen Anne	95	08-021	2:37.83	25m	12-3-17	Purmerend (NED)	460
6.	Crok Linda	94	08-021	2:38.33	25m	24-4-11	Haarlem (NED)	455
7.	Hoekstra Eline	03	08-021	2:38.93	25m	24-11-18	Hoofddorp (NED)	450
8.	Palmboom Nicole	91	08-021	2:39.09	25m	13-1-08	Heemskerk (NED)	449
9.	Smit Sanne	01	08-021	2:39.42	25m	12-2-17	Purmerend (NED)	446
10.	Crok Annemarie	89	08-021	2:40.68	25m	3-4-11	Zaandam (NED)	436
11.	Stam Vanessa	80	08-021	2:41.90	25m	5-4-98	Heemskerk (NED)	426
12.	van 't Veer Iris	03	08-021	2:42.47	25m	4-2-18	Purmerend (NED)	421
13.	de Haan Shira	00	08-021	2:42.93	25m	12-2-17	Purmerend (NED)	418
14.	Kleijne Daisy	89	08-021	2:43.70	25m	9-4-06	Purmerend (NED)	412
15.	Vink Lidewij	90	08-021	2:44.06	25m	14-12-06	Heemskerk (NED)	409
15.	Stel Serena	98	08-021	2:44.06	25m	18-4-10	Zaandam (NED)	409
17.	van der Kroft Nicole	84	08-021	2:44.29	25m	7-10-01	Zaandam (NED)	408
18.	Stam Sabrina	82	08-021	2:44.60	25m	7-5-98	Heemskerk (NED)	405
19.	Koster Lisa	94	08-021	2:44.63	25m	25-11-07	Amsterdam (NED)	405
20.	Schelvis Roos	86	08-021	2:44.66	25m	10-3-02	Heemskerk	405
21.	van der Gracht Anouk	89	08-021	2:45.00	25m	1-3-08	Hoorn (NED)	402
22.	Kramer Miranda	80	08-021	2:45.04	25m	13-1-02	Zaandam	402
23.	Hulshof Saskia	73	08-021	2:45.40	25m	11-2-90	Heemskerk (NED)	399
23.	van Honk Chantal	80	08-021	2:45.40	25m	25-3-93	Heemskerk (NED)	399
25.	Teufer Irene	96	08-021	2:45.65	25m	24-2-08	Zaandam (NED)	398
26.	Hoek Daniëlle	88	08-021	2:45.72	25m	16-1-05	Zaandam (NED)	397
27.	Mallon Danique	94	08-021	2:45.92	25m	26-9-10	Zaandam (NED)	396
28.	Besse Karen	75	08-021	2:46.40	25m	12-1-92	Assendelft (NED)	392
29.	Vink Marjolein	93	08-021	2:46.63	25m	13-1-08	Heemskerk (NED)	391
30.	de Groot Daniëlle	93	08-021	2:47.06	25m	13-1-08	Heemskerk (NED)	388
31.	Buur Naomi	01	08-021	2:47.45	25m	27-3-16	Haarlem (NED)	385

200 wisselslag (sinds 32)

32.	Stins Mariska	84	08-021	2:47.46	25m	11-4-10	Zaandam (NED)	385
33.	Essers Sanne	91	08-021	2:47.50	25m	24-2-07	Hoom (NED)	385
34.	Wentink Yara	04	08-021	2:48.26	25m	14-1-18	Purmerend (NED)	379
35.	van der Geest Saskia	73	08-021	2:48.30	25m	18-2-89		379
36.	Koopman Anitra	89	08-021	2:48.74	25m	27-1-05	Heemskerk (NED)	376
37.	Verbree Bets	63	08-021	2:49.30	25m	22-3-81	Wieringerwerf (NED)	372
38.	de Boer Irene	84	08-021	2:51.12	25m	12-3-00	Heemskerk (NED)	361
39.	Spijker Kristel	84	08-021	2:51.21	25m	14-3-10	Heemskerk (NED)	360
40.	Meijer Sylvia	81	08-021	2:51.60	25m	26-4-98	Alkmaar (NED)	358
41.	Petit Kirsten	00	08-021	2:52.13	25m	4-2-18	Purmerend (NED)	354
42.	van de Poll Marianne	89	08-021	2:52.33	25m	14-3-04	Zaandam	353
43.	Limmen Karin	76	08-021	2:52.70	25m	12-1-92	Assendelft (NED)	351
44.	Siemerink Laura	04	08-021	2:52.87	25m	2-12-18	Zaandam (NED)	350
45.	de Graaf Annemiek	70	08-021	2:53.20	25m	21-5-87	Heemskerk (NED)	348
46.	Meijer Linda	77	08-021	2:53.30	25m	24-3-93		347
47.	Jongema Helena	80	08-021	2:53.73	25m	12-1-08	Zwolle (NED)	345
48.	van Ballegooye Simone	84	08-021	2:53.90	25m	8-3-98	Zaandam (NED)	344
49.	Boekling Annette	85	08-021	2:54.84	25m	26-4-01	Heemskerk (NED)	338
50.	van Rookhuizen Sieta	79	08-021	2:54.90	25m	26-1-95	Heemskerk (NED)	338
51.	Niessen Iris	92	08-021	2:54.91	25m	22-1-09	Heemskerk (NED)	338
52.	van Duin Margret	60	08-021	2:55.80	25m	10-12-77	Heemskerk (NED)	333
53.	Heus Pauline	78	08-021	2:56.70	25m	2-3-97	Haarlem (NED)	328
54.	Scholten Britt	04	08-021	2:56.81	25m	19-5-18	Purmerend (NED)	327
55.	Windmuller Wendy	69	08-021	2:57.20	25m	30-11-86	Heemskerk (NED)	325
56.	Dijkstra Lisette	86	08-021	2:57.30	25m	26-4-98	Alkmaar (NED)	324
57.	de Ruijter Linda	87	08-021	2:57.34	25m	30-1-03	Heemskerk	324
58.	de Groot Gitta	60	08-021	2:57.40	25m	10-12-77	Heemskerk (NED)	324
59.	Koper Fiona	01	08-021	2:57.59	25m	12-2-17	Purmerend (NED)	323
60.	Oudendijk Bianca	79	08-021	2:58.80	25m	5-2-94		316
61.	Vredenburg Roos	95	08-021	2:58.84	25m	4-4-10	Haarlem (NED)	316
62.	Moolevliet Petra	82	08-021	2:59.40	25m	2-5-96	Heemskerk (NED)	313
63.	Schuyt Simone	75	08-021	2:59.50	25m	4-11-89		312
64.	van Staveren Marina	78	08-021	2:59.65	50m	13-3-11	Amersfoort (NED)	345
65.	de Boer Claudia	77	08-021	3:00.10	25m	3-2-91	Zaandam (NED)	309
66.	Blaauw Yente	03	08-021	3:00.87	25m	4-2-18	Purmerend (NED)	305
67.	Zonneveld Chantal	84	08-021	3:01.12	25m	4-11-99	Heemskerk (NED)	304
68.	van Galen Angela	65	08-021	3:01.40	25m	31-12-79		303
69.	Krouwels Tanja	79	08-021	3:01.50	25m	6-11-97	Heemskerk (NED)	302
70.	van Koeveringe Nicole	93	08-021	3:01.81	25m	12-4-09	Haarlem (NED)	301
71.	Renkema Iris	04	08-021	3:01.92	25m	7-2-16	Zaandam (NED)	300
72.	van Eerden Meike	00	08-021	3:02.31	25m	4-2-18	Purmerend (NED)	298
73.	Hofland Yasmin	01	08-021	3:02.54	25m	4-2-18	Purmerend (NED)	297
74.	Visser Kelly	89	08-021	3:02.68	25m	13-1-02	Zaandam	296
75.	Hermans Liesbeth	66	08-021	3:02.70	25m	21-3-82		296
76.	Visser Stacey	87	08-021	3:02.76	25m	25-10-01	Heemskerk	296
77.	Dijkstra Ingrid	68	08-021	3:03.00	25m	18-4-82		295
78.	Hogema Fabiën	93	08-021	3:03.28	25m	31-5-07	Heemskerk (NED)	293
79.	Tholen Kirsten	66	08-021	3:03.30	25m	21-3-82		293
80.	Plokker Sylvia	68	08-021	3:04.10	25m	10-1-82	Wormerveer (NED)	290
81.	Nijholt Carin	60	08-021	3:04.70	25m	21-4-79	Deinze (BEL)	287
81.	van der Horst Sacha	69	08-021	3:04.70	25m	11-12-83	Heemskerk (NED)	287
81.	Bruin Marianne	78	08-021	3:04.70	25m	3-2-91	Zaandam (NED)	287
84.	Butter Anouk	82	08-021	3:04.75	25m	5-11-00	Zaandam (NED)	286

200 wisselslag (sinds 85)

85.	Poppema Yvonne	68	08-021	3:05.20	25m	11-12-83	Heemskerk (NED)	284
86.	de Graaf Dinie	71	08-021	3:05.40	25m	6-10-85	Wormerveer (NED)	283
87.	Zonneveld Cindy	75	08-021	3:05.70	25m	3-4-93		282
88.	de Wildt Maud	05	08-021	3:05.86	25m	4-11-18	Alkmaar (NED)	281
89.	de Boer Angela	80	08-021	3:06.40	25m	14-12-95	Heemskerk (NED)	279
90.	van Giezen Corina	68	08-021	3:07.00	25m	11-12-83	Heemskerk (NED)	276
91.	Bruin Adri	74	08-021	3:07.20	25m	18-3-89		275
92.	van Huisstede Nikita	01	08-021	3:07.83	25m	17-1-16	Purmerend (NED)	273
93.	van Leeuwen Andrea	71	08-021	3:08.00	25m	11-12-83	Heemskerk (NED)	272
94.	Peters Yvonne	63	08-021	3:08.50	25m	30-11-86	Heemskerk (NED)	270
95.	van Ballegooie Stefanie	86	08-021	3:08.88	25m	25-10-01	Heemskerk	268
96.	Limmen Miriam	75	08-021	3:09.00	25m	1-4-90	Zaandam (NED)	268
97.	van Langelaar Tessa	97	08-021	3:09.14	25m	26-4-12	Heemskerk (NED)	267
98.	Veldhuis Amelia	03	08-021	3:09.19	25m	4-2-18	Purmerend (NED)	267
99.	Pover Karin	67	08-021	3:09.30	25m	11-12-83	Heemskerk (NED)	266
100.	Angenent Nienke	01	08-021	3:09.89	25m	16-3-14	Zaandam (NED)	264
101.	Groot Tineke	60	08-021	3:10.00	25m	27-4-80	Assendelft (NED)	263
102.	van Giezen Wendy	70	08-021	3:10.20	25m	11-12-83	Heemskerk (NED)	262
103.	ten Cate Joyce	80	08-021	3:10.38	25m	9-3-08	Heemskerk (NED)	262
104.	Rodenburg Rianne	93	08-021	3:10.69	25m	15-12-05	Heemskerk (NED)	260
105.	Bouwman Esther	63	08-021	3:10.80	25m	10-12-77	Heemskerk (NED)	260
106.	Cappelle Carlijn	82	08-021	3:11.10	25m	8-3-98	Zaandam (NED)	259
107.	Bakkum Wilma	62	08-021	3:11.50	25m	28-9-80	Zaandam (NED)	257
108.	Oosterveen Yvonne	80	08-021	3:11.70	25m	15-3-92	Zuidoost Beemster (NED)	256
109.	de Vriend Sofie	01	08-021	3:12.11	25m	24-2-13	Zaandam (NED)	255
110.	Missot Gonda	66	08-021	3:12.30	25m	25-11-79	Heemskerk (NED)	254
111.	Niesten Annet	62	08-021	3:12.60	25m	10-12-77	Heemskerk (NED)	253
112.	Hommersen Sandra	84	08-021	3:12.90	25m	6-11-97	Heemskerk (NED)	252
113.	Munnik Yvonne	64	08-021	3:13.00	25m	12-3-78	Zaandam (NED)	251
114.	Deiman Caroline	67	08-021	3:13.30	25m	18-2-89		250
115.	Knight Kayleigh	00	08-021	3:13.38	25m	17-1-16	Purmerend (NED)	250
116.	van Giezen Sandra	63	08-021	3:14.10	25m	18-1-81	Zaandam (NED)	247
117.	Lindelauf Priscilla	85	08-021	3:14.28	25m	25-10-01	Heemskerk	246
118.	Dijkstra Maud	84	08-021	3:14.50	25m	7-5-98	Heemskerk (NED)	245
119.	Limmen Anita	78	08-021	3:15.20	25m	12-1-92	Assendelft (NED)	243
120.	de Boer Maia	03	08-021	3:15.54	25m	13-11-16	Purmerend (NED)	242
121.	Lund Karin	63	08-021	3:15.60	25m	10-12-77	Heemskerk (NED)	241
121.	Huisman Jolanda	68	08-021	3:15.60	25m	11-12-83	Heemskerk (NED)	241
121.	Berloth Lydia	68	08-021	3:15.60	25m	11-12-83	Heemskerk (NED)	241
124.	ten Cate Ilona	85	08-021	3:15.69	25m	14-12-06	Heemskerk (NED)	241
125.	van der Werf Chily	72	08-021	3:15.90	25m	6-10-85	Wormerveer (NED)	240
126.	van Assema Eline	05	08-021	3:16.07	25m	4-11-18	Alkmaar (NED)	240
127.	Dreyer Elly	63	08-021	3:16.80	25m	2-3-80	Heemskerk (NED)	237
128.	Zonneveld Melissa	88	08-021	3:17.08	25m	27-1-05	Heemskerk (NED)	236
129.	Besse Meta	78	08-021	3:17.10	25m	19-1-94		236
130.	van Sikkelerus Lisa	99	08-021	3:17.20	25m	26-4-12	Heemskerk (NED)	235
131.	Grul Lisanne	97	08-021	3:17.29	25m	22-1-12	Zaandam (NED)	235
132.	Raszinski Nienke	01	08-021	3:17.45	25m	26-1-14	Zaandam (NED)	235
133.	Koper Birgit	87	08-021	3:17.54	25m	16-3-03	Heemskerk	234
134.	Bos Marieke	06	08-021	3:17.70	25m	15-10-17	Alkmaar (NED)	234
135.	van Vliet Isabel	02	08-021	3:17.71	25m	4-2-18	Purmerend (NED)	234
136.	Molenaar Eline	82	08-021	3:18.06	25m	4-11-99	Heemskerk (NED)	232
137.	de Vries Justine	83	08-021	3:18.90	25m	12-12-96	Heemskerk (NED)	229

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138.	Liefting Sarina	93	08-021	3:18.95	25m	9-4-06	Purmerend (NED)	229
139.	Bouwer Jolien	89	08-021	3:19.24	25m	19-1-03	Zaandam	228
140.	Mulder Amy	80	08-021	3:19.40	25m	19-1-94		228
141.	de Groot Linda	81	08-021	3:19.50	25m	2-5-96	Heemskerk (NED)	227
142.	Schaaper Margriet	62	08-021	3:20.00	25m	4-11-79	Zaandam (NED)	226
143.	Venema Jalina	04	08-021	3:20.01	25m	13-11-16	Purmerend (NED)	226
144.	van Velsen Patricia	79	08-021	3:20.40	25m	25-1-95		224
145.	Ivens Suzanne	99	08-021	3:20.63	25m	18-5-13	Purmerend (NED)	224
146.	van Giezen Irene	67	08-021	3:20.70	25m	11-12-83	Heemskerk (NED)	223
146.	Zonneveld Monica	80	08-021	3:20.70	25m	19-1-94		223
148.	Visser Shana	04	08-021	3:21.55	25m	14-1-18	Purmerend (NED)	221
149.	Horst Diana	67	08-021	3:21.60	25m	6-9-81	Heemskerk (NED)	220
150.	Regelink Anneke	83	08-021	3:21.68	25m	7-3-99	Zaandam (NED)	220
151.	Walraven Annet	62	08-021	3:21.70	25m	9-9-79	Wormerveer (NED)	220
152.	Nijman José	93	08-021	3:22.11	25m	14-10-07	Zaandam (NED)	219
153.	van de Kamp Yvonne	65	08-021	3:22.50	25m	31-5-81	Heerhugowaard (NED)	217
154.	van Rijn Sydney	03	08-021	3:22.93	25m	13-3-16	Zaandam (NED)	216
155.	de Wolff Isabel	01	08-021	3:23.07	25m	17-1-16	Purmerend (NED)	216
156.	Hoek Laura	86	08-021	3:23.35	25m	20-5-99	Heemskerk (NED)	215
157.	Bos Chantal	74	08-021	3:23.50	25m	21-5-87	Heemskerk (NED)	214
158.	Wieman Lianne	03	08-021	3:24.08	25m	4-2-18	Purmerend (NED)	212
159.	Huneker Jolanda	79	08-021	3:25.25	25m	26-11-98	Heemskerk (NED)	209
160.	Windmuller Annemarie	67	08-021	3:25.30	25m	16-11-80	Haarlem (NED)	209
161.	Palthe Yvonne	67	08-021	3:25.90	25m	28-11-81	Heemskerk (NED)	207
162.	de Groot Marlijn	92	08-021	3:26.46	25m	14-5-05	Zuidoost-Beemster (NED)	205
163.	Steenkamp Ciska	90	08-021	3:27.55	25m	9-6-01	Zaandam (NED)	202
164.	Sierra Ana Maria	69	08-021	3:27.60	25m	18-4-82		202
165.	de Jong Desire	73	08-021	3:29.10	25m	4-10-87	Zaandam (NED)	197
166.	Meesters Audrey	90	08-021	3:29.98	25m	19-1-03	Zaandam	195
167.	Willemse Renee	75	08-021	3:30.00	25m	30-11-86	Heemskerk (NED)	195
168.	Viel Bianca	85	08-021	3:30.13	25m	12-3-00	Heemskerk (NED)	195
169.	van Rijn Eline	07	08-021	3:30.41	25m	11-6-17	Zaandam (NED)	194
170.	Zwarthoed Brenda	96	08-021	3:30.65	25m	31-5-07	Heemskerk (NED)	193
171.	van Tellingen Ingrid	66	08-021	3:32.00	25m	28-11-81	Heemskerk (NED)	189
172.	Zeeman Judith	70	08-021	3:32.70	25m	3-4-82	Heemskerk (NED)	188
173.	Buur Cindy	99	08-021	3:32.74	25m	7-6-14	Purmerend (NED)	187
174.	Sobh Shaime	03	08-021	3:33.44	25m	25-1-15	Zaandam (NED)	186
175.	Martens landra	03	08-021	3:33.84	25m	15-11-15	Purmerend (NED)	185
176.	Nemchonok Alisa	82	08-021	3:34.65	25m	26-11-98	Heemskerk (NED)	182
177.	van der Eng Laura	80	08-021	3:37.00	25m	2-5-96	Heemskerk (NED)	177
178.	Essers Patricia	84	08-021	3:37.50	25m	8-10-00	Heemskerk (NED)	175
179.	Ligterink Angela	76	08-021	3:39.00	25m	21-5-87	Heemskerk (NED)	172
180.	Mosch Sabina	84	08-021	3:39.40	25m	21-9-97	Alkmaar (NED)	171
181.	de Boer Isabel	06	08-021	3:40.34	25m	12-6-16	Zaandam (NED)	169
182.	Pover Ellen	72	08-021	3:40.90	25m	11-12-83	Heemskerk (NED)	167
183.	de Graaf Isabella	04	08-021	3:41.76	25m	13-11-16	Purmerend (NED)	165
184.	de Loos Marijke	94	08-021	3:42.51	25m	17-1-10	Amsterdam-oost (NED)	164
185.	Keessen Pam	62	08-021	3:42.80	25m	10-12-77	Heemskerk (NED)	163
186.	Aafjes Suzan	69	08-021	3:42.90	25m	23-5-81	Heemskerk (NED)	163
187.	Rasch Monique	66	08-021	3:43.00	25m	23-5-81	Heemskerk (NED)	163
188.	Koopman Jessie	97	08-021	3:43.88	25m	18-4-10	Zaandam (NED)	161
189.	Beentjes Nicolet	80	08-021	3:45.70	25m	14-12-95	Heemskerk (NED)	157
190.	Schelvis Liselot	92	08-021	3:46.02	25m	28-3-04	Zaandam (NED)	156

200 wisselslag (sinds 191)

191.	van den Braber Liesbeth	84	08-021	3:46.30	25m	11-1-98	Assendelft (NED)	156
192.	Visser Robin	05	08-021	3:46.41	25m	24-4-16	Zaandam (NED)	155
193.	Smit Ingrid	67	08-021	3:47.40	25m	25-10-80	Heemskerk (NED)	153
193.	Smit Lydia	84	08-021	3:47.40	25m	7-5-98	Heemskerk (NED)	153
195.	Aardenburg Judith	93	08-021	3:47.62	25m	12-12-04	Zaandam (NED)	153
196.	Brands Ingrid	72	08-021	3:47.70	25m	6-10-85	Wormerveer (NED)	153
197.	Zijlstra Mariëlle	83	08-021	3:49.40	25m	5-11-95	Volendam (NED)	149
198.	Rodenburg Kyra	96	08-021	3:50.34	25m	8-10-06	Zaandam (NED)	148
199.	Last Rooske	94	08-021	3:52.95	25m	17-1-10	Amsterdam-oost (NED)	143
200.	Wiegman Brenda	72	08-021	3:54.00	25m	11-12-83	Heemskerk (NED)	141
201.	van Perlo Carla	75	08-021	3:54.20	25m	22-9-85		140
202.	Reuderink Miranda	63	08-021	3:57.20	25m	10-12-77	Heemskerk (NED)	135
203.	Dekker Elise	97	08-021	3:57.54	25m	30-1-05	Zaandam (NED)	135
204.	Cappelle Marcella	85	08-021	3:59.00	25m	7-5-98	Heemskerk (NED)	132
205.	Yayli Serina	90	08-021	3:59.90	25m	24-2-02	Heemskerk	131
206.	Koper Ella	90	08-021	4:01.07	25m	31-3-02	Zaandam	129
207.	Potemans Priscilla	84	08-021	4:03.10	25m	16-2-97	Volendam (NED)	125
208.	Lensen Sarian	89	08-021	4:03.95	25m	30-1-03	Heemskerk	124
209.	Snijder Femke	83	08-021	4:07.60	25m	12-3-94		119
210.	Hoekstra Karin	76	08-021	4:08.60	25m	21-5-87	Heemskerk (NED)	117
211.	Boonstra Esmé	02	08-021	4:10.58	25m	14-4-13	Zaandam (NED)	115
212.	Broers Margot	63	08-021	4:12.20	25m	10-12-77	Heemskerk (NED)	112
213.	Kesting Alexandra	00	08-021	4:27.69	25m	20-3-11	Zaandam (NED)	94
214.	Vonk Bea	67	08-021	4:42.90	25m	28-11-81	Heemskerk (NED)	79

300 wisselslag

1.	Schelvis Femke	84	08-021	4:07.83	25m	30-11-03	Heemskerk (NED)	
2.	Vink Lidewij	90	08-021	4:12.63	25m	13-11-05	Zaandam (NED)	
3.	Schelvis Roos	86	08-021	4:19.22	25m	20-1-01	Amsterdam (NED)	
4.	Kleijne Daisy	89	08-021	4:20.65	25m	19-12-04	Heemskerk (NED)	
5.	Essers Sanne	91	08-021	4:22.14	25m	3-12-06	Zaandam (NED)	
6.	Crok Annemarie	89	08-021	4:23.42	25m	13-11-05	Zaandam (NED)	
7.	Hoek Daniëlle	88	08-021	4:24.44	25m	13-11-05	Zaandam (NED)	
8.	Crok Linda	94	08-021	4:25.22	25m	9-11-08	Zaandam (NED)	
9.	van der Kroft Nicole	84	08-021	4:26.28	25m	23-1-00	Heemskerk (NED)	
10.	van de Poll Marianne	89	08-021	4:28.07	25m	30-11-03	Heemskerk (NED)	
11.	Stins Mariska	84	08-021	4:28.22	25m	20-1-01	Amsterdam (NED)	
12.	de Groot Daniëlle	93	08-021	4:29.29	25m	9-12-07	Zaandam (NED)	
13.	van der Gracht Anouk	89	08-021	4:30.13	25m	3-12-06	Zaandam (NED)	
14.	Koopman Anitra	89	08-021	4:34.08	25m	30-11-03	Heemskerk (NED)	
15.	de Ruijter Linda	87	08-021	4:39.73	25m	24-11-02	Amsterdam	
16.	van Ballegooie Simone	84	08-021	4:41.34	25m	23-1-00	Heemskerk (NED)	
17.	Mallon Danique	94	08-021	4:41.82	25m	9-11-08	Zaandam (NED)	
18.	Palmboom Nicole	91	08-021	4:42.54	25m	19-12-04	Heemskerk (NED)	
19.	Heus Pauline	78	08-021	4:44.97	25m	23-1-00	Heemskerk (NED)	
20.	Niesten Iris	92	08-021	4:47.61	25m	3-12-06	Zaandam (NED)	
21.	Visser Stacey	87	08-021	4:50.92	25m	20-1-01	Amsterdam (NED)	
22.	Hogema Fabiën	93	08-021	5:00.83	25m	13-11-05	Zaandam (NED)	
23.	Vink Marjolein	93	08-021	5:05.15	25m	13-11-05	Zaandam (NED)	
24.	van Ballegooie Stefanie	86	08-021	5:05.52	25m	20-1-01	Amsterdam (NED)	
25.	Hoek Laura	86	08-021	5:12.22	25m	23-1-00	Heemskerk (NED)	
26.	Rodenburg Rianne	93	08-021	5:16.57	25m	13-11-05	Zaandam (NED)	

300 wisselslag (sinds 27)

27. Liefthing Sarina	93	08-021	5:23.74	25m	13-11-05	Zaandam (NED)
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400 wisselslag

1. Schelvis Femke	84	08-021	5:29.20	25m	10-5-98	Zaandam (NED)	486
2. Hoekstra Eline	03	08-021	5:42.35	25m	11-11-17	Hoofddorp (NED)	432
3. Vink Lidewij	90	08-021	5:43.03	25m	1-4-06	Zaandam (NED)	430
4. Smit Sanne	01	08-021	5:43.46	25m	17-11-18	Hoofddorp (NED)	428
5. de Haan Shira	00	08-021	5:51.41	25m	4-6-17	Purmerend (NED)	400
6. van der Gracht Anouk	89	08-021	5:52.01	25m	24-2-08	Zaandam (NED)	398
7. Schelvis Roos	86	08-021	5:54.48	25m	25-2-01	Heemskerk (NED)	389
8. van der Kroft Nicole	84	08-021	5:54.96	25m	25-2-01	Heemskerk (NED)	388
9. Palmboom Nicole	91	08-021	5:55.32	25m	15-6-06	Heemskerk (NED)	387
10. Kleijne Daisy	89	08-021	5:55.34	25m	30-1-05	Zaandam (NED)	386
11. Stins Mariska	84	08-021	5:55.41	25m	24-2-02	Heemskerk	386
12. Stam Vanessa	80	08-021	5:56.80	25m	12-1-97	Heemskerk (NED)	382
13. Crok Linda	94	08-021	5:58.13	25m	24-2-08	Zaandam (NED)	377
14. Essers Sanne	91	08-021	6:00.29	25m	11-2-07	Zaandam (NED)	371
15. Kramer Miranda	80	08-021	6:01.21	25m	25-2-01	Heemskerk (NED)	368
16. Verbree Bets	63	08-021	6:03.30	25m	3-4-82	Heemskerk (NED)	362
17. Besse Karen	75	08-021	6:03.50	25m	4-2-90	Volendam (NED)	361
18. Mallon Danique	94	08-021	6:04.26	25m	24-2-08	Zaandam (NED)	359
19. Hoek Daniëlle	88	08-021	6:05.19	25m	30-1-05	Zaandam (NED)	356
20. van de Poll Marianne	89	08-021	6:06.21	25m	29-2-04	Wormerveer	353
21. Crok Annemarie	89	08-021	6:07.62	25m	29-2-04	Wormerveer	349
22. Koopman Anitra	89	08-021	6:09.20	25m	23-2-03	Heemskerk	344
23. Stam Sabrina	82	08-021	6:13.60	25m	23-2-97	Zaandam (NED)	332
24. de Boer Irene	84	08-021	6:14.76	25m	30-3-00	Heemskerk (NED)	329
25. Blaauw Yente	03	08-021	6:17.24	25m	19-3-17	Zaandam (NED)	323
26. van Ballegooie Simone	84	08-021	6:18.60	25m	29-3-98	Heemstede (NED)	319
27. de Ruijter Linda	87	08-021	6:18.75	25m	23-2-03	Heemskerk	319
28. van Rookhuizen Sieta	79	08-021	6:19.17	25m	30-3-00	Heemskerk (NED)	318
29. Vink Marjolein	93	08-021	6:21.35	25m	11-2-07	Zaandam (NED)	313
30. Visser Kelly	89	08-021	6:22.96	25m	24-2-02	Heemskerk	309
31. Dijkstra Lisette	86	08-021	6:25.30	25m	22-2-98	Zaandam (NED)	303
32. Tholen Kirsten	66	08-021	6:27.30	25m	3-4-82	Heemskerk (NED)	298
33. Niesten Iris	92	08-021	6:27.79	25m	11-2-07	Zaandam (NED)	297
34. Hermans Liesbeth	66	08-021	6:31.10	25m	3-4-82	Heemskerk (NED)	290
35. Dijkstra Ingrid	68	08-021	6:31.20	25m	3-4-82	Heemskerk (NED)	290
36. Visser Stacey	87	08-021	6:32.17	25m	25-2-01	Heemskerk (NED)	287
37. Koster Lisa	94	08-021	6:32.26	25m	11-2-07	Zaandam (NED)	287
38. Hogema Fabiën	93	08-021	6:33.87	25m	29-1-06	Zaandam (NED)	284
39. van Galen Angela	65	08-021	6:35.50	25m	28-2-82		280
40. Scholten Britt	04	08-021	6:38.53	25m	19-3-17	Zaandam (NED)	274
41. Buur Naomi	01	08-021	6:38.69	25m	23-2-14	Zaandam (NED)	273
42. Wentink Yara	04	08-021	6:42.66	25m	19-3-17	Zaandam (NED)	265
43. Plokker Sylvia	68	08-021	6:45.00	25m	3-4-82	Heemskerk (NED)	261
44. ten Cate Ilona	85	08-021	6:45.60	25m	15-6-06	Heemskerk (NED)	260
45. Siemerink Laura	04	08-021	6:46.58	50m	21-1-18	Alkmaar (NED)	281
46. van Ballegooie Stefanie	86	08-021	6:49.29	25m	25-2-01	Heemskerk (NED)	253
47. Cappelle Carlijn	82	08-021	6:50.70	25m	23-2-97	Zaandam (NED)	250
48. Windmuller Wendy	69	08-021	6:54.60	25m	3-4-82	Heemskerk (NED)	243
49. Hoek Laura	86	08-021	6:56.08	25m	30-3-00	Heemskerk (NED)	241

400 wisselslag (sinds 50)

50. Pover Karin	67	08-021	6:57.80	25m	10-1-82	Wormerveer (NED)	238
51. van Giezen Corina	68	08-021	6:58.40	25m	3-4-82	Heemskerk (NED)	237
52. Renkema Iris	04	08-021	7:00.17	25m	19-3-17	Zaandam (NED)	234
53. de Wildt Maud	05	08-021	7:03.06	25m	19-3-17	Zaandam (NED)	229
54. van Giezen Sandra	63	08-021	7:13.50	25m	3-4-82	Heemskerk (NED)	213
55. Veldhuis Amelia	03	08-021	7:14.65	25m	11-12-16	Alkmaar (NED)	211
56. van der Horst Sacha	69	08-021	7:17.00	25m	3-4-82	Heemskerk (NED)	208
57. Palthe Yvonne	67	08-021	7:23.00	25m	3-4-82	Heemskerk (NED)	199
58. Berloth Lydia	68	08-021	7:23.50	25m	3-4-82	Heemskerk (NED)	199
59. Peters Yvonne	63	08-021	7:28.10	25m	28-2-82		192
60. van Tellingen Ingrid	66	08-021	7:34.70	25m	3-4-82	Heemskerk (NED)	184
61. Nijman José	93	08-021	7:47.05	25m	11-2-07	Zaandam (NED)	170
62. Sierra Ana Maria	69	08-021	8:13.00	25m	3-4-82	Heemskerk (NED)	144