

12 jaar, Dames, Lange baan (50m)

1-1-1900-31-7-2018

25 vrije slag**50 vrije slag**

1. Zwarthoed Brenda	96	08-021	31.54	50m	24-5-08	Beverwijk (NED)	422
2. Hoekstra Eline	03	08-021	32.68	50m	5-12-15	Beverwijk (NED)	379
3. Petit Kirsten	00	08-021	33.32	50m	4-3-12	Amsterdam (NED)	358
4. Teufer Irene	96	08-021	33.33	50m	13-4-08	Antwerpen (BEL)	358
5. Renkema Iris	04	08-021	33.61	50m	28-5-16	Alkmaar (NED)	349
6. Mallon Danique	94	08-021	33.81	50m	28-5-06	Beverwijk (NED)	343
7. Angenent Nienke	01	08-021	34.26	50m	16-6-13	Beverwijk (NED)	329
8. de Wildt Maud	05	08-021	34.59	50m	9-12-17	Beverwijk (NED)	320
9. Buur Naomi	01	08-021	34.76	50m	7-12-13	Beverwijk (NED)	315
10. de Boer Maia	03	08-021	35.27	50m	21-6-15	Beverwijk (NED)	302
11. van 't Veer Iris	03	08-021	35.62	50m	5-12-15	Beverwijk (NED)	293
11. Scholten Britt	04	08-021	35.62	50m	28-5-16	Alkmaar (NED)	293
13. Visser Shana	04	08-021	35.90	50m	21-2-16	Alkmaar (NED)	286
14. Blaauw Yente	03	08-021	36.06	50m	21-6-15	Beverwijk (NED)	282
15. van Rijn Sydney	03	08-021	36.34	50m	21-6-15	Beverwijk (NED)	276
16. Kleijne Daisy	89	08-021	36.55	50m	27-5-01	Beverwijk (NED)	271
17. Hoek Daniëlle	88	08-021	36.60	50m	4-6-00	Beverwijk (NED)	270
18. Wentink Yara	04	08-021	36.73	50m	3-12-16	Beverwijk (NED)	267
19. de Wolff Isabel	01	08-021	36.83	50m	16-6-13	Beverwijk (NED)	265
20. Visser Robin	05	08-021	37.09	50m	20-5-17	Alkmaar (NED)	259
21. Koper Fiona	01	08-021	37.45	50m	7-12-13	Beverwijk (NED)	252
22. Knight Kayleigh	00	08-021	38.07	50m	24-11-12	Beverwijk (NED)	240
23. Schaefer Lisa	06	08-021	38.27	50m	25-3-18	Alkmaar (NED)	236
24. de Vriend Sofie	01	08-021	38.43	50m	16-6-13	Beverwijk (NED)	233
25. Raszinski Nienke	01	08-021	39.10	50m	7-12-13	Beverwijk (NED)	221

100 vrije slag

1. Zwarthoed Brenda	96	08-021	1:07.02	50m	15-6-08	Drachten (NED)	459
2. Schelvis Femke	84	08-021	1:09.50	50m	4-5-96	Beverwijk (NED)	411
3. Teufer Irene	96	08-021	1:09.80	50m	12-4-08	Antwerpen (BEL)	406
4. Stel Serena	98	08-021	1:11.72	50m	25-4-10	Drachten (NED)	374
5. Schelvis Roos	86	08-021	1:12.61	50m	25-10-98	Beverwijk (NED)	361
6. Dijkstra Lisette	86	08-021	1:13.51	50m	25-10-98	Beverwijk (NED)	348
7. Renkema Iris	04	08-021	1:14.77	50m	5-6-16	Alkmaar (NED)	330
8. Visser Kelly	89	08-021	1:14.97	50m	21-10-01	Beverwijk (NED)	328
9. Hoekstra Eline	03	08-021	1:15.56	50m	31-5-15	Alkmaar (NED)	320
10. Angenent Nienke	01	08-021	1:17.97	50m	16-6-13	Beverwijk (NED)	291
11. Petit Kirsten	00	08-021	1:18.25	50m	25-3-12	Beverwijk (NED)	288
12. Visser Shana	04	08-021	1:19.64	50m	5-6-16	Alkmaar (NED)	273
13. Bos Marieke	06	08-021	1:19.68	50m	25-3-18	Alkmaar (NED)	273
14. Buur Naomi	01	08-021	1:19.89	50m	24-3-13	Beverwijk (NED)	271
15. de Boer Maia	03	08-021	1:20.32	50m	21-6-15	Beverwijk (NED)	266
16. Scholten Britt	04	08-021	1:20.54	50m	5-6-16	Alkmaar (NED)	264
17. Essers Sanne	91	08-021	1:21.57	50m	29-3-03	Beverwijk (NED)	254
18. Blaauw Yente	03	08-021	1:22.55	50m	21-6-15	Beverwijk (NED)	245
19. de Wildt Maud	05	08-021	1:22.88	50m	18-6-17	Bergbad Bückeberg (GER)	242
20. Kleijne Daisy	89	08-021	1:23.18	50m	21-10-01	Beverwijk (NED)	240
21. Hoek Daniëlle	88	08-021	1:23.34	50m	4-6-00	Beverwijk (NED)	238

100 vrije slag (sinds 22)

22.	van Huisstede Nikita	01	08-021	1:23.66	50m	16-6-13	Beverwijk (NED)	236
23.	de Vriend Sofie	01	08-021	1:24.93	50m	16-6-13	Beverwijk (NED)	225
24.	Niesten Iris	92	08-021	1:25.25	50m	25-4-04	Beverwijk (NED)	223
25.	van der Gracht Anouk	89	08-021	1:25.37	50m	21-10-01	Beverwijk (NED)	222

200 vrije slag

1.	Zwarthoed Brenda	96	08-021	2:28.41	50m	18-5-08	Alkmaar (NED)	441
2.	Stel Serena	98	08-021	2:29.93	50m	25-4-10	Drachten (NED)	427
3.	Schelvis Femke	84	08-021	2:30.50	50m	28-4-96	Beverwijk (NED)	423
4.	Teufer Irene	96	08-021	2:40.10	50m	27-7-08	Amsterdam (NED)	351
5.	de Boer Irene	84	08-021	2:42.70	50m	28-4-96	Beverwijk (NED)	334
6.	Hoekstra Eline	03	08-021	2:43.33	50m	26-5-15	Beverwijk (NED)	330
7.	Visser Kelly	89	08-021	2:48.66	50m	29-4-01	Beverwijk (NED)	300
8.	Renkema Iris	04	08-021	2:49.55	50m	29-5-16	Alkmaar (NED)	295
9.	Buur Naomi	01	08-021	2:51.00	50m	29-6-13	Eindhoven (NED)	288
10.	Petit Kirsten	00	08-021	2:51.25	50m	25-3-12	Beverwijk (NED)	287
11.	Bos Marieke	06	08-021	2:52.76	50m	21-1-18	Alkmaar (NED)	279
12.	Scholten Britt	04	08-021	2:57.66	50m	29-5-16	Alkmaar (NED)	257
13.	Visser Shana	04	08-021	2:58.56	50m	21-2-16	Alkmaar (NED)	253
14.	Niesten Iris	92	08-021	3:02.16	50m	25-4-04	Beverwijk (NED)	238
15.	Kleijne Daisy	89	08-021	3:11.83	50m	29-4-01	Beverwijk (NED)	204
16.	de Wildt Maud	05	08-021	3:16.59	50m	19-2-17	Amsterdam (NED)	189
17.	Raszinski Nienke	01	08-021	3:20.52	50m	29-6-13	Eindhoven (NED)	178
18.	Knight Kayleigh	00	08-021	3:23.87	50m	25-3-12	Beverwijk (NED)	170
19.	van Assema Eline	05	08-021	3:27.38	50m	2-4-17	Alkmaar (NED)	161
20.	Yayli Serena	90	08-021	3:38.81	50m	21-4-02	Beverwijk (NED)	137

250 vrije slag300 vrije slag400 vrije slag

1.	Stel Serena	98	08-021	5:07.93	50m	25-4-10	Drachten (NED)	452
2.	Schelvis Femke	84	08-021	5:16.50	50m	4-5-96	Beverwijk (NED)	417
3.	Hoekstra Eline	03	08-021	5:49.20	50m	16-5-15	Beverwijk (NED)	310
4.	de Wildt Maud	05	08-021	6:45.17	50m	2-4-17	Alkmaar (NED)	198
5.	van Assema Eline	05	08-021	6:53.19	50m	2-4-17	Alkmaar (NED)	187

500 vrije slag800 vrije slag

1.	Stel Serena	98	08-021	10:18.62	50m	25-4-10	Drachten (NED)	481
2.	Schelvis Femke	84	08-021	11:06.30	50m	4-5-96	Beverwijk (NED)	385

1000 vrije slag1250 vrije slag

1500 vrije slag**2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag****50 rugslag**

1. Hoekstra Eline	03	08-021	38.42	50m	5-12-15	Beverwijk (NED)	349
2. Teufer Irene	96	08-021	39.60	50m	25-7-08	Amsterdam (NED)	319
3. van 't Veer Iris	03	08-021	40.22	50m	5-12-15	Beverwijk (NED)	304
4. Koper Fiona	01	08-021	40.51	50m	7-12-13	Beverwijk (NED)	298
5. Scholten Britt	04	08-021	40.72	50m	3-12-16	Beverwijk (NED)	293
6. Buur Naomi	01	08-021	41.19	50m	7-12-13	Beverwijk (NED)	283
7. Wentink Yara	04	08-021	41.58	50m	3-12-16	Beverwijk (NED)	275
8. Renkema Iris	04	08-021	41.80	50m	28-5-16	Alkmaar (NED)	271
9. de Wildt Maud	05	08-021	41.94	50m	9-12-17	Beverwijk (NED)	268
10. Blaauw Yente	03	08-021	42.75	50m	5-12-15	Beverwijk (NED)	253
11. van Assema Eline	05	08-021	43.26	50m	2-4-17	Alkmaar (NED)	244
12. Angenent Nienke	01	08-021	45.19	50m	29-6-13	Eindhoven (NED)	214
13. de Boer Maia	03	08-021	45.37	50m	5-12-15	Beverwijk (NED)	212
14. Visser Robin	05	08-021	45.94	50m	2-4-17	Alkmaar (NED)	204
15. Raszinski Nienke	01	08-021	45.95	50m	7-12-13	Beverwijk (NED)	204
16. Veldhuis Amelia	03	08-021	46.23	50m	5-12-15	Beverwijk (NED)	200
17. Ardicyaka Irem	06	08-021	50.95	50m	21-1-18	Alkmaar (NED)	149
18. Buur Cindy	99	08-021	52.41	50m	3-12-11	Beverwijk (NED)	137

100 rugslag

1. Schelvis Femke	84	08-021	1:18.30	50m	4-5-96	Beverwijk (NED)	408
2. Schelvis Roos	86	08-021	1:20.77	50m	25-10-98	Beverwijk (NED)	372
3. van der Kroft Nicole	84	08-021	1:21.60	50m	4-5-96	Beverwijk (NED)	360
4. Koper Fiona	01	08-021	1:24.12	50m	25-5-13	Beverwijk (NED)	329
5. Hoekstra Eline	03	08-021	1:24.45	50m	30-5-15	Beverwijk (NED)	325
6. Teufer Irene	96	08-021	1:24.55	50m	26-7-08	Amsterdam (NED)	324
7. Visser Kelly	89	08-021	1:24.79	50m	21-10-01	Beverwijk (NED)	321
8. Koopman Anitra	89	08-021	1:24.99	50m	29-4-01	Beverwijk (NED)	319
9. Zwarthoed Brenda	96	08-021	1:26.24	50m	24-5-08	Beverwijk (NED)	305
10. Renkema Iris	04	08-021	1:28.17	50m	5-6-16	Alkmaar (NED)	286
11. Scholten Britt	04	08-021	1:28.94	50m	5-6-16	Alkmaar (NED)	278
12. Essers Sanne	91	08-021	1:29.08	50m	29-3-03	Beverwijk (NED)	277
13. de Vriend Sofie	01	08-021	1:29.17	50m	25-5-13	Beverwijk (NED)	276
14. Dijkstra Lisette	86	08-021	1:29.44	50m	25-10-98	Beverwijk (NED)	274
15. Blaauw Yente	03	08-021	1:29.48	50m	20-6-15	Beverwijk (NED)	273
16. Petit Kirsten	00	08-021	1:30.07	50m	19-5-12	Beverwijk (NED)	268
17. Kleijne Daisy	89	08-021	1:32.40	50m	21-10-01	Beverwijk (NED)	248
18. Angenent Nienke	01	08-021	1:32.52	50m	29-6-13	Eindhoven (NED)	247
19. van der Gracht Anouk	89	08-021	1:33.03	50m	21-10-01	Beverwijk (NED)	243
20. Buur Naomi	01	08-021	1:33.14	50m	25-5-13	Beverwijk (NED)	242
21. Hoek Daniëlle	88	08-021	1:33.21	50m	22-10-00	Beverwijk (NED)	242
22. Liefing Sarina	93	08-021	1:35.42	50m	17-4-05	Beverwijk (NED)	225
23. Niesten Iris	92	08-021	1:36.56	50m	25-4-04	Beverwijk (NED)	217
24. Raszinski Nienke	01	08-021	1:37.14	50m	15-6-13	Beverwijk (NED)	213
25. Visser Shana	04	08-021	1:37.52	50m	5-6-16	Alkmaar (NED)	211

200 rugslag

1. Hoekstra Eline	03	08-021	2:54.64	50m	25-4-15	Alkmaar (NED)	358
2. de Vriend Sofie	01	08-021	3:02.09	50m	12-5-13	Beverwijk (NED)	316
3. Zwarthoed Brenda	96	08-021	3:02.84	50m	18-5-08	Alkmaar (NED)	312
4. Teufer Irene	96	08-021	3:03.00	50m	27-7-08	Amsterdam (NED)	311
5. Koopman Anitra	89	08-021	3:04.06	50m	29-4-01	Beverwijk (NED)	306
6. Buur Naomi	01	08-021	3:06.76	50m	12-5-13	Beverwijk (NED)	293
7. Koper Fiona	01	08-021	3:07.75	50m	12-5-13	Beverwijk (NED)	288
8. Blaauw Yente	03	08-021	3:08.76	50m	17-5-15	Alkmaar (NED)	283
9. Scholten Britt	04	08-021	3:09.08	50m	4-6-16	Alkmaar (NED)	282
10. Renkema Iris	04	08-021	3:11.53	50m	4-6-16	Alkmaar (NED)	271
11. Petit Kirsten	00	08-021	3:17.04	50m	13-5-12	Beverwijk (NED)	249
12. Visser Shana	04	08-021	3:21.74	50m	21-2-16	Alkmaar (NED)	232

500 rugslag**25 schools slag**

50 schoolslag

1. Teufer Irene	96	08-021	41.05	50m	26-7-08	Amsterdam (NED)	367
2. Renkema Iris	04	08-021	42.98	50m	29-5-16	Alkmaar (NED)	320
3. Hoekstra Eline	03	08-021	44.50	50m	5-12-15	Beverwijk (NED)	288
4. Buur Naomi	01	08-021	45.27	50m	29-6-13	Eindhoven (NED)	273
5. de Wildt Maud	05	08-021	45.71	50m	20-5-17	Alkmaar (NED)	266
6. de Boer Maia	03	08-021	46.09	50m	5-12-15	Beverwijk (NED)	259
7. van 't Veer Iris	03	08-021	46.39	50m	5-12-15	Beverwijk (NED)	254
8. Knight Kayleigh	00	08-021	46.69	50m	24-11-12	Beverwijk (NED)	249
9. Scholten Britt	04	08-021	47.43	50m	29-5-16	Alkmaar (NED)	238
10. Blaauw Yente	03	08-021	49.07	50m	5-12-15	Beverwijk (NED)	215
11. Wentink Yara	04	08-021	51.37	50m	3-12-16	Beverwijk (NED)	187
12. Veldhuis Amelia	03	08-021	51.45	50m	5-12-15	Beverwijk (NED)	186
13. Ardicyaka Irem	06	08-021	51.82	50m	15-4-18	Alkmaar (NED)	182
14. Buur Cindy	99	08-021	52.23	50m	3-12-11	Beverwijk (NED)	178
15. Raszinski Nienke	01	08-021	53.12	50m	7-12-13	Beverwijk (NED)	169
16. Schaefer Lisa	06	08-021	53.62	50m	18-2-18	Alkmaar (NED)	164

100 schoolslag

1. Teufer Irene	96	08-021	1:30.47	50m	27-7-08	Amsterdam (NED)	356
2. Schelvis Roos	86	08-021	1:32.98	50m	25-10-98	Beverwijk (NED)	328
3. van der Kroft Nicole	84	08-021	1:34.10	50m	4-5-96	Beverwijk (NED)	316
4. Hoekstra Eline	03	08-021	1:36.82	50m	16-5-15	Beverwijk (NED)	290
5. Renkema Iris	04	08-021	1:37.02	50m	28-5-16	Alkmaar (NED)	288
6. de Wildt Maud	05	08-021	1:37.27	50m	21-5-17	Alkmaar (NED)	286
7. Missot Gonda	66	08-021	1:40.20	50m	11-6-78	Beverwijk (NED)	262
8. Palmboom Nicole	91	08-021	1:41.02	50m	29-3-03	Beverwijk (NED)	255
9. de Boer Maia	03	08-021	1:41.62	50m	21-6-15	Beverwijk (NED)	251
10. Essers Sanne	91	08-021	1:41.85	50m	12-10-03	Beverwijk (NED)	249
11. de Haan Shira	00	08-021	1:42.37	50m	25-3-12	Beverwijk (NED)	245
12. Buur Naomi	01	08-021	1:42.78	50m	16-6-13	Beverwijk (NED)	242
13. Bos Marieke	06	08-021	1:44.26	50m	25-3-18	Alkmaar (NED)	232
14. Blaauw Yente	03	08-021	1:45.15	50m	21-6-15	Beverwijk (NED)	226
15. de Ruijter Linda	87	08-021	1:45.82	50m	2-5-99	Beverwijk (NED)	222
16. Knight Kayleigh	00	08-021	1:45.99	50m	14-4-12	Eindhoven (NED)	221
17. van der Gracht Anouk	89	08-021	1:47.47	50m	29-4-01	Beverwijk (NED)	212
18. Stins Mariska	84	08-021	1:47.70	50m	2-6-96	Beverwijk (NED)	211
19. Tholen Kirsten	66	08-021	1:48.10	50m	11-6-78	Beverwijk (NED)	208
20. Kleijne Daisy	89	08-021	1:48.13	50m	27-5-01	Beverwijk (NED)	208
21. Siemerink Laura	04	08-021	1:48.73	50m	5-6-16	Alkmaar (NED)	205
22. Liefing Marielle	90	08-021	1:49.01	50m	20-10-02	Beverwijk (NED)	203
23. Meesters Audrey	90	08-021	1:50.13	50m	20-10-02	Beverwijk (NED)	197
24. Rodenburg Rianne	93	08-021	1:50.18	50m	17-4-05	Beverwijk (NED)	197
25. Schelvis Liselot	92	08-021	1:51.00	50m	25-4-04	Beverwijk (NED)	192

200 schoolslag

1. Teufer Irene	96	08-021	3:21.06	50m	25-7-08	Amsterdam (NED)	331
2. de Haan Shira	00	08-021	3:35.09	50m	19-5-12	Beverwijk (NED)	270
3. Renkema Iris	04	08-021	3:36.41	50m	5-6-16	Alkmaar (NED)	265
4. de Wildt Maud	05	08-021	3:36.43	50m	18-6-17	Bergbad Bückeberg (GER)	265
5. Bos Marieke	06	08-021	3:38.58	50m	25-3-18	Alkmaar (NED)	257
6. Siemerink Laura	04	08-021	3:47.10	50m	5-6-16	Alkmaar (NED)	229
7. van der Gracht Anouk	89	08-021	3:47.50	50m	29-4-01	Beverwijk (NED)	228
8. van Langelaar Tessa	97	08-021	3:49.55	50m	29-3-09	Alkmaar (NED)	222
9. de Boer Maia	03	08-021	3:50.27	50m	25-4-15	Alkmaar (NED)	220
10. Knight Kayleigh	00	08-021	4:01.30	50m	25-3-12	Beverwijk (NED)	191
11. Schaefer Lisa	06	08-021	4:06.36	50m	18-2-18	Alkmaar (NED)	180
12. Ardicyaka Irem	06	08-021	4:09.27	50m	25-3-18	Alkmaar (NED)	173
13. Visser Robin	05	08-021	4:19.07	50m	5-2-17	Alkmaar (NED)	154

500 schoolslag**800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

50 vlinderslag

1. Teufer Irene	96	08-021	33.06	50m	12-4-08	Antwerpen (BEL)	403
2. Dijkstra Lisette	86	08-021	36.82	50m	25-10-98	Beverwijk (NED)	292
3. Zwarthoed Brenda	96	08-021	38.32	50m	12-4-08	Antwerpen (BEL)	259
4. Hoekstra Eline	03	08-021	39.03	50m	5-12-15	Beverwijk (NED)	245
5. Renkema Iris	04	08-021	39.86	50m	5-6-16	Alkmaar (NED)	230
6. Scholten Britt	04	08-021	41.30	50m	5-6-16	Alkmaar (NED)	206
7. Buur Naomi	01	08-021	42.98	50m	7-12-13	Beverwijk (NED)	183
8. Wentink Yara	04	08-021	43.42	50m	3-12-16	Beverwijk (NED)	178
9. Bos Marieke	06	08-021	43.77	50m	21-1-18	Alkmaar (NED)	173
10. Bakker Daniëlle	96	08-021	47.71	50m	20-4-08	Amsterdam (NED)	134
11. Blaauw Yente	03	08-021	47.99	50m	5-12-15	Beverwijk (NED)	131
12. Knight Kayleigh	00	08-021	48.26	50m	24-11-12	Beverwijk (NED)	129
13. de Boer Maia	03	08-021	50.82	50m	5-12-15	Beverwijk (NED)	111
14. Hoek Laura	86	08-021	51.01	50m	25-10-98	Beverwijk (NED)	109
15. Hofland Yasmin	01	08-021	51.39	50m	24-3-13	Beverwijk (NED)	107
16. Liefing Sarina	93	08-021	51.43	50m	17-4-05	Beverwijk (NED)	107
17. de Graaf Isabella	04	08-021	51.76	50m	3-12-16	Beverwijk (NED)	105
18. van 't Veer Iris	03	08-021	52.25	50m	5-12-15	Beverwijk (NED)	102
19. Raszinski Nienke	01	08-021	53.85	50m	7-12-13	Beverwijk (NED)	93
20. Veldhuis Amelia	03	08-021	58.36	50m	5-12-15	Beverwijk (NED)	73
21. Ardicyaka Irem	06	08-021	1:02.87	50m	21-1-18	Alkmaar (NED)	58

100 vlinderslag

1. Teufer Irene	96	08-021	1:16.12	50m	13-4-08	Antwerpen (BEL)	387
2. Schelvis Femke	84	08-021	1:26.00	50m	4-5-96	Beverwijk (NED)	268
3. Hoekstra Eline	03	08-021	1:30.10	50m	20-6-15	Beverwijk (NED)	233
4. de Vriend Sofie	01	08-021	1:41.16	50m	12-5-13	Beverwijk (NED)	164
5. Blaauw Yente	03	08-021	1:45.02	50m	20-6-15	Beverwijk (NED)	147
6. Petit Kirsten	00	08-021	1:45.27	50m	13-5-12	Beverwijk (NED)	146
7. Meesters Audrey	90	08-021	1:47.09	50m	20-10-02	Beverwijk (NED)	139
8. Angenent Nienke	01	08-021	1:47.47	50m	15-6-13	Beverwijk (NED)	137
9. Hogema Fabiën	93	08-021	1:47.76	50m	17-4-05	Beverwijk (NED)	136
10. Buur Naomi	01	08-021	1:52.48	50m	15-6-13	Beverwijk (NED)	120
11. Hofland Yasmin	01	08-021	1:52.58	50m	15-6-13	Beverwijk (NED)	119
12. Knight Kayleigh	00	08-021	2:04.95	50m	22-4-12	Beverwijk (NED)	87

200 vlinderslag

1. Teufer Irene	96	08-021	2:49.76	50m	12-4-08	Antwerpen (BEL)	369
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1000 vlinderslag**100 wisselslag****200 wisselslag**

1. Schelvis Femke	84	08-021	2:54.50	50m	4-5-96	Beverwijk (NED)	377
2. Hoekstra Eline	03	08-021	3:03.75	50m	30-5-15	Beverwijk (NED)	323
3. Renkema Iris	04	08-021	3:10.79	50m	4-6-16	Alkmaar (NED)	288
4. Scholten Britt	04	08-021	3:16.16	50m	4-6-16	Alkmaar (NED)	265
5. de Wildt Maud	05	08-021	3:22.49	50m	20-5-17	Alkmaar (NED)	241

200 wisselslag (sinds 6)

6. Siemerink Laura	04	08-021	3:29.87	50m	4-6-16	Alkmaar (NED)	217
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300 wisselslag

400 wisselslag