

maandag 1 januari 1900 - zondag 1 juli 2018

Clubrecords 18 jaar

|                 |         |     |                        |    |                     |            |
|-----------------|---------|-----|------------------------|----|---------------------|------------|
| 50 vrije slag   | 38.20   | 25m | Missot Paul            | 64 |                     | 31-12-1974 |
| 100 vrije slag  | 1:21.10 | 25m | van Duin Margret       | 60 |                     | 31-12-1974 |
| 100 vrije slag  | 1:28.00 | 25m | Missot Paul            | 64 |                     | 31-12-1974 |
| 50 rugslag      | 51.70   | 25m | Huisman Caroline       | 64 |                     | 31-12-1974 |
| 50 rugslag      | 43.70   | 25m | Missot Paul            | 64 |                     | 31-12-1974 |
| 100 rugslag     | 1:26.70 | 25m | van Duin Margret       | 60 |                     | 31-12-1974 |
| 100 rugslag     | 1:34.40 | 25m | Missot Paul            | 64 |                     | 31-12-1974 |
| 50 schoolslag   | 47.80   | 25m | Missot Paul            | 64 |                     | 31-12-1974 |
| 100 schoolslag  | 1:45.50 | 25m | Missot Paul            | 64 |                     | 31-12-1974 |
| 100 schoolslag  | 1:33.70 | 25m | Nijholt Carin          | 60 |                     | 31-12-1974 |
| 50 vlinderslag  | 45.10   | 25m | Missot Paul            | 64 |                     | 31-12-1974 |
| 100 vlinderslag | 1:56.30 | 25m | Missot Paul            | 64 |                     | 31-12-1974 |
| 200 wisselslag  | 3:17.50 | 25m | van Duin Margret       | 60 |                     | 31-12-1974 |
| 100 vrije slag  | 1:07.60 | 25m | Deen Peter             | 59 | Z.O. Beemster (NED) | 24-5-1975  |
| 100 rugslag     | 1:20.80 | 25m | Windmuller Hans-Pieter | 60 | Z.O. Beemster (NED) | 24-5-1975  |
| 100 schoolslag  | 1:40.30 | 25m | Windmuller Ton         | 62 | Z.O. Beemster (NED) | 24-5-1975  |
| 200 schoolslag  | 3:57.50 | 25m | van Duin Joke          | 59 | Z.O. Beemster (NED) | 24-5-1975  |
| 200 schoolslag  | 3:23.10 | 25m | Kock Albert            | 61 | Z.O. Beemster (NED) | 24-5-1975  |
| 100 rugslag     | 1:18.60 | 25m | Deen Peter             | 59 | Zaandam (NED)       | 28-9-1975  |
| 100 rugslag     | 1:23.80 | 25m | van Duin Margret       | 60 | Zaandam (NED)       | 28-9-1975  |
| 200 wisselslag  | 3:12.10 | 25m | Windmuller Ton         | 62 | Zaandam (NED)       | 28-9-1975  |
| 100 vlinderslag | 1:29.80 | 25m | Windmuller Ton         | 62 | Heemskerk (NED)     | 12-10-1975 |
| 100 schoolslag  | 1:27.80 | 25m | Deen Peter             | 59 | Alkmaar (NED)       | 9-11-1975  |
| 100 wisselslag  | 1:30.40 | 25m | Missot Paul            | 64 | Alkmaar (NED)       | 9-11-1975  |
| 100 vrije slag  | 1:17.30 | 25m | van Duin Margret       | 60 |                     | 31-12-1975 |
| 200 vrije slag  | 2:51.60 | 25m | Windmuller Hans-Pieter | 60 |                     | 31-12-1975 |
| 200 vrije slag  | 3:05.50 | 25m | van Duin Margret       | 60 |                     | 31-12-1975 |
| 100 rugslag     | 1:23.60 | 25m | van Duin Margret       | 60 |                     | 31-12-1975 |
| 200 rugslag     | 3:07.20 | 25m | van Duin Margret       | 60 |                     | 31-12-1975 |
| 200 rugslag     | 2:53.50 | 25m | Windmuller Hans-Pieter | 60 |                     | 31-12-1975 |
| 100 schoolslag  | 1:33.20 | 25m | Nijholt Carin          | 60 |                     | 31-12-1975 |
| 200 schoolslag  | 3:17.20 | 25m | Deen Peter             | 59 |                     | 31-12-1975 |
| 200 schoolslag  | 3:24.50 | 25m | Niesten Annet          | 62 |                     | 31-12-1975 |
| 50 vlinderslag  | 48.60   | 25m | Missot Gonda           | 66 |                     | 31-12-1975 |
| 100 vlinderslag | 1:32.50 | 25m | van Duin Margret       | 60 |                     | 31-12-1975 |
| 100 vlinderslag | 1:24.60 | 25m | Windmuller Hans-Pieter | 60 |                     | 31-12-1975 |
| 200 wisselslag  | 2:53.80 | 25m | Deen Peter             | 59 |                     | 31-12-1975 |
| 100 wisselslag  | 1:39.40 | 25m | Bouwman Esther         | 63 |                     | 31-12-1975 |
| 50 vrije slag   | 29.80   | 25m | Windmuller Hans-Pieter | 60 | Heemskerk (NED)     | 30-3-1976  |
| 50 vrije slag   | 33.20   | 25m | van Duin Margret       | 60 | Heemskerk (NED)     | 30-3-1976  |
| 50 schoolslag   | 43.00   | 25m | van Duin Margret       | 60 | Heemskerk (NED)     | 30-3-1976  |
| 50 schoolslag   | 39.50   | 25m | Deen Peter             | 59 | Heemskerk (NED)     | 30-3-1976  |
| 25 vrije slag   | 16.40   | 25m | Schouws Nico           | 59 | Heemskerk (NED)     | 30-3-1976  |
| 25 vrije slag   | 16.70   | 25m | Wegchelaer Ageeth      | 62 | Heemskerk (NED)     | 30-3-1976  |
| 25 schoolslag   | 19.20   | 25m | Verdonk Pim            | 63 | Heemskerk (NED)     | 30-3-1976  |
| 25 schoolslag   | 20.40   | 25m | Glorie Astrid          | 63 | Heemskerk (NED)     | 30-3-1976  |
| 100 vrije slag  | 1:06.40 | 25m | van der Heijden Hans   | 60 |                     | 23-4-1976  |
| 100 vrije slag  | 1:16.40 | 25m | van Duin Margret       | 60 | Heemskerk (NED)     | 24-4-1976  |
| 100 wisselslag  | 1:30.60 | 25m | Niesten Annet          | 62 | Heemskerk (NED)     | 24-4-1976  |
| 50 vrije slag   | 28.90   | 25m | van der Heijden Hans   | 60 | Heemskerk (NED)     | 14-9-1976  |
| 50 rugslag      | 35.10   | 25m | Windmuller Hans-Pieter | 60 | Heemskerk (NED)     | 14-9-1976  |
| 50 rugslag      | 37.10   | 25m | van Duin Margret       | 60 | Heemskerk (NED)     | 14-9-1976  |

|                 |         |     |                        |    |                  |            |
|-----------------|---------|-----|------------------------|----|------------------|------------|
| 25 vrije slag   | 15.80   | 25m | Keessen Pam            | 62 | Heemskerk (NED)  | 14-9-1976  |
| 25 vrije slag   | 15.80   | 25m | Schouws Nico           | 59 | Heemskerk (NED)  | 14-9-1976  |
| 25 schoolslag   | 19.60   | 25m | van Duin Margret       | 60 | Heemskerk (NED)  | 14-9-1976  |
| 25 schoolslag   | 17.80   | 25m | van der Heijden Hans   | 60 | Heemskerk (NED)  | 14-9-1976  |
| 25 schoolslag   | 19.60   | 25m | Nijholt Carin          | 60 | Heemskerk (NED)  | 14-9-1976  |
| 200 vrije slag  | 2:46.90 | 25m | Windmuller Ton         | 62 |                  | 31-12-1976 |
| 200 vrije slag  | 2:44.90 | 25m | Verbree Bets           | 63 | Heemskerk (NED)  | 8-1-1977   |
| 200 vrije slag  | 2:21.00 | 25m | van der Heijden Hans   | 60 | Heemskerk (NED)  | 8-1-1977   |
| 200 rugslag     | 2:58.80 | 25m | van Duin Margret       | 60 | Heemskerk (NED)  | 8-1-1977   |
| 200 schoolslag  | 3:08.70 | 25m | van der Heijden Hans   | 60 | Heemskerk (NED)  | 8-1-1977   |
| 200 wisselslag  | 2:47.70 | 25m | van der Heijden Hans   | 60 | Heemskerk (NED)  | 8-1-1977   |
| 100 vrije slag  | 1:13.20 | 25m | de Groot Gitta         | 60 | Heemskerk (NED)  | 17-9-1977  |
| 100 schoolslag  | 1:31.60 | 25m | Nijholt Carin          | 60 | Heemskerk (NED)  | 17-9-1977  |
| 100 vrije slag  | 1:05.90 | 25m | Verbree John           | 61 | Zandvoort (NED)  | 23-10-1977 |
| 100 vrije slag  | 1:09.20 | 25m | Verbree Bets           | 63 | Zandvoort (NED)  | 23-10-1977 |
| 100 schoolslag  | 1:31.00 | 25m | de Groot Gitta         | 60 | Zandvoort (NED)  | 23-10-1977 |
| 100 schoolslag  | 1:24.90 | 25m | Hof Ronnalt            | 60 | Zandvoort (NED)  | 23-10-1977 |
| 50 vlinderslag  | 35.80   | 25m | de Groot Gitta         | 60 | Zandvoort (NED)  | 23-10-1977 |
| 50 vlinderslag  | 35.50   | 25m | Windmuller Hans-Pieter | 60 | Zandvoort (NED)  | 23-10-1977 |
| 100 vlinderslag | 1:25.80 | 25m | Verbree Bets           | 63 | Zandvoort (NED)  | 23-10-1977 |
| 100 vlinderslag | 1:18.70 | 25m | Verbree John           | 61 | Heemskerk (NED)  | 19-11-1977 |
| 100 vrije slag  | 1:08.50 | 25m | Verbree Bets           | 63 | Ijmuiden (NED)   | 27-11-1977 |
| 100 rugslag     | 1:18.40 | 25m | de Caluwe Perry        | 61 | Ijmuiden (NED)   | 27-11-1977 |
| 50 schoolslag   | 38.00   | 25m | Hof Ronnalt            | 60 | Ijmuiden (NED)   | 27-11-1977 |
| 50 schoolslag   | 42.00   | 25m | Nijholt Carin          | 60 | Ijmuiden (NED)   | 27-11-1977 |
| 50 vlinderslag  | 31.20   | 25m | Verbree John           | 61 | Ijmuiden (NED)   | 27-11-1977 |
| 50 vlinderslag  | 35.00   | 25m | Verbree Bets           | 63 | Ijmuiden (NED)   | 27-11-1977 |
| 200 wisselslag  | 2:59.50 | 25m | de Groot Gitta         | 60 | Ijmuiden (NED)   | 27-11-1977 |
| 100 vrije slag  | 1:08.20 | 25m | Verbree Bets           | 63 | Heemskerk (NED)  | 10-12-1977 |
| 100 rugslag     | 1:21.70 | 25m | van Duin Margret       | 60 | Heemskerk (NED)  | 10-12-1977 |
| 200 wisselslag  | 2:52.00 | 25m | Verbree Bets           | 63 | Heemskerk (NED)  | 10-12-1977 |
| 100 wisselslag  | 1:27.90 | 25m | Plokker Robert         | 65 | Heemskerk (NED)  | 10-12-1977 |
| 100 vrije slag  | 1:08.10 | 25m | Verbree Bets           | 63 | Zaandam (NED)    | 22-1-1978  |
| 100 vrije slag  | 1:05.00 | 25m | Overmeer Michel        | 60 | Zaandam (NED)    | 22-1-1978  |
| 100 rugslag     | 1:17.90 | 25m | de Caluwe Perry        | 61 | Zaandam (NED)    | 22-1-1978  |
| 100 rugslag     | 1:20.00 | 25m | van Duin Margret       | 60 | Zaandam (NED)    | 22-1-1978  |
| 50 schoolslag   | 37.80   | 25m | Verdonk Pim            | 63 | Zaandam (NED)    | 22-1-1978  |
| 50 schoolslag   | 41.80   | 25m | Niesten Annet          | 62 | Zaandam (NED)    | 22-1-1978  |
| 200 schoolslag  | 3:04.30 | 25m | Hof Ronnalt            | 60 | Zaandam (NED)    | 22-1-1978  |
| 200 schoolslag  | 3:21.40 | 25m | Nijholt Carin          | 60 | Zaandam (NED)    | 22-1-1978  |
| 50 vrije slag   | 32.10   | 25m | de Groot Gitta         | 60 | Heemskerk (NED)  | 12-2-1978  |
| 100 schoolslag  | 1:30.80 | 25m | Niesten Annet          | 62 | Heemskerk (NED)  | 12-2-1978  |
| 100 schoolslag  | 1:24.70 | 25m | Verdonk Pim            | 63 | Heemskerk (NED)  | 12-2-1978  |
| 100 vlinderslag | 1:15.20 | 25m | Verbree John           | 61 | Heemskerk (NED)  | 12-2-1978  |
| 100 wisselslag  | 1:27.40 | 25m | de Caluwe Johan        | 64 | Heemskerk (NED)  | 12-2-1978  |
| 100 vrije slag  | 1:04.30 | 25m | Verbree John           | 61 | Assendelft (NED) | 19-2-1978  |
| 100 vrije slag  | 1:07.60 | 25m | Verbree Bets           | 63 | Castricum (NED)  | 26-2-1978  |
| 100 schoolslag  | 1:24.00 | 25m | Hof Ronnalt            | 60 | Castricum (NED)  | 26-2-1978  |
| 200 rugslag     | 2:53.00 | 25m | Groot Tineke           | 60 | Zaandam (NED)    | 12-3-1978  |
| 100 rugslag     | 1:17.10 | 25m | de Caluwe Perry        | 61 | Heemskerk (NED)  | 22-4-1978  |
| 200 rugslag     | 2:51.60 | 25m | de Caluwe Perry        | 61 | Heemskerk (NED)  | 22-4-1978  |
| 50 schoolslag   | 37.70   | 25m | Verdonk Pim            | 63 | Heemskerk (NED)  | 22-4-1978  |
| 200 schoolslag  | 3:18.10 | 25m | Niesten Annet          | 62 | Heemskerk (NED)  | 22-4-1978  |
| 200 vrije slag  | 2:34.30 | 25m | Verbree Bets           | 63 | Assendelft (NED) | 7-5-1978   |

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|-----------------|---------|-----|-------------------------|----|---------------------|------------|
| 100 rugslag     | 1:16.60 | 25m | de Caluwe Perry         | 61 | Assendelft (NED)    | 7-5-1978   |
| 200 schoolslag  | 3:11.10 | 25m | Niesten Annet           | 62 | Assendelft (NED)    | 7-5-1978   |
| 100 vrije slag  | 1:02.10 | 25m | Verbree John            | 61 | Heemskerk (NED)     | 21-5-1978  |
| 100 rugslag     | 1:19.90 | 25m | van Duin Margret        | 60 | Heemskerk (NED)     | 21-5-1978  |
| 100 wisselslag  | 1:26.40 | 25m | Lund Karin              | 63 | Heemskerk (NED)     | 21-5-1978  |
| 100 vlinderslag | 1:15.00 | 25m | Verbree John            | 61 | Ijmuiden (NED)      | 27-5-1978  |
| 50 vrije slag   | 41.80   | 50m | Plokker Sylvia          | 68 | Beverwijk (NED)     | 11-6-1978  |
| 50 vrije slag   | 38.80   | 50m | Hagebout Marcel         | 68 | Beverwijk (NED)     | 11-6-1978  |
| 100 vrije slag  | 1:09.80 | 50m | Verbree Bets            | 63 | Beverwijk (NED)     | 11-6-1978  |
| 100 vrije slag  | 1:05.20 | 50m | Verbree John            | 61 | Beverwijk (NED)     | 11-6-1978  |
| 100 rugslag     | 1:23.90 | 50m | van den Akker Dennis    | 63 | Beverwijk (NED)     | 11-6-1978  |
| 100 rugslag     | 1:25.50 | 50m | Bakkum Wilma            | 62 | Beverwijk (NED)     | 11-6-1978  |
| 100 schoolslag  | 1:29.90 | 50m | Missot Paul             | 64 | Beverwijk (NED)     | 11-6-1978  |
| 100 schoolslag  | 1:36.00 | 50m | van Galen Angela        | 65 | Beverwijk (NED)     | 11-6-1978  |
| 200 schoolslag  | 3:16.30 | 50m | Niesten Annet           | 62 | Beverwijk (NED)     | 11-6-1978  |
| 200 schoolslag  | 3:13.20 | 50m | Hof Ronnalt             | 60 | Beverwijk (NED)     | 11-6-1978  |
| 100 schoolslag  | 1:23.00 | 25m | Kranenburg Fred         | 63 |                     | 31-12-1978 |
| 200 vrije slag  | 2:18.30 | 25m | Kranenburg Fred         | 63 | Deinze (BEL)        | 21-4-1979  |
| 200 vrije slag  | 2:31.00 | 25m | Verbree Bets            | 63 | Deinze (BEL)        | 21-4-1979  |
| 100 schoolslag  | 1:30.00 | 25m | van Galen Angela        | 65 | Deinze (BEL)        | 21-4-1979  |
| 200 wisselslag  | 2:40.50 | 25m | Kranenburg Fred         | 63 | Deinze (BEL)        | 21-4-1979  |
| 50 vrije slag   | 27.50   | 25m | Verbree John            | 61 | Heemskerk (NED)     | 1-9-1979   |
| 50 vrije slag   | 30.30   | 25m | Verbree Bets            | 63 | Heemskerk (NED)     | 1-9-1979   |
| 100 rugslag     | 1:13.70 | 25m | Kranenburg Fred         | 63 | Heemskerk (NED)     | 1-9-1979   |
| 200 wisselslag  | 2:38.40 | 25m | Kranenburg Fred         | 63 | Wormerveer (NED)    | 9-9-1979   |
| 200 wisselslag  | 2:50.80 | 25m | Verbree Bets            | 63 | Wormerveer (NED)    | 9-9-1979   |
| 100 vlinderslag | 1:21.00 | 25m | Verbree Bets            | 63 | Heemskerk (NED)     | 15-9-1979  |
| 100 vlinderslag | 1:12.80 | 25m | Verbree John            | 61 | Heemskerk (NED)     | 15-9-1979  |
| 200 rugslag     | 2:50.10 | 25m | de Caluwe Perry         | 61 | Heemskerk (NED)     | 7-10-1979  |
| 100 vlinderslag | 1:07.50 | 25m | Verbree John            | 61 | Heemskerk (NED)     | 7-10-1979  |
| 50 rugslag      | 33.80   | 25m | Kranenburg Fred         | 63 | Heemskerk (NED)     | 13-10-1979 |
| 25 rugslag      | 22.50   | 25m | Pover Peter             | 69 | Heemskerk (NED)     | 13-10-1979 |
| 25 rugslag      | 22.30   | 25m | Aafjes Suzan            | 69 | Heemskerk (NED)     | 13-10-1979 |
| 100 vrije slag  | 1:06.80 | 25m | Verbree Bets            | 63 | Heerhugowaard (NED) | 28-10-1979 |
| 100 rugslag     | 1:13.30 | 25m | Kranenburg Fred         | 63 | Heerhugowaard (NED) | 28-10-1979 |
| 100 vlinderslag | 1:20.10 | 25m | Verbree Bets            | 63 | Heerhugowaard (NED) | 28-10-1979 |
| 200 wisselslag  | 2:37.80 | 25m | Kranenburg Fred         | 63 | Zaandam (NED)       | 4-11-1979  |
| 100 vrije slag  | 1:01.00 | 25m | Verbree John            | 61 | Heemskerk (NED)     | 25-11-1979 |
| 200 rugslag     | 2:41.30 | 25m | de Caluwe Perry         | 61 | Heemskerk (NED)     | 25-11-1979 |
| 100 schoolslag  | 1:28.50 | 25m | van Galen Angela        | 65 | Heemskerk (NED)     | 25-11-1979 |
| 100 vlinderslag | 1:17.30 | 25m | Verbree Bets            | 63 | Heemskerk (NED)     | 25-11-1979 |
| 200 vlinderslag | 2:58.90 | 25m | Kranenburg Fred         | 63 | Zaandam (NED)       | 2-12-1979  |
| 200 vlinderslag | 3:35.60 | 25m | Verbree Bets            | 63 | Zaandam (NED)       | 2-12-1979  |
| 100 wisselslag  | 1:15.70 | 25m | Verbree John            | 61 | Heemskerk (NED)     | 8-12-1979  |
| 100 wisselslag  | 1:20.30 | 25m | Verbree Bets            | 63 | Heemskerk (NED)     | 8-12-1979  |
| 50 vrije slag   | 27.30   | 25m | Verbree John            | 61 | (NED)               | 16-12-1979 |
| 50 vrije slag   | 30.20   | 25m | Verbree Bets            | 63 | (NED)               | 16-12-1979 |
| 100 rugslag     | 1:13.20 | 25m | Kranenburg Fred         | 63 |                     | 31-12-1979 |
| 50 vlinderslag  | 34.00   | 25m | Verbree Bets            | 63 |                     | 31-12-1979 |
| 100 rugslag     | 1:10.70 | 25m | Kranenburg Fred         | 63 | Zaandam (NED)       | 27-1-1980  |
| 100 schoolslag  | 1:22.00 | 25m | van Duin Peter          | 65 | Zaandam (NED)       | 27-1-1980  |
| 200 wisselslag  | 2:37.00 | 25m | Kranenburg Fred         | 63 | Zaandam (NED)       | 27-1-1980  |
| 25 rugslag      | 21.50   | 25m | van Honschoten Ingeborg | 70 | Heerhugowaard (NED) | 10-2-1980  |
| 100 wisselslag  | 1:14.70 | 25m | Plokker Robert          | 65 | Heerhugowaard (NED) | 17-2-1980  |

|                 |          |     |                  |    |                     |            |
|-----------------|----------|-----|------------------|----|---------------------|------------|
| 100 vlinderslag | 1:16.80  | 25m | Verbree Bets     | 63 | Heemskerk (NED)     | 2-3-1980   |
| 200 vrije slag  | 2:28.10  | 25m | Verbree Bets     | 63 | Zandvoort (NED)     | 16-3-1980  |
| 200 vrije slag  | 2:17.90  | 25m | Kranenburg Fred  | 63 | Zandvoort (NED)     | 16-3-1980  |
| 400 vrije slag  | 5:24.90  | 25m | Missot Paul      | 64 | Zandvoort (NED)     | 16-3-1980  |
| 100 schoolslag  | 1:21.70  | 25m | Kranenburg Fred  | 63 | Zandvoort (NED)     | 16-3-1980  |
| 400 vrije slag  | 4:58.70  | 25m | Kranenburg Fred  | 63 | Zaandam (NED)       | 13-4-1980  |
| 400 vrije slag  | 5:23.00  | 25m | Verbree Bets     | 63 | Zaandam (NED)       | 13-4-1980  |
| 100 wisselslag  | 1:09.20  | 25m | Kranenburg Fred  | 63 | Heemskerk (NED)     | 31-5-1980  |
| 100 wisselslag  | 1:18.60  | 25m | Verbree Bets     | 63 | Heemskerk (NED)     | 31-5-1980  |
| 200 schoolslag  | 3:01.20  | 25m | Kranenburg Fred  | 63 | Heemskerk (NED)     | 21-9-1980  |
| 50 schoolslag   | 41.60    | 25m | van Galen Angela | 65 | Heemskerk (NED)     | 4-10-1980  |
| 100 rugslag     | 1:18.50  | 25m | Verbree Bets     | 63 | Wormerveer (NED)    | 12-10-1980 |
| 200 schoolslag  | 2:59.50  | 25m | van Duin Peter   | 65 | Heemskerk (NED)     | 19-10-1980 |
| 200 rugslag     | 2:52.60  | 25m | Verbree Bets     | 63 | Castricum (NED)     | 2-11-1980  |
| 50 vlinderslag  | 31.00    | 25m | Kranenburg Fred  | 63 | Heemskerk (NED)     | 8-11-1980  |
| 50 vlinderslag  | 33.80    | 25m | Verbree Bets     | 63 | Heemskerk (NED)     | 8-11-1980  |
| 100 vrije slag  | 59.80    | 25m | Kranenburg Fred  | 63 | Haarlem (NED)       | 16-11-1980 |
| 200 rugslag     | 2:49.30  | 25m | Verbree Bets     | 63 | Haarlem (NED)       | 16-11-1980 |
| 200 rugslag     | 2:39.10  | 25m | Kranenburg Fred  | 63 | Haarlem (NED)       | 16-11-1980 |
| 100 schoolslag  | 1:21.60  | 25m | van Duin Peter   | 65 | Haarlem (NED)       | 16-11-1980 |
| 100 schoolslag  | 1:21.40  | 25m | van Duin Peter   | 65 | Heemskerk (NED)     | 22-11-1980 |
| 100 vlinderslag | 1:16.60  | 25m | Verbree Bets     | 63 | Heemskerk (NED)     | 30-11-1980 |
| 100 schoolslag  | 1:19.90  | 25m | van Duin Peter   | 65 | Hilversum (NED)     | 10-1-1981  |
| 200 wisselslag  | 2:35.00  | 25m | Kranenburg Fred  | 63 | Zaandam (NED)       | 18-1-1981  |
| 200 vrije slag  | 2:16.00  | 25m | Kranenburg Fred  | 63 | Sassenheim (NED)    | 8-2-1981   |
| 200 vrije slag  | 2:27.70  | 25m | Verbree Bets     | 63 | Sassenheim (NED)    | 8-2-1981   |
| 400 vrije slag  | 4:57.40  | 25m | Kranenburg Fred  | 63 | Heemskerk (NED)     | 14-3-1981  |
| 400 vrije slag  | 5:22.70  | 25m | Verbree Bets     | 63 | Heemskerk (NED)     | 14-3-1981  |
| 50 schoolslag   | 41.50    | 25m | van Galen Angela | 65 | Heemskerk (NED)     | 14-3-1981  |
| 50 schoolslag   | 36.30    | 25m | van Duin Peter   | 65 | Heemskerk (NED)     | 14-3-1981  |
| 200 schoolslag  | 2:57.30  | 25m | van Duin Peter   | 65 | Wieringerwerf (NED) | 22-3-1981  |
| 200 wisselslag  | 2:34.50  | 25m | Kranenburg Fred  | 63 | Wieringerwerf (NED) | 22-3-1981  |
| 200 wisselslag  | 2:49.30  | 25m | Verbree Bets     | 63 | Wieringerwerf (NED) | 22-3-1981  |
| 50 vrije slag   | 26.60    | 25m | Kranenburg Fred  | 63 | Heemskerk (NED)     | 5-4-1981   |
| 50 vrije slag   | 29.90    | 25m | Verbree Bets     | 63 | Heemskerk (NED)     | 5-4-1981   |
| 400 vrije slag  | 5:15.70  | 25m | Verbree Bets     | 63 | Heemskerk (NED)     | 5-4-1981   |
| 200 schoolslag  | 2:56.30  | 25m | van Duin Peter   | 65 | Heemskerk (NED)     | 5-4-1981   |
| 200 schoolslag  | 3:09.00  | 25m | van Galen Angela | 65 | Heemskerk (NED)     | 5-4-1981   |
| 400 wisselslag  | 5:37.10  | 25m | Kranenburg Fred  | 63 | Heemskerk (NED)     | 5-4-1981   |
| 50 vlinderslag  | 30.40    | 25m | Kranenburg Fred  | 63 | Heemskerk (NED)     | 11-4-1981  |
| 50 vlinderslag  | 33.10    | 25m | Verbree Bets     | 63 | Heemskerk (NED)     | 11-4-1981  |
| 50 vlinderslag  | 33.00    | 25m | Verbree Bets     | 63 | Castricum (NED)     | 17-5-1981  |
| 1000 vrije slag | 14:46.30 | OW  | Plokker Robert   | 65 | Amstelveen (NED)    | 14-6-1981  |
| 1000 vrije slag | 15:56.50 | OW  | Hermans Liesbeth | 66 | Amstelveen (NED)    | 14-6-1981  |
| 2000 schoolslag | 41:41.50 | OW  | van Galen Angela | 65 | Amstelveen (NED)    | 14-6-1981  |
| 50 rugslag      | 32.30    | 25m | Kranenburg Fred  | 63 | Heemskerk (NED)     | 7-11-1981  |
| 100 vrije slag  | 1:05.70  | 25m | Verbree Bets     | 63 | Hilversum (NED)     | 19-12-1981 |
| 100 vrije slag  | 59.30    | 25m | Kranenburg Fred  | 63 | Hilversum (NED)     | 19-12-1981 |
| 100 schoolslag  | 1:19.70  | 25m | Keessen Jeroen   | 67 | Hilversum (NED)     | 19-12-1981 |
| 200 vlinderslag | 2:54.70  | 25m | Verbree Bets     | 63 |                     | 31-12-1981 |
| 800 vrije slag  | 12:09.20 | 25m | Hermans Liesbeth | 66 | Wormerveer (NED)    | 10-1-1982  |
| 1500 vrije slag | 21:28.80 | 25m | Korzelius Ron    | 65 | Wormerveer (NED)    | 10-1-1982  |
| 400 wisselslag  | 6:49.10  | 25m | Tholen Kirsten   | 66 | Wormerveer (NED)    | 10-1-1982  |
| 100 schoolslag  | 1:18.70  | 25m | Keessen Jeroen   | 67 |                     | 17-1-1982  |

|                 |          |     |                      |    |                  |            |
|-----------------|----------|-----|----------------------|----|------------------|------------|
| 100 schoolslag  | 1:18.10  | 25m | Keessen Jeroen       | 67 |                  | 28-2-1982  |
| 400 wisselslag  | 6:35.50  | 25m | van Galen Angela     | 65 |                  | 28-2-1982  |
| 200 schoolslag  | 2:52.40  | 25m | Keessen Jeroen       | 67 |                  | 7-3-1982   |
| 100 schoolslag  | 1:28.20  | 25m | van Galen Angela     | 65 |                  | 14-3-1982  |
| 200 schoolslag  | 2:51.50  | 25m | van Duin Peter       | 65 |                  | 21-3-1982  |
| 400 wisselslag  | 6:27.30  | 25m | Tholen Kirsten       | 66 | Heemskerk (NED)  | 3-4-1982   |
| 2000 schoolslag | 38:42.40 | OW  | van Galen Angela     | 65 | Amstelveen (NED) | 30-6-1982  |
| 200 vrije slag  | 2:15.60  | 25m | Plokker Robert       | 65 | Heemskerk (NED)  | 16-1-1983  |
| 100 rugslag     | 1:17.50  | 25m | Poppema Yvonne       | 68 | Heemskerk (NED)  | 16-1-1983  |
| 100 schoolslag  | 1:16.70  | 25m | Keessen Jeroen       | 67 | Heemskerk (NED)  | 16-1-1983  |
| 100 schoolslag  | 1:16.00  | 25m | Keessen Jeroen       | 67 | Heemskerk (NED)  | 10-4-1983  |
| 2000 schoolslag | 35:38.50 | OW  | van Duin Peter       | 65 | Amstelveen (NED) | 30-6-1983  |
| 200 wisselslag  | 2:32.70  | 25m | Keessen Jeroen       | 67 | Heemskerk (NED)  | 11-12-1983 |
| 100 rugslag     | 1:16.30  | 25m | Poppema Yvonne       | 68 |                  | 31-12-1983 |
| 200 rugslag     | 2:43.10  | 25m | Poppema Yvonne       | 68 |                  | 31-12-1983 |
| 200 rugslag     | 2:35.50  | 25m | Schaaper Hans        | 68 | Zandvoort (NED)  | 22-1-1984  |
| 100 rugslag     | 1:15.10  | 25m | Poppema Yvonne       | 68 | Heemskerk (NED)  | 12-2-1984  |
| 50 rugslag      | 35.70    | 25m | Poppema Yvonne       | 68 | Heemskerk (NED)  | 2-9-1984   |
| 200 wisselslag  | 2:43.40  | 25m | Drubers Mirjam       | 67 | Heemskerk (NED)  | 2-9-1984   |
| 50 vrije slag   | 29.00    | 25m | Drubers Mirjam       | 67 | Heemskerk (NED)  | 23-9-1984  |
| 100 vlinderslag | 1:13.40  | 25m | Drubers Mirjam       | 67 | Heemskerk (NED)  | 23-9-1984  |
| 200 vrije slag  | 2:18.20  | 25m | Drubers Mirjam       | 67 | Volendam (NED)   | 7-10-1984  |
| 100 schoolslag  | 1:14.80  | 25m | Keessen Jeroen       | 67 | Egmond (NED)     | 28-10-1984 |
| 100 schoolslag  | 1:23.70  | 25m | Drubers Mirjam       | 67 | Egmond (NED)     | 28-10-1984 |
| 50 vlinderslag  | 30.10    | 25m | Keessen Jeroen       | 67 | Egmond (NED)     | 28-10-1984 |
| 200 schoolslag  | 2:44.10  | 25m | Keessen Jeroen       | 67 | Heemskerk (NED)  | 4-11-1984  |
| 100 vrije slag  | 1:01.60  | 25m | Drubers Mirjam       | 67 | Hilversum (NED)  | 15-12-1984 |
| 100 rugslag     | 1:10.30  | 25m | Schaaper Hans        | 68 | Hilversum (NED)  | 15-12-1984 |
| 100 schoolslag  | 1:21.90  | 25m | Drubers Mirjam       | 67 | Hilversum (NED)  | 15-12-1984 |
| 50 vrije slag   | 28.20    | 25m | Drubers Mirjam       | 67 |                  | 31-12-1984 |
| 200 wisselslag  | 2:35.70  | 25m | Drubers Mirjam       | 67 |                  | 18-5-1985  |
| 800 vrije slag  | 12:31.40 | 25m | Nolte Martijn        | 74 |                  | 22-9-1985  |
| 200 rugslag     | 2:42.70  | 25m | de Graaf Annemiek    | 70 | Wormerveer (NED) | 6-10-1985  |
| 50 rugslag      | 30.90    | 25m | van der Linden René  | 70 |                  | 10-11-1985 |
| 50 schoolslag   | 33.60    | 25m | van Rijn Michael     | 70 |                  | 10-11-1985 |
| 50 vlinderslag  | 32.50    | 25m | Drubers Mirjam       | 67 |                  | 10-11-1985 |
| 200 vrije slag  | 2:15.30  | 25m | Drubers Mirjam       | 67 |                  | 31-12-1985 |
| 100 schoolslag  | 1:20.90  | 25m | Drubers Mirjam       | 67 |                  | 31-12-1985 |
| 100 vlinderslag | 1:10.80  | 25m | Drubers Mirjam       | 67 |                  | 31-12-1985 |
| 100 rugslag     | 1:08.00  | 25m | van der Linden René  | 70 | Castricum (NED)  | 9-2-1986   |
| 100 schoolslag  | 1:14.30  | 25m | van Rijn Michael     | 70 | Castricum (NED)  | 9-2-1986   |
| 200 rugslag     | 2:39.30  | 25m | de Graaf Annemiek    | 70 |                  | 13-4-1986  |
| 100 schoolslag  | 1:13.70  | 25m | van Rijn Michael     | 70 |                  | 11-5-1986  |
| 800 vrije slag  | 11:32.00 | 25m | Nolte Martijn        | 74 |                  | 31-12-1986 |
| 200 schoolslag  | 3:05.90  | 25m | van der Geest Saskia | 73 | Zaandam (NED)    | 4-10-1987  |
| 25 vrije slag   | 13.10    | 25m | Pover Peter          | 69 | Heemskerk (NED)  | 17-12-1987 |
| 25 vrije slag   | 14.60    | 25m | Hulshof Saskia       | 73 | Heemskerk (NED)  | 17-12-1987 |
| 25 rugslag      | 17.20    | 25m | Hulshof Saskia       | 73 | Heemskerk (NED)  | 17-12-1987 |
| 25 rugslag      | 14.70    | 25m | Pover Peter          | 69 | Heemskerk (NED)  | 17-12-1987 |
| 25 schoolslag   | 18.40    | 25m | van der Geest Saskia | 73 | Heemskerk (NED)  | 17-12-1987 |
| 25 schoolslag   | 16.10    | 25m | Schaaper Bart        | 73 | Heemskerk (NED)  | 17-12-1987 |
| 25 vlinderslag  | 13.60    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)  | 17-12-1987 |
| 25 vlinderslag  | 16.60    | 25m | Besse Karen          | 75 | Heemskerk (NED)  | 17-12-1987 |
| 100 vlinderslag | 1:06.30  | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)  | 19-5-1988  |

|                 |          |     |                      |    |                     |            |
|-----------------|----------|-----|----------------------|----|---------------------|------------|
| 50 rugslag      | 34.10    | 25m | Hulshof Saskia       | 73 | Heemskerk (NED)     | 30-6-1988  |
| 50 vlinderslag  | 29.00    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 30-6-1988  |
| 100 rugslag     | 1:14.30  | 25m | Hulshof Saskia       | 73 |                     | 17-9-1988  |
| 800 vrije slag  | 11:26.50 | 25m | Meijer Arno          | 75 | (NED)               | 4-12-1988  |
| 200 vlinderslag | 2:47.60  | 25m | Schaaper Bart        | 73 | Heemskerk (NED)     | 8-12-1988  |
| 50 schoolslag   | 40.40    | 25m | Hulshof Saskia       | 73 |                     | 14-12-1988 |
| 200 rugslag     | 2:34.40  | 25m | Wiegman Stefan       | 74 |                     | 16-12-1988 |
| 1500 vrije slag | 22:20.60 | 25m | Besse Karen          | 75 | Heemskerk (NED)     | 29-12-1988 |
| 100 rugslag     | 1:13.10  | 25m | Hulshof Saskia       | 73 |                     | 31-12-1988 |
| 50 schoolslag   | 38.90    | 25m | van der Geest Saskia | 73 |                     | 31-12-1988 |
| 200 schoolslag  | 2:58.90  | 25m | van der Geest Saskia | 73 |                     | 31-12-1988 |
| 100 wisselslag  | 1:18.40  | 25m | Hulshof Saskia       | 73 |                     | 31-12-1988 |
| 100 rugslag     | 1:12.60  | 25m | Hulshof Saskia       | 73 | Hilversum (NED)     | 7-1-1989   |
| 100 wisselslag  | 1:18.30  | 25m | Hulshof Saskia       | 73 | Heemskerk (NED)     | 12-1-1989  |
| 25 vrije slag   | 12.40    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 12-1-1989  |
| 25 vrije slag   | 13.90    | 25m | Schuyt Simone        | 75 | Heemskerk (NED)     | 12-1-1989  |
| 25 rugslag      | 16.00    | 25m | Hulshof Saskia       | 73 | Heemskerk (NED)     | 12-1-1989  |
| 25 schoolslag   | 15.60    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 12-1-1989  |
| 25 schoolslag   | 17.90    | 25m | Hulshof Saskia       | 73 | Heemskerk (NED)     | 12-1-1989  |
| 25 vlinderslag  | 15.30    | 25m | Besse Karen          | 75 | Heemskerk (NED)     | 12-1-1989  |
| 25 vlinderslag  | 12.90    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 12-1-1989  |
| 400 vrije slag  | 4:56.30  | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 19-2-1989  |
| 100 vlinderslag | 1:05.10  | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 19-2-1989  |
| 50 vlinderslag  | 28.70    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 9-3-1989   |
| 100 vlinderslag | 1:04.40  | 25m | Kerkhof Arno         | 72 |                     | 16-4-1989  |
| 100 vrije slag  | 59.20    | 25m | Kerkhof Arno         | 72 |                     | 30-9-1989  |
| 200 vrije slag  | 2:15.40  | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 5-10-1989  |
| 50 vrije slag   | 26.20    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 5-11-1989  |
| 100 vrije slag  | 59.00    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 7-12-1989  |
| 800 vrije slag  | 11:13.40 | 25m | Besse Karen          | 75 | Heemskerk (NED)     | 28-12-1989 |
| 800 vrije slag  | 10:14.90 | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 28-12-1989 |
| 200 vlinderslag | 2:39.70  | 25m | Kerkhof Arno         | 72 |                     | 30-12-1989 |
| 100 wisselslag  | 1:16.20  | 25m | Hulshof Saskia       | 73 | Heemskerk (NED)     | 31-12-1989 |
| 100 wisselslag  | 1:07.70  | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 31-12-1989 |
| 25 vrije slag   | 13.70    | 25m | Hulshof Saskia       | 73 | Heemskerk (NED)     | 31-12-1989 |
| 25 vrije slag   | 13.70    | 25m | Schuyt Simone        | 75 | Heemskerk (NED)     | 31-12-1989 |
| 25 vrije slag   | 12.20    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 31-12-1989 |
| 100 vrije slag  | 58.80    | 25m | Kerkhof Arno         | 72 | Hilversum (NED)     | 6-1-1990   |
| 400 wisselslag  | 5:34.20  | 25m | Kerkhof Arno         | 72 |                     | 3-2-1990   |
| 400 wisselslag  | 6:03.50  | 25m | Besse Karen          | 75 | Volendam (NED)      | 4-2-1990   |
| 200 wisselslag  | 2:31.50  | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 11-2-1990  |
| 400 vrije slag  | 4:53.20  | 25m | Meijer Arno          | 75 | Heemskerk (NED)     | 11-3-1990  |
| 400 vrije slag  | 5:15.40  | 25m | Hulshof Saskia       | 73 | Heemskerk (NED)     | 11-3-1990  |
| 1500 vrije slag | 19:50.20 | 25m | Meijer Arno          | 75 | Heerhugowaard (NED) | 17-3-1990  |
| 50 vrije slag   | 26.10    | 25m | Kerkhof Arno         | 72 | Volendam (NED)      | 8-4-1990   |
| 1500 vrije slag | 19:44.00 | 25m | Kerkhof Arno         | 72 | Volendam (NED)      | 8-4-1990   |
| 800 vrije slag  | 10:05.00 | 25m | Kerkhof Arno         | 72 | Heemstede (NED)     | 22-4-1990  |
| 1500 vrije slag | 19:24.60 | 25m | Kerkhof Arno         | 72 | Heemstede (NED)     | 22-4-1990  |
| 100 vrije slag  | 57.90    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 3-5-1990   |
| 50 vrije slag   | 25.90    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 31-5-1990  |
| 100 vrije slag  | 57.30    | 25m | Kerkhof Arno         | 72 | Heemskerk (NED)     | 31-5-1990  |
| 400 vrije slag  | 4:51.60  | 25m | Meijer Arno          | 75 | Heemskerk (NED)     | 14-6-1990  |
| 1500 vrije slag | 19:18.50 | 25m | Meijer Arno          | 75 | Volendam (NED)      | 27-1-1991  |
| 400 vrije slag  | 4:46.30  | 25m | Meijer Arno          | 75 | Zaandam (NED)       | 3-2-1991   |

|                 |          |     |                  |    |                         |            |
|-----------------|----------|-----|------------------|----|-------------------------|------------|
| 200 wisselslag  | 2:29.60  | 25m | Meijer Arno      | 75 | Zaandam (NED)           | 3-2-1991   |
| 200 vrije slag  | 2:10.80  | 25m | Meijer Arno      | 75 | Heemskerk (NED)         | 24-2-1991  |
| 100 wisselslag  | 1:16.10  | 25m | Besse Karen      | 75 | Heemskerk (NED)         | 14-3-1991  |
| 200 wisselslag  | 2:29.20  | 25m | Meijer Arno      | 75 | Zaandam (NED)           | 24-3-1991  |
| 25 vrije slag   | 12.10    | 25m | Meijer Arno      | 75 | Heemskerk (NED)         | 16-5-1991  |
| 25 schoolslag   | 17.80    | 25m | van Honk Chantal | 80 | Heemskerk (NED)         | 16-5-1991  |
| 800 vrije slag  | 9:40.40  | 25m | Meijer Arno      | 75 | Heemskerk               | 6-6-1991   |
| 800 vrije slag  | 11:03.90 | 25m | Besse Karen      | 75 | Heemskerk               | 6-6-1991   |
| 50 schoolslag   | 37.40    | 25m | van Honk Chantal | 80 |                         | 2-2-1992   |
| 100 schoolslag  | 1:20.80  | 25m | van Honk Chantal | 80 | Leiden (NED)            | 22-2-1992  |
| 200 vrije slag  | 2:10.40  | 25m | Meijer Arno      | 75 | Zaandam (NED)           | 23-2-1992  |
| 200 schoolslag  | 2:57.30  | 25m | van Honk Chantal | 80 | Heemskerk (NED)         | 3-3-1992   |
| 200 wisselslag  | 2:28.70  | 25m | Meijer Arno      | 75 | Heemskerk (NED)         | 5-4-1992   |
| 800 vrije slag  | 11:00.20 | 25m | Limmen Karin     | 76 | Heemstede (NED)         | 12-4-1992  |
| 1500 vrije slag | 21:47.50 | 25m | Limmen Karin     | 76 | Assendelft (NED)        | 26-4-1992  |
| 25 vrije slag   | 11.90    | 25m | Meijer Arno      | 75 | Heemskerk               | 18-6-1992  |
| 200 rugslag     | 2:32.40  | 25m | Meijer Arno      | 75 | Heemskerk (NED)         | 12-11-1992 |
| 100 schoolslag  | 1:19.80  | 25m | van Honk Chantal | 80 | Heemskerk (NED)         | 13-12-1992 |
| 200 schoolslag  | 2:56.20  | 25m | van Honk Chantal | 80 | Heemskerk (NED)         | 7-1-1993   |
| 200 schoolslag  | 2:55.20  | 25m | van Honk Chantal | 80 | Zuidoost Beemster (NED) | 9-1-1993   |
| 1500 vrije slag | 21:25.00 | 25m | Limmen Karin     | 76 | Volendam (NED)          | 7-2-1993   |
| 200 vrije slag  | 2:31.20  | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 21-3-1993  |
| 200 rugslag     | 2:57.70  | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 21-3-1993  |
| 50 schoolslag   | 37.00    | 50m | van Honk Chantal | 80 | Beverwijk (NED)         | 21-3-1993  |
| 400 wisselslag  | 5:40.40  | 50m | Meijer Arno      | 75 | Beverwijk (NED)         | 21-3-1993  |
| 100 wisselslag  | 1:07.50  | 25m | Meijer Arno      | 75 | Heemskerk (NED)         | 15-4-1993  |
| 50 schoolslag   | 37.00    | 25m | van Honk Chantal | 80 |                         | 12-5-1993  |
| 200 rugslag     | 2:30.20  | 25m | Meijer Arno      | 75 | Heemskerk               | 14-10-1993 |
| 100 vrije slag  | 1:04.10  | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 28-5-1994  |
| 50 rugslag      | 36.70    | 50m | Meijer Linda     | 77 | Beverwijk (NED)         | 28-5-1994  |
| 200 wisselslag  | 3:09.20  | 50m | Kramer Vincent   | 82 | Beverwijk (NED)         | 28-5-1994  |
| 100 schoolslag  | 1:28.00  | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 11-6-1994  |
| 2000 vrije slag | 28:17.30 | OW  | Butter Martijn   | 79 | Harderwijk (NED)        | 12-7-1994  |
| 1000 schoolslag | 19:34.50 | OW  | Zwaan Bas        | 76 | Harderwijk (NED)        | 12-7-1994  |
| 1500 vrije slag | 18:16.30 | 25m | Butter Martijn   | 79 | Wormerveer (NED)        | 18-12-1994 |
| 400 wisselslag  | 5:23.80  | 25m | Butter Martijn   | 79 | Assendelft (NED)        | 19-2-1995  |
| 200 vrije slag  | 2:10.10  | 25m | Butter Martijn   | 79 | Heemskerk (NED)         | 23-2-1995  |
| 200 vrije slag  | 2:09.70  | 25m | Butter Martijn   | 79 | Zaandam (NED)           | 9-4-1995   |
| 400 vrije slag  | 4:35.90  | 25m | Butter Martijn   | 79 | Zaandam (NED)           | 9-4-1995   |
| 100 rugslag     | 1:06.80  | 25m | Butter Martijn   | 79 | Heemskerk (NED)         | 27-4-1995  |
| 100 rugslag     | 1:11.70  | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 13-5-1995  |
| 200 wisselslag  | 3:17.40  | 50m | Schelvis Femke   | 84 | Beverwijk (NED)         | 13-5-1995  |
| 1500 vrije slag | 18:40.70 | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 14-5-1995  |
| 400 vrije slag  | 4:31.90  | 25m | Butter Martijn   | 79 | Heemskerk (NED)         | 18-5-1995  |
| 100 vrije slag  | 1:01.70  | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 20-5-1995  |
| 100 rugslag     | 1:19.80  | 50m | Kramer Miranda   | 80 | Beverwijk (NED)         | 20-5-1995  |
| 200 schoolslag  | 3:09.50  | 50m | Oudendijk Paul   | 81 | Beverwijk (NED)         | 20-5-1995  |
| 200 wisselslag  | 2:34.30  | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 20-5-1995  |
| 200 vrije slag  | 2:16.00  | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 21-5-1995  |
| 400 wisselslag  | 5:31.30  | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 21-5-1995  |
| 400 vrije slag  | 4:44.70  | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 27-5-1995  |
| 100 schoolslag  | 1:35.00  | 50m | Moolevliet Petra | 82 | Beverwijk (NED)         | 27-5-1995  |
| 100 vlinderslag | 1:13.00  | 50m | Butter Martijn   | 79 | Beverwijk (NED)         | 27-5-1995  |
| 400 vrije slag  | 5:57.60  | 50m | Schelvis Femke   | 84 | Beverwijk (NED)         | 28-5-1995  |

|                 |          |     |                      |    |                     |            |
|-----------------|----------|-----|----------------------|----|---------------------|------------|
| 200 rugslag     | 2:35.60  | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 28-5-1995  |
| 100 vlinderslag | 1:34.30  | 50m | Moolevliet Petra     | 82 | Beverwijk (NED)     | 28-5-1995  |
| 400 wisselslag  | 5:14.20  | 25m | Butter Martijn       | 79 | Heemskerk (NED)     | 8-6-1995   |
| 50 vrije slag   | 28.00    | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 10-6-1995  |
| 100 schoolslag  | 1:25.10  | 50m | Beentjes Bastiaan    | 78 | Beverwijk (NED)     | 10-6-1995  |
| 100 vlinderslag | 1:27.70  | 50m | Kramer Miranda       | 80 | Beverwijk (NED)     | 10-6-1995  |
| 100 schoolslag  | 1:32.90  | 50m | van Rookhuizen Sieta | 79 | Beverwijk (NED)     | 11-6-1995  |
| 200 vlinderslag | 2:33.80  | 25m | Butter Martijn       | 79 | Heemskerk (NED)     | 15-6-1995  |
| 2000 vrije slag | 27:10.90 | OW  | Butter Martijn       | 79 | Oss (NED)           | 1-7-1995   |
| 2000 vrije slag | 34:02.60 | OW  | Kramer Miranda       | 80 | Oss (NED)           | 1-7-1995   |
| 1000 vrije slag | 15:51.40 | OW  | Kramer Miranda       | 80 | Veghel (NED)        | 2-7-1995   |
| 3000 vrije slag | 51:49.00 | OW  | van Rookhuizen Sieta | 79 | Veghel (NED)        | 2-7-1995   |
| 3000 vrije slag | 42:06.70 | OW  | Butter Martijn       | 79 | Veghel (NED)        | 2-7-1995   |
| 200 rugslag     | 2:28.60  | 25m | Butter Martijn       | 79 | Assendelft (NED)    | 8-10-1995  |
| 200 rugslag     | 2:28.50  | 25m | Butter Martijn       | 79 | Heemskerk (NED)     | 12-10-1995 |
| 800 vrije slag  | 9:30.50  | 25m | Butter Martijn       | 79 | Volendam (NED)      | 5-11-1995  |
| 200 vrije slag  | 2:09.60  | 25m | Butter Martijn       | 79 | Heemskerk (NED)     | 26-11-1995 |
| 400 vrije slag  | 5:14.80  | 25m | Schelvis Femke       | 84 | Wormerveer (NED)    | 10-12-1995 |
| 300 vrije slag  | 3:31.20  | 25m | Butter Martijn       | 79 | Zaandam (NED)       | 17-12-1995 |
| 1500 vrije slag | 17:57.50 | 25m | Butter Martijn       | 79 | Zaandam (NED)       | 17-12-1995 |
| 200 vrije slag  | 2:08.60  | 25m | Butter Martijn       | 79 | Heemskerk (NED)     | 11-1-1996  |
| 200 vrije slag  | 2:07.00  | 25m | Butter Martijn       | 79 | Zaandam (NED)       | 28-1-1996  |
| 800 vrije slag  | 10:49.50 | 25m | Schelvis Femke       | 84 | Schagen (NED)       | 11-2-1996  |
| 400 vrije slag  | 4:30.20  | 25m | Butter Martijn       | 79 | Heemskerk (NED)     | 4-4-1996   |
| 200 vrije slag  | 2:30.50  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)     | 28-4-1996  |
| 200 vrije slag  | 2:14.00  | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 28-4-1996  |
| 400 wisselslag  | 5:28.70  | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 28-4-1996  |
| 200 wisselslag  | 2:28.40  | 25m | Butter Martijn       | 79 | Heemskerk (NED)     | 2-5-1996   |
| 100 vrije slag  | 1:09.50  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)     | 4-5-1996   |
| 400 vrije slag  | 5:16.50  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)     | 4-5-1996   |
| 800 vrije slag  | 11:06.30 | 50m | Schelvis Femke       | 84 | Beverwijk (NED)     | 4-5-1996   |
| 800 vrije slag  | 9:55.30  | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 4-5-1996   |
| 100 rugslag     | 1:18.30  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)     | 4-5-1996   |
| 100 vlinderslag | 1:26.00  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)     | 4-5-1996   |
| 200 wisselslag  | 2:54.50  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)     | 4-5-1996   |
| 100 rugslag     | 1:10.80  | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 11-5-1996  |
| 200 vlinderslag | 2:37.50  | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 11-5-1996  |
| 100 vrije slag  | 1:01.50  | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 12-5-1996  |
| 400 vrije slag  | 4:43.70  | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 18-5-1996  |
| 100 vlinderslag | 1:11.00  | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 18-5-1996  |
| 200 rugslag     | 2:34.00  | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 19-5-1996  |
| 100 schoolslag  | 1:24.60  | 50m | Butter Martijn       | 79 | Beverwijk (NED)     | 1-6-1996   |
| 100 vlinderslag | 1:24.60  | 50m | Stam Vanessa         | 80 | Beverwijk (NED)     | 1-6-1996   |
| 50 vrije slag   | 31.50    | 50m | Stam Vanessa         | 80 | Beverwijk (NED)     | 2-6-1996   |
| 100 schoolslag  | 1:27.90  | 50m | Stam Vanessa         | 80 | Beverwijk (NED)     | 2-6-1996   |
| 2000 vrije slag | 26:33.40 | OW  | Butter Martijn       | 79 | Spaarnwoude (NED)   | 16-6-1996  |
| 2000 schoolslag | 37:34.80 | OW  | Stam Vanessa         | 80 | Spaarnwoude (NED)   | 16-6-1996  |
| 1500 vrije slag | 24:29.10 | OW  | Oudendijk Paul       | 81 | Anna-Paulowna (NED) | 21-7-1996  |
| 2000 schoolslag | 37:13.80 | OW  | Stam Vanessa         | 80 | Amsterdam (NED)     | 10-8-1996  |
| 400 vrije slag  | 5:11.60  | 25m | Schelvis Femke       | 84 | Haarlem (NED)       | 29-9-1996  |
| 200 rugslag     | 2:28.00  | 25m | Butter Martijn       | 79 | Heemskerk (NED)     | 10-10-1996 |
| 400 vrije slag  | 4:29.80  | 25m | Butter Martijn       | 79 | Zaandam (NED)       | 3-11-1996  |
| 200 wisselslag  | 2:27.10  | 25m | Butter Martijn       | 79 | Heemskerk (NED)     | 12-12-1996 |
| 400 wisselslag  | 5:12.50  | 25m | Butter Martijn       | 79 | Heemskerk (NED)     | 12-1-1997  |

|                 |            |     |                  |    |                     |            |
|-----------------|------------|-----|------------------|----|---------------------|------------|
| 400 wisselslag  | 5:56.80    | 25m | Stam Vanessa     | 80 | Heemskerk (NED)     | 12-1-1997  |
| 200 vrije slag  | 2:05.50    | 25m | Butter Martijn   | 79 | Heemskerk           | 23-1-1997  |
| 25 rugslag      | 15.90      | 25m | Meijer Sylvia    | 81 | Heemskerk (NED)     | 13-2-1997  |
| 800 vrije slag  | 10:39.90   | 25m | Schelvis Femke   | 84 | Volendam (NED)      | 16-2-1997  |
| 800 vrije slag  | 9:27.10    | 25m | Butter Martijn   | 79 | Volendam (NED)      | 16-2-1997  |
| 400 vrije slag  | 5:01.30    | 25m | Schelvis Femke   | 84 | Zaandam (NED)       | 23-2-1997  |
| 800 vrije slag  | 9:17.50    | 25m | Butter Martijn   | 79 | Zaandam (NED)       | 23-2-1997  |
| 1500 vrije slag | 17:37.40   | 25m | Butter Martijn   | 79 | Zaandam (NED)       | 23-2-1997  |
| 400 wisselslag  | 5:55.90    | 25m | Schelvis Femke   | 84 | Zaandam (NED)       | 23-2-1997  |
| 100 wisselslag  | 1:15.40    | 25m | Schelvis Femke   | 84 | Haarlem (NED)       | 2-3-1997   |
| 200 rugslag     | 2:27.10    | 25m | Oudendijk Paul   | 81 | Alkmaar (NED)       | 9-3-1997   |
| 200 vlinderslag | 2:32.30    | 25m | Butter Martijn   | 79 | Alkmaar (NED)       | 9-3-1997   |
| 25 schoolslag   | 17.70      | 25m | Kramer Miranda   | 80 | Heemskerk (NED)     | 13-3-1997  |
| 100 wisselslag  | 1:14.60    | 25m | Schelvis Femke   | 84 |                     | 16-3-1997  |
| 100 vrije slag  | 57.10      | 25m | Butter Martijn   | 79 | Haarlem (NED)       | 30-3-1997  |
| 100 rugslag     | 1:06.50    | 25m | Butter Martijn   | 79 | Haarlem (NED)       | 31-3-1997  |
| 200 vrije slag  | 2:05.10    | 25m | Butter Martijn   | 79 | Heemskerk (NED)     | 6-4-1997   |
| 100 rugslag     | 1:11.90    | 25m | Schelvis Femke   | 84 | Heemskerk (NED)     | 6-4-1997   |
| 200 vrije slag  | 2:22.40    | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 27-4-1997  |
| 1500 vrije slag | 18:39.70   | 50m | Butter Martijn   | 79 | Beverwijk (NED)     | 27-4-1997  |
| 400 wisselslag  | 5:56.50    | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 27-4-1997  |
| 100 vrije slag  | 56.90      | 25m | Butter Martijn   | 79 | Heemskerk (NED)     | 1-5-1997   |
| 200 vrije slag  | 2:09.70    | 50m | Butter Martijn   | 79 | Beverwijk (NED)     | 11-5-1997  |
| 800 vrije slag  | 10:42.20   | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 11-5-1997  |
| 400 wisselslag  | 5:25.80    | 50m | Butter Martijn   | 79 | Beverwijk (NED)     | 11-5-1997  |
| 100 vrije slag  | 1:05.30    | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 24-5-1997  |
| 100 rugslag     | 1:10.40    | 50m | Butter Martijn   | 79 | Beverwijk (NED)     | 24-5-1997  |
| 200 schoolslag  | 3:09.60    | 50m | Stam Vanessa     | 80 | Beverwijk (NED)     | 24-5-1997  |
| 200 wisselslag  | 2:44.60    | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 24-5-1997  |
| 50 vrije slag   | 26.90      | 50m | Butter Martijn   | 79 | Beverwijk (NED)     | 25-5-1997  |
| 100 vrije slag  | 59.60      | 50m | Butter Martijn   | 79 | Beverwijk (NED)     | 25-5-1997  |
| 50 rugslag      | 34.90      | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 25-5-1997  |
| 100 rugslag     | 1:14.90    | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 25-5-1997  |
| 200 schoolslag  | 3:00.20    | 50m | de Boer Stephan  | 83 | Beverwijk (NED)     | 25-5-1997  |
| 100 rugslag     | 1:14.20    | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 31-5-1997  |
| 200 rugslag     | 2:38.70    | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 31-5-1997  |
| 400 vrije slag  | 5:04.10    | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 1-6-1997   |
| 200 rugslag     | 2:30.40    | 50m | Butter Martijn   | 79 | Beverwijk (NED)     | 1-6-1997   |
| 100 vlinderslag | 1:19.70    | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 1-6-1997   |
| 50 vrije slag   | 26.40      | 50m | Oortwijn Maarten | 80 | Beverwijk (NED)     | 7-6-1997   |
| 50 vlinderslag  | 1:00.90    | 50m | de Rooij Roel    | 87 | Beverwijk (NED)     | 7-6-1997   |
| 50 vrije slag   | 31.40      | 50m | Stam Vanessa     | 80 | Beverwijk (NED)     | 8-6-1997   |
| 2000 vrije slag | 32:01.60   | OW  | Kramer Miranda   | 80 | Spaarnwoude (NED)   | 15-6-1997  |
| 2000 schoolslag | 36:35.10   | OW  | Stam Vanessa     | 80 | Spaarnwoude (NED)   | 15-6-1997  |
| 2000 vrije slag | 26:09.90   | OW  | Butter Martijn   | 79 | Breukelen (NED)     | 29-6-1997  |
| 2000 vrije slag | 31:00.10   | OW  | Kramer Miranda   | 80 | Breukelen (NED)     | 29-6-1997  |
| 3000 schoolslag | 58:56.80   | OW  | Stam Vanessa     | 80 | Anna-Paulowna (NED) | 21-7-1997  |
| 3000 schoolslag | 1:03:09.90 | OW  | Stam Daniël      | 79 | Anna-Paulowna (NED) | 21-7-1997  |
| 200 rugslag     | 2:39.00    | 25m | Schelvis Femke   | 84 | Heemskerk (NED)     | 11-9-1997  |
| 400 vrije slag  | 4:59.80    | 25m | Schelvis Femke   | 84 | Alkmaar (NED)       | 21-9-1997  |
| 50 rugslag      | 33.90      | 25m | Schelvis Femke   | 84 | Heemskerk (NED)     | 9-10-1997  |
| 200 vrije slag  | 2:05.00    | 25m | Butter Martijn   | 79 | Heemskerk (NED)     | 26-10-1997 |
| 400 vrije slag  | 4:27.90    | 25m | Butter Martijn   | 79 | Heemskerk (NED)     | 26-10-1997 |
| 100 vrije slag  | 1:04.50    | 50m | Schelvis Femke   | 84 | Beverwijk (NED)     | 9-11-1997  |

|                 |          |     |                 |    |                         |            |
|-----------------|----------|-----|-----------------|----|-------------------------|------------|
| 100 schoolslag  | 1:24.20  | 50m | de Boer Stephan | 83 | Beverwijk (NED)         | 9-11-1997  |
| 50 vlinderslag  | 30.80    | 50m | Butter Martijn  | 79 | Beverwijk (NED)         | 9-11-1997  |
| 50 vlinderslag  | 37.60    | 50m | Meijer Sylvia   | 81 | Beverwijk (NED)         | 9-11-1997  |
| 100 rugslag     | 1:11.10  | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 16-11-1997 |
| 200 rugslag     | 2:31.90  | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 16-11-1997 |
| 100 wisselslag  | 1:13.50  | 25m | Schelvis Femke  | 84 | Alkmaar (NED)           | 30-11-1997 |
| 25 vrije slag   | 13.50    | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 8-1-1998   |
| 25 rugslag      | 15.10    | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 15-1-1998  |
| 25 vlinderslag  | 15.00    | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 15-1-1998  |
| 50 rugslag      | 33.50    | 25m | Schelvis Femke  | 84 | Zuidoost Beemster (NED) | 18-1-1998  |
| 50 vlinderslag  | 32.20    | 25m | Schelvis Femke  | 84 | Zuidoost Beemster (NED) | 18-1-1998  |
| 400 wisselslag  | 5:39.30  | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 5-2-1998   |
| 100 rugslag     | 1:10.80  | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 12-2-1998  |
| 50 rugslag      | 33.00    | 25m | Schelvis Femke  | 84 | Emmen (NED)             | 14-2-1998  |
| 100 wisselslag  | 1:12.00  | 25m | Schelvis Femke  | 84 | Emmen (NED)             | 14-2-1998  |
| 800 vrije slag  | 10:01.40 | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 22-2-1998  |
| 400 vrije slag  | 4:44.10  | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 8-3-1998   |
| 200 vrije slag  | 2:12.70  | 25m | Schelvis Femke  | 84 | Harderwijk (NED)        | 15-3-1998  |
| 25 schoolslag   | 17.60    | 25m | Kramer Miranda  | 80 | Heemskerk (NED)         | 19-3-1998  |
| 200 vlinderslag | 2:49.10  | 25m | Stam Vanessa    | 80 | Heemstede (NED)         | 29-3-1998  |
| 400 wisselslag  | 5:30.50  | 25m | Schelvis Femke  | 84 | Heemstede (NED)         | 29-3-1998  |
| 300 vrije slag  | 3:44.00  | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 19-4-1998  |
| 200 wisselslag  | 2:33.40  | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 7-5-1998   |
| 100 vrije slag  | 1:01.50  | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 9-5-1998   |
| 200 wisselslag  | 2:33.30  | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 9-5-1998   |
| 400 wisselslag  | 5:29.20  | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 10-5-1998  |
| 200 schoolslag  | 2:42.40  | 25m | de Boer Stephan | 83 | Zaandam (NED)           | 16-5-1998  |
| 200 rugslag     | 2:30.70  | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 23-5-1998  |
| 200 rugslag     | 2:26.10  | 25m | Oudendijk Paul  | 81 | Zaandam (NED)           | 24-5-1998  |
| 50 vlinderslag  | 31.90    | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 24-5-1998  |
| 100 vrije slag  | 1:04.25  | 50m | Schelvis Femke  | 84 | Beverwijk (NED)         | 25-10-1998 |
| 100 schoolslag  | 1:20.12  | 50m | de Boer Stephan | 83 | Beverwijk (NED)         | 25-10-1998 |
| 50 vlinderslag  | 30.36    | 50m | Kuilman Joris   | 80 | Beverwijk (NED)         | 25-10-1998 |
| 50 vlinderslag  | 32.73    | 50m | Schelvis Femke  | 84 | Beverwijk (NED)         | 25-10-1998 |
| 200 rugslag     | 2:24.24  | 25m | Oudendijk Paul  | 81 | Zaandam (NED)           | 22-11-1998 |
| 100 schoolslag  | 1:13.69  | 25m | de Boer Stephan | 83 | Heemskerk (NED)         | 13-12-1998 |
| 50 vlinderslag  | 31.75    | 25m | Schelvis Femke  | 84 | Zuidoost Beemster (NED) | 10-1-1999  |
| 200 vrije slag  | 2:09.32  | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 17-1-1999  |
| 200 rugslag     | 2:21.89  | 25m | Oudendijk Paul  | 81 | Heemskerk (NED)         | 17-1-1999  |
| 200 rugslag     | 2:27.54  | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 17-1-1999  |
| 200 wisselslag  | 2:30.14  | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 17-1-1999  |
| 100 rugslag     | 1:09.49  | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 28-1-1999  |
| 100 rugslag     | 1:06.14  | 25m | Oudendijk Paul  | 81 | Heemskerk (NED)         | 28-1-1999  |
| 50 vrije slag   | 28.03    | 25m | Schelvis Femke  | 84 | Dordrecht (NED)         | 13-2-1999  |
| 50 schoolslag   | 33.48    | 25m | de Boer Stephan | 83 | Dordrecht (NED)         | 14-2-1999  |
| 50 vlinderslag  | 31.02    | 25m | Schelvis Femke  | 84 | Dordrecht (NED)         | 14-2-1999  |
| 100 vrije slag  | 59.90    | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 18-2-1999  |
| 100 wisselslag  | 1:09.84  | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 18-2-1999  |
| 400 vrije slag  | 4:40.35  | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 28-2-1999  |
| 800 vrije slag  | 9:32.54  | 25m | Schelvis Femke  | 84 | Zaandam (NED)           | 28-2-1999  |
| 25 vrije slag   | 13.11    | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 25-3-1999  |
| 25 vlinderslag  | 14.07    | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 25-3-1999  |
| 100 vlinderslag | 1:10.30  | 25m | Schelvis Femke  | 84 | Haarlem (NED)           | 4-4-1999   |
| 100 vlinderslag | 1:10.15  | 25m | Schelvis Femke  | 84 | Heemskerk (NED)         | 22-4-1999  |

|                 |          |     |                      |    |                  |            |
|-----------------|----------|-----|----------------------|----|------------------|------------|
| 100 schoolslag  | 1:20.08  | 50m | de Boer Stephan      | 83 | Beverwijk (NED)  | 2-5-1999   |
| 200 vlinderslag | 3:22.47  | 50m | Stins Mariska        | 84 | Beverwijk (NED)  | 2-5-1999   |
| 400 vrije slag  | 4:56.03  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)  | 29-5-1999  |
| 100 rugslag     | 1:09.45  | 50m | Oudendijk Paul       | 81 | Beverwijk (NED)  | 29-5-1999  |
| 200 schoolslag  | 2:56.77  | 50m | Oudendijk Paul       | 81 | Beverwijk (NED)  | 29-5-1999  |
| 50 vlinderslag  | 31.52    | 50m | Schelvis Femke       | 84 | Beverwijk (NED)  | 29-5-1999  |
| 200 vrije slag  | 2:18.72  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)  | 30-5-1999  |
| 50 rugslag      | 32.75    | 50m | Oudendijk Paul       | 81 | Beverwijk (NED)  | 30-5-1999  |
| 100 vlinderslag | 1:14.27  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)  | 30-5-1999  |
| 50 vrije slag   | 28.97    | 50m | Schelvis Femke       | 84 | Beverwijk (NED)  | 5-6-1999   |
| 200 wisselslag  | 2:42.15  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)  | 5-6-1999   |
| 100 vrije slag  | 1:02.80  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)  | 6-6-1999   |
| 200 rugslag     | 2:27.32  | 50m | Oudendijk Paul       | 81 | Beverwijk (NED)  | 6-6-1999   |
| 50 schoolslag   | 36.70    | 50m | Oudendijk Paul       | 81 | Beverwijk (NED)  | 6-6-1999   |
| 200 rugslag     | 2:26.44  | 25m | Schelvis Femke       | 84 | Zaandam (NED)    | 10-10-1999 |
| 100 vlinderslag | 1:08.80  | 25m | Schelvis Femke       | 84 | Zaandam (NED)    | 10-10-1999 |
| 50 vlinderslag  | 30.83    | 25m | Schelvis Femke       | 84 | Zaandam (NED)    | 17-10-1999 |
| 200 wisselslag  | 2:39.69  | 50m | Schelvis Femke       | 84 | Beverwijk (NED)  | 31-10-1999 |
| 200 wisselslag  | 2:29.81  | 25m | Schelvis Femke       | 84 | Heemskerk (NED)  | 4-11-1999  |
| 50 rugslag      | 32.93    | 25m | Schelvis Femke       | 84 | Zaandam (NED)    | 14-11-1999 |
| 200 vrije slag  | 2:08.95  | 25m | Schelvis Femke       | 84 | Heemskerk (NED)  | 21-11-1999 |
| 100 rugslag     | 1:05.75  | 25m | Oudendijk Paul       | 81 | Heemskerk (NED)  | 21-11-1999 |
| 200 vrije slag  | 2:07.73  | 25m | Schelvis Femke       | 84 | Heemskerk        | 25-11-1999 |
| 200 rugslag     | 2:21.31  | 25m | Oudendijk Paul       | 81 | Heemskerk        | 16-12-1999 |
| 1500 vrije slag | 19:04.76 | 25m | Schelvis Femke       | 84 | Heemskerk (NED)  | 23-1-2000  |
| 300 wisselslag  | 4:10.11  | 25m | Kramer Vincent       | 82 | Heemskerk (NED)  | 23-1-2000  |
| 300 wisselslag  | 4:26.28  | 25m | van der Kroft Nicole | 84 | Heemskerk (NED)  | 23-1-2000  |
| 2000 vrije slag | 24:32.46 | 25m | Stins Arnold         | 83 | Zaandam (NED)    | 5-3-2000   |
| 2000 vrije slag | 25:28.90 | 25m | Schelvis Femke       | 84 | Zaandam (NED)    | 5-3-2000   |
| 25 vlinderslag  | 13.74    | 25m | Schelvis Femke       | 84 | Heemskerk (NED)  | 4-5-2000   |
| 100 vrije slag  | 1:02.19  | 50m | Schelvis Femke       | 84 | Drachten (NED)   | 2-6-2000   |
| 200 vrije slag  | 2:17.28  | 50m | Schelvis Femke       | 84 | Drachten (NED)   | 2-6-2000   |
| 800 vrije slag  | 14:23.22 | OW  | de Ruijter Richard   | 88 | Amsterdam (NED)  | 23-7-2000  |
| 800 vrije slag  | 13:19.97 | OW  | de Ruijter Linda     | 87 | Amsterdam (NED)  | 23-7-2000  |
| 500 vrije slag  | 8:51.08  | OW  | Koopman Anitra       | 89 | Amsterdam (NED)  | 23-7-2000  |
| 500 vrije slag  | 10:28.09 | OW  | de Rooij Coen        | 89 | Amsterdam (NED)  | 23-7-2000  |
| 200 wisselslag  | 2:21.94  | 25m | Hogenstijn Peter     | 84 | Heemskerk (NED)  | 8-10-2000  |
| 200 schoolslag  | 2:54.79  | 50m | Hogenstijn Peter     | 84 | Beverwijk (NED)  | 22-10-2000 |
| 200 wisselslag  | 2:21.53  | 25m | Hogenstijn Peter     | 84 | Heemskerk (NED)  | 26-10-2000 |
| 200 vrije slag  | 2:02.89  | 25m | Hogenstijn Peter     | 84 | Zaandam (NED)    | 19-11-2000 |
| 100 wisselslag  | 1:05.95  | 25m | Hogenstijn Peter     | 84 | Alkmaar (NED)    | 26-11-2000 |
| 200 vrije slag  | 2:01.22  | 25m | Hogenstijn Peter     | 84 | Heemskerk (NED)  | 30-11-2000 |
| 50 vlinderslag  | 27.99    | 25m | Hogenstijn Peter     | 84 | Heemskerk (NED)  | 30-11-2000 |
| 50 vlinderslag  | 27.82    | 25m | Hogenstijn Peter     | 84 | Zaandam (NED)    | 3-12-2000  |
| 100 vlinderslag | 1:00.81  | 25m | Hogenstijn Peter     | 84 | Nieuwegein (NED) | 9-12-2000  |
| 100 wisselslag  | 1:05.04  | 25m | Hogenstijn Peter     | 84 | Heemskerk (NED)  | 10-12-2000 |
| 300 wisselslag  | 3:57.42  | 25m | Stins Arnold         | 83 | Amsterdam (NED)  | 20-1-2001  |
| 300 wisselslag  | 4:19.22  | 25m | Schelvis Roos        | 86 | Amsterdam (NED)  | 20-1-2001  |
| 200 schoolslag  | 2:38.53  | 25m | Hogenstijn Peter     | 84 | Heemskerk (NED)  | 25-1-2001  |
| 50 vlinderslag  | 27.67    | 25m | Hogenstijn Peter     | 84 | Emmen (NED)      | 10-2-2001  |
| 400 wisselslag  | 5:02.52  | 25m | Hogenstijn Peter     | 84 | Heemskerk (NED)  | 25-2-2001  |
| 200 vlinderslag | 2:19.84  | 25m | Hogenstijn Peter     | 84 | Zaandam (NED)    | 18-3-2001  |
| 100 rugslag     | 1:05.64  | 25m | Hogenstijn Peter     | 84 | Haarlem (NED)    | 15-4-2001  |
| 100 vrije slag  | 55.53    | 25m | Hogenstijn Peter     | 84 | Haarlem (NED)    | 16-4-2001  |

## Record geschiedenis

|                  |            |     |                      |    |                       |            |
|------------------|------------|-----|----------------------|----|-----------------------|------------|
| 200 vlinderslag  | 2:28.11    | 50m | Hogenstijn Peter     | 84 | Amersfoort (NED)      | 22-4-2001  |
| 100 vlinderslag  | 1:02.93    | 50m | Hogenstijn Peter     | 84 | Beverwijk (NED)       | 29-4-2001  |
| 2500 vrije slag  | 33:28.61   | OW  | Stins Arnold         | 83 | Scheerwolde (NED)     | 23-6-2001  |
| 1000 vrije slag  | 15:11.73   | OW  | Koopman Anitra       | 89 | Breukelen (NED)       | 24-6-2001  |
| 2000 vrije slag  | 25:28.66   | OW  | Stins Arnold         | 83 | Breukelen (NED)       | 24-6-2001  |
| 3000 vrije slag  | 40:01.29   | OW  | Stins Arnold         | 83 | Sluis (NED)           | 1-7-2001   |
| 5000 vrije slag  | 1:08:48.37 | OW  | Stins Arnold         | 83 | Vriezenveen (NED)     | 7-7-2001   |
| 800 vrije slag   | 12:33.07   | OW  | Glorie Daan          | 88 | Amsterdam (NED)       | 8-7-2001   |
| 500 schoolslag   | 10:59.95   | OW  | Kleijne Daisy        | 89 | Oss (NED)             | 14-7-2001  |
| 500 schoolslag   | 9:23.51    | OW  | van der Gracht Jory  | 87 | Oss (NED)             | 14-7-2001  |
| 100 schoolslag   | 1:20.00    | 50m | Hogenstijn Peter     | 84 | Beverwijk (NED)       | 21-10-2001 |
| 200 vlinderslag  | 3:19.27    | 50m | Stins Mariska        | 84 | Beverwijk (NED)       | 21-4-2002  |
| 50 vlinderslag   | 28.75      | 50m | Hogenstijn Peter     | 84 | Beverwijk (NED)       | 25-5-2002  |
| 50 schoolslag    | 35.71      | 50m | Hogenstijn Peter     | 84 | Beverwijk (NED)       | 26-5-2002  |
| 1000 vrije slag  | 14:46.09   | OW  | van der Gracht Jory  | 87 | Spaarnwoude (NED)     | 16-6-2002  |
| 1000 vrije slag  | 14:39.81   | OW  | Glorie Daan          | 88 | Amsterdam (NED)       | 30-6-2002  |
| 500 schoolslag   | 8:32.33    | OW  | de Ruijter Richard   | 88 | Amsterdam (NED)       | 30-6-2002  |
| 1500 vrije slag  | 22:15.73   | OW  | Glorie Daan          | 88 | Anna-Paulowna (NED)   | 27-7-2002  |
| 1000 vrije slag  | 14:38.12   | OW  | Glorie Daan          | 88 | Langedijk (NED)       | 28-7-2002  |
| 1000 vrije slag  | 14:11.30   | OW  | Glorie Daan          | 88 | Strijen (NED)         | 3-8-2002   |
| 500 vrije slag   | 9:32.07    | OW  | Dekker Ruben         | 93 | Strijen (NED)         | 3-8-2002   |
| 1000 vrije slag  | 13:57.01   | OW  | Glorie Daan          | 88 | Eersel (NED)          | 18-8-2002  |
| 500 vrije slag   | 8:34.47    | OW  | Dekker Ruben         | 93 | Eersel (NED)          | 18-8-2002  |
| 500 schoolslag   | 10:53.79   | OW  | Kleijne Daisy        | 89 | Eersel (NED)          | 18-8-2002  |
| 50 vlinderslag   | 28.63      | 50m | Hogenstijn Peter     | 84 | Beverwijk (NED)       | 20-10-2002 |
| 200 wisselslag   | 2:29.70    | 50m | Hogenstijn Peter     | 84 | Beverwijk (NED)       | 20-10-2002 |
| 50 rugslag       | 30.89      | 25m | Essers Tim           | 88 | Heemskerk             | 16-3-2003  |
| 50 rugslag       | 32.73      | 50m | Essers Tim           | 88 | Beverwijk (NED)       | 18-5-2003  |
| 100 schoolslag   | 1:19.37    | 50m | de Ruijter Richard   | 88 | Beverwijk (NED)       | 24-5-2003  |
| 500 vrije slag   | 7:49.73    | OW  | Dekker Ruben         | 93 | Spaarnwoude (NED)     | 15-6-2003  |
| 500 schoolslag   | 8:28.39    | OW  | de Ruijter Richard   | 88 | Spaarnwoude (NED)     | 15-6-2003  |
| 1000 vrije slag  | 13:25.14   | OW  | Glorie Daan          | 88 | Breukelen (NED)       | 29-6-2003  |
| 500 vrije slag   | 7:18.04    | OW  | Dekker Ruben         | 93 | Sluis (NED)           | 5-7-2003   |
| 1500 vrije slag  | 21:43.73   | OW  | Glorie Daan          | 88 | Anna-Paulowna (NED)   | 26-7-2003  |
| 50 rugslag       | 30.79      | 25m | Essers Tim           | 88 | Haarlem               | 11-4-2004  |
| 200 vlinderslag  | 3:12.94    | 50m | van de Poll Marianne | 89 | Beverwijk (NED)       | 25-4-2004  |
| 50 schoolslag    | 35.62      | 50m | de Ruijter Richard   | 88 | Beverwijk (NED)       | 16-5-2004  |
| 500 vrije slag   | 7:09.55    | OW  | Dekker Ruben         | 93 | Spaarnwoude (NED)     | 20-6-2004  |
| 1500 vrije slag  | 20:19.27   | OW  | Glorie Daan          | 88 | Scheerwolde (NED)     | 26-6-2004  |
| 1000 vrije slag  | 13:08.19   | OW  | Glorie Daan          | 88 | Breukelen (NED)       | 27-6-2004  |
| 1000 vrije slag  | 14:37.06   | OW  | Vink Lidewij         | 90 | Breukelen (NED)       | 27-6-2004  |
| 500 vrije slag   | 6:36.38    | OW  | Dekker Ruben         | 93 | Sluis (NED)           | 3-7-2004   |
| 500 schoolslag   | 10:21.38   | OW  | van der Gracht Anouk | 89 | Tilburg (NED)         | 17-7-2004  |
| 1500 vrije slag  | 20:18.79   | OW  | Dekker Matthijs      | 90 | Wijk en Aalburg (NED) | 24-7-2004  |
| 1500 vrije slag  | 23:50.30   | OW  | Vink Lidewij         | 90 | Wijk en Aalburg (NED) | 24-7-2004  |
| 1000 vrije slag  | 12:58.09   | OW  | Glorie Daan          | 88 | Middelburg (NED)      | 28-8-2004  |
| 300 wisselslag   | 3:53.16    | 25m | Schelvis Sjeng       | 89 | Heemskerk (NED)       | 19-12-2004 |
| 300 vrije slag   | 3:40.76    | 50m | Dekker Ruben         | 93 | Amsterdam (NED)       | 27-2-2005  |
| 300 vrije slag   | 3:39.15    | 50m | Dekker Matthijs      | 90 | Amsterdam (NED)       | 9-4-2005   |
| 10000 vrije slag | 2:28:53.85 | 50m | Glorie Daan          | 88 | Zwaag (NED)           | 23-4-2005  |
| 300 vrije slag   | 4:10.32    | 50m | Palmboom Nicole      | 91 | Beverwijk (NED)       | 21-5-2005  |
| 50 rugslag       | 32.65      | 50m | Dekker Matthijs      | 90 | Beverwijk (NED)       | 22-5-2005  |
| 50 rugslag       | 34.30      | 50m | Kleijne Daisy        | 89 | Beverwijk (NED)       | 29-5-2005  |
| 200 vlinderslag  | 3:01.59    | 50m | Vink Lidewij         | 90 | Beverwijk (NED)       | 29-5-2005  |

## Record geschiedenis

|                  |            |     |                      |    |                           |            |
|------------------|------------|-----|----------------------|----|---------------------------|------------|
| 2000 schoolslag  | 34:17.34   | OW  | Glorie Daan          | 88 | Gorinchem (NED)           | 11-6-2005  |
| 100 vrije slag   | 59.17      | 50m | Schelvis Sjeng       | 89 | Amsterdam (NED)           | 12-6-2005  |
| 1000 schoolslag  | 19:03.08   | OW  | Dekker Matthijs      | 90 | Vriezenveen (NED)         | 18-6-2005  |
| 2000 vrije slag  | 28:30.09   | OW  | Vink Lidewij         | 90 | Spaarnwoude (NED)         | 19-6-2005  |
| 500 schoolslag   | 10:08.67   | OW  | Essers Sanne         | 91 | Spaarnwoude (NED)         | 19-6-2005  |
| 1000 schoolslag  | 18:44.82   | OW  | Dekker Matthijs      | 90 | Scheerwolde (NED)         | 25-6-2005  |
| 2000 vrije slag  | 28:16.92   | OW  | Vink Lidewij         | 90 | Breukelen (NED)           | 26-6-2005  |
| 500 schoolslag   | 8:22.25    | OW  | Dekker Matthijs      | 90 | Breukelen (NED)           | 26-6-2005  |
| 500 vrije slag   | 6:31.30    | OW  | Dekker Ruben         | 93 | Sluis (NED)               | 2-7-2005   |
| 2500 vrije slag  | 36:34.47   | OW  | Vink Lidewij         | 90 | Oss (NED)                 | 9-7-2005   |
| 6000 vrije slag  | 1:14:46.63 | OW  | Glorie Daan          | 88 | Beusichem-Culemborg (NED) | 10-7-2005  |
| 3000 vrije slag  | 45:27.59   | OW  | Vink Lidewij         | 90 | Wijk en Aalburg (NED)     | 16-7-2005  |
| 1500 vrije slag  | 19:51.83   | OW  | Glorie Daan          | 88 | Anna-Paulowna (NED)       | 23-7-2005  |
| 1000 schoolslag  | 18:14.11   | OW  | Dekker Matthijs      | 90 | Anna-Paulowna (NED)       | 23-7-2005  |
| 500 schoolslag   | 10:00.36   | OW  | Essers Sanne         | 91 | Langedijk (NED)           | 24-7-2005  |
| 1000 schoolslag  | 21:47.56   | OW  | van der Gracht Anouk | 89 | Hoorn (NED)               | 30-7-2005  |
| 500 schoolslag   | 9:51.61    | OW  | Palmboom Nicole      | 91 | Bussloo (NED)             | 20-8-2005  |
| 10000 vrije slag | 2:29:15.15 | OW  | Glorie Daan          | 88 | Tilburg (NED)             | 27-8-2005  |
| 2000 schoolslag  | 33:10.63   | OW  | Glorie Daan          | 88 | Oosterhout (NED)          | 10-9-2005  |
| 300 wisselslag   | 4:12.63    | 25m | Vink Lidewij         | 90 | Zaandam (NED)             | 13-11-2005 |
| 200 vlinderslag  | 2:47.28    | 25m | Vink Lidewij         | 90 | Heemskerk (NED)           | 24-11-2005 |
| 300 wisselslag   | 3:50.50    | 25m | Glorie Daan          | 88 | Heemskerk (NED)           | 12-1-2006  |
| 50 rugslag       | 32.76      | 25m | Kleijne Daisy        | 89 | Almelo (NED)              | 19-2-2006  |
| 50 rugslag       | 32.44      | 25m | Kleijne Daisy        | 89 | Purmerend (NED)           | 5-3-2006   |
| 25 schoolslag    | 17.22      | 25m | Palmboom Nicole      | 91 | Heemskerk                 | 27-4-2006  |
| 300 vrije slag   | 3:45.26    | 50m | Vink Lidewij         | 90 | Beverwijk (NED)           | 13-5-2006  |
| 300 vrije slag   | 3:40.07    | 25m | Vink Lidewij         | 90 | Heemskerk (NED)           | 18-5-2006  |
| 50 rugslag       | 34.14      | 50m | Kleijne Daisy        | 89 | Beverwijk (NED)           | 21-5-2006  |
| 200 vlinderslag  | 2:57.91    | 50m | Vink Lidewij         | 90 | Beverwijk (NED)           | 21-5-2006  |
| 5000 vrije slag  | 1:08:47.41 | OW  | Glorie Daan          | 88 | Scheerwolde (NED)         | 24-6-2006  |
| 2000 vrije slag  | 28:16.03   | OW  | Vink Lidewij         | 90 | Breukelen (NED)           | 25-6-2006  |
| 500 schoolslag   | 9:38.79    | OW  | Niesten Iris         | 92 | Breukelen (NED)           | 25-6-2006  |
| 10000 vrije slag | 2:22:09.24 | OW  | Glorie Daan          | 88 | Sluis (NED)               | 2-7-2006   |
| 1000 vrije slag  | 12:44.94   | OW  | Glorie Daan          | 88 | Oss (NED)                 | 8-7-2006   |
| 1000 vrije slag  | 14:29.79   | OW  | Vink Lidewij         | 90 | Oss (NED)                 | 8-7-2006   |
| 500 schoolslag   | 9:24.99    | OW  | van der Gracht Anouk | 89 | Oss (NED)                 | 8-7-2006   |
| 2500 vrije slag  | 33:05.56   | OW  | Glorie Daan          | 88 | Oss (NED)                 | 8-7-2006   |
| 3000 vrije slag  | 44:59.59   | OW  | Vink Lidewij         | 90 | Wijk en Aalburg (NED)     | 15-7-2006  |
| 3000 vrije slag  | 39:22.10   | OW  | Glorie Daan          | 88 | Wijk en Aalburg (NED)     | 15-7-2006  |
| 1500 vrije slag  | 21:58.33   | OW  | Vink Lidewij         | 90 | Anna-Paulowna (NED)       | 22-7-2006  |
| 1500 vrije slag  | 19:34.17   | OW  | Glorie Daan          | 88 | Anna-Paulowna (NED)       | 22-7-2006  |
| 3000 schoolslag  | 58:40.50   | OW  | van der Gracht Anouk | 89 | Anna-Paulowna (NED)       | 22-7-2006  |
| 1000 schoolslag  | 19:10.26   | OW  | van der Gracht Anouk | 89 | Hoorn (NED)               | 29-7-2006  |
| 22000 vrije slag | 5:10:46.39 | OW  | Glorie Daan          | 88 | Stavoren-Medemblik (NED)  | 12-8-2006  |
| 500 schoolslag   | 9:15.25    | OW  | Niesten Iris         | 92 | Bussloo (NED)             | 19-8-2006  |
| 10000 vrije slag | 2:19:29.74 | OW  | Glorie Daan          | 88 | Tilburg (NED)             | 26-8-2006  |
| 5000 vrije slag  | 1:06:44.33 | OW  | Glorie Daan          | 88 | Oosterhout (NED)          | 27-8-2006  |
| 2000 vrije slag  | 24:55.21   | OW  | Glorie Daan          | 88 | Vlissingen (NED)          | 3-9-2006   |
| 200 vlinderslag  | 2:19.44    | 25m | Glorie Daan          | 88 | Heemskerk                 | 30-11-2006 |
| 10000 vrije slag | 2:17:33.81 | 50m | Glorie Daan          | 88 | Amsterdam (NED)           | 24-12-2006 |
| 20000 vrije slag | 4:54:12.95 | 50m | Glorie Daan          | 88 | Amsterdam (NED)           | 24-12-2006 |
| 200 vlinderslag  | 2:46.45    | 25m | Vink Lidewij         | 90 | Zaandam (NED)             | 21-1-2007  |
| 300 vrije slag   | 3:28.43    | 25m | Crok Pieter          | 91 | Haarlem (NED)             | 8-4-2007   |
| 100 schoolslag   | 1:26.05    | 50m | Palmboom Nicole      | 91 | Beverwijk (NED)           | 12-5-2007  |

|                 |            |     |                      |    |                       |            |
|-----------------|------------|-----|----------------------|----|-----------------------|------------|
| 2000 schoolslag | 36:26.77   | OW  | Niesten Iris         | 92 | Breukelen (NED)       | 24-6-2007  |
| 1000 schoolslag | 17:33.80   | OW  | Crok Pieter          | 91 | Scheerwolde (NED)     | 30-6-2007  |
| 500 rugslag     | 8:56.86    | OW  | van der Gracht Anouk | 89 | Oss (NED)             | 7-7-2007   |
| 500 schoolslag  | 8:55.64    | OW  | Vink Marjolein       | 93 | Hoom (NED)            | 4-8-2007   |
| 300 vrije slag  | 3:26.39    | 25m | Druyven Jorrick      | 94 | Terneuzen (NED)       | 25-1-2008  |
| 300 vrije slag  | 3:34.03    | 50m | Druyven Jorrick      | 94 | Antwerpen (BEL)       | 11-4-2008  |
| 200 vlinderslag | 2:49.76    | 50m | Teufer Irene         | 96 | Antwerpen (BEL)       | 12-4-2008  |
| 50 rugslag      | 31.80      | 50m | Druyven Jorrick      | 94 | Antwerpen (BEL)       | 13-4-2008  |
| 100 rugslag     | 1:08.04    | 50m | Druyven Jorrick      | 94 | Beverwijk (NED)       | 17-5-2008  |
| 300 vrije slag  | 3:30.06    | 50m | Druyven Jorrick      | 94 | Beverwijk (NED)       | 24-5-2008  |
| 400 vrije slag  | 4:39.11    | 50m | Druyven Jorrick      | 94 | Beverwijk (NED)       | 24-5-2008  |
| 50 vrije slag   | 28.40      | 50m | Koster Lisa          | 94 | Drachten (NED)        | 13-6-2008  |
| 300 vrije slag  | 3:29.96    | 50m | Druyven Jorrick      | 94 | Drachten (NED)        | 13-6-2008  |
| 200 vrije slag  | 2:16.81    | 50m | Koster Lisa          | 94 | Drachten (NED)        | 14-6-2008  |
| 400 wisselslag  | 5:16.99    | 50m | Druyven Jorrick      | 94 | Drachten (NED)        | 15-6-2008  |
| 500 vrije slag  | 7:57.28    | OW  | Stel Serena          | 98 | Spaarnwoude (NED)     | 21-6-2009  |
| 500 vrije slag  | 7:55.68    | OW  | Stel Serena          | 98 | Wijk en Aalburg (NED) | 11-7-2009  |
| 250 vrije slag  | 6:10.70    | OW  | Stel Kaylin          | 01 | Wijk en Aalburg (NED) | 11-7-2009  |
| 250 vrije slag  | 6:05.13    | OW  | Stel Kaylin          | 01 | Anna Paulowna (NED)   | 25-7-2009  |
| 500 vrije slag  | 7:53.97    | OW  | Stel Serena          | 98 | Hoom (NED)            | 1-8-2009   |
| 500 vrije slag  | 7:26.55    | OW  | Stel Serena          | 98 | Hoom (NED)            | 2-8-2009   |
| 250 vrije slag  | 5:59.44    | OW  | Stel Kaylin          | 01 | Heerjansdam (NED)     | 15-8-2009  |
| 250 vrije slag  | 5:32.79    | OW  | Stel Kaylin          | 01 | Aalsmeer (NED)        | 16-8-2009  |
| 5000 vrije slag | 1:21:17.76 | OW  | Crok Linda           | 94 | Oosterhout (NED)      | 30-8-2009  |
| 5000 vrije slag | 1:20:03.26 | OW  | Crok Linda           | 94 | Vlissingen (NED)      | 6-9-2009   |
| 250 vrije slag  | 5:19.71    | OW  | Stel Kaylin          | 01 | Vlissingen (NED)      | 6-9-2009   |
| 50 rugslag      | 29.81      | 25m | Kleijne Barry        | 93 | Purmerend (NED)       | 7-3-2010   |
| 800 vrije slag  | 10:18.62   | 50m | Stel Serena          | 98 | Drachten (NED)        | 25-4-2010  |
| 100 rugslag     | 1:07.53    | 50m | Kleijne Barry        | 93 | Beverwijk (NED)       | 15-5-2010  |
| 50 rugslag      | 30.90      | 50m | Kleijne Barry        | 93 | Alkmaar (NED)         | 16-5-2010  |
| 5000 vrije slag | 1:18:13.04 | OW  | Crok Linda           | 94 | Spaarnwoude (NED)     | 20-6-2010  |
| 3000 schoolslag | 1:00:35.79 | OW  | Tijms Stefan         | 93 | Wijk en Aalburg (NED) | 10-7-2010  |
| 100 rugslag     | 1:04.70    | 25m | Kleijne Barry        | 93 | Maastricht (NED)      | 28-12-2010 |
| 100 rugslag     | 1:04.06    | 25m | Kleijne Barry        | 93 | Zaandam (NED)         | 3-4-2011   |
| 100 rugslag     | 1:03.71    | 25m | Kleijne Barry        | 93 | Haarlem (NED)         | 24-4-2011  |
| 300 vrije slag  | 3:38.23    | 25m | Crok Linda           | 94 | Haarlem (NED)         | 25-4-2011  |
| 50 rugslag      | 29.77      | 25m | Kleijne Barry        | 93 | Haarlem (NED)         | 25-4-2011  |
| 50 vrije slag   | 26.35      | 50m | Kleijne Barry        | 93 | Beverwijk (NED)       | 14-5-2011  |
| 50 rugslag      | 30.62      | 50m | Kleijne Barry        | 93 | Alkmaar (NED)         | 15-5-2011  |
| 50 vlinderslag  | 28.17      | 50m | Kleijne Barry        | 93 | Beverwijk (NED)       | 21-5-2011  |
| 200 rugslag     | 2:22.93    | 50m | Kleijne Barry        | 93 | Beverwijk (NED)       | 22-5-2011  |
| 200 rugslag     | 2:20.02    | 25m | Kleijne Barry        | 93 | Purmerend (NED)       | 12-6-2011  |
| 25 vlinderslag  | 12.84      | 25m | Kleijne Barry        | 93 | Heemskerk (NED)       | 30-6-2011  |
| 1000 schoolslag | 17:08.23   | OW  | Tijms Stefan         | 93 | Wijk en Aalburg (NED) | 9-7-2011   |
| 3000 schoolslag | 52:30.51   | OW  | Tijms Stefan         | 93 | Wijk en Aalburg (NED) | 9-7-2011   |
| 1250 vrije slag | 15:32.19   | OW  | Tijms Stefan         | 93 | Leiden (NED)          | 19-8-2011  |
| 100 wisselslag  | 1:04.86    | 25m | Kleijne Barry        | 93 | Heemskerk (NED)       | 2-10-2011  |
| 50 vrije slag   | 25.42      | 25m | Kleijne Barry        | 93 | Heemskerk (NED)       | 6-10-2011  |
| 200 rugslag     | 2:17.11    | 25m | Kleijne Barry        | 93 | Zaandam (NED)         | 13-11-2011 |
| 100 rugslag     | 1:03.05    | 25m | Kleijne Barry        | 93 | Heemskerk (NED)       | 17-11-2011 |
| 50 vlinderslag  | 27.58      | 25m | Kleijne Barry        | 93 | Heemskerk (NED)       | 17-11-2011 |
| 100 rugslag     | 1:03.00    | 25m | Kleijne Barry        | 93 | Maastricht (NED)      | 28-12-2011 |
| 50 vrije slag   | 27.50      | 25m | Kingma Danae         | 00 | Amsterdam (NED)       | 31-1-2014  |
| 100 vrije slag  | 59.81      | 25m | Kingma Danae         | 00 | Amsterdam (NED)       | 2-2-2014   |

|                |         |     |               |    |                     |            |
|----------------|---------|-----|---------------|----|---------------------|------------|
| 50 schoolslag  | 36.29   | 25m | Kingma Danae  | 00 | Purmerend (NED)     | 16-2-2014  |
| 100 vrije slag | 1:01.99 | 50m | Kingma Danae  | 00 | Amsterdam (NED)     | 2-3-2014   |
| 100 schoolslag | 1:19.44 | 25m | Kingma Danae  | 00 | Zaandam (NED)       | 9-3-2014   |
| 100 schoolslag | 1:21.54 | 50m | Kingma Danae  | 00 | Eindhoven (NED)     | 13-4-2014  |
| 50 schoolslag  | 36.33   | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 18-5-2014  |
| 200 schoolslag | 3:04.77 | 50m | Kingma Danae  | 00 | Beverwijk (NED)     | 24-5-2014  |
| 50 rugslag     | 34.10   | 50m | Kingma Danae  | 00 | Beverwijk (NED)     | 25-5-2014  |
| 50 vrije slag  | 27.93   | 50m | Kingma Danae  | 00 | Amsterdam (NED)     | 20-6-2014  |
| 200 vrije slag | 2:14.82 | 50m | Kingma Danae  | 00 | Amsterdam (NED)     | 21-6-2014  |
| 100 vrije slag | 1:01.38 | 50m | Kingma Danae  | 00 | Amsterdam (NED)     | 22-6-2014  |
| 250 vrije slag | 4:58.49 | OW  | Nijland Yoran | 05 | Anna-Paulowna (NED) | 26-7-2014  |
| 50 rugslag     | 32.40   | 25m | Kingma Danae  | 00 | Zaandam (NED)       | 7-9-2014   |
| 50 schoolslag  | 36.07   | 25m | Kingma Danae  | 00 | Zaandam (NED)       | 7-9-2014   |
| 100 vrije slag | 59.30   | 25m | Kingma Danae  | 00 | Amsterdam (NED)     | 2-11-2014  |
| 100 schoolslag | 1:19.25 | 25m | Kingma Danae  | 00 | Zaandam (NED)       | 16-11-2014 |
| 100 vrije slag | 1:00.90 | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 30-11-2014 |
| 100 wisselslag | 1:09.82 | 25m | Kingma Danae  | 00 | Heemskerk (NED)     | 7-12-2014  |
| 50 rugslag     | 32.23   | 25m | Kingma Danae  | 00 | Heemskerk (NED)     | 8-1-2015   |
| 50 vrije slag  | 27.47   | 25m | Kingma Danae  | 00 | Amsterdam (NED)     | 30-1-2015  |
| 100 vrije slag | 59.30   | 25m | Kingma Danae  | 00 | Amsterdam (NED)     | 1-2-2015   |
| 50 schoolslag  | 36.02   | 25m | Kingma Danae  | 00 | Purmerend (NED)     | 15-2-2015  |
| 100 wisselslag | 1:09.81 | 25m | Kingma Danae  | 00 | Zaandam (NED)       | 8-3-2015   |
| 200 wisselslag | 2:39.31 | 50m | Kingma Danae  | 00 | Beverwijk (NED)     | 30-5-2015  |
| 100 vrije slag | 1:00.35 | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 31-5-2015  |
| 50 rugslag     | 33.42   | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 31-5-2015  |
| 50 vrije slag  | 27.48   | 50m | Kingma Danae  | 00 | Eindhoven (NED)     | 13-6-2015  |
| 100 vrije slag | 1:00.29 | 50m | Kingma Danae  | 00 | Eindhoven (NED)     | 14-6-2015  |
| 100 vrije slag | 59.79   | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 26-6-2015  |
| 100 vrije slag | 1:00.25 | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 26-6-2015  |
| 100 rugslag    | 1:12.31 | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 26-6-2015  |
| 50 vlinderslag | 30.59   | 25m | Kingma Danae  | 00 | Zaandam (NED)       | 6-9-2015   |
| 50 vrije slag  | 27.35   | 25m | Kingma Danae  | 00 | Heemskerk (NED)     | 24-9-2015  |
| 100 rugslag    | 1:09.23 | 25m | Kingma Danae  | 00 | Purmerend (NED)     | 4-10-2015  |
| 200 schoolslag | 2:53.96 | 25m | Kingma Danae  | 00 | Purmerend (NED)     | 4-10-2015  |
| 50 vrije slag  | 26.93   | 25m | Kingma Danae  | 00 | Alkmaar (NED)       | 11-10-2015 |
| 50 schoolslag  | 34.93   | 25m | Kingma Danae  | 00 | Purmerend (NED)     | 15-11-2015 |
| 100 schoolslag | 1:17.27 | 25m | Kingma Danae  | 00 | Purmerend (NED)     | 15-11-2015 |
| 100 rugslag    | 1:08.88 | 25m | Broek Jade    | 97 | Purmerend (NED)     | 6-12-2015  |
| 100 rugslag    | 1:08.29 | 25m | Broek Jade    | 97 | Heemskerk (NED)     | 10-12-2015 |
| 100 vrije slag | 58.99   | 25m | Kingma Danae  | 00 | Purmerend (NED)     | 10-1-2016  |
| 100 schoolslag | 1:17.24 | 25m | Kingma Danae  | 00 | Purmerend (NED)     | 10-1-2016  |
| 50 vrije slag  | 26.92   | 25m | Kingma Danae  | 00 | Amsterdam (NED)     | 29-1-2016  |
| 50 schoolslag  | 34.89   | 25m | Kingma Danae  | 00 | Amsterdam (NED)     | 29-1-2016  |
| 100 vrije slag | 58.49   | 25m | Kingma Danae  | 00 | Amsterdam (NED)     | 31-1-2016  |
| 50 rugslag     | 31.76   | 25m | Kingma Danae  | 00 | Heemskerk (NED)     | 18-2-2016  |
| 100 vrije slag | 59.07   | 50m | Gaal Roel     | 01 | Alkmaar (NED)       | 21-2-2016  |
| 50 rugslag     | 33.30   | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 21-2-2016  |
| 100 schoolslag | 1:20.02 | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 21-2-2016  |
| 50 rugslag     | 32.55   | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 13-3-2016  |
| 50 schoolslag  | 36.17   | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 13-3-2016  |
| 50 schoolslag  | 35.43   | 50m | Kingma Danae  | 00 | Eindhoven (NED)     | 8-4-2016   |
| 50 rugslag     | 32.35   | 50m | Kingma Danae  | 00 | Eindhoven (NED)     | 10-4-2016  |
| 50 vlinderslag | 31.52   | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 30-4-2016  |
| 200 wisselslag | 2:35.74 | 50m | Kingma Danae  | 00 | Alkmaar (NED)       | 30-4-2016  |

|                    |          |     |  |    |                                 |            |
|--------------------|----------|-----|--|----|---------------------------------|------------|
| 100 vrije slag     | 58.97    | 50m | Gaal Roel  | 01 | Beverwijk (NED)                 | 3-5-2016   |
| 200 rugslag        | 2:33.86  | 50m | Kingma Danae   | 00 | Alkmaar (NED)                   | 4-6-2016   |
| 50 vlinderslag     | 30.48    | 50m | Kingma Danae   | 00 | Alkmaar (NED)                   | 5-6-2016   |
| 100 vrije slag     | 58.38    | 50m | Gaal Roel  | 01 | Dordrecht (NED)                 | 17-6-2016  |
| 200 vrije slag     | 2:09.17  | 50m | Gaal Roel  | 01 | Dordrecht (NED)                 | 19-6-2016  |
| 1500 schoolslag    | 28:06.00 | OW  | Jongert Sjoerd   | 01 | Wilhelminadorp (NED)            | 3-9-2016   |
| 100 vrije slag     | 58.46    | 25m | Kingma Danae   | 00 | Hoofddorp (NED)                 | 5-11-2016  |
| 50 schoolslag      | 34.17    | 25m | Kingma Danae   | 00 | Purmerend (NED)                 | 13-11-2016 |
| 100 schoolslag     | 1:16.62  | 25m | Kingma Danae   | 00 | Purmerend (NED)                 | 13-11-2016 |
| 100 wisselslag     | 1:08.21  | 25m | Kingma Danae   | 00 | Leeuwarden (NED)                | 29-12-2016 |
| 50 vlinderslag     | 30.41    | 25m | Kingma Danae   | 00 | Alkmaar (NED)                   | 15-1-2017  |
| 100 vrije slag     | 57.67    | 50m | Gaal Roel  | 01 | Amsterdam (NED)                 | 19-2-2017  |
| 200 vrije slag     | 2:08.53  | 50m | Gaal Roel  | 01 | Alkmaar (NED)                   | 5-3-2017   |
| 100 vrije slag     | 57.54    | 50m | Gaal Roel  | 01 | Alkmaar (NED)                   | 26-3-2017  |
| 200 vrije slag     | 2:08.03  | 50m | Gaal Roel  | 01 | Alkmaar (NED)                   | 26-3-2017  |
| 100 vlinderslag    | 1:12.40  | 50m | Smit Sanne   | 01 | Alkmaar (NED)                   | 26-3-2017  |
| 50 rugslag         | 31.90    | 50m | Kingma Danae   | 00 | Eindhoven (NED)                 | 6-4-2017   |
| 50 vlinderslag     | 30.46    | 50m | Kingma Danae   | 00 | Eindhoven (NED)                 | 6-4-2017   |
| 100 vrije slag     | 59.59    | 50m | Kingma Danae   | 00 | Eindhoven (NED)                 | 8-4-2017   |
| 50 vrije slag      | 27.47    | 50m | Kingma Danae   | 00 | Eindhoven (NED)                 | 9-4-2017   |
| 100 vrije slag     | 55.41    | 25m | Gaal Roel  | 01 | Heemskerk (NED)                 | 11-5-2017  |
| 200 wisselslag     | 2:34.82  | 50m | Kingma Danae   | 00 | Alkmaar (NED)                   | 20-5-2017  |
| 200 vrije slag     | 2:13.79  | 50m | Kingma Danae   | 00 | Alkmaar (NED)                   | 21-5-2017  |
| 200 vrije slag     | 2:07.40  | 50m | Gaal Roel  | 01 | Alkmaar (NED)                   | 28-5-2017  |
| 200 schoolslag     | 3:01.71  | 50m | de Haan Shira  | 00 | Alkmaar (NED)                   | 28-5-2017  |
| 100 vrije slag     | 56.63    | 50m | Gaal Roel  | 01 | Eindhoven (NED)                 | 16-6-2017  |
| 100 vrije slag     | 56.63    | 50m | Gaal Roel  | 01 | Bergbad Bückeburg (GEF18-6-2017 |            |
| 1250 vrije slag    | 17:45.10 | OW  | Jongert Sjoerd   | 01 | Hoorn (NED)                     | 10-9-2017  |
| 100 rugslag        | 1:07.40  | 25m | Kingma Danae   | 00 | Purmerend (NED)                 | 1-10-2017  |
| 50 vlinderslag     | 29.36    | 25m | Kingma Danae   | 00 | Amsterdam (NED)                 | 20-10-2017 |
| 100 vrije slag     | 55.39    | 25m | Gaal Roel  | 01 | Hoofddorp (NED)                 | 11-11-2017 |
| 50 vrije slag      | 25.31    | 25m | Gaal Roel  | 01 | Hoofddorp (NED)                 | 18-11-2017 |
| 100 wisselslag     | 1:07.44  | 25m | Kingma Danae   | 00 | Hoofddorp (NED)                 | 23-12-2017 |
| 50 rugslag         | 31.06    | 25m | Kingma Danae   | 00 | Leeuwarden (NED)                | 30-12-2017 |
| 1000 vlinderslag   | 17:01.35 | 25m | Jongert Sjoerd   | 01 | Haarlem (NED)                   | 7-1-2018   |
| 50 vrije slag      | 26.19    | 50m | Gaal Roel  | 01 | Alkmaar (NED)                   | 21-1-2018  |
| 100 vrije slag     | 58.38    | 25m | Kingma Danae   | 00 | Purmerend (NED)                 | 18-3-2018  |
| 100 vrije slag     | 56.30    | 50m | Gaal Roel  | 01 | Alkmaar (NED)                   | 25-3-2018  |
| 200 vrije slag     | 2:06.68  | 50m | Gaal Roel  | 01 | Alkmaar (NED)                   | 25-3-2018  |
| 1500 vrije slag    | 20:34.89 | 50m | Smit Sanne   | 01 | Alkmaar (NED)                   | 15-4-2018  |
| 50 vrije slag      | 25.91    | 50m | Gaal Roel  | 01 | Alkmaar (NED)                   | 12-5-2018  |
| 4 x 50 vrije slag  | 2:05.10  | 25m | OEZA Heren   |    | Z.O. Beemster (NED)             | 24-5-1975  |
|                    |          |     | <i>van der Heijden Hans, Windmuller Hans-Pieter, Overmeer Michel, Deen Peter</i>                 |    |                                 |            |
| 4 x 50 wisselslag  | 2:45.60  | 25m | OEZA Dames   |    | Z.O. Beemster (NED)             | 24-5-1975  |
|                    |          |     | <i>Kuiperi Judith, Nijholt Carin, Deen Annette, van Duin Margret</i>                             |    |                                 |            |
| 4 x 50 wisselslag  | 2:44.90  | 25m | OEZA Dames   |    | Zaandam (NED)                   | 28-9-1975  |
|                    |          |     | <i>van Duin Margret, Deen Annette, Nijholt Carin, van Duin Joke</i>                              |    |                                 |            |
| 4 x 50 wisselslag  | 2:49.30  | 25m | OEZA Heren   |    | Zaandam (NED)                   | 28-9-1975  |
|                    |          |     | <i>Windmuller Ton, Kock Albert, Geurtsen Hans, van den Akker Dennis</i>                          |    |                                 |            |
| 4 x 25 wisselslag  | 1:19.90  | 25m | OEZA Heren   |    | Zaandam (NED)                   | 28-9-1975  |
|                    |          |     | <i>Missot Paul, Geurtsen Arjan, van den Akker Dennis, de Caluwe Johan</i>                        |    |                                 |            |
| 4 x 100 wisselslag | 6:05.30  | 25m | OEZA Dames   |    | Heemskerk (NED)                 | 23-11-1975 |
|                    |          |     | <i>Nijholt Carin, van Duin Joke, van Duin Margret, Deen Annette</i>                              |    |                                 |            |
| 6 x 50 vrije slag  | 3:44.30  | 25m | OEZA Dames   |    | Heemskerk (NED)                 | 17-9-1977  |
|                    |          |     | <i>Missot Gonda, van Galen Angela, Verbree Bets, Bakkum Wilma, Niesten Annet, Bouwman Esther</i> |    |                                 |            |

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| 6 x 50 vrije slag   | 3:26.60  | 25m | OEZA Heren<br><i>Plokker Robert, Wolf Gert Jan, Missot Paul, de Caluwe Johan, Verbree John, de Caluwe Perry</i>  | Heemskerk (NED)     | 17-9-1977  |
| 5 x 50 vrije slag   | 2:34.60  | 25m | OEZA Heren<br><i>Windmuller Ton, Verbree John, Dekker Erik, de Caluwe Perry, van Dijk Bart</i>   | Zandvoort (NED)     | 23-10-1977 |
| 4 x 50 vlinderslag  | 2:33.60  | 25m | OEZA Dames<br><i>Niستن Annet, Verbree Bets, Bakkum Wilma, Lund Karin</i>   | Zandvoort (NED)     | 23-10-1977 |
| 5 x 50 vrije slag   | 2:50.20  | 25m | OEZA Dames<br><i>Verbree Bets, Bouwman Esther, Bakkum Wilma, Niستن Annet, Munnik Yvonne</i>  | IJmuiden (NED)      | 27-11-1977 |
| 4 x 50 wisselslag   | 2:17.20  | 25m | OEZA Heren<br><i>de Caluwe Perry, Verdonk Pim, Verbree John, Windmuller Ton</i>  | IJmuiden (NED)      | 27-11-1977 |
| 4 x 50 wisselslag   | 2:25.60  | 25m | OEZA Dames<br><i>van Duin Margret, Nijholt Carin, Verbree Bets, de Groot Gitta</i>   | Zaandam (NED)       | 22-1-1978  |
| 8 x 50 vrije slag   | 4:38.80  | 25m | OEZA Dames<br><i>Plokker Sylvia, Dijkstra Ingrid, Hermans Liesbeth, Missot Gonda, van de Kamp Yvonne, van Galen Anaela, Verbree Bets, van Giezen Sandra</i>                                      | Heemskerk (NED)     | 2-3-1980   |
| 10 x 100 vrije slag | 14:34.70 | 25m | OEZA Dames<br><i>Huisman Jolanda, Plokker Sylvia, Dijkstra Ingrid, Hermans Liesbeth, Terhorst Ilja, Palthe Yvonne, Tholen Kirsten, Windmuller Annemarie, van Galen Angela, van Giezen Corina</i> | Assendelft (NED)    | 27-4-1980  |
| 4 x 100 vrije slag  | 4:36.10  | 25m | OEZA Heren<br><i>Korzelius Ron, van de Sluis Nicolai, Wolf Gert Jan, Plokker Robert</i>  | Z.O. Beemster (NED) | 6-9-1980   |
| 4 x 100 vrije slag  | 5:15.80  | 25m | OEZA Dames<br><i>Walraven Annet, Hermans Liesbeth, van Giezen Sandra, Bakkum Wilma</i>   | Zaandam (NED)       | 28-9-1980  |
| 4 x 100 wisselslag  | 5:33.50  | 25m | OEZA Dames<br><i>van de Kamp Yvonne, van Giezen Sandra, Verbree Bets, Hermans Liesbeth</i>   | Sassenheim (NED)    | 8-2-1981   |
| 5 x 50 vrije slag   | 2:44.50  | 25m | OEZA Dames<br><i>van Galen Angela, Hermans Liesbeth, van Giezen Sandra, Plokker Sylvia, Verbree Bets</i>   | Wieringerwerf (NED) | 22-3-1981  |
| 10 x 50 vrije slag  | 5:50.90  | 25m | OEZA Dames<br><i>van der Horst Sacha, van Giezen Corina, Dijkstra Ingrid, van de Kamp Yvonne, Plokker Sylvia, Pover Karin, Tholen Kirsten, van Galen Angela, van Giezen Sandra, Verbree Bets</i> | Heemskerk (NED)     | 5-4-1981   |
| 4 x 100 wisselslag  | 5:30.50  | 25m | OEZA Dames<br><i>Hermans Liesbeth, van Giezen Sandra, Verbree Bets, Pover Karin</i>  | Heerhugowaard (NED) | 31-5-1981  |
| 6 x 50 vrije slag   | 3:38.00  | 25m | OEZA Dames<br><i>van de Kamp Yvonne, van Giezen Corina, Sierra Ana Maria, Huisman Jolanda, Windmuller Wendy, Hermans Liesbeth</i>  | Heerhugowaard (NED) | 31-5-1981  |
| 8 x 50 vrije slag   | 4:32.50  | 25m | OEZA Heren<br><i>Schaaper Hans, van Duin Peter, van der Linden René, Keessen Jeroen, Pover Peter, Boonacker Wietse, Wolf Gert Jan, van de Sluis Nicolai</i>                                      | Den Helder (NED)    | 20-9-1981  |
| 4 x 100 vrije slag  | 4:35.20  | 25m | OEZA Heren<br><i>Plokker Robert, van Honschoten Jacky, Korzelius Ron, van de Sluis Nicolai</i>   | Heemskerk (NED)     | 18-10-1981 |
| 4 x 100 vrije slag  | 5:08.50  | 25m | OEZA Dames<br><i>Hermans Liesbeth, van Galen Angela, Plokker Sylvia, Pover Karin</i>   | Assendelft (NED)    | 15-11-1981 |
| 4 x 100 wisselslag  | 5:20.70  | 25m | OEZA Heren<br><i>van de Sluis Nicolai, van Duin Peter, Wolf Gert Jan, Plokker Robert</i>   | Assendelft (NED)    | 15-11-1981 |
| 10 x 50 vrije slag  | 5:41.80  | 25m | OEZA Dames<br><i>Verbree Bets, Tholen Kirsten, van Giezen Sandra, Dijkstra Ingrid, van Giezen Corina, Plokker Sylvia, Pover Karin, de Graaf Annemiek, Windmuller Wendy, Hermans Liesbeth</i>     | Hilversum (NED)     | 19-12-1981 |
| 4 x 100 vrije slag  | 4:58.30  | 25m | OEZA Dames<br><i>Hermans Liesbeth, Windmuller Wendy, Plokker Sylvia, Pover Karin</i>   | Heemskerk (NED)     | 21-3-1982  |
| 4 x 100 vrije slag  | 4:20.90  | 25m | OEZA Heren<br><i>Keessen Jeroen, Wolf Gert Jan, van Honschoten Jacky, Hagebout Marcel</i>  | Heemskerk (NED)     | 16-1-1983  |
| 4 x 100 wisselslag  | 4:59.30  | 25m | OEZA Heren<br><i>Wolf Gert Jan, van Duin Peter, Hagebout Marcel, Korzelius Ron</i>   | Heemskerk (NED)     | 6-2-1983   |
| 4 x 100 wisselslag  | 4:58.90  | 25m | OEZA Heren<br><i>Schaaper Hans, van Rijn Michael, Hagebout Marcel, Pover Peter</i>   | Volendam (NED)      | 7-10-1984  |
| 4 x 50 vrije slag   | 2:19.00  | 25m | OEZA Dames<br><i>Hulshof Saskia, Schuyt Simone, Besse Karen, van der Geest Saskia</i>  | Heemskerk (NED)     | 15-3-1987  |
| 4 x 100 vrije slag  | 4:52.20  | 25m | OEZA Dames<br><i>Besse Karen, Schuyt Simone, Hulshof Saskia, van der Geest Saskia</i>  | Zaandam (NED)       | 4-1-1988   |

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| 4 x 100 vrije slag | 4:46.30 | 25m | OEZA Dames<br><i>Besse Karen, van der Geest Saskia, Hulshof Saskia, Schuyt Simone</i>               | Heemskerk (NED)  | 7-2-1988   |
| 4 x 100 wisselslag | 5:20.90 | 25m | OEZA Dames<br><i>Hulshof Saskia, van der Geest Saskia, Besse Karen, Schuyt Simone</i>               | Heemskerk (NED)  | 19-2-1989  |
| 4 x 50 vrije slag  | 1:59.30 | 25m | OEZA Heren<br><i>Meijer Arno, Schaap Paul, Andeweg Celedonio, Switser René</i>                      | Assendelft (NED) | 12-11-1989 |
| 4 x 50 vrije slag  | 2:13.40 | 25m | OEZA Dames<br><i>Meijer Linda, de Boer Claudia, Hulshof Saskia, Schuyt Simone</i>                   | Assendelft (NED) | 12-11-1989 |
| 4 x 100 rugslag    | 5:43.00 | 25m | OEZA Dames<br><i>Meijer Linda, Schuyt Simone, Besse Karen, Zonneveld Cindy</i>                      | Volendam (NED)   | 4-2-1990   |
| 4 x 100 rugslag    | 5:06.30 | 25m | OEZA Heren<br><i>Meijer Arno, van der Bunt Raymond, Bok Reitze, Kerkhof Arno</i>                    | Volendam (NED)   | 4-2-1990   |
| 4 x 100 vrije slag | 4:18.60 | 25m | OEZA Heren<br><i>Hulshof Patrick, Schaap Paul, Switser René, Meijer Arno</i>                        | Heemskerk (NED)  | 11-2-1990  |
| 4 x 50 wisselslag  | 2:07.90 | 25m | OEZA Heren<br><i>Meijer Arno, Bok Reitze, Kerkhof Arno, Switser René</i>                            | Volendam (NED)   | 8-4-1990   |
| 4 x 100 vrije slag | 4:18.50 | 25m | OEZA Heren<br><i>Hulshof Patrick, Andeweg Celedonio, Switser René, Meijer Arno</i>                  | Zaandam (NED)    | 7-10-1990  |
| 4 x 100 wisselslag | 5:17.20 | 25m | OEZA Dames<br><i>Hulshof Saskia, van der Geest Saskia, Besse Karen, Schuyt Simone</i>               | Heemskerk (NED)  | 25-11-1990 |
| 4 x 50 vrije slag  | 2:11.50 | 25m | OEZA Dames<br><i>Kramer Miranda, Oudendijk Bianca, van Rookhuizen Sieta, Meijer Linda</i>           | Castricum (NED)  | 22-1-1995  |
| 4 x 50 vrije slag  | 1:53.60 | 25m | OEZA Heren<br><i>Bal Chester, Oortwijn Maarten, Dekker Rudie, Butter Martijn</i>                    | Heemskerk (NED)  | 5-3-1995   |
| 4 x 50 wisselslag  | 2:25.50 | 25m | OEZA Dames<br><i>Kramer Miranda, Oudendijk Bianca, Meijer Linda, van Rookhuizen Sieta</i>           | Wormerveer (NED) | 26-3-1995  |
| 4 x 50 wisselslag  | 2:25.40 | 25m | OEZA Dames<br><i>Kramer Miranda, van Rookhuizen Sieta, Moolevliet Petra, Meijer Sylvia</i>          | Assendelft (NED) | 10-9-1995  |
| 4 x 100 vrije slag | 4:15.80 | 25m | OEZA Heren<br><i>Oudendijk Paul, Bal Chester, Oortwijn Maarten, Butter Martijn</i>                  | Heemskerk (NED)  | 1-10-1995  |
| 4 x 50 schoolslag  | 2:46.50 | 25m | OEZA Dames<br><i>Heus Pauline, van Rookhuizen Sieta, Oudendijk Bianca, Kramer Miranda</i>           | Assendelft (NED) | 8-10-1995  |
| 4 x 50 vrije slag  | 2:10.30 | 25m | OEZA Dames<br><i>Meijer Sylvia, Heus Pauline, van Rookhuizen Sieta, Kramer Miranda</i>              | Castricum (NED)  | 29-10-1995 |
| 4 x 100 vrije slag | 4:46.10 | 25m | OEZA Dames<br><i>de Boer Angela, van Rookhuizen Sieta, Kramer Miranda, Meijer Sylvia</i>            | Castricum (NED)  | 29-10-1995 |
| 4 x 50 vrije slag  | 2:07.20 | 25m | OEZA Dames<br><i>Kramer Miranda, de Boer Angela, van Rookhuizen Sieta, Meijer Sylvia</i>            | Heemskerk (NED)  | 26-11-1995 |
| 4 x 100 wisselslag | 4:51.40 | 25m | OEZA Heren<br><i>Oudendijk Paul, Beentjes Bastiaan, Butter Martijn, Oortwijn Maarten</i>            | Heemskerk (NED)  | 26-11-1995 |
| 4 x 50 wisselslag  | 2:24.20 | 25m | OEZA Dames<br><i>Kramer Miranda, Oudendijk Bianca, Moolevliet Petra, Meijer Sylvia</i>              | Zaandam (NED)    | 10-3-1996  |
| 4 x 100 rugslag    | 5:23.60 | 25m | OEZA Dames<br><i>Kramer Miranda, van Rookhuizen Sieta, Meijer Sylvia, Schelvis Femke</i>            | Heemskerk (NED)  | 17-3-1996  |
| 4 x 100 vrije slag | 4:56.70 | 50m | OEZA Dames<br><i>van Ballegooie Simone, de Boer Irene, Schelvis Femke, Meijer Sylvia</i>            | Beverwijk (NED)  | 4-5-1996   |
| 4 x 100 wisselslag | 5:30.00 | 50m | OEZA Dames<br><i>Schelvis Femke, van der Kroft Nicole, Moolevliet Petra, Meijer Sylvia</i>          | Beverwijk (NED)  | 11-5-1996  |
| 4 x 50 vrije slag  | 2:06.50 | 25m | OEZA Dames<br><i>Stam Sabrina, Stam Vanessa, Kramer Miranda, Meijer Sylvia</i>                      | Assendelft (NED) | 31-8-1996  |
| 4 x 50 schoolslag  | 2:49.20 | 25m | OEZA Heren<br><i>Steenbergen Roderik, van Rookhuizen Barry, Krijger Jan-Willem, Zijlstra Jeroen</i> | Assendelft (NED) | 15-9-1996  |
| 4 x 100 wisselslag | 5:16.10 | 25m | OEZA Dames<br><i>Kramer Miranda, Stam Vanessa, Moolevliet Petra, Meijer Sylvia</i>                  | Heemskerk (NED)  | 22-9-1996  |
| 4 x 50 vrije slag  | 2:05.00 | 25m | OEZA Dames<br><i>Stam Sabrina, Stam Vanessa, Kramer Miranda, Meijer Sylvia</i>                      | Zaandam (NED)    | 3-11-1996  |
| 4 x 100 vrije slag | 4:32.20 | 25m | OEZA Dames<br><i>Stam Sabrina, Kramer Miranda, Stam Vanessa, Meijer Sylvia</i>                      | Zaandam (NED)    | 3-11-1996  |
| 4 x 50 vrije slag  | 2:02.00 | 25m | OEZA Dames<br><i>Meijer Sylvia, Stam Vanessa, Kramer Miranda, Schelvis Femke</i>                    | Castricum (NED)  | 24-11-1996 |

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| 4 x 50 wisselslag  | 2:24.20  | 25m | OEZA Dames<br><i>Kramer Miranda, Stam Vanessa, Moolevliet Petra, Meijer Sylvia</i>   | Castricum (NED)  | 24-11-1996 |
| 4 x 100 wisselslag | 4:47.50  | 25m | OEZA Heren<br><i>Oudendijk Paul, Stam Daniël, Butter Martijn, Oortwijn Maarten</i>   | Castricum (NED)  | 24-11-1996 |
| 4 x 100 rugslag    | 5:19.00  | 25m | OEZA Dames<br><i>Stam Vanessa, Kramer Miranda, Schelvis Femke, Meijer Sylvia</i>   | Heemskerk (NED)  | 12-1-1997  |
| 4 x 50 vrije slag  | 1:51.30  | 25m | OEZA Heren<br><i>Kuilman Joris, Stam Daniël, Oortwijn Maarten, Butter Martijn</i>  | Zaandam (NED)    | 19-1-1997  |
| 5 x 50 vrije slag  | 2:37.00  | 25m | OEZA Dames<br><i>Kramer Miranda, Stam Sabrina, Stam Vanessa, Schelvis Femke, Meijer Sylvia</i>   | Volendam (NED)   | 16-2-1997  |
| 4 x 50 wisselslag  | 2:21.60  | 25m | OEZA Dames<br><i>Stam Sabrina, Kramer Miranda, Stam Vanessa, Meijer Sylvia</i>   | Haarlem (NED)    | 2-3-1997   |
| 4 x 100 wisselslag | 4:41.60  | 25m | OEZA Heren<br><i>Oudendijk Paul, Kuilman Joris, Butter Martijn, Oortwijn Maarten</i>   | Alkmaar (NED)    | 9-3-1997   |
| 4 x 100 wisselslag | 5:06.20  | 25m | OEZA Dames<br><i>Schelvis Femke, Kramer Miranda, Stam Vanessa, Meijer Sylvia</i>   | Haarlem (NED)    | 30-3-1997  |
| 4 x 50 vrije slag  | 2:00.00  | 25m | OEZA Dames<br><i>Meijer Sylvia, van der Kroft Nicole, Stam Sabrina, Schelvis Femke</i>   | Heemskerk (NED)  | 6-4-1997   |
| 4 x 50 wisselslag  | 2:04.70  | 25m | OEZA Heren<br><i>Butter Martijn, Stam Daniël, Kuilman Joris, Oortwijn Maarten</i>  | Heemskerk (NED)  | 6-4-1997   |
| 4 x 200 vrije slag | 10:13.70 | 50m | OEZA Heren<br><i>Kramer Vincent, Kuilman Joris, Oudendijk Paul, Oortwijn Maarten</i>   | Beverwijk (NED)  | 24-5-1997  |
| 4 x 100 wisselslag | 5:13.80  | 50m | OEZA Dames<br><i>Schelvis Femke, Kramer Miranda, Stam Vanessa, Meijer Sylvia</i>   | Beverwijk (NED)  | 25-5-1997  |
| 4 x 100 vrije slag | 4:41.40  | 50m | OEZA Dames<br><i>van der Kroft Nicole, de Boer Irene, Stam Sabrina, Schelvis Femke</i>   | Beverwijk (NED)  | 1-6-1997   |
| 4 x 50 schoolslag  | 2:40.20  | 25m | OEZA Heren<br><i>de Boer Stephan, Kramer Vincent, Steenbergen Roderik, Stins Arnold</i>  | Assendelft (NED) | 30-8-1997  |
| 8 x 50 vrije slag  | 4:32.20  | 25m | OEZA Dames<br><i>Zonneveld Chantal, Hommersen Sandra, Stins Mariska, Dijkstra Maud, van Ballegooie Simone, de Boer Irene, van der Kroft Nicole, Schelvis Femke</i> | Assendelft (NED) | 31-8-1997  |
| 4 x 100 vrije slag | 4:23.10  | 25m | OEZA Dames<br><i>Stam Sabrina, Stam Vanessa, Schelvis Femke, Meijer Sylvia</i>   | Heemskerk (NED)  | 26-10-1997 |
| 4 x 100 vrije slag | 4:31.20  | 50m | OEZA Dames<br><i>Stam Sabrina, Stam Vanessa, Meijer Sylvia, Schelvis Femke</i>   | Beverwijk (NED)  | 9-11-1997  |
| 4 x 50 wisselslag  | 2:18.20  | 25m | OEZA Dames<br><i>Schelvis Femke, Kramer Miranda, Stam Vanessa, Meijer Sylvia</i>   | Zaandam (NED)    | 16-11-1997 |
| 4 x 200 vrije slag | 10:55.20 | 25m | OEZA Dames<br><i>Stins Mariska, Dijkstra Lisette, Zonneveld Chantal, Schelvis Roos</i>   | Zaandam (NED)    | 25-1-1998  |
| 4 x 50 wisselslag  | 2:04.30  | 25m | OEZA Heren<br><i>Oudendijk Paul, de Boer Stephan, Kuilman Joris, van Rookhuizen Barry</i>  | Alkmaar (NED)    | 26-4-1998  |
| 4 x 200 vrije slag | 9:26.20  | 25m | OEZA Heren<br><i>Stins Arnold, Steenbergen Roderik, de Boer Stephan, Kramer Vincent</i>  | Zaandam (NED)    | 9-5-1998   |
| 4 x 200 vrije slag | 10:03.30 | 25m | OEZA Dames<br><i>Dijkstra Lisette, Schelvis Roos, de Boer Irene, Schelvis Femke</i>  | Zaandam (NED)    | 16-5-1998  |
| 4 x 100 wisselslag | 5:00.70  | 25m | OEZA Dames<br><i>Schelvis Roos, Stam Vanessa, Schelvis Femke, Meijer Sylvia</i>  | Zaandam (NED)    | 16-5-1998  |
| 4 x 100 wisselslag | 5:07.19  | 50m | OEZA Heren<br><i>Essers Tim, de Ruijter Richard, van der Gracht Jory, de Ruijter René</i>  | Beverwijk (NED)  | 19-5-2001  |
| 4 x 100 vrije slag | 4:35.87  | 50m | OEZA Heren<br><i>Glorie Daan, de Ruijter Richard, Essers Tim, van der Gracht Jory</i>  | Beverwijk (NED)  | 11-5-2002  |
| 4 x 100 vrije slag | 4:19.97  | 50m | OEZA Heren<br><i>Schelvis Sjeng, Glorie Daan, Essers Tim, van der Gracht Jory</i>  | Beverwijk (NED)  | 17-5-2003  |
| 4 x 100 wisselslag | 4:51.33  | 50m | OEZA Heren<br><i>Essers Tim, de Ruijter Richard, van der Gracht Jory, Glorie Daan</i>  | Beverwijk (NED)  | 24-5-2003  |
| 4 x 100 wisselslag | 4:43.27  | 50m | OEZA Heren<br><i>Essers Tim, de Ruijter Richard, Glorie Daan, Schelvis Sjeng</i>   | Eindhoven (NED)  | 12-6-2004  |
| 4 x 50 wisselslag  | 2:03.42  | 25m | OEZA Heren<br><i>Essers Tim, de Ruijter Richard, Schelvis Sjeng, Glorie Daan</i>   | Emmen (NED)      | 19-6-2004  |

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| 4 x 100 vrije slag  | 4:10.06  | 25m | OEZA Heren<br><i>Essers Tim, de Ruijter Richard, van der Gracht Jory, Schelvis Sjeng</i>  | Zuidoostbeemster (NED)  | 31-10-2004 |
| 4 x 100 rugslag     | 5:10.72  | 25m | OEZA Dames<br><i>Vink Lidewij, Crok Annemarie, Koopman Anitra, Kleijne Daisy</i>  | Zuidoostbeemster (NED)  | 31-10-2004 |
| 4 x 100 rugslag     | 4:49.47  | 25m | OEZA Heren<br><i>de Ruijter Richard, Dekker Matthijs, Schelvis Sjeng, Essers Tim</i>  | Zuidoostbeemster (NED)  | 31-10-2004 |
| 4 x 100 schoolslag  | 5:31.43  | 25m | OEZA Heren<br><i>Schelvis Sjeng, van der Gracht Jory, Essers Tim, de Ruijter Richard</i>  | Zuidoostbeemster (NED)  | 31-10-2004 |
| 4 x 100 schoolslag  | 6:14.06  | 25m | OEZA Dames<br><i>Palmboom Nicole, Koopman Anitra, Kleijne Daisy, Crok Annemarie</i>   | Zuidoostbeemster (NED)  | 31-10-2004 |
| 4 x 100 wisselslag  | 4:37.31  | 25m | OEZA Heren<br><i>Essers Tim, de Ruijter Richard, Schelvis Sjeng, van der Gracht Jory</i>  | Zuidoostbeemster (NED)  | 31-10-2004 |
| 4 x 50 schoolslag   | 2:44.77  | 25m | OEZA Dames<br><i>Palmboom Nicole, Crok Annemarie, Kleijne Daisy, Hoek Daniëlle</i>  | Haarlem (NED)           | 27-3-2005  |
| 8 x 50 vrije slag   | 4:10.94  | 25m | OEZA Dames<br><i>Hogema Fabiën, van der Gracht Anouk, Essers Sanne, Crok Annemarie, Koopman Anitra, Palmboom Nicole, Kleijne Daisy, Hoek Daniëlle</i> | Haarlem (NED)           | 28-3-2005  |
| 4 x 50 vrije slag   | 1:50.36  | 25m | OEZA Heren<br><i>Glorie Daan, van der Gracht Jory, Essers Tim, Schelvis Sjeng</i>   | Zuidoost-Beemster (NED) | 8-5-2005   |
| 4 x 100 vrije slag  | 4:16.29  | 50m | OEZA Heren<br><i>Crok Pieter, Palmboom Pascal, Dekker Matthijs, Schelvis Sjeng</i>  | Beverwijk (NED)         | 21-5-2005  |
| 4 x 50 wisselslag   | 2:15.04  | 25m | OEZA Dames<br><i>Kleijne Daisy, Palmboom Nicole, Vink Lidewij, Hoek Daniëlle, Crok Annemarie</i>  | Alkmaar (NED)           | 5-6-2005   |
| 4 x 100 schoolslag  | 5:19.80  | 25m | OEZA Heren<br><i>Essers Tim, Crok Pieter, Palmboom Pascal, Glorie Daan</i>  | Alkmaar (NED)           | 16-10-2005 |
| 4 x 100 schoolslag  | 6:06.33  | 25m | OEZA Dames<br><i>de Groot Daniëlle, Niesten Iris, Vink Lidewij, Palmboom Nicole</i>   | Alkmaar (NED)           | 16-10-2005 |
| 4 x 100 vlinderslag | 5:28.81  | 25m | OEZA Dames<br><i>Koopman Anitra, Hoek Daniëlle, Kleijne Daisy, Crok Annemarie</i>   | Alkmaar (NED)           | 16-10-2005 |
| 4 x 100 vrije slag  | 4:22.57  | 25m | OEZA Dames<br><i>Crok Annemarie, Kleijne Daisy, Hoek Daniëlle, Vink Lidewij, Koopman Anitra</i>   | Heemskerk (NED)         | 27-11-2005 |
| 4 x 50 wisselslag   | 2:14.05  | 25m | OEZA Dames<br><i>Kleijne Daisy, Palmboom Nicole, Vink Lidewij, Hoek Daniëlle</i>  | Maastricht (NED)        | 28-12-2005 |
| 4 x 100 wisselslag  | 5:00.22  | 25m | OEZA Dames<br><i>Kleijne Daisy, Palmboom Nicole, Vink Lidewij, Hoek Daniëlle</i>  | Heemskerk (NED)         | 19-3-2006  |
| 4 x 50 schoolslag   | 2:44.75  | 25m | OEZA Dames<br><i>van der Gracht Anouk, Hoek Daniëlle, Vink Lidewij, Palmboom Nicole</i>   | Haarlem (NED)           | 16-4-2006  |
| 8 x 50 vrije slag   | 4:04.24  | 25m | OEZA Dames<br><i>Palmboom Nicole, van der Gracht Anouk, Hogema Fabiën, Essers Sanne, Crok Annemarie, Hoek Daniëlle, Kleijne Daisy, Vink Lidewij</i>   | Haarlem (NED)           | 17-4-2006  |
| 4 x 100 vrije slag  | 4:27.64  | 50m | OEZA Dames<br><i>Palmboom Nicole, Crok Annemarie, Kleijne Daisy, Vink Lidewij</i>   | Beverwijk (NED)         | 20-5-2006  |
| 4 x 100 vlinderslag | 5:24.44  | 25m | OEZA Dames<br><i>Hoek Daniëlle, Crok Annemarie, Kleijne Daisy, Vink Lidewij, Koopman Anitra</i>   | Purmerend (NED)         | 15-10-2006 |
| 4 x 50 vrije slag   | 1:49.75  | 25m | OEZA Heren<br><i>Crok Pieter, Kemmeren Ferry, de Caluwé Niels, Glorie Daan</i>  | Maastricht (NED)        | 29-12-2006 |
| 4 x 100 schoolslag  | 5:57.85  | 25m | OEZA Dames<br><i>Essers Sanne, Crok Annemarie, van der Gracht Anouk, Palmboom Nicole</i>  | Purmerend (NED)         | 4-11-2007  |
| 4 x 200 vrije slag  | 9:34.14  | 25m | OEZA Dames<br><i>Koster Lisa, Palmboom Nicole, de Groot Daniëlle, Vink Lidewij</i>  | Heemskerk (NED)         | 13-1-2008  |
| 4 x 50 wisselslag   | 2:18.56  | 50m | OEZA Dames<br><i>Koster Lisa, Palmboom Nicole, Teufer Irene, de Groot Daniëlle</i>  | Antwerpen (BEL)         | 11-4-2008  |
| 4 x 200 vrije slag  | 10:13.00 | 50m | OEZA Dames<br><i>Zwarthoed Brenda, Mallon Danique, Crok Linda, Koster Lisa</i>  | Beverwijk (NED)         | 25-5-2008  |
| 4 x 50 vrije slag   | 1:54.91  | 25m | OEZA Dames<br><i>Vink Lidewij, de Groot Daniëlle, Palmboom Nicole, Koster Lisa</i>  | Heemskerk (NED)         | 29-5-2008  |
| 5 x 50 vrije slag   | 2:32.22  | 25m | OEZA Dames<br><i>Zwarthoed Brenda, de Groot Daniëlle, Vink Lidewij, Koster Lisa, Nijman José</i>  | Aalsmeer (NED)          | 31-5-2008  |
| 4 x 50 vrije slag   | 1:54.37  | 25m | OEZA Dames<br><i>Palmboom Nicole, Vink Lidewij, de Groot Daniëlle, Koster Lisa</i>  | Alkmaar (NED)           | 22-6-2008  |

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| 4 x 25 schoolslag  | 1:43.27 | 25m | OEZA Dames<br><i>de Vriend Sofie, Welboren Julia, Koper Fiona, van Huisstede Nikita</i> | Hoorn (NED)     | 10-4-2011  |
| 4 x 100 rugslag    | 5:01.04 | 25m | OEZA Dames<br><i>Petit Kirsten, Smit Sanne, Koper Fiona, Kingma Danae</i>               | Zaandam (NED)   | 22-11-2015 |
| 4 x 100 vrije slag | 4:14.09 | 25m | OEZA Dames<br><i>Smit Sanne, Buur Naomi, de Haan Shira, Kingma Danae</i>                | Amsterdam (NED) | 30-1-2016  |
| 4 x 100 vrije slag | 4:14.62 | 50m | OEZA Heren<br><i>Woudsma Stefan, Jongert Sjoerd, Groen Jarno, Gaal Roel</i>             | Alkmaar (NED)   | 29-5-2016  |
| 4 x 200 vrije slag | 9:53.35 | 50m | OEZA Dames<br><i>Smit Sanne, de Haan Shira, Hoekstra Eline, Kingma Danae</i>            | Alkmaar (NED)   | 4-6-2016   |
| 4 x 100 vrije slag | 4:24.27 | 50m | OEZA Dames<br><i>Smit Sanne, de Haan Shira, Buur Naomi, Kingma Danae</i>                | Alkmaar (NED)   | 5-6-2016   |
| 4 x 100 vrije slag | 4:04.31 | 25m | OEZA Heren<br><i>Gaal Roel, Groen Jarno, Offringa Rick, Jongert Sjoerd</i>              | Purmerend (NED) | 13-11-2016 |