

20 - 24 jaar, Dames

1-1-1900-31-7-2018

**25 vrije slag**

|                         |    |        |       |     |          |                 |
|-------------------------|----|--------|-------|-----|----------|-----------------|
| 1. Meijer Sylvia        | 81 | 08-021 | 13.74 | 25m | 29-3-01  | Heemskerk (NED) |
| 2. Hoek Daniëlle        | 88 | 08-021 | 14.12 | 25m | 30-6-11  | Heemskerk (NED) |
| 3. Kramer Miranda       | 80 | 08-021 | 14.34 | 25m | 4-5-00   | Heemskerk (NED) |
| 4. van Rookhuizen Sieta | 79 | 08-021 | 14.35 | 25m | 4-5-00   | Heemskerk (NED) |
| 5. Stins Mariska        | 84 | 08-021 | 14.42 | 25m | 29-5-08  | Heemskerk (NED) |
| 6. Visser Kelly         | 89 | 08-021 | 14.45 | 25m | 23-10-10 | Emmeloord (NED) |
| 7. Kleijne Daisy        | 89 | 08-021 | 14.50 | 25m | 30-6-11  | Heemskerk (NED) |
| 8. Crok Annemarie       | 89 | 08-021 | 14.65 | 25m | 30-6-11  | Heemskerk (NED) |
| 9. Palmboom Nicole      | 91 | 08-021 | 14.68 | 25m | 30-6-11  | Heemskerk (NED) |
| 10. Heus Pauline        | 78 | 08-021 | 14.94 | 25m | 4-5-00   | Heemskerk (NED) |
| 11. Deiman Caroline     | 67 | 08-021 | 15.40 | 25m | 12-1-89  | Heemskerk (NED) |
| 12. ten Cate Joyce      | 80 | 08-021 | 16.19 | 25m | 4-5-00   | Heemskerk (NED) |
| 13. de Ruijter Linda    | 87 | 08-021 | 16.51 | 25m | 19-4-07  | Heemskerk (NED) |
| 14. ten Cate Ilona      | 85 | 08-021 | 17.14 | 25m | 27-4-06  | Heemskerk       |
| 15. Huneker Jolanda     | 79 | 08-021 | 17.27 | 25m | 4-5-00   | Heemskerk (NED) |

**50 vrije slag**

|                           |    |        |       |     |          |                  |
|---------------------------|----|--------|-------|-----|----------|------------------|
| 1. Schelvis Femke         | 84 | 08-021 | 27.68 | 25m | 7-11-04  | Ijmuiden (NED)   |
| 2. Broek Jade             | 97 | 08-021 | 28.75 | 25m | 11-11-17 | Hoofddorp (NED)  |
| 3. Groen Anne             | 95 | 08-021 | 28.77 | 25m | 13-10-16 | Heemskerk (NED)  |
| 4. Hoek Daniëlle          | 88 | 08-021 | 29.51 | 25m | 11-4-10  | Zaandam (NED)    |
| 5. Kleijne Daisy          | 89 | 08-021 | 29.57 | 25m | 13-4-09  | Haarlem (NED)    |
| 6. Crok Linda             | 94 | 08-021 | 29.61 | 25m | 13-10-16 | Heemskerk (NED)  |
| 7. van der Kroft Nicole   | 84 | 08-021 | 30.06 | 25m | 29-1-04  | Heemskerk (NED)  |
| 8. Crok Annemarie         | 89 | 08-021 | 30.36 | 25m | 1-4-12   | Zaandam (NED)    |
| 9. Palmboom Nicole        | 91 | 08-021 | 30.43 | 25m | 3-4-11   | Zaandam (NED)    |
| 10. van der Gracht Anouk  | 89 | 08-021 | 30.65 | 50m | 25-5-13  | Beverwijk (NED)  |
| 11. Stins Mariska         | 84 | 08-021 | 30.76 | 25m | 9-3-08   | Heemskerk (NED)  |
| 12. Visser Kelly          | 89 | 08-021 | 30.78 | 25m | 11-10-12 | Heemskerk (NED)  |
| 13. Kramer Miranda        | 80 | 08-021 | 30.92 | 25m | 25-10-01 | Heemskerk        |
| 14. Verbree Bets          | 63 | 08-021 | 31.10 | 25m | 11-12-83 | Heemskerk (NED)  |
| 15. Mallon Danique        | 94 | 08-021 | 31.23 | 25m | 12-3-17  | Purmerend (NED)  |
| 16. van Rookhuizen Sieta  | 79 | 08-021 | 31.36 | 25m | 4-11-99  | Heemskerk (NED)  |
| 17. Butter Anouk          | 82 | 08-021 | 31.39 | 25m | 25-9-05  | Etten-Leur (NED) |
| 18. ten Bokkel Henrieke   | 94 | 08-021 | 31.82 | 25m | 17-5-18  | Heemskerk (NED)  |
| 19. van Ballegooie Simone | 84 | 08-021 | 31.92 | 25m | 29-1-04  | Heemskerk (NED)  |
| 20. Heus Pauline          | 78 | 08-021 | 33.04 | 25m | 11-10-98 | Alkmaar (NED)    |
| 21. Vink Marjolein        | 93 | 08-021 | 33.20 | 25m | 11-5-17  | Heemskerk (NED)  |
| 22. Deiman Caroline       | 67 | 08-021 | 33.40 | 25m | 13-12-89 |                  |
| 23. Peters Yvonne         | 63 | 08-021 | 33.90 | 25m | 11-12-83 | Heemskerk (NED)  |
| 24. van Giezen Sandra     | 63 | 08-021 | 34.30 | 25m | 23-9-84  | Heemskerk (NED)  |
| 25. de Ruijter Linda      | 87 | 08-021 | 34.48 | 25m | 30-9-10  | Heemskerk (NED)  |

**100 vrije slag**

|                           |    |        |         |     |          |                          |
|---------------------------|----|--------|---------|-----|----------|--------------------------|
| 1. Schelvis Femke         | 84 | 08-021 | 59.32   | 25m | 9-1-05   | Zuidoost Beemster (NED)  |
| 2. Broek Jade             | 97 | 08-021 | 1:01.74 | 25m | 18-11-17 | Hoofddorp (NED)          |
| 3. Groen Anne             | 95 | 08-021 | 1:02.91 | 25m | 18-12-16 | Heemskerk (NED)          |
| 4. Crok Linda             | 94 | 08-021 | 1:03.21 | 25m | 19-1-14  | Zaandam (NED)            |
| 5. van der Kroft Nicole   | 84 | 08-021 | 1:05.00 | 25m | 14-3-04  | Zaandam                  |
| 6. Crok Annemarie         | 89 | 08-021 | 1:05.34 | 25m | 27-11-11 | Heemskerk (NED)          |
| 7. Hoek Daniëlle          | 88 | 08-021 | 1:05.39 | 25m | 10-5-09  | Purmerend (NED)          |
| 8. Meijer Sylvia          | 81 | 08-021 | 1:05.54 | 25m | 15-4-01  | Haarlem (NED)            |
| 9. Kleijne Daisy          | 89 | 08-021 | 1:05.59 | 25m | 29-11-09 | Heemskerk (NED)          |
| 10. Palmboom Nicole       | 91 | 08-021 | 1:05.86 | 25m | 16-1-11  | Zaandam (NED)            |
| 11. ten Bokkel Henriëke   | 94 | 08-021 | 1:06.47 | 25m | 17-5-18  | Heemskerk (NED)          |
| 12. Visser Kelly          | 89 | 08-021 | 1:06.57 | 25m | 28-10-12 | Amsterdam-Zuidoost (NED) |
| 13. Stins Mariska         | 84 | 08-021 | 1:06.83 | 25m | 11-4-04  | Haarlem                  |
| 14. Kramer Miranda        | 80 | 08-021 | 1:07.43 | 25m | 15-4-01  | Haarlem (NED)            |
| 15. van der Gracht Anouk  | 89 | 08-021 | 1:07.45 | 25m | 25-4-13  | Heemskerk (NED)          |
| 16. Butter Anouk          | 82 | 08-021 | 1:08.85 | 25m | 28-11-04 | Heemskerk (NED)          |
| 17. van Rookhuizen Sieta  | 79 | 08-021 | 1:09.10 | 25m | 12-3-00  | Heemskerk (NED)          |
| 18. Mallon Danique        | 94 | 08-021 | 1:09.20 | 25m | 12-2-17  | Purmerend (NED)          |
| 19. van Ballegooie Simone | 84 | 08-021 | 1:11.74 | 25m | 14-3-04  | Zaandam                  |
| 20. Hulshof Saskia        | 73 | 08-021 | 1:11.80 | 25m | 12-12-93 | Heemskerk (NED)          |
| 21. Heus Pauline          | 78 | 08-021 | 1:12.70 | 25m | 8-3-98   | Zaandam (NED)            |
| 22. Vink Marjolein        | 93 | 08-021 | 1:13.57 | 25m | 11-5-17  | Heemskerk (NED)          |
| 23. Peters Yvonne         | 63 | 08-021 | 1:15.10 | 25m | 20-12-86 | Hilversum (NED)          |
| 24. de Ruijter Linda      | 87 | 08-021 | 1:15.90 | 25m | 25-9-08  | Heemskerk (NED)          |
| 25. ten Cate Ilona        | 85 | 08-021 | 1:16.11 | 25m | 16-4-06  | Haarlem (NED)            |

**200 vrije slag**

|                          |    |        |         |     |          |                  |
|--------------------------|----|--------|---------|-----|----------|------------------|
| 1. Schelvis Femke        | 84 | 08-021 | 2:08.52 | 25m | 12-6-04  | Zuidbroek (NED)  |
| 2. Groen Anne            | 95 | 08-021 | 2:17.96 | 25m | 13-11-16 | Purmerend (NED)  |
| 3. Crok Linda            | 94 | 08-021 | 2:19.31 | 25m | 15-11-15 | Purmerend (NED)  |
| 4. Broek Jade            | 97 | 08-021 | 2:19.56 | 25m | 12-11-17 | Hoofddorp (NED)  |
| 5. Hoek Daniëlle         | 88 | 08-021 | 2:20.46 | 25m | 22-3-12  | Heemskerk (NED)  |
| 6. Crok Annemarie        | 89 | 08-021 | 2:25.47 | 25m | 13-11-11 | Zaandam (NED)    |
| 7. van der Gracht Anouk  | 89 | 08-021 | 2:25.87 | 25m | 8-12-13  | Amstelveen (NED) |
| 8. Kleijne Daisy         | 89 | 08-021 | 2:26.27 | 25m | 15-11-09 | Haarlem (NED)    |
| 9. Palmboom Nicole       | 91 | 08-021 | 2:28.22 | 25m | 22-3-12  | Heemskerk (NED)  |
| 10. Stins Mariska        | 84 | 08-021 | 2:28.53 | 25m | 31-5-07  | Heemskerk (NED)  |
| 11. Visser Kelly         | 89 | 08-021 | 2:29.26 | 25m | 11-11-12 | Schagen (NED)    |
| 12. Verbree Bets         | 63 | 08-021 | 2:29.50 | 25m | 6-2-83   |                  |
| 13. Kramer Miranda       | 80 | 08-021 | 2:31.59 | 25m | 9-11-03  | Zaandam          |
| 14. van Rookhuizen Sieta | 79 | 08-021 | 2:32.75 | 25m | 19-11-00 | Zaandam (NED)    |
| 15. Butter Anouk         | 82 | 08-021 | 2:34.05 | 25m | 13-1-02  | Zaandam          |
| 16. Meijer Sylvia        | 81 | 08-021 | 2:37.84 | 25m | 25-1-01  | Heemskerk (NED)  |
| 17. Heus Pauline         | 78 | 08-021 | 2:42.20 | 25m | 5-4-98   | Heemskerk (NED)  |
| 18. ten Cate Ilona       | 85 | 08-021 | 2:43.01 | 25m | 27-11-05 | Heemskerk (NED)  |
| 19. van der Kroft Nicole | 84 | 08-021 | 2:43.06 | 50m | 25-4-04  | Beverwijk (NED)  |
| 20. ten Cate Joyce       | 80 | 08-021 | 2:48.82 | 25m | 25-4-02  | Heemskerk        |
| 21. Deiman Caroline      | 67 | 08-021 | 2:51.10 | 25m | 5-10-89  | Heemskerk (NED)  |
| 22. Peters Yvonne        | 63 | 08-021 | 2:54.00 | 25m | 12-2-84  | Heemskerk (NED)  |
| 23. Huneke Jolanda       | 79 | 08-021 | 2:55.11 | 25m | 17-1-99  | Heemskerk (NED)  |
| 24. van Giezen Sandra    | 63 | 08-021 | 2:58.10 | 25m | 12-2-84  | Heemskerk (NED)  |
| 25. Pover Karin          | 67 | 08-021 | 2:59.50 | 25m | 29-11-87 | Amstelveen (NED) |

**250 vrije slag****300 vrije slag**

|                         |    |        |         |     |          |                 |
|-------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Schelvis Femke       | 84 | 08-021 | 3:27.55 | 25m | 17-12-04 | Drachten (NED)  |
| 2. Crok Linda           | 94 | 08-021 | 3:47.91 | 25m | 4-10-15  | Purmerend (NED) |
| 3. van der Gracht Anouk | 89 | 08-021 | 3:52.29 | 25m | 18-5-13  | Purmerend (NED) |
| 4. Groen Anne           | 95 | 08-021 | 3:52.31 | 25m | 4-10-15  | Purmerend (NED) |
| 5. Stins Mariska        | 84 | 08-021 | 4:01.45 | 25m | 29-4-04  | Heemskerk (NED) |
| 6. Kleijne Daisy        | 89 | 08-021 | 4:01.48 | 25m | 8-11-09  | Zaandam (NED)   |
| 7. Butter Anouk         | 82 | 08-021 | 4:14.06 | 25m | 29-4-04  | Heemskerk (NED) |
| 8. ten Cate Ilona       | 85 | 08-021 | 4:25.58 | 25m | 18-5-06  | Heemskerk (NED) |
| 9. ten Cate Joyce       | 80 | 08-021 | 4:36.25 | 25m | 29-4-04  | Heemskerk (NED) |

**400 vrije slag**

|                         |    |        |         |     |          |                      |
|-------------------------|----|--------|---------|-----|----------|----------------------|
| 1. Schelvis Femke       | 84 | 08-021 | 4:32.44 | 25m | 14-11-04 | Heemskerk (NED)      |
| 2. Groen Anne           | 95 | 08-021 | 5:01.68 | 25m | 1-10-17  | Purmerend (NED)      |
| 3. Crok Linda           | 94 | 08-021 | 5:02.24 | 25m | 2-10-16  | Purmerend (NED)      |
| 4. Kleijne Daisy        | 89 | 08-021 | 5:10.82 | 25m | 4-10-09  | Amsterdam-oost (NED) |
| 5. van der Gracht Anouk | 89 | 08-021 | 5:11.14 | 25m | 18-5-13  | Purmerend (NED)      |
| 6. Hoek Daniëlle        | 88 | 08-021 | 5:16.44 | 25m | 4-10-09  | Amsterdam-oost (NED) |
| 7. Verbree Bets         | 63 | 08-021 | 5:21.20 | 25m | 27-2-83  | Assendelft (NED)     |
| 8. van Rookhuizen Sieta | 79 | 08-021 | 5:26.92 | 25m | 28-2-99  | Zaandam (NED)        |
| 9. Stins Mariska        | 84 | 08-021 | 5:27.68 | 25m | 29-4-04  | Heemskerk (NED)      |
| 10. Kramer Miranda      | 80 | 08-021 | 5:29.78 | 25m | 31-5-01  | Heemskerk (NED)      |
| 11. Butter Anouk        | 82 | 08-021 | 5:42.01 | 25m | 29-4-04  | Heemskerk (NED)      |
| 12. ten Cate Ilona      | 85 | 08-021 | 5:47.08 | 25m | 28-4-05  | Heemskerk (NED)      |
| 13. Heus Pauline        | 78 | 08-021 | 5:56.37 | 25m | 30-5-02  | Heemskerk            |
| 14. ten Cate Joyce      | 80 | 08-021 | 6:01.34 | 25m | 30-5-02  | Heemskerk            |
| 15. Pover Karin         | 67 | 08-021 | 6:06.90 | 25m | 22-3-87  | Heerhugowaard (NED)  |
| 16. Deiman Caroline     | 67 | 08-021 | 6:11.80 | 25m | 19-3-89  | Zaandam (NED)        |
| 17. Peters Yvonne       | 63 | 08-021 | 6:18.00 | 25m | 27-2-83  | Assendelft (NED)     |
| 18. Huneker Jolanda     | 79 | 08-021 | 6:40.16 | 25m | 25-5-00  | Heemskerk (NED)      |

**500 vrije slag****800 vrije slag**

|                         |    |        |          |     |          |                 |
|-------------------------|----|--------|----------|-----|----------|-----------------|
| 1. Schelvis Femke       | 84 | 08-021 | 10:17.25 | 25m | 14-11-04 | Heemskerk (NED) |
| 2. Kleijne Daisy        | 89 | 08-021 | 10:53.16 | 25m | 1-3-09   | Zaandam (NED)   |
| 3. van Rookhuizen Sieta | 79 | 08-021 | 11:09.72 | 25m | 28-2-99  | Zaandam (NED)   |
| 4. Kramer Miranda       | 80 | 08-021 | 11:32.29 | 25m | 16-9-01  | Zaandam (NED)   |
| 5. Butter Anouk         | 82 | 08-021 | 11:51.92 | 25m | 17-10-04 | Zaandam (NED)   |

**1000 vrije slag**

|                         |    |        |          |    |         |                  |
|-------------------------|----|--------|----------|----|---------|------------------|
| 1. Crok Annemarie       | 89 | 08-021 | 14:53.23 | OW | 25-7-10 | Langedijk (NED)  |
| 2. van der Gracht Anouk | 89 | 08-021 | 14:55.47 | OW | 5-7-09  | Bodegraven (NED) |
| 3. Kleijne Daisy        | 89 | 08-021 | 14:59.73 | OW | 5-7-09  | Bodegraven (NED) |
| 4. Butter Anouk         | 82 | 08-021 | 15:59.15 | OW | 11-6-05 | Gorinchem (NED)  |

**1250 vrije slag**

**1500 vrije slag**

|                         |    |        |          |     |          |                     |
|-------------------------|----|--------|----------|-----|----------|---------------------|
| 1. Schelvis Femke       | 84 | 08-021 | 19:37.50 | 25m | 14-11-04 | Heemskerk (NED)     |
| 2. Kleijne Daisy        | 89 | 08-021 | 20:38.23 | 25m | 1-3-09   | Zaandam (NED)       |
| 3. Kramer Miranda       | 80 | 08-021 | 21:44.13 | 25m | 11-2-01  | Zaandam (NED)       |
| 4. van Rookhuizen Sieta | 79 | 08-021 | 22:21.97 | 25m | 23-1-00  | Heemskerk (NED)     |
| 5. Butter Anouk         | 82 | 08-021 | 23:04.38 | 25m | 14-11-04 | Heemskerk (NED)     |
| 6. van der Gracht Anouk | 89 | 08-021 | 23:28.37 | OW  | 24-7-10  | Anna-Paulowna (NED) |

**2000 vrije slag**

|                         |    |        |          |     |         |                      |
|-------------------------|----|--------|----------|-----|---------|----------------------|
| 1. Schelvis Femke       | 84 | 08-021 | 26:01.09 | 25m | 7-3-04  | Zaandam              |
| 2. Kleijne Daisy        | 89 | 08-021 | 27:32.48 | 25m | 1-3-09  | Zaandam (NED)        |
| 3. Kramer Miranda       | 80 | 08-021 | 29:04.76 | 25m | 11-2-01 | Zaandam (NED)        |
| 4. van der Gracht Anouk | 89 | 08-021 | 29:22.21 | OW  | 4-9-10  | Wilhelminadorp (NED) |
| 5. van Rookhuizen Sieta | 79 | 08-021 | 29:42.03 | 25m | 5-3-00  | Zaandam (NED)        |
| 6. Butter Anouk         | 82 | 08-021 | 30:35.49 | OW  | 20-6-04 | Spaarnwoude (NED)    |
| 7. Crok Annemarie       | 89 | 08-021 | 31:18.88 | OW  | 21-6-09 | Spaarnwoude (NED)    |

**2500 vrije slag**

|                         |    |        |          |    |         |                   |
|-------------------------|----|--------|----------|----|---------|-------------------|
| 1. Schelvis Femke       | 84 | 08-021 | 33:53.31 | OW | 26-6-04 | Scheerwolde (NED) |
| 2. van der Gracht Anouk | 89 | 08-021 | 39:11.50 | OW | 4-7-09  | Oss (NED)         |
| 3. Butter Anouk         | 82 | 08-021 | 42:59.56 | OW | 10-7-04 | Oss (NED)         |

**3000 vrije slag**

|                         |    |        |          |    |         |                   |
|-------------------------|----|--------|----------|----|---------|-------------------|
| 1. Schelvis Femke       | 84 | 08-021 | 42:18.93 | OW | 19-6-04 | Vriezenveen (NED) |
| 2. van der Gracht Anouk | 89 | 08-021 | 48:05.75 | OW | 29-8-09 | Tilburg (NED)     |

**4000 vrije slag****5000 vrije slag**

|                         |    |        |            |    |         |                   |
|-------------------------|----|--------|------------|----|---------|-------------------|
| 1. Schelvis Femke       | 84 | 08-021 | 1:10:50.81 | OW | 4-7-04  | Sluis (NED)       |
| 2. van der Gracht Anouk | 89 | 08-021 | 1:23:35.85 | OW | 21-6-09 | Spaarnwoude (NED) |

**6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag**

**25 rugslag**

|                         |    |        |       |     |          |                   |
|-------------------------|----|--------|-------|-----|----------|-------------------|
| 1. Stins Mariska        | 84 | 08-021 | 16.86 | 25m | 19-4-07  | Heemskerk (NED)   |
| 2. Kramer Miranda       | 80 | 08-021 | 16.88 | 25m | 22-2-01  | Heemskerk (NED)   |
| 3. Hoek Daniëlle        | 88 | 08-021 | 17.26 | 25m | 29-5-08  | Heemskerk (NED)   |
| 4. Visser Kelly         | 89 | 08-021 | 17.62 | 25m | 21-11-10 | Almere-Stad (NED) |
| 5. Deiman Caroline      | 67 | 08-021 | 18.20 | 25m | 12-1-89  | Heemskerk (NED)   |
| 5. Heus Pauline         | 78 | 08-021 | 18.20 | 25m | 15-1-98  | Heemskerk (NED)   |
| 7. van Rookhuizen Sieta | 79 | 08-021 | 18.57 | 25m | 25-3-99  | Heemskerk (NED)   |
| 8. ten Cate Joyce       | 80 | 08-021 | 19.37 | 25m | 17-2-00  | Heemskerk (NED)   |
| 9. de Ruijter Linda     | 87 | 08-021 | 19.42 | 25m | 19-4-07  | Heemskerk (NED)   |
| 10. ten Cate Ilona      | 85 | 08-021 | 20.95 | 25m | 27-4-06  | Heemskerk         |

**50 rugslag**

|                          |    |        |       |     |          |                         |
|--------------------------|----|--------|-------|-----|----------|-------------------------|
| 1. Broek Jade            | 97 | 08-021 | 31.43 | 25m | 1-10-17  | Purmerend (NED)         |
| 2. Schelvis Femke        | 84 | 08-021 | 33.29 | 25m | 28-10-04 | Heemskerk (NED)         |
| 3. Kleijne Daisy         | 89 | 08-021 | 33.68 | 25m | 6-12-09  | Zaandam (NED)           |
| 4. Groen Anne            | 95 | 08-021 | 34.04 | 25m | 2-10-16  | Purmerend (NED)         |
| 5. ten Bokkel Henriëke   | 94 | 08-021 | 34.33 | 25m | 12-4-18  | Heemskerk (NED)         |
| 6. Crok Linda            | 94 | 08-021 | 35.00 | 25m | 30-1-14  | Heemskerk (NED)         |
| 7. Kramer Miranda        | 80 | 08-021 | 35.31 | 25m | 18-3-01  | Zaandam (NED)           |
| 8. Stins Mariska         | 84 | 08-021 | 35.57 | 25m | 15-5-05  | Zuidoost-Beemster (NED) |
| 9. Palmboom Nicole       | 91 | 08-021 | 35.65 | 25m | 9-2-12   | Heemskerk (NED)         |
| 10. van der Gracht Anouk | 89 | 08-021 | 35.78 | 25m | 18-5-13  | Purmerend (NED)         |
| 11. Meijer Sylvia        | 81 | 08-021 | 35.80 | 25m | 25-1-01  | Heemskerk (NED)         |
| 12. Mallon Danique       | 94 | 08-021 | 35.86 | 25m | 16-3-17  | Heemskerk (NED)         |
| 13. Hoek Daniëlle        | 88 | 08-021 | 36.09 | 25m | 3-3-11   | Heemskerk (NED)         |
| 14. Crok Annemarie       | 89 | 08-021 | 36.75 | 25m | 9-2-12   | Heemskerk (NED)         |
| 15. Butter Anouk         | 82 | 08-021 | 37.87 | 25m | 7-11-04  | Ijmuiden (NED)          |
| 16. Visser Kelly         | 89 | 08-021 | 38.06 | 25m | 22-3-12  | Heemskerk (NED)         |
| 17. Hulshof Saskia       | 73 | 08-021 | 38.10 | 25m | 4-2-93   | Heemskerk (NED)         |
| 18. Heus Pauline         | 78 | 08-021 | 39.10 | 25m | 22-3-98  | Assendelft (NED)        |
| 19. Deiman Caroline      | 67 | 08-021 | 39.30 | 25m | 10-1-91  | Heemskerk (NED)         |
| 20. ten Cate Joyce       | 80 | 08-021 | 39.60 | 25m | 27-1-00  | Heemskerk (NED)         |
| 21. van Rookhuizen Sieta | 79 | 08-021 | 39.70 | 25m | 14-11-99 | Zaandam (NED)           |
| 22. de Ruijter Linda     | 87 | 08-021 | 40.56 | 25m | 3-3-11   | Heemskerk (NED)         |
| 23. ten Cate Ilona       | 85 | 08-021 | 41.62 | 25m | 23-4-06  | Zaandam (NED)           |
| 24. van Eif Lia          | 60 | 08-021 | 43.80 | 25m | 16-3-80  | Heemskerk (NED)         |

**100 rugslag**

|                          |    |        |         |     |          |                 |
|--------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Broek Jade            | 97 | 08-021 | 1:07.20 | 25m | 8-10-17  | Alkmaar (NED)   |
| 2. Schelvis Femke        | 84 | 08-021 | 1:09.10 | 25m | 28-11-04 | Heemskerk (NED) |
| 3. Kleijne Daisy         | 89 | 08-021 | 1:12.92 | 25m | 15-3-09  | Haarlem (NED)   |
| 4. Groen Anne            | 95 | 08-021 | 1:13.36 | 25m | 15-1-17  | Alkmaar (NED)   |
| 5. Crok Linda            | 94 | 08-021 | 1:13.87 | 25m | 17-11-16 | Heemskerk (NED) |
| 6. Kramer Miranda        | 80 | 08-021 | 1:15.72 | 25m | 16-4-01  | Haarlem (NED)   |
| 7. Crok Annemarie        | 89 | 08-021 | 1:16.44 | 25m | 17-11-11 | Heemskerk (NED) |
| 8. Meijer Sylvia         | 81 | 08-021 | 1:16.51 | 25m | 29-3-01  | Heemskerk (NED) |
| 9. Hoek Daniëlle         | 88 | 08-021 | 1:16.53 | 25m | 11-3-12  | Zaandam (NED)   |
| 10. Stins Mariska        | 84 | 08-021 | 1:16.69 | 25m | 26-2-04  | Heemskerk (NED) |
| 11. Palmboom Nicole      | 91 | 08-021 | 1:17.43 | 25m | 17-11-11 | Heemskerk (NED) |
| 12. Groot Tineke         | 60 | 08-021 | 1:18.30 | 25m | 27-1-80  | Zaandam (NED)   |
| 13. van der Gracht Anouk | 89 | 08-021 | 1:18.90 | 25m | 21-4-13  | Heemskerk (NED) |

100 rugslag (sinds 14)

|                          |    |        |         |     |          |                 |
|--------------------------|----|--------|---------|-----|----------|-----------------|
| 14. Verbree Bets         | 63 | 08-021 | 1:19.70 | 25m | 10-4-83  | Heemskerk (NED) |
| 15. Pover Karin          | 67 | 08-021 | 1:19.90 | 25m | 4-10-87  | Zaandam (NED)   |
| 16. Visser Kelly         | 89 | 08-021 | 1:20.89 | 25m | 11-11-12 | Schagen (NED)   |
| 17. Mallon Danique       | 94 | 08-021 | 1:20.96 | 25m | 18-1-18  | Heemskerk (NED) |
| 18. van der Kroft Nicole | 84 | 08-021 | 1:21.44 | 25m | 26-2-04  | Heemskerk (NED) |
| 19. Butter Anouk         | 82 | 08-021 | 1:21.54 | 25m | 26-2-04  | Heemskerk (NED) |
| 20. Heus Pauline         | 78 | 08-021 | 1:21.90 | 25m | 17-5-98  | Heemskerk (NED) |
| 21. Deiman Caroline      | 67 | 08-021 | 1:24.90 | 25m | 18-2-89  |                 |
| 22. ten Cate Joyce       | 80 | 08-021 | 1:25.11 | 25m | 4-5-00   | Heemskerk (NED) |
| 23. Krouwels Tanja       | 79 | 08-021 | 1:25.89 | 25m | 7-3-99   | Zaandam (NED)   |
| 24. de Ruijter Linda     | 87 | 08-021 | 1:26.18 | 25m | 17-11-11 | Heemskerk (NED) |
| 25. van Rookhuizen Sieta | 79 | 08-021 | 1:27.63 | 25m | 7-3-99   | Zaandam (NED)   |

200 rugslag

|                           |    |        |         |     |          |                 |
|---------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Broek Jade             | 97 | 08-021 | 2:31.31 | 25m | 4-2-18   | Purmerend (NED) |
| 2. Schelvis Femke         | 84 | 08-021 | 2:32.47 | 25m | 23-12-04 | Heemskerk (NED) |
| 3. Groen Anne             | 95 | 08-021 | 2:36.81 | 25m | 12-2-17  | Purmerend (NED) |
| 4. Kleijne Daisy          | 89 | 08-021 | 2:40.67 | 25m | 31-5-09  | Purmerend (NED) |
| 5. Crok Linda             | 94 | 08-021 | 2:41.34 | 25m | 17-1-16  | Purmerend (NED) |
| 6. Crok Annemarie         | 89 | 08-021 | 2:45.79 | 25m | 13-11-11 | Zaandam (NED)   |
| 7. Hoek Daniëlle          | 88 | 08-021 | 2:45.92 | 25m | 13-11-11 | Zaandam (NED)   |
| 8. Kramer Miranda         | 80 | 08-021 | 2:47.05 | 25m | 31-1-02  | Heemskerk       |
| 9. Stins Mariska          | 84 | 08-021 | 2:48.38 | 25m | 19-3-06  | Heemskerk (NED) |
| 10. Verbree Bets          | 63 | 08-021 | 2:49.20 | 25m | 13-3-83  | Castricum (NED) |
| 11. van der Gracht Anouk  | 89 | 08-021 | 2:49.32 | 25m | 10-11-13 | Zaandam (NED)   |
| 12. Meijer Sylvia         | 81 | 08-021 | 2:49.45 | 25m | 11-3-01  | Zaandam (NED)   |
| 13. Palmboom Nicole       | 91 | 08-021 | 2:49.80 | 25m | 13-11-11 | Zaandam (NED)   |
| 14. Groot Tineke          | 60 | 08-021 | 2:50.90 | 25m | 2-11-80  | Castricum (NED) |
| 15. Mallon Danique        | 94 | 08-021 | 2:55.22 | 25m | 4-2-18   | Purmerend (NED) |
| 16. van der Kroft Nicole  | 84 | 08-021 | 2:56.29 | 25m | 14-3-04  | Zaandam         |
| 17. Visser Kelly          | 89 | 08-021 | 2:58.26 | 25m | 10-11-13 | Zaandam (NED)   |
| 18. Heus Pauline          | 78 | 08-021 | 3:00.37 | 25m | 11-10-98 | Alkmaar (NED)   |
| 19. Butter Anouk          | 82 | 08-021 | 3:00.58 | 25m | 28-10-04 | Heemskerk (NED) |
| 20. ten Cate Joyce        | 80 | 08-021 | 3:07.32 | 25m | 14-3-04  | Zaandam         |
| 21. van Ballegooie Simone | 84 | 08-021 | 3:08.01 | 25m | 14-3-04  | Zaandam         |
| 22. Deiman Caroline       | 67 | 08-021 | 3:09.50 | 25m | 1-11-89  |                 |
| 23. van Rookhuizen Sieta  | 79 | 08-021 | 3:13.09 | 25m | 12-3-00  | Heemskerk (NED) |
| 24. de Ruijter Linda      | 87 | 08-021 | 3:13.16 | 25m | 25-1-07  | Heemskerk (NED) |
| 25. ten Cate Ilona        | 85 | 08-021 | 3:13.34 | 25m | 19-3-06  | Heemskerk (NED) |

500 rugslag

**25 schoolslag**

|                         |    |        |       |     |          |                  |
|-------------------------|----|--------|-------|-----|----------|------------------|
| 1. Kramer Miranda       | 80 | 08-021 | 17.81 | 25m | 17-2-00  | Heemskerk (NED)  |
| 2. van Rookhuizen Sieta | 79 | 08-021 | 17.86 | 25m | 22-2-01  | Heemskerk (NED)  |
| 3. Heus Pauline         | 78 | 08-021 | 19.50 | 25m | 19-3-98  | Heemskerk (NED)  |
| 4. Stins Mariska        | 84 | 08-021 | 19.56 | 25m | 19-4-07  | Heemskerk (NED)  |
| 5. Hoek Daniëlle        | 88 | 08-021 | 20.30 | 25m | 29-5-08  | Heemskerk (NED)  |
| 6. de Ruijter Linda     | 87 | 08-021 | 20.43 | 25m | 19-2-11  | Heerenveen (NED) |
| 7. Visser Kelly         | 89 | 08-021 | 21.57 | 25m | 19-2-11  | Heerenveen (NED) |
| 8. Deiman Caroline      | 67 | 08-021 | 21.80 | 25m | 17-12-87 | Heemskerk (NED)  |
| 9. ten Cate Ilona       | 85 | 08-021 | 21.98 | 25m | 19-4-07  | Heemskerk (NED)  |
| 10. ten Cate Joyce      | 80 | 08-021 | 23.30 | 25m | 17-2-00  | Heemskerk (NED)  |

**50 schoolslag**

|                         |    |        |       |     |          |                 |
|-------------------------|----|--------|-------|-----|----------|-----------------|
| 1. Broek Jade           | 97 | 08-021 | 36.58 | 25m | 11-11-17 | Hoofddorp (NED) |
| 2. Kramer Miranda       | 80 | 08-021 | 38.91 | 25m | 16-4-00  | Almelo (NED)    |
| 3. Groen Anne           | 95 | 08-021 | 39.62 | 25m | 16-3-17  | Heemskerk (NED) |
| 4. Crok Linda           | 94 | 08-021 | 39.79 | 25m | 1-10-17  | Purmerend (NED) |
| 5. van Rookhuizen Sieta | 79 | 08-021 | 40.14 | 25m | 14-11-99 | Zaandam (NED)   |
| 6. Schelvis Femke       | 84 | 08-021 | 40.22 | 25m | 25-11-04 | Heemskerk (NED) |
| 7. Crok Annemarie       | 89 | 08-021 | 40.71 | 25m | 15-11-09 | Haarlem (NED)   |
| 8. Palmboom Nicole      | 91 | 08-021 | 40.94 | 25m | 22-3-12  | Heemskerk (NED) |
| 9. van der Gracht Anouk | 89 | 08-021 | 41.40 | 25m | 12-4-09  | Haarlem (NED)   |
| 10. Kleijne Daisy       | 89 | 08-021 | 42.24 | 25m | 22-1-09  | Heemskerk (NED) |
| 11. Heus Pauline        | 78 | 08-021 | 42.30 | 25m | 15-11-98 | Zaandam (NED)   |
| 12. Stins Mariska       | 84 | 08-021 | 42.46 | 25m | 27-5-07  | Purmerend (NED) |
| 13. Hoek Daniëlle       | 88 | 08-021 | 42.72 | 25m | 11-5-08  | Purmerend (NED) |
| 14. Mallon Danique      | 94 | 08-021 | 43.91 | 25m | 9-11-17  | Heemskerk (NED) |
| 15. de Ruijter Linda    | 87 | 08-021 | 45.25 | 25m | 27-1-11  | Heemskerk (NED) |
| 15. Visser Kelly        | 89 | 08-021 | 45.25 | 25m | 30-9-12  | Heemskerk (NED) |
| 17. Pover Karin         | 67 | 08-021 | 48.20 | 25m | 8-3-87   | Zaandam (NED)   |
| 18. Deiman Caroline     | 67 | 08-021 | 48.30 | 25m | 8-2-89   |                 |
| 19. ten Cate Joyce      | 80 | 08-021 | 48.77 | 25m | 7-11-04  | IJmuiden (NED)  |
| 20. ten Cate Ilona      | 85 | 08-021 | 49.78 | 25m | 30-11-06 | Heemskerk       |
| 21. Huneke Jolanda      | 79 | 08-021 | 52.97 | 25m | 14-12-00 | Heemskerk (NED) |

**100 schoolslag**

|                         |    |        |         |     |          |                  |
|-------------------------|----|--------|---------|-----|----------|------------------|
| 1. Broek Jade           | 97 | 08-021 | 1:19.98 | 25m | 11-11-17 | Hoofddorp (NED)  |
| 2. van Rookhuizen Sieta | 79 | 08-021 | 1:24.87 | 25m | 5-4-99   | Haarlem (NED)    |
| 3. Kramer Miranda       | 80 | 08-021 | 1:25.06 | 25m | 16-4-01  | Haarlem (NED)    |
| 4. Crok Linda           | 94 | 08-021 | 1:25.35 | 25m | 1-10-17  | Purmerend (NED)  |
| 5. Schelvis Femke       | 84 | 08-021 | 1:26.08 | 25m | 31-3-05  | Heemskerk (NED)  |
| 6. Groen Anne           | 95 | 08-021 | 1:26.47 | 25m | 13-10-16 | Heemskerk (NED)  |
| 7. Crok Annemarie       | 89 | 08-021 | 1:27.24 | 25m | 19-11-09 | Heemskerk (NED)  |
| 8. Peters Yvonne        | 63 | 08-021 | 1:27.40 | 25m | 6-10-85  | Wormerveer (NED) |
| 9. van der Kroft Nicole | 84 | 08-021 | 1:28.90 | 25m | 18-1-04  | IJmuiden (NED)   |
| 10. Palmboom Nicole     | 91 | 08-021 | 1:30.22 | 25m | 6-10-13  | Heemskerk (NED)  |
| 11. Heus Pauline        | 78 | 08-021 | 1:30.50 | 25m | 13-4-98  | Haarlem (NED)    |
| 12. Kleijne Daisy       | 89 | 08-021 | 1:31.66 | 25m | 19-11-09 | Heemskerk (NED)  |
| 13. Hoek Daniëlle       | 88 | 08-021 | 1:31.78 | 25m | 5-10-08  | Heemskerk (NED)  |
| 14. Stins Mariska       | 84 | 08-021 | 1:32.07 | 25m | 26-2-04  | Heemskerk (NED)  |
| 15. van Giezen Sandra   | 63 | 08-021 | 1:32.10 | 25m | 28-10-84 | Egmond (NED)     |
| 16. Nijholt Carin       | 60 | 08-021 | 1:33.50 | 25m | 16-3-80  | Zandvoort (NED)  |

100 schoolslag (sinds 17)

|                          |    |        |         |     |          |                 |
|--------------------------|----|--------|---------|-----|----------|-----------------|
| 17. van der Gracht Anouk | 89 | 08-021 | 1:33.81 | 25m | 10-5-09  | Purmerend (NED) |
| 18. Mallon Danique       | 94 | 08-021 | 1:33.97 | 25m | 9-11-17  | Heemskerk (NED) |
| 19. Groot Tineke         | 60 | 08-021 | 1:35.00 | 25m | 31-8-80  | Heemskerk (NED) |
| 20. de Ruijter Linda     | 87 | 08-021 | 1:36.50 | 25m | 30-9-10  | Heemskerk (NED) |
| 21. Krouwels Tanja       | 79 | 08-021 | 1:36.74 | 25m | 28-1-99  | Heemskerk (NED) |
| 22. Visser Kelly         | 89 | 08-021 | 1:38.57 | 25m | 11-10-12 | Heemskerk (NED) |
| 23. Verbree Bets         | 63 | 08-021 | 1:39.50 | 25m | 22-1-84  | Zandvoort (NED) |
| 24. Meijer Sylvia        | 81 | 08-021 | 1:43.48 | 25m | 16-4-01  | Haarlem (NED)   |
| 25. ten Cate Joyce       | 80 | 08-021 | 1:43.77 | 25m | 1-4-02   | Haarlem         |

200 schoolslag

|                          |    |        |         |     |          |                      |
|--------------------------|----|--------|---------|-----|----------|----------------------|
| 1. Broek Jade            | 97 | 08-021 | 2:57.88 | 25m | 12-2-17  | Purmerend (NED)      |
| 2. van Rookhuizen Sieta  | 79 | 08-021 | 3:02.04 | 25m | 10-10-99 | Zaandam (NED)        |
| 3. Kramer Miranda        | 80 | 08-021 | 3:02.52 | 25m | 27-1-00  | Heemskerk (NED)      |
| 4. Schelvis Femke        | 84 | 08-021 | 3:05.36 | 25m | 3-10-04  | Heemskerk (NED)      |
| 5. Crok Linda            | 94 | 08-021 | 3:05.44 | 25m | 19-1-14  | Zaandam (NED)        |
| 6. Crok Annemarie        | 89 | 08-021 | 3:05.90 | 25m | 16-1-11  | Zaandam (NED)        |
| 7. Palmboom Nicole       | 91 | 08-021 | 3:10.18 | 25m | 16-1-11  | Zaandam (NED)        |
| 8. Groen Anne            | 95 | 08-021 | 3:13.13 | 25m | 18-1-15  | Zaandam (NED)        |
| 9. Heus Pauline          | 78 | 08-021 | 3:15.38 | 25m | 7-3-99   | Zaandam (NED)        |
| 10. Stins Mariska        | 84 | 08-021 | 3:18.54 | 25m | 3-10-04  | Heemskerk (NED)      |
| 11. Kleijne Daisy        | 89 | 08-021 | 3:20.52 | 25m | 25-3-10  | Heemskerk (NED)      |
| 12. van der Gracht Anouk | 89 | 08-021 | 3:22.21 | 25m | 17-1-10  | Amsterdam-oost (NED) |
| 13. Hoek Daniëlle        | 88 | 08-021 | 3:22.24 | 25m | 16-1-11  | Zaandam (NED)        |
| 14. Peters Yvonne        | 63 | 08-021 | 3:22.40 | 25m | 15-3-87  | Heemskerk (NED)      |
| 15. Groot Tineke         | 60 | 08-021 | 3:25.10 | 25m | 21-9-80  | Heemskerk (NED)      |
| 16. de Ruijter Linda     | 87 | 08-021 | 3:36.97 | 25m | 13-12-07 | Heemskerk (NED)      |
| 17. ten Cate Joyce       | 80 | 08-021 | 3:43.95 | 25m | 28-10-04 | Heemskerk (NED)      |
| 18. Deiman Caroline      | 67 | 08-021 | 3:53.80 | 25m | 15-3-87  | Heemskerk (NED)      |

500 schoolslag800 schoolslag1000 schoolslag1250 schoolslag1500 schoolslag2000 schoolslag

|                         |    |        |          |    |         |                   |
|-------------------------|----|--------|----------|----|---------|-------------------|
| 1. van Rookhuizen Sieta | 79 | 08-021 | 37:11.40 | OW | 25-6-00 | Breukelen (NED)   |
| 2. Kramer Miranda       | 80 | 08-021 | 38:12.80 | OW | 18-6-00 | Spaarnwoude (NED) |

2500 schoolslag3000 schoolslag

|                         |    |        |          |    |        |                  |
|-------------------------|----|--------|----------|----|--------|------------------|
| 1. van Rookhuizen Sieta | 79 | 08-021 | 57:26.50 | OW | 5-9-99 | Vlissingen (NED) |
|-------------------------|----|--------|----------|----|--------|------------------|



**4000 schoolslag****5000 schoolslag**

|                         |    |        |            |    |        |                   |
|-------------------------|----|--------|------------|----|--------|-------------------|
| 1. van Rookhuizen Sieta | 79 | 08-021 | 1:35:09.71 | OW | 7-7-01 | Vriezenveen (NED) |
|-------------------------|----|--------|------------|----|--------|-------------------|

**25 vlinderslag**

|                         |    |        |       |     |          |                  |
|-------------------------|----|--------|-------|-----|----------|------------------|
| 1. Crok Annemarie       | 89 | 08-021 | 14.93 | 25m | 30-6-11  | Heemskerk (NED)  |
| 2. Butter Anouk         | 82 | 08-021 | 15.30 | 25m | 25-9-05  | Etten-Leur (NED) |
| 2. Stins Mariska        | 84 | 08-021 | 15.30 | 25m | 19-4-07  | Heemskerk (NED)  |
| 4. Meijer Sylvia        | 81 | 08-021 | 15.41 | 25m | 29-3-01  | Heemskerk (NED)  |
| 4. Hoek Daniëlle        | 88 | 08-021 | 15.41 | 25m | 30-6-11  | Heemskerk (NED)  |
| 6. Palmboom Nicole      | 91 | 08-021 | 15.49 | 25m | 30-6-11  | Heemskerk (NED)  |
| 7. Kleijne Daisy        | 89 | 08-021 | 15.54 | 25m | 30-6-11  | Heemskerk (NED)  |
| 8. van Rookhuizen Sieta | 79 | 08-021 | 15.65 | 25m | 4-5-00   | Heemskerk (NED)  |
| 9. Kramer Miranda       | 80 | 08-021 | 15.90 | 25m | 4-5-00   | Heemskerk (NED)  |
| 10. Visser Kelly        | 89 | 08-021 | 16.37 | 25m | 4-11-10  | Heemskerk (NED)  |
| 11. Heus Pauline        | 78 | 08-021 | 16.81 | 25m | 25-3-99  | Heemskerk (NED)  |
| 12. Deiman Caroline     | 67 | 08-021 | 16.90 | 25m | 12-1-89  | Heemskerk (NED)  |
| 13. de Ruijter Linda    | 87 | 08-021 | 17.37 | 25m | 17-11-11 | Heemskerk (NED)  |
| 14. ten Cate Ilona      | 85 | 08-021 | 18.43 | 25m | 29-5-08  | Heemskerk (NED)  |
| 15. ten Cate Joyce      | 80 | 08-021 | 19.12 | 25m | 4-5-00   | Heemskerk (NED)  |
| 16. Huneker Jolanda     | 79 | 08-021 | 20.10 | 25m | 4-5-00   | Heemskerk (NED)  |

**50 vlinderslag**

|                          |    |        |       |     |          |                 |     |
|--------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Broek Jade            | 97 | 08-021 | 31.18 | 50m | 15-4-18  | Alkmaar (NED)   | 480 |
| 2. van der Gracht Anouk  | 89 | 08-021 | 31.89 | 25m | 12-12-13 | Heemskerk (NED) |     |
| 3. Schelvis Femke        | 84 | 08-021 | 32.21 | 25m | 23-12-04 | Heemskerk (NED) |     |
| 4. Crok Annemarie        | 89 | 08-021 | 32.37 | 25m | 17-11-11 | Heemskerk (NED) |     |
| 5. Groen Anne            | 95 | 08-021 | 32.57 | 25m | 12-2-17  | Purmerend (NED) |     |
| 6. Hoek Daniëlle         | 88 | 08-021 | 33.06 | 25m | 19-2-12  | Purmerend (NED) |     |
| 7. Palmboom Nicole       | 91 | 08-021 | 33.85 | 25m | 17-11-11 | Heemskerk (NED) |     |
| 8. Kleijne Daisy         | 89 | 08-021 | 33.96 | 25m | 15-3-09  | Haarlem (NED)   |     |
| 9. ten Bokkel Henriëke   | 94 | 08-021 | 34.32 | 25m | 12-4-18  | Heemskerk (NED) |     |
| 10. Stins Mariska        | 84 | 08-021 | 34.69 | 25m | 28-4-05  | Heemskerk (NED) |     |
| 11. Crok Linda           | 94 | 08-021 | 34.73 | 25m | 17-11-16 | Heemskerk (NED) |     |
| 12. Butter Anouk         | 82 | 08-021 | 34.87 | 25m | 23-12-04 | Heemskerk (NED) |     |
| 13. Mallon Danique       | 94 | 08-021 | 35.08 | 25m | 16-3-17  | Heemskerk (NED) |     |
| 14. Kramer Miranda       | 80 | 08-021 | 35.09 | 25m | 31-1-02  | Heemskerk       |     |
| 15. van der Kroft Nicole | 84 | 08-021 | 35.37 | 25m | 18-1-04  | Ijmuiden (NED)  |     |
| 16. van Rookhuizen Sieta | 79 | 08-021 | 35.93 | 25m | 17-10-99 | Zaandam (NED)   |     |
| 17. van Giezen Sandra    | 63 | 08-021 | 36.60 | 25m | 28-10-84 | Egmond (NED)    |     |
| 18. Visser Kelly         | 89 | 08-021 | 36.99 | 25m | 12-12-13 | Heemskerk (NED) |     |
| 19. Heus Pauline         | 78 | 08-021 | 37.97 | 25m | 14-11-99 | Zaandam (NED)   |     |
| 20. Deiman Caroline      | 67 | 08-021 | 38.80 | 25m | 1-11-89  |                 |     |
| 21. ten Cate Ilona       | 85 | 08-021 | 39.82 | 25m | 23-4-06  | Zaandam (NED)   |     |
| 22. de Ruijter Linda     | 87 | 08-021 | 40.00 | 25m | 3-3-11   | Heemskerk (NED) |     |
| 23. ten Cate Joyce       | 80 | 08-021 | 43.63 | 25m | 31-1-02  | Heemskerk       |     |
| 24. Peters Yvonne        | 63 | 08-021 | 45.70 | 25m | 28-10-84 | Egmond (NED)    |     |
| 25. Huneker Jolanda      | 79 | 08-021 | 47.54 | 25m | 30-11-00 | Heemskerk (NED) |     |

**100 vlinderslag**

|                           |    |        |         |     |          |                 |
|---------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Schelvis Femke         | 84 | 08-021 | 1:10.87 | 25m | 24-2-05  | Heemskerk (NED) |
| 2. Crok Annemarie         | 89 | 08-021 | 1:14.05 | 25m | 29-11-09 | Heemskerk (NED) |
| 3. van der Gracht Anouk   | 89 | 08-021 | 1:14.52 | 50m | 29-6-13  | Eindhoven (NED) |
| 4. Verbree Bets           | 63 | 08-021 | 1:14.60 | 25m | 13-3-83  | Castricum (NED) |
| 5. Hoek Daniëlle          | 88 | 08-021 | 1:15.40 | 25m | 9-2-12   | Heemskerk (NED) |
| 6. Stins Mariska          | 84 | 08-021 | 1:15.83 | 25m | 27-5-04  | Heemskerk (NED) |
| 7. Groen Anne             | 95 | 08-021 | 1:16.26 | 25m | 2-2-17   | Heemskerk (NED) |
| 8. Crok Linda             | 94 | 08-021 | 1:17.58 | 25m | 13-11-16 | Purmerend (NED) |
| 9. Palmboom Nicole        | 91 | 08-021 | 1:17.65 | 25m | 31-1-13  | Heemskerk (NED) |
| 10. van der Kroft Nicole  | 84 | 08-021 | 1:19.36 | 25m | 25-3-04  | Heemskerk       |
| 11. Kramer Miranda        | 80 | 08-021 | 1:20.35 | 25m | 28-2-02  | Heemskerk       |
| 12. Butter Anouk          | 82 | 08-021 | 1:20.45 | 25m | 25-3-04  | Heemskerk       |
| 13. Kleijne Daisy         | 89 | 08-021 | 1:21.46 | 25m | 26-2-09  | Heemskerk (NED) |
| 14. Mallon Danique        | 94 | 08-021 | 1:23.15 | 25m | 14-1-18  | Purmerend (NED) |
| 15. van Rookhuizen Sieta  | 79 | 08-021 | 1:24.50 | 25m | 10-10-99 | Zaandam (NED)   |
| 16. van Ballegooie Simone | 84 | 08-021 | 1:28.28 | 25m | 25-3-04  | Heemskerk       |
| 17. ten Cate Ilona        | 85 | 08-021 | 1:29.56 | 25m | 16-4-06  | Haarlem (NED)   |
| 18. de Ruijter Linda      | 87 | 08-021 | 1:29.75 | 25m | 29-3-07  | Heemskerk (NED) |
| 19. Deiman Caroline       | 67 | 08-021 | 1:29.90 | 25m | 6-12-89  |                 |
| 20. van Giezen Sandra     | 63 | 08-021 | 1:30.20 | 25m | 12-2-84  | Heemskerk (NED) |
| 21. Meijer Sylvia         | 81 | 08-021 | 1:32.85 | 25m | 31-5-01  | Heemskerk (NED) |
| 22. Peters Yvonne         | 63 | 08-021 | 1:33.00 | 25m | 30-11-86 | Heemskerk (NED) |
| 23. Nijholt Carin         | 60 | 08-021 | 1:35.20 | 25m | 13-4-80  | Zaandam (NED)   |
| 24. ten Cate Joyce        | 80 | 08-021 | 1:35.87 | 25m | 25-11-04 | Heemskerk (NED) |
| 25. Huneke Jolanda        | 79 | 08-021 | 1:36.96 | 25m | 17-1-99  | Heemskerk (NED) |

412

**200 vlinderslag**

|                         |    |        |         |     |          |                         |
|-------------------------|----|--------|---------|-----|----------|-------------------------|
| 1. Schelvis Femke       | 84 | 08-021 | 2:35.87 | 25m | 25-11-04 | Heemskerk (NED)         |
| 2. Crok Annemarie       | 89 | 08-021 | 2:49.30 | 25m | 14-3-10  | Heemskerk (NED)         |
| 3. Stins Mariska        | 84 | 08-021 | 2:58.73 | 25m | 15-5-05  | Zuidoost-Beemster (NED) |
| 4. van der Gracht Anouk | 89 | 08-021 | 3:01.83 | 25m | 15-3-09  | Haarlem (NED)           |
| 5. Groen Anne           | 95 | 08-021 | 3:05.24 | 25m | 12-3-17  | Purmerend (NED)         |
| 6. Butter Anouk         | 82 | 08-021 | 3:06.69 | 25m | 12-6-04  | Zuidbroek (NED)         |
| 7. Mallon Danique       | 94 | 08-021 | 3:06.70 | 25m | 12-3-17  | Purmerend (NED)         |
| 8. Kleijne Daisy        | 89 | 08-021 | 3:07.59 | 25m | 18-2-10  | Heemskerk (NED)         |
| 9. Hoek Daniëlle        | 88 | 08-021 | 3:07.93 | 25m | 31-1-08  | Heemskerk (NED)         |
| 10. Kramer Miranda      | 80 | 08-021 | 3:09.21 | 25m | 27-11-03 | Heemskerk (NED)         |

**1000 vlinderslag**

**100 wisselslag**

|                          |    |        |         |     |          |                         |
|--------------------------|----|--------|---------|-----|----------|-------------------------|
| 1. Broek Jade            | 97 | 08-021 | 1:09.85 | 25m | 1-10-17  | Purmerend (NED)         |
| 2. Schelvis Femke        | 84 | 08-021 | 1:10.47 | 25m | 9-1-05   | Zuidoost Beemster (NED) |
| 3. ten Bokkel Henriëke   | 94 | 08-021 | 1:11.34 | 25m | 17-5-18  | Heemskerk (NED)         |
| 4. Groen Anne            | 95 | 08-021 | 1:13.00 | 25m | 2-10-16  | Purmerend (NED)         |
| 5. Crok Linda            | 94 | 08-021 | 1:15.12 | 25m | 11-5-17  | Heemskerk (NED)         |
| 6. Crok Annemarie        | 89 | 08-021 | 1:15.40 | 25m | 19-11-09 | Heemskerk (NED)         |
| 7. van der Gracht Anouk  | 89 | 08-021 | 1:16.15 | 25m | 20-5-13  | Purmerend (NED)         |
| 8. Kramer Miranda        | 80 | 08-021 | 1:16.28 | 25m | 27-9-01  | Heemskerk               |
| 9. Hoek Daniëlle         | 88 | 08-021 | 1:16.84 | 25m | 12-2-12  | Heemstede (NED)         |
| 10. van Rookhuizen Sieta | 79 | 08-021 | 1:18.07 | 25m | 14-11-99 | Zaandam (NED)           |
| 11. Stins Mariska        | 84 | 08-021 | 1:18.48 | 25m | 29-9-05  | Heemskerk (NED)         |
| 12. Palmboom Nicole      | 91 | 08-021 | 1:18.59 | 25m | 14-4-11  | Heemskerk (NED)         |
| 13. Kleijne Daisy        | 89 | 08-021 | 1:18.76 | 25m | 2-10-11  | Heemskerk (NED)         |
| 14. Heus Pauline         | 78 | 08-021 | 1:21.28 | 25m | 10-12-00 | Heemskerk (NED)         |
| 15. Hulshof Saskia       | 73 | 08-021 | 1:21.60 | 25m | 12-12-93 | Heemskerk (NED)         |
| 16. Butter Anouk         | 82 | 08-021 | 1:22.29 | 25m | 29-9-05  | Heemskerk (NED)         |
| 17. Mallon Danique       | 94 | 08-021 | 1:23.17 | 25m | 1-10-17  | Purmerend (NED)         |
| 18. Visser Kelly         | 89 | 08-021 | 1:23.59 | 25m | 14-4-11  | Heemskerk (NED)         |
| 19. de Ruijter Linda     | 87 | 08-021 | 1:24.79 | 25m | 14-4-11  | Heemskerk (NED)         |
| 20. Krouwels Tanja       | 79 | 08-021 | 1:26.24 | 25m | 18-2-99  | Heemskerk (NED)         |
| 21. Nijholt Carin        | 60 | 08-021 | 1:27.70 | 25m | 31-5-80  | Heemskerk (NED)         |
| 21. Groot Tineke         | 60 | 08-021 | 1:27.70 | 25m | 27-9-80  | Heemskerk (NED)         |
| 23. Deiman Caroline      | 67 | 08-021 | 1:27.90 | 25m | 31-12-88 |                         |
| 24. ten Cate Joyce       | 80 | 08-021 | 1:29.35 | 25m | 30-9-04  | Heemskerk (NED)         |
| 25. ten Cate Ilona       | 85 | 08-021 | 1:29.63 | 25m | 29-9-05  | Heemskerk (NED)         |

**200 wisselslag**

|                           |    |        |         |     |          |                      |
|---------------------------|----|--------|---------|-----|----------|----------------------|
| 1. Schelvis Femke         | 84 | 08-021 | 2:35.57 | 25m | 16-1-05  | Zaandam (NED)        |
| 2. Broek Jade             | 97 | 08-021 | 2:37.82 | 25m | 12-3-17  | Purmerend (NED)      |
| 3. Groen Anne             | 95 | 08-021 | 2:37.83 | 25m | 12-3-17  | Purmerend (NED)      |
| 4. Crok Annemarie         | 89 | 08-021 | 2:40.68 | 25m | 3-4-11   | Zaandam (NED)        |
| 5. Crok Linda             | 94 | 08-021 | 2:42.09 | 25m | 13-11-16 | Purmerend (NED)      |
| 6. Kramer Miranda         | 80 | 08-021 | 2:45.04 | 25m | 13-1-02  | Zaandam              |
| 7. van der Gracht Anouk   | 89 | 08-021 | 2:45.63 | 25m | 15-3-09  | Haarlem (NED)        |
| 8. Kleijne Daisy          | 89 | 08-021 | 2:46.20 | 25m | 11-4-10  | Zaandam (NED)        |
| 9. Palmboom Nicole        | 91 | 08-021 | 2:46.29 | 25m | 1-4-12   | Zaandam (NED)        |
| 10. Hoek Daniëlle         | 88 | 08-021 | 2:47.36 | 25m | 16-11-08 | Amsterdam-oost (NED) |
| 11. Stins Mariska         | 84 | 08-021 | 2:48.06 | 25m | 9-3-08   | Heemskerk (NED)      |
| 12. Verbree Bets          | 63 | 08-021 | 2:49.80 | 25m | 10-4-83  | Heemskerk (NED)      |
| 13. van der Kroft Nicole  | 84 | 08-021 | 2:51.47 | 25m | 18-1-04  | IJmuiden (NED)       |
| 14. Meijer Sylvia         | 81 | 08-021 | 2:54.47 | 25m | 14-1-01  | Heemskerk (NED)      |
| 15. van Rookhuizen Sieta  | 79 | 08-021 | 2:56.28 | 25m | 4-11-99  | Heemskerk (NED)      |
| 16. Heus Pauline          | 78 | 08-021 | 2:57.20 | 25m | 5-4-98   | Heemskerk (NED)      |
| 17. Mallon Danique        | 94 | 08-021 | 3:01.48 | 25m | 14-1-18  | Purmerend (NED)      |
| 18. van Ballegooie Simone | 84 | 08-021 | 3:05.09 | 25m | 29-1-04  | Heemskerk (NED)      |
| 19. Peters Yvonne         | 63 | 08-021 | 3:08.50 | 25m | 30-11-86 | Heemskerk (NED)      |
| 20. de Ruijter Linda      | 87 | 08-021 | 3:09.50 | 25m | 22-1-09  | Heemskerk (NED)      |
| 21. Groot Tineke          | 60 | 08-021 | 3:10.00 | 25m | 27-4-80  | Assendelft (NED)     |
| 22. Nijholt Carin         | 60 | 08-021 | 3:10.60 | 25m | 27-4-80  | Assendelft (NED)     |
| 23. Deiman Caroline       | 67 | 08-021 | 3:13.30 | 25m | 18-2-89  |                      |
| 24. ten Cate Ilona        | 85 | 08-021 | 3:15.69 | 25m | 14-12-06 | Heemskerk (NED)      |
| 25. ten Cate Joyce        | 80 | 08-021 | 3:18.11 | 25m | 29-1-04  | Heemskerk (NED)      |

**300 wisselslag**

|                 |    |        |         |     |         |                 |
|-----------------|----|--------|---------|-----|---------|-----------------|
| 1. Heus Pauline | 78 | 08-021 | 4:44.97 | 25m | 23-1-00 | Heemskerk (NED) |
|-----------------|----|--------|---------|-----|---------|-----------------|

**400 wisselslag**

|                         |    |        |         |     |         |                 |
|-------------------------|----|--------|---------|-----|---------|-----------------|
| 1. Schelvis Femke       | 84 | 08-021 | 5:43.59 | 25m | 29-5-04 | Z.o. Beemster   |
| 2. Kramer Miranda       | 80 | 08-021 | 6:01.21 | 25m | 25-2-01 | Heemskerk (NED) |
| 3. van Rookhuizen Sieta | 79 | 08-021 | 6:19.17 | 25m | 30-3-00 | Heemskerk (NED) |
| 4. ten Cate Ilona       | 85 | 08-021 | 6:45.60 | 25m | 15-6-06 | Heemskerk (NED) |