

30 - 34 jaar, Heren, Korte baan (25m)

1-1-1900-31-7-2018

25 vrije slag

1. Meijer Arno	75	08-021	12.00	25m	22-5-05	Grootebroek (NED)
2. Oudendijk Paul	81	08-021	12.44	25m	17-2-13	Aberdeen (GBR)
3. Butter Martijn	79	08-021	12.75	25m	22-5-11	Grootebroek (NED)
4. van Rookhuizen Barry	82	08-021	13.13	25m	26-4-12	Heemskerk (NED)
5. Zonneveld Jeroen	78	08-021	14.12	25m	20-10-12	Emmeloord (NED)
6. van Velsen Gerard	54	08-021	14.20	25m	22-3-88	Heemskerk (NED)

50 vrije slag

1. Meijer Arno	75	08-021	26.34	25m	22-5-05	Grootebroek (NED)
2. van der Gracht Jory	87	08-021	26.58	25m	12-3-17	Purmerend (NED)
3. Oudendijk Paul	81	08-021	26.64	25m	7-4-13	Castricum (NED)
4. Butter Martijn	79	08-021	26.69	25m	15-3-09	Haarlem (NED)
5. Essers Tim	88	08-021	28.85	25m	17-5-18	Heemskerk (NED)
6. van Rookhuizen Barry	82	08-021	29.10	25m	25-4-13	Heemskerk (NED)
7. Stins Arnold	83	08-021	29.34	25m	17-4-14	Heemskerk (NED)
8. Oortwijn Bouke	78	08-021	31.21	25m	11-10-12	Heemskerk (NED)
9. Zonneveld Jeroen	78	08-021	31.39	25m	18-2-12	Heerenveen (NED)
10. Bokelaar Martijn	80	08-021	35.87	25m	20-2-10	Heerenveen (NED)
11. van Velsen Gerard	54	08-021	42.50	25m	22-3-88	Heemskerk (NED)

100 vrije slag

1. Butter Martijn	79	08-021	57.91	25m	24-9-09	Heemskerk (NED)
2. Oudendijk Paul	81	08-021	58.86	25m	13-1-13	Alkmaar (NED)
3. Camphuijnder Wilko	69	08-021	59.22	25m	22-2-01	Heemskerk (NED)
4. van der Gracht Jory	87	08-021	59.81	25m	12-2-17	Purmerend (NED)
5. Meijer Arno	75	08-021	1:00.36	25m	16-1-05	Zaandam (NED)
6. Rijma Sjoerd	58	DEM/OEZA	1:04.60	25m	10-1-91	Heemskerk (NED)
7. Essers Tim	88	08-021	1:04.87	25m	4-2-18	Purmerend (NED)
8. van Rookhuizen Barry	82	08-021	1:05.39	25m	9-2-12	Heemskerk (NED)
9. Stins Arnold	83	08-021	1:05.54	25m	31-1-13	Heemskerk (NED)
10. Kies Marcel	60	DEM/OEZA	1:12.80	25m	10-1-91	Heemskerk (NED)
11. den Exter Peter	63	08-021	1:19.80	25m	4-4-96	Heemskerk (NED)

200 vrije slag

1. Butter Martijn	79	08-021	2:06.13	25m	10-5-09	Purmerend (NED)
2. Camphuijnder Wilko	69	08-021	2:14.48	25m	22-4-99	Heemskerk (NED)
3. van der Gracht Jory	87	08-021	2:15.57	25m	16-3-17	Heemskerk (NED)
4. Oudendijk Paul	81	08-021	2:15.68	25m	17-2-13	Aberdeen (GBR)
5. Meijer Arno	75	08-021	2:17.82	25m	2-10-05	Zaandam (NED)
6. Rijma Sjoerd	58	DEM/OEZA	2:26.40	25m	10-1-91	Heemskerk (NED)
7. Kies Marcel	60	DEM/OEZA	2:42.40	25m	10-1-91	Heemskerk (NED)
8. Zonneveld Jeroen	78	08-021	2:44.39	25m	24-10-09	Emmeloord (NED)

250 vrije slag**300 vrije slag**

1. Butter Martijn	79	08-021	3:20.17	25m	12-4-09	Haarlem (NED)
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400 vrije slag

1. Butter Martijn	79	08-021	4:28.12	25m	12-4-09	Haarlem (NED)
2. van der Gracht Jory	87	08-021	4:53.98	25m	1-10-17	Purmerend (NED)

500 vrije slag**800 vrije slag**

1. Butter Martijn	79	08-021	9:37.70	25m	1-3-09	Zaandam (NED)
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1000 vrije slag**1250 vrije slag****1500 vrije slag**

1. Butter Martijn	79	08-021	18:13.73	25m	1-3-09	Zaandam (NED)
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2000 vrije slag

1. Butter Martijn	79	08-021	24:16.80	25m	1-3-09	Zaandam (NED)
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2500 vrije slag**3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Camphuijnder Wilko	69	08-021	14.98	25m	22-2-01	Heemskerk (NED)
2. Meijer Arno	75	08-021	15.13	25m	3-12-06	Almere (NED)
3. Butter Martijn	79	08-021	15.19	25m	21-11-10	Almere-Stad (NED)
4. van Velsen Gerard	54	08-021	17.30	25m	22-3-88	Heemskerk (NED)
5. Zonneveld Jeroen	78	08-021	17.36	25m	29-5-08	Heemskerk (NED)

50 rugslag

1. Oudendijk Paul	81	08-021	30.68	25m	23-1-11	Heerenveen (NED)
2. Butter Martijn	79	08-021	31.18	25m	12-4-09	Haarlem (NED)
3. Camphuijnder Wilko	69	08-021	31.44	25m	25-1-01	Heemskerk (NED)
4. Meijer Arno	75	08-021	32.76	25m	27-10-05	Heemskerk (NED)
5. van der Gracht Jory	87	08-021	33.71	25m	15-2-18	Heemskerk (NED)
6. Essers Tim	88	08-021	34.03	25m	12-4-18	Heemskerk (NED)
7. Stins Arnold	83	08-021	34.73	25m	21-3-13	Heemskerk (NED)
8. van Rookhuizen Barry	82	08-021	35.42	25m	22-3-12	Heemskerk (NED)
9. Zonneveld Jeroen	78	08-021	39.86	25m	22-10-11	Emmeloord (NED)
10. Oortwijn Bouke	78	08-021	44.39	25m	13-12-12	Heemskerk (NED)
11. Bokelaar Martijn	80	08-021	44.68	25m	20-2-10	Heerenveen (NED)
12. van Velsen Gerard	54	08-021	47.50	25m	22-3-88	Heemskerk (NED)

100 rugslag

1. Oudendijk Paul	81	08-021	1:04.73	25m	11-3-12	Zaandam (NED)
2. Butter Martijn	79	08-021	1:06.05	25m	10-5-09	Purmerend (NED)
3. van der Gracht Jory	87	08-021	1:11.25	25m	18-1-18	Heemskerk (NED)
4. Meijer Arno	75	08-021	1:12.67	25m	2-10-05	Zaandam (NED)
5. Essers Tim	88	08-021	1:14.72	25m	18-1-18	Heemskerk (NED)
6. Stins Arnold	83	08-021	1:16.94	25m	10-12-15	Heemskerk (NED)
7. Zonneveld Jeroen	78	08-021	1:28.99	25m	13-12-12	Heemskerk (NED)
8. van Rookhuizen Barry	82	08-021	1:29.01	25m	30-10-14	Heemskerk (NED)
9. Oortwijn Bouke	78	08-021	1:29.62	25m	13-12-12	Heemskerk (NED)

200 rugslag

1. Oudendijk Paul	81	08-021	2:20.18	25m	10-11-13	Zaandam (NED)
2. Butter Martijn	79	08-021	2:20.69	25m	23-4-09	Heemskerk (NED)
3. Meijer Arno	75	08-021	2:39.67	25m	16-1-05	Zaandam (NED)

500 rugslag**25 schoolslag**

1. Butter Martijn	79	08-021	15.20	25m	21-11-10	Almere-Stad (NED)
2. Meijer Arno	75	08-021	15.88	25m	20-11-05	Almere-Stad (NED)
3. Camphuijnder Wilko	69	08-021	15.98	25m	22-2-01	Heemskerk (NED)
4. van Velsen Gerard	54	08-021	18.00	25m	22-3-88	Heemskerk (NED)
5. Zonneveld Jeroen	78	08-021	18.13	25m	22-10-11	Emmeloord (NED)

50 schoolslag

1. Oudendijk Paul	81	08-021	33.28	25m	30-9-12	Heemskerk (NED)
2. Butter Martijn	79	08-021	33.43	25m	22-1-09	Heemskerk (NED)
3. van der Gracht Jory	87	08-021	36.08	25m	16-4-17	Haarlem (NED)
4. Meijer Arno	75	08-021	36.35	25m	25-11-07	Amsterdam (NED)
5. Stins Arnold	83	08-021	38.42	25m	31-1-13	Heemskerk (NED)
6. van Rookhuizen Barry	82	08-021	39.05	25m	9-2-12	Heemskerk (NED)
7. Essers Tim	88	08-021	39.87	25m	14-1-18	Purmerend (NED)
8. Zonneveld Jeroen	78	08-021	40.76	25m	16-3-08	Amersfoort (NED)
9. van Velsen Gerard	54	08-021	46.20	25m	22-3-88	Heemskerk (NED)

100 schoolslag

1. Oudendijk Paul	81	08-021	1:12.95	25m	12-1-14	Purmerend (NED)
2. van der Gracht Jory	87	08-021	1:18.47	25m	1-10-17	Purmerend (NED)
3. Meijer Arno	75	08-021	1:18.79	25m	13-3-05	Amsterdam (NED)
4. Butter Martijn	79	08-021	1:18.91	25m	1-11-09	Purmerend (NED)
5. Beentjes Bastiaan	78	08-021	1:23.13	25m	19-11-09	Heemskerk (NED)
6. Stins Arnold	83	08-021	1:26.26	25m	9-11-17	Heemskerk (NED)
7. van Rookhuizen Barry	82	08-021	1:29.72	25m	11-10-12	Heemskerk (NED)
8. Zonneveld Jeroen	78	08-021	1:31.69	25m	11-10-12	Heemskerk (NED)
9. Oortwijn Bouke	78	08-021	1:33.14	25m	11-10-12	Heemskerk (NED)
10. den Exter Peter	63	08-021	1:33.50	25m	4-4-96	Heemskerk (NED)

200 schoolslag

1. Oudendijk Paul	81	08-021	2:38.26	25m	16-1-11	Zaandam (NED)
2. van der Gracht Jory	87	08-021	2:51.95	25m	4-2-18	Purmerend (NED)
3. Meijer Arno	75	08-021	2:54.00	25m	27-10-05	Heemskerk (NED)
4. Camphuijnder Wilko	69	08-021	2:54.34	25m	25-1-01	Heemskerk (NED)
5. Butter Martijn	79	08-021	2:59.50	25m	25-3-10	Heemskerk (NED)

500 schoolslag**800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Meijer Arno	75	08-021	13.04	25m	18-3-06	Heerenveen (NED)
2. Butter Martijn	79	08-021	14.05	25m	30-6-11	Heemskerk (NED)
3. Zonneveld Jeroen	78	08-021	15.18	25m	29-5-08	Heemskerk (NED)
4. van Velsen Gerard	54	08-021	19.40	25m	22-3-88	Heemskerk (NED)

50 vlinderslag

1. van der Gracht Jory	87	08-021	28.75	25m	8-1-17	Purmerend (NED)
2. Meijer Arno	75	08-021	30.08	25m	8-5-05	Oosterhout (NED)
3. Essers Tim	88	08-021	31.24	25m	4-2-18	Purmerend (NED)
4. Oudendijk Paul	81	08-021	31.31	25m	7-4-13	Castricum (NED)
5. Butter Martijn	79	08-021	31.48	25m	25-3-10	Heemskerk (NED)
6. van Rookhuizen Barry	82	08-021	32.18	25m	22-3-12	Heemskerk (NED)
7. Stins Arnold	83	08-021	32.53	25m	12-12-13	Heemskerk (NED)
8. Zonneveld Jeroen	78	08-021	34.96	25m	13-12-12	Heemskerk (NED)
9. Oortwijn Bouke	78	08-021	36.46	25m	13-12-12	Heemskerk (NED)

100 vlinderslag

1. Camphuijnder Wilko	69	08-021	1:03.06	25m	22-4-99	Heemskerk (NED)
2. van der Gracht Jory	87	08-021	1:05.39	25m	2-2-17	Heemskerk (NED)
3. Schaaper Hans	68	08-021	1:08.23	25m	22-4-99	Heemskerk (NED)
4. Meijer Arno	75	08-021	1:09.67	25m	24-2-05	Heemskerk (NED)
5. Butter Martijn	79	08-021	1:10.30	25m	13-3-11	Heemskerk (NED)
6. Essers Tim	88	08-021	1:12.08	25m	14-1-18	Purmerend (NED)
7. Oudendijk Paul	81	08-021	1:13.02	25m	11-3-12	Zaandam (NED)

200 vlinderslag

1. van der Gracht Jory	87	08-021	2:31.35	25m	12-3-17	Purmerend (NED)
2. Butter Martijn	79	08-021	2:36.06	25m	15-3-09	Haarlem (NED)

1000 vlinderslag**100 wisselslag**

1. Oudendijk Paul	81	08-021	1:06.20	25m	30-9-12	Heemskerk (NED)
2. van der Gracht Jory	87	08-021	1:07.62	25m	11-5-17	Heemskerk (NED)
3. Butter Martijn	79	08-021	1:08.64	25m	14-4-11	Heemskerk (NED)
4. Meijer Arno	75	08-021	1:10.02	25m	17-3-07	Lelystad (NED)
5. Essers Tim	88	08-021	1:14.50	25m	17-5-18	Heemskerk (NED)
6. Stins Arnold	83	08-021	1:15.44	25m	25-4-13	Heemskerk (NED)
7. van Rookhuizen Barry	82	08-021	1:16.64	25m	26-4-12	Heemskerk (NED)
8. Zonneveld Jeroen	78	08-021	1:21.99	25m	16-3-08	Amersfoort (NED)
9. Beentjes Bastiaan	78	08-021	1:24.31	25m	19-11-09	Heemskerk (NED)

200 wisselslag

1. Oudendijk Paul	81	08-021	2:22.98	25m	7-4-13	Castricum (NED)
2. Butter Martijn	79	08-021	2:28.11	25m	22-1-09	Heemskerk (NED)
3. van der Gracht Jory	87	08-021	2:29.57	25m	12-3-17	Purmerend (NED)
4. Meijer Arno	75	08-021	2:33.62	25m	19-3-06	Heemskerk (NED)

300 wisselslag**400 wisselslag**

1. Butter Martijn	79	08-021	5:19.24	25m	18-2-12	Heerenveen (NED)
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