

25 vrije slag

| | | | | | | | |
|-----|----------------------|----|--------|-------|-----|---------|-----------------|
| 1. | Schelvis Femke | 84 | 08-021 | 13.11 | 25m | 25-3-99 | Heemskerk (NED) |
| 2. | de Groot Daniëlle | 93 | 08-021 | 13.42 | 25m | 31-5-08 | Aalsmeer (NED) |
| 3. | Meijer Sylvia | 81 | 08-021 | 13.70 | 25m | 14-3-96 | Heemskerk (NED) |
| 4. | Palmboom Nicole | 91 | 08-021 | 13.79 | 25m | 27-4-06 | Heemskerk |
| 5. | Schelvis Roos | 86 | 08-021 | 14.05 | 25m | 29-3-01 | Heemskerk (NED) |
| 6. | Vink Marjolein | 93 | 08-021 | 14.37 | 25m | 29-5-08 | Heemskerk (NED) |
| 7. | Meijer Linda | 77 | 08-021 | 14.50 | 25m | 26-9-92 | |
| 7. | Kramer Miranda | 80 | 08-021 | 14.50 | 25m | 27-4-95 | Heemskerk (NED) |
| 9. | Essers Sanne | 91 | 08-021 | 14.51 | 25m | 27-4-06 | Heemskerk |
| 10. | van der Kroft Nicole | 84 | 08-021 | 14.56 | 25m | 25-3-99 | Heemskerk (NED) |
| 11. | Stam Sabrina | 82 | 08-021 | 14.60 | 25m | 13-3-97 | Heemskerk (NED) |
| 12. | Boekling Annette | 85 | 08-021 | 14.97 | 25m | 4-5-00 | Heemskerk (NED) |
| 13. | Bruin Adri | 74 | 08-021 | 15.20 | 25m | 12-1-89 | Heemskerk (NED) |
| 13. | de Boer Irene | 84 | 08-021 | 15.20 | 25m | 25-3-99 | Heemskerk (NED) |
| 15. | Stins Mariska | 84 | 08-021 | 15.22 | 25m | 25-3-99 | Heemskerk (NED) |
| 16. | Niesten Iris | 92 | 08-021 | 15.24 | 25m | 19-4-07 | Heemskerk (NED) |
| 17. | Bos Chantal | 74 | 08-021 | 15.30 | 25m | 12-1-89 | Heemskerk (NED) |
| 18. | Limmen Karin | 76 | 08-021 | 15.50 | 25m | 16-5-91 | Heemskerk (NED) |
| 19. | Hommersen Sandra | 84 | 08-021 | 15.58 | 25m | 25-3-99 | Heemskerk (NED) |
| 20. | de Boer Angela | 80 | 08-021 | 15.70 | 25m | 27-4-95 | Heemskerk (NED) |
| 21. | Heus Pauline | 78 | 08-021 | 16.30 | 25m | 17-6-93 | Heemskerk (NED) |
| 22. | Smit Lydia | 84 | 08-021 | 16.32 | 25m | 25-3-99 | Heemskerk (NED) |
| 22. | Nijman José | 93 | 08-021 | 16.32 | 25m | 29-5-08 | Heemskerk (NED) |
| 24. | Welboren Trudy | 61 | 08-021 | 16.40 | 25m | 14-9-76 | Heemskerk (NED) |
| 25. | Lindelauf Priscilla | 85 | 08-021 | 16.58 | 25m | 4-5-00 | Heemskerk (NED) |

50 vrije slag

| | | | | | | | |
|-----|----------------------|----|--------|-------|-----|----------|------------------|
| 1. | Kingma Danae | 00 | 08-021 | 26.93 | 25m | 11-10-15 | Alkmaar (NED) |
| 2. | Schelvis Femke | 84 | 08-021 | 28.03 | 25m | 13-2-99 | Dordrecht (NED) |
| 3. | de Groot Daniëlle | 93 | 08-021 | 28.39 | 25m | 21-6-08 | Alkmaar (NED) |
| 4. | Smit Sanne | 01 | 08-021 | 28.61 | 25m | 11-12-16 | Alkmaar (NED) |
| 5. | Meijer Sylvia | 81 | 08-021 | 29.30 | 25m | 12-12-96 | Heemskerk (NED) |
| 6. | Vink Lidewij | 90 | 08-021 | 29.39 | 25m | 6-11-05 | Zaandam (NED) |
| 7. | Palmboom Nicole | 91 | 08-021 | 29.49 | 25m | 28-10-06 | Hoom (NED) |
| 8. | van de Poll Marianne | 89 | 08-021 | 29.52 | 25m | 29-1-04 | Heemskerk (NED) |
| 9. | Hoekstra Eline | 03 | 08-021 | 29.75 | 50m | 25-3-18 | Alkmaar (NED) |
| 10. | Crok Linda | 94 | 08-021 | 29.90 | 25m | 23-4-09 | Heemskerk (NED) |
| 11. | Vink Marjolein | 93 | 08-021 | 30.07 | 25m | 23-3-08 | Haarlem (NED) |
| 12. | Schuyt Simone | 75 | 08-021 | 30.20 | 25m | 31-5-90 | Heemskerk (NED) |
| 13. | Kleijne Daisy | 89 | 08-021 | 30.23 | 25m | 28-12-04 | Maastricht (NED) |
| 14. | Koper Fiona | 01 | 08-021 | 30.48 | 25m | 13-10-16 | Heemskerk (NED) |
| 15. | van 't Veer Iris | 03 | 08-021 | 30.57 | 25m | 1-4-18 | Haarlem (NED) |
| 16. | Hoek Daniëlle | 88 | 08-021 | 30.67 | 25m | 28-12-03 | Maastricht (NED) |
| 17. | van der Kroft Nicole | 84 | 08-021 | 30.68 | 25m | 20-5-99 | Heemskerk (NED) |
| 18. | Kramer Miranda | 80 | 08-021 | 30.80 | 25m | 14-12-95 | Heemskerk (NED) |
| 19. | Groen Anne | 95 | 08-021 | 30.82 | 25m | 3-10-10 | Zaandam (NED) |
| 20. | Buur Naomi | 01 | 08-021 | 30.86 | 25m | 13-10-16 | Heemskerk (NED) |
| 21. | Hulshof Saskia | 73 | 08-021 | 31.00 | 25m | 14-12-88 | |
| 22. | Stam Sabrina | 82 | 08-021 | 31.10 | 25m | 31-3-97 | Haarlem (NED) |
| 23. | Meijer Linda | 77 | 08-021 | 31.30 | 25m | 5-4-92 | Heemskerk (NED) |
| 24. | Essers Sanne | 91 | 08-021 | 31.31 | 25m | 23-4-06 | Zaandam (NED) |

50 vrije slag (sinds 25)

| | | | | | | | |
|-----|---------------|----|--------|-------|-----|--------|------------------------|
| 25. | Schelvis Roos | 86 | 08-021 | 31.32 | 25m | 7-1-01 | Zuidoostbeemster (NED) |
|-----|---------------|----|--------|-------|-----|--------|------------------------|

100 vrije slag

| | | | | | | | |
|-----|----------------------|----|--------|---------|-----|----------|------------------|
| 1. | Kingma Danae | 00 | 08-021 | 59.30 | 25m | 1-2-15 | Amsterdam (NED) |
| 2. | Schelvis Femke | 84 | 08-021 | 59.90 | 25m | 18-2-99 | Heemskerk (NED) |
| 3. | Smit Sanne | 01 | 08-021 | 1:01.49 | 25m | 30-1-16 | Amsterdam (NED) |
| 4. | de Groot Daniëlle | 93 | 08-021 | 1:02.13 | 25m | 11-5-08 | Purmerend (NED) |
| 5. | Hoekstra Eline | 03 | 08-021 | 1:04.18 | 25m | 20-5-18 | Purmerend (NED) |
| 6. | Vink Lidewij | 90 | 08-021 | 1:04.70 | 25m | 30-10-05 | Amsterdam (NED) |
| 7. | Crok Linda | 94 | 08-021 | 1:04.95 | 25m | 24-9-09 | Heemskerk (NED) |
| 8. | Palmboom Nicole | 91 | 08-021 | 1:05.06 | 25m | 10-12-06 | Heemskerk (NED) |
| 9. | Kleijne Daisy | 89 | 08-021 | 1:05.10 | 25m | 28-11-04 | Heemskerk (NED) |
| 10. | van 't Veer Iris | 03 | 08-021 | 1:05.39 | 25m | 4-2-18 | Purmerend (NED) |
| 11. | Meijer Sylvia | 81 | 08-021 | 1:05.80 | 25m | 15-12-96 | Heemskerk (NED) |
| 12. | Schelvis Roos | 86 | 08-021 | 1:05.98 | 25m | 16-4-01 | Haarlem (NED) |
| 13. | Buur Naomi | 01 | 08-021 | 1:06.81 | 25m | 19-5-16 | Heemskerk (NED) |
| 14. | Mallon Danique | 94 | 08-021 | 1:07.12 | 25m | 31-5-09 | Purmerend (NED) |
| 15. | Stam Sabrina | 82 | 08-021 | 1:07.20 | 25m | 26-10-97 | Heemskerk (NED) |
| 16. | Vink Marjolein | 93 | 08-021 | 1:07.41 | 25m | 13-1-08 | Heemskerk (NED) |
| 17. | van der Kroft Nicole | 84 | 08-021 | 1:07.49 | 25m | 5-4-99 | Haarlem (NED) |
| 18. | Hoek Daniëlle | 88 | 08-021 | 1:07.50 | 25m | 28-12-03 | Maastricht (NED) |
| 19. | Verbree Bets | 63 | 08-021 | 1:07.60 | 25m | 26-2-78 | Castricum (NED) |
| 20. | Hulshof Saskia | 73 | 08-021 | 1:07.90 | 25m | 18-9-88 | Heemskerk (NED) |
| 21. | Koopman Anitra | 89 | 08-021 | 1:08.05 | 25m | 28-12-04 | Maastricht (NED) |
| 22. | Groen Anne | 95 | 08-021 | 1:08.12 | 25m | 28-11-10 | Heemskerk (NED) |
| 23. | Besse Karen | 75 | 08-021 | 1:08.20 | 25m | 16-12-90 | Heemskerk (NED) |
| 24. | Essers Sanne | 91 | 08-021 | 1:08.33 | 50m | 28-5-06 | Beverwijk (NED) |
| 25. | van de Poll Marianne | 89 | 08-021 | 1:08.40 | 25m | 25-3-04 | Heemskerk |

433

200 vrije slag

| | | | | | | | |
|-----|----------------------|----|--------|---------|-----|----------|----------------------|
| 1. | Schelvis Femke | 84 | 08-021 | 2:07.73 | 25m | 25-11-99 | Heemskerk |
| 2. | Kingma Danae | 00 | 08-021 | 2:11.46 | 25m | 15-11-15 | Purmerend (NED) |
| 3. | Smit Sanne | 01 | 08-021 | 2:17.29 | 25m | 17-1-16 | Purmerend (NED) |
| 4. | de Groot Daniëlle | 93 | 08-021 | 2:17.81 | 25m | 10-5-08 | Purmerend (NED) |
| 5. | Vink Lidewij | 90 | 08-021 | 2:19.70 | 25m | 16-1-05 | Zaandam (NED) |
| 6. | Hoekstra Eline | 03 | 08-021 | 2:20.72 | 25m | 12-4-18 | Heemskerk (NED) |
| 7. | Crok Linda | 94 | 08-021 | 2:21.57 | 25m | 4-10-09 | Amsterdam-oost (NED) |
| 8. | van 't Veer Iris | 03 | 08-021 | 2:24.51 | 25m | 12-4-18 | Heemskerk (NED) |
| 9. | Schelvis Roos | 86 | 08-021 | 2:25.20 | 25m | 27-9-01 | Heemskerk |
| 10. | Groen Anne | 95 | 08-021 | 2:26.71 | 25m | 31-10-10 | Zaandam (NED) |
| 11. | Kleijne Daisy | 89 | 08-021 | 2:27.31 | 25m | 18-1-04 | IJmuiden (NED) |
| 12. | van de Poll Marianne | 89 | 08-021 | 2:27.82 | 25m | 18-1-04 | IJmuiden (NED) |
| 13. | Buur Naomi | 01 | 08-021 | 2:28.35 | 25m | 17-3-16 | Heemskerk (NED) |
| 14. | Mallon Danique | 94 | 08-021 | 2:28.58 | 25m | 4-10-09 | Amsterdam-oost (NED) |
| 15. | Stam Sabrina | 82 | 08-021 | 2:29.10 | 25m | 11-12-97 | Heemskerk (NED) |
| 16. | Palmboom Nicole | 91 | 08-021 | 2:29.48 | 25m | 25-2-06 | Horn (NED) |
| 17. | Hoek Daniëlle | 88 | 08-021 | 2:29.88 | 25m | 18-12-03 | Heemskerk (NED) |
| 18. | de Haan Shira | 00 | 08-021 | 2:30.27 | 25m | 15-11-15 | Purmerend (NED) |
| 19. | Koopman Anitra | 89 | 08-021 | 2:30.72 | 25m | 18-1-04 | IJmuiden (NED) |
| 20. | Schuyt Simone | 75 | 08-021 | 2:31.60 | 25m | 1-4-90 | Zaandam (NED) |
| 21. | Essers Sanne | 91 | 08-021 | 2:31.77 | 25m | 3-12-06 | Zaandam (NED) |

200 vrije slag (sinds 22)

| | | | | | | |
|--------------------|----|--------|---------|-----|----------|----------------------|
| 22. Vink Marjolein | 93 | 08-021 | 2:32.09 | 25m | 16-11-08 | Amsterdam-oost (NED) |
| 23. Besse Karen | 75 | 08-021 | 2:32.90 | 25m | 27-9-90 | Heemskerk (NED) |
| 24. Crok Annemarie | 89 | 08-021 | 2:33.19 | 25m | 29-5-04 | Z.o. Beemster |
| 25. Meijer Sylvia | 81 | 08-021 | 2:33.20 | 25m | 14-4-96 | Zaandam (NED) |

250 vrije slag**300 vrije slag**

| | | | | | | |
|-------------------------|----|--------|---------|-----|---------|-----------------|
| 1. Hoekstra Eline | 03 | 08-021 | 3:47.80 | 25m | 19-5-18 | Purmerend (NED) |
| 2. Palmboom Nicole | 91 | 08-021 | 3:51.10 | 25m | 18-5-06 | Heemskerk (NED) |
| 3. van de Poll Marianne | 89 | 08-021 | 3:51.98 | 25m | 29-4-04 | Heemskerk (NED) |
| 4. Crok Linda | 94 | 08-021 | 3:54.85 | 25m | 30-5-09 | Purmerend (NED) |
| 5. de Groot Daniëlle | 93 | 08-021 | 3:55.78 | 50m | 11-4-08 | Antwerpen (BEL) |
| 6. Kleijne Daisy | 89 | 08-021 | 3:56.50 | 25m | 29-4-04 | Heemskerk (NED) |
| 7. Koopman Anitra | 89 | 08-021 | 4:02.06 | 25m | 29-4-04 | Heemskerk (NED) |
| 8. Groen Anne | 95 | 08-021 | 4:16.54 | 25m | 7-2-10 | Zaandam (NED) |

406

400 vrije slag

| | | | | | | |
|--------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Schelvis Femke | 84 | 08-021 | 4:40.35 | 25m | 28-2-99 | Zaandam (NED) |
| 2. Hoekstra Eline | 03 | 08-021 | 5:02.91 | 25m | 19-5-18 | Purmerend (NED) |
| 3. de Groot Daniëlle | 93 | 08-021 | 5:05.33 | 25m | 12-5-08 | Purmerend (NED) |
| 4. van 't Veer Iris | 03 | 08-021 | 5:08.15 | 25m | 2-4-18 | Haarlem (NED) |
| 5. Vink Lidewij | 90 | 08-021 | 5:08.24 | 25m | 23-10-05 | Zaandam (NED) |
| 6. Palmboom Nicole | 91 | 08-021 | 5:08.81 | 25m | 18-5-06 | Heemskerk (NED) |
| 7. Crok Linda | 94 | 08-021 | 5:10.11 | 25m | 13-9-09 | Zaandam (NED) |
| 8. van de Poll Marianne | 89 | 08-021 | 5:13.88 | 25m | 29-4-04 | Heemskerk (NED) |
| 9. Schelvis Roos | 86 | 08-021 | 5:16.50 | 25m | 31-5-01 | Heemskerk (NED) |
| 10. Kleijne Daisy | 89 | 08-021 | 5:18.86 | 25m | 29-4-04 | Heemskerk (NED) |
| 11. Besse Karen | 75 | 08-021 | 5:19.90 | 25m | 25-11-90 | Heemskerk (NED) |
| 12. van der Geest Saskia | 73 | 08-021 | 5:21.20 | 25m | 6-10-88 | Heemskerk (NED) |
| 13. Hoek Daniëlle | 88 | 08-021 | 5:21.51 | 25m | 12-6-03 | Heemskerk |
| 14. Koopman Anitra | 89 | 08-021 | 5:22.60 | 25m | 29-4-04 | Heemskerk (NED) |
| 15. Groen Anne | 95 | 08-021 | 5:22.72 | 25m | 5-4-10 | Haarlem (NED) |
| 16. Vredenburg Roos | 95 | 08-021 | 5:25.15 | 25m | 22-5-10 | Purmerend (NED) |
| 17. Meijer Sylvia | 81 | 08-021 | 5:26.20 | 25m | 4-4-96 | Heemskerk (NED) |
| 18. Hulshof Saskia | 73 | 08-021 | 5:26.40 | 25m | 6-10-88 | Heemskerk (NED) |
| 19. van Rookhuizen Sieta | 79 | 08-021 | 5:28.00 | 25m | 15-10-94 | |
| 20. Essers Sanne | 91 | 08-021 | 5:28.32 | 25m | 3-12-06 | Zaandam (NED) |
| 21. Stam Sabrina | 82 | 08-021 | 5:33.50 | 25m | 23-2-97 | Zaandam (NED) |
| 22. de Ruijter Linda | 87 | 08-021 | 5:34.83 | 25m | 30-5-02 | Heemskerk |
| 23. Mallon Danique | 94 | 08-021 | 5:35.85 | 50m | 29-3-09 | Alkmaar (NED) |
| 24. de Boer Angela | 80 | 08-021 | 5:37.60 | 25m | 8-6-95 | Heemskerk (NED) |
| 25. Stins Mariska | 84 | 08-021 | 5:41.23 | 25m | 24-10-99 | Zaandam (NED) |

349

500 vrije slag

800 vrije slag

| | | | | | | |
|--------------------------|----|--------|----------|-----|----------|-----------------|
| 1. Schelvis Femke | 84 | 08-021 | 9:32.54 | 25m | 28-2-99 | Zaandam (NED) |
| 2. Crok Linda | 94 | 08-021 | 10:21.73 | 25m | 13-9-09 | Zaandam (NED) |
| 3. Vink Lidewij | 90 | 08-021 | 10:24.60 | 25m | 23-10-05 | Zaandam (NED) |
| 4. Schelvis Roos | 86 | 08-021 | 10:47.23 | 25m | 4-11-01 | Heemskerk |
| 5. van Rookhuizen Sieta | 79 | 08-021 | 11:04.30 | 25m | 14-4-94 | Heemskerk |
| 6. Essers Sanne | 91 | 08-021 | 11:04.55 | 25m | 22-10-06 | Zaandam (NED) |
| 7. Kleijne Daisy | 89 | 08-021 | 11:08.06 | 25m | 17-10-04 | Zaandam (NED) |
| 8. Groen Anne | 95 | 08-021 | 11:16.98 | 25m | 28-3-10 | Zeist (NED) |
| 9. Limmen Karin | 76 | 08-021 | 11:21.10 | 25m | 21-4-91 | Heemstede (NED) |
| 10. Hoek Daniëlle | 88 | 08-021 | 11:27.01 | 25m | 16-11-03 | Heemskerk (NED) |
| 11. de Haan Shira | 00 | 08-021 | 11:37.34 | 25m | 18-10-15 | Zaandam (NED) |
| 12. de Ruijter Linda | 87 | 08-021 | 11:39.46 | 25m | 8-9-02 | Heemskerk |
| 13. Kramer Miranda | 80 | 08-021 | 11:39.70 | 25m | 17-12-95 | Zaandam (NED) |
| 14. Stins Mariska | 84 | 08-021 | 11:40.42 | 25m | 28-2-99 | Zaandam (NED) |
| 15. de Boer Angela | 80 | 08-021 | 11:46.00 | 25m | 5-11-95 | Volendam (NED) |
| 16. Zonneveld Chantal | 84 | 08-021 | 12:03.45 | 25m | 24-10-99 | Zaandam (NED) |
| 17. Zonneveld Cindy | 75 | 08-021 | 12:03.50 | 25m | 22-4-90 | Heemstede (NED) |
| 18. van der Gracht Anouk | 89 | 08-021 | 12:09.92 | 25m | 17-10-04 | Zaandam (NED) |
| 19. Boekling Annette | 85 | 08-021 | 13:27.82 | 25m | 23-1-00 | Heemskerk (NED) |

1000 vrije slag

| | | | | | | |
|-------------------------|----|--------|----------|----|---------|------------------|
| 1. Crok Linda | 94 | 08-021 | 14:50.65 | OW | 30-8-09 | Oosterhout (NED) |
| 2. Essers Sanne | 91 | 08-021 | 14:54.95 | OW | 23-7-06 | Langedijk (NED) |
| 3. Kramer Miranda | 80 | 08-021 | 15:51.40 | OW | 2-7-95 | Veghel (NED) |
| 4. Hermans Liesbeth | 66 | 08-021 | 15:56.50 | OW | 14-6-81 | Amstelveen (NED) |
| 5. Oudendijk Bianca | 79 | 08-021 | 16:34.50 | OW | 12-7-94 | Harderwijk (NED) |
| 6. de Ruijter Linda | 87 | 08-021 | 16:40.99 | OW | 28-7-02 | Langedijk (NED) |
| 7. Vink Marjolein | 93 | 08-021 | 17:04.18 | OW | 5-7-08 | Oss (NED) |
| 8. van Rookhuizen Sieta | 79 | 08-021 | 17:42.50 | OW | 4-9-94 | Amsterdam (NED) |
| 9. Dijkstra Ingrid | 68 | 08-021 | 18:25.70 | OW | 30-6-83 | Amstelveen (NED) |

1250 vrije slag**1500 vrije slag**

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|-------------------------|----|--------|----------|-----|----------|-----------------|
| 1. Schelvis Roos | 86 | 08-021 | 20:20.21 | 25m | 4-11-01 | Heemskerk |
| 2. Crok Linda | 94 | 08-021 | 20:27.85 | 25m | 8-11-09 | Zaandam (NED) |
| 3. Vink Lidewij | 90 | 08-021 | 20:33.44 | 25m | 20-3-05 | Zaandam (NED) |
| 4. Kleijne Daisy | 89 | 08-021 | 20:50.37 | 25m | 14-11-04 | Heemskerk (NED) |
| 5. Hoek Daniëlle | 88 | 08-021 | 21:21.67 | 25m | 16-11-03 | Heemskerk (NED) |
| 6. Groen Anne | 95 | 08-021 | 21:38.25 | 25m | 19-12-10 | Zaandam (NED) |
| 7. Essers Sanne | 91 | 08-021 | 21:45.01 | 25m | 3-12-06 | Zaandam (NED) |
| 8. de Ruijter Linda | 87 | 08-021 | 21:56.67 | 25m | 1-12-02 | Heemskerk |
| 9. van der Gracht Anouk | 89 | 08-021 | 23:15.45 | 25m | 14-11-04 | Heemskerk (NED) |
| 10. Boekling Annette | 85 | 08-021 | 25:17.81 | 25m | 23-1-00 | Heemskerk (NED) |

2000 vrije slag

| | | | | | | |
|-------------------------|----|--------|----------|-----|---------|-------------------|
| 1. van de Poll Marianne | 89 | 08-021 | 26:56.35 | 25m | 7-3-04 | Zaandam |
| 2. Vink Lidewij | 90 | 08-021 | 27:26.81 | 25m | 20-3-05 | Zaandam (NED) |
| 3. Crok Linda | 94 | 08-021 | 28:11.73 | 25m | 8-2-09 | Zaandam (NED) |
| 4. Hoek Daniëlle | 88 | 08-021 | 28:47.58 | 25m | 16-2-03 | Zaandam |
| 5. Schelvis Roos | 86 | 08-021 | 28:58.90 | 25m | 11-2-01 | Zaandam (NED) |
| 6. Kleijne Daisy | 89 | 08-021 | 29:07.40 | 25m | 7-3-04 | Zaandam |
| 7. Crok Annemarie | 89 | 08-021 | 29:24.89 | 25m | 7-3-04 | Zaandam |
| 8. de Ruijter Linda | 87 | 08-021 | 29:58.45 | 25m | 10-2-02 | Zaandam |
| 9. Essers Sanne | 91 | 08-021 | 30:34.92 | 25m | 19-2-06 | Zaandam (NED) |
| 10. Groen Anne | 95 | 08-021 | 30:41.22 | 25m | 7-2-10 | Zaandam (NED) |
| 11. Niesten Iris | 92 | 08-021 | 32:20.51 | 25m | 28-1-07 | Zaandam (NED) |
| 12. Kramer Miranda | 80 | 08-021 | 34:02.60 | OW | 1-7-95 | Oss (NED) |
| 13. Vink Marjolein | 93 | 08-021 | 34:07.78 | OW | 15-6-08 | Spaarnwoude (NED) |
| 14. Boekling Annette | 85 | 08-021 | 34:19.25 | 25m | 5-3-00 | Zaandam (NED) |

2500 vrije slag

| | | | | | | |
|-----------------|----|--------|----------|----|--------|-----------|
| 1. Vink Lidewij | 90 | 08-021 | 36:34.47 | OW | 9-7-05 | Oss (NED) |
| 2. Crok Linda | 94 | 08-021 | 40:01.94 | OW | 4-7-09 | Oss (NED) |

3000 vrije slag

| | | | | | | |
|-----------------|----|--------|----------|----|---------|-----------------------|
| 1. Vink Lidewij | 90 | 08-021 | 45:27.59 | OW | 16-7-05 | Wijk en Aalburg (NED) |
| 2. Crok Linda | 94 | 08-021 | 47:16.70 | OW | 15-8-09 | Heerjansdam (NED) |

4000 vrije slag**5000 vrije slag**

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|---------------|----|--------|------------|----|--------|------------------|
| 1. Crok Linda | 94 | 08-021 | 1:20:03.26 | OW | 6-9-09 | Vlissingen (NED) |
|---------------|----|--------|------------|----|--------|------------------|

6000 vrije slag**6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag**

25 rugslag

| | | | | | | |
|----------------------------|----|--------|-------|-----|---------|-----------------|
| 1. Schelvis Femke | 84 | 08-021 | 15.36 | 25m | 25-3-99 | Heemskerk (NED) |
| 2. Palmboom Nicole | 91 | 08-021 | 16.16 | 25m | 27-4-06 | Heemskerk |
| 3. Kramer Miranda | 80 | 08-021 | 16.50 | 25m | 16-3-95 | Heemskerk (NED) |
| 4. Schelvis Roos | 86 | 08-021 | 16.68 | 25m | 22-2-01 | Heemskerk (NED) |
| 5. van Ballegooie Stefanie | 86 | 08-021 | 17.07 | 25m | 22-2-01 | Heemskerk (NED) |
| 6. Meijer Sylvia | 81 | 08-021 | 17.30 | 25m | 8-2-96 | Heemskerk (NED) |
| 7. Bruin Adri | 74 | 08-021 | 17.40 | 25m | 12-1-89 | Heemskerk (NED) |
| 8. de Groot Daniëlle | 93 | 08-021 | 17.45 | 25m | 29-5-08 | Heemskerk (NED) |
| 9. Essers Sanne | 91 | 08-021 | 17.78 | 25m | 27-4-06 | Heemskerk |
| 10. Limmen Karin | 76 | 08-021 | 17.80 | 25m | 16-5-91 | Heemskerk (NED) |
| 11. Stins Mariska | 84 | 08-021 | 17.82 | 25m | 25-3-99 | Heemskerk (NED) |
| 12. de Boer Irene | 84 | 08-021 | 18.02 | 25m | 25-3-99 | Heemskerk (NED) |
| 13. Vink Marjolein | 93 | 08-021 | 18.08 | 25m | 29-5-08 | Heemskerk (NED) |
| 14. Moolevliet Petra | 82 | 08-021 | 18.10 | 25m | 13-2-97 | Heemskerk (NED) |
| 15. Boekling Annette | 85 | 08-021 | 18.27 | 25m | 17-2-00 | Heemskerk (NED) |
| 16. Niesten Iris | 92 | 08-021 | 18.32 | 25m | 19-4-07 | Heemskerk (NED) |
| 17. van der Kroft Nicole | 84 | 08-021 | 18.39 | 25m | 25-3-99 | Heemskerk (NED) |
| 18. Stam Sabrina | 82 | 08-021 | 18.50 | 25m | 13-2-97 | Heemskerk (NED) |
| 19. Heus Pauline | 78 | 08-021 | 18.80 | 25m | 16-6-93 | |
| 20. Bos Chantal | 74 | 08-021 | 19.40 | 25m | 12-1-89 | Heemskerk (NED) |
| 20. de Boer Angela | 80 | 08-021 | 19.40 | 25m | 16-3-95 | Heemskerk (NED) |
| 22. Cappelle Carlijn | 82 | 08-021 | 19.50 | 25m | 13-2-97 | Heemskerk (NED) |
| 23. Hommersen Sandra | 84 | 08-021 | 19.56 | 25m | 25-3-99 | Heemskerk (NED) |
| 24. Lindelauf Priscilla | 85 | 08-021 | 19.63 | 25m | 17-2-00 | Heemskerk (NED) |
| 25. ten Cate Joyce | 80 | 08-021 | 19.80 | 25m | 16-3-95 | Heemskerk (NED) |

50 rugslag

| | | | | | | |
|---------------------------|----|--------|-------|-----|----------|-------------------------|
| 1. Kingma Danae | 00 | 08-021 | 32.23 | 25m | 8-1-15 | Heemskerk (NED) |
| 2. Schelvis Femke | 84 | 08-021 | 32.93 | 25m | 14-11-99 | Zaandam (NED) |
| 3. Hoekstra Eline | 03 | 08-021 | 33.27 | 25m | 19-5-18 | Purmerend (NED) |
| 4. Koper Fiona | 01 | 08-021 | 33.44 | 25m | 14-2-16 | Purmerend (NED) |
| 5. van 't Veer Iris | 03 | 08-021 | 33.54 | 25m | 15-2-18 | Heemskerk (NED) |
| 6. Hulshof Saskia | 73 | 08-021 | 34.10 | 25m | 30-6-88 | Heemskerk (NED) |
| 7. Kleijne Daisy | 89 | 08-021 | 34.21 | 25m | 12-4-04 | Haarlem |
| 8. Smit Sanne | 01 | 08-021 | 34.68 | 25m | 18-2-16 | Heemskerk (NED) |
| 9. Kramer Miranda | 80 | 08-021 | 34.70 | 25m | 9-11-95 | Heemskerk (NED) |
| 10. Buur Naomi | 01 | 08-021 | 34.76 | 25m | 18-2-16 | Heemskerk (NED) |
| 11. Schelvis Roos | 86 | 08-021 | 35.16 | 25m | 7-1-01 | Zuidoostbeemster (NED) |
| 12. Palmboom Nicole | 91 | 08-021 | 35.24 | 25m | 19-10-06 | Heemskerk |
| 13. Vink Lidewij | 90 | 08-021 | 35.43 | 25m | 27-10-05 | Heemskerk (NED) |
| 14. Crok Linda | 94 | 08-021 | 35.46 | 25m | 30-5-09 | Purmerend (NED) |
| 14. Groen Anne | 95 | 08-021 | 35.46 | 25m | 14-11-10 | Castricum (NED) |
| 16. Koopman Anitra | 89 | 08-021 | 36.19 | 25m | 21-3-04 | Heemstede |
| 17. Mallon Danique | 94 | 08-021 | 36.28 | 25m | 30-5-09 | Purmerend (NED) |
| 18. Meijer Sylvia | 81 | 08-021 | 36.50 | 25m | 21-1-96 | Zuidoost Beemster (NED) |
| 19. Hoek Daniëlle | 88 | 08-021 | 36.63 | 25m | 28-12-03 | Maastricht (NED) |
| 20. van Ballegooie Simone | 84 | 08-021 | 36.96 | 25m | 10-1-99 | Zuidoost Beemster (NED) |
| 21. Crok Annemarie | 89 | 08-021 | 36.98 | 50m | 16-5-04 | Beverwijk (NED) |
| 22. Stam Sabrina | 82 | 08-021 | 37.00 | 25m | 2-3-97 | Haarlem (NED) |
| 23. Niesten Iris | 92 | 08-021 | 37.01 | 25m | 9-4-07 | Haarlem (NED) |
| 24. van de Poll Marianne | 89 | 08-021 | 37.03 | 25m | 22-2-04 | Zuidoostbeemster (NED) |
| 25. de Haan Shira | 00 | 08-021 | 37.08 | 25m | 6-4-15 | Haarlem (NED) |

100 rugslag

| | | | | | | |
|-----------------------|----|--------|---------|-----|----------|------------------|
| 1. Kingma Danae | 00 | 08-021 | 1:08.44 | 25m | 10-12-15 | Heemskerk (NED) |
| 2. Schelvis Femke | 84 | 08-021 | 1:09.49 | 25m | 28-1-99 | Heemskerk (NED) |
| 3. Hoekstra Eline | 03 | 08-021 | 1:12.03 | 25m | 18-3-18 | Purmerend (NED) |
| 4. Koper Fiona | 01 | 08-021 | 1:12.27 | 25m | 17-11-16 | Heemskerk (NED) |
| 5. van 't Veer Iris | 03 | 08-021 | 1:12.48 | 25m | 1-4-18 | Haarlem (NED) |
| 6. Hulshof Saskia | 73 | 08-021 | 1:13.10 | 25m | 31-12-88 | |
| 7. Smit Sanne | 01 | 08-021 | 1:13.59 | 25m | 10-1-16 | Purmerend (NED) |
| 8. Schelvis Roos | 86 | 08-021 | 1:13.68 | 25m | 14-1-01 | Heemskerk (NED) |
| 9. Kleijne Daisy | 89 | 08-021 | 1:13.78 | 25m | 18-4-04 | Zaandam (NED) |
| 10. Crok Linda | 94 | 08-021 | 1:14.37 | 25m | 24-9-09 | Heemskerk (NED) |
| 11. Meijer Sylvia | 81 | 08-021 | 1:14.70 | 25m | 15-12-96 | Heemskerk (NED) |
| 12. Kramer Miranda | 80 | 08-021 | 1:14.80 | 25m | 10-12-95 | Heemskerk (NED) |
| 13. Groen Anne | 95 | 08-021 | 1:16.14 | 25m | 28-11-10 | Heemskerk (NED) |
| 14. Buur Naomi | 01 | 08-021 | 1:16.29 | 25m | 27-3-16 | Haarlem (NED) |
| 15. Poppema Yvonne | 68 | 08-021 | 1:16.30 | 25m | 31-12-83 | |
| 16. de Graaf Annemiek | 70 | 08-021 | 1:16.40 | 25m | 29-9-85 | Heemskerk (NED) |
| 17. Petit Kirsten | 00 | 08-021 | 1:17.06 | 25m | 10-12-15 | Heemskerk (NED) |
| 18. Palmboom Nicole | 91 | 08-021 | 1:17.18 | 25m | 16-4-06 | Haarlem (NED) |
| 19. Koopman Anitra | 89 | 08-021 | 1:17.21 | 25m | 28-12-04 | Maastricht (NED) |
| 20. Zonneveld Chantal | 84 | 08-021 | 1:17.23 | 25m | 12-12-99 | Heemskerk (NED) |
| 21. Meijer Linda | 77 | 08-021 | 1:17.30 | 25m | 4-10-92 | Assendelft (NED) |
| 22. de Boer Irene | 84 | 08-021 | 1:17.31 | 25m | 12-12-99 | Heemskerk (NED) |
| 23. Crok Annemarie | 89 | 08-021 | 1:17.44 | 25m | 18-4-04 | Zaandam (NED) |
| 24. Mallon Danique | 94 | 08-021 | 1:17.45 | 25m | 24-9-09 | Heemskerk (NED) |
| 25. de Haan Shira | 00 | 08-021 | 1:18.07 | 25m | 10-12-15 | Heemskerk (NED) |

200 rugslag

| | | | | | | |
|--------------------------|----|--------|---------|-----|----------|------------------|
| 1. Schelvis Femke | 84 | 08-021 | 2:26.44 | 25m | 10-10-99 | Zaandam (NED) |
| 2. Kingma Danae | 00 | 08-021 | 2:28.91 | 25m | 29-3-15 | Zaandam (NED) |
| 3. van 't Veer Iris | 03 | 08-021 | 2:35.95 | 25m | 14-1-18 | Purmerend (NED) |
| 4. Hoekstra Eline | 03 | 08-021 | 2:40.35 | 25m | 14-1-18 | Purmerend (NED) |
| 5. Kleijne Daisy | 89 | 08-021 | 2:41.03 | 25m | 3-10-04 | Heemskerk (NED) |
| 6. Schelvis Roos | 86 | 08-021 | 2:41.52 | 25m | 7-10-01 | Zaandam (NED) |
| 7. Crok Annemarie | 89 | 08-021 | 2:42.61 | 25m | 14-3-04 | Zaandam |
| 8. de Graaf Annemiek | 70 | 08-021 | 2:42.70 | 25m | 6-10-85 | Wormerveer (NED) |
| 9. Crok Linda | 94 | 08-021 | 2:43.02 | 25m | 23-4-09 | Heemskerk (NED) |
| 10. Poppema Yvonne | 68 | 08-021 | 2:43.10 | 25m | 31-12-83 | |
| 10. Hulshof Saskia | 73 | 08-021 | 2:43.10 | 25m | 31-12-88 | |
| 12. Kramer Miranda | 80 | 08-021 | 2:45.80 | 25m | 12-10-95 | Heemskerk (NED) |
| 13. Smit Sanne | 01 | 08-021 | 2:46.75 | 25m | 13-11-16 | Purmerend (NED) |
| 14. Buur Naomi | 01 | 08-021 | 2:46.99 | 25m | 15-5-16 | Purmerend (NED) |
| 15. de Haan Shira | 00 | 08-021 | 2:47.79 | 25m | 11-10-15 | Alkmaar (NED) |
| 16. de Boer Irene | 84 | 08-021 | 2:48.00 | 25m | 17-1-99 | Heemskerk (NED) |
| 17. van der Kroft Nicole | 84 | 08-021 | 2:48.29 | 25m | 17-1-99 | Heemskerk (NED) |
| 18. Koper Fiona | 01 | 08-021 | 2:48.60 | 25m | 6-3-16 | Purmerend (NED) |
| 19. Vink Lidewij | 90 | 08-021 | 2:48.65 | 25m | 2-10-05 | Zaandam (NED) |
| 20. Essers Sanne | 91 | 08-021 | 2:50.22 | 25m | 12-3-06 | Zaandam (NED) |
| 21. Zonneveld Chantal | 84 | 08-021 | 2:50.72 | 25m | 16-12-99 | Heemskerk |
| 22. Koopman Anitra | 89 | 08-021 | 2:50.75 | 25m | 23-12-04 | Heemskerk (NED) |
| 23. Niesten Iris | 92 | 08-021 | 2:51.04 | 25m | 25-11-07 | Amsterdam (NED) |
| 24. Petit Kirsten | 00 | 08-021 | 2:51.90 | 25m | 29-3-15 | Zaandam (NED) |
| 25. Palmboom Nicole | 91 | 08-021 | 2:52.11 | 25m | 26-1-06 | Heemskerk (NED) |

500 rugslag**25 schoolslag**

| | | | | | | |
|-----------------------------|----|--------|-------|-----|---------|-----------------|
| 1. Palmboom Nicole | 91 | 08-021 | 17.22 | 25m | 27-4-06 | Heemskerk |
| 2. de Groot Daniëlle | 93 | 08-021 | 17.83 | 25m | 29-5-08 | Heemskerk (NED) |
| 3. Schelvis Roos | 86 | 08-021 | 18.63 | 25m | 22-2-01 | Heemskerk (NED) |
| 4. Schelvis Femke | 84 | 08-021 | 18.70 | 25m | 25-3-99 | Heemskerk (NED) |
| 5. Kramer Miranda | 80 | 08-021 | 18.80 | 25m | 27-4-95 | Heemskerk (NED) |
| 6. Stins Mariska | 84 | 08-021 | 18.89 | 25m | 25-3-99 | Heemskerk (NED) |
| 7. van der Kroft Nicole | 84 | 08-021 | 18.93 | 25m | 25-3-99 | Heemskerk (NED) |
| 8. Boekling Annette | 85 | 08-021 | 19.06 | 25m | 17-2-00 | Heemskerk (NED) |
| 9. Stam Sabrina | 82 | 08-021 | 19.10 | 25m | 13-3-97 | Heemskerk (NED) |
| 10. de Boer Irene | 84 | 08-021 | 19.43 | 25m | 25-3-99 | Heemskerk (NED) |
| 11. Vink Marjolein | 93 | 08-021 | 19.44 | 25m | 29-5-08 | Heemskerk (NED) |
| 12. Essers Sanne | 91 | 08-021 | 19.46 | 25m | 27-4-06 | Heemskerk |
| 13. Bruin Adri | 74 | 08-021 | 19.70 | 25m | 12-1-89 | Heemskerk (NED) |
| 14. Cappelle Carlijn | 82 | 08-021 | 19.80 | 25m | 13-3-97 | Heemskerk (NED) |
| 15. Limmen Karin | 76 | 08-021 | 19.90 | 25m | 16-5-91 | Heemskerk (NED) |
| 16. Meijer Sylvia | 81 | 08-021 | 20.10 | 25m | 14-3-96 | Heemskerk (NED) |
| 17. Niesten Iris | 92 | 08-021 | 20.66 | 25m | 19-4-07 | Heemskerk (NED) |
| 18. Smit Lydia | 84 | 08-021 | 20.84 | 25m | 25-3-99 | Heemskerk (NED) |
| 19. Welboren Trudy | 61 | 08-021 | 20.90 | 25m | 14-9-76 | Heemskerk (NED) |
| 20. van Ballegooie Stefanie | 86 | 08-021 | 20.94 | 25m | 22-2-01 | Heemskerk (NED) |
| 21. Bos Chantal | 74 | 08-021 | 21.00 | 25m | 12-1-89 | Heemskerk (NED) |
| 22. de Boer Angela | 80 | 08-021 | 21.10 | 25m | 27-4-95 | Heemskerk (NED) |
| 23. Hommersen Sandra | 84 | 08-021 | 21.50 | 25m | 25-3-99 | Heemskerk (NED) |
| 24. Limmen Anita | 78 | 08-021 | 21.60 | 25m | 16-6-93 | |
| 25. Lindelauf Priscilla | 85 | 08-021 | 21.64 | 25m | 17-2-00 | Heemskerk (NED) |

50 schoolslag

| | | | | | | |
|--------------------------|----|--------|-------|-----|----------|------------------|
| 1. Kingma Danae | 00 | 08-021 | 34.93 | 25m | 15-11-15 | Purmerend (NED) |
| 2. Palmboom Nicole | 91 | 08-021 | 38.00 | 25m | 5-3-06 | Purmerend (NED) |
| 3. van der Geest Saskia | 73 | 08-021 | 38.90 | 25m | 31-12-88 | |
| 4. de Groot Daniëlle | 93 | 08-021 | 39.29 | 25m | 10-2-08 | Purmerend (NED) |
| 5. Kramer Miranda | 80 | 08-021 | 39.40 | 25m | 8-6-95 | Heemskerk (NED) |
| 6. de Haan Shira | 00 | 08-021 | 39.48 | 25m | 15-11-15 | Purmerend (NED) |
| 7. van Rookhuizen Sieta | 79 | 08-021 | 39.80 | 25m | 19-10-94 | |
| 8. Hoekstra Eline | 03 | 08-021 | 39.99 | 25m | 1-4-18 | Haarlem (NED) |
| 9. van 't Veer Iris | 03 | 08-021 | 40.31 | 25m | 12-4-18 | Heemskerk (NED) |
| 10. Hulshof Saskia | 73 | 08-021 | 40.40 | 25m | 14-12-88 | |
| 11. Crok Linda | 94 | 08-021 | 40.61 | 25m | 22-1-09 | Heemskerk (NED) |
| 12. Vink Marjolein | 93 | 08-021 | 40.96 | 25m | 7-12-08 | Zaandam (NED) |
| 13. Smit Sanne | 01 | 08-021 | 41.02 | 25m | 17-3-16 | Heemskerk (NED) |
| 14. Oudendijk Bianca | 79 | 08-021 | 41.10 | 25m | 24-4-94 | Zaandam (NED) |
| 15. Schelvis Roos | 86 | 08-021 | 41.20 | 25m | 20-12-01 | Heemskerk |
| 16. Vink Lidewij | 90 | 08-021 | 41.45 | 25m | 24-11-05 | Heemskerk (NED) |
| 17. van Galen Angela | 65 | 08-021 | 41.60 | 25m | 4-10-80 | Heemskerk (NED) |
| 18. Buur Naomi | 01 | 08-021 | 41.76 | 25m | 17-3-16 | Heemskerk (NED) |
| 19. van Huisstede Nikita | 01 | 08-021 | 42.01 | 25m | 6-3-16 | Purmerend (NED) |
| 20. Boekling Annette | 85 | 08-021 | 42.03 | 25m | 14-12-00 | Heemskerk (NED) |
| 21. Schelvis Femke | 84 | 08-021 | 42.04 | 25m | 14-11-99 | Zaandam (NED) |
| 22. Kleijne Daisy | 89 | 08-021 | 42.25 | 25m | 28-12-04 | Maastricht (NED) |

50 schoolslag (sinds 23)

| | | | | | | |
|--------------------------|----|--------|-------|-----|----------|------------------|
| 23. van der Kroft Nicole | 84 | 08-021 | 42.42 | 25m | 16-12-99 | Heemskerk |
| 24. Crok Annemarie | 89 | 08-021 | 42.48 | 25m | 28-12-04 | Maastricht (NED) |
| 25. van Langelaar Tessa | 97 | 08-021 | 42.52 | 25m | 7-1-12 | Hoom (NED) |

100 schoolslag

| | | | | | | |
|--------------------------|----|--------|---------|-----|----------|----------------------|
| 1. Kingma Danae | 00 | 08-021 | 1:17.27 | 25m | 15-11-15 | Purmerend (NED) |
| 2. van der Geest Saskia | 73 | 08-021 | 1:22.60 | 25m | 7-2-88 | Heemskerk (NED) |
| 3. de Groot Daniëlle | 93 | 08-021 | 1:24.87 | 25m | 27-3-08 | Heemskerk (NED) |
| 4. Palmboom Nicole | 91 | 08-021 | 1:25.19 | 25m | 17-4-06 | Haarlem (NED) |
| 5. de Haan Shira | 00 | 08-021 | 1:25.31 | 25m | 15-11-15 | Purmerend (NED) |
| 6. Schelvis Femke | 84 | 08-021 | 1:25.84 | 25m | 28-1-99 | Heemskerk (NED) |
| 7. Stam Sabrina | 82 | 08-021 | 1:26.50 | 25m | 14-12-97 | Heemskerk (NED) |
| 8. Crok Linda | 94 | 08-021 | 1:26.87 | 25m | 19-11-09 | Heemskerk (NED) |
| 9. Kramer Miranda | 80 | 08-021 | 1:27.00 | 25m | 16-3-95 | Heemskerk (NED) |
| 10. van Rookhuizen Sieta | 79 | 08-021 | 1:27.10 | 25m | 3-4-94 | Haarlem (NED) |
| 11. van der Kroft Nicole | 84 | 08-021 | 1:27.81 | 25m | 5-4-99 | Haarlem (NED) |
| 12. Hoekstra Eline | 03 | 08-021 | 1:27.82 | 25m | 2-4-18 | Haarlem (NED) |
| 13. Schelvis Roos | 86 | 08-021 | 1:28.36 | 25m | 7-10-01 | Zaandam (NED) |
| 14. van 't Veer Iris | 03 | 08-021 | 1:29.08 | 25m | 2-4-18 | Haarlem (NED) |
| 15. van Galen Angela | 65 | 08-021 | 1:29.20 | 25m | 16-11-80 | Haarlem (NED) |
| 15. Smit Sanne | 01 | 08-021 | 1:29.20 | 25m | 18-12-16 | Heemskerk (NED) |
| 17. Oudendijk Bianca | 79 | 08-021 | 1:29.40 | 25m | 19-11-94 | |
| 18. de Graaf Dinie | 71 | 08-021 | 1:29.60 | 25m | 9-2-86 | Castricum (NED) |
| 19. Boekling Annette | 85 | 08-021 | 1:29.62 | 25m | 16-4-00 | Zaandam (NED) |
| 20. Vink Marjolein | 93 | 08-021 | 1:29.86 | 25m | 16-11-08 | Amsterdam-oost (NED) |
| 21. Vink Lidewij | 90 | 08-021 | 1:29.93 | 25m | 29-12-05 | Maastricht (NED) |
| 22. Crok Annemarie | 89 | 08-021 | 1:30.28 | 25m | 25-1-04 | Aalsmeer (NED) |
| 23. Essers Sanne | 91 | 08-021 | 1:30.45 | 25m | 29-12-06 | Maastricht (NED) |
| 24. Stins Mariska | 84 | 08-021 | 1:30.93 | 25m | 5-4-99 | Haarlem (NED) |
| 25. van Huisstede Nikita | 01 | 08-021 | 1:31.14 | 25m | 6-3-16 | Purmerend (NED) |

200 schoolslag

| | | | | | | |
|--------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Kingma Danae | 00 | 08-021 | 2:53.96 | 25m | 4-10-15 | Purmerend (NED) |
| 2. van der Geest Saskia | 73 | 08-021 | 2:58.90 | 25m | 31-12-88 | |
| 3. de Groot Daniëlle | 93 | 08-021 | 3:04.53 | 25m | 9-3-08 | Heemskerk (NED) |
| 4. de Haan Shira | 00 | 08-021 | 3:05.27 | 25m | 20-9-15 | Purmerend (NED) |
| 5. Kramer Miranda | 80 | 08-021 | 3:05.90 | 25m | 9-11-95 | Heemskerk (NED) |
| 6. Hoekstra Eline | 03 | 08-021 | 3:06.31 | 25m | 18-3-18 | Purmerend (NED) |
| 7. Palmboom Nicole | 91 | 08-021 | 3:06.80 | 25m | 26-11-06 | Heemskerk (NED) |
| 8. Schelvis Femke | 84 | 08-021 | 3:06.94 | 25m | 22-4-99 | Heemskerk (NED) |
| 9. Vink Lidewij | 90 | 08-021 | 3:08.43 | 25m | 27-10-05 | Heemskerk (NED) |
| 10. Schelvis Roos | 86 | 08-021 | 3:08.58 | 25m | 25-1-01 | Heemskerk (NED) |
| 11. van der Kroft Nicole | 84 | 08-021 | 3:09.39 | 25m | 22-4-99 | Heemskerk (NED) |
| 12. van Galen Angela | 65 | 08-021 | 3:12.10 | 25m | 21-9-80 | Heemskerk (NED) |
| 12. van 't Veer Iris | 03 | 08-021 | 3:12.10 | 50m | 25-3-18 | Alkmaar (NED) |
| 14. van Rookhuizen Sieta | 79 | 08-021 | 3:13.90 | 25m | 24-11-94 | Heemskerk (NED) |
| 15. Crok Linda | 94 | 08-021 | 3:14.11 | 25m | 15-3-09 | Haarlem (NED) |
| 16. Vink Marjolein | 93 | 08-021 | 3:16.19 | 25m | 9-3-08 | Heemskerk (NED) |
| 17. Crok Annemarie | 89 | 08-021 | 3:16.27 | 25m | 18-1-04 | IJmuiden (NED) |
| 18. Oudendijk Bianca | 79 | 08-021 | 3:16.40 | 25m | 23-11-94 | |
| 19. Limmen Miriam | 75 | 08-021 | 3:16.50 | 25m | 11-3-90 | Heemskerk (NED) |

200 schoolslag (sinds 20)

| | | | | | | |
|----------------------|----|--------|---------|-----|----------|-----------------|
| 20. Stam Sabrina | 82 | 08-021 | 3:17.00 | 25m | 9-3-97 | Alkmaar (NED) |
| 21. Niesten Iris | 92 | 08-021 | 3:17.15 | 25m | 13-12-07 | Heemskerk (NED) |
| 22. Buur Naomi | 01 | 08-021 | 3:18.33 | 25m | 11-9-16 | Purmerend (NED) |
| 23. Boekling Annette | 85 | 08-021 | 3:18.35 | 25m | 27-1-00 | Heemskerk (NED) |
| 24. de Ruijter Linda | 87 | 08-021 | 3:18.60 | 25m | 17-11-02 | Heemskerk |
| 25. Essers Sanne | 91 | 08-021 | 3:20.16 | 25m | 26-11-06 | Heemskerk (NED) |

500 schoolslag

| | | | | | | |
|-------------------------|----|--------|----------|----|---------|---------------|
| 1. van der Gracht Anouk | 89 | 08-021 | 10:21.38 | OW | 17-7-04 | Tilburg (NED) |
|-------------------------|----|--------|----------|----|---------|---------------|

800 schoolslag**1000 schoolslag**

| | | | | | | |
|-----------------|----|--------|----------|----|--------|------------|
| 1. Niesten Iris | 92 | 08-021 | 19:48.74 | OW | 4-8-07 | Hoom (NED) |
|-----------------|----|--------|----------|----|--------|------------|

1250 schoolslag**1500 schoolslag****2000 schoolslag**

| | | | | | | |
|-------------------|----|--------|----------|----|---------|-------------------|
| 1. Niesten Iris | 92 | 08-021 | 36:26.77 | OW | 24-6-07 | Breukelen (NED) |
| 2. Essers Sanne | 91 | 08-021 | 38:08.54 | OW | 16-7-06 | Stadskanaal (NED) |
| 3. Kramer Miranda | 80 | 08-021 | 39:08.30 | OW | 16-7-95 | Amsterdam (NED) |
| 4. de Haan Shira | 00 | 08-021 | 41:01.21 | OW | 18-7-15 | Amstelveen (NED) |

2500 schoolslag**3000 schoolslag**

| | | | | | | |
|------------------|----|--------|------------|----|---------|---------------------|
| 1. de Haan Shira | 00 | 08-021 | 1:01:29.87 | OW | 25-7-15 | Anna Paulowna (NED) |
|------------------|----|--------|------------|----|---------|---------------------|

4000 schoolslag**5000 schoolslag****25 vlinderslag**

| | | | | | | |
|-------------------------|----|--------|-------|-----|---------|-----------------|
| 1. Schelvis Femke | 84 | 08-021 | 14.07 | 25m | 25-3-99 | Heemskerk (NED) |
| 2. de Groot Daniëlle | 93 | 08-021 | 15.10 | 25m | 29-5-08 | Heemskerk (NED) |
| 3. Palmboom Nicole | 91 | 08-021 | 15.31 | 25m | 27-4-06 | Heemskerk |
| 4. Schelvis Roos | 86 | 08-021 | 15.39 | 25m | 29-3-01 | Heemskerk (NED) |
| 5. van der Kroft Nicole | 84 | 08-021 | 15.42 | 25m | 25-3-99 | Heemskerk (NED) |
| 6. Vink Marjolein | 93 | 08-021 | 15.54 | 25m | 29-5-08 | Heemskerk (NED) |
| 7. Essers Sanne | 91 | 08-021 | 15.68 | 25m | 27-4-06 | Heemskerk |
| 8. Meijer Sylvia | 81 | 08-021 | 15.90 | 25m | 8-2-96 | Heemskerk (NED) |
| 9. Stam Sabrina | 82 | 08-021 | 16.30 | 25m | 13-2-97 | Heemskerk (NED) |
| 10. Boekling Annette | 85 | 08-021 | 16.33 | 25m | 4-5-00 | Heemskerk (NED) |
| 11. Stins Mariska | 84 | 08-021 | 16.38 | 25m | 25-3-99 | Heemskerk (NED) |
| 12. de Boer Irene | 84 | 08-021 | 16.53 | 25m | 25-3-99 | Heemskerk (NED) |

25 vlinderslag (sinds 13)

| | | | | | | |
|-------------------------|----|--------|-------|-----|---------|-----------------|
| 13. Kramer Miranda | 80 | 08-021 | 16.60 | 25m | 16-3-95 | Heemskerk (NED) |
| 14. Moolevliet Petra | 82 | 08-021 | 16.80 | 25m | 13-2-97 | Heemskerk (NED) |
| 15. Niesten Iris | 92 | 08-021 | 17.55 | 25m | 19-4-07 | Heemskerk (NED) |
| 16. Limmen Karin | 76 | 08-021 | 17.60 | 25m | 16-5-91 | Heemskerk (NED) |
| 17. Smit Lydia | 84 | 08-021 | 18.08 | 25m | 25-3-99 | Heemskerk (NED) |
| 18. Hommersen Sandra | 84 | 08-021 | 18.13 | 25m | 25-3-99 | Heemskerk (NED) |
| 19. Bruin Adri | 74 | 08-021 | 18.70 | 25m | 12-1-89 | Heemskerk (NED) |
| 20. van Putten Demi | 96 | 08-021 | 18.89 | 25m | 30-6-11 | Heemskerk (NED) |
| 21. Bos Chantal | 74 | 08-021 | 18.90 | 25m | 12-1-89 | Heemskerk (NED) |
| 22. Lindelauf Priscilla | 85 | 08-021 | 19.05 | 25m | 4-5-00 | Heemskerk (NED) |
| 23. Nijman José | 93 | 08-021 | 19.09 | 25m | 29-5-08 | Heemskerk (NED) |
| 24. de Boer Angela | 80 | 08-021 | 19.20 | 25m | 16-3-95 | Heemskerk (NED) |
| 25. Cappelle Carlijn | 82 | 08-021 | 19.40 | 25m | 13-2-97 | Heemskerk (NED) |

50 vlinderslag

| | | | | | | | |
|--------------------------|----|--------|-------|-----|----------|-------------------------|-----|
| 1. Kingma Danae | 00 | 08-021 | 30.59 | 25m | 6-9-15 | Zaandam (NED) | |
| 2. Schelvis Femke | 84 | 08-021 | 30.83 | 25m | 17-10-99 | Zaandam (NED) | |
| 3. Hoekstra Eline | 03 | 08-021 | 32.01 | 25m | 18-1-18 | Heemskerk (NED) | |
| 4. van de Poll Marianne | 89 | 08-021 | 32.31 | 25m | 4-4-04 | Zaandam | |
| 5. Palmboom Nicole | 91 | 08-021 | 32.89 | 25m | 28-12-06 | Maastricht (NED) | |
| 6. Smit Sanne | 01 | 08-021 | 33.07 | 25m | 17-11-16 | Heemskerk (NED) | |
| 7. Vink Lidewij | 90 | 08-021 | 33.18 | 25m | 6-11-05 | Zaandam (NED) | |
| 8. de Groot Daniëlle | 93 | 08-021 | 33.42 | 50m | 17-5-08 | Beverwijk (NED) | 390 |
| 9. Essers Sanne | 91 | 08-021 | 33.82 | 25m | 29-12-06 | Maastricht (NED) | |
| 10. Mallon Danique | 94 | 08-021 | 34.02 | 25m | 31-5-09 | Purmerend (NED) | |
| 11. de Haan Shira | 00 | 08-021 | 34.24 | 25m | 10-12-15 | Heemskerk (NED) | |
| 12. van der Kroft Nicole | 84 | 08-021 | 34.39 | 50m | 29-5-99 | Beverwijk (NED) | 358 |
| 13. Koper Fiona | 01 | 08-021 | 34.73 | 25m | 17-11-16 | Heemskerk (NED) | |
| 14. Buur Naomi | 01 | 08-021 | 35.05 | 50m | 5-6-16 | Alkmaar (NED) | 338 |
| 15. Hoek Daniëlle | 88 | 08-021 | 35.09 | 25m | 28-12-03 | Maastricht (NED) | |
| 16. Stam Sabrina | 82 | 08-021 | 35.10 | 25m | 11-12-97 | Heemskerk (NED) | |
| 17. Schelvis Roos | 86 | 08-021 | 35.14 | 25m | 18-3-01 | Zaandam (NED) | |
| 18. Crok Annemarie | 89 | 08-021 | 35.17 | 25m | 28-12-04 | Maastricht (NED) | |
| 19. Petit Kirsten | 00 | 08-021 | 35.31 | 25m | 10-12-15 | Heemskerk (NED) | |
| 20. Vink Marjolein | 93 | 08-021 | 35.32 | 50m | 12-4-08 | Antwerpen (BEL) | 330 |
| 21. Crok Linda | 94 | 08-021 | 35.43 | 25m | 8-3-09 | Purmerend (NED) | |
| 22. de Boer Irene | 84 | 08-021 | 35.53 | 25m | 14-11-99 | Zaandam (NED) | |
| 23. Hulshof Saskia | 73 | 08-021 | 35.60 | 25m | 14-12-88 | | |
| 23. Meijer Sylvia | 81 | 08-021 | 35.60 | 25m | 21-1-96 | Zuidoost Beemster (NED) | |
| 25. Stins Mariska | 84 | 08-021 | 35.62 | 25m | 25-11-99 | Heemskerk | |

100 vlinderslag

| | | | | | | |
|---------------------------|----|--------|---------|-----|----------|------------------|
| 1. Schelvis Femke | 84 | 08-021 | 1:08.80 | 25m | 10-10-99 | Zaandam (NED) |
| 2. Kingma Danae | 00 | 08-021 | 1:13.56 | 25m | 8-1-15 | Heemskerk (NED) |
| 3. Vink Lidewij | 90 | 08-021 | 1:14.91 | 25m | 27-11-05 | Heemskerk (NED) |
| 4. Hoekstra Eline | 03 | 08-021 | 1:15.18 | 25m | 20-5-18 | Purmerend (NED) |
| 5. de Groot Daniëlle | 93 | 08-021 | 1:15.28 | 25m | 23-3-08 | Haarlem (NED) |
| 6. Smit Sanne | 01 | 08-021 | 1:16.36 | 25m | 9-10-16 | Alkmaar (NED) |
| 7. van de Poll Marianne | 89 | 08-021 | 1:16.70 | 25m | 25-3-04 | Heemskerk |
| 8. Mallon Danique | 94 | 08-021 | 1:17.16 | 25m | 15-11-09 | Haarlem (NED) |
| 9. Palmboom Nicole | 91 | 08-021 | 1:17.33 | 25m | 26-11-06 | Heemskerk (NED) |
| 10. Besse Karen | 75 | 08-021 | 1:18.00 | 25m | 10-2-90 | |
| 11. Essers Sanne | 91 | 08-021 | 1:18.68 | 25m | 26-11-06 | Heemskerk (NED) |
| 12. Schelvis Roos | 86 | 08-021 | 1:18.99 | 25m | 15-4-01 | Haarlem (NED) |
| 13. van der Kroft Nicole | 84 | 08-021 | 1:19.12 | 25m | 22-4-99 | Heemskerk (NED) |
| 14. Stam Sabrina | 82 | 08-021 | 1:19.70 | 25m | 6-4-97 | Heemskerk (NED) |
| 15. Crok Annemarie | 89 | 08-021 | 1:22.14 | 25m | 28-12-04 | Maastricht (NED) |
| 16. Crok Linda | 94 | 08-021 | 1:22.31 | 25m | 15-11-09 | Haarlem (NED) |
| 17. de Ruijter Linda | 87 | 08-021 | 1:22.80 | 25m | 22-12-02 | Zaandam |
| 18. Meijer Linda | 77 | 08-021 | 1:22.90 | 25m | 3-10-92 | |
| 19. Vink Marjolein | 93 | 08-021 | 1:23.20 | 25m | 3-2-08 | Purmerend (NED) |
| 20. van 't Veer Iris | 03 | 08-021 | 1:23.27 | 25m | 15-2-18 | Heemskerk (NED) |
| 21. van Ballegooie Simone | 84 | 08-021 | 1:23.36 | 25m | 7-3-99 | Zaandam (NED) |
| 22. Stins Mariska | 84 | 08-021 | 1:23.65 | 25m | 4-4-99 | Haarlem (NED) |
| 23. Meijer Sylvia | 81 | 08-021 | 1:23.90 | 25m | 6-4-96 | Haarlem (NED) |
| 24. Kleijne Daisy | 89 | 08-021 | 1:24.07 | 25m | 28-12-04 | Maastricht (NED) |
| 25. Windmuller Wendy | 69 | 08-021 | 1:24.20 | 25m | 12-2-84 | Heemskerk (NED) |

200 vlinderslag

| | | | | | | | |
|-------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Vink Lidewij | 90 | 08-021 | 2:47.28 | 25m | 24-11-05 | Heemskerk (NED) | |
| 2. Palmboom Nicole | 91 | 08-021 | 2:56.37 | 25m | 30-11-06 | Heemskerk | |
| 3. Schelvis Roos | 86 | 08-021 | 3:03.76 | 25m | 20-12-01 | Heemskerk | |
| 4. de Ruijter Linda | 87 | 08-021 | 3:07.60 | 25m | 22-12-02 | Zaandam | |
| 5. Kleijne Daisy | 89 | 08-021 | 3:08.74 | 25m | 29-5-04 | Z.o. Beemster | |
| 6. van de Poll Marianne | 89 | 08-021 | 3:12.94 | 50m | 25-4-04 | Beverwijk (NED) | 251 |
| 7. Crok Annemarie | 89 | 08-021 | 3:15.06 | 25m | 27-5-04 | Heemskerk (NED) | |
| 8. Vink Marjolein | 93 | 08-021 | 3:17.91 | 25m | 31-1-08 | Heemskerk (NED) | |
| 9. Vredenburg Roos | 95 | 08-021 | 3:19.06 | 25m | 18-2-10 | Heemskerk (NED) | |
| 10. Stins Mariska | 84 | 08-021 | 3:22.47 | 50m | 2-5-99 | Beverwijk (NED) | 217 |
| 11. Koopman Anitra | 89 | 08-021 | 3:22.70 | 25m | 25-11-04 | Heemskerk (NED) | |
| 12. Visser Stacey | 87 | 08-021 | 3:31.62 | 25m | 17-3-02 | Zaandam | |
| 13. Hoek Daniëlle | 88 | 08-021 | 3:35.61 | 25m | 27-11-03 | Heemskerk (NED) | |
| 14. Pover Karin | 67 | 08-021 | 3:45.30 | 25m | 7-3-82 | | |
| 15. van Giezen Irene | 67 | 08-021 | 3:54.00 | 25m | 7-3-82 | | |

1000 vlinderslag

100 wisselslag

| | | | | | | |
|--------------------------|----|--------|---------|-----|----------|------------------|
| 1. Kingma Danae | 00 | 08-021 | 1:09.81 | 25m | 8-3-15 | Zaandam (NED) |
| 2. Schelvis Femke | 84 | 08-021 | 1:09.84 | 25m | 18-2-99 | Heemskerk (NED) |
| 3. Palmboom Nicole | 91 | 08-021 | 1:14.21 | 25m | 10-12-06 | Heemskerk (NED) |
| 4. Hoekstra Eline | 03 | 08-021 | 1:14.31 | 25m | 17-5-18 | Heemskerk (NED) |
| 5. Smit Sanne | 01 | 08-021 | 1:15.06 | 25m | 11-12-16 | Alkmaar (NED) |
| 6. Crok Linda | 94 | 08-021 | 1:15.13 | 25m | 19-11-09 | Heemskerk (NED) |
| 7. de Groot Daniëlle | 93 | 08-021 | 1:15.39 | 25m | 6-1-08 | Alkmaar (NED) |
| 8. van 't Veer Iris | 03 | 08-021 | 1:15.66 | 25m | 17-5-18 | Heemskerk (NED) |
| 9. Schelvis Roos | 86 | 08-021 | 1:16.72 | 25m | 27-9-01 | Heemskerk |
| 10. Buur Naomi | 01 | 08-021 | 1:16.81 | 25m | 10-1-16 | Purmerend (NED) |
| 11. Kleijne Daisy | 89 | 08-021 | 1:17.66 | 25m | 28-12-04 | Maastricht (NED) |
| 12. Essers Sanne | 91 | 08-021 | 1:17.94 | 25m | 30-12-06 | Maastricht (NED) |
| 13. Vink Lidewij | 90 | 08-021 | 1:18.01 | 25m | 29-9-05 | Heemskerk (NED) |
| 14. de Haan Shira | 00 | 08-021 | 1:18.05 | 25m | 6-12-15 | Purmerend (NED) |
| 15. van de Poll Marianne | 89 | 08-021 | 1:18.30 | 25m | 4-4-04 | Zaandam |
| 16. Hulshof Saskia | 73 | 08-021 | 1:18.40 | 25m | 31-12-88 | |
| 17. van der Kroft Nicole | 84 | 08-021 | 1:18.46 | 25m | 18-2-99 | Heemskerk (NED) |
| 18. Mallon Danique | 94 | 08-021 | 1:18.56 | 25m | 19-11-09 | Heemskerk (NED) |
| 19. Kramer Miranda | 80 | 08-021 | 1:18.70 | 25m | 29-10-95 | Castricum (NED) |
| 20. Vink Marjolein | 93 | 08-021 | 1:18.78 | 25m | 7-12-08 | Zaandam (NED) |
| 21. Crok Annemarie | 89 | 08-021 | 1:18.96 | 25m | 28-12-04 | Maastricht (NED) |
| 22. Hoek Daniëlle | 88 | 08-021 | 1:18.99 | 25m | 28-12-03 | Maastricht (NED) |
| 23. Koopman Anitra | 89 | 08-021 | 1:19.18 | 25m | 28-12-04 | Maastricht (NED) |
| 24. Meijer Sylvia | 81 | 08-021 | 1:19.20 | 25m | 1-9-96 | Assendelft (NED) |
| 25. Stam Sabrina | 82 | 08-021 | 1:19.70 | 25m | 5-10-97 | Zaandam (NED) |

200 wisselslag

| | | | | | | |
|--------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Schelvis Femke | 84 | 08-021 | 2:29.81 | 25m | 4-11-99 | Heemskerk (NED) |
| 2. Kingma Danae | 00 | 08-021 | 2:35.87 | 25m | 1-2-15 | Amsterdam (NED) |
| 3. Hoekstra Eline | 03 | 08-021 | 2:40.33 | 25m | 1-4-18 | Haarlem (NED) |
| 4. van 't Veer Iris | 03 | 08-021 | 2:42.47 | 25m | 4-2-18 | Purmerend (NED) |
| 5. Palmboom Nicole | 91 | 08-021 | 2:44.36 | 25m | 14-12-06 | Heemskerk (NED) |
| 6. Vink Lidewij | 90 | 08-021 | 2:45.94 | 25m | 15-12-05 | Heemskerk (NED) |
| 7. Schelvis Roos | 86 | 08-021 | 2:46.07 | 25m | 27-9-01 | Heemskerk |
| 8. Vink Marjolein | 93 | 08-021 | 2:46.63 | 25m | 13-1-08 | Heemskerk (NED) |
| 9. Crok Linda | 94 | 08-021 | 2:46.96 | 25m | 12-4-09 | Haarlem (NED) |
| 10. de Groot Daniëlle | 93 | 08-021 | 2:47.06 | 25m | 13-1-08 | Heemskerk (NED) |
| 11. Stam Sabrina | 82 | 08-021 | 2:47.30 | 25m | 6-11-97 | Heemskerk (NED) |
| 12. Smit Sanne | 01 | 08-021 | 2:47.40 | 25m | 17-1-16 | Purmerend (NED) |
| 13. Buur Naomi | 01 | 08-021 | 2:47.45 | 25m | 27-3-16 | Haarlem (NED) |
| 14. van der Kroft Nicole | 84 | 08-021 | 2:47.74 | 25m | 20-5-99 | Heemskerk (NED) |
| 15. Kramer Miranda | 80 | 08-021 | 2:48.00 | 25m | 14-12-95 | Heemskerk (NED) |
| 16. Essers Sanne | 91 | 08-021 | 2:48.37 | 25m | 22-10-06 | Zaandam (NED) |
| 17. Kleijne Daisy | 89 | 08-021 | 2:49.19 | 25m | 17-10-04 | Zaandam (NED) |
| 18. de Haan Shira | 00 | 08-021 | 2:50.56 | 25m | 18-10-15 | Zaandam (NED) |
| 19. Koopman Anitra | 89 | 08-021 | 2:51.82 | 25m | 29-1-04 | Heemskerk (NED) |
| 20. Besse Karen | 75 | 08-021 | 2:51.90 | 25m | 21-1-90 | Zaandam (NED) |
| 21. van de Poll Marianne | 89 | 08-021 | 2:52.33 | 25m | 14-3-04 | Zaandam |
| 22. Meijer Sylvia | 81 | 08-021 | 2:53.10 | 25m | 2-5-96 | Heemskerk (NED) |
| 23. Crok Annemarie | 89 | 08-021 | 2:53.23 | 25m | 29-5-04 | Z.o. Beemster |
| 24. Hoek Daniëlle | 88 | 08-021 | 2:53.48 | 25m | 30-1-03 | Heemskerk |
| 25. Stins Mariska | 84 | 08-021 | 2:53.85 | 25m | 7-3-99 | Zaandam (NED) |

300 wisselslag

| | | | | | | |
|----------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Vink Lidewij | 90 | 08-021 | 4:12.63 | 25m | 13-11-05 | Zaandam (NED) |
| 2. Schelvis Roos | 86 | 08-021 | 4:19.22 | 25m | 20-1-01 | Amsterdam (NED) |
| 3. Kleijne Daisy | 89 | 08-021 | 4:20.65 | 25m | 19-12-04 | Heemskerk (NED) |
| 4. Essers Sanne | 91 | 08-021 | 4:22.14 | 25m | 3-12-06 | Zaandam (NED) |
| 5. de Ruijter Linda | 87 | 08-021 | 4:39.73 | 25m | 24-11-02 | Amsterdam |
| 6. Hoek Daniëlle | 88 | 08-021 | 4:41.63 | 25m | 30-11-03 | Heemskerk (NED) |
| 7. van der Gracht Anouk | 89 | 08-021 | 4:49.40 | 25m | 19-12-04 | Heemskerk (NED) |
| 8. van Ballegooie Stefanie | 86 | 08-021 | 5:05.52 | 25m | 20-1-01 | Amsterdam (NED) |

400 wisselslag

| | | | | | | | |
|-----------------------------|----|--------|---------|-----|---------|------------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 5:30.28 | 25m | 21-3-99 | Assendelft (NED) | |
| 2. Smit Sanne | 01 | 08-021 | 5:52.91 | 25m | 9-10-16 | Alkmaar (NED) | |
| 3. Schelvis Roos | 86 | 08-021 | 5:54.48 | 25m | 25-2-01 | Heemskerk (NED) | |
| 4. Palmboom Nicole | 91 | 08-021 | 5:55.32 | 25m | 15-6-06 | Heemskerk (NED) | |
| 5. Hoekstra Eline | 03 | 08-021 | 5:59.08 | 50m | 2-6-18 | Amersfoort (NED) | 408 |
| 6. Kleijne Daisy | 89 | 08-021 | 6:00.96 | 25m | 29-2-04 | Wormerveer | |
| 7. Besse Karen | 75 | 08-021 | 6:03.50 | 25m | 4-2-90 | Volendam (NED) | |
| 8. Crok Linda | 94 | 08-021 | 6:03.64 | 25m | 1-3-09 | Zaandam (NED) | |
| 9. Vink Lidewij | 90 | 08-021 | 6:04.81 | 25m | 30-1-05 | Zaandam (NED) | |
| 10. Essers Sanne | 91 | 08-021 | 6:05.37 | 25m | 15-6-06 | Heemskerk (NED) | |
| 11. van de Poll Marianne | 89 | 08-021 | 6:06.21 | 25m | 29-2-04 | Wormerveer | |
| 12. Crok Annemarie | 89 | 08-021 | 6:07.62 | 25m | 29-2-04 | Wormerveer | |
| 13. van der Kroft Nicole | 84 | 08-021 | 6:07.74 | 25m | 28-2-99 | Zaandam (NED) | |
| 14. Stam Sabrina | 82 | 08-021 | 6:13.60 | 25m | 23-2-97 | Zaandam (NED) | |
| 15. Koopman Anitra | 89 | 08-021 | 6:22.50 | 25m | 29-2-04 | Wormerveer | |
| 16. Mallon Danique | 94 | 08-021 | 6:22.57 | 25m | 1-3-09 | Zaandam (NED) | |
| 17. van Ballegooie Simone | 84 | 08-021 | 6:26.50 | 25m | 21-3-99 | Assendelft (NED) | |
| 18. Niesten Iris | 92 | 08-021 | 6:27.79 | 25m | 11-2-07 | Zaandam (NED) | |
| 19. de Haan Shira | 00 | 08-021 | 6:29.91 | 25m | 8-2-15 | Zaandam (NED) | |
| 20. de Ruijter Linda | 87 | 08-021 | 6:39.06 | 25m | 24-2-02 | Heemskerk | |
| 21. Hoek Daniëlle | 88 | 08-021 | 6:41.07 | 25m | 23-2-03 | Heemskerk | |
| 22. Visser Stacey | 87 | 08-021 | 6:43.14 | 25m | 24-2-02 | Heemskerk | |
| 23. Blaauw Yente | 03 | 08-021 | 6:43.16 | 50m | 21-1-18 | Alkmaar (NED) | 288 |
| 24. van der Gracht Anouk | 89 | 08-021 | 6:47.10 | 25m | 29-2-04 | Wormerveer | |
| 25. van Ballegooie Stefanie | 86 | 08-021 | 6:49.29 | 25m | 25-2-01 | Heemskerk (NED) | |