

**25 vrije slag**

1. Schelvis Femke	84	08-021	14.00	25m	13-3-97	Heemskerk (NED)
2. Schelvis Roos	86	08-021	14.10	25m	25-3-99	Heemskerk (NED)
3. Koster Lisa	94	08-021	14.33	25m	19-4-07	Heemskerk (NED)
4. Hogema Fabiën	93	08-021	14.66	25m	27-4-06	Heemskerk
5. Crok Linda	94	08-021	14.85	25m	19-4-07	Heemskerk (NED)
6. van der Kroft Nicole	84	08-021	15.10	25m	13-3-97	Heemskerk (NED)
7. Rodenburg Rianne	93	08-021	15.20	25m	27-4-06	Heemskerk
8. Mallon Danique	94	08-021	15.29	25m	19-4-07	Heemskerk (NED)
9. Vink Marjolein	93	08-021	15.42	25m	27-4-06	Heemskerk
10. Bruin Marianne	78	08-021	15.50	25m	16-5-91	Heemskerk (NED)
11. de Groot Daniëlle	93	08-021	15.61	25m	27-4-06	Heemskerk
12. Liefing Sarina	93	08-021	15.66	25m	27-4-06	Heemskerk
13. van Kooten Cynthia	93	08-021	15.79	25m	30-11-06	Heemskerk
14. Stins Mariska	84	08-021	15.80	25m	13-3-97	Heemskerk (NED)
15. Bos Chantal	74	08-021	15.90	25m	17-12-87	Heemskerk (NED)
16. Limmen Karin	76	08-021	16.00	25m	31-12-89	Heemskerk (NED)
17. Hoek Daniëlle	88	08-021	16.07	25m	29-3-01	Heemskerk (NED)
18. Hommersen Sandra	84	08-021	16.10	25m	20-3-97	Heemskerk (NED)
19. Vredenburg Roos	95	08-021	16.23	25m	29-5-08	Heemskerk (NED)
20. de Ruijter Linda	87	08-021	16.65	25m	4-5-00	Heemskerk (NED)
21. Lindelauf Priscilla	85	08-021	16.70	25m	12-2-98	Heemskerk (NED)
21. van Koeveringe Nicole	93	08-021	16.70	25m	27-4-06	Heemskerk
23. Hoek Laura	86	08-021	16.80	25m	25-2-99	Heemskerk (NED)
24. Bruin Adri	74	08-021	16.90	25m	17-12-87	Heemskerk (NED)
24. Moolevliet Petra	82	08-021	16.90	25m	27-4-95	Heemskerk (NED)

**50 vrije slag**

1. Koster Lisa	94	08-021	29.18	25m	30-12-07	Maastricht (NED)
2. Schelvis Femke	84	08-021	29.30	25m	6-11-97	Heemskerk (NED)
3. Smit Sanne	01	08-021	30.13	25m	26-10-14	Zaandam (NED)
3. Hoekstra Eline	03	08-021	30.13	25m	13-10-16	Heemskerk (NED)
5. Schelvis Roos	86	08-021	30.44	25m	4-11-99	Heemskerk (NED)
6. Siemerink Laura	04	08-021	30.49	25m	26-11-17	Purmerend (NED)
7. Palmboom Nicole	91	08-021	30.79	25m	28-12-04	Maastricht (NED)
8. Schuyt Simone	75	08-021	31.00	25m	5-10-88	
9. de Groot Daniëlle	93	08-021	31.10	25m	28-12-06	Maastricht (NED)
10. Renkema Iris	04	08-021	31.25	25m	11-11-17	Hoofddorp (NED)
11. Wentink Yara	04	08-021	31.44	25m	30-12-17	Leeuwarden (NED)
12. van der Kroft Nicole	84	08-021	31.50	25m	5-10-97	Zaandam (NED)
13. Dijkstra Lisette	86	08-021	31.51	25m	10-1-99	Zuidoost Beemster (NED)
14. Vink Marjolein	93	08-021	31.63	25m	30-12-06	Hoorndijk (NED)
15. Hogema Fabiën	93	08-021	31.71	25m	23-4-06	Zaandam (NED)
16. Buur Naomi	01	08-021	31.72	25m	11-5-14	Purmerend (NED)
17. Mallon Danique	94	08-021	31.82	25m	30-12-07	Maastricht (NED)
18. van Honk Chantal	80	08-021	32.00	25m	14-4-93	
19. van Ballegooie Simone	84	08-021	32.10	25m	16-11-97	Zaandam (NED)
20. Crok Linda	94	08-021	32.37	25m	28-12-07	Maastricht (NED)
21. van 't Veer Iris	03	08-021	32.39	25m	13-10-16	Heemskerk (NED)
22. Meijer Linda	77	08-021	32.50	25m	11-3-90	Heemskerk (NED)
22. de Boer Irene	84	08-021	32.50	25m	16-11-97	Zaandam (NED)
24. Blaauw Yente	03	08-021	32.56	25m	13-10-16	Heemskerk (NED)

50 vrije slag (sinds 25)

25.	Koopman Anitra	89	08-021	32.59	25m	24-3-02	Heemstede
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**100 vrije slag**

1.	Koster Lisa	94	08-021	1:02.75	25m	15-12-07	Heemskerk (NED)
2.	Schelvis Femke	84	08-021	1:03.00	25m	14-12-97	Heemskerk (NED)
3.	Smit Sanne	01	08-021	1:04.55	25m	21-12-14	Amsterdam (NED)
4.	Schelvis Roos	86	08-021	1:05.56	25m	12-12-99	Heemskerk (NED)
5.	Hoekstra Eline	03	08-021	1:06.13	25m	9-10-16	Alkmaar (NED)
6.	Mallon Danique	94	08-021	1:07.85	25m	15-12-07	Heemskerk (NED)
7.	Schuyt Simone	75	08-021	1:08.10	25m	17-9-88	
8.	Wentink Yara	04	08-021	1:08.29	25m	29-10-17	Den Helder (NED)
9.	Buur Naomi	01	08-021	1:08.74	25m	7-12-14	Heemskerk (NED)
10.	Siemerink Laura	04	08-021	1:08.87	25m	18-11-17	Hoofddorp (NED)
11.	van der Kroft Nicole	84	08-021	1:09.20	25m	14-12-97	Heemskerk (NED)
12.	van Honk Chantal	80	08-021	1:09.30	25m	3-4-93	
13.	Vink Marjolein	93	08-021	1:09.66	25m	10-12-06	Heemskerk (NED)
14.	Crok Linda	94	08-021	1:09.84	25m	25-11-07	Amsterdam (NED)
15.	Renkema Iris	04	08-021	1:09.97	25m	15-10-17	Alkmaar (NED)
16.	Windmuller Wendy	69	08-021	1:10.30	25m	14-3-82	
17.	van Ballegooie Simone	84	08-021	1:10.40	25m	30-11-97	Alkmaar (NED)
18.	de Boer Irene	84	08-021	1:10.50	25m	30-3-97	Haarlem (NED)
19.	Koopman Anitra	89	08-021	1:10.78	25m	28-12-02	Hoom (NED)
20.	van der Geest Saskia	73	08-021	1:10.80	25m	31-12-86	
21.	de Groot Daniëlle	93	08-021	1:10.88	25m	10-12-06	Heemskerk (NED)
22.	Palmboom Nicole	91	08-021	1:11.15	25m	28-12-04	Maastricht (NED)
23.	Hogema Fabiën	93	08-021	1:11.68	25m	16-4-06	Haarlem (NED)
24.	van 't Veer Iris	03	08-021	1:11.75	25m	18-12-16	Heemskerk (NED)
25.	Meijer Linda	77	08-021	1:12.20	25m	25-11-90	Heemskerk (NED)

**200 vrije slag**

1.	Schelvis Femke	84	08-021	2:15.30	25m	11-12-97	Heemskerk (NED)
2.	Koster Lisa	94	08-021	2:21.16	25m	25-10-07	Heemskerk (NED)
3.	Schelvis Roos	86	08-021	2:23.42	25m	25-11-99	Heemskerk
4.	Hoekstra Eline	03	08-021	2:24.67	25m	30-10-16	Den Helder (NED)
5.	Buur Naomi	01	08-021	2:32.42	25m	30-3-14	Zaandam (NED)
6.	Koopman Anitra	89	08-021	2:34.66	25m	26-9-02	Heemskerk
7.	Schuyt Simone	75	08-021	2:34.70	25m	7-2-88	Heemskerk (NED)
8.	Mallon Danique	94	08-021	2:35.12	25m	25-10-07	Heemskerk (NED)
9.	Crok Linda	94	08-021	2:36.29	25m	25-10-07	Heemskerk (NED)
10.	de Groot Daniëlle	93	08-021	2:36.33	25m	26-11-06	Heemskerk (NED)
11.	de Boer Irene	84	08-021	2:36.60	25m	26-10-97	Heemskerk (NED)
12.	Palmboom Nicole	91	08-021	2:36.78	25m	28-11-04	Heemskerk (NED)
13.	van der Kroft Nicole	84	08-021	2:36.80	25m	11-12-97	Heemskerk (NED)
14.	Kleijne Daisy	89	08-021	2:36.84	25m	22-12-02	Zaandam
15.	Hogema Fabiën	93	08-021	2:37.22	25m	26-11-06	Heemskerk (NED)
16.	Vink Marjolein	93	08-021	2:37.41	25m	26-11-06	Heemskerk (NED)
17.	Petit Kirsten	00	08-021	2:38.04	25m	6-10-13	Heemskerk (NED)
18.	Blaauw Yente	03	08-021	2:38.14	25m	9-10-16	Alkmaar (NED)
19.	Besse Karen	75	08-021	2:38.20	25m	7-2-88	Heemskerk (NED)
20.	van Ballegooie Simone	84	08-021	2:40.50	25m	12-10-97	Assendelft (NED)
21.	van Koevering Nicole	93	08-021	2:41.10	25m	26-11-06	Heemskerk (NED)

200 vrije slag (sinds 22)

22. Vink Lidewij	90	08-021	2:41.23	25m	18-12-03	Heemskerk (NED)	
23. Essers Sanne	91	08-021	2:41.44	25m	30-9-04	Heemskerk (NED)	
24. Renkema Iris	04	08-021	2:41.45	25m	12-3-17	Purmerend (NED)	
25. Visser Kelly	89	08-021	2:41.51	50m	21-4-02	Beverwijk (NED)	342

250 vrije slag300 vrije slag

1. Koster Lisa	94	08-021	3:53.61	25m	14-10-07	Zaandam (NED)	
2. Buur Naomi	01	08-021	4:02.95	25m	7-6-14	Purmerend (NED)	
3. Mallon Danique	94	08-021	4:08.45	25m	14-10-07	Zaandam (NED)	
4. Hogema Fabiën	93	08-021	4:13.63	25m	18-5-06	Heemskerk (NED)	
5. Essers Sanne	91	08-021	4:15.31	25m	29-4-04	Heemskerk (NED)	
6. Palmboom Nicole	91	08-021	4:24.15	25m	17-10-04	Zaandam (NED)	
7. Niesten Iris	92	08-021	4:36.32	25m	23-10-05	Zaandam (NED)	
8. Vink Marjolein	93	08-021	4:37.46	25m	18-5-06	Heemskerk (NED)	
9. de Haan Shira	00	08-021	4:44.01	25m	18-5-13	Purmerend (NED)	
10. van Kooten Cynthia	93	08-021	5:03.13	25m	12-1-06	Heemskerk (NED)	
11. Beentjes Daphne	91	08-021	5:28.04	25m	29-4-04	Heemskerk (NED)	

400 vrije slag

1. Schelvis Femke	84	08-021	4:59.80	25m	21-9-97	Alkmaar (NED)	
2. Koster Lisa	94	08-021	5:02.29	25m	18-11-07	Alkmaar (NED)	
3. Hoekstra Eline	03	08-021	5:24.40	25m	18-9-16	Zaandam (NED)	
4. Schelvis Roos	86	08-021	5:25.27	25m	28-2-99	Zaandam (NED)	
5. Buur Naomi	01	08-021	5:26.16	25m	7-6-14	Purmerend (NED)	
6. Besse Karen	75	08-021	5:27.90	25m	5-10-88		
7. Mallon Danique	94	08-021	5:30.28	25m	9-12-07	Zaandam (NED)	
8. Crok Linda	94	08-021	5:31.78	25m	18-11-07	Alkmaar (NED)	
9. Schuyt Simone	75	08-021	5:34.50	25m	5-10-88		
10. de Boer Irene	84	08-021	5:35.00	25m	23-2-97	Zaandam (NED)	
11. Koopman Anitra	89	08-021	5:35.46	25m	30-5-02	Heemskerk	
12. Hogema Fabiën	93	08-021	5:40.82	25m	18-5-06	Heemskerk (NED)	
13. Kleijne Daisy	89	08-021	5:42.61	25m	30-5-02	Heemskerk	
14. Essers Sanne	91	08-021	5:43.62	25m	17-10-04	Zaandam (NED)	
15. van 't Veer Iris	03	08-021	5:44.63	25m	18-9-16	Zaandam (NED)	
16. de Boer Claudia	77	08-021	5:46.40	25m	11-3-90	Heemskerk (NED)	
17. van Ballegoie Simone	84	08-021	5:48.10	25m	23-2-97	Zaandam (NED)	
18. de Ruijter Linda	87	08-021	5:51.36	25m	15-10-00	Alkmaar (NED)	
19. Meijer Linda	77	08-021	5:52.20	25m	11-3-90	Heemskerk (NED)	
20. Palmboom Nicole	91	08-021	5:56.21	25m	17-10-04	Zaandam (NED)	
21. van der Kroft Nicole	84	08-021	5:56.60	25m	23-2-97	Zaandam (NED)	
22. Visser Stacey	87	08-021	5:58.57	25m	5-11-00	Zaandam (NED)	
23. Hoek Daniëlle	88	08-021	5:58.88	25m	31-5-01	Heemskerk (NED)	
24. Vink Marjolein	93	08-021	6:00.51	25m	22-10-06	Zaandam (NED)	
25. Visser Shana	04	08-021	6:00.90	25m	5-11-17	Alkmaar (NED)	

500 vrije slag

**800 vrije slag**

1. Koster Lisa	94	08-021	10:39.38	25m	9-12-07	Zaandam (NED)
2. Schelvis Femke	84	08-021	10:39.90	25m	16-2-97	Volendam (NED)
3. Schelvis Roos	86	08-021	10:54.50	25m	28-2-99	Zaandam (NED)
4. Mallon Danique	94	08-021	11:12.78	25m	9-12-07	Zaandam (NED)
5. Koopman Anitra	89	08-021	11:31.80	25m	1-12-02	Heemskerk
6. de Boer Claudia	77	08-021	11:35.50	25m	8-4-90	Volendam (NED)
7. Essers Sanne	91	08-021	11:46.11	25m	14-11-04	Heemskerk (NED)
8. de Boer Irene	84	08-021	11:49.60	25m	16-2-97	Volendam (NED)
9. Visser Kelly	89	08-021	11:52.74	25m	10-2-02	Zaandam
10. Hogema Fabiën	93	08-021	11:57.74	25m	3-12-06	Zaandam (NED)
11. Buur Naomi	01	08-021	12:01.21	50m	18-2-14	Beverwijk (NED)
12. Hoek Daniëlle	88	08-021	12:03.13	25m	4-11-01	Heemskerk
13. van Ballegooie Simone	84	08-021	12:08.80	25m	16-2-97	Volendam (NED)
14. Meijer Linda	77	08-021	12:09.10	25m	8-4-90	Volendam (NED)
15. van der Gracht Anouk	89	08-021	12:15.97	25m	1-12-02	Heemskerk
16. van Koevinge Nicole	93	08-021	12:19.96	25m	3-12-06	Zaandam (NED)
17. Vink Marjolein	93	08-021	12:24.42	25m	3-12-06	Zaandam (NED)
18. van der Kroft Nicole	84	08-021	12:29.40	25m	16-2-97	Volendam (NED)
19. de Haan Shira	00	08-021	12:30.20	25m	20-10-13	Zaandam (NED)
20. de Groot Daniëlle	93	08-021	12:54.55	25m	19-2-06	Zaandam (NED)
21. de Ruijter Linda	87	08-021	13:16.19	25m	23-1-00	Heemskerk (NED)
22. Visser Stacey	87	08-021	13:57.36	25m	23-1-00	Heemskerk (NED)
23. Nijman José	93	08-021	14:16.29	25m	3-12-06	Zaandam (NED)
24. van Kooten Cynthia	93	08-021	14:20.51	25m	3-12-06	Zaandam (NED)

303

**1000 vrije slag**

1. Hogema Fabiën	93	08-021	16:38.77	OW	2-7-06	Bodegraven (NED)
2. van Leeuwen Andrea	71	08-021	17:28.00	OW	17-6-84	Amstelveen (NED)
3. Buur Naomi	01	08-021	18:04.60	OW	9-8-14	Heerjansdam (NED)
4. de Graaf Dinie	71	08-021	19:28.50	OW	17-6-84	Amstelveen (NED)
5. Buur Cindy	99	08-021	22:30.20	OW	2-9-12	Vlissingen (NED)

**1250 vrije slag****1500 vrije slag**

1. Besse Karen	75	08-021	22:20.60	25m	29-12-88	Heemskerk (NED)
2. Koopman Anitra	89	08-021	22:24.45	25m	10-2-02	Zaandam
3. Visser Kelly	89	08-021	22:30.91	25m	10-2-02	Zaandam
4. Buur Naomi	01	08-021	22:49.10	25m	9-2-14	Zaandam (NED)
5. Crok Linda	94	08-021	22:55.39	25m	28-1-07	Zaandam (NED)
6. Hogema Fabiën	93	08-021	23:07.68	25m	19-2-06	Zaandam (NED)
7. Essers Sanne	91	08-021	23:35.06	25m	7-3-04	Zaandam
8. Mallon Danique	94	08-021	23:47.44	25m	28-1-07	Zaandam (NED)
9. de Boer Claudia	77	08-021	23:53.70	25m	17-3-90	Heerhugowaard (NED)
10. Meijer Linda	77	08-021	24:06.20	25m	17-3-90	Heerhugowaard (NED)
11. de Groot Daniëlle	93	08-021	24:22.29	25m	19-2-06	Zaandam (NED)
12. de Ruijter Linda	87	08-021	24:48.96	25m	5-3-00	Zaandam (NED)
13. Kleijne Daisy	89	08-021	25:00.19	25m	10-2-02	Zaandam
14. Hoek Daniëlle	88	08-021	25:06.34	25m	11-2-01	Zaandam (NED)
15. Vink Marjolein	93	08-021	25:26.25	25m	19-2-06	Zaandam (NED)

1500 vrije slag (sinds 16)

16. van Koeveringe Nicole	93	08-021	25:27.32	25m	19-2-06	Zaandam (NED)
17. Visser Stacey	87	08-021	26:44.41	25m	5-3-00	Zaandam (NED)

2000 vrije slag2500 vrije slag3000 vrije slag4000 vrije slag5000 vrije slag6000 vrije slag6500 vrije slag10000 vrije slag20000 vrije slag22000 vrije slag25 rugslag

1. Schelvis Femke	84	08-021	16.60	25m	13-2-97	Heemskerk (NED)
2. Koster Lisa	94	08-021	17.13	25m	19-4-07	Heemskerk (NED)
3. van der Kroft Nicole	84	08-021	17.20	25m	13-2-97	Heemskerk (NED)
4. de Boer Irene	84	08-021	17.70	25m	13-2-97	Heemskerk (NED)
4. Mallon Danique	94	08-021	17.70	25m	19-4-07	Heemskerk (NED)
6. Schelvis Roos	86	08-021	17.78	25m	25-3-99	Heemskerk (NED)
7. van Ballegooie Simone	84	08-021	17.80	25m	13-2-97	Heemskerk (NED)
8. Crok Linda	94	08-021	17.88	25m	19-4-07	Heemskerk (NED)
9. Liefing Sarina	93	08-021	17.95	25m	27-4-06	Heemskerk
10. Rodenburg Rianne	93	08-021	18.13	25m	27-4-06	Heemskerk
11. Hoek Laura	86	08-021	18.30	25m	25-3-99	Heemskerk (NED)
11. de Groot Daniëlle	93	08-021	18.30	25m	27-4-06	Heemskerk
13. Vink Marjolein	93	08-021	18.44	25m	27-4-06	Heemskerk
14. Bruin Adri	74	08-021	18.80	25m	17-12-87	Heemskerk (NED)
14. Moolevliet Petra	82	08-021	18.80	25m	16-3-95	Heemskerk (NED)
14. Stins Mariska	84	08-021	18.80	25m	13-2-97	Heemskerk (NED)
17. de Vries Justine	83	08-021	18.90	25m	8-2-96	Heemskerk (NED)
18. Bruin Marianne	78	08-021	19.00	25m	16-5-91	Heemskerk (NED)
18. Heus Pauline	78	08-021	19.00	25m	16-5-91	Heemskerk (NED)
20. Limmen Karin	76	08-021	19.30	25m	31-12-89	Heemskerk (NED)
20. Boekling Annette	85	08-021	19.30	25m	15-1-98	Heemskerk (NED)
22. Hoek Daniëlle	88	08-021	19.36	25m	22-2-01	Heemskerk (NED)
23. Hogema Fabiën	93	08-021	19.40	25m	27-4-06	Heemskerk

25 rugslag (sinds 24)

24.	van Ballegooie Stefanie	86	08-021	19.60	25m	21-1-99	Heemskerk (NED)
25.	de Ruijter Linda	87	08-021	19.61	25m	17-2-00	Heemskerk (NED)

50 rugslag

1.	Schelvis Femke	84	08-021	33.90	25m	9-10-97	Heemskerk (NED)
2.	Koster Lisa	94	08-021	33.96	25m	13-12-07	Heemskerk (NED)
3.	Hoekstra Eline	03	08-021	35.02	25m	18-12-16	Heemskerk (NED)
4.	Meijer Linda	77	08-021	35.10	25m	31-5-90	Heemskerk (NED)
5.	Koper Fiona	01	08-021	35.16	25m	16-11-14	Zaandam (NED)
6.	Schelvis Roos	86	08-021	35.62	25m	14-11-99	Zaandam (NED)
7.	Crok Linda	94	08-021	35.78	25m	9-4-07	Haarlem (NED)
8.	van Honk Chantal	80	08-021	36.30	25m	12-5-93	
9.	Buur Naomi	01	08-021	36.45	25m	21-12-14	Zaandam (NED)
10.	Koopman Anitra	89	08-021	36.55	25m	22-12-02	Zaandam
11.	van der Kroft Nicole	84	08-021	36.80	25m	10-4-97	Heemskerk (NED)
12.	Siemerink Laura	04	08-021	36.82	25m	30-12-17	Leeuwarden (NED)
13.	Renkema Iris	04	08-021	36.87	25m	15-10-17	Alkmaar (NED)
14.	Mallon Danique	94	08-021	36.88	25m	28-12-07	Maastricht (NED)
15.	Wentink Yara	04	08-021	36.96	25m	30-12-17	Leeuwarden (NED)
16.	Schuyt Simone	75	08-021	37.10	25m	15-12-88	Heemskerk (NED)
17.	Kleijne Daisy	89	08-021	37.13	25m	1-4-02	Haarlem
18.	de Boer Irene	84	08-021	37.30	25m	26-1-97	Zuidoost Beemster (NED)
19.	Besse Karen	75	08-021	37.60	25m	15-12-88	Heemskerk (NED)
20.	van 't Veer Iris	03	08-021	37.65	25m	18-2-16	Heemskerk (NED)
21.	Zonneveld Cindy	75	08-021	37.90	25m	15-12-88	Heemskerk (NED)
22.	Dijkstra Lisette	86	08-021	37.91	25m	10-1-99	Zuidoost Beemster (NED)
23.	Niesten Iris	92	08-021	38.12	25m	27-10-05	Heemskerk (NED)
24.	Palmboom Nicole	91	08-021	38.66	25m	28-12-04	Maastricht (NED)
25.	van Ballegooie Simone	84	08-021	38.70	25m	16-2-97	Volendam (NED)

100 rugslag

1.	Schelvis Femke	84	08-021	1:11.10	25m	16-11-97	Zaandam (NED)
2.	Koster Lisa	94	08-021	1:13.07	25m	17-11-07	Barneveld (NED)
3.	Hoekstra Eline	03	08-021	1:14.16	25m	17-11-16	Heemskerk (NED)
4.	Schelvis Roos	86	08-021	1:14.80	25m	16-1-99	
5.	Koper Fiona	01	08-021	1:16.63	25m	16-11-14	Zaandam (NED)
6.	van der Kroft Nicole	84	08-021	1:16.70	25m	6-4-97	Heemskerk (NED)
7.	van Honk Chantal	80	08-021	1:17.40	25m	21-2-93	(NED)
8.	Buur Naomi	01	08-021	1:17.64	25m	16-11-14	Zaandam (NED)
9.	Smit Sanne	01	08-021	1:17.71	25m	7-12-14	Heemskerk (NED)
10.	Crok Linda	94	08-021	1:18.05	25m	8-4-07	Haarlem (NED)
11.	Kleijne Daisy	89	08-021	1:18.24	25m	23-11-02	Barneveld
12.	Meijer Linda	77	08-021	1:18.40	25m	3-11-90	
13.	Koopman Anitra	89	08-021	1:18.49	25m	22-12-02	Zaandam
14.	de Graaf Annemiek	70	08-021	1:19.00	25m	31-12-83	
15.	van 't Veer Iris	03	08-021	1:19.30	25m	27-3-16	Haarlem (NED)
16.	Windmuller Wendy	69	08-021	1:19.60	25m	28-2-82	
17.	Wentink Yara	04	08-021	1:19.83	25m	29-10-17	Den Helder (NED)
18.	Scholten Britt	04	08-021	1:20.42	25m	26-11-17	Purmerend (NED)
19.	de Boer Irene	84	08-021	1:20.70	25m	30-8-97	Assendelft (NED)
20.	Mallon Danique	94	08-021	1:21.41	25m	29-12-07	Maastricht (NED)

**100 rugslag (sinds 21)**

21. Liefing Sarina	93	08-021	1:21.51	25m	26-11-06	Heemskerk (NED)
22. Siemerink Laura	04	08-021	1:21.61	25m	3-12-17	Heemskerk (NED)
23. Blaauw Yente	03	08-021	1:21.98	25m	30-10-16	Den Helder (NED)
24. van Ballegooie Simone	84	08-021	1:22.50	25m	31-3-97	Haarlem (NED)
25. Dijkstra Lisette	86	08-021	1:22.67	25m	28-1-99	Heemskerk (NED)

**200 rugslag**

1. Schelvis Femke	84	08-021	2:31.90	25m	16-11-97	Zaandam (NED)
2. Schelvis Roos	86	08-021	2:41.03	25m	16-12-99	Heemskerk
3. Koster Lisa	94	08-021	2:42.59	25m	21-10-07	Zaandam (NED)
4. Hoekstra Eline	03	08-021	2:42.84	25m	30-12-16	Leeuwarden (NED)
5. Crok Linda	94	08-021	2:44.71	25m	30-9-07	Volendam (NED)
6. Koopman Anitra	89	08-021	2:49.39	25m	6-10-02	Zaandam
7. Meijer Linda	77	08-021	2:50.60	25m	3-5-90	Heemskerk (NED)
8. van 't Veer Iris	03	08-021	2:51.91	25m	30-12-16	Leeuwarden (NED)
9. Kleijne Daisy	89	08-021	2:53.80	25m	19-12-02	Heemskerk
10. Windmuller Wendy	69	08-021	2:54.20	25m	7-3-82	
11. Buur Naomi	01	08-021	2:54.82	25m	6-4-14	Zaandam (NED)
12. Blaauw Yente	03	08-021	2:55.10	25m	2-10-16	Purmerend (NED)
13. van der Kroft Nicole	84	08-021	2:55.90	25m	12-1-97	Heemskerk (NED)
14. de Graaf Annemiek	70	08-021	2:56.00	25m	10-4-83	Heemskerk (NED)
15. Essers Sanne	91	08-021	2:56.29	25m	23-12-04	Heemskerk (NED)
16. Mallon Danique	94	08-021	2:57.60	25m	25-1-07	Heemskerk (NED)
17. Renkema Iris	04	08-021	2:58.37	25m	19-3-17	Zaandam (NED)
18. Stins Mariska	84	08-021	2:59.80	50m	9-11-97	Beverwijk (NED)
18. Scholten Britt	04	08-021	2:59.80	25m	19-3-17	Zaandam (NED)
20. Petit Kirsten	00	08-021	2:59.90	25m	14-4-13	Zaandam (NED)
21. Dijkstra Lisette	86	08-021	3:01.00	25m	21-1-99	Heemskerk (NED)
22. Moolevliet Petra	82	08-021	3:01.10	25m	12-10-95	Heemskerk (NED)
23. van Ballegooie Simone	84	08-021	3:02.80	25m	11-9-97	Heemskerk (NED)
23. de Boer Irene	84	08-021	3:02.80	25m	11-9-97	Heemskerk (NED)
25. Kramer Miranda	80	08-021	3:03.00	25m	13-10-93	

328

**500 rugslag****25 schoolslag**

1. van der Kroft Nicole	84	08-021	18.40	25m	13-3-97	Heemskerk (NED)
2. Koster Lisa	94	08-021	18.50	25m	19-4-07	Heemskerk (NED)
3. Hogema Fabiën	93	08-021	18.73	25m	27-4-06	Heemskerk
4. de Groot Daniëlle	93	08-021	18.78	25m	27-4-06	Heemskerk
5. Schelvis Roos	86	08-021	19.00	25m	25-3-99	Heemskerk (NED)
6. Crok Linda	94	08-021	19.03	25m	19-4-07	Heemskerk (NED)
7. Schelvis Femke	84	08-021	19.40	25m	13-3-97	Heemskerk (NED)
8. Glorie Astrid	63	08-021	19.70	25m	14-9-76	Heemskerk (NED)
9. Vink Marjolein	93	08-021	20.14	25m	27-4-06	Heemskerk
10. Bruin Marianne	78	08-021	20.20	25m	16-5-91	Heemskerk (NED)
10. Moolevliet Petra	82	08-021	20.20	25m	27-4-95	Heemskerk (NED)
12. Mallon Danique	94	08-021	20.36	25m	19-4-07	Heemskerk (NED)
13. Heus Pauline	78	08-021	20.40	25m	16-5-91	Heemskerk (NED)
13. de Ruijter Linda	87	08-021	20.40	25m	20-1-00	Heemskerk (NED)
15. Bruin Adri	74	08-021	20.90	25m	17-12-87	Heemskerk (NED)

**25 schoolslag (sinds 16)**

16.	van Kooten Cynthia	93	08-021	20.91	25m	27-4-06	Heemskerk
17.	Liefting Sarina	93	08-021	20.92	25m	27-4-06	Heemskerk
18.	Hoek Daniëlle	88	08-021	20.98	25m	22-2-01	Heemskerk (NED)
19.	Boekling Annette	85	08-021	21.10	25m	5-2-98	Heemskerk (NED)
20.	van Ballegooie Simone	84	08-021	21.20	25m	13-3-97	Heemskerk (NED)
20.	van Ballegooie Stefanie	86	08-021	21.20	25m	21-1-99	Heemskerk (NED)
22.	Visser Stacey	87	08-021	21.28	25m	17-2-00	Heemskerk (NED)
23.	Lund Karin	63	08-021	21.30	25m	14-9-76	Heemskerk (NED)
23.	de Boer Angela	80	08-021	21.30	25m	17-6-93	Heemskerk (NED)
23.	Stins Mariska	84	08-021	21.30	25m	13-3-97	Heemskerk (NED)

**50 schoolslag**

1.	van Honk Chantal	80	08-021	37.00	50m	21-3-93	Beverwijk (NED)	501
2.	Koster Lisa	94	08-021	40.10	25m	30-12-07	Maastricht (NED)	
3.	Schelvis Roos	86	08-021	40.79	25m	14-11-99	Zaandam (NED)	
4.	van der Kroft Nicole	84	08-021	41.00	25m	11-9-97	Heemskerk (NED)	
5.	de Groot Daniëlle	93	08-021	41.02	25m	30-12-06	Maastricht (NED)	
6.	Hoekstra Eline	03	08-021	41.12	25m	17-3-16	Heemskerk (NED)	
7.	Hogema Fabiën	93	08-021	41.35	25m	30-11-06	Heemskerk	
8.	Palmboom Nicole	91	08-021	41.37	25m	28-12-04	Maastricht (NED)	
9.	Siemerink Laura	04	08-021	41.47	25m	5-11-17	Alkmaar (NED)	
10.	Crok Linda	94	08-021	41.78	25m	30-12-07	Maastricht (NED)	
11.	Schelvis Femke	84	08-021	41.80	25m	11-9-97	Heemskerk (NED)	
12.	Schuyt Simone	75	08-021	42.10	25m	15-12-88	Heemskerk (NED)	
13.	de Haan Shira	00	08-021	42.75	25m	17-11-13	Heemskerk (NED)	
14.	van Huisstede Nikita	01	08-021	42.77	25m	30-3-14	Zaandam (NED)	
15.	Kramer Miranda	80	08-021	42.80	25m	13-10-93		
16.	Smit Sanne	01	08-021	42.92	25m	21-9-14	Purmerend (NED)	
17.	van 't Veer Iris	03	08-021	43.15	25m	13-10-16	Heemskerk (NED)	
18.	Buur Naomi	01	08-021	43.22	25m	30-3-14	Zaandam (NED)	
19.	Vink Marjolein	93	08-021	43.39	25m	5-11-06	Zaandam (NED)	
20.	Niesten Iris	92	08-021	43.43	25m	24-11-05	Heemskerk (NED)	
21.	de Boer Maia	03	08-021	43.49	25m	14-2-16	Purmerend (NED)	
22.	Moolevliet Petra	82	08-021	43.50	25m	12-10-95	Heemskerk (NED)	
23.	Koopman Anitra	89	08-021	43.57	25m	28-11-02	Heemskerk	
24.	Visser Stacey	87	08-021	44.05	25m	3-12-00	Zaandam (NED)	
25.	Mallon Danique	94	08-021	44.09	25m	30-12-07	Maastricht (NED)	

**100 schoolslag**

1.	van Honk Chantal	80	08-021	1:21.20	25m	6-1-93		
2.	van der Kroft Nicole	84	08-021	1:26.80	25m	14-12-97	Heemskerk (NED)	
3.	Schelvis Roos	86	08-021	1:27.94	25m	4-4-99	Haarlem (NED)	
4.	Koster Lisa	94	08-021	1:28.10	25m	17-11-07	Barneveld (NED)	
5.	Plokker Sylvia	68	08-021	1:29.00	25m	31-5-81	Heerhugowaard (NED)	
6.	Palmboom Nicole	91	08-021	1:29.43	25m	11-4-04	Haarlem	
7.	de Haan Shira	00	08-021	1:30.72	25m	31-10-13	Heemskerk (NED)	
8.	van 't Veer Iris	03	08-021	1:30.81	25m	13-10-16	Heemskerk (NED)	
9.	Hoekstra Eline	03	08-021	1:30.88	25m	17-1-16	Purmerend (NED)	
10.	Siemerink Laura	04	08-021	1:31.01	25m	26-11-17	Purmerend (NED)	
11.	van Leeuwen Andrea	71	08-021	1:31.20	25m	12-2-84	Heemskerk (NED)	
11.	Kramer Miranda	80	08-021	1:31.20	25m	27-11-93		



100 schoolslag (sinds 13)

13.	de Groot Daniëlle	93	08-021	1:31.51	25m	29-12-06	Maastricht (NED)
14.	Crok Linda	94	08-021	1:31.59	25m	29-12-07	Maastricht (NED)
15.	Missot Gonda	66	08-021	1:31.70	25m	21-4-79	Deinze (BEL)
16.	de Graaf Dinie	71	08-021	1:32.00	25m	12-2-84	Heemskerk (NED)
17.	Schelvis Femke	84	08-021	1:32.10	25m	30-8-97	Assendelft (NED)
18.	Hulshof Saskia	73	08-021	1:32.30	25m	20-12-86	Hilversum (NED)
19.	Smit Sanne	01	08-021	1:32.36	25m	2-11-14	Amsterdam (NED)
20.	Vink Marjolein	93	08-021	1:32.39	25m	15-10-06	Purmerend (NED)
21.	de Boer Irene	84	08-021	1:32.60	25m	30-3-97	Haarlem (NED)
22.	Oudendijk Bianca	79	08-021	1:32.80	25m	12-3-92	Heemskerk (NED)
23.	Buur Naomi	01	08-021	1:33.02	25m	16-11-14	Zaandam (NED)
23.	van Huisstede Nikita	01	08-021	1:33.02	25m	16-11-14	Zaandam (NED)
25.	Moolevliet Petra	82	08-021	1:33.10	25m	16-3-95	Heemskerk (NED)

200 schoolslag

1.	van Honk Chantal	80	08-021	2:55.20	25m	9-1-93	Zuidoost Beemster (NED)
2.	Schelvis Roos	86	08-021	3:07.13	25m	21-11-99	Heemskerk (NED)
3.	van der Kroft Nicole	84	08-021	3:08.50	25m	9-10-97	Heemskerk (NED)
4.	van Rookhuizen Sieta	79	08-021	3:09.10	25m	26-9-92	
5.	Kramer Miranda	80	08-021	3:10.10	25m	18-11-93	Heemskerk
6.	Schelvis Femke	84	08-021	3:11.40	25m	9-10-97	Heemskerk (NED)
7.	Koster Lisa	94	08-021	3:13.37	25m	13-12-07	Heemskerk (NED)
8.	Moolevliet Petra	82	08-021	3:15.00	25m	23-4-95	Castricum (NED)
9.	Vink Marjolein	93	08-021	3:16.37	25m	26-11-06	Heemskerk (NED)
10.	Palmboom Nicole	91	08-021	3:16.63	25m	28-11-04	Heemskerk (NED)
11.	Crok Linda	94	08-021	3:16.93	25m	13-12-07	Heemskerk (NED)
12.	de Haan Shira	00	08-021	3:17.03	25m	6-10-13	Heemskerk (NED)
13.	de Groot Daniëlle	93	08-021	3:17.09	25m	1-10-06	Volendam (NED)
14.	Mallon Danique	94	08-021	3:17.56	25m	13-12-07	Heemskerk (NED)
15.	Hoekstra Eline	03	08-021	3:18.29	25m	18-9-16	Zaandam (NED)
16.	van 't Veer Iris	03	08-021	3:18.59	25m	30-10-16	Den Helder (NED)
17.	Niesten Iris	92	08-021	3:19.28	25m	27-10-05	Heemskerk (NED)
18.	Plokker Sylvia	68	08-021	3:20.90	25m	5-4-81	Heemskerk (NED)
19.	de Ruijter Linda	87	08-021	3:21.81	25m	19-11-00	Zaandam (NED)
20.	de Wildt Maud	05	08-021	3:22.06	25m	4-2-18	Purmerend (NED)
21.	Koopman Anitra	89	08-021	3:24.05	25m	31-10-02	Heemskerk
22.	van Ballegooie Simone	84	08-021	3:24.20	25m	9-10-97	Heemskerk (NED)
23.	Buur Naomi	01	08-021	3:24.22	25m	16-3-14	Zaandam (NED)
24.	Oudendijk Bianca	79	08-021	3:24.40	25m	26-9-92	
25.	Niesten Annet	62	08-021	3:24.50	25m	31-12-75	

500 schoolslag

1.	Vink Marjolein	93	08-021	9:24.30	OW	19-8-06	Bussloo (NED)
2.	Essers Sanne	91	08-021	10:21.64	OW	5-9-04	Vlissingen (NED)
3.	Buur Naomi	01	08-021	10:43.20	OW	9-8-14	Heerjansdam (NED)
4.	Kleijne Daisy	89	08-021	10:53.79	OW	18-8-02	Eersel (NED)
5.	Buur Cindy	99	08-021	11:27.96	OW	18-8-12	Heerjansdam (NED)

800 schoolslag

**1000 schoolslag**

1. Vink Marjolein	93	08-021	20:29.19	OW	13-8-06	Aalsmeer (NED)
2. Hogema Fabiën	93	08-021	23:09.30	OW	29-7-06	Hoorn (NED)

**1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Schelvis Femke	84	08-021	15.40	25m	13-2-97	Heemskerk (NED)
2. Koster Lisa	94	08-021	16.01	25m	19-4-07	Heemskerk (NED)
3. Hogema Fabiën	93	08-021	16.21	25m	27-4-06	Heemskerk
4. de Groot Daniëlle	93	08-021	16.38	25m	27-4-06	Heemskerk
5. Schelvis Roos	86	08-021	16.55	25m	25-3-99	Heemskerk (NED)
6. van der Kroft Nicole	84	08-021	16.60	25m	13-2-97	Heemskerk (NED)
7. Mallon Danique	94	08-021	16.73	25m	19-4-07	Heemskerk (NED)
8. Rodenburg Rianne	93	08-021	17.18	25m	27-4-06	Heemskerk
9. Crok Linda	94	08-021	17.61	25m	19-4-07	Heemskerk (NED)
10. Bruin Marianne	78	08-021	17.80	25m	16-5-91	Heemskerk (NED)
10. de Boer Irene	84	08-021	17.80	25m	13-2-97	Heemskerk (NED)
12. Vredenburg Roos	95	08-021	18.00	25m	29-5-08	Heemskerk (NED)
13. van Ballegooie Simone	84	08-021	18.20	25m	13-2-97	Heemskerk (NED)
14. Moolevliet Petra	82	08-021	18.30	25m	16-3-95	Heemskerk (NED)
14. Hommersen Sandra	84	08-021	18.30	25m	13-2-97	Heemskerk (NED)
16. Vink Marjolein	93	08-021	18.42	25m	27-4-06	Heemskerk
17. Limmen Karin	76	08-021	18.50	25m	31-12-89	Heemskerk (NED)
17. Stins Mariska	84	08-021	18.50	25m	6-2-97	Heemskerk (NED)
19. Visser Stacey	87	08-021	18.55	25m	4-5-00	Heemskerk (NED)
20. Boekling Annette	85	08-021	19.00	25m	5-3-98	Heemskerk (NED)
21. Hoek Daniëlle	88	08-021	19.03	25m	29-3-01	Heemskerk (NED)
22. de Ruijter Linda	87	08-021	19.13	25m	4-5-00	Heemskerk (NED)
23. Bos Chantal	74	08-021	20.10	25m	17-12-87	Heemskerk (NED)
24. Regelink Anneke	83	08-021	20.20	25m	8-2-96	Heemskerk (NED)
25. Bruin Adri	74	08-021	20.30	25m	17-12-87	Heemskerk (NED)

**50 vlinderslag**

1. Schelvis Femke	84	08-021	32.50	25m	11-12-97	Heemskerk (NED)
2. Hoekstra Eline	03	08-021	33.74	25m	17-11-16	Heemskerk (NED)
3. Visser Kelly	89	08-021	34.34	25m	17-3-02	Zaandam
4. Wentink Yara	04	08-021	34.67	25m	10-12-17	Zaandam (NED)
5. de Groot Daniëlle	93	08-021	34.76	25m	29-12-06	Maastricht (NED)
6. de Haan Shira	00	08-021	34.90	25m	12-12-13	Heemskerk (NED)
7. Buur Naomi	01	08-021	35.00	25m	8-6-14	Purmerend (NED)
8. Smit Sanne	01	08-021	35.03	25m	30-10-14	Heemskerk (NED)
9. Siemerink Laura	04	08-021	35.08	25m	8-10-17	Alkmaar (NED)
10. Koster Lisa	94	08-021	35.09	25m	29-12-07	Maastricht (NED)
11. Schelvis Roos	86	08-021	35.46	25m	25-11-99	Heemskerk
12. Mallon Danique	94	08-021	35.86	25m	28-10-07	Zaandam (NED)
13. Scholten Britt	04	08-021	36.21	25m	10-12-17	Zaandam (NED)
14. Besse Karen	75	08-021	36.70	25m	15-12-88	Heemskerk (NED)
15. Koopman Anitra	89	08-021	36.95	25m	19-12-02	Heemskerk
16. van der Kroft Nicole	84	08-021	37.00	25m	11-12-97	Heemskerk (NED)
17. Hogema Fabiën	93	08-021	37.01	25m	23-4-06	Zaandam (NED)
18. Schuyt Simone	75	08-021	37.20	25m	14-12-88	
19. Visser Stacey	87	08-021	37.23	25m	3-12-00	Zaandam (NED)
20. van Ballegooie Simone	84	08-021	37.30	25m	26-10-97	Heemskerk (NED)
21. Renkema Iris	04	08-021	37.49	25m	15-10-17	Alkmaar (NED)
22. Crok Linda	94	08-021	37.63	25m	29-12-07	Maastricht (NED)
23. Petit Kirsten	00	08-021	37.68	25m	12-12-13	Heemskerk (NED)
24. Palmboom Nicole	91	08-021	37.69	25m	28-12-04	Maastricht (NED)
25. Vink Lidewij	90	08-021	37.71	25m	18-12-03	Heemskerk (NED)

**100 vlinderslag**

1. Schelvis Femke	84	08-021	1:12.40	25m	14-12-97	Heemskerk (NED)
2. Wentink Yara	04	08-021	1:19.42	25m	30-12-17	Leeuwarden (NED)
3. Koster Lisa	94	08-021	1:19.44	25m	15-12-07	Heemskerk (NED)
4. Hoekstra Eline	03	08-021	1:20.48	25m	11-12-16	Alkmaar (NED)
5. Mallon Danique	94	08-021	1:20.51	25m	30-9-07	Volendam (NED)
6. Schelvis Roos	86	08-021	1:22.43	25m	10-10-99	Zaandam (NED)
7. de Groot Daniëlle	93	08-021	1:22.84	25m	28-12-06	Maastricht (NED)
8. Meijer Linda	77	08-021	1:23.20	25m	16-12-90	Heemskerk (NED)
9. Plokker Sylvia	68	08-021	1:23.60	25m	31-5-81	Heerhugowaard (NED)
9. van Rookhuizen Sieta	79	08-021	1:23.60	25m	18-4-92	Volendam (NED)
11. Siemerink Laura	04	08-021	1:24.00	25m	29-10-17	Den Helder (NED)
12. Besse Karen	75	08-021	1:25.20	25m	18-9-88	Heemskerk (NED)
13. Moolevliet Petra	82	08-021	1:25.50	25m	10-12-95	Heemskerk (NED)
14. Smit Sanne	01	08-021	1:26.06	25m	16-11-14	Zaandam (NED)
15. Crok Linda	94	08-021	1:26.45	25m	28-12-07	Maastricht (NED)
16. Windmuller Wendy	69	08-021	1:26.50	25m	7-2-82	
16. van Ballegooie Simone	84	08-021	1:26.50	25m	16-11-97	Zaandam (NED)
18. Bruin Marianne	78	08-021	1:27.20	25m	24-2-91	Heemskerk (NED)
19. Koopman Anitra	89	08-021	1:27.29	25m	1-4-02	Haarlem
20. Visser Stacey	87	08-021	1:27.65	25m	10-12-00	Heemskerk (NED)
21. Visser Kelly	89	08-021	1:28.50	25m	28-2-02	Heemskerk
22. Petit Kirsten	00	08-021	1:29.23	25m	6-10-13	Heemskerk (NED)
23. Hogema Fabiën	93	08-021	1:29.75	25m	30-3-06	Heemskerk (NED)
24. van der Kroft Nicole	84	08-021	1:29.90	25m	9-3-97	Alkmaar (NED)
25. van Honk Chantal	80	08-021	1:30.20	25m	3-2-93	

**200 vlinderslag**

1. Hoekstra Eline	03	08-021	3:02.29	25m	27-11-16	Zaandam (NED)
2. van Rookhuizen Sieta	79	08-021	3:16.10	25m	26-1-92	Volendam (NED)
3. Palmboom Nicole	91	08-021	3:26.95	25m	25-11-04	Heemskerk (NED)
4. Essers Sanne	91	08-021	3:28.53	25m	25-11-04	Heemskerk (NED)
5. Petit Kirsten	00	08-021	3:30.05	25m	20-5-13	Purmerend (NED)
6. Koopman Anitra	89	08-021	3:36.72	25m	28-11-02	Heemskerk
7. Visser Kelly	89	08-021	3:37.49	25m	17-3-02	Zaandam
8. Blaauw Yente	03	08-021	3:38.15	25m	27-11-16	Zaandam (NED)
9. van 't Veer Iris	03	08-021	3:40.13	25m	27-11-16	Zaandam (NED)
10. Hofland Yasmin	01	08-021	3:40.40	25m	6-4-14	Zaandam (NED)
11. Siemerink Laura	04	08-021	3:41.76	50m	2-4-17	Alkmaar (NED)
12. de Haan Shira	00	08-021	3:47.49	25m	14-4-13	Zaandam (NED)
13. Buur Naomi	01	08-021	3:47.93	25m	6-4-14	Zaandam (NED)
14. Veldhuis Amelia	03	08-021	3:51.64	25m	27-11-16	Zaandam (NED)
15. de Boer Maia	03	08-021	3:55.74	25m	27-11-16	Zaandam (NED)
16. Ivens Suzanne	99	08-021	4:14.47	25m	28-5-12	Purmerend (NED)

165

**1000 vlinderslag****100 wisselslag**

1. Schelvis Femke	84	08-021	1:13.50	25m	30-11-97	Alkmaar (NED)
2. Schelvis Roos	86	08-021	1:15.00	25m	12-12-99	Heemskerk (NED)
3. Koster Lisa	94	08-021	1:15.01	25m	30-12-07	Maastricht (NED)
4. Hoekstra Eline	03	08-021	1:16.11	25m	29-12-16	Leeuwarden (NED)
5. van Honk Chantal	80	08-021	1:18.20	25m	15-4-93	Heemskerk (NED)
6. Buur Naomi	01	08-021	1:18.65	25m	26-10-14	Zaandam (NED)
7. Wentink Yara	04	08-021	1:18.98	25m	10-12-17	Zaandam (NED)
8. van der Kroft Nicole	84	08-021	1:19.60	25m	5-10-97	Zaandam (NED)
9. Smit Sanne	01	08-021	1:19.72	25m	26-10-14	Zaandam (NED)
10. Siemerink Laura	04	08-021	1:19.84	25m	29-12-17	Leeuwarden (NED)
11. Vink Marjolein	93	08-021	1:20.06	25m	28-9-06	Heemskerk (NED)
12. Crok Linda	94	08-021	1:20.52	25m	30-12-07	Maastricht (NED)
13. Koopman Anitra	89	08-021	1:20.79	25m	8-12-02	Heemskerk
14. de Groot Daniëlle	93	08-021	1:21.04	25m	30-12-06	Maastricht (NED)
15. Scholten Britt	04	08-021	1:21.05	25m	10-12-17	Zaandam (NED)
16. Palmboom Nicole	91	08-021	1:21.07	25m	28-12-04	Maastricht (NED)
17. Mallon Danique	94	08-021	1:21.18	25m	25-10-07	Heemskerk (NED)
18. van Ballegooie Simone	84	08-021	1:21.60	25m	30-11-97	Alkmaar (NED)
19. Moolevliet Petra	82	08-021	1:21.80	25m	1-10-95	Heemskerk (NED)
20. de Boer Irene	84	08-021	1:22.00	25m	14-12-97	Heemskerk (NED)
21. de Haan Shira	00	08-021	1:22.12	25m	7-4-13	Castricum (NED)
22. Blaauw Yente	03	08-021	1:22.65	25m	9-10-16	Alkmaar (NED)
23. Petit Kirsten	00	08-021	1:22.75	25m	17-11-13	Heemskerk (NED)
24. Schuyt Simone	75	08-021	1:23.60	25m	31-12-88	
25. Niesten Iris	92	08-021	1:23.84	25m	11-12-05	Heemskerk (NED)

**200 wisselslag**

1.	Schelvis Femke	84	08-021	2:38.00	25m	6-11-97	Heemskerk (NED)
2.	Hoekstra Eline	03	08-021	2:44.43	25m	4-12-16	Zaandam (NED)
3.	Koster Lisa	94	08-021	2:44.63	25m	25-11-07	Amsterdam (NED)
4.	van Honk Chantal	80	08-021	2:45.40	25m	25-3-93	Heemskerk (NED)
5.	Schelvis Roos	86	08-021	2:48.83	25m	4-11-99	Heemskerk (NED)
6.	Mallon Danique	94	08-021	2:51.47	25m	25-11-07	Amsterdam (NED)
7.	Crok Linda	94	08-021	2:53.32	25m	25-11-07	Amsterdam (NED)
8.	Buur Naomi	01	08-021	2:53.36	25m	16-3-14	Zaandam (NED)
9.	van der Kroft Nicole	84	08-021	2:53.60	25m	26-10-97	Heemskerk (NED)
10.	Wentink Yara	04	08-021	2:53.83	25m	5-11-17	Alkmaar (NED)
11.	van Ballegooie Simone	84	08-021	2:54.70	25m	6-11-97	Heemskerk (NED)
12.	Koopman Anitra	89	08-021	2:55.47	25m	8-9-02	Heemskerk
13.	Vink Marjolein	93	08-021	2:55.74	25m	14-12-06	Heemskerk (NED)
14.	Meijer Linda	77	08-021	2:57.90	25m	25-11-90	Heemskerk (NED)
15.	van Rookhuizen Sieta	79	08-021	2:59.40	25m	9-4-92	Heemskerk (NED)
16.	Essers Sanne	91	08-021	3:00.53	25m	17-10-04	Zaandam (NED)
17.	Moolevliet Petra	82	08-021	3:01.10	25m	14-12-95	Heemskerk (NED)
17.	van 't Veer Iris	03	08-021	3:01.10	25m	13-11-16	Purmerend (NED)
19.	Blaauw Yente	03	08-021	3:01.49	25m	13-11-16	Purmerend (NED)
20.	de Haan Shira	00	08-021	3:02.22	25m	27-1-13	Zaandam (NED)
21.	Palmboom Nicole	91	08-021	3:02.50	25m	17-10-04	Zaandam (NED)
22.	Visser Kelly	89	08-021	3:02.68	25m	13-1-02	Zaandam
23.	Kramer Miranda	80	08-021	3:02.90	25m	6-11-93	
24.	Stins Mariska	84	08-021	3:03.10	25m	6-11-97	Heemskerk (NED)
25.	de Groot Daniëlle	93	08-021	3:03.54	25m	14-12-06	Heemskerk (NED)

**300 wisselslag**

1.	Palmboom Nicole	91	08-021	4:42.54	25m	19-12-04	Heemskerk (NED)
2.	Essers Sanne	91	08-021	4:44.48	25m	19-12-04	Heemskerk (NED)
3.	Kleijne Daisy	89	08-021	4:49.46	25m	24-11-02	Amsterdam
4.	Hoek Daniëlle	88	08-021	4:51.56	25m	23-12-01	Amsterdam
5.	van der Gracht Anouk	89	08-021	4:52.68	25m	24-11-02	Amsterdam

**400 wisselslag**

1.	Schelvis Femke	84	08-021	5:55.90	25m	23-2-97	Zaandam (NED)
2.	Schelvis Roos	86	08-021	6:02.46	25m	21-3-99	Assendelft (NED)
3.	Crok Linda	94	08-021	6:14.56	25m	11-2-07	Zaandam (NED)
4.	Mallon Danique	94	08-021	6:20.48	25m	11-2-07	Zaandam (NED)
5.	Visser Kelly	89	08-021	6:22.96	25m	24-2-02	Heemskerk
6.	Koopman Anitra	89	08-021	6:28.29	25m	24-2-02	Heemskerk
7.	van der Kroft Nicole	84	08-021	6:28.40	25m	23-2-97	Zaandam (NED)
8.	de Boer Irene	84	08-021	6:31.50	25m	23-2-97	Zaandam (NED)
9.	van Ballegooie Simone	84	08-021	6:32.00	25m	23-2-97	Zaandam (NED)
10.	Koster Lisa	94	08-021	6:32.26	25m	11-2-07	Zaandam (NED)
11.	Hogema Fabiën	93	08-021	6:33.87	25m	29-1-06	Zaandam (NED)
12.	Dijkstra Lisette	86	08-021	6:37.10	25m	21-1-99	Heemskerk (NED)
13.	Scholten Britt	04	08-021	6:38.53	25m	19-3-17	Zaandam (NED)
14.	Buur Naomi	01	08-021	6:38.69	25m	23-2-14	Zaandam (NED)
15.	Essers Sanne	91	08-021	6:40.67	25m	29-2-04	Wormerveer
16.	Wentink Yara	04	08-021	6:42.66	25m	19-3-17	Zaandam (NED)
17.	Kleijne Daisy	89	08-021	6:48.32	25m	24-2-02	Heemskerk

400 wisselslag (sinds 18)

18. de Ruijter Linda	87	08-021	6:52.54	25m	30-3-00	Heemskerk (NED)
19. Visser Stacey	87	08-021	6:53.57	25m	30-3-00	Heemskerk (NED)
20. Windmuller Wendy	69	08-021	6:54.60	25m	3-4-82	Heemskerk (NED)
21. de Haan Shira	00	08-021	6:54.92	25m	24-2-13	Zaandam (NED)
22. Hoek Daniëlle	88	08-021	6:55.34	25m	25-2-01	Heemskerk (NED)
23. Vink Marjolein	93	08-021	6:55.63	25m	29-1-06	Zaandam (NED)
24. Renkema Iris	04	08-021	7:00.17	25m	19-3-17	Zaandam (NED)
25. Veldhuis Amelia	03	08-021	7:14.65	25m	11-12-16	Alkmaar (NED)