

25 vrije slag

1. Schelvis Femke	84	08-021	13.11	25m	25-3-99	Heemskerk (NED)
2. de Groot Daniëlle	93	08-021	13.42	25m	31-5-08	Aalsmeer (NED)
3. Meijer Sylvia	81	08-021	13.43	25m	4-5-00	Heemskerk (NED)
4. Crok Linda	94	08-021	13.48	25m	30-6-11	Heemskerk (NED)
5. Schuyt Simone	75	08-021	13.70	25m	31-12-89	Heemskerk (NED)
5. Hulshof Saskia	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)
7. Palmboom Nicole	91	08-021	13.79	25m	27-4-06	Heemskerk
8. Koster Lisa	94	08-021	13.81	25m	31-5-08	Aalsmeer (NED)
9. van der Kroft Nicole	84	08-021	13.95	25m	29-3-01	Heemskerk (NED)
10. van Staveren Marina	78	08-021	14.04	25m	14-4-11	Heemskerk (NED)
11. Schelvis Roos	86	08-021	14.05	25m	29-3-01	Heemskerk (NED)
11. Vink Lidewij	90	08-021	14.05	25m	19-4-07	Heemskerk (NED)
13. Besse Karen	75	08-021	14.10	25m	31-12-89	Heemskerk (NED)
14. Hoek Daniëlle	88	08-021	14.12	25m	30-6-11	Heemskerk (NED)
15. van der Geest Saskia	73	08-021	14.20	25m	12-1-89	Heemskerk (NED)
15. Stam Vanessa	80	08-021	14.20	25m	13-3-97	Heemskerk (NED)
17. van Ballegooie Simone	84	08-021	14.26	25m	29-3-01	Heemskerk (NED)
18. Groen Anne	95	08-021	14.32	25m	30-6-11	Heemskerk (NED)
19. Kleijne Daisy	89	08-021	14.33	25m	27-4-06	Heemskerk
20. Kramer Miranda	80	08-021	14.34	25m	4-5-00	Heemskerk (NED)
21. van Rookhuizen Sieta	79	08-021	14.35	25m	4-5-00	Heemskerk (NED)
22. Vink Marjolein	93	08-021	14.37	25m	29-5-08	Heemskerk (NED)
23. Stam Sabrina	82	08-021	14.40	25m	12-2-98	Heemskerk (NED)
24. Stins Mariska	84	08-021	14.42	25m	29-5-08	Heemskerk (NED)
25. Hogema Fabiën	93	08-021	14.43	25m	19-4-07	Heemskerk (NED)

50 vrije slag

1. Kingma Danae	00	08-021	26.92	25m	29-1-16	Amsterdam (NED)
2. Schelvis Femke	84	08-021	27.68	25m	7-11-04	IJmuiden (NED)
3. Drubers Mirjam	67	08-021	28.20	25m	31-12-84	
4. de Groot Daniëlle	93	08-021	28.39	25m	21-6-08	Alkmaar (NED)
5. Broek Jade	97	08-021	28.47	25m	6-12-15	Purmerend (NED)
6. Smit Sanne	01	08-021	28.49	25m	11-11-17	Hoofddorp (NED)
7. Palmboom Nicole	91	08-021	28.58	25m	23-3-08	Haarlem (NED)
8. Groen Anne	95	08-021	28.77	25m	13-10-16	Heemskerk (NED)
9. Koster Lisa	94	08-021	28.78	25m	12-5-08	Purmerend (NED)
10. Crok Linda	94	08-021	28.99	25m	24-4-11	Haarlem (NED)
11. Meijer Sylvia	81	08-021	29.10	25m	6-4-97	Heemskerk (NED)
12. Vink Lidewij	90	08-021	29.17	25m	29-5-08	Heemskerk (NED)
13. Hoekstra Eline	03	08-021	29.20	25m	11-11-17	Hoofddorp (NED)
14. Hoek Daniëlle	88	08-021	29.49	25m	28-12-04	Maastricht (NED)
15. van de Poll Marianne	89	08-021	29.52	25m	29-1-04	Heemskerk (NED)
16. Kleijne Daisy	89	08-021	29.57	25m	13-4-09	Haarlem (NED)
17. van Rijn-Hofwegen Wilma	71	08-021	29.61	25m	1-12-13	Vlaardingen (NED)
18. Schuyt Simone	75	08-021	29.80	25m	22-1-89	Zaandam (NED)
18. Hulshof Saskia	73	08-021	29.80	25m	11-3-90	Heemskerk (NED)
20. Vink Marjolein	93	08-021	29.88	25m	8-4-07	Haarlem (NED)
21. Verbree Bets	63	08-021	29.90	25m	5-4-81	Heemskerk (NED)
21. van der Kroft Nicole	84	08-021	29.90	25m	27-9-01	Heemskerk
23. Koper Fiona	01	08-021	30.05	25m	17-6-18	Alkmaar (NED)
24. van Staveren Marina	78	08-021	30.06	25m	18-2-12	Heerenveen (NED)

50 vrije slag (sinds 25)

25.	Zwarthoed Brenda	96	08-021	30.08	25m	31-5-08	Aalsmeer (NED)
-----	------------------	----	--------	-------	-----	---------	----------------

100 vrije slag

1.	Kingma Danae	00	08-021	58.38	25m	18-3-18	Purmerend (NED)
2.	Schelvis Femke	84	08-021	59.32	25m	9-1-05	Zuidoost Beemster (NED)
3.	Koster Lisa	94	08-021	1:01.06	25m	11-5-08	Purmerend (NED)
4.	Smit Sanne	01	08-021	1:01.20	25m	8-10-17	Alkmaar (NED)
5.	Drubers Mirjam	67	08-021	1:01.60	25m	15-12-84	Hilversum (NED)
6.	Broek Jade	97	08-021	1:01.74	25m	18-11-17	Hoofddorp (NED)
7.	Crok Linda	94	08-021	1:02.01	25m	3-4-11	Zaandam (NED)
8.	de Groot Daniëlle	93	08-021	1:02.13	25m	11-5-08	Purmerend (NED)
9.	Groen Anne	95	08-021	1:02.91	25m	18-12-16	Heemskerk (NED)
10.	Meijer Sylvia	81	08-021	1:03.20	25m	5-4-98	Heemskerk (NED)
11.	van der Kroft Nicole	84	08-021	1:03.76	25m	10-12-00	Heemskerk (NED)
12.	Palmboom Nicole	91	08-021	1:03.79	25m	9-3-08	Heemskerk (NED)
13.	Hoekstra Eline	03	08-021	1:03.97	25m	18-11-17	Hoofddorp (NED)
14.	Vink Lidewij	90	08-021	1:04.70	25m	30-10-05	Amsterdam (NED)
15.	Hoek Daniëlle	88	08-021	1:05.01	25m	28-12-04	Maastricht (NED)
15.	Kleijne Daisy	89	08-021	1:05.01	25m	28-3-05	Haarlem (NED)
17.	Crok Annemarie	89	08-021	1:05.34	25m	27-11-11	Heemskerk (NED)
18.	van 't Veer Iris	03	08-021	1:05.39	25m	4-2-18	Purmerend (NED)
19.	Mallon Danique	94	08-021	1:05.55	25m	5-4-10	Haarlem (NED)
20.	Schelvis Roos	86	08-021	1:05.56	25m	12-12-99	Heemskerk (NED)
21.	Verbree Bets	63	08-021	1:05.70	25m	19-12-81	Hilversum (NED)
21.	Hulshof Saskia	73	08-021	1:05.70	25m	5-11-89	Heemskerk (NED)
23.	Vink Marjolein	93	08-021	1:05.86	25m	9-4-07	Haarlem (NED)
24.	Stam Vanessa	80	08-021	1:05.90	25m	12-4-98	Haarlem (NED)
25.	Wentink Yara	04	08-021	1:06.03	25m	1-7-18	Den Helder (NED)

200 vrije slag

1.	Schelvis Femke	84	08-021	2:07.73	25m	25-11-99	Heemskerk
2.	Kingma Danae	00	08-021	2:10.58	25m	12-4-18	Heemskerk (NED)
3.	Smit Sanne	01	08-021	2:13.76	25m	16-3-17	Heemskerk (NED)
4.	Drubers Mirjam	67	08-021	2:15.30	25m	31-12-85	
5.	Koster Lisa	94	08-021	2:17.53	25m	10-5-08	Purmerend (NED)
6.	Crok Linda	94	08-021	2:17.72	25m	2-10-11	Heemskerk (NED)
7.	de Groot Daniëlle	93	08-021	2:17.81	25m	10-5-08	Purmerend (NED)
8.	Groen Anne	95	08-021	2:17.96	25m	13-11-16	Purmerend (NED)
9.	Vink Lidewij	90	08-021	2:19.09	25m	12-2-06	Zaandam (NED)
10.	Hoekstra Eline	03	08-021	2:19.38	25m	29-10-17	Den Helder (NED)
11.	Broek Jade	97	08-021	2:19.56	25m	12-11-17	Hoofddorp (NED)
12.	Hoek Daniëlle	88	08-021	2:20.46	25m	22-3-12	Heemskerk (NED)
13.	Stel Serena	98	08-021	2:21.69	25m	18-4-10	Zaandam (NED)
14.	Palmboom Nicole	91	08-021	2:22.48	25m	1-3-08	Hoor (NED)
15.	Verbree Bets	63	08-021	2:22.60	25m	7-2-82	
16.	Schelvis Roos	86	08-021	2:23.28	25m	26-9-02	Heemskerk
17.	Mallon Danique	94	08-021	2:23.87	25m	3-10-10	Zaandam (NED)
18.	van der Kroft Nicole	84	08-021	2:24.05	25m	30-11-00	Heemskerk (NED)
19.	van 't Veer Iris	03	08-021	2:24.51	25m	12-4-18	Heemskerk (NED)
20.	Kleijne Daisy	89	08-021	2:24.52	25m	13-3-05	Amsterdam (NED)
21.	Meijer Sylvia	81	08-021	2:24.70	25m	11-12-97	Heemskerk (NED)

200 vrije slag (sinds 22)

22. Wentink Yara	04	08-021	2:25.36	25m	20-5-18	Purmerend (NED)
23. Crok Annemarie	89	08-021	2:25.47	25m	13-11-11	Zaandam (NED)
24. van der Gracht Anouk	89	08-021	2:25.68	25m	25-11-07	Amsterdam (NED)
25. Hulshof Saskia	73	08-021	2:25.80	25m	28-2-90	

250 vrije slag300 vrije slag

1. Schelvis Femke	84	08-021	3:27.55	25m	17-12-04	Drachten (NED)
2. Crok Linda	94	08-021	3:38.23	25m	25-4-11	Haarlem (NED)
3. Vink Lidewij	90	08-021	3:40.07	25m	18-5-06	Heemskerk (NED)
4. Broek Jade	97	08-021	3:44.41	25m	4-10-15	Purmerend (NED)
5. Hoek Daniëlle	88	08-021	3:47.20	25m	18-5-06	Heemskerk (NED)
6. Hoekstra Eline	03	08-021	3:47.80	25m	19-5-18	Purmerend (NED)
7. Stel Serena	98	08-021	3:50.73	25m	29-1-10	Heerenveen (NED)
8. Palmboom Nicole	91	08-021	3:51.10	25m	18-5-06	Heemskerk (NED)
9. van de Poll Marianne	89	08-021	3:51.98	25m	29-4-04	Heemskerk (NED)
10. Groen Anne	95	08-021	3:52.00	25m	25-4-11	Haarlem (NED)
11. van der Gracht Anouk	89	08-021	3:52.29	25m	18-5-13	Purmerend (NED)
12. Koster Lisa	94	08-021	3:53.61	25m	14-10-07	Zaandam (NED)
13. Kleijne Daisy	89	08-021	3:56.50	25m	29-4-04	Heemskerk (NED)
14. Teufer Irene	96	08-021	3:58.28	25m	30-3-08	Zaandam (NED)
15. Stins Mariska	84	08-021	4:01.45	25m	29-4-04	Heemskerk (NED)
16. Koopman Anitra	89	08-021	4:02.06	25m	29-4-04	Heemskerk (NED)
17. Meijer Sylvia	81	08-021	4:02.20	25m	19-4-98	Zaandam (NED)
18. Buur Naomi	01	08-021	4:02.95	25m	7-6-14	Purmerend (NED)
19. Essers Sanne	91	08-021	4:05.80	25m	14-10-07	Zaandam (NED)
20. Wentink Yara	04	08-021	4:05.83	25m	19-5-18	Purmerend (NED)
21. de Ruijter Linda	87	08-021	4:07.06	25m	29-4-04	Heemskerk (NED)
22. Mallon Danique	94	08-021	4:08.45	25m	14-10-07	Zaandam (NED)
23. Hogema Fabiën	93	08-021	4:13.63	25m	18-5-06	Heemskerk (NED)
24. Butter Anouk	82	08-021	4:14.06	25m	29-4-04	Heemskerk (NED)
25. Vink Marjolein	93	08-021	4:16.78	25m	14-10-07	Zaandam (NED)

400 vrije slag

1. Schelvis Femke	84	08-021	4:32.44	25m	14-11-04	Heemskerk (NED)
2. Crok Linda	94	08-021	4:50.50	25m	25-4-11	Haarlem (NED)
3. Vink Lidewij	90	08-021	4:54.59	25m	18-5-06	Heemskerk (NED)
4. Drubers Mirjam	67	08-021	4:55.60	25m	26-1-86	Castricum (NED)
5. Smit Sanne	01	08-021	4:58.85	25m	26-11-17	Amsterdam (NED)
6. Hoek Daniëlle	88	08-021	5:01.12	25m	18-5-06	Heemskerk (NED)
7. Groen Anne	95	08-021	5:01.68	25m	1-10-17	Purmerend (NED)
8. Koster Lisa	94	08-021	5:02.29	25m	18-11-07	Alkmaar (NED)
9. Hoekstra Eline	03	08-021	5:02.91	25m	19-5-18	Purmerend (NED)
10. Broek Jade	97	08-021	5:04.72	25m	4-10-15	Purmerend (NED)
11. de Groot Daniëlle	93	08-021	5:05.33	25m	12-5-08	Purmerend (NED)
12. Stel Serena	98	08-021	5:06.13	25m	28-3-10	Zeist (NED)
13. Schelvis Roos	86	08-021	5:06.22	25m	30-5-02	Heemskerk
14. van 't Veer Iris	03	08-021	5:08.15	25m	2-4-18	Haarlem (NED)
15. Palmboom Nicole	91	08-021	5:08.81	25m	18-5-06	Heemskerk (NED)
16. Stam Vanessa	80	08-021	5:09.30	25m	22-2-98	Zaandam (NED)

400 vrije slag (sinds 17)

17. Kleijne Daisy	89	08-021	5:10.46	25m	1-5-05	Zaandam (NED)
18. van der Gracht Anouk	89	08-021	5:11.00	25m	31-5-07	Heemskerk (NED)
19. van de Poll Marianne	89	08-021	5:12.47	25m	9-6-03	Z.o. Beemster
20. de Haan Shira	00	08-021	5:13.43	25m	17-4-17	Haarlem (NED)
21. Hulshof Saskia	73	08-021	5:15.40	25m	11-3-90	Heemskerk (NED)
22. Verbree Bets	63	08-021	5:15.70	25m	5-4-81	Heemskerk (NED)
23. Besse Karen	75	08-021	5:16.50	25m	10-3-91	Heemskerk (NED)
23. Limmen Karin	76	08-021	5:16.50	25m	24-4-93	
25. Kingma Danae	00	08-021	5:17.00	25m	19-10-14	Zaandam (NED)

500 vrije slag**800 vrije slag**

1. Schelvis Femke	84	08-021	9:32.54	25m	28-2-99	Zaandam (NED)
2. Crok Linda	94	08-021	10:11.36	25m	16-10-11	Zaandam (NED)
3. Vink Lidewij	90	08-021	10:13.37	25m	1-4-06	Zaandam (NED)
4. Stel Serena	98	08-021	10:13.69	25m	28-3-10	Zeist (NED)
5. Hoek Daniëlle	88	08-021	10:19.78	25m	17-10-04	Zaandam (NED)
6. Kingma Danae	00	08-021	10:34.87	25m	19-10-14	Zaandam (NED)
7. Kleijne Daisy	89	08-021	10:35.32	25m	1-4-06	Zaandam (NED)
8. Stam Vanessa	80	08-021	10:36.50	25m	22-2-98	Zaandam (NED)
9. Smit Sanne	01	08-021	10:36.60	25m	8-10-17	Alkmaar (NED)
10. Koster Lisa	94	08-021	10:39.38	25m	9-12-07	Zaandam (NED)
11. Teufer Irene	96	08-021	10:41.66	25m	30-3-08	Zaandam (NED)
12. van der Gracht Anouk	89	08-021	10:43.54	25m	3-2-08	Zaandam (NED)
13. Schelvis Roos	86	08-021	10:47.23	25m	4-11-01	Heemskerk
14. Essers Sanne	91	08-021	10:56.82	25m	27-10-07	Barneveld (NED)
15. Limmen Karin	76	08-021	11:00.20	25m	12-4-92	Heemstede (NED)
16. Groen Anne	95	08-021	11:03.36	25m	16-10-11	Zaandam (NED)
17. Besse Karen	75	08-021	11:03.90	25m	6-6-91	Heemskerk
18. van Rookhuizen Sieta	79	08-021	11:04.30	25m	14-4-94	Heemskerk
19. de Groot Daniëlle	93	08-021	11:05.30	25m	9-12-07	Zaandam (NED)
20. de Boer Irene	84	08-021	11:09.32	25m	5-11-00	Zaandam (NED)
21. Kramer Miranda	80	08-021	11:10.60	25m	22-2-98	Zaandam (NED)
22. Mallon Danique	94	08-021	11:12.78	25m	9-12-07	Zaandam (NED)
23. Hulshof Saskia	73	08-021	11:15.20	25m	22-4-90	Heemstede (NED)
24. Stins Mariska	84	08-021	11:18.69	25m	5-11-00	Zaandam (NED)
25. van der Kroft Nicole	84	08-021	11:20.64	25m	26-10-03	Zaandam

1000 vrije slag**1250 vrije slag**

1500 vrije slag

1. Schelvis Femke	84	08-021	19:04.76	25m	23-1-00	Heemskerk (NED)
2. Crok Linda	94	08-021	19:23.75	25m	4-12-11	Zaandam (NED)
3. Vink Lidewij	90	08-021	19:28.97	25m	12-1-06	Heemskerk (NED)
4. Hoek Daniëlle	88	08-021	20:03.26	25m	14-11-04	Heemskerk (NED)
5. Kleijne Daisy	89	08-021	20:17.52	25m	12-1-06	Heemskerk (NED)
6. Schelvis Roos	86	08-021	20:20.21	25m	4-11-01	Heemskerk
7. van der Gracht Anouk	89	08-021	20:26.00	25m	3-2-08	Zaandam (NED)
8. de Groot Daniëlle	93	08-021	21:01.65	25m	9-12-07	Zaandam (NED)
9. de Boer Irene	84	08-021	21:16.67	25m	23-1-00	Heemskerk (NED)
10. Limmen Karin	76	08-021	21:25.00	25m	7-2-93	Volendam (NED)
11. Groen Anne	95	08-021	21:38.25	25m	19-12-10	Zaandam (NED)
12. Stins Mariska	84	08-021	21:41.94	25m	4-1-01	Heemskerk (NED)
13. Kramer Miranda	80	08-021	21:44.13	25m	11-2-01	Zaandam (NED)
14. Essers Sanne	91	08-021	21:45.01	25m	3-12-06	Zaandam (NED)
15. van de Poll Marianne	89	08-021	21:47.89	25m	16-11-03	Heemskerk (NED)
16. Koopman Anitra	89	08-021	21:53.80	25m	16-2-03	Zaandam
17. de Ruijter Linda	87	08-021	21:56.67	25m	1-12-02	Heemskerk
18. Crok Annemarie	89	08-021	22:14.20	25m	16-11-03	Heemskerk (NED)
19. Besse Karen	75	08-021	22:20.60	25m	29-12-88	Heemskerk (NED)
20. van Rookhuizen Sieta	79	08-021	22:21.97	25m	23-1-00	Heemskerk (NED)
21. Zonneveld Chantal	84	08-021	22:25.85	25m	23-1-00	Heemskerk (NED)
22. Visser Kelly	89	08-021	22:30.91	25m	10-2-02	Zaandam
23. Buur Naomi	01	08-021	22:49.10	25m	9-2-14	Zaandam (NED)
24. Hogema Fabiën	93	08-021	22:56.00	25m	28-1-07	Zaandam (NED)
25. Butter Anouk	82	08-021	23:04.38	25m	14-11-04	Heemskerk (NED)

2000 vrije slag

1. Schelvis Femke	84	08-021	25:28.90	25m	5-3-00	Zaandam (NED)
2. Crok Linda	94	08-021	26:17.78	25m	13-2-11	Zaandam (NED)
3. van de Poll Marianne	89	08-021	26:56.35	25m	7-3-04	Zaandam
4. Vink Lidewij	90	08-021	27:03.36	25m	28-1-07	Zaandam (NED)
5. Hoek Daniëlle	88	08-021	27:21.57	25m	7-3-04	Zaandam
6. van der Gracht Anouk	89	08-021	27:22.08	25m	3-2-08	Zaandam (NED)
7. Kleijne Daisy	89	08-021	27:32.48	25m	1-3-09	Zaandam (NED)
8. Essers Sanne	91	08-021	28:04.76	25m	28-1-07	Zaandam (NED)
9. Schelvis Roos	86	08-021	28:08.75	25m	10-2-02	Zaandam
10. Kramer Miranda	80	08-021	29:04.76	25m	11-2-01	Zaandam (NED)
11. Stins Mariska	84	08-021	29:08.81	25m	5-3-00	Zaandam (NED)
12. de Ruijter Linda	87	08-021	29:15.39	25m	16-2-03	Zaandam
13. Crok Annemarie	89	08-021	29:24.89	25m	7-3-04	Zaandam
14. van Rookhuizen Sieta	79	08-021	29:42.03	25m	5-3-00	Zaandam (NED)
15. Groen Anne	95	08-021	29:43.90	25m	13-2-11	Zaandam (NED)
16. Niesten Iris	92	08-021	32:20.51	25m	28-1-07	Zaandam (NED)
17. Boekling Annette	85	08-021	34:19.25	25m	5-3-00	Zaandam (NED)

2500 vrije slag**3000 vrije slag****4000 vrije slag**

5000 vrije slag**6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Schelvis Femke	84	08-021	15.10	25m	15-1-98	Heemskerk (NED)
2. Meijer Sylvia	81	08-021	15.90	25m	13-2-97	Heemskerk (NED)
3. Hulshof Saskia	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)
4. Palmboom Nicole	91	08-021	16.02	25m	19-4-07	Heemskerk (NED)
5. Schelvis Roos	86	08-021	16.39	25m	17-2-00	Heemskerk (NED)
6. Meijer Linda	77	08-021	16.40	25m	16-5-91	Heemskerk (NED)
6. Kramer Miranda	80	08-021	16.40	25m	15-1-98	Heemskerk (NED)
8. Kleijne Daisy	89	08-021	16.57	25m	27-4-06	Heemskerk
9. Mallon Danique	94	08-021	16.78	25m	29-5-08	Heemskerk (NED)
10. Stins Mariska	84	08-021	16.86	25m	19-4-07	Heemskerk (NED)
11. Stam Sabrina	82	08-021	16.90	25m	15-1-98	Heemskerk (NED)
11. Vink Lidewij	90	08-021	16.90	25m	19-4-07	Heemskerk (NED)
13. Crok Linda	94	08-021	16.95	25m	29-5-08	Heemskerk (NED)
14. Schuyt Simone	75	08-021	17.00	25m	12-1-89	Heemskerk (NED)
15. van Ballegooie Stefanie	86	08-021	17.07	25m	22-2-01	Heemskerk (NED)
16. Koster Lisa	94	08-021	17.13	25m	19-4-07	Heemskerk (NED)
17. van der Kroft Nicole	84	08-021	17.20	25m	13-2-97	Heemskerk (NED)
17. Stam Vanessa	80	08-021	17.20	25m	15-1-98	Heemskerk (NED)
19. Hoek Daniëlle	88	08-021	17.26	25m	29-5-08	Heemskerk (NED)
20. Besse Karen	75	08-021	17.40	25m	12-1-89	Heemskerk (NED)
20. Bruin Adri	74	08-021	17.40	25m	12-1-89	Heemskerk (NED)
20. de Groot Daniëlle	93	08-021	17.40	25m	19-4-07	Heemskerk (NED)
23. Crok Annemarie	89	08-021	17.44	25m	27-4-06	Heemskerk
24. Boekling Annette	85	08-021	17.45	25m	22-2-01	Heemskerk (NED)
25. Zonneveld Chantal	84	08-021	17.48	25m	22-2-01	Heemskerk (NED)

50 rugslag

1. Kingma Danae	00	08-021	31.06	25m	30-12-17	Leeuwarden (NED)
2. Broek Jade	97	08-021	31.43	25m	1-10-17	Purmerend (NED)
3. Kleijne Daisy	89	08-021	32.44	25m	5-3-06	Purmerend (NED)
4. Koper Fiona	01	08-021	32.46	25m	15-2-18	Heemskerk (NED)
5. Schelvis Femke	84	08-021	32.93	25m	14-11-99	Zaandam (NED)
6. Hoekstra Eline	03	08-021	33.27	25m	19-5-18	Purmerend (NED)
7. Palmboom Nicole	91	08-021	33.39	25m	29-12-07	Maastricht (NED)
8. van 't Veer Iris	03	08-021	33.54	25m	15-2-18	Heemskerk (NED)
9. Koster Lisa	94	08-021	33.96	25m	13-12-07	Heemskerk (NED)
10. Groen Anne	95	08-021	34.04	25m	2-10-16	Purmerend (NED)

50 rugslag (sinds 11)

11. Hulshof Saskia	73	08-021	34.10	25m	30-6-88	Heemskerk (NED)
12. Crok Linda	94	08-021	34.25	25m	3-3-13	Purmerend (NED)
13. ten Bokkel Henriëke	94	08-021	34.33	25m	12-4-18	Heemskerk (NED)
14. Smit Sanne	01	08-021	34.37	25m	15-2-15	Purmerend (NED)
15. Kramer Miranda	80	08-021	34.40	25m	5-4-98	Heemskerk (NED)
16. Meijer Sylvia	81	08-021	34.50	25m	26-1-97	Zuidoost Beemster (NED)
17. Siemerink Laura	04	08-021	34.51	25m	15-2-18	Heemskerk (NED)
18. Schelvis Roos	86	08-021	34.63	25m	16-4-00	Almelo (NED)
19. Meijer Linda	77	08-021	34.70	25m	17-2-94	Heemskerk
20. Mallon Danique	94	08-021	34.73	25m	22-5-10	Purmerend (NED)
21. Buur Naomi	01	08-021	34.76	25m	18-2-16	Heemskerk (NED)
22. Wentink Yara	04	08-021	34.79	25m	15-2-18	Heemskerk (NED)
23. Vink Lidewij	90	08-021	34.96	25m	5-3-06	Purmerend (NED)
24. Jongema Helena	80	08-021	35.08	25m	16-3-08	Amersfoort (NED)
25. Stins Mariska	84	08-021	35.29	25m	7-6-03	Z.o. Beemster

100 rugslag

1. Broek Jade	97	08-021	1:07.20	25m	8-10-17	Alkmaar (NED)
2. Kingma Danae	00	08-021	1:07.40	25m	1-10-17	Purmerend (NED)
3. Schelvis Femke	84	08-021	1:09.10	25m	28-11-04	Heemskerk (NED)
4. Kleijne Daisy	89	08-021	1:11.62	25m	16-4-06	Haarlem (NED)
5. Koper Fiona	01	08-021	1:11.99	25m	17-6-18	Alkmaar (NED)
6. Hoekstra Eline	03	08-021	1:12.03	25m	18-3-18	Purmerend (NED)
7. Crok Linda	94	08-021	1:12.23	25m	17-11-11	Heemskerk (NED)
8. van 't Veer Iris	03	08-021	1:12.48	25m	1-4-18	Haarlem (NED)
9. Hulshof Saskia	73	08-021	1:12.60	25m	7-1-89	Hilversum (NED)
10. Meijer Sylvia	81	08-021	1:13.00	25m	30-3-97	Haarlem (NED)
11. Koster Lisa	94	08-021	1:13.07	25m	17-11-07	Barneveld (NED)
12. Schelvis Roos	86	08-021	1:13.34	25m	16-4-00	Almelo (NED)
13. Groen Anne	95	08-021	1:13.36	25m	15-1-17	Alkmaar (NED)
14. Smit Sanne	01	08-021	1:13.59	25m	10-1-16	Purmerend (NED)
15. Mallon Danique	94	08-021	1:14.20	25m	4-11-10	Heemskerk (NED)
16. Kramer Miranda	80	08-021	1:14.70	25m	30-3-97	Haarlem (NED)
17. Poppema Yvonne	68	08-021	1:15.10	25m	12-2-84	Heemskerk (NED)
18. van der Kroft Nicole	84	08-021	1:15.16	25m	15-4-01	Haarlem (NED)
19. de Graaf Annemiek	70	08-021	1:15.30	25m	31-12-86	
20. Jongema Helena	80	08-021	1:15.36	25m	3-5-08	Winterswijk (NED)
21. Meijer Linda	77	08-021	1:15.80	25m	8-9-91	Assendelft (NED)
22. Wentink Yara	04	08-021	1:15.84	25m	4-2-18	Purmerend (NED)
23. Zonneveld Chantal	84	08-021	1:16.21	25m	28-3-02	Heemskerk
24. Buur Naomi	01	08-021	1:16.29	25m	27-3-16	Haarlem (NED)
25. Stins Mariska	84	08-021	1:16.36	25m	9-11-03	Zaandam

200 rugslag

1. Schelvis Femke	84	08-021	2:26.44	25m	10-10-99	Zaandam (NED)
2. Kingma Danae	00	08-021	2:27.57	25m	18-3-18	Purmerend (NED)
3. Broek Jade	97	08-021	2:31.31	25m	4-2-18	Purmerend (NED)
4. van 't Veer Iris	03	08-021	2:35.95	25m	14-1-18	Purmerend (NED)
5. Crok Linda	94	08-021	2:36.36	25m	11-4-10	Zaandam (NED)
6. Groen Anne	95	08-021	2:36.81	25m	12-2-17	Purmerend (NED)
7. Koper Fiona	01	08-021	2:37.77	25m	18-3-18	Purmerend (NED)
8. Kleijne Daisy	89	08-021	2:38.20	25m	10-4-05	Zuidoost-Beemster (NED)
9. de Graaf Annemiek	70	08-021	2:39.30	25m	13-4-86	
10. Schelvis Roos	86	08-021	2:39.57	25m	19-11-00	Zaandam (NED)
11. Hoekstra Eline	03	08-021	2:40.35	25m	14-1-18	Purmerend (NED)
12. Smit Sanne	01	08-021	2:40.69	25m	18-3-18	Purmerend (NED)
13. van der Kroft Nicole	84	08-021	2:40.92	25m	14-12-00	Heemskerk (NED)
14. Palmboom Nicole	91	08-021	2:41.16	25m	9-3-08	Heemskerk (NED)
15. Stel Serena	98	08-021	2:41.22	25m	21-3-10	Zaandam (NED)
16. Meijer Sylvia	81	08-021	2:42.31	25m	24-9-98	Heemskerk (NED)
17. Hulshof Saskia	73	08-021	2:42.50	25m	4-11-89	
18. Koster Lisa	94	08-021	2:42.59	25m	21-10-07	Zaandam (NED)
19. Crok Annemarie	89	08-021	2:42.61	25m	14-3-04	Zaandam
20. Mallon Danique	94	08-021	2:42.74	25m	11-4-10	Zaandam (NED)
21. Poppema Yvonne	68	08-021	2:43.10	25m	31-12-83	
22. Kramer Miranda	80	08-021	2:43.40	25m	10-10-96	Heemskerk (NED)
23. Vink Lidewij	90	08-021	2:43.41	25m	9-3-08	Heemskerk (NED)
24. Petit Kirsten	00	08-021	2:43.44	25m	18-3-18	Purmerend (NED)
25. Meijer Linda	77	08-021	2:43.60	25m	14-10-93	Heemskerk

500 rugslag**25 schoolslag**

1. Palmboom Nicole	91	08-021	17.22	25m	27-4-06	Heemskerk
2. Kramer Miranda	80	08-021	17.60	25m	19-3-98	Heemskerk (NED)
3. van Honk Chantal	80	08-021	17.80	25m	16-5-91	Heemskerk (NED)
3. van Rookhuizen Sieta	79	08-021	17.80	25m	13-3-97	Heemskerk (NED)
5. de Groot Daniëlle	93	08-021	17.83	25m	29-5-08	Heemskerk (NED)
6. Hulshof Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)
6. Stam Vanessa	80	08-021	17.90	25m	13-3-97	Heemskerk (NED)
8. van der Geest Saskia	73	08-021	18.10	25m	12-1-89	Heemskerk (NED)
9. Hogema Fabiën	93	08-021	18.32	25m	19-4-07	Heemskerk (NED)
10. van der Kroft Nicole	84	08-021	18.40	25m	13-3-97	Heemskerk (NED)
11. van der Gracht Anouk	89	08-021	18.41	25m	27-4-06	Heemskerk
12. Koster Lisa	94	08-021	18.50	25m	19-4-07	Heemskerk (NED)
13. Schelvis Femke	84	08-021	18.60	25m	19-3-98	Heemskerk (NED)
14. Schelvis Roos	86	08-021	18.63	25m	22-2-01	Heemskerk (NED)
15. Crok Linda	94	08-021	18.68	25m	29-5-08	Heemskerk (NED)
16. Boekling Annette	85	08-021	18.72	25m	22-2-01	Heemskerk (NED)
17. Vink Lidewij	90	08-021	18.88	25m	19-4-07	Heemskerk (NED)
18. Stins Mariska	84	08-021	18.89	25m	25-3-99	Heemskerk (NED)
19. Crok Annemarie	89	08-021	19.04	25m	27-4-06	Heemskerk
20. Vink Marjolein	93	08-021	19.06	25m	19-4-07	Heemskerk (NED)
21. Schuyt Simone	75	08-021	19.10	25m	12-1-89	Heemskerk (NED)
21. Stam Sabrina	82	08-021	19.10	25m	13-3-97	Heemskerk (NED)

25 schoolslag (sinds 23)

23. Besse Karen	75	08-021	19.40	25m	12-1-89	Heemskerk (NED)
23. Beentjes Nicolet	80	08-021	19.40	25m	14-3-96	Heemskerk (NED)
25. de Boer Irene	84	08-021	19.43	25m	25-3-99	Heemskerk (NED)

50 schoolslag

1. Kingma Danae	00	08-021	34.17	25m	13-11-16	Purmerend (NED)
2. Broek Jade	97	08-021	36.51	25m	13-11-16	Purmerend (NED)
3. van Honk Chantal	80	08-021	37.00	25m	12-5-93	
4. Palmboom Nicole	91	08-021	37.64	25m	30-12-07	Maastricht (NED)
5. de Haan Shira	00	08-021	38.19	25m	29-12-16	Leeuwarden (NED)
6. van der Geest Saskia	73	08-021	38.90	25m	31-12-88	
7. Kramer Miranda	80	08-021	38.91	25m	16-4-00	Almelo (NED)
8. Stam Vanessa	80	08-021	39.00	25m	26-1-97	Zuidoost Beemster (NED)
9. de Groot Daniëlle	93	08-021	39.29	25m	10-2-08	Purmerend (NED)
10. Crok Linda	94	08-021	39.33	25m	3-3-13	Purmerend (NED)
11. van Rookhuizen Sieta	79	08-021	39.42	25m	24-9-98	Heemskerk (NED)
12. Groen Anne	95	08-021	39.62	25m	16-3-17	Heemskerk (NED)
13. Hoekstra Eline	03	08-021	39.99	25m	1-4-18	Haarlem (NED)
14. Koster Lisa	94	08-021	40.10	25m	30-12-07	Maastricht (NED)
15. Schelvis Femke	84	08-021	40.22	25m	25-11-04	Heemskerk (NED)
16. Koper Fiona	01	08-021	40.24	25m	12-4-18	Heemskerk (NED)
17. van 't Veer Iris	03	08-021	40.31	25m	12-4-18	Heemskerk (NED)
18. van der Kroft Nicole	84	08-021	40.32	25m	17-3-02	Zaandam
19. Hulshof Saskia	73	08-021	40.40	25m	14-12-88	
20. Vink Lidewij	90	08-021	40.57	25m	5-3-06	Purmerend (NED)
21. Crok Annemarie	89	08-021	40.71	25m	15-11-09	Haarlem (NED)
22. van der Gracht Anouk	89	08-021	40.72	25m	8-4-07	Haarlem (NED)
23. Schelvis Roos	86	08-021	40.77	25m	3-12-00	Zaandam (NED)
24. Siemerink Laura	04	08-021	40.90	25m	12-4-18	Heemskerk (NED)
25. Smit Sanne	01	08-021	40.95	25m	15-2-15	Purmerend (NED)

100 schoolslag

1. Kingma Danae	00	08-021	1:16.62	25m	13-11-16	Purmerend (NED)
2. van Honk Chantal	80	08-021	1:19.80	25m	13-12-92	Heemskerk (NED)
3. Broek Jade	97	08-021	1:19.98	25m	11-11-17	Hoofddorp (NED)
4. Drubers Mirjam	67	08-021	1:20.90	25m	31-12-85	
5. Palmboom Nicole	91	08-021	1:22.16	25m	25-11-07	Amsterdam (NED)
6. de Haan Shira	00	08-021	1:22.34	25m	8-1-17	Purmerend (NED)
7. van der Geest Saskia	73	08-021	1:22.60	25m	7-2-88	Heemskerk (NED)
8. Stam Vanessa	80	08-021	1:24.30	25m	7-11-96	Heemskerk (NED)
9. van Rookhuizen Sieta	79	08-021	1:24.87	25m	5-4-99	Haarlem (NED)
9. de Groot Daniëlle	93	08-021	1:24.87	25m	27-3-08	Heemskerk (NED)
11. Kramer Miranda	80	08-021	1:25.00	25m	13-4-98	Haarlem (NED)
12. Crok Linda	94	08-021	1:25.35	25m	1-10-17	Purmerend (NED)
13. Teufer Irene	96	08-021	1:25.82	25m	24-3-08	Haarlem (NED)
14. Schelvis Femke	84	08-021	1:25.84	25m	28-1-99	Heemskerk (NED)
15. van der Kroft Nicole	84	08-021	1:25.98	25m	28-3-02	Heemskerk
16. Groen Anne	95	08-021	1:26.47	25m	13-10-16	Heemskerk (NED)
17. Stam Sabrina	82	08-021	1:26.50	25m	14-12-97	Heemskerk (NED)
18. van 't Veer Iris	03	08-021	1:26.58	25m	9-11-17	Heemskerk (NED)
19. Hoekstra Eline	03	08-021	1:26.69	25m	3-12-17	Heemskerk (NED)

100 schoolslag (sinds 20)

20. Schelvis Roos	86	08-021	1:26.96	25m	28-3-02	Heemskerk
21. Crok Annemarie	89	08-021	1:27.24	25m	19-11-09	Heemskerk (NED)
22. Peters Yvonne	63	08-021	1:27.40	25m	6-10-85	Wormerveer (NED)
23. Koster Lisa	94	08-021	1:28.10	25m	17-11-07	Barneveld (NED)
24. van Galen Angela	65	08-021	1:28.20	25m	14-3-82	
25. Mallon Danique	94	08-021	1:28.39	25m	14-3-10	Heemskerk (NED)

200 schoolslag

1. Kingma Danae	00	08-021	2:53.96	25m	4-10-15	Purmerend (NED)
2. de Haan Shira	00	08-021	2:54.99	25m	15-1-17	Alkmaar (NED)
3. van Honk Chantal	80	08-021	2:55.20	25m	9-1-93	Zuidoost Beemster (NED)
4. Broek Jade	97	08-021	2:57.88	25m	12-2-17	Purmerend (NED)
5. van der Geest Saskia	73	08-021	2:58.90	25m	31-12-88	
6. Stam Vanessa	80	08-021	2:59.80	25m	6-4-97	Heemskerk (NED)
7. van Rookhuizen Sieta	79	08-021	3:02.04	25m	10-10-99	Zaandam (NED)
8. van der Kroft Nicole	84	08-021	3:02.41	25m	25-1-01	Heemskerk (NED)
9. Kramer Miranda	80	08-021	3:02.52	25m	27-1-00	Heemskerk (NED)
10. Palmboom Nicole	91	08-021	3:02.96	25m	13-12-07	Heemskerk (NED)
11. de Groot Daniëlle	93	08-021	3:04.53	25m	9-3-08	Heemskerk (NED)
12. Schelvis Femke	84	08-021	3:05.36	25m	3-10-04	Heemskerk (NED)
13. Crok Linda	94	08-021	3:05.44	25m	19-1-14	Zaandam (NED)
14. Crok Annemarie	89	08-021	3:05.90	25m	16-1-11	Zaandam (NED)
15. Hoekstra Eline	03	08-021	3:06.31	25m	18-3-18	Purmerend (NED)
16. Teufer Irene	96	08-021	3:06.47	25m	20-1-08	Zaandam (NED)
17. Schelvis Roos	86	08-021	3:07.13	25m	21-11-99	Heemskerk (NED)
18. Smit Sanne	01	08-021	3:08.36	25m	12-3-17	Purmerend (NED)
19. Vink Lidewij	90	08-021	3:08.43	25m	27-10-05	Heemskerk (NED)
20. van 't Veer Iris	03	08-021	3:08.59	25m	29-10-17	Den Helder (NED)
21. van Galen Angela	65	08-021	3:09.00	25m	5-4-81	Heemskerk (NED)
22. Niesten Iris	92	08-021	3:09.37	25m	5-10-08	Heemskerk (NED)
23. Vink Marjolein	93	08-021	3:10.04	25m	18-11-07	Alkmaar (NED)
24. Niesten Annet	62	08-021	3:11.10	25m	7-5-78	Assendelft (NED)
25. Mallon Danique	94	08-021	3:11.53	25m	25-3-10	Heemskerk (NED)

500 schoolslag**800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag**

3000 schoolslag**4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Schelvis Femke	84	08-021	13.74	25m	4-5-00	Heemskerk (NED)
2. van Rijn-Hofwegen Wilma	71	08-021	14.72	25m	1-12-13	Vlaardingen (NED)
3. Crok Annemarie	89	08-021	14.93	25m	30-6-11	Heemskerk (NED)
4. Palmboom Nicole	91	08-021	15.02	25m	19-4-07	Heemskerk (NED)
5. van Staveren Marina	78	08-021	15.06	25m	17-11-11	Heemskerk (NED)
6. de Groot Daniëlle	93	08-021	15.10	25m	29-5-08	Heemskerk (NED)
7. Vink Lidewij	90	08-021	15.14	25m	19-4-07	Heemskerk (NED)
8. van der Kroft Nicole	84	08-021	15.23	25m	29-3-01	Heemskerk (NED)
9. Besse Karen	75	08-021	15.30	25m	12-1-89	Heemskerk (NED)
9. Butter Anouk	82	08-021	15.30	25m	29-3-01	Heemskerk (NED)
9. Stins Mariska	84	08-021	15.30	25m	19-4-07	Heemskerk (NED)
12. Schelvis Roos	86	08-021	15.39	25m	29-3-01	Heemskerk (NED)
13. Hulshof Saskia	73	08-021	15.40	25m	31-12-89	Heemskerk (NED)
13. van der Gracht Anouk	89	08-021	15.40	25m	29-5-08	Heemskerk (NED)
15. Meijer Sylvia	81	08-021	15.41	25m	29-3-01	Heemskerk (NED)
15. Hoek Daniëlle	88	08-021	15.41	25m	30-6-11	Heemskerk (NED)
17. de Boer Irene	84	08-021	15.46	25m	29-3-01	Heemskerk (NED)
18. Koster Lisa	94	08-021	15.51	25m	29-5-08	Heemskerk (NED)
19. Vink Marjolein	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)
19. Kleijne Daisy	89	08-021	15.54	25m	30-6-11	Heemskerk (NED)
21. Meijer Linda	77	08-021	15.60	25m	16-5-91	Heemskerk (NED)
21. Kramer Miranda	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)
23. van Rookhuizen Sieta	79	08-021	15.65	25m	4-5-00	Heemskerk (NED)
24. Essers Sanne	91	08-021	15.68	25m	27-4-06	Heemskerk
25. Stam Sabrina	82	08-021	15.70	25m	15-1-98	Heemskerk (NED)

50 vlinderslag

1. Kingma Danae	00	08-021	29.36	25m	20-10-17	Amsterdam (NED)
2. Broek Jade	97	08-021	30.60	25m	10-12-15	Heemskerk (NED)
3. Schelvis Femke	84	08-021	30.83	25m	17-10-99	Zaandam (NED)
4. Palmboom Nicole	91	08-021	31.87	25m	24-3-08	Haarlem (NED)
5. van der Gracht Anouk	89	08-021	31.89	25m	12-12-13	Heemskerk (NED)
6. Hoekstra Eline	03	08-021	32.01	25m	18-1-18	Heemskerk (NED)
7. van de Poll Marianne	89	08-021	32.31	25m	4-4-04	Zaandam
8. Crok Annemarie	89	08-021	32.37	25m	17-11-11	Heemskerk (NED)
9. Drubers Mirjam	67	08-021	32.50	25m	10-11-85	
10. Wentink Yara	04	08-021	32.53	25m	1-7-18	Den Helder (NED)
11. Groen Anne	95	08-021	32.57	25m	12-2-17	Purmerend (NED)
12. Vink Lidewij	90	08-021	32.65	25m	5-3-06	Purmerend (NED)
13. van der Kroft Nicole	84	08-021	32.95	25m	18-12-03	Heemskerk (NED)
14. Verbree Bets	63	08-021	33.00	25m	17-5-81	Castricum (NED)
15. Smit Sanne	01	08-021	33.05	25m	18-1-18	Heemskerk (NED)
16. Hoek Daniëlle	88	08-021	33.06	25m	19-2-12	Purmerend (NED)
17. van Staveren Marina	78	08-021	33.15	25m	22-3-12	Heemskerk (NED)

50 vlinderslag (sinds 18)

18. Teufer Irene	96	08-021	33.18	25m	9-3-08	Heemskerk (NED)
19. Koper Fiona	01	08-021	33.19	25m	18-1-18	Heemskerk (NED)
20. Stam Vanessa	80	08-021	33.30	25m	24-5-98	Zaandam (NED)
21. de Groot Daniëlle	93	08-021	33.34	25m	29-12-07	Maastricht (NED)
22. de Haan Shira	00	08-021	33.35	25m	12-2-17	Purmerend (NED)
23. Mallon Danique	94	08-021	33.41	25m	23-5-10	Purmerend (NED)
24. Essers Sanne	91	08-021	33.72	25m	28-12-07	Maastricht (NED)
25. Kleijne Daisy	89	08-021	33.96	25m	15-3-09	Haarlem (NED)

100 vlinderslag

1. Schelvis Femke	84	08-021	1:08.80	25m	10-10-99	Zaandam (NED)
2. Kingma Danae	00	08-021	1:09.75	25m	12-2-17	Purmerend (NED)
3. Broek Jade	97	08-021	1:10.25	25m	18-2-16	Heemskerk (NED)
4. Drubers Mirjam	67	08-021	1:10.80	25m	31-12-85	
5. Smit Sanne	01	08-021	1:12.75	25m	15-2-18	Heemskerk (NED)
6. Vink Lidewij	90	08-021	1:12.85	25m	10-12-06	Heemskerk (NED)
7. de Groot Daniëlle	93	08-021	1:13.13	25m	25-11-07	Amsterdam (NED)
8. Palmboom Nicole	91	08-021	1:13.63	25m	17-11-07	Barneveld (NED)
9. Mallon Danique	94	08-021	1:13.93	25m	23-5-10	Purmerend (NED)
9. van der Gracht Anouk	89	08-021	1:13.93	25m	9-3-14	Zaandam (NED)
11. Crok Annemarie	89	08-021	1:14.05	25m	29-11-09	Heemskerk (NED)
12. Verbree Bets	63	08-021	1:14.50	25m	7-2-82	
13. de Haan Shira	00	08-021	1:14.89	25m	12-2-17	Purmerend (NED)
14. Hoekstra Eline	03	08-021	1:15.18	25m	20-5-18	Purmerend (NED)
15. Hoek Daniëlle	88	08-021	1:15.40	25m	9-2-12	Heemskerk (NED)
16. van de Poll Marianne	89	08-021	1:15.65	25m	14-12-03	Heemskerk (NED)
17. Stins Mariska	84	08-021	1:15.83	25m	27-5-04	Heemskerk (NED)
18. Groen Anne	95	08-021	1:16.26	25m	2-2-17	Heemskerk (NED)
19. Stam Vanessa	80	08-021	1:16.60	25m	15-12-96	Heemskerk (NED)
20. Essers Sanne	91	08-021	1:16.69	25m	21-10-07	Zaandam (NED)
21. van der Kroft Nicole	84	08-021	1:16.86	25m	14-1-01	Heemskerk (NED)
21. Wentink Yara	04	08-021	1:16.86	25m	11-2-18	Zaandam (NED)
23. Besse Karen	75	08-021	1:17.20	25m	24-2-91	Heemskerk (NED)
24. Teufer Irene	96	08-021	1:17.25	25m	17-2-08	Zaandam (NED)
25. Crok Linda	94	08-021	1:17.58	25m	13-11-16	Purmerend (NED)

200 vlinderslag

1. Schelvis Femke	84	08-021	2:35.87	25m	25-11-04	Heemskerk (NED)
2. Vink Lidewij	90	08-021	2:46.45	25m	21-1-07	Zaandam (NED)
3. Mallon Danique	94	08-021	2:48.96	25m	18-2-10	Heemskerk (NED)
4. Stam Vanessa	80	08-021	2:49.10	25m	29-3-98	Heemstede (NED)
5. Crok Annemarie	89	08-021	2:49.30	25m	14-3-10	Heemskerk (NED)
6. Palmboom Nicole	91	08-021	2:51.40	25m	31-1-08	Heemskerk (NED)
7. van der Gracht Anouk	89	08-021	2:52.59	25m	9-3-08	Heemskerk (NED)
8. Teufer Irene	96	08-021	2:54.51	25m	16-12-07	Zaandam (NED)
9. Verbree Bets	63	08-021	2:54.70	25m	31-12-81	
10. Wentink Yara	04	08-021	2:55.31	25m	18-3-18	Purmerend (NED)
11. de Groot Daniëlle	93	08-021	2:56.23	25m	26-5-07	Purmerend (NED)
12. Stins Mariska	84	08-021	2:58.47	25m	15-3-09	Haarlem (NED)
13. de Haan Shira	00	08-021	2:58.95	25m	12-3-17	Purmerend (NED)
14. van de Poll Marianne	89	08-021	2:59.51	25m	7-6-03	Z.o. Beemster

200 vlinderslag (sinds 15)

15. Spijker Kristel	84	08-021	3:01.28	25m	14-3-10	Heemskerk (NED)
16. Hoekstra Eline	03	08-021	3:02.29	25m	27-11-16	Zaandam (NED)
17. van der Kroft Nicole	84	08-021	3:02.96	25m	26-4-01	Heemskerk (NED)
18. Schelvis Roos	86	08-021	3:03.76	25m	20-12-01	Heemskerk
19. Butter Anouk	82	08-021	3:04.98	25m	26-4-01	Heemskerk (NED)
20. Groen Anne	95	08-021	3:05.24	25m	12-3-17	Purmerend (NED)
21. Meijer Linda	77	08-021	3:06.00	25m	7-2-93	Volendam (NED)
21. Kleijne Daisy	89	08-021	3:06.00	25m	31-1-08	Heemskerk (NED)
23. Crok Linda	94	08-021	3:06.01	25m	18-2-10	Heemskerk (NED)
24. Stel Serena	98	08-021	3:07.06	25m	18-2-10	Heemskerk (NED)
25. de Ruijter Linda	87	08-021	3:07.60	25m	22-12-02	Zaandam

1000 vlinderslag100 wisselslag

1. Kingma Danae	00	08-021	1:07.44	25m	23-12-17	Hoofddorp (NED)
2. Broek Jade	97	08-021	1:09.81	25m	2-1-16	Hoorn (NED)
3. Schelvis Femke	84	08-021	1:09.84	25m	18-2-99	Heemskerk (NED)
4. ten Bokkel Henriëke	94	08-021	1:11.34	25m	17-5-18	Heemskerk (NED)
5. Palmboom Nicole	91	08-021	1:12.94	25m	10-2-08	Purmerend (NED)
6. Crok Linda	94	08-021	1:12.98	25m	11-4-10	Zaandam (NED)
7. Groen Anne	95	08-021	1:13.00	25m	2-10-16	Purmerend (NED)
8. Hoekstra Eline	03	08-021	1:13.97	25m	15-10-17	Alkmaar (NED)
9. Koster Lisa	94	08-021	1:13.98	25m	12-5-08	Purmerend (NED)
10. van der Kroft Nicole	84	08-021	1:14.28	25m	27-9-01	Heemskerk
11. Schelvis Roos	86	08-021	1:15.00	25m	12-12-99	Heemskerk (NED)
12. Smit Sanne	01	08-021	1:15.06	25m	11-12-16	Alkmaar (NED)
13. de Haan Shira	00	08-021	1:15.07	25m	11-5-17	Heemskerk (NED)
14. de Groot Daniëlle	93	08-021	1:15.39	25m	6-1-08	Alkmaar (NED)
15. Crok Annemarie	89	08-021	1:15.40	25m	19-11-09	Heemskerk (NED)
16. Kramer Miranda	80	08-021	1:15.65	25m	15-11-98	Zaandam (NED)
17. van 't Veer Iris	03	08-021	1:15.66	25m	17-5-18	Heemskerk (NED)
18. Mallon Danique	94	08-021	1:15.90	25m	11-4-10	Zaandam (NED)
19. Kleijne Daisy	89	08-021	1:15.95	25m	30-12-05	Maastricht (NED)
20. Wentink Yara	04	08-021	1:16.09	25m	17-5-18	Heemskerk (NED)
21. Besse Karen	75	08-021	1:16.10	25m	14-3-91	Heemskerk (NED)
22. van der Gracht Anouk	89	08-021	1:16.15	25m	20-5-13	Purmerend (NED)
23. Hulshof Saskia	73	08-021	1:16.20	25m	31-12-89	Heemskerk (NED)
24. Vink Lidewij	90	08-021	1:16.36	25m	26-3-06	Purmerend (NED)
25. van Staveren Marina	78	08-021	1:16.71	25m	13-5-12	Grootebroek (NED)

200 wisselslag

1.	Schelvis Femke	84	08-021	2:29.81	25m	4-11-99	Heemskerk (NED)
2.	Kingma Danae	00	08-021	2:30.72	25m	12-2-17	Purmerend (NED)
3.	Broek Jade	97	08-021	2:35.38	25m	15-11-15	Purmerend (NED)
4.	Drubers Mirjam	67	08-021	2:35.70	25m	18-5-85	
5.	Groen Anne	95	08-021	2:37.83	25m	12-3-17	Purmerend (NED)
6.	Crok Linda	94	08-021	2:38.33	25m	24-4-11	Haarlem (NED)
7.	Palmboom Nicole	91	08-021	2:39.09	25m	13-1-08	Heemskerk (NED)
8.	Hoekstra Eline	03	08-021	2:39.18	25m	5-11-17	Alkmaar (NED)
9.	Smit Sanne	01	08-021	2:39.42	25m	12-2-17	Purmerend (NED)
10.	Crok Annemarie	89	08-021	2:40.68	25m	3-4-11	Zaandam (NED)
11.	Stam Vanessa	80	08-021	2:41.90	25m	5-4-98	Heemskerk (NED)
12.	van 't Veer Iris	03	08-021	2:42.47	25m	4-2-18	Purmerend (NED)
13.	de Haan Shira	00	08-021	2:42.93	25m	12-2-17	Purmerend (NED)
14.	Kleijne Daisy	89	08-021	2:43.70	25m	9-4-06	Purmerend (NED)
15.	Vink Lidewij	90	08-021	2:44.06	25m	14-12-06	Heemskerk (NED)
15.	Stel Serena	98	08-021	2:44.06	25m	18-4-10	Zaandam (NED)
17.	van der Kroft Nicole	84	08-021	2:44.29	25m	7-10-01	Zaandam (NED)
18.	Stam Sabrina	82	08-021	2:44.60	25m	7-5-98	Heemskerk (NED)
19.	Koster Lisa	94	08-021	2:44.63	25m	25-11-07	Amsterdam (NED)
20.	Schelvis Roos	86	08-021	2:44.66	25m	10-3-02	Heemskerk
21.	van der Gracht Anouk	89	08-021	2:45.00	25m	1-3-08	Hoorn (NED)
22.	Kramer Miranda	80	08-021	2:45.04	25m	13-1-02	Zaandam
23.	Hulshof Saskia	73	08-021	2:45.40	25m	11-2-90	Heemskerk (NED)
23.	van Honk Chantal	80	08-021	2:45.40	25m	25-3-93	Heemskerk (NED)
25.	Teufer Irene	96	08-021	2:45.65	25m	24-2-08	Zaandam (NED)

300 wisselslag

1.	Schelvis Femke	84	08-021	4:07.83	25m	30-11-03	Heemskerk (NED)
2.	Vink Lidewij	90	08-021	4:12.63	25m	13-11-05	Zaandam (NED)
3.	Schelvis Roos	86	08-021	4:19.22	25m	20-1-01	Amsterdam (NED)
4.	Kleijne Daisy	89	08-021	4:20.65	25m	19-12-04	Heemskerk (NED)
5.	Essers Sanne	91	08-021	4:22.14	25m	3-12-06	Zaandam (NED)
6.	Crok Annemarie	89	08-021	4:23.42	25m	13-11-05	Zaandam (NED)
7.	Hoek Daniëlle	88	08-021	4:24.44	25m	13-11-05	Zaandam (NED)
8.	Crok Linda	94	08-021	4:25.22	25m	9-11-08	Zaandam (NED)
9.	van der Kroft Nicole	84	08-021	4:26.28	25m	23-1-00	Heemskerk (NED)
10.	van de Poll Marianne	89	08-021	4:28.07	25m	30-11-03	Heemskerk (NED)
11.	Stins Mariska	84	08-021	4:28.22	25m	20-1-01	Amsterdam (NED)
12.	de Groot Daniëlle	93	08-021	4:29.29	25m	9-12-07	Zaandam (NED)
13.	van der Gracht Anouk	89	08-021	4:30.13	25m	3-12-06	Zaandam (NED)
14.	Koopman Anitra	89	08-021	4:34.08	25m	30-11-03	Heemskerk (NED)
15.	de Ruijter Linda	87	08-021	4:39.73	25m	24-11-02	Amsterdam
16.	van Ballegooie Simone	84	08-021	4:41.34	25m	23-1-00	Heemskerk (NED)
17.	Mallon Danique	94	08-021	4:41.82	25m	9-11-08	Zaandam (NED)
18.	Palmboom Nicole	91	08-021	4:42.54	25m	19-12-04	Heemskerk (NED)
19.	Heus Pauline	78	08-021	4:44.97	25m	23-1-00	Heemskerk (NED)
20.	Niesten Iris	92	08-021	4:47.61	25m	3-12-06	Zaandam (NED)
21.	Visser Stacey	87	08-021	4:50.92	25m	20-1-01	Amsterdam (NED)
22.	Hogema Fabiën	93	08-021	5:00.83	25m	13-11-05	Zaandam (NED)
23.	Vink Marjolein	93	08-021	5:05.15	25m	13-11-05	Zaandam (NED)
24.	van Ballegooie Stefanie	86	08-021	5:05.52	25m	20-1-01	Amsterdam (NED)
25.	Hoek Laura	86	08-021	5:12.22	25m	23-1-00	Heemskerk (NED)

400 wisselslag

1. Schelvis Femke	84	08-021	5:29.20	25m	10-5-98	Zaandam (NED)
2. Hoekstra Eline	03	08-021	5:42.35	25m	11-11-17	Hoofddorp (NED)
3. Vink Lidewij	90	08-021	5:43.03	25m	1-4-06	Zaandam (NED)
4. Smit Sanne	01	08-021	5:47.60	25m	8-1-17	Purmerend (NED)
5. de Haan Shira	00	08-021	5:51.41	25m	4-6-17	Purmerend (NED)
6. van der Gracht Anouk	89	08-021	5:52.01	25m	24-2-08	Zaandam (NED)
7. Schelvis Roos	86	08-021	5:54.48	25m	25-2-01	Heemskerk (NED)
8. van der Kroft Nicole	84	08-021	5:54.96	25m	25-2-01	Heemskerk (NED)
9. Palmboom Nicole	91	08-021	5:55.32	25m	15-6-06	Heemskerk (NED)
10. Kleijne Daisy	89	08-021	5:55.34	25m	30-1-05	Zaandam (NED)
11. Stins Mariska	84	08-021	5:55.41	25m	24-2-02	Heemskerk
12. Stam Vanessa	80	08-021	5:56.80	25m	12-1-97	Heemskerk (NED)
13. Crok Linda	94	08-021	5:58.13	25m	24-2-08	Zaandam (NED)
14. Essers Sanne	91	08-021	6:00.29	25m	11-2-07	Zaandam (NED)
15. Kramer Miranda	80	08-021	6:01.21	25m	25-2-01	Heemskerk (NED)
16. Verbree Bets	63	08-021	6:03.30	25m	3-4-82	Heemskerk (NED)
17. Besse Karen	75	08-021	6:03.50	25m	4-2-90	Volendam (NED)
18. Mallon Danique	94	08-021	6:04.26	25m	24-2-08	Zaandam (NED)
19. Hoek Daniëlle	88	08-021	6:05.19	25m	30-1-05	Zaandam (NED)
20. van de Poll Marianne	89	08-021	6:06.21	25m	29-2-04	Wormerveer
21. Crok Annemarie	89	08-021	6:07.62	25m	29-2-04	Wormerveer
22. Koopman Anitra	89	08-021	6:09.20	25m	23-2-03	Heemskerk
23. Stam Sabrina	82	08-021	6:13.60	25m	23-2-97	Zaandam (NED)
24. de Boer Irene	84	08-021	6:14.76	25m	30-3-00	Heemskerk (NED)
25. Blaauw Yente	03	08-021	6:17.24	25m	19-3-17	Zaandam (NED)