

8 jaar, Dames, Korte baan (25m)

1-1-1900-31-7-2018

25 vrije slag

1. Dekker Elise	97	08-021	19.34	25m	20-3-05	Heemstede (NED)
2. Hoekstra Eline	03	08-021	19.80	25m	13-11-11	Zaandam (NED)
3. van der Horst Wendy	72	08-021	20.90	25m	10-2-80	Heerhugowaard (NED)
4. Renkema Iris	04	08-021	21.27	25m	11-11-12	Schagen (NED)
5. van Ederen Jasmijn	10	08-021	21.65	25m	13-5-18	Haarlem (NED)
6. Dijkstra Pascal	89	08-021	21.90	25m	23-1-97	Heemskerk
7. Essers Sanne	91	08-021	22.03	25m	10-10-99	Zaandam (NED)
8. van Leeuwen Andrea	71	08-021	23.60	25m	1-9-79	Heemskerk (NED)
9. de Haan Shira	00	08-021	24.40	25m	29-5-08	Heemskerk (NED)
10. Jonker Nicole	68	08-021	25.20	25m	14-9-76	Heemskerk (NED)
11. van der Zee Paula	68	08-021	26.20	25m	14-9-76	Heemskerk (NED)
12. Plokker Sylvia	68	08-021	26.70	25m	14-9-76	Heemskerk (NED)
13. van der Leden Laura	68	08-021	28.50	25m	14-9-76	Heemskerk (NED)
14. Wieman Lianne	03	08-021	29.06	25m	30-6-11	Heemskerk (NED)
15. Poppema Yvonne	68	08-021	29.10	25m	14-9-76	Heemskerk (NED)
16. Lammers Angelique	68	08-021	29.40	25m	14-9-76	Heemskerk (NED)
17. Huisman Jolanda	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)
17. van Giezen Corina	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)
19. Gravemaker Sandra	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)
20. van der Veldt Sandra	72	08-021	31.50	25m	10-2-80	Heerhugowaard (NED)
21. Zijlstra Mariëlle	83	08-021	31.70	25m	16-5-91	Heemskerk (NED)
22. Ververst Jacqueline	68	08-021	32.20	25m	14-9-76	Heemskerk (NED)
23. de Wit Irene	68	08-021	32.30	25m	30-3-76	Heemskerk (NED)
24. Welboren Carla	68	08-021	32.60	25m	30-3-76	Heemskerk (NED)
25. de Graaf Marion	72	08-021	32.70	25m	10-2-80	Heerhugowaard (NED)

50 vrije slag

1. Stel Kaylin	01	08-021	41.61	25m	22-11-09	Zaandam (NED)
2. Dekker Elise	97	08-021	42.70	25m	27-3-05	Haarlem (NED)
3. Renkema Iris	04	08-021	43.26	25m	2-12-12	Amstelveen (NED)
4. van Rijn Eline	07	08-021	44.66	25m	13-12-15	Zaandam (NED)
5. van Honk Chantal	80	08-021	45.10	25m	14-12-88	
6. Essers Sanne	91	08-021	46.75	25m	14-11-99	Zaandam (NED)
7. Steenkamp Ciska	90	08-021	47.00	25m	26-11-98	Heemskerk (NED)
8. van der Horst Wendy	72	08-021	47.80	25m	28-9-80	Zaandam (NED)
9. Hoekstra Eline	03	08-021	47.88	25m	20-11-11	Zaandam (NED)
10. Scholten Britt	04	08-021	49.43	25m	4-11-12	Heemstede (NED)
11. van Perlo Carla	75	08-021	49.60	25m	11-12-83	Heemskerk (NED)
12. Dijkstra Pascal	89	08-021	50.10	25m	30-3-97	Haarlem (NED)
13. Teufer Irene	96	08-021	50.15	25m	21-11-04	Zaandam (NED)
14. de Haan Shira	00	08-021	50.23	25m	23-11-08	Zaandam (NED)
15. Copier Alyssa	04	08-021	51.03	25m	4-11-12	Heemstede (NED)
16. de Boer Isabel	06	08-021	51.04	25m	16-11-14	Zaandam (NED)
17. van Ederen Jasmijn	10	08-021	51.07	25m	11-3-18	Alkmaar (NED)
18. van Perlo Ingrid	73	08-021	51.10	25m	7-11-81	Heemskerk (NED)
19. Hoekstra Femke	05	08-021	51.43	25m	31-10-13	Heemskerk (NED)
20. Koopman Anitra	89	08-021	53.90	25m	6-11-97	Heemskerk (NED)
21. Nobels Annita	68	08-021	54.20	25m	7-12-76	Heemskerk (NED)
22. Kleijne Daisy	89	08-021	55.10	25m	6-11-97	Heemskerk (NED)
23. van den Heuvel Sandra	80	08-021	55.60	25m	14-12-88	
24. Buur Naomi	01	08-021	56.72	25m	19-11-09	Heemskerk (NED)

50 vrije slag (sinds 25)

25. Bok Femke	74	08-021	57.70	25m	29-11-82	Heemskerk (NED)
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100 vrije slag

1. Stel Kaylin	01	08-021	1:31.41	25m	13-12-09	Zaandam (NED)
2. Dekker Elise	97	08-021	1:31.98	25m	18-12-05	Alkmaar (NED)
3. van Rijn Eline	07	08-021	1:37.22	25m	13-12-15	Zaandam (NED)
4. van der Horst Wendy	72	08-021	1:38.60	25m	16-11-80	Haarlem (NED)
5. Renkema Iris	04	08-021	1:39.67	25m	9-12-12	Zaandam (NED)
6. Essers Sanne	91	08-021	1:39.71	25m	19-12-99	Wormerveer (NED)
7. van Leeuwen Andrea	71	08-021	1:41.90	25m	7-10-79	Heemskerk (NED)
8. Steenkamp Ciska	90	08-021	1:45.76	25m	17-12-98	Heemskerk (NED)
9. Copier Alyssa	04	08-021	1:47.35	25m	9-12-12	Zaandam (NED)
10. Scholten Britt	04	08-021	1:49.01	25m	9-12-12	Zaandam (NED)
11. van Perlo Carla	75	08-021	1:49.30	25m	10-4-83	Heemskerk (NED)
12. van Honk Chantal	80	08-021	1:50.20	25m	6-10-88	Heemskerk (NED)
13. de Boer Isabel	06	08-021	1:50.57	25m	14-12-14	Zaandam (NED)
14. Kleijne Daisy	89	08-021	1:51.90	25m	11-12-97	Heemskerk (NED)
15. de Haan Shira	00	08-021	1:53.21	25m	14-12-08	Zaandam (NED)
16. van Ederen Jasmijn	10	08-021	1:55.12	25m	15-2-18	Heemskerk (NED)
17. Koopman Anitra	89	08-021	1:55.80	25m	11-12-97	Heemskerk (NED)
18. Dijkstra Pascal	89	08-021	1:57.90	25m	12-10-97	Assendelft (NED)
19. Pover Ellen	72	08-021	2:09.50	25m	12-10-80	Wormerveer (NED)
20. Janssen Tess	89	08-021	2:15.40	25m	11-12-97	Heemskerk (NED)
21. Morianner Susanna	72	08-021	2:22.40	25m	8-11-80	Heemskerk (NED)

200 vrije slag

1. Stel Kaylin	01	08-021	3:23.95	25m	26-10-09	Haarlem (NED)
2. Dekker Elise	97	08-021	3:42.72	25m	23-10-05	Zaandam (NED)
3. Essers Sanne	91	08-021	4:07.54	25m	24-10-99	Zaandam (NED)
4. Steenkamp Ciska	90	08-021	4:08.20	25m	19-3-98	Heemskerk (NED)

250 vrije slag300 vrije slag

1. Stel Kaylin	01	08-021	5:27.33	25m	8-11-09	Zaandam (NED)
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400 vrije slag500 vrije slag800 vrije slag1000 vrije slag1250 vrije slag1500 vrije slag

2000 vrije slag**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Dekker Elise	97	08-021	23.11	25m	20-3-05	Heemstede (NED)
2. van Ederen Jasmijn	10	08-021	23.28	25m	13-5-18	Haarlem (NED)
3. van Perlo Ingrid	73	08-021	24.00	25m	13-12-81	Volendam (NED)
4. van der Horst Wendy	72	08-021	24.90	25m	16-3-80	Heemskerk (NED)
5. Renkema Iris	04	08-021	25.14	25m	30-9-12	Heemskerk (NED)
6. Steenkamp Ciska	90	08-021	26.30	25m	15-1-98	Heemskerk (NED)
7. Hoekstra Eline	03	08-021	26.60	25m	25-9-11	Hoornd (NED)
8. Dijkstra Pascal	89	08-021	27.00	25m	13-2-97	Heemskerk (NED)
9. Buur Naomi	01	08-021	27.16	25m	27-9-09	Hoornd (NED)
10. Wieman Lianne	03	08-021	27.64	25m	25-9-11	Hoornd (NED)
11. Pover Ellen	72	08-021	27.80	25m	16-3-80	Heemskerk (NED)
12. de Haan Shira	00	08-021	30.24	25m	29-5-08	Heemskerk (NED)
13. Essers Sanne	91	08-021	30.92	25m	25-3-99	Heemskerk (NED)
14. van den Heuvel Sandra	80	08-021	31.40	25m	31-12-88	
15. van Leeuwen Andrea	71	08-021	32.20	25m	13-10-79	Heemskerk (NED)
16. van der Veldt Sandra	72	08-021	34.00	25m	16-3-80	Heemskerk (NED)
17. Zijlstra Mariëlle	83	08-021	35.10	25m	16-5-91	Heemskerk (NED)

50 rugslag

1. Stel Kaylin	01	08-021	45.67	25m	25-10-09	Nieuwegein (NED)
2. Dekker Elise	97	08-021	47.63	25m	2-10-05	Zaandam (NED)
3. van Rijn Eline	07	08-021	51.59	25m	22-11-15	Haarlem (NED)
4. Steenkamp Ciska	90	08-021	51.69	25m	29-10-98	Heemskerk (NED)
5. Scholten Britt	04	08-021	51.94	25m	4-11-12	Heemstede (NED)
6. van Honk Chantal	80	08-021	52.00	25m	15-12-88	Heemskerk (NED)
7. Hoekstra Eline	03	08-021	53.34	25m	18-12-11	Zaandam (NED)
8. Renkema Iris	04	08-021	53.85	25m	13-12-12	Heemskerk (NED)
9. van Ederen Jasmijn	10	08-021	54.26	25m	12-4-18	Heemskerk (NED)
10. Copier Alyssa	04	08-021	54.85	25m	4-11-12	Heemstede (NED)
11. van der Horst Wendy	72	08-021	55.60	25m	28-9-80	Zaandam (NED)
12. Essers Sanne	91	08-021	55.68	25m	14-11-99	Zaandam (NED)
13. Pover Ellen	72	08-021	55.90	25m	28-9-80	Zaandam (NED)
14. Dijkstra Pascal	89	08-021	56.80	25m	13-3-97	Heemskerk (NED)
15. de Haan Shira	00	08-021	57.28	25m	23-11-08	Zaandam (NED)
16. Nobels Annita	68	08-021	57.70	25m	7-12-76	Heemskerk (NED)
17. van Perlo Ingrid	73	08-021	57.90	25m	7-11-81	Heemskerk (NED)
18. Huisman Jolanda	68	08-021	58.50	25m	7-12-76	Heemskerk (NED)
19. van den Heuvel Sandra	80	08-021	58.60	25m	14-12-88	
20. Koopman Anitra	89	08-021	58.90	25m	9-10-97	Heemskerk (NED)
21. Buur Naomi	01	08-021	59.75	25m	24-9-09	Heemskerk (NED)
22. van Giezen Corina	68	08-021	59.80	25m	7-12-76	Heemskerk (NED)
23. Teufer Irene	96	08-021	1:01.04	25m	21-11-04	Zaandam (NED)
24. de Boer Isabel	06	08-021	1:02.16	25m	14-12-14	Zaandam (NED)
25. Wieman Lianne	03	08-021	1:02.47	25m	6-11-11	Heemstede (NED)

100 rugslag

1. Stel Kaylin	01	08-021	1:36.87	25m	13-12-09	Zaandam (NED)
2. Dekker Elise	97	08-021	1:45.61	25m	9-10-05	Zaandam (NED)
3. van Rijn Eline	07	08-021	1:46.14	25m	13-12-15	Zaandam (NED)
4. Renkema Iris	04	08-021	1:49.61	25m	13-12-12	Heemskerk (NED)
5. Scholten Britt	04	08-021	1:51.93	25m	13-12-12	Heemskerk (NED)
6. Steenkamp Ciska	90	08-021	1:53.81	25m	4-10-98	Haarlem (NED)
7. Copier Alyssa	04	08-021	1:57.25	25m	9-12-12	Zaandam (NED)
8. van der Horst Wendy	72	08-021	1:59.70	25m	12-10-80	Wormerveer (NED)
9. van Perlo Ingrid	73	08-021	2:01.20	25m	28-11-81	Heemskerk (NED)
10. Pover Ellen	72	08-021	2:01.40	25m	2-11-80	Castricum (NED)
11. Hoekstra Eline	03	08-021	2:01.68	25m	17-11-11	Heemskerk (NED)
12. Essers Sanne	91	08-021	2:01.81	25m	16-12-99	Heemskerk
13. Dijkstra Pascal	89	08-021	2:02.20	25m	11-9-97	Heemskerk (NED)
14. de Boer Isabel	06	08-021	2:03.32	25m	14-12-14	Zaandam (NED)
15. Teufer Irene	96	08-021	2:06.28	25m	23-12-04	Heemskerk (NED)
16. Hoekstra Femke	05	08-021	2:08.44	25m	12-12-13	Heemskerk (NED)
17. van Leeuwen Andrea	71	08-021	2:11.60	25m	4-11-79	Zaandam (NED)
18. Koopman Anitra	89	08-021	2:16.70	25m	11-9-97	Heemskerk (NED)
19. Wieman Lianne	03	08-021	2:18.96	25m	17-11-11	Heemskerk (NED)
20. de Haan Shira	00	08-021	2:20.53	25m	25-9-08	Heemskerk (NED)
21. Rodenburg Kyra	96	08-021	2:34.59	25m	23-12-04	Heemskerk (NED)
22. Morianner Susanna	72	08-021	2:40.10	25m	4-10-80	Heemskerk (NED)
23. Dijkstra Miranda	72	08-021	2:41.20	25m	27-9-80	Heemskerk (NED)

200 rugslag**500 rugslag****25 schoolslag**

1. van der Zee Paula	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)
1. Jonker Nicole	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)
3. van Leeuwen Andrea	71	08-021	26.10	25m	15-9-79	Heemskerk (NED)
4. Steenkamp Ciska	90	08-021	26.20	25m	19-3-98	Heemskerk (NED)
5. Dijkstra Pascal	89	08-021	26.30	25m	13-3-97	Heemskerk (NED)
6. Pover Ellen	72	08-021	26.50	25m	16-3-80	Heemskerk (NED)
7. van der Horst Wendy	72	08-021	26.80	25m	10-2-80	Heerhugowaard (NED)
8. Essers Sanne	91	08-021	27.04	25m	21-11-99	Heemskerk (NED)
9. Plokker Sylvia	68	08-021	27.20	25m	14-9-76	Heemskerk (NED)
10. de Haan Shira	00	08-021	27.37	25m	13-4-08	Hoom (NED)
11. Poppema Yvonne	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)
11. Lammers Angelique	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)
13. van Ederen Jasmijn	10	08-021	27.62	25m	13-5-18	Haarlem (NED)
14. van der Leden Laura	68	08-021	28.20	25m	14-9-76	Heemskerk (NED)
15. Hoekstra Eline	03	08-021	28.50	25m	30-6-11	Heemskerk (NED)
16. Zijlstra Mariëlle	83	08-021	29.50	25m	16-5-91	Heemskerk (NED)
17. van Giezen Corina	68	08-021	29.70	25m	14-9-76	Heemskerk (NED)
18. Gravemaker Sandra	68	08-021	30.10	25m	14-9-76	Heemskerk (NED)
18. van der Veldt Sandra	72	08-021	30.10	25m	16-3-80	Heemskerk (NED)
20. Wieman Lianne	03	08-021	30.52	25m	30-6-11	Heemskerk (NED)
21. Raaymakers Marjolein	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)
22. Ververst Jacqueline	68	08-021	31.00	25m	14-9-76	Heemskerk (NED)
23. Huisman Jolanda	68	08-021	31.10	25m	30-3-76	Heemskerk (NED)
24. Welboren Carla	68	08-021	31.50	25m	30-3-76	Heemskerk (NED)
25. de Graaf Marion	72	08-021	32.90	25m	10-2-80	Heerhugowaard (NED)

50 schoolslag

1. van Honk Chantal	80	08-021	51.30	25m	15-12-88	Heemskerk (NED)
2. Teufer Irene	96	08-021	52.50	25m	21-11-04	Zaandam (NED)
3. Steenkamp Ciska	90	08-021	52.80	25m	8-11-98	Zaandam (NED)
4. Stel Kaylin	01	08-021	54.70	25m	24-10-09	Nieuwegein (NED)
5. Dijkstra Pascal	89	08-021	54.80	25m	11-9-97	Heemskerk (NED)
6. Hoekstra Eline	03	08-021	55.82	25m	20-11-11	Zaandam (NED)
7. van Rijn Eline	07	08-021	56.15	25m	11-10-15	Zaandam (NED)
8. Renkema Iris	04	08-021	56.79	25m	18-11-12	Zaandam (NED)
9. Dekker Elise	97	08-021	56.84	25m	27-11-05	Heemskerk (NED)
10. Essers Sanne	91	08-021	56.96	25m	7-11-99	Zaandam (NED)
11. de Haan Shira	00	08-021	57.09	25m	7-12-08	Zaandam (NED)
12. Zeeman Esther	74	08-021	58.60	25m	29-11-82	Heemskerk (NED)
13. van den Heuvel Sandra	80	08-021	59.40	25m	15-12-88	Heemskerk (NED)
14. Scholten Britt	04	08-021	1:00.56	25m	4-11-12	Heemstede (NED)
15. Koopman Anitra	89	08-021	1:01.00	25m	11-9-97	Heemskerk (NED)
16. Pover Ellen	72	08-021	1:01.80	25m	4-10-80	Heemskerk (NED)
17. Janssen Tess	89	08-021	1:02.70	25m	11-12-97	Heemskerk (NED)
18. de Boer Isabel	06	08-021	1:03.16	25m	16-11-14	Zaandam (NED)
19. van der Horst Wendy	72	08-021	1:03.20	25m	4-10-80	Heemskerk (NED)
20. Buur Naomi	01	08-021	1:04.18	25m	8-11-09	Heemstede (NED)

50 schoolslag (sinds 21)

21. Wieman Lianne	03	08-021	1:04.71	25m	6-11-11	Heemstede (NED)
22. van Ederen Jasmijn	10	08-021	1:05.15	25m	15-2-18	Heemskerk (NED)
23. Zijlstra Mariëlle	83	08-021	1:05.40	25m	13-6-91	Heemskerk (NED)
24. Rodenburg Kyra	96	08-021	1:06.64	25m	23-12-04	Heemskerk (NED)
25. Morianner Susanna	72	08-021	1:06.80	25m	4-10-80	Heemskerk (NED)

100 schoolslag

1. van Leeuwen Andrea	71	08-021	1:51.60	25m	25-11-79	Heemskerk (NED)
2. Steenkamp Ciska	90	08-021	1:54.20	25m	29-10-98	Heemskerk (NED)
3. Stel Kaylin	01	08-021	1:54.56	25m	19-11-09	Heemskerk (NED)
4. Teufer Irene	96	08-021	1:57.67	25m	28-10-04	Heemskerk (NED)
5. van Rijn Eline	07	08-021	2:00.80	25m	11-10-15	Zaandam (NED)
6. Dijkstra Pascal	89	08-021	2:01.00	25m	14-12-97	Zaandam (NED)
7. van der Horst Wendy	72	08-021	2:02.50	25m	21-9-80	Heemskerk (NED)
7. de Haan Shira	00	08-021	2:02.50	25m	12-10-08	Zaandam (NED)
9. Essers Sanne	91	08-021	2:03.63	25m	19-12-99	Wormerveer (NED)
10. Pover Ellen	72	08-021	2:03.70	25m	21-9-80	Heemskerk (NED)
11. Renkema Iris	04	08-021	2:04.38	25m	2-12-12	Amstelveen (NED)
12. Koopman Anitra	89	08-021	2:07.20	25m	9-10-97	Heemskerk (NED)
13. Dekker Elise	97	08-021	2:08.23	25m	18-12-05	Alkmaar (NED)
14. Kleijne Daisy	89	08-021	2:08.90	25m	9-10-97	Heemskerk (NED)
15. Hoekstra Eline	03	08-021	2:10.63	25m	6-10-11	Heemskerk (NED)
16. Buur Naomi	01	08-021	2:12.45	25m	19-11-09	Heemskerk (NED)
17. Morianner Susanna	72	08-021	2:16.80	25m	13-12-80	Heemskerk (NED)
18. Rodenburg Kyra	96	08-021	2:17.17	25m	28-10-04	Heemskerk (NED)
19. Hoekstra Femke	05	08-021	2:17.26	25m	31-10-13	Heemskerk (NED)
20. van Perlo Ingrid	73	08-021	2:19.20	25m	7-11-81	Heemskerk (NED)
21. Wieman Lianne	03	08-021	2:23.37	25m	6-10-11	Heemskerk (NED)

200 schoolslag500 schoolslag800 schoolslag1000 schoolslag1250 schoolslag1500 schoolslag2000 schoolslag2500 schoolslag3000 schoolslag

4000 schoolslag**5000 schoolslag****25 vlinderslag**

1. Scholten Britt	04	08-021	25.32	25m	13-12-12	Heemskerk (NED)
2. Renkema Iris	04	08-021	26.00	25m	13-12-12	Heemskerk (NED)
3. Hoekstra Eline	03	08-021	26.11	25m	17-11-11	Heemskerk (NED)
4. Dijkstra Pascal	89	08-021	26.40	25m	13-2-97	Heemskerk (NED)
5. Steenkamp Ciska	90	08-021	28.36	25m	4-10-98	Haarlem (NED)
6. Zijlstra Mariëlle	83	08-021	29.00	25m	16-5-91	Heemskerk (NED)
7. de Boer Isabel	06	08-021	29.23	25m	30-10-14	Heemskerk (NED)
8. Essers Sanne	91	08-021	34.78	25m	25-3-99	Heemskerk (NED)
9. Wieman Lianne	03	08-021	56.81	25m	17-11-11	Heemskerk (NED)

50 vlinderslag

1. Dekker Elise	97	08-021	51.84	25m	15-12-05	Heemskerk (NED)
2. Stel Kaylin	01	08-021	55.54	25m	25-10-09	Nieuwegein (NED)
3. van Honk Chantal	80	08-021	56.40	25m	14-12-88	
4. van Leeuwen Andrea	71	08-021	58.10	25m	2-12-79	Zaandam (NED)
5. van der Horst Wendy	72	08-021	1:02.10	25m	4-10-80	Heemskerk (NED)
6. Kleijne Daisy	89	08-021	1:04.00	25m	11-12-97	Heemskerk (NED)
7. Essers Sanne	91	08-021	1:04.19	25m	25-11-99	Heemskerk
8. van den Heuvel Sandra	80	08-021	1:04.80	25m	14-12-88	
8. Dijkstra Pascal	89	08-021	1:04.80	25m	14-12-97	Zaandam (NED)
10. Steenkamp Ciska	90	08-021	1:06.95	25m	17-12-98	Heemskerk (NED)
11. van Rijn Eline	07	08-021	1:06.97	25m	11-10-15	Zaandam (NED)
12. Renkema Iris	04	08-021	1:09.77	25m	7-10-12	Zaandam (NED)
13. Pover Ellen	72	08-021	1:10.60	25m	4-10-80	Heemskerk (NED)
14. de Haan Shira	00	08-021	1:10.97	25m	30-10-08	Heemskerk (NED)
15. Morianner Susanna	72	08-021	1:22.70	25m	22-11-80	Heemskerk (NED)

100 vlinderslag**200 vlinderslag****1000 vlinderslag****100 wisselslag**

1. Stel Kaylin	01	08-021	1:45.97	25m	19-11-09	Heemskerk (NED)
2. Dekker Elise	97	08-021	1:48.28	25m	18-12-05	Alkmaar (NED)
3. van der Horst Wendy	72	08-021	1:55.50	25m	19-10-80	Heemskerk (NED)
4. van Perlo Carla	75	08-021	1:56.50	25m	11-12-83	Heemskerk (NED)
5. Steenkamp Ciska	90	08-021	1:59.11	25m	20-12-98	Alkmaar (NED)
6. de Haan Shira	00	08-021	1:59.60	25m	7-12-08	Zaandam (NED)
7. van Leeuwen Andrea	71	08-021	2:00.50	25m	8-12-79	Heemskerk (NED)
8. Essers Sanne	91	08-021	2:00.54	25m	21-11-99	Heemskerk (NED)
9. Kleijne Daisy	89	08-021	2:03.10	25m	6-11-97	Heemskerk (NED)
10. Dijkstra Pascal	89	08-021	2:08.00	25m	6-11-97	Heemskerk (NED)

100 wisselslag (sinds 11)

11. van Honk Chantal	80	08-021	2:09.30	25m	31-12-88	
12. van Perlo Ingrid	73	08-021	2:09.40	25m	28-11-81	Heemskerk (NED)
13. Koopman Anitra	89	08-021	2:09.90	25m	6-11-97	Heemskerk (NED)
14. Morianner Susanna	72	08-021	2:19.50	25m	13-12-80	Heemskerk (NED)
15. Pover Ellen	72	08-021	2:23.00	25m	8-11-80	Heemskerk (NED)
16. van den Heuvel Sandra	80	08-021	2:33.90	25m	31-12-88	
17. Dijkstra Miranda	72	08-021	3:04.40	25m	27-9-80	Heemskerk (NED)

200 wisselslag

1. Dekker Elise	97	08-021	3:57.54	25m	30-1-05	Zaandam (NED)
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300 wisselslag**400 wisselslag**