

15 jaar, Heren, Korte baan (25m)

1-1-1900-31-7-2018

25 vrije slag

1. Crok Pieter	91	08-021	12.93	25m	27-4-06	Heemskerk
2. de Ruijter René	86	08-021	13.01	25m	29-3-01	Heemskerk (NED)
3. Wiegman Stefan	74	08-021	13.10	25m	12-1-89	Heemskerk (NED)
3. van Rookhuizen Barry	82	08-021	13.10	25m	13-3-97	Heemskerk (NED)
3. de Boer Stephan	83	08-021	13.10	25m	5-2-98	Heemskerk (NED)
6. Hermans Luuk	85	08-021	13.18	25m	4-5-00	Heemskerk (NED)
7. Kerkhof Arno	72	08-021	13.30	25m	17-12-87	Heemskerk (NED)
8. Martijn Onno	91	08-021	13.42	25m	27-4-06	Heemskerk
9. de Caluwé Niels	91	08-021	13.45	25m	27-4-06	Heemskerk
10. Dekker Rudie	78	08-021	13.80	25m	17-6-93	Heemskerk (NED)
10. Oortwijn Maarten	80	08-021	13.80	25m	27-4-95	Heemskerk (NED)
10. Stins Arnold	83	08-021	13.80	25m	8-1-98	Heemskerk (NED)
13. Kramer Vincent	82	08-021	13.90	25m	13-3-97	Heemskerk (NED)
14. Zwaan Bas	76	08-021	14.00	25m	16-5-91	Heemskerk (NED)
15. Lamers Koen	91	08-021	14.14	25m	27-4-06	Heemskerk
16. Butter Joris	86	08-021	14.17	25m	29-3-01	Heemskerk (NED)
17. Kemmeren Ferry	91	08-021	14.18	25m	27-4-06	Heemskerk
18. Krijger Jan-Willem	81	08-021	14.20	25m	14-3-96	Heemskerk (NED)
19. de Wit Stephen	93	08-021	14.29	25m	29-5-08	Heemskerk (NED)
20. Zijlstra Jeroen	80	08-021	14.40	25m	27-4-95	Heemskerk (NED)
20. de Vries Allard	96	08-021	14.40	25m	30-6-11	Heemskerk (NED)
22. Hoenink Jarl	86	08-021	14.45	25m	29-3-01	Heemskerk (NED)
23. Huveneers Fabian	73	08-021	14.50	25m	22-3-88	Heemskerk (NED)
24. Tijms Stefan	93	08-021	14.53	25m	29-5-08	Heemskerk (NED)
25. Andeweg Celedonio	76	08-021	14.90	25m	16-5-91	Heemskerk (NED)

50 vrije slag

1. Gaal Roel	01	08-021	26.36	25m	13-10-16	Heemskerk (NED)
2. Crok Pieter	91	08-021	26.75	25m	28-12-06	Maastricht (NED)
3. Meijer Arno	75	08-021	27.10	25m	2-12-90	
4. de Boer Stephan	83	08-021	27.15	25m	26-11-98	Heemskerk (NED)
5. Jongert Sjoerd	01	08-021	27.41	25m	13-10-16	Heemskerk (NED)
6. Schelvis Sjeng	89	08-021	27.64	25m	29-1-04	Heemskerk (NED)
7. Hagebout Marcel	68	08-021	27.80	25m	11-12-83	Heemskerk (NED)
8. Hermans Luuk	85	08-021	27.87	25m	3-12-00	Zaandam (NED)
9. van Rookhuizen Barry	82	08-021	27.90	25m	21-9-97	Alkmaar (NED)
10. Butter Martijn	79	08-021	28.00	25m	16-10-94	Heemskerk (NED)
10. Oortwijn Maarten	80	08-021	28.00	25m	1-10-95	Heemskerk (NED)
12. Stins Arnold	83	08-021	28.03	25m	26-11-98	Heemskerk (NED)
13. van der Gracht Jory	87	08-021	28.06	25m	17-11-02	Heemskerk
14. Switser René	75	08-021	28.10	25m	31-5-90	Heemskerk (NED)
15. Essers Tim	88	08-021	28.13	25m	9-3-03	Zuidoostbeemster (NED)
16. Glorie Daan	88	08-021	28.32	25m	28-12-03	Maastricht (NED)
17. de Ruijter René	86	08-021	28.33	25m	25-10-01	Heemskerk
18. Dekker Matthijs	90	08-021	28.39	25m	15-5-05	Zuidoost-Beemster (NED)
19. Pover Peter	69	08-021	28.40	25m	23-9-84	Heemskerk (NED)
20. de Ruijter Richard	88	08-021	28.43	25m	28-12-03	Maastricht (NED)
21. Groen Jarno	01	08-021	28.44	25m	13-10-16	Heemskerk (NED)
22. Martijn Onno	91	08-021	28.45	25m	26-1-06	Heemskerk (NED)
23. van Vegten Teun	01	08-021	28.54	25m	27-11-16	Zaandam (NED)
24. Dekker Rudie	78	08-021	28.70	25m	28-11-93	Heemskerk (NED)

50 vrije slag (sinds 25)

25. Offringa Rick	03	08-021	28.78	25m	1-7-18	Den Helder (NED)
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100 vrije slag

1. Gaal Roel	01	08-021	56.68	25m	13-11-16	Purmerend (NED)
2. Crok Pieter	91	08-021	58.51	25m	26-11-06	Heemskerk (NED)
3. Schelvis Sjeng	89	08-021	58.52	25m	25-3-04	Heemskerk
4. Jongert Sjoerd	01	08-021	59.26	25m	29-12-16	Leeuwarden (NED)
5. de Boer Stephan	83	08-021	59.86	25m	13-12-98	Heemskerk (NED)
6. Meijer Arno	75	08-021	1:00.60	25m	8-11-90	Heemskerk (NED)
7. Butter Martijn	79	08-021	1:00.90	25m	11-12-94	Heemskerk (NED)
8. Stins Arnold	83	08-021	1:01.28	25m	13-12-98	Heemskerk (NED)
9. Dekker Matthijs	90	08-021	1:01.31	25m	8-5-05	Uden
10. van der Gracht Jory	87	08-021	1:01.46	25m	1-4-02	Haarlem
11. Hagebout Marcel	68	08-021	1:01.50	25m	31-12-83	
12. Wiegman Stefan	74	08-021	1:01.60	25m	18-2-89	
13. Offringa Rick	03	08-021	1:01.73	25m	20-5-18	Purmerend (NED)
14. Groen Jarno	01	08-021	1:01.74	25m	18-12-16	Heemskerk (NED)
15. Glorie Daan	88	08-021	1:01.81	25m	14-12-03	Heemskerk (NED)
16. Oortwijn Maarten	80	08-021	1:01.90	25m	15-6-95	Heemskerk (NED)
17. Essers Tim	88	08-021	1:02.22	25m	21-4-03	Haarlem
18. Hermans Luuk	85	08-021	1:02.24	25m	10-12-00	Heemskerk (NED)
19. Plokker Robert	65	08-021	1:02.90	25m	31-8-80	Heemskerk (NED)
20. Switser René	75	08-021	1:03.00	25m	3-5-90	Heemskerk (NED)
20. Kramer Vincent	82	08-021	1:03.00	25m	14-12-97	Heemskerk (NED)
22. de Ruijter Richard	88	08-021	1:03.02	25m	14-12-03	Heemskerk (NED)
23. van der Linden René	70	08-021	1:03.20	25m	29-9-85	Heemskerk (NED)
24. de Wit Stephen	93	08-021	1:03.42	25m	16-11-08	Amsterdam-oost (NED)
25. Dekker Rudie	78	08-021	1:03.70	25m	28-11-93	Heemskerk (NED)

200 vrije slag

1. Gaal Roel	01	08-021	2:05.52	25m	2-10-16	Purmerend (NED)
2. Schelvis Sjeng	89	08-021	2:11.14	25m	14-3-04	Zaandam
3. Crok Pieter	91	08-021	2:11.34	25m	12-3-06	Zaandam (NED)
4. Dekker Matthijs	90	08-021	2:13.06	25m	16-4-05	Zwaagwesteinde (NED)
5. Stins Arnold	83	08-021	2:13.13	25m	17-12-98	Heemskerk (NED)
6. Butter Martijn	79	08-021	2:13.30	25m	20-11-94	Wormerveer (NED)
7. Glorie Daan	88	08-021	2:14.17	25m	18-12-03	Heemskerk (NED)
8. Meijer Arno	75	08-021	2:15.90	25m	25-11-90	Heemskerk (NED)
9. de Boer Stephan	83	08-021	2:15.95	25m	17-12-98	Heemskerk (NED)
10. Offringa Rick	03	08-021	2:16.26	25m	1-7-18	Den Helder (NED)
11. Jongert Sjoerd	01	08-021	2:18.01	25m	17-3-16	Heemskerk (NED)
12. Essers Tim	88	08-021	2:18.07	25m	16-3-03	Heemskerk
13. van der Gracht Jory	87	08-021	2:18.22	25m	17-11-02	Heemskerk
14. Plokker Robert	65	08-021	2:18.60	25m	2-11-80	Castricum (NED)
15. Groen Jarno	01	08-021	2:19.12	25m	17-3-16	Heemskerk (NED)
16. Kleijne Barry	93	08-021	2:19.50	25m	5-10-08	Heemskerk (NED)
17. Hagebout Marcel	68	08-021	2:20.10	25m	6-2-83	
18. Switser René	75	08-021	2:22.10	25m	4-2-90	Volendam (NED)
19. Oortwijn Maarten	80	08-021	2:22.50	25m	9-4-95	Zaandam (NED)
20. de Ruijter Richard	88	08-021	2:22.91	25m	27-2-03	Heemskerk
21. Hermans Luuk	85	08-021	2:23.15	25m	30-11-00	Heemskerk (NED)

200 vrije slag (sinds 22)

22. Kramer Vincent	82	08-021	2:23.50	25m	26-10-97	Heemskerk (NED)
23. van Rijn Michael	70	08-021	2:23.90	25m	6-10-85	Wormerveer (NED)
24. Woudsma Stefan	00	08-021	2:23.92	25m	8-3-15	Zaandam (NED)
25. Kerkhof Arno	72	08-021	2:24.00	25m	13-12-87	Assendelft (NED)

250 vrije slag**300 vrije slag**

1. Dekker Matthijs	90	08-021	3:33.86	25m	12-2-05	Zoetermeer
2. Crok Pieter	91	08-021	3:39.51	25m	18-5-06	Heemskerk (NED)
3. Palmboom Pascal	89	08-021	4:07.13	25m	29-4-04	Heemskerk (NED)

400 vrije slag

1. Dekker Matthijs	90	08-021	4:44.55	25m	6-3-05	Den Haag
2. Gaal Roel	01	08-021	4:46.21	25m	18-9-16	Zaandam (NED)
3. Crok Pieter	91	08-021	4:49.50	25m	18-5-06	Heemskerk (NED)
4. Meijer Arno	75	08-021	4:51.60	25m	14-6-90	Heemskerk (NED)
5. Butter Martijn	79	08-021	4:53.00	25m	30-1-94	Wormerveer (NED)
6. Schelvis Sjeng	89	08-021	4:59.80	25m	17-10-04	Zaandam (NED)
7. Essers Tim	88	08-021	5:00.45	25m	12-6-03	Heemskerk
8. van der Gracht Jory	87	08-021	5:01.25	25m	30-5-02	Heemskerk
9. Kleijne Barry	93	08-021	5:02.14	25m	12-5-08	Purmerend (NED)
10. Glorie Daan	88	08-021	5:03.81	25m	12-6-03	Heemskerk
11. Groen Jarno	01	08-021	5:03.92	25m	18-9-16	Zaandam (NED)
12. Oortwijn Maarten	80	08-021	5:05.40	25m	18-5-95	Heemskerk (NED)
13. Stins Arnold	83	08-021	5:06.30	25m	19-4-98	Zaandam (NED)
14. de Boer Stephan	83	08-021	5:09.90	25m	19-3-98	Heemskerk (NED)
15. Oudendijk Paul	81	08-021	5:11.40	25m	4-2-96	Heerhugowaard (NED)
16. Switser René	75	08-021	5:14.20	25m	11-3-90	Heemskerk (NED)
17. Plokker Robert	65	08-021	5:14.90	25m	28-9-80	Zaandam (NED)
18. Kramer Vincent	82	08-021	5:16.50	25m	9-3-97	Alkmaar (NED)
19. Hoenink Jarl	86	08-021	5:20.93	25m	31-5-01	Heemskerk (NED)
20. Hermans Luuk	85	08-021	5:21.71	25m	5-11-00	Zaandam (NED)
21. Woudsma Stefan	00	08-021	5:22.39	25m	22-2-15	Zaandam (NED)
22. Dekker Rudie	78	08-021	5:23.40	25m	30-6-93	
23. de Ruijter Richard	88	08-021	5:24.19	25m	16-11-03	Heemskerk (NED)
24. Tijms Stefan	93	08-021	5:24.24	25m	23-3-08	Haarlem (NED)
25. Schaap Paul	75	08-021	5:26.20	25m	11-3-90	Heemskerk (NED)

500 vrije slag

800 vrije slag

1. Butter Martijn	79	08-021	9:49.40	25m	14-4-94	Heemskerk
2. Schelvis Sjeng	89	08-021	10:02.69	25m	17-10-04	Zaandam (NED)
3. Glorie Daan	88	08-021	10:10.92	25m	26-10-03	Zaandam
4. Meijer Arno	75	08-021	10:21.70	25m	7-6-90	Heemskerk (NED)
5. Kleijne Barry	93	08-021	10:23.11	25m	28-9-08	Zaandam (NED)
6. Crok Pieter	91	08-021	10:30.53	25m	3-12-06	Zaandam (NED)
7. Essers Tim	88	08-021	10:48.76	25m	26-10-03	Zaandam
8. de Boer Stephan	83	08-021	10:49.00	25m	22-2-98	Zaandam (NED)
9. Hoenink Jarl	86	08-021	10:51.78	25m	16-9-01	Zaandam (NED)
10. Hermans Luuk	85	08-021	10:52.70	25m	5-11-00	Zaandam (NED)
11. Stins Arnold	83	08-021	10:54.90	25m	22-2-98	Zaandam (NED)
12. Oortwijn Maarten	80	08-021	11:02.50	25m	17-12-95	Zaandam (NED)
13. Woudsma Stefan	00	08-021	11:03.04	25m	22-2-15	Zaandam (NED)
14. de Ruijter Richard	88	08-021	11:04.11	25m	16-11-03	Heemskerk (NED)
15. Kramer Vincent	82	08-021	11:19.90	25m	23-2-97	Zaandam (NED)
16. Andeweg Celedonio	76	08-021	11:20.60	25m	20-4-91	
17. Schaap Paul	75	08-021	11:23.90	25m	16-3-90	
18. Gaal Koen	99	08-021	11:23.94	25m	23-2-14	Zaandam (NED)
19. Zwaan Bas	76	08-021	11:25.40	25m	21-4-91	Heemstede (NED)
20. Kemmeren Ferry	91	08-021	11:38.60	25m	22-10-06	Zaandam (NED)
21. Tijms Stefan	93	08-021	11:40.77	25m	9-11-08	Zaandam (NED)
22. van Rookhuizen Barry	82	08-021	11:41.10	25m	23-2-97	Zaandam (NED)
23. Palmboom Pascal	89	08-021	11:44.06	25m	17-10-04	Zaandam (NED)
24. Hoenink Sten	84	08-021	11:45.64	25m	24-10-99	Zaandam (NED)
25. Hulshof Patrick	75	08-021	12:14.30	25m	17-3-90	Heerhugowaard (NED)

1000 vrije slag**1250 vrije slag****1500 vrije slag**

1. Butter Martijn	79	08-021	18:16.30	25m	18-12-94	Wormerveer (NED)
2. Schelvis Sjeng	89	08-021	19:32.59	25m	14-11-04	Heemskerk (NED)
3. Glorie Daan	88	08-021	19:46.40	25m	16-11-03	Heemskerk (NED)
4. Meijer Arno	75	08-021	19:50.20	25m	17-3-90	Heerhugowaard (NED)
5. Crok Pieter	91	08-021	19:56.06	25m	3-12-06	Zaandam (NED)
6. Kleijne Barry	93	08-021	20:11.76	25m	9-11-08	Zaandam (NED)
7. van der Gracht Jory	87	08-021	20:23.37	25m	1-12-02	Heemskerk
8. de Ruijter Richard	88	08-021	20:51.94	25m	16-11-03	Heemskerk (NED)
9. Hoenink Jarl	86	08-021	21:05.12	25m	4-11-01	Heemskerk
10. Gaal Koen	99	08-021	21:07.13	25m	23-2-14	Zaandam (NED)
11. Woudsma Stefan	00	08-021	21:07.25	25m	22-2-15	Zaandam (NED)
12. Essers Tim	88	08-021	21:22.21	25m	16-11-03	Heemskerk (NED)
13. Andeweg Celedonio	76	08-021	21:56.50	25m	27-1-91	Volendam (NED)
14. Butter Joris	86	08-021	22:13.18	25m	21-1-01	Heemskerk (NED)
15. Tijms Stefan	93	08-021	22:24.33	25m	9-11-08	Zaandam (NED)
16. Switser René	75	08-021	22:31.50	25m	8-4-90	Volendam (NED)
17. Schaap Paul	75	08-021	23:28.80	25m	17-3-90	Heerhugowaard (NED)
18. Hulshof Patrick	75	08-021	23:48.20	25m	17-3-90	Heerhugowaard (NED)
19. de Vries Allard	96	08-021	24:23.27	25m	13-2-11	Zaandam (NED)

2000 vrije slag

1. Schelvis Sjeng	89	08-021	26:19.41	25m	7-3-04	Zaandam
2. Crok Pieter	91	08-021	26:57.72	25m	29-1-06	Zaandam (NED)
3. Glorie Daan	88	08-021	27:45.81	25m	16-2-03	Zaandam
4. Essers Tim	88	08-021	27:46.20	25m	16-2-03	Zaandam
5. van der Gracht Jory	87	08-021	28:05.83	25m	10-2-02	Zaandam
6. Woudsma Stefan	00	08-021	28:13.03	25m	22-2-15	Zaandam (NED)
7. de Ruijter Richard	88	08-021	29:04.80	25m	16-2-03	Zaandam
8. Butter Joris	86	08-021	30:09.30	25m	11-2-01	Zaandam (NED)
9. de Vries Allard	96	08-021	32:32.01	25m	13-2-11	Zaandam (NED)

2500 vrije slag**3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Kerkhof Arno	72	08-021	15.30	25m	17-12-87	Heemskerk (NED)
2. Wiegman Stefan	74	08-021	15.60	25m	12-1-89	Heemskerk (NED)
3. Hermans Luuk	85	08-021	15.69	25m	17-2-00	Heemskerk (NED)
4. Crok Pieter	91	08-021	15.98	25m	27-4-06	Heemskerk
5. Oortwijn Maarten	80	08-021	16.10	25m	16-3-95	Heemskerk (NED)
5. Stins Arnold	83	08-021	16.10	25m	15-1-98	Heemskerk (NED)
7. Hoenink Jarl	86	08-021	16.28	25m	22-2-01	Heemskerk (NED)
8. Kramer Vincent	82	08-021	16.30	25m	13-2-97	Heemskerk (NED)
8. de Boer Stephan	83	08-021	16.30	25m	15-1-98	Heemskerk (NED)
10. de Caluwé Niels	91	08-021	16.38	25m	27-4-06	Heemskerk
11. de Ruijter René	86	08-021	16.43	25m	22-2-01	Heemskerk (NED)
12. de Wit Stephen	93	08-021	16.50	25m	29-5-08	Heemskerk (NED)
13. Kemmeren Ferry	91	08-021	16.56	25m	27-4-06	Heemskerk
14. Oudendijk Paul	81	08-021	16.60	25m	8-2-96	Heemskerk (NED)
14. Steenbergen Roderik	82	08-021	16.60	25m	13-2-97	Heemskerk (NED)
16. Zwaan Bas	76	08-021	16.70	25m	16-5-91	Heemskerk (NED)
17. Butter Joris	86	08-021	16.75	25m	22-2-01	Heemskerk (NED)
18. Bal Chester	78	08-021	16.80	25m	17-6-93	Heemskerk (NED)

25 rugslag (sinds 19)

19.	van Rookhuizen Barry	82	08-021	16.90	25m	13-2-97	Heemskerk (NED)
20.	Lamers Koen	91	08-021	16.96	25m	27-4-06	Heemskerk
21.	Tijms Stefan	93	08-021	17.45	25m	29-5-08	Heemskerk (NED)
22.	Huveneers Fabian	73	08-021	17.50	25m	22-3-88	Heemskerk (NED)
23.	de Groot Peter	80	08-021	17.70	25m	16-3-95	Heemskerk (NED)
23.	Krijger Jan-Willem	81	08-021	17.70	25m	8-2-96	Heemskerk (NED)
25.	Martijn Onno	91	08-021	17.84	25m	27-4-06	Heemskerk

50 rugslag

1.	Essers Tim	88	08-021	30.89	25m	16-3-03	Heemskerk
2.	van der Linden René	70	08-021	30.90	25m	10-11-85	
3.	Dekker Matthijs	90	08-021	31.29	25m	15-5-05	Zuidoost-Beemster (NED)
4.	Schelvis Sjeng	89	08-021	31.75	25m	28-10-04	Heemskerk (NED)
5.	Hermans Luuk	85	08-021	31.97	25m	3-12-00	Zaandam (NED)
6.	Gaal Roel	01	08-021	32.51	25m	30-12-16	Leeuwarden (NED)
7.	Offringa Rick	03	08-021	32.79	25m	17-6-18	Alkmaar (NED)
8.	Kramer Vincent	82	08-021	33.40	25m	9-10-97	Heemskerk (NED)
9.	de Ruijter Richard	88	08-021	33.43	25m	28-12-03	Maastricht (NED)
10.	Butter Martijn	79	08-021	33.50	25m	20-3-94	Horn (NED)
11.	de Ruijter René	86	08-021	33.58	25m	29-11-01	Heemskerk
12.	Jongert Sjoerd	01	08-021	33.59	25m	18-2-16	Heemskerk (NED)
13.	Oortwijn Maarten	80	08-021	33.60	25m	9-11-95	Heemskerk (NED)
14.	Crok Pieter	91	08-021	33.63	25m	23-4-06	Zaandam (NED)
15.	Steenbergen Roderik	82	08-021	33.70	25m	26-10-97	Heemskerk (NED)
16.	Hoening Jarl	86	08-021	33.79	25m	29-11-01	Heemskerk
17.	Oudendijk Paul	81	08-021	33.80	25m	3-11-96	Zaandam (NED)
18.	Groen Jarno	01	08-021	33.99	25m	18-2-16	Heemskerk (NED)
19.	de Boer Stephan	83	08-021	34.13	25m	29-10-98	Heemskerk (NED)
20.	Kleijne Barry	93	08-021	34.21	25m	25-10-08	Horn (NED)
21.	Meijer Arno	75	08-021	34.30	25m	1-3-90	Heemskerk (NED)
22.	Glorie Daan	88	08-021	34.32	25m	30-10-03	Heemskerk
23.	de Caluwé Niels	91	08-021	34.38	25m	28-12-06	Maastricht (NED)
24.	Kemmeren Ferry	91	08-021	34.65	25m	22-1-06	Purmerend (NED)
25.	Gaal Koen	99	08-021	35.07	25m	30-3-14	Zaandam (NED)

100 rugslag

1.	Essers Tim	88	08-021	1:06.82	25m	28-12-03	Maastricht (NED)
2.	Schelvis Sjeng	89	08-021	1:09.94	25m	7-11-04	Amsterdam (NED)
3.	Hermans Luuk	85	08-021	1:10.14	25m	4-5-00	Heemskerk (NED)
4.	Dekker Matthijs	90	08-021	1:10.19	25m	13-3-05	Amsterdam (NED)
5.	Jongert Sjoerd	01	08-021	1:10.25	25m	17-11-16	Heemskerk (NED)
6.	Offringa Rick	03	08-021	1:10.66	25m	16-6-18	Alkmaar (NED)
7.	Oudendijk Paul	81	08-021	1:10.80	25m	15-12-96	Heemskerk (NED)
8.	van der Linden René	70	08-021	1:11.00	25m	31-12-85	
9.	Wiegman Stefan	74	08-021	1:11.10	25m	19-3-89	Zaandam (NED)
10.	Groen Jarno	01	08-021	1:11.71	25m	17-11-16	Heemskerk (NED)
11.	Schaaper Hans	68	08-021	1:12.20	25m	31-12-83	
11.	Butter Martijn	79	08-021	1:12.20	25m	20-11-94	Wormerveer (NED)
11.	Steenbergen Roderik	82	08-021	1:12.20	25m	6-4-97	Heemskerk (NED)
11.	Kramer Vincent	82	08-021	1:12.20	25m	29-5-97	Heemskerk
15.	Crok Pieter	91	08-021	1:12.40	25m	16-4-06	Haarlem (NED)

100 rugslag (sinds 16)

16. Meijer Arno	75	08-021	1:12.70	25m	4-11-90	Zaandam (NED)
17. Gaal Roel	01	08-021	1:12.75	25m	17-11-16	Heemskerk (NED)
18. Hagebout Marcel	68	08-021	1:12.90	25m	31-12-83	
19. Gaal Koen	99	08-021	1:13.76	25m	28-9-14	Zaandam (NED)
20. de Ruijter Richard	88	08-021	1:13.80	25m	28-12-03	Maastricht (NED)
21. Kleijne Barry	93	08-021	1:13.85	25m	25-9-08	Heemskerk (NED)
22. de Wit Stephen	93	08-021	1:14.08	25m	25-9-08	Heemskerk (NED)
23. Missot Paul	64	08-021	1:14.80	25m	4-11-79	Zaandam (NED)
24. Woudsma Stefan	00	08-021	1:14.91	25m	10-12-15	Heemskerk (NED)
25. Hoenink Jarl	86	08-021	1:14.96	25m	29-3-01	Heemskerk (NED)

200 rugslag

1. Essers Tim	88	08-021	2:30.14	25m	9-11-03	Zaandam
2. Schelvis Sjeng	89	08-021	2:30.89	25m	28-11-04	Heemskerk (NED)
3. Hermans Luuk	85	08-021	2:31.50	25m	14-12-00	Heemskerk (NED)
4. Crok Pieter	91	08-021	2:31.54	25m	26-11-06	Heemskerk (NED)
5. Offringa Rick	03	08-021	2:32.10	25m	20-5-18	Purmerend (NED)
6. Butter Martijn	79	08-021	2:33.20	25m	20-10-94	Heemskerk (NED)
7. Oudendijk Paul	81	08-021	2:34.30	25m	10-10-96	Heemskerk (NED)
8. Dekker Matthijs	90	08-021	2:34.73	25m	15-5-05	Zuidoost-Beemster (NED)
9. Groen Jarno	01	08-021	2:36.04	25m	13-11-16	Purmerend (NED)
10. Hoenink Jarl	86	08-021	2:36.69	25m	18-11-01	Heemskerk
11. Steenbergen Roderik	82	08-021	2:37.10	25m	11-9-97	Heemskerk (NED)
12. Kleijne Barry	93	08-021	2:37.19	25m	16-11-08	Amsterdam-oost (NED)
13. Jongert Sjoerd	01	08-021	2:37.75	25m	13-11-16	Purmerend (NED)
14. Kramer Vincent	82	08-021	2:37.90	25m	1-5-97	Heemskerk (NED)
15. van der Linden René	70	08-021	2:40.20	25m	31-12-85	
15. Meijer Arno	75	08-021	2:40.20	25m	8-11-90	Heemskerk (NED)
17. Stins Arnold	83	08-021	2:41.82	25m	11-10-98	Alkmaar (NED)
18. Kemmeren Ferry	91	08-021	2:42.00	25m	26-11-06	Heemskerk (NED)
19. Glorie Daan	88	08-021	2:42.46	25m	25-9-03	Heemskerk (NED)
20. de Wit Stephen	93	08-021	2:42.81	25m	16-11-08	Amsterdam-oost (NED)
21. Gaal Koen	99	08-021	2:45.34	25m	30-3-14	Zaandam (NED)
22. van Vegten Teun	01	08-021	2:45.42	25m	13-11-16	Purmerend (NED)
23. van Hannen Erik	67	08-021	2:46.40	25m	14-3-82	
24. de Ruijter Richard	88	08-021	2:46.44	25m	9-11-03	Zaandam
25. Woudsma Stefan	00	08-021	2:47.03	25m	29-3-15	Zaandam (NED)

500 rugslag**25 schoolslag**

1. de Boer Stephan	83	08-021	16.20	25m	19-3-98	Heemskerk (NED)
2. Crok Pieter	91	08-021	16.48	25m	27-4-06	Heemskerk
3. Hermans Luuk	85	08-021	16.85	25m	17-2-00	Heemskerk (NED)
4. Kerkhof Arno	72	08-021	16.90	25m	17-12-87	Heemskerk (NED)
5. Butter Joris	86	08-021	16.96	25m	22-2-01	Heemskerk (NED)
6. Zwaan Bas	76	08-021	17.00	25m	16-5-91	Heemskerk (NED)
6. Hoenink Jarl	86	08-021	17.00	25m	22-2-01	Heemskerk (NED)
8. van Rookhuizen Barry	82	08-021	17.30	25m	13-3-97	Heemskerk (NED)
9. Stins Arnold	83	08-021	17.40	25m	19-3-98	Heemskerk (NED)
10. Wiegman Stefan	74	08-021	17.50	25m	12-1-89	Heemskerk (NED)

25 schoolslag (sinds 11)

11. de Caluwé Niels	91	08-021	17.61	25m	27-4-06	Heemskerk
12. Kemmeren Ferry	91	08-021	17.82	25m	27-4-06	Heemskerk
13. Andeweg Celedonio	76	08-021	17.90	25m	16-5-91	Heemskerk (NED)
14. Huveneers Fabian	73	08-021	18.00	25m	22-3-88	Heemskerk (NED)
15. Kramer Vincent	82	08-021	18.10	25m	13-3-97	Heemskerk (NED)
16. Lamers Koen	91	08-021	18.41	25m	27-4-06	Heemskerk
17. Martijn Onno	91	08-021	18.53	25m	27-4-06	Heemskerk
18. Hoenink Sten	84	08-021	18.68	25m	25-3-99	Heemskerk (NED)
19. Beentjes Bastiaan	78	08-021	18.70	25m	17-6-93	Heemskerk (NED)
19. Oortwijn Maarten	80	08-021	18.70	25m	27-4-95	Heemskerk (NED)
21. de Vries Dylan	93	08-021	18.88	25m	29-5-08	Heemskerk (NED)
22. Krijger Jan-Willem	81	08-021	19.30	25m	14-3-96	Heemskerk (NED)
23. Kock Albert	61	08-021	19.40	25m	14-9-76	Heemskerk (NED)
24. Zijlstra Jeroen	80	08-021	19.60	25m	27-4-95	Heemskerk (NED)
25. Tijms Stefan	93	08-021	19.62	25m	29-5-08	Heemskerk (NED)

50 schoolslag

1. van Rijn Michael	70	08-021	33.60	25m	10-11-85	
2. de Boer Stephan	83	08-021	33.95	25m	19-9-98	Amersfoort (NED)
3. de Ruijter Richard	88	08-021	34.22	25m	28-12-03	Maastricht (NED)
4. Schaaper Bart	73	08-021	35.20	25m	31-12-88	
5. Bok Reitze	73	08-021	35.80	25m	31-12-88	
6. Palmboom Pascal	89	08-021	35.83	25m	28-12-04	Maastricht (NED)
7. Hermans Luuk	85	08-021	36.07	25m	14-12-00	Heemskerk (NED)
8. Crok Pieter	91	08-021	36.21	25m	30-12-06	Maastricht (NED)
9. Meijer Arno	75	08-021	36.60	25m	21-6-90	Heemskerk (NED)
10. Jongert Sjoerd	01	08-021	36.66	25m	15-5-16	Purmerend (NED)
11. van Baal Elvin	86	08-021	36.74	25m	20-12-01	Heemskerk
12. Glorie Daan	88	08-021	37.04	25m	27-11-03	Heemskerk (NED)
13. Kemmeren Ferry	91	08-021	37.36	25m	30-12-06	Maastricht (NED)
14. Schelvis Sjeng	89	08-021	37.57	25m	25-11-04	Heemskerk (NED)
15. Dekker Matthijs	90	08-021	37.67	25m	26-2-05	Roermond
16. Verdonk Pim	63	08-021	37.70	25m	22-4-78	Heemskerk (NED)
16. van Rookhuizen Barry	82	08-021	37.70	25m	5-10-97	Zaandam (NED)
18. Essers Tim	88	08-021	37.74	25m	9-3-03	Zuidoostbeemster (NED)
19. van der Gracht Jory	87	08-021	37.86	25m	28-11-02	Heemskerk
20. Butter Martijn	79	08-021	37.90	25m	20-10-94	Heemskerk (NED)
21. Butter Joris	86	08-021	38.09	25m	20-12-01	Heemskerk
22. de Caluwé Niels	91	08-021	38.12	25m	30-11-06	Heemskerk
23. Switser René	75	08-021	38.20	25m	7-11-90	
24. Hoenink Jarl	86	08-021	38.87	25m	20-12-01	Heemskerk
25. Stins Arnold	83	08-021	38.88	25m	24-9-98	Heemskerk (NED)

100 schoolslag

1.	de Boer Stephan	83	08-021	1:13.69	25m	13-12-98	Heemskerk (NED)
2.	Schaaper Bart	73	08-021	1:15.30	25m	17-9-88	
3.	van Rijn Michael	70	08-021	1:16.10	25m	31-12-85	
4.	de Ruijter Richard	88	08-021	1:16.62	25m	14-12-03	Heemskerk (NED)
5.	Meijer Arno	75	08-021	1:18.00	25m	16-12-90	Heemskerk (NED)
6.	Keessen Jeroen	67	08-021	1:18.10	25m	28-2-82	
7.	Bok Reitze	73	08-021	1:18.50	25m	17-9-88	
8.	Hagebout Marcel	68	08-021	1:18.80	25m	10-4-83	Heemskerk (NED)
9.	Hermans Luuk	85	08-021	1:19.03	25m	10-12-00	Heemskerk (NED)
10.	Jongert Sjoerd	01	08-021	1:19.11	25m	13-10-16	Heemskerk (NED)
11.	Crok Pieter	91	08-021	1:19.67	25m	19-11-06	Purmerend (NED)
12.	Essers Tim	88	08-021	1:21.07	25m	21-4-03	Haarlem
13.	Stins Arnold	83	08-021	1:21.11	25m	13-12-98	Heemskerk (NED)
14.	Palmboom Pascal	89	08-021	1:21.17	25m	28-12-04	Maastricht (NED)
15.	van Duin Peter	65	08-021	1:21.40	25m	22-11-80	Heemskerk (NED)
16.	Dekker Matthijs	90	08-021	1:21.51	25m	20-2-05	Aalsmeer (NED)
17.	Glorie Daan	88	08-021	1:22.42	25m	28-12-03	Maastricht (NED)
18.	van der Gracht Jory	87	08-021	1:22.43	25m	28-12-02	Hoorn (NED)
19.	Butter Martijn	79	08-021	1:22.60	25m	16-10-94	Heemskerk (NED)
20.	Pover Peter	69	08-021	1:22.80	25m	28-10-84	Egmond (NED)
21.	Kranenburg Fred	63	08-021	1:23.00	25m	31-12-78	
22.	Andeweg Celedonio	76	08-021	1:23.10	25m	22-9-91	Zaandam (NED)
22.	Kramer Vincent	82	08-021	1:23.10	25m	14-12-97	Heemskerk (NED)
24.	van Rookhuizen Barry	82	08-021	1:23.20	25m	14-12-97	Heemskerk (NED)
25.	Oudendijk Paul	81	08-021	1:23.50	25m	7-11-96	Heemskerk (NED)

200 schoolslag

1.	de Boer Stephan	83	08-021	2:42.40	25m	16-5-98	Zaandam (NED)
2.	de Ruijter Richard	88	08-021	2:44.19	25m	30-10-03	Heemskerk
3.	van Rijn Michael	70	08-021	2:48.30	25m	31-12-85	
4.	Schaaper Bart	73	08-021	2:51.90	25m	31-12-88	
5.	Keessen Jeroen	67	08-021	2:52.40	25m	7-3-82	
6.	Meijer Arno	75	08-021	2:53.80	25m	6-12-90	Heemskerk (NED)
7.	Jongert Sjoerd	01	08-021	2:54.47	25m	29-12-16	Leeuwarden (NED)
8.	Crok Pieter	91	08-021	2:56.03	25m	1-10-06	Volendam (NED)
9.	Essers Tim	88	08-021	2:56.38	25m	5-10-03	Heemskerk (NED)
10.	Hermans Luuk	85	08-021	2:57.09	25m	8-10-00	Heemskerk (NED)
11.	Butter Martijn	79	08-021	2:57.50	25m	24-11-94	Heemskerk (NED)
12.	Dekker Matthijs	90	08-021	2:58.27	25m	6-3-05	Den Haag
13.	Schelvis Sjeng	89	08-021	2:58.57	25m	3-10-04	Heemskerk (NED)
14.	Glorie Daan	88	08-021	2:58.72	25m	5-10-03	Heemskerk (NED)
15.	Stins Arnold	83	08-021	2:59.10	25m	22-11-98	Zaandam (NED)
16.	van Duin Peter	65	08-021	2:59.50	25m	19-10-80	Heemskerk (NED)
17.	van der Gracht Jory	87	08-021	2:59.51	25m	31-10-02	Heemskerk
18.	Andeweg Celedonio	76	08-021	3:01.10	25m	2-11-91	
19.	Palmboom Pascal	89	08-021	3:01.51	25m	28-10-04	Heemskerk (NED)
20.	Butter Joris	86	08-021	3:02.79	25m	25-1-01	Heemskerk (NED)
21.	Hoening Jarl	86	08-021	3:03.30	25m	29-11-01	Heemskerk
22.	van de Sluis Nicolai	66	08-021	3:04.50	25m	5-4-81	Heemskerk (NED)
23.	Kramer Vincent	82	08-021	3:05.00	25m	9-10-97	Heemskerk (NED)
24.	Offringa Rick	03	08-021	3:05.08	25m	18-3-18	Purmerend (NED)
25.	Zwaan Bas	76	08-021	3:05.20	25m	14-3-91	Heemskerk (NED)

500 schoolslag**800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Kerkhof Arno	72	08-021	13.60	25m	17-12-87	Heemskerk (NED)
2. Crok Pieter	91	08-021	14.10	25m	27-4-06	Heemskerk
3. Hermans Luuk	85	08-021	14.40	25m	4-5-00	Heemskerk (NED)
4. van Rookhuizen Barry	82	08-021	14.60	25m	13-2-97	Heemskerk (NED)
5. Krijger Jan-Willem	81	08-021	14.80	25m	8-2-96	Heemskerk (NED)
6. Lamers Koen	91	08-021	14.86	25m	27-4-06	Heemskerk
7. Hoenink Jarl	86	08-021	14.88	25m	29-3-01	Heemskerk (NED)
8. Wiegman Stefan	74	08-021	15.00	25m	12-1-89	Heemskerk (NED)
9. Zwaan Bas	76	08-021	15.20	25m	16-5-91	Heemskerk (NED)
10. Stins Arnold	83	08-021	15.30	25m	15-1-98	Heemskerk (NED)
11. de Ruijter René	86	08-021	15.36	25m	29-3-01	Heemskerk (NED)
12. Kramer Vincent	82	08-021	15.40	25m	13-2-97	Heemskerk (NED)
13. Kemmeren Ferry	91	08-021	15.42	25m	27-4-06	Heemskerk
14. de Wit Stephen	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)
15. de Boer Stephan	83	08-021	15.60	25m	15-1-98	Heemskerk (NED)
16. Dekker Rudie	78	08-021	15.70	25m	17-6-93	Heemskerk (NED)
17. Oortwijn Maarten	80	08-021	15.90	25m	16-3-95	Heemskerk (NED)
18. Martijn Onno	91	08-021	15.94	25m	27-4-06	Heemskerk
19. de Caluwé Niels	91	08-021	16.19	25m	27-4-06	Heemskerk
20. Butter Joris	86	08-021	16.43	25m	29-3-01	Heemskerk (NED)
21. de Groot Peter	80	08-021	16.50	25m	16-3-95	Heemskerk (NED)
21. Oudendijk Paul	81	08-021	16.50	25m	8-2-96	Heemskerk (NED)
23. Tijms Stefan	93	08-021	16.63	25m	29-5-08	Heemskerk (NED)
24. Borst Corné	96	08-021	16.87	25m	30-6-11	Heemskerk (NED)
25. de Vries Allard	96	08-021	17.07	25m	30-6-11	Heemskerk (NED)

50 vlinderslag

1.	Schelvis Sjeng	89	08-021	28.56	25m	23-12-04	Heemskerk (NED)
2.	Crok Pieter	91	08-021	30.31	25m	5-11-06	Zaandam (NED)
3.	van der Gracht Jory	87	08-021	30.81	25m	31-1-02	Heemskerk
4.	Lamers Koen	91	08-021	31.06	25m	14-12-06	Heemskerk (NED)
5.	Kemmeren Ferry	91	08-021	31.29	25m	5-11-06	Zaandam (NED)
6.	Jongert Sjoerd	01	08-021	31.44	25m	9-10-16	Alkmaar (NED)
7.	Essers Tim	88	08-021	31.53	25m	9-3-03	Zuidoostbeemster (NED)
8.	Butter Martijn	79	08-021	31.60	25m	24-11-94	Heemskerk (NED)
9.	Groen Jarno	01	08-021	31.64	25m	17-11-16	Heemskerk (NED)
10.	Stins Arnold	83	08-021	31.66	25m	17-12-98	Heemskerk (NED)
11.	van Rookhuizen Barry	82	08-021	31.90	25m	11-12-97	Heemskerk (NED)
12.	Hermans Luuk	85	08-021	31.93	25m	3-12-00	Zaandam (NED)
12.	de Ruijter Richard	88	08-021	31.93	25m	28-12-03	Maastricht (NED)
14.	Kramer Vincent	82	08-021	32.00	25m	11-12-97	Heemskerk (NED)
15.	Glorie Daan	88	08-021	32.17	25m	18-12-03	Heemskerk (NED)
16.	Meijer Arno	75	08-021	32.30	25m	21-6-90	Heemskerk (NED)
17.	Dekker Matthijs	90	08-021	32.55	25m	6-2-05	Zuidoost-Beemster (NED)
17.	Gaal Roel	01	08-021	32.55	25m	17-11-16	Heemskerk (NED)
19.	Kerkhof Arno	72	08-021	32.70	25m	21-5-87	Heemskerk (NED)
20.	Pover Peter	69	08-021	33.20	25m	28-10-84	Egmond (NED)
20.	Oortwijn Bouke	78	08-021	33.20	25m	18-11-93	Heemskerk
22.	Offringa Rick	03	08-021	33.25	25m	18-1-18	Heemskerk (NED)
23.	Kleijne Barry	93	08-021	33.46	25m	30-10-08	Heemskerk (NED)
24.	de Boer Stephan	83	08-021	33.53	25m	19-9-98	Amersfoort (NED)
25.	de Wit Stephen	93	08-021	33.59	25m	30-10-08	Heemskerk (NED)

100 vlinderslag

1.	Schelvis Sjeng	89	08-021	1:05.70	25m	7-11-04	Amsterdam (NED)
2.	Meijer Arno	75	08-021	1:09.00	25m	16-12-90	Heemskerk (NED)
3.	van der Gracht Jory	87	08-021	1:09.53	25m	28-2-02	Heemskerk
4.	Jongert Sjoerd	01	08-021	1:09.61	25m	11-12-16	Alkmaar (NED)
5.	Essers Tim	88	08-021	1:09.95	25m	28-12-03	Maastricht (NED)
6.	Kemmeren Ferry	91	08-021	1:11.11	25m	10-12-06	Heemskerk (NED)
7.	Butter Martijn	79	08-021	1:11.80	25m	15-12-94	Heemskerk (NED)
8.	Schaaper Bart	73	08-021	1:12.20	25m	31-12-88	
9.	Glorie Daan	88	08-021	1:13.00	25m	28-12-03	Maastricht (NED)
10.	Groen Jarno	01	08-021	1:13.32	25m	18-2-16	Heemskerk (NED)
11.	Hagebout Marcel	68	08-021	1:13.70	25m	31-12-83	
12.	Missot Paul	64	08-021	1:13.90	25m	25-11-79	Heemskerk (NED)
13.	Crok Pieter	91	08-021	1:14.60	25m	28-12-06	Maastricht (NED)
14.	Lamers Koen	91	08-021	1:14.66	25m	10-12-06	Heemskerk (NED)
15.	de Ruijter Richard	88	08-021	1:15.16	25m	5-1-03	Aalsmeer (NED)
16.	Kramer Vincent	82	08-021	1:15.30	25m	26-10-97	Heemskerk (NED)
17.	Oortwijn Maarten	80	08-021	1:15.90	25m	27-4-95	Heemskerk (NED)
18.	van Rijn Michael	70	08-021	1:16.00	25m	6-10-85	Wormerveer (NED)
18.	van Rookhuizen Barry	82	08-021	1:16.00	25m	26-10-97	Heemskerk (NED)
20.	Dekker Matthijs	90	08-021	1:16.15	25m	15-5-05	Zuidoost-Beemster (NED)
21.	Wiegman Stefan	74	08-021	1:16.50	25m	18-2-89	
22.	Kleijne Barry	93	08-021	1:16.60	25m	30-11-08	Heemskerk (NED)
23.	Offringa Rick	03	08-021	1:16.76	25m	15-2-18	Heemskerk (NED)
24.	Andeweg Celedonio	76	08-021	1:17.20	25m	24-3-91	Zaandam (NED)
25.	de Wit Stephen	93	08-021	1:17.48	25m	27-4-08	Alkmaar (NED)

200 vlinderslag

1. Jongert Sjoerd	01	08-021	2:38.30	25m	27-11-16	Zaandam (NED)
2. van der Gracht Jory	87	08-021	2:40.78	25m	22-12-02	Zaandam
3. Schelvis Sjeng	89	08-021	2:42.35	25m	25-11-04	Heemskerk (NED)
4. Kemmeren Ferry	91	08-021	2:47.34	25m	30-11-06	Heemskerk
5. Schaaper Bart	73	08-021	2:47.60	25m	8-12-88	Heemskerk (NED)
6. Meijer Arno	75	08-021	2:50.20	25m	8-4-90	Volendam (NED)
7. Essers Tim	88	08-021	2:53.77	25m	27-11-03	Heemskerk (NED)
8. Groen Jarno	01	08-021	2:54.80	25m	27-11-16	Zaandam (NED)
9. Stins Arnold	83	08-021	2:55.50	25m	9-5-98	Zaandam (NED)
10. Glorie Daan	88	08-021	2:55.52	25m	27-11-03	Heemskerk (NED)
11. Kleijne Barry	93	08-021	2:55.82	25m	10-5-08	Purmerend (NED)
12. Crok Pieter	91	08-021	2:56.42	25m	30-11-06	Heemskerk
13. Dekker Matthijs	90	08-021	2:57.64	25m	15-5-05	Zuidoost-Beemster (NED)
14. van Rookhuizen Barry	82	08-021	3:00.00	25m	9-3-97	Alkmaar (NED)
15. Lamers Koen	91	08-021	3:07.48	25m	30-11-06	Heemskerk
16. de Ruijter Richard	88	08-021	3:07.57	25m	27-11-03	Heemskerk (NED)
17. de Wit Stephen	93	08-021	3:09.84	25m	31-1-08	Heemskerk (NED)
18. Palmboom Pascal	89	08-021	3:10.17	25m	25-11-04	Heemskerk (NED)
19. Hoenink Jarl	86	08-021	3:12.96	25m	20-12-01	Heemskerk
20. Butter Joris	86	08-021	3:18.37	25m	20-12-01	Heemskerk
21. de Ruijter René	86	08-021	3:28.10	25m	20-12-01	Heemskerk
22. van Hannen Erik	67	08-021	3:30.00	25m	7-3-82	

1000 vlinderslag**100 wisselslag**

1. Schelvis Sjeng	89	08-021	1:07.91	25m	30-9-04	Heemskerk (NED)
2. Crok Pieter	91	08-021	1:08.53	25m	5-11-06	Zaandam (NED)
3. Jongert Sjoerd	01	08-021	1:08.67	25m	9-10-16	Alkmaar (NED)
4. Essers Tim	88	08-021	1:09.16	25m	28-12-03	Maastricht (NED)
5. de Boer Stephan	83	08-021	1:09.89	25m	15-11-98	Zaandam (NED)
6. de Ruijter Richard	88	08-021	1:10.01	25m	28-12-03	Maastricht (NED)
7. Hagebout Marcel	68	08-021	1:10.30	25m	6-2-83	
8. Butter Martijn	79	08-021	1:10.70	25m	11-12-94	Heemskerk (NED)
9. Hermans Luuk	85	08-021	1:11.46	25m	23-9-00	Amersfoort (NED)
10. Meijer Arno	75	08-021	1:11.80	25m	14-6-90	Heemskerk (NED)
11. Gaal Roel	01	08-021	1:12.17	25m	19-5-16	Heemskerk (NED)
12. van der Gracht Jory	87	08-021	1:12.29	25m	26-9-02	Heemskerk
13. Kramer Vincent	82	08-021	1:12.40	25m	5-10-97	Zaandam (NED)
14. Stins Arnold	83	08-021	1:12.49	25m	29-11-98	Zuidoost Beemster (NED)
15. Schaaper Bart	73	08-021	1:13.00	25m	31-12-88	
16. Glorie Daan	88	08-021	1:13.09	25m	25-9-03	Heemskerk (NED)
17. Keessen Jeroen	67	08-021	1:13.20	25m	7-2-82	
18. Offringa Rick	03	08-021	1:13.24	25m	17-5-18	Heemskerk (NED)
19. Dekker Matthijs	90	08-021	1:13.30	25m	8-5-05	Uden
20. Groen Jarno	01	08-021	1:13.37	25m	27-11-16	Zaandam (NED)
21. Butter Joris	86	08-021	1:13.48	25m	9-12-01	Heemskerk
22. de Wit Stephen	93	08-021	1:13.67	25m	30-11-08	Heemskerk (NED)
23. Kemmeren Ferry	91	08-021	1:13.73	25m	5-11-06	Zaandam (NED)
24. Hoenink Jarl	86	08-021	1:13.87	25m	27-9-01	Heemskerk
25. Wiegman Stefan	74	08-021	1:14.00	25m	12-1-89	Heemskerk (NED)

200 wisselslag

1.	Schelvis Sjeng	89	08-021	2:27.94	25m	3-10-04	Heemskerk (NED)
2.	Meijer Arno	75	08-021	2:31.50	25m	2-12-90	
3.	de Boer Stephan	83	08-021	2:31.81	25m	26-11-98	Heemskerk (NED)
4.	Jongert Sjoerd	01	08-021	2:32.14	25m	4-12-16	Zaandam (NED)
5.	Crok Pieter	91	08-021	2:32.35	25m	15-1-06	Zaandam (NED)
6.	Dekker Matthijs	90	08-021	2:33.92	25m	16-1-05	Zaandam (NED)
7.	Hagebout Marcel	68	08-021	2:34.50	25m	11-12-83	Heemskerk (NED)
8.	Essers Tim	88	08-021	2:34.98	25m	26-10-03	Zaandam
9.	Offringa Rick	03	08-021	2:35.93	25m	4-2-18	Purmerend (NED)
10.	de Ruijter Richard	88	08-021	2:36.30	25m	30-1-03	Heemskerk
11.	Stins Arnold	83	08-021	2:37.12	25m	26-11-98	Heemskerk (NED)
12.	van Rijn Michael	70	08-021	2:37.50	25m	29-9-85	Heemskerk (NED)
13.	Glorie Daan	88	08-021	2:38.05	25m	26-10-03	Zaandam
14.	Kramer Vincent	82	08-021	2:38.50	25m	16-11-97	Zaandam (NED)
15.	Butter Martijn	79	08-021	2:38.60	25m	20-1-94	Heemskerk
16.	Oudendijk Paul	81	08-021	2:39.00	25m	24-11-96	Castricum (NED)
17.	Kemmeren Ferry	91	08-021	2:39.05	25m	14-12-06	Heemskerk (NED)
18.	Kerkhof Arno	72	08-021	2:39.50	25m	29-11-87	Amstelveen (NED)
19.	van der Gracht Jory	87	08-021	2:39.51	25m	13-1-02	Zaandam
20.	Wiegman Stefan	74	08-021	2:40.90	25m	19-2-89	Heemskerk (NED)
21.	van der Linden René	70	08-021	2:41.00	25m	29-9-85	Heemskerk (NED)
22.	Lamers Koen	91	08-021	2:41.18	25m	14-12-06	Heemskerk (NED)
23.	Hermans Luuk	85	08-021	2:42.13	25m	5-11-00	Zaandam (NED)
24.	Missot Paul	64	08-021	2:42.30	25m	4-11-79	Zaandam (NED)
25.	Hoening Jarl	86	08-021	2:42.58	25m	25-10-01	Heemskerk

300 wisselslag

1.	Schelvis Sjeng	89	08-021	3:53.16	25m	19-12-04	Heemskerk (NED)
2.	Crok Pieter	91	08-021	4:02.72	25m	3-12-06	Zaandam (NED)
3.	de Ruijter Richard	88	08-021	4:03.11	25m	30-11-03	Heemskerk (NED)
4.	van der Gracht Jory	87	08-021	4:08.38	25m	24-11-02	Amsterdam
5.	Hoening Jarl	86	08-021	4:16.82	25m	23-12-01	Amsterdam
6.	Kemmeren Ferry	91	08-021	4:21.10	25m	12-1-06	Heemskerk (NED)
7.	Kleijne Barry	93	08-021	4:22.74	25m	9-11-08	Zaandam (NED)
8.	Palmboom Pascal	89	08-021	4:33.44	25m	19-12-04	Heemskerk (NED)
9.	Butter Joris	86	08-021	4:34.58	25m	20-1-01	Amsterdam (NED)

400 wisselslag

1.	Dekker Matthijs	90	08-021	5:25.26	25m	30-1-05	Zaandam (NED)
2.	Essers Tim	88	08-021	5:26.13	25m	23-2-03	Heemskerk
3.	Schelvis Sjeng	89	08-021	5:31.11	25m	29-2-04	Wormerveer
4.	Jongert Sjoerd	01	08-021	5:34.31	25m	11-12-16	Alkmaar (NED)
5.	Meijer Arno	75	08-021	5:35.80	25m	9-12-90	Volendam (NED)
6.	Butter Martijn	79	08-021	5:36.40	25m	6-3-94	Assendelft (NED)
7.	de Boer Stephan	83	08-021	5:37.60	25m	17-5-98	Den Helder (NED)
8.	Offringa Rick	03	08-021	5:39.90	25m	20-5-18	Purmerend (NED)
9.	Kemmeren Ferry	91	08-021	5:53.35	25m	15-6-06	Heemskerk (NED)
10.	Keessen Jeroen	67	08-021	5:53.80	25m	3-4-82	Heemskerk (NED)
11.	de Ruijter Richard	88	08-021	5:54.48	25m	23-2-03	Heemskerk
12.	van der Gracht Jory	87	08-021	5:54.90	25m	24-2-02	Heemskerk
13.	Glorie Daan	88	08-021	5:55.63	25m	23-2-03	Heemskerk

400 wisselslag (sinds 14)

14. Hoenink Jarl	86	08-021	5:58.52	25m	25-2-01	Heemskerk (NED)
15. Butter Joris	86	08-021	6:00.84	25m	25-2-01	Heemskerk (NED)
16. Stins Arnold	83	08-021	6:05.00	25m	16-4-98	Heemskerk (NED)
17. Lamers Koen	91	08-021	6:08.60	25m	19-2-06	Zaandam (NED)
18. Hermans Luuk	85	08-021	6:09.60	25m	30-3-00	Heemskerk (NED)
19. Palmboom Pascal	89	08-021	6:16.28	25m	29-2-04	Wormerveer
20. Oortwijn Maarten	80	08-021	6:32.30	25m	8-6-95	Heemskerk (NED)
21. Martijn Onno	91	08-021	6:37.68	25m	15-6-06	Heemskerk (NED)
22. van Honschoten Jacky	67	08-021	6:41.40	25m	3-4-82	Heemskerk (NED)