

25 vrije slag

1. Schelvis Femke	84	08-021	14.00	25m	13-3-97	Heemskerk (NED)	417
2. Schelvis Roos	86	08-021	14.10	25m	25-3-99	Heemskerk (NED)	408
3. Koster Lisa	94	08-021	14.33	25m	19-4-07	Heemskerk (NED)	388
4. Hogema Fabiën	93	08-021	14.66	25m	27-4-06	Heemskerk	363
5. Crok Linda	94	08-021	14.85	25m	19-4-07	Heemskerk (NED)	349
6. van der Kroft Nicole	84	08-021	15.10	25m	13-3-97	Heemskerk (NED)	332
7. Rodenburg Rianne	93	08-021	15.20	25m	27-4-06	Heemskerk	325
8. Mallon Danique	94	08-021	15.29	25m	19-4-07	Heemskerk (NED)	320
9. Vink Marjolein	93	08-021	15.42	25m	27-4-06	Heemskerk	312
10. Bruin Marianne	78	08-021	15.50	25m	16-5-91	Heemskerk (NED)	307
11. de Groot Daniëlle	93	08-021	15.61	25m	27-4-06	Heemskerk	300
12. Liefing Sarina	93	08-021	15.66	25m	27-4-06	Heemskerk	298
13. van Kooten Cynthia	93	08-021	15.79	25m	30-11-06	Heemskerk	290
14. Stins Mariska	84	08-021	15.80	25m	13-3-97	Heemskerk (NED)	290
15. Bos Chantal	74	08-021	15.90	25m	17-12-87	Heemskerk (NED)	284
16. Limmen Karin	76	08-021	16.00	25m	31-12-89	Heemskerk (NED)	279
17. Hoek Daniëlle	88	08-021	16.07	25m	29-3-01	Heemskerk (NED)	275
18. Hommersen Sandra	84	08-021	16.10	25m	20-3-97	Heemskerk (NED)	274
19. Vredenburg Roos	95	08-021	16.23	25m	29-5-08	Heemskerk (NED)	267
20. de Ruijter Linda	87	08-021	16.65	25m	4-5-00	Heemskerk (NED)	247
21. Lindelauf Priscilla	85	08-021	16.70	25m	12-2-98	Heemskerk (NED)	245
21. van Koeveringe Nicole	93	08-021	16.70	25m	27-4-06	Heemskerk	245
23. Hoek Laura	86	08-021	16.80	25m	25-2-99	Heemskerk (NED)	241
24. Bruin Adri	74	08-021	16.90	25m	17-12-87	Heemskerk (NED)	237
24. Moolevliet Petra	82	08-021	16.90	25m	27-4-95	Heemskerk (NED)	237

50 vrije slag

1. Koster Lisa	94	08-021	29.18	25m	30-12-07	Maastricht (NED)	485
2. Schelvis Femke	84	08-021	29.30	25m	6-11-97	Heemskerk (NED)	479
3. Smit Sanne	01	08-021	30.13	25m	26-10-14	Zaandam (NED)	440
3. Hoekstra Eline	03	08-021	30.13	25m	13-10-16	Heemskerk (NED)	440
5. Schelvis Roos	86	08-021	30.44	25m	4-11-99	Heemskerk (NED)	427
6. Siemerink Laura	04	08-021	30.49	25m	26-11-17	Purmerend (NED)	425
7. Palmboom Nicole	91	08-021	30.79	25m	28-12-04	Maastricht (NED)	413
8. Schuyt Simone	75	08-021	31.00	25m	5-10-88		404
9. de Groot Daniëlle	93	08-021	31.10	25m	28-12-06	Maastricht (NED)	400
10. Renkema Iris	04	08-021	31.25	25m	11-11-17	Hoofddorp (NED)	395
11. Wentink Yara	04	08-021	31.44	25m	30-12-17	Leeuwarden (NED)	387
12. van der Kroft Nicole	84	08-021	31.50	25m	5-10-97	Zaandam (NED)	385
13. Dijkstra Lisette	86	08-021	31.51	25m	10-1-99	Zuidoost Beemster (NED)	385
14. Vink Marjolein	93	08-021	31.63	25m	30-12-06	Hoorn (NED)	380
15. Hogema Fabiën	93	08-021	31.71	25m	23-4-06	Zaandam (NED)	378
16. Buur Naomi	01	08-021	31.72	25m	11-5-14	Purmerend (NED)	377
17. Mallon Danique	94	08-021	31.82	25m	30-12-07	Maastricht (NED)	374
18. van Honk Chantal	80	08-021	32.00	25m	14-4-93		367
19. van Ballegooie Simone	84	08-021	32.10	25m	16-11-97	Zaandam (NED)	364
20. Crok Linda	94	08-021	32.37	25m	28-12-07	Maastricht (NED)	355
21. van 't Veer Iris	03	08-021	32.39	25m	13-10-16	Heemskerk (NED)	354
22. Meijer Linda	77	08-021	32.50	25m	11-3-90	Heemskerk (NED)	351
22. de Boer Irene	84	08-021	32.50	25m	16-11-97	Zaandam (NED)	351
24. Blaauw Yente	03	08-021	32.56	25m	13-10-16	Heemskerk (NED)	349

50 vrije slag (sinds 25)

25. Koopman Anitra	89	08-021	32.59	25m	24-3-02	Heemstede	348
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100 vrije slag

1. Koster Lisa	94	08-021	1:02.75	25m	15-12-07	Heemskerk (NED)	513
2. Schelvis Femke	84	08-021	1:03.00	25m	14-12-97	Heemskerk (NED)	507
3. Smit Sanne	01	08-021	1:04.55	25m	21-12-14	Amsterdam (NED)	471
4. Schelvis Roos	86	08-021	1:05.56	25m	12-12-99	Heemskerk (NED)	450
5. Hoekstra Eline	03	08-021	1:06.13	25m	9-10-16	Alkmaar (NED)	438
6. Mallon Danique	94	08-021	1:07.85	25m	15-12-07	Heemskerk (NED)	406
7. Schuyt Simone	75	08-021	1:08.10	25m	17-9-88		401
8. Wentink Yara	04	08-021	1:08.29	25m	29-10-17	Den Helder (NED)	398
9. Buur Naomi	01	08-021	1:08.74	25m	7-12-14	Heemskerk (NED)	390
10. Siemerink Laura	04	08-021	1:08.87	25m	18-11-17	Hoofddorp (NED)	388
11. van der Kroft Nicole	84	08-021	1:09.20	25m	14-12-97	Heemskerk (NED)	382
12. van Honk Chantal	80	08-021	1:09.30	25m	3-4-93		381
13. Vink Marjolein	93	08-021	1:09.66	25m	10-12-06	Heemskerk (NED)	375
14. Crok Linda	94	08-021	1:09.84	25m	25-11-07	Amsterdam (NED)	372
15. Renkema Iris	04	08-021	1:09.97	25m	15-10-17	Alkmaar (NED)	370
16. Windmuller Wendy	69	08-021	1:10.30	25m	14-3-82		365
17. van Ballegooie Simone	84	08-021	1:10.40	25m	30-11-97	Alkmaar (NED)	363
18. de Boer Irene	84	08-021	1:10.50	25m	30-3-97	Haarlem (NED)	362
19. Koopman Anitra	89	08-021	1:10.78	25m	28-12-02	Hoom (NED)	357
20. van der Geest Saskia	73	08-021	1:10.80	25m	31-12-86		357
21. de Groot Daniëlle	93	08-021	1:10.88	25m	10-12-06	Heemskerk (NED)	356
22. Palmboom Nicole	91	08-021	1:11.15	25m	28-12-04	Maastricht (NED)	352
23. Hogema Fabiën	93	08-021	1:11.68	25m	16-4-06	Haarlem (NED)	344
24. van 't Veer Iris	03	08-021	1:11.75	25m	18-12-16	Heemskerk (NED)	343
25. Meijer Linda	77	08-021	1:12.20	25m	25-11-90	Heemskerk (NED)	337

200 vrije slag

1. Schelvis Femke	84	08-021	2:15.30	25m	11-12-97	Heemskerk (NED)	543
2. Koster Lisa	94	08-021	2:21.16	25m	25-10-07	Heemskerk (NED)	478
3. Schelvis Roos	86	08-021	2:23.42	25m	25-11-99	Heemskerk	456
4. Hoekstra Eline	03	08-021	2:24.67	25m	30-10-16	Den Helder (NED)	444
5. Buur Naomi	01	08-021	2:32.42	25m	30-3-14	Zaandam (NED)	380
6. Koopman Anitra	89	08-021	2:34.66	25m	26-9-02	Heemskerk	364
7. Schuyt Simone	75	08-021	2:34.70	25m	7-2-88	Heemskerk (NED)	363
8. Mallon Danique	94	08-021	2:35.12	25m	25-10-07	Heemskerk (NED)	360
9. Crok Linda	94	08-021	2:36.29	25m	25-10-07	Heemskerk (NED)	352
10. de Groot Daniëlle	93	08-021	2:36.33	25m	26-11-06	Heemskerk (NED)	352
11. de Boer Irene	84	08-021	2:36.60	25m	26-10-97	Heemskerk (NED)	350
12. Palmboom Nicole	91	08-021	2:36.78	25m	28-11-04	Heemskerk (NED)	349
13. van der Kroft Nicole	84	08-021	2:36.80	25m	11-12-97	Heemskerk (NED)	349
14. Kleijne Daisy	89	08-021	2:36.84	25m	22-12-02	Zaandam	349
15. Hogema Fabiën	93	08-021	2:37.22	25m	26-11-06	Heemskerk (NED)	346
16. Vink Marjolein	93	08-021	2:37.41	25m	26-11-06	Heemskerk (NED)	345
17. Petit Kirsten	00	08-021	2:38.04	25m	6-10-13	Heemskerk (NED)	341
18. Blaauw Yente	03	08-021	2:38.14	25m	9-10-16	Alkmaar (NED)	340
19. Besse Karen	75	08-021	2:38.20	25m	7-2-88	Heemskerk (NED)	340
20. van Ballegooie Simone	84	08-021	2:40.50	25m	12-10-97	Assendelft (NED)	325
21. van Koevering Nicole	93	08-021	2:41.10	25m	26-11-06	Heemskerk (NED)	322

200 vrije slag (sinds 22)

22. Vink Lidewij	90	08-021	2:41.23	25m	18-12-03	Heemskerk (NED)	321
23. Essers Sanne	91	08-021	2:41.44	25m	30-9-04	Heemskerk (NED)	320
24. Renkema Iris	04	08-021	2:41.45	25m	12-3-17	Purmerend (NED)	319
25. Visser Kelly	89	08-021	2:41.51	50m	21-4-02	Beverwijk (NED)	342

250 vrije slag300 vrije slag

1. Koster Lisa	94	08-021	3:53.61	25m	14-10-07	Zaandam (NED)	402
2. Buur Naomi	01	08-021	4:02.95	25m	7-6-14	Purmerend (NED)	357
3. Mallon Danique	94	08-021	4:08.45	25m	14-10-07	Zaandam (NED)	334
4. Hogema Fabiën	93	08-021	4:13.63	25m	18-5-06	Heemskerk (NED)	314
5. Essers Sanne	91	08-021	4:15.31	25m	29-4-04	Heemskerk (NED)	308
6. Palmboom Nicole	91	08-021	4:24.15	25m	17-10-04	Zaandam (NED)	278
7. Niesten Iris	92	08-021	4:36.32	25m	23-10-05	Zaandam (NED)	243
8. Vink Marjolein	93	08-021	4:37.46	25m	18-5-06	Heemskerk (NED)	240
9. de Haan Shira	00	08-021	4:44.01	25m	18-5-13	Purmerend (NED)	223
10. van Kooten Cynthia	93	08-021	5:03.13	25m	12-1-06	Heemskerk (NED)	184
11. Beentjes Daphne	91	08-021	5:28.04	25m	29-4-04	Heemskerk (NED)	145

400 vrije slag

1. Schelvis Femke	84	08-021	4:59.80	25m	21-9-97	Alkmaar (NED)	478
2. Koster Lisa	94	08-021	5:02.29	25m	18-11-07	Alkmaar (NED)	466
3. Hoekstra Eline	03	08-021	5:24.40	25m	18-9-16	Zaandam (NED)	377
4. Schelvis Roos	86	08-021	5:25.27	25m	28-2-99	Zaandam (NED)	374
5. Buur Naomi	01	08-021	5:26.16	25m	7-6-14	Purmerend (NED)	371
6. Besse Karen	75	08-021	5:27.90	25m	5-10-88		365
7. Mallon Danique	94	08-021	5:30.28	25m	9-12-07	Zaandam (NED)	358
8. Crok Linda	94	08-021	5:31.78	25m	18-11-07	Alkmaar (NED)	353
9. Schuyt Simone	75	08-021	5:34.50	25m	5-10-88		344
10. de Boer Irene	84	08-021	5:35.00	25m	23-2-97	Zaandam (NED)	343
11. Koopman Anitra	89	08-021	5:35.46	25m	30-5-02	Heemskerk	341
12. Hogema Fabiën	93	08-021	5:40.82	25m	18-5-06	Heemskerk (NED)	325
13. Kleijne Daisy	89	08-021	5:42.61	25m	30-5-02	Heemskerk	320
14. Essers Sanne	91	08-021	5:43.62	25m	17-10-04	Zaandam (NED)	317
15. van 't Veer Iris	03	08-021	5:44.63	25m	18-9-16	Zaandam (NED)	315
16. de Boer Claudia	77	08-021	5:46.40	25m	11-3-90	Heemskerk (NED)	310
17. van Ballegooie Simone	84	08-021	5:48.10	25m	23-2-97	Zaandam (NED)	305
18. de Ruijter Linda	87	08-021	5:51.36	25m	15-10-00	Alkmaar (NED)	297
19. Meijer Linda	77	08-021	5:52.20	25m	11-3-90	Heemskerk (NED)	295
20. Palmboom Nicole	91	08-021	5:56.21	25m	17-10-04	Zaandam (NED)	285
21. van der Kroft Nicole	84	08-021	5:56.60	25m	23-2-97	Zaandam (NED)	284
22. Visser Stacey	87	08-021	5:58.57	25m	5-11-00	Zaandam (NED)	279
23. Hoek Daniëlle	88	08-021	5:58.88	25m	31-5-01	Heemskerk (NED)	279
24. Vink Marjolein	93	08-021	6:00.51	25m	22-10-06	Zaandam (NED)	275
25. Visser Shana	04	08-021	6:00.90	25m	5-11-17	Alkmaar (NED)	274

500 vrije slag

800 vrije slag

1. Koster Lisa	94	08-021	10:39.38	25m	9-12-07	Zaandam (NED)	421
2. Schelvis Femke	84	08-021	10:39.90	25m	16-2-97	Volendam (NED)	420
3. Schelvis Roos	86	08-021	10:54.50	25m	28-2-99	Zaandam (NED)	392
4. Mallon Danique	94	08-021	11:12.78	25m	9-12-07	Zaandam (NED)	361
5. Koopman Anitra	89	08-021	11:31.80	25m	1-12-02	Heemskerk	332
6. de Boer Claudia	77	08-021	11:35.50	25m	8-4-90	Volendam (NED)	327
7. Essers Sanne	91	08-021	11:46.11	25m	14-11-04	Heemskerk (NED)	312
8. de Boer Irene	84	08-021	11:49.60	25m	16-2-97	Volendam (NED)	308
9. Visser Kelly	89	08-021	11:52.74	25m	10-2-02	Zaandam	304
10. Hogema Fabiën	93	08-021	11:57.74	25m	3-12-06	Zaandam (NED)	297
11. Buur Naomi	01	08-021	12:01.21	50m	18-2-14	Beverwijk (NED)	303
12. Hoek Daniëlle	88	08-021	12:03.13	25m	4-11-01	Heemskerk	291
13. van Ballegooie Simone	84	08-021	12:08.80	25m	16-2-97	Volendam (NED)	284
14. Meijer Linda	77	08-021	12:09.10	25m	8-4-90	Volendam (NED)	284
15. van der Gracht Anouk	89	08-021	12:15.97	25m	1-12-02	Heemskerk	276
16. van Koevinge Nicole	93	08-021	12:19.96	25m	3-12-06	Zaandam (NED)	271
17. Vink Marjolein	93	08-021	12:24.42	25m	3-12-06	Zaandam (NED)	266
18. van der Kroft Nicole	84	08-021	12:29.40	25m	16-2-97	Volendam (NED)	261
19. de Haan Shira	00	08-021	12:30.20	25m	20-10-13	Zaandam (NED)	260
20. de Groot Daniëlle	93	08-021	12:54.55	25m	19-2-06	Zaandam (NED)	237
21. de Ruijter Linda	87	08-021	13:16.19	25m	23-1-00	Heemskerk (NED)	218
22. Visser Stacey	87	08-021	13:57.36	25m	23-1-00	Heemskerk (NED)	187
23. Nijman José	93	08-021	14:16.29	25m	3-12-06	Zaandam (NED)	175
24. van Kooten Cynthia	93	08-021	14:20.51	25m	3-12-06	Zaandam (NED)	172

1000 vrije slag

1. Hogema Fabiën	93	08-021	16:38.77	OW	2-7-06	Bodegraven (NED)
2. van Leeuwen Andrea	71	08-021	17:28.00	OW	17-6-84	Amstelveen (NED)
3. Buur Naomi	01	08-021	18:04.60	OW	9-8-14	Heerjansdam (NED)
4. de Graaf Dinie	71	08-021	19:28.50	OW	17-6-84	Amstelveen (NED)
5. Buur Cindy	99	08-021	22:30.20	OW	2-9-12	Vlissingen (NED)

1250 vrije slag**1500 vrije slag**

1. Besse Karen	75	08-021	22:20.60	25m	29-12-88	Heemskerk (NED)	322
2. Koopman Anitra	89	08-021	22:24.45	25m	10-2-02	Zaandam	320
3. Visser Kelly	89	08-021	22:30.91	25m	10-2-02	Zaandam	315
4. Buur Naomi	01	08-021	22:49.10	25m	9-2-14	Zaandam (NED)	303
5. Crok Linda	94	08-021	22:55.39	25m	28-1-07	Zaandam (NED)	299
6. Hogema Fabiën	93	08-021	23:07.68	25m	19-2-06	Zaandam (NED)	291
7. Essers Sanne	91	08-021	23:35.06	25m	7-3-04	Zaandam	274
8. Mallon Danique	94	08-021	23:47.44	25m	28-1-07	Zaandam (NED)	267
9. de Boer Claudia	77	08-021	23:53.70	25m	17-3-90	Heerhugowaard (NED)	263
10. Meijer Linda	77	08-021	24:06.20	25m	17-3-90	Heerhugowaard (NED)	257
11. de Groot Daniëlle	93	08-021	24:22.29	25m	19-2-06	Zaandam (NED)	248
12. de Ruijter Linda	87	08-021	24:48.96	25m	5-3-00	Zaandam (NED)	235
13. Kleijne Daisy	89	08-021	25:00.19	25m	10-2-02	Zaandam	230
14. Hoek Daniëlle	88	08-021	25:06.34	25m	11-2-01	Zaandam (NED)	227
15. Vink Marjolein	93	08-021	25:26.25	25m	19-2-06	Zaandam (NED)	218

1500 vrije slag (sinds 16)

16. van Koeveringe Nicole	93	08-021	25:27.32	25m	19-2-06	Zaandam (NED)	218
17. Visser Stacey	87	08-021	26:44.41	25m	5-3-00	Zaandam (NED)	188

2000 vrije slag2500 vrije slag3000 vrije slag4000 vrije slag5000 vrije slag6000 vrije slag6500 vrije slag10000 vrije slag20000 vrije slag22000 vrije slag25 rugslag

1. Schelvis Femke	84	08-021	16.60	25m	13-2-97	Heemskerk (NED)	385
2. Koster Lisa	94	08-021	17.13	25m	19-4-07	Heemskerk (NED)	350
3. van der Kroft Nicole	84	08-021	17.20	25m	13-2-97	Heemskerk (NED)	346
4. de Boer Irene	84	08-021	17.70	25m	13-2-97	Heemskerk (NED)	317
4. Mallon Danique	94	08-021	17.70	25m	19-4-07	Heemskerk (NED)	317
6. Schelvis Roos	86	08-021	17.78	25m	25-3-99	Heemskerk (NED)	313
7. van Ballegooie Simone	84	08-021	17.80	25m	13-2-97	Heemskerk (NED)	312
8. Crok Linda	94	08-021	17.88	25m	19-4-07	Heemskerk (NED)	308
9. Liefing Sarina	93	08-021	17.95	25m	27-4-06	Heemskerk	304
10. Rodenburg Rianne	93	08-021	18.13	25m	27-4-06	Heemskerk	295
11. Hoek Laura	86	08-021	18.30	25m	25-3-99	Heemskerk (NED)	287
11. de Groot Daniëlle	93	08-021	18.30	25m	27-4-06	Heemskerk	287
13. Vink Marjolein	93	08-021	18.44	25m	27-4-06	Heemskerk	281
14. Bruin Adri	74	08-021	18.80	25m	17-12-87	Heemskerk (NED)	265
14. Moolevliet Petra	82	08-021	18.80	25m	16-3-95	Heemskerk (NED)	265
14. Stins Mariska	84	08-021	18.80	25m	13-2-97	Heemskerk (NED)	265
17. de Vries Justine	83	08-021	18.90	25m	8-2-96	Heemskerk (NED)	261
18. Heus Pauline	78	08-021	19.00	25m	16-5-91	Heemskerk (NED)	257
18. Bruin Marianne	78	08-021	19.00	25m	16-5-91	Heemskerk (NED)	257
20. Limmen Karin	76	08-021	19.30	25m	31-12-89	Heemskerk (NED)	245
20. Boekling Annette	85	08-021	19.30	25m	15-1-98	Heemskerk (NED)	245
22. Hoek Daniëlle	88	08-021	19.36	25m	22-2-01	Heemskerk (NED)	242
23. Hogema Fabiën	93	08-021	19.40	25m	27-4-06	Heemskerk	241

25 rugslag (sinds 24)

24.	van Ballegooie Stefanie	86	08-021	19.60	25m	21-1-99	Heemskerk (NED)	234
25.	de Ruijter Linda	87	08-021	19.61	25m	17-2-00	Heemskerk (NED)	233

50 rugslag

1.	Schelvis Femke	84	08-021	33.90	25m	9-10-97	Heemskerk (NED)	434
2.	Koster Lisa	94	08-021	33.96	25m	13-12-07	Heemskerk (NED)	431
3.	Hoekstra Eline	03	08-021	35.02	25m	18-12-16	Heemskerk (NED)	393
4.	Meijer Linda	77	08-021	35.10	25m	31-5-90	Heemskerk (NED)	391
5.	Koper Fiona	01	08-021	35.16	25m	16-11-14	Zaandam (NED)	389
6.	Schelvis Roos	86	08-021	35.62	25m	14-11-99	Zaandam (NED)	374
7.	Crok Linda	94	08-021	35.78	25m	9-4-07	Haarlem (NED)	369
8.	van Honk Chantal	80	08-021	36.30	25m	12-5-93		353
9.	Buur Naomi	01	08-021	36.45	25m	21-12-14	Zaandam (NED)	349
10.	Koopman Anitra	89	08-021	36.55	25m	22-12-02	Zaandam	346
11.	van der Kroft Nicole	84	08-021	36.80	25m	10-4-97	Heemskerk (NED)	339
12.	Siemerink Laura	04	08-021	36.82	25m	30-12-17	Leeuwarden (NED)	338
13.	Renkema Iris	04	08-021	36.87	25m	15-10-17	Alkmaar (NED)	337
14.	Mallon Danique	94	08-021	36.88	25m	28-12-07	Maastricht (NED)	337
15.	Wentink Yara	04	08-021	36.96	25m	30-12-17	Leeuwarden (NED)	335
16.	Schuyt Simone	75	08-021	37.10	25m	15-12-88	Heemskerk (NED)	331
17.	Kleijne Daisy	89	08-021	37.13	25m	1-4-02	Haarlem	330
18.	de Boer Irene	84	08-021	37.30	25m	26-1-97	Zuidoost Beemster (NED)	325
19.	Besse Karen	75	08-021	37.60	25m	15-12-88	Heemskerk (NED)	318
20.	van 't Veer Iris	03	08-021	37.65	25m	18-2-16	Heemskerk (NED)	316
21.	van Assema Eline	05	08-021	37.75	25m	16-6-18	Alkmaar (NED)	314
22.	Zonneveld Cindy	75	08-021	37.90	25m	15-12-88	Heemskerk (NED)	310
23.	Dijkstra Lisette	86	08-021	37.91	25m	10-1-99	Zuidoost Beemster (NED)	310
24.	Niesten Iris	92	08-021	38.12	25m	27-10-05	Heemskerk (NED)	305
25.	Palmboom Nicole	91	08-021	38.66	25m	28-12-04	Maastricht (NED)	292

100 rugslag

1.	Schelvis Femke	84	08-021	1:11.10	25m	16-11-97	Zaandam (NED)	463
2.	Koster Lisa	94	08-021	1:13.07	25m	17-11-07	Barneveld (NED)	427
3.	Hoekstra Eline	03	08-021	1:14.16	25m	17-11-16	Heemskerk (NED)	408
4.	Schelvis Roos	86	08-021	1:14.80	25m	16-1-99		398
5.	Koper Fiona	01	08-021	1:16.63	25m	16-11-14	Zaandam (NED)	370
6.	van der Kroft Nicole	84	08-021	1:16.70	25m	6-4-97	Heemskerk (NED)	369
7.	van Honk Chantal	80	08-021	1:17.40	25m	21-2-93	(NED)	359
8.	Buur Naomi	01	08-021	1:17.64	25m	16-11-14	Zaandam (NED)	356
9.	Smit Sanne	01	08-021	1:17.71	25m	7-12-14	Heemskerk (NED)	355
10.	Crok Linda	94	08-021	1:18.05	25m	8-4-07	Haarlem (NED)	350
11.	Kleijne Daisy	89	08-021	1:18.24	25m	23-11-02	Barneveld	347
12.	Meijer Linda	77	08-021	1:18.40	25m	3-11-90		345
13.	Koopman Anitra	89	08-021	1:18.49	25m	22-12-02	Zaandam	344
14.	de Graaf Annemiek	70	08-021	1:19.00	25m	31-12-83		338
15.	van 't Veer Iris	03	08-021	1:19.30	25m	27-3-16	Haarlem (NED)	334
16.	Windmuller Wendy	69	08-021	1:19.60	25m	28-2-82		330
17.	Wentink Yara	04	08-021	1:19.83	25m	29-10-17	Den Helder (NED)	327
18.	Scholten Britt	04	08-021	1:20.42	25m	26-11-17	Purmerend (NED)	320
19.	de Boer Irene	84	08-021	1:20.70	25m	30-8-97	Assendelft (NED)	317
20.	Mallon Danique	94	08-021	1:21.41	25m	29-12-07	Maastricht (NED)	308

100 rugslag (sinds 21)

21. Liefing Sarina	93	08-021	1:21.51	25m	26-11-06	Heemskerk (NED)	307
22. Siemerink Laura	04	08-021	1:21.61	25m	3-12-17	Heemskerk (NED)	306
23. Blaauw Yente	03	08-021	1:21.98	25m	30-10-16	Den Helder (NED)	302
24. van Assema Eline	05	08-021	1:22.04	25m	19-5-18	Purmerend (NED)	301
25. van Ballegooye Simone	84	08-021	1:22.50	25m	31-3-97	Haarlem (NED)	296

200 rugslag

1. Schelvis Femke	84	08-021	2:31.90	25m	16-11-97	Zaandam (NED)	483
2. Schelvis Roos	86	08-021	2:41.03	25m	16-12-99	Heemskerk	405
3. Koster Lisa	94	08-021	2:42.59	25m	21-10-07	Zaandam (NED)	394
4. Hoekstra Eline	03	08-021	2:42.84	25m	30-12-16	Leeuwarden (NED)	392
5. Crok Linda	94	08-021	2:44.71	25m	30-9-07	Volendam (NED)	379
6. Koopman Anitra	89	08-021	2:49.39	25m	6-10-02	Zaandam	348
7. Meijer Linda	77	08-021	2:50.60	25m	3-5-90	Heemskerk (NED)	341
8. van 't Veer Iris	03	08-021	2:51.91	25m	30-12-16	Leeuwarden (NED)	333
9. Kleijne Daisy	89	08-021	2:53.80	25m	19-12-02	Heemskerk	322
10. Windmuller Wendy	69	08-021	2:54.20	25m	7-3-82		320
11. Buur Naomi	01	08-021	2:54.82	25m	6-4-14	Zaandam (NED)	317
12. Blaauw Yente	03	08-021	2:55.10	25m	2-10-16	Purmerend (NED)	315
13. van der Kroft Nicole	84	08-021	2:55.90	25m	12-1-97	Heemskerk (NED)	311
14. de Graaf Annemiek	70	08-021	2:56.00	25m	10-4-83	Heemskerk (NED)	310
15. Essers Sanne	91	08-021	2:56.29	25m	23-12-04	Heemskerk (NED)	309
16. Mallon Danique	94	08-021	2:57.60	25m	25-1-07	Heemskerk (NED)	302
17. Renkema Iris	04	08-021	2:58.37	25m	19-3-17	Zaandam (NED)	298
18. van Assema Eline	05	08-021	2:58.78	25m	7-10-18	Purmerend (NED)	296
19. Stins Mariska	84	08-021	2:59.80	50m	9-11-97	Beverwijk (NED)	328
19. Scholten Britt	04	08-021	2:59.80	25m	19-3-17	Zaandam (NED)	291
21. Petit Kirsten	00	08-021	2:59.90	25m	14-4-13	Zaandam (NED)	291
22. Dijkstra Lisette	86	08-021	3:01.00	25m	21-1-99	Heemskerk (NED)	285
23. Moolevliet Petra	82	08-021	3:01.10	25m	12-10-95	Heemskerk (NED)	285
24. van Ballegooye Simone	84	08-021	3:02.80	25m	11-9-97	Heemskerk (NED)	277
24. de Boer Irene	84	08-021	3:02.80	25m	11-9-97	Heemskerk (NED)	277

500 rugslag**25 schoolslag**

1. van der Kroft Nicole	84	08-021	18.40	25m	13-3-97	Heemskerk (NED)	379
2. Koster Lisa	94	08-021	18.50	25m	19-4-07	Heemskerk (NED)	373
3. Hogema Fabiën	93	08-021	18.73	25m	27-4-06	Heemskerk	359
4. de Groot Daniëlle	93	08-021	18.78	25m	27-4-06	Heemskerk	356
5. Schelvis Roos	86	08-021	19.00	25m	25-3-99	Heemskerk (NED)	344
6. Crok Linda	94	08-021	19.03	25m	19-4-07	Heemskerk (NED)	342
7. Schelvis Femke	84	08-021	19.40	25m	13-3-97	Heemskerk (NED)	323
8. Glorie Astrid	63	08-021	19.70	25m	14-9-76	Heemskerk (NED)	309
9. Vink Marjolein	93	08-021	20.14	25m	27-4-06	Heemskerk	289
10. Bruin Marianne	78	08-021	20.20	25m	16-5-91	Heemskerk (NED)	286
10. Moolevliet Petra	82	08-021	20.20	25m	27-4-95	Heemskerk (NED)	286
12. Mallon Danique	94	08-021	20.36	25m	19-4-07	Heemskerk (NED)	280
13. Heus Pauline	78	08-021	20.40	25m	16-5-91	Heemskerk (NED)	278
13. de Ruijter Linda	87	08-021	20.40	25m	20-1-00	Heemskerk (NED)	278
15. Bruin Adri	74	08-021	20.90	25m	17-12-87	Heemskerk (NED)	258

25 schoolslag (sinds 16)

16.	van Kooten Cynthia	93	08-021	20.91	25m	27-4-06	Heemskerk	258
17.	Liefting Sarina	93	08-021	20.92	25m	27-4-06	Heemskerk	258
18.	Hoek Daniëlle	88	08-021	20.98	25m	22-2-01	Heemskerk (NED)	255
19.	Boekling Annette	85	08-021	21.10	25m	5-2-98	Heemskerk (NED)	251
20.	van Ballegooie Simone	84	08-021	21.20	25m	13-3-97	Heemskerk (NED)	248
20.	van Ballegooie Stefanie	86	08-021	21.20	25m	21-1-99	Heemskerk (NED)	248
22.	Visser Stacey	87	08-021	21.28	25m	17-2-00	Heemskerk (NED)	245
23.	Lund Karin	63	08-021	21.30	25m	14-9-76	Heemskerk (NED)	244
23.	de Boer Angela	80	08-021	21.30	25m	17-6-93	Heemskerk (NED)	244
23.	Stins Mariska	84	08-021	21.30	25m	13-3-97	Heemskerk (NED)	244

50 schoolslag

1.	van Honk Chantal	80	08-021	37.00	50m	21-3-93	Beverwijk (NED)	501
2.	Koster Lisa	94	08-021	40.10	25m	30-12-07	Maastricht (NED)	364
3.	Schelvis Roos	86	08-021	40.79	25m	14-11-99	Zaandam (NED)	346
4.	van der Kroft Nicole	84	08-021	41.00	25m	11-9-97	Heemskerk (NED)	340
5.	de Groot Daniëlle	93	08-021	41.02	25m	30-12-06	Maastricht (NED)	340
6.	Hoekstra Eline	03	08-021	41.12	25m	17-3-16	Heemskerk (NED)	337
7.	Hogema Fabiën	93	08-021	41.35	25m	30-11-06	Heemskerk	332
8.	Palmboom Nicole	91	08-021	41.37	25m	28-12-04	Maastricht (NED)	331
9.	Siemerink Laura	04	08-021	41.47	25m	5-11-17	Alkmaar (NED)	329
10.	Crok Linda	94	08-021	41.78	25m	30-12-07	Maastricht (NED)	322
11.	Schelvis Femke	84	08-021	41.80	25m	11-9-97	Heemskerk (NED)	321
12.	Schuyt Simone	75	08-021	42.10	25m	15-12-88	Heemskerk (NED)	314
13.	de Haan Shira	00	08-021	42.75	25m	17-11-13	Heemskerk (NED)	300
14.	van Huisstede Nikita	01	08-021	42.77	25m	30-3-14	Zaandam (NED)	300
15.	Kramer Miranda	80	08-021	42.80	25m	13-10-93		299
16.	Smit Sanne	01	08-021	42.92	25m	21-9-14	Purmerend (NED)	297
17.	van 't Veer Iris	03	08-021	43.15	25m	13-10-16	Heemskerk (NED)	292
18.	Buur Naomi	01	08-021	43.22	25m	30-3-14	Zaandam (NED)	290
19.	Vink Marjolein	93	08-021	43.39	25m	5-11-06	Zaandam (NED)	287
20.	Niesten Iris	92	08-021	43.43	25m	24-11-05	Heemskerk (NED)	286
21.	de Boer Maia	03	08-021	43.49	25m	14-2-16	Purmerend (NED)	285
22.	Moolevliet Petra	82	08-021	43.50	25m	12-10-95	Heemskerk (NED)	285
23.	Koopman Anitra	89	08-021	43.57	25m	28-11-02	Heemskerk	284
24.	Visser Stacey	87	08-021	44.05	25m	3-12-00	Zaandam (NED)	274
25.	Mallon Danique	94	08-021	44.09	25m	30-12-07	Maastricht (NED)	274

100 schoolslag

1.	van Honk Chantal	80	08-021	1:21.20	25m	6-1-93		452
2.	van der Kroft Nicole	84	08-021	1:26.80	25m	14-12-97	Heemskerk (NED)	370
3.	Schelvis Roos	86	08-021	1:27.94	25m	4-4-99	Haarlem (NED)	356
4.	Koster Lisa	94	08-021	1:28.10	25m	17-11-07	Barneveld (NED)	354
5.	Plokker Sylvia	68	08-021	1:29.00	25m	31-5-81	Heerhugowaard (NED)	343
6.	Palmboom Nicole	91	08-021	1:29.43	25m	11-4-04	Haarlem	339
7.	de Haan Shira	00	08-021	1:30.72	25m	31-10-13	Heemskerk (NED)	324
8.	van 't Veer Iris	03	08-021	1:30.81	25m	13-10-16	Heemskerk (NED)	323
9.	Hoekstra Eline	03	08-021	1:30.88	25m	17-1-16	Purmerend (NED)	323
10.	Siemerink Laura	04	08-021	1:31.01	25m	26-11-17	Purmerend (NED)	321
11.	van Leeuwen Andrea	71	08-021	1:31.20	25m	12-2-84	Heemskerk (NED)	319
11.	Kramer Miranda	80	08-021	1:31.20	25m	27-11-93		319

100 schoolslag (sinds 13)

13.	de Groot Daniëlle	93	08-021	1:31.51	25m	29-12-06	Maastricht (NED)	316
14.	Crok Linda	94	08-021	1:31.59	25m	29-12-07	Maastricht (NED)	315
15.	Missot Gonda	66	08-021	1:31.70	25m	21-4-79	Deinze (BEL)	314
16.	de Graaf Dinie	71	08-021	1:32.00	25m	12-2-84	Heemskerk (NED)	311
17.	Schelvis Femke	84	08-021	1:32.10	25m	30-8-97	Assendelft (NED)	310
18.	Hulshof Saskia	73	08-021	1:32.30	25m	20-12-86	Hilversum (NED)	308
19.	Smit Sanne	01	08-021	1:32.36	25m	2-11-14	Amsterdam (NED)	307
20.	Vink Marjolein	93	08-021	1:32.39	25m	15-10-06	Purmerend (NED)	307
21.	de Boer Irene	84	08-021	1:32.60	25m	30-3-97	Haarlem (NED)	305
22.	Oudendijk Bianca	79	08-021	1:32.80	25m	12-3-92	Heemskerk (NED)	303
23.	van Huisstede Nikita	01	08-021	1:33.02	25m	16-11-14	Zaandam (NED)	301
23.	Buur Naomi	01	08-021	1:33.02	25m	16-11-14	Zaandam (NED)	301
25.	Moolevliet Petra	82	08-021	1:33.10	25m	16-3-95	Heemskerk (NED)	300

200 schoolslag

1.	van Honk Chantal	80	08-021	2:55.20	25m	9-1-93	Zuidoost Beemster (NED)	453
2.	Schelvis Roos	86	08-021	3:07.13	25m	21-11-99	Heemskerk (NED)	371
3.	van der Kroft Nicole	84	08-021	3:08.50	25m	9-10-97	Heemskerk (NED)	363
4.	van Rookhuizen Sieta	79	08-021	3:09.10	25m	26-9-92		360
5.	Kramer Miranda	80	08-021	3:10.10	25m	18-11-93	Heemskerk	354
6.	Schelvis Femke	84	08-021	3:11.40	25m	9-10-97	Heemskerk (NED)	347
7.	Koster Lisa	94	08-021	3:13.37	25m	13-12-07	Heemskerk (NED)	337
8.	Moolevliet Petra	82	08-021	3:15.00	25m	23-4-95	Castricum (NED)	328
9.	Vink Marjolein	93	08-021	3:16.37	25m	26-11-06	Heemskerk (NED)	321
10.	Palmboom Nicole	91	08-021	3:16.63	25m	28-11-04	Heemskerk (NED)	320
11.	Crok Linda	94	08-021	3:16.93	25m	13-12-07	Heemskerk (NED)	319
12.	de Haan Shira	00	08-021	3:17.03	25m	6-10-13	Heemskerk (NED)	318
13.	de Groot Daniëlle	93	08-021	3:17.09	25m	1-10-06	Volendam (NED)	318
14.	Mallon Danique	94	08-021	3:17.56	25m	13-12-07	Heemskerk (NED)	316
15.	Hoekstra Eline	03	08-021	3:18.29	25m	18-9-16	Zaandam (NED)	312
16.	van 't Veer Iris	03	08-021	3:18.59	25m	30-10-16	Den Helder (NED)	311
17.	Niesten Iris	92	08-021	3:19.28	25m	27-10-05	Heemskerk (NED)	307
18.	Plokker Sylvia	68	08-021	3:20.90	25m	5-4-81	Heemskerk (NED)	300
19.	de Ruijter Linda	87	08-021	3:21.81	25m	19-11-00	Zaandam (NED)	296
20.	de Wildt Maud	05	08-021	3:22.06	25m	4-2-18	Purmerend (NED)	295
21.	Koopman Anitra	89	08-021	3:24.05	25m	31-10-02	Heemskerk	286
22.	van Ballegooie Simone	84	08-021	3:24.20	25m	9-10-97	Heemskerk (NED)	286
23.	Buur Naomi	01	08-021	3:24.22	25m	16-3-14	Zaandam (NED)	286
24.	Oudendijk Bianca	79	08-021	3:24.40	25m	26-9-92		285
25.	Niesten Annet	62	08-021	3:24.50	25m	31-12-75		284

500 schoolslag

1.	Vink Marjolein	93	08-021	9:24.30	OW	19-8-06	Bussloo (NED)	
2.	Essers Sanne	91	08-021	10:21.64	OW	5-9-04	Vlissingen (NED)	
3.	Buur Naomi	01	08-021	10:43.20	OW	9-8-14	Heerjansdam (NED)	
4.	Kleijne Daisy	89	08-021	10:53.79	OW	18-8-02	Eersel (NED)	
5.	Buur Cindy	99	08-021	11:27.96	OW	18-8-12	Heerjansdam (NED)	

800 schoolslag

1000 schoolslag

1. Vink Marjolein	93	08-021	20:29.19	OW	13-8-06	Aalsmeer (NED)
2. Hogema Fabiën	93	08-021	23:09.30	OW	29-7-06	Hoorl (NED)

1250 schoolslag**1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Schelvis Femke	84	08-021	15.40	25m	13-2-97	Heemskerk (NED)	383
2. Koster Lisa	94	08-021	16.01	25m	19-4-07	Heemskerk (NED)	341
3. Hogema Fabiën	93	08-021	16.21	25m	27-4-06	Heemskerk	328
4. de Groot Daniëlle	93	08-021	16.38	25m	27-4-06	Heemskerk	318
5. Schelvis Roos	86	08-021	16.55	25m	25-3-99	Heemskerk (NED)	309
6. van der Kroft Nicole	84	08-021	16.60	25m	13-2-97	Heemskerk (NED)	306
7. Mallon Danique	94	08-021	16.73	25m	19-4-07	Heemskerk (NED)	299
8. Rodenburg Rianne	93	08-021	17.18	25m	27-4-06	Heemskerk	276
9. Crok Linda	94	08-021	17.61	25m	19-4-07	Heemskerk (NED)	256
10. Bruin Marianne	78	08-021	17.80	25m	16-5-91	Heemskerk (NED)	248
10. de Boer Irene	84	08-021	17.80	25m	13-2-97	Heemskerk (NED)	248
12. Vredenburg Roos	95	08-021	18.00	25m	29-5-08	Heemskerk (NED)	240
13. van Ballegooie Simone	84	08-021	18.20	25m	13-2-97	Heemskerk (NED)	232
14. Moolevliet Petra	82	08-021	18.30	25m	16-3-95	Heemskerk (NED)	228
14. Hommersen Sandra	84	08-021	18.30	25m	13-2-97	Heemskerk (NED)	228
16. Vink Marjolein	93	08-021	18.42	25m	27-4-06	Heemskerk	224
17. Limmen Karin	76	08-021	18.50	25m	31-12-89	Heemskerk (NED)	221
17. Stins Mariska	84	08-021	18.50	25m	6-2-97	Heemskerk (NED)	221
19. Visser Stacey	87	08-021	18.55	25m	4-5-00	Heemskerk (NED)	219
20. Boekling Annette	85	08-021	19.00	25m	5-3-98	Heemskerk (NED)	204
21. Hoek Daniëlle	88	08-021	19.03	25m	29-3-01	Heemskerk (NED)	203
22. de Ruijter Linda	87	08-021	19.13	25m	4-5-00	Heemskerk (NED)	200
23. Bos Chantal	74	08-021	20.10	25m	17-12-87	Heemskerk (NED)	172
24. Regelink Anneke	83	08-021	20.20	25m	8-2-96	Heemskerk (NED)	169
25. Bruin Adri	74	08-021	20.30	25m	17-12-87	Heemskerk (NED)	167

50 vlinderslag

1.	Schelvis Femke	84	08-021	32.50	25m	11-12-97	Heemskerk (NED)	422
2.	Hoekstra Eline	03	08-021	33.74	25m	17-11-16	Heemskerk (NED)	377
3.	Visser Kelly	89	08-021	34.34	25m	17-3-02	Zaandam	357
4.	Wentink Yara	04	08-021	34.67	25m	10-12-17	Zaandam (NED)	347
5.	de Groot Daniëlle	93	08-021	34.76	25m	29-12-06	Maastricht (NED)	345
6.	de Haan Shira	00	08-021	34.90	25m	12-12-13	Heemskerk (NED)	340
7.	Buur Naomi	01	08-021	35.00	25m	8-6-14	Purmerend (NED)	337
8.	Smit Sanne	01	08-021	35.03	25m	30-10-14	Heemskerk (NED)	337
9.	Siemerink Laura	04	08-021	35.08	25m	8-10-17	Alkmaar (NED)	335
10.	Koster Lisa	94	08-021	35.09	25m	29-12-07	Maastricht (NED)	335
11.	Schelvis Roos	86	08-021	35.46	25m	25-11-99	Heemskerk	325
12.	Mallon Danique	94	08-021	35.86	25m	28-10-07	Zaandam (NED)	314
13.	Scholten Britt	04	08-021	36.21	25m	10-12-17	Zaandam (NED)	305
14.	Besse Karen	75	08-021	36.70	25m	15-12-88	Heemskerk (NED)	293
15.	Koopman Anitra	89	08-021	36.95	25m	19-12-02	Heemskerk	287
16.	van der Kroft Nicole	84	08-021	37.00	25m	11-12-97	Heemskerk (NED)	286
17.	Hogema Fabiën	93	08-021	37.01	25m	23-4-06	Zaandam (NED)	285
18.	Schuyt Simone	75	08-021	37.20	25m	14-12-88		281
19.	Visser Stacey	87	08-021	37.23	25m	3-12-00	Zaandam (NED)	280
20.	van Ballegooie Simone	84	08-021	37.30	25m	26-10-97	Heemskerk (NED)	279
21.	Renkema Iris	04	08-021	37.49	25m	15-10-17	Alkmaar (NED)	275
22.	Crok Linda	94	08-021	37.63	25m	29-12-07	Maastricht (NED)	271
23.	Petit Kirsten	00	08-021	37.68	25m	12-12-13	Heemskerk (NED)	270
24.	Palmboom Nicole	91	08-021	37.69	25m	28-12-04	Maastricht (NED)	270
25.	Vink Lidewij	90	08-021	37.71	25m	18-12-03	Heemskerk (NED)	270

100 vlinderslag

1.	Schelvis Femke	84	08-021	1:12.40	25m	14-12-97	Heemskerk (NED)	429
2.	Wentink Yara	04	08-021	1:19.42	25m	30-12-17	Leeuwarden (NED)	325
3.	Koster Lisa	94	08-021	1:19.44	25m	15-12-07	Heemskerk (NED)	324
4.	Hoekstra Eline	03	08-021	1:20.48	25m	11-12-16	Alkmaar (NED)	312
5.	Mallon Danique	94	08-021	1:20.51	25m	30-9-07	Volendam (NED)	312
6.	Schelvis Roos	86	08-021	1:22.43	25m	10-10-99	Zaandam (NED)	290
7.	de Groot Daniëlle	93	08-021	1:22.84	25m	28-12-06	Maastricht (NED)	286
8.	Meijer Linda	77	08-021	1:23.20	25m	16-12-90	Heemskerk (NED)	282
9.	Plokker Sylvia	68	08-021	1:23.60	25m	31-5-81	Heerhugowaard (NED)	278
9.	van Rookhuizen Sieta	79	08-021	1:23.60	25m	18-4-92	Volendam (NED)	278
11.	Siemerink Laura	04	08-021	1:24.00	25m	29-10-17	Den Helder (NED)	274
12.	Besse Karen	75	08-021	1:25.20	25m	18-9-88	Heemskerk (NED)	263
13.	Moolevliet Petra	82	08-021	1:25.50	25m	10-12-95	Heemskerk (NED)	260
14.	Smit Sanne	01	08-021	1:26.06	25m	16-11-14	Zaandam (NED)	255
15.	Crok Linda	94	08-021	1:26.45	25m	28-12-07	Maastricht (NED)	252
16.	Windmuller Wendy	69	08-021	1:26.50	25m	7-2-82		251
16.	van Ballegooie Simone	84	08-021	1:26.50	25m	16-11-97	Zaandam (NED)	251
18.	Bruin Marianne	78	08-021	1:27.20	25m	24-2-91	Heemskerk (NED)	245
19.	Koopman Anitra	89	08-021	1:27.29	25m	1-4-02	Haarlem	244
20.	Visser Stacey	87	08-021	1:27.65	25m	10-12-00	Heemskerk (NED)	241
21.	Visser Kelly	89	08-021	1:28.50	25m	28-2-02	Heemskerk	234
22.	Petit Kirsten	00	08-021	1:29.23	25m	6-10-13	Heemskerk (NED)	229
23.	Hogema Fabiën	93	08-021	1:29.75	25m	30-3-06	Heemskerk (NED)	225
24.	van der Kroft Nicole	84	08-021	1:29.90	25m	9-3-97	Alkmaar (NED)	224
25.	van Honk Chantal	80	08-021	1:30.20	25m	3-2-93		221

200 vlinderslag

1. Hoekstra Eline	03	08-021	3:02.29	25m	27-11-16	Zaandam (NED)	282
2. van Rookhuizen Sieta	79	08-021	3:16.10	25m	26-1-92	Volendam (NED)	226
3. Palmboom Nicole	91	08-021	3:26.95	25m	25-11-04	Heemskerk (NED)	193
4. Essers Sanne	91	08-021	3:28.53	25m	25-11-04	Heemskerk (NED)	188
5. Petit Kirsten	00	08-021	3:30.05	25m	20-5-13	Purmerend (NED)	184
6. Koopman Anitra	89	08-021	3:36.72	25m	28-11-02	Heemskerk	168
7. Visser Kelly	89	08-021	3:37.49	25m	17-3-02	Zaandam	166
8. Blaauw Yente	03	08-021	3:38.15	25m	27-11-16	Zaandam (NED)	164
9. van 't Veer Iris	03	08-021	3:40.13	25m	27-11-16	Zaandam (NED)	160
10. Hofland Yasmin	01	08-021	3:40.40	25m	6-4-14	Zaandam (NED)	159
11. Siemerink Laura	04	08-021	3:41.76	50m	2-4-17	Alkmaar (NED)	165
12. de Haan Shira	00	08-021	3:47.49	25m	14-4-13	Zaandam (NED)	145
13. Buur Naomi	01	08-021	3:47.93	25m	6-4-14	Zaandam (NED)	144
14. Veldhuis Amelia	03	08-021	3:51.64	25m	27-11-16	Zaandam (NED)	137
15. de Boer Maia	03	08-021	3:55.74	25m	27-11-16	Zaandam (NED)	130
16. Ivens Suzanne	99	08-021	4:14.47	25m	28-5-12	Purmerend (NED)	103

1000 vlinderslag**100 wisselslag**

1. Schelvis Femke	84	08-021	1:13.50	25m	30-11-97	Alkmaar (NED)	454
2. Schelvis Roos	86	08-021	1:15.00	25m	12-12-99	Heemskerk (NED)	427
3. Koster Lisa	94	08-021	1:15.01	25m	30-12-07	Maastricht (NED)	427
4. Hoekstra Eline	03	08-021	1:16.11	25m	29-12-16	Leeuwarden (NED)	409
5. van Honk Chantal	80	08-021	1:18.20	25m	15-4-93	Heemskerk (NED)	377
6. Buur Naomi	01	08-021	1:18.65	25m	26-10-14	Zaandam (NED)	370
7. Wentink Yara	04	08-021	1:18.98	25m	10-12-17	Zaandam (NED)	366
8. van der Kroft Nicole	84	08-021	1:19.60	25m	5-10-97	Zaandam (NED)	357
9. Smit Sanne	01	08-021	1:19.72	25m	26-10-14	Zaandam (NED)	356
10. Siemerink Laura	04	08-021	1:19.84	25m	29-12-17	Leeuwarden (NED)	354
11. Vink Marjolein	93	08-021	1:20.06	25m	28-9-06	Heemskerk (NED)	351
12. Crok Linda	94	08-021	1:20.52	25m	30-12-07	Maastricht (NED)	345
13. Koopman Anitra	89	08-021	1:20.79	25m	8-12-02	Heemskerk	342
14. de Groot Daniëlle	93	08-021	1:21.04	25m	30-12-06	Maastricht (NED)	339
15. Scholten Britt	04	08-021	1:21.05	25m	10-12-17	Zaandam (NED)	338
16. Palmboom Nicole	91	08-021	1:21.07	25m	28-12-04	Maastricht (NED)	338
17. Mallon Danique	94	08-021	1:21.18	25m	25-10-07	Heemskerk (NED)	337
18. van Ballegooie Simone	84	08-021	1:21.60	25m	30-11-97	Alkmaar (NED)	332
19. Moolevliet Petra	82	08-021	1:21.80	25m	1-10-95	Heemskerk (NED)	329
20. de Boer Irene	84	08-021	1:22.00	25m	14-12-97	Heemskerk (NED)	327
21. de Haan Shira	00	08-021	1:22.12	25m	7-4-13	Castricum (NED)	325
22. Blaauw Yente	03	08-021	1:22.65	25m	9-10-16	Alkmaar (NED)	319
23. Petit Kirsten	00	08-021	1:22.75	25m	17-11-13	Heemskerk (NED)	318
24. Schuyt Simone	75	08-021	1:23.60	25m	31-12-88		308
25. Niesten Iris	92	08-021	1:23.84	25m	11-12-05	Heemskerk (NED)	306

200 wisselslag

1. Schelvis Femke	84	08-021	2:38.00	25m	6-11-97	Heemskerk (NED)	458
2. Hoekstra Eline	03	08-021	2:44.43	25m	4-12-16	Zaandam (NED)	407
3. Koster Lisa	94	08-021	2:44.63	25m	25-11-07	Amsterdam (NED)	405
4. van Honk Chantal	80	08-021	2:45.40	25m	25-3-93	Heemskerk (NED)	399
5. Schelvis Roos	86	08-021	2:48.83	25m	4-11-99	Heemskerk (NED)	376
6. Mallon Danique	94	08-021	2:51.47	25m	25-11-07	Amsterdam (NED)	358
7. Crok Linda	94	08-021	2:53.32	25m	25-11-07	Amsterdam (NED)	347
8. Buur Naomi	01	08-021	2:53.36	25m	16-3-14	Zaandam (NED)	347
9. van der Kroft Nicole	84	08-021	2:53.60	25m	26-10-97	Heemskerk (NED)	345
10. Wentink Yara	04	08-021	2:53.83	25m	5-11-17	Alkmaar (NED)	344
11. van Ballegooie Simone	84	08-021	2:54.70	25m	6-11-97	Heemskerk (NED)	339
12. Koopman Anitra	89	08-021	2:55.47	25m	8-9-02	Heemskerk	334
13. Vink Marjolein	93	08-021	2:55.74	25m	14-12-06	Heemskerk (NED)	333
14. Meijer Linda	77	08-021	2:57.90	25m	25-11-90	Heemskerk (NED)	321
15. van Rookhuizen Sieta	79	08-021	2:59.40	25m	9-4-92	Heemskerk (NED)	313
16. Essers Sanne	91	08-021	3:00.53	25m	17-10-04	Zaandam (NED)	307
17. Moolevliet Petra	82	08-021	3:01.10	25m	14-12-95	Heemskerk (NED)	304
17. van 't Veer Iris	03	08-021	3:01.10	25m	13-11-16	Purmerend (NED)	304
19. Blaauw Yente	03	08-021	3:01.49	25m	13-11-16	Purmerend (NED)	302
20. de Haan Shira	00	08-021	3:02.22	25m	27-1-13	Zaandam (NED)	299
21. Palmboom Nicole	91	08-021	3:02.50	25m	17-10-04	Zaandam (NED)	297
22. Visser Kelly	89	08-021	3:02.68	25m	13-1-02	Zaandam	296
23. Kramer Miranda	80	08-021	3:02.90	25m	6-11-93		295
24. Stins Mariska	84	08-021	3:03.10	25m	6-11-97	Heemskerk (NED)	294
25. de Groot Daniëlle	93	08-021	3:03.54	25m	14-12-06	Heemskerk (NED)	292

300 wisselslag

1. Palmboom Nicole	91	08-021	4:42.54	25m	19-12-04	Heemskerk (NED)
2. Essers Sanne	91	08-021	4:44.48	25m	19-12-04	Heemskerk (NED)
3. Kleijne Daisy	89	08-021	4:49.46	25m	24-11-02	Amsterdam
4. Hoek Daniëlle	88	08-021	4:51.56	25m	23-12-01	Amsterdam
5. van der Gracht Anouk	89	08-021	4:52.68	25m	24-11-02	Amsterdam

400 wisselslag

1. Schelvis Femke	84	08-021	5:55.90	25m	23-2-97	Zaandam (NED)	385
2. Schelvis Roos	86	08-021	6:02.46	25m	21-3-99	Assendelft (NED)	364
3. Crok Linda	94	08-021	6:14.56	25m	11-2-07	Zaandam (NED)	330
4. Mallon Danique	94	08-021	6:20.48	25m	11-2-07	Zaandam (NED)	315
5. Visser Kelly	89	08-021	6:22.96	25m	24-2-02	Heemskerk	309
6. Koopman Anitra	89	08-021	6:28.29	25m	24-2-02	Heemskerk	296
7. van der Kroft Nicole	84	08-021	6:28.40	25m	23-2-97	Zaandam (NED)	296
8. de Boer Irene	84	08-021	6:31.50	25m	23-2-97	Zaandam (NED)	289
9. van Ballegooie Simone	84	08-021	6:32.00	25m	23-2-97	Zaandam (NED)	288
10. Koster Lisa	94	08-021	6:32.26	25m	11-2-07	Zaandam (NED)	287
11. Hogema Fabiën	93	08-021	6:33.87	25m	29-1-06	Zaandam (NED)	284
12. Dijkstra Lisette	86	08-021	6:37.10	25m	21-1-99	Heemskerk (NED)	277
13. Scholten Britt	04	08-021	6:38.53	25m	19-3-17	Zaandam (NED)	274
14. Buur Naomi	01	08-021	6:38.69	25m	23-2-14	Zaandam (NED)	273
15. Essers Sanne	91	08-021	6:40.67	25m	29-2-04	Wormerveer	269
16. Wentink Yara	04	08-021	6:42.66	25m	19-3-17	Zaandam (NED)	265
17. Kleijne Daisy	89	08-021	6:48.32	25m	24-2-02	Heemskerk	255

400 wisselslag (sinds 18)

18. de Ruijter Linda	87	08-021	6:52.54	25m	30-3-00	Heemskerk (NED)	247
19. Visser Stacey	87	08-021	6:53.57	25m	30-3-00	Heemskerk (NED)	245
20. Windmuller Wendy	69	08-021	6:54.60	25m	3-4-82	Heemskerk (NED)	243
21. de Haan Shira	00	08-021	6:54.92	25m	24-2-13	Zaandam (NED)	243
22. Hoek Daniëlle	88	08-021	6:55.34	25m	25-2-01	Heemskerk (NED)	242
23. Vink Marjolein	93	08-021	6:55.63	25m	29-1-06	Zaandam (NED)	241
24. Renkema Iris	04	08-021	7:00.17	25m	19-3-17	Zaandam (NED)	234
25. Veldhuis Amelia	03	08-021	7:14.65	25m	11-12-16	Alkmaar (NED)	211