

25 vrije slag

1.	Schelvis Femke	84	08-021	13.11	25m	25-3-99	Heemskerk (NED)
2.	de Groot Daniëlle	93	08-021	13.42	25m	31-5-08	Aalsmeer (NED)
3.	Meijer Sylvia	81	08-021	13.43	25m	4-5-00	Heemskerk (NED)
4.	Crok Linda	94	08-021	13.48	25m	30-6-11	Heemskerk (NED)
5.	Schuyt Simone	75	08-021	13.70	25m	31-12-89	Heemskerk (NED)
5.	Hulshof Saskia	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)
7.	Palmboom Nicole	91	08-021	13.79	25m	27-4-06	Heemskerk
8.	Koster Lisa	94	08-021	13.81	25m	31-5-08	Aalsmeer (NED)
9.	van der Kroft Nicole	84	08-021	13.95	25m	29-3-01	Heemskerk (NED)
10.	van Staveren Marina	78	08-021	14.04	25m	14-4-11	Heemskerk (NED)
11.	Schelvis Roos	86	08-021	14.05	25m	29-3-01	Heemskerk (NED)
11.	Vink Lidewij	90	08-021	14.05	25m	19-4-07	Heemskerk (NED)
13.	Besse Karen	75	08-021	14.10	25m	31-12-89	Heemskerk (NED)
14.	Hoek Daniëlle	88	08-021	14.12	25m	30-6-11	Heemskerk (NED)
15.	van der Geest Saskia	73	08-021	14.20	25m	12-1-89	Heemskerk (NED)
15.	Stam Vanessa	80	08-021	14.20	25m	13-3-97	Heemskerk (NED)
17.	van Ballegooie Simone	84	08-021	14.26	25m	29-3-01	Heemskerk (NED)
18.	Groen Anne	95	08-021	14.32	25m	30-6-11	Heemskerk (NED)
19.	Kleijne Daisy	89	08-021	14.33	25m	27-4-06	Heemskerk
20.	Kramer Miranda	80	08-021	14.34	25m	4-5-00	Heemskerk (NED)
21.	van Rookhuizen Sieta	79	08-021	14.35	25m	4-5-00	Heemskerk (NED)
22.	Vink Marjolein	93	08-021	14.37	25m	29-5-08	Heemskerk (NED)
23.	Stam Sabrina	82	08-021	14.40	25m	12-2-98	Heemskerk (NED)
24.	Stins Mariska	84	08-021	14.42	25m	29-5-08	Heemskerk (NED)
25.	Hogema Fabiën	93	08-021	14.43	25m	19-4-07	Heemskerk (NED)
26.	Visser Kelly	89	08-021	14.45	25m	23-10-10	Emmeloord (NED)
27.	Meijer Linda	77	08-021	14.50	25m	26-9-92	
28.	Butter Anouk	82	08-021	14.51	25m	29-3-01	Heemskerk (NED)
28.	Essers Sanne	91	08-021	14.51	25m	27-4-06	Heemskerk
30.	Crok Annemarie	89	08-021	14.65	25m	30-6-11	Heemskerk (NED)
31.	Mallon Danique	94	08-021	14.67	25m	29-5-08	Heemskerk (NED)
32.	de Boer Irene	84	08-021	14.70	25m	29-3-01	Heemskerk (NED)
33.	de Vries Chrissie	93	08-021	14.72	25m	19-4-07	Heemskerk (NED)
34.	Limmen Karin	76	08-021	14.90	25m	26-9-92	
34.	Krouwels Tanja	79	08-021	14.90	25m	12-2-98	Heemskerk (NED)
36.	Heus Pauline	78	08-021	14.94	25m	4-5-00	Heemskerk (NED)
37.	van der Gracht Anouk	89	08-021	14.95	25m	19-4-07	Heemskerk (NED)
38.	Boekling Annette	85	08-021	14.97	25m	4-5-00	Heemskerk (NED)
39.	Zonneveld Cindy	75	08-021	15.00	25m	31-12-89	Heemskerk (NED)
40.	Zwarthoed Brenda	96	08-021	15.02	25m	31-5-08	Aalsmeer (NED)
41.	Dijkstra Lisette	86	08-021	15.10	25m	10-12-98	Heemskerk (NED)
42.	Petit Kirsten	00	08-021	15.17	25m	30-6-11	Heemskerk (NED)
43.	Bruin Adri	74	08-021	15.20	25m	12-1-89	Heemskerk (NED)
43.	Rodenburg Rianne	93	08-021	15.20	25m	27-4-06	Heemskerk
45.	Regelink Anneke	83	08-021	15.21	25m	25-3-99	Heemskerk (NED)
46.	Niesten Iris	92	08-021	15.24	25m	19-4-07	Heemskerk (NED)
47.	Bos Chantal	74	08-021	15.30	25m	12-1-89	Heemskerk (NED)
48.	Deiman Caroline	67	08-021	15.40	25m	12-1-89	Heemskerk (NED)
48.	Hommersen Sandra	84	08-021	15.40	25m	12-2-98	Heemskerk (NED)
50.	Koper Birgit	87	08-021	15.46	25m	27-4-06	Heemskerk
51.	Visser Stacey	87	08-021	15.48	25m	29-3-01	Heemskerk (NED)
52.	Bruin Marianne	78	08-021	15.50	25m	16-5-91	Heemskerk (NED)

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53.	de Boer Claudia	77	08-021	15.60	25m	31-12-89	Heemskerk (NED)
53.	van Honk Chantal	80	08-021	15.60	25m	26-9-92	
53.	ten Cate Joyce	80	08-021	15.60	25m	13-5-07	Grootebroek (NED)
56.	Liefting Sarina	93	08-021	15.66	25m	27-4-06	Heemskerk
57.	de Vries Cathy	77	08-021	15.70	25m	16-5-91	Heemskerk (NED)
57.	de Boer Angela	80	08-021	15.70	25m	27-4-95	Heemskerk (NED)
59.	Lindelauf Priscilla	85	08-021	15.79	25m	29-3-01	Heemskerk (NED)
59.	van Kooten Cynthia	93	08-021	15.79	25m	30-11-06	Heemskerk
61.	Keessen Pam	62	08-021	15.80	25m	14-9-76	Heemskerk (NED)
61.	Moolevliet Petra	82	08-021	15.80	25m	14-3-96	Heemskerk (NED)
63.	Koopman Anitra	89	08-021	15.87	25m	29-3-01	Heemskerk (NED)
64.	Hoek Laura	86	08-021	15.88	25m	4-5-00	Heemskerk (NED)
65.	Splinter Nathalie	75	08-021	15.90	25m	12-1-89	Heemskerk (NED)
65.	Oudendijk Bianca	79	08-021	15.90	25m	27-4-95	Heemskerk (NED)
67.	de Ruijter Linda	87	08-021	16.00	25m	15-2-01	Heemskerk (NED)
68.	van Ballegooie Stefanie	86	08-021	16.03	25m	4-5-00	Heemskerk (NED)
69.	Teufer Irene	96	08-021	16.12	25m	19-4-07	Heemskerk (NED)
70.	Limmen Miriam	75	08-021	16.20	25m	12-1-89	Heemskerk (NED)
70.	van Velsen Patricia	79	08-021	16.20	25m	27-4-95	Heemskerk (NED)
70.	Dijkstra Maud	84	08-021	16.20	25m	5-3-98	Heemskerk (NED)
73.	Vredenburg Roos	95	08-021	16.23	25m	29-5-08	Heemskerk (NED)
74.	van der Eng Laura	80	08-021	16.30	25m	14-3-96	Heemskerk (NED)
75.	Smit Lydia	84	08-021	16.32	25m	25-3-99	Heemskerk (NED)
75.	Nijman José	93	08-021	16.32	25m	29-5-08	Heemskerk (NED)
77.	Welboren Trudy	61	08-021	16.40	25m	14-9-76	Heemskerk (NED)
78.	Molenaar Eline	82	08-021	16.51	25m	25-3-99	Heemskerk (NED)
79.	Cappelle Carlijn	82	08-021	16.60	25m	13-3-97	Heemskerk (NED)
79.	de Vries Justine	83	08-021	16.60	25m	13-3-97	Heemskerk (NED)
79.	Buur Naomi	01	08-021	16.60	25m	26-4-12	Heemskerk (NED)
82.	Wegchelaer Ageeth	62	08-021	16.70	25m	30-3-76	Heemskerk (NED)
82.	Huneker Jolanda	79	08-021	16.70	25m	12-2-98	Heemskerk (NED)
82.	Zonneveld Chantal	84	08-021	16.70	25m	22-2-01	Heemskerk (NED)
82.	van Koeveringe Nicole	93	08-021	16.70	25m	27-4-06	Heemskerk
86.	Groot Tineke	60	08-021	17.00	25m	30-3-76	Heemskerk (NED)
86.	ten Cate Ilona	85	08-021	17.00	25m	29-3-01	Heemskerk (NED)
88.	Ivens Suzanne	99	08-021	17.01	25m	30-6-11	Heemskerk (NED)
89.	Zonneveld Monica	80	08-021	17.10	25m	16-6-93	
89.	van Leen Cynthia	81	08-021	17.10	25m	14-3-96	Heemskerk (NED)
91.	van Putten Demi	96	08-021	17.11	25m	30-6-11	Heemskerk (NED)
92.	Stel Kaylin	01	08-021	17.16	25m	3-1-10	Culemborg (NED)
92.	de Vriend Sofie	01	08-021	17.16	25m	26-4-12	Heemskerk (NED)
94.	Koper Fiona	01	08-021	17.19	25m	26-4-12	Heemskerk (NED)
95.	Limmen Anita	78	08-021	17.20	25m	26-9-92	
96.	Steenkamp Ciska	90	08-021	17.25	25m	29-3-01	Heemskerk (NED)
96.	Kesting Alexandra	00	08-021	17.25	25m	14-4-11	Heemskerk (NED)
98.	Domburg Irma	62	08-021	17.30	25m	30-3-76	Heemskerk (NED)
98.	Cappelle Marcella	85	08-021	17.30	25m	12-2-98	Heemskerk (NED)
100.	Koper Ella	90	08-021	17.47	25m	27-4-06	Heemskerk
101.	Glorie Astrid	63	08-021	17.50	25m	14-9-76	Heemskerk (NED)
102.	Beeksma Anne	88	08-021	17.64	25m	29-3-01	Heemskerk (NED)
103.	de Haan Shira	00	08-021	17.65	25m	14-4-11	Heemskerk (NED)
104.	Besse Meta	78	08-021	17.70	25m	31-12-89	Heemskerk (NED)
104.	Bakker Jesca	79	08-021	17.70	25m	31-12-89	Heemskerk (NED)

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104.	Mulder Amy	80	08-021	17.70	25m	16-6-93	
104.	Hoogervorst Marlon	84	08-021	17.70	25m	16-2-95	Heemskerk (NED)
104.	Zijlstra Mariëlle	83	08-021	17.70	25m	14-3-96	Heemskerk (NED)
109.	Beentjes Nicolet	80	08-021	17.81	25m	25-3-99	Heemskerk (NED)
110.	Wissenburg Petra	65	08-021	17.90	25m	14-9-76	Heemskerk (NED)
111.	Viel Bianca	85	08-021	17.95	25m	4-5-00	Heemskerk (NED)
112.	Teunissen Petra	64	08-021	18.00	25m	14-9-76	Heemskerk (NED)
112.	Reijnders Sandra	64	08-021	18.00	25m	14-9-76	Heemskerk (NED)
114.	Bakker Daniëlle	96	08-021	18.12	25m	29-5-08	Heemskerk (NED)
115.	Dijkstra Janet	77	08-021	18.20	25m	12-1-89	Heemskerk (NED)
116.	de Boer Maia	03	08-021	18.25	25m	13-4-14	Zaandam (NED)
117.	de Wolff Isabel	01	08-021	18.27	25m	26-4-12	Heemskerk (NED)
118.	Mosch Sabina	84	08-021	18.30	25m	12-2-98	Heemskerk (NED)
119.	Dijkstra Pascal	89	08-021	18.42	25m	22-11-98	Zaandam (NED)
120.	Dekker Danyk	94	08-021	18.48	25m	29-5-08	Heemskerk (NED)
121.	van der Wijden Eline	88	08-021	18.49	25m	29-3-01	Heemskerk (NED)
122.	Walraven Annet	62	08-021	18.60	25m	30-3-76	Heemskerk (NED)
123.	de Graaf Annemiek	70	08-021	18.70	25m	16-3-80	Heemskerk (NED)
123.	van den Braber Liesbeth	84	08-021	18.70	25m	12-2-98	Heemskerk (NED)
125.	de Laat Anita	75	08-021	19.00	25m	22-3-88	Heemskerk (NED)
126.	Wieman Lianne	03	08-021	19.03	25m	13-4-14	Zaandam (NED)
127.	Rodenburg Kyra	96	08-021	19.11	25m	27-4-06	Heemskerk
128.	van Huisstede Nikita	01	08-021	19.15	25m	26-4-12	Heemskerk (NED)
129.	Knight Kayleigh	00	08-021	19.17	25m	30-6-11	Heemskerk (NED)
130.	Geurtsen Daisy	89	08-021	19.18	25m	29-3-01	Heemskerk (NED)
131.	Huisman Lianne	87	08-021	19.20	25m	22-3-01	Heemskerk (NED)
132.	Elghandor Kiyaan	03	08-021	19.21	25m	13-4-14	Zaandam (NED)
133.	Dekker Elise	97	08-021	19.34	25m	20-3-05	Heemstede (NED)
134.	van Rijn Sydney	03	08-021	19.35	25m	13-4-14	Zaandam (NED)
135.	Peters Yvonne	63	08-021	19.40	25m	14-9-76	Heemskerk (NED)
135.	de Groot Linda	81	08-021	19.40	25m	10-11-94	Heemskerk (NED)
137.	Hoekstra Eline	03	08-021	19.46	25m	26-4-12	Heemskerk (NED)
137.	Venema Jalina	04	08-021	19.46	25m	13-4-14	Zaandam (NED)
139.	de Visser Jolanda	62	08-021	19.50	25m	30-3-76	Heemskerk (NED)
139.	Schijf Irene	83	08-021	19.50	25m	16-3-95	Heemskerk (NED)
139.	Martens Priscilla	85	08-021	19.50	25m	20-3-97	Heemskerk (NED)
142.	Nijman Linda	89	08-021	19.57	25m	29-3-01	Heemskerk (NED)
143.	Welboren Els	64	08-021	19.60	25m	14-9-76	Heemskerk (NED)
144.	Copier Alyssa	04	08-021	19.65	25m	13-4-14	Zaandam (NED)
145.	Buur Cindy	99	08-021	19.72	25m	14-4-11	Heemskerk (NED)
146.	van Sikkelerus Lisa	99	08-021	19.75	25m	30-6-11	Heemskerk (NED)
147.	van der Horst Sacha	69	08-021	19.80	25m	1-9-79	Heemskerk (NED)
148.	van Zwieten Jacqueline	64	08-021	20.00	25m	14-9-76	Heemskerk (NED)
148.	de Weers Anne-Michelle	63	08-021	20.00	25m	14-9-76	Heemskerk (NED)
148.	Potemans Priscilla	84	08-021	20.00	25m	13-3-97	Heemskerk (NED)
151.	Sobh Shaime	03	08-021	20.01	25m	13-4-14	Zaandam (NED)
152.	Hofland Yasmin	01	08-021	20.03	25m	26-4-12	Heemskerk (NED)
153.	Veldhuis Amelia	03	08-021	20.08	25m	13-4-14	Zaandam (NED)
154.	Palthe Monique	64	08-021	20.10	25m	14-9-76	Heemskerk (NED)
154.	Snijder Femke	83	08-021	20.10	25m	20-1-94	Heemskerk
154.	Werdekker Marjolein	81	08-021	20.10	25m	13-3-97	Heemskerk (NED)
157.	Borg Karin	61	08-021	20.20	25m	30-3-76	Heemskerk (NED)
157.	Pover Ellen	72	08-021	20.20	25m	13-12-81	Volendam (NED)

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157.	Bakker Anna	97	08-021	20.20	25m	29-5-08	Heemskerk (NED)
160.	Pezo Adna	90	08-021	20.28	25m	29-3-01	Heemskerk (NED)
161.	Put Ann	64	08-021	20.40	25m	30-3-76	Heemskerk (NED)
161.	van de Kamp Pauline	61	08-021	20.40	25m	30-3-76	Heemskerk (NED)
161.	Gerritsen Jolanda	64	08-021	20.40	25m	14-9-76	Heemskerk (NED)
164.	van Galen Marion	61	08-021	20.50	25m	30-3-76	Heemskerk (NED)
164.	Buur Carina	64	08-021	20.50	25m	14-9-76	Heemskerk (NED)
164.	Windmuller Wendy	69	08-021	20.50	25m	1-9-79	Heemskerk (NED)
167.	Welboren Julia	00	08-021	20.65	25m	26-4-12	Heemskerk (NED)
168.	Grul Lisanne	97	08-021	20.86	25m	29-5-08	Heemskerk (NED)
169.	Kerkhoven Michelle	91	08-021	20.87	25m	29-3-01	Heemskerk (NED)
170.	Schaaper Margriet	62	08-021	20.90	25m	30-3-76	Heemskerk (NED)
170.	van der Horst Wendy	72	08-021	20.90	25m	10-2-80	Heerhugowaard (NED)
170.	van Honschoten Ingeborg	70	08-021	20.90	25m	16-3-80	Heemskerk (NED)
173.	Blaauw Yente	03	08-021	21.02	25m	26-4-12	Heemskerk (NED)
174.	Wentink Yara	04	08-021	21.04	25m	13-4-14	Zaandam (NED)
175.	Pover Karin	67	08-021	21.10	25m	14-9-76	Heemskerk (NED)
176.	Renkema Iris	04	08-021	21.27	25m	11-11-12	Schagen (NED)
177.	Numan Annelies	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)
178.	Hoekstra Femke	05	08-021	21.57	25m	13-4-14	Zaandam (NED)
179.	van Ederen Jasmijn	10	08-021	21.65	25m	13-5-18	Haarlem (NED)
180.	Hoeksema Kim	90	08-021	21.68	25m	29-3-01	Heemskerk (NED)
181.	Tholen Kirsten	66	08-021	21.70	25m	14-9-76	Heemskerk (NED)
182.	Limmen Corina	65	08-021	21.80	25m	14-9-76	Heemskerk (NED)
182.	Heus Inge	81	08-021	21.80	25m	16-5-91	Heemskerk (NED)
182.	Werdekker Esther	83	08-021	21.80	25m	13-3-97	Heemskerk (NED)
185.	van Noort Jony	85	08-021	21.90	25m	14-3-96	Heemskerk (NED)
186.	Leek Marja	63	08-021	22.50	25m	30-3-76	Heemskerk (NED)
187.	van de Kamp Yvonne	65	08-021	22.60	25m	14-9-76	Heemskerk (NED)
188.	Jonker Monique	66	08-021	22.80	25m	14-9-76	Heemskerk (NED)
189.	van den Heuvel Sandra	80	08-021	22.90	25m	12-1-89	Heemskerk (NED)
190.	van der Zee Olga	66	08-021	23.30	25m	14-9-76	Heemskerk (NED)
191.	Tahti Sandra	65	08-021	23.40	25m	14-9-76	Heemskerk (NED)
192.	van Leeuwen Andrea	71	08-021	23.60	25m	1-9-79	Heemskerk (NED)
193.	de Wildt Maud	05	08-021	23.66	25m	13-4-14	Zaandam (NED)
194.	Eijndhoven Jonna	02	08-021	23.70	25m	13-11-11	Zaandam (NED)
195.	Visser Mirjam	67	08-021	23.90	25m	30-3-76	Heemskerk (NED)
196.	Kuijl Karin	65	08-021	24.00	25m	14-9-76	Heemskerk (NED)
197.	Rasch Monique	66	08-021	24.10	25m	14-9-76	Heemskerk (NED)
198.	Bakker Lisette	83	08-021	24.20	25m	14-3-96	Heemskerk (NED)
199.	van Megen Carla	65	08-021	24.40	25m	30-3-76	Heemskerk (NED)
199.	de Jonge Ida	61	08-021	24.40	25m	14-9-76	Heemskerk (NED)
201.	Stoker Ianthe	84	08-021	24.50	25m	20-3-97	Heemskerk (NED)
202.	Liefting Marielle	90	08-021	24.83	25m	29-3-01	Heemskerk (NED)
203.	Zuidervaart Anne	02	08-021	24.91	25m	30-6-11	Heemskerk (NED)
204.	Nobels Marlies	65	08-021	25.10	25m	14-9-76	Heemskerk (NED)
205.	Groot Carolien	64	08-021	25.20	25m	30-3-76	Heemskerk (NED)
205.	Jonker Nicole	68	08-021	25.20	25m	14-9-76	Heemskerk (NED)
205.	Aafjes Suzan	69	08-021	25.20	25m	1-9-79	Heemskerk (NED)
208.	Zonneveld Jennifer	88	08-021	25.36	25m	29-3-01	Heemskerk (NED)
209.	Janssen Tess	89	08-021	25.40	25m	12-2-98	Heemskerk (NED)
210.	de Haan Liesbeth	64	08-021	26.20	25m	30-3-76	Heemskerk (NED)
210.	van der Zee Paula	68	08-021	26.20	25m	14-9-76	Heemskerk (NED)

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212.	Beentjes Esther	66	08-021	26.40	25m	30-3-76	Heemskerk (NED)
213.	Zwart Ellen	65	08-021	26.50	25m	30-3-76	Heemskerk (NED)
213.	Palthe Yvonne	67	08-021	26.50	25m	14-9-76	Heemskerk (NED)
215.	Plokker Sylvia	68	08-021	26.70	25m	14-9-76	Heemskerk (NED)
216.	van der Mei Monique	65	08-021	26.80	25m	30-3-76	Heemskerk (NED)
216.	van Rijn Ilona	65	08-021	26.80	25m	14-9-76	Heemskerk (NED)
218.	Reeuwijk Danielle	70	08-021	27.30	25m	1-9-79	Heemskerk (NED)
219.	van Toledo Annelies	70	08-021	27.40	25m	10-2-80	Heerhugowaard (NED)
220.	Hollander Marianne	65	08-021	27.50	25m	30-3-76	Heemskerk (NED)
220.	de Wildt Gitta	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)
222.	Spanjaard Marijke	65	08-021	27.70	25m	30-3-76	Heemskerk (NED)
223.	Peters Marion	67	08-021	27.80	25m	14-9-76	Heemskerk (NED)
223.	Zeeman Judith	70	08-021	27.80	25m	1-9-79	Heemskerk (NED)
225.	Nuyten Carolien	63	08-021	27.90	25m	30-3-76	Heemskerk (NED)
225.	Windmuller Annemarie	67	08-021	27.90	25m	14-9-76	Heemskerk (NED)
227.	ter Horst Ilja	67	08-021	28.00	25m	30-3-76	Heemskerk (NED)
227.	Kraamer Carla	66	08-021	28.00	25m	30-3-76	Heemskerk (NED)
229.	van Wijngaarden Linda	65	08-021	28.20	25m	30-3-76	Heemskerk (NED)
230.	Bos Froke	69	08-021	28.40	25m	30-3-76	Heemskerk (NED)
230.	Cijsouw Karin	66	08-021	28.40	25m	14-9-76	Heemskerk (NED)
230.	de Vries Annelies	64	08-021	28.40	25m	14-9-76	Heemskerk (NED)
233.	van der Leden Laura	68	08-021	28.50	25m	14-9-76	Heemskerk (NED)
233.	van Zalingen Margreet	67	08-021	28.50	25m	14-9-76	Heemskerk (NED)
235.	Bakkum Astrid	65	08-021	28.60	25m	14-9-76	Heemskerk (NED)
236.	Poppema Yvonne	68	08-021	29.10	25m	14-9-76	Heemskerk (NED)
237.	Dwarswaard Wilma	64	08-021	29.20	25m	30-3-76	Heemskerk (NED)
238.	de Buyzer Anita	67	08-021	29.40	25m	30-3-76	Heemskerk (NED)
238.	Lammers Angelique	68	08-021	29.40	25m	14-9-76	Heemskerk (NED)
240.	Konz Cyndy	66	08-021	29.50	25m	14-9-76	Heemskerk (NED)
241.	van Giezen Corina	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)
241.	Huisman Jolanda	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)
243.	Ververst Brigitte	66	08-021	30.40	25m	14-9-76	Heemskerk (NED)
244.	Gravemaker Sandra	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)
245.	Reuderink Bettina	67	08-021	30.90	25m	14-9-76	Heemskerk (NED)
246.	Eggink Christa	65	08-021	31.40	25m	30-3-76	Heemskerk (NED)
247.	Zieck Esther	67	08-021	31.50	25m	30-3-76	Heemskerk (NED)
247.	Lange Sandra	67	08-021	31.50	25m	14-9-76	Heemskerk (NED)
247.	van der Veldt Sandra	72	08-021	31.50	25m	10-2-80	Heerhugowaard (NED)
250.	van Vliet Sandra	67	08-021	31.70	25m	30-3-76	Heemskerk (NED)
251.	Ververst Jacqueline	68	08-021	32.20	25m	14-9-76	Heemskerk (NED)
252.	de Wit Irene	68	08-021	32.30	25m	30-3-76	Heemskerk (NED)
253.	Welboren Carla	68	08-021	32.60	25m	30-3-76	Heemskerk (NED)
254.	de Graaf Marion	72	08-021	32.70	25m	10-2-80	Heerhugowaard (NED)
255.	Niessen Annemarie	67	08-021	33.00	25m	14-9-76	Heemskerk (NED)
255.	Atzei Sabina	71	08-021	33.00	25m	10-2-80	Heerhugowaard (NED)
257.	Raaymakers Marjolein	68	08-021	33.50	25m	14-9-76	Heemskerk (NED)
258.	Dorlandt Yvonne	69	08-021	35.50	25m	30-3-76	Heemskerk (NED)
259.	Windmuller Jolande	65	08-021	35.80	25m	14-9-76	Heemskerk (NED)
260.	Guldemond Collinda	68	08-021	38.00	25m	14-9-76	Heemskerk (NED)
261.	Berloth Lydia	68	08-021	39.80	25m	30-3-76	Heemskerk (NED)
262.	de Vries Sascha	69	08-021	41.80	25m	30-3-76	Heemskerk (NED)
263.	Mooy Monique	69	08-021	43.50	25m	30-3-76	Heemskerk (NED)
264.	Beemsterboer Marianne	67	08-021	48.50	25m	30-3-76	Heemskerk (NED)

25 vrije slag (sinds 265)

265.	Roestenberg Miriam	70	08-021	52.00	25m	14-9-76	Heemskerk (NED)
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50 vrije slag

1.	Kingma Danae	00	08-021	26.92	25m	29-1-16	Amsterdam (NED)
2.	Schelvis Femke	84	08-021	27.68	25m	7-11-04	IJmuiden (NED)
3.	Drubers Mirjam	67	08-021	28.20	25m	31-12-84	
4.	de Groot Daniëlle	93	08-021	28.39	25m	21-6-08	Alkmaar (NED)
5.	Koster Lisa	94	08-021	28.40	50m	13-6-08	Drachten (NED)
6.	Broek Jade	97	08-021	28.47	25m	6-12-15	Purmerend (NED)
7.	Smit Sanne	01	08-021	28.49	25m	11-11-17	Hoofddorp (NED)
8.	Palmboom Nicole	91	08-021	28.58	25m	23-3-08	Haarlem (NED)
9.	Groen Anne	95	08-021	28.77	25m	13-10-16	Heemskerk (NED)
10.	Crok Linda	94	08-021	28.99	25m	24-4-11	Haarlem (NED)
11.	Meijer Sylvia	81	08-021	29.10	25m	6-4-97	Heemskerk (NED)
12.	Vink Lidewij	90	08-021	29.17	25m	29-5-08	Heemskerk (NED)
13.	Hoekstra Eline	03	08-021	29.20	25m	11-11-17	Hoofddorp (NED)
14.	Hoek Daniëlle	88	08-021	29.49	25m	28-12-04	Maastricht (NED)
15.	van de Poll Marianne	89	08-021	29.52	25m	29-1-04	Heemskerk (NED)
16.	Kleijne Daisy	89	08-021	29.57	25m	13-4-09	Haarlem (NED)
17.	van Rijn-Hofwegen Wilma	71	08-021	29.61	25m	1-12-13	Vlaardingen (NED)
18.	Schuyt Simone	75	08-021	29.80	25m	22-1-89	Zaandam (NED)
18.	Hulshof Saskia	73	08-021	29.80	25m	11-3-90	Heemskerk (NED)
20.	Vink Marjolein	93	08-021	29.88	25m	8-4-07	Haarlem (NED)
21.	Verbree Bets	63	08-021	29.90	25m	5-4-81	Heemskerk (NED)
21.	van der Kroft Nicole	84	08-021	29.90	25m	27-9-01	Heemskerk
23.	van Staveren Marina	78	08-021	30.06	25m	18-2-12	Heerenveen (NED)
24.	Zwarthoed Brenda	96	08-021	30.08	25m	31-5-08	Aalsmeer (NED)
25.	Stam Vanessa	80	08-021	30.10	25m	7-6-98	Zaandam (NED)
26.	Spijker Kristel	84	08-021	30.19	25m	27-2-10	Hoorndam (NED)
27.	Kramer Miranda	80	08-021	30.25	25m	15-11-98	Zaandam (NED)
28.	Stins Mariska	84	08-021	30.30	25m	11-4-10	Zaandam (NED)
29.	Crok Annemarie	89	08-021	30.36	25m	9-3-08	Heemskerk (NED)
30.	Wentink Yara	04	08-021	30.38	25m	11-2-18	Zaandam (NED)
31.	de Haan Shira	00	08-021	30.39	25m	13-10-16	Heemskerk (NED)
32.	Schelvis Roos	86	08-021	30.44	25m	4-11-99	Heemskerk (NED)
33.	Mallon Danique	94	08-021	30.47	25m	27-2-10	Hoorndam (NED)
33.	Siemerink Laura	04	08-021	30.47	25m	11-2-18	Zaandam (NED)
35.	Jongema Helena	80	08-021	30.48	25m	2-2-08	Heerenveen (NED)
35.	Buur Naomi	01	08-021	30.48	25m	1-2-15	Zaandam (NED)
35.	Koper Fiona	01	08-021	30.48	25m	13-10-16	Heemskerk (NED)
38.	van Ballegooye Simone	84	08-021	30.50	25m	26-4-01	Heemskerk (NED)
39.	Essers Sanne	91	08-021	30.55	25m	30-12-07	Maastricht (NED)
40.	van 't Veer Iris	03	08-021	30.57	25m	1-4-18	Haarlem (NED)
41.	van der Gracht Anouk	89	08-021	30.65	50m	25-5-13	Beverwijk (NED)
42.	Besse Karen	75	08-021	30.70	25m	10-3-91	Heemskerk (NED)
42.	Stam Sabrina	82	08-021	30.70	25m	7-5-98	Heemskerk (NED)
44.	Visser Kelly	89	08-021	30.78	25m	11-10-12	Heemskerk (NED)
45.	Petit Kirsten	00	08-021	31.01	25m	30-12-16	Leeuwarden (NED)
46.	Limmen Karin	76	08-021	31.10	25m	14-4-93	
47.	Zonneveld Chantal	84	08-021	31.12	25m	26-10-00	Heemskerk (NED)
47.	Stel Serena	98	08-021	31.12	25m	5-4-10	Haarlem (NED)
49.	Renkema Iris	04	08-021	31.25	25m	11-11-17	Hoofddorp (NED)

50 vrije slag (sinds 50)

50.	Butter Anouk	82	08-021	31.26	25m	8-4-07	Haarlem (NED)	
51.	Meijer Linda	77	08-021	31.30	25m	5-4-92	Heemskerk (NED)	
52.	van Rookhuizen Sieta	79	08-021	31.36	25m	4-11-99	Heemskerk (NED)	
53.	Hogema Fabiën	93	08-021	31.44	25m	8-4-07	Haarlem (NED)	
54.	Koopman Anitra	89	08-021	31.46	25m	27-1-05	Heemskerk (NED)	
55.	van der Geest Saskia	73	08-021	31.50	25m	13-12-89		
55.	de Boer Irene	84	08-021	31.50	25m	19-4-98	Zaandam (NED)	
57.	Dijkstra Lisette	86	08-021	31.51	25m	10-1-99	Zuidoost Beemster (NED)	
58.	Windmuller Wendy	69	08-021	31.60	25m	21-5-87	Heemskerk (NED)	
59.	de Graaf Annemiek	70	08-021	31.80	25m	21-5-87	Heemskerk (NED)	
60.	ten Bokkel Henriëke	94	08-021	31.82	25m	17-5-18	Heemskerk (NED)	
61.	Vredenburg Roos	95	08-021	31.84	25m	4-4-10	Haarlem (NED)	
62.	Zwaan Melissa	91	08-021	31.88	25m	28-12-03	Maastricht (NED)	
63.	Ivens Suzanne	99	08-021	31.96	25m	6-10-13	Heemskerk (NED)	
64.	de Boer Maia	03	08-021	31.98	50m	20-5-17	Alkmaar (NED)	405
65.	van Honk Chantal	80	08-021	32.00	25m	14-4-93		
66.	de Groot Gitta	60	08-021	32.10	25m	12-2-78	Heemskerk (NED)	
66.	van Galen Angela	65	08-021	32.10	25m	5-4-81	Heemskerk (NED)	
68.	Blaauw Yente	03	08-021	32.12	25m	15-10-17	Alkmaar (NED)	
69.	van Koevinge Nicole	93	08-021	32.18	25m	23-4-09	Heemskerk (NED)	
70.	Niesten Iris	92	08-021	32.19	50m	13-4-08	Antwerpen (BEL)	397
71.	van Sikkelerus Lisa	99	08-021	32.22	25m	6-10-13	Heemskerk (NED)	
72.	van Duin Margret	60	08-021	32.30	25m	12-2-78	Heemskerk (NED)	
72.	Bakkum Wilma	62	08-021	32.30	25m	27-9-80	Heemskerk (NED)	
72.	Heus Pauline	78	08-021	32.30	25m	16-11-97	Zaandam (NED)	
72.	van Langelaar Tessa	97	08-021	32.30	25m	12-2-12	Heemstede (NED)	
76.	Teufer Irene	96	08-021	32.34	25m	13-1-08	Heemskerk (NED)	
77.	Holland Yasmin	01	08-021	32.36	25m	9-11-17	Heemskerk (NED)	
78.	van Giezen Sandra	63	08-021	32.40	25m	2-3-80	Heemskerk (NED)	
78.	Hermans Liesbeth	66	08-021	32.40	25m	28-9-80	Zaandam (NED)	
80.	van Huisstede Nikita	01	08-021	32.43	25m	13-10-16	Heemskerk (NED)	
81.	van Vliet Isabel	02	08-021	32.48	50m	25-3-18	Alkmaar (NED)	387
82.	Plokker Sylvia	68	08-021	32.50	25m	7-3-82		
83.	de Vries Chrissie	93	08-021	32.58	25m	25-1-07	Heemskerk (NED)	
84.	Krouwels Tanja	79	08-021	32.60	25m	19-4-98	Zaandam (NED)	
85.	Boekling Annette	85	08-021	32.63	25m	26-4-01	Heemskerk (NED)	
86.	de Boer Angela	80	08-021	32.70	25m	24-4-94	Zaandam (NED)	
87.	Scholten Britt	04	08-021	32.75	25m	11-2-18	Zaandam (NED)	
88.	Oosterveen Yvonne	80	08-021	32.90	25m	14-4-93		
89.	de Ruijter Linda	87	08-021	32.93	25m	23-3-03	Heemstede	
90.	van Eerden Meike	00	08-021	32.96	25m	9-11-17	Heemskerk (NED)	
91.	Poppema Yvonne	68	08-021	33.00	25m	23-9-84	Heemskerk (NED)	
92.	Smid Diane	65	08-021	33.18	25m	13-5-07	Grootebroek (NED)	
93.	van der Horst Sacha	69	08-021	33.20	25m	11-12-83	Heemskerk (NED)	
93.	de Boer Claudia	77	08-021	33.20	25m	10-3-91	Heemskerk (NED)	
95.	van Giezen Corina	68	08-021	33.30	25m	23-9-84	Heemskerk (NED)	
96.	Deiman Caroline	67	08-021	33.40	25m	13-12-89		
97.	Angenent Nienke	01	08-021	33.42	25m	18-1-15	Zaandam (NED)	
97.	van Rijn Sydney	03	08-021	33.42	25m	9-11-17	Heemskerk (NED)	
99.	van Ballegooie Stefanie	86	08-021	33.58	25m	25-10-01	Heemskerk	
100.	Oudendijk Bianca	79	08-021	33.60	25m	14-4-96	Zaandam (NED)	
101.	Regelink Anneke	83	08-021	33.62	25m	26-11-98	Heemskerk (NED)	
102.	Visser Stacey	87	08-021	33.64	25m	25-10-01	Heemskerk	

50 vrije slag (sinds 103)

103.	Pover Karin	67	08-021	33.80	25m	27-9-80	Heemskerk (NED)	
103.	Tholen Kirsten	66	08-021	33.80	25m	23-9-84	Heemskerk (NED)	
105.	de Wolff Isabel	01	08-021	33.82	25m	13-10-16	Heemskerk (NED)	
106.	Knight Kayleigh	00	08-021	33.83	25m	13-10-16	Heemskerk (NED)	
107.	Peters Yvonne	63	08-021	33.90	25m	11-12-83	Heemskerk (NED)	
107.	van Giezen Irene	67	08-021	33.90	25m	11-12-83	Heemskerk (NED)	
109.	Deen Annette	60	08-021	34.00	25m	30-3-76	Heemskerk (NED)	
109.	Munnik Yvonne	64	08-021	34.00	25m	12-2-78	Heemskerk (NED)	
109.	Dijkstra Ingrid	68	08-021	34.00	25m	3-4-82	Heemskerk (NED)	
109.	Moolevliet Petra	82	08-021	34.00	25m	26-11-95	Heemskerk (NED)	
113.	Buur Cindy	99	08-021	34.01	25m	13-10-16	Heemskerk (NED)	
114.	van Velsen Patricia	79	08-021	34.10	25m	29-10-95	Castricum (NED)	
115.	de Wildt Maud	05	08-021	34.12	25m	9-11-17	Heemskerk (NED)	
116.	Bos Marieke	06	08-021	34.14	25m	5-11-17	Alkmaar (NED)	
117.	Rodenburg Rianne	93	08-021	34.18	25m	25-2-06	Hoom (NED)	
118.	ten Cate Joyce	80	08-021	34.23	25m	9-3-08	Heemskerk (NED)	
119.	Zonneveld Cindy	75	08-021	34.30	25m	19-1-94		
119.	Dijkstra Maud	84	08-021	34.30	25m	7-5-98	Heemskerk (NED)	
121.	van Leeuwen Andrea	71	08-021	34.40	25m	11-12-83	Heemskerk (NED)	
122.	Lindelauf Priscilla	85	08-021	34.46	25m	25-10-01	Heemskerk	
123.	Dreyer Elly	63	08-021	34.50	25m	2-3-80	Heemskerk (NED)	
123.	Bruin Marianne	78	08-021	34.50	25m	4-11-90	Zaandam (NED)	
123.	Nijman José	93	08-021	34.50	25m	25-10-08	Hoom (NED)	
126.	Venema Jalina	04	08-021	34.53	25m	13-10-16	Heemskerk (NED)	
127.	Koper Birgit	87	08-021	34.61	25m	22-12-02	Zaandam	
128.	Raszinski Nienke	01	08-021	34.62	25m	19-1-14	Zaandam (NED)	
129.	Walraven Annet	62	08-021	34.70	25m	12-2-78	Heemskerk (NED)	
129.	Limmen Miriam	75	08-021	34.70	25m	14-3-91	Heemskerk (NED)	
131.	Veldhuis Amelia	03	08-021	34.73	25m	9-11-17	Heemskerk (NED)	
132.	Liefting Sarina	93	08-021	34.78	25m	25-1-07	Heemskerk (NED)	
133.	Groot Tineke	60	08-021	34.90	25m	2-3-80	Heemskerk (NED)	
133.	van de Kamp Yvonne	65	08-021	34.90	25m	7-3-82		
133.	Bruin Adri	74	08-021	34.90	25m	14-12-88		
133.	Bakker Jesca	79	08-021	34.90	25m	31-5-90	Heemskerk (NED)	
133.	de Vries Cathy	77	08-021	34.90	25m	24-3-91	Zaandam (NED)	
133.	van der Eng Laura	80	08-021	34.90	25m	22-9-96	Heemskerk (NED)	
139.	Hommersen Sandra	84	08-021	34.93	25m	17-1-99	Heemskerk (NED)	
140.	Horst Diana	67	08-021	35.00	25m	22-3-81	Wieringerwerf (NED)	
140.	Bos Chantal	74	08-021	35.00	25m	5-10-88		
142.	de Vriend Sofie	01	08-021	35.04	25m	3-3-13	Purmerend (NED)	
143.	Grul Lisanne	97	08-021	35.06	50m	16-6-13	Beverwijk (NED)	307
144.	Niesten Annet	62	08-021	35.10	25m	14-9-76	Heemskerk (NED)	
144.	Missot Gonda	66	08-021	35.10	25m	2-3-80	Heemskerk (NED)	
144.	de Vries Justine	83	08-021	35.10	25m	22-9-96	Heemskerk (NED)	
147.	Nijholt Carin	60	08-021	35.20	25m	12-2-78	Heemskerk (NED)	
147.	van Giezen Wendy	70	08-021	35.20	25m	11-12-83	Heemskerk (NED)	
147.	Huisman Jolanda	68	08-021	35.20	25m	23-9-84	Heemskerk (NED)	
150.	Bouwman Esther	63	08-021	35.30	25m	1-9-79	Heemskerk (NED)	
151.	Visser Shana	04	08-021	35.32	50m	20-5-17	Alkmaar (NED)	300
152.	ten Cate Ilona	85	08-021	35.35	25m	27-1-05	Heemskerk (NED)	
153.	Huisman Caroline	64	08-021	35.50	25m	12-2-78	Heemskerk (NED)	
153.	de Graaf Dinie	71	08-021	35.50	25m	11-12-83	Heemskerk (NED)	
155.	Zonneveld Melissa	88	08-021	35.54	25m	27-1-05	Heemskerk (NED)	

50 vrije slag (sinds 156)

156.	Reijnders Sandra	64	08-021	35.90	25m	13-12-81	Volendam (NED)	
156.	Cappelle Carlijn	82	08-021	35.90	25m	8-3-98	Zaandam (NED)	
158.	Bouwer Jolien	89	08-021	35.91	25m	30-1-03	Heemskerk	
159.	Wiesener Winnifred	62	08-021	36.00	25m	7-12-76	Heemskerk (NED)	
159.	Nemchonok Alisa	82	08-021	36.00	25m	26-11-98	Heemskerk (NED)	
161.	van Baar Monique	73	08-021	36.10	25m	5-10-88		
162.	de Pree Marlies	66	08-021	36.20	25m	10-2-80	Heerhugowaard (NED)	
163.	Buitenhuis Danine	91	08-021	36.27	25m	30-1-03	Heemskerk	
164.	Martens landra	03	08-021	36.48	25m	24-9-15	Heemskerk (NED)	
165.	Schaaper Margriet	62	08-021	36.50	25m	1-9-79	Heemskerk (NED)	
165.	Windmuller Annemarie	67	08-021	36.50	25m	2-3-80	Heemskerk (NED)	
167.	Steenkamp Ciska	90	08-021	36.58	25m	25-10-01	Heemskerk	
168.	Mulder Amy	80	08-021	36.60	25m	14-4-93		
168.	Limmen Anita	78	08-021	36.60	25m	14-4-93		
168.	Hoek Laura	86	08-021	36.60	50m	4-6-00	Beverwijk (NED)	270
171.	Splinter Nathalie	75	08-021	36.70	25m	15-12-88	Heemskerk (NED)	
172.	de Loos Marijke	94	08-021	36.88	25m	30-9-10	Heemskerk (NED)	
173.	Huneker Jolanda	79	08-021	36.90	25m	5-10-97	Zaandam (NED)	
174.	Molenaar Eline	82	08-021	36.97	25m	4-11-99	Heemskerk (NED)	
175.	Besse Meta	78	08-021	37.00	25m	4-11-90	Zaandam (NED)	
176.	van Kooten Cynthia	93	08-021	37.01	25m	23-4-06	Zaandam (NED)	
177.	Visser Robin	05	08-021	37.09	50m	20-5-17	Alkmaar (NED)	259
178.	Geurtsen Daisy	89	08-021	37.19	25m	25-10-01	Heemskerk	
179.	Berloth Lydia	68	08-021	37.20	25m	11-12-83	Heemskerk (NED)	
180.	Cappelle Marcella	85	08-021	37.25	25m	15-11-98	Zaandam (NED)	
181.	Kerkhoven Michelle	91	08-021	37.34	25m	25-3-01	Heerhugowaard (NED)	
182.	Wieman Lianne	03	08-021	37.57	25m	9-11-17	Heemskerk (NED)	
183.	Smit Lydia	84	08-021	37.60	25m	7-5-98	Heemskerk (NED)	
184.	Sobh Shaime	03	08-021	37.66	25m	24-9-15	Heemskerk (NED)	
185.	Borg Karin	61	08-021	37.70	25m	16-3-80	Heemskerk (NED)	
185.	Aafjes Suzan	69	08-021	37.70	25m	22-3-81	Wieringerwerf (NED)	
185.	van Tellingen Ingrid	66	08-021	37.70	25m	13-12-81	Volendam (NED)	
185.	Beeksma Anne	88	08-021	37.70	25m	21-4-02	Heemstede	
189.	de Groot Marlijn	92	08-021	37.75	25m	14-11-04	Zaandam (NED)	
190.	Groot Irma	63	08-021	37.80	25m	17-9-77	Heemskerk (NED)	
190.	Stel Kaylin	01	08-021	37.80	25m	5-4-10	Haarlem (NED)	
192.	van der Horst Wendy	72	08-021	38.00	25m	31-12-81		
192.	Meesters Audrey	90	08-021	38.00	25m	30-1-03	Heemskerk	
194.	Teunissen Petra	64	08-021	38.10	25m	17-9-77	Heemskerk (NED)	
194.	Ikink Marion	66	08-021	38.10	25m	29-11-82	Heemskerk (NED)	
194.	de Groot Linda	81	08-021	38.10	25m	12-12-96	Heemskerk (NED)	
197.	Mosch Sabina	84	08-021	38.17	25m	17-1-99	Heemskerk (NED)	
198.	Gelsumino Giulia	03	08-021	38.26	25m	24-9-15	Heemskerk (NED)	
199.	Schaefer Lisa	06	08-021	38.27	50m	25-3-18	Alkmaar (NED)	236
200.	Koopman Jessie	97	08-021	38.28	25m	7-2-10	Heemstede (NED)	
201.	van Assema Eline	05	08-021	38.36	25m	30-12-17	Leeuwarden (NED)	
202.	Zonneveld Monica	80	08-021	38.40	25m	22-9-91	Zaandam (NED)	
203.	Glorie Astrid	63	08-021	38.50	25m	7-12-76	Heemskerk (NED)	
204.	Beentjes Nicolet	80	08-021	38.58	25m	11-10-98	Alkmaar (NED)	
205.	Keessen Pam	62	08-021	38.60	25m	7-12-76	Heemskerk (NED)	
205.	Gerritsen Jolanda	64	08-021	38.60	25m	17-9-77	Heemskerk (NED)	
207.	Lund Karin	63	08-021	38.70	25m	14-9-76	Heemskerk (NED)	
208.	Bakker Anna	97	08-021	38.79	25m	29-5-08	Heemskerk (NED)	

50 vrije slag (sinds 209)

209.	Welboren Els	64	08-021	38.90	25m	17-9-77	Heemskerk (NED)
209.	van Leen Cynthia	81	08-021	38.90	25m	8-2-96	Heemskerk (NED)
211.	van Rijn Eline	07	08-021	38.94	25m	14-5-17	Haarlem (NED)
212.	Watertor Anne-Marie	65	08-021	39.00	25m	7-12-76	Heemskerk (NED)
212.	Ligterink Angela	76	08-021	39.00	25m	8-3-87	Zaandam (NED)
214.	Terhorst Ilja	67	08-021	39.20	25m	27-9-80	Heemskerk (NED)
215.	Last Rooske	94	08-021	39.28	25m	24-5-10	Purmerend (NED)
216.	van Son Sandra	72	08-021	39.40	25m	2-9-84	Heemskerk (NED)
217.	de Graaf Isabella	04	08-021	39.47	25m	9-11-17	Heemskerk (NED)
218.	Brands Ingrid	72	08-021	39.60	25m	30-11-86	Heemskerk (NED)
219.	van Putten Demi	96	08-021	39.64	25m	14-4-11	Heemskerk (NED)
220.	Essers Patricia	84	08-021	39.70	25m	20-5-99	Heemskerk (NED)
221.	Rasch Monique	66	08-021	39.80	25m	10-2-80	Heerhugowaard (NED)
221.	Viel Bianca	85	08-021	39.80	25m	5-3-98	Heemskerk (NED)
223.	Ardicyaka Irem	06	08-021	39.84	50m	15-4-18	Alkmaar (NED)
224.	van Eif Lia	60	08-021	39.90	25m	16-3-80	Heemskerk (NED)
224.	de Nijs Martine	71	08-021	39.90	25m	2-9-84	Heemskerk (NED)
226.	Palthe Yvonne	67	08-021	40.00	25m	7-11-81	Heemskerk (NED)
226.	van der Kolk Renate	66	08-021	40.00	25m	3-4-82	Heemskerk (NED)
226.	Potemans Priscilla	84	08-021	40.00	25m	5-10-97	Zaandam (NED)
229.	Elghandor Kiyaan	03	08-021	40.01	25m	24-9-15	Heemskerk (NED)
230.	Pover Ellen	72	08-021	40.10	25m	11-12-83	Heemskerk (NED)
231.	van Gent Anja	66	08-021	40.30	25m	10-2-80	Heerhugowaard (NED)
231.	Dijkstra Janet	77	08-021	40.30	25m	15-12-88	Heemskerk (NED)
233.	Sierra Ana Maria	69	08-021	40.50	25m	3-4-82	Heemskerk (NED)
234.	Schelvis Liselot	92	08-021	40.58	25m	27-5-04	Heemskerk (NED)
235.	Bakker Lisette	83	08-021	40.60	25m	7-5-98	Heemskerk (NED)
236.	Dekker Elise	97	08-021	40.69	25m	15-1-06	Zaandam (NED)
237.	Bos Annelies	74	08-021	40.70	25m	22-3-87	Heerhugowaard (NED)
238.	Welboren Trudy	61	08-021	40.90	25m	17-9-77	Heemskerk (NED)
239.	Zeeman Judith	70	08-021	41.10	25m	29-11-82	Heemskerk (NED)
239.	Zijlstra Mariëlle	83	08-021	41.10	25m	26-11-95	Heemskerk (NED)
241.	Dijkstra Pascal	89	08-021	41.11	25m	26-11-98	Heemskerk (NED)
242.	Rodenburg Kyra	96	08-021	41.18	25m	28-10-06	Hoorndam (NED)
243.	Hoogervorst Marlon	84	08-021	41.20	25m	26-1-95	Heemskerk (NED)
244.	van Perlo Ingrid	73	08-021	41.30	25m	11-12-83	Heemskerk (NED)
245.	Nobels Marlies	65	08-021	41.60	25m	7-12-76	Heemskerk (NED)
245.	Koper Selma	03	08-021	41.60	25m	21-4-13	Heemskerk (NED)
247.	Hoeksema Kim	90	08-021	41.67	25m	25-10-01	Heemskerk
248.	Doodeman Sara	00	08-021	41.90	25m	14-11-10	Castricum (NED)
249.	Rijpkema Marije	85	08-021	41.98	25m	25-10-01	Heemskerk
250.	Smit Ingrid	67	08-021	42.00	25m	2-3-80	Heemskerk (NED)
250.	Schijf Irene	83	08-021	42.00	25m	15-6-95	Heemskerk (NED)
252.	Luesken Marian	62	08-021	42.10	25m	30-3-76	Heemskerk (NED)
252.	Feenstra Petra	71	08-021	42.10	25m	11-12-83	Heemskerk (NED)
254.	de Boer Isabel	06	08-021	42.11	25m	24-1-16	Zaandam (NED)
255.	Pezo Adna	90	08-021	42.17	25m	27-9-01	Heemskerk
256.	van den Braber Liesbeth	84	08-021	42.18	25m	26-11-98	Heemskerk (NED)
257.	Hoekstra Karin	76	08-021	42.30	25m	15-3-87	Heemskerk (NED)
258.	Nijman Linda	89	08-021	42.45	25m	25-3-01	Heerhugowaard (NED)
259.	de Bruin Debby	70	08-021	42.50	25m	29-11-82	Heemskerk (NED)
260.	Wissenburg Petra	65	08-021	42.60	25m	7-12-76	Heemskerk (NED)
261.	van der Does Lisa	02	08-021	42.61	25m	21-4-14	Haarlem (NED)

50 vrije slag (sinds 262)

262.	Lange Sandra	67	08-021	42.80	25m	16-3-80	Heemskerk (NED)
263.	Snijder Femke	83	08-021	43.00	25m	24-3-94	Heemskerk (NED)
264.	Lensen Sarian	89	08-021	43.07	25m	31-1-02	Heemskerk
265.	Pirovano Monique	69	08-021	43.10	25m	16-3-80	Heemskerk (NED)
266.	Yayli Serina	90	08-021	43.52	25m	24-3-02	Heemstede
267.	Copier Alyssa	04	08-021	43.53	25m	2-3-14	Haarlem (NED)
268.	Willemsse Renee	75	08-021	43.80	25m	29-9-85	Heemskerk (NED)
269.	Aardenburg Judith	93	08-021	43.82	25m	24-2-05	Heemskerk (NED)
270.	van der Vaart Monique	70	08-021	43.90	25m	29-11-82	Heemskerk (NED)
270.	Hoolwerff Esther	77	08-021	43.90	25m	8-3-87	Zaandam (NED)
272.	Bok Femke	74	08-021	44.00	25m	2-9-84	Heemskerk (NED)
273.	Palthe Monique	64	08-021	44.10	25m	7-12-76	Heemskerk (NED)
273.	Mans Joyce	67	08-021	44.10	25m	16-3-80	Heemskerk (NED)
275.	van Galen Lia	62	08-021	44.30	25m	16-3-80	Heemskerk (NED)
275.	Wiegman Brenda	72	08-021	44.30	25m	11-12-83	Heemskerk (NED)
275.	van der Wijden Eline	88	08-021	44.30	25m	26-10-00	Heemskerk (NED)
278.	Doevendans Phileine	06	08-021	44.32	25m	19-5-16	Heemskerk (NED)
279.	Zwart Ellen	65	08-021	44.40	25m	7-12-76	Heemskerk (NED)
280.	Buur Carina	64	08-021	44.70	25m	7-12-76	Heemskerk (NED)
280.	Renkema Marianne	70	08-021	44.70	25m	29-11-82	Heemskerk (NED)
282.	Kesting Alexandra	00	08-021	44.76	25m	17-4-11	Zaandam (NED)
283.	Koper Ella	90	08-021	44.78	25m	25-10-01	Heemskerk
284.	Beentjes Daphne	91	08-021	44.87	25m	27-4-03	Zaandam
285.	Huisman Lianne	87	08-021	44.88	25m	22-2-01	Heemskerk (NED)
286.	Vonk Bea	67	08-021	44.90	25m	3-4-82	Heemskerk (NED)
286.	Reyners Lisette	69	08-021	44.90	25m	29-11-82	Heemskerk (NED)
288.	Broers Margot	63	08-021	45.00	25m	17-9-77	Heemskerk (NED)
289.	Werdekker Marjolein	81	08-021	45.20	25m	12-12-96	Heemskerk (NED)
290.	van der Werf Chily	72	08-021	45.30	25m	29-11-82	Heemskerk (NED)
291.	Koper Leny	69	08-021	45.60	25m	10-2-80	Heerhugowaard (NED)
292.	Hoekstra Femke	05	08-021	45.61	25m	18-9-14	Heemskerk (NED)
293.	Bos Froke	69	08-021	45.70	25m	10-2-80	Heerhugowaard (NED)
294.	Salido Keesje	05	08-021	45.72	25m	4-10-15	Purmerend (NED)
295.	Calkhoven Mariëtte	65	08-021	45.80	25m	14-9-76	Heemskerk (NED)
296.	Bovekerk Annefleur	99	08-021	46.06	25m	30-9-10	Heemskerk (NED)
297.	Liefting Marielle	90	08-021	46.08	25m	28-2-02	Heemskerk
298.	Dekker Danyk	94	08-021	46.41	25m	31-1-08	Heemskerk (NED)
299.	Eijndhoven Jonna	02	08-021	46.70	25m	11-10-12	Heemskerk (NED)
300.	Vellinga Yvonne	64	08-021	46.80	25m	14-9-76	Heemskerk (NED)
301.	Salem Lamies	03	08-021	46.85	25m	14-1-18	Purmerend (NED)
302.	Kuijper Michelle	91	08-021	47.12	25m	13-1-02	Zaandam
303.	van Perlo Carla	75	08-021	47.20	25m	2-9-84	Heemskerk (NED)
304.	Boonstra Esmé	02	08-021	47.38	25m	10-2-13	Haarlem (NED)
305.	van Tol Sarjenka	97	08-021	47.53	25m	5-10-08	Heemskerk (NED)
306.	Welboren Julia	00	08-021	47.79	25m	6-10-11	Heemskerk (NED)
307.	van Duin Gerdine	65	08-021	47.80	25m	17-9-77	Heemskerk (NED)
308.	van den Heuvel Sandra	80	08-021	47.90	25m	1-3-90	Heemskerk (NED)
309.	van Duivenvoorde Sanne	93	08-021	47.99	25m	26-9-02	Heemskerk
310.	van Ruth Yoore	78	08-021	48.00	25m	13-6-91	Heemskerk (NED)
311.	van Loon Monique	66	08-021	48.10	25m	29-11-82	Heemskerk (NED)
312.	Hoorn Linsey	94	08-021	48.58	25m	28-4-05	Heemskerk (NED)
313.	Gijzen Monique	68	08-021	48.60	25m	22-4-78	Heemskerk (NED)
313.	Homminga Anita	69	08-021	48.60	25m	3-4-82	Heemskerk (NED)

50 vrije slag (sinds 315)

315.	Jansen Pauline	67	08-021	49.00	25m	3-4-82	Heemskerk (NED)
316.	Doll Maartje	80	08-021	49.10	25m	12-5-93	
317.	van der Leden Laura	68	08-021	49.20	25m	10-12-77	Heemskerk (NED)
318.	Mooy Monique	69	08-021	49.30	25m	10-2-80	Heerhugowaard (NED)
319.	de Weers Anne-Michelle	63	08-021	49.40	25m	7-12-76	Heemskerk (NED)
319.	Reiss Katinka	65	08-021	49.40	25m	7-12-76	Heemskerk (NED)
321.	Zuidervaart Anne	02	08-021	49.65	25m	12-2-12	Haarlem (NED)
322.	Zonneveld Jennifer	88	08-021	49.77	25m	25-10-01	Heemskerk
323.	van Galen Marion	61	08-021	49.80	25m	7-12-76	Heemskerk (NED)
324.	Hoogeland Ria	65	08-021	50.60	25m	17-9-77	Heemskerk (NED)
325.	van Dijk Yvonne	65	08-021	50.80	25m	14-9-76	Heemskerk (NED)
326.	Numan Annelies	63	08-021	50.90	25m	7-12-76	Heemskerk (NED)
326.	van der Vaart Marjolijn	69	08-021	50.90	25m	29-11-82	Heemskerk (NED)
328.	van Ederen Jasmijn	10	08-021	50.96	25m	17-5-18	Heemskerk (NED)
329.	Kerkmeester Priscilla	96	08-021	51.21	25m	28-9-06	Heemskerk (NED)
330.	Jonker Monique	66	08-021	51.30	25m	7-12-76	Heemskerk (NED)
331.	Reuderink Miranda	63	08-021	51.40	25m	17-9-77	Heemskerk (NED)
332.	van 't Hof Manon	90	08-021	51.53	25m	21-4-02	Heemstede
333.	van Wijngaarden Linda	65	08-021	51.70	25m	7-12-76	Heemskerk (NED)
333.	de Buyzer Anita	67	08-021	51.70	25m	10-2-80	Heerhugowaard (NED)
335.	Hol Manouk	05	08-021	51.86	25m	23-4-15	Heemskerk (NED)
336.	Werdekker Esther	83	08-021	52.30	25m	13-2-97	Heemskerk (NED)
337.	van Rijn Ilona	65	08-021	52.50	25m	7-12-76	Heemskerk (NED)
337.	Kuijl Karin	65	08-021	52.50	25m	7-12-76	Heemskerk (NED)
339.	van Duivenvoorde Jose	70	08-021	52.70	25m	29-11-82	Heemskerk (NED)
340.	Bruins Bianca	81	08-021	52.80	25m	11-12-96	
341.	Morianner Susanna	72	08-021	53.00	25m	11-10-81	Heemskerk (NED)
341.	van Noort Jony	85	08-021	53.00	25m	8-2-96	Heemskerk (NED)
343.	Beemsterboer Petra	68	08-021	53.50	25m	16-3-80	Heemskerk (NED)
344.	Sanen Casey	99	08-021	53.75	25m	19-11-09	Heemskerk (NED)
345.	Boere Sacha	91	08-021	53.82	25m	30-9-04	Heemskerk (NED)
346.	Janssen Tess	89	08-021	53.90	25m	19-4-98	Zaandam (NED)
347.	de Ruyter Yvonne	71	08-021	54.00	25m	29-11-82	Heemskerk (NED)
348.	van Duivenvoorde Gerda	72	08-021	54.10	25m	29-11-82	Heemskerk (NED)
349.	van Megen Carla	65	08-021	54.20	25m	7-12-76	Heemskerk (NED)
349.	Nobels Annita	68	08-021	54.20	25m	7-12-76	Heemskerk (NED)
351.	Schoonenberg Patricia	72	08-021	54.50	25m	29-11-82	Heemskerk (NED)
352.	Breems Silvia	65	08-021	55.00	25m	7-12-76	Heemskerk (NED)
352.	de Wit Yvonne	66	08-021	55.00	25m	7-12-76	Heemskerk (NED)
354.	Claesens Freeke	64	08-021	55.20	25m	14-9-76	Heemskerk (NED)
355.	Kraamer Carla	66	08-021	55.40	25m	7-12-76	Heemskerk (NED)
356.	Heus Inge	81	08-021	55.80	25m	13-6-91	Heemskerk (NED)
357.	van der Helm Martine	72	08-021	56.60	25m	29-11-82	Heemskerk (NED)
358.	Beentjes Esther	66	08-021	56.90	25m	7-12-76	Heemskerk (NED)
359.	de Caluwe Joyce	94	08-021	57.26	25m	27-3-03	Heemskerk
360.	Breems Jolanda	62	08-021	57.40	25m	7-12-76	Heemskerk (NED)
361.	van der Leden Cynthia	66	08-021	58.10	25m	30-3-76	Heemskerk (NED)
362.	Woering Aletta	64	08-021	58.30	25m	7-12-76	Heemskerk (NED)
363.	Halbersma Jenny	70	08-021	58.40	25m	7-11-81	Heemskerk (NED)
363.	Atzei Sabina	71	08-021	58.40	25m	29-11-82	Heemskerk (NED)
365.	Mul Marinette	72	08-021	59.00	25m	29-11-82	Heemskerk (NED)
366.	Kerdijk Lianne	81	08-021	59.20	25m	10-1-91	Heemskerk (NED)
367.	Koppes Monique	69	08-021	1:00.00	25m	10-2-80	Heerhugowaard (NED)

50 vrije slag (sinds 368)

368.	ten Cate Naomi	93	08-021	1:00.38	25m	27-3-03	Heemskerk
369.	van Zalingen Margreet	67	08-021	1:00.90	25m	7-12-76	Heemskerk (NED)
370.	Schuyt Patricia	77	08-021	1:01.00	25m	21-5-87	Heemskerk (NED)
371.	Beentjes Karin	72	08-021	1:01.30	25m	29-11-82	Heemskerk (NED)
372.	Vet Mariska	66	08-021	1:01.80	25m	7-12-76	Heemskerk (NED)
373.	Zieck Esther	67	08-021	1:03.20	25m	7-12-76	Heemskerk (NED)
374.	Jonker Nicole	68	08-021	1:03.50	25m	7-12-76	Heemskerk (NED)
375.	Gravemaker Sandra	68	08-021	1:06.00	25m	7-12-76	Heemskerk (NED)
376.	Gozeling Monique	67	08-021	1:06.50	25m	7-12-76	Heemskerk (NED)
377.	Dorlandt Yvonne	69	08-021	1:06.90	25m	7-12-76	Heemskerk (NED)
378.	Stedelaar Jose	73	08-021	1:07.30	25m	29-11-82	Heemskerk (NED)
379.	Berghuis Sascha	68	08-021	1:08.00	25m	16-3-80	Heemskerk (NED)
380.	van der Stigchel Samantha	96	08-021	1:08.25	25m	31-1-08	Heemskerk (NED)
381.	Zeeman Esther	74	08-021	1:08.50	25m	29-11-82	Heemskerk (NED)
382.	Naber Eva	73	08-021	1:09.00	25m	29-11-82	Heemskerk (NED)
383.	Reuderink Bettina	67	08-021	1:09.40	25m	7-12-76	Heemskerk (NED)
384.	Hartog Martine	74	08-021	1:11.70	25m	29-11-82	Heemskerk (NED)
385.	Heesen Marieke	65	08-021	1:13.00	25m	7-12-76	Heemskerk (NED)
386.	Lammers Angelique	68	08-021	1:14.00	25m	7-12-76	Heemskerk (NED)
387.	Verdonk Michaela	68	08-021	1:15.50	25m	7-12-76	Heemskerk (NED)
388.	Gozeling Jolanda	68	08-021	1:21.50	25m	7-12-76	Heemskerk (NED)
389.	van der Meij Michelle	68	08-021	1:21.80	25m	7-12-76	Heemskerk (NED)
390.	Raaymakers Marjolein	68	08-021	1:22.00	25m	7-12-76	Heemskerk (NED)
390.	Windmuller Jolande	65	08-021	1:22.00	25m	7-12-76	Heemskerk (NED)
392.	Dijkstra Miranda	72	08-021	1:22.20	25m	27-9-80	Heemskerk (NED)
393.	van Dijk Marike	73	08-021	1:22.60	25m	29-11-82	Heemskerk (NED)
394.	Duyn Elaine	68	08-021	1:29.50	25m	7-12-76	Heemskerk (NED)
395.	Reeuwijk Danielle	70	08-021	1:42.80	25m	7-12-76	Heemskerk (NED)
396.	Hilbers Erna	69	08-021	1:52.40	25m	7-12-76	Heemskerk (NED)

100 vrije slag

1.	Kingma Danae	00	08-021	58.38	25m	18-3-18	Purmerend (NED)
2.	Schelvis Femke	84	08-021	59.32	25m	9-1-05	Zuidoost Beemster (NED)
3.	Koster Lisa	94	08-021	1:01.06	25m	11-5-08	Purmerend (NED)
4.	Smit Sanne	01	08-021	1:01.20	25m	8-10-17	Alkmaar (NED)
5.	Drubers Mirjam	67	08-021	1:01.60	25m	15-12-84	Hilversum (NED)
6.	Broek Jade	97	08-021	1:01.74	25m	18-11-17	Hoofddorp (NED)
7.	Crok Linda	94	08-021	1:02.01	25m	3-4-11	Zaandam (NED)
8.	de Groot Daniëlle	93	08-021	1:02.13	25m	11-5-08	Purmerend (NED)
9.	Groen Anne	95	08-021	1:02.91	25m	18-12-16	Heemskerk (NED)
10.	Meijer Sylvia	81	08-021	1:03.20	25m	5-4-98	Heemskerk (NED)
11.	van der Kroft Nicole	84	08-021	1:03.76	25m	10-12-00	Heemskerk (NED)
12.	Palmboom Nicole	91	08-021	1:03.79	25m	9-3-08	Heemskerk (NED)
13.	Hoekstra Eline	03	08-021	1:03.97	25m	18-11-17	Hoofddorp (NED)
14.	Vink Lidewij	90	08-021	1:04.70	25m	30-10-05	Amsterdam (NED)
15.	Hoek Daniëlle	88	08-021	1:05.01	25m	28-12-04	Maastricht (NED)
15.	Kleijne Daisy	89	08-021	1:05.01	25m	28-3-05	Haarlem (NED)
17.	Crok Annemarie	89	08-021	1:05.34	25m	27-11-11	Heemskerk (NED)
18.	van 't Veer Iris	03	08-021	1:05.39	25m	4-2-18	Purmerend (NED)
19.	Mallon Danique	94	08-021	1:05.55	25m	5-4-10	Haarlem (NED)
20.	Schelvis Roos	86	08-021	1:05.56	25m	12-12-99	Heemskerk (NED)
21.	Verbree Bets	63	08-021	1:05.70	25m	19-12-81	Hilversum (NED)

100 vrije slag (sinds 22)

21.	Hulshof Saskia	73	08-021	1:05.70	25m	5-11-89	Heemskerk (NED)	
23.	Vink Marjolein	93	08-021	1:05.86	25m	9-4-07	Haarlem (NED)	
24.	Stam Vanessa	80	08-021	1:05.90	25m	12-4-98	Haarlem (NED)	
25.	Spijker Kristel	84	08-021	1:06.15	25m	27-3-11	Heemstede (NED)	
26.	Wentink Yara	04	08-021	1:06.38	25m	17-5-18	Heemskerk (NED)	
27.	Stel Serena	98	08-021	1:06.46	25m	31-1-10	Heerenveen (NED)	
28.	ten Bokkel Henriëke	94	08-021	1:06.47	25m	17-5-18	Heemskerk (NED)	
29.	Buur Naomi	01	08-021	1:06.49	25m	17-4-17	Haarlem (NED)	
30.	Visser Kelly	89	08-021	1:06.57	25m	28-10-12	Amsterdam-Zuidoost (NED)	
31.	Stins Mariska	84	08-021	1:06.74	25m	16-3-03	Heemskerk	
32.	de Haan Shira	00	08-021	1:06.80	25m	11-5-17	Heemskerk (NED)	
33.	Kramer Miranda	80	08-021	1:06.94	25m	27-9-98	Assendelft (NED)	
34.	Besse Karen	75	08-021	1:07.00	25m	24-2-91	Heemskerk (NED)	
35.	Zwarthoed Brenda	96	08-021	1:07.02	50m	15-6-08	Drachten (NED)	459
36.	Essers Sanne	91	08-021	1:07.12	25m	15-3-09	Haarlem (NED)	
37.	Stam Sabrina	82	08-021	1:07.20	25m	26-10-97	Heemskerk (NED)	
38.	van Staveren Marina	78	08-021	1:07.26	25m	9-2-12	Heemskerk (NED)	
39.	Koper Fiona	01	08-021	1:07.37	25m	18-3-18	Purmerend (NED)	
40.	van der Gracht Anouk	89	08-021	1:07.45	25m	25-4-13	Heemskerk (NED)	
41.	Meijer Linda	77	08-021	1:07.80	25m	5-2-94		
42.	Siemerink Laura	04	08-021	1:07.92	25m	17-5-18	Heemskerk (NED)	
43.	Koopman Anitra	89	08-021	1:08.05	25m	28-12-04	Maastricht (NED)	
44.	Schuyt Simone	75	08-021	1:08.10	25m	17-9-88		
45.	de Boer Irene	84	08-021	1:08.28	25m	19-11-00	Zaandam (NED)	
46.	van der Geest Saskia	73	08-021	1:08.30	25m	18-2-89		
47.	van de Poll Marianne	89	08-021	1:08.40	25m	25-3-04	Heemskerk	
48.	Zonneveld Chantal	84	08-021	1:08.63	25m	19-11-00	Zaandam (NED)	
49.	Petit Kirsten	00	08-021	1:08.69	25m	4-12-16	Zaandam (NED)	
50.	Butter Anouk	82	08-021	1:08.85	25m	28-11-04	Heemskerk (NED)	
51.	Zwaan Melissa	91	08-021	1:08.99	25m	28-12-03	Maastricht (NED)	
52.	Dijkstra Lisette	86	08-021	1:09.00	25m	19-4-98	Zaandam (NED)	
53.	Blaauw Yente	03	08-021	1:09.09	25m	15-10-17	Alkmaar (NED)	
54.	van Rookhuizen Sieta	79	08-021	1:09.10	25m	12-3-00	Heemskerk (NED)	
55.	Niesten Iris	92	08-021	1:09.15	25m	15-3-09	Haarlem (NED)	
56.	van Ballegooie Simone	84	08-021	1:09.20	25m	8-3-98	Zaandam (NED)	
57.	Vredenburg Roos	95	08-021	1:09.26	25m	11-4-10	Zaandam (NED)	
58.	de Groot Gitta	60	08-021	1:09.30	25m	19-2-78	Assendelft (NED)	
58.	van Honk Chantal	80	08-021	1:09.30	25m	3-4-93		
60.	Teufer Irene	96	08-021	1:09.39	25m	2-12-07	Alkmaar (NED)	
61.	Jongema Helena	80	08-021	1:09.63	25m	24-9-09	Heemskerk (NED)	
62.	Limmen Karin	76	08-021	1:09.70	25m	5-4-92	Heemskerk (NED)	
63.	Hogema Fabiën	93	08-021	1:09.82	25m	9-4-07	Haarlem (NED)	
63.	van Koevinge Nicole	93	08-021	1:09.82	25m	15-3-09	Haarlem (NED)	
65.	Renkema Iris	04	08-021	1:09.97	25m	15-10-17	Alkmaar (NED)	
66.	van Eerden Meike	00	08-021	1:10.24	25m	17-5-18	Heemskerk (NED)	
67.	Windmuller Wendy	69	08-021	1:10.30	25m	14-3-82		
68.	Hofland Yasmin	01	08-021	1:10.98	25m	18-3-18	Purmerend (NED)	
69.	Scholten Britt	04	08-021	1:11.08	25m	17-5-18	Heemskerk (NED)	
70.	Hermans Liesbeth	66	08-021	1:11.50	25m	18-4-82		
71.	de Ruijter Linda	87	08-021	1:11.63	25m	27-3-03	Heemskerk	
72.	Boekling Annette	85	08-021	1:11.82	25m	22-4-01	Heemskerk (NED)	
73.	van Langelaar Tessa	97	08-021	1:12.06	25m	11-11-12	Schagen (NED)	
74.	de Boer Angela	80	08-021	1:12.30	25m	10-12-95	Heemskerk (NED)	

100 vrije slag (sinds 75)

75.	Pover Karin	67	08-021	1:12.40	25m	28-2-82		
76.	van Sikkelerus Lisa	99	08-021	1:12.45	25m	10-11-13	Zaandam (NED)	
77.	de Graaf Annemiek	70	08-021	1:12.50	25m	6-10-85	Wormerveer (NED)	
78.	Heus Pauline	78	08-021	1:12.70	25m	8-3-98	Zaandam (NED)	
78.	Krouwels Tanja	79	08-021	1:12.70	25m	8-3-98	Zaandam (NED)	
80.	Ivens Suzanne	99	08-021	1:12.78	25m	20-1-13	Heemskerk (NED)	
81.	van Duin Margret	60	08-021	1:12.90	25m	21-5-78	Heemskerk (NED)	
81.	Oosterveen Yvonne	80	08-021	1:12.90	25m	6-1-93		
83.	Angenent Nienke	01	08-021	1:13.07	25m	26-10-14	Zaandam (NED)	
84.	de Boer Maia	03	08-021	1:13.08	50m	27-5-17	Alkmaar (NED)	354
85.	Bakkum Wilma	62	08-021	1:13.10	25m	12-10-80	Wormerveer (NED)	
86.	Visser Stacey	87	08-021	1:13.44	25m	11-3-01	Zaandam (NED)	
87.	van Galen Angela	65	08-021	1:13.80	25m	31-8-80	Heemskerk (NED)	
88.	Plokker Sylvia	68	08-021	1:14.00	25m	10-4-83	Heemskerk (NED)	
89.	van Huisstede Nikita	01	08-021	1:14.24	25m	6-12-15	Purmerend (NED)	
90.	de Boer Claudia	77	08-021	1:14.40	25m	8-11-90	Heemskerk (NED)	
91.	Regelink Anneke	83	08-021	1:14.44	25m	5-4-99	Haarlem (NED)	
92.	Oudendijk Bianca	79	08-021	1:14.50	25m	23-4-94		
93.	van Giezen Sandra	63	08-021	1:14.60	25m	2-12-79	Zaandam (NED)	
93.	van der Horst Sacha	69	08-021	1:14.60	25m	13-3-83	Castricum (NED)	
95.	Zonneveld Cindy	75	08-021	1:14.80	25m	6-1-93		
96.	Rodenburg Rianne	93	08-021	1:14.88	25m	28-10-06	Hoorn (NED)	
97.	Munnik Yvonne	64	08-021	1:15.00	25m	21-5-78	Heemskerk (NED)	
98.	Dijkstra Ingrid	68	08-021	1:15.10	25m	21-3-82		
98.	Peters Yvonne	63	08-021	1:15.10	25m	20-12-86	Hilversum (NED)	
100.	Knight Kayleigh	00	08-021	1:15.26	25m	12-3-17	Purmerend (NED)	
101.	Zonneveld Melissa	88	08-021	1:15.48	25m	24-2-05	Heemskerk (NED)	
102.	Smid Diane	65	08-021	1:15.50	25m	31-5-07	Heemskerk (NED)	
102.	de Vries Chrissie	93	08-021	1:15.50	50m	3-6-07	Beverwijk (NED)	321
104.	de Wildt Maud	05	08-021	1:15.59	25m	17-5-18	Heemskerk (NED)	
105.	de Wolff Isabel	01	08-021	1:15.62	25m	19-5-16	Heemskerk (NED)	
106.	Bos Chantal	74	08-021	1:15.80	25m	18-2-89		
107.	ten Cate Joyce	80	08-021	1:15.85	25m	13-1-08	Heemskerk (NED)	
108.	Bouwman Esther	63	08-021	1:16.10	25m	26-2-78	Castricum (NED)	
109.	ten Cate Ilona	85	08-021	1:16.11	25m	16-4-06	Haarlem (NED)	
110.	van Giezen Wendy	70	08-021	1:16.20	25m	12-2-84	Heemskerk (NED)	
110.	van Vliet Isabel	02	08-021	1:16.20	50m	4-3-18	Amsterdam (NED)	312
112.	Deiman Caroline	67	08-021	1:16.30	25m	18-2-89		
113.	Veldhuis Amelia	03	08-021	1:16.36	25m	4-2-18	Purmerend (NED)	
114.	van Ballegooie Stefanie	86	08-021	1:16.42	25m	1-4-02	Haarlem	
115.	Bos Marieke	06	08-021	1:16.51	25m	18-11-17	Hoofddorp (NED)	
116.	van Leeuwen Andrea	71	08-021	1:16.60	25m	7-1-84	Hilversum (NED)	
117.	Venema Jalina	04	08-021	1:16.66	25m	13-11-16	Purmerend (NED)	
118.	Huisman Caroline	64	08-021	1:16.80	25m	27-5-78	IJmuiden (NED)	
118.	Bruin Marianne	78	08-021	1:16.80	25m	16-12-90	Heemskerk (NED)	
120.	de Graaf Dinie	71	08-021	1:17.00	25m	7-1-84	Hilversum (NED)	
121.	Walraven Annet	62	08-021	1:17.20	25m	27-4-80	Assendelft (NED)	
121.	Moolevliet Petra	82	08-021	1:17.20	25m	10-9-95	Assendelft (NED)	
121.	Cappelle Carlijn	82	08-021	1:17.20	25m	19-1-97	Zaandam (NED)	
124.	van Giezen Irene	67	08-021	1:17.30	25m	7-3-82		
124.	de Vries Justine	83	08-021	1:17.30	25m	12-1-97	Heemskerk (NED)	
124.	Dijkstra Maud	84	08-021	1:17.30	25m	17-5-98	Heemskerk (NED)	
127.	Poppema Yvonne	68	08-021	1:17.60	25m	13-12-87	Assendelft (NED)	

100 vrije slag (sinds 128)

128.	Groot Tineke	60	08-021	1:17.70	25m	27-4-80	Assendelft (NED)
128.	Hoek Laura	86	08-021	1:17.70	25m	21-12-99	Heemskerk (NED)
130.	Huneker Jolanda	79	08-021	1:17.72	25m	25-5-00	Heemskerk (NED)
131.	van Giezen Corina	68	08-021	1:17.80	25m	21-3-82	
131.	van Velsen Patricia	79	08-021	1:17.80	25m	3-4-93	
133.	Bouwer Jolien	89	08-021	1:17.84	25m	16-3-03	Heemskerk
134.	Missot Gonda	66	08-021	1:17.90	25m	7-10-79	Heemskerk (NED)
134.	Bakker Jesca	79	08-021	1:17.90	25m	31-5-90	Heemskerk (NED)
136.	Limmen Miriam	75	08-021	1:18.10	25m	5-11-89	Heemskerk (NED)
137.	Mulder Amy	80	08-021	1:18.20	25m	6-2-94	Wormerveer (NED)
137.	van der Eng Laura	80	08-021	1:18.20	25m	30-5-96	Heemskerk (NED)
139.	Lindelauf Priscilla	85	08-021	1:18.25	25m	8-10-00	Heemskerk (NED)
140.	Visser Shana	04	08-021	1:18.32	25m	15-10-17	Alkmaar (NED)
141.	de Vriend Sofie	01	08-021	1:18.37	25m	28-10-12	Amsterdam-Zuidoost (NED)
142.	Raszinski Nienke	01	08-021	1:18.46	25m	17-4-14	Heemskerk (NED)
143.	Tholen Kirsten	66	08-021	1:18.60	25m	7-3-82	
144.	Keessen Pam	62	08-021	1:18.70	25m	19-2-78	Assendelft (NED)
145.	Grul Lisanne	97	08-021	1:18.90	25m	25-4-13	Heemskerk (NED)
146.	Buur Cindy	99	08-021	1:18.91	25m	19-5-16	Heemskerk (NED)
146.	van Rijn Sydney	03	08-021	1:18.91	25m	30-10-16	Den Helder (NED)
148.	Bakker Daniëlle	96	08-021	1:19.00	25m	22-1-09	Heemskerk (NED)
149.	Koper Birgit	87	08-021	1:19.21	25m	22-12-02	Zaandam
150.	Hommersen Sandra	84	08-021	1:19.58	25m	7-3-99	Zaandam (NED)
151.	Nijholt Carin	60	08-021	1:19.60	25m	31-5-80	Heemskerk (NED)
152.	Dreyer Elly	63	08-021	1:19.70	25m	31-8-80	Heemskerk (NED)
153.	Limmen Anita	78	08-021	1:19.80	25m	3-4-93	
154.	Windmuller Annemarie	67	08-021	1:20.00	25m	16-11-80	Haarlem (NED)
155.	Wieman Lianne	03	08-021	1:20.02	25m	4-2-18	Purmerend (NED)
156.	Lund Karin	63	08-021	1:20.40	25m	10-12-77	Heemskerk (NED)
157.	Liefting Sarina	93	08-021	1:20.46	25m	18-3-07	Heemskerk (NED)
158.	Niesten Annet	62	08-021	1:20.50	25m	21-5-78	Heemskerk (NED)
158.	de Jong Desire	73	08-021	1:20.50	25m	4-10-87	Zaandam (NED)
160.	van Kooten Cynthia	93	08-021	1:20.68	25m	18-3-07	Heemskerk (NED)
161.	Deen Annette	60	08-021	1:20.80	25m	24-4-76	Heemskerk (NED)
162.	Nijman José	93	08-021	1:21.03	25m	25-9-08	Heemskerk (NED)
163.	Horst Diana	67	08-021	1:21.10	25m	20-9-81	Den Helder (NED)
164.	Nemchonok Alisa	82	08-021	1:21.45	25m	24-1-99	Assendelft (NED)
165.	Steenkamp Ciska	90	08-021	1:21.82	25m	7-10-01	Zaandam (NED)
166.	Molenaar Eline	82	08-021	1:21.96	25m	17-2-00	Heemskerk (NED)
167.	van de Kamp Yvonne	65	08-021	1:22.00	25m	7-3-82	
168.	van Assema Eline	05	08-021	1:22.05	25m	17-5-18	Heemskerk (NED)
169.	Besse Meta	78	08-021	1:22.40	25m	6-12-90	Heemskerk (NED)
170.	de Loos Marijke	94	08-021	1:22.43	25m	23-5-10	Purmerend (NED)
171.	van der Horst Wendy	72	08-021	1:22.50	25m	13-3-83	Castricum (NED)
171.	Ligterink Angela	76	08-021	1:22.50	25m	13-12-87	Assendelft (NED)
173.	Huisman Jolanda	68	08-021	1:22.60	25m	7-1-84	Hilversum (NED)
174.	Stel Kaylin	01	08-021	1:22.68	25m	21-3-10	Zaandam (NED)
175.	de Vries Cathy	77	08-021	1:22.70	25m	6-12-90	Heemskerk (NED)
176.	Sierra Ana Maria	69	08-021	1:23.40	25m	21-3-82	
177.	Essers Patricia	84	08-021	1:23.62	25m	17-2-00	Heemskerk (NED)
177.	van Putten Demi	96	08-021	1:23.62	25m	14-4-11	Heemskerk (NED)
179.	de Groot Linda	81	08-021	1:23.95	25m	23-4-00	Haarlem (NED)
180.	Zonneveld Monica	80	08-021	1:24.10	25m	6-1-93	

100 vrije slag (sinds 181)

181.	Schaefer Lisa	06	08-021	1:24.31	25m	17-5-18	Heemskerk (NED)	
182.	van Perlo Ingrid	73	08-021	1:24.80	25m	22-1-84	Zandvoort (NED)	
183.	Buithuis Danine	91	08-021	1:24.93	25m	28-11-02	Heemskerk	
184.	Schaaper Margriet	62	08-021	1:25.00	25m	10-12-77	Heemskerk (NED)	
185.	de Groot Marlijn	92	08-021	1:25.11	25m	27-3-05	Haarlem (NED)	
186.	Sminia Vinny	89	08-021	1:25.42	25m	30-3-06	Heemskerk (NED)	
187.	Berloth Lydia	68	08-021	1:25.50	25m	10-4-83	Heemskerk (NED)	
187.	Martens landra	03	08-021	1:25.50	25m	29-3-15	Zaandam (NED)	
189.	Gorter Wilma	63	08-021	1:25.60	25m	31-12-75		
189.	Calkhoven Mariëtte	65	08-021	1:25.60	25m	22-4-78	Heemskerk (NED)	
191.	Beeksma Anne	88	08-021	1:25.72	25m	18-11-01	Heemskerk	
192.	Sobh Shaime	03	08-021	1:26.13	25m	15-11-15	Purmerend (NED)	
193.	Schelvis Liselot	92	08-021	1:26.33	25m	28-3-04	Zaandam (NED)	
194.	Smit Lydia	84	08-021	1:26.41	25m	18-2-99	Heemskerk (NED)	
195.	van Leen Cynthia	81	08-021	1:26.80	25m	4-4-96	Heemskerk (NED)	
195.	Bakker Anna	97	08-021	1:26.80	25m	1-3-09	Heemstede (NED)	
197.	de Graaf Isabella	04	08-021	1:27.05	25m	11-5-17	Heemskerk (NED)	
198.	Gelsumino Giulia	03	08-021	1:27.36	25m	15-11-15	Purmerend (NED)	
199.	Aafjes Suzan	69	08-021	1:27.50	25m	30-11-80	Heemskerk (NED)	
200.	van Rijn Eline	07	08-021	1:27.63	25m	18-12-16	Heemskerk (NED)	
201.	Terhorst Ilja	67	08-021	1:28.00	25m	13-4-80	Zaandam (NED)	
202.	Cappelle Marcella	85	08-021	1:28.20	25m	8-3-98	Zaandam (NED)	
203.	Bruin Adri	74	08-021	1:28.30	25m	12-12-87		
204.	Pover Ellen	72	08-021	1:28.50	25m	28-10-84	Egmond (NED)	
204.	Mosch Sabina	84	08-021	1:28.50	50m	25-10-98	Beverwijk (NED)	199
206.	Potemans Priscilla	84	08-021	1:28.90	25m	15-1-98	Heemskerk (NED)	
207.	Meesters Audrey	90	08-021	1:28.93	25m	17-11-02	Heemskerk	
208.	Hoorn Linsey	94	08-021	1:29.26	50m	17-4-05	Beverwijk (NED)	194
209.	Palthe Yvonne	67	08-021	1:29.50	25m	3-5-81	Zaandam (NED)	
210.	Visser Robin	05	08-021	1:29.57	25m	11-5-17	Heemskerk (NED)	
211.	Zijlstra Mariëlle	83	08-021	1:29.60	25m	28-1-96	Zaandam (NED)	
212.	Viel Bianca	85	08-021	1:29.79	25m	17-2-00	Heemskerk (NED)	
213.	de Boer Isabel	06	08-021	1:29.86	25m	11-6-16	Zaandam (NED)	
214.	Bakker Lisette	83	08-021	1:29.99	25m	22-11-98	Zaandam (NED)	
215.	Bos Annelies	74	08-021	1:30.10	25m	12-12-87		
216.	van der Werf Chily	72	08-021	1:30.40	25m	22-1-84	Zandvoort (NED)	
217.	van den Akker Terry	61	08-021	1:30.70	25m	24-5-75	Z.O. Beemster (NED)	
217.	Hoekstra Karin	76	08-021	1:30.70	25m	15-1-88		
219.	Ardicyaka Irem	06	08-021	1:31.07	25m	17-5-18	Heemskerk (NED)	
220.	Beentjes Nicolet	80	08-021	1:31.22	25m	27-9-98	Assendelft (NED)	
221.	Rodenburg Kyra	96	08-021	1:31.31	25m	1-10-06	Volendam (NED)	
222.	Koopman Jessie	97	08-021	1:31.42	25m	15-11-09	Haarlem (NED)	
223.	Rijkema Marije	85	08-021	1:31.44	25m	28-2-02	Heemskerk	
224.	Feenstra Petra	71	08-021	1:31.70	25m	22-1-84	Zandvoort (NED)	
224.	Last Rooske	94	08-021	1:31.70	25m	11-4-10	Zaandam (NED)	
226.	Dekker Elise	97	08-021	1:31.98	25m	18-12-05	Alkmaar (NED)	
227.	Yayli Serina	90	08-021	1:32.12	25m	25-4-02	Heemskerk	
228.	van der Does Lisa	02	08-021	1:32.22	25m	9-3-14	Zaandam (NED)	
229.	Doodeman Sara	00	08-021	1:32.75	25m	27-1-11	Heemskerk (NED)	
230.	van Rijn Ilona	65	08-021	1:32.80	25m	19-2-78	Assendelft (NED)	
231.	Rasch Monique	66	08-021	1:32.90	25m	1-11-81	Bergen (NED)	
232.	Zeeman Judith	70	08-021	1:33.20	25m	29-11-81	Zaandam (NED)	
233.	Dijkstra Janet	77	08-021	1:33.30	25m	18-3-89		

100 vrije slag (sinds 234)

234.	Hoogervorst Marlon	84	08-021	1:33.50	25m	5-2-95	Assendelft (NED)
235.	Smit Ingrid	67	08-021	1:33.60	25m	8-11-80	Heemskerk (NED)
236.	Bok Femke	74	08-021	1:33.80	25m	6-10-85	Wormerveer (NED)
237.	van Asch Maria	74	08-021	1:34.10	25m	7-1-93	Heemskerk (NED)
238.	van Duin Joke	59	08-021	1:34.20	25m	24-5-75	Z.O. Beemster (NED)
239.	Boere Sacha	91	08-021	1:34.44	25m	24-2-05	Heemskerk (NED)
240.	Dijkstra Pascal	89	08-021	1:35.38	25m	17-12-98	Heemskerk (NED)
241.	Hoeksema Kim	90	08-021	1:35.40	25m	27-9-01	Heemskerk
242.	Halbersma Jenny	70	08-021	1:35.60	25m	6-2-83	
243.	Kesting Alexandra	00	08-021	1:35.72	25m	3-4-11	Zaandam (NED)
244.	Beentjes Daphne	91	08-021	1:35.91	25m	6-4-03	Zaandam (NED)
245.	Willemse Renee	75	08-021	1:36.00	25m	27-10-85	(NED)
246.	Aardenburg Judith	93	08-021	1:36.22	25m	21-11-04	Zaandam (NED)
247.	Copier Alyssa	04	08-021	1:36.32	25m	24-11-13	Zaandam (NED)
248.	Lensen Sarian	89	08-021	1:36.93	25m	10-3-02	Heemskerk
249.	Huisman Lianne	87	08-021	1:37.12	25m	26-4-01	Heemskerk (NED)
250.	Pezo Adna	90	08-021	1:37.94	25m	27-9-01	Heemskerk
251.	Nijman Linda	89	08-021	1:38.01	25m	22-4-01	Heemskerk (NED)
252.	Doevendans Phileine	06	08-021	1:38.39	25m	6-3-16	Purmerend (NED)
253.	Elghandor Kiyaan	03	08-021	1:38.75	25m	30-3-14	Zaandam (NED)
254.	van Dijk Yvonne	65	08-021	1:39.40	25m	10-12-77	Heemskerk (NED)
255.	Wiegman Brenda	72	08-021	1:39.70	25m	28-10-84	Egmond (NED)
256.	van Perlo Carla	75	08-021	1:40.10	25m	23-9-84	Heemskerk (NED)
257.	van den Braber Liesbeth	84	08-021	1:40.18	50m	25-10-98	Beverwijk (NED)
258.	Eijndhoven Jonna	02	08-021	1:40.76	25m	7-10-12	Zaandam (NED)
259.	Geurtsen Daisy	89	08-021	1:41.49	25m	26-4-01	Heemskerk (NED)
260.	Schijf Irene	83	08-021	1:42.10	25m	23-2-95	Heemskerk (NED)
261.	Vellinga Yvonne	64	08-021	1:42.20	25m	8-1-77	Heemskerk (NED)
262.	Kerkhoven Michelle	91	08-021	1:42.26	25m	16-9-01	Zaandam (NED)
263.	van der Wijden Eline	88	08-021	1:42.29	25m	10-12-00	Heemskerk (NED)
264.	Koper Ella	90	08-021	1:42.74	25m	31-3-02	Zaandam
265.	Kuijper Michelle	91	08-021	1:43.78	25m	30-9-01	Zaandam (NED)
266.	Koper Selma	03	08-021	1:44.04	25m	31-1-13	Heemskerk (NED)
267.	Salido Keesje	05	08-021	1:44.12	25m	13-6-15	Zaandam (NED)
268.	van den Heuvel Sandra	80	08-021	1:44.90	25m	11-2-90	Heemskerk (NED)
269.	van Ruth Yoore	78	08-021	1:45.30	25m	3-11-91	Assendelft (NED)
270.	Bovekerk Annefleur	99	08-021	1:45.47	25m	3-10-10	Zaandam (NED)
271.	Liefting Marielle	90	08-021	1:45.84	25m	31-3-02	Zaandam
272.	Salem Lamies	03	08-021	1:46.55	25m	14-1-18	Purmerend (NED)
273.	Snijder Femke	83	08-021	1:46.60	25m	12-3-94	
274.	Boonstra Esmé	02	08-021	1:46.84	25m	31-1-13	Heemskerk (NED)
275.	Zuidervaart Anne	02	08-021	1:48.07	25m	22-4-12	Haarlem (NED)
276.	Werdekker Marjolein	81	08-021	1:48.40	25m	2-5-96	Heemskerk (NED)
277.	Groot Irma	63	08-021	1:48.50	25m	24-5-75	Z.O. Beemster (NED)
278.	Broers Margot	63	08-021	1:49.00	25m	10-12-77	Heemskerk (NED)
279.	Zonneveld Jennifer	88	08-021	1:49.12	25m	18-11-01	Heemskerk
280.	Doll Maartje	80	08-021	1:49.30	25m	24-4-93	
281.	van Duivenvoorde Sanne	93	08-021	1:50.97	25m	26-9-02	Heemskerk
282.	Reiss Katinka	65	08-021	1:51.00	25m	10-12-77	Heemskerk (NED)
283.	van Noort Jony	85	08-021	1:51.70	25m	17-3-96	Heemskerk (NED)
284.	van der Leden Cynthia	66	08-021	1:53.10	25m	10-12-77	Heemskerk (NED)
285.	Gooijer Roos	97	08-021	1:53.54	25m	24-9-09	Heemskerk (NED)
286.	van Ederen Jasmijn	10	08-021	1:55.12	25m	15-2-18	Heemskerk (NED)

100 vrije slag (sinds 287)

287.	Reeuwijk Danielle	70	08-021	1:55.50	25m	7-10-79	Heemskerk (NED)
288.	van der Leden Laura	68	08-021	1:55.70	25m	17-9-77	Heemskerk (NED)
289.	Janssen Tess	89	08-021	1:57.22	25m	27-9-98	Assendelft (NED)
290.	Morianner Susanna	72	08-021	1:57.70	25m	7-3-82	
291.	Reuderink Miranda	63	08-021	1:58.70	25m	10-12-77	Heemskerk (NED)
292.	Hol Manouk	05	08-021	2:01.76	25m	14-12-14	Zaandam (NED)
293.	Sanen Casey	99	08-021	2:04.44	25m	24-9-09	Heemskerk (NED)
294.	de Jong Frederike	75	08-021	2:05.50	25m	3-2-93	
295.	van 't Hof Manon	90	08-021	2:07.61	25m	7-4-02	Heemskerk
296.	Stoker Ianthe	84	08-021	2:08.60	25m	23-1-97	Heemskerk
297.	van der Zee Olga	66	08-021	2:12.80	25m	8-1-77	Heemskerk (NED)
298.	Werdekker Esther	83	08-021	2:14.00	25m	4-4-96	Heemskerk (NED)
299.	van der Zee Paula	68	08-021	2:27.80	25m	8-1-77	Heemskerk (NED)
300.	Kerdijk Lianne	81	08-021	2:31.20	25m	4-4-91	Heemskerk (NED)

200 vrije slag

1.	Schelvis Femke	84	08-021	2:07.73	25m	25-11-99	Heemskerk
2.	Kingma Danae	00	08-021	2:10.58	25m	12-4-18	Heemskerk (NED)
3.	Smit Sanne	01	08-021	2:13.76	25m	16-3-17	Heemskerk (NED)
4.	Drubers Mirjam	67	08-021	2:15.30	25m	31-12-85	
5.	Koster Lisa	94	08-021	2:16.81	50m	14-6-08	Drachten (NED)
6.	Crok Linda	94	08-021	2:17.72	25m	2-10-11	Heemskerk (NED)
7.	de Groot Daniëlle	93	08-021	2:17.81	25m	10-5-08	Purmerend (NED)
8.	Groen Anne	95	08-021	2:17.96	25m	13-11-16	Purmerend (NED)
9.	Vink Lidewij	90	08-021	2:19.09	25m	12-2-06	Zaandam (NED)
10.	Hoekstra Eline	03	08-021	2:19.38	25m	29-10-17	Den Helder (NED)
11.	Broek Jade	97	08-021	2:19.56	25m	12-11-17	Hoofddorp (NED)
12.	Hoek Daniëlle	88	08-021	2:20.46	25m	22-3-12	Heemskerk (NED)
13.	Stel Serena	98	08-021	2:21.69	25m	18-4-10	Zaandam (NED)
14.	Palmboom Nicole	91	08-021	2:22.48	25m	1-3-08	Hoorndam (NED)
15.	Verbree Bets	63	08-021	2:22.60	25m	7-2-82	
16.	Schelvis Roos	86	08-021	2:23.28	25m	26-9-02	Heemskerk
17.	Mallon Danique	94	08-021	2:23.87	25m	3-10-10	Zaandam (NED)
18.	van der Kroft Nicole	84	08-021	2:24.05	25m	30-11-00	Heemskerk (NED)
19.	van 't Veer Iris	03	08-021	2:24.51	25m	12-4-18	Heemskerk (NED)
20.	Kleijne Daisy	89	08-021	2:24.52	25m	13-3-05	Amsterdam (NED)
21.	Meijer Sylvia	81	08-021	2:24.70	25m	11-12-97	Heemskerk (NED)
22.	Wentink Yara	04	08-021	2:25.36	25m	20-5-18	Purmerend (NED)
23.	Crok Annemarie	89	08-021	2:25.47	25m	13-11-11	Zaandam (NED)
24.	van der Gracht Anouk	89	08-021	2:25.68	25m	25-11-07	Amsterdam (NED)
25.	Hulshof Saskia	73	08-021	2:25.80	25m	28-2-90	
26.	Stam Vanessa	80	08-021	2:26.50	25m	5-4-98	Heemskerk (NED)
27.	Stins Mariska	84	08-021	2:26.63	25m	5-11-00	Zaandam (NED)
28.	de Haan Shira	00	08-021	2:27.13	25m	13-11-16	Purmerend (NED)
29.	Besse Karen	75	08-021	2:27.60	25m	24-3-91	Zaandam (NED)
30.	van de Poll Marianne	89	08-021	2:27.82	25m	18-1-04	IJmuiden (NED)
31.	Koopman Anitra	89	08-021	2:28.16	25m	16-1-05	Zaandam (NED)
32.	Spijker Kristel	84	08-021	2:28.19	25m	14-11-10	Castricum (NED)
33.	Buur Naomi	01	08-021	2:28.35	25m	17-3-16	Heemskerk (NED)
34.	Zwarthoed Brenda	96	08-021	2:28.41	50m	18-5-08	Alkmaar (NED)
35.	Kramer Miranda	80	08-021	2:28.50	25m	9-4-98	Heemskerk (NED)
35.	Koper Fiona	01	08-021	2:28.50	25m	12-4-18	Heemskerk (NED)

200 vrije slag (sinds 37)

37.	Stam Sabrina	82	08-021	2:29.10	25m	11-12-97	Heemskerk (NED)
38.	de Boer Irene	84	08-021	2:29.14	25m	11-3-01	Zaandam (NED)
39.	Visser Kelly	89	08-021	2:29.26	25m	11-11-12	Schagen (NED)
40.	Petit Kirsten	00	08-021	2:29.82	25m	12-4-18	Heemskerk (NED)
41.	Limmen Karin	76	08-021	2:30.00	25m	15-1-94	
42.	Essers Sanne	91	08-021	2:30.76	25m	17-11-07	Barneveld (NED)
43.	van Staveren Marina	78	08-021	2:31.15	25m	17-11-13	Almere-Stad (NED)
44.	Vink Marjolein	93	08-021	2:31.36	25m	30-9-07	Volendam (NED)
45.	van Ballegooie Simone	84	08-021	2:31.40	25m	19-4-98	Zaandam (NED)
46.	Schuyt Simone	75	08-021	2:31.60	25m	12-11-89	Assendelft (NED)
47.	van der Geest Saskia	73	08-021	2:31.70	25m	18-2-89	
48.	Meijer Linda	77	08-021	2:32.20	25m	15-1-94	
49.	Teufer Irene	96	08-021	2:32.38	25m	20-1-08	Zaandam (NED)
50.	Dijkstra Lisette	86	08-021	2:32.40	25m	19-4-98	Zaandam (NED)
51.	Zonneveld Chantal	84	08-021	2:32.45	25m	12-3-00	Heemskerk (NED)
52.	van Rookhuizen Sieta	79	08-021	2:32.60	25m	19-4-98	Zaandam (NED)
53.	Butter Anouk	82	08-021	2:33.07	25m	31-5-01	Heemskerk (NED)
54.	Vredenburg Roos	95	08-021	2:33.51	25m	27-2-10	Hoorn (NED)
55.	Jongema Helena	80	08-021	2:33.86	25m	16-3-08	Amersfoort (NED)
56.	van Honk Chantal	80	08-021	2:35.30	25m	23-2-92	Zaandam (NED)
57.	Blaauw Yente	03	08-021	2:36.20	25m	16-3-17	Heemskerk (NED)
58.	Siemerink Laura	04	08-021	2:36.82	25m	12-4-18	Heemskerk (NED)
59.	Scholten Britt	04	08-021	2:37.10	25m	20-5-18	Purmerend (NED)
60.	Hogema Fabiën	93	08-021	2:37.22	25m	26-11-06	Heemskerk (NED)
61.	de Ruijter Linda	87	08-021	2:37.33	25m	26-9-02	Heemskerk
62.	van Eerden Meike	00	08-021	2:37.35	25m	12-4-18	Heemskerk (NED)
63.	Niesten Iris	92	08-021	2:37.56	25m	15-11-09	Haarlem (NED)
64.	de Boer Angela	80	08-021	2:37.80	25m	16-10-94	Heemskerk (NED)
65.	van Sikkelerus Lisa	99	08-021	2:38.80	25m	8-12-13	Amstelveen (NED)
66.	Hermans Liesbeth	66	08-021	2:39.20	25m	2-11-80	Castricum (NED)
67.	Boekling Annette	85	08-021	2:39.25	25m	27-9-01	Heemskerk
68.	Windmuller Wendy	69	08-021	2:39.80	25m	16-1-83	Heemskerk (NED)
69.	Heus Pauline	78	08-021	2:40.00	25m	14-4-96	Zaandam (NED)
70.	Pover Karin	67	08-021	2:41.00	25m	17-1-82	
71.	Oudendijk Bianca	79	08-021	2:41.10	25m	17-2-94	Heemskerk
71.	Krouwels Tanja	79	08-021	2:41.10	25m	15-2-98	Assendelft (NED)
71.	van Koeveringe Nicole	93	08-021	2:41.10	25m	26-11-06	Heemskerk (NED)
74.	van Langelaar Tessa	97	08-021	2:41.22	25m	10-3-13	Schagen (NED)
75.	Renkema Iris	04	08-021	2:41.45	25m	12-3-17	Purmerend (NED)
76.	Visser Stacey	87	08-021	2:41.69	25m	27-9-01	Heemskerk
77.	de Graaf Annemiek	70	08-021	2:41.80	25m	30-11-86	Heemskerk (NED)
78.	Ivens Suzanne	99	08-021	2:42.19	25m	21-3-13	Heemskerk (NED)
79.	de Boer Claudia	77	08-021	2:42.20	25m	22-4-90	Heemstede (NED)
80.	Tholen Kirsten	66	08-021	2:42.30	25m	6-2-83	
81.	Hofland Yasmin	01	08-021	2:42.97	25m	12-4-18	Heemskerk (NED)
82.	ten Cate Ilona	85	08-021	2:43.01	25m	27-11-05	Heemskerk (NED)
83.	Zonneveld Melissa	88	08-021	2:44.06	25m	13-3-05	Amsterdam (NED)
84.	de Boer Maia	03	08-021	2:44.07	50m	21-5-17	Alkmaar (NED)
85.	Plokker Sylvia	68	08-021	2:44.60	25m	17-5-81	Castricum (NED)
86.	Dijkstra Ingrid	68	08-021	2:44.80	25m	14-3-82	
87.	van Galen Angela	65	08-021	2:44.90	25m	23-5-81	Heemskerk (NED)
88.	van Huisstede Nikita	01	08-021	2:45.31	25m	2-10-16	Purmerend (NED)
89.	Bruin Marianne	78	08-021	2:45.50	25m	3-2-91	Zaandam (NED)

200 vrije slag (sinds 90)

90.	Grul Lisanne	97	08-021	2:45.54	25m	21-3-13	Heemskerk (NED)
91.	Bos Marieke	06	08-021	2:45.79	25m	12-4-18	Heemskerk (NED)
92.	Oosterveen Yvonne	80	08-021	2:45.80	25m	5-4-92	Heemskerk (NED)
93.	Rodenburg Rianne	93	08-021	2:46.07	25m	26-11-06	Heemskerk (NED)
94.	Lindelauf Priscilla	85	08-021	2:46.16	25m	14-1-01	Heemskerk (NED)
95.	Raszinski Nienke	01	08-021	2:46.62	25m	26-1-14	Zaandam (NED)
96.	Poppema Yvonne	68	08-021	2:46.70	25m	12-2-84	Heemskerk (NED)
97.	de Graaf Dinie	71	08-021	2:47.00	25m	23-9-84	Heemskerk (NED)
98.	Bouwman Esther	63	08-021	2:47.30	25m	21-4-79	Deinze (BEL)
99.	Walraven Annet	62	08-021	2:47.80	25m	7-5-78	Assendelft (NED)
100.	Angenent Nienke	01	08-021	2:48.12	25m	6-3-14	Heemskerk (NED)
101.	ten Cate Joyce	80	08-021	2:48.82	25m	25-4-02	Heemskerk
102.	van Giezen Irene	67	08-021	2:49.40	25m	16-1-83	Heemskerk (NED)
102.	Zonneveld Cindy	75	08-021	2:49.40	25m	20-3-93	
104.	van Rijn Sydney	03	08-021	2:49.65	25m	12-4-18	Heemskerk (NED)
105.	Bos Chantal	74	08-021	2:49.70	25m	18-2-89	
106.	de Wildt Maud	05	08-021	2:49.94	25m	12-4-18	Heemskerk (NED)
107.	Cappelle Carlijn	82	08-021	2:50.30	25m	23-1-97	Heemskerk
108.	Venema Jalina	04	08-021	2:50.36	25m	12-3-17	Purmerend (NED)
109.	Visser Shana	04	08-021	2:50.56	25m	17-3-16	Heemskerk (NED)
109.	de Wolff Isabel	01	08-021	2:50.56	25m	17-3-16	Heemskerk (NED)
111.	Deiman Caroline	67	08-021	2:51.00	25m	17-2-94	Heemskerk
112.	van Giezen Corina	68	08-021	2:51.20	25m	22-1-84	Zandvoort (NED)
113.	Knight Kayleigh	00	08-021	2:51.30	25m	16-3-17	Heemskerk (NED)
114.	van Ballegooie Stefanie	86	08-021	2:51.89	25m	14-1-01	Heemskerk (NED)
115.	Moolevliet Petra	82	08-021	2:51.90	25m	29-10-95	Castricum (NED)
116.	Limmen Miriam	75	08-021	2:52.20	25m	24-3-91	Zaandam (NED)
117.	Veldhuis Amelia	03	08-021	2:52.85	25m	12-4-18	Heemskerk (NED)
118.	de Vriend Sofie	01	08-021	2:52.93	25m	27-1-13	Zaandam (NED)
119.	Koper Birgit	87	08-021	2:53.03	25m	19-1-03	Zaandam
120.	de Vries Chrissie	93	08-021	2:53.53	25m	25-10-07	Heemskerk (NED)
121.	Regelink Anneke	83	08-021	2:53.73	25m	25-11-99	Heemskerk
122.	Peters Yvonne	63	08-021	2:54.00	25m	12-2-84	Heemskerk (NED)
123.	van Duin Margret	60	08-021	2:54.10	25m	8-1-77	Heemskerk (NED)
124.	Munnik Yvonne	64	08-021	2:54.30	25m	7-5-78	Assendelft (NED)
125.	van Assema Eline	05	08-021	2:54.39	25m	12-4-18	Heemskerk (NED)
126.	Huneker Jolanda	79	08-021	2:55.11	25m	17-1-99	Heemskerk (NED)
127.	Molenaar Eline	82	08-021	2:55.30	25m	20-2-00	Assendelft (NED)
128.	Hommersen Sandra	84	08-021	2:55.60	25m	9-4-98	Heemskerk (NED)
129.	Dijkstra Maud	84	08-021	2:56.00	25m	11-12-97	Heemskerk (NED)
130.	Wieman Lianne	03	08-021	2:56.02	25m	1-10-17	Purmerend (NED)
131.	Bakkum Wilma	62	08-021	2:56.10	25m	30-11-80	Heemskerk (NED)
132.	Bakker Jesca	79	08-021	2:56.30	25m	1-3-90	Heemskerk (NED)
133.	van Velsen Patricia	79	08-021	2:56.60	25m	23-2-95	Heemskerk (NED)
134.	Nijman José	93	08-021	2:56.92	25m	5-10-08	Heemskerk (NED)
135.	Limmen Anita	78	08-021	2:57.00	25m	16-2-94	
136.	de Groot Marlijn	92	08-021	2:57.20	25m	28-11-04	Heemskerk (NED)
137.	Hoek Laura	86	08-021	2:57.69	25m	21-11-99	Heemskerk (NED)
138.	van Giezen Sandra	63	08-021	2:57.90	25m	30-11-80	Heemskerk (NED)
139.	de Vries Justine	83	08-021	2:58.10	25m	3-11-96	Zaandam (NED)
140.	van Vliet Isabel	02	08-021	2:58.95	25m	1-10-17	Purmerend (NED)
141.	de Vries Cathy	77	08-021	2:59.10	25m	22-9-91	Zaandam (NED)
142.	Liefting Sarina	93	08-021	2:59.69	25m	26-11-06	Heemskerk (NED)

200 vrije slag (sinds 143)

143.	Steenkamp Ciska	90	08-021	3:00.79	25m	16-9-01	Zaandam (NED)
144.	Nijholt Carin	60	08-021	3:00.80	25m	12-2-78	Heemskerk (NED)
144.	Dreyer Elly	63	08-021	3:00.80	25m	21-4-79	Deinze (BEL)
146.	Nemchonok Alisa	82	08-021	3:00.88	25m	24-1-99	Assendelft (NED)
147.	Essers Patricia	84	08-021	3:01.32	25m	11-3-01	Zaandam (NED)
148.	de Groot Linda	81	08-021	3:01.97	25m	21-11-99	Heemskerk (NED)
149.	Bruin Adri	74	08-021	3:02.10	25m	19-2-89	Heemskerk (NED)
150.	Mulder Amy	80	08-021	3:02.30	25m	16-2-94	
151.	de Loos Marijke	94	08-021	3:04.29	25m	3-10-10	Zaandam (NED)
152.	Huisman Jolanda	68	08-021	3:04.80	25m	22-1-84	Zandvoort (NED)
153.	van Kooten Cynthia	93	08-021	3:04.87	25m	26-11-06	Heemskerk (NED)
154.	Niesten Annet	62	08-021	3:06.00	25m	8-1-77	Heemskerk (NED)
154.	de Jong Desire	73	08-021	3:06.00	25m	8-11-87	Heemskerk (NED)
156.	Besse Meta	78	08-021	3:07.40	25m	4-10-92	Assendelft (NED)
157.	Sobh Shaime	03	08-021	3:07.48	25m	19-2-15	Heemskerk (NED)
158.	van der Horst Sacha	69	08-021	3:07.50	25m	5-4-81	Heemskerk (NED)
159.	Buur Cindy	99	08-021	3:07.71	25m	19-2-15	Heemskerk (NED)
160.	Stel Kaylin	01	08-021	3:07.73	25m	28-3-10	Zeist (NED)
161.	Martens landra	03	08-021	3:09.63	25m	19-4-15	Zaandam (NED)
162.	Windmuller Annemarie	67	08-021	3:11.00	25m	27-1-80	Zaandam (NED)
162.	Potemans Priscilla	84	08-021	3:11.00	25m	26-10-97	Heemskerk (NED)
164.	van Leen Cynthia	81	08-021	3:11.20	25m	29-9-96	Haarlem (NED)
165.	Keessen Pam	62	08-021	3:11.30	25m	12-2-78	Heemskerk (NED)
166.	van Putten Demi	96	08-021	3:11.34	25m	13-3-11	Heemskerk (NED)
167.	Meesters Audrey	90	08-021	3:11.40	25m	17-11-02	Heemskerk
168.	Smit Lydia	84	08-021	3:11.69	25m	17-10-99	Assendelft (NED)
169.	Zonneveld Monica	80	08-021	3:11.80	25m	12-4-92	Heemstede (NED)
170.	Visser Robin	05	08-021	3:11.91	25m	7-5-17	Zaandam (NED)
171.	Viel Bianca	85	08-021	3:12.14	25m	25-11-99	Heemskerk
172.	Horst Diana	67	08-021	3:12.30	25m	23-5-81	Heemskerk (NED)
173.	Bakker Daniëlle	96	08-021	3:13.81	25m	10-5-08	Purmerend (NED)
174.	van de Kamp Yvonne	65	08-021	3:14.00	25m	14-3-81	Heemskerk (NED)
175.	Pover Ellen	72	08-021	3:14.30	25m	2-9-84	Heemskerk (NED)
176.	Schaefer Lisa	06	08-021	3:14.76	25m	12-4-18	Heemskerk (NED)
177.	de Graaf Isabella	04	08-021	3:14.82	25m	12-3-17	Purmerend (NED)
178.	Gelsumino Giulia	03	08-021	3:14.85	25m	19-2-15	Heemskerk (NED)
179.	Bos Annelies	74	08-021	3:15.60	25m	29-11-87	Amstelveen (NED)
180.	Beeksma Anne	88	08-021	3:15.91	25m	17-3-02	Zaandam
181.	Zijlstra Mariëlle	83	08-021	3:16.80	25m	29-10-95	Castricum (NED)
182.	Koopman Jessie	97	08-021	3:17.38	25m	18-4-10	Zaandam (NED)
183.	van Leeuwen Andrea	71	08-021	3:18.60	25m	7-3-82	
184.	Bakker Lisette	83	08-021	3:19.20	25m	9-4-98	Heemskerk (NED)
185.	Bakker Anna	97	08-021	3:19.24	25m	25-1-09	Zaandam (NED)
186.	Mosch Sabina	84	08-021	3:19.30	25m	26-10-97	Heemskerk (NED)
187.	Sierra Ana Maria	69	08-021	3:23.00	25m	14-3-81	Heemskerk (NED)
188.	Groot Tineke	60	08-021	3:23.20	25m	8-1-77	Heemskerk (NED)
189.	Terhorst Ilja	67	08-021	3:23.30	25m	2-11-80	Castricum (NED)
190.	Jansen Pauline	67	08-021	3:23.40	25m	16-1-83	Heemskerk (NED)
191.	Berloth Lydia	68	08-021	3:23.90	25m	23-5-81	Heemskerk (NED)
192.	Palthe Yvonne	67	08-021	3:24.10	25m	23-5-81	Heemskerk (NED)
193.	Groot Irma	63	08-021	3:24.80	25m	8-1-77	Heemskerk (NED)
193.	Cappelle Marcella	85	08-021	3:24.80	25m	26-10-97	Heemskerk (NED)
195.	van Rijn Eline	07	08-021	3:24.97	25m	27-11-16	Zaandam (NED)

200 vrije slag (sinds 196)

196.	Dekker Elise	97	08-021	3:24.99	25m	19-2-06	Zaandam (NED)
197.	van Son Sandra	72	08-021	3:25.10	25m	2-9-84	Heemskerk (NED)
198.	Feenstra Petra	71	08-021	3:26.30	25m	23-9-84	Heemskerk (NED)
199.	van Perlo Ingrid	73	08-021	3:26.40	25m	2-9-84	Heemskerk (NED)
200.	Huisman Lianne	87	08-021	3:26.80	25m	31-5-01	Heemskerk (NED)
201.	Yayli Serina	90	08-021	3:27.06	25m	17-11-02	Heemskerk
202.	Kerkhoven Michelle	91	08-021	3:27.61	25m	29-9-05	Heemskerk (NED)
203.	Beentjes Nicolet	80	08-021	3:27.90	25m	16-11-97	Zaandam (NED)
204.	Bouwer Jolien	89	08-021	3:28.30	25m	20-12-01	Heemskerk
205.	Aafjes Suzan	69	08-021	3:28.50	25m	23-5-81	Heemskerk (NED)
206.	Last Rooske	94	08-021	3:28.68	25m	3-10-10	Zaandam (NED)
207.	Schelvis Liselot	92	08-021	3:30.06	25m	29-4-04	Heemskerk (NED)
208.	Beentjes Daphne	91	08-021	3:32.26	25m	29-4-04	Heemskerk (NED)
209.	Rijpkema Marije	85	08-021	3:32.28	25m	30-5-02	Heemskerk
210.	Ardicyaka Irem	06	08-021	3:33.13	25m	12-4-18	Heemskerk (NED)
211.	Schijf Irene	83	08-021	3:35.00	25m	8-6-95	Heemskerk (NED)
212.	Kesting Alexandra	00	08-021	3:35.22	25m	17-4-11	Zaandam (NED)
213.	Lensen Sarian	89	08-021	3:37.88	25m	17-11-02	Heemskerk
214.	Boere Sacha	91	08-021	3:37.90	25m	28-4-05	Heemskerk (NED)
215.	van der Wijden Eline	88	08-021	3:38.14	25m	31-5-01	Heemskerk (NED)
216.	Rasch Monique	66	08-021	3:42.00	25m	23-5-81	Heemskerk (NED)
217.	Zeeman Judith	70	08-021	3:44.20	25m	14-3-81	Heemskerk (NED)
218.	van Giezen Wendy	70	08-021	3:44.90	25m	14-3-81	Heemskerk (NED)
219.	Salem Lamies	03	08-021	3:45.01	25m	14-1-18	Purmerend (NED)
220.	Aardenburg Judith	93	08-021	3:45.70	25m	29-9-05	Heemskerk (NED)
221.	Pezo Adna	90	08-021	3:47.63	25m	31-5-01	Heemskerk (NED)
222.	Eijndhoven Jonna	02	08-021	3:47.71	25m	9-12-12	Zaandam (NED)
223.	Liefting Marielle	90	08-021	3:48.46	25m	30-5-02	Heemskerk
224.	van den Braber Liesbeth	84	08-021	3:48.50	25m	15-2-98	Assendelft (NED)
225.	van Tol Sarjenka	97	08-021	3:49.82	25m	12-10-08	Zaandam (NED)
226.	Elghandor Kiyaan	03	08-021	3:50.53	25m	15-12-13	Zaandam (NED)
227.	Snijder Femke	83	08-021	3:50.80	25m	13-4-94	
228.	van Noort Jony	85	08-021	3:56.50	25m	8-6-95	Heemskerk (NED)
229.	Verhagen Sabine	71	08-021	3:56.60	25m	23-9-84	Heemskerk (NED)
229.	Dijkstra Pascal	89	08-021	3:56.60	25m	19-3-98	Heemskerk (NED)
231.	Reuderink Miranda	63	08-021	3:57.50	25m	8-1-77	Heemskerk (NED)
232.	Rodenburg Kyra	96	08-021	3:58.92	25m	23-10-05	Zaandam (NED)
233.	Koper Ella	90	08-021	3:59.26	25m	31-5-01	Heemskerk (NED)
234.	Boonstra Esmé	02	08-021	4:03.16	25m	9-12-12	Zaandam (NED)
235.	Hoeksema Kim	90	08-021	4:19.20	25m	31-5-01	Heemskerk (NED)
236.	van 't Hof Manon	90	08-021	4:22.51	25m	30-5-02	Heemskerk
237.	van Duivenvoorde Sanne	93	08-021	4:26.63	25m	30-5-02	Heemskerk
238.	Geluk Mabelle	73	08-021	4:53.19	50m	4-6-11	Apeldoorn (NED)
239.	Zonneveld Jennifer	88	08-021	4:56.16	25m	31-5-01	Heemskerk (NED)

250 vrije slag

1.	Stel Kaylin	01	08-021	5:19.71	OW	6-9-09	Vlissingen (NED)
2.	de Wildt Maud	05	08-021	6:09.15	OW	26-7-14	Anna-Paulowna (NED)

300 vrije slag

1. Schelvis Femke	84	08-021	3:27.55	25m	17-12-04	Drachten (NED)	
2. Crok Linda	94	08-021	3:38.23	25m	25-4-11	Haarlem (NED)	
3. Vink Lidewij	90	08-021	3:40.07	25m	18-5-06	Heemskerk (NED)	
4. Broek Jade	97	08-021	3:44.41	25m	4-10-15	Purmerend (NED)	
5. Hoek Daniëlle	88	08-021	3:47.20	25m	18-5-06	Heemskerk (NED)	
6. Hoekstra Eline	03	08-021	3:47.80	25m	19-5-18	Purmerend (NED)	
7. Stel Serena	98	08-021	3:50.73	25m	29-1-10	Heerenveen (NED)	
8. Koster Lisa	94	08-021	3:50.85	50m	17-5-08	Beverwijk (NED)	433
9. Palmboom Nicole	91	08-021	3:51.10	25m	18-5-06	Heemskerk (NED)	
10. van de Poll Marianne	89	08-021	3:51.98	25m	29-4-04	Heemskerk (NED)	
11. Groen Anne	95	08-021	3:52.00	25m	25-4-11	Haarlem (NED)	
12. van der Gracht Anouk	89	08-021	3:52.29	25m	18-5-13	Purmerend (NED)	
13. de Groot Daniëlle	93	08-021	3:55.78	50m	11-4-08	Antwerpen (BEL)	406
14. Kleijne Daisy	89	08-021	3:56.50	25m	29-4-04	Heemskerk (NED)	
15. Teufer Irene	96	08-021	3:58.28	25m	30-3-08	Zaandam (NED)	
16. Stins Mariska	84	08-021	4:01.45	25m	29-4-04	Heemskerk (NED)	
17. Koopman Anitra	89	08-021	4:02.06	25m	29-4-04	Heemskerk (NED)	
18. Meijer Sylvia	81	08-021	4:02.20	25m	19-4-98	Zaandam (NED)	
19. Buur Naomi	01	08-021	4:02.95	25m	7-6-14	Purmerend (NED)	
20. Essers Sanne	91	08-021	4:05.80	25m	14-10-07	Zaandam (NED)	
21. de Ruijter Linda	87	08-021	4:07.06	25m	29-4-04	Heemskerk (NED)	
22. Mallon Danique	94	08-021	4:08.45	25m	14-10-07	Zaandam (NED)	
23. Hogema Fabiën	93	08-021	4:13.63	25m	18-5-06	Heemskerk (NED)	
24. Butter Anouk	82	08-021	4:14.06	25m	29-4-04	Heemskerk (NED)	
25. Vink Marjolein	93	08-021	4:16.78	25m	14-10-07	Zaandam (NED)	
26. Jongema Helena	80	08-021	4:17.20	50m	18-9-09	Cadiz (ESP)	313
27. Heus Pauline	78	08-021	4:23.79	25m	29-4-04	Heemskerk (NED)	
28. ten Cate Ilona	85	08-021	4:25.58	25m	18-5-06	Heemskerk (NED)	
29. Niesten Iris	92	08-021	4:27.05	25m	18-5-06	Heemskerk (NED)	
30. Visser Kelly	89	08-021	4:28.39	25m	21-1-01	Heemskerk (NED)	
31. Ivens Suzanne	99	08-021	4:31.38	25m	18-5-13	Purmerend (NED)	
32. ten Cate Joyce	80	08-021	4:36.25	25m	29-4-04	Heemskerk (NED)	
33. de Haan Shira	00	08-021	4:44.01	25m	18-5-13	Purmerend (NED)	
34. van Koeveringe Nicole	93	08-021	4:44.73	25m	23-10-05	Zaandam (NED)	
35. Steenkamp Ciska	90	08-021	4:51.03	25m	4-11-01	Heemskerk	
36. van Kooten Cynthia	93	08-021	5:03.13	25m	12-1-06	Heemskerk (NED)	
37. Stel Kaylin	01	08-021	5:03.48	25m	7-2-10	Zaandam (NED)	
38. Nijman José	93	08-021	5:09.99	25m	14-10-07	Zaandam (NED)	
39. Rodenburg Rianne	93	08-021	5:13.29	25m	23-10-05	Zaandam (NED)	
40. Liefing Sarina	93	08-021	5:15.49	25m	23-10-05	Zaandam (NED)	
41. Dekker Elise	97	08-021	5:17.66	25m	19-2-06	Zaandam (NED)	
42. Beentjes Daphne	91	08-021	5:28.04	25m	29-4-04	Heemskerk (NED)	
43. Schelvis Liselot	92	08-021	5:40.19	25m	16-11-03	Heemskerk (NED)	
44. Kesting Alexandra	00	08-021	5:41.26	25m	17-4-11	Zaandam (NED)	

400 vrije slag

1.	Schelvis Femke	84	08-021	4:32.44	25m	14-11-04	Heemskerk (NED)
2.	Crok Linda	94	08-021	4:50.50	25m	25-4-11	Haarlem (NED)
3.	Vink Lidewij	90	08-021	4:54.59	25m	18-5-06	Heemskerk (NED)
4.	Drubers Mirjam	67	08-021	4:55.60	25m	26-1-86	Castricum (NED)
5.	Smit Sanne	01	08-021	4:58.85	25m	26-11-17	Amsterdam (NED)
6.	Hoek Daniëlle	88	08-021	5:01.12	25m	18-5-06	Heemskerk (NED)
7.	Groen Anne	95	08-021	5:01.68	25m	1-10-17	Purmerend (NED)
8.	Koster Lisa	94	08-021	5:02.29	25m	18-11-07	Alkmaar (NED)
9.	Hoekstra Eline	03	08-021	5:02.91	25m	19-5-18	Purmerend (NED)
10.	Broek Jade	97	08-021	5:04.72	25m	4-10-15	Purmerend (NED)
11.	de Groot Daniëlle	93	08-021	5:05.33	25m	12-5-08	Purmerend (NED)
12.	Stel Serena	98	08-021	5:06.13	25m	28-3-10	Zeist (NED)
13.	Schelvis Roos	86	08-021	5:06.22	25m	30-5-02	Heemskerk
14.	van 't Veer Iris	03	08-021	5:08.15	25m	2-4-18	Haarlem (NED)
15.	Palmboom Nicole	91	08-021	5:08.81	25m	18-5-06	Heemskerk (NED)
16.	Stam Vanessa	80	08-021	5:09.30	25m	22-2-98	Zaandam (NED)
17.	Kleijne Daisy	89	08-021	5:10.46	25m	1-5-05	Zaandam (NED)
18.	van der Gracht Anouk	89	08-021	5:11.00	25m	31-5-07	Heemskerk (NED)
19.	van de Poll Marianne	89	08-021	5:12.47	25m	9-6-03	Z.o. Beemster
20.	de Haan Shira	00	08-021	5:13.43	25m	17-4-17	Haarlem (NED)
21.	Hulshof Saskia	73	08-021	5:15.40	25m	11-3-90	Heemskerk (NED)
22.	Verbree Bets	63	08-021	5:15.70	25m	5-4-81	Heemskerk (NED)
23.	Besse Karen	75	08-021	5:16.50	25m	10-3-91	Heemskerk (NED)
23.	Limmen Karin	76	08-021	5:16.50	25m	24-4-93	
25.	Kingma Danae	00	08-021	5:17.00	25m	19-10-14	Zaandam (NED)
26.	Buur Naomi	01	08-021	5:17.34	25m	6-4-15	Haarlem (NED)
27.	de Boer Irene	84	08-021	5:18.40	25m	19-4-98	Zaandam (NED)
28.	Koopman Anitra	89	08-021	5:18.44	25m	28-4-05	Heemskerk (NED)
29.	van der Kroft Nicole	84	08-021	5:18.89	25m	30-5-02	Heemskerk
30.	Stins Mariska	84	08-021	5:19.17	25m	30-5-02	Heemskerk
31.	Teufer Irene	96	08-021	5:20.06	25m	30-3-08	Zaandam (NED)
32.	Meijer Sylvia	81	08-021	5:20.40	25m	19-3-98	Heemskerk (NED)
33.	Wentink Yara	04	08-021	5:20.57	25m	19-5-18	Purmerend (NED)
34.	Kramer Miranda	80	08-021	5:20.60	25m	19-3-98	Heemskerk (NED)
35.	van der Geest Saskia	73	08-021	5:21.20	25m	6-10-88	Heemskerk (NED)
36.	Crok Annemarie	89	08-021	5:22.62	25m	28-4-05	Heemskerk (NED)
37.	Stam Sabrina	82	08-021	5:25.00	25m	22-2-98	Zaandam (NED)
38.	Vredenburg Roos	95	08-021	5:25.15	25m	22-5-10	Purmerend (NED)
39.	van Rookhuizen Sieta	79	08-021	5:26.92	25m	28-2-99	Zaandam (NED)
40.	Essers Sanne	91	08-021	5:27.37	50m	20-4-07	Antwerpen (BEL)
41.	van Staveren Marina	78	08-021	5:29.02	25m	22-5-11	Grootebroek (NED)
42.	Mallon Danique	94	08-021	5:30.28	25m	9-12-07	Zaandam (NED)
43.	Zonneveld Chantal	84	08-021	5:31.40	25m	30-3-00	Heemskerk (NED)
44.	de Ruijter Linda	87	08-021	5:31.42	25m	29-4-04	Heemskerk (NED)
45.	Jongema Helena	80	08-021	5:31.62	25m	25-5-08	Grootebroek (NED)
46.	Dijkstra Lisette	86	08-021	5:34.30	25m	24-5-98	Zaandam (NED)
47.	Schuyt Simone	75	08-021	5:34.50	25m	5-10-88	
48.	de Graaf Annemiek	70	08-021	5:36.10	25m	22-3-87	Heerhugowaard (NED)
49.	Meijer Linda	77	08-021	5:37.20	25m	24-4-93	
50.	Butter Anouk	82	08-021	5:37.38	25m	25-5-00	Heemskerk (NED)
51.	de Boer Claudia	77	08-021	5:37.50	25m	10-3-91	Heemskerk (NED)
52.	de Boer Angela	80	08-021	5:37.60	25m	8-6-95	Heemskerk (NED)
53.	van Ballegooie Simone	84	08-021	5:38.04	25m	30-3-00	Heemskerk (NED)

400 vrije slag (sinds 54)

54.	Hogema Fabiën	93	08-021	5:40.82	25m	18-5-06	Heemskerk (NED)	
55.	Visser Kelly	89	08-021	5:42.43	25m	31-5-01	Heemskerk (NED)	
56.	Hermans Liesbeth	66	08-021	5:43.00	25m	24-1-82		
57.	van Honk Chantal	80	08-021	5:43.60	25m	19-1-92		
58.	van Koeveringe Nicole	93	08-021	5:43.99	50m	29-3-09	Alkmaar (NED)	324
59.	Oudendijk Bianca	79	08-021	5:44.00	25m	17-12-94		
60.	Vink Marjolein	93	08-021	5:44.72	50m	29-3-09	Alkmaar (NED)	322
61.	Bos Marieke	06	08-021	5:44.96	25m	19-11-17	Hoofddorp (NED)	
62.	Krouwels Tanja	79	08-021	5:47.00	25m	19-3-98	Heemskerk (NED)	
63.	ten Cate Ilona	85	08-021	5:47.08	25m	28-4-05	Heemskerk (NED)	
64.	Zonneveld Cindy	75	08-021	5:50.80	25m	13-4-94		
65.	Tholen Kirsten	66	08-021	5:51.00	25m	27-2-83	Assendelft (NED)	
66.	Heus Pauline	78	08-021	5:51.10	25m	21-9-97	Alkmaar (NED)	
67.	van Galen Angela	65	08-021	5:54.00	25m	14-3-81	Heemskerk (NED)	
68.	Dijkstra Ingrid	68	08-021	5:54.70	25m	27-2-83	Assendelft (NED)	
69.	Niesten Iris	92	08-021	5:57.33	25m	18-5-06	Heemskerk (NED)	
70.	Renkema Iris	04	08-021	5:57.56	25m	14-6-15	Zaandam (NED)	
71.	Ivens Suzanne	99	08-021	5:58.02	25m	18-5-13	Purmerend (NED)	
72.	Oosterveen Yvonne	80	08-021	5:58.10	25m	26-9-92		
73.	Visser Stacey	87	08-021	5:58.57	25m	5-11-00	Zaandam (NED)	
74.	Lindelauf Priscilla	85	08-021	6:00.08	25m	25-5-00	Heemskerk (NED)	
75.	Visser Shana	04	08-021	6:00.90	25m	5-11-17	Alkmaar (NED)	
76.	Cappelle Carlijn	82	08-021	6:01.10	25m	23-2-97	Zaandam (NED)	
77.	ten Cate Joyce	80	08-021	6:01.34	25m	30-5-02	Heemskerk	
78.	Pover Karin	67	08-021	6:06.90	25m	22-3-87	Heerhugowaard (NED)	
79.	Siemerink Laura	04	08-021	6:08.49	25m	5-11-17	Alkmaar (NED)	
80.	Moolevliet Petra	82	08-021	6:08.70	25m	18-5-95	Heemskerk (NED)	
81.	Scholten Britt	04	08-021	6:09.40	25m	18-9-16	Zaandam (NED)	
82.	Bos Chantal	74	08-021	6:09.70	25m	5-10-88		
83.	van Velsen Patricia	79	08-021	6:10.00	25m	7-6-95		
84.	Smid Diane	65	08-021	6:10.90	25m	13-5-07	Grootebroek (NED)	
85.	Hoek Laura	86	08-021	6:10.98	25m	25-5-00	Heemskerk (NED)	
86.	Deiman Caroline	67	08-021	6:11.80	25m	19-3-89	Zaandam (NED)	
87.	Mulder Amy	80	08-021	6:11.90	25m	14-4-94	Heemskerk	
88.	Limmen Miriam	75	08-021	6:13.20	25m	30-6-93		
89.	de Boer Maia	03	08-021	6:13.23	25m	18-9-16	Zaandam (NED)	
90.	van Ballegooie Stefanie	86	08-021	6:14.56	25m	30-5-02	Heemskerk	
91.	Limmen Anita	78	08-021	6:17.80	25m	1-7-93	Heemskerk (NED)	
92.	Plokker Sylvia	68	08-021	6:17.90	25m	14-3-81	Heemskerk (NED)	
93.	Peters Yvonne	63	08-021	6:18.00	25m	27-2-83	Assendelft (NED)	
94.	Dijkstra Maud	84	08-021	6:19.00	25m	23-2-97	Zaandam (NED)	
95.	Huneker Jolanda	79	08-021	6:20.60	25m	21-9-97	Alkmaar (NED)	
96.	Blaauw Yente	03	08-021	6:21.60	25m	15-6-14	Zaandam (NED)	
97.	Boekling Annette	85	08-021	6:21.83	25m	30-5-02	Heemskerk	
98.	Essers Patricia	84	08-021	6:22.42	25m	30-3-00	Heemskerk (NED)	
99.	Steenkamp Ciska	90	08-021	6:27.30	25m	4-11-01	Heemskerk	
100.	Hommersen Sandra	84	08-021	6:27.90	25m	19-3-98	Heemskerk (NED)	
101.	Walraven Annet	62	08-021	6:28.50	25m	28-9-80	Zaandam (NED)	
101.	van der Eng Laura	80	08-021	6:28.50	25m	4-4-96	Heemskerk (NED)	
103.	Bakker Jesca	79	08-021	6:29.10	25m	28-12-89	Heemskerk (NED)	
104.	Bruin Adri	74	08-021	6:29.60	25m	19-3-89	Zaandam (NED)	
105.	de Vriend Sofie	01	08-021	6:30.06	25m	24-2-13	Zaandam (NED)	
106.	van Giezen Sandra	63	08-021	6:30.50	25m	5-4-81	Heemskerk (NED)	

400 vrije slag (sinds 107)

107.	Stel Kaylin	01	08-021	6:30.74	25m	28-3-10	Zeist (NED)	
108.	Molenaar Eline	82	08-021	6:32.47	25m	30-3-00	Heemskerk (NED)	
109.	Wieman Lianne	03	08-021	6:33.33	25m	18-9-16	Zaandam (NED)	
110.	Bouwer Jolien	89	08-021	6:36.29	25m	30-5-02	Heemskerk	
111.	de Vries Justine	83	08-021	6:42.30	25m	4-4-96	Heemskerk (NED)	
112.	Viel Bianca	85	08-021	6:44.78	25m	30-3-00	Heemskerk (NED)	
113.	de Wildt Maud	05	08-021	6:45.17	50m	2-4-17	Alkmaar (NED)	198
114.	Dreyer Elly	63	08-021	6:45.60	25m	13-4-80	Zaandam (NED)	
115.	Rodenburg Rianne	93	08-021	6:46.02	25m	23-10-05	Zaandam (NED)	
116.	van Giezen Irene	67	08-021	6:46.40	25m	5-4-81	Heemskerk (NED)	
117.	van Rijn Eline	07	08-021	6:48.61	25m	27-11-16	Zaandam (NED)	
118.	van Baar Monique	73	08-021	6:49.50	25m	6-10-88	Heemskerk (NED)	
119.	Nijman José	93	08-021	6:52.29	25m	14-10-07	Zaandam (NED)	
120.	van Assema Eline	05	08-021	6:53.19	50m	2-4-17	Alkmaar (NED)	187
121.	van Huisstede Nikita	01	08-021	6:55.18	25m	3-6-12	Zaandam (NED)	
122.	Liefting Sarina	93	08-021	6:55.62	25m	23-10-05	Zaandam (NED)	
123.	van Perlo Ingrid	73	08-021	6:59.00	25m	13-3-83	Castricum (NED)	
124.	Windmuller Annemarie	67	08-021	7:00.10	25m	14-3-81	Heemskerk (NED)	
125.	Bruin Marianne	78	08-021	7:00.40	25m	6-10-88	Heemskerk (NED)	
126.	Regelink Anneke	83	08-021	7:01.60	25m	4-4-96	Heemskerk (NED)	
127.	Zijlstra Mariëlle	83	08-021	7:03.50	25m	4-4-96	Heemskerk (NED)	
128.	Horst Diana	67	08-021	7:07.20	25m	14-3-81	Heemskerk (NED)	
129.	Dekker Elise	97	08-021	7:07.93	25m	19-2-06	Zaandam (NED)	
130.	van Kooten Cynthia	93	08-021	7:11.23	25m	3-12-06	Zaandam (NED)	
131.	van Giezen Corina	68	08-021	7:12.00	25m	14-3-81	Heemskerk (NED)	
132.	van der Horst Wendy	72	08-021	7:14.70	25m	31-12-81		
133.	Huisman Jolanda	68	08-021	7:17.10	25m	14-3-81	Heemskerk (NED)	
134.	Zonneveld Monica	80	08-021	7:17.50	25m	13-4-94		
135.	de Graaf Isabella	04	08-021	7:18.41	25m	18-9-16	Zaandam (NED)	
136.	Visser Robin	05	08-021	7:20.86	25m	24-1-16	Zaandam (NED)	
137.	Palthe Yvonne	67	08-021	7:20.90	25m	14-3-81	Heemskerk (NED)	
138.	Beentjes Daphne	91	08-021	7:22.66	25m	29-4-04	Heemskerk (NED)	
139.	Besse Meta	78	08-021	7:23.20	25m	13-4-94		
140.	Beentjes Nicolet	80	08-021	7:26.60	25m	4-4-96	Heemskerk (NED)	
141.	Schelvis Liselot	92	08-021	7:37.74	25m	16-11-03	Heemskerk (NED)	
142.	Kesting Alexandra	00	08-021	7:45.71	25m	17-4-11	Zaandam (NED)	
143.	Smit Lydia	84	08-021	7:50.60	25m	19-3-98	Heemskerk (NED)	
144.	Cappelle Marcella	85	08-021	7:52.50	25m	19-3-98	Heemskerk (NED)	
145.	Dijkstra Janet	77	08-021	8:01.00	25m	6-10-88	Heemskerk (NED)	
146.	Dijkstra Pascal	89	08-021	8:16.80	25m	22-2-98	Zaandam (NED)	
147.	Rasch Monique	66	08-021	8:27.90	25m	14-3-81	Heemskerk (NED)	
148.	Geluk Mabelle	73	08-021	9:54.06	50m	4-6-11	Apeldoorn (NED)	63

500 vrije slag

1.	Stel Serena	98	08-021	7:26.55	OW	2-8-09	Hoor (NED)	
2.	Bos Marieke	06	08-021	8:31.18	OW	23-7-16	Amstelveen (NED)	
3.	Koopman Anitra	89	08-021	8:51.08	OW	23-7-00	Amsterdam (NED)	
4.	Buur Naomi	01	08-021	9:10.10	OW	1-9-12	Wilhelminadorp (NED)	
5.	Vink Marjolein	93	08-021	9:22.60	OW	27-8-05	Tilburg (NED)	
6.	de Wildt Maud	05	08-021	11:57.51	OW	18-7-15	Amstelveen (NED)	
7.	Buur Cindy	99	08-021	14:05.57	OW	23-7-11	Anna-Paulowna (NED)	

800 vrije slag

1.	Schelvis Femke	84	08-021	9:32.54	25m	28-2-99	Zaandam (NED)	
2.	Crok Linda	94	08-021	10:11.36	25m	16-10-11	Zaandam (NED)	
3.	Vink Lidewij	90	08-021	10:13.37	25m	1-4-06	Zaandam (NED)	
4.	Stel Serena	98	08-021	10:13.69	25m	28-3-10	Zeist (NED)	
5.	Hoek Daniëlle	88	08-021	10:19.78	25m	17-10-04	Zaandam (NED)	
6.	Kingma Danae	00	08-021	10:34.87	25m	19-10-14	Zaandam (NED)	
7.	Kleijne Daisy	89	08-021	10:35.32	25m	1-4-06	Zaandam (NED)	
8.	Stam Vanessa	80	08-021	10:36.50	25m	22-2-98	Zaandam (NED)	
9.	Smit Sanne	01	08-021	10:36.60	25m	8-10-17	Alkmaar (NED)	
10.	Koster Lisa	94	08-021	10:39.38	25m	9-12-07	Zaandam (NED)	
11.	Teufer Irene	96	08-021	10:41.66	25m	30-3-08	Zaandam (NED)	
12.	van der Gracht Anouk	89	08-021	10:43.54	25m	3-2-08	Zaandam (NED)	
13.	Schelvis Roos	86	08-021	10:47.23	25m	4-11-01	Heemskerk	
14.	Essers Sanne	91	08-021	10:56.82	25m	27-10-07	Barneveld (NED)	
15.	Limmen Karin	76	08-021	11:00.20	25m	12-4-92	Heemstede (NED)	
16.	Groen Anne	95	08-021	11:03.36	25m	16-10-11	Zaandam (NED)	
17.	Besse Karen	75	08-021	11:03.90	25m	6-6-91	Heemskerk	
18.	van Rookhuizen Sieta	79	08-021	11:04.30	25m	14-4-94	Heemskerk	
19.	de Groot Daniëlle	93	08-021	11:05.30	25m	9-12-07	Zaandam (NED)	
20.	de Boer Irene	84	08-021	11:09.32	25m	5-11-00	Zaandam (NED)	
21.	Kramer Miranda	80	08-021	11:10.60	25m	22-2-98	Zaandam (NED)	
22.	Mallon Danique	94	08-021	11:12.78	25m	9-12-07	Zaandam (NED)	
23.	Hulshof Saskia	73	08-021	11:15.20	25m	22-4-90	Heemstede (NED)	
24.	Stins Mariska	84	08-021	11:18.69	25m	5-11-00	Zaandam (NED)	
25.	van der Kroft Nicole	84	08-021	11:20.64	25m	26-10-03	Zaandam	
26.	Stam Sabrina	82	08-021	11:29.30	25m	29-3-98	Heemstede (NED)	
27.	Dijkstra Lisette	86	08-021	11:29.50	25m	17-5-98	Den Helder (NED)	
28.	van de Poll Marianne	89	08-021	11:29.83	25m	16-11-03	Heemskerk (NED)	
29.	van Honk Chantal	80	08-021	11:30.20	25m	12-4-92	Heemstede (NED)	
30.	Koopman Anitra	89	08-021	11:31.66	25m	16-11-03	Heemskerk (NED)	
31.	de Boer Claudia	77	08-021	11:35.50	25m	8-4-90	Volendam (NED)	
32.	de Haan Shira	00	08-021	11:37.34	25m	18-10-15	Zaandam (NED)	
33.	Vink Marjolein	93	08-021	11:39.17	25m	14-10-07	Zaandam (NED)	
34.	de Ruijter Linda	87	08-021	11:39.46	25m	8-9-02	Heemskerk	
35.	Crok Annemarie	89	08-021	11:40.31	25m	16-11-03	Heemskerk (NED)	
36.	Meijer Sylvia	81	08-021	11:41.68	25m	24-10-99	Zaandam (NED)	
37.	de Boer Angela	80	08-021	11:46.00	25m	5-11-95	Volendam (NED)	
38.	Zonneveld Chantal	84	08-021	11:49.67	25m	23-1-00	Heemskerk (NED)	
39.	Butter Anouk	82	08-021	11:51.92	25m	17-10-04	Zaandam (NED)	
40.	Visser Kelly	89	08-021	11:52.74	25m	10-2-02	Zaandam	
41.	Hogema Fabiën	93	08-021	11:57.74	25m	3-12-06	Zaandam (NED)	
42.	Buur Naomi	01	08-021	12:01.21	50m	18-2-14	Beverwijk (NED)	303
43.	Wentink Yara	04	08-021	12:02.10	50m	15-4-18	Alkmaar (NED)	302
44.	Zonneveld Cindy	75	08-021	12:03.50	25m	22-4-90	Heemstede (NED)	
45.	Niesten Iris	92	08-021	12:06.37	25m	22-10-06	Zaandam (NED)	
46.	van Ballegooie Simone	84	08-021	12:08.80	25m	16-2-97	Volendam (NED)	
47.	Meijer Linda	77	08-021	12:09.10	25m	8-4-90	Volendam (NED)	
48.	Hermans Liesbeth	66	08-021	12:09.20	25m	10-1-82	Wormerveer (NED)	
49.	van Koeveringe Nicole	93	08-021	12:19.96	25m	3-12-06	Zaandam (NED)	
50.	Hoekstra Eline	03	08-021	12:20.36	25m	8-2-15	Zaandam (NED)	
51.	Renkema Iris	04	08-021	12:22.14	25m	7-2-16	Zaandam (NED)	
52.	Visser Stacey	87	08-021	12:38.83	25m	21-1-01	Heemskerk (NED)	
53.	van Ballegooie Stefanie	86	08-021	12:57.57	25m	5-11-00	Zaandam (NED)	

800 vrije slag (sinds 54)

54.	de Vriend Sofie	01	08-021	13:02.76	25m	24-2-13	Zaandam (NED)	
55.	Jongema Helena	80	08-021	13:10.26	50m	3-6-11	Apeldoorn (NED)	230
56.	Boekling Annette	85	08-021	13:27.82	25m	23-1-00	Heemskerk (NED)	
57.	Nijman José	93	08-021	13:41.68	25m	14-10-07	Zaandam (NED)	
58.	Steenkamp Ciska	90	08-021	13:56.79	25m	11-2-01	Zaandam (NED)	
59.	de Vries Cathy	77	08-021	13:58.10	25m	6-6-91	Heemskerk	
60.	van Kooten Cynthia	93	08-021	14:20.51	25m	3-12-06	Zaandam (NED)	
61.	Liefting Sarina	93	08-021	14:25.95	25m	20-3-05	Zaandam (NED)	
62.	Schelvis Liselot	92	08-021	15:20.84	25m	7-3-04	Zaandam	
63.	Geluk Mabelle	73	08-021	20:25.45	50m	4-6-11	Apeldoorn (NED)	61

1000 vrije slag

1.	Vink Lidewij	90	08-021	14:29.79	OW	8-7-06	Oss (NED)	
2.	Crok Linda	94	08-021	14:29.84	OW	10-7-10	Wijk en Aalburg (NED)	
3.	Crok Annemarie	89	08-021	14:53.23	OW	25-7-10	Langedijk (NED)	
4.	Essers Sanne	91	08-021	14:54.95	OW	23-7-06	Langedijk (NED)	
5.	van der Gracht Anouk	89	08-021	14:55.47	OW	5-7-09	Bodegraven (NED)	
6.	Kleijne Daisy	89	08-021	14:59.73	OW	5-7-09	Bodegraven (NED)	
7.	Koopman Anitra	89	08-021	15:11.73	OW	24-6-01	Breukelen (NED)	
8.	de Ruijter Linda	87	08-021	15:40.56	OW	8-7-01	Amsterdam (NED)	
9.	van Staveren Marina	78	08-021	15:45.07	OW	4-8-13	Amstelveen (NED)	
10.	Kramer Miranda	80	08-021	15:51.40	OW	2-7-95	Veghel (NED)	
11.	Hermans Liesbeth	66	08-021	15:56.50	OW	14-6-81	Amstelveen (NED)	
12.	Butter Anouk	82	08-021	15:59.15	OW	11-6-05	Gorinchem (NED)	
13.	Visser Kelly	89	08-021	16:23.59	OW	16-6-01	Spaarnwoude (NED)	
14.	Oudendijk Bianca	79	08-021	16:34.50	OW	12-7-94	Harderwijk (NED)	
15.	Hogema Fabiën	93	08-021	16:38.77	OW	2-7-06	Bodegraven (NED)	
16.	Meijer Sylvia	81	08-021	16:39.40	OW	2-7-95	Veghel (NED)	
17.	Smid Diane	65	08-021	16:39.99	OW	26-8-07	Oosterhout (NED)	
18.	Stins Mariska	84	08-021	16:43.50	OW	12-7-98	Amsterdam (NED)	
19.	Heus Pauline	78	08-021	16:45.90	OW	4-8-13	Amstelveen (NED)	
20.	de Haan Shira	00	08-021	16:59.66	OW	26-8-17	Eindhoven (NED)	
21.	Vink Marjolein	93	08-021	17:04.18	OW	5-7-08	Oss (NED)	
22.	van Giezen Corina	68	08-021	17:05.00	OW	17-6-84	Amstelveen (NED)	
23.	Visser Stacey	87	08-021	17:16.95	OW	16-6-01	Spaarnwoude (NED)	
24.	Windmuller Wendy	69	08-021	17:20.80	OW	30-6-83	Amstelveen (NED)	
25.	van Leeuwen Andrea	71	08-021	17:28.00	OW	17-6-84	Amstelveen (NED)	
26.	Niesten Iris	92	08-021	17:35.15	OW	19-8-06	Bussloo (NED)	
27.	van Rookhuizen Sieta	79	08-021	17:42.50	OW	4-9-94	Amsterdam (NED)	
28.	Buur Naomi	01	08-021	17:46.78	OW	25-8-13	Oosterhout (NED)	
29.	Dijkstra Ingrid	68	08-021	18:25.70	OW	30-6-83	Amstelveen (NED)	
30.	Poppema Yvonne	68	08-021	18:49.50	OW	17-6-84	Amstelveen (NED)	
31.	van Huisstede Nikita	01	08-021	19:27.30	OW	17-8-13	Heerjansdam (NED)	
32.	de Graaf Dinie	71	08-021	19:28.50	OW	17-6-84	Amstelveen (NED)	
33.	Buur Cindy	99	08-021	21:02.70	OW	17-8-13	Heerjansdam (NED)	

1250 vrije slag

1500 vrije slag

1.	Schelvis Femke	84	08-021	19:04.76	25m	23-1-00	Heemskerk (NED)	
2.	Crok Linda	94	08-021	19:23.75	25m	4-12-11	Zaandam (NED)	
3.	Vink Lidewij	90	08-021	19:28.97	25m	12-1-06	Heemskerk (NED)	
4.	Hoek Daniëlle	88	08-021	20:03.26	25m	14-11-04	Heemskerk (NED)	
5.	Kleijne Daisy	89	08-021	20:17.52	25m	12-1-06	Heemskerk (NED)	
6.	Schelvis Roos	86	08-021	20:20.21	25m	4-11-01	Heemskerk	
7.	van der Gracht Anouk	89	08-021	20:26.00	25m	3-2-08	Zaandam (NED)	
8.	Smit Sanne	01	08-021	20:34.89	50m	15-4-18	Alkmaar (NED)	420
9.	de Groot Daniëlle	93	08-021	21:01.65	25m	9-12-07	Zaandam (NED)	
10.	de Boer Irene	84	08-021	21:16.67	25m	23-1-00	Heemskerk (NED)	
11.	Limmen Karin	76	08-021	21:25.00	25m	7-2-93	Volendam (NED)	
12.	Groen Anne	95	08-021	21:38.25	25m	19-12-10	Zaandam (NED)	
13.	Stins Mariska	84	08-021	21:41.94	25m	4-1-01	Heemskerk (NED)	
14.	Kramer Miranda	80	08-021	21:44.13	25m	11-2-01	Zaandam (NED)	
15.	Essers Sanne	91	08-021	21:45.01	25m	3-12-06	Zaandam (NED)	
16.	van de Poll Marianne	89	08-021	21:47.89	25m	16-11-03	Heemskerk (NED)	
17.	Koopman Anitra	89	08-021	21:53.80	25m	16-2-03	Zaandam	
18.	de Ruijter Linda	87	08-021	21:56.67	25m	1-12-02	Heemskerk	
19.	Crok Annemarie	89	08-021	22:14.20	25m	16-11-03	Heemskerk (NED)	
20.	Besse Karen	75	08-021	22:20.60	25m	29-12-88	Heemskerk (NED)	
21.	van Rookhuizen Sieta	79	08-021	22:21.97	25m	23-1-00	Heemskerk (NED)	
22.	Zonneveld Chantal	84	08-021	22:25.85	25m	23-1-00	Heemskerk (NED)	
23.	Wentink Yara	04	08-021	22:30.05	50m	15-4-18	Alkmaar (NED)	322
24.	Visser Kelly	89	08-021	22:30.91	25m	10-2-02	Zaandam	
25.	Buur Naomi	01	08-021	22:49.10	25m	9-2-14	Zaandam (NED)	
26.	Hogema Fabiën	93	08-021	22:56.00	25m	28-1-07	Zaandam (NED)	
27.	Butter Anouk	82	08-021	23:04.38	25m	14-11-04	Heemskerk (NED)	
28.	Vink Marjolein	93	08-021	23:15.85	25m	28-1-07	Zaandam (NED)	
29.	Mallon Danique	94	08-021	23:47.44	25m	28-1-07	Zaandam (NED)	
30.	de Boer Claudia	77	08-021	23:53.70	25m	17-3-90	Heerhugowaard (NED)	
31.	van Koevinge Nicole	93	08-021	24:03.62	25m	28-1-07	Zaandam (NED)	
32.	Meijer Linda	77	08-021	24:06.20	25m	17-3-90	Heerhugowaard (NED)	
33.	Niesten Iris	92	08-021	24:21.57	25m	3-12-06	Zaandam (NED)	
34.	Jongema Helena	80	08-021	24:45.29	50m	3-6-11	Apeldoorn (NED)	241
35.	Boekling Annette	85	08-021	25:17.81	25m	23-1-00	Heemskerk (NED)	
36.	van Staveren Marina	78	08-021	25:21.32	OW	22-7-12	Amsterdam (NED)	
37.	Heus Pauline	78	08-021	26:10.58	OW	21-7-13	Amsterdam (NED)	
38.	Hoek Laura	86	08-021	26:25.18	25m	5-3-00	Zaandam (NED)	
39.	Visser Stacey	87	08-021	26:44.41	25m	5-3-00	Zaandam (NED)	
40.	Nijman José	93	08-021	27:28.54	25m	28-1-07	Zaandam (NED)	

2000 vrije slag

1.	Schelvis Femke	84	08-021	25:28.90	25m	5-3-00	Zaandam (NED)
2.	Crok Linda	94	08-021	26:17.78	25m	13-2-11	Zaandam (NED)
3.	van de Poll Marianne	89	08-021	26:56.35	25m	7-3-04	Zaandam
4.	Vink Lidewij	90	08-021	27:03.36	25m	28-1-07	Zaandam (NED)
5.	Hoek Daniëlle	88	08-021	27:21.57	25m	7-3-04	Zaandam
6.	van der Gracht Anouk	89	08-021	27:22.08	25m	3-2-08	Zaandam (NED)
7.	Kleijne Daisy	89	08-021	27:32.48	25m	1-3-09	Zaandam (NED)
8.	Essers Sanne	91	08-021	28:04.76	25m	28-1-07	Zaandam (NED)
9.	Schelvis Roos	86	08-021	28:08.75	25m	10-2-02	Zaandam
10.	Kramer Miranda	80	08-021	29:04.76	25m	11-2-01	Zaandam (NED)

2000 vrije slag (sinds 11)

11. Stins Mariska	84	08-021	29:08.81	25m	5-3-00	Zaandam (NED)
12. de Ruijter Linda	87	08-021	29:15.39	25m	16-2-03	Zaandam
13. Crok Annemarie	89	08-021	29:24.89	25m	7-3-04	Zaandam
14. van Rookhuizen Sieta	79	08-021	29:42.03	25m	5-3-00	Zaandam (NED)
15. Groen Anne	95	08-021	29:43.90	25m	13-2-11	Zaandam (NED)
16. Butter Anouk	82	08-021	30:35.49	OW	20-6-04	Spaarnwoude (NED)
17. Niesten Iris	92	08-021	32:20.51	25m	28-1-07	Zaandam (NED)
18. Palmboom Nicole	91	08-021	32:20.54	OW	5-7-09	Bodegraven (NED)
19. Vink Marjolein	93	08-021	34:07.78	OW	15-6-08	Spaarnwoude (NED)
20. Boekling Annette	85	08-021	34:19.25	25m	5-3-00	Zaandam (NED)
21. Heus Pauline	78	08-021	35:03.55	OW	4-8-13	Amstelveen (NED)
22. Oudendijk Bianca	79	08-021	50:45.90	OW	6-7-96	Oss (NED)
23. van der Eng Laura	80	08-021	50:47.00	OW	6-7-96	Oss (NED)

2500 vrije slag

1. Schelvis Femke	84	08-021	33:53.31	OW	26-6-04	Scheerwolde (NED)
2. Vink Lidewij	90	08-021	36:34.47	OW	9-7-05	Oss (NED)
3. Crok Linda	94	08-021	37:25.63	OW	25-7-10	Langedijk (NED)
4. van der Gracht Anouk	89	08-021	39:11.50	OW	4-7-09	Oss (NED)
5. Butter Anouk	82	08-021	42:59.56	OW	10-7-04	Oss (NED)
6. Essers Sanne	91	08-021	45:43.56	OW	22-7-07	Langedijk (NED)

3000 vrije slag

1. Schelvis Femke	84	08-021	42:18.93	OW	19-6-04	Vriezenveen (NED)
2. Vink Lidewij	90	08-021	44:59.59	OW	15-7-06	Wijk en Aalburg (NED)
3. Crok Linda	94	08-021	45:46.47	OW	10-7-10	Wijk en Aalburg (NED)
4. van der Gracht Anouk	89	08-021	48:05.75	OW	29-8-09	Tilburg (NED)
5. Kleijne Daisy	89	08-021	48:41.41	OW	19-7-08	Anna-Paulowna (NED)
6. Essers Sanne	91	08-021	48:59.81	OW	21-7-07	Anna-Paulowna (NED)
7. Heus Pauline	78	08-021	50:50.35	OW	7-9-13	Eindhoven (NED)
8. van Rookhuizen Sieta	79	08-021	51:49.00	OW	2-7-95	Veghel (NED)

4000 vrije slag5000 vrije slag

1. Schelvis Femke	84	08-021	1:10:50.81	OW	4-7-04	Sluis (NED)
2. Crok Linda	94	08-021	1:18:13.04	OW	20-6-10	Spaarnwoude (NED)
3. van der Gracht Anouk	89	08-021	1:22:18.67	OW	16-8-08	Heerjansdam (NED)

6000 vrije slag6500 vrije slag10000 vrije slag20000 vrije slag

22000 vrije slag**25 rugslag**

1.	Schelvis Femke	84	08-021	15.10	25m	15-1-98	Heemskerk (NED)
2.	Meijer Sylvia	81	08-021	15.90	25m	13-2-97	Heemskerk (NED)
3.	Hulshof Saskia	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)
4.	Palmboom Nicole	91	08-021	16.02	25m	19-4-07	Heemskerk (NED)
5.	Schelvis Roos	86	08-021	16.39	25m	17-2-00	Heemskerk (NED)
6.	Meijer Linda	77	08-021	16.40	25m	16-5-91	Heemskerk (NED)
6.	Kramer Miranda	80	08-021	16.40	25m	15-1-98	Heemskerk (NED)
8.	Kleijne Daisy	89	08-021	16.57	25m	27-4-06	Heemskerk
9.	Mallon Danique	94	08-021	16.78	25m	29-5-08	Heemskerk (NED)
10.	Stins Mariska	84	08-021	16.86	25m	19-4-07	Heemskerk (NED)
11.	Stam Sabrina	82	08-021	16.90	25m	15-1-98	Heemskerk (NED)
11.	Vink Lidewij	90	08-021	16.90	25m	19-4-07	Heemskerk (NED)
13.	Crok Linda	94	08-021	16.95	25m	29-5-08	Heemskerk (NED)
14.	Schuyt Simone	75	08-021	17.00	25m	12-1-89	Heemskerk (NED)
15.	van Ballegooie Stefanie	86	08-021	17.07	25m	22-2-01	Heemskerk (NED)
16.	Koster Lisa	94	08-021	17.13	25m	19-4-07	Heemskerk (NED)
17.	van der Kroft Nicole	84	08-021	17.20	25m	13-2-97	Heemskerk (NED)
17.	Stam Vanessa	80	08-021	17.20	25m	15-1-98	Heemskerk (NED)
19.	Hoek Daniëlle	88	08-021	17.26	25m	29-5-08	Heemskerk (NED)
20.	Besse Karen	75	08-021	17.40	25m	12-1-89	Heemskerk (NED)
20.	Bruin Adri	74	08-021	17.40	25m	12-1-89	Heemskerk (NED)
20.	de Groot Daniëlle	93	08-021	17.40	25m	19-4-07	Heemskerk (NED)
23.	Crok Annemarie	89	08-021	17.44	25m	27-4-06	Heemskerk
24.	Boekling Annette	85	08-021	17.45	25m	22-2-01	Heemskerk (NED)
25.	Zonneveld Chantal	84	08-021	17.48	25m	22-2-01	Heemskerk (NED)
26.	Limmen Karin	76	08-021	17.50	25m	16-6-93	
26.	van Ballegooie Simone	84	08-021	17.50	25m	15-1-98	Heemskerk (NED)
28.	de Boer Irene	84	08-021	17.51	25m	22-2-01	Heemskerk (NED)
29.	Visser Kelly	89	08-021	17.62	25m	21-11-10	Almere-Stad (NED)
30.	van der Gracht Anouk	89	08-021	17.72	25m	27-4-06	Heemskerk
31.	Essers Sanne	91	08-021	17.78	25m	27-4-06	Heemskerk
32.	Zonneveld Cindy	75	08-021	17.80	25m	12-1-89	Heemskerk (NED)
32.	van Rookhuizen Sieta	79	08-021	17.80	25m	8-2-96	Heemskerk (NED)
34.	Koopman Anitra	89	08-021	17.83	25m	22-2-01	Heemskerk (NED)
34.	Jongema Helena	80	08-021	17.83	25m	20-11-11	Almere-Stad (NED)
36.	van der Geest Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)
36.	Krouwels Tanja	79	08-021	17.90	25m	15-1-98	Heemskerk (NED)
38.	Liefting Sarina	93	08-021	17.95	25m	27-4-06	Heemskerk
39.	Heus Pauline	78	08-021	18.00	25m	16-3-95	Heemskerk (NED)
40.	Vink Marjolein	93	08-021	18.08	25m	19-4-07	Heemskerk (NED)
41.	Moolevliet Petra	82	08-021	18.10	25m	8-2-96	Heemskerk (NED)
42.	Rodenburg Rianne	93	08-021	18.13	25m	27-4-06	Heemskerk
42.	Niesten Iris	92	08-021	18.13	25m	29-5-08	Heemskerk (NED)
44.	Deiman Caroline	67	08-021	18.20	25m	12-1-89	Heemskerk (NED)
44.	Dijkstra Lisette	86	08-021	18.20	25m	15-1-98	Heemskerk (NED)
46.	Oudendijk Bianca	79	08-021	18.30	25m	8-2-96	Heemskerk (NED)
46.	Hoek Laura	86	08-021	18.30	25m	25-3-99	Heemskerk (NED)
48.	de Ruijter Linda	87	08-021	18.54	25m	22-2-01	Heemskerk (NED)
49.	Butter Anouk	82	08-021	18.57	25m	19-4-07	Heemskerk (NED)
50.	Teufer Irene	96	08-021	18.79	25m	19-4-07	Heemskerk (NED)

25 rugslag (sinds 51)

51.	Dijkstra Janet	77	08-021	18.80	25m	12-1-89	Heemskerk (NED)
51.	van Honk Chantal	80	08-021	18.80	25m	16-5-91	Heemskerk (NED)
51.	ten Cate Joyce	80	08-021	18.80	25m	13-2-97	Heemskerk (NED)
54.	Splinter Nathalie	75	08-021	18.90	25m	12-1-89	Heemskerk (NED)
54.	de Vries Justine	83	08-021	18.90	25m	8-2-96	Heemskerk (NED)
54.	Beentjes Nicolet	80	08-021	18.90	25m	25-3-99	Heemskerk (NED)
57.	Hogema Fabiën	93	08-021	18.93	25m	19-4-07	Heemskerk (NED)
58.	Bruin Marianne	78	08-021	19.00	25m	16-5-91	Heemskerk (NED)
59.	de Vries Chrissie	93	08-021	19.02	25m	19-4-07	Heemskerk (NED)
60.	van Velsen Patricia	79	08-021	19.10	25m	16-3-95	Heemskerk (NED)
61.	de Vries Cathy	77	08-021	19.20	25m	16-5-91	Heemskerk (NED)
62.	Cappelle Carlijn	82	08-021	19.30	25m	15-1-98	Heemskerk (NED)
63.	Bos Chantal	74	08-021	19.40	25m	12-1-89	Heemskerk (NED)
63.	de Boer Angela	80	08-021	19.40	25m	16-3-95	Heemskerk (NED)
65.	Molenaar Eline	82	08-021	19.44	25m	17-2-00	Heemskerk (NED)
66.	Hommersen Sandra	84	08-021	19.56	25m	25-3-99	Heemskerk (NED)
67.	Dijkstra Maud	84	08-021	19.60	25m	5-2-98	Heemskerk (NED)
67.	Zwarthoed Brenda	96	08-021	19.60	25m	19-4-07	Heemskerk (NED)
69.	Lindelauf Priscilla	85	08-021	19.63	25m	17-2-00	Heemskerk (NED)
70.	Limmen Miriam	75	08-021	19.70	25m	12-1-89	Heemskerk (NED)
71.	Regelink Anneke	83	08-021	19.76	25m	25-3-99	Heemskerk (NED)
72.	Bakker Jesca	79	08-021	19.80	25m	31-12-89	Heemskerk (NED)
73.	Groen Anne	95	08-021	19.94	25m	29-5-08	Heemskerk (NED)
74.	Nijman José	93	08-021	19.99	25m	29-5-08	Heemskerk (NED)
75.	Koper Birgit	87	08-021	20.09	25m	27-4-06	Heemskerk
76.	Steenkamp Ciska	90	08-021	20.19	25m	22-2-01	Heemskerk (NED)
77.	de Boer Claudia	77	08-021	20.20	25m	31-12-89	Heemskerk (NED)
78.	Essers Patricia	84	08-021	20.23	25m	17-2-00	Heemskerk (NED)
79.	Vredenburg Roos	95	08-021	20.24	25m	29-5-08	Heemskerk (NED)
80.	ten Cate Ilona	85	08-021	20.26	25m	22-2-01	Heemskerk (NED)
81.	Zonneveld Monica	80	08-021	20.30	25m	16-6-93	
82.	van Koeveringe Nicole	93	08-021	20.35	25m	27-4-06	Heemskerk
83.	Stel Kaylin	01	08-021	20.44	25m	3-1-10	Culemborg (NED)
84.	Limmen Anita	78	08-021	20.50	25m	16-6-93	
85.	van Kooten Cynthia	93	08-021	20.59	25m	27-4-06	Heemskerk
86.	de Groot Linda	81	08-021	20.60	25m	8-2-96	Heemskerk (NED)
86.	Huneker Jolanda	79	08-021	20.60	25m	13-2-97	Heemskerk (NED)
88.	Viel Bianca	85	08-021	20.61	25m	25-3-99	Heemskerk (NED)
88.	Smit Lydia	84	08-021	20.61	25m	25-3-99	Heemskerk (NED)
90.	Bakker Daniëlle	96	08-021	20.72	25m	29-5-08	Heemskerk (NED)
91.	Visser Stacey	87	08-021	20.99	25m	17-2-00	Heemskerk (NED)
92.	Besse Meta	78	08-021	21.00	25m	31-12-89	Heemskerk (NED)
93.	Hoogervorst Marlon	84	08-021	21.20	25m	16-3-95	Heemskerk (NED)
94.	van der Wijden Eline	88	08-021	21.30	25m	22-3-01	Heemskerk (NED)
95.	van Honschoten Ingeborg	70	08-021	21.50	25m	10-2-80	Heerhugowaard (NED)
95.	de Laat Anita	75	08-021	21.50	25m	22-3-88	Heemskerk (NED)
97.	van der Eng Laura	80	08-021	21.60	25m	8-2-96	Heemskerk (NED)
97.	van den Braber Liesbeth	84	08-021	21.60	25m	15-1-98	Heemskerk (NED)
99.	Dijkstra Pascal	89	08-021	21.67	25m	25-3-99	Heemskerk (NED)
100.	Potemans Priscilla	84	08-021	21.70	25m	15-1-98	Heemskerk (NED)
101.	Mosch Sabina	84	08-021	22.00	25m	15-1-98	Heemskerk (NED)
102.	Koper Ella	90	08-021	22.10	25m	27-4-06	Heemskerk
103.	Rodenburg Kyra	96	08-021	22.12	25m	27-4-06	Heemskerk

25 rugslag (sinds 104)

104.	Dekker Danyk	94	08-021	22.22	25m	29-5-08	Heemskerk (NED)
105.	Aafjes Suzan	69	08-021	22.30	25m	13-10-79	Heemskerk (NED)
106.	Cappelle Marcella	85	08-021	22.50	25m	13-2-97	Heemskerk (NED)
107.	Koper Fiona	01	08-021	22.67	25m	26-9-10	Hoom (NED)
108.	Mulder Amy	80	08-021	22.80	25m	16-6-93	
109.	van der Horst Sacha	69	08-021	22.90	25m	13-10-79	Heemskerk (NED)
110.	Bakker Anna	97	08-021	22.95	25m	29-5-08	Heemskerk (NED)
111.	Huisman Lianne	87	08-021	23.10	25m	22-3-01	Heemskerk (NED)
112.	Dekker Elise	97	08-021	23.11	25m	20-3-05	Heemstede (NED)
113.	van Ederen Jasmijn	10	08-021	23.28	25m	13-5-18	Haarlem (NED)
114.	Nijman Linda	89	08-021	23.32	25m	22-2-01	Heemskerk (NED)
115.	Pover Ellen	72	08-021	23.40	25m	13-12-81	Volendam (NED)
116.	Heus Inge	81	08-021	23.50	25m	16-5-91	Heemskerk (NED)
117.	Zijlstra Mariëlle	83	08-021	23.60	25m	16-3-95	Heemskerk (NED)
118.	Windmuller Wendy	69	08-021	23.90	25m	13-10-79	Heemskerk (NED)
118.	Schijf Irene	83	08-021	23.90	25m	27-4-95	Heemskerk (NED)
120.	de Vriend Sofie	01	08-021	23.96	25m	26-9-10	Hoom (NED)
121.	van Perlo Ingrid	73	08-021	24.00	25m	13-12-81	Volendam (NED)
121.	Bakker Lisette	83	08-021	24.00	25m	13-2-97	Heemskerk (NED)
123.	Martens Priscilla	85	08-021	24.10	25m	20-3-97	Heemskerk (NED)
124.	van Toledo Annelies	70	08-021	24.30	25m	10-2-80	Heerhugowaard (NED)
124.	van Leen Cynthia	81	08-021	24.30	25m	8-2-96	Heemskerk (NED)
126.	Bovekerk Annefleur	99	08-021	24.40	25m	27-9-09	Hoom (NED)
127.	Grul Lisanne	97	08-021	24.54	25m	29-5-08	Heemskerk (NED)
128.	Werdekker Marjolein	81	08-021	24.60	25m	13-2-97	Heemskerk (NED)
129.	Hoekstra Eline	03	08-021	24.72	25m	7-1-12	Hoom (NED)
130.	van der Horst Wendy	72	08-021	24.90	25m	16-3-80	Heemskerk (NED)
130.	Kerkhoven Michelle	91	08-021	24.90	25m	22-2-01	Heemskerk (NED)
132.	Schelvis Liselot	92	08-021	24.94	25m	13-1-02	Zaandam
133.	Buur Naomi	01	08-021	24.95	25m	3-1-10	Culemborg (NED)
134.	van Noort Jony	85	08-021	25.00	25m	27-4-95	Heemskerk (NED)
135.	Renkema Iris	04	08-021	25.14	25m	30-9-12	Heemskerk (NED)
136.	Werdekker Esther	83	08-021	25.20	25m	13-2-97	Heemskerk (NED)
137.	Hoeksema Kim	90	08-021	25.21	25m	22-2-01	Heemskerk (NED)
138.	Blaauw Yente	03	08-021	25.37	25m	22-4-12	Haarlem (NED)
139.	Hoekstra Femke	05	08-021	25.43	25m	13-4-14	Zaandam (NED)
140.	Liefting Mariëlle	90	08-021	25.53	25m	22-2-01	Heemskerk (NED)
141.	Pezo Adna	90	08-021	25.60	25m	22-2-01	Heemskerk (NED)
142.	Elghandor Kiyaan	03	08-021	25.95	25m	2-2-14	Haarlem (NED)
143.	van den Heuvel Sandra	80	08-021	26.10	25m	12-1-89	Heemskerk (NED)
144.	Wiegman Brenda	72	08-021	26.20	25m	13-12-81	Volendam (NED)
145.	de Graaf Annemiek	70	08-021	26.40	25m	10-2-80	Heerhugowaard (NED)
146.	Petit Kirsten	00	08-021	26.73	25m	27-9-09	Hoom (NED)
147.	Rijkema Marije	85	08-021	27.00	25m	15-1-98	Heemskerk (NED)
148.	Snijder Femke	83	08-021	27.60	25m	16-2-94	
149.	Wieman Lianne	03	08-021	27.64	25m	25-9-11	Hoom (NED)
150.	Kuijper Michelle	91	08-021	28.19	25m	22-2-01	Heemskerk (NED)
151.	Stoker Ianthe	84	08-021	28.40	25m	20-3-97	Heemskerk (NED)
152.	Janssen Tess	89	08-021	29.40	25m	15-1-98	Heemskerk (NED)
153.	de Haan Shira	00	08-021	30.24	25m	29-5-08	Heemskerk (NED)
154.	Knight Kayleigh	00	08-021	31.00	25m	27-9-09	Hoom (NED)
155.	de Wildt Maud	05	08-021	31.05	25m	13-4-14	Zaandam (NED)
156.	Eijndhoven Jonna	02	08-021	31.42	25m	25-9-11	Hoom (NED)

25 rugslag (sinds 157)

157.	van Leeuwen Andrea	71	08-021	32.20	25m	13-10-79	Heemskerk (NED)
158.	Zeeman Judith	70	08-021	32.40	25m	13-10-79	Heemskerk (NED)
159.	van der Veldt Sandra	72	08-021	34.00	25m	16-3-80	Heemskerk (NED)
160.	Atzei Sabina	71	08-021	44.00	25m	10-2-80	Heerhugowaard (NED)

50 rugslag

1.	Kingma Danae	00	08-021	31.06	25m	30-12-17	Leeuwarden (NED)
2.	Broek Jade	97	08-021	31.43	25m	1-10-17	Purmerend (NED)
3.	Kleijne Daisy	89	08-021	32.44	25m	5-3-06	Purmerend (NED)
4.	Koper Fiona	01	08-021	32.46	25m	15-2-18	Heemskerk (NED)
5.	Schelvis Femke	84	08-021	32.93	25m	14-11-99	Zaandam (NED)
6.	Hoekstra Eline	03	08-021	33.27	25m	19-5-18	Purmerend (NED)
7.	Palmboom Nicole	91	08-021	33.39	25m	29-12-07	Maastricht (NED)
8.	van 't Veer Iris	03	08-021	33.54	25m	15-2-18	Heemskerk (NED)
9.	Koster Lisa	94	08-021	33.96	25m	13-12-07	Heemskerk (NED)
10.	Groen Anne	95	08-021	34.04	25m	2-10-16	Purmerend (NED)
11.	Hulshof Saskia	73	08-021	34.10	25m	30-6-88	Heemskerk (NED)
12.	Crok Linda	94	08-021	34.25	25m	3-3-13	Purmerend (NED)
13.	ten Bokkel Henrieke	94	08-021	34.33	25m	12-4-18	Heemskerk (NED)
14.	Smit Sanne	01	08-021	34.37	25m	15-2-15	Purmerend (NED)
15.	Kramer Miranda	80	08-021	34.40	25m	5-4-98	Heemskerk (NED)
16.	Meijer Sylvia	81	08-021	34.50	25m	26-1-97	Zuidoost Beemster (NED)
17.	Siemerink Laura	04	08-021	34.51	25m	15-2-18	Heemskerk (NED)
18.	Schelvis Roos	86	08-021	34.63	25m	16-4-00	Almelo (NED)
19.	Meijer Linda	77	08-021	34.70	25m	17-2-94	Heemskerk
20.	Mallon Danique	94	08-021	34.73	25m	22-5-10	Purmerend (NED)
21.	Buur Naomi	01	08-021	34.76	25m	18-2-16	Heemskerk (NED)
22.	Wentink Yara	04	08-021	34.79	25m	15-2-18	Heemskerk (NED)
23.	Vink Lidewij	90	08-021	34.96	25m	5-3-06	Purmerend (NED)
24.	Jongema Helena	80	08-021	35.08	25m	16-3-08	Amersfoort (NED)
25.	Stins Mariska	84	08-021	35.29	25m	7-6-03	Z.o. Beemster
26.	Hoek Daniëlle	88	08-021	35.31	25m	28-10-04	Heemskerk (NED)
27.	van der Kroft Nicole	84	08-021	35.60	25m	29-11-01	Heemskerk
28.	Poppema Yvonne	68	08-021	35.70	25m	2-9-84	Heemskerk (NED)
28.	Stam Vanessa	80	08-021	35.70	25m	22-3-98	Assendelft (NED)
30.	de Haan Shira	00	08-021	35.71	25m	15-2-18	Heemskerk (NED)
31.	van de Poll Marianne	89	08-021	35.74	25m	25-10-03	Nieuwegein (NED)
32.	van der Gracht Anouk	89	08-021	35.78	25m	18-5-13	Purmerend (NED)
33.	Stam Sabrina	82	08-021	36.00	25m	18-1-98	Zuidoost Beemster (NED)
34.	Koopman Anitra	89	08-021	36.05	25m	6-2-05	Zuidoost-Beemster (NED)
35.	Stel Serena	98	08-021	36.24	25m	27-2-10	Horn (NED)
36.	van Honk Chantal	80	08-021	36.30	25m	12-5-93	
37.	Scholten Britt	04	08-021	36.32	25m	15-2-18	Heemskerk (NED)
38.	Crok Annemarie	89	08-021	36.40	25m	28-12-03	Maastricht (NED)
39.	Petit Kirsten	00	08-021	36.47	25m	30-12-16	Leeuwarden (NED)
40.	Zonneveld Chantal	84	08-021	36.56	25m	25-4-02	Heemskerk
41.	van Ballegooie Simone	84	08-021	36.61	25m	19-9-98	Amersfoort (NED)
42.	Boekling Annette	85	08-021	36.70	25m	25-1-01	Heemskerk (NED)
43.	Teufer Irene	96	08-021	36.75	25m	23-3-08	Haarlem (NED)
44.	de Boer Irene	84	08-021	36.80	25m	14-2-98	Emmen (NED)
45.	Niessen Iris	92	08-021	36.81	25m	1-3-09	Heemstede (NED)
46.	Vink Marjolein	93	08-021	36.83	25m	29-12-07	Maastricht (NED)

50 rugslag (sinds 47)

47.	Renkema Iris	04	08-021	36.87	25m	15-10-17	Alkmaar (NED)
48.	Spijker Kristel	84	08-021	36.96	25m	3-3-11	Heemskerk (NED)
49.	van Duin Margret	60	08-021	37.10	25m	14-9-76	Heemskerk (NED)
49.	Verbree Bets	63	08-021	37.10	25m	22-11-80	Heemskerk (NED)
49.	Schuyt Simone	75	08-021	37.10	25m	15-12-88	Heemskerk (NED)
49.	Limmen Karin	76	08-021	37.10	25m	16-2-94	
53.	van Staveren Marina	78	08-021	37.12	25m	22-3-12	Heemskerk (NED)
54.	Essers Sanne	91	08-021	37.20	25m	23-4-06	Zaandam (NED)
55.	van Koeveringe Nicole	93	08-021	37.25	25m	13-4-09	Haarlem (NED)
56.	Dijkstra Lisette	86	08-021	37.40	25m	9-10-97	Heemskerk (NED)
57.	Besse Karen	75	08-021	37.60	25m	15-12-88	Heemskerk (NED)
58.	Butter Anouk	82	08-021	37.66	25m	22-4-01	Heemskerk (NED)
59.	Blaauw Yente	03	08-021	37.68	25m	15-2-18	Heemskerk (NED)
60.	Zonneveld Cindy	75	08-021	37.80	25m	8-4-90	Volendam (NED)
61.	Visser Kelly	89	08-021	37.88	25m	4-10-15	Purmerend (NED)
62.	van Ballegooie Stefanie	86	08-021	37.93	25m	25-1-01	Heemskerk (NED)
63.	Heus Pauline	78	08-021	38.00	25m	17-12-95	Volendam (NED)
64.	de Groot Daniëlle	93	08-021	38.15	25m	13-12-07	Heemskerk (NED)
65.	Visser Stacey	87	08-021	38.18	25m	18-3-01	Zaandam (NED)
66.	Groot Tineke	60	08-021	38.30	25m	13-10-79	Heemskerk (NED)
67.	Zwaan Melissa	91	08-021	38.31	25m	28-12-03	Maastricht (NED)
68.	van der Geest Saskia	73	08-021	38.40	25m	14-12-88	
69.	van Langelaar Tessa	97	08-021	38.47	25m	20-1-13	Heemskerk (NED)
70.	Windmuller Wendy	69	08-021	38.50	25m	7-11-81	Heemskerk (NED)
71.	van Rookhuizen Sieta	79	08-021	38.60	25m	17-2-94	Heemskerk
71.	Oudendijk Bianca	79	08-021	38.60	25m	9-11-95	Heemskerk (NED)
73.	Bruin Adri	74	08-021	38.70	25m	15-12-88	Heemskerk (NED)
74.	Bakkum Wilma	62	08-021	38.90	25m	13-10-79	Heemskerk (NED)
75.	de Ruijter Linda	87	08-021	39.04	25m	7-6-03	Z.o. Beemster
76.	Liefting Sarina	93	08-021	39.08	25m	5-11-06	Zaandam (NED)
77.	Zwarthoed Brenda	96	08-021	39.10	25m	10-2-08	Purmerend (NED)
78.	Rodenburg Rianne	93	08-021	39.12	25m	28-10-06	Hoorn (NED)
79.	van Eerden Meike	00	08-021	39.20	25m	2-2-17	Heemskerk (NED)
80.	Deiman Caroline	67	08-021	39.30	25m	10-1-91	Heemskerk (NED)
80.	Moolevliet Petra	82	08-021	39.30	25m	9-11-95	Heemskerk (NED)
82.	Angenent Nienke	01	08-021	39.32	25m	9-3-14	Zaandam (NED)
83.	Dreyer Elly	63	08-021	39.40	25m	13-10-79	Heemskerk (NED)
83.	van Assema Eline	05	08-021	39.40	25m	18-3-18	Purmerend (NED)
85.	Hermans Liesbeth	66	08-021	39.50	25m	7-11-81	Heemskerk (NED)
86.	ten Cate Joyce	80	08-021	39.60	25m	27-1-00	Heemskerk (NED)
87.	Zonneveld Melissa	88	08-021	39.61	25m	28-10-04	Heemskerk (NED)
88.	Vredenburg Roos	95	08-021	39.68	25m	20-5-10	Heemskerk (NED)
88.	de Vriend Sofie	01	08-021	39.68	25m	20-1-13	Heemskerk (NED)
88.	Hofland Yasmin	01	08-021	39.68	25m	2-2-17	Heemskerk (NED)
91.	Palthe Monique	64	08-021	40.00	25m	10-2-80	Heerhugowaard (NED)
91.	van Giezen Corina	68	08-021	40.00	25m	7-11-81	Heemskerk (NED)
91.	Dijkstra Ingrid	68	08-021	40.00	25m	7-11-81	Heemskerk (NED)
94.	Hoek Laura	86	08-021	40.01	25m	14-11-99	Zaandam (NED)
95.	Nijholt Carin	60	08-021	40.20	25m	14-9-76	Heemskerk (NED)
96.	de Boer Maia	03	08-021	40.24	25m	15-2-18	Heemskerk (NED)
97.	Krouwels Tanja	79	08-021	40.28	25m	29-10-98	Heemskerk (NED)
98.	Cappelle Carlijn	82	08-021	40.30	25m	6-2-97	Heemskerk (NED)
99.	Veldhuis Amelia	03	08-021	40.31	25m	2-7-17	Den Helder (NED)

50 rugslag (sinds 100)

100.	de Wildt Maud	05	08-021	40.46	25m	15-2-18	Heemskerk (NED)
101.	Ivens Suzanne	99	08-021	40.56	25m	10-3-13	Schagen (NED)
102.	de Vries Justine	83	08-021	40.60	25m	2-3-97	Haarlem (NED)
103.	van Vliet Isabel	02	08-021	40.62	25m	4-10-15	Purmerend (NED)
104.	de Boer Claudia	77	08-021	40.70	25m	31-5-90	Heemskerk (NED)
105.	van Velsen Patricia	79	08-021	40.80	25m	23-2-95	Heemskerk (NED)
106.	Knight Kayleigh	00	08-021	40.81	25m	15-2-18	Heemskerk (NED)
107.	Huneker Jolanda	79	08-021	40.89	25m	6-12-98	Zaandam
108.	de Boer Angela	80	08-021	40.90	25m	22-2-95	
108.	Hogema Fabiën	93	08-021	40.90	25m	23-4-06	Zaandam (NED)
110.	Oosterveen Yvonne	80	08-021	41.00	25m	12-5-93	
110.	van Sikkelerus Lisa	99	08-021	41.00	25m	30-1-14	Heemskerk (NED)
112.	van Huisstede Nikita	01	08-021	41.09	25m	12-3-17	Purmerend (NED)
113.	Berloth Lydia	68	08-021	41.30	25m	13-12-81	Volendam (NED)
114.	Lund Karin	63	08-021	41.40	25m	23-10-77	Zandvoort (NED)
114.	Put Ann	64	08-021	41.40	25m	10-2-80	Heerhugowaard (NED)
114.	Bos Chantal	74	08-021	41.40	25m	14-12-88	
117.	Pover Karin	67	08-021	41.50	25m	17-5-81	Castricum (NED)
118.	Raszinski Nienke	01	08-021	41.53	25m	9-3-14	Zaandam (NED)
119.	Steenkamp Ciska	90	08-021	41.56	25m	7-10-01	Zaandam (NED)
120.	van Kooten Cynthia	93	08-021	41.60	25m	19-10-06	Heemskerk
121.	ten Cate Ilona	85	08-021	41.62	25m	23-4-06	Zaandam (NED)
122.	de Wolff Isabel	01	08-021	41.68	25m	18-2-16	Heemskerk (NED)
123.	Stel Kaylin	01	08-021	41.78	25m	22-5-10	Purmerend (NED)
124.	Plokker Sylvia	68	08-021	41.80	25m	7-11-81	Heemskerk (NED)
125.	Lindelauf Priscilla	85	08-021	41.86	25m	25-1-01	Heemskerk (NED)
126.	Huisman Jolanda	68	08-021	41.90	25m	2-9-84	Heemskerk (NED)
127.	Bakker Jesca	79	08-021	42.00	25m	31-5-90	Heemskerk (NED)
128.	Koper Birgit	87	08-021	42.03	25m	27-4-03	Zaandam
129.	van de Kamp Yvonne	65	08-021	42.10	25m	13-10-79	Heemskerk (NED)
129.	Dijkstra Janet	77	08-021	42.10	25m	15-12-88	Heemskerk (NED)
131.	Grul Lisanne	97	08-021	42.13	25m	13-3-11	Heemskerk (NED)
132.	van Galen Angela	65	08-021	42.20	25m	13-10-79	Heemskerk (NED)
132.	Palthe Yvonne	67	08-021	42.20	25m	17-5-81	Castricum (NED)
132.	Tholen Kirsten	66	08-021	42.20	25m	7-11-81	Heemskerk (NED)
132.	de Graaf Annemiek	70	08-021	42.20	25m	7-11-81	Heemskerk (NED)
132.	Besse Meta	78	08-021	42.20	25m	10-1-91	Heemskerk (NED)
137.	Niesten Annet	62	08-021	42.30	25m	23-10-77	Zandvoort (NED)
137.	van Tellingen Ingrid	66	08-021	42.30	25m	13-12-81	Volendam (NED)
137.	Limmen Miriam	75	08-021	42.30	25m	31-5-90	Heemskerk (NED)
140.	Visser Robin	05	08-021	42.32	25m	2-10-16	Purmerend (NED)
141.	Visser Shana	04	08-021	42.53	25m	28-3-16	Haarlem (NED)
142.	van Giezen Sandra	63	08-021	42.60	25m	7-11-81	Heemskerk (NED)
142.	de Vries Cathy	77	08-021	42.60	25m	10-1-91	Heemskerk (NED)
144.	van Rijn Sydney	03	08-021	42.74	25m	18-3-18	Purmerend (NED)
145.	Buur Cindy	99	08-021	42.81	25m	18-2-16	Heemskerk (NED)
146.	Splinter Nathalie	75	08-021	42.90	25m	15-12-88	Heemskerk (NED)
147.	Molenaar Eline	82	08-021	42.96	25m	14-11-99	Zaandam (NED)
148.	Limmen Anita	78	08-021	43.00	25m	12-5-93	
148.	Hommersen Sandra	84	08-021	43.00	25m	22-3-98	Assendelft (NED)
150.	Nijman José	93	08-021	43.09	25m	28-10-07	Zaandam (NED)
151.	Dijkstra Maud	84	08-021	43.20	25m	25-1-98	Zaandam (NED)
152.	Bouwman Esther	63	08-021	43.30	25m	14-9-76	Heemskerk (NED)

50 rugslag (sinds 153)

153.	Schaaper Margriet	62	08-021	43.40	25m	8-12-79	Heemskerk (NED)
153.	Bruin Marianne	78	08-021	43.40	25m	10-1-91	Heemskerk (NED)
153.	Sobh Shaime	03	08-021	43.40	25m	18-2-16	Heemskerk (NED)
156.	Geurtsen Daisy	89	08-021	43.43	25m	29-11-01	Heemskerk
157.	de Loos Marijke	94	08-021	43.66	25m	22-5-10	Purmerend (NED)
158.	van Eif Lia	60	08-021	43.80	25m	16-3-80	Heemskerk (NED)
158.	de Vries Chrissie	93	08-021	43.80	25m	27-10-05	Heemskerk (NED)
160.	Teunissen Petra	64	08-021	44.00	25m	7-12-76	Heemskerk (NED)
160.	de Pree Caroline	64	08-021	44.00	25m	10-2-80	Heerhugowaard (NED)
160.	van Baar Monique	73	08-021	44.00	25m	15-12-88	Heemskerk (NED)
163.	Bos Marieke	06	08-021	44.04	25m	15-2-18	Heemskerk (NED)
164.	Wissenburg Petra	65	08-021	44.10	25m	7-12-76	Heemskerk (NED)
165.	Beentjes Nicolet	80	08-021	44.18	25m	29-10-98	Heemskerk (NED)
166.	Aafjes Suzan	69	08-021	44.20	25m	22-11-80	Heemskerk (NED)
167.	Venema Jalina	04	08-021	44.23	25m	2-2-17	Heemskerk (NED)
167.	Wieman Lianne	03	08-021	44.23	25m	18-1-18	Heemskerk (NED)
169.	de Groot Linda	81	08-021	44.30	25m	7-11-96	Heemskerk (NED)
170.	Viel Bianca	85	08-021	44.58	25m	14-11-99	Zaandam (NED)
171.	Reijnders Sandra	64	08-021	44.60	25m	10-2-80	Heerhugowaard (NED)
172.	Horst Diana	67	08-021	44.70	25m	22-11-80	Heemskerk (NED)
172.	Zonneveld Monica	80	08-021	44.70	25m	3-2-93	
174.	Schaefer Lisa	06	08-021	44.72	25m	13-5-18	Haarlem (NED)
175.	Rasch Monique	66	08-021	44.80	25m	10-2-80	Heerhugowaard (NED)
175.	van der Horst Sacha	69	08-021	44.80	25m	7-11-81	Heemskerk (NED)
175.	Ligterink Angela	76	08-021	44.80	25m	15-3-87	Heemskerk (NED)
178.	van Rijn Eline	07	08-021	44.83	25m	30-10-16	Den Helder (NED)
179.	Buithuis Danine	91	08-021	44.87	25m	31-10-02	Heemskerk
180.	Regelink Anneke	83	08-021	44.89	25m	14-11-99	Zaandam (NED)
181.	van Giezen Irene	67	08-021	45.00	25m	7-11-81	Heemskerk (NED)
182.	Ardicyaka Irem	06	08-021	45.01	25m	13-5-18	Haarlem (NED)
183.	Groot Irma	63	08-021	45.20	25m	14-9-76	Heemskerk (NED)
183.	Watertor Anne-Marie	65	08-021	45.20	25m	7-12-76	Heemskerk (NED)
183.	Mulder Amy	80	08-021	45.20	25m	12-5-93	
186.	Missot Gonda	66	08-021	45.30	25m	14-9-76	Heemskerk (NED)
186.	Lund Jolanda	65	08-021	45.30	25m	10-2-80	Heerhugowaard (NED)
186.	Cappelle Marcella	85	08-021	45.30	25m	25-1-98	Zaandam (NED)
189.	Windmuller Annemarie	67	08-021	45.50	25m	13-10-79	Heemskerk (NED)
190.	van Putten Demi	96	08-021	45.79	25m	29-5-11	Purmerend (NED)
191.	Smit Lydia	84	08-021	45.98	25m	29-10-98	Heemskerk (NED)
192.	Essers Patricia	84	08-021	46.09	25m	14-11-99	Zaandam (NED)
193.	van Gent Anja	66	08-021	46.10	25m	10-2-80	Heerhugowaard (NED)
194.	Meesters Audrey	90	08-021	46.42	25m	27-4-03	Zaandam
195.	de Groot Marlijn	92	08-021	46.73	25m	25-11-04	Heemskerk (NED)
196.	Dijkstra Pascal	89	08-021	47.08	25m	21-3-99	Assendelft (NED)
197.	Bakker Anna	97	08-021	47.09	25m	18-1-09	Haarlem (NED)
197.	de Boer Isabel	06	08-021	47.09	50m	5-12-15	Beverwijk (NED)
199.	Calkhoven Mariëtte	65	08-021	47.20	25m	14-9-76	Heemskerk (NED)
200.	Smit Ingrid	67	08-021	47.30	25m	22-11-80	Heemskerk (NED)
200.	Rodenburg Kyra	96	08-021	47.30	25m	1-10-06	Volendam (NED)
202.	Dekker Elise	97	08-021	47.32	25m	15-1-06	Zaandam (NED)
203.	Last Rooske	94	08-021	47.39	25m	20-5-10	Heemskerk (NED)
204.	Sierra Ana Maria	69	08-021	47.50	25m	7-11-81	Heemskerk (NED)
205.	de Pree Marlies	66	08-021	47.70	25m	10-2-80	Heerhugowaard (NED)

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206.	Bakker Daniëlle	96	08-021	47.79	25m	16-3-08	Zaandam (NED)
207.	Wiesener Winnifred	62	08-021	47.80	25m	7-12-76	Heemskerk (NED)
207.	Peters Yvonne	63	08-021	47.80	25m	7-11-81	Heemskerk (NED)
207.	Hoogervorst Marlon	84	08-021	47.80	25m	23-2-95	Heemskerk (NED)
210.	Mosch Sabina	84	08-021	48.00	25m	6-2-97	Heemskerk (NED)
211.	Bouwer Jolien	89	08-021	48.08	25m	31-5-01	Heemskerk (NED)
212.	van Asch Maria	74	08-021	48.10	25m	3-2-93	
213.	Bakker Lisette	83	08-021	48.14	25m	29-10-98	Heemskerk (NED)
214.	Rijkema Marije	85	08-021	48.39	25m	25-4-02	Heemskerk
215.	van Leen Cynthia	81	08-021	48.40	25m	14-3-96	Heemskerk (NED)
216.	van Leeuwen Andrea	71	08-021	48.60	25m	7-11-81	Heemskerk (NED)
217.	Pezo Adna	90	08-021	48.77	25m	29-11-01	Heemskerk
218.	Terhorst Ilja	67	08-021	48.80	25m	13-10-79	Heemskerk (NED)
218.	van den Braber Liesbeth	84	08-021	48.80	25m	22-3-98	Assendelft (NED)
220.	Schelvis Liselot	92	08-021	48.91	25m	5-10-03	Heemskerk (NED)
221.	Aardenburg Judith	93	08-021	48.95	25m	28-10-04	Heemskerk (NED)
222.	Zijlstra Mariëlle	83	08-021	49.00	25m	9-11-95	Heemskerk (NED)
223.	Lange Sandra	67	08-021	49.30	25m	10-2-80	Heerhugowaard (NED)
224.	van Dijk Yvonne	65	08-021	49.40	25m	14-9-76	Heemskerk (NED)
225.	de Graaf Isabella	04	08-021	49.49	25m	2-2-17	Heemskerk (NED)
226.	van Perlo Ingrid	73	08-021	49.50	25m	2-9-84	Heemskerk (NED)
227.	van der Horst Wendy	72	08-021	49.60	25m	1-11-81	Bergen (NED)
228.	Martens landra	03	08-021	49.98	25m	17-1-16	Purmerend (NED)
229.	van der Does Lisa	02	08-021	50.06	25m	2-3-14	Haarlem (NED)
230.	Hoeksema Kim	90	08-021	50.11	25m	28-3-02	Heemskerk
231.	van Eif Ans	62	08-021	50.30	25m	16-3-80	Heemskerk (NED)
231.	Potemans Priscilla	84	08-021	50.30	25m	7-11-96	Heemskerk (NED)
233.	Beentjes Daphne	91	08-021	50.37	25m	27-4-03	Zaandam
234.	Koper Selma	03	08-021	50.52	25m	21-3-13	Heemskerk (NED)
235.	Doodeman Sara	00	08-021	50.57	25m	3-10-10	Zaandam (NED)
236.	Keessen Pam	62	08-021	50.60	25m	7-12-76	Heemskerk (NED)
237.	Koopman Jessie	97	08-021	50.71	25m	21-3-10	Zaandam (NED)
238.	Lensen Sarian	89	08-021	50.76	25m	30-10-03	Heemskerk
239.	Welboren Els	64	08-021	50.80	25m	7-12-76	Heemskerk (NED)
239.	Mans Joyce	67	08-021	50.80	25m	10-2-80	Heerhugowaard (NED)
241.	Yayli Serina	90	08-021	50.88	25m	28-3-02	Heemskerk
242.	Snijder Femke	83	08-021	50.90	25m	24-3-94	Heemskerk (NED)
243.	Doevendans Phileine	06	08-021	50.91	25m	17-3-16	Heemskerk (NED)
244.	Gelsumino Giulia	03	08-021	51.14	25m	10-12-15	Heemskerk (NED)
245.	Pirovano Monique	69	08-021	51.20	25m	16-3-80	Heemskerk (NED)
246.	Liefting Marielle	90	08-021	51.29	25m	31-10-02	Heemskerk
247.	Vellinga Yvonne	64	08-021	51.50	25m	14-9-76	Heemskerk (NED)
248.	Huisman Caroline	64	08-021	51.70	25m	31-12-74	
249.	Beeksma Anne	88	08-021	51.72	25m	29-3-01	Heemskerk (NED)
250.	Zeeman Judith	70	08-021	51.90	25m	7-11-81	Heemskerk (NED)
251.	Werdekker Marjolein	81	08-021	52.00	25m	10-4-97	Heemskerk (NED)
251.	Kuijper Michelle	91	08-021	52.00	25m	7-10-01	Zaandam (NED)
253.	Copier Alyssa	04	08-021	52.04	25m	10-2-13	Haarlem (NED)
254.	van Galen Marion	61	08-021	52.20	25m	7-12-76	Heemskerk (NED)
255.	van den Heuvel Sandra	80	08-021	52.40	25m	1-11-89	
256.	Welboren Julia	00	08-021	52.84	25m	11-12-11	Zaandam (NED)
257.	van der Eng Laura	80	08-021	52.90	25m	9-11-95	Heemskerk (NED)
258.	Nijman Linda	89	08-021	52.94	25m	25-1-01	Heemskerk (NED)

50 rugslag (sinds 259)

259.	Buur Carina	64	08-021	53.00	25m	7-12-76	Heemskerk (NED)
260.	Salido Keesje	05	08-021	53.12	25m	19-2-15	Heemskerk (NED)
261.	van Noort Jony	85	08-021	53.20	25m	14-3-96	Heemskerk (NED)
262.	Numan Annelies	63	08-021	53.30	25m	7-12-76	Heemskerk (NED)
263.	de Buyzer Anita	67	08-021	53.60	25m	10-2-80	Heerhugowaard (NED)
264.	Kesting Alexandra	00	08-021	53.82	25m	7-2-10	Haarlem (NED)
265.	Jonker Monique	66	08-021	54.00	25m	7-12-76	Heemskerk (NED)
265.	Zuidervaart Anne	02	08-021	54.00	25m	22-1-12	Zaandam (NED)
267.	Schijf Irene	83	08-021	54.10	25m	23-2-95	Heemskerk (NED)
268.	Nobels Marlies	65	08-021	54.20	25m	7-12-76	Heemskerk (NED)
269.	van Ederen Jasmijn	10	08-021	54.26	25m	12-4-18	Heemskerk (NED)
270.	Boonstra Esmé	02	08-021	54.39	25m	21-3-13	Heemskerk (NED)
271.	Kerkhoven Michelle	91	08-021	54.50	25m	25-1-01	Heemskerk (NED)
272.	van Duivenvoorde Sanne	93	08-021	54.64	25m	31-10-02	Heemskerk
273.	van Ruth Yoore	78	08-021	54.70	25m	10-1-91	Heemskerk (NED)
273.	Werdekker Esther	83	08-021	54.70	25m	7-11-96	Heemskerk (NED)
275.	Beentjes Esther	66	08-021	54.80	25m	7-12-76	Heemskerk (NED)
276.	Koper Ella	90	08-021	54.82	25m	28-3-02	Heemskerk
277.	de Graaf Dinie	71	08-021	55.00	25m	7-11-81	Heemskerk (NED)
278.	van der Wijden Eline	88	08-021	55.14	25m	29-3-01	Heemskerk (NED)
279.	Elghandor Kiyaan	03	08-021	55.29	25m	18-1-15	Zaandam (NED)
280.	de Weers Anne-Michelle	63	08-021	55.40	25m	7-12-76	Heemskerk (NED)
280.	Doll Maartje	80	08-021	55.40	25m	8-10-92	Heemskerk (NED)
282.	Eijndhoven Jonna	02	08-021	55.43	25m	30-9-12	Heemskerk (NED)
283.	Zwart Ellen	65	08-021	55.90	25m	7-12-76	Heemskerk (NED)
283.	Pover Ellen	72	08-021	55.90	25m	28-9-80	Zaandam (NED)
285.	Huisman Lianne	87	08-021	55.98	25m	29-3-01	Heemskerk (NED)
286.	Reiss Katinka	65	08-021	56.00	25m	7-12-76	Heemskerk (NED)
287.	Breems Jolanda	62	08-021	56.10	25m	7-12-76	Heemskerk (NED)
287.	van der Leden Laura	68	08-021	56.10	25m	10-12-77	Heemskerk (NED)
289.	van Rijn Ilona	65	08-021	56.20	25m	7-12-76	Heemskerk (NED)
290.	Glorie Astrid	63	08-021	56.60	25m	7-12-76	Heemskerk (NED)
291.	de Wit Yvonne	66	08-021	57.00	25m	7-12-76	Heemskerk (NED)
292.	Hoekstra Femke	05	08-021	57.41	25m	7-9-14	Zaandam (NED)
293.	Nobels Annita	68	08-021	57.70	25m	7-12-76	Heemskerk (NED)
294.	Kuijl Karin	65	08-021	57.90	25m	7-12-76	Heemskerk (NED)
295.	van Zalingen Margreet	67	08-021	58.00	25m	7-12-76	Heemskerk (NED)
296.	Feenstra Petra	71	08-021	58.30	25m	7-11-81	Heemskerk (NED)
297.	Zonneveld Jennifer	88	08-021	58.51	25m	29-3-01	Heemskerk (NED)
298.	Breems Silvia	65	08-021	58.70	25m	7-12-76	Heemskerk (NED)
299.	Claesens Freeke	64	08-021	58.90	25m	14-9-76	Heemskerk (NED)
300.	van 't Hof Manon	90	08-021	58.93	25m	28-3-02	Heemskerk
301.	Beemsterboer Petra	68	08-021	59.10	25m	16-3-80	Heemskerk (NED)
302.	Boere Sacha	91	08-021	59.41	25m	28-10-04	Heemskerk (NED)
303.	van Wijngaarden Linda	65	08-021	59.80	25m	7-12-76	Heemskerk (NED)
304.	Reuderink Miranda	63	08-021	1:00.30	25m	14-9-76	Heemskerk (NED)
305.	Bovekerk Annefleur	99	08-021	1:00.33	25m	24-9-09	Heemskerk (NED)
306.	Sanen Casey	99	08-021	1:00.47	25m	26-2-09	Heemskerk (NED)
307.	Heus Inge	81	08-021	1:00.80	25m	13-6-91	Heemskerk (NED)
308.	Hoorn Linsey	94	08-021	1:00.86	25m	31-3-05	Heemskerk (NED)
309.	Woering Aletta	64	08-021	1:01.20	25m	7-12-76	Heemskerk (NED)
310.	Kraamer Carla	66	08-021	1:01.40	25m	7-12-76	Heemskerk (NED)
311.	van Megen Carla	65	08-021	1:01.80	25m	7-12-76	Heemskerk (NED)

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312.	Morianner Susanna	72	08-021	1:01.90	25m	7-11-81	Heemskerk (NED)
313.	Gozeling Monique	67	08-021	1:02.10	25m	7-12-76	Heemskerk (NED)
314.	Bruins Bianca	81	08-021	1:02.20	25m	7-11-96	Heemskerk (NED)
315.	Halbersma Jenny	70	08-021	1:02.60	25m	7-11-81	Heemskerk (NED)
316.	ten Cate Naomi	93	08-021	1:02.84	25m	24-4-03	Heemskerk
317.	Jonker Nicole	68	08-021	1:03.40	25m	7-12-76	Heemskerk (NED)
318.	Stoker Ianthe	84	08-021	1:04.40	25m	13-3-97	Heemskerk (NED)
319.	Vet Mariska	66	08-021	1:04.80	25m	7-12-76	Heemskerk (NED)
320.	Kerdijk Lianne	81	08-021	1:05.10	25m	4-4-91	Heemskerk (NED)
321.	Gijzen Monique	68	08-021	1:05.20	25m	7-12-76	Heemskerk (NED)
322.	van der Leden Cynthia	66	08-021	1:05.30	25m	14-9-76	Heemskerk (NED)
323.	Zieck Esther	67	08-021	1:05.90	25m	7-12-76	Heemskerk (NED)
324.	Vonk Bea	67	08-021	1:06.30	25m	7-11-81	Heemskerk (NED)
325.	Janssen Tess	89	08-021	1:07.70	25m	12-2-98	Heemskerk (NED)
326.	Lammers Angelique	68	08-021	1:08.00	25m	7-12-76	Heemskerk (NED)
327.	de Jong Frederike	75	08-021	1:08.60	25m	3-2-93	
328.	Verdonk Michaela	68	08-021	1:12.50	25m	7-12-76	Heemskerk (NED)
329.	Reuderink Bettina	67	08-021	1:14.60	25m	7-12-76	Heemskerk (NED)
330.	Berghuis Sascha	68	08-021	1:16.80	25m	16-3-80	Heemskerk (NED)
331.	Windmuller Jolande	65	08-021	1:17.00	25m	7-12-76	Heemskerk (NED)
332.	Gozeling Jolanda	68	08-021	1:20.60	25m	7-12-76	Heemskerk (NED)
333.	Mooy Monique	69	08-021	1:23.10	25m	7-12-76	Heemskerk (NED)
334.	Gravemaker Sandra	68	08-021	1:26.40	25m	7-12-76	Heemskerk (NED)
335.	Heesen Marieke	65	08-021	1:27.40	25m	7-12-76	Heemskerk (NED)
336.	Duyn Elaine	68	08-021	1:27.80	25m	7-12-76	Heemskerk (NED)
337.	Raaymakers Marjolein	68	08-021	1:32.20	25m	7-12-76	Heemskerk (NED)
338.	van der Meij Michelle	68	08-021	1:32.70	25m	7-12-76	Heemskerk (NED)
339.	Dorlandt Yvonne	69	08-021	1:35.00	25m	7-12-76	Heemskerk (NED)
340.	Bos Froke	69	08-021	1:37.00	25m	7-12-76	Heemskerk (NED)
341.	Koper Leny	69	08-021	1:37.50	25m	7-12-76	Heemskerk (NED)
342.	Hilbers Erna	69	08-021	1:53.00	25m	7-12-76	Heemskerk (NED)
343.	Reeuwijk Daniëlle	70	08-021	1:54.80	25m	7-12-76	Heemskerk (NED)

100 rugslag

1.	Broek Jade	97	08-021	1:07.20	25m	8-10-17	Alkmaar (NED)
2.	Kingma Danae	00	08-021	1:07.40	25m	1-10-17	Purmerend (NED)
3.	Schelvis Femke	84	08-021	1:09.10	25m	28-11-04	Heemskerk (NED)
4.	Kleijne Daisy	89	08-021	1:11.62	25m	16-4-06	Haarlem (NED)
5.	Hoekstra Eline	03	08-021	1:12.03	25m	18-3-18	Purmerend (NED)
6.	Crok Linda	94	08-021	1:12.23	25m	17-11-11	Heemskerk (NED)
7.	Koper Fiona	01	08-021	1:12.27	25m	17-11-16	Heemskerk (NED)
8.	van 't Veer Iris	03	08-021	1:12.48	25m	1-4-18	Haarlem (NED)
9.	Hulshof Saskia	73	08-021	1:12.60	25m	7-1-89	Hilversum (NED)
10.	Meijer Sylvia	81	08-021	1:13.00	25m	30-3-97	Haarlem (NED)
11.	Koster Lisa	94	08-021	1:13.07	25m	17-11-07	Barneveld (NED)
12.	Schelvis Roos	86	08-021	1:13.34	25m	16-4-00	Almelo (NED)
13.	Groen Anne	95	08-021	1:13.36	25m	15-1-17	Alkmaar (NED)
14.	Smit Sanne	01	08-021	1:13.59	25m	10-1-16	Purmerend (NED)
15.	Mallon Danique	94	08-021	1:14.20	25m	4-11-10	Heemskerk (NED)
16.	Kramer Miranda	80	08-021	1:14.70	25m	30-3-97	Haarlem (NED)
17.	Poppema Yvonne	68	08-021	1:15.10	25m	12-2-84	Heemskerk (NED)
18.	van der Kroft Nicole	84	08-021	1:15.16	25m	15-4-01	Haarlem (NED)

100 rugslag (sinds 19)

19.	de Graaf Annemiek	70	08-021	1:15.30	25m	31-12-86	
20.	Jongema Helena	80	08-021	1:15.36	25m	3-5-08	Winterswijk (NED)
21.	Meijer Linda	77	08-021	1:15.80	25m	8-9-91	Assendelft (NED)
22.	Wentink Yara	04	08-021	1:15.84	25m	4-2-18	Purmerend (NED)
23.	Zonneveld Chantal	84	08-021	1:16.21	25m	28-3-02	Heemskerk
24.	Buur Naomi	01	08-021	1:16.29	25m	27-3-16	Haarlem (NED)
25.	Stins Mariska	84	08-021	1:16.36	25m	9-11-03	Zaandam
26.	Essers Sanne	91	08-021	1:16.44	25m	8-4-07	Haarlem (NED)
26.	Crok Annemarie	89	08-021	1:16.44	25m	17-11-11	Heemskerk (NED)
28.	Palmboom Nicole	91	08-021	1:16.47	25m	30-9-07	Volendam (NED)
29.	Drubers Mirjam	67	08-021	1:16.50	25m	6-10-85	Wormerveer (NED)
30.	Hoek Daniëlle	88	08-021	1:16.53	25m	11-3-12	Zaandam (NED)
31.	de Haan Shira	00	08-021	1:16.55	25m	5-6-17	Purmerend (NED)
32.	Vink Lidewij	90	08-021	1:16.71	25m	30-9-07	Volendam (NED)
33.	Stel Serena	98	08-021	1:16.75	25m	5-4-10	Haarlem (NED)
34.	Petit Kirsten	00	08-021	1:17.06	25m	10-12-15	Heemskerk (NED)
35.	Koopman Anitra	89	08-021	1:17.16	25m	16-1-05	Zaandam (NED)
36.	Windmuller Wendy	69	08-021	1:17.30	25m	31-12-83	
37.	de Boer Irene	84	08-021	1:17.31	25m	12-12-99	Heemskerk (NED)
38.	van Honk Chantal	80	08-021	1:17.40	25m	21-2-93	(NED)
39.	van der Gracht Anouk	89	08-021	1:17.74	25m	18-3-07	Heemskerk (NED)
40.	Stam Vanessa	80	08-021	1:17.80	25m	29-5-97	Heemskerk
41.	van Duin Margret	60	08-021	1:18.00	25m	31-12-79	
41.	Stam Sabrina	82	08-021	1:18.00	25m	12-2-98	Heemskerk (NED)
43.	de Groot Daniëlle	93	08-021	1:18.10	25m	9-3-08	Heemskerk (NED)
44.	Verbree Bets	63	08-021	1:18.20	25m	17-1-82	
45.	Groot Tineke	60	08-021	1:18.30	25m	27-1-80	Zaandam (NED)
45.	van Staveren Marina	78	08-021	1:18.30	25m	13-5-12	Grootebroek (NED)
47.	Scholten Britt	04	08-021	1:19.04	25m	4-2-18	Purmerend (NED)
48.	van Ballegoie Simone	84	08-021	1:19.05	25m	11-10-98	Alkmaar (NED)
48.	Siemerink Laura	04	08-021	1:19.05	25m	1-4-18	Haarlem (NED)
50.	Niesten Iris	92	08-021	1:19.13	25m	11-4-10	Zaandam (NED)
51.	Pover Karin	67	08-021	1:19.90	25m	4-10-87	Zaandam (NED)
52.	Boekling Annette	85	08-021	1:19.97	25m	28-3-02	Heemskerk
53.	van de Poll Marianne	89	08-021	1:20.06	25m	26-2-04	Heemskerk (NED)
54.	Blaauw Yente	03	08-021	1:20.17	25m	18-1-18	Heemskerk (NED)
55.	Spijker Kristel	84	08-021	1:20.25	25m	13-3-11	Heemskerk (NED)
56.	Heus Pauline	78	08-021	1:20.50	25m	10-12-95	Heemskerk (NED)
57.	Vink Marjolein	93	08-021	1:20.67	25m	9-3-08	Heemskerk (NED)
58.	Visser Kelly	89	08-021	1:20.89	25m	11-11-12	Schagen (NED)
59.	van Eerden Meike	00	08-021	1:21.43	25m	1-10-17	Purmerend (NED)
60.	Dijkstra Ingrid	68	08-021	1:21.50	25m	21-3-82	
60.	Dijkstra Lisette	86	08-021	1:21.50	25m	8-3-98	Zaandam (NED)
62.	Liefting Sarina	93	08-021	1:21.51	25m	26-11-06	Heemskerk (NED)
63.	Butter Anouk	82	08-021	1:21.54	25m	26-2-04	Heemskerk (NED)
64.	Limmen Karin	76	08-021	1:21.70	25m	3-4-93	
65.	Teufer Irene	96	08-021	1:21.82	25m	25-11-07	Amsterdam (NED)
66.	Angenent Nienke	01	08-021	1:21.93	25m	29-3-15	Zaandam (NED)
67.	Besse Karen	75	08-021	1:22.00	25m	22-9-91	Zaandam (NED)
68.	van Assema Eline	05	08-021	1:22.04	25m	19-5-18	Purmerend (NED)
69.	van der Geest Saskia	73	08-021	1:22.30	25m	18-9-88	Heemskerk (NED)
70.	Hermans Liesbeth	66	08-021	1:22.40	25m	24-1-82	
71.	van Ballegoie Stefanie	86	08-021	1:22.69	25m	7-4-02	Heemskerk

100 rugslag (sinds 72)

72.	van der Horst Sacha	69	08-021	1:22.70	25m	15-3-81	Z.O. Beemster (NED)
72.	Schuyt Simone	75	08-021	1:22.70	25m	30-9-90	Assendelft (NED)
74.	Tholen Kirsten	66	08-021	1:22.80	25m	6-10-85	Wormerveer (NED)
75.	van Giezen Corina	68	08-021	1:22.90	25m	7-2-82	
76.	Zwaan Melissa	91	08-021	1:23.08	25m	28-12-03	Maastricht (NED)
77.	Zonneveld Cindy	75	08-021	1:23.30	25m	24-4-93	
78.	van Langelaar Tessa	97	08-021	1:23.59	25m	21-4-13	Heemskerk (NED)
79.	van Rookhuizen Sieta	79	08-021	1:23.60	25m	17-3-94	Heemskerk
80.	Renkema Iris	04	08-021	1:23.71	25m	12-2-17	Purmerend (NED)
81.	de Boer Claudia	77	08-021	1:23.80	25m	24-2-91	Heemskerk (NED)
81.	Krouwels Tanja	79	08-021	1:23.80	25m	15-2-98	Assendelft (NED)
83.	Zwarthoed Brenda	96	08-021	1:24.08	25m	27-3-08	Heemskerk (NED)
84.	Bakkum Wilma	62	08-021	1:24.20	25m	12-10-80	Wormerveer (NED)
85.	de Ruijter Linda	87	08-021	1:24.44	25m	10-12-15	Heemskerk (NED)
86.	Oudendijk Bianca	79	08-021	1:24.60	25m	15-10-94	
87.	Huisman Jolanda	68	08-021	1:24.80	25m	12-2-84	Heemskerk (NED)
88.	Dreyer Elly	63	08-021	1:24.90	25m	27-1-80	Zaandam (NED)
88.	Deiman Caroline	67	08-021	1:24.90	25m	18-2-89	
90.	van Koevinge Nicole	93	08-021	1:24.93	25m	24-9-09	Heemskerk (NED)
91.	Moolevliet Petra	82	08-021	1:25.10	25m	6-4-96	Haarlem (NED)
92.	ten Cate Joyce	80	08-021	1:25.11	25m	4-5-00	Heemskerk (NED)
93.	van Huisstede Nikita	01	08-021	1:25.15	25m	10-12-15	Heemskerk (NED)
94.	Hofland Yasmin	01	08-021	1:25.18	25m	15-11-15	Purmerend (NED)
95.	Smid Diane	65	08-021	1:25.48	25m	13-5-07	Grootebroek (NED)
96.	Visser Stacey	87	08-021	1:25.65	25m	22-4-01	Heemskerk (NED)
97.	Zonneveld Melissa	88	08-021	1:25.90	25m	13-3-05	Amsterdam (NED)
98.	Bruin Adri	74	08-021	1:26.00	25m	30-9-89	
99.	de Vriend Sofie	01	08-021	1:26.36	25m	3-6-12	Zaandam (NED)
100.	de Boer Maia	03	08-021	1:26.39	25m	18-3-18	Purmerend (NED)
101.	van Galen Angela	65	08-021	1:26.40	25m	2-3-80	Heemskerk (NED)
102.	Bouwman Esther	63	08-021	1:26.50	25m	19-2-78	Assendelft (NED)
102.	van Sikkelerus Lisa	99	08-021	1:26.50	25m	7-4-13	Castricum (NED)
104.	Hogema Fabiën	93	08-021	1:26.65	25m	26-11-06	Heemskerk (NED)
105.	Vredenburg Roos	95	08-021	1:26.82	25m	11-4-10	Zaandam (NED)
106.	van Velsen Patricia	79	08-021	1:27.50	25m	27-4-95	Heemskerk (NED)
107.	Rodenburg Rianne	93	08-021	1:27.57	25m	26-11-06	Heemskerk (NED)
108.	Bakker Jesca	79	08-021	1:27.60	25m	31-5-90	Heemskerk (NED)
109.	Veldhuis Amelia	03	08-021	1:27.62	25m	18-3-18	Purmerend (NED)
110.	van de Kamp Yvonne	65	08-021	1:27.70	25m	17-1-82	
111.	Knight Kayleigh	00	08-021	1:27.94	25m	1-10-17	Purmerend (NED)
112.	Nijholt Carin	60	08-021	1:28.00	25m	21-5-78	Heemskerk (NED)
113.	de Wildt Maud	05	08-021	1:28.09	25m	3-12-17	Heemskerk (NED)
114.	Hoek Laura	86	08-021	1:28.30	25m	21-12-99	Heemskerk (NED)
115.	Cappelle Carlijn	82	08-021	1:28.79	25m	11-10-98	Alkmaar (NED)
116.	van Rijn Sydney	03	08-021	1:28.90	25m	18-1-18	Heemskerk (NED)
117.	de Groot Gitta	60	08-021	1:29.00	25m	10-12-77	Heemskerk (NED)
118.	van Giezen Wendy	70	08-021	1:29.10	25m	22-1-84	Zandvoort (NED)
119.	de Vries Chrissie	93	08-021	1:29.29	25m	31-5-07	Heemskerk (NED)
120.	ten Cate Ilona	85	08-021	1:29.42	25m	27-11-05	Heemskerk (NED)
121.	van Vliet Isabel	02	08-021	1:29.43	25m	18-3-18	Purmerend (NED)
122.	Niessen Annet	62	08-021	1:29.50	25m	19-2-78	Assendelft (NED)
122.	Lund Karin	63	08-021	1:29.50	25m	19-2-78	Assendelft (NED)
124.	Koper Birgit	87	08-021	1:29.51	25m	24-4-03	Heemskerk

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125.	Ivens Suzanne	99	08-021	1:29.53	25m	18-1-15	Zaandam (NED)
126.	Plokker Sylvia	68	08-021	1:29.60	25m	1-11-81	Bergen (NED)
127.	Lindelauf Priscilla	85	08-021	1:29.69	25m	29-3-01	Heemskerk (NED)
128.	Palthe Yvonne	67	08-021	1:29.80	25m	18-10-81	Heemskerk (NED)
128.	Besse Meta	78	08-021	1:29.80	25m	10-3-91	Heemskerk (NED)
130.	Buur Cindy	99	08-021	1:29.89	25m	2-10-16	Purmerend (NED)
131.	Schaaper Margriet	62	08-021	1:30.20	25m	7-5-78	Assendelft (NED)
131.	Berloth Lydia	68	08-021	1:30.20	25m	6-2-83	
133.	Bakker Daniëlle	96	08-021	1:30.22	25m	18-1-09	Haarlem (NED)
134.	Visser Robin	05	08-021	1:30.29	25m	18-3-18	Purmerend (NED)
135.	Windmuller Annemarie	67	08-021	1:30.40	25m	16-3-80	Zandvoort (NED)
135.	Limmen Miriam	75	08-021	1:30.40	25m	7-12-89	Heemskerk (NED)
135.	Oosterveen Yvonne	80	08-021	1:30.40	25m	7-10-92	
138.	de Boer Angela	80	08-021	1:30.50	25m	17-3-94	Heemskerk
139.	Steenkamp Ciska	90	08-021	1:30.64	25m	10-6-01	Zaandam (NED)
140.	Huisman Caroline	64	08-021	1:30.70	25m	12-2-78	Heemskerk (NED)
141.	Dijkstra Maud	84	08-021	1:31.10	25m	26-4-98	Alkmaar (NED)
142.	Visser Shana	04	08-021	1:31.27	25m	28-3-16	Haarlem (NED)
143.	Limmen Anita	78	08-021	1:31.50	25m	25-4-93	Heemskerk (NED)
144.	Nijman José	93	08-021	1:31.55	25m	27-3-08	Heemskerk (NED)
145.	Peters Yvonne	63	08-021	1:31.60	25m	6-10-85	Wormerveer (NED)
146.	Rasch Monique	66	08-021	1:31.70	25m	16-1-83	Heemskerk (NED)
146.	Nemchonok Alisa	82	08-021	1:31.70	25m	28-1-99	Heemskerk (NED)
148.	Raszinski Nienke	01	08-021	1:31.81	25m	11-5-14	Purmerend (NED)
149.	Missot Gonda	66	08-021	1:31.90	25m	15-9-79	Heemskerk (NED)
150.	van Leeuwen Andrea	71	08-021	1:32.20	25m	7-1-84	Hilversum (NED)
151.	de Graaf Dinie	71	08-021	1:32.30	25m	23-9-84	Heemskerk (NED)
152.	de Vries Justine	83	08-021	1:32.50	25m	13-3-97	Heemskerk (NED)
153.	Grul Lisanne	97	08-021	1:32.51	25m	22-1-12	Zaandam (NED)
154.	Sobh Shaime	03	08-021	1:32.54	25m	4-10-15	Purmerend (NED)
155.	Stel Kaylin	01	08-021	1:32.72	25m	5-4-10	Haarlem (NED)
156.	de Wolff Isabel	01	08-021	1:33.06	25m	10-12-15	Heemskerk (NED)
157.	Wiemman Lianne	03	08-021	1:33.13	25m	18-1-18	Heemskerk (NED)
158.	Hommersen Sandra	84	08-021	1:33.30	25m	13-3-97	Heemskerk (NED)
159.	van Giezen Sandra	63	08-021	1:33.40	25m	16-1-83	Heemskerk (NED)
160.	Huneker Jolanda	79	08-021	1:33.50	25m	21-9-97	Alkmaar (NED)
161.	de Vries Cathy	77	08-021	1:33.90	25m	2-11-91	
162.	Regelink Anneke	83	08-021	1:34.30	25m	28-1-99	Heemskerk (NED)
163.	van Perlo Ingrid	73	08-021	1:34.50	25m	7-10-84	Volendam (NED)
164.	van Rijn Eline	07	08-021	1:34.77	25m	27-11-16	Zaandam (NED)
165.	Bos Marieke	06	08-021	1:34.82	25m	18-1-18	Heemskerk (NED)
166.	de Jong Desire	73	08-021	1:35.10	25m	27-9-87	Zaandam (NED)
167.	Wiegman Brenda	72	08-021	1:35.30	25m	7-10-84	Volendam (NED)
168.	Bruin Marianne	78	08-021	1:35.40	25m	7-2-91	Heemskerk (NED)
169.	Hoorn Linsey	94	08-021	1:35.42	50m	17-4-05	Beverwijk (NED)
170.	Zonneveld Monica	80	08-021	1:35.50	25m	7-10-92	
171.	Beentjes Nicolet	80	08-021	1:35.51	25m	7-3-99	Zaandam (NED)
172.	Viel Bianca	85	08-021	1:35.95	25m	4-5-00	Heemskerk (NED)
173.	de Loos Marijke	94	08-021	1:36.07	25m	7-2-10	Heemstede (NED)
174.	Mulder Amy	80	08-021	1:36.10	25m	21-2-93	(NED)
175.	van Giezen Irene	67	08-021	1:36.30	25m	29-11-81	Zaandam (NED)
176.	Mosch Sabina	84	08-021	1:36.36	25m	22-11-98	Zaandam (NED)
177.	Pover Ellen	72	08-021	1:36.50	25m	7-1-84	Hilversum (NED)

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178.	van Kooten Cynthia	93	08-021	1:36.58	25m	26-11-06	Heemskerk (NED)	
179.	de Groot Linda	81	08-021	1:36.84	25m	28-1-99	Heemskerk (NED)	
180.	Bos Chantal	74	08-021	1:37.20	25m	29-11-87	Amstelveen (NED)	
181.	Bouwer Jolien	89	08-021	1:37.53	50m	20-10-02	Beverwijk (NED)	211
182.	Terhorst Ilja	67	08-021	1:37.90	25m	27-4-80	Assendelft (NED)	
183.	Dijkstra Janet	77	08-021	1:38.00	25m	19-2-89	Heemskerk (NED)	
184.	de Boer Isabel	06	08-021	1:38.26	25m	11-6-16	Zaandam (NED)	
185.	Lund Jolanda	65	08-021	1:38.60	25m	31-5-80	Heemskerk (NED)	
186.	de Groot Marlijn	92	08-021	1:38.61	25m	28-11-04	Heemskerk (NED)	
187.	Beeksma Anne	88	08-021	1:38.98	25m	18-11-01	Heemskerk	
188.	Ligterink Angela	76	08-021	1:39.00	25m	15-3-87	Heemskerk (NED)	
189.	Munnik Yvonne	64	08-021	1:39.50	25m	10-12-77	Heemskerk (NED)	
190.	Boere Sacha	91	08-021	1:39.68	25m	31-3-05	Heemskerk (NED)	
191.	van der Horst Wendy	72	08-021	1:39.90	25m	6-2-83		
192.	Essers Patricia	84	08-021	1:39.94	25m	11-3-01	Zaandam (NED)	
193.	van den Braber Liesbeth	84	08-021	1:40.10	25m	12-2-98	Heemskerk (NED)	
194.	Molenaar Eline	82	08-021	1:40.14	50m	7-5-00	Beverwijk (NED)	195
195.	Schaefer Lisa	06	08-021	1:40.46	25m	14-1-18	Purmerend (NED)	
196.	Bos Annelies	74	08-021	1:40.60	25m	29-11-87	Amstelveen (NED)	
197.	van der Eng Laura	80	08-021	1:40.70	25m	14-3-96	Heemskerk (NED)	
198.	Aafjes Suzan	69	08-021	1:40.80	25m	13-4-80	Zaandam (NED)	
199.	Smit Lydia	84	08-021	1:40.89	25m	28-1-99	Heemskerk (NED)	
200.	Cappelle Marcella	85	08-021	1:41.20	25m	26-4-98	Alkmaar (NED)	
201.	Venema Jalina	04	08-021	1:41.25	25m	17-11-16	Heemskerk (NED)	
202.	Dekker Danyk	94	08-021	1:41.44	25m	27-3-08	Heemskerk (NED)	
203.	van Leen Cynthia	81	08-021	1:41.50	25m	2-5-96	Heemskerk (NED)	
204.	van Putten Demi	96	08-021	1:41.68	25m	4-11-10	Heemskerk (NED)	
205.	Horst Diana	67	08-021	1:42.00	25m	2-11-80	Castricum (NED)	
206.	Hoekstra Karin	76	08-021	1:42.10	25m	15-1-88		
207.	Bakker Anna	97	08-021	1:42.31	25m	24-9-09	Heemskerk (NED)	
208.	Feenstra Petra	71	08-021	1:42.40	25m	23-9-84	Heemskerk (NED)	
209.	Martens landra	03	08-021	1:43.23	25m	17-1-16	Purmerend (NED)	
210.	Dijkstra Pascal	89	08-021	1:43.47	50m	2-5-99	Beverwijk (NED)	177
211.	Last Rooske	94	08-021	1:43.61	25m	4-11-10	Heemskerk (NED)	
212.	Dekker Elise	97	08-021	1:43.77	25m	5-2-06	Zaandam (NED)	
213.	Zeeman Judith	70	08-021	1:44.30	25m	7-2-82		
214.	Hoogervorst Marlon	84	08-021	1:44.40	25m	20-10-94	Heemskerk (NED)	
215.	Buitenhuis Danine	91	08-021	1:44.67	25m	19-12-02	Heemskerk	
215.	Gelsumino Giulia	03	08-021	1:44.67	25m	10-12-15	Heemskerk (NED)	
217.	de Graaf Isabella	04	08-021	1:44.74	25m	12-2-17	Purmerend (NED)	
218.	Halbersma Jenny	70	08-021	1:44.90	25m	16-1-83	Heemskerk (NED)	
219.	Jansen Pauline	67	08-021	1:45.10	25m	6-2-83		
220.	Bok Femke	74	08-021	1:45.30	25m	12-2-84	Heemskerk (NED)	
221.	Smit Ingrid	67	08-021	1:45.40	25m	27-4-80	Assendelft (NED)	
222.	Walraven Annet	62	08-021	1:45.50	25m	10-12-77	Heemskerk (NED)	
223.	Calkhoven Mariëtte	65	08-021	1:45.90	25m	27-11-77	IJmuiden (NED)	
224.	Zijlstra Mariëlle	83	08-021	1:46.00	25m	4-2-96	Heerhugowaard (NED)	
225.	Meesters Audrey	90	08-021	1:46.39	25m	24-4-03	Heemskerk	
226.	Rodenburg Kyra	96	08-021	1:46.59	25m	8-10-06	Zaandam (NED)	
227.	Schelvis Liselot	92	08-021	1:46.68	25m	29-9-02	Zaandam (NED)	
228.	Bakker Lisette	83	08-021	1:46.80	25m	17-5-98	Heemskerk (NED)	
229.	Kuijper Michelle	91	08-021	1:46.86	25m	13-1-02	Zaandam	
229.	Beentjes Daphne	91	08-021	1:46.86	25m	26-2-04	Heemskerk (NED)	

100 rugslag (sinds 231)

231.	Koopman Jessie	97	08-021	1:47.15	25m	21-3-10	Zaandam (NED)
232.	Ardicyaka Irem	06	08-021	1:47.40	25m	14-1-18	Purmerend (NED)
233.	van Dijk Yvonne	65	08-021	1:47.50	25m	10-12-77	Heemskerk (NED)
234.	van der Werf Chily	72	08-021	1:48.10	25m	12-2-84	Heemskerk (NED)
235.	Hoeksema Kim	90	08-021	1:48.14	25m	13-1-02	Zaandam
236.	Aardenburg Judith	93	08-021	1:48.60	25m	3-4-05	Zaandam (NED)
237.	van der Wijden Eline	88	08-021	1:48.69	25m	14-12-00	Heemskerk (NED)
238.	Potemans Priscilla	84	08-021	1:48.80	25m	30-8-97	Assendelft (NED)
239.	Doodeman Sara	00	08-021	1:49.03	25m	31-10-10	Zaandam (NED)
240.	van Perlo Carla	75	08-021	1:49.10	25m	12-2-84	Heemskerk (NED)
241.	Salido Keesje	05	08-021	1:49.39	25m	19-4-15	Zaandam (NED)
242.	van der Does Lisa	02	08-021	1:49.90	25m	19-1-14	Zaandam (NED)
243.	Koper Selma	03	08-021	1:50.37	25m	9-12-12	Zaandam (NED)
244.	van den Heuvel Sandra	80	08-021	1:50.90	25m	3-12-89	Zaandam (NED)
245.	Keessen Pam	62	08-021	1:51.40	25m	10-12-77	Heemskerk (NED)
246.	Copier Alyssa	04	08-021	1:51.54	25m	9-6-13	Zaandam (NED)
247.	Yayli Serina	90	08-021	1:51.71	25m	17-11-02	Heemskerk
248.	Kesting Alexandra	00	08-021	1:51.86	25m	16-1-11	Zaandam (NED)
249.	Elghandor Kiyaan	03	08-021	1:52.88	25m	18-1-15	Zaandam (NED)
250.	Rijkema Marije	85	08-021	1:53.26	25m	28-3-02	Heemskerk
251.	Sierra Ana Maria	69	08-021	1:53.30	25m	18-1-81	Zaandam (NED)
252.	Oosterveen Sandra	83	08-021	1:53.50	25m	3-3-92	Heemskerk (NED)
253.	Pezo Adna	90	08-021	1:53.69	25m	22-4-01	Heemskerk (NED)
254.	Welboren Julia	00	08-021	1:54.97	25m	11-12-11	Zaandam (NED)
255.	Nijman Linda	89	08-021	1:55.81	25m	22-4-01	Heemskerk (NED)
256.	Koper Ella	90	08-021	1:55.88	25m	13-1-02	Zaandam
257.	Bovekerk Annefleur	99	08-021	1:55.94	25m	14-11-10	Castricum (NED)
258.	Doll Maartje	80	08-021	1:56.40	25m	24-4-93	
259.	Huisman Lianne	87	08-021	1:57.25	25m	19-11-00	Zaandam (NED)
260.	Lensen Sarian	89	08-021	1:57.33	25m	17-11-02	Heemskerk
261.	Gooijer Roos	97	08-021	1:57.81	25m	17-1-10	Amsterdam-oost (NED)
262.	Verhagen Sabine	71	08-021	1:57.90	25m	23-9-84	Heemskerk (NED)
263.	van Noort Jony	85	08-021	1:58.50	25m	10-3-96	Zaandam (NED)
264.	Broers Margot	63	08-021	1:58.60	25m	10-12-77	Heemskerk (NED)
265.	Eijndhoven Jonna	02	08-021	1:58.71	25m	7-10-12	Zaandam (NED)
266.	Zonneveld Jennifer	88	08-021	1:58.72	25m	18-11-01	Heemskerk
267.	van Duivenvoorde Sanne	93	08-021	2:00.19	25m	29-9-02	Zaandam (NED)
268.	Liefting Marielle	90	08-021	2:00.22	25m	31-1-02	Heemskerk
269.	Boonstra Esmé	02	08-021	2:01.14	25m	20-1-13	Heemskerk (NED)
270.	van Rijn Ilona	65	08-021	2:03.20	25m	10-12-77	Heemskerk (NED)
271.	Werdekker Marjolein	81	08-021	2:03.90	25m	10-10-96	Heemskerk (NED)
272.	Kerkhoven Michelle	91	08-021	2:04.19	50m	26-5-01	Beverwijk (NED)
273.	Reuderink Miranda	63	08-021	2:04.40	25m	10-12-77	Heemskerk (NED)
274.	Snijder Femke	83	08-021	2:04.70	25m	24-4-93	
275.	Morianner Susanna	72	08-021	2:05.00	25m	11-10-81	Heemskerk (NED)
276.	Werdekker Esther	83	08-021	2:06.30	25m	10-10-96	Heemskerk (NED)
277.	Sanen Casey	99	08-021	2:08.28	25m	24-9-09	Heemskerk (NED)
278.	Hoekstra Femke	05	08-021	2:08.44	25m	12-12-13	Heemskerk (NED)
279.	Schijf Irene	83	08-021	2:08.90	25m	20-11-94	Wormerveer (NED)
280.	van der Pijl Madelon	89	08-021	2:12.68	25m	24-9-98	Heemskerk (NED)
281.	van der Leden Cynthia	66	08-021	2:18.20	25m	10-12-77	Heemskerk (NED)
282.	Hol Manouk	05	08-021	2:18.53	25m	30-10-14	Heemskerk (NED)
283.	Reeuwijk Danielle	70	08-021	2:19.00	25m	4-11-79	Zaandam (NED)

100 rugslag (sinds 284)

284.	Reiss Katinka	65	08-021	2:24.90	25m	10-12-77	Heemskerk (NED)
284.	Janssen Tess	89	08-021	2:24.90	25m	1-3-98	Zaandam (NED)
286.	Bruins Bianca	81	08-021	2:34.50	25m	10-10-96	Heemskerk (NED)
287.	van der Stigchel Samantha	96	08-021	2:40.85	25m	27-3-08	Heemskerk (NED)
288.	Dijkstra Miranda	72	08-021	2:41.20	25m	27-9-80	Heemskerk (NED)

200 rugslag

1.	Schelvis Femke	84	08-021	2:26.44	25m	10-10-99	Zaandam (NED)
2.	Kingma Danae	00	08-021	2:27.57	25m	18-3-18	Purmerend (NED)
3.	Broek Jade	97	08-021	2:31.31	25m	4-2-18	Purmerend (NED)
4.	van 't Veer Iris	03	08-021	2:35.95	25m	14-1-18	Purmerend (NED)
5.	Crok Linda	94	08-021	2:36.36	25m	11-4-10	Zaandam (NED)
6.	Groen Anne	95	08-021	2:36.81	25m	12-2-17	Purmerend (NED)
7.	Koper Fiona	01	08-021	2:37.77	25m	18-3-18	Purmerend (NED)
8.	Kleijne Daisy	89	08-021	2:38.20	25m	10-4-05	Zuidoost-Beemster (NED)
9.	de Graaf Annemiek	70	08-021	2:39.30	25m	13-4-86	
10.	Schelvis Roos	86	08-021	2:39.57	25m	19-11-00	Zaandam (NED)
11.	Hoekstra Eline	03	08-021	2:40.35	25m	14-1-18	Purmerend (NED)
12.	Smit Sanne	01	08-021	2:40.69	25m	18-3-18	Purmerend (NED)
13.	van der Kroft Nicole	84	08-021	2:40.92	25m	14-12-00	Heemskerk (NED)
14.	Palmboom Nicole	91	08-021	2:41.16	25m	9-3-08	Heemskerk (NED)
15.	Stel Serena	98	08-021	2:41.22	25m	21-3-10	Zaandam (NED)
16.	Meijer Sylvia	81	08-021	2:42.31	25m	24-9-98	Heemskerk (NED)
17.	Hulshof Saskia	73	08-021	2:42.50	25m	4-11-89	
18.	Koster Lisa	94	08-021	2:42.59	25m	21-10-07	Zaandam (NED)
19.	Crok Annemarie	89	08-021	2:42.61	25m	14-3-04	Zaandam
20.	Mallon Danique	94	08-021	2:42.74	25m	11-4-10	Zaandam (NED)
21.	Poppema Yvonne	68	08-021	2:43.10	25m	31-12-83	
22.	Kramer Miranda	80	08-021	2:43.40	25m	10-10-96	Heemskerk (NED)
23.	Vink Lidewij	90	08-021	2:43.41	25m	9-3-08	Heemskerk (NED)
24.	Petit Kirsten	00	08-021	2:43.44	25m	18-3-18	Purmerend (NED)
25.	Meijer Linda	77	08-021	2:43.60	25m	14-10-93	Heemskerk
26.	Stins Mariska	84	08-021	2:44.24	25m	16-3-03	Heemskerk
27.	Koopman Anitra	89	08-021	2:45.89	25m	27-11-05	Heemskerk (NED)
28.	Niesten Iris	92	08-021	2:45.90	25m	14-3-10	Heemskerk (NED)
29.	Hoek Daniëlle	88	08-021	2:45.92	25m	13-11-11	Zaandam (NED)
30.	Buur Naomi	01	08-021	2:46.99	25m	15-5-16	Purmerend (NED)
31.	van der Gracht Anouk	89	08-021	2:47.36	25m	16-11-14	Zaandam (NED)
32.	Essers Sanne	91	08-021	2:47.45	25m	21-10-07	Zaandam (NED)
33.	de Haan Shira	00	08-021	2:47.64	25m	30-12-16	Leeuwarden (NED)
34.	de Boer Irene	84	08-021	2:48.00	25m	17-1-99	Heemskerk (NED)
35.	Jongema Helena	80	08-021	2:48.46	25m	23-1-09	Vlissingen (NED)
36.	Drubers Mirjam	67	08-021	2:48.60	25m	7-10-84	Volendam (NED)
37.	van Honk Chantal	80	08-021	2:48.80	25m	18-4-92	Volendam (NED)
38.	Blaauw Yente	03	08-021	2:49.15	25m	19-3-17	Zaandam (NED)
39.	Zonneveld Chantal	84	08-021	2:49.17	25m	31-1-02	Heemskerk
40.	Verbree Bets	63	08-021	2:49.20	25m	13-3-83	Castricum (NED)
41.	Boekling Annette	85	08-021	2:50.40	25m	31-1-02	Heemskerk
42.	Groot Tineke	60	08-021	2:50.90	25m	2-11-80	Castricum (NED)
43.	van Eerden Meike	00	08-021	2:51.40	25m	18-3-18	Purmerend (NED)
44.	Windmuller Wendy	69	08-021	2:53.00	25m	10-4-83	Heemskerk (NED)
45.	Stam Sabrina	82	08-021	2:53.50	50m	9-11-97	Beverwijk (NED)

200 rugslag (sinds 46)

46.	van Duin Margret	60	08-021	2:54.20	25m	12-3-78	Zaandam (NED)
46.	van Staveren Marina	78	08-021	2:54.20	25m	7-1-12	Zwolle (NED)
48.	Scholten Britt	04	08-021	2:54.33	25m	20-5-18	Purmerend (NED)
49.	Zwarthoed Brenda	96	08-021	2:55.06	25m	16-3-08	Zaandam (NED)
50.	Stam Vanessa	80	08-021	2:55.12	25m	11-10-98	Alkmaar (NED)
51.	van Koeveringe Nicole	93	08-021	2:56.91	25m	23-4-09	Heemskerk (NED)
52.	Vink Marjolein	93	08-021	2:57.16	25m	23-4-09	Heemskerk (NED)
53.	Teufer Irene	96	08-021	2:57.19	25m	16-12-07	Zaandam (NED)
54.	van de Poll Marianne	89	08-021	2:57.21	25m	5-10-03	Heemskerk (NED)
55.	Besse Karen	75	08-021	2:57.40	25m	1-11-89	
56.	van der Geest Saskia	73	08-021	2:57.80	25m	1-11-89	
57.	de Groot Daniëlle	93	08-021	2:58.02	25m	25-11-07	Amsterdam (NED)
58.	Tholen Kirsten	66	08-021	2:58.10	25m	14-3-82	
59.	Dijkstra Ingrid	68	08-021	2:58.20	25m	24-1-82	
60.	Visser Kelly	89	08-021	2:58.26	25m	10-11-13	Zaandam (NED)
61.	Renkema Iris	04	08-021	2:58.37	25m	19-3-17	Zaandam (NED)
62.	van Giezen Corina	68	08-021	2:58.90	25m	7-3-82	
63.	van Ballegooie Simone	84	08-021	2:59.07	25m	17-3-02	Zaandam
64.	Heus Pauline	78	08-021	2:59.50	25m	12-10-95	Heemskerk (NED)
65.	de Vriend Sofie	01	08-021	2:59.87	25m	9-12-12	Zaandam (NED)
66.	Hofland Yasmin	01	08-021	3:00.29	25m	18-3-18	Purmerend (NED)
67.	Schuyt Simone	75	08-021	3:00.30	25m	3-5-90	Heemskerk (NED)
68.	Visser Stacey	87	08-021	3:00.50	25m	11-3-01	Zaandam (NED)
69.	Butter Anouk	82	08-021	3:00.58	25m	28-10-04	Heemskerk (NED)
70.	Limmen Karin	76	08-021	3:00.60	25m	6-11-93	
71.	Dijkstra Lisette	86	08-021	3:01.00	25m	21-1-99	Heemskerk (NED)
72.	Moolevliet Petra	82	08-021	3:01.10	25m	12-10-95	Heemskerk (NED)
73.	Oudendijk Bianca	79	08-021	3:01.20	25m	17-3-96	Heemskerk (NED)
74.	Zonneveld Cindy	75	08-021	3:01.50	25m	14-10-93	Heemskerk
75.	van Langelaar Tessa	97	08-021	3:02.22	25m	1-4-12	Zaandam (NED)
76.	Krouwels Tanja	79	08-021	3:02.23	25m	11-10-98	Alkmaar (NED)
77.	van Rookhuizen Sieta	79	08-021	3:02.30	25m	10-4-94	Assendelft
78.	Vredenburg Roos	95	08-021	3:03.06	25m	14-3-10	Heemskerk (NED)
79.	Mosch Sabina	84	08-021	3:03.18	25m	19-12-02	Heemskerk
80.	de Boer Claudia	77	08-021	3:03.30	25m	8-11-90	Heemskerk (NED)
81.	Dreyer Elly	63	08-021	3:03.50	25m	16-11-80	Haarlem (NED)
82.	Bakkum Wilma	62	08-021	3:04.30	25m	25-11-79	Heemskerk (NED)
83.	Angenent Nienke	01	08-021	3:04.56	25m	15-12-13	Zaandam (NED)
84.	ten Cate Joyce	80	08-021	3:04.65	25m	19-3-06	Heemskerk (NED)
85.	de Ruijter Linda	87	08-021	3:05.06	25m	19-12-02	Heemskerk
86.	van der Horst Sacha	69	08-021	3:05.40	25m	10-4-83	Heemskerk (NED)
87.	van Ballegooie Stefanie	86	08-021	3:05.54	25m	7-10-01	Zaandam (NED)
88.	de Boer Maia	03	08-021	3:05.75	25m	14-1-18	Purmerend (NED)
89.	Wentink Yara	04	08-021	3:06.19	25m	1-10-17	Purmerend (NED)
90.	Hoek Laura	86	08-021	3:06.20	25m	12-3-00	Heemskerk (NED)
91.	Hogema Fabiën	93	08-021	3:06.51	25m	18-3-07	Heemskerk (NED)
92.	Liefting Sarina	93	08-021	3:06.62	25m	18-3-07	Heemskerk (NED)
93.	Rodenburg Rianne	93	08-021	3:07.83	25m	19-3-06	Heemskerk (NED)
94.	Bakker Jesca	79	08-021	3:08.20	25m	3-5-90	Heemskerk (NED)
95.	van Galen Angela	65	08-021	3:09.10	25m	11-4-81	Heemskerk (NED)
95.	van de Kamp Yvonne	65	08-021	3:09.10	25m	17-5-81	Castricum (NED)
97.	Hermans Liesbeth	66	08-021	3:09.50	25m	28-11-81	Heemskerk (NED)
97.	Deiman Caroline	67	08-021	3:09.50	25m	1-11-89	

200 rugslag (sinds 99)

99.	van Velsen Patricia	79	08-021	3:10.70	25m	17-3-96	Heemskerk (NED)
100.	Knight Kayleigh	00	08-021	3:11.31	25m	12-3-17	Purmerend (NED)
101.	Bouwman Esther	63	08-021	3:12.70	25m	22-4-78	Heemskerk (NED)
102.	van Sikkelerus Lisa	99	08-021	3:12.98	25m	18-3-12	Zaandam (NED)
103.	de Vries Chrissie	93	08-021	3:13.10	25m	18-3-07	Heemskerk (NED)
104.	ten Cate Ilona	85	08-021	3:13.34	25m	19-3-06	Heemskerk (NED)
105.	Veldhuis Amelia	03	08-021	3:13.79	25m	14-1-18	Purmerend (NED)
106.	Besse Meta	78	08-021	3:13.80	25m	13-10-93	
107.	de Vries Justine	83	08-021	3:13.90	25m	12-1-97	Heemskerk (NED)
108.	Siemerink Laura	04	08-021	3:14.52	25m	1-10-17	Purmerend (NED)
109.	Raszinski Nienke	01	08-021	3:15.07	25m	22-12-13	Zaandam (NED)
110.	Hommersen Sandra	84	08-021	3:15.40	25m	10-10-96	Heemskerk (NED)
111.	Huisman Jolanda	68	08-021	3:15.60	25m	11-4-81	Heemskerk (NED)
112.	Lindelauf Priscilla	85	08-021	3:16.11	25m	14-12-00	Heemskerk (NED)
113.	Limmen Anita	78	08-021	3:16.80	25m	14-10-93	Heemskerk
114.	van Rijn Sydney	03	08-021	3:17.33	25m	2-10-16	Purmerend (NED)
115.	van Assema Eline	05	08-021	3:17.41	25m	19-3-17	Zaandam (NED)
116.	Cappelle Carlijn	82	08-021	3:17.50	25m	11-9-97	Heemskerk (NED)
117.	Bouwer Jolien	89	08-021	3:17.54	25m	16-3-03	Heemskerk
118.	de Boer Angela	80	08-021	3:17.80	25m	19-10-94	
119.	Pover Karin	67	08-021	3:17.90	25m	14-3-82	
120.	Zonneveld Melissa	88	08-021	3:18.13	25m	23-12-04	Heemskerk (NED)
121.	Palthe Yvonne	67	08-021	3:18.20	25m	28-11-81	Heemskerk (NED)
122.	Berloth Lydia	68	08-021	3:18.50	25m	28-11-81	Heemskerk (NED)
123.	Visser Shana	04	08-021	3:18.71	25m	1-10-17	Purmerend (NED)
124.	Windmuller Annemarie	67	08-021	3:19.60	25m	16-3-80	Zandvoort (NED)
125.	van Vliet Isabel	02	08-021	3:19.70	25m	14-1-18	Purmerend (NED)
126.	Limmen Miriam	75	08-021	3:19.80	25m	2-11-89	Heemskerk (NED)
127.	Sobh Shaime	03	08-021	3:19.93	25m	11-10-15	Zaandam (NED)
128.	Bruin Marianne	78	08-021	3:20.00	25m	8-11-90	Heemskerk (NED)
129.	de Graaf Dinie	71	08-021	3:20.50	25m	6-10-85	Wormerveer (NED)
130.	Nijman José	93	08-021	3:21.14	25m	25-1-07	Heemskerk (NED)
131.	Viel Bianca	85	08-021	3:21.70	25m	16-12-99	Heemskerk
132.	Koper Birgit	87	08-021	3:22.00	25m	6-10-02	Zaandam
133.	Huneker Jolanda	79	08-021	3:22.09	25m	15-11-98	Assendelft (NED)
134.	Bruin Adri	74	08-021	3:22.20	25m	4-1-88	Zaandam (NED)
135.	Grul Lisanne	97	08-021	3:22.56	25m	21-3-10	Zaandam (NED)
136.	Bos Chantal	74	08-021	3:23.10	25m	4-1-88	Zaandam (NED)
137.	Plokker Sylvia	68	08-021	3:23.30	25m	11-4-81	Heemskerk (NED)
138.	Dijkstra Maud	84	08-021	3:23.50	25m	11-9-97	Heemskerk (NED)
139.	Visser Robin	05	08-021	3:24.09	25m	11-12-16	Alkmaar (NED)
140.	de Wildt Maud	05	08-021	3:24.63	25m	19-3-17	Zaandam (NED)
141.	Ivens Suzanne	99	08-021	3:25.22	25m	29-3-15	Zaandam (NED)
142.	van Huisstede Nikita	01	08-021	3:25.31	25m	14-4-13	Zaandam (NED)
143.	Wieman Lianne	03	08-021	3:27.35	25m	2-10-16	Purmerend (NED)
144.	Molenaar Eline	82	08-021	3:28.19	25m	16-12-99	Heemskerk
144.	Bos Marieke	06	08-021	3:28.19	25m	27-11-16	Zaandam (NED)
146.	Bakker Daniëlle	96	08-021	3:28.70	25m	5-10-08	Heemskerk (NED)
147.	de Groot Linda	81	08-021	3:29.60	25m	12-3-00	Heemskerk (NED)
148.	Buur Cindy	99	08-021	3:29.65	25m	6-3-16	Purmerend (NED)
149.	Peters Yvonne	63	08-021	3:30.60	25m	7-10-84	Volendam (NED)
150.	van Kooten Cynthia	93	08-021	3:32.75	25m	18-3-07	Heemskerk (NED)
151.	de Groot Marlijn	92	08-021	3:32.76	25m	15-5-05	Zuidoost-Beemster (NED)

200 rugslag (sinds 152)

152.	Aafjes Suzan	69	08-021	3:32.80	25m	11-4-81	Heemskerk (NED)
153.	van der Eng Laura	80	08-021	3:35.10	25m	10-10-96	Heemskerk (NED)
154.	de Wolff Isabel	01	08-021	3:36.18	25m	14-4-13	Zaandam (NED)
155.	Beentjes Nicolet	80	08-021	3:36.99	25m	11-10-98	Alkmaar (NED)
156.	Venema Jalina	04	08-021	3:37.93	25m	24-1-16	Zaandam (NED)
157.	van Tellingen Ingrid	66	08-021	3:38.10	25m	28-11-81	Heemskerk (NED)
158.	van Giezen Wendy	70	08-021	3:38.20	25m	28-11-81	Heemskerk (NED)
159.	Essers Patricia	84	08-021	3:38.74	25m	16-12-99	Heemskerk
160.	Zonneveld Monica	80	08-021	3:39.20	25m	13-10-93	
161.	Terhorst Ilja	67	08-021	3:39.50	25m	16-3-80	Zandvoort (NED)
162.	Koopman Jessie	97	08-021	3:40.00	25m	21-3-10	Zaandam (NED)
163.	Horst Diana	67	08-021	3:41.00	25m	11-4-81	Heemskerk (NED)
164.	Regelink Anneke	83	08-021	3:41.40	25m	10-10-96	Heemskerk (NED)
165.	de Graaf Isabella	04	08-021	3:42.46	25m	19-3-17	Zaandam (NED)
166.	Meesters Audrey	90	08-021	3:42.47	25m	19-12-02	Heemskerk
167.	Rasch Monique	66	08-021	3:44.00	25m	11-4-81	Heemskerk (NED)
168.	Lensen Sarian	89	08-021	3:45.17	25m	5-10-03	Heemskerk (NED)
169.	Bakker Lisette	83	08-021	3:45.72	25m	24-9-98	Heemskerk (NED)
170.	Beeksma Anne	88	08-021	3:46.81	25m	31-1-02	Heemskerk
171.	Bakker Anna	97	08-021	3:52.19	25m	23-4-09	Heemskerk (NED)
172.	van den Braber Liesbeth	84	08-021	3:52.43	25m	15-11-98	Assendelft (NED)
173.	Sierra Ana Maria	69	08-021	3:55.00	25m	11-4-81	Heemskerk (NED)
174.	van Giezen Irene	67	08-021	3:59.70	25m	11-4-81	Heemskerk (NED)
175.	Rijkema Marije	85	08-021	4:00.79	25m	31-1-02	Heemskerk
176.	Smit Lydia	84	08-021	4:01.22	25m	24-9-98	Heemskerk (NED)
177.	Elghandor Kiyaan	03	08-021	4:02.36	25m	11-10-15	Zaandam (NED)
178.	Zeeman Judith	70	08-021	4:09.30	25m	11-4-81	Heemskerk (NED)
179.	Potemans Priscilla	84	08-021	4:16.00	25m	11-9-97	Heemskerk (NED)

500 rugslag

1.	van der Gracht Anouk	89	08-021	8:56.86	OW	7-7-07	Oss (NED)
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25 schoolslag

1.	Palmboom Nicole	91	08-021	17.22	25m	27-4-06	Heemskerk
2.	Kramer Miranda	80	08-021	17.60	25m	19-3-98	Heemskerk (NED)
3.	van Honk Chantal	80	08-021	17.80	25m	16-5-91	Heemskerk (NED)
3.	van Rookhuizen Sieta	79	08-021	17.80	25m	13-3-97	Heemskerk (NED)
5.	de Groot Daniëlle	93	08-021	17.83	25m	29-5-08	Heemskerk (NED)
6.	Hulshof Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)
6.	Stam Vanessa	80	08-021	17.90	25m	13-3-97	Heemskerk (NED)
8.	van der Geest Saskia	73	08-021	18.10	25m	12-1-89	Heemskerk (NED)
9.	Hogema Fabiën	93	08-021	18.32	25m	19-4-07	Heemskerk (NED)
10.	van der Kroft Nicole	84	08-021	18.40	25m	13-3-97	Heemskerk (NED)
11.	van der Gracht Anouk	89	08-021	18.41	25m	27-4-06	Heemskerk
12.	Koster Lisa	94	08-021	18.50	25m	19-4-07	Heemskerk (NED)
13.	Schelvis Femke	84	08-021	18.60	25m	19-3-98	Heemskerk (NED)
14.	Schelvis Roos	86	08-021	18.63	25m	22-2-01	Heemskerk (NED)
15.	Crok Linda	94	08-021	18.68	25m	29-5-08	Heemskerk (NED)
16.	Boekling Annette	85	08-021	18.72	25m	22-2-01	Heemskerk (NED)
17.	Vink Lidewij	90	08-021	18.88	25m	19-4-07	Heemskerk (NED)
18.	Stins Mariska	84	08-021	18.89	25m	25-3-99	Heemskerk (NED)
19.	Crok Annemarie	89	08-021	19.04	25m	27-4-06	Heemskerk

25 schoolslag (sinds 20)

20.	Vink Marjolein	93	08-021	19.06	25m	19-4-07	Heemskerk (NED)
21.	Schuyt Simone	75	08-021	19.10	25m	12-1-89	Heemskerk (NED)
21.	Stam Sabrina	82	08-021	19.10	25m	13-3-97	Heemskerk (NED)
23.	Besse Karen	75	08-021	19.40	25m	12-1-89	Heemskerk (NED)
23.	Beentjes Nicolet	80	08-021	19.40	25m	14-3-96	Heemskerk (NED)
25.	de Boer Irene	84	08-021	19.43	25m	25-3-99	Heemskerk (NED)
26.	Kleijne Daisy	89	08-021	19.45	25m	19-4-07	Heemskerk (NED)
27.	Essers Sanne	91	08-021	19.46	25m	27-4-06	Heemskerk
28.	Heus Pauline	78	08-021	19.50	25m	19-3-98	Heemskerk (NED)
29.	van Staveren Marina	78	08-021	19.54	25m	18-11-12	Almere-Stad (NED)
30.	Jongema Helena	80	08-021	19.59	25m	21-2-09	Heerenveen (NED)
31.	van Duin Margret	60	08-021	19.60	25m	14-9-76	Heemskerk (NED)
31.	Nijholt Carin	60	08-021	19.60	25m	14-9-76	Heemskerk (NED)
31.	Meijer Sylvia	81	08-021	19.60	25m	13-3-97	Heemskerk (NED)
31.	Krouwels Tanja	79	08-021	19.60	25m	19-3-98	Heemskerk (NED)
31.	Cappelle Carlijn	82	08-021	19.60	25m	19-3-98	Heemskerk (NED)
36.	Glorie Astrid	63	08-021	19.70	25m	14-9-76	Heemskerk (NED)
36.	Bruin Adri	74	08-021	19.70	25m	12-1-89	Heemskerk (NED)
36.	Niesten Iris	92	08-021	19.70	25m	29-5-08	Heemskerk (NED)
39.	Dijkstra Lisette	86	08-021	19.80	25m	19-3-98	Heemskerk (NED)
40.	Niesten Annet	62	08-021	19.90	25m	14-9-76	Heemskerk (NED)
40.	Limmen Miriam	75	08-021	19.90	25m	31-12-89	Heemskerk (NED)
40.	Limmen Karin	76	08-021	19.90	25m	16-5-91	Heemskerk (NED)
40.	Oudendijk Bianca	79	08-021	19.90	25m	14-3-96	Heemskerk (NED)
44.	Molenaar Eline	82	08-021	20.17	25m	25-3-99	Heemskerk (NED)
45.	Bruin Marianne	78	08-021	20.20	25m	16-5-91	Heemskerk (NED)
45.	Moolevliet Petra	82	08-021	20.20	25m	27-4-95	Heemskerk (NED)
47.	Butter Anouk	82	08-021	20.25	25m	25-3-99	Heemskerk (NED)
48.	van Kooten Cynthia	93	08-021	20.28	25m	19-4-07	Heemskerk (NED)
49.	Meijer Linda	77	08-021	20.30	25m	16-6-93	
49.	Hoek Daniëlle	88	08-021	20.30	25m	29-5-08	Heemskerk (NED)
51.	Mallon Danique	94	08-021	20.36	25m	19-4-07	Heemskerk (NED)
52.	Splinter Nathalie	75	08-021	20.40	25m	12-1-89	Heemskerk (NED)
52.	de Ruijter Linda	87	08-021	20.40	25m	20-1-00	Heemskerk (NED)
54.	Groot Tineke	60	08-021	20.50	25m	30-3-76	Heemskerk (NED)
55.	Koper Birgit	87	08-021	20.52	25m	27-4-06	Heemskerk
56.	Teufer Irene	96	08-021	20.57	25m	19-4-07	Heemskerk (NED)
57.	van Ballegooie Stefanie	86	08-021	20.61	25m	17-2-00	Heemskerk (NED)
58.	Koopman Anitra	89	08-021	20.67	25m	22-2-01	Heemskerk (NED)
59.	Zonneveld Cindy	75	08-021	20.70	25m	12-1-89	Heemskerk (NED)
60.	Dijkstra Maud	84	08-021	20.80	25m	5-2-98	Heemskerk (NED)
61.	Smit Lydia	84	08-021	20.84	25m	25-3-99	Heemskerk (NED)
62.	Welboren Trudy	61	08-021	20.90	25m	14-9-76	Heemskerk (NED)
63.	Liefting Sarina	93	08-021	20.92	25m	27-4-06	Heemskerk
64.	Bos Chantal	74	08-021	21.00	25m	12-1-89	Heemskerk (NED)
65.	Koper Ella	90	08-021	21.06	25m	27-4-06	Heemskerk
66.	de Boer Angela	80	08-021	21.10	25m	27-4-95	Heemskerk (NED)
67.	de Vries Cathy	77	08-021	21.20	25m	16-5-91	Heemskerk (NED)
67.	van Ballegooie Simone	84	08-021	21.20	25m	13-3-97	Heemskerk (NED)
67.	Hommersen Sandra	84	08-021	21.20	25m	19-3-98	Heemskerk (NED)
70.	Visser Stacey	87	08-021	21.28	25m	17-2-00	Heemskerk (NED)
71.	Lund Karin	63	08-021	21.30	25m	14-9-76	Heemskerk (NED)
72.	Regelink Anneke	83	08-021	21.31	25m	25-3-99	Heemskerk (NED)

25 schoolslag (sinds 73)

73.	Rodenburg Rianne	93	08-021	21.35	25m	27-4-06	Heemskerk
74.	Hoek Laura	86	08-021	21.38	25m	17-2-00	Heemskerk (NED)
75.	van Giezen Sandra	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)
75.	Peters Yvonne	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)
75.	de Boer Claudia	77	08-021	21.40	25m	31-12-89	Heemskerk (NED)
75.	Zonneveld Monica	80	08-021	21.40	25m	16-6-93	
75.	Hoogervorst Marlon	84	08-021	21.40	25m	16-3-95	Heemskerk (NED)
75.	Visser Kelly	89	08-021	21.40	25m	22-2-01	Heemskerk (NED)
81.	de Laat Anita	75	08-021	21.50	25m	22-3-88	Heemskerk (NED)
82.	Vredenburg Roos	95	08-021	21.58	25m	29-5-08	Heemskerk (NED)
82.	ten Cate Joyce	80	08-021	21.58	25m	21-11-10	Almere-Stad (NED)
84.	Domburg Irma	62	08-021	21.60	25m	30-3-76	Heemskerk (NED)
84.	Dijkstra Janet	77	08-021	21.60	25m	12-1-89	Heemskerk (NED)
84.	Limmen Anita	78	08-021	21.60	25m	16-6-93	
87.	Lindelauf Priscilla	85	08-021	21.64	25m	17-2-00	Heemskerk (NED)
87.	Nijman José	93	08-021	21.64	25m	29-5-08	Heemskerk (NED)
89.	van de Kamp Pauline	61	08-021	21.80	25m	30-3-76	Heemskerk (NED)
89.	Keessen Pam	62	08-021	21.80	25m	14-9-76	Heemskerk (NED)
89.	Deiman Caroline	67	08-021	21.80	25m	17-12-87	Heemskerk (NED)
92.	Wegchelaer Ageeth	62	08-021	21.90	25m	30-3-76	Heemskerk (NED)
92.	Verbree Bets	63	08-021	21.90	25m	14-9-76	Heemskerk (NED)
94.	ten Cate Ilona	85	08-021	21.98	25m	19-4-07	Heemskerk (NED)
95.	Borg Karin	61	08-021	22.00	25m	30-3-76	Heemskerk (NED)
95.	Zijlstra Mariëlle	83	08-021	22.00	25m	14-3-96	Heemskerk (NED)
95.	Zonneveld Chantal	84	08-021	22.00	25m	13-3-97	Heemskerk (NED)
98.	Steenkamp Ciska	90	08-021	22.08	25m	22-2-01	Heemskerk (NED)
99.	Wissenburg Petra	65	08-021	22.10	25m	14-9-76	Heemskerk (NED)
99.	Bakkum Wilma	62	08-021	22.10	25m	14-9-76	Heemskerk (NED)
99.	Bakker Jesca	79	08-021	22.10	25m	12-1-89	Heemskerk (NED)
99.	van der Wijden Eline	88	08-021	22.10	25m	18-1-01	Heemskerk (NED)
103.	Viel Bianca	85	08-021	22.16	25m	25-3-99	Heemskerk (NED)
103.	van Koeveringe Nicole	93	08-021	22.16	25m	27-4-06	Heemskerk
105.	van Zwieten Jacqueline	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)
105.	Teunissen Petra	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)
107.	van Velsen Patricia	79	08-021	22.30	25m	27-4-95	Heemskerk (NED)
108.	Groot Irma	63	08-021	22.40	25m	14-9-76	Heemskerk (NED)
109.	Limmen Corina	65	08-021	22.50	25m	30-3-76	Heemskerk (NED)
110.	van Galen Marion	61	08-021	22.60	25m	14-9-76	Heemskerk (NED)
110.	Gerritsen Jolanda	64	08-021	22.60	25m	14-9-76	Heemskerk (NED)
110.	de Vries Justine	83	08-021	22.60	25m	13-3-97	Heemskerk (NED)
113.	Bouwman Esther	63	08-021	22.70	25m	14-9-76	Heemskerk (NED)
114.	Essers Patricia	84	08-021	22.74	25m	17-2-00	Heemskerk (NED)
115.	Numan Annelies	63	08-021	22.80	25m	14-9-76	Heemskerk (NED)
116.	Groen Anne	95	08-021	22.84	25m	29-5-08	Heemskerk (NED)
117.	Missot Gonda	66	08-021	22.90	25m	14-9-76	Heemskerk (NED)
117.	van Leen Cynthia	81	08-021	22.90	25m	14-3-96	Heemskerk (NED)
119.	Leek Marja	63	08-021	23.00	25m	30-3-76	Heemskerk (NED)
119.	Reijnders Sandra	64	08-021	23.00	25m	14-9-76	Heemskerk (NED)
119.	Huneker Jolanda	79	08-021	23.00	25m	5-3-98	Heemskerk (NED)
122.	Buur Naomi	01	08-021	23.02	25m	13-3-11	Heemskerk (NED)
123.	van der Zee Olga	66	08-021	23.10	25m	14-9-76	Heemskerk (NED)
123.	Palthe Monique	64	08-021	23.10	25m	14-9-76	Heemskerk (NED)
125.	Koper Selma	03	08-021	23.24	25m	7-4-13	Castricum (NED)

25 schoolslag (sinds 126)

126.	Schaaper Margriet	62	08-021	23.30	25m	30-3-76	Heemskerk (NED)
126.	van Galen Angela	65	08-021	23.30	25m	14-9-76	Heemskerk (NED)
126.	Potemans Priscilla	84	08-021	23.30	25m	13-3-97	Heemskerk (NED)
129.	Dekker Danyk	94	08-021	23.34	25m	29-5-08	Heemskerk (NED)
130.	Tahti Sandra	65	08-021	23.40	25m	14-9-76	Heemskerk (NED)
131.	Stel Kaylin	01	08-021	23.45	25m	11-4-10	Zaandam (NED)
132.	de Weers Anne-Michelle	63	08-021	23.50	25m	14-9-76	Heemskerk (NED)
132.	Welboren Els	64	08-021	23.50	25m	14-9-76	Heemskerk (NED)
134.	de Visser Jolanda	62	08-021	23.60	25m	30-3-76	Heemskerk (NED)
134.	Mulder Amy	80	08-021	23.60	25m	16-6-93	
134.	van der Eng Laura	80	08-021	23.60	25m	14-3-96	Heemskerk (NED)
134.	Werdekker Esther	83	08-021	23.60	25m	13-3-97	Heemskerk (NED)
138.	Zwarthoed Brenda	96	08-021	23.68	25m	19-4-07	Heemskerk (NED)
139.	van Rijn Ilona	65	08-021	23.70	25m	14-9-76	Heemskerk (NED)
139.	Snijder Femke	83	08-021	23.70	25m	13-10-93	
141.	Bakker Daniëlle	96	08-021	23.73	25m	29-5-08	Heemskerk (NED)
142.	Werdekker Marjolein	81	08-021	23.80	25m	13-3-97	Heemskerk (NED)
143.	van Huisstede Nikita	01	08-021	23.89	25m	3-4-11	Zaandam (NED)
144.	Besse Meta	78	08-021	24.00	25m	31-12-89	Heemskerk (NED)
144.	van Noort Jony	85	08-021	24.00	25m	14-3-96	Heemskerk (NED)
146.	Bakker Anna	97	08-021	24.06	25m	29-5-08	Heemskerk (NED)
147.	Buur Carina	64	08-021	24.10	25m	30-3-76	Heemskerk (NED)
147.	Tholen Kirsten	66	08-021	24.10	25m	14-9-76	Heemskerk (NED)
147.	de Jonge Ida	61	08-021	24.10	25m	14-9-76	Heemskerk (NED)
150.	van der Horst Sacha	69	08-021	24.20	25m	15-9-79	Heemskerk (NED)
150.	de Groot Linda	81	08-021	24.20	25m	10-11-94	Heemskerk (NED)
152.	Heus Inge	81	08-021	24.30	25m	16-5-91	Heemskerk (NED)
153.	van de Kamp Yvonne	65	08-021	24.40	25m	14-9-76	Heemskerk (NED)
153.	Reuderink Miranda	63	08-021	24.40	25m	14-9-76	Heemskerk (NED)
155.	van Megen Carla	65	08-021	24.50	25m	14-9-76	Heemskerk (NED)
155.	Claesens Freeke	64	08-021	24.50	25m	14-9-76	Heemskerk (NED)
155.	Rasch Monique	66	08-021	24.50	25m	14-9-76	Heemskerk (NED)
155.	Cappelle Marcella	85	08-021	24.50	25m	19-3-98	Heemskerk (NED)
159.	Calkhoven Mariëtte	65	08-021	24.60	25m	14-9-76	Heemskerk (NED)
159.	Grul Lisanne	97	08-021	24.60	25m	29-5-08	Heemskerk (NED)
161.	Koper Fiona	01	08-021	24.62	25m	3-4-11	Zaandam (NED)
162.	Hoekstra Eline	03	08-021	24.63	25m	11-3-12	Zaandam (NED)
163.	Walraven Annet	62	08-021	24.70	25m	30-3-76	Heemskerk (NED)
163.	Huisman Lianne	87	08-021	24.70	25m	18-1-01	Heemskerk (NED)
165.	Nijman Linda	89	08-021	24.76	25m	22-2-01	Heemskerk (NED)
166.	Aafjes Suzan	69	08-021	24.80	25m	15-9-79	Heemskerk (NED)
167.	Dijkstra Pascal	89	08-021	24.81	25m	25-3-99	Heemskerk (NED)
168.	Groot Carolien	64	08-021	24.90	25m	30-3-76	Heemskerk (NED)
168.	de Graaf Annemiek	70	08-021	24.90	25m	16-3-80	Heemskerk (NED)
168.	Elghandor Kiyaan	03	08-021	24.90	25m	2-2-14	Haarlem (NED)
171.	Rodenburg Kyra	96	08-021	24.94	25m	27-4-06	Heemskerk
172.	van der Zee Paula	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)
172.	Jonker Nicole	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)
172.	Stoker Ianthe	84	08-021	25.00	25m	13-3-97	Heemskerk (NED)
175.	Jonker Monique	66	08-021	25.10	25m	14-9-76	Heemskerk (NED)
176.	Renkema Iris	04	08-021	25.11	25m	10-3-13	Schagen (NED)
177.	Put Ann	64	08-021	25.20	25m	14-9-76	Heemskerk (NED)
177.	Windmuller Wendy	69	08-021	25.20	25m	15-9-79	Heemskerk (NED)

25 schoolslag (sinds 179)

177.	van Honschoten Ingeborg	70	08-021	25.20	25m	16-3-80	Heemskerk (NED)
177.	Schijf Irene	83	08-021	25.20	25m	16-3-95	Heemskerk (NED)
181.	Vellinga Yvonne	64	08-021	25.30	25m	14-9-76	Heemskerk (NED)
182.	de Haan Shira	00	08-021	25.39	25m	3-1-10	Culemborg (NED)
183.	Mosch Sabina	84	08-021	25.50	25m	13-3-97	Heemskerk (NED)
184.	Scholten Britt	04	08-021	25.58	25m	7-4-13	Castricum (NED)
185.	Wiegman Brenda	72	08-021	25.60	25m	13-12-81	Volendam (NED)
186.	Kerkhoven Michelle	91	08-021	25.72	25m	22-2-01	Heemskerk (NED)
187.	Zeeman Judith	70	08-021	25.90	25m	15-9-79	Heemskerk (NED)
188.	Liefting Marielle	90	08-021	25.97	25m	22-2-01	Heemskerk (NED)
189.	van den Braber Liesbeth	84	08-021	26.00	25m	13-3-97	Heemskerk (NED)
190.	van Leeuwen Andrea	71	08-021	26.10	25m	15-9-79	Heemskerk (NED)
191.	Pezo Adna	90	08-021	26.12	25m	22-2-01	Heemskerk (NED)
192.	de Vriend Sofie	01	08-021	26.27	25m	3-4-11	Zaandam (NED)
193.	de Haan Liesbeth	64	08-021	26.30	25m	30-3-76	Heemskerk (NED)
193.	Cijsouw Karin	66	08-021	26.30	25m	14-9-76	Heemskerk (NED)
193.	Palthe Yvonne	67	08-021	26.30	25m	14-9-76	Heemskerk (NED)
193.	van den Heuvel Sandra	80	08-021	26.30	25m	12-1-89	Heemskerk (NED)
197.	van der Leden Cynthia	66	08-021	26.40	25m	14-9-76	Heemskerk (NED)
197.	van Dijk Yvonne	65	08-021	26.40	25m	14-9-76	Heemskerk (NED)
197.	Peters Marion	67	08-021	26.40	25m	14-9-76	Heemskerk (NED)
200.	Schelvis Liselot	92	08-021	26.45	25m	18-11-01	Heemskerk
201.	van Wijngaarden Linda	65	08-021	26.50	25m	30-3-76	Heemskerk (NED)
201.	Pover Ellen	72	08-021	26.50	25m	16-3-80	Heemskerk (NED)
203.	Geluk Mabelle	73	08-021	26.65	25m	20-11-11	Almere-Stad (NED)
204.	Kuijl Karin	65	08-021	26.80	25m	14-9-76	Heemskerk (NED)
204.	van der Horst Wendy	72	08-021	26.80	25m	10-2-80	Heerhugowaard (NED)
204.	Martens Priscilla	85	08-021	26.80	25m	20-3-97	Heemskerk (NED)
207.	Nobels Marlies	65	08-021	26.90	25m	14-9-76	Heemskerk (NED)
208.	Windmuller Annemarie	67	08-021	27.00	25m	14-9-76	Heemskerk (NED)
209.	Plokker Sylvia	68	08-021	27.20	25m	14-9-76	Heemskerk (NED)
209.	Bakker Lisette	83	08-021	27.20	25m	14-3-96	Heemskerk (NED)
211.	Pover Karin	67	08-021	27.40	25m	14-9-76	Heemskerk (NED)
211.	Konz Cyndy	66	08-021	27.40	25m	14-9-76	Heemskerk (NED)
213.	de Wildt Gitta	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)
213.	Beentjes Esther	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)
215.	Poppema Yvonne	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)
215.	Lammers Angelique	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)
217.	van Ederen Jasmijn	10	08-021	27.62	25m	13-5-18	Haarlem (NED)
218.	Hoeksema Kim	90	08-021	27.66	25m	22-2-01	Heemskerk (NED)
219.	Kraamer Carla	66	08-021	27.70	25m	30-3-76	Heemskerk (NED)
219.	Bakkum Astrid	65	08-021	27.70	25m	14-9-76	Heemskerk (NED)
221.	Veldhuis Amelia	03	08-021	27.77	25m	7-4-13	Castricum (NED)
222.	Nuyten Carolien	63	08-021	27.80	25m	30-3-76	Heemskerk (NED)
222.	Reeuwijk Danielle	70	08-021	27.80	25m	15-9-79	Heemskerk (NED)
224.	Ververst Brigitte	66	08-021	28.00	25m	14-9-76	Heemskerk (NED)
224.	de Vries Annelies	64	08-021	28.00	25m	14-9-76	Heemskerk (NED)
226.	van der Leden Laura	68	08-021	28.20	25m	14-9-76	Heemskerk (NED)
227.	Knight Kayleigh	00	08-021	28.35	25m	27-9-09	Hoom (NED)
228.	de Buyzer Anita	67	08-021	28.40	25m	14-9-76	Heemskerk (NED)
229.	van Zalingen Margreet	67	08-021	28.50	25m	14-9-76	Heemskerk (NED)
229.	Eijndhoven Jonna	02	08-021	28.50	25m	11-3-12	Zaandam (NED)
231.	ter Horst Ilja	67	08-021	28.60	25m	30-3-76	Heemskerk (NED)

25 schoolslag (sinds 232)

232.	Dwarswaard Wilma	64	08-021	29.00	25m	30-3-76	Heemskerk (NED)
233.	Hollander Marianne	65	08-021	29.10	25m	30-3-76	Heemskerk (NED)
233.	Zieck Esther	67	08-021	29.10	25m	30-3-76	Heemskerk (NED)
235.	Hoekstra Femke	05	08-021	29.11	25m	2-2-14	Haarlem (NED)
236.	Zwart Ellen	65	08-021	29.30	25m	30-3-76	Heemskerk (NED)
237.	Kuijper Michelle	91	08-021	29.44	25m	22-2-01	Heemskerk (NED)
238.	Dekker Elise	97	08-021	29.56	25m	21-3-04	Heemstede
239.	van Giezen Corina	68	08-021	29.70	25m	14-9-76	Heemskerk (NED)
240.	Gravemaker Sandra	68	08-021	30.10	25m	14-9-76	Heemskerk (NED)
240.	van der Veldt Sandra	72	08-021	30.10	25m	16-3-80	Heemskerk (NED)
242.	Copier Alyssa	04	08-021	30.34	25m	10-3-13	Schagen (NED)
243.	van der Mei Monique	65	08-021	30.50	25m	30-3-76	Heemskerk (NED)
244.	Wieman Lianne	03	08-021	30.52	25m	30-6-11	Heemskerk (NED)
245.	Eggink Christa	65	08-021	30.60	25m	30-3-76	Heemskerk (NED)
246.	Raaymakers Marjolein	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)
247.	Zuidervaart Anne	02	08-021	30.84	25m	30-6-11	Heemskerk (NED)
248.	Ververst Jacqueline	68	08-021	31.00	25m	14-9-76	Heemskerk (NED)
248.	Bos Froke	69	08-021	31.00	25m	14-9-76	Heemskerk (NED)
248.	Reuderink Bettina	67	08-021	31.00	25m	14-9-76	Heemskerk (NED)
251.	Huisman Jolanda	68	08-021	31.10	25m	30-3-76	Heemskerk (NED)
252.	Welboren Carla	68	08-021	31.50	25m	30-3-76	Heemskerk (NED)
253.	Salido Keesje	05	08-021	31.55	25m	2-2-14	Haarlem (NED)
254.	Sobh Shaime	03	08-021	31.76	25m	11-3-12	Zaandam (NED)
255.	Niessen Annemarie	67	08-021	32.60	25m	14-9-76	Heemskerk (NED)
256.	van Vliet Sandra	67	08-021	32.70	25m	30-3-76	Heemskerk (NED)
257.	de Graaf Marion	72	08-021	32.90	25m	10-2-80	Heerhugowaard (NED)
258.	Windmuller Jolande	65	08-021	33.30	25m	14-9-76	Heemskerk (NED)
259.	Mooy Monique	69	08-021	34.80	25m	30-3-76	Heemskerk (NED)
260.	Berloth Lydia	68	08-021	35.00	25m	30-3-76	Heemskerk (NED)
260.	Atzei Sabina	71	08-021	35.00	25m	16-3-80	Heemskerk (NED)
262.	Lange Sandra	67	08-021	35.30	25m	30-3-76	Heemskerk (NED)
262.	Visser Mirjam	67	08-021	35.30	25m	30-3-76	Heemskerk (NED)
264.	de Vries Sascha	69	08-021	35.80	25m	30-3-76	Heemskerk (NED)
265.	Spanjaard Marijke	65	08-021	36.00	25m	30-3-76	Heemskerk (NED)
266.	Guldemonnd Collinda	68	08-021	36.50	25m	14-9-76	Heemskerk (NED)
267.	de Wit Irene	68	08-021	38.30	25m	30-3-76	Heemskerk (NED)
268.	Dorlandt Yvonne	69	08-021	39.40	25m	30-3-76	Heemskerk (NED)
269.	Roestenberg Miriam	70	08-021	41.50	25m	14-9-76	Heemskerk (NED)
270.	Beemsterboer Marianne	67	08-021	46.00	25m	30-3-76	Heemskerk (NED)

50 schoolslag

1.	Kingma Danae	00	08-021	34.17	25m	13-11-16	Purmerend (NED)
2.	Broek Jade	97	08-021	36.51	25m	13-11-16	Purmerend (NED)
3.	van Honk Chantal	80	08-021	37.00	50m	21-3-93	Beverwijk (NED)
4.	Palmboom Nicole	91	08-021	37.64	25m	30-12-07	Maastricht (NED)
5.	de Haan Shira	00	08-021	38.19	25m	29-12-16	Leeuwarden (NED)
6.	van der Geest Saskia	73	08-021	38.90	25m	31-12-88	
7.	Kramer Miranda	80	08-021	38.91	25m	16-4-00	Almelo (NED)
8.	Stam Vanessa	80	08-021	39.00	25m	26-1-97	Zuidoost Beemster (NED)
9.	de Groot Daniëlle	93	08-021	39.29	25m	10-2-08	Purmerend (NED)
10.	Crok Linda	94	08-021	39.33	25m	3-3-13	Purmerend (NED)
11.	van Rookhuizen Sieta	79	08-021	39.42	25m	24-9-98	Heemskerk (NED)

50 schoolslag (sinds 12)

12.	Groen Anne	95	08-021	39.62	25m	16-3-17	Heemskerk (NED)
13.	Hoekstra Eline	03	08-021	39.99	25m	1-4-18	Haarlem (NED)
14.	Koster Lisa	94	08-021	40.10	25m	30-12-07	Maastricht (NED)
15.	Schelvis Femke	84	08-021	40.22	25m	25-11-04	Heemskerk (NED)
16.	Koper Fiona	01	08-021	40.24	25m	12-4-18	Heemskerk (NED)
17.	van 't Veer Iris	03	08-021	40.31	25m	12-4-18	Heemskerk (NED)
18.	van der Kroft Nicole	84	08-021	40.32	25m	17-3-02	Zaandam
19.	Hulshof Saskia	73	08-021	40.40	25m	14-12-88	
20.	Vink Lidewij	90	08-021	40.57	25m	5-3-06	Purmerend (NED)
21.	Crok Annemarie	89	08-021	40.71	25m	15-11-09	Haarlem (NED)
22.	van der Gracht Anouk	89	08-021	40.72	25m	8-4-07	Haarlem (NED)
23.	Schelvis Roos	86	08-021	40.77	25m	3-12-00	Zaandam (NED)
24.	Siemerink Laura	04	08-021	40.90	25m	12-4-18	Heemskerk (NED)
25.	Smit Sanne	01	08-021	40.95	25m	15-2-15	Purmerend (NED)
26.	Vink Marjolein	93	08-021	40.96	25m	7-12-08	Zaandam (NED)
27.	Hogema Fabiën	93	08-021	41.02	25m	8-4-07	Haarlem (NED)
27.	Teufer Irene	96	08-021	41.02	25m	25-11-07	Amsterdam (NED)
29.	Oudendijk Bianca	79	08-021	41.10	25m	24-4-94	Zaandam (NED)
30.	de Boer Maia	03	08-021	41.41	50m	20-5-17	Alkmaar (NED)
31.	van Galen Angela	65	08-021	41.50	25m	14-3-81	Heemskerk (NED)
32.	Hoek Daniëlle	88	08-021	41.52	25m	5-6-05	Alkmaar (NED)
32.	Stel Serena	98	08-021	41.52	25m	4-4-10	Haarlem (NED)
34.	Petit Kirsten	00	08-021	41.59	25m	13-11-16	Purmerend (NED)
35.	van Huisstede Nikita	01	08-021	41.62	25m	19-2-15	Heemskerk (NED)
36.	Mallon Danique	94	08-021	41.66	25m	14-3-10	Heemskerk (NED)
37.	van Giezen Sandra	63	08-021	41.70	25m	14-3-81	Heemskerk (NED)
37.	Boekling Annette	85	08-021	41.70	25m	20-12-01	Heemskerk
39.	van Langelaar Tessa	97	08-021	41.72	25m	10-3-13	Schagen (NED)
40.	Stins Mariska	84	08-021	41.73	25m	15-4-01	Haarlem (NED)
41.	Buur Naomi	01	08-021	41.76	25m	17-3-16	Heemskerk (NED)
42.	Niesten Annet	62	08-021	41.80	25m	22-1-78	Zaandam (NED)
42.	Stam Sabrina	82	08-021	41.80	25m	27-10-96	Zaandam (NED)
44.	Kleijne Daisy	89	08-021	41.93	25m	29-4-07	Alkmaar (NED)
44.	Niesten Iris	92	08-021	41.93	25m	12-4-09	Haarlem (NED)
46.	van Staveren Marina	78	08-021	41.98	25m	9-2-12	Heemskerk (NED)
47.	Nijholt Carin	60	08-021	42.00	25m	27-11-77	IJmuiden (NED)
48.	Schuyt Simone	75	08-021	42.10	25m	15-12-88	Heemskerk (NED)
48.	Heus Pauline	78	08-021	42.10	25m	5-10-97	Zaandam (NED)
50.	de Groot Gitta	60	08-021	42.50	25m	27-11-77	IJmuiden (NED)
50.	Knight Kayleigh	00	08-021	42.50	25m	16-3-17	Heemskerk (NED)
52.	Limmen Karin	76	08-021	42.60	25m	7-11-90	
53.	Moolevliet Petra	82	08-021	42.80	25m	10-10-96	Heemskerk (NED)
53.	Cappelle Carlijn	82	08-021	42.80	25m	11-9-97	Heemskerk (NED)
55.	van de Poll Marianne	89	08-021	42.85	25m	27-11-03	Heemskerk (NED)
56.	Koopman Anitra	89	08-021	42.87	25m	5-6-05	Alkmaar (NED)
57.	Spijker Kristel	84	08-021	42.93	25m	5-2-12	Zaandam (NED)
58.	Renkema Iris	04	08-021	42.98	50m	29-5-16	Alkmaar (NED)
59.	van Duin Margret	60	08-021	43.00	25m	30-3-76	Heemskerk (NED)
59.	Meijer Sylvia	81	08-021	43.00	25m	27-10-96	Zaandam (NED)
61.	Essers Sanne	91	08-021	43.09	25m	30-12-07	Maastricht (NED)
62.	Besse Karen	75	08-021	43.30	25m	8-11-90	Heemskerk (NED)
63.	van Kooten Cynthia	93	08-021	43.35	25m	31-5-07	Heemskerk (NED)
64.	Limmen Miriam	75	08-021	43.40	25m	14-12-89	Heemskerk (NED)

50 schoolslag (sinds 65)

64.	Beentjes Nicolet	80	08-021	43.40	25m	5-10-97	Zaandam (NED)
64.	van Ballegooie Stefanie	86	08-021	43.40	25m	17-3-02	Zaandam
67.	Jongema Helena	80	08-021	43.60	25m	16-11-08	Amsterdam-oost (NED)
68.	Ivens Suzanne	99	08-021	43.65	25m	17-11-13	Heemskerk (NED)
69.	Krouwels Tanja	79	08-021	43.75	25m	24-9-98	Heemskerk (NED)
70.	Bruin Adri	74	08-021	43.90	25m	15-12-88	Heemskerk (NED)
70.	de Boer Angela	80	08-021	43.90	25m	20-10-94	Heemskerk (NED)
72.	Smid Diane	65	08-021	43.93	25m	29-3-07	Heemskerk (NED)
73.	Visser Stacey	87	08-021	44.05	25m	3-12-00	Zaandam (NED)
74.	Blaauw Yente	03	08-021	44.08	25m	16-3-17	Heemskerk (NED)
75.	de Ruijter Linda	87	08-021	44.09	25m	25-11-04	Heemskerk (NED)
76.	Veldhuis Amelia	03	08-021	44.17	25m	16-3-17	Heemskerk (NED)
77.	Missot Gonda	66	08-021	44.20	25m	15-9-79	Heemskerk (NED)
78.	Plokker Sylvia	68	08-021	44.30	25m	14-3-81	Heemskerk (NED)
78.	Hermans Liesbeth	66	08-021	44.30	25m	14-3-81	Heemskerk (NED)
80.	de Wolff Isabel	01	08-021	44.34	25m	30-3-14	Zaandam (NED)
81.	Lund Karin	63	08-021	44.40	25m	22-1-78	Zaandam (NED)
81.	de Boer Claudia	77	08-021	44.40	25m	5-10-89	Heemskerk (NED)
83.	Liefting Sarina	93	08-021	44.44	25m	30-11-06	Heemskerk
84.	Verbree Bets	63	08-021	44.50	25m	15-9-79	Heemskerk (NED)
85.	Scholten Britt	04	08-021	44.53	50m	20-5-17	Alkmaar (NED)
86.	de Boer Irene	84	08-021	44.60	25m	26-1-97	Zuidoost Beemster (NED)
86.	Buur Cindy	99	08-021	44.60	25m	13-11-16	Purmerend (NED)
88.	de Wildt Maud	05	08-021	44.66	25m	12-4-18	Heemskerk (NED)
89.	Wentink Yara	04	08-021	44.69	25m	1-4-18	Haarlem (NED)
90.	Peters Yvonne	63	08-021	44.70	25m	14-3-81	Heemskerk (NED)
91.	Vredenburg Roos	95	08-021	44.72	25m	7-2-10	Heemstede (NED)
92.	Munnik Yvonne	64	08-021	44.90	25m	22-1-78	Zaandam (NED)
93.	Zwaan Melissa	91	08-021	44.96	25m	28-12-03	Maastricht (NED)
94.	Deen Annette	60	08-021	45.00	25m	30-3-76	Heemskerk (NED)
94.	Oosterveen Yvonne	80	08-021	45.00	25m	12-5-93	
94.	Dijkstra Lisette	86	08-021	45.00	25m	11-9-97	Heemskerk (NED)
97.	Sobh Shaime	03	08-021	45.01	25m	6-3-16	Purmerend (NED)
98.	van Baar Monique	73	08-021	45.10	25m	14-12-88	
98.	Meijer Linda	77	08-021	45.10	25m	13-10-93	
98.	van Ballegooie Simone	84	08-021	45.10	25m	5-10-97	Zaandam (NED)
101.	Koper Birgit	87	08-021	45.12	25m	27-4-03	Zaandam
102.	Zwarthoed Brenda	96	08-021	45.18	25m	11-5-08	Purmerend (NED)
103.	Groot Tineke	60	08-021	45.20	25m	15-9-79	Heemskerk (NED)
103.	Tholen Kirsten	66	08-021	45.20	25m	4-10-80	Heemskerk (NED)
103.	Splinter Nathalie	75	08-021	45.20	25m	15-12-88	Heemskerk (NED)
103.	Bruin Marianne	78	08-021	45.20	25m	8-11-90	Heemskerk (NED)
103.	van Vliet Isabel	02	08-021	45.20	25m	26-11-17	Purmerend (NED)
108.	Visser Kelly	89	08-021	45.25	25m	30-9-12	Heemskerk (NED)
109.	Aafjes Suzan	69	08-021	45.50	25m	3-5-81	Zaandam (NED)
109.	Beentjes Daphne	91	08-021	45.50	25m	27-4-03	Zaandam
111.	Besse Meta	78	08-021	45.60	25m	7-2-91	Heemskerk (NED)
112.	Zeeman Judith	70	08-021	45.70	25m	3-5-81	Zaandam (NED)
113.	Windmuller Wendy	69	08-021	45.80	25m	14-3-81	Heemskerk (NED)
113.	de Vries Cathy	77	08-021	45.80	25m	8-11-90	Heemskerk (NED)
115.	Smit Lydia	84	08-021	45.89	25m	24-9-98	Heemskerk (NED)
116.	Keessen Pam	62	08-021	46.00	25m	22-4-78	Heemskerk (NED)
117.	van Koevering Nicole	93	08-021	46.08	25m	22-1-09	Heemskerk (NED)

50 schoolslag (sinds 118)

118.	van Sikkelerus Lisa	99	08-021	46.09	25m	9-3-14	Zaandam (NED)
119.	Dijkstra Maud	84	08-021	46.10	25m	5-10-97	Zaandam (NED)
120.	Bos Marieke	06	08-021	46.13	25m	5-11-17	Alkmaar (NED)
121.	Molenaar Eline	82	08-021	46.15	25m	16-12-99	Heemskerk
122.	Dijkstra Janet	77	08-021	46.30	25m	15-12-88	Heemskerk (NED)
122.	Zonneveld Cindy	75	08-021	46.30	25m	15-12-88	Heemskerk (NED)
124.	Zonneveld Chantal	84	08-021	46.35	25m	16-12-99	Heemskerk
125.	Limmen Anita	78	08-021	46.40	25m	5-3-94	
126.	Regelink Anneke	83	08-021	46.42	25m	24-9-98	Heemskerk (NED)
127.	Horst Diana	67	08-021	46.50	25m	14-3-81	Heemskerk (NED)
127.	Bakker Jesca	79	08-021	46.50	25m	14-12-89	Heemskerk (NED)
127.	Hoogervorst Marlon	84	08-021	46.50	25m	20-10-94	Heemskerk (NED)
130.	Bakkum Wilma	62	08-021	46.80	25m	15-9-79	Heemskerk (NED)
130.	Lund Jolanda	65	08-021	46.80	25m	10-2-80	Heerhugowaard (NED)
130.	Bos Chantal	74	08-021	46.80	25m	14-12-88	
133.	Rodenburg Rianne	93	08-021	46.82	25m	5-11-06	Zaandam (NED)
134.	Hofland Yasmin	01	08-021	46.99	25m	12-4-18	Heemskerk (NED)
135.	Reijnders Sandra	64	08-021	47.00	25m	10-2-80	Heerhugowaard (NED)
135.	Hommersen Sandra	84	08-021	47.00	25m	5-10-97	Zaandam (NED)
137.	Grul Lisanne	97	08-021	47.10	25m	10-3-13	Schagen (NED)
138.	de Loos Marijke	94	08-021	47.13	25m	23-5-10	Purmerend (NED)
139.	van de Kamp Yvonne	65	08-021	47.20	25m	14-3-81	Heemskerk (NED)
140.	ten Cate Joyce	80	08-021	47.21	25m	27-1-11	Heemskerk (NED)
141.	Meesters Audrey	90	08-021	47.25	25m	27-4-03	Zaandam
142.	Huisman Caroline	64	08-021	47.30	25m	17-9-77	Heemskerk (NED)
142.	Beeksma Anne	88	08-021	47.30	25m	21-4-02	Heemstede
144.	Angenent Nienke	01	08-021	47.37	25m	6-3-14	Heemskerk (NED)
145.	Lange Sandra	67	08-021	47.50	25m	16-3-80	Heemskerk (NED)
146.	Put Ann	64	08-021	47.60	25m	10-2-80	Heerhugowaard (NED)
146.	Zonneveld Monica	80	08-021	47.60	25m	13-10-93	
146.	Potemans Priscilla	84	08-021	47.60	25m	11-9-97	Heemskerk (NED)
149.	Butter Anouk	82	08-021	47.70	25m	9-4-98	Heemskerk (NED)
149.	van Rijn Sydney	03	08-021	47.70	25m	12-4-18	Heemskerk (NED)
151.	Zonneveld Melissa	88	08-021	47.76	25m	30-9-04	Heemskerk (NED)
152.	Lindelauf Priscilla	85	08-021	47.78	25m	14-12-00	Heemskerk (NED)
153.	Berloth Lydia	68	08-021	47.80	25m	4-10-80	Heemskerk (NED)
154.	Luesken Marian	62	08-021	47.90	25m	30-3-76	Heemskerk (NED)
155.	van der Horst Sacha	69	08-021	48.00	25m	14-3-81	Heemskerk (NED)
156.	Wieman Lianne	03	08-021	48.06	25m	16-3-17	Heemskerk (NED)
157.	Boere Sacha	91	08-021	48.09	25m	28-4-05	Heemskerk (NED)
158.	Dijkstra Ingrid	68	08-021	48.10	25m	14-3-81	Heemskerk (NED)
158.	Bouwer Jolien	89	08-021	48.10	25m	28-11-02	Heemskerk
160.	Mooy Monique	69	08-021	48.20	25m	13-12-81	Volendam (NED)
160.	Pover Karin	67	08-021	48.20	25m	8-3-87	Zaandam (NED)
160.	van Velsen Patricia	79	08-021	48.20	25m	20-10-94	Heemskerk (NED)
163.	Steenkamp Ciska	90	08-021	48.28	25m	14-12-00	Heemskerk (NED)
164.	Deiman Caroline	67	08-021	48.30	25m	8-2-89	
164.	de Groot Linda	81	08-021	48.30	25m	10-10-96	Heemskerk (NED)
166.	Raszinski Nienke	01	08-021	48.47	25m	6-3-14	Heemskerk (NED)
167.	van Assema Eline	05	08-021	48.51	25m	12-4-18	Heemskerk (NED)
168.	Nijman José	93	08-021	48.53	25m	28-10-07	Zaandam (NED)
169.	de Jong Desire	73	08-021	48.60	25m	8-3-87	Zaandam (NED)
170.	Ardicyaka Irem	06	08-021	48.61	25m	13-5-18	Haarlem (NED)

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171.	Martens landra	03	08-021	48.63	25m	8-1-15	Heemskerk (NED)
172.	van Giezen Corina	68	08-021	48.70	25m	14-3-81	Heemskerk (NED)
172.	de Graaf Annemiek	70	08-021	48.70	25m	3-5-81	Zaandam (NED)
174.	van Putten Demi	96	08-021	48.74	25m	29-5-11	Purmerend (NED)
175.	van Eerden Meike	00	08-021	48.77	25m	6-3-16	Purmerend (NED)
176.	Bouwman Esther	63	08-021	48.80	25m	30-3-76	Heemskerk (NED)
176.	van Giezen Irene	67	08-021	48.80	25m	14-3-81	Heemskerk (NED)
178.	Viel Bianca	85	08-021	48.92	25m	14-12-00	Heemskerk (NED)
179.	Hoek Laura	86	08-021	48.96	25m	16-12-99	Heemskerk
180.	de Pree Caroline	64	08-021	49.00	25m	10-2-80	Heerhugowaard (NED)
180.	Rasch Monique	66	08-021	49.00	25m	14-3-81	Heemskerk (NED)
182.	Visser Shana	04	08-021	49.02	25m	16-3-17	Heemskerk (NED)
183.	Yayli Serina	90	08-021	49.16	25m	31-1-02	Heemskerk
184.	Huneker Jolanda	79	08-021	49.30	25m	10-10-96	Heemskerk (NED)
185.	Koopman Jessie	97	08-021	49.37	25m	7-2-10	Heemstede (NED)
186.	Bakker Daniëlle	96	08-021	49.49	25m	22-1-09	Heemskerk (NED)
187.	Mans Joyce	67	08-021	49.50	25m	16-3-80	Heemskerk (NED)
187.	van Leeuwen Andrea	71	08-021	49.50	25m	14-3-81	Heemskerk (NED)
189.	Liefting Marielle	90	08-021	49.67	25m	20-12-01	Heemskerk
190.	Palthe Monique	64	08-021	49.70	25m	10-2-80	Heerhugowaard (NED)
190.	Huisman Jolanda	68	08-021	49.70	25m	14-3-81	Heemskerk (NED)
190.	Buitenhuis Danine	91	08-021	49.70	25m	24-4-03	Heemskerk
193.	ten Cate Ilona	85	08-021	49.78	25m	30-11-06	Heemskerk
194.	van den Braber Liesbeth	84	08-021	49.80	25m	9-4-98	Heemskerk (NED)
195.	Reyners Lisette	69	08-021	50.00	25m	29-11-82	Heemskerk (NED)
195.	Mulder Amy	80	08-021	50.00	25m	20-3-93	
195.	de Vries Justine	83	08-021	50.00	25m	1-5-97	Heemskerk (NED)
198.	Reuderink Miranda	63	08-021	50.10	25m	17-9-77	Heemskerk (NED)
198.	Rijkema Marije	85	08-021	50.10	25m	11-9-97	Heemskerk (NED)
198.	Aardenburg Judith	93	08-021	50.10	25m	28-11-04	Heemskerk (NED)
201.	Zijlstra Mariëlle	83	08-021	50.20	25m	16-9-95	Hoogeland (NED)
202.	Visser Robin	05	08-021	50.26	50m	25-3-18	Alkmaar (NED)
203.	Venema Jalina	04	08-021	50.27	25m	13-10-16	Heemskerk (NED)
204.	van der Eng Laura	80	08-021	50.30	25m	10-10-96	Heemskerk (NED)
205.	Dekker Danyk	94	08-021	50.39	25m	31-1-08	Heemskerk (NED)
206.	Poppema Yvonne	68	08-021	50.40	25m	10-2-80	Heerhugowaard (NED)
206.	van Giezen Wendy	70	08-021	50.40	25m	14-3-81	Heemskerk (NED)
208.	de Groot Marlijn	92	08-021	50.45	25m	16-5-05	Zuidoost-Beemster (NED)
208.	Rodenburg Kyra	96	08-021	50.45	25m	24-11-05	Heemskerk (NED)
210.	Last Rooske	94	08-021	50.47	25m	23-5-10	Purmerend (NED)
211.	Calkhoven Mariëtte	65	08-021	50.50	25m	30-3-76	Heemskerk (NED)
212.	Bakker Anna	97	08-021	50.53	25m	22-1-09	Heemskerk (NED)
213.	Wissenburg Petra	65	08-021	50.70	25m	17-9-77	Heemskerk (NED)
214.	Elghandor Kiyaan	03	08-021	50.77	25m	29-3-15	Zaandam (NED)
215.	Smit Ingrid	67	08-021	50.80	25m	4-10-80	Heemskerk (NED)
216.	Stel Kaylin	01	08-021	50.94	25m	23-5-10	Purmerend (NED)
217.	de Vriend Sofie	01	08-021	50.96	25m	3-2-13	Zaandam (NED)
218.	van der Wijden Eline	88	08-021	50.99	25m	14-12-00	Heemskerk (NED)
219.	Palthe Yvonne	67	08-021	51.00	25m	14-3-81	Heemskerk (NED)
219.	Windmuller Annemarie	67	08-021	51.00	25m	14-3-81	Heemskerk (NED)
219.	Cappelle Marcella	85	08-021	51.00	25m	5-10-97	Zaandam (NED)
222.	Werdekker Marjolein	81	08-021	51.10	25m	13-2-97	Heemskerk (NED)
223.	de Graaf Dinie	71	08-021	51.20	25m	14-3-81	Heemskerk (NED)

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223.	Hoolwerff Esther	77	08-021	51.20	25m	8-3-87	Zaandam (NED)
223.	van Asch Maria	74	08-021	51.20	25m	3-2-93	
226.	Terhorst Ilja	67	08-021	51.50	25m	15-9-79	Heemskerk (NED)
226.	Sierra Ana Maria	69	08-021	51.50	25m	14-3-81	Heemskerk (NED)
226.	Koper Ella	90	08-021	51.50	25m	20-12-01	Heemskerk
229.	Essers Patricia	84	08-021	51.57	25m	16-12-99	Heemskerk
230.	Dreyer Elly	63	08-021	51.60	25m	22-4-78	Heemskerk (NED)
231.	Schaefer Lisa	06	08-021	51.73	25m	12-4-18	Heemskerk (NED)
232.	Groot Irma	63	08-021	51.80	25m	30-3-76	Heemskerk (NED)
232.	Koper Leny	69	08-021	51.80	25m	10-2-80	Heerhugowaard (NED)
234.	Mosch Sabina	84	08-021	51.84	25m	28-11-02	Heemskerk
235.	Bakker Lisette	83	08-021	51.90	25m	9-4-98	Heemskerk (NED)
236.	van Rijn Ilona	65	08-021	52.00	25m	22-4-78	Heemskerk (NED)
237.	Dijkstra Pascal	89	08-021	52.23	25m	20-5-99	Heemskerk (NED)
238.	Renkema Marianne	70	08-021	52.30	25m	29-11-82	Heemskerk (NED)
239.	Kerkhoven Michelle	91	08-021	52.33	25m	30-11-00	Heemskerk (NED)
240.	Nijman Linda	89	08-021	52.54	25m	19-11-00	Zaandam (NED)
241.	Koper Selma	03	08-021	52.67	25m	21-4-13	Heemskerk (NED)
242.	van der Werf Chily	72	08-021	52.70	25m	29-11-82	Heemskerk (NED)
243.	Boonstra Esmé	02	08-021	52.75	25m	31-1-13	Heemskerk (NED)
244.	Wiegman Brenda	72	08-021	52.80	25m	29-11-82	Heemskerk (NED)
244.	de Jong Frederike	75	08-021	52.80	25m	3-2-93	
246.	Kesting Alexandra	00	08-021	52.81	25m	18-2-10	Heemskerk (NED)
247.	Salido Keesje	05	08-021	53.02	25m	29-3-15	Zaandam (NED)
248.	Pover Ellen	72	08-021	53.10	25m	29-11-82	Heemskerk (NED)
249.	van Rijn Eline	07	08-021	53.14	25m	13-11-16	Purmerend (NED)
250.	de Graaf Isabella	04	08-021	53.18	25m	10-12-17	Zaandam (NED)
251.	van den Heuvel Sandra	80	08-021	53.20	25m	1-3-90	Heemskerk (NED)
251.	Werdekker Esther	83	08-021	53.20	25m	8-2-96	Heemskerk (NED)
253.	Doll Maartje	80	08-021	53.30	25m	12-5-93	
254.	Ikink Marion	66	08-021	53.60	25m	29-11-82	Heemskerk (NED)
255.	Schelvis Liselot	92	08-021	53.69	25m	28-2-02	Heemskerk
256.	van Duivenvoorde Gerda	72	08-021	53.90	25m	29-11-82	Heemskerk (NED)
257.	Salem Lamies	03	08-021	54.09	25m	14-1-18	Purmerend (NED)
258.	van Noort Jony	85	08-021	54.10	25m	12-10-95	Heemskerk (NED)
258.	van Leen Cynthia	81	08-021	54.10	25m	11-1-96	Heemskerk (NED)
260.	Jonker Monique	66	08-021	54.20	25m	17-9-77	Heemskerk (NED)
260.	de Bruin Debby	70	08-021	54.20	25m	29-11-82	Heemskerk (NED)
262.	van Duin Gerdine	65	08-021	54.40	25m	30-3-76	Heemskerk (NED)
262.	van Ruth Yoore	78	08-021	54.40	25m	13-6-91	Heemskerk (NED)
262.	Geurtsen Daisy	89	08-021	54.40	25m	29-3-01	Heemskerk (NED)
265.	Doodeman Sara	00	08-021	54.45	25m	27-1-11	Heemskerk (NED)
266.	Lensen Sarian	89	08-021	54.49	25m	20-12-01	Heemskerk
267.	van der Does Lisa	02	08-021	54.58	25m	21-4-14	Haarlem (NED)
268.	de Jonge Ida	61	08-021	54.70	25m	17-9-77	Heemskerk (NED)
268.	van der Vaart Monique	70	08-021	54.70	25m	29-11-82	Heemskerk (NED)
268.	Bruins Bianca	81	08-021	54.70	25m	10-10-96	Heemskerk (NED)
271.	Huisman Lianne	87	08-021	54.72	25m	14-12-00	Heemskerk (NED)
271.	Kerkmeester Priscilla	96	08-021	54.72	25m	26-11-06	Heemskerk (NED)
273.	Hoeksema Kim	90	08-021	54.94	25m	18-11-01	Heemskerk
274.	van 't Hof Manon	90	08-021	55.06	25m	28-2-02	Heemskerk
275.	de Boer Isabel	06	08-021	55.26	25m	6-9-15	Zaandam (NED)
276.	van Dijk Yvonne	65	08-021	55.30	25m	30-3-76	Heemskerk (NED)

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277.	Pezo Adna	90	08-021	55.36	25m	20-12-01	Heemskerk
278.	Eijndhoven Jonna	02	08-021	55.38	25m	30-9-12	Heemskerk (NED)
279.	van Gent Anja	66	08-021	55.70	25m	16-3-80	Heemskerk (NED)
280.	Mul Marinette	72	08-021	56.00	25m	29-11-82	Heemskerk (NED)
281.	Doevendans Phileine	06	08-021	56.18	25m	18-2-16	Heemskerk (NED)
282.	Morianner Susanna	72	08-021	56.20	25m	20-9-81	Den Helder (NED)
283.	Bos Froke	69	08-021	56.30	25m	10-2-80	Heerhugowaard (NED)
283.	van der Vaart Marjolijn	69	08-021	56.30	25m	29-11-82	Heemskerk (NED)
285.	Gelsumino Giulia	03	08-021	56.34	25m	24-9-15	Heemskerk (NED)
286.	Wegchelaer Ageeth	62	08-021	56.40	25m	17-9-77	Heemskerk (NED)
287.	Snijder Femke	83	08-021	56.50	25m	24-3-94	Heemskerk (NED)
288.	van der Horst Wendy	72	08-021	56.60	25m	14-3-81	Heemskerk (NED)
288.	van der Helm Martine	72	08-021	56.60	25m	29-11-82	Heemskerk (NED)
290.	Hoorn Linsey	94	08-021	56.77	25m	31-3-05	Heemskerk (NED)
291.	Dekker Elise	97	08-021	56.84	25m	27-11-05	Heemskerk (NED)
292.	van Loon Monique	66	08-021	56.90	25m	29-11-82	Heemskerk (NED)
293.	van Duivenvoorde Jose	70	08-021	57.30	25m	29-11-82	Heemskerk (NED)
293.	Heus Inge	81	08-021	57.30	25m	13-6-91	Heemskerk (NED)
295.	Zonneveld Jennifer	88	08-021	57.32	25m	29-3-01	Heemskerk (NED)
296.	Brands Ingrid	72	08-021	57.40	25m	29-11-82	Heemskerk (NED)
297.	Schijf Irene	83	08-021	57.50	25m	20-10-94	Heemskerk (NED)
298.	de Ruyter Yvonne	71	08-021	58.00	25m	29-11-82	Heemskerk (NED)
299.	Zeeman Esther	74	08-021	58.60	25m	29-11-82	Heemskerk (NED)
300.	Hol Manouk	05	08-021	58.77	25m	29-3-15	Zaandam (NED)
301.	van der Pijl Madelon	89	08-021	59.13	25m	24-9-98	Heemskerk (NED)
302.	Kerdijk Lianne	81	08-021	59.50	25m	10-1-91	Heemskerk (NED)
303.	ten Cate Naomi	93	08-021	59.86	25m	27-3-03	Heemskerk
304.	Wiesener Winnifred	62	08-021	59.90	25m	17-9-77	Heemskerk (NED)
305.	Copier Alyssa	04	08-021	1:00.18	25m	10-11-13	Zaandam (NED)
306.	Welboren Julia	00	08-021	1:00.68	25m	9-10-11	Zaandam (NED)
307.	Kuijper Michelle	91	08-021	1:00.70	25m	20-12-01	Heemskerk
308.	Hoekstra Femke	05	08-021	1:00.78	25m	9-6-14	Purmerend (NED)
309.	de Caluwe Joyce	94	08-021	1:00.85	25m	27-2-03	Heemskerk
310.	Atzei Sabina	71	08-021	1:00.90	25m	29-11-82	Heemskerk (NED)
311.	Kuijl Karin	65	08-021	1:01.00	25m	17-9-77	Heemskerk (NED)
312.	Sanen Casey	99	08-021	1:01.46	25m	8-11-09	Heemstede (NED)
313.	Janssen Tess	89	08-021	1:01.50	25m	9-4-98	Heemskerk (NED)
314.	Schoonenberg Patricia	72	08-021	1:01.80	25m	29-11-82	Heemskerk (NED)
315.	Koppes Monique	69	08-021	1:01.90	25m	10-2-80	Heerhugowaard (NED)
316.	van Zalingen Margreet	67	08-021	1:03.00	25m	17-9-77	Heemskerk (NED)
316.	Pirovano Monique	69	08-021	1:03.00	25m	10-2-80	Heerhugowaard (NED)
316.	van Perlo Carla	75	08-021	1:03.00	25m	29-11-82	Heemskerk (NED)
319.	Bovekerk Annefleur	99	08-021	1:03.49	25m	27-9-09	Hoorn (NED)
320.	Zuidervaart Anne	02	08-021	1:04.18	25m	9-2-12	Heemskerk (NED)
321.	Beentjes Karin	72	08-021	1:04.60	25m	29-11-82	Heemskerk (NED)
322.	Stedelaar Jose	73	08-021	1:05.00	25m	29-11-82	Heemskerk (NED)
323.	van Ederen Jasmijn	10	08-021	1:05.15	25m	15-2-18	Heemskerk (NED)
324.	Naber Eva	73	08-021	1:06.30	25m	29-11-82	Heemskerk (NED)
325.	van der Stigchel Samantha	96	08-021	1:08.17	25m	31-1-08	Heemskerk (NED)
326.	Windmuller Jolande	65	08-021	1:09.70	25m	17-9-77	Heemskerk (NED)
327.	Hartog Martine	74	08-021	1:11.90	25m	29-11-82	Heemskerk (NED)
328.	van Dijk Marike	73	08-021	1:14.80	25m	29-11-82	Heemskerk (NED)
329.	Bok Femke	74	08-021	1:16.10	25m	29-11-82	Heemskerk (NED)

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1.	Kingma Danae	00	08-021	1:16.62	25m	13-11-16	Purmerend (NED)
2.	van Honk Chantal	80	08-021	1:19.80	25m	13-12-92	Heemskerk (NED)
3.	Broek Jade	97	08-021	1:19.98	25m	11-11-17	Hoofddorp (NED)
4.	Drubers Mirjam	67	08-021	1:20.90	25m	31-12-85	
5.	Palmboom Nicole	91	08-021	1:22.16	25m	25-11-07	Amsterdam (NED)
6.	de Haan Shira	00	08-021	1:22.34	25m	8-1-17	Purmerend (NED)
7.	van der Geest Saskia	73	08-021	1:22.60	25m	7-2-88	Heemskerk (NED)
8.	Stam Vanessa	80	08-021	1:24.30	25m	7-11-96	Heemskerk (NED)
9.	van Rookhuizen Sieta	79	08-021	1:24.87	25m	5-4-99	Haarlem (NED)
9.	de Groot Daniëlle	93	08-021	1:24.87	25m	27-3-08	Heemskerk (NED)
11.	Kramer Miranda	80	08-021	1:25.00	25m	13-4-98	Haarlem (NED)
12.	Crok Linda	94	08-021	1:25.35	25m	1-10-17	Purmerend (NED)
13.	Teufer Irene	96	08-021	1:25.82	25m	24-3-08	Haarlem (NED)
14.	Schelvis Femke	84	08-021	1:25.84	25m	28-1-99	Heemskerk (NED)
15.	van der Kroft Nicole	84	08-021	1:25.98	25m	28-3-02	Heemskerk
16.	Groen Anne	95	08-021	1:26.47	25m	13-10-16	Heemskerk (NED)
17.	Stam Sabrina	82	08-021	1:26.50	25m	14-12-97	Heemskerk (NED)
18.	van 't Veer Iris	03	08-021	1:26.58	25m	9-11-17	Heemskerk (NED)
19.	Hoekstra Eline	03	08-021	1:26.69	25m	3-12-17	Heemskerk (NED)
20.	Schelvis Roos	86	08-021	1:26.96	25m	28-3-02	Heemskerk
21.	Crok Annemarie	89	08-021	1:27.24	25m	19-11-09	Heemskerk (NED)
22.	Peters Yvonne	63	08-021	1:27.40	25m	6-10-85	Wormerveer (NED)
23.	Koster Lisa	94	08-021	1:28.10	25m	17-11-07	Barneveld (NED)
24.	van Galen Angela	65	08-021	1:28.20	25m	14-3-82	
25.	Mallon Danique	94	08-021	1:28.39	25m	14-3-10	Heemskerk (NED)
26.	Smit Sanne	01	08-021	1:28.41	25m	1-10-17	Purmerend (NED)
27.	Plokker Sylvia	68	08-021	1:28.70	25m	21-3-82	
28.	Stel Serena	98	08-021	1:28.72	25m	5-4-10	Haarlem (NED)
29.	Hulshof Saskia	73	08-021	1:28.80	25m	28-2-90	
30.	van der Gracht Anouk	89	08-021	1:29.12	25m	29-4-07	Alkmaar (NED)
31.	Niessen Iris	92	08-021	1:29.23	25m	29-11-09	Heemskerk (NED)
32.	Oudendijk Bianca	79	08-021	1:29.40	25m	19-11-94	
33.	de Graaf Dinie	71	08-021	1:29.60	25m	31-12-83	
34.	Boekling Annette	85	08-021	1:29.62	25m	16-4-00	Zaandam (NED)
35.	van Giezen Sandra	63	08-021	1:29.70	25m	14-3-82	
36.	Vink Marjolein	93	08-021	1:29.86	25m	30-9-07	Volendam (NED)
37.	Vink Lidewij	90	08-021	1:29.92	25m	17-4-06	Haarlem (NED)
38.	Spijker Kristel	84	08-021	1:29.97	25m	19-11-09	Heemskerk (NED)
39.	Stins Mariska	84	08-021	1:30.00	25m	5-1-03	Aalsmeer (NED)
40.	Petit Kirsten	00	08-021	1:30.01	25m	13-11-16	Purmerend (NED)
41.	Kleijne Daisy	89	08-021	1:30.08	25m	16-2-06	Heemskerk (NED)
42.	Essers Sanne	91	08-021	1:30.45	25m	29-12-06	Maastricht (NED)
43.	Heus Pauline	78	08-021	1:30.50	25m	13-4-98	Haarlem (NED)
44.	Niessen Annet	62	08-021	1:30.80	25m	26-2-78	Castricum (NED)
45.	Koper Fiona	01	08-021	1:30.88	25m	14-1-18	Purmerend (NED)
46.	de Groot Gitta	60	08-021	1:31.00	25m	23-10-77	Zandvoort (NED)
47.	Siemerink Laura	04	08-021	1:31.01	25m	26-11-17	Purmerend (NED)
48.	Hoek Daniëlle	88	08-021	1:31.06	25m	3-10-04	Heemskerk (NED)
49.	Nijholt Carin	60	08-021	1:31.10	25m	23-10-77	Zandvoort (NED)
50.	van Huisstede Nikita	01	08-021	1:31.14	25m	6-3-16	Purmerend (NED)
51.	van Leeuwen Andrea	71	08-021	1:31.20	25m	12-2-84	Heemskerk (NED)
52.	Buur Naomi	01	08-021	1:31.22	25m	4-10-15	Purmerend (NED)
53.	Limmen Miriam	75	08-021	1:31.30	25m	10-1-91	Heemskerk (NED)

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54.	Hogema Fabiën	93	08-021	1:31.50	25m	9-4-07	Haarlem (NED)
55.	Missot Gonda	66	08-021	1:31.70	25m	21-4-79	Deinze (BEL)
55.	van Staveren Marina	78	08-021	1:31.70	25m	13-5-12	Grootebroek (NED)
57.	Schuyt Simone	75	08-021	1:32.00	25m	30-9-89	
58.	Meijer Sylvia	81	08-021	1:32.60	25m	10-12-95	Heemskerk (NED)
58.	de Boer Irene	84	08-021	1:32.60	25m	30-3-97	Haarlem (NED)
60.	van Langelaar Tessa	97	08-021	1:32.66	25m	25-11-12	Heemskerk (NED)
61.	Moolevliet Petra	82	08-021	1:32.70	25m	17-3-96	Heemskerk (NED)
62.	Cappelle Carlijn	82	08-021	1:32.80	25m	1-5-97	Heemskerk (NED)
62.	de Boer Maia	03	08-021	1:32.80	25m	9-11-17	Heemskerk (NED)
64.	de Ruijter Linda	87	08-021	1:33.02	25m	23-3-03	Heemstede
65.	Visser Stacey	87	08-021	1:33.03	25m	22-4-01	Heemskerk (NED)
66.	van Duin Margret	60	08-021	1:33.10	25m	10-12-77	Heemskerk (NED)
67.	van Ballegooie Stefanie	86	08-021	1:33.46	25m	7-4-02	Heemskerk
68.	Besse Karen	75	08-021	1:33.50	25m	26-9-90	
68.	Dijkstra Lisette	86	08-021	1:33.50	25m	9-10-97	Heemskerk (NED)
70.	de Boer Claudia	77	08-021	1:33.70	25m	5-1-91	Hilversum (NED)
71.	Ivens Suzanne	99	08-021	1:33.78	25m	17-11-13	Heemskerk (NED)
72.	Limmen Karin	76	08-021	1:33.80	25m	27-9-90	Heemskerk (NED)
73.	Beentjes Nicolet	80	08-021	1:33.84	25m	14-2-99	Heemskerk (NED)
74.	Koopman Anitra	89	08-021	1:33.95	25m	24-3-02	Heemstede
75.	van der Horst Sacha	69	08-021	1:34.30	25m	17-5-81	Castricum (NED)
76.	Renkema Iris	04	08-021	1:34.36	25m	17-1-16	Purmerend (NED)
77.	Lund Karin	63	08-021	1:34.40	25m	12-2-78	Heemskerk (NED)
78.	Windmuller Wendy	69	08-021	1:34.60	25m	17-1-82	
79.	Halbersma Jenny	70	08-021	1:34.90	25m	16-1-83	Heemskerk (NED)
79.	Bruin Adri	74	08-021	1:34.90	25m	18-2-89	
81.	Knight Kayleigh	00	08-021	1:34.91	25m	14-1-18	Purmerend (NED)
82.	Groot Tineke	60	08-021	1:35.00	25m	31-8-80	Heemskerk (NED)
82.	de Boer Angela	80	08-021	1:35.00	25m	5-3-94	
84.	Tholen Kirsten	66	08-021	1:35.10	25m	16-1-83	Heemskerk (NED)
85.	Buur Cindy	99	08-021	1:35.17	25m	13-10-16	Heemskerk (NED)
86.	van Ballegooie Simone	84	08-021	1:35.26	25m	26-9-98	Assendelft (NED)
86.	Krouwels Tanja	79	08-021	1:35.26	25m	29-10-98	Heemskerk (NED)
88.	Scholten Britt	04	08-021	1:35.34	25m	19-5-18	Purmerend (NED)
89.	Zonneveld Chantal	84	08-021	1:35.60	25m	27-1-99	
90.	de Wolff Isabel	01	08-021	1:35.66	25m	6-3-16	Purmerend (NED)
91.	Vredenburg Roos	95	08-021	1:35.67	25m	22-5-10	Purmerend (NED)
92.	van Giezen Irene	67	08-021	1:35.70	25m	6-2-83	
92.	Bruin Marianne	78	08-021	1:35.70	25m	16-12-90	Heemskerk (NED)
94.	Butter Anouk	82	08-021	1:35.77	25m	28-1-99	Heemskerk (NED)
95.	van de Poll Marianne	89	08-021	1:36.03	25m	26-2-04	Heemskerk (NED)
95.	Veldhuis Amelia	03	08-021	1:36.03	25m	18-3-18	Purmerend (NED)
97.	van Giezen Wendy	70	08-021	1:36.10	25m	7-2-82	
98.	de Graaf Annemiek	70	08-021	1:36.40	25m	17-5-81	Castricum (NED)
99.	Wentink Yara	04	08-021	1:36.43	25m	10-12-17	Zaandam (NED)
100.	Verbree Bets	63	08-021	1:36.50	25m	8-2-81	Sassenheim (NED)
101.	de Wildt Maud	05	08-021	1:36.62	25m	10-12-17	Zaandam (NED)
102.	Poppema Yvonne	68	08-021	1:36.70	25m	10-4-83	Heemskerk (NED)
103.	van Kooten Cynthia	93	08-021	1:36.73	25m	14-1-07	Amsterdam (NED)
104.	Munnik Yvonne	64	08-021	1:36.80	25m	7-5-78	Assendelft (NED)
105.	Jongema Helena	80	08-021	1:36.85	25m	19-11-09	Heemskerk (NED)
106.	Oosterveen Yvonne	80	08-021	1:36.90	25m	13-12-92	Heemskerk (NED)

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107. Bakker Jesca	79	08-021	1:37.10	25m	7-12-89	Heemskerk (NED)
108. Zeeman Judith	70	08-021	1:37.50	25m	7-2-82	
108. Willemse Renee	75	08-021	1:37.50	25m	31-12-86	
108. Meijer Linda	77	08-021	1:37.50	25m	1-3-90	Heemskerk (NED)
111. Blaauw Yente	03	08-021	1:37.63	25m	9-10-16	Alkmaar (NED)
112. Huisman Caroline	64	08-021	1:37.80	25m	23-4-76	
113. Zwaan Melissa	91	08-021	1:38.15	25m	28-12-03	Maastricht (NED)
114. Koper Birgit	87	08-021	1:38.25	25m	16-3-03	Heemskerk
115. Liefing Sarina	93	08-021	1:38.28	25m	14-1-07	Amsterdam (NED)
116. Huisman Jolanda	68	08-021	1:38.30	25m	12-2-84	Heemskerk (NED)
117. Sierra Ana Maria	69	08-021	1:38.50	25m	14-3-82	
118. Visser Kelly	89	08-021	1:38.57	25m	11-10-12	Heemskerk (NED)
119. Molenaar Eline	82	08-021	1:38.58	25m	10-10-99	Zaandam (NED)
119. Beentjes Daphne	91	08-021	1:38.58	25m	26-2-04	Heemskerk (NED)
121. Rodenburg Rianne	93	08-021	1:38.68	25m	16-2-06	Heemskerk (NED)
122. Walraven Annet	62	08-021	1:39.00	25m	7-5-78	Assendelft (NED)
123. Bos Marieke	06	08-021	1:39.04	25m	15-10-17	Alkmaar (NED)
124. van Sikkelerus Lisa	99	08-021	1:39.35	25m	9-3-14	Zaandam (NED)
125. Regelink Anneke	83	08-021	1:39.39	25m	28-1-99	Heemskerk (NED)
126. van Giezen Corina	68	08-021	1:39.50	25m	17-1-82	
127. Berloth Lydia	68	08-021	1:39.60	25m	6-2-83	
128. Dijkstra Maud	84	08-021	1:39.90	25m	13-4-98	Haarlem (NED)
129. Pover Karin	67	08-021	1:40.00	25m	11-10-81	Heemskerk (NED)
130. Angenent Nienke	01	08-021	1:40.08	25m	18-9-14	Heemskerk (NED)
131. van Koeveringe Nicole	93	08-021	1:40.15	25m	30-10-08	Heemskerk (NED)
132. Rasch Monique	66	08-021	1:40.50	25m	16-1-83	Heemskerk (NED)
132. de Vries Cathy	77	08-021	1:40.50	25m	10-1-91	Heemskerk (NED)
134. Limmen Anita	78	08-021	1:40.60	25m	3-4-93	
135. Nijman José	93	08-021	1:40.71	25m	30-9-07	Volendam (NED)
136. van Vliet Isabel	02	08-021	1:41.09	50m	4-3-18	Amsterdam (NED)
137. Hermans Liesbeth	66	08-021	1:41.20	25m	29-11-81	Zaandam (NED)
138. Smit Lydia	84	08-021	1:41.25	25m	14-2-99	Heemskerk (NED)
139. Dreyer Elly	63	08-021	1:41.50	25m	31-8-80	Heemskerk (NED)
139. Besse Meta	78	08-021	1:41.50	25m	24-2-91	Heemskerk (NED)
139. Lindelauf Priscilla	85	08-021	1:41.50	25m	12-4-98	Haarlem (NED)
142. Bouwman Esther	63	08-021	1:41.80	25m	10-12-77	Heemskerk (NED)
142. Hommersen Sandra	84	08-021	1:41.80	25m	28-1-99	Heemskerk (NED)
144. Ligterink Angela	76	08-021	1:41.90	25m	16-1-88	Hilversum (NED)
145. Zonneveld Cindy	75	08-021	1:42.00	25m	30-9-89	
146. Zwarthoed Brenda	96	08-021	1:42.08	25m	27-3-08	Heemskerk (NED)
147. Hofland Yasmin	01	08-021	1:42.12	25m	9-11-17	Heemskerk (NED)
148. van Eerden Meike	00	08-021	1:42.13	25m	9-11-17	Heemskerk (NED)
149. Steenkamp Ciska	90	08-021	1:42.15	25m	30-9-01	Zaandam (NED)
150. Terhorst Ilja	67	08-021	1:42.20	25m	21-9-80	Heemskerk (NED)
150. Dijkstra Ingrid	68	08-021	1:42.20	25m	6-2-83	
152. Nemchonok Alisa	82	08-021	1:42.33	25m	28-1-99	Heemskerk (NED)
153. Aafjes Suzan	69	08-021	1:42.40	25m	12-4-81	Z.O. Beemster (NED)
154. Zonneveld Monica	80	08-021	1:42.50	25m	20-3-93	
155. Viel Bianca	85	08-021	1:42.76	25m	29-10-98	Heemskerk (NED)
155. ten Cate Joyce	80	08-021	1:42.76	25m	27-3-08	Heemskerk (NED)
157. van der Werf Chily	72	08-021	1:42.90	25m	29-9-85	Heemskerk (NED)
157. Hoogervorst Marlon	84	08-021	1:42.90	25m	22-1-95	Castricum (NED)
159. Bos Chantal	74	08-021	1:43.00	25m	13-12-87	Assendelft (NED)

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160.	Rijkema Marije	85	08-021	1:43.30	25m	28-3-02	Heemskerk
161.	Dijkstra Janet	77	08-021	1:43.50	25m	18-2-89	
162.	van Assema Eline	05	08-021	1:43.56	25m	18-3-18	Purmerend (NED)
163.	Kuiperi Judith	63	08-021	1:43.80	25m	24-5-75	Z.O. Beemster (NED)
164.	Bakkum Wilma	62	08-021	1:44.00	25m	23-10-77	Zandvoort (NED)
165.	Wiemann Lianne	03	08-021	1:44.12	25m	9-11-17	Heemskerk (NED)
166.	Feenstra Petra	71	08-021	1:44.30	25m	22-1-84	Zandvoort (NED)
167.	Pover Ellen	72	08-021	1:44.80	25m	12-2-84	Heemskerk (NED)
167.	van Velsen Patricia	79	08-021	1:44.80	25m	27-11-93	
169.	Grul Lisanne	97	08-021	1:44.88	25m	11-10-12	Heemskerk (NED)
170.	Zijlstra Mariëlle	83	08-021	1:44.90	25m	28-1-96	Zaandam (NED)
171.	Hoek Laura	86	08-021	1:44.99	25m	4-5-00	Heemskerk (NED)
172.	Martens landra	03	08-021	1:45.06	25m	24-9-15	Heemskerk (NED)
173.	de Vries Justine	83	08-021	1:45.20	25m	13-2-97	Heemskerk (NED)
173.	Visser Shana	04	08-021	1:45.20	25m	9-10-16	Alkmaar (NED)
175.	Bouwer Jolien	89	08-021	1:45.22	25m	19-1-03	Zaandam
176.	van de Kamp Yvonne	65	08-021	1:45.30	25m	27-1-80	Zaandam (NED)
176.	Deiman Caroline	67	08-021	1:45.30	25m	4-11-89	
178.	Dekker Danyk	94	08-021	1:45.33	25m	27-3-08	Heemskerk (NED)
179.	van der Leden Cynthia	66	08-021	1:45.40	25m	27-11-77	IJmuiden (NED)
179.	Horst Diana	67	08-021	1:45.40	25m	11-10-81	Heemskerk (NED)
181.	Bakker Anna	97	08-021	1:45.86	25m	18-1-09	Haarlem (NED)
182.	van Rijn Sydney	03	08-021	1:46.12	25m	9-11-17	Heemskerk (NED)
183.	de Loos Marijke	94	08-021	1:46.22	25m	19-11-09	Heemskerk (NED)
184.	Meesters Audrey	90	08-021	1:46.30	25m	19-1-03	Zaandam
185.	Schaaper Margriet	62	08-021	1:46.50	25m	1-9-79	Heemskerk (NED)
186.	Raszinski Nienke	01	08-021	1:46.51	25m	10-11-13	Zaandam (NED)
187.	van Putten Demi	96	08-021	1:46.57	25m	13-3-11	Heemskerk (NED)
188.	Koper Ella	90	08-021	1:46.86	25m	3-2-02	Zaandam (NED)
189.	Jansen Pauline	67	08-021	1:46.90	25m	6-2-83	
190.	de Groot Linda	81	08-021	1:46.91	25m	28-1-99	Heemskerk (NED)
191.	Windmuller Annemarie	67	08-021	1:47.50	25m	2-12-79	Zaandam (NED)
192.	van der Wijden Eline	88	08-021	1:47.97	25m	10-12-00	Heemskerk (NED)
193.	van der Horst Wendy	72	08-021	1:48.00	25m	6-9-81	Heemskerk (NED)
194.	Venema Jalina	04	08-021	1:48.14	25m	12-3-17	Purmerend (NED)
195.	Snijder Femke	83	08-021	1:48.20	25m	3-4-94	Haarlem (NED)
196.	Yayli Serina	90	08-021	1:48.27	25m	24-3-02	Heemstede
197.	de Nijs Martine	71	08-021	1:48.40	25m	28-10-84	Egmond (NED)
197.	de Jong Desire	73	08-021	1:48.40	25m	22-3-87	Heerhugowaard (NED)
199.	Zonneveld Melissa	88	08-021	1:48.55	25m	28-10-04	Heemskerk (NED)
200.	de Groot Marlijn	92	08-021	1:48.56	25m	27-3-05	Haarlem (NED)
201.	Mulder Amy	80	08-021	1:48.70	25m	20-12-92	Volendam (NED)
202.	Huneker Jolanda	79	08-021	1:48.82	25m	29-10-98	Heemskerk (NED)
203.	Beeksma Anne	88	08-021	1:48.83	25m	13-1-02	Zaandam
204.	Potemans Priscilla	84	08-021	1:49.00	25m	7-11-96	Heemskerk (NED)
205.	Liefting Mariëlle	90	08-021	1:49.01	50m	20-10-02	Beverwijk (NED)
206.	Visser Robin	05	08-021	1:49.09	25m	13-10-16	Heemskerk (NED)
207.	Boere Sacha	91	08-021	1:49.13	25m	31-3-05	Heemskerk (NED)
208.	Smit Ingrid	67	08-021	1:49.20	25m	21-9-80	Heemskerk (NED)
208.	Wiegman Brenda	72	08-021	1:49.20	25m	12-2-84	Heemskerk (NED)
208.	Bos Annelies	74	08-021	1:49.20	25m	12-12-87	
211.	Bakker Daniëlle	96	08-021	1:49.23	25m	10-5-08	Purmerend (NED)
212.	Geurtsen Daisy	89	08-021	1:49.61	25m	13-1-02	Zaandam

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213.	Schaefer Lisa	06	08-021	1:49.84	25m	10-12-17	Zaandam (NED)
214.	van Perlo Carla	75	08-021	1:50.10	25m	29-9-85	Heemskerk (NED)
215.	Buithuis Danine	91	08-021	1:50.11	25m	31-10-02	Heemskerk
216.	Last Rooske	94	08-021	1:50.28	25m	4-10-09	Amsterdam-oost (NED)
217.	Verhagen Sabine	71	08-021	1:50.30	25m	28-10-84	Egmond (NED)
218.	Koopman Jessie	97	08-021	1:50.39	25m	17-1-10	Amsterdam-oost (NED)
219.	ten Cate Ilona	85	08-021	1:50.40	25m	12-6-00	Haarlem (NED)
220.	Stel Kaylin	01	08-021	1:50.44	25m	5-6-10	Zaandam (NED)
221.	Schelvis Liselot	92	08-021	1:51.00	50m	25-4-04	Beverwijk (NED)
222.	Mosch Sabina	84	08-021	1:51.10	25m	17-5-98	Heemskerk (NED)
223.	van der Eng Laura	80	08-021	1:51.30	25m	6-4-96	Haarlem (NED)
224.	van der Poel Kelly	72	08-021	1:51.40	25m	29-9-85	Heemskerk (NED)
225.	van den Braber Liesbeth	84	08-021	1:51.48	25m	26-9-98	Assendelft (NED)
226.	Calkhoven Mariëtte	65	08-021	1:51.50	25m	10-12-77	Heemskerk (NED)
226.	Keessen Pam	62	08-021	1:51.50	25m	10-12-77	Heemskerk (NED)
228.	van Leen Cynthia	81	08-021	1:51.70	25m	4-4-96	Heemskerk (NED)
229.	van Dijk Yvonne	65	08-021	1:51.80	25m	10-12-77	Heemskerk (NED)
229.	van den Heuvel Sandra	80	08-021	1:51.80	25m	1-4-90	Zaandam (NED)
231.	Palthe Yvonne	67	08-021	1:52.10	25m	1-11-81	Bergen (NED)
232.	Bakker Lisette	83	08-021	1:52.24	25m	29-10-98	Heemskerk (NED)
233.	Rodenburg Kyra	96	08-021	1:52.32	25m	2-4-06	Zaandam (NED)
234.	de Graaf Isabella	04	08-021	1:52.39	25m	9-11-17	Heemskerk (NED)
235.	van Perlo Ingrid	73	08-021	1:52.40	25m	29-9-85	Heemskerk (NED)
236.	Sobh Shaime	03	08-021	1:52.58	25m	17-1-16	Purmerend (NED)
237.	Brands Ingrid	72	08-021	1:52.70	25m	29-9-85	Heemskerk (NED)
238.	van Rijn Eline	07	08-021	1:52.96	25m	18-12-16	Heemskerk (NED)
239.	Salido Keesje	05	08-021	1:53.07	25m	14-6-15	Zaandam (NED)
240.	Essers Patricia	84	08-021	1:53.26	25m	14-5-00	Heemskerk (NED)
241.	Elghandor Kiyaan	03	08-021	1:53.59	25m	24-9-15	Heemskerk (NED)
242.	Reiss Katinka	65	08-021	1:53.90	25m	10-12-77	Heemskerk (NED)
242.	Werdekker Esther	83	08-021	1:53.90	25m	7-11-96	Heemskerk (NED)
244.	Koper Selma	03	08-021	1:53.91	25m	17-3-13	Zaandam (NED)
245.	Bok Femke	74	08-021	1:54.00	25m	29-9-85	Heemskerk (NED)
245.	van Ruth Yoore	78	08-021	1:54.00	25m	3-11-91	Assendelft (NED)
247.	de Vriend Sofie	01	08-021	1:54.15	25m	11-3-12	Zaandam (NED)
248.	Ardicyaka Irem	06	08-021	1:54.30	25m	3-12-17	Heemskerk (NED)
249.	Salem Lamies	03	08-021	1:54.33	25m	14-1-18	Purmerend (NED)
250.	van Rijn Ilona	65	08-021	1:54.40	25m	10-12-77	Heemskerk (NED)
250.	Hoekstra Karin	76	08-021	1:54.40	25m	7-2-88	Heemskerk (NED)
252.	Dijkstra Pascal	89	08-021	1:54.98	25m	28-1-99	Heemskerk (NED)
253.	Nijman Linda	89	08-021	1:55.16	25m	25-1-01	Heemskerk (NED)
254.	van Duivenvoorde Sanne	93	08-021	1:55.18	25m	31-10-02	Heemskerk
255.	Reuderink Miranda	63	08-021	1:55.20	25m	10-12-77	Heemskerk (NED)
256.	Kerkhoven Michelle	91	08-021	1:55.21	25m	25-1-01	Heemskerk (NED)
257.	van der Does Lisa	02	08-021	1:55.41	25m	21-4-14	Haarlem (NED)
258.	Doll Maartje	80	08-021	1:55.50	25m	7-1-93	Heemskerk (NED)
259.	Huisman Lianne	87	08-021	1:55.59	25m	10-12-00	Heemskerk (NED)
260.	Cappelle Marcella	85	08-021	1:56.14	25m	11-10-98	Alkmaar (NED)
261.	Broers Margot	63	08-021	1:56.30	25m	10-12-77	Heemskerk (NED)
262.	Aardenburg Judith	93	08-021	1:56.57	25m	28-10-04	Heemskerk (NED)
263.	Gelsumino Giulia	03	08-021	1:57.64	25m	24-9-15	Heemskerk (NED)
264.	van 't Hof Manon	90	08-021	1:57.67	25m	7-4-02	Heemskerk
265.	van Noort Jony	85	08-021	1:58.00	25m	4-4-96	Heemskerk (NED)

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266.	Pezo Adna	90	08-021	1:58.06	25m	15-4-01	Haarlem (NED)
267.	Hoeksema Kim	90	08-021	1:58.10	25m	10-3-02	Heemskerk
268.	de Boer Isabel	06	08-021	1:58.41	25m	11-10-15	Zaandam (NED)
269.	Werdekker Marjolein	81	08-021	1:58.60	25m	10-4-97	Heemskerk (NED)
270.	Lensen Sarian	89	08-021	1:58.84	25m	7-4-02	Heemskerk
271.	Kesting Alexandra	00	08-021	1:58.92	25m	23-1-11	Zaandam (NED)
272.	Doodeman Sara	00	08-021	1:59.00	25m	13-3-11	Heemskerk (NED)
273.	Vellinga Yvonne	64	08-021	1:59.80	25m	8-1-77	Heemskerk (NED)
274.	Morianner Susanna	72	08-021	2:00.10	25m	17-1-82	
275.	van den Akker Terry	61	08-021	2:00.90	25m	24-5-75	Z.O. Beemster (NED)
276.	Doevendans Phileine	06	08-021	2:01.01	25m	13-3-16	Zaandam (NED)
277.	Boonstra Esmé	02	08-021	2:01.50	25m	7-10-12	Zaandam (NED)
278.	van der Leden Laura	68	08-021	2:01.90	25m	23-10-77	Zandvoort (NED)
279.	Eijndhoven Jonna	02	08-021	2:02.40	25m	7-10-12	Zaandam (NED)
280.	Schijf Irene	83	08-021	2:03.20	25m	19-2-95	Assendelft (NED)
281.	Hoorn Linsey	94	08-021	2:04.07	25m	28-4-05	Heemskerk (NED)
282.	van der Zee Olga	66	08-021	2:05.00	25m	8-1-77	Heemskerk (NED)
283.	Hoekstra Femke	05	08-021	2:06.34	25m	18-9-14	Heemskerk (NED)
284.	Copier Alyssa	04	08-021	2:06.92	25m	31-10-13	Heemskerk (NED)
285.	Vonk Bea	67	08-021	2:07.10	25m	7-11-81	Heemskerk (NED)
285.	Kerdijk Lianne	81	08-021	2:07.10	25m	14-3-91	Heemskerk (NED)
287.	Dekker Elise	97	08-021	2:08.23	25m	18-12-05	Alkmaar (NED)
288.	Sanen Casey	99	08-021	2:08.55	25m	19-11-09	Heemskerk (NED)
289.	Hol Manouk	05	08-021	2:09.57	25m	22-3-15	Zaandam (NED)
290.	Geluk Mabelle	73	08-021	2:09.64	25m	20-11-11	Almere-Stad (NED)
291.	Bovekerk Annefleur	99	08-021	2:10.27	25m	14-11-10	Castricum (NED)
292.	Janssen Tess	89	08-021	2:11.00	25m	17-5-98	Heemskerk (NED)
293.	Reeuwijk Danielle	70	08-021	2:11.60	25m	1-9-79	Heemskerk (NED)
294.	Gijzen Monique	68	08-021	2:12.90	25m	22-4-78	Heemskerk (NED)
295.	van der Zee Paula	68	08-021	2:17.80	25m	8-1-77	Heemskerk (NED)
296.	Welboren Julia	00	08-021	2:18.36	25m	9-10-11	Zaandam (NED)
297.	Stoker Ianthe	84	08-021	2:18.90	25m	7-11-96	Heemskerk (NED)
298.	Kuijper Michelle	91	08-021	2:25.31	25m	25-1-01	Heemskerk (NED)
299.	van der Stigchel Samantha	96	08-021	2:32.68	25m	27-3-08	Heemskerk (NED)
300.	Zuidervaart Anne	02	08-021	2:32.88	25m	6-10-11	Heemskerk (NED)

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1.	Kingma Danae	00	08-021	2:53.96	25m	4-10-15	Purmerend (NED)
2.	de Haan Shira	00	08-021	2:54.99	25m	15-1-17	Alkmaar (NED)
3.	van Honk Chantal	80	08-021	2:55.20	25m	9-1-93	Zuidoost Beemster (NED)
4.	Broek Jade	97	08-021	2:57.88	25m	12-2-17	Purmerend (NED)
5.	van der Geest Saskia	73	08-021	2:58.90	25m	31-12-88	
6.	Stam Vanessa	80	08-021	2:59.80	25m	6-4-97	Heemskerk (NED)
7.	van Rookhuizen Sieta	79	08-021	3:02.04	25m	10-10-99	Zaandam (NED)
8.	van der Kroft Nicole	84	08-021	3:02.41	25m	25-1-01	Heemskerk (NED)
9.	Kramer Miranda	80	08-021	3:02.52	25m	27-1-00	Heemskerk (NED)
10.	Palmboom Nicole	91	08-021	3:02.96	25m	13-12-07	Heemskerk (NED)
11.	de Groot Daniëlle	93	08-021	3:04.53	25m	9-3-08	Heemskerk (NED)
12.	Schelvis Femke	84	08-021	3:05.36	25m	3-10-04	Heemskerk (NED)
13.	Crok Linda	94	08-021	3:05.44	25m	19-1-14	Zaandam (NED)
14.	Crok Annemarie	89	08-021	3:05.90	25m	16-1-11	Zaandam (NED)
15.	Hoekstra Eline	03	08-021	3:06.31	25m	18-3-18	Purmerend (NED)

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16. Teufer Irene	96	08-021	3:06.47	25m	20-1-08	Zaandam (NED)
17. Schelvis Roos	86	08-021	3:07.13	25m	21-11-99	Heemskerk (NED)
18. Smit Sanne	01	08-021	3:08.36	25m	12-3-17	Purmerend (NED)
19. Vink Lidewij	90	08-021	3:08.43	25m	27-10-05	Heemskerk (NED)
20. van 't Veer Iris	03	08-021	3:08.59	25m	29-10-17	Den Helder (NED)
21. van Galen Angela	65	08-021	3:09.00	25m	5-4-81	Heemskerk (NED)
22. Niesten Iris	92	08-021	3:09.37	25m	5-10-08	Heemskerk (NED)
23. Vink Marjolein	93	08-021	3:10.04	25m	18-11-07	Alkmaar (NED)
24. Niesten Annet	62	08-021	3:11.10	25m	7-5-78	Assendelft (NED)
25. Mallon Danique	94	08-021	3:11.53	25m	25-3-10	Heemskerk (NED)
26. Heus Pauline	78	08-021	3:11.60	25m	6-4-97	Heemskerk (NED)
27. Hulshof Saskia	73	08-021	3:11.80	25m	30-9-89	
28. Groen Anne	95	08-021	3:13.13	25m	18-1-15	Zaandam (NED)
29. Koster Lisa	94	08-021	3:13.37	25m	13-12-07	Heemskerk (NED)
30. van der Gracht Anouk	89	08-021	3:14.82	25m	13-1-08	Heemskerk (NED)
31. Moolevliet Petra	82	08-021	3:15.00	25m	23-4-95	Castricum (NED)
32. van Huisstede Nikita	01	08-021	3:15.53	25m	12-3-17	Purmerend (NED)
33. Stins Mariska	84	08-021	3:15.82	25m	16-1-00	Zaandam (NED)
34. Plokker Sylvia	68	08-021	3:15.90	25m	21-3-82	
35. Oudendijk Bianca	79	08-021	3:16.40	25m	23-11-94	
36. Limmen Miriam	75	08-021	3:16.50	25m	11-3-90	Heemskerk (NED)
37. Essers Sanne	91	08-021	3:16.79	25m	13-12-07	Heemskerk (NED)
38. Peters Yvonne	63	08-021	3:16.80	25m	21-3-82	
39. Stam Sabrina	82	08-021	3:17.00	25m	9-3-97	Alkmaar (NED)
40. Kleijne Daisy	89	08-021	3:18.16	25m	13-12-07	Heemskerk (NED)
41. Buur Naomi	01	08-021	3:18.33	25m	11-9-16	Purmerend (NED)
42. Boekling Annette	85	08-021	3:18.35	25m	27-1-00	Heemskerk (NED)
43. de Ruijter Linda	87	08-021	3:18.60	25m	17-11-02	Heemskerk
43. Stel Serena	98	08-021	3:18.60	25m	25-3-10	Heemskerk (NED)
45. Besse Karen	75	08-021	3:18.90	25m	4-10-92	Assendelft (NED)
46. Hoek Daniëlle	88	08-021	3:18.93	25m	27-10-05	Heemskerk (NED)
47. Nijholt Carin	60	08-021	3:20.00	25m	9-9-79	Wormerveer (NED)
48. de Boer Claudia	77	08-021	3:20.80	25m	14-3-91	Heemskerk (NED)
49. Limmen Karin	76	08-021	3:21.00	25m	6-12-90	Heemskerk (NED)
50. Koopman Anitra	89	08-021	3:21.16	25m	28-10-04	Heemskerk (NED)
51. van Giezen Sandra	63	08-021	3:21.40	25m	7-3-82	
51. de Boer Irene	84	08-021	3:21.40	25m	8-12-96	Heerhugowaard (NED)
53. Vredenburg Roos	95	08-021	3:21.99	25m	25-3-10	Heemskerk (NED)
54. de Wildt Maud	05	08-021	3:22.06	25m	4-2-18	Purmerend (NED)
55. Bakker Jesca	79	08-021	3:22.60	25m	11-3-90	Heemskerk (NED)
55. Siemerink Laura	04	08-021	3:22.60	25m	4-2-18	Purmerend (NED)
57. Lund Karin	63	08-021	3:23.90	50m	11-6-78	Beverwijk (NED)
58. van Ballegooie Stefanie	86	08-021	3:23.98	25m	19-11-00	Zaandam (NED)
59. Hogema Fabiën	93	08-021	3:24.02	25m	27-5-07	Purmerend (NED)
60. Veldhuis Amelia	03	08-021	3:24.08	25m	18-3-18	Purmerend (NED)
61. Visser Stacey	87	08-021	3:24.10	25m	18-11-01	Heemskerk
62. Groot Tineke	60	08-021	3:24.20	25m	28-10-79	Heerhugowaard (NED)
62. van Ballegooie Simone	84	08-021	3:24.20	25m	9-10-97	Heemskerk (NED)
62. Petit Kirsten	00	08-021	3:24.20	25m	1-10-17	Purmerend (NED)
65. Wentink Yara	04	08-021	3:24.23	25m	4-2-18	Purmerend (NED)
66. Cappelle Carlijn	82	08-021	3:24.40	25m	9-3-97	Alkmaar (NED)
67. Pover Karin	67	08-021	3:24.80	25m	7-11-81	Heemskerk (NED)
68. Blaauw Yente	03	08-021	3:24.90	25m	18-3-18	Purmerend (NED)

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69.	Schuyt Simone	75	08-021	3:25.60	25m	10-3-90	
70.	van Kooten Cynthia	93	08-021	3:25.73	25m	19-10-06	Heemskerk
71.	Koper Fiona	01	08-021	3:26.05	25m	1-10-17	Purmerend (NED)
72.	Scholten Britt	04	08-021	3:26.30	25m	12-2-17	Purmerend (NED)
73.	de Groot Gitta	60	08-021	3:27.00	25m	3-6-78	Z.O. Beemster (NED)
74.	de Boer Angela	80	08-021	3:27.10	25m	24-11-94	Heemskerk (NED)
75.	van Staveren Marina	78	08-021	3:27.23	25m	17-10-15	Emmeloord (NED)
76.	Beentjes Nicolet	80	08-021	3:27.40	25m	5-11-95	Assendelft (NED)
77.	van Langelaar Tessa	97	08-021	3:27.75	25m	2-10-11	Heemskerk (NED)
78.	Liefting Sarina	93	08-021	3:28.08	25m	19-10-06	Heemskerk
79.	Tholen Kirsten	66	08-021	3:28.90	25m	22-3-81	Wieringerwerf (NED)
80.	Meijer Linda	77	08-021	3:29.40	25m	7-1-93	Heemskerk (NED)
81.	Ivens Suzanne	99	08-021	3:29.78	25m	6-10-13	Heemskerk (NED)
82.	van de Poll Marianne	89	08-021	3:29.83	25m	30-10-03	Heemskerk
83.	van Giezen Irene	67	08-021	3:29.90	25m	13-3-83	Castricum (NED)
84.	Bruin Marianne	78	08-021	3:30.10	25m	6-12-90	Heemskerk (NED)
84.	Knight Kayleigh	00	08-021	3:30.10	25m	1-10-17	Purmerend (NED)
86.	Koper Birgit	87	08-021	3:30.51	25m	17-11-02	Heemskerk
87.	Bruin Adri	74	08-021	3:30.80	25m	30-9-89	
88.	Visser Kelly	89	08-021	3:30.96	25m	29-11-01	Heemskerk
89.	Bos Marieke	06	08-021	3:31.34	25m	29-10-17	Den Helder (NED)
90.	van Koeveringe Nicole	93	08-021	3:31.50	25m	1-10-06	Volendam (NED)
91.	Hermans Liesbeth	66	08-021	3:32.00	25m	7-11-81	Heemskerk (NED)
92.	Meijer Sylvia	81	08-021	3:32.10	25m	9-11-95	Heemskerk (NED)
93.	de Boer Maia	03	08-021	3:32.18	25m	18-3-18	Purmerend (NED)
94.	Verbree Bets	63	08-021	3:32.20	25m	19-10-80	Heemskerk (NED)
95.	de Wolff Isabel	01	08-021	3:32.75	25m	16-3-14	Zaandam (NED)
96.	Rodenburg Rianne	93	08-021	3:33.38	25m	27-10-05	Heemskerk (NED)
96.	van Vliet Isabel	02	08-021	3:33.38	25m	18-3-18	Purmerend (NED)
98.	Zonneveld Chantal	84	08-021	3:33.62	25m	22-11-98	Zaandam (NED)
99.	Oosterveen Yvonne	80	08-021	3:34.10	25m	6-1-93	
100.	Renkema Iris	04	08-021	3:34.39	25m	12-2-17	Purmerend (NED)
101.	Missot Gonda	66	08-021	3:35.00	25m	28-10-79	Heerhugowaard (NED)
102.	Molenaar Eline	82	08-021	3:35.19	50m	31-10-99	Beverwijk (NED)
103.	Zonneveld Cindy	75	08-021	3:35.40	25m	21-3-90	
104.	Walraven Annet	62	08-021	3:36.20	25m	22-1-78	Zaandam (NED)
105.	Windmuller Wendy	69	08-021	3:36.40	25m	7-11-81	Heemskerk (NED)
106.	Viel Bianca	85	08-021	3:36.63	25m	17-1-99	Heemskerk (NED)
107.	Hommersen Sandra	84	08-021	3:37.00	25m	9-10-97	Heemskerk (NED)
108.	Limmen Anita	78	08-021	3:37.30	25m	18-11-93	Heemskerk
109.	Terhorst Ilja	67	08-021	3:37.60	25m	19-10-80	Heemskerk (NED)
109.	Besse Meta	78	08-021	3:37.60	25m	14-3-91	Heemskerk (NED)
111.	Buur Cindy	99	08-021	3:37.72	25m	26-10-14	Zaandam (NED)
112.	Hofland Yasmin	01	08-021	3:37.99	25m	12-3-17	Purmerend (NED)
113.	van Giezen Corina	68	08-021	3:38.20	25m	7-11-81	Heemskerk (NED)
114.	van Eerden Meike	00	08-021	3:38.30	25m	26-10-14	Zaandam (NED)
115.	de Loos Marijke	94	08-021	3:39.00	25m	25-3-10	Heemskerk (NED)
116.	Lindelauf Priscilla	85	08-021	3:39.23	25m	17-1-99	Heemskerk (NED)
117.	Zonneveld Monica	80	08-021	3:39.70	25m	7-1-93	Heemskerk (NED)
118.	de Vries Cathy	77	08-021	3:40.10	25m	14-3-91	Heemskerk (NED)
119.	ten Cate Joyce	80	08-021	3:41.08	25m	19-10-06	Heemskerk
120.	Dijkstra Ingrid	68	08-021	3:41.10	25m	7-11-81	Heemskerk (NED)
121.	Angenent Nienke	01	08-021	3:41.85	25m	16-3-14	Zaandam (NED)

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122.	Zijlstra Mariëlle	83	08-021	3:42.40	25m	9-11-95	Heemskerk (NED)
123.	de Graaf Annemiek	70	08-021	3:42.60	25m	7-11-81	Heemskerk (NED)
124.	Zeeman Judith	70	08-021	3:43.00	25m	7-11-81	Heemskerk (NED)
125.	Bouwer Jolien	89	08-021	3:44.44	25m	6-10-02	Zaandam
126.	Huisman Jolanda	68	08-021	3:44.50	25m	7-11-81	Heemskerk (NED)
127.	Rasch Monique	66	08-021	3:44.80	25m	7-11-81	Heemskerk (NED)
128.	Visser Shana	04	08-021	3:44.95	25m	18-9-16	Zaandam (NED)
129.	Wieman Lianne	03	08-021	3:45.26	25m	18-3-18	Purmerend (NED)
130.	Nijman José	93	08-021	3:45.64	25m	19-10-06	Heemskerk
131.	Dijkstra Maud	84	08-021	3:45.80	25m	1-5-97	Heemskerk (NED)
132.	van Assema Eline	05	08-021	3:46.69	25m	4-2-18	Purmerend (NED)
133.	de Groot Linda	81	08-021	3:47.84	25m	10-10-99	Zaandam (NED)
134.	Schaaper Margriet	62	08-021	3:48.00	25m	9-9-79	Wormerveer (NED)
134.	van Velsen Patricia	79	08-021	3:48.00	25m	7-1-93	Heemskerk (NED)
136.	Raszinski Nienke	01	08-021	3:48.02	25m	22-12-13	Zaandam (NED)
137.	van de Kamp Yvonne	65	08-021	3:48.20	25m	28-10-79	Heerhugowaard (NED)
138.	Zwarthoed Brenda	96	08-021	3:48.25	25m	20-1-08	Zaandam (NED)
139.	Dijkstra Janet	77	08-021	3:49.50	25m	17-11-93	
140.	Bakkum Wilma	62	08-021	3:49.60	25m	19-10-80	Heemskerk (NED)
141.	Sierra Ana Maria	69	08-021	3:49.70	25m	7-11-81	Heemskerk (NED)
142.	de Vries Justine	83	08-021	3:50.40	25m	10-4-97	Heemskerk (NED)
143.	Regelink Anneke	83	08-021	3:51.60	25m	9-11-95	Heemskerk (NED)
144.	Grul Lisanne	97	08-021	3:51.95	25m	25-3-10	Heemskerk (NED)
145.	Meesters Audrey	90	08-021	3:52.76	25m	31-10-02	Heemskerk
146.	Visser Robin	05	08-021	3:52.96	25m	18-3-18	Purmerend (NED)
147.	Martens landra	03	08-021	3:53.03	25m	22-3-15	Zaandam (NED)
148.	van Rijn Sydney	03	08-021	3:53.11	25m	18-3-18	Purmerend (NED)
149.	Hoek Laura	86	08-021	3:53.65	25m	27-1-00	Heemskerk (NED)
150.	Deiman Caroline	67	08-021	3:53.80	25m	15-3-87	Heemskerk (NED)
151.	Bakker Anna	97	08-021	3:54.74	25m	25-1-09	Zaandam (NED)
152.	Rijkema Marije	85	08-021	3:55.05	25m	29-11-01	Heemskerk
153.	Koopman Jessie	97	08-021	3:55.46	25m	11-10-09	Zaandam (NED)
154.	Stel Kaylin	01	08-021	3:55.56	25m	25-3-10	Heemskerk (NED)
155.	van Duin Joke	59	08-021	3:57.50	25m	24-5-75	Z.O. Beemster (NED)
156.	Sobh Shaime	03	08-021	3:57.71	25m	11-10-15	Zaandam (NED)
157.	Mulder Amy	80	08-021	3:58.10	25m	7-1-93	Heemskerk (NED)
157.	Huneker Jolanda	79	08-021	3:58.10	25m	26-4-98	Alkmaar (NED)
159.	Yayli Serina	90	08-021	3:58.67	25m	31-10-02	Heemskerk
160.	Steenkamp Ciska	90	08-021	3:59.33	25m	24-1-99	Assendelft (NED)
161.	Elghandor Kiyaan	03	08-021	3:59.34	25m	11-10-15	Zaandam (NED)
162.	van Sikkelerus Lisa	99	08-021	4:00.72	25m	9-10-11	Zaandam (NED)
163.	Essers Patricia	84	08-021	4:01.67	25m	21-11-99	Heemskerk (NED)
164.	de Vriend Sofie	01	08-021	4:01.73	25m	17-3-13	Zaandam (NED)
165.	Bakker Lisette	83	08-021	4:01.91	25m	22-11-98	Zaandam (NED)
166.	Liefting Marielle	90	08-021	4:02.13	25m	31-10-02	Heemskerk
167.	van Putten Demi	96	08-021	4:02.20	25m	25-3-10	Heemskerk (NED)
168.	Last Rooske	94	08-021	4:02.86	25m	25-3-10	Heemskerk (NED)
169.	de Nijs Martine	71	08-021	4:04.00	25m	2-9-84	Heemskerk (NED)
170.	de Graaf Isabella	04	08-021	4:04.41	25m	12-2-17	Purmerend (NED)
171.	Aardenburg Judith	93	08-021	4:05.39	25m	2-10-05	Zaandam (NED)
172.	Schaefer Lisa	06	08-021	4:06.36	50m	18-2-18	Alkmaar (NED)
173.	Verhagen Sabine	71	08-021	4:07.00	25m	2-9-84	Heemskerk (NED)
174.	Lensen Sarian	89	08-021	4:07.60	25m	9-11-03	Zaandam

200 schoolslag (sinds 175)

175. Cappelle Marcella	85	08-021	4:08.30	25m	9-10-97	Heemskerk (NED)
176. van Asch Maria	74	08-021	4:08.60	25m	7-1-93	Heemskerk (NED)
177. Palthe Yvonne	67	08-021	4:08.90	25m	7-11-81	Heemskerk (NED)
178. Ardicyaka Irem	06	08-021	4:09.27	50m	25-3-18	Alkmaar (NED)
179. ten Cate Ilona	85	08-021	4:10.40	25m	21-11-99	Heemskerk (NED)
180. Gelsumino Giulia	03	08-021	4:11.92	25m	22-3-15	Zaandam (NED)
181. Mosch Sabina	84	08-021	4:14.81	25m	22-11-98	Zaandam (NED)
182. van Tol Sarjenka	97	08-021	4:17.22	25m	12-10-08	Zaandam (NED)
183. Kesting Alexandra	00	08-021	4:21.59	25m	25-3-10	Heemskerk (NED)
184. Doodeman Sara	00	08-021	4:58.68	25m	25-3-10	Heemskerk (NED)

173

500 schoolslag

1. Vink Marjolein	93	08-021	8:55.64	OW	4-8-07	Hoom (NED)
2. Niesten Iris	92	08-021	9:15.25	OW	19-8-06	Bussloo (NED)
3. Hogema Fabiën	93	08-021	9:17.26	OW	17-6-07	Spaarnwoude (NED)
4. Palmboom Nicole	91	08-021	9:24.22	OW	7-7-07	Oss (NED)
5. van der Gracht Anouk	89	08-021	9:24.99	OW	8-7-06	Oss (NED)
6. Essers Sanne	91	08-021	9:55.46	OW	7-7-07	Oss (NED)
7. de Haan Shira	00	08-021	10:22.42	OW	26-8-17	Eindhoven (NED)
8. Buur Naomi	01	08-021	10:43.20	OW	9-8-14	Heerjansdam (NED)
9. Kleijne Daisy	89	08-021	10:53.79	OW	18-8-02	Eersel (NED)
10. Buur Cindy	99	08-021	11:05.80	OW	17-8-13	Heerjansdam (NED)

800 schoolslag1000 schoolslag

1. van der Gracht Anouk	89	08-021	19:10.26	OW	29-7-06	Hoom (NED)
2. Oudendijk Bianca	79	08-021	19:12.90	OW	4-9-05	Vlissingen (NED)
3. Heus Pauline	78	08-021	19:15.32	OW	21-7-13	Amsterdam (NED)
4. Niesten Iris	92	08-021	19:48.74	OW	4-8-07	Hoom (NED)
5. Vink Marjolein	93	08-021	20:29.19	OW	13-8-06	Aalsmeer (NED)
6. Hogema Fabiën	93	08-021	21:14.37	OW	21-7-07	Anna-Paulowna (NED)
7. Geluk Mabelle	73	08-021	24:19.16	OW	11-9-11	Vught (NED)

1250 schoolslag1500 schoolslag2000 schoolslag

1. Niesten Iris	92	08-021	36:26.77	OW	24-6-07	Breukelen (NED)
2. van der Gracht Anouk	89	08-021	36:32.33	OW	24-6-07	Breukelen (NED)
3. Stam Vanessa	80	08-021	36:35.10	OW	15-6-97	Spaarnwoude (NED)
4. van Rookhuizen Sieta	79	08-021	36:41.20	OW	12-7-98	Amsterdam (NED)
5. de Haan Shira	00	08-021	37:10.13	OW	23-7-16	Amstelveen (NED)
6. Essers Sanne	91	08-021	38:08.54	OW	16-7-06	Stadskanaal (NED)
7. Kramer Miranda	80	08-021	38:12.80	OW	18-6-00	Spaarnwoude (NED)
8. van Galen Angela	65	08-021	38:42.40	OW	30-6-82	Amstelveen (NED)
9. Rasch Monique	66	08-021	42:12.50	OW	30-6-83	Amstelveen (NED)
10. van Giezen Sandra	63	08-021	43:16.00	OW	14-6-81	Amstelveen (NED)

2500 schoolslag**3000 schoolslag**

1. van Rookhuizen Sieta	79	08-021	57:26.50	OW	5-9-99	Vlissingen (NED)
2. van der Gracht Anouk	89	08-021	58:40.50	OW	22-7-06	Anna-Paulowna (NED)
3. Stam Vanessa	80	08-021	58:56.80	OW	21-7-97	Anna-Paulowna (NED)
4. de Haan Shira	00	08-021	59:23.60	OW	2-9-17	Wilhelminadorp (NED)
5. Niesten Iris	92	08-021	1:08:36.23	OW	30-8-08	Tilburg (NED)

4000 schoolslag**5000 schoolslag**

1. van Rookhuizen Sieta	79	08-021	1:35:09.71	OW	7-7-01	Vriezenveen (NED)
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25 vlinderslag

1. Schelvis Femke	84	08-021	13.74	25m	4-5-00	Heemskerk (NED)
2. van Rijn-Hofwegen Wilma	71	08-021	14.72	25m	1-12-13	Vlaardingen (NED)
3. Crok Annemarie	89	08-021	14.93	25m	30-6-11	Heemskerk (NED)
4. Palmboom Nicole	91	08-021	15.02	25m	19-4-07	Heemskerk (NED)
5. van Staveren Marina	78	08-021	15.06	25m	17-11-11	Heemskerk (NED)
6. de Groot Daniëlle	93	08-021	15.10	25m	29-5-08	Heemskerk (NED)
7. Vink Lidewij	90	08-021	15.14	25m	19-4-07	Heemskerk (NED)
8. van der Kroft Nicole	84	08-021	15.23	25m	29-3-01	Heemskerk (NED)
9. Besse Karen	75	08-021	15.30	25m	12-1-89	Heemskerk (NED)
9. Butter Anouk	82	08-021	15.30	25m	29-3-01	Heemskerk (NED)
9. Stins Mariska	84	08-021	15.30	25m	19-4-07	Heemskerk (NED)
12. Schelvis Roos	86	08-021	15.39	25m	29-3-01	Heemskerk (NED)
13. Hulshof Saskia	73	08-021	15.40	25m	31-12-89	Heemskerk (NED)
13. van der Gracht Anouk	89	08-021	15.40	25m	29-5-08	Heemskerk (NED)
15. Meijer Sylvia	81	08-021	15.41	25m	29-3-01	Heemskerk (NED)
15. Hoek Daniëlle	88	08-021	15.41	25m	30-6-11	Heemskerk (NED)
17. de Boer Irene	84	08-021	15.46	25m	29-3-01	Heemskerk (NED)
18. Koster Lisa	94	08-021	15.51	25m	29-5-08	Heemskerk (NED)
19. Vink Marjolein	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)
19. Kleijne Daisy	89	08-021	15.54	25m	30-6-11	Heemskerk (NED)
21. Meijer Linda	77	08-021	15.60	25m	16-5-91	Heemskerk (NED)
21. Kramer Miranda	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)
23. van Rookhuizen Sieta	79	08-021	15.65	25m	4-5-00	Heemskerk (NED)
24. Essers Sanne	91	08-021	15.68	25m	27-4-06	Heemskerk
25. Stam Sabrina	82	08-021	15.70	25m	15-1-98	Heemskerk (NED)
25. Mallon Danique	94	08-021	15.70	25m	30-6-11	Heemskerk (NED)
27. Stam Vanessa	80	08-021	15.80	25m	15-1-98	Heemskerk (NED)
28. Schuyt Simone	75	08-021	15.90	25m	31-12-89	Heemskerk (NED)
29. van Ballegooie Simone	84	08-021	15.96	25m	29-3-01	Heemskerk (NED)
30. Crok Linda	94	08-021	15.98	25m	30-6-11	Heemskerk (NED)
31. Hogema Fabiën	93	08-021	16.21	25m	27-4-06	Heemskerk
32. Boekling Annette	85	08-021	16.33	25m	4-5-00	Heemskerk (NED)
33. Visser Kelly	89	08-021	16.37	25m	4-11-10	Heemskerk (NED)
34. Heus Pauline	78	08-021	16.40	25m	13-2-97	Heemskerk (NED)
34. de Vries Chrissie	93	08-021	16.40	25m	19-4-07	Heemskerk (NED)
36. Teufer Irene	96	08-021	16.45	25m	19-4-07	Heemskerk (NED)

25 vlinderslag (sinds 37)

37.	Groen Anne	95	08-021	16.50	25m	30-6-11	Heemskerk (NED)
38.	Visser Stacey	87	08-021	16.59	25m	29-3-01	Heemskerk (NED)
39.	Moolevliet Petra	82	08-021	16.60	25m	8-2-96	Heemskerk (NED)
40.	Limmen Karin	76	08-021	16.70	25m	16-6-93	
41.	Deiman Caroline	67	08-021	16.90	25m	12-1-89	Heemskerk (NED)
42.	van der Geest Saskia	73	08-021	17.00	25m	12-1-89	Heemskerk (NED)
43.	Oudendijk Bianca	79	08-021	17.10	25m	8-2-96	Heemskerk (NED)
44.	Rodenburg Rianne	93	08-021	17.18	25m	27-4-06	Heemskerk
45.	Niesten Iris	92	08-021	17.32	25m	29-5-08	Heemskerk (NED)
46.	de Ruijter Linda	87	08-021	17.37	25m	17-11-11	Heemskerk (NED)
47.	Regelink Anneke	83	08-021	17.52	25m	25-3-99	Heemskerk (NED)
48.	Dijkstra Lisette	86	08-021	17.60	25m	15-1-98	Heemskerk (NED)
48.	Krouwels Tanja	79	08-021	17.60	25m	15-1-98	Heemskerk (NED)
50.	Bruin Marianne	78	08-021	17.80	25m	16-5-91	Heemskerk (NED)
51.	van Velsen Patricia	79	08-021	18.00	25m	8-2-96	Heemskerk (NED)
51.	Cappelle Carlijn	82	08-021	18.00	25m	15-1-98	Heemskerk (NED)
51.	Vredenburg Roos	95	08-021	18.00	25m	29-5-08	Heemskerk (NED)
54.	Smit Lydia	84	08-021	18.08	25m	25-3-99	Heemskerk (NED)
55.	Hommersen Sandra	84	08-021	18.13	25m	25-3-99	Heemskerk (NED)
56.	Ivens Suzanne	99	08-021	18.16	25m	30-6-11	Heemskerk (NED)
57.	de Vries Justine	83	08-021	18.20	25m	13-2-97	Heemskerk (NED)
58.	Petit Kirsten	00	08-021	18.22	25m	30-6-11	Heemskerk (NED)
59.	Zonneveld Cindy	75	08-021	18.30	25m	12-1-89	Heemskerk (NED)
60.	Bakker Jesca	79	08-021	18.40	25m	31-12-89	Heemskerk (NED)
61.	ten Cate Ilona	85	08-021	18.43	25m	29-5-08	Heemskerk (NED)
62.	Hoek Laura	86	08-021	18.50	25m	4-5-00	Heemskerk (NED)
63.	Nijman José	93	08-021	18.59	25m	19-4-07	Heemskerk (NED)
63.	ten Cate Joyce	80	08-021	18.59	25m	17-11-11	Heemskerk (NED)
65.	Koopman Anitra	89	08-021	18.66	25m	29-3-01	Heemskerk (NED)
66.	van Kooten Cynthia	93	08-021	18.67	25m	19-4-07	Heemskerk (NED)
67.	Bruin Adri	74	08-021	18.70	25m	12-1-89	Heemskerk (NED)
67.	van Honk Chantal	80	08-021	18.70	25m	16-5-91	Heemskerk (NED)
69.	Buur Naomi	01	08-021	18.78	25m	17-11-11	Heemskerk (NED)
70.	Lindelauf Priscilla	85	08-021	18.87	25m	29-3-01	Heemskerk (NED)
71.	van Putten Demi	96	08-021	18.89	25m	30-6-11	Heemskerk (NED)
72.	Bos Chantal	74	08-021	18.90	25m	12-1-89	Heemskerk (NED)
73.	Zonneveld Chantal	84	08-021	19.00	25m	15-1-98	Heemskerk (NED)
74.	van Ballegooie Stefanie	86	08-021	19.04	25m	4-5-00	Heemskerk (NED)
75.	Limmen Miriam	75	08-021	19.20	25m	31-12-89	Heemskerk (NED)
75.	de Boer Angela	80	08-021	19.20	25m	16-3-95	Heemskerk (NED)
77.	Zwarthoed Brenda	96	08-021	19.22	25m	19-4-07	Heemskerk (NED)
78.	Molenaar Eline	82	08-021	19.32	25m	25-3-99	Heemskerk (NED)
79.	de Boer Claudia	77	08-021	19.40	25m	31-12-89	Heemskerk (NED)
79.	Dijkstra Maud	84	08-021	19.40	25m	5-3-98	Heemskerk (NED)
81.	de Groot Linda	81	08-021	19.50	25m	8-2-96	Heemskerk (NED)
82.	Huneker Jolanda	79	08-021	19.60	25m	5-3-98	Heemskerk (NED)
83.	de Haan Shira	00	08-021	19.62	25m	30-6-11	Heemskerk (NED)
84.	Limmen Anita	78	08-021	19.80	25m	17-6-93	Heemskerk (NED)
85.	Hoekstra Eline	03	08-021	19.97	25m	13-12-12	Heemskerk (NED)
86.	Koper Ella	90	08-021	20.22	25m	27-4-06	Heemskerk
87.	Koper Birgit	87	08-021	20.28	25m	27-4-06	Heemskerk
88.	Beentjes Nicolet	80	08-021	20.62	25m	25-3-99	Heemskerk (NED)
89.	Bakker Daniëlle	96	08-021	20.63	25m	29-5-08	Heemskerk (NED)

25 vlinderslag (sinds 90)

90.	Liefting Sarina	93	08-021	20.80	25m	27-4-06	Heemskerk
91.	Zonneveld Monica	80	08-021	21.10	25m	16-6-93	
92.	Stel Kaylin	01	08-021	21.13	25m	3-1-10	Culemborg (NED)
93.	Copier Alyssa	04	08-021	21.15	25m	13-4-14	Zaandam (NED)
94.	Hoogervorst Marlon	84	08-021	21.20	25m	15-12-94	Heemskerk (NED)
95.	Dekker Danyk	94	08-021	21.39	25m	29-5-08	Heemskerk (NED)
96.	Mulder Amy	80	08-021	21.50	25m	16-6-93	
97.	de Vriend Sofie	01	08-021	21.64	25m	30-6-11	Heemskerk (NED)
98.	Splinter Nathalie	75	08-021	21.70	25m	12-1-89	Heemskerk (NED)
99.	Viel Bianca	85	08-021	21.74	25m	25-3-99	Heemskerk (NED)
100.	van der Wijden Eline	88	08-021	21.90	25m	22-3-01	Heemskerk (NED)
101.	Dijkstra Janet	77	08-021	22.00	25m	12-1-89	Heemskerk (NED)
101.	Besse Meta	78	08-021	22.00	25m	31-12-89	Heemskerk (NED)
101.	van der Eng Laura	80	08-021	22.00	25m	8-2-96	Heemskerk (NED)
104.	Nijman Linda	89	08-021	22.16	25m	29-3-01	Heemskerk (NED)
105.	van Koeveringe Nicole	93	08-021	22.30	25m	27-4-06	Heemskerk
106.	van Rijn Sydney	03	08-021	22.62	25m	13-4-14	Zaandam (NED)
107.	Steenkamp Ciska	90	08-021	22.71	25m	4-5-00	Heemskerk (NED)
108.	Elghandor Kiyaan	03	08-021	22.85	25m	13-4-14	Zaandam (NED)
109.	Mosch Sabina	84	08-021	22.90	25m	6-2-97	Heemskerk (NED)
110.	Knight Kayleigh	00	08-021	23.11	25m	30-6-11	Heemskerk (NED)
111.	Sobh Shaime	03	08-021	23.17	25m	13-4-14	Zaandam (NED)
112.	Snijder Femke	83	08-021	23.20	25m	24-3-94	Heemskerk (NED)
113.	Doodeman Sara	00	08-021	23.23	25m	4-11-10	Heemskerk (NED)
114.	van Sikkelerus Lisa	99	08-021	23.24	25m	30-6-11	Heemskerk (NED)
115.	de Laat Anita	75	08-021	23.40	25m	22-3-88	Heemskerk (NED)
115.	van Leen Cynthia	81	08-021	23.40	25m	8-2-96	Heemskerk (NED)
117.	van Huisstede Nikita	01	08-021	23.47	25m	17-11-11	Heemskerk (NED)
118.	Rodenburg Kyra	96	08-021	23.51	25m	27-4-06	Heemskerk
119.	Koper Fiona	01	08-021	23.79	25m	30-6-11	Heemskerk (NED)
120.	Werdekker Marjolein	81	08-021	23.80	25m	13-2-97	Heemskerk (NED)
121.	Bakker Lisette	83	08-021	24.00	25m	13-2-97	Heemskerk (NED)
122.	Koper Selma	03	08-021	24.25	25m	20-1-13	Heemskerk (NED)
123.	Blaauw Yente	03	08-021	24.46	25m	13-12-12	Heemskerk (NED)
124.	de Wildt Maud	05	08-021	24.56	25m	30-10-14	Heemskerk (NED)
125.	Heus Inge	81	08-021	24.80	25m	16-5-91	Heemskerk (NED)
126.	Renkema Iris	04	08-021	24.96	25m	20-1-13	Heemskerk (NED)
127.	de Boer Maia	03	08-021	25.21	25m	13-4-14	Zaandam (NED)
128.	Beeksma Anne	88	08-021	25.27	25m	29-3-01	Heemskerk (NED)
129.	Scholten Britt	04	08-021	25.32	25m	13-12-12	Heemskerk (NED)
130.	Veldhuis Amelia	03	08-021	25.44	25m	13-4-14	Zaandam (NED)
131.	Dijkstra Pascal	89	08-021	25.54	25m	25-3-99	Heemskerk (NED)
132.	Pezo Adna	90	08-021	25.72	25m	25-3-01	Heerhugowaard (NED)
133.	Zijlstra Mariëlle	83	08-021	25.80	25m	27-4-95	Heemskerk (NED)
134.	Werdekker Esther	83	08-021	25.90	25m	13-2-97	Heemskerk (NED)
134.	Potemans Priscilla	84	08-021	25.90	25m	15-1-98	Heemskerk (NED)
136.	Welboren Julia	00	08-021	26.18	25m	17-11-11	Heemskerk (NED)
137.	Martens Priscilla	85	08-021	26.20	25m	20-3-97	Heemskerk (NED)
137.	Schelvis Liselot	92	08-021	26.20	25m	10-3-02	Heemskerk
139.	Geurtsen Daisy	89	08-021	26.24	25m	29-3-01	Heemskerk (NED)
140.	Kerkhoven Michelle	91	08-021	26.35	25m	29-3-01	Heemskerk (NED)
141.	Schijf Irene	83	08-021	26.40	25m	16-3-95	Heemskerk (NED)
142.	van Noort Jony	85	08-021	26.50	25m	16-3-95	Heemskerk (NED)

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143.	Boonstra Esmé	02	08-021	26.52	25m	13-12-12	Heemskerk (NED)
144.	Kesting Alexandra	00	08-021	26.70	25m	4-11-10	Heemskerk (NED)
144.	Wieman Lianne	03	08-021	26.70	25m	13-4-14	Zaandam (NED)
146.	Huisman Lianne	87	08-021	26.80	25m	18-1-01	Heemskerk (NED)
147.	Cappelle Marcella	85	08-021	26.90	25m	13-2-97	Heemskerk (NED)
148.	Buur Cindy	99	08-021	26.96	25m	30-6-11	Heemskerk (NED)
149.	van den Braber Liesbeth	84	08-021	27.00	25m	15-1-98	Heemskerk (NED)
150.	van den Heuvel Sandra	80	08-021	27.20	25m	2-11-89	Heemskerk (NED)
150.	Rijkema Marije	85	08-021	27.20	25m	15-1-98	Heemskerk (NED)
152.	Grul Lisanne	97	08-021	27.45	25m	29-5-08	Heemskerk (NED)
153.	Bovekerk Annefleur	99	08-021	27.49	25m	28-3-10	Hoorndijk (NED)
154.	Bakker Anna	97	08-021	27.79	25m	29-5-08	Heemskerk (NED)
155.	Eijndhoven Jonna	02	08-021	27.92	25m	13-12-12	Heemskerk (NED)
156.	Liefting Mariëlle	90	08-021	28.29	25m	29-3-01	Heemskerk (NED)
157.	de Boer Isabel	06	08-021	28.44	25m	18-1-15	Zaandam (NED)
158.	Zonneveld Jennifer	88	08-021	29.08	25m	29-3-01	Heemskerk (NED)
159.	Wentink Yara	04	08-021	29.61	25m	13-4-14	Zaandam (NED)
160.	Janssen Tess	89	08-021	30.40	25m	15-1-98	Heemskerk (NED)
161.	Zuidervaart Anne	02	08-021	32.03	25m	22-1-12	Zaandam (NED)
162.	Salido Keesje	05	08-021	32.36	25m	30-10-14	Heemskerk (NED)
163.	Stoker Ianthe	84	08-021	32.70	25m	20-3-97	Heemskerk (NED)
164.	Hol Manouk	05	08-021	33.08	25m	30-10-14	Heemskerk (NED)
165.	Hoeksema Kim	90	08-021	33.77	25m	29-3-01	Heemskerk (NED)

50 vlinderslag

1.	Kingma Danae	00	08-021	29.36	25m	20-10-17	Amsterdam (NED)	
2.	Broek Jade	97	08-021	30.60	25m	10-12-15	Heemskerk (NED)	
3.	Schelvis Femke	84	08-021	30.83	25m	17-10-99	Zaandam (NED)	
4.	Palmboom Nicole	91	08-021	31.78	50m	12-4-08	Antwerpen (BEL)	454
5.	de Haan Shira	00	08-021	31.88	50m	28-5-17	Alkmaar (NED)	450
6.	van der Gracht Anouk	89	08-021	31.89	25m	12-12-13	Heemskerk (NED)	
7.	Hoekstra Eline	03	08-021	32.01	25m	18-1-18	Heemskerk (NED)	
8.	van de Poll Marianne	89	08-021	32.31	25m	4-4-04	Zaandam	
9.	Crok Annemarie	89	08-021	32.37	25m	17-11-11	Heemskerk (NED)	
10.	Drubers Mirjam	67	08-021	32.50	25m	10-11-85		
11.	Groen Anne	95	08-021	32.57	25m	12-2-17	Purmerend (NED)	
12.	Vink Lidewij	90	08-021	32.65	25m	5-3-06	Purmerend (NED)	
13.	van der Kroft Nicole	84	08-021	32.95	25m	18-12-03	Heemskerk (NED)	
14.	Verbree Bets	63	08-021	33.00	25m	17-5-81	Castricum (NED)	
15.	Smit Sanne	01	08-021	33.05	25m	18-1-18	Heemskerk (NED)	
16.	Teufer Irene	96	08-021	33.06	50m	12-4-08	Antwerpen (BEL)	403
16.	Hoek Daniëlle	88	08-021	33.06	25m	19-2-12	Purmerend (NED)	
18.	van Staveren Marina	78	08-021	33.15	25m	22-3-12	Heemskerk (NED)	
19.	Koper Fiona	01	08-021	33.19	25m	18-1-18	Heemskerk (NED)	
20.	Stam Vanessa	80	08-021	33.30	25m	24-5-98	Zaandam (NED)	
21.	de Groot Daniëlle	93	08-021	33.34	25m	29-12-07	Maastricht (NED)	
22.	Siemerink Laura	04	08-021	33.35	50m	15-4-18	Alkmaar (NED)	393
23.	Mallon Danique	94	08-021	33.41	25m	23-5-10	Purmerend (NED)	
24.	Wentink Yara	04	08-021	33.70	25m	18-1-18	Heemskerk (NED)	
25.	Essers Sanne	91	08-021	33.72	25m	28-12-07	Maastricht (NED)	
26.	Kleijne Daisy	89	08-021	33.96	25m	15-3-09	Haarlem (NED)	
27.	Crok Linda	94	08-021	34.09	25m	12-6-11	Purmerend (NED)	

50 vlinderslag (sinds 28)

28. Besse Karen	75	08-021	34.10	25m	24-2-94	Heemskerk (NED)	
28. Butter Anouk	82	08-021	34.10	25m	17-1-10	Amsterdam-oost (NED)	
30. Stins Mariska	84	08-021	34.23	25m	30-11-00	Heemskerk (NED)	
31. ten Bokkel Henrieke	94	08-021	34.32	25m	12-4-18	Heemskerk (NED)	
32. Visser Kelly	89	08-021	34.34	25m	17-3-02	Zaandam	
33. de Boer Irene	84	08-021	34.53	25m	30-11-00	Heemskerk (NED)	
34. Jongema Helena	80	08-021	34.59	25m	4-5-08	Winterswijk (NED)	
35. Meijer Linda	77	08-021	34.60	25m	24-4-93		
36. Koster Lisa	94	08-021	34.65	25m	10-2-08	Purmerend (NED)	
37. Schelvis Roos	86	08-021	34.67	25m	30-11-00	Heemskerk (NED)	
38. Buur Naomi	01	08-021	34.78	25m	15-2-15	Purmerend (NED)	
39. Hulshof Saskia	73	08-021	34.80	25m	14-12-89	Heemskerk (NED)	
39. Spijker Kristel	84	08-021	34.80	50m	9-5-10	Eindhoven (NED)	345
41. Stam Sabrina	82	08-021	34.90	25m	18-1-98	Zuidoost Beemster (NED)	
42. Vink Marjolein	93	08-021	35.07	25m	8-3-09	Purmerend (NED)	
43. Kramer Miranda	80	08-021	35.09	25m	31-1-02	Heemskerk	
44. Meijer Sylvia	81	08-021	35.20	25m	26-1-97	Zuidoost Beemster (NED)	
45. Petit Kirsten	00	08-021	35.31	25m	10-12-15	Heemskerk (NED)	
46. Koopman Anitra	89	08-021	35.36	25m	5-6-05	Alkmaar (NED)	
47. de Groot Gitta	60	08-021	35.80	25m	23-10-77	Zandvoort (NED)	
48. van Rookhuizen Sieta	79	08-021	35.93	25m	17-10-99	Zaandam (NED)	
49. van Ballegooie Simone	84	08-021	36.00	25m	9-4-98	Heemskerk (NED)	
50. Scholten Britt	04	08-021	36.21	25m	10-12-17	Zaandam (NED)	
51. Zwaan Melissa	91	08-021	36.29	25m	28-12-03	Maastricht (NED)	
52. Zwarthoed Brenda	96	08-021	36.36	25m	9-3-08	Heemskerk (NED)	
53. Schuyt Simone	75	08-021	36.40	25m	1-11-89		
53. Moolevliet Petra	82	08-021	36.40	25m	16-9-94		
55. Zonneveld Chantal	84	08-021	36.49	25m	31-1-02	Heemskerk	
56. van Giezen Sandra	63	08-021	36.60	25m	28-10-84	Egmond (NED)	
56. Dijkstra Lisette	86	08-021	36.60	25m	7-5-98	Heemskerk (NED)	
58. Boekling Annette	85	08-021	36.65	25m	31-1-02	Heemskerk	
59. Hogema Fabiën	93	08-021	36.68	25m	11-3-07	Purmerend (NED)	
60. van Duin Margret	60	08-021	37.00	25m	23-10-77	Zandvoort (NED)	
61. van 't Veer Iris	03	08-021	37.12	25m	18-1-18	Heemskerk (NED)	
62. Renkema Iris	04	08-021	37.17	25m	9-10-16	Alkmaar (NED)	
63. Stel Serena	98	08-021	37.21	25m	18-4-10	Zaandam (NED)	
64. Visser Stacey	87	08-021	37.23	25m	3-12-00	Zaandam (NED)	
65. Veldhuis Amelia	03	08-021	37.29	25m	18-1-18	Heemskerk (NED)	
66. Windmuller Wendy	69	08-021	37.30	25m	11-10-81	Heemskerk (NED)	
66. de Graaf Annemiek	70	08-021	37.30	25m	21-5-87	Heemskerk (NED)	
66. Oudendijk Bianca	79	08-021	37.30	25m	11-1-96	Heemskerk (NED)	
69. de Ruijter Linda	87	08-021	37.35	25m	22-12-02	Zaandam	
70. van Rijn Sydney	03	08-021	37.58	25m	18-1-18	Heemskerk (NED)	
71. Heus Pauline	78	08-021	37.60	25m	23-1-97	Heemskerk	
72. Limmen Karin	76	08-021	37.80	25m	24-4-93		
73. Vredenburg Roos	95	08-021	37.95	25m	23-5-10	Purmerend (NED)	
74. Niesten Iris	92	08-021	38.06	25m	30-10-08	Heemskerk (NED)	
75. van der Geest Saskia	73	08-021	38.10	25m	14-12-88		
76. van der Horst Sacha	69	08-021	38.20	25m	28-10-84	Egmond (NED)	
77. van Eerden Meike	00	08-021	38.43	25m	18-1-18	Heemskerk (NED)	
78. Blaauw Yente	03	08-021	38.44	25m	5-11-17	Alkmaar (NED)	
79. Zonneveld Cindy	75	08-021	38.50	25m	13-5-93	Heemskerk (NED)	
80. Deiman Caroline	67	08-021	38.80	25m	1-11-89		

50 vlinderslag (sinds 81)

80.	Krouwels Tanja	79	08-021	38.80	25m	11-12-97	Heemskerk (NED)
82.	van Langelaar Tessa	97	08-021	38.85	25m	13-12-12	Heemskerk (NED)
83.	Tholen Kirsten	66	08-021	38.90	25m	17-5-81	Castricum (NED)
84.	Plokker Sylvia	68	08-021	39.10	25m	17-5-81	Castricum (NED)
85.	van Honk Chantal	80	08-021	39.30	25m	12-5-93	
86.	van Koeveringe Nicole	93	08-021	39.46	25m	13-4-09	Haarlem (NED)
87.	Hofland Yasmin	01	08-021	39.62	25m	4-2-18	Purmerend (NED)
88.	ten Cate Ilona	85	08-021	39.82	25m	23-4-06	Zaandam (NED)
88.	Rodenburg Rianne	93	08-021	39.82	25m	23-4-06	Zaandam (NED)
90.	van Huisstede Nikita	01	08-021	39.95	25m	10-12-15	Heemskerk (NED)
91.	van Ballegooie Stefanie	86	08-021	40.12	25m	30-11-00	Heemskerk (NED)
92.	de Vriend Sofie	01	08-021	40.35	25m	19-5-13	Purmerend (NED)
92.	Knight Kayleigh	00	08-021	40.35	25m	17-4-17	Haarlem (NED)
94.	Ivens Suzanne	99	08-021	40.41	25m	30-10-14	Heemskerk (NED)
95.	Hommersen Sandra	84	08-021	40.60	25m	22-3-98	Assendelft (NED)
96.	Angenent Nienke	01	08-021	40.68	25m	18-1-15	Zaandam (NED)
97.	Bos Marieke	06	08-021	40.82	25m	10-12-17	Zaandam (NED)
98.	Venema Jalina	04	08-021	40.88	25m	17-11-16	Heemskerk (NED)
99.	Bruin Marianne	78	08-021	40.90	25m	9-1-91	
100.	Bakker Jesca	79	08-021	41.10	25m	17-12-89	Heemstede (NED)
101.	Buur Cindy	99	08-021	41.16	25m	17-11-16	Heemskerk (NED)
102.	Munnik Yvonne	64	08-021	41.20	25m	22-1-78	Zaandam (NED)
103.	Grul Lisanne	97	08-021	41.36	25m	13-12-12	Heemskerk (NED)
104.	Bruin Adri	74	08-021	41.40	25m	15-12-88	Heemskerk (NED)
105.	Nijholt Carin	60	08-021	41.50	25m	23-10-77	Zandvoort (NED)
106.	Bouwman Esther	63	08-021	41.70	25m	27-11-77	IJmuiden (NED)
106.	Windmuller Annemarie	67	08-021	41.70	25m	9-9-79	Wormerveer (NED)
106.	Cappelle Carlijn	82	08-021	41.70	25m	23-3-97	Volendam (NED)
109.	Niesten Annet	62	08-021	41.80	25m	27-11-77	IJmuiden (NED)
109.	de Boer Angela	80	08-021	41.80	25m	17-9-94	Hoogland (NED)
111.	ten Cate Joyce	80	08-021	41.94	25m	18-2-10	Heemskerk (NED)
112.	de Boer Maia	03	08-021	41.95	25m	15-2-18	Heemskerk (NED)
113.	van Vliet Isabel	02	08-021	42.01	25m	18-1-18	Heemskerk (NED)
114.	Regelink Anneke	83	08-021	42.06	25m	25-11-99	Heemskerk
115.	Dijkstra Ingrid	68	08-021	42.20	25m	11-10-81	Heemskerk (NED)
115.	van Giezen Wendy	70	08-021	42.20	25m	21-3-82	
117.	van Velsen Patricia	79	08-021	42.30	25m	24-4-94	Zaandam (NED)
117.	de Vries Justine	83	08-021	42.30	25m	23-3-97	Volendam (NED)
119.	de Wildt Maud	05	08-021	42.34	25m	18-1-18	Heemskerk (NED)
120.	Molenaar Eline	82	08-021	42.46	25m	14-11-99	Zaandam (NED)
120.	de Vries Chrissie	93	08-021	42.46	25m	15-12-05	Heemskerk (NED)
122.	Limmen Miriam	75	08-021	42.50	25m	1-11-89	
122.	Oosterveen Yvonne	80	08-021	42.50	25m	24-4-93	
124.	Hermans Liesbeth	66	08-021	42.60	25m	11-4-81	Heemskerk (NED)
125.	Horst Diana	67	08-021	42.70	25m	11-10-81	Heemskerk (NED)
126.	Palthe Yvonne	67	08-021	42.90	25m	17-5-81	Castricum (NED)
127.	Huisman Caroline	64	08-021	43.00	25m	22-1-78	Zaandam (NED)
127.	Lindelauf Priscilla	85	08-021	43.00	25m	27-9-98	Assendelft (NED)
129.	Meesters Audrey	90	08-021	43.07	25m	27-4-03	Zaandam
130.	de Boer Claudia	77	08-021	43.10	25m	10-1-91	Heemskerk (NED)
131.	Sminia Vinny	89	08-021	43.15	25m	30-3-06	Heemskerk (NED)
132.	Nijman José	93	08-021	43.39	25m	27-10-07	Barneveld (NED)
133.	Bos Chantal	74	08-021	43.60	25m	14-12-88	

50 vlinderslag (sinds 134)

133.	de Groot Linda	81	08-021	43.60	25m	14-11-99	Zaandam (NED)
135.	Rodenburg Kyra	96	08-021	43.87	25m	24-11-05	Heemskerk (NED)
136.	van Leeuwen Andrea	71	08-021	43.90	25m	16-1-83	Heemskerk (NED)
137.	de Wolff Isabel	01	08-021	43.98	25m	17-11-16	Heemskerk (NED)
138.	Huneker Jolanda	79	08-021	44.00	25m	23-1-97	Heemskerk
139.	Liefting Sarina	93	08-021	44.34	25m	30-12-06	Hoorn (NED)
140.	Limmen Anita	78	08-021	44.40	25m	12-5-93	
141.	van Sikkelerus Lisa	99	08-021	44.49	25m	26-4-12	Heemskerk (NED)
142.	Zonneveld Melissa	88	08-021	44.62	25m	23-12-04	Heemskerk (NED)
143.	de Graaf Isabella	04	08-021	44.64	25m	15-10-17	Alkmaar (NED)
144.	van Galen Angela	65	08-021	44.70	25m	11-4-81	Heemskerk (NED)
144.	de Vries Cathy	77	08-021	44.70	25m	13-6-91	Heemskerk (NED)
144.	Dijkstra Maud	84	08-021	44.70	25m	11-12-97	Heemskerk (NED)
147.	Visser Shana	04	08-021	44.97	25m	18-1-18	Heemskerk (NED)
148.	Hoek Laura	86	08-021	45.08	25m	14-11-99	Zaandam (NED)
149.	van Putten Demi	96	08-021	45.15	25m	4-11-10	Heemskerk (NED)
150.	Mosch Sabina	84	08-021	45.30	50m	25-10-98	Beverwijk (NED)
151.	Raszinski Nienke	01	08-021	45.52	25m	19-1-14	Zaandam (NED)
152.	van Kooten Cynthia	93	08-021	45.62	25m	15-12-05	Heemskerk (NED)
153.	Sierra Ana Maria	69	08-021	45.70	25m	11-10-81	Heemskerk (NED)
153.	Peters Yvonne	63	08-021	45.70	25m	28-10-84	Egmond (NED)
153.	Huisman Jolanda	68	08-021	45.70	25m	28-10-84	Egmond (NED)
156.	de Graaf Dinie	71	08-021	45.80	25m	16-1-83	Heemskerk (NED)
157.	Nemchonok Alisa	82	08-021	45.87	25m	24-1-99	Assendelft (NED)
158.	Zonneveld Monica	80	08-021	46.00	25m	17-11-93	
159.	Besse Meta	78	08-021	46.10	25m	10-1-91	Heemskerk (NED)
160.	Essers Patricia	84	08-021	46.16	25m	14-11-99	Zaandam (NED)
161.	Missot Gonda	66	08-021	46.20	25m	12-2-78	Heemskerk (NED)
162.	Buitenhuis Danine	91	08-021	46.22	25m	19-12-02	Heemskerk
163.	Beeksma Anne	88	08-021	46.25	25m	31-1-02	Heemskerk
164.	Stel Kaylin	01	08-021	46.44	25m	6-6-10	Zaandam (NED)
165.	Martens landra	03	08-021	46.52	25m	29-3-15	Zaandam (NED)
166.	Bakker Anna	97	08-021	46.54	25m	9-3-08	Heemskerk (NED)
166.	Bakker Daniëlle	96	08-021	46.54	25m	9-3-08	Heemskerk (NED)
168.	de Groot Marlijn	92	08-021	46.55	25m	14-5-05	Zuidoost-Beemster (NED)
169.	Schaefer Lisa	06	08-021	46.57	25m	18-1-18	Heemskerk (NED)
170.	Sobh Shaime	03	08-021	46.67	25m	10-12-15	Heemskerk (NED)
171.	van Baar Monique	73	08-021	47.20	25m	15-12-88	Heemskerk (NED)
171.	Dijkstra Janet	77	08-021	47.20	25m	17-11-93	
171.	van Leen Cynthia	81	08-021	47.20	25m	14-3-96	Heemskerk (NED)
174.	Mulder Amy	80	08-021	47.30	25m	18-11-93	Heemskerk
175.	van de Kamp Yvonne	65	08-021	47.50	25m	11-4-81	Heemskerk (NED)
176.	Hoogervorst Marlon	84	08-021	47.70	25m	24-11-94	Heemskerk (NED)
177.	van der Horst Wendy	72	08-021	48.00	25m	16-1-83	Heemskerk (NED)
178.	van den Braber Liesbeth	84	08-021	48.04	25m	27-9-98	Assendelft (NED)
179.	Beentjes Nicolet	80	08-021	48.60	25m	27-9-98	Assendelft (NED)
180.	Pover Karin	67	08-021	48.80	25m	9-9-79	Wormerveer (NED)
181.	Wieman Lianne	03	08-021	48.91	25m	18-1-18	Heemskerk (NED)
182.	de Loos Marijke	94	08-021	48.94	25m	25-3-10	Heemskerk (NED)
183.	Rijpkema Marije	85	08-021	49.35	25m	31-1-02	Heemskerk
184.	Dekker Elise	97	08-021	49.52	25m	5-2-06	Zaandam (NED)
185.	Smit Lydia	84	08-021	49.68	25m	17-12-98	Heemskerk (NED)
186.	Copier Alyssa	04	08-021	50.00	25m	9-6-13	Zaandam (NED)

50 vlinderslag (sinds 187)

187.	Last Rooske	94	08-021	50.09	25m	9-5-10	Purmerend (NED)
188.	Visser Robin	05	08-021	50.18	25m	12-2-17	Purmerend (NED)
189.	Gelsumino Giulia	03	08-021	50.36	25m	10-12-15	Heemskerk (NED)
190.	Aafjes Suzan	69	08-021	50.50	25m	12-10-80	Wormerveer (NED)
191.	Aardenburg Judith	93	08-021	50.51	25m	25-11-04	Heemskerk (NED)
192.	van Assema Eline	05	08-021	50.60	25m	19-3-17	Zaandam (NED)
193.	Steenkamp Ciska	90	08-021	50.69	25m	11-11-01	Zaandam
194.	Potemans Priscilla	84	08-021	51.30	25m	31-8-97	Assendelft (NED)
195.	Hoorn Linsey	94	08-021	51.43	50m	17-4-05	Beverwijk (NED)
196.	Schelvis Liselot	92	08-021	51.77	25m	14-3-04	Zaandam
197.	van der Wijden Eline	88	08-021	51.83	25m	22-2-01	Heemskerk (NED)
198.	Bouwer Jolien	89	08-021	51.87	25m	28-2-02	Heemskerk
199.	Viel Bianca	85	08-021	51.97	25m	14-11-99	Zaandam (NED)
200.	Zeeman Judith	70	08-021	52.00	25m	29-11-81	Zaandam (NED)
201.	Koper Birgit	87	08-021	52.05	25m	27-4-03	Zaandam
202.	Cappelle Marcella	85	08-021	52.40	25m	26-10-97	Heemskerk (NED)
203.	van der Does Lisa	02	08-021	52.60	25m	30-3-14	Zaandam (NED)
204.	Feenstra Petra	71	08-021	53.00	25m	16-1-83	Heemskerk (NED)
204.	Werdekker Marjolein	81	08-021	53.00	25m	13-3-97	Heemskerk (NED)
206.	Terhorst Ilja	67	08-021	53.10	25m	8-11-80	Heemskerk (NED)
207.	van Giezen Corina	68	08-021	53.30	25m	21-9-80	Heemskerk (NED)
208.	van Rijn Eline	07	08-021	53.32	25m	17-11-16	Heemskerk (NED)
209.	van Perlo Carla	75	08-021	53.50	25m	28-10-84	Egmond (NED)
210.	Koopman Jessie	97	08-021	54.12	25m	18-4-10	Zaandam (NED)
211.	Bok Femke	74	08-021	54.20	25m	28-10-84	Egmond (NED)
212.	Doodeman Sara	00	08-021	54.69	25m	13-2-11	Purmerend (NED)
213.	Bakker Lisette	83	08-021	54.80	25m	11-12-97	Heemskerk (NED)
214.	Yayli Serina	90	08-021	54.91	25m	1-4-02	Haarlem
215.	van den Heuvel Sandra	80	08-021	55.00	25m	3-12-89	Zaandam (NED)
216.	de Boer Isabel	06	08-021	55.08	25m	11-6-16	Zaandam (NED)
217.	van Giezen Irene	67	08-021	55.40	25m	11-4-81	Heemskerk (NED)
218.	Ardicyaka Irem	06	08-021	55.52	25m	18-1-18	Heemskerk (NED)
219.	Kesting Alexandra	00	08-021	55.57	25m	3-4-11	Zaandam (NED)
220.	Koper Ella	90	08-021	55.63	25m	10-3-02	Heemskerk
221.	Lensen Sarian	89	08-021	56.24	25m	9-2-03	Zaandam (NED)
222.	Rasch Monique	66	08-021	56.50	25m	11-4-81	Heemskerk (NED)
223.	Dijkstra Pascal	89	08-021	56.90	25m	22-4-99	Heemskerk (NED)
224.	Boonstra Esmé	02	08-021	56.93	25m	7-4-13	Castricum (NED)
225.	Zijlstra Mariëlle	83	08-021	57.20	25m	29-10-95	Castricum (NED)
226.	Elghandor Kiyaan	03	08-021	57.23	25m	30-3-14	Zaandam (NED)
227.	Smit Ingrid	67	08-021	57.40	25m	8-11-80	Heemskerk (NED)
228.	Snijder Femke	83	08-021	58.00	25m	12-5-93	
229.	van der Werf Chily	72	08-021	58.20	25m	16-1-83	Heemskerk (NED)
230.	Schijf Irene	83	08-021	58.30	25m	24-11-94	Heemskerk (NED)
231.	Liefting Mariëlle	90	08-021	58.95	25m	10-3-02	Heemskerk
232.	Hoeksema Kim	90	08-021	59.12	25m	31-1-02	Heemskerk
233.	Koper Selma	03	08-021	59.26	25m	21-3-13	Heemskerk (NED)
234.	Eijndhoven Jonna	02	08-021	1:00.39	50m	10-6-12	Beverwijk (NED)
235.	Beentjes Daphne	91	08-021	1:00.80	25m	19-12-02	Heemskerk
236.	Doevendans Phileine	06	08-021	1:01.05	25m	6-3-16	Purmerend (NED)
237.	Huisman Lianne	87	08-021	1:01.12	25m	22-2-01	Heemskerk (NED)
238.	Salido Keesje	05	08-021	1:01.25	25m	19-2-15	Heemskerk (NED)
239.	Hoekstra Karin	76	08-021	1:01.70	25m	21-5-87	Heemskerk (NED)

50 vlinderslag (sinds 240)

240.	Nijman Linda	89	08-021	1:02.34	25m	25-3-01	Heerhugowaard (NED)
241.	Boere Sacha	91	08-021	1:02.39	25m	25-11-04	Heemskerk (NED)
242.	Werdekker Esther	83	08-021	1:03.20	25m	14-3-96	Heemskerk (NED)
243.	Kerdijk Lianne	81	08-021	1:03.60	25m	4-4-91	Heemskerk (NED)
244.	Kerkhoven Michelle	91	08-021	1:03.71	25m	22-2-01	Heemskerk (NED)
245.	Doll Maartje	80	08-021	1:03.80	25m	12-5-93	
246.	Morianner Susanna	72	08-021	1:04.20	25m	20-9-81	Den Helder (NED)
247.	Welboren Julia	00	08-021	1:04.96	25m	9-2-12	Heemskerk (NED)
248.	Pezo Adna	90	08-021	1:05.60	50m	27-5-01	Beverwijk (NED)
249.	Wiegman Brenda	72	08-021	1:06.40	25m	16-1-83	Heemskerk (NED)
250.	Pover Ellen	72	08-021	1:07.00	25m	11-4-81	Heemskerk (NED)
251.	Janssen Tess	89	08-021	1:09.33	25m	27-9-98	Assendelft (NED)
252.	Stoker Ianthe	84	08-021	1:11.50	25m	23-1-97	Heemskerk
253.	van Perlo Ingrid	73	08-021	1:12.90	25m	21-3-82	
254.	van Noort Jony	85	08-021	1:18.40	25m	14-3-96	Heemskerk (NED)
255.	Zuidervaart Anne	02	08-021	1:19.93	25m	22-3-12	Heemskerk (NED)
256.	Kuijper Michelle	91	08-021	1:23.14	25m	22-2-01	Heemskerk (NED)

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100 vlinderslag

1.	Schelvis Femke	84	08-021	1:08.80	25m	10-10-99	Zaandam (NED)
2.	Kingma Danae	00	08-021	1:09.75	25m	12-2-17	Purmerend (NED)
3.	Broek Jade	97	08-021	1:10.25	25m	18-2-16	Heemskerk (NED)
4.	Drubers Mirjam	67	08-021	1:10.80	25m	31-12-85	
5.	Smit Sanne	01	08-021	1:12.40	50m	26-3-17	Alkmaar (NED)
6.	Vink Lidewij	90	08-021	1:12.85	25m	10-12-06	Heemskerk (NED)
7.	de Groot Daniëlle	93	08-021	1:13.13	25m	25-11-07	Amsterdam (NED)
8.	Palmboom Nicole	91	08-021	1:13.63	25m	17-11-07	Barneveld (NED)
9.	Mallon Danique	94	08-021	1:13.93	25m	23-5-10	Purmerend (NED)
9.	van der Gracht Anouk	89	08-021	1:13.93	25m	9-3-14	Zaandam (NED)
11.	Crok Annemarie	89	08-021	1:14.05	25m	29-11-09	Heemskerk (NED)
12.	Verbree Bets	63	08-021	1:14.50	25m	7-2-82	
13.	de Haan Shira	00	08-021	1:14.89	25m	12-2-17	Purmerend (NED)
14.	Hoekstra Eline	03	08-021	1:15.18	25m	20-5-18	Purmerend (NED)
15.	Hoek Daniëlle	88	08-021	1:15.40	25m	9-2-12	Heemskerk (NED)
16.	van de Poll Marianne	89	08-021	1:15.65	25m	14-12-03	Heemskerk (NED)
17.	Stins Mariska	84	08-021	1:15.83	25m	27-5-04	Heemskerk (NED)
18.	Teufer Irene	96	08-021	1:16.12	50m	13-4-08	Antwerpen (BEL)
19.	Groen Anne	95	08-021	1:16.26	25m	2-2-17	Heemskerk (NED)
20.	Stam Vanessa	80	08-021	1:16.60	25m	15-12-96	Heemskerk (NED)
21.	Essers Sanne	91	08-021	1:16.69	25m	21-10-07	Zaandam (NED)
22.	van der Kroft Nicole	84	08-021	1:16.86	25m	14-1-01	Heemskerk (NED)
22.	Wentink Yara	04	08-021	1:16.86	25m	11-2-18	Zaandam (NED)
24.	Besse Karen	75	08-021	1:17.20	25m	24-2-91	Heemskerk (NED)
25.	Crok Linda	94	08-021	1:17.58	25m	13-11-16	Purmerend (NED)
26.	van Staveren Marina	78	08-021	1:17.69	25m	18-2-12	Heerenveen (NED)
27.	Spijker Kristel	84	08-021	1:17.92	25m	13-3-11	Heemskerk (NED)
28.	Hulshof Saskia	73	08-021	1:18.90	25m	18-2-89	
29.	Schelvis Roos	86	08-021	1:18.99	25m	15-4-01	Haarlem (NED)
29.	de Boer Irene	84	08-021	1:18.99	25m	16-4-01	Haarlem (NED)
31.	Koster Lisa	94	08-021	1:19.44	25m	15-12-07	Heemskerk (NED)
32.	Stam Sabrina	82	08-021	1:19.70	25m	6-4-97	Heemskerk (NED)
33.	Kleijne Daisy	89	08-021	1:19.75	25m	12-2-06	Zaandam (NED)

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100 vlinderslag (sinds 34)

34. Kramer Miranda	80	08-021	1:20.35	25m	28-2-02	Heemskerk
35. Butter Anouk	82	08-021	1:20.45	25m	25-3-04	Heemskerk
36. Siemerink Laura	04	08-021	1:21.18	25m	15-2-18	Heemskerk (NED)
37. de Groot Gitta	60	08-021	1:21.70	25m	31-12-79	
38. Moolevliet Petra	82	08-021	1:21.80	25m	6-4-96	Haarlem (NED)
39. Meijer Linda	77	08-021	1:22.10	25m	27-11-93	
40. Vink Marjolein	93	08-021	1:22.18	25m	26-2-09	Heemskerk (NED)
41. Meijer Sylvia	81	08-021	1:22.50	25m	13-4-98	Haarlem (NED)
42. van Ballegooie Simone	84	08-021	1:22.69	25m	11-10-98	Alkmaar (NED)
43. de Ruijter Linda	87	08-021	1:22.80	25m	22-12-02	Zaandam
44. Koopman Anitra	89	08-021	1:22.99	25m	20-2-05	Aalsmeer (NED)
45. van Rookhuizen Sieta	79	08-021	1:23.10	25m	17-1-93	Zaandam
46. van 't Veer Iris	03	08-021	1:23.27	25m	15-2-18	Heemskerk (NED)
47. Plokker Sylvia	68	08-021	1:23.60	25m	31-5-81	Heerhugowaard (NED)
48. Zonneveld Chantal	84	08-021	1:23.73	25m	28-2-02	Heemskerk
49. Scholten Britt	04	08-021	1:24.06	25m	11-2-18	Zaandam (NED)
50. Visser Stacey	87	08-021	1:24.15	25m	31-5-01	Heemskerk (NED)
51. Windmuller Wendy	69	08-021	1:24.20	25m	12-2-84	Heemskerk (NED)
52. Jongema Helena	80	08-021	1:24.21	25m	16-11-08	Amsterdam-oost (NED)
53. Boekling Annette	85	08-021	1:24.82	25m	28-2-02	Heemskerk
54. de Graaf Annemiek	70	08-021	1:25.20	25m	30-11-86	Heemskerk (NED)
54. van der Geest Saskia	73	08-021	1:25.20	25m	6-12-89	
56. Zwaan Melissa	91	08-021	1:25.28	25m	28-12-03	Maastricht (NED)
57. Schuyt Simone	75	08-021	1:25.80	25m	10-3-90	
58. Limmen Karin	76	08-021	1:26.30	25m	4-10-92	Assendelft (NED)
59. Oudendijk Bianca	79	08-021	1:26.60	25m	5-11-95	Volendam (NED)
60. Dijkstra Lisette	86	08-021	1:26.80	25m	24-5-98	Zaandam (NED)
61. Buur Naomi	01	08-021	1:26.83	25m	18-2-16	Heemskerk (NED)
62. Vredenburg Roos	95	08-021	1:27.10	25m	20-5-10	Heemskerk (NED)
63. Bruin Marianne	78	08-021	1:27.20	25m	24-2-91	Heemskerk (NED)
64. Petit Kirsten	00	08-021	1:27.26	25m	12-2-17	Purmerend (NED)
65. van Duin Margret	60	08-021	1:27.40	25m	12-2-78	Heemskerk (NED)
66. Bakker Jesca	79	08-021	1:28.50	25m	22-4-90	Heemstede (NED)
66. Visser Kelly	89	08-021	1:28.50	25m	28-2-02	Heemskerk
68. Stel Serena	98	08-021	1:28.51	25m	18-2-10	Heemskerk (NED)
69. Zonneveld Cindy	75	08-021	1:28.60	25m	4-2-93	Heemskerk (NED)
70. Blaauw Yente	03	08-021	1:28.68	25m	15-2-18	Heemskerk (NED)
71. Zwarthoed Brenda	96	08-021	1:28.87	25m	3-2-08	Purmerend (NED)
72. Hogema Fabiën	93	08-021	1:29.44	25m	29-3-07	Heemskerk (NED)
73. Krouwels Tanja	79	08-021	1:29.50	25m	12-2-98	Heemskerk (NED)
74. ten Cate Ilona	85	08-021	1:29.56	25m	16-4-06	Haarlem (NED)
75. Veldhuis Amelia	03	08-021	1:29.64	25m	15-2-18	Heemskerk (NED)
76. Pover Karin	67	08-021	1:29.80	25m	13-3-83	Castricum (NED)
77. Deiman Caroline	67	08-021	1:29.90	25m	6-12-89	
78. Hermans Liesbeth	66	08-021	1:30.00	25m	7-2-82	
79. van Giezen Sandra	63	08-021	1:30.20	25m	12-2-84	Heemskerk (NED)
79. van Honk Chantal	80	08-021	1:30.20	25m	3-2-93	
81. Niesten Iris	92	08-021	1:30.21	50m	6-6-09	Beverwijk (NED)
82. Dijkstra Ingrid	68	08-021	1:30.60	25m	16-1-83	Heemskerk (NED)
83. Tholen Kirsten	66	08-021	1:30.70	25m	24-1-82	
84. Koper Fiona	01	08-021	1:30.94	25m	2-2-17	Heemskerk (NED)
85. van Giezen Wendy	70	08-021	1:31.10	25m	27-2-83	Assendelft (NED)
86. Poppema Yvonne	68	08-021	1:31.30	25m	7-10-84	Volendam (NED)

100 vlinderslag (sinds 87)

87.	van Koeveringe Nicole	93	08-021	1:31.60	25m	26-2-09	Heemskerk (NED)
88.	Heus Pauline	78	08-021	1:31.80	25m	6-4-96	Haarlem (NED)
89.	Peters Yvonne	63	08-021	1:32.20	25m	7-2-88	Heemskerk (NED)
90.	de Boer Claudia	77	08-021	1:32.30	25m	4-4-91	Heemskerk (NED)
91.	Hofland Yasmin	01	08-021	1:32.34	25m	4-2-18	Purmerend (NED)
92.	van Giezen Irene	67	08-021	1:32.50	25m	13-3-83	Castricum (NED)
93.	Renkema Iris	04	08-021	1:32.76	25m	1-10-17	Purmerend (NED)
94.	van Eerden Meike	00	08-021	1:33.12	25m	18-2-16	Heemskerk (NED)
95.	van der Horst Sacha	69	08-021	1:33.40	25m	23-9-84	Heemskerk (NED)
95.	Cappelle Carlijn	82	08-021	1:33.40	25m	6-4-97	Heemskerk (NED)
97.	Hommersen Sandra	84	08-021	1:33.86	25m	11-10-98	Alkmaar (NED)
98.	de Boer Angela	80	08-021	1:34.70	25m	27-4-95	Heemskerk (NED)
99.	Rodenburg Rianne	93	08-021	1:35.06	25m	17-4-06	Haarlem (NED)
100.	Nijholt Carin	60	08-021	1:35.20	25m	13-4-80	Zaandam (NED)
101.	de Boer Maia	03	08-021	1:35.28	25m	15-2-18	Heemskerk (NED)
102.	ten Cate Joyce	80	08-021	1:35.29	25m	26-2-09	Heemskerk (NED)
103.	Besse Meta	78	08-021	1:35.30	25m	29-11-92	Heemskerk (NED)
104.	Bruin Adri	74	08-021	1:35.40	25m	30-9-89	
105.	Lindelauf Priscilla	85	08-021	1:35.49	25m	17-2-00	Heemskerk (NED)
106.	de Vries Justine	83	08-021	1:35.80	25m	13-3-97	Heemskerk (NED)
107.	van Ballegooie Stefanie	86	08-021	1:36.26	25m	18-11-01	Heemskerk
108.	Missot Gonda	66	08-021	1:36.50	25m	28-10-79	Heerhugowaard (NED)
109.	Venema Jalina	04	08-021	1:36.61	25m	2-2-17	Heemskerk (NED)
110.	de Groot Linda	81	08-021	1:36.79	25m	23-4-00	Haarlem (NED)
111.	Walraven Annet	62	08-021	1:36.90	25m	4-10-80	Heemskerk (NED)
111.	Palthe Yvonne	67	08-021	1:36.90	25m	18-10-81	Heemskerk (NED)
113.	Huneker Jolanda	79	08-021	1:36.96	25m	17-1-99	Heemskerk (NED)
114.	Molenaar Eline	82	08-021	1:37.06	25m	20-2-00	Assendelft (NED)
115.	van Galen Angela	65	08-021	1:37.10	25m	16-11-80	Haarlem (NED)
116.	Zonneveld Melissa	88	08-021	1:37.13	25m	25-11-04	Heemskerk (NED)
117.	van Giezen Corina	68	08-021	1:37.40	25m	23-9-84	Heemskerk (NED)
118.	Niesten Annet	62	08-021	1:37.60	25m	31-12-75	
119.	Limmen Miriam	75	08-021	1:37.70	25m	1-4-90	Zaandam (NED)
120.	de Vriend Sofie	01	08-021	1:37.77	25m	2-6-12	Zaandam (NED)
121.	van Huisstede Nikita	01	08-021	1:37.90	25m	13-11-16	Purmerend (NED)
122.	Huisman Caroline	64	08-021	1:38.00	25m	23-10-77	Zandvoort (NED)
123.	de Wildt Maud	05	08-021	1:38.97	25m	15-2-18	Heemskerk (NED)
124.	de Graaf Dinie	71	08-021	1:39.00	25m	28-10-84	Egmond (NED)
125.	Munnik Yvonne	64	08-021	1:39.10	25m	26-2-78	Castricum (NED)
126.	van Rijn Sydney	03	08-021	1:39.27	25m	2-10-16	Purmerend (NED)
127.	Limmen Anita	78	08-021	1:39.40	25m	28-9-94	
128.	Meesters Audrey	90	08-021	1:39.90	25m	27-3-03	Heemskerk
129.	Angenent Nienke	01	08-021	1:40.31	25m	8-1-15	Heemskerk (NED)
130.	Knight Kayleigh	00	08-021	1:40.32	25m	15-2-18	Heemskerk (NED)
131.	van Leeuwen Andrea	71	08-021	1:40.60	25m	28-10-84	Egmond (NED)
132.	Bakkum Wilma	62	08-021	1:40.90	25m	30-11-80	Heemskerk (NED)
133.	van Velsen Patricia	79	08-021	1:41.20	25m	14-3-96	Heemskerk (NED)
134.	Hoek Laura	86	08-021	1:41.34	25m	23-4-00	Haarlem (NED)
135.	Bos Chantal	74	08-021	1:41.40	25m	18-2-89	
135.	Oosterveen Yvonne	80	08-021	1:41.40	25m	3-2-93	
137.	Essers Patricia	84	08-021	1:42.09	25m	17-2-00	Heemskerk (NED)
138.	van Vliet Isabel	02	08-021	1:42.32	25m	14-1-18	Purmerend (NED)
139.	Dijkstra Maud	84	08-021	1:42.40	25m	5-4-98	Heemskerk (NED)

100 vlinderslag (sinds 140)

140.	Visser Shana	04	08-021	1:42.49	25m	2-10-16	Purmerend (NED)
141.	de Vries Cathy	77	08-021	1:42.60	25m	21-4-91	Heemstede (NED)
142.	Bouwman Esther	63	08-021	1:42.70	25m	3-6-78	Z.O. Beemster (NED)
143.	Grul Lisanne	97	08-021	1:42.86	25m	9-2-12	Heemskerk (NED)
144.	Windmuller Annemarie	67	08-021	1:43.00	25m	17-2-80	Heerhugowaard (NED)
144.	van Langelaar Tessa	97	08-021	1:43.00	25m	27-3-11	Heemstede (NED)
146.	Zonneveld Monica	80	08-021	1:43.30	25m	15-1-94	
147.	Dreyer Elly	63	08-021	1:43.40	25m	2-3-80	Heemskerk (NED)
148.	Bouwer Jolien	89	08-021	1:43.41	25m	28-11-02	Heemskerk
149.	Huisman Jolanda	68	08-021	1:43.90	25m	23-9-84	Heemskerk (NED)
150.	Mulder Amy	80	08-021	1:44.10	25m	15-1-94	
151.	de Vries Chrissie	93	08-021	1:44.49	25m	29-3-07	Heemskerk (NED)
152.	Sobh Shaime	03	08-021	1:45.15	25m	18-2-16	Heemskerk (NED)
153.	Regelink Anneke	83	08-021	1:45.24	25m	5-4-99	Haarlem (NED)
154.	Liefting Sarina	93	08-021	1:45.50	25m	30-11-06	Heemskerk
155.	Ivens Suzanne	99	08-021	1:45.53	25m	26-10-14	Zaandam (NED)
156.	Groot Tineke	60	08-021	1:46.10	25m	2-3-80	Heemskerk (NED)
157.	de Groot Marlijn	92	08-021	1:46.11	25m	3-10-04	Heemskerk (NED)
158.	de Wolff Isabel	01	08-021	1:46.70	25m	18-2-16	Heemskerk (NED)
159.	de Graaf Isabella	04	08-021	1:46.72	25m	1-10-17	Purmerend (NED)
160.	Horst Diana	67	08-021	1:46.80	25m	18-10-81	Heemskerk (NED)
161.	Berloth Lydia	68	08-021	1:46.90	25m	16-1-83	Heemskerk (NED)
162.	Nemchonok Alisa	82	08-021	1:47.21	25m	5-4-99	Haarlem (NED)
163.	van Putten Demi	96	08-021	1:48.50	25m	3-3-11	Heemskerk (NED)
164.	Viel Bianca	85	08-021	1:48.69	25m	22-4-99	Heemskerk (NED)
165.	Jansen Pauline	67	08-021	1:49.00	25m	16-1-83	Heemskerk (NED)
166.	Bos Marieke	06	08-021	1:49.09	25m	10-6-17	Zaandam (NED)
167.	Beentjes Nicolet	80	08-021	1:49.50	25m	30-5-96	Heemskerk (NED)
168.	van de Kamp Yvonne	65	08-021	1:49.60	25m	4-10-80	Heemskerk (NED)
169.	Rasch Monique	66	08-021	1:49.80	25m	6-9-81	Heemskerk (NED)
170.	Koper Birgit	87	08-021	1:50.78	25m	28-11-02	Heemskerk
171.	Smit Lydia	84	08-021	1:50.87	25m	22-4-99	Heemskerk (NED)
172.	Hoekstra Karin	76	08-021	1:51.60	25m	17-1-88	Assendelft (NED)
173.	Raszinski Nienke	01	08-021	1:51.78	25m	30-1-14	Heemskerk (NED)
174.	Wieman Lianne	03	08-021	1:52.77	25m	14-1-18	Purmerend (NED)
175.	Sierra Ana Maria	69	08-021	1:52.80	25m	18-4-82	
176.	van der Horst Wendy	72	08-021	1:53.50	25m	13-3-83	Castricum (NED)
177.	van der Eng Laura	80	08-021	1:53.90	25m	9-11-96	
178.	Mosch Sabina	84	08-021	1:54.45	25m	27-3-03	Heemskerk
179.	Stel Kaylin	01	08-021	1:55.09	25m	20-5-10	Heemskerk (NED)
180.	van Assema Eline	05	08-021	1:55.80	25m	2-2-17	Heemskerk (NED)
181.	van den Braber Liesbeth	84	08-021	1:55.90	25m	12-2-98	Heemskerk (NED)
182.	Schaaper Margriet	62	08-021	1:56.50	25m	13-10-79	Heemskerk (NED)
183.	Verhagen Sabine	71	08-021	1:57.20	25m	28-10-84	Egmond (NED)
183.	de Jong Desire	73	08-021	1:57.20	25m	8-11-87	Heemskerk (NED)
185.	Bakker Anna	97	08-021	1:57.97	25m	26-2-09	Heemskerk (NED)
186.	Bos Annelies	74	08-021	1:58.40	25m	29-11-87	Amstelveen (NED)
187.	Bakker Daniëlle	96	08-021	1:58.72	25m	5-10-08	Heemskerk (NED)
188.	Martens landra	03	08-021	1:58.83	25m	8-1-15	Heemskerk (NED)
189.	Snijder Femke	83	08-021	1:59.20	25m	4-4-94	Haarlem (NED)
190.	Aafjes Suzan	69	08-021	2:01.00	25m	18-1-81	Zaandam (NED)
191.	Steenkamp Ciska	90	08-021	2:01.17	25m	24-4-00	Haarlem (NED)
192.	Yayli Serina	90	08-021	2:02.61	25m	28-11-02	Heemskerk

100 vlinderslag (sinds 193)

193.	Bakker Lisette	83	08-021	2:03.30	25m	15-11-98	Assendelft (NED)
194.	Brands Ingrid	72	08-021	2:03.60	25m	29-9-85	Heemskerk (NED)
195.	Last Rooske	94	08-021	2:03.64	25m	20-5-10	Heemskerk (NED)
196.	de Loos Marijke	94	08-021	2:04.26	25m	20-5-10	Heemskerk (NED)
197.	Hoogervorst Marlon	84	08-021	2:04.30	25m	13-11-94	Hoorndijk (NED)
198.	Rodenburg Kyra	96	08-021	2:05.15	25m	24-11-05	Heemskerk (NED)
199.	Smit Ingrid	67	08-021	2:05.60	25m	22-11-80	Heemskerk (NED)
200.	Buur Cindy	99	08-021	2:06.11	25m	30-1-14	Heemskerk (NED)
201.	Nijman José	93	08-021	2:06.51	25m	11-2-07	Zaandam (NED)
202.	Aardenburg Judith	93	08-021	2:06.77	25m	2-10-05	Zaandam (NED)
203.	Schelvis Liselot	92	08-021	2:07.72	25m	8-2-04	Zaandam (NED)
204.	Rijkema Marije	85	08-021	2:08.60	25m	28-2-02	Heemskerk
205.	Gelsumino Giulia	03	08-021	2:10.18	25m	8-1-15	Heemskerk (NED)
206.	Cappelle Marcella	85	08-021	2:10.90	25m	12-2-98	Heemskerk (NED)
207.	Koper Ella	90	08-021	2:12.17	25m	3-2-02	Zaandam (NED)
208.	Boere Sacha	91	08-021	2:12.33	25m	24-2-05	Heemskerk (NED)
209.	Lensen Sarian	89	08-021	2:13.35	25m	27-3-03	Heemskerk
210.	Visser Robin	05	08-021	2:19.25	25m	13-12-15	Zaandam (NED)
211.	Pezo Adna	90	08-021	2:28.91	25m	16-4-01	Haarlem (NED)

200 vlinderslag

1.	Schelvis Femke	84	08-021	2:35.87	25m	25-11-04	Heemskerk (NED)
2.	Vink Lidewij	90	08-021	2:46.45	25m	21-1-07	Zaandam (NED)
3.	Mallon Danique	94	08-021	2:48.96	25m	18-2-10	Heemskerk (NED)
4.	Stam Vanessa	80	08-021	2:49.10	25m	29-3-98	Heemstede (NED)
5.	Crok Annemarie	89	08-021	2:49.30	25m	14-3-10	Heemskerk (NED)
6.	Teufer Irene	96	08-021	2:49.76	50m	12-4-08	Antwerpen (BEL)
7.	Palmboom Nicole	91	08-021	2:51.40	25m	31-1-08	Heemskerk (NED)
8.	van der Gracht Anouk	89	08-021	2:52.59	25m	9-3-08	Heemskerk (NED)
9.	Verbree Bets	63	08-021	2:54.70	25m	31-12-81	
10.	Wentink Yara	04	08-021	2:55.31	25m	18-3-18	Purmerend (NED)
11.	de Groot Daniëlle	93	08-021	2:56.23	25m	26-5-07	Purmerend (NED)
12.	Stins Mariska	84	08-021	2:58.47	25m	15-3-09	Haarlem (NED)
13.	de Haan Shira	00	08-021	2:58.95	25m	12-3-17	Purmerend (NED)
14.	van de Poll Marianne	89	08-021	2:59.51	25m	7-6-03	Z.o. Beemster
15.	Spijker Kristel	84	08-021	3:01.28	25m	14-3-10	Heemskerk (NED)
16.	Hoekstra Eline	03	08-021	3:02.29	25m	27-11-16	Zaandam (NED)
17.	van der Kroft Nicole	84	08-021	3:02.96	25m	26-4-01	Heemskerk (NED)
18.	Schelvis Roos	86	08-021	3:03.76	25m	20-12-01	Heemskerk
19.	Butter Anouk	82	08-021	3:04.98	25m	26-4-01	Heemskerk (NED)
20.	Groen Anne	95	08-021	3:05.24	25m	12-3-17	Purmerend (NED)
21.	Meijer Linda	77	08-021	3:06.00	25m	7-2-93	Volendam (NED)
21.	Kleijne Daisy	89	08-021	3:06.00	25m	31-1-08	Heemskerk (NED)
23.	Crok Linda	94	08-021	3:06.01	25m	18-2-10	Heemskerk (NED)
24.	Stel Serena	98	08-021	3:07.06	25m	18-2-10	Heemskerk (NED)
25.	de Ruijter Linda	87	08-021	3:07.60	25m	22-12-02	Zaandam
26.	Hoek Daniëlle	88	08-021	3:07.93	25m	31-1-08	Heemskerk (NED)
27.	Kramer Miranda	80	08-021	3:09.21	25m	27-11-03	Heemskerk (NED)
28.	Koster Lisa	94	08-021	3:11.30	25m	31-1-08	Heemskerk (NED)
29.	de Boer Irene	84	08-021	3:15.15	25m	16-4-00	Zaandam (NED)
30.	Moolevliet Petra	82	08-021	3:15.30	25m	4-2-96	Heerhugowaard (NED)
31.	van Rookhuizen Sieta	79	08-021	3:16.10	25m	26-1-92	Volendam (NED)

200 vlinderslag (sinds 32)

32. Essers Sanne	91	08-021	3:16.44	25m	18-2-10	Heemskerk (NED)
33. Vink Marjolein	93	08-021	3:17.91	25m	31-1-08	Heemskerk (NED)
34. Vredenburg Roos	95	08-021	3:19.06	25m	18-2-10	Heemskerk (NED)
35. Boekling Annette	85	08-021	3:19.10	25m	20-12-01	Heemskerk
36. Oudendijk Bianca	79	08-021	3:21.60	25m	4-2-96	Heerhugowaard (NED)
37. Koopman Anitra	89	08-021	3:22.70	25m	25-11-04	Heemskerk (NED)
38. Meijer Sylvia	81	08-021	3:23.30	25m	29-3-98	Heemstede (NED)
39. Visser Stacey	87	08-021	3:27.93	50m	29-4-01	Beverwijk (NED)
40. Petit Kirsten	00	08-021	3:30.05	25m	20-5-13	Purmerend (NED)
41. Hermans Liesbeth	66	08-021	3:30.20	25m	7-3-82	
42. Niesten Iris	92	08-021	3:31.96	25m	30-11-06	Heemskerk
43. van Galen Angela	65	08-021	3:32.40	25m	18-4-82	
44. van Giezen Sandra	63	08-021	3:32.90	25m	18-4-82	
45. Tholen Kirsten	66	08-021	3:36.30	25m	7-3-82	
46. Siemerink Laura	04	08-021	3:37.20	25m	27-11-16	Zaandam (NED)
47. Visser Kelly	89	08-021	3:37.49	25m	17-3-02	Zaandam
48. Blaauw Yente	03	08-021	3:38.15	25m	27-11-16	Zaandam (NED)
49. van 't Veer Iris	03	08-021	3:40.13	25m	27-11-16	Zaandam (NED)
50. Hofland Yasmin	01	08-021	3:40.40	25m	6-4-14	Zaandam (NED)
51. Scholten Britt	04	08-021	3:45.13	25m	27-11-16	Zaandam (NED)
52. Venema Jalina	04	08-021	3:45.14	25m	24-4-16	Zaandam (NED)
53. Pover Karin	67	08-021	3:45.30	25m	7-3-82	
54. Buur Naomi	01	08-021	3:47.93	25m	6-4-14	Zaandam (NED)
55. Renkema Iris	04	08-021	3:50.96	25m	13-12-15	Zaandam (NED)
56. Veldhuis Amelia	03	08-021	3:51.64	25m	27-11-16	Zaandam (NED)
57. de Wildt Maud	05	08-021	3:53.68	25m	27-11-16	Zaandam (NED)
58. van Giezen Irene	67	08-021	3:54.00	25m	7-3-82	
59. de Boer Maia	03	08-021	3:55.74	25m	27-11-16	Zaandam (NED)
60. Ivens Suzanne	99	08-021	4:14.47	25m	28-5-12	Purmerend (NED)
61. Knight Kayleigh	00	08-021	4:18.31	25m	18-3-12	Zaandam (NED)

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1000 vlinderslag100 wisselslag

1. Kingma Danae	00	08-021	1:07.44	25m	23-12-17	Hoofddorp (NED)
2. Broek Jade	97	08-021	1:09.81	25m	2-1-16	Hoor (NED)
3. Schelvis Femke	84	08-021	1:09.84	25m	18-2-99	Heemskerk (NED)
4. ten Bokkel Henriette	94	08-021	1:11.34	25m	17-5-18	Heemskerk (NED)
5. Palmboom Nicole	91	08-021	1:12.94	25m	10-2-08	Purmerend (NED)
6. Crok Linda	94	08-021	1:12.98	25m	11-4-10	Zaandam (NED)
7. Groen Anne	95	08-021	1:13.00	25m	2-10-16	Purmerend (NED)
8. Hoekstra Eline	03	08-021	1:13.97	25m	15-10-17	Alkmaar (NED)
9. Koster Lisa	94	08-021	1:13.98	25m	12-5-08	Purmerend (NED)
10. van der Kroft Nicole	84	08-021	1:14.28	25m	27-9-01	Heemskerk
11. Schelvis Roos	86	08-021	1:15.00	25m	12-12-99	Heemskerk (NED)
12. Smit Sanne	01	08-021	1:15.06	25m	11-12-16	Alkmaar (NED)
13. de Haan Shira	00	08-021	1:15.07	25m	11-5-17	Heemskerk (NED)
14. de Groot Daniëlle	93	08-021	1:15.39	25m	6-1-08	Alkmaar (NED)
15. Crok Annemarie	89	08-021	1:15.40	25m	19-11-09	Heemskerk (NED)
16. Kramer Miranda	80	08-021	1:15.65	25m	15-11-98	Zaandam (NED)
17. van 't Veer Iris	03	08-021	1:15.66	25m	17-5-18	Heemskerk (NED)
18. Mallon Danique	94	08-021	1:15.90	25m	11-4-10	Zaandam (NED)

100 wisselslag (sinds 19)

19.	Kleijne Daisy	89	08-021	1:15.95	25m	30-12-05	Maastricht (NED)
20.	Wentink Yara	04	08-021	1:16.09	25m	17-5-18	Heemskerk (NED)
21.	Besse Karen	75	08-021	1:16.10	25m	14-3-91	Heemskerk (NED)
22.	van der Gracht Anouk	89	08-021	1:16.15	25m	20-5-13	Purmerend (NED)
23.	Hulshof Saskia	73	08-021	1:16.20	25m	31-12-89	Heemskerk (NED)
24.	Vink Lidewij	90	08-021	1:16.36	25m	26-3-06	Purmerend (NED)
25.	van Staveren Marina	78	08-021	1:16.71	25m	13-5-12	Grootebroek (NED)
26.	Buur Naomi	01	08-021	1:16.81	25m	10-1-16	Purmerend (NED)
27.	Hoek Daniëlle	88	08-021	1:16.84	25m	12-2-12	Heemstede (NED)
28.	Stam Vanessa	80	08-021	1:17.70	25m	5-10-97	Zaandam (NED)
29.	Petit Kirsten	00	08-021	1:17.74	25m	4-12-16	Zaandam (NED)
30.	Essers Sanne	91	08-021	1:17.84	25m	21-1-07	Zaandam (NED)
31.	van Rookhuizen Sieta	79	08-021	1:18.07	25m	14-11-99	Zaandam (NED)
32.	Meijer Sylvia	81	08-021	1:18.16	25m	18-2-99	Heemskerk (NED)
33.	van Honk Chantal	80	08-021	1:18.20	25m	15-4-93	Heemskerk (NED)
34.	Siemerink Laura	04	08-021	1:18.24	25m	17-5-18	Heemskerk (NED)
35.	van de Poll Marianne	89	08-021	1:18.30	25m	4-4-04	Zaandam
36.	Stins Mariska	84	08-021	1:18.32	25m	28-12-03	Maastricht (NED)
37.	Vink Marjolein	93	08-021	1:18.37	25m	2-12-07	Alkmaar (NED)
38.	Spijker Kristel	84	08-021	1:18.48	25m	6-12-09	Zaandam (NED)
39.	Verbree Bets	63	08-021	1:18.60	25m	31-5-80	Heemskerk (NED)
40.	Niستن Iris	92	08-021	1:18.63	25m	19-11-09	Heemskerk (NED)
41.	Jongema Helena	80	08-021	1:18.86	25m	2-2-08	Heerenveen (NED)
42.	Dijkstra Lisette	86	08-021	1:19.13	25m	13-12-98	Heemskerk (NED)
43.	Koopman Anitra	89	08-021	1:19.18	25m	28-12-04	Maastricht (NED)
44.	Stel Serena	98	08-021	1:19.33	25m	4-4-10	Haarlem (NED)
45.	Teufer Irene	96	08-021	1:19.40	25m	6-1-08	Alkmaar (NED)
46.	Stam Sabrina	82	08-021	1:19.60	25m	3-11-96	Zaandam (NED)
47.	Windmuller Wendy	69	08-021	1:20.20	25m	15-3-87	Heemskerk (NED)
47.	Meijer Linda	77	08-021	1:20.20	25m	16-6-93	
49.	de Boer Irene	84	08-021	1:20.53	25m	28-11-99	Alkmaar (NED)
50.	Heus Pauline	78	08-021	1:20.70	25m	15-12-96	Heemskerk (NED)
51.	Limmen Karin	76	08-021	1:20.80	25m	11-12-93	
52.	Scholten Britt	04	08-021	1:21.05	25m	10-12-17	Zaandam (NED)
53.	Blaauw Yente	03	08-021	1:21.09	25m	7-5-17	Zaandam (NED)
54.	Boekling Annette	85	08-021	1:21.34	25m	27-9-01	Heemskerk
55.	van der Geest Saskia	73	08-021	1:21.40	25m	31-12-88	
56.	Plokker Sylvia	68	08-021	1:21.60	25m	16-1-83	Heemskerk (NED)
56.	van Ballegooie Simone	84	08-021	1:21.60	25m	30-11-97	Alkmaar (NED)
58.	Moolevliet Petra	82	08-021	1:21.80	25m	1-10-95	Heemskerk (NED)
59.	Zwarthoed Brenda	96	08-021	1:21.93	25m	12-5-08	Purmerend (NED)
60.	Visser Stacey	87	08-021	1:22.19	25m	27-9-01	Heemskerk
61.	Butter Anouk	82	08-021	1:22.29	25m	29-9-05	Heemskerk (NED)
62.	Visser Kelly	89	08-021	1:22.38	25m	27-2-03	Heemskerk
63.	Renkema Iris	04	08-021	1:22.47	25m	9-10-16	Alkmaar (NED)
64.	Zonneveld Chantal	84	08-021	1:22.86	25m	14-11-99	Zaandam (NED)
65.	van Langelaar Tessa	97	08-021	1:22.92	25m	21-4-13	Heemskerk (NED)
66.	Schuyt Simone	75	08-021	1:23.20	25m	31-12-89	Heemskerk (NED)
67.	Dijkstra Ingrid	68	08-021	1:23.30	25m	16-1-83	Heemskerk (NED)
68.	Hermans Liesbeth	66	08-021	1:23.40	25m	17-1-82	
69.	van Galen Angela	65	08-021	1:23.50	25m	17-2-80	Heerhugowaard (NED)
69.	van Giezen Irene	67	08-021	1:23.50	25m	16-1-83	Heemskerk (NED)
71.	Zwaan Melissa	91	08-021	1:23.64	25m	28-12-03	Maastricht (NED)

100 wisselslag (sinds 72)

72.	de Ruijter Linda	87	08-021	1:23.76	25m	25-9-03	Heemskerk (NED)
73.	Oudendijk Bianca	79	08-021	1:23.90	25m	11-12-94	Heemskerk (NED)
74.	Angenent Nienke	01	08-021	1:23.96	25m	26-10-14	Zaandam (NED)
75.	van Koeveringe Nicole	93	08-021	1:24.11	25m	1-3-09	Heemstede (NED)
76.	Vredenburg Roos	95	08-021	1:24.15	25m	19-11-09	Heemskerk (NED)
77.	Poppema Yvonne	68	08-021	1:24.20	25m	22-1-84	Zandvoort (NED)
78.	de Wildt Maud	05	08-021	1:24.29	25m	17-5-18	Heemskerk (NED)
79.	de Boer Maia	03	08-021	1:24.33	25m	11-5-17	Heemskerk (NED)
80.	van Eerden Meike	00	08-021	1:24.52	25m	17-5-18	Heemskerk (NED)
81.	Hogema Fabiën	93	08-021	1:24.74	25m	27-4-06	Heemskerk
82.	Koper Fiona	01	08-021	1:24.79	25m	21-9-14	Purmerend (NED)
83.	Pover Karin	67	08-021	1:24.80	25m	17-1-82	
83.	Tholen Kirsten	66	08-021	1:24.80	25m	17-1-82	
85.	Rodenburg Rianne	93	08-021	1:24.91	25m	27-4-06	Heemskerk
86.	van Sikkelerus Lisa	99	08-021	1:24.97	25m	17-11-13	Heemskerk (NED)
87.	Hoffland Yasmin	01	08-021	1:25.06	25m	17-5-18	Heemskerk (NED)
88.	van Huisstede Nikita	01	08-021	1:25.21	25m	6-12-15	Purmerend (NED)
89.	Bakkum Wilma	62	08-021	1:25.40	25m	27-9-80	Heemskerk (NED)
90.	Veldhuis Amelia	03	08-021	1:25.42	25m	17-5-18	Heemskerk (NED)
91.	Ivens Suzanne	99	08-021	1:25.57	25m	25-11-12	Heemskerk (NED)
92.	Bruin Marianne	78	08-021	1:26.00	25m	16-5-91	Heemskerk (NED)
93.	de Boer Claudia	77	08-021	1:26.20	25m	4-2-90	Volendam (NED)
94.	Krouwels Tanja	79	08-021	1:26.24	25m	18-2-99	Heemskerk (NED)
95.	van Giezen Corina	68	08-021	1:26.40	25m	22-1-84	Zandvoort (NED)
95.	Limmen Miriam	75	08-021	1:26.40	25m	14-3-91	Heemskerk (NED)
97.	de Wolff Isabel	01	08-021	1:26.46	25m	19-5-16	Heemskerk (NED)
98.	de Boer Angela	80	08-021	1:26.70	25m	19-11-94	
99.	Zonneveld Cindy	75	08-021	1:26.90	25m	16-6-93	
100.	van Giezen Sandra	63	08-021	1:27.00	25m	27-9-80	Heemskerk (NED)
101.	Niesten Annet	62	08-021	1:27.40	25m	21-5-78	Heemskerk (NED)
101.	Hommersen Sandra	84	08-021	1:27.40	25m	14-12-97	Heemskerk (NED)
103.	Lindelauf Priscilla	85	08-021	1:27.41	25m	27-9-01	Heemskerk
104.	van Assema Eline	05	08-021	1:27.59	25m	17-5-18	Heemskerk (NED)
105.	Nijholt Carin	60	08-021	1:27.70	25m	31-5-80	Heemskerk (NED)
105.	Groot Tineke	60	08-021	1:27.70	25m	27-9-80	Heemskerk (NED)
107.	Deiman Caroline	67	08-021	1:27.90	25m	31-12-88	
108.	Buur Cindy	99	08-021	1:27.97	25m	19-5-16	Heemskerk (NED)
109.	Cappelle Carlijn	82	08-021	1:28.00	25m	5-10-97	Zaandam (NED)
110.	Oosterveen Yvonne	80	08-021	1:28.10	25m	4-10-92	Assendelft (NED)
111.	Liefting Sarina	93	08-021	1:28.48	25m	5-11-06	Zaandam (NED)
112.	van Rijn Sydney	03	08-021	1:28.52	25m	17-5-18	Heemskerk (NED)
113.	ten Cate Joyce	80	08-021	1:28.63	25m	27-4-06	Heemskerk
114.	Bruin Adri	74	08-021	1:29.30	25m	12-1-89	Heemskerk (NED)
115.	Hoek Laura	86	08-021	1:29.47	25m	12-12-99	Heemskerk (NED)
116.	de Vries Chrissie	93	08-021	1:29.48	25m	19-4-07	Heemskerk (NED)
117.	ten Cate Ilona	85	08-021	1:29.63	25m	29-9-05	Heemskerk (NED)
118.	Knight Kayleigh	00	08-021	1:29.67	25m	17-5-18	Heemskerk (NED)
119.	Bos Marieke	06	08-021	1:29.70	25m	10-12-17	Zaandam (NED)
120.	Walraven Annet	62	08-021	1:29.80	25m	31-5-80	Heemskerk (NED)
120.	de Graaf Annemiek	70	08-021	1:29.80	25m	24-1-82	
120.	Huisman Jolanda	68	08-021	1:29.80	25m	22-1-84	Zandvoort (NED)
120.	Limmen Anita	78	08-021	1:29.80	25m	16-6-93	
124.	Peters Yvonne	63	08-021	1:29.90	25m	15-3-87	Heemskerk (NED)

100 wisselslag (sinds 125)

125.	de Vriend Sofie	01	08-021	1:29.98	25m	5-1-13	Hoor (NED)
126.	van Velsen Patricia	79	08-021	1:30.00	25m	19-11-94	
127.	Bakker Jesca	79	08-021	1:30.30	25m	5-11-89	Heemskerk (NED)
128.	Grul Lisanne	97	08-021	1:30.36	25m	1-4-12	Zaandam (NED)
129.	Dreyer Elly	63	08-021	1:30.40	25m	8-12-79	Heemskerk (NED)
129.	Nijman José	93	08-021	1:30.40	25m	31-5-08	Aalsmeer (NED)
131.	de Vries Cathy	77	08-021	1:30.70	25m	16-5-91	Heemskerk (NED)
132.	Raszinski Nienke	01	08-021	1:30.89	25m	17-4-14	Heemskerk (NED)
133.	van der Horst Sacha	69	08-021	1:31.00	25m	17-5-81	Castricum (NED)
134.	de Vries Justine	83	08-021	1:31.10	25m	8-12-96	Heerhugowaard (NED)
135.	Koper Birgit	87	08-021	1:31.15	25m	27-4-06	Heemskerk
136.	Regelink Anneke	83	08-021	1:31.16	25m	26-11-98	Heemskerk (NED)
137.	van Giezen Wendy	70	08-021	1:31.40	25m	24-1-82	
137.	Berloth Lydia	68	08-021	1:31.40	25m	16-1-83	Heemskerk (NED)
139.	Besse Meta	78	08-021	1:31.70	25m	14-3-91	Heemskerk (NED)
140.	Missot Gonda	66	08-021	1:31.90	25m	10-12-77	Heemskerk (NED)
140.	Palthe Yvonne	67	08-021	1:31.90	25m	16-1-83	Heemskerk (NED)
142.	Molenaar Eline	82	08-021	1:32.40	25m	18-2-99	Heemskerk (NED)
143.	Windmuller Annemarie	67	08-021	1:32.50	25m	31-8-80	Heemskerk (NED)
144.	Schaaper Margriet	62	08-021	1:32.90	25m	8-12-79	Heemskerk (NED)
144.	Ligterink Angela	76	08-021	1:32.90	25m	16-1-88	Hilversum (NED)
146.	Nemchonok Alisa	82	08-021	1:32.98	25m	18-2-99	Heemskerk (NED)
147.	Bos Chantal	74	08-021	1:33.10	25m	31-12-88	
148.	Visser Shana	04	08-021	1:33.30	25m	10-12-17	Zaandam (NED)
149.	Huneker Jolanda	79	08-021	1:33.37	25m	18-2-99	Heemskerk (NED)
150.	van Putten Demi	96	08-021	1:33.48	25m	27-3-11	Heemstede (NED)
151.	Dijkstra Maud	84	08-021	1:33.50	25m	5-10-97	Zaandam (NED)
152.	van de Kamp Yvonne	65	08-021	1:33.60	25m	17-2-80	Heerhugowaard (NED)
153.	Visser Robin	05	08-021	1:33.80	25m	11-5-17	Heemskerk (NED)
154.	Smit Lydia	84	08-021	1:34.01	25m	18-2-99	Heemskerk (NED)
155.	van Ballegooie Stefanie	86	08-021	1:34.03	25m	14-11-99	Zaandam (NED)
156.	Buitenhuis Danine	91	08-021	1:34.21	25m	30-1-03	Heemskerk
157.	de Groot Linda	81	08-021	1:34.36	25m	14-11-99	Zaandam (NED)
158.	Steenkamp Ciska	90	08-021	1:34.41	25m	25-10-01	Heemskerk
159.	de Graaf Dinie	71	08-021	1:34.50	25m	10-4-83	Heemskerk (NED)
160.	Sobh Shaime	03	08-021	1:34.59	25m	19-5-16	Heemskerk (NED)
161.	Schaefer Lisa	06	08-021	1:34.62	25m	17-5-18	Heemskerk (NED)
162.	Bouwman Esther	63	08-021	1:35.20	25m	24-4-76	Heemskerk (NED)
163.	Zonneveld Monica	80	08-021	1:36.00	25m	17-6-93	Heemskerk (NED)
164.	Meesters Audrey	90	08-021	1:36.32	25m	27-2-03	Heemskerk
165.	Viel Bianca	85	08-021	1:36.44	25m	18-2-99	Heemskerk (NED)
166.	de Groot Marlijn	92	08-021	1:36.48	25m	14-11-04	Zaandam (NED)
167.	Terhorst Ilja	67	08-021	1:36.80	25m	17-2-80	Heerhugowaard (NED)
168.	Venema Jalina	04	08-021	1:36.86	25m	19-5-16	Heemskerk (NED)
169.	van Kooten Cynthia	93	08-021	1:37.23	25m	29-9-05	Heemskerk (NED)
170.	Mulder Amy	80	08-021	1:37.50	25m	4-10-92	Assendelft (NED)
171.	Rodenburg Kyra	96	08-021	1:37.71	25m	26-11-06	Heemskerk (NED)
172.	Pover Ellen	72	08-021	1:37.80	25m	22-1-84	Zandvoort (NED)
172.	van Perlo Ingrid	73	08-021	1:37.80	25m	29-9-85	Heemskerk (NED)
174.	de Graaf Isabella	04	08-021	1:37.96	25m	17-5-18	Heemskerk (NED)
175.	Stel Kaylin	01	08-021	1:38.09	25m	23-5-10	Purmerend (NED)
176.	Dijkstra Janet	77	08-021	1:38.30	25m	31-12-88	
177.	Mosch Sabina	84	08-021	1:38.70	25m	5-4-98	Heemskerk (NED)

100 wisselslag (sinds 178)

178.	van Rijn Eline	07	08-021	1:38.71	25m	11-5-17	Heemskerk (NED)
179.	Bakker Anna	97	08-021	1:38.79	25m	29-5-08	Heemskerk (NED)
180.	Essers Patricia	84	08-021	1:38.81	25m	14-11-99	Zaandam (NED)
181.	van Vliet Isabel	02	08-021	1:38.83	25m	26-10-14	Zaandam (NED)
182.	Beentjes Nicolet	80	08-021	1:38.90	25m	5-10-97	Zaandam (NED)
183.	Koopman Jessie	97	08-021	1:39.09	25m	11-4-10	Zaandam (NED)
184.	van Leeuwen Andrea	71	08-021	1:39.60	25m	24-1-82	
185.	Splinter Nathalie	75	08-021	1:39.70	25m	12-1-89	Heemskerk (NED)
186.	van der Eng Laura	80	08-021	1:39.90	25m	4-2-96	Heerhugowaard (NED)
187.	Smit Ingrid	67	08-021	1:40.50	25m	31-8-80	Heemskerk (NED)
188.	Calkhoven Mariëtje	65	08-021	1:40.90	25m	12-2-78	Heemskerk (NED)
189.	Schelvis Liselot	92	08-021	1:41.06	25m	30-11-03	Heemskerk (NED)
190.	Ardicyaka Irem	06	08-021	1:41.43	25m	17-5-18	Heemskerk (NED)
191.	Bok Femke	74	08-021	1:41.50	25m	29-9-85	Heemskerk (NED)
191.	Willemse Renee	75	08-021	1:41.50	25m	6-10-85	Wormerveer (NED)
193.	de Loos Marijke	94	08-021	1:41.73	25m	19-11-09	Heemskerk (NED)
194.	Hoogervorst Marlon	84	08-021	1:41.80	25m	26-1-95	Heemskerk (NED)
195.	Aafjes Suzan	69	08-021	1:42.00	25m	8-11-80	Heemskerk (NED)
196.	Cappelle Marcella	85	08-021	1:42.21	25m	15-11-98	Zaandam (NED)
197.	Wiemman Lianne	03	08-021	1:42.76	25m	19-5-16	Heemskerk (NED)
198.	Wiegman Brenda	72	08-021	1:42.80	25m	22-1-84	Zandvoort (NED)
199.	Beeksma Anne	88	08-021	1:42.88	25m	25-10-01	Heemskerk
200.	van Rijn Ilona	65	08-021	1:42.90	25m	12-2-78	Heemskerk (NED)
201.	Aardenburg Judith	93	08-021	1:42.98	25m	21-11-04	Zaandam (NED)
202.	Lund Jolanda	65	08-021	1:43.00	25m	31-5-80	Heemskerk (NED)
203.	Potemans Priscilla	84	08-021	1:43.30	25m	5-10-97	Zaandam (NED)
204.	Elghandor Kiyaan	03	08-021	1:43.69	25m	23-4-15	Heemskerk (NED)
205.	van der Werf Chily	72	08-021	1:43.70	25m	22-1-84	Zandvoort (NED)
206.	van Perlo Carla	75	08-021	1:43.80	25m	6-10-85	Wormerveer (NED)
206.	Zijlstra Mariëlle	83	08-021	1:43.80	25m	4-2-96	Heerhugowaard (NED)
208.	van Dijk Yvonne	65	08-021	1:44.30	25m	10-12-77	Heemskerk (NED)
209.	Koper Ella	90	08-021	1:44.39	25m	27-4-06	Heemskerk
210.	Dekker Danyk	94	08-021	1:44.55	25m	29-5-08	Heemskerk (NED)
211.	Dijkstra Pascal	89	08-021	1:44.74	25m	26-11-98	Heemskerk (NED)
212.	Kesting Alexandra	00	08-021	1:44.82	25m	14-4-11	Heemskerk (NED)
213.	van der Horst Wendy	72	08-021	1:44.90	25m	28-2-82	
214.	van der Does Lisa	02	08-021	1:45.63	25m	20-4-14	Haarlem (NED)
215.	Horst Diana	67	08-021	1:45.90	25m	27-9-80	Heemskerk (NED)
216.	Geurtsen Daisy	89	08-021	1:46.07	25m	25-10-01	Heemskerk
217.	Copier Alyssa	04	08-021	1:46.61	25m	30-3-14	Zaandam (NED)
218.	Martens landra	03	08-021	1:46.83	25m	16-11-14	Zaandam (NED)
219.	van den Braber Liesbeth	84	08-021	1:47.20	25m	5-4-98	Heemskerk (NED)
220.	Koper Selma	03	08-021	1:47.23	25m	25-4-13	Heemskerk (NED)
221.	Gelsumino Giulia	03	08-021	1:47.59	25m	16-11-14	Zaandam (NED)
222.	Zeeman Judith	70	08-021	1:47.90	25m	13-12-80	Heemskerk (NED)
223.	Last Rooske	94	08-021	1:48.05	25m	19-11-09	Heemskerk (NED)
224.	Yayli Serina	90	08-021	1:48.13	25m	27-2-03	Heemskerk
225.	Dekker Elise	97	08-021	1:48.28	25m	18-12-05	Alkmaar (NED)
226.	Bouwer Jolien	89	08-021	1:48.31	25m	25-10-01	Heemskerk
227.	Doevendans Phileine	06	08-021	1:48.54	25m	19-5-16	Heemskerk (NED)
228.	Huisman Lianne	87	08-021	1:48.59	25m	26-4-01	Heemskerk (NED)
229.	Doll Maartje	80	08-021	1:48.70	25m	17-6-93	Heemskerk (NED)
230.	Bakker Lisette	83	08-021	1:48.80	25m	2-3-97	Haarlem (NED)

100 wisselslag (sinds 231)

231.	Beentjes Daphne	91	08-021	1:49.25	25m	17-11-02	Heemskerk
232.	Hoolwerff Esther	77	08-021	1:49.70	25m	21-5-87	Heemskerk (NED)
233.	van den Heuvel Sandra	80	08-021	1:49.80	25m	22-4-90	Heemstede (NED)
234.	Lensen Sarian	89	08-021	1:49.83	25m	25-9-03	Heemskerk (NED)
235.	de Boer Isabel	06	08-021	1:49.92	25m	14-6-15	Zaandam (NED)
236.	Snijder Femke	83	08-021	1:51.40	25m	19-1-94	
237.	Salido Keesje	05	08-021	1:51.48	25m	23-4-15	Heemskerk (NED)
238.	Pezo Adna	90	08-021	1:51.64	25m	18-11-01	Heemskerk
239.	Werdekker Marjolein	81	08-021	1:52.00	25m	12-12-96	Heemskerk (NED)
240.	Liefting Marielle	90	08-021	1:52.04	25m	26-9-02	Heemskerk
241.	Schijf Irene	83	08-021	1:52.40	25m	5-3-95	Heemskerk (NED)
242.	Sierra Ana Maria	69	08-021	1:52.90	25m	13-12-80	Heemskerk (NED)
243.	Nijman Linda	89	08-021	1:53.12	25m	26-4-01	Heemskerk (NED)
244.	Reiss Katinka	65	08-021	1:54.20	25m	10-12-77	Heemskerk (NED)
245.	Kuijper Michelle	91	08-021	1:54.58	25m	18-11-01	Heemskerk
246.	van der Wijden Eline	88	08-021	1:54.98	25m	26-10-00	Heemskerk (NED)
247.	Rijkema Marije	85	08-021	1:56.01	25m	27-9-01	Heemskerk
248.	van der Leden Cynthia	66	08-021	1:56.50	25m	10-12-77	Heemskerk (NED)
249.	Welboren Julia	00	08-021	1:57.23	25m	26-4-12	Heemskerk (NED)
250.	Hoeksema Kim	90	08-021	1:57.24	25m	18-11-01	Heemskerk
251.	Zonneveld Jennifer	88	08-021	1:58.70	25m	25-10-01	Heemskerk
252.	van Tol Sarjenka	97	08-021	1:59.04	25m	5-10-08	Heemskerk (NED)
253.	van Noort Jony	85	08-021	2:02.30	25m	14-12-95	Heemskerk (NED)
254.	Bovekerk Annefleur	99	08-021	2:02.62	25m	3-10-10	Zaandam (NED)
255.	Hoorn Linsey	94	08-021	2:03.09	25m	27-1-05	Heemskerk (NED)
256.	Eijndhoven Jonna	02	08-021	2:03.43	25m	18-11-12	Zaandam (NED)
257.	Halbersma Jenny	70	08-021	2:03.80	25m	28-11-81	Heemskerk (NED)
258.	Boonstra Esmé	02	08-021	2:06.32	25m	11-11-12	Schagen (NED)
259.	Morianner Susanna	72	08-021	2:06.60	25m	28-2-82	
260.	Hoekstra Femke	05	08-021	2:06.64	25m	21-9-14	Purmerend (NED)
261.	Schuyt Patricia	77	08-021	2:20.00	25m	21-5-87	Heemskerk (NED)
262.	Dijkstra Miranda	72	08-021	3:04.40	25m	27-9-80	Heemskerk (NED)

200 wisselslag

1.	Schelvis Femke	84	08-021	2:29.81	25m	4-11-99	Heemskerk (NED)
2.	Kingma Danae	00	08-021	2:30.72	25m	12-2-17	Purmerend (NED)
3.	Broek Jade	97	08-021	2:35.38	25m	15-11-15	Purmerend (NED)
4.	Drubers Mirjam	67	08-021	2:35.70	25m	18-5-85	
5.	Groen Anne	95	08-021	2:37.83	25m	12-3-17	Purmerend (NED)
6.	Crok Linda	94	08-021	2:38.33	25m	24-4-11	Haarlem (NED)
7.	Palmboom Nicole	91	08-021	2:39.09	25m	13-1-08	Heemskerk (NED)
8.	Hoekstra Eline	03	08-021	2:39.18	25m	5-11-17	Alkmaar (NED)
9.	Smit Sanne	01	08-021	2:39.42	25m	12-2-17	Purmerend (NED)
10.	Crok Annemarie	89	08-021	2:40.68	25m	3-4-11	Zaandam (NED)
11.	Stam Vanessa	80	08-021	2:41.90	25m	5-4-98	Heemskerk (NED)
12.	van 't Veer Iris	03	08-021	2:42.47	25m	4-2-18	Purmerend (NED)
13.	de Haan Shira	00	08-021	2:42.93	25m	12-2-17	Purmerend (NED)
14.	Kleijne Daisy	89	08-021	2:43.70	25m	9-4-06	Purmerend (NED)
15.	Vink Lidewij	90	08-021	2:44.06	25m	14-12-06	Heemskerk (NED)
15.	Stel Serena	98	08-021	2:44.06	25m	18-4-10	Zaandam (NED)
17.	van der Kroft Nicole	84	08-021	2:44.29	25m	7-10-01	Zaandam (NED)
18.	Stam Sabrina	82	08-021	2:44.60	25m	7-5-98	Heemskerk (NED)

200 wisselslag (sinds 19)

19.	Koster Lisa	94	08-021	2:44.63	25m	25-11-07	Amsterdam (NED)
20.	Schelvis Roos	86	08-021	2:44.66	25m	10-3-02	Heemskerk
21.	van der Gracht Anouk	89	08-021	2:45.00	25m	1-3-08	Hoom (NED)
22.	Kramer Miranda	80	08-021	2:45.04	25m	13-1-02	Zaandam
23.	Hulshof Saskia	73	08-021	2:45.40	25m	11-2-90	Heemskerk (NED)
23.	van Honk Chantal	80	08-021	2:45.40	25m	25-3-93	Heemskerk (NED)
25.	Teufer Irene	96	08-021	2:45.65	25m	24-2-08	Zaandam (NED)
26.	Hoek Daniëlle	88	08-021	2:45.72	25m	16-1-05	Zaandam (NED)
27.	Mallon Danique	94	08-021	2:45.92	25m	26-9-10	Zaandam (NED)
28.	Besse Karen	75	08-021	2:46.40	25m	12-1-92	Assendelft (NED)
29.	Vink Marjolein	93	08-021	2:46.63	25m	13-1-08	Heemskerk (NED)
30.	de Groot Daniëlle	93	08-021	2:47.06	25m	13-1-08	Heemskerk (NED)
31.	Buur Naomi	01	08-021	2:47.45	25m	27-3-16	Haarlem (NED)
32.	Stins Mariska	84	08-021	2:47.46	25m	11-4-10	Zaandam (NED)
33.	Essers Sanne	91	08-021	2:47.50	25m	24-2-07	Hoom (NED)
34.	Wentink Yara	04	08-021	2:48.26	25m	14-1-18	Purmerend (NED)
35.	van der Geest Saskia	73	08-021	2:48.30	25m	18-2-89	
36.	Koopman Anitra	89	08-021	2:48.74	25m	27-1-05	Heemskerk (NED)
37.	Verbree Bets	63	08-021	2:49.30	25m	22-3-81	Wieringerwerf (NED)
38.	de Boer Irene	84	08-021	2:51.12	25m	12-3-00	Heemskerk (NED)
39.	Spijker Kristel	84	08-021	2:51.21	25m	14-3-10	Heemskerk (NED)
40.	Meijer Sylvia	81	08-021	2:51.60	25m	26-4-98	Alkmaar (NED)
41.	Petit Kirsten	00	08-021	2:52.13	25m	4-2-18	Purmerend (NED)
42.	van de Poll Marianne	89	08-021	2:52.33	25m	14-3-04	Zaandam
43.	Limmen Karin	76	08-021	2:52.70	25m	12-1-92	Assendelft (NED)
44.	de Graaf Annemiek	70	08-021	2:53.20	25m	21-5-87	Heemskerk (NED)
45.	Meijer Linda	77	08-021	2:53.30	25m	24-3-93	
46.	Jongema Helena	80	08-021	2:53.73	25m	12-1-08	Zwolle (NED)
47.	van Ballegooie Simone	84	08-021	2:53.90	25m	8-3-98	Zaandam (NED)
48.	Boekling Annette	85	08-021	2:54.84	25m	26-4-01	Heemskerk (NED)
49.	van Rookhuizen Sieta	79	08-021	2:54.90	25m	26-1-95	Heemskerk (NED)
50.	Niesten Iris	92	08-021	2:54.91	25m	22-1-09	Heemskerk (NED)
51.	van Duin Margret	60	08-021	2:55.80	25m	10-12-77	Heemskerk (NED)
52.	Heus Pauline	78	08-021	2:56.70	25m	2-3-97	Haarlem (NED)
53.	Scholten Britt	04	08-021	2:56.81	25m	19-5-18	Purmerend (NED)
54.	Windmuller Wendy	69	08-021	2:57.20	25m	30-11-86	Heemskerk (NED)
55.	Dijkstra Lisette	86	08-021	2:57.30	25m	26-4-98	Alkmaar (NED)
56.	de Ruijter Linda	87	08-021	2:57.34	25m	30-1-03	Heemskerk
57.	de Groot Gitta	60	08-021	2:57.40	25m	10-12-77	Heemskerk (NED)
58.	Koper Fiona	01	08-021	2:57.59	25m	12-2-17	Purmerend (NED)
59.	Siemerink Laura	04	08-021	2:58.59	25m	1-4-18	Haarlem (NED)
60.	Oudendijk Bianca	79	08-021	2:58.80	25m	5-2-94	
61.	Vredenburg Roos	95	08-021	2:58.84	25m	4-4-10	Haarlem (NED)
62.	Moolevliet Petra	82	08-021	2:59.40	25m	2-5-96	Heemskerk (NED)
63.	Schuyt Simone	75	08-021	2:59.50	25m	4-11-89	
64.	van Staveren Marina	78	08-021	2:59.65	50m	13-3-11	Amersfoort (NED)
65.	de Boer Claudia	77	08-021	3:00.10	25m	3-2-91	Zaandam (NED)
66.	Blaauw Yente	03	08-021	3:00.87	25m	4-2-18	Purmerend (NED)
67.	Zonneveld Chantal	84	08-021	3:01.12	25m	4-11-99	Heemskerk (NED)
68.	van Galen Angela	65	08-021	3:01.40	25m	31-12-79	
69.	Krouwels Tanja	79	08-021	3:01.50	25m	6-11-97	Heemskerk (NED)
70.	van Koeveringe Nicole	93	08-021	3:01.81	25m	12-4-09	Haarlem (NED)
71.	Renkema Iris	04	08-021	3:01.92	25m	7-2-16	Zaandam (NED)

200 wisselslag (sinds 72)

72.	van Eerden Meike	00	08-021	3:02.31	25m	4-2-18	Purmerend (NED)
73.	Holland Yasmin	01	08-021	3:02.54	25m	4-2-18	Purmerend (NED)
74.	Visser Kelly	89	08-021	3:02.68	25m	13-1-02	Zaandam
75.	Hermans Liesbeth	66	08-021	3:02.70	25m	21-3-82	
76.	Visser Stacey	87	08-021	3:02.76	25m	25-10-01	Heemskerk
77.	Dijkstra Ingrid	68	08-021	3:03.00	25m	18-4-82	
78.	Hogema Fabiën	93	08-021	3:03.28	25m	31-5-07	Heemskerk (NED)
79.	Tholen Kirsten	66	08-021	3:03.30	25m	21-3-82	
80.	Plokker Sylvia	68	08-021	3:04.10	25m	10-1-82	Wormerveer (NED)
81.	Nijholt Carin	60	08-021	3:04.70	25m	21-4-79	Deinze (BEL)
81.	van der Horst Sacha	69	08-021	3:04.70	25m	11-12-83	Heemskerk (NED)
81.	Bruin Marianne	78	08-021	3:04.70	25m	3-2-91	Zaandam (NED)
84.	Butter Anouk	82	08-021	3:04.75	25m	5-11-00	Zaandam (NED)
85.	Poppema Yvonne	68	08-021	3:05.20	25m	11-12-83	Heemskerk (NED)
86.	de Graaf Dinie	71	08-021	3:05.40	25m	6-10-85	Wormerveer (NED)
87.	Zonneveld Cindy	75	08-021	3:05.70	25m	3-4-93	
88.	de Boer Angela	80	08-021	3:06.40	25m	14-12-95	Heemskerk (NED)
89.	van Giezen Corina	68	08-021	3:07.00	25m	11-12-83	Heemskerk (NED)
90.	Bruin Adri	74	08-021	3:07.20	25m	18-3-89	
91.	van Huisstede Nikita	01	08-021	3:07.83	25m	17-1-16	Purmerend (NED)
92.	van Leeuwen Andrea	71	08-021	3:08.00	25m	11-12-83	Heemskerk (NED)
93.	de Wildt Maud	05	08-021	3:08.45	25m	14-1-18	Purmerend (NED)
94.	Peters Yvonne	63	08-021	3:08.50	25m	30-11-86	Heemskerk (NED)
95.	van Ballegooie Stefanie	86	08-021	3:08.88	25m	25-10-01	Heemskerk
96.	Limmen Miriam	75	08-021	3:09.00	25m	1-4-90	Zaandam (NED)
97.	van Langelaar Tessa	97	08-021	3:09.14	25m	26-4-12	Heemskerk (NED)
98.	Veldhuis Amelia	03	08-021	3:09.19	25m	4-2-18	Purmerend (NED)
99.	Pover Karin	67	08-021	3:09.30	25m	11-12-83	Heemskerk (NED)
100.	Angenent Nienke	01	08-021	3:09.89	25m	16-3-14	Zaandam (NED)
101.	Groot Tineke	60	08-021	3:10.00	25m	27-4-80	Assendelft (NED)
102.	van Giezen Wendy	70	08-021	3:10.20	25m	11-12-83	Heemskerk (NED)
103.	ten Cate Joyce	80	08-021	3:10.38	25m	9-3-08	Heemskerk (NED)
104.	Rodenburg Rianne	93	08-021	3:10.69	25m	15-12-05	Heemskerk (NED)
105.	Bouwman Esther	63	08-021	3:10.80	25m	10-12-77	Heemskerk (NED)
106.	Cappelle Carlijn	82	08-021	3:11.10	25m	8-3-98	Zaandam (NED)
107.	Bakkum Wilma	62	08-021	3:11.50	25m	28-9-80	Zaandam (NED)
108.	Oosterveen Yvonne	80	08-021	3:11.70	25m	15-3-92	Zuidoost Beemster (NED)
109.	de Vriend Sofie	01	08-021	3:12.11	25m	24-2-13	Zaandam (NED)
110.	Missot Gonda	66	08-021	3:12.30	25m	25-11-79	Heemskerk (NED)
111.	Niesten Annet	62	08-021	3:12.60	25m	10-12-77	Heemskerk (NED)
112.	Hommersen Sandra	84	08-021	3:12.90	25m	6-11-97	Heemskerk (NED)
113.	Munnik Yvonne	64	08-021	3:13.00	25m	12-3-78	Zaandam (NED)
114.	Deiman Caroline	67	08-021	3:13.30	25m	18-2-89	
115.	Knight Kayleigh	00	08-021	3:13.38	25m	17-1-16	Purmerend (NED)
116.	van Giezen Sandra	63	08-021	3:14.10	25m	18-1-81	Zaandam (NED)
117.	Lindelauf Priscilla	85	08-021	3:14.28	25m	25-10-01	Heemskerk
118.	Dijkstra Maud	84	08-021	3:14.50	25m	7-5-98	Heemskerk (NED)
119.	Limmen Anita	78	08-021	3:15.20	25m	12-1-92	Assendelft (NED)
120.	de Boer Maia	03	08-021	3:15.54	25m	13-11-16	Purmerend (NED)
121.	Lund Karin	63	08-021	3:15.60	25m	10-12-77	Heemskerk (NED)
121.	Berloth Lydia	68	08-021	3:15.60	25m	11-12-83	Heemskerk (NED)
121.	Huisman Jolanda	68	08-021	3:15.60	25m	11-12-83	Heemskerk (NED)
124.	ten Cate Ilona	85	08-021	3:15.69	25m	14-12-06	Heemskerk (NED)

200 wisselslag (sinds 125)

125.	van der Werf Chily	72	08-021	3:15.90	25m	6-10-85	Wormerveer (NED)
126.	Dreyer Elly	63	08-021	3:16.80	25m	2-3-80	Heemskerk (NED)
127.	Zonneveld Melissa	88	08-021	3:17.08	25m	27-1-05	Heemskerk (NED)
128.	Besse Meta	78	08-021	3:17.10	25m	19-1-94	
129.	van Sikkelerus Lisa	99	08-021	3:17.20	25m	26-4-12	Heemskerk (NED)
130.	Grul Lisanne	97	08-021	3:17.29	25m	22-1-12	Zaandam (NED)
131.	Raszinski Nienke	01	08-021	3:17.45	25m	26-1-14	Zaandam (NED)
132.	Koper Birgit	87	08-021	3:17.54	25m	16-3-03	Heemskerk
133.	Bos Marieke	06	08-021	3:17.70	25m	15-10-17	Alkmaar (NED)
134.	van Vliet Isabel	02	08-021	3:17.71	25m	4-2-18	Purmerend (NED)
135.	Molenaar Eline	82	08-021	3:18.06	25m	4-11-99	Heemskerk (NED)
136.	de Vries Justine	83	08-021	3:18.90	25m	12-12-96	Heemskerk (NED)
137.	Liefting Sarina	93	08-021	3:18.95	25m	9-4-06	Purmerend (NED)
138.	Bouwer Jolien	89	08-021	3:19.24	25m	19-1-03	Zaandam
139.	Mulder Amy	80	08-021	3:19.40	25m	19-1-94	
140.	de Groot Linda	81	08-021	3:19.50	25m	2-5-96	Heemskerk (NED)
141.	Schaaper Margriet	62	08-021	3:20.00	25m	4-11-79	Zaandam (NED)
142.	Venema Jalina	04	08-021	3:20.01	25m	13-11-16	Purmerend (NED)
143.	van Velsen Patricia	79	08-021	3:20.40	25m	25-1-95	
144.	Ivens Suzanne	99	08-021	3:20.63	25m	18-5-13	Purmerend (NED)
145.	van Giezen Irene	67	08-021	3:20.70	25m	11-12-83	Heemskerk (NED)
145.	Zonneveld Monica	80	08-021	3:20.70	25m	19-1-94	
147.	Visser Shana	04	08-021	3:21.55	25m	14-1-18	Purmerend (NED)
148.	Horst Diana	67	08-021	3:21.60	25m	6-9-81	Heemskerk (NED)
149.	Regelink Anneke	83	08-021	3:21.68	25m	7-3-99	Zaandam (NED)
150.	Walraven Annet	62	08-021	3:21.70	25m	9-9-79	Wormerveer (NED)
151.	Nijman José	93	08-021	3:22.11	25m	14-10-07	Zaandam (NED)
152.	van de Kamp Yvonne	65	08-021	3:22.50	25m	31-5-81	Heerhugowaard (NED)
153.	van Rijn Sydney	03	08-021	3:22.93	25m	13-3-16	Zaandam (NED)
154.	de Wolff Isabel	01	08-021	3:23.07	25m	17-1-16	Purmerend (NED)
155.	Hoek Laura	86	08-021	3:23.35	25m	20-5-99	Heemskerk (NED)
156.	Bos Chantal	74	08-021	3:23.50	25m	21-5-87	Heemskerk (NED)
157.	Wieman Lianne	03	08-021	3:24.08	25m	4-2-18	Purmerend (NED)
158.	Huneker Jolanda	79	08-021	3:25.25	25m	26-11-98	Heemskerk (NED)
159.	Windmuller Annemarie	67	08-021	3:25.30	25m	16-11-80	Haarlem (NED)
160.	Palthe Yvonne	67	08-021	3:25.90	25m	28-11-81	Heemskerk (NED)
161.	de Groot Marlijn	92	08-021	3:26.46	25m	14-5-05	Zuidoost-Beemster (NED)
162.	Steenkamp Ciska	90	08-021	3:27.55	25m	9-6-01	Zaandam (NED)
163.	Sierra Ana Maria	69	08-021	3:27.60	25m	18-4-82	
164.	de Jong Desire	73	08-021	3:29.10	25m	4-10-87	Zaandam (NED)
165.	van Assema Eline	05	08-021	3:29.78	25m	14-1-18	Purmerend (NED)
166.	Meesters Audrey	90	08-021	3:29.98	25m	19-1-03	Zaandam
167.	Willemse Renee	75	08-021	3:30.00	25m	30-11-86	Heemskerk (NED)
168.	Viel Bianca	85	08-021	3:30.13	25m	12-3-00	Heemskerk (NED)
169.	van Rijn Eline	07	08-021	3:30.41	25m	11-6-17	Zaandam (NED)
170.	Zwarthoed Brenda	96	08-021	3:30.65	25m	31-5-07	Heemskerk (NED)
171.	van Tellingen Ingrid	66	08-021	3:32.00	25m	28-11-81	Heemskerk (NED)
172.	Zeeman Judith	70	08-021	3:32.70	25m	3-4-82	Heemskerk (NED)
173.	Buur Cindy	99	08-021	3:32.74	25m	7-6-14	Purmerend (NED)
174.	Sobh Shaime	03	08-021	3:33.44	25m	25-1-15	Zaandam (NED)
175.	Martens landra	03	08-021	3:33.84	25m	15-11-15	Purmerend (NED)
176.	Nemchonok Alisa	82	08-021	3:34.65	25m	26-11-98	Heemskerk (NED)
177.	van der Eng Laura	80	08-021	3:37.00	25m	2-5-96	Heemskerk (NED)

200 wisselslag (sinds 178)

178.	Essers Patricia	84	08-021	3:37.50	25m	8-10-00	Heemskerk (NED)
179.	Ligterink Angela	76	08-021	3:39.00	25m	21-5-87	Heemskerk (NED)
180.	Mosch Sabina	84	08-021	3:39.40	25m	21-9-97	Alkmaar (NED)
181.	de Boer Isabel	06	08-021	3:40.34	25m	12-6-16	Zaandam (NED)
182.	Pover Ellen	72	08-021	3:40.90	25m	11-12-83	Heemskerk (NED)
183.	de Graaf Isabella	04	08-021	3:41.76	25m	13-11-16	Purmerend (NED)
184.	de Loos Marijke	94	08-021	3:42.51	25m	17-1-10	Amsterdam-oost (NED)
185.	Keessen Pam	62	08-021	3:42.80	25m	10-12-77	Heemskerk (NED)
186.	Aafjes Suzan	69	08-021	3:42.90	25m	23-5-81	Heemskerk (NED)
187.	Rasch Monique	66	08-021	3:43.00	25m	23-5-81	Heemskerk (NED)
188.	Koopman Jessie	97	08-021	3:43.88	25m	18-4-10	Zaandam (NED)
189.	Beentjes Nicolet	80	08-021	3:45.70	25m	14-12-95	Heemskerk (NED)
190.	Schelvis Liselot	92	08-021	3:46.02	25m	28-3-04	Zaandam (NED)
191.	van den Braber Liesbeth	84	08-021	3:46.30	25m	11-1-98	Assendelft (NED)
192.	Visser Robin	05	08-021	3:46.41	25m	24-4-16	Zaandam (NED)
193.	Smit Ingrid	67	08-021	3:47.40	25m	25-10-80	Heemskerk (NED)
193.	Smit Lydia	84	08-021	3:47.40	25m	7-5-98	Heemskerk (NED)
195.	Aardenburg Judith	93	08-021	3:47.62	25m	12-12-04	Zaandam (NED)
196.	Brands Ingrid	72	08-021	3:47.70	25m	6-10-85	Wormerveer (NED)
197.	Zijlstra Mariëlle	83	08-021	3:49.40	25m	5-11-95	Volendam (NED)
198.	Rodenburg Kyra	96	08-021	3:50.34	25m	8-10-06	Zaandam (NED)
199.	Last Rooske	94	08-021	3:52.95	25m	17-1-10	Amsterdam-oost (NED)
200.	Wiegman Brenda	72	08-021	3:54.00	25m	11-12-83	Heemskerk (NED)
201.	van Perlo Carla	75	08-021	3:54.20	25m	22-9-85	
202.	Reuderink Miranda	63	08-021	3:57.20	25m	10-12-77	Heemskerk (NED)
203.	Dekker Elise	97	08-021	3:57.54	25m	30-1-05	Zaandam (NED)
204.	Cappelle Marcella	85	08-021	3:59.00	25m	7-5-98	Heemskerk (NED)
205.	Yayli Serina	90	08-021	3:59.90	25m	24-2-02	Heemskerk
206.	Koper Ella	90	08-021	4:01.07	25m	31-3-02	Zaandam
207.	Potemans Priscilla	84	08-021	4:03.10	25m	16-2-97	Volendam (NED)
208.	Lensen Sarian	89	08-021	4:03.95	25m	30-1-03	Heemskerk
209.	Snijder Femke	83	08-021	4:07.60	25m	12-3-94	
210.	Hoekstra Karin	76	08-021	4:08.60	25m	21-5-87	Heemskerk (NED)
211.	Boonstra Esmé	02	08-021	4:10.58	25m	14-4-13	Zaandam (NED)
212.	Broers Margot	63	08-021	4:12.20	25m	10-12-77	Heemskerk (NED)
213.	Kesting Alexandra	00	08-021	4:27.69	25m	20-3-11	Zaandam (NED)
214.	Vonk Bea	67	08-021	4:42.90	25m	28-11-81	Heemskerk (NED)

300 wisselslag

1.	Schelvis Femke	84	08-021	4:07.83	25m	30-11-03	Heemskerk (NED)
2.	Vink Lidewij	90	08-021	4:12.63	25m	13-11-05	Zaandam (NED)
3.	Schelvis Roos	86	08-021	4:19.22	25m	20-1-01	Amsterdam (NED)
4.	Kleijne Daisy	89	08-021	4:20.65	25m	19-12-04	Heemskerk (NED)
5.	Essers Sanne	91	08-021	4:22.14	25m	3-12-06	Zaandam (NED)
6.	Crok Annemarie	89	08-021	4:23.42	25m	13-11-05	Zaandam (NED)
7.	Hoek Daniëlle	88	08-021	4:24.44	25m	13-11-05	Zaandam (NED)
8.	Crok Linda	94	08-021	4:25.22	25m	9-11-08	Zaandam (NED)
9.	van der Kroft Nicole	84	08-021	4:26.28	25m	23-1-00	Heemskerk (NED)
10.	van de Poll Marianne	89	08-021	4:28.07	25m	30-11-03	Heemskerk (NED)
11.	Stins Mariska	84	08-021	4:28.22	25m	20-1-01	Amsterdam (NED)
12.	de Groot Daniëlle	93	08-021	4:29.29	25m	9-12-07	Zaandam (NED)
13.	van der Gracht Anouk	89	08-021	4:30.13	25m	3-12-06	Zaandam (NED)

300 wisselslag (sinds 14)

14. Koopman Anitra	89	08-021	4:34.08	25m	30-11-03	Heemskerk (NED)
15. de Ruijter Linda	87	08-021	4:39.73	25m	24-11-02	Amsterdam
16. van Ballegooie Simone	84	08-021	4:41.34	25m	23-1-00	Heemskerk (NED)
17. Mallon Danique	94	08-021	4:41.82	25m	9-11-08	Zaandam (NED)
18. Palmboom Nicole	91	08-021	4:42.54	25m	19-12-04	Heemskerk (NED)
19. Heus Pauline	78	08-021	4:44.97	25m	23-1-00	Heemskerk (NED)
20. Niesten Iris	92	08-021	4:47.61	25m	3-12-06	Zaandam (NED)
21. Visser Stacey	87	08-021	4:50.92	25m	20-1-01	Amsterdam (NED)
22. Hogema Fabiën	93	08-021	5:00.83	25m	13-11-05	Zaandam (NED)
23. Vink Marjolein	93	08-021	5:05.15	25m	13-11-05	Zaandam (NED)
24. van Ballegooie Stefanie	86	08-021	5:05.52	25m	20-1-01	Amsterdam (NED)
25. Hoek Laura	86	08-021	5:12.22	25m	23-1-00	Heemskerk (NED)
26. Rodenburg Rianne	93	08-021	5:16.57	25m	13-11-05	Zaandam (NED)
27. Liefing Sarina	93	08-021	5:23.74	25m	13-11-05	Zaandam (NED)

400 wisselslag

1. Schelvis Femke	84	08-021	5:29.20	25m	10-5-98	Zaandam (NED)
2. Hoekstra Eline	03	08-021	5:42.35	25m	11-11-17	Hoofddorp (NED)
3. Vink Lidewij	90	08-021	5:43.03	25m	1-4-06	Zaandam (NED)
4. Smit Sanne	01	08-021	5:47.60	25m	8-1-17	Purmerend (NED)
5. de Haan Shira	00	08-021	5:51.41	25m	4-6-17	Purmerend (NED)
6. van der Gracht Anouk	89	08-021	5:52.01	25m	24-2-08	Zaandam (NED)
7. Schelvis Roos	86	08-021	5:54.48	25m	25-2-01	Heemskerk (NED)
8. van der Kroft Nicole	84	08-021	5:54.96	25m	25-2-01	Heemskerk (NED)
9. Palmboom Nicole	91	08-021	5:55.32	25m	15-6-06	Heemskerk (NED)
10. Kleijne Daisy	89	08-021	5:55.34	25m	30-1-05	Zaandam (NED)
11. Stins Mariska	84	08-021	5:55.41	25m	24-2-02	Heemskerk
12. Stam Vanessa	80	08-021	5:56.80	25m	12-1-97	Heemskerk (NED)
13. Crok Linda	94	08-021	5:58.13	25m	24-2-08	Zaandam (NED)
14. Essers Sanne	91	08-021	6:00.29	25m	11-2-07	Zaandam (NED)
15. Kramer Miranda	80	08-021	6:01.21	25m	25-2-01	Heemskerk (NED)
16. Verbree Bets	63	08-021	6:03.30	25m	3-4-82	Heemskerk (NED)
17. Besse Karen	75	08-021	6:03.50	25m	4-2-90	Volendam (NED)
18. Mallon Danique	94	08-021	6:04.26	25m	24-2-08	Zaandam (NED)
19. Hoek Daniëlle	88	08-021	6:05.19	25m	30-1-05	Zaandam (NED)
20. van de Poll Marianne	89	08-021	6:06.21	25m	29-2-04	Wormerveer
21. Crok Annemarie	89	08-021	6:07.62	25m	29-2-04	Wormerveer
22. Koopman Anitra	89	08-021	6:09.20	25m	23-2-03	Heemskerk
23. Stam Sabrina	82	08-021	6:13.60	25m	23-2-97	Zaandam (NED)
24. de Boer Irene	84	08-021	6:14.76	25m	30-3-00	Heemskerk (NED)
25. Blaauw Yente	03	08-021	6:17.24	25m	19-3-17	Zaandam (NED)
26. van Ballegooie Simone	84	08-021	6:18.60	25m	29-3-98	Heemstede (NED)
27. de Ruijter Linda	87	08-021	6:18.75	25m	23-2-03	Heemskerk
28. van Rookhuizen Sieta	79	08-021	6:19.17	25m	30-3-00	Heemskerk (NED)
29. Vink Marjolein	93	08-021	6:21.35	25m	11-2-07	Zaandam (NED)
30. Visser Kelly	89	08-021	6:22.96	25m	24-2-02	Heemskerk
31. Dijkstra Lisette	86	08-021	6:25.30	25m	22-2-98	Zaandam (NED)
32. Tholen Kirsten	66	08-021	6:27.30	25m	3-4-82	Heemskerk (NED)
33. Niesten Iris	92	08-021	6:27.79	25m	11-2-07	Zaandam (NED)
34. Hermans Liesbeth	66	08-021	6:31.10	25m	3-4-82	Heemskerk (NED)
35. Dijkstra Ingrid	68	08-021	6:31.20	25m	3-4-82	Heemskerk (NED)
36. Visser Stacey	87	08-021	6:32.17	25m	25-2-01	Heemskerk (NED)

400 wisselslag (sinds 37)

37. Koster Lisa	94	08-021	6:32.26	25m	11-2-07	Zaandam (NED)
38. Hogema Fabiën	93	08-021	6:33.87	25m	29-1-06	Zaandam (NED)
39. van Galen Angela	65	08-021	6:35.50	25m	28-2-82	
40. Scholten Britt	04	08-021	6:38.53	25m	19-3-17	Zaandam (NED)
41. Buur Naomi	01	08-021	6:38.69	25m	23-2-14	Zaandam (NED)
42. Wentink Yara	04	08-021	6:42.66	25m	19-3-17	Zaandam (NED)
43. Plokker Sylvia	68	08-021	6:45.00	25m	3-4-82	Heemskerk (NED)
44. ten Cate Ilona	85	08-021	6:45.60	25m	15-6-06	Heemskerk (NED)
45. Siemerink Laura	04	08-021	6:46.58	50m	21-1-18	Alkmaar (NED)
46. van Ballegooie Stefanie	86	08-021	6:49.29	25m	25-2-01	Heemskerk (NED)
47. Cappelle Carlijn	82	08-021	6:50.70	25m	23-2-97	Zaandam (NED)
48. Windmuller Wendy	69	08-021	6:54.60	25m	3-4-82	Heemskerk (NED)
49. Hoek Laura	86	08-021	6:56.08	25m	30-3-00	Heemskerk (NED)
50. Pover Karin	67	08-021	6:57.80	25m	10-1-82	Wormerveer (NED)
51. van Giezen Corina	68	08-021	6:58.40	25m	3-4-82	Heemskerk (NED)
52. Renkema Iris	04	08-021	7:00.17	25m	19-3-17	Zaandam (NED)
53. de Wildt Maud	05	08-021	7:03.06	25m	19-3-17	Zaandam (NED)
54. van Giezen Sandra	63	08-021	7:13.50	25m	3-4-82	Heemskerk (NED)
55. Veldhuis Amelia	03	08-021	7:14.65	25m	11-12-16	Alkmaar (NED)
56. van der Horst Sacha	69	08-021	7:17.00	25m	3-4-82	Heemskerk (NED)
57. Palthe Yvonne	67	08-021	7:23.00	25m	3-4-82	Heemskerk (NED)
58. Berloth Lydia	68	08-021	7:23.50	25m	3-4-82	Heemskerk (NED)
59. Peters Yvonne	63	08-021	7:28.10	25m	28-2-82	
60. van Tellingen Ingrid	66	08-021	7:34.70	25m	3-4-82	Heemskerk (NED)
61. Nijman José	93	08-021	7:47.05	25m	11-2-07	Zaandam (NED)
62. Sierra Ana Maria	69	08-021	8:13.00	25m	3-4-82	Heemskerk (NED)