

25 vrije slag

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|-------------------------|----|--------|-------|-----|---------|-----------------|
| 1. Vink Lidewij | 90 | 08-021 | 14.36 | 25m | 29-5-08 | Heemskerk (NED) |
| 2. Kleijne Daisy | 89 | 08-021 | 14.43 | 25m | 19-4-07 | Heemskerk (NED) |
| 3. Crok Annemarie | 89 | 08-021 | 14.80 | 25m | 19-4-07 | Heemskerk (NED) |
| 4. van der Gracht Anouk | 89 | 08-021 | 14.95 | 25m | 19-4-07 | Heemskerk (NED) |
| 5. Butter Anouk | 82 | 08-021 | 15.42 | 25m | 4-5-00 | Heemskerk (NED) |
| 6. Heus Pauline | 78 | 08-021 | 15.90 | 25m | 14-3-96 | Heemskerk (NED) |
| 7. Hunekeer Jolanda | 79 | 08-021 | 17.30 | 25m | 13-3-97 | Heemskerk (NED) |

50 vrije slag

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|--------------------------|----|--------|-------|-----|----------|-----------------|
| 1. Kingma Danae | 00 | 08-021 | 27.03 | 25m | 18-3-18 | Purmerend (NED) |
| 2. Broek Jade | 97 | 08-021 | 28.47 | 25m | 6-12-15 | Purmerend (NED) |
| 3. Vink Lidewij | 90 | 08-021 | 29.17 | 25m | 29-5-08 | Heemskerk (NED) |
| 4. Crok Linda | 94 | 08-021 | 29.21 | 25m | 22-1-12 | Zaandam (NED) |
| 5. Meijer Sylvia | 81 | 08-021 | 29.58 | 25m | 4-11-99 | Heemskerk (NED) |
| 6. Palmboom Nicole | 91 | 08-021 | 29.79 | 25m | 23-4-09 | Heemskerk (NED) |
| 7. Groen Anne | 95 | 08-021 | 29.82 | 25m | 2-6-13 | Purmerend (NED) |
| 8. Verbree Bets | 63 | 08-021 | 29.90 | 25m | 5-4-81 | Heemskerk (NED) |
| 9. Hoek Daniëlle | 88 | 08-021 | 30.00 | 25m | 5-3-06 | Purmerend (NED) |
| 10. Stam Vanessa | 80 | 08-021 | 30.10 | 25m | 7-6-98 | Zaandam (NED) |
| 11. Kleijne Daisy | 89 | 08-021 | 30.22 | 25m | 25-1-07 | Heemskerk (NED) |
| 12. Kramer Miranda | 80 | 08-021 | 30.25 | 25m | 15-11-98 | Zaandam (NED) |
| 13. Hulshof Saskia | 73 | 08-021 | 30.60 | 25m | 14-3-91 | Heemskerk (NED) |
| 14. Crok Annemarie | 89 | 08-021 | 30.99 | 25m | 28-5-07 | Purmerend (NED) |
| 15. Essers Sanne | 91 | 08-021 | 31.06 | 25m | 23-4-09 | Heemskerk (NED) |
| 16. de Haan Shira | 00 | 08-021 | 31.22 | 25m | 1-4-18 | Haarlem (NED) |
| 17. van der Gracht Anouk | 89 | 08-021 | 31.57 | 25m | 25-1-07 | Heemskerk (NED) |
| 18. Windmuller Wendy | 69 | 08-021 | 31.60 | 25m | 21-5-87 | Heemskerk (NED) |
| 19. Meijer Linda | 77 | 08-021 | 31.80 | 25m | 26-1-95 | Heemskerk (NED) |
| 20. van Rookhuizen Sieta | 79 | 08-021 | 32.00 | 25m | 6-11-97 | Heemskerk (NED) |
| 21. Butter Anouk | 82 | 08-021 | 32.06 | 25m | 26-10-00 | Heemskerk (NED) |
| 22. de Groot Gitta | 60 | 08-021 | 32.10 | 25m | 12-2-78 | Heemskerk (NED) |
| 23. van Duin Margret | 60 | 08-021 | 32.30 | 25m | 12-2-78 | Heemskerk (NED) |
| 23. Bakkum Wilma | 62 | 08-021 | 32.30 | 25m | 27-9-80 | Heemskerk (NED) |
| 25. van Giezen Sandra | 63 | 08-021 | 32.60 | 25m | 5-4-81 | Heemskerk (NED) |

100 vrije slag

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|-------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Kingma Danae | 00 | 08-021 | 58.38 | 25m | 18-3-18 | Purmerend (NED) |
| 2. Crok Linda | 94 | 08-021 | 1:02.88 | 25m | 26-4-12 | Heemskerk (NED) |
| 3. Drubers Mirjam | 67 | 08-021 | 1:02.90 | 25m | 31-12-85 | |
| 4. Broek Jade | 97 | 08-021 | 1:03.31 | 25m | 29-11-15 | Heemskerk (NED) |
| 5. Meijer Sylvia | 81 | 08-021 | 1:03.78 | 25m | 4-4-99 | Haarlem (NED) |
| 6. Schelvis Femke | 84 | 08-021 | 1:03.84 | 25m | 28-2-02 | Heemskerk |
| 7. van der Kroft Nicole | 84 | 08-021 | 1:04.50 | 25m | 1-4-02 | Haarlem |
| 8. Groen Anne | 95 | 08-021 | 1:04.72 | 25m | 25-4-13 | Heemskerk (NED) |
| 9. Palmboom Nicole | 91 | 08-021 | 1:04.92 | 25m | 13-4-09 | Haarlem (NED) |
| 10. Kleijne Daisy | 89 | 08-021 | 1:05.36 | 25m | 17-11-07 | Barneveld (NED) |
| 11. Crok Annemarie | 89 | 08-021 | 1:05.52 | 25m | 15-12-07 | Heemskerk (NED) |
| 12. Verbree Bets | 63 | 08-021 | 1:05.70 | 25m | 19-12-81 | Hilversum (NED) |
| 13. Stam Vanessa | 80 | 08-021 | 1:05.90 | 25m | 12-4-98 | Haarlem (NED) |
| 14. Hoek Daniëlle | 88 | 08-021 | 1:06.08 | 25m | 9-4-06 | Purmerend (NED) |

100 vrije slag (sinds 15)

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|---------------------------|----|--------|---------|-----|----------|------------------|
| 15. Vink Lidewij | 90 | 08-021 | 1:06.65 | 25m | 25-9-08 | Heemskerk (NED) |
| 16. Kramer Miranda | 80 | 08-021 | 1:06.94 | 25m | 27-9-98 | Assendelft (NED) |
| 17. de Haan Shira | 00 | 08-021 | 1:07.06 | 25m | 17-5-18 | Heemskerk (NED) |
| 18. Essers Sanne | 91 | 08-021 | 1:07.12 | 25m | 15-3-09 | Haarlem (NED) |
| 19. van der Gracht Anouk | 89 | 08-021 | 1:07.78 | 25m | 25-11-07 | Amsterdam (NED) |
| 20. Hulshof Saskia | 73 | 08-021 | 1:08.20 | 25m | 27-1-91 | Volendam (NED) |
| 21. Stins Mariska | 84 | 08-021 | 1:09.07 | 25m | 28-2-02 | Heemskerk |
| 22. de Groot Gitta | 60 | 08-021 | 1:09.30 | 25m | 19-2-78 | Assendelft (NED) |
| 23. van Ballegooie Simone | 84 | 08-021 | 1:09.59 | 25m | 7-4-02 | Heemskerk |
| 24. Petit Kirsten | 00 | 08-021 | 1:09.60 | 25m | 18-3-18 | Purmerend (NED) |
| 25. van Eerden Meike | 00 | 08-021 | 1:10.24 | 25m | 17-5-18 | Heemskerk (NED) |

200 vrije slag

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|---------------------------|----|--------|---------|-----|----------|----------------------|
| 1. Kingma Danae | 00 | 08-021 | 2:10.58 | 25m | 12-4-18 | Heemskerk (NED) |
| 2. Drubers Mirjam | 67 | 08-021 | 2:15.30 | 25m | 31-12-85 | |
| 3. Schelvis Femke | 84 | 08-021 | 2:19.23 | 25m | 26-9-02 | Heemskerk |
| 4. Crok Linda | 94 | 08-021 | 2:19.41 | 25m | 22-3-12 | Heemskerk (NED) |
| 5. Broek Jade | 97 | 08-021 | 2:20.09 | 25m | 11-10-15 | Alkmaar (NED) |
| 6. Groen Anne | 95 | 08-021 | 2:22.85 | 25m | 21-3-13 | Heemskerk (NED) |
| 7. Hoek Daniëlle | 88 | 08-021 | 2:24.68 | 25m | 19-3-06 | Heemskerk (NED) |
| 8. van der Gracht Anouk | 89 | 08-021 | 2:25.68 | 25m | 25-11-07 | Amsterdam (NED) |
| 9. Kleijne Daisy | 89 | 08-021 | 2:25.97 | 25m | 25-11-07 | Amsterdam (NED) |
| 10. Stam Vanessa | 80 | 08-021 | 2:26.50 | 25m | 5-4-98 | Heemskerk (NED) |
| 11. van der Kroft Nicole | 84 | 08-021 | 2:27.28 | 25m | 25-4-02 | Heemskerk |
| 12. Meijer Sylvia | 81 | 08-021 | 2:27.36 | 25m | 7-3-99 | Zaandam (NED) |
| 13. Verbree Bets | 63 | 08-021 | 2:27.70 | 25m | 8-2-81 | Sassenheim (NED) |
| 14. Vink Lidewij | 90 | 08-021 | 2:27.71 | 25m | 16-11-08 | Amsterdam-oost (NED) |
| 15. Kramer Miranda | 80 | 08-021 | 2:28.50 | 25m | 9-4-98 | Heemskerk (NED) |
| 16. Stins Mariska | 84 | 08-021 | 2:28.83 | 25m | 17-11-02 | Heemskerk |
| 17. Crok Annemarie | 89 | 08-021 | 2:28.94 | 25m | 25-10-07 | Heemskerk (NED) |
| 18. de Haan Shira | 00 | 08-021 | 2:29.67 | 25m | 12-4-18 | Heemskerk (NED) |
| 19. Petit Kirsten | 00 | 08-021 | 2:29.82 | 25m | 12-4-18 | Heemskerk (NED) |
| 20. Limmen Karin | 76 | 08-021 | 2:30.00 | 25m | 15-1-94 | |
| 21. Hulshof Saskia | 73 | 08-021 | 2:30.60 | 25m | 3-2-91 | Zaandam (NED) |
| 22. Schelvis Roos | 86 | 08-021 | 2:34.76 | 25m | 28-11-04 | Heemskerk (NED) |
| 23. van Ballegooie Simone | 84 | 08-021 | 2:36.36 | 25m | 25-4-02 | Heemskerk |
| 24. van Rookhuizen Sieta | 79 | 08-021 | 2:36.90 | 25m | 11-12-97 | Heemskerk (NED) |
| 25. van Eerden Meike | 00 | 08-021 | 2:37.35 | 25m | 12-4-18 | Heemskerk (NED) |

250 vrije slag**300 vrije slag**

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|-------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Broek Jade | 97 | 08-021 | 3:44.41 | 25m | 4-10-15 | Purmerend (NED) |
| 2. Hoek Daniëlle | 88 | 08-021 | 3:47.20 | 25m | 18-5-06 | Heemskerk (NED) |
| 3. van der Gracht Anouk | 89 | 08-021 | 4:03.34 | 25m | 14-10-07 | Zaandam (NED) |

400 vrije slag

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|---------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Vink Lidewij | 90 | 08-021 | 4:59.56 | 25m | 24-3-08 | Haarlem (NED) |
| 2. Hoek Daniëlle | 88 | 08-021 | 5:01.12 | 25m | 18-5-06 | Heemskerk (NED) |
| 3. Broek Jade | 97 | 08-021 | 5:04.72 | 25m | 4-10-15 | Purmerend (NED) |
| 4. Stam Vanessa | 80 | 08-021 | 5:09.30 | 25m | 22-2-98 | Zaandam (NED) |
| 5. van der Gracht Anouk | 89 | 08-021 | 5:11.00 | 25m | 31-5-07 | Heemskerk (NED) |
| 6. Kleijne Daisy | 89 | 08-021 | 5:14.71 | 25m | 31-5-07 | Heemskerk (NED) |
| 7. Verbree Bets | 63 | 08-021 | 5:15.70 | 25m | 5-4-81 | Heemskerk (NED) |
| 8. van der Kroft Nicole | 84 | 08-021 | 5:18.89 | 25m | 30-5-02 | Heemskerk |
| 9. Stins Mariska | 84 | 08-021 | 5:19.17 | 25m | 30-5-02 | Heemskerk |
| 10. Kramer Miranda | 80 | 08-021 | 5:20.60 | 25m | 19-3-98 | Heemskerk (NED) |
| 11. Hulshof Saskia | 73 | 08-021 | 5:21.90 | 25m | 10-3-91 | Heemskerk (NED) |
| 12. Schelvis Femke | 84 | 08-021 | 5:25.42 | 25m | 30-5-02 | Heemskerk |
| 13. Butter Anouk | 82 | 08-021 | 5:37.38 | 25m | 25-5-00 | Heemskerk (NED) |
| 14. van Ballegooie Simone | 84 | 08-021 | 5:42.35 | 25m | 30-5-02 | Heemskerk |
| 15. Meijer Sylvia | 81 | 08-021 | 5:42.50 | 25m | 24-10-99 | Zaandam (NED) |
| 16. Zonneveld Cindy | 75 | 08-021 | 5:53.00 | 25m | 30-6-93 | |
| 17. Heus Pauline | 78 | 08-021 | 5:55.80 | 25m | 29-9-96 | Haarlem (NED) |
| 18. ten Cate Ilona | 85 | 08-021 | 6:03.15 | 25m | 12-6-03 | Heemskerk |
| 19. ten Cate Joyce | 80 | 08-021 | 6:10.80 | 25m | 19-3-98 | Heemskerk (NED) |
| 20. Limmen Miriam | 75 | 08-021 | 6:13.20 | 25m | 30-6-93 | |
| 21. Huneker Jolanda | 79 | 08-021 | 6:20.60 | 25m | 21-9-97 | Alkmaar (NED) |
| 22. Walraven Annet | 62 | 08-021 | 6:28.50 | 25m | 28-9-80 | Zaandam (NED) |
| 23. van Giezen Sandra | 63 | 08-021 | 6:30.50 | 25m | 5-4-81 | Heemskerk (NED) |
| 24. Molenaar Eline | 82 | 08-021 | 6:32.47 | 25m | 30-3-00 | Heemskerk (NED) |
| 25. Peters Yvonne | 63 | 08-021 | 7:09.70 | 25m | 5-4-81 | Heemskerk (NED) |

500 vrije slag**800 vrije slag**

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|-------------------------|----|--------|----------|-----|----------|-----------------|
| 1. Stam Vanessa | 80 | 08-021 | 10:36.50 | 25m | 22-2-98 | Zaandam (NED) |
| 2. Hoek Daniëlle | 88 | 08-021 | 10:49.58 | 25m | 12-1-06 | Heemskerk (NED) |
| 3. van der Gracht Anouk | 89 | 08-021 | 10:52.68 | 25m | 14-10-07 | Zaandam (NED) |
| 4. Kramer Miranda | 80 | 08-021 | 11:10.60 | 25m | 22-2-98 | Zaandam (NED) |
| 5. Stins Mariska | 84 | 08-021 | 11:28.67 | 25m | 8-9-02 | Heemskerk |
| 6. Meijer Sylvia | 81 | 08-021 | 11:41.68 | 25m | 24-10-99 | Zaandam (NED) |
| 7. van der Kroft Nicole | 84 | 08-021 | 11:57.00 | 25m | 8-9-02 | Heemskerk |
| 8. Butter Anouk | 82 | 08-021 | 11:59.15 | 25m | 5-11-00 | Zaandam (NED) |
| 9. van Rookhuizen Sieta | 79 | 08-021 | 12:11.90 | 25m | 23-2-97 | Zaandam (NED) |

1000 vrije slag**1250 vrije slag****1500 vrije slag**

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|-------------------------|----|--------|----------|-----|---------|-----------------|
| 1. Hoek Daniëlle | 88 | 08-021 | 20:17.96 | 25m | 12-1-06 | Heemskerk (NED) |
| 2. van der Gracht Anouk | 89 | 08-021 | 20:36.10 | 25m | 9-12-07 | Zaandam (NED) |
| 3. Stins Mariska | 84 | 08-021 | 21:41.94 | 25m | 1-12-02 | Heemskerk |

2000 vrije slag

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|-------------------------|----|--------|----------|-----|---------|-------------------|
| 1. van der Gracht Anouk | 89 | 08-021 | 28:13.88 | 25m | 18-2-07 | Alkmaar (NED) |
| 2. Stins Mariska | 84 | 08-021 | 29:19.09 | 25m | 10-2-02 | Zaandam |
| 3. Kleijne Daisy | 89 | 08-021 | 29:38.81 | OW | 17-6-07 | Spaarnwoude (NED) |
| 4. Essers Sanne | 91 | 08-021 | 31:25.48 | OW | 21-6-09 | Spaarnwoude (NED) |
| 5. Kramer Miranda | 80 | 08-021 | 31:47.90 | OW | 9-8-98 | Leiderdorp (NED) |
| 6. Palmboom Nicole | 91 | 08-021 | 32:20.54 | OW | 5-7-09 | Bodegraven (NED) |

2500 vrije slag**3000 vrije slag**

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|------------------|----|--------|----------|----|---------|----------------|
| 1. Kleijne Daisy | 89 | 08-021 | 52:16.94 | OW | 12-8-07 | Aalsmeer (NED) |
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4000 vrije slag**5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

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|-------------------------|----|--------|-------|-----|---------|-----------------|
| 1. Kramer Miranda | 80 | 08-021 | 16.40 | 25m | 15-1-98 | Heemskerk (NED) |
| 2. Kleijne Daisy | 89 | 08-021 | 16.76 | 25m | 19-4-07 | Heemskerk (NED) |
| 3. Stam Vanessa | 80 | 08-021 | 17.20 | 25m | 15-1-98 | Heemskerk (NED) |
| 4. Vink Lidewij | 90 | 08-021 | 17.43 | 25m | 29-5-08 | Heemskerk (NED) |
| 5. Crok Annemarie | 89 | 08-021 | 17.69 | 25m | 19-4-07 | Heemskerk (NED) |
| 6. van der Gracht Anouk | 89 | 08-021 | 17.88 | 25m | 19-4-07 | Heemskerk (NED) |
| 7. van Rookhuizen Sieta | 79 | 08-021 | 18.20 | 25m | 13-2-97 | Heemskerk (NED) |
| 8. Heus Pauline | 78 | 08-021 | 18.50 | 25m | 8-2-96 | Heemskerk (NED) |
| 9. ten Cate Joyce | 80 | 08-021 | 19.10 | 25m | 15-1-98 | Heemskerk (NED) |
| 10. Molenaar Eline | 82 | 08-021 | 19.44 | 25m | 17-2-00 | Heemskerk (NED) |
| 11. Huneker Jolanda | 79 | 08-021 | 20.60 | 25m | 13-2-97 | Heemskerk (NED) |
| 12. Beentjes Nicolet | 80 | 08-021 | 20.90 | 25m | 15-1-98 | Heemskerk (NED) |

50 rugslag

| | | | | | | |
|---------------------------|----|--------|-------|-----|----------|------------------|
| 1. Kingma Danae | 00 | 08-021 | 31.17 | 25m | 15-2-18 | Heemskerk (NED) |
| 2. Broek Jade | 97 | 08-021 | 33.45 | 25m | 6-12-15 | Purmerend (NED) |
| 3. Kleijne Daisy | 89 | 08-021 | 33.80 | 25m | 11-3-07 | Purmerend (NED) |
| 4. Kramer Miranda | 80 | 08-021 | 34.40 | 25m | 5-4-98 | Heemskerk (NED) |
| 5. Groen Anne | 95 | 08-021 | 35.02 | 25m | 31-1-13 | Heemskerk (NED) |
| 6. Palmboom Nicole | 91 | 08-021 | 35.11 | 25m | 26-2-09 | Heemskerk (NED) |
| 7. Schelvis Femke | 84 | 08-021 | 35.25 | 25m | 31-10-02 | Heemskerk |
| 8. Crok Linda | 94 | 08-021 | 35.36 | 25m | 19-2-12 | Purmerend (NED) |
| 9. Hulshof Saskia | 73 | 08-021 | 35.60 | 25m | 10-1-91 | Heemskerk (NED) |
| 9. Meijer Linda | 77 | 08-021 | 35.60 | 25m | 23-2-95 | Heemskerk (NED) |
| 11. Stam Vanessa | 80 | 08-021 | 35.70 | 25m | 22-3-98 | Assendelft (NED) |
| 12. de Haan Shira | 00 | 08-021 | 35.71 | 25m | 15-2-18 | Heemskerk (NED) |
| 13. Meijer Sylvia | 81 | 08-021 | 35.80 | 25m | 14-11-99 | Zaandam (NED) |
| 14. Zonneveld Chantal | 84 | 08-021 | 36.56 | 25m | 25-4-02 | Heemskerk |
| 14. Vink Lidewij | 90 | 08-021 | 36.56 | 25m | 27-4-08 | Alkmaar (NED) |
| 16. van der Kroft Nicole | 84 | 08-021 | 36.59 | 25m | 25-4-02 | Heemskerk |
| 17. Stins Mariska | 84 | 08-021 | 36.65 | 25m | 25-4-02 | Heemskerk |
| 18. Limmen Karin | 76 | 08-021 | 37.10 | 25m | 16-2-94 | |
| 19. van der Gracht Anouk | 89 | 08-021 | 37.19 | 25m | 30-9-07 | Volendam (NED) |
| 19. Niesten Iris | 92 | 08-021 | 37.19 | 25m | 7-2-10 | Heemstede (NED) |
| 21. Petit Kirsten | 00 | 08-021 | 37.20 | 25m | 15-2-18 | Heemskerk (NED) |
| 22. Crok Annemarie | 89 | 08-021 | 37.26 | 25m | 13-12-07 | Heemskerk (NED) |
| 23. Hoek Daniëlle | 88 | 08-021 | 37.29 | 25m | 19-10-06 | Heemskerk |
| 24. van Ballegooie Simone | 84 | 08-021 | 37.48 | 25m | 17-3-02 | Zaandam |
| 25. Essers Sanne | 91 | 08-021 | 37.92 | 25m | 26-2-09 | Heemskerk (NED) |

100 rugslag

| | | | | | | |
|--------------------------|----|--------|---------|-----|----------|------------------|
| 1. Broek Jade | 97 | 08-021 | 1:08.29 | 25m | 10-12-15 | Heemskerk (NED) |
| 2. Kingma Danae | 00 | 08-021 | 1:09.71 | 25m | 18-1-18 | Heemskerk (NED) |
| 3. Kleijne Daisy | 89 | 08-021 | 1:11.64 | 25m | 7-1-07 | Alkmaar (NED) |
| 4. Crok Linda | 94 | 08-021 | 1:14.06 | 25m | 13-12-12 | Heemskerk (NED) |
| 5. Hulshof Saskia | 73 | 08-021 | 1:14.30 | 25m | 15-12-91 | Heemskerk (NED) |
| 6. Schelvis Femke | 84 | 08-021 | 1:14.95 | 25m | 28-3-02 | Heemskerk |
| 7. Meijer Sylvia | 81 | 08-021 | 1:15.54 | 25m | 28-1-99 | Heemskerk (NED) |
| 8. Groen Anne | 95 | 08-021 | 1:15.77 | 25m | 10-3-13 | Schagen (NED) |
| 9. Kramer Miranda | 80 | 08-021 | 1:15.90 | 25m | 13-4-98 | Haarlem (NED) |
| 10. Zonneveld Chantal | 84 | 08-021 | 1:16.21 | 25m | 28-3-02 | Heemskerk |
| 11. Drubers Mirjam | 67 | 08-021 | 1:16.50 | 25m | 6-10-85 | Wormerveer (NED) |
| 12. de Haan Shira | 00 | 08-021 | 1:17.09 | 25m | 18-1-18 | Heemskerk (NED) |
| 13. Stins Mariska | 84 | 08-021 | 1:17.47 | 25m | 31-3-02 | Haarlem |
| 14. Crok Annemarie | 89 | 08-021 | 1:17.54 | 25m | 15-12-07 | Heemskerk (NED) |
| 15. van der Kroft Nicole | 84 | 08-021 | 1:17.62 | 25m | 24-3-02 | Heemstede |
| 16. van der Gracht Anouk | 89 | 08-021 | 1:17.74 | 25m | 18-3-07 | Heemskerk (NED) |
| 17. Petit Kirsten | 00 | 08-021 | 1:18.07 | 25m | 18-3-18 | Purmerend (NED) |
| 18. Vink Lidewij | 90 | 08-021 | 1:18.13 | 25m | 27-3-08 | Heemskerk (NED) |
| 19. Hoek Daniëlle | 88 | 08-021 | 1:18.57 | 25m | 16-2-06 | Heemskerk (NED) |
| 20. Stam Vanessa | 80 | 08-021 | 1:18.60 | 25m | 12-2-98 | Heemskerk (NED) |
| 21. Niesten Iris | 92 | 08-021 | 1:19.13 | 25m | 11-4-10 | Zaandam (NED) |
| 22. Palmboom Nicole | 91 | 08-021 | 1:19.33 | 25m | 24-9-09 | Heemskerk (NED) |
| 23. Essers Sanne | 91 | 08-021 | 1:19.40 | 25m | 24-9-09 | Heemskerk (NED) |
| 24. Verbree Bets | 63 | 08-021 | 1:19.80 | 25m | 10-1-81 | Hilversum (NED) |
| 25. van Duin Margret | 60 | 08-021 | 1:19.90 | 25m | 21-5-78 | Heemskerk (NED) |

200 rugslag

| | | | | | | |
|--------------------------|----|--------|---------|-----|----------|------------------|
| 1. Kingma Danae | 00 | 08-021 | 2:27.57 | 25m | 18-3-18 | Purmerend (NED) |
| 2. Crok Linda | 94 | 08-021 | 2:38.79 | 25m | 22-1-12 | Zaandam (NED) |
| 3. Groen Anne | 95 | 08-021 | 2:40.06 | 25m | 21-4-13 | Heemskerk (NED) |
| 4. Schelvis Femke | 84 | 08-021 | 2:41.01 | 25m | 31-1-02 | Heemskerk |
| 5. Vink Lidewij | 90 | 08-021 | 2:43.41 | 25m | 9-3-08 | Heemskerk (NED) |
| 6. Petit Kirsten | 00 | 08-021 | 2:43.44 | 25m | 18-3-18 | Purmerend (NED) |
| 7. Kleijne Daisy | 89 | 08-021 | 2:44.10 | 25m | 21-10-07 | Zaandam (NED) |
| 8. Kramer Miranda | 80 | 08-021 | 2:44.76 | 25m | 24-9-98 | Heemskerk (NED) |
| 9. Niesten Iris | 92 | 08-021 | 2:45.90 | 25m | 14-3-10 | Heemskerk (NED) |
| 10. Meijer Sylvia | 81 | 08-021 | 2:45.96 | 50m | 30-5-99 | Beverwijk (NED) |
| 11. Hulshof Saskia | 73 | 08-021 | 2:46.80 | 25m | 3-11-91 | Assendelft (NED) |
| 12. van der Kroft Nicole | 84 | 08-021 | 2:46.91 | 25m | 31-1-02 | Heemskerk |
| 13. Essers Sanne | 91 | 08-021 | 2:47.76 | 25m | 15-3-09 | Haarlem (NED) |
| 14. Stins Mariska | 84 | 08-021 | 2:48.40 | 25m | 31-1-02 | Heemskerk |
| 15. Zonneveld Chantal | 84 | 08-021 | 2:49.17 | 25m | 31-1-02 | Heemskerk |
| 16. Hoek Daniëlle | 88 | 08-021 | 2:49.42 | 25m | 26-1-06 | Heemskerk (NED) |
| 17. Crok Annemarie | 89 | 08-021 | 2:49.51 | 25m | 25-1-07 | Heemskerk (NED) |
| 18. Palmboom Nicole | 91 | 08-021 | 2:49.80 | 25m | 23-4-09 | Heemskerk (NED) |
| 19. van Eerden Meike | 00 | 08-021 | 2:51.40 | 25m | 18-3-18 | Purmerend (NED) |
| 20. Verbree Bets | 63 | 08-021 | 2:51.60 | 25m | 11-4-81 | Heemskerk (NED) |
| 21. van der Gracht Anouk | 89 | 08-021 | 2:52.03 | 25m | 25-1-07 | Heemskerk (NED) |
| 22. Groot Tineke | 60 | 08-021 | 2:53.00 | 25m | 12-3-78 | Zaandam (NED) |
| 23. van Duin Margret | 60 | 08-021 | 2:54.20 | 25m | 12-3-78 | Zaandam (NED) |
| 24. Meijer Linda | 77 | 08-021 | 2:54.60 | 25m | 22-1-95 | Castricum (NED) |
| 25. Stam Vanessa | 80 | 08-021 | 2:55.12 | 25m | 11-10-98 | Alkmaar (NED) |

417

500 rugslag

| | | | | | | |
|-------------------------|----|--------|---------|----|--------|-----------|
| 1. van der Gracht Anouk | 89 | 08-021 | 8:56.86 | OW | 7-7-07 | Oss (NED) |
|-------------------------|----|--------|---------|----|--------|-----------|

25 schoolslag

| | | | | | | |
|-------------------------|----|--------|-------|-----|---------|-----------------|
| 1. Kramer Miranda | 80 | 08-021 | 17.60 | 25m | 19-3-98 | Heemskerk (NED) |
| 2. van Rookhuizen Sieta | 79 | 08-021 | 17.80 | 25m | 13-3-97 | Heemskerk (NED) |
| 3. Stam Vanessa | 80 | 08-021 | 18.10 | 25m | 19-3-98 | Heemskerk (NED) |
| 4. van der Gracht Anouk | 89 | 08-021 | 18.82 | 25m | 19-4-07 | Heemskerk (NED) |
| 5. Vink Lidewij | 90 | 08-021 | 19.13 | 25m | 29-5-08 | Heemskerk (NED) |
| 6. Kleijne Daisy | 89 | 08-021 | 19.45 | 25m | 19-4-07 | Heemskerk (NED) |
| 7. Crok Annemarie | 89 | 08-021 | 19.88 | 25m | 19-4-07 | Heemskerk (NED) |
| 8. Heus Pauline | 78 | 08-021 | 20.30 | 25m | 14-3-96 | Heemskerk (NED) |
| 9. Beentjes Nicolet | 80 | 08-021 | 20.50 | 25m | 19-3-98 | Heemskerk (NED) |
| 10. Molenaar Eline | 82 | 08-021 | 21.07 | 25m | 17-2-00 | Heemskerk (NED) |
| 11. ten Cate Joyce | 80 | 08-021 | 22.40 | 25m | 19-3-98 | Heemskerk (NED) |
| 12. Huneke Jolanda | 79 | 08-021 | 23.80 | 25m | 13-3-97 | Heemskerk (NED) |

50 schoolslag

| | | | | | | |
|--------------------------|----|--------|-------|-----|----------|-----------------|
| 1. Kingma Danae | 00 | 08-021 | 36.54 | 25m | 12-4-18 | Heemskerk (NED) |
| 2. Broek Jade | 97 | 08-021 | 36.80 | 25m | 4-10-15 | Purmerend (NED) |
| 3. Kramer Miranda | 80 | 08-021 | 38.93 | 25m | 24-9-98 | Heemskerk (NED) |
| 4. de Haan Shira | 00 | 08-021 | 39.02 | 25m | 1-4-18 | Haarlem (NED) |
| 5. Stam Vanessa | 80 | 08-021 | 39.20 | 25m | 9-4-98 | Heemskerk (NED) |
| 6. Palmboom Nicole | 91 | 08-021 | 39.31 | 25m | 31-5-09 | Purmerend (NED) |
| 7. Crok Linda | 94 | 08-021 | 39.81 | 25m | 30-9-12 | Heemskerk (NED) |
| 8. van Rookhuizen Sieta | 79 | 08-021 | 40.00 | 25m | 5-10-97 | Zaandam (NED) |
| 9. van der Kroft Nicole | 84 | 08-021 | 40.32 | 25m | 17-3-02 | Zaandam |
| 10. van der Gracht Anouk | 89 | 08-021 | 40.72 | 25m | 8-4-07 | Haarlem (NED) |
| 11. Crok Annemarie | 89 | 08-021 | 41.18 | 25m | 25-11-07 | Amsterdam (NED) |
| 12. van Giezen Sandra | 63 | 08-021 | 41.70 | 25m | 14-3-81 | Heemskerk (NED) |
| 13. Petit Kirsten | 00 | 08-021 | 41.84 | 25m | 12-4-18 | Heemskerk (NED) |
| 14. Kleijne Daisy | 89 | 08-021 | 41.93 | 25m | 29-4-07 | Alkmaar (NED) |
| 15. Vink Lidewij | 90 | 08-021 | 42.15 | 25m | 31-1-08 | Heemskerk (NED) |
| 16. Groen Anne | 95 | 08-021 | 42.19 | 25m | 21-3-13 | Heemskerk (NED) |
| 17. Heus Pauline | 78 | 08-021 | 42.50 | 25m | 27-10-96 | Zaandam (NED) |
| 18. Stins Mariska | 84 | 08-021 | 42.93 | 25m | 28-11-02 | Heemskerk |
| 19. Knight Kayleigh | 00 | 08-021 | 43.90 | 25m | 12-4-18 | Heemskerk (NED) |
| 20. Hulshof Saskia | 73 | 08-021 | 44.10 | 25m | 13-6-91 | Heemskerk (NED) |
| 21. Hoek Daniëlle | 88 | 08-021 | 44.26 | 25m | 23-4-06 | Zaandam (NED) |
| 22. Schelvis Roos | 86 | 08-021 | 44.44 | 25m | 25-11-04 | Heemskerk (NED) |
| 23. Verbree Bets | 63 | 08-021 | 44.50 | 25m | 14-3-81 | Heemskerk (NED) |
| 24. Essers Sanne | 91 | 08-021 | 44.54 | 25m | 15-11-09 | Haarlem (NED) |
| 25. Peters Yvonne | 63 | 08-021 | 44.70 | 25m | 14-3-81 | Heemskerk (NED) |

100 schoolslag

| | | | | | | |
|--------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Kingma Danae | 00 | 08-021 | 1:19.52 | 25m | 14-1-18 | Purmerend (NED) |
| 2. Drubers Mirjam | 67 | 08-021 | 1:20.90 | 25m | 31-12-85 | |
| 2. Broek Jade | 97 | 08-021 | 1:20.90 | 25m | 4-10-15 | Purmerend (NED) |
| 4. Kramer Miranda | 80 | 08-021 | 1:25.00 | 25m | 13-4-98 | Haarlem (NED) |
| 4. Stam Vanessa | 80 | 08-021 | 1:25.00 | 25m | 13-4-98 | Haarlem (NED) |
| 6. de Haan Shira | 00 | 08-021 | 1:25.13 | 25m | 4-2-18 | Purmerend (NED) |
| 7. van der Kroft Nicole | 84 | 08-021 | 1:25.98 | 25m | 28-3-02 | Heemskerk |
| 8. van Rookhuizen Sieta | 79 | 08-021 | 1:26.90 | 25m | 26-10-97 | Heemskerk (NED) |
| 9. Crok Linda | 94 | 08-021 | 1:27.46 | 25m | 11-10-12 | Heemskerk (NED) |
| 10. Palmboom Nicole | 91 | 08-021 | 1:28.38 | 25m | 10-5-09 | Purmerend (NED) |
| 11. van der Gracht Anouk | 89 | 08-021 | 1:29.12 | 25m | 29-4-07 | Alkmaar (NED) |
| 12. Crok Annemarie | 89 | 08-021 | 1:29.88 | 25m | 30-9-07 | Volendam (NED) |
| 13. Heus Pauline | 78 | 08-021 | 1:30.60 | 25m | 28-1-96 | Zaandam (NED) |
| 14. Groen Anne | 95 | 08-021 | 1:31.28 | 25m | 31-10-13 | Heemskerk (NED) |
| 15. Vink Lidewij | 90 | 08-021 | 1:31.29 | 25m | 30-10-08 | Heemskerk (NED) |
| 16. Stins Mariska | 84 | 08-021 | 1:31.59 | 25m | 28-3-02 | Heemskerk |
| 17. van Giezen Sandra | 63 | 08-021 | 1:32.40 | 25m | 6-9-81 | Heemskerk (NED) |
| 18. de Groot Gitta | 60 | 08-021 | 1:32.70 | 25m | 26-2-78 | Castricum (NED) |
| 19. Hoek Daniëlle | 88 | 08-021 | 1:33.50 | 25m | 16-4-06 | Haarlem (NED) |
| 20. Hulshof Saskia | 73 | 08-021 | 1:34.10 | 25m | 10-1-91 | Heemskerk (NED) |
| 21. Nijholt Carin | 60 | 08-021 | 1:34.20 | 25m | 27-5-78 | IJmuiden (NED) |
| 22. Knight Kayleigh | 00 | 08-021 | 1:34.91 | 25m | 14-1-18 | Purmerend (NED) |
| 23. Niesten Iris | 92 | 08-021 | 1:35.33 | 50m | 13-6-10 | Beverwijk (NED) |
| 24. de Ruijter Linda | 87 | 08-021 | 1:35.36 | 25m | 27-3-05 | Haarlem (NED) |
| 25. Beentjes Nicolet | 80 | 08-021 | 1:35.60 | 25m | 15-1-98 | Heemskerk (NED) |

200 schoolslag

| | | | | | | | |
|-----|----------------------|----|--------|---------|-----|----------|---------------------|
| 1. | de Haan Shira | 00 | 08-021 | 2:59.63 | 25m | 4-2-18 | Purmerend (NED) |
| 2. | Stam Vanessa | 80 | 08-021 | 3:01.40 | 25m | 26-4-98 | Alkmaar (NED) |
| 3. | Crok Linda | 94 | 08-021 | 3:05.75 | 25m | 11-3-12 | Zaandam (NED) |
| 4. | van der Kroft Nicole | 84 | 08-021 | 3:07.53 | 25m | 13-1-02 | Zaandam |
| 5. | van Rookhuizen Sieta | 79 | 08-021 | 3:07.70 | 25m | 6-4-97 | Heemskerk (NED) |
| 6. | Crok Annemarie | 89 | 08-021 | 3:14.46 | 25m | 13-12-07 | Heemskerk (NED) |
| 7. | Kleijne Daisy | 89 | 08-021 | 3:18.16 | 25m | 13-12-07 | Heemskerk (NED) |
| 8. | Stins Mariska | 84 | 08-021 | 3:19.12 | 25m | 31-10-02 | Heemskerk |
| 9. | Schelvis Roos | 86 | 08-021 | 3:19.76 | 25m | 18-1-04 | IJmuiden (NED) |
| 10. | Nijholt Carin | 60 | 08-021 | 3:21.40 | 25m | 22-1-78 | Zaandam (NED) |
| 11. | van der Gracht Anouk | 89 | 08-021 | 3:21.50 | 25m | 14-1-07 | Amsterdam (NED) |
| 12. | de Ruijter Linda | 87 | 08-021 | 3:22.48 | 25m | 16-1-05 | Zaandam (NED) |
| 13. | Limmen Miriam | 75 | 08-021 | 3:22.80 | 25m | 7-1-93 | Heemskerk (NED) |
| 14. | Hoek Daniëlle | 88 | 08-021 | 3:23.54 | 25m | 19-10-06 | Heemskerk |
| 15. | Hulshof Saskia | 73 | 08-021 | 3:23.60 | 25m | 22-9-91 | Zaandam (NED) |
| 16. | van Giezen Sandra | 63 | 08-021 | 3:25.30 | 25m | 31-5-81 | Heerhugowaard (NED) |
| 17. | de Groot Gitta | 60 | 08-021 | 3:27.00 | 25m | 3-6-78 | Z.O. Beemster (NED) |
| 18. | Peters Yvonne | 63 | 08-021 | 3:28.20 | 25m | 18-10-81 | Heemskerk (NED) |
| 19. | Groot Tineke | 60 | 08-021 | 3:29.00 | 25m | 22-1-78 | Zaandam (NED) |
| 20. | Schelvis Femke | 84 | 08-021 | 3:31.58 | 25m | 31-10-02 | Heemskerk |
| 21. | Essers Sanne | 91 | 08-021 | 3:37.22 | 50m | 29-3-09 | Alkmaar (NED) |
| 22. | Verbree Bets | 63 | 08-021 | 3:38.10 | 25m | 18-10-81 | Heemskerk (NED) |
| 23. | Meijer Sylvia | 81 | 08-021 | 3:39.35 | 25m | 10-10-99 | Zaandam (NED) |
| 24. | de Groot Linda | 81 | 08-021 | 3:47.84 | 25m | 10-10-99 | Zaandam (NED) |
| 25. | Zonneveld Cindy | 75 | 08-021 | 3:48.80 | 25m | 7-1-93 | Heemskerk (NED) |

262

500 schoolslag**800 schoolslag****1000 schoolslag**

| | | | | | | | |
|----|----------------------|----|--------|----------|----|--------|-------------|
| 1. | van der Gracht Anouk | 89 | 08-021 | 19:53.61 | OW | 4-8-07 | Hoorn (NED) |
|----|----------------------|----|--------|----------|----|--------|-------------|

1250 schoolslag**1500 schoolslag****2000 schoolslag**

| | | | | | | | |
|----|----------------------|----|--------|----------|----|---------|------------------|
| 1. | van der Gracht Anouk | 89 | 08-021 | 36:32.33 | OW | 24-6-07 | Breukelen (NED) |
| 2. | van Rookhuizen Sieta | 79 | 08-021 | 37:05.60 | OW | 29-6-97 | Breukelen (NED) |
| 3. | Stam Vanessa | 80 | 08-021 | 37:24.90 | OW | 28-6-98 | Breukelen (NED) |
| 4. | van Giezen Sandra | 63 | 08-021 | 43:16.00 | OW | 14-6-81 | Amstelveen (NED) |

2500 schoolslag**3000 schoolslag**

| | | | | | | | |
|----|----------------------|----|--------|------------|----|---------|---------------------|
| 1. | van der Gracht Anouk | 89 | 08-021 | 1:02:51.61 | OW | 21-7-07 | Anna-Paulowna (NED) |
|----|----------------------|----|--------|------------|----|---------|---------------------|

4000 schoolslag**5000 schoolslag****25 vlinderslag**

| | | | | | | |
|-------------------------|----|--------|-------|-----|---------|-----------------|
| 1. van der Gracht Anouk | 89 | 08-021 | 15.55 | 25m | 19-4-07 | Heemskerk (NED) |
| 2. Vink Lidewij | 90 | 08-021 | 15.57 | 25m | 29-5-08 | Heemskerk (NED) |
| 3. Stam Vanessa | 80 | 08-021 | 15.80 | 25m | 15-1-98 | Heemskerk (NED) |
| 4. Butter Anouk | 82 | 08-021 | 15.93 | 25m | 4-5-00 | Heemskerk (NED) |
| 5. Kramer Miranda | 80 | 08-021 | 16.00 | 25m | 15-1-98 | Heemskerk (NED) |
| 6. Crok Annemarie | 89 | 08-021 | 16.28 | 25m | 19-4-07 | Heemskerk (NED) |
| 7. Kleijne Daisy | 89 | 08-021 | 16.40 | 25m | 19-4-07 | Heemskerk (NED) |
| 8. Heus Pauline | 78 | 08-021 | 17.80 | 25m | 8-2-96 | Heemskerk (NED) |
| 9. van Rookhuizen Sieta | 79 | 08-021 | 18.80 | 25m | 13-2-97 | Heemskerk (NED) |
| 10. Huneker Jolanda | 79 | 08-021 | 19.70 | 25m | 13-2-97 | Heemskerk (NED) |
| 11. ten Cate Joyce | 80 | 08-021 | 20.10 | 25m | 15-1-98 | Heemskerk (NED) |
| 12. Beentjes Nicolet | 80 | 08-021 | 21.60 | 25m | 15-1-98 | Heemskerk (NED) |

50 vlinderslag

| | | | | | | |
|--------------------------|----|--------|-------|-----|----------|------------------|
| 1. Kingma Danae | 00 | 08-021 | 29.91 | 25m | 18-1-18 | Heemskerk (NED) |
| 2. Broek Jade | 97 | 08-021 | 30.60 | 25m | 10-12-15 | Heemskerk (NED) |
| 3. Drubers Mirjam | 67 | 08-021 | 32.50 | 25m | 10-11-85 | |
| 4. Palmboom Nicole | 91 | 08-021 | 32.87 | 25m | 13-4-09 | Haarlem (NED) |
| 5. Verbree Bets | 63 | 08-021 | 33.00 | 25m | 17-5-81 | Castricum (NED) |
| 6. Stam Vanessa | 80 | 08-021 | 33.30 | 25m | 24-5-98 | Zaandam (NED) |
| 7. de Haan Shira | 00 | 08-021 | 33.39 | 25m | 4-2-18 | Purmerend (NED) |
| 8. Schelvis Femke | 84 | 08-021 | 33.66 | 25m | 31-1-02 | Heemskerk |
| 9. Vink Lidewij | 90 | 08-021 | 33.71 | 25m | 24-3-08 | Haarlem (NED) |
| 10. van der Kroft Nicole | 84 | 08-021 | 33.80 | 25m | 24-3-02 | Heemstede |
| 11. van der Gracht Anouk | 89 | 08-021 | 33.92 | 25m | 28-12-07 | Maastricht (NED) |
| 12. Crok Annemarie | 89 | 08-021 | 34.27 | 25m | 11-3-07 | Purmerend (NED) |
| 13. Hoek Daniëlle | 88 | 08-021 | 34.30 | 25m | 14-12-06 | Heemskerk (NED) |
| 14. Crok Linda | 94 | 08-021 | 34.53 | 25m | 13-12-12 | Heemskerk (NED) |
| 15. Kleijne Daisy | 89 | 08-021 | 34.98 | 25m | 28-10-07 | Zaandam (NED) |
| 16. Stins Mariska | 84 | 08-021 | 35.11 | 25m | 17-3-02 | Zaandam |
| 17. Kramer Miranda | 80 | 08-021 | 35.26 | 25m | 27-9-98 | Assendelft (NED) |
| 18. Groen Anne | 95 | 08-021 | 35.42 | 25m | 5-1-13 | Hoom (NED) |
| 19. Meijer Sylvia | 81 | 08-021 | 35.59 | 25m | 20-5-99 | Heemskerk (NED) |
| 20. Butter Anouk | 82 | 08-021 | 35.61 | 25m | 14-12-00 | Heemskerk (NED) |
| 21. Petit Kirsten | 00 | 08-021 | 36.01 | 25m | 4-2-18 | Purmerend (NED) |
| 22. de Groot Gitta | 60 | 08-021 | 36.10 | 25m | 22-4-78 | Heemskerk (NED) |
| 23. Zonneveld Chantal | 84 | 08-021 | 36.49 | 25m | 31-1-02 | Heemskerk |
| 24. Hulshof Saskia | 73 | 08-021 | 36.80 | 25m | 10-1-91 | Heemskerk (NED) |
| 25. van Rookhuizen Sieta | 79 | 08-021 | 37.90 | 25m | 23-1-97 | Heemskerk |

100 vlinderslag

| | | | | | | |
|---------------------------|----|--------|---------|-----|----------|------------------|
| 1. Kingma Danae | 00 | 08-021 | 1:10.32 | 25m | 4-2-18 | Purmerend (NED) |
| 2. Drubers Mirjam | 67 | 08-021 | 1:10.80 | 25m | 31-12-85 | |
| 3. Vink Lidewij | 90 | 08-021 | 1:15.73 | 25m | 23-3-08 | Haarlem (NED) |
| 4. Palmboom Nicole | 91 | 08-021 | 1:16.33 | 25m | 12-4-09 | Haarlem (NED) |
| 5. Schelvis Femke | 84 | 08-021 | 1:16.63 | 25m | 6-10-02 | Zaandam |
| 6. Stam Vanessa | 80 | 08-021 | 1:16.90 | 25m | 6-6-98 | Zaandam (NED) |
| 7. van der Gracht Anouk | 89 | 08-021 | 1:17.07 | 25m | 21-10-07 | Zaandam (NED) |
| 8. de Haan Shira | 00 | 08-021 | 1:17.53 | 25m | 14-1-18 | Purmerend (NED) |
| 9. Verbree Bets | 63 | 08-021 | 1:17.90 | 25m | 15-11-81 | Assendelft (NED) |
| 10. Stins Mariska | 84 | 08-021 | 1:18.72 | 25m | 17-3-02 | Zaandam |
| 11. Crok Annemarie | 89 | 08-021 | 1:18.91 | 25m | 27-5-07 | Purmerend (NED) |
| 12. van der Kroft Nicole | 84 | 08-021 | 1:19.20 | 25m | 1-4-02 | Haarlem |
| 13. Hulshof Saskia | 73 | 08-021 | 1:19.30 | 25m | 24-3-91 | Zaandam (NED) |
| 14. Essers Sanne | 91 | 08-021 | 1:19.74 | 25m | 26-2-09 | Heemskerk (NED) |
| 15. Kramer Miranda | 80 | 08-021 | 1:20.90 | 25m | 8-3-98 | Zaandam (NED) |
| 16. Butter Anouk | 82 | 08-021 | 1:21.56 | 25m | 23-4-00 | Haarlem (NED) |
| 17. Crok Linda | 94 | 08-021 | 1:21.65 | 25m | 25-11-12 | Heemskerk (NED) |
| 18. Hoek Daniëlle | 88 | 08-021 | 1:22.83 | 25m | 30-3-06 | Heemskerk (NED) |
| 19. Kleijne Daisy | 89 | 08-021 | 1:23.48 | 25m | 29-3-07 | Heemskerk (NED) |
| 20. Zonneveld Chantal | 84 | 08-021 | 1:23.73 | 25m | 28-2-02 | Heemskerk |
| 21. Meijer Sylvia | 81 | 08-021 | 1:24.65 | 25m | 12-12-99 | Heemskerk (NED) |
| 22. van Ballegooie Simone | 84 | 08-021 | 1:24.79 | 25m | 28-2-02 | Heemskerk |
| 23. van Rookhuizen Sieta | 79 | 08-021 | 1:25.90 | 25m | 31-8-97 | Assendelft (NED) |
| 24. Groen Anne | 95 | 08-021 | 1:27.12 | 25m | 31-1-13 | Heemskerk (NED) |
| 25. van Duin Margret | 60 | 08-021 | 1:27.40 | 25m | 12-2-78 | Heemskerk (NED) |

200 vlinderslag

| | | | | | | |
|-------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Stam Vanessa | 80 | 08-021 | 2:49.10 | 25m | 29-3-98 | Heemstede (NED) |
| 2. Verbree Bets | 63 | 08-021 | 2:54.70 | 25m | 31-12-81 | |
| 3. Vink Lidewij | 90 | 08-021 | 2:57.39 | 50m | 25-5-08 | Beverwijk (NED) |
| 4. Stins Mariska | 84 | 08-021 | 2:59.69 | 25m | 28-11-02 | Heemskerk |
| 5. Schelvis Femke | 84 | 08-021 | 3:00.84 | 25m | 28-11-02 | Heemskerk |
| 6. de Haan Shira | 00 | 08-021 | 3:08.04 | 25m | 18-3-18 | Purmerend (NED) |
| 7. Hoek Daniëlle | 88 | 08-021 | 3:10.65 | 25m | 30-11-06 | Heemskerk |
| 8. Kramer Miranda | 80 | 08-021 | 3:10.90 | 25m | 29-3-98 | Heemstede (NED) |
| 9. van der Kroft Nicole | 84 | 08-021 | 3:19.60 | 25m | 28-11-02 | Heemskerk |

323

1000 vlinderslag**100 wisselslag**

| | | | | | | |
|-------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Kingma Danae | 00 | 08-021 | 1:09.25 | 25m | 17-5-18 | Heemskerk (NED) |
| 2. Crok Linda | 94 | 08-021 | 1:15.01 | 25m | 30-9-12 | Heemskerk (NED) |
| 3. Kramer Miranda | 80 | 08-021 | 1:15.65 | 25m | 15-11-98 | Zaandam (NED) |
| 4. Schelvis Femke | 84 | 08-021 | 1:15.81 | 25m | 26-9-02 | Heemskerk |
| 5. Palmboom Nicole | 91 | 08-021 | 1:16.07 | 25m | 6-12-09 | Zaandam (NED) |
| 6. de Haan Shira | 00 | 08-021 | 1:16.14 | 25m | 17-5-18 | Heemskerk (NED) |
| 7. Groen Anne | 95 | 08-021 | 1:16.52 | 25m | 25-4-13 | Heemskerk (NED) |
| 8. van der Gracht Anouk | 89 | 08-021 | 1:16.69 | 25m | 25-10-07 | Heemskerk (NED) |
| 9. Vink Lidewij | 90 | 08-021 | 1:16.88 | 25m | 27-4-08 | Alkmaar (NED) |
| 10. Hulshof Saskia | 73 | 08-021 | 1:16.90 | 25m | 14-3-91 | Heemskerk (NED) |

100 wisselslag (sinds 11)

| | | | | | | |
|---------------------------|----|--------|---------|-----|----------|----------------------|
| 11. Kleijne Daisy | 89 | 08-021 | 1:17.25 | 25m | 7-1-07 | Alkmaar (NED) |
| 12. Crok Annemarie | 89 | 08-021 | 1:17.39 | 25m | 25-10-07 | Heemskerk (NED) |
| 13. Meijer Sylvia | 81 | 08-021 | 1:18.16 | 25m | 18-2-99 | Heemskerk (NED) |
| 14. Hoek Daniëlle | 88 | 08-021 | 1:18.83 | 25m | 5-11-06 | Zaandam (NED) |
| 15. van der Kroft Nicole | 84 | 08-021 | 1:18.88 | 25m | 26-9-02 | Heemskerk |
| 16. Stins Mariska | 84 | 08-021 | 1:19.37 | 25m | 26-9-02 | Heemskerk |
| 17. Stam Vanessa | 80 | 08-021 | 1:19.60 | 25m | 15-11-98 | Zaandam (NED) |
| 18. Windmuller Wendy | 69 | 08-021 | 1:20.20 | 25m | 15-3-87 | Heemskerk (NED) |
| 19. Niesten Iris | 92 | 08-021 | 1:20.38 | 25m | 7-2-10 | Heemstede (NED) |
| 20. Heus Pauline | 78 | 08-021 | 1:20.70 | 25m | 15-12-96 | Heemskerk (NED) |
| 21. van Rookhuizen Sieta | 79 | 08-021 | 1:21.10 | 25m | 5-10-97 | Zaandam (NED) |
| 22. Essers Sanne | 91 | 08-021 | 1:21.67 | 25m | 4-10-09 | Amsterdam-oost (NED) |
| 23. van Ballegooie Simone | 84 | 08-021 | 1:22.04 | 25m | 26-9-02 | Heemskerk |
| 24. Besse Karen | 75 | 08-021 | 1:22.10 | 25m | 12-12-93 | Heemskerk (NED) |
| 25. Schelvis Roos | 86 | 08-021 | 1:22.27 | 25m | 30-9-04 | Heemskerk (NED) |

200 wisselslag

| | | | | | | |
|--------------------------|----|--------|---------|-----|----------|----------------------|
| 1. Kingma Danae | 00 | 08-021 | 2:33.54 | 25m | 4-2-18 | Purmerend (NED) |
| 2. Broek Jade | 97 | 08-021 | 2:35.38 | 25m | 15-11-15 | Purmerend (NED) |
| 3. Drubers Mirjam | 67 | 08-021 | 2:35.70 | 25m | 18-5-85 | |
| 4. Crok Linda | 94 | 08-021 | 2:39.90 | 25m | 26-4-12 | Heemskerk (NED) |
| 5. Stam Vanessa | 80 | 08-021 | 2:41.90 | 25m | 5-4-98 | Heemskerk (NED) |
| 6. Crok Annemarie | 89 | 08-021 | 2:42.44 | 25m | 25-11-07 | Amsterdam (NED) |
| 7. Palmboom Nicole | 91 | 08-021 | 2:43.69 | 25m | 18-1-09 | Haarlem (NED) |
| 8. de Haan Shira | 00 | 08-021 | 2:44.34 | 25m | 14-1-18 | Purmerend (NED) |
| 9. Schelvis Femke | 84 | 08-021 | 2:44.51 | 25m | 13-1-02 | Zaandam |
| 10. van der Gracht Anouk | 89 | 08-021 | 2:45.65 | 25m | 2-12-07 | Alkmaar (NED) |
| 11. Kramer Miranda | 80 | 08-021 | 2:46.30 | 25m | 26-4-98 | Alkmaar (NED) |
| 12. Hulshof Saskia | 73 | 08-021 | 2:47.00 | 25m | 3-2-91 | Zaandam (NED) |
| 13. Kleijne Daisy | 89 | 08-021 | 2:48.15 | 25m | 25-11-07 | Amsterdam (NED) |
| 14. Vink Lidewij | 90 | 08-021 | 2:49.08 | 25m | 13-1-08 | Heemskerk (NED) |
| 15. Verbree Bets | 63 | 08-021 | 2:49.30 | 25m | 22-3-81 | Wieringerwerf (NED) |
| 16. Hoek Daniëlle | 88 | 08-021 | 2:50.46 | 25m | 9-4-06 | Purmerend (NED) |
| 17. Petit Kirsten | 00 | 08-021 | 2:52.13 | 25m | 4-2-18 | Purmerend (NED) |
| 18. Meijer Sylvia | 81 | 08-021 | 2:55.68 | 25m | 24-10-99 | Zaandam (NED) |
| 19. van Rookhuizen Sieta | 79 | 08-021 | 2:55.90 | 25m | 6-11-97 | Heemskerk (NED) |
| 20. van der Kroft Nicole | 84 | 08-021 | 2:56.34 | 50m | 20-10-02 | Beverwijk (NED) |
| 21. van Duin Margret | 60 | 08-021 | 2:56.50 | 25m | 31-12-78 | |
| 22. Stins Mariska | 84 | 08-021 | 2:56.61 | 25m | 8-9-02 | Heemskerk |
| 23. Niesten Iris | 92 | 08-021 | 2:56.85 | 25m | 17-1-10 | Amsterdam-oost (NED) |
| 24. Heus Pauline | 78 | 08-021 | 2:57.80 | 25m | 2-5-96 | Heemskerk (NED) |
| 25. de Ruijter Linda | 87 | 08-021 | 2:58.75 | 25m | 27-1-05 | Heemskerk (NED) |

365

300 wisselslag**400 wisselslag**

| | | | | | | |
|-------------------------|----|--------|---------|-----|---------|---------------|
| 1. Vink Lidewij | 90 | 08-021 | 5:47.07 | 25m | 24-2-08 | Zaandam (NED) |
| 2. Stins Mariska | 84 | 08-021 | 5:55.41 | 25m | 24-2-02 | Heemskerk |
| 3. van der Kroft Nicole | 84 | 08-021 | 5:55.50 | 25m | 24-2-02 | Heemskerk |
| 4. van der Gracht Anouk | 89 | 08-021 | 6:05.54 | 25m | 11-2-07 | Zaandam (NED) |
| 5. Hoek Daniëlle | 88 | 08-021 | 6:06.11 | 25m | 29-1-06 | Zaandam (NED) |