

**25 vrije slag**

1. Schelvis Femke	84	08-021	13.50	25m	8-1-98	Heemskerk (NED)
2. Schuyt Simone	75	08-021	13.70	25m	31-12-89	Heemskerk (NED)
3. Koster Lisa	94	08-021	13.81	25m	31-5-08	Aalsmeer (NED)
4. Crok Linda	94	08-021	14.06	25m	29-5-08	Heemskerk (NED)
5. Besse Karen	75	08-021	14.10	25m	31-12-89	Heemskerk (NED)
6. Schelvis Roos	86	08-021	14.24	25m	4-5-00	Heemskerk (NED)
7. Hogema Fabiën	93	08-021	14.43	25m	19-4-07	Heemskerk (NED)
8. de Groot Daniëlle	93	08-021	14.46	25m	19-4-07	Heemskerk (NED)
9. Hulshof Saskia	73	08-021	14.60	25m	17-12-87	Heemskerk (NED)
10. Mallon Danique	94	08-021	14.67	25m	29-5-08	Heemskerk (NED)
11. Vink Marjolein	93	08-021	14.68	25m	19-4-07	Heemskerk (NED)
12. van der Geest Saskia	73	08-021	14.70	25m	17-12-87	Heemskerk (NED)
12. Meijer Linda	77	08-021	14.70	25m	16-5-91	Heemskerk (NED)
12. van Ballegooie Simone	84	08-021	14.70	25m	5-2-98	Heemskerk (NED)
15. de Vries Chrissie	93	08-021	14.72	25m	19-4-07	Heemskerk (NED)
16. de Boer Irene	84	08-021	14.80	25m	5-2-98	Heemskerk (NED)
17. Zonneveld Cindy	75	08-021	15.00	25m	31-12-89	Heemskerk (NED)
18. Meijer Sylvia	81	08-021	15.10	25m	27-4-95	Heemskerk (NED)
18. van der Kroft Nicole	84	08-021	15.10	25m	5-2-98	Heemskerk (NED)
20. Hommersen Sandra	84	08-021	15.40	25m	12-2-98	Heemskerk (NED)
21. Visser Stacey	87	08-021	15.48	25m	29-3-01	Heemskerk (NED)
22. Stins Mariska	84	08-021	15.60	25m	16-4-98	Heemskerk (NED)
23. de Vries Cathy	77	08-021	15.70	25m	16-5-91	Heemskerk (NED)
24. Niesten Iris	92	08-021	15.78	25m	27-4-06	Heemskerk
25. Keessen Pam	62	08-021	15.80	25m	14-9-76	Heemskerk (NED)

**50 vrije slag**

1. Kingma Danae	00	08-021	27.50	25m	31-1-14	Amsterdam (NED)
2. Koster Lisa	94	08-021	28.40	50m	13-6-08	Drachten (NED)
3. Schelvis Femke	84	08-021	28.70	25m	7-5-98	Heemskerk (NED)
4. Smit Sanne	01	08-021	29.07	25m	24-9-15	Heemskerk (NED)
5. Hoekstra Eline	03	08-021	29.20	25m	11-11-17	Hoofddorp (NED)
6. van de Poll Marianne	89	08-021	29.66	25m	28-12-03	Maastricht (NED)
7. de Groot Daniëlle	93	08-021	29.72	25m	30-12-07	Maastricht (NED)
8. Schuyt Simone	75	08-021	29.80	25m	22-1-89	Zaandam (NED)
9. Vink Marjolein	93	08-021	29.88	25m	8-4-07	Haarlem (NED)
10. Palmboom Nicole	91	08-021	30.07	25m	20-3-05	Heemstede (NED)
11. Wentink Yara	04	08-021	30.38	25m	11-2-18	Zaandam (NED)
12. Siemerink Laura	04	08-021	30.47	25m	11-2-18	Zaandam (NED)
13. Buur Naomi	01	08-021	30.48	25m	1-2-15	Zaandam (NED)
14. Meijer Sylvia	81	08-021	30.50	25m	26-11-95	Heemskerk (NED)
15. van Ballegooie Simone	84	08-021	30.80	25m	19-4-98	Zaandam (NED)
16. Schelvis Roos	86	08-021	30.93	25m	3-12-00	Zaandam (NED)
17. Vink Lidewij	90	08-021	30.96	25m	28-12-04	Maastricht (NED)
18. Besse Karen	75	08-021	31.10	25m	14-12-89	Heemskerk (NED)
19. van 't Veer Iris	03	08-021	31.18	25m	9-11-17	Heemskerk (NED)
20. Stam Sabrina	82	08-021	31.20	25m	24-11-96	Castricum (NED)
20. van der Kroft Nicole	84	08-021	31.20	25m	18-1-98	Zuidoost Beemster (NED)
22. Kleijne Daisy	89	08-021	31.26	25m	28-12-03	Maastricht (NED)
23. Hogema Fabiën	93	08-021	31.44	25m	8-4-07	Haarlem (NED)
23. Crok Linda	94	08-021	31.44	25m	7-12-08	Zaandam (NED)

50 vrije slag (sinds 25)

25.	de Boer Irene	84	08-021	31.50	25m	19-4-98	Zaandam (NED)
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**100 vrije slag**

1.	Kingma Danae	00	08-021	59.30	25m	2-11-14	Amsterdam (NED)
2.	Koster Lisa	94	08-021	1:01.06	25m	11-5-08	Purmerend (NED)
3.	Schelvis Femke	84	08-021	1:01.50	25m	9-5-98	Zaandam (NED)
4.	Smit Sanne	01	08-021	1:02.16	25m	29-11-15	Heemskerk (NED)
5.	Hoekstra Eline	03	08-021	1:03.97	25m	18-11-17	Hoofddorp (NED)
6.	de Groot Daniëlle	93	08-021	1:05.18	25m	2-12-07	Alkmaar (NED)
7.	Vink Marjolein	93	08-021	1:05.86	25m	9-4-07	Haarlem (NED)
8.	Schelvis Roos	86	08-021	1:06.07	25m	24-4-00	Haarlem (NED)
9.	Wentink Yara	04	08-021	1:06.38	25m	17-5-18	Heemskerk (NED)
10.	Buur Naomi	01	08-021	1:06.78	25m	18-1-15	Zaandam (NED)
11.	van 't Veer Iris	03	08-021	1:07.09	25m	26-11-17	Purmerend (NED)
12.	Besse Karen	75	08-021	1:07.20	25m	2-11-89	Heemskerk (NED)
13.	Vink Lidewij	90	08-021	1:07.26	25m	28-11-04	Heemskerk (NED)
14.	Palmboom Nicole	91	08-021	1:07.31	25m	30-10-05	Amsterdam (NED)
15.	Kleijne Daisy	89	08-021	1:07.70	25m	9-11-03	Zaandam
16.	Siemerink Laura	04	08-021	1:07.92	25m	17-5-18	Heemskerk (NED)
17.	van der Kroft Nicole	84	08-021	1:08.00	25m	19-4-98	Zaandam (NED)
18.	Verbree Bets	63	08-021	1:08.20	25m	10-12-77	Heemskerk (NED)
18.	Crok Linda	94	08-021	1:08.20	25m	30-11-08	Heemskerk (NED)
20.	Mallon Danique	94	08-021	1:08.23	25m	17-2-08	Zaandam (NED)
21.	de Boer Irene	84	08-021	1:08.50	25m	9-5-98	Zaandam (NED)
22.	Stam Sabrina	82	08-021	1:08.60	25m	15-12-96	Heemskerk (NED)
23.	Meijer Sylvia	81	08-021	1:08.80	25m	10-12-95	Heemskerk (NED)
24.	Blaauw Yente	03	08-021	1:09.09	25m	15-10-17	Alkmaar (NED)
25.	Schuyt Simone	75	08-021	1:09.20	25m	2-11-89	Heemskerk (NED)

**200 vrije slag**

1.	Schelvis Femke	84	08-021	2:12.70	25m	15-3-98	Harderwijk (NED)	
2.	Kingma Danae	00	08-021	2:14.82	50m	21-6-14	Amsterdam (NED)	588
3.	Koster Lisa	94	08-021	2:16.81	50m	14-6-08	Drachten (NED)	563
4.	Hoekstra Eline	03	08-021	2:19.38	25m	29-10-17	Den Helder (NED)	
5.	Smit Sanne	01	08-021	2:19.53	25m	4-10-15	Purmerend (NED)	
6.	Wentink Yara	04	08-021	2:25.36	25m	20-5-18	Purmerend (NED)	
7.	Crok Linda	94	08-021	2:27.41	25m	5-10-08	Heemskerk (NED)	
8.	Schelvis Roos	86	08-021	2:27.42	25m	30-11-00	Heemskerk (NED)	
9.	Kleijne Daisy	89	08-021	2:28.82	25m	18-12-03	Heemskerk (NED)	
10.	Buur Naomi	01	08-021	2:28.85	25m	19-2-15	Heemskerk (NED)	
11.	Mallon Danique	94	08-021	2:29.16	25m	9-3-08	Heemskerk (NED)	
12.	Besse Karen	75	08-021	2:29.40	25m	5-10-89	Heemskerk (NED)	
13.	van de Poll Marianne	89	08-021	2:29.47	25m	18-12-03	Heemskerk (NED)	
14.	de Boer Irene	84	08-021	2:30.10	25m	19-4-98	Zaandam (NED)	
15.	van 't Veer Iris	03	08-021	2:30.47	25m	7-5-17	Zaandam (NED)	
16.	Vink Lidewij	90	08-021	2:30.54	25m	30-9-04	Heemskerk (NED)	
17.	Vink Marjolein	93	08-021	2:31.36	25m	30-9-07	Volendam (NED)	
18.	van Ballegooie Simone	84	08-021	2:31.40	25m	19-4-98	Zaandam (NED)	
19.	Schuyt Simone	75	08-021	2:31.60	25m	12-11-89	Assendelft (NED)	
20.	Palmboom Nicole	91	08-021	2:33.36	25m	29-9-05	Heemskerk (NED)	
21.	Vredenburg Roos	95	08-021	2:34.01	25m	15-11-09	Haarlem (NED)	

200 vrije slag (sinds 22)

22. Hoek Daniëlle	88	08-021	2:34.21	25m	26-9-02	Heemskerk
23. Koopman Anitra	89	08-021	2:34.47	25m	18-12-03	Heemskerk (NED)
24. Stins Mariska	84	08-021	2:35.06	25m	17-12-98	Heemskerk (NED)
25. Blaauw Yente	03	08-021	2:36.20	25m	16-3-17	Heemskerk (NED)

250 vrije slag300 vrije slag

1. Schelvis Femke	84	08-021	3:44.00	25m	19-4-98	Zaandam (NED)	
2. Koster Lisa	94	08-021	3:50.85	50m	17-5-08	Beverwijk (NED)	433
3. Wentink Yara	04	08-021	4:05.83	25m	19-5-18	Purmerend (NED)	
4. Vink Lidewij	90	08-021	4:06.59	25m	29-4-04	Heemskerk (NED)	
5. Palmboom Nicole	91	08-021	4:10.32	50m	21-5-05	Beverwijk (NED)	340
6. Groen Anne	95	08-021	4:11.68	25m	22-11-09	Purmerend (NED)	
7. Vink Marjolein	93	08-021	4:16.78	25m	14-10-07	Zaandam (NED)	
8. Niesten Iris	92	08-021	4:27.05	25m	18-5-06	Heemskerk (NED)	
9. Ivens Suzanne	99	08-021	4:31.38	25m	18-5-13	Purmerend (NED)	
10. Nijman José	93	08-021	5:09.99	25m	14-10-07	Zaandam (NED)	

400 vrije slag

1. Schelvis Femke	84	08-021	4:44.10	25m	8-3-98	Zaandam (NED)	
2. Koster Lisa	94	08-021	5:07.30	50m	17-5-08	Beverwijk (NED)	455
3. Schelvis Roos	86	08-021	5:12.03	25m	25-5-00	Heemskerk (NED)	
4. Hoekstra Eline	03	08-021	5:12.09	25m	15-1-17	Alkmaar (NED)	
5. van de Poll Marianne	89	08-021	5:12.47	25m	9-6-03	Z.o. Beemster	
6. Smit Sanne	01	08-021	5:14.00	25m	11-10-15	Alkmaar (NED)	
7. Kingma Danae	00	08-021	5:17.00	25m	19-10-14	Zaandam (NED)	
8. Buur Naomi	01	08-021	5:17.34	25m	6-4-15	Haarlem (NED)	
9. Besse Karen	75	08-021	5:17.40	25m	3-12-89	Zaandam (NED)	
10. de Boer Irene	84	08-021	5:18.40	25m	19-4-98	Zaandam (NED)	
11. Vink Lidewij	90	08-021	5:18.83	25m	17-10-04	Zaandam (NED)	
12. Wentink Yara	04	08-021	5:20.57	25m	19-5-18	Purmerend (NED)	
13. Palmboom Nicole	91	08-021	5:22.75	25m	28-4-05	Heemskerk (NED)	
14. van 't Veer Iris	03	08-021	5:24.57	25m	29-10-17	Den Helder (NED)	
15. de Groot Daniëlle	93	08-021	5:26.47	25m	9-12-07	Zaandam (NED)	
16. Hoek Daniëlle	88	08-021	5:29.70	25m	30-5-02	Heemskerk	
17. Crok Linda	94	08-021	5:31.44	25m	28-9-08	Zaandam (NED)	
18. de Ruijter Linda	87	08-021	5:33.06	25m	31-5-01	Heemskerk (NED)	
19. Schuyt Simone	75	08-021	5:35.50	25m	28-12-89	Heemskerk (NED)	
20. Groen Anne	95	08-021	5:36.15	25m	22-11-09	Purmerend (NED)	
21. de Boer Claudia	77	08-021	5:37.50	25m	10-3-91	Heemskerk (NED)	
22. van Ballegooye Simone	84	08-021	5:38.30	25m	19-4-98	Zaandam (NED)	
23. Kleijne Daisy	89	08-021	5:38.31	25m	16-11-03	Heemskerk (NED)	
24. Koopman Anitra	89	08-021	5:40.67	25m	16-11-03	Heemskerk (NED)	
25. Mallon Danique	94	08-021	5:41.31	25m	28-9-08	Zaandam (NED)	

500 vrije slag

**800 vrije slag**

1. Schelvis Femke	84	08-021	10:01.40	25m	22-2-98	Zaandam (NED)
2. Kingma Danae	00	08-021	10:34.87	25m	19-10-14	Zaandam (NED)
3. Vink Lidewij	90	08-021	10:49.26	25m	17-10-04	Zaandam (NED)
4. Schelvis Roos	86	08-021	10:49.56	25m	23-1-00	Heemskerk (NED)
5. Smit Sanne	01	08-021	10:58.01	25m	18-10-15	Zaandam (NED)
6. Crok Linda	94	08-021	11:04.28	25m	28-9-08	Zaandam (NED)
7. de Groot Daniëlle	93	08-021	11:05.30	25m	9-12-07	Zaandam (NED)
8. Besse Karen	75	08-021	11:13.40	25m	28-12-89	Heemskerk (NED)
9. Kleijne Daisy	89	08-021	11:14.86	25m	26-10-03	Zaandam
10. van de Poll Marianne	89	08-021	11:29.83	25m	16-11-03	Heemskerk (NED)
11. Koopman Anitra	89	08-021	11:31.66	25m	16-11-03	Heemskerk (NED)
12. Mallon Danique	94	08-021	11:37.15	25m	28-9-08	Zaandam (NED)
13. Vink Marjolein	93	08-021	11:39.17	25m	14-10-07	Zaandam (NED)
14. Crok Annemarie	89	08-021	11:40.31	25m	16-11-03	Heemskerk (NED)
15. Hoek Daniëlle	88	08-021	11:41.73	25m	8-9-02	Heemskerk
16. de Ruijter Linda	87	08-021	11:47.71	25m	4-11-01	Heemskerk
17. Groen Anne	95	08-021	11:48.37	25m	13-9-09	Zaandam (NED)
18. van der Gracht Anouk	89	08-021	11:54.61	25m	26-10-03	Zaandam
19. Wentink Yara	04	08-021	12:02.10	50m	15-4-18	Alkmaar (NED)
20. de Boer Angela	80	08-021	12:02.50	25m	18-12-94	Wormerveer (NED)
21. Niesten Iris	92	08-021	12:06.37	25m	22-10-06	Zaandam (NED)
22. Meijer Linda	77	08-021	12:09.90	25m	27-1-91	Volendam (NED)
23. de Haan Shira	00	08-021	12:13.86	25m	19-10-14	Zaandam (NED)
24. Stins Mariska	84	08-021	12:17.00	25m	29-3-98	Heemstede (NED)
25. Visser Stacey	87	08-021	12:38.83	25m	21-1-01	Heemskerk (NED)

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**1000 vrije slag**

1. Vink Lidewij	90	08-021	14:37.06	OW	27-6-04	Breukelen (NED)
2. Crok Linda	94	08-021	14:47.55	OW	22-6-08	Breukelen (NED)
3. de Ruijter Linda	87	08-021	15:40.56	OW	8-7-01	Amsterdam (NED)
4. Meijer Sylvia	81	08-021	16:39.40	OW	2-7-95	Veghel (NED)
5. Stins Mariska	84	08-021	16:43.50	OW	12-7-98	Amsterdam (NED)
6. Hogema Fabiën	93	08-021	17:10.41	OW	17-6-07	Spaarnwoude (NED)
7. Kramer Miranda	80	08-021	17:14.40	OW	12-7-94	Harderwijk (NED)
8. Visser Stacey	87	08-021	17:16.95	OW	16-6-01	Spaarnwoude (NED)
9. Windmuller Wendy	69	08-021	17:20.80	OW	30-6-83	Amstelveen (NED)
10. Niesten Iris	92	08-021	17:35.15	OW	19-8-06	Bussloo (NED)
11. Buur Cindy	99	08-021	21:02.70	OW	17-8-13	Heerjansdam (NED)

**1250 vrije slag**

**1500 vrije slag**

1. Vink Lidewij	90	08-021	20:04.86	25m	14-11-04	Heemskerk (NED)
2. Crok Linda	94	08-021	20:58.60	25m	9-11-08	Zaandam (NED)
3. de Groot Daniëlle	93	08-021	21:01.65	25m	9-12-07	Zaandam (NED)
4. Schelvis Roos	86	08-021	21:25.88	25m	5-3-00	Zaandam (NED)
5. Hoek Daniëlle	88	08-021	21:42.21	25m	1-12-02	Heemskerk
6. Kleijne Daisy	89	08-021	21:45.03	25m	16-11-03	Heemskerk (NED)
7. van de Poll Marianne	89	08-021	21:47.89	25m	16-11-03	Heemskerk (NED)
8. Koopman Anitra	89	08-021	21:53.80	25m	16-2-03	Zaandam
9. Crok Annemarie	89	08-021	22:14.20	25m	16-11-03	Heemskerk (NED)
10. de Ruijter Linda	87	08-021	22:18.56	25m	4-11-01	Heemskerk
11. Wentink Yara	04	08-021	22:30.05	50m	15-4-18	Alkmaar (NED)
12. van der Gracht Anouk	89	08-021	22:53.41	25m	16-2-03	Zaandam
13. Hogema Fabiën	93	08-021	22:56.00	25m	28-1-07	Zaandam (NED)
14. Groen Anne	95	08-021	23:06.14	25m	8-11-09	Zaandam (NED)
15. Vink Marjolein	93	08-021	23:15.85	25m	28-1-07	Zaandam (NED)
16. Mallon Danique	94	08-021	23:54.12	25m	9-11-08	Zaandam (NED)
17. van Koevering Nicole	93	08-021	24:03.62	25m	28-1-07	Zaandam (NED)
18. Niesten Iris	92	08-021	24:21.57	25m	3-12-06	Zaandam (NED)
19. Hoek Laura	86	08-021	26:25.18	25m	5-3-00	Zaandam (NED)
20. Nijman José	93	08-021	27:28.54	25m	28-1-07	Zaandam (NED)

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**2000 vrije slag**

1. Vink Lidewij	90	08-021	33:01.63	OW	11-7-04	Beusichem-Culemborg (NED)
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**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag**

**25 rugslag**

1. Schelvis Femke	84	08-021	15.10	25m	15-1-98	Heemskerk (NED)
2. Schelvis Roos	86	08-021	16.39	25m	17-2-00	Heemskerk (NED)
3. Meijer Linda	77	08-021	16.40	25m	16-5-91	Heemskerk (NED)
4. Mallon Danique	94	08-021	16.78	25m	29-5-08	Heemskerk (NED)
5. Crok Linda	94	08-021	16.95	25m	29-5-08	Heemskerk (NED)
6. Schuyt Simone	75	08-021	17.00	25m	12-1-89	Heemskerk (NED)
7. Koster Lisa	94	08-021	17.16	25m	29-5-08	Heemskerk (NED)
8. Hulshof Saskia	73	08-021	17.20	25m	17-12-87	Heemskerk (NED)
9. van der Kroft Nicole	84	08-021	17.30	25m	15-1-98	Heemskerk (NED)
10. Besse Karen	75	08-021	17.40	25m	12-1-89	Heemskerk (NED)
10. de Groot Daniëlle	93	08-021	17.40	25m	19-4-07	Heemskerk (NED)
12. van Ballegooie Simone	84	08-021	17.50	25m	15-1-98	Heemskerk (NED)
13. Zonneveld Cindy	75	08-021	17.80	25m	12-1-89	Heemskerk (NED)
14. de Boer Irene	84	08-021	17.90	25m	15-1-98	Heemskerk (NED)
15. Vink Marjolein	93	08-021	18.08	25m	19-4-07	Heemskerk (NED)
16. Moolevliet Petra	82	08-021	18.10	25m	8-2-96	Heemskerk (NED)
17. van der Geest Saskia	73	08-021	18.30	25m	17-12-87	Heemskerk (NED)
18. Niesten Iris	92	08-021	18.38	25m	27-4-06	Heemskerk
19. van Ballegooie Stefanie	86	08-021	18.51	25m	17-2-00	Heemskerk (NED)
20. Hoek Laura	86	08-021	18.53	25m	17-2-00	Heemskerk (NED)
21. de Ruijter Linda	87	08-021	18.54	25m	22-2-01	Heemskerk (NED)
22. Splinter Nathalie	75	08-021	18.90	25m	12-1-89	Heemskerk (NED)
22. de Vries Justine	83	08-021	18.90	25m	13-2-97	Heemskerk (NED)
22. Zonneveld Chantal	84	08-021	18.90	25m	15-1-98	Heemskerk (NED)
25. Hogema Fabiën	93	08-021	18.93	25m	19-4-07	Heemskerk (NED)

**50 rugslag**

1. Kingma Danae	00	08-021	32.40	25m	7-9-14	Zaandam (NED)
2. Schelvis Femke	84	08-021	33.00	25m	14-2-98	Emmen (NED)
3. Koster Lisa	94	08-021	33.98	25m	10-2-08	Purmerend (NED)
4. Hoekstra Eline	03	08-021	34.16	25m	2-2-17	Heemskerk (NED)
5. Smit Sanne	01	08-021	34.37	25m	15-2-15	Purmerend (NED)
6. Koper Fiona	01	08-021	34.42	25m	8-3-15	Zaandam (NED)
7. Kleijne Daisy	89	08-021	34.51	25m	28-12-03	Maastricht (NED)
7. Siemerink Laura	04	08-021	34.51	25m	15-2-18	Heemskerk (NED)
9. Schelvis Roos	86	08-021	34.63	25m	16-4-00	Almelo (NED)
10. Wentink Yara	04	08-021	34.79	25m	15-2-18	Heemskerk (NED)
11. van 't Veer Iris	03	08-021	35.34	25m	5-11-17	Alkmaar (NED)
12. Palmboom Nicole	91	08-021	35.59	25m	27-10-05	Heemskerk (NED)
13. Crok Linda	94	08-021	35.69	25m	10-2-08	Purmerend (NED)
14. van de Poll Marianne	89	08-021	35.74	25m	25-10-03	Nieuwegein (NED)
15. Meijer Linda	77	08-021	35.80	25m	10-1-91	Heemskerk (NED)
16. Buur Naomi	01	08-021	35.97	25m	20-12-15	Zaandam (NED)
17. Mallon Danique	94	08-021	36.05	50m	25-5-08	Beverwijk (NED)
18. Koopman Anitra	89	08-021	36.28	25m	9-3-03	Zuidoostbeemster (NED)
19. Scholten Britt	04	08-021	36.32	25m	15-2-18	Heemskerk (NED)
20. Crok Annemarie	89	08-021	36.40	25m	28-12-03	Maastricht (NED)
21. Kramer Miranda	80	08-021	36.60	25m	16-9-94	
22. van Ballegooie Simone	84	08-021	36.61	25m	19-9-98	Amersfoort (NED)
23. van der Kroft Nicole	84	08-021	36.70	25m	18-1-98	Zuidoost Beemster (NED)
24. de Boer Irene	84	08-021	36.80	25m	14-2-98	Emmen (NED)
25. Vink Marjolein	93	08-021	36.83	25m	29-12-07	Maastricht (NED)

**100 rugslag**

1. Kingma Danae	00	08-021	1:10.40	25m	30-10-14	Heemskerk (NED)
2. Schelvis Femke	84	08-021	1:10.80	25m	12-2-98	Heemskerk (NED)
3. Koster Lisa	94	08-021	1:13.17	25m	26-1-08	Terneuzen (NED)
4. Schelvis Roos	86	08-021	1:13.34	25m	16-4-00	Almelo (NED)
5. van 't Veer Iris	03	08-021	1:13.40	25m	5-11-17	Alkmaar (NED)
6. Smit Sanne	01	08-021	1:13.67	25m	15-11-15	Purmerend (NED)
7. Hoekstra Eline	03	08-021	1:14.07	25m	29-10-17	Den Helder (NED)
8. Koper Fiona	01	08-021	1:14.72	25m	15-11-15	Purmerend (NED)
9. Crok Linda	94	08-021	1:15.47	25m	30-11-08	Heemskerk (NED)
10. Meijer Linda	77	08-021	1:15.80	25m	8-9-91	Assendelft (NED)
11. Wentink Yara	04	08-021	1:15.84	25m	4-2-18	Purmerend (NED)
12. Kleijne Daisy	89	08-021	1:15.96	25m	28-12-03	Maastricht (NED)
13. van der Kroft Nicole	84	08-021	1:16.00	25m	16-5-98	Zaandam (NED)
14. Buur Naomi	01	08-021	1:17.01	25m	18-1-15	Zaandam (NED)
15. Stins Mariska	84	08-021	1:17.08	25m	6-12-98	Zaandam
16. Windmuller Wendy	69	08-021	1:17.30	25m	31-12-83	
17. Mallon Danique	94	08-021	1:18.16	25m	27-3-08	Heemskerk (NED)
18. Kramer Miranda	80	08-021	1:18.30	25m	17-3-94	Heemskerk
19. de Boer Irene	84	08-021	1:18.50	25m	16-5-98	Zaandam (NED)
20. Scholten Britt	04	08-021	1:19.04	25m	4-2-18	Purmerend (NED)
21. van Ballegooie Simone	84	08-021	1:19.05	25m	11-10-98	Alkmaar (NED)
21. Siemerink Laura	04	08-021	1:19.05	25m	1-4-18	Haarlem (NED)
23. Crok Annemarie	89	08-021	1:19.08	25m	28-12-03	Maastricht (NED)
24. de Graaf Annemiek	70	08-021	1:20.20	25m	12-2-84	Heemskerk (NED)
25. Blaauw Yente	03	08-021	1:20.28	25m	5-11-17	Alkmaar (NED)

**200 rugslag**

1. Schelvis Femke	84	08-021	2:30.70	25m	23-5-98	Zaandam (NED)
2. Schelvis Roos	86	08-021	2:39.57	25m	19-11-00	Zaandam (NED)
3. van 't Veer Iris	03	08-021	2:41.43	25m	15-10-17	Alkmaar (NED)
4. Hoekstra Eline	03	08-021	2:42.71	25m	19-3-17	Zaandam (NED)
5. Crok Annemarie	89	08-021	2:43.30	25m	9-11-03	Zaandam
6. Crok Linda	94	08-021	2:43.45	25m	16-11-08	Amsterdam-oost (NED)
7. Kleijne Daisy	89	08-021	2:44.47	25m	25-9-03	Heemskerk (NED)
8. Meijer Linda	77	08-021	2:45.40	25m	7-9-91	Assendelft (NED)
9. Koster Lisa	94	08-021	2:46.48	50m	18-5-08	Alkmaar (NED)
10. Vink Lidewij	90	08-021	2:48.14	25m	3-10-04	Heemskerk (NED)
11. van der Kroft Nicole	84	08-021	2:48.65	25m	24-9-98	Heemskerk (NED)
12. Blaauw Yente	03	08-021	2:49.15	25m	19-3-17	Zaandam (NED)
13. Buur Naomi	01	08-021	2:49.99	25m	24-5-15	Purmerend (NED)
14. Niesten Iris	92	08-021	2:51.37	25m	1-10-06	Volendam (NED)
15. de Boer Irene	84	08-021	2:51.49	25m	24-9-98	Heemskerk (NED)
16. Petit Kirsten	00	08-021	2:51.80	25m	8-6-14	Purmerend (NED)
17. Koopman Anitra	89	08-021	2:52.12	25m	5-10-03	Heemskerk (NED)
18. Windmuller Wendy	69	08-021	2:53.00	25m	10-4-83	Heemskerk (NED)
19. Scholten Britt	04	08-021	2:54.33	25m	20-5-18	Purmerend (NED)
20. Essers Sanne	91	08-021	2:54.90	25m	2-10-05	Zaandam (NED)
21. Stins Mariska	84	08-021	2:55.30	25m	10-12-98	Heemskerk (NED)
22. Stam Sabrina	82	08-021	2:55.70	25m	10-10-96	Heemskerk (NED)
23. de Graaf Annemiek	70	08-021	2:56.50	25m	23-9-84	Heemskerk (NED)
24. van de Poll Marianne	89	08-021	2:57.21	25m	5-10-03	Heemskerk (NED)
25. Besse Karen	75	08-021	2:57.40	25m	1-11-89	

**500 rugslag****25 schoolslag**

1. Hogema Fabiën	93	08-021	18.32	25m	19-4-07	Heemskerk (NED)
2. van der Geest Saskia	73	08-021	18.40	25m	17-12-87	Heemskerk (NED)
3. Koster Lisa	94	08-021	18.58	25m	29-5-08	Heemskerk (NED)
4. Schelvis Femke	84	08-021	18.60	25m	19-3-98	Heemskerk (NED)
5. Crok Linda	94	08-021	18.68	25m	29-5-08	Heemskerk (NED)
6. van der Kroft Nicole	84	08-021	18.80	25m	19-3-98	Heemskerk (NED)
7. de Groot Daniëlle	93	08-021	19.05	25m	19-4-07	Heemskerk (NED)
8. Vink Marjolein	93	08-021	19.06	25m	19-4-07	Heemskerk (NED)
9. Schuyt Simone	75	08-021	19.10	25m	12-1-89	Heemskerk (NED)
10. van Rookhuizen Sieta	79	08-021	19.30	25m	16-6-93	
11. Schelvis Roos	86	08-021	19.34	25m	17-2-00	Heemskerk (NED)
12. Besse Karen	75	08-021	19.40	25m	12-1-89	Heemskerk (NED)
13. Boekling Annette	85	08-021	19.55	25m	25-3-99	Heemskerk (NED)
14. Niesten Annet	62	08-021	19.90	25m	14-9-76	Heemskerk (NED)
14. Limmen Miriam	75	08-021	19.90	25m	31-12-89	Heemskerk (NED)
16. Stins Mariska	84	08-021	20.00	25m	19-3-98	Heemskerk (NED)
17. van Kooten Cynthia	93	08-021	20.28	25m	19-4-07	Heemskerk (NED)
18. Meijer Sylvia	81	08-021	20.30	25m	27-4-95	Heemskerk (NED)
19. Niesten Iris	92	08-021	20.31	25m	27-4-06	Heemskerk
20. Splinter Nathalie	75	08-021	20.40	25m	12-1-89	Heemskerk (NED)
20. Meijer Linda	77	08-021	20.40	25m	16-5-91	Heemskerk (NED)
20. Moolevliet Petra	82	08-021	20.40	25m	14-3-96	Heemskerk (NED)
23. Hulshof Saskia	73	08-021	20.60	25m	17-12-87	Heemskerk (NED)
24. van Ballegooie Stefanie	86	08-021	20.61	25m	17-2-00	Heemskerk (NED)
25. Zonneveld Cindy	75	08-021	20.70	25m	12-1-89	Heemskerk (NED)

**50 schoolslag**

1. Kingma Danae	00	08-021	36.07	25m	7-9-14	Zaandam (NED)
2. Palmboom Nicole	91	08-021	38.23	25m	5-6-05	Alkmaar (NED)
3. de Groot Daniëlle	93	08-021	40.17	25m	30-12-07	Maastricht (NED)
4. van Rookhuizen Sieta	79	08-021	40.30	25m	14-10-93	Heemskerk
5. Hoekstra Eline	03	08-021	40.35	25m	5-11-17	Alkmaar (NED)
6. Koster Lisa	94	08-021	40.53	25m	10-2-08	Purmerend (NED)
7. Schelvis Roos	86	08-021	40.77	25m	3-12-00	Zaandam (NED)
8. van der Kroft Nicole	84	08-021	40.80	25m	9-4-98	Heemskerk (NED)
9. Kramer Miranda	80	08-021	40.90	25m	5-3-94	
9. Siemerink Laura	04	08-021	40.90	25m	12-4-18	Heemskerk (NED)
11. Smit Sanne	01	08-021	40.95	25m	15-2-15	Purmerend (NED)
12. Vink Marjolein	93	08-021	40.99	25m	8-4-07	Haarlem (NED)
13. van 't Veer Iris	03	08-021	41.00	25m	9-11-17	Heemskerk (NED)
14. Hogema Fabiën	93	08-021	41.02	25m	8-4-07	Haarlem (NED)
15. de Boer Maia	03	08-021	41.41	50m	20-5-17	Alkmaar (NED)
16. de Haan Shira	00	08-021	41.52	25m	7-12-14	Heemskerk (NED)
17. van Huisstede Nikita	01	08-021	41.62	25m	19-2-15	Heemskerk (NED)
18. Crok Linda	94	08-021	41.63	25m	10-2-08	Purmerend (NED)
19. Stam Sabrina	82	08-021	41.80	25m	27-10-96	Zaandam (NED)
20. Schelvis Femke	84	08-021	41.82	25m	24-9-98	Heemskerk (NED)
21. Buur Naomi	01	08-021	41.97	25m	1-2-15	Zaandam (NED)
22. Stins Mariska	84	08-021	42.10	25m	15-11-98	Zaandam (NED)



50 schoolslag (sinds 23)

23. Boekling Annette	85	08-021	42.13	25m	16-12-99	Heemskerk
24. van Langelaar Tessa	97	08-021	42.52	25m	29-5-11	Purmerend (NED)
25. Limmen Karin	76	08-021	42.60	25m	7-11-90	

100 schoolslag

1. Kingma Danae	00	08-021	1:19.25	25m	16-11-14	Zaandam (NED)
2. Palmboom Nicole	91	08-021	1:25.25	25m	27-3-05	Haarlem (NED)
3. van 't Veer Iris	03	08-021	1:26.58	25m	9-11-17	Heemskerk (NED)
4. Hoekstra Eline	03	08-021	1:26.69	25m	3-12-17	Heemskerk (NED)
5. van der Geest Saskia	73	08-021	1:26.70	25m	13-12-87	Assendelft (NED)
6. de Groot Daniëlle	93	08-021	1:27.15	25m	29-12-07	Maastricht (NED)
7. van der Kroft Nicole	84	08-021	1:27.85	25m	29-10-98	Heemskerk (NED)
8. Kramer Miranda	80	08-021	1:28.10	25m	4-4-94	Haarlem (NED)
9. Schelvis Roos	86	08-021	1:28.19	25m	24-4-00	Haarlem (NED)
10. van Galen Angela	65	08-021	1:28.50	25m	25-11-79	Heemskerk (NED)
11. Plokker Sylvia	68	08-021	1:28.70	25m	21-3-82	
12. Schelvis Femke	84	08-021	1:28.79	25m	29-10-98	Heemskerk (NED)
13. de Haan Shira	00	08-021	1:28.94	25m	7-12-14	Heemskerk (NED)
14. Koster Lisa	94	08-021	1:29.59	25m	24-3-08	Haarlem (NED)
15. Smit Sanne	01	08-021	1:29.78	25m	8-3-15	Zaandam (NED)
16. Vink Marjolein	93	08-021	1:29.86	25m	30-9-07	Volendam (NED)
17. Stam Sabrina	82	08-021	1:30.40	25m	3-11-96	Zaandam (NED)
18. Niesten Iris	92	08-021	1:30.60	25m	16-4-06	Haarlem (NED)
19. Boekling Annette	85	08-021	1:31.04	25m	12-12-99	Heemskerk (NED)
20. Buur Naomi	01	08-021	1:31.22	25m	4-10-15	Purmerend (NED)
21. Crok Linda	94	08-021	1:31.40	25m	24-3-08	Haarlem (NED)
22. Hogema Fabiën	93	08-021	1:31.50	25m	9-4-07	Haarlem (NED)
23. de Graaf Dinie	71	08-021	1:31.80	25m	29-9-85	Heemskerk (NED)
24. van Huisstede Nikita	01	08-021	1:31.88	25m	8-3-15	Zaandam (NED)
25. Hulshof Saskia	73	08-021	1:32.00	25m	22-3-87	Heerhugowaard (NED)

200 schoolslag

1. Kingma Danae	00	08-021	2:58.86	25m	26-10-14	Zaandam (NED)
2. van der Geest Saskia	73	08-021	3:05.90	25m	4-10-87	Zaandam (NED)
3. de Groot Daniëlle	93	08-021	3:07.48	25m	13-12-07	Heemskerk (NED)
4. Palmboom Nicole	91	08-021	3:07.75	25m	27-10-05	Heemskerk (NED)
5. Schelvis Roos	86	08-021	3:08.06	25m	27-1-00	Heemskerk (NED)
6. van 't Veer Iris	03	08-021	3:08.59	25m	29-10-17	Den Helder (NED)
7. Vink Marjolein	93	08-021	3:10.04	25m	18-11-07	Alkmaar (NED)
8. Kramer Miranda	80	08-021	3:10.20	25m	24-11-94	Heemskerk (NED)
9. Schelvis Femke	84	08-021	3:10.30	25m	9-5-98	Zaandam (NED)
10. van der Kroft Nicole	84	08-021	3:10.50	25m	9-5-98	Zaandam (NED)
11. Hoekstra Eline	03	08-021	3:11.69	25m	12-2-17	Purmerend (NED)
12. Crok Linda	94	08-021	3:12.45	25m	13-1-08	Heemskerk (NED)
13. Niesten Iris	92	08-021	3:13.54	25m	26-11-06	Heemskerk (NED)
14. de Haan Shira	00	08-021	3:14.14	25m	26-10-14	Zaandam (NED)
15. van Galen Angela	65	08-021	3:15.30	25m	28-10-79	Heerhugowaard (NED)
16. Plokker Sylvia	68	08-021	3:15.90	25m	21-3-82	
17. van Rookhuizen Sieta	79	08-021	3:16.10	25m	7-1-93	Heemskerk (NED)
18. Moolevliet Petra	82	08-021	3:16.40	25m	4-2-96	Heerhugowaard (NED)
19. Oudendijk Bianca	79	08-021	3:16.80	25m	17-11-93	

**200 schoolslag (sinds 20)**

20. Mallon Danique	94	08-021	3:17.59	25m	13-1-08	Heemskerk (NED)
21. Limmen Miriam	75	08-021	3:18.30	25m	1-10-89	Zaandam (NED)
22. Vink Lidewij	90	08-021	3:18.51	25m	28-11-04	Heemskerk (NED)
23. Crok Annemarie	89	08-021	3:18.59	25m	30-10-03	Heemskerk
24. de Ruijter Linda	87	08-021	3:19.00	25m	18-11-01	Heemskerk
25. Stins Mariska	84	08-021	3:20.07	25m	22-11-98	Zaandam (NED)

**500 schoolslag**

1. Vink Marjolein	93	08-021	8:55.64	OW	4-8-07	Hoor (NED)
2. Niesten Iris	92	08-021	9:15.25	OW	19-8-06	Bussloo (NED)
3. Hogema Fabiën	93	08-021	9:17.26	OW	17-6-07	Spaarnwoude (NED)
4. Palmboom Nicole	91	08-021	9:51.61	OW	20-8-05	Bussloo (NED)
5. Essers Sanne	91	08-021	10:00.36	OW	24-7-05	Langedijk (NED)
6. Buur Cindy	99	08-021	11:05.80	OW	17-8-13	Heerjansdam (NED)

**800 schoolslag****1000 schoolslag**

1. Niesten Iris	92	08-021	20:23.77	OW	13-8-06	Aalsmeer (NED)
2. Vink Marjolein	93	08-021	20:40.85	OW	12-8-07	Aalsmeer (NED)
3. Hogema Fabiën	93	08-021	21:14.37	OW	21-7-07	Anna-Paulowna (NED)

**1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag**

**25 vlinderslag**

1. Schelvis Femke	84	08-021	15.00	25m	15-1-98	Heemskerk (NED)
2. Besse Karen	75	08-021	15.30	25m	12-1-89	Heemskerk (NED)
2. de Groot Daniëlle	93	08-021	15.30	25m	19-4-07	Heemskerk (NED)
4. Koster Lisa	94	08-021	15.51	25m	29-5-08	Heemskerk (NED)
5. Meijer Linda	77	08-021	15.60	25m	16-5-91	Heemskerk (NED)
6. Schuyt Simone	75	08-021	15.90	25m	31-12-89	Heemskerk (NED)
7. Crok Linda	94	08-021	16.08	25m	29-5-08	Heemskerk (NED)
8. Vink Marjolein	93	08-021	16.11	25m	19-4-07	Heemskerk (NED)
8. Mallon Danique	94	08-021	16.11	25m	29-5-08	Heemskerk (NED)
10. Schelvis Roos	86	08-021	16.25	25m	4-5-00	Heemskerk (NED)
11. de Vries Chrissie	93	08-021	16.40	25m	19-4-07	Heemskerk (NED)
12. Visser Stacey	87	08-021	16.59	25m	29-3-01	Heemskerk (NED)
13. Moolevliet Petra	82	08-021	16.60	25m	8-2-96	Heemskerk (NED)
14. de Boer Irene	84	08-021	16.70	25m	15-1-98	Heemskerk (NED)
14. van der Kroft Nicole	84	08-021	16.70	25m	15-1-98	Heemskerk (NED)
16. Hogema Fabiën	93	08-021	17.16	25m	19-4-07	Heemskerk (NED)
17. van Ballegooie Simone	84	08-021	17.20	25m	15-1-98	Heemskerk (NED)
18. van Rookhuizen Sieta	79	08-021	17.50	25m	16-6-93	
19. Meijer Sylvia	81	08-021	17.60	25m	16-3-95	Heemskerk (NED)
20. Boekling Annette	85	08-021	17.71	25m	25-3-99	Heemskerk (NED)
21. van der Geest Saskia	73	08-021	17.80	25m	17-12-87	Heemskerk (NED)
22. Hulshof Saskia	73	08-021	17.90	25m	17-12-87	Heemskerk (NED)
23. de Vries Justine	83	08-021	18.20	25m	13-2-97	Heemskerk (NED)
24. Zonneveld Cindy	75	08-021	18.30	25m	12-1-89	Heemskerk (NED)
25. Hoek Laura	86	08-021	18.50	25m	4-5-00	Heemskerk (NED)

**50 vlinderslag**

1. Kingma Danae	00	08-021	30.86	25m	30-10-14	Heemskerk (NED)	
2. Schelvis Femke	84	08-021	31.90	25m	24-5-98	Zaandam (NED)	
3. Hoekstra Eline	03	08-021	32.04	25m	19-11-17	Hoofddorp (NED)	
4. Siemerink Laura	04	08-021	32.75	50m	3-6-18	Amersfoort (NED)	415
5. van de Poll Marianne	89	08-021	33.05	25m	22-6-03	Amsterdam (NED)	
6. de Groot Daniëlle	93	08-021	33.34	25m	29-12-07	Maastricht (NED)	
7. Wentink Yara	04	08-021	33.35	50m	3-6-18	Amersfoort (NED)	393
8. Smit Sanne	01	08-021	34.55	25m	6-9-15	Zaandam (NED)	
9. Koster Lisa	94	08-021	34.65	25m	10-2-08	Purmerend (NED)	
10. Schelvis Roos	86	08-021	34.67	25m	30-11-00	Heemskerk (NED)	
11. Buur Naomi	01	08-021	34.78	25m	15-2-15	Purmerend (NED)	
12. Vink Lidewij	90	08-021	34.90	25m	23-12-04	Heemskerk (NED)	
13. Palmboom Nicole	91	08-021	34.94	25m	29-12-05	Maastricht (NED)	
14. Verbree Bets	63	08-021	35.00	25m	27-11-77	IJmuiden (NED)	
15. Mallon Danique	94	08-021	35.06	50m	17-5-08	Beverwijk (NED)	338
16. Besse Karen	75	08-021	35.10	25m	9-3-89	Heemskerk (NED)	
17. de Haan Shira	00	08-021	35.16	25m	30-10-14	Heemskerk (NED)	
18. Vink Marjolein	93	08-021	35.31	25m	29-12-07	Maastricht (NED)	
19. van Ballegooie Simone	84	08-021	36.00	25m	9-4-98	Heemskerk (NED)	
20. Schuyt Simone	75	08-021	36.40	25m	1-11-89		
20. Meijer Linda	77	08-021	36.40	25m	13-1-91	Z.O. Beemster (NED)	
22. van der Kroft Nicole	84	08-021	36.58	25m	27-9-98	Assendelft (NED)	
23. Koopman Anitra	89	08-021	36.66	25m	9-2-03	Zaandam (NED)	
24. Hogema Fabiën	93	08-021	36.68	25m	11-3-07	Purmerend (NED)	
25. Crok Annemarie	89	08-021	36.84	25m	18-12-03	Heemskerk (NED)	

**100 vlinderslag**

1. Schelvis Femke	84	08-021	1:10.93	25m	13-12-98	Heemskerk (NED)
2. Kingma Danae	00	08-021	1:11.61	25m	7-12-14	Heemskerk (NED)
3. de Groot Daniëlle	93	08-021	1:13.13	25m	25-11-07	Amsterdam (NED)
4. van de Poll Marianne	89	08-021	1:15.65	25m	14-12-03	Heemskerk (NED)
5. Wentink Yara	04	08-021	1:16.86	25m	11-2-18	Zaandam (NED)
6. Hoekstra Eline	03	08-021	1:17.32	25m	29-10-17	Den Helder (NED)
7. Mallon Danique	94	08-021	1:17.75	25m	23-3-08	Haarlem (NED)
8. Besse Karen	75	08-021	1:18.50	25m	1-10-89	Zaandam (NED)
9. Vink Lidewij	90	08-021	1:18.70	25m	28-11-04	Heemskerk (NED)
10. Smit Sanne	01	08-021	1:18.91	25m	15-11-15	Purmerend (NED)
11. Schelvis Roos	86	08-021	1:20.39	25m	23-4-00	Haarlem (NED)
12. Siemerink Laura	04	08-021	1:21.18	25m	15-2-18	Heemskerk (NED)
13. Moolevliet Petra	82	08-021	1:21.80	25m	6-4-96	Haarlem (NED)
14. Palmboom Nicole	91	08-021	1:21.91	25m	27-11-05	Heemskerk (NED)
15. Koster Lisa	94	08-021	1:21.95	25m	6-1-08	Alkmaar (NED)
16. van Ballegoie Simone	84	08-021	1:22.69	25m	11-10-98	Alkmaar (NED)
17. van Rookhuizen Sieta	79	08-021	1:23.10	25m	17-1-93	Zaandam
18. Meijer Linda	77	08-021	1:23.60	25m	4-4-91	Heemskerk (NED)
19. Vink Marjolein	93	08-021	1:23.80	25m	25-11-07	Amsterdam (NED)
20. Scholten Britt	04	08-021	1:24.06	25m	11-2-18	Zaandam (NED)
21. Visser Stacey	87	08-021	1:24.15	25m	31-5-01	Heemskerk (NED)
22. Koopman Anitra	89	08-021	1:24.85	25m	27-3-03	Heemskerk
23. van der Kroft Nicole	84	08-021	1:25.49	25m	11-10-98	Alkmaar (NED)
24. Crok Annemarie	89	08-021	1:25.61	25m	9-11-03	Zaandam
25. Plokker Sylvia	68	08-021	1:25.70	25m	18-4-82	

**200 vlinderslag**

1. Wentink Yara	04	08-021	2:55.31	25m	18-3-18	Purmerend (NED)	
2. Mallon Danique	94	08-021	2:55.83	50m	25-5-08	Beverwijk (NED)	332
3. de Groot Daniëlle	93	08-021	2:56.23	25m	26-5-07	Purmerend (NED)	
4. van de Poll Marianne	89	08-021	2:59.51	25m	7-6-03	Z.o. Beemster	
5. Vink Lidewij	90	08-021	3:01.85	25m	25-11-04	Heemskerk (NED)	
6. Koster Lisa	94	08-021	3:11.30	25m	31-1-08	Heemskerk (NED)	
7. Palmboom Nicole	91	08-021	3:12.94	25m	24-11-05	Heemskerk (NED)	
8. Crok Linda	94	08-021	3:13.67	25m	31-1-08	Heemskerk (NED)	
9. Crok Annemarie	89	08-021	3:15.06	25m	27-11-03	Heemskerk (NED)	
10. Moolevliet Petra	82	08-021	3:15.30	25m	4-2-96	Heerhugowaard (NED)	
11. Kleijne Daisy	89	08-021	3:15.66	25m	27-11-03	Heemskerk (NED)	
12. Vink Marjolein	93	08-021	3:18.05	25m	31-5-07	Heemskerk (NED)	
13. de Ruijter Linda	87	08-021	3:19.17	25m	20-12-01	Heemskerk	
14. Visser Stacey	87	08-021	3:27.93	50m	29-4-01	Beverwijk (NED)	201
15. Koopman Anitra	89	08-021	3:29.51	25m	27-11-03	Heemskerk (NED)	
16. Niesten Iris	92	08-021	3:31.96	25m	30-11-06	Heemskerk	
17. Hoek Daniëlle	88	08-021	3:35.56	25m	28-11-02	Heemskerk	
18. Essers Sanne	91	08-021	3:36.64	25m	15-5-05	Zuidoost-Beemster (NED)	

**1000 vlinderslag**

**100 wisselslag**

1. Kingma Danae	00	08-021	1:09.82	25m	7-12-14	Heemskerk (NED)
2. Schelvis Femke	84	08-021	1:12.00	25m	14-2-98	Emmen (NED)
3. Hoekstra Eline	03	08-021	1:13.97	25m	15-10-17	Alkmaar (NED)
4. Koster Lisa	94	08-021	1:13.98	25m	12-5-08	Purmerend (NED)
5. Smit Sanne	01	08-021	1:15.51	25m	23-4-15	Heemskerk (NED)
6. Wentink Yara	04	08-021	1:16.09	25m	17-5-18	Heemskerk (NED)
7. de Groot Daniëlle	93	08-021	1:16.88	25m	2-12-07	Alkmaar (NED)
8. Buur Naomi	01	08-021	1:17.39	25m	23-4-15	Heemskerk (NED)
9. Palmboom Nicole	91	08-021	1:17.86	25m	29-9-05	Heemskerk (NED)
10. Schelvis Roos	86	08-021	1:18.15	25m	26-11-00	Alkmaar (NED)
11. Siemerink Laura	04	08-021	1:18.24	25m	17-5-18	Heemskerk (NED)
12. Vink Marjolein	93	08-021	1:18.37	25m	2-12-07	Alkmaar (NED)
13. Crok Linda	94	08-021	1:18.50	25m	7-12-08	Zaandam (NED)
14. Vink Lidewij	90	08-021	1:18.66	25m	30-9-04	Heemskerk (NED)
15. van 't Veer Iris	03	08-021	1:18.80	25m	11-5-17	Heemskerk (NED)
16. Mallon Danique	94	08-021	1:19.36	25m	29-5-08	Heemskerk (NED)
17. van der Kroft Nicole	84	08-021	1:19.37	25m	15-11-98	Zaandam (NED)
17. Kleijne Daisy	89	08-021	1:19.37	25m	25-9-03	Heemskerk (NED)
19. Stam Sabrina	82	08-021	1:19.60	25m	3-11-96	Zaandam (NED)
20. Crok Annemarie	89	08-021	1:20.11	25m	28-12-03	Maastricht (NED)
21. Besse Karen	75	08-021	1:20.20	25m	30-12-89	
22. de Haan Shira	00	08-021	1:20.22	25m	30-3-14	Zaandam (NED)
23. van de Poll Marianne	89	08-021	1:20.27	25m	25-9-03	Heemskerk (NED)
24. Niesten Iris	92	08-021	1:20.40	25m	28-9-06	Heemskerk (NED)
25. Petit Kirsten	00	08-021	1:20.41	25m	7-12-14	Heemskerk (NED)

**200 wisselslag**

1. Schelvis Femke	84	08-021	2:33.30	25m	9-5-98	Zaandam (NED)
2. Kingma Danae	00	08-021	2:33.95	25m	16-11-14	Zaandam (NED)
3. Hoekstra Eline	03	08-021	2:39.18	25m	5-11-17	Alkmaar (NED)
4. Schelvis Roos	86	08-021	2:46.58	25m	5-11-00	Zaandam (NED)
5. Buur Naomi	01	08-021	2:47.74	25m	8-3-15	Zaandam (NED)
6. Palmboom Nicole	91	08-021	2:47.78	25m	15-12-05	Heemskerk (NED)
7. Wentink Yara	04	08-021	2:48.26	25m	14-1-18	Purmerend (NED)
8. van 't Veer Iris	03	08-021	2:49.22	25m	5-11-17	Alkmaar (NED)
9. Vink Marjolein	93	08-021	2:49.25	25m	14-10-07	Zaandam (NED)
10. Smit Sanne	01	08-021	2:49.64	25m	18-1-15	Zaandam (NED)
11. Koster Lisa	94	08-021	2:49.85	25m	23-3-08	Haarlem (NED)
12. van der Kroft Nicole	84	08-021	2:49.86	25m	26-11-98	Heemskerk (NED)
13. Crok Linda	94	08-021	2:50.06	25m	28-9-08	Zaandam (NED)
14. Mallon Danique	94	08-021	2:50.16	25m	28-9-08	Zaandam (NED)
15. Vink Lidewij	90	08-021	2:50.27	25m	17-10-04	Zaandam (NED)
16. de Groot Daniëlle	93	08-021	2:51.12	25m	8-4-07	Haarlem (NED)
17. Verbree Bets	63	08-021	2:52.00	25m	10-12-77	Heemskerk (NED)
17. Besse Karen	75	08-021	2:52.00	25m	3-12-89	Zaandam (NED)
19. Crok Annemarie	89	08-021	2:53.14	25m	26-10-03	Zaandam
20. Kleijne Daisy	89	08-021	2:53.17	25m	26-10-03	Zaandam
21. van Ballegooie Simone	84	08-021	2:53.90	25m	8-3-98	Zaandam (NED)
22. Koopman Anitra	89	08-021	2:54.28	25m	30-1-03	Heemskerk
23. Stins Mariska	84	08-021	2:54.78	25m	26-11-98	Heemskerk (NED)
24. Essers Sanne	91	08-021	2:54.97	25m	15-12-05	Heemskerk (NED)
25. Stam Sabrina	82	08-021	2:55.00	25m	12-12-96	Heemskerk (NED)

**300 wisselslag**

1. Vink Lidewij	90	08-021	4:24.09	25m	19-12-04	Heemskerk (NED)
2. Crok Linda	94	08-021	4:25.22	25m	9-11-08	Zaandam (NED)
3. van de Poll Marianne	89	08-021	4:28.07	25m	30-11-03	Heemskerk (NED)
4. de Groot Daniëlle	93	08-021	4:29.29	25m	9-12-07	Zaandam (NED)
5. Koopman Anitra	89	08-021	4:34.08	25m	30-11-03	Heemskerk (NED)
6. Kleijne Daisy	89	08-021	4:34.95	25m	30-11-03	Heemskerk (NED)
7. Crok Annemarie	89	08-021	4:35.29	25m	30-11-03	Heemskerk (NED)
8. Hoek Daniëlle	88	08-021	4:40.53	25m	24-11-02	Amsterdam
9. Mallon Danique	94	08-021	4:41.82	25m	9-11-08	Zaandam (NED)
10. de Ruijter Linda	87	08-021	4:45.36	25m	20-1-01	Amsterdam (NED)
11. Niesten Iris	92	08-021	4:47.61	25m	3-12-06	Zaandam (NED)
12. Visser Stacey	87	08-021	4:50.92	25m	20-1-01	Amsterdam (NED)
13. van der Gracht Anouk	89	08-021	4:59.68	25m	30-11-03	Heemskerk (NED)
14. Hoek Laura	86	08-021	5:12.22	25m	23-1-00	Heemskerk (NED)
15. van Ballegooie Stefanie	86	08-021	5:14.28	25m	23-1-00	Heemskerk (NED)

**400 wisselslag**

1. Schelvis Femke	84	08-021	5:29.20	25m	10-5-98	Zaandam (NED)
2. Hoekstra Eline	03	08-021	5:42.35	25m	11-11-17	Hoofddorp (NED)
3. Crok Linda	94	08-021	5:58.13	25m	24-2-08	Zaandam (NED)
4. Schelvis Roos	86	08-021	6:03.57	25m	30-3-00	Heemskerk (NED)
5. Mallon Danique	94	08-021	6:04.26	25m	24-2-08	Zaandam (NED)
6. Koopman Anitra	89	08-021	6:09.20	25m	23-2-03	Heemskerk
7. van der Kroft Nicole	84	08-021	6:12.00	25m	10-5-98	Zaandam (NED)
8. Stins Mariska	84	08-021	6:14.70	25m	10-12-98	Heemskerk (NED)
9. Blaauw Yente	03	08-021	6:17.24	25m	19-3-17	Zaandam (NED)
10. van Ballegooie Simone	84	08-021	6:18.60	25m	29-3-98	Heemstede (NED)
11. Palmboom Nicole	91	08-021	6:21.08	25m	30-1-05	Zaandam (NED)
12. Vink Marjolein	93	08-021	6:21.35	25m	11-2-07	Zaandam (NED)
13. Essers Sanne	91	08-021	6:22.32	25m	30-1-05	Zaandam (NED)
14. de Boer Irene	84	08-021	6:28.40	25m	29-3-98	Heemstede (NED)
15. Hoek Daniëlle	88	08-021	6:29.23	25m	24-2-02	Heemskerk
16. Dijkstra Ingrid	68	08-021	6:31.20	25m	3-4-82	Heemskerk (NED)
17. Visser Stacey	87	08-021	6:32.17	25m	25-2-01	Heemskerk (NED)
18. de Haan Shira	00	08-021	6:32.23	25m	9-2-14	Zaandam (NED)
19. de Ruijter Linda	87	08-021	6:32.90	25m	25-2-01	Heemskerk (NED)
20. Vink Lidewij	90	08-021	6:36.96	25m	29-2-04	Wormerveer
21. van der Gracht Anouk	89	08-021	6:38.51	25m	23-2-03	Heemskerk
22. Niesten Iris	92	08-021	6:43.96	25m	29-1-06	Zaandam (NED)
23. Plokker Sylvia	68	08-021	6:45.00	25m	3-4-82	Heemskerk (NED)
24. Siemerink Laura	04	08-021	6:46.58	50m	21-1-18	Alkmaar (NED)
25. Hoek Laura	86	08-021	6:56.08	25m	30-3-00	Heemskerk (NED)