

10 jaar, Heren

1-1-1900-31-7-2018

**25 vrije slag**

1. Schelvis Sjeng	89	08-021	16.70	25m	15-4-99	Heemskerk (NED)	164
2. Lamers Koen	91	08-021	17.10	25m	29-3-01	Heemskerk (NED)	153
3. Gaal Roel	01	08-021	17.18	25m	30-6-11	Heemskerk (NED)	151
4. Butter Martijn	79	08-021	17.90	25m	31-12-89	Heemskerk (NED)	133
5. Groen Jarno	01	08-021	18.08	25m	14-4-11	Heemskerk (NED)	129
6. van Rijn Michael	70	08-021	18.10	25m	10-2-80	Heerhugowaard (NED)	129
7. Feyen Erik	66	08-021	18.30	25m	30-3-76	Heemskerk (NED)	125
8. Welboren Mischa	89	08-021	18.43	25m	25-3-99	Heemskerk (NED)	122
9. Heeremans Tim	78	08-021	18.50	25m	31-12-88		120
10. de Wit Job	98	08-021	18.98	25m	29-5-08	Heemskerk (NED)	112
11. Smit Rob	69	08-021	19.00	25m	1-9-79	Heemskerk (NED)	111
12. Tuinstra Sean	98	08-021	19.16	25m	29-5-08	Heemskerk (NED)	108
13. de Rooij Roel	87	08-021	19.30	25m	6-2-97	Heemskerk (NED)	106
14. de Boer Tobias	02	08-021	19.39	25m	26-4-12	Heemskerk (NED)	105
15. Huisman Rene	69	08-021	19.40	25m	1-9-79	Heemskerk (NED)	104
16. de Rooij Coen	89	08-021	19.41	25m	25-3-99	Heemskerk (NED)	104
17. Ursem Rob	69	08-021	19.60	25m	1-9-79	Heemskerk (NED)	101
17. Hoenink Jarl	86	08-021	19.60	25m	14-3-96	Heemskerk (NED)	101
19. Krijger Jan-Willem	81	08-021	20.20	25m	16-5-91	Heemskerk (NED)	92
20. Palmboom Pascal	89	08-021	20.26	25m	25-3-99	Heemskerk (NED)	92
20. de Vries Allard	96	08-021	20.26	25m	27-4-06	Heemskerk	92
22. van Hardeveld Richard	69	08-021	20.30	25m	1-9-79	Heemskerk (NED)	91
23. Leek Hans	66	08-021	20.40	25m	30-3-76	Heemskerk (NED)	90
24. Stins Arnold	83	08-021	20.50	25m	17-6-93	Heemskerk (NED)	88
24. Verhagen Bart	85	08-021	20.50	25m	16-3-95	Heemskerk (NED)	88

**50 vrije slag**

1. Offringa Rick	03	08-021	33.47	25m	31-10-13	Heemskerk (NED)	223
2. Lamers Koen	91	08-021	33.54	25m	25-10-01	Heemskerk	221
3. Dekker Ruben	93	08-021	34.08	25m	16-3-03	Heemskerk	211
4. Druyven Jorrick	94	08-021	35.06	25m	31-10-04	Zuidoostbeemster (NED)	194
5. Gaal Koen	99	08-021	35.68	25m	27-9-09	Zaandam (NED)	184
6. Kleijne Barry	93	08-021	35.79	25m	19-1-03	Zaandam	182
7. Yayli Serkan	92	08-021	35.94	25m	26-9-02	Heemskerk	180
8. Koopman Axel	92	08-021	36.24	25m	22-12-02	Zaandam	175
9. Nolte Martijn	74	08-021	36.30	25m	2-9-84	Heemskerk (NED)	174
10. Hoekstra Marcel	78	08-021	36.80	25m	13-3-88	Sassenheim (NED)	167
11. de Vriend Ruben	03	08-021	36.83	25m	8-9-13	Zaandam (NED)	167
12. Oortwijn Kalle	05	08-021	36.90	25m	4-10-15	Purmerend (NED)	166
13. Smit Rob	69	08-021	37.10	25m	16-12-79	(NED)	163
14. Nijland Yoran	05	08-021	37.11	25m	22-11-15	Haarlem (NED)	163
15. Schelvis Sjeng	89	08-021	37.19	25m	4-11-99	Heemskerk (NED)	162
16. Vessies Max	03	08-021	37.42	25m	8-12-13	Amstelveen (NED)	159
17. Gaal Roel	01	08-021	37.68	25m	13-11-11	Zaandam (NED)	156
18. Meijer Arno	75	08-021	37.90	25m	29-9-85	Heemskerk (NED)	153
19. Tuinstra Sean	98	08-021	38.15	25m	25-10-08	Hoorn (NED)	150
20. Missot Paul	64	08-021	38.20	25m	31-12-74		150
20. Ursem Jerre	73	08-021	38.20	25m	11-12-83	Heemskerk (NED)	150
20. Wiegman Stefan	74	08-021	38.20	25m	31-12-84		150
23. Groen Jarno	01	08-021	38.26	25m	20-11-11	Zaandam (NED)	149
24. Hagebout Marcel	68	08-021	38.80	50m	11-6-78	Beverwijk (NED)	156
25. Groot Sander	88	08-021	38.83	25m	26-11-98	Heemskerk (NED)	142

**100 vrije slag**

1. Dekker Ruben	93	08-021	1:11.10	25m	23-11-03	Zaandam (NED)	252
2. Offringa Rick	03	08-021	1:13.96	25m	17-11-13	Heemskerk (NED)	224
3. Lamers Koen	91	08-021	1:14.32	25m	27-9-01	Heemskerk	221
4. Tijms Stefan	93	08-021	1:16.07	25m	9-11-03	Zaandam	206
5. Druyven Jorrick	94	08-021	1:17.20	25m	21-11-04	Zaandam (NED)	197
6. Kleijne Barry	93	08-021	1:18.38	25m	9-11-03	Zaandam	188
7. Gaal Koen	99	08-021	1:19.93	25m	13-6-09	Zaandam (NED)	177
8. van der Kroft Barry	82	08-021	1:20.50	25m	29-11-92	Heemskerk (NED)	173
9. Nolte Martijn	74	08-021	1:21.00	25m	28-10-84	Egmond (NED)	170
10. Gaal Roel	01	08-021	1:21.25	25m	27-11-11	Heemskerk (NED)	169
11. de Vriend Ruben	03	08-021	1:21.45	25m	13-10-13	Zaandam (NED)	167
12. Schelvis Sjeng	89	08-021	1:21.96	25m	7-11-99	Zaandam (NED)	164
13. Koopman Axel	92	08-021	1:22.03	25m	17-11-02	Heemskerk	164
14. Nijland Yoran	05	08-021	1:22.22	25m	29-11-15	Heemskerk (NED)	163
15. Oortwijn Kalle	05	08-021	1:22.30	25m	11-10-15	Zaandam (NED)	162
16. Yayli Serkan	92	08-021	1:23.35	25m	17-11-02	Heemskerk	156
17. Wiegman Stefan	74	08-021	1:24.00	25m	7-10-84	Volendam (NED)	153
18. Hagebout Marcel	68	08-021	1:24.20	25m	21-5-78	Heemskerk (NED)	152
19. Hoekstra Marcel	78	08-021	1:24.30	25m	7-2-88	Heemskerk (NED)	151
20. van Rookhuizen Barry	82	08-021	1:25.10	25m	3-10-92		147
21. Groen Jarno	01	08-021	1:25.65	25m	27-11-11	Heemskerk (NED)	144
22. de Wit Job	98	08-021	1:25.66	25m	16-3-08	Zaandam (NED)	144
23. Smit Rob	69	08-021	1:26.20	25m	25-11-79	Heemskerk (NED)	141
24. Vessies Max	03	08-021	1:27.19	25m	8-6-13	Zaandam (NED)	136
25. Vlieland Roy	99	08-021	1:27.23	25m	22-11-09	Zaandam (NED)	136

**200 vrije slag**

1. Dekker Ruben	93	08-021	2:36.40	25m	26-10-03	Zaandam	256
2. Tijms Stefan	93	08-021	2:49.91	25m	26-10-03	Zaandam	200
3. Druyven Jorrick	94	08-021	2:51.36	25m	17-10-04	Zaandam (NED)	195
4. Kleijne Barry	93	08-021	2:55.56	25m	26-10-03	Zaandam	181
5. Koopman Axel	92	08-021	2:59.32	25m	22-12-02	Zaandam	170
6. van der Kroft Barry	82	08-021	3:00.20	25m	8-10-92	Heemskerk (NED)	167
7. Lamers Koen	91	08-021	3:01.74	25m	16-9-01	Zaandam (NED)	163
8. van Rookhuizen Barry	82	08-021	3:08.50	25m	8-10-92	Heemskerk (NED)	146
9. de Vriend Ruben	03	08-021	3:12.53	25m	20-10-13	Zaandam (NED)	137
10. Yayli Serkan	92	08-021	3:13.58	25m	17-3-02	Zaandam	135
11. Schelvis Sjeng	89	08-021	3:13.89	25m	24-10-99	Zaandam (NED)	134
12. Zwaan Nick	94	08-021	3:26.51	25m	25-1-04	Zaandam	111
13. de Rooij Coen	89	08-021	3:27.73	25m	24-10-99	Zaandam (NED)	109
14. Nijland Yoran	05	08-021	3:27.87	25m	22-2-15	Zaandam (NED)	109
15. Groen Jarno	01	08-021	3:30.08	25m	4-12-11	Zaandam (NED)	105
16. Stins Arnold	83	08-021	3:31.40	25m	1-7-93	Heemskerk (NED)	103
17. Vlieland Roy	99	08-021	3:35.22	25m	13-9-09	Zaandam (NED)	98
18. Teufer Lorentz	96	08-021	3:35.94	25m	3-12-06	Zaandam (NED)	97
19. Essers Tim	88	08-021	3:51.67	25m	11-10-98	Alkmaar (NED)	78
20. Palmboom Pascal	89	08-021	3:53.12	25m	24-10-99	Zaandam (NED)	77
21. Verhagen Bart	85	08-021	4:00.30	25m	8-6-95	Heemskerk (NED)	70
22. Borst Corné	96	08-021	4:00.53	25m	18-5-06	Heemskerk (NED)	70
23. de Vries Allard	96	08-021	4:03.54	25m	18-5-06	Heemskerk (NED)	67
24. Viel Stefan	88	08-021	4:10.70	25m	19-3-98	Heemskerk (NED)	62
25. Dam Norbert	92	08-021	4:18.25	25m	30-5-02	Heemskerk	56

**250 vrije slag**

**300 vrije slag**

1. Tijms Stefan	93	08-021	4:26.41	25m	16-11-03	Heemskerk (NED)	200
2. Kleijne Barry	93	08-021	4:38.58	25m	16-11-03	Heemskerk (NED)	174
3. Lamers Koen	91	08-021	5:06.40	25m	21-1-01	Heemskerk (NED)	131
4. Vlieland Roy	99	08-021	5:34.97	25m	8-11-09	Zaandam (NED)	100
5. Teufer Lorentz	96	08-021	5:37.37	25m	3-12-06	Zaandam (NED)	98

**400 vrije slag**

1. Dekker Ruben	93	08-021	5:40.02	25m	16-11-03	Heemskerk (NED)	243
2. Tijms Stefan	93	08-021	5:51.68	25m	16-11-03	Heemskerk (NED)	219
3. Druyven Jorrick	94	08-021	5:55.85	25m	14-11-04	Heemskerk (NED)	212
4. Kleijne Barry	93	08-021	6:10.29	25m	16-11-03	Heemskerk (NED)	188
5. Koopman Axel	92	08-021	6:15.01	25m	1-12-02	Heemskerk	181
6. Lamers Koen	91	08-021	6:20.16	25m	31-5-01	Heemskerk (NED)	174
7. Yayli Serkan	92	08-021	6:28.92	25m	1-12-02	Heemskerk	162
8. de Vriend Ruben	03	08-021	6:30.91	25m	20-10-13	Zaandam (NED)	160
9. van Rookhuizen Barry	82	08-021	6:33.10	25m	23-2-92	Zaandam (NED)	157
10. Schelvis Sjeng	89	08-021	6:41.31	50m	31-10-99	Beverwijk (NED)	164
11. Nijland Yorán	05	08-021	6:46.94	25m	22-2-15	Zaandam (NED)	141
12. Hoenink Jarl	86	08-021	6:52.20	25m	10-11-96	Wormerveer (NED)	136
13. Zwaan Nick	94	08-021	6:53.38	25m	7-3-04	Zaandam	135
14. Ursem Jerre	73	08-021	7:06.00	25m	13-3-83	Castricum (NED)	123
15. Groen Jarno	01	08-021	7:10.93	25m	16-10-11	Zaandam (NED)	119
16. Schaaper Bart	73	08-021	7:11.80	25m	13-3-83	Castricum (NED)	118
17. Tholen Martijn	72	08-021	7:13.00	25m	10-1-82	Wormerveer (NED)	117
18. Vlieland Roy	99	08-021	7:23.06	25m	8-11-09	Zaandam (NED)	109
19. Welboren Mark	87	08-021	7:33.70	50m	9-11-97	Beverwijk (NED)	114
20. Teufer Lorentz	96	08-021	7:37.83	25m	3-12-06	Zaandam (NED)	99
21. Oortwijn Maarten	80	08-021	7:37.90	25m	9-12-90	Volendam (NED)	99
22. Heeremans Tim	78	08-021	7:51.70	25m	6-10-88	Heemskerk (NED)	91

**500 vrije slag**

1. Dekker Ruben	93	08-021	7:18.04	OW	5-7-03	Sluis (NED)
2. Vlieland Roy	99	08-021	10:38.20	OW	26-7-09	Langedijk (NED)
3. Nijland Yorán	05	08-021	10:51.72	OW	23-8-15	Hoorn (NED)
4. Koopman Axel	92	08-021	11:20.23	OW	23-6-02	Breukelen (NED)

**800 vrije slag**

1. Groen Jarno	01	08-021	14:39.17	25m	4-12-11	Zaandam (NED)	128
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**1000 vrije slag****1250 vrije slag****1500 vrije slag****2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag**

**5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Dekker Ruben	93	08-021	18.64	25m	19-1-03	Zaandam	181
2. Kleijne Barry	93	08-021	19.63	25m	19-1-03	Zaandam	155
3. Schelvis Sjeng	89	08-021	20.10	25m	21-12-99	Heemskerk (NED)	144
4. Lamers Koen	91	08-021	20.54	25m	22-2-01	Heemskerk (NED)	135
5. Koopman Axel	92	08-021	20.64	25m	13-1-02	Zaandam	133
6. Yayli Serkan	92	08-021	20.95	25m	13-1-02	Zaandam	127
7. de Rooij Coen	89	08-021	21.62	25m	7-3-99	Zaandam (NED)	116
8. Palmboom Pascal	89	08-021	21.64	25m	25-3-99	Heemskerk (NED)	115
9. de Wit Job	98	08-021	21.82	25m	29-5-08	Heemskerk (NED)	113
10. Butter Martijn	79	08-021	22.20	25m	31-12-89	Heemskerk (NED)	107
11. de Vries Allard	96	08-021	22.41	25m	27-4-06	Heemskerk	104
12. Pover Peter	69	08-021	22.50	25m	13-10-79	Heemskerk (NED)	103
13. Welboren Mischa	89	08-021	22.61	25m	25-3-99	Heemskerk (NED)	101
14. Wassenaar Joris	01	08-021	22.67	25m	25-9-11	Hoorndijk (NED)	100
15. van Hardeveld Richard	69	08-021	22.80	25m	13-10-79	Heemskerk (NED)	99
16. Tuinstra Sean	98	08-021	23.03	25m	29-5-08	Heemskerk (NED)	96
17. Huisman Rene	69	08-021	23.30	25m	13-10-79	Heemskerk (NED)	92
17. van Rijn Michael	70	08-021	23.30	25m	10-2-80	Heerhugowaard (NED)	92
17. Hoenink Jarl	86	08-021	23.30	25m	8-2-96	Heemskerk (NED)	92
20. Verhagen Bart	85	08-021	23.40	25m	27-4-95	Heemskerk (NED)	91
20. de Rooij Roel	87	08-021	23.40	25m	6-2-97	Heemskerk (NED)	91
22. Ursem Rob	69	08-021	24.50	25m	13-10-79	Heemskerk (NED)	79
23. de Boer Stephan	83	08-021	24.70	25m	16-6-93		77
23. Stins Arnold	83	08-021	24.70	25m	17-6-93	Heemskerk (NED)	77
25. Heeremans Tim	78	08-021	25.20	25m	31-12-88		73

**50 rugslag**

1. Dekker Ruben	93	08-021	37.37	25m	30-10-03	Heemskerk	221
2. Tijms Stefan	93	08-021	40.87	25m	30-10-03	Heemskerk	169
3. Offringa Rick	03	08-021	41.14	25m	6-10-13	Heemskerk (NED)	166
4. Kleijne Barry	93	08-021	41.28	25m	9-11-03	Zaandam	164
5. Lamers Koen	91	08-021	42.50	25m	29-11-01	Heemskerk	150
6. Gaal Koen	99	08-021	42.71	25m	4-10-09	Amsterdam-oost (NED)	148
7. de Vriend Ruben	03	08-021	42.91	25m	6-10-13	Heemskerk (NED)	146
8. Druyven Jorrick	94	08-021	42.96	25m	7-11-04	IJmuiden (NED)	145
9. Hoekstra Marcel	78	08-021	43.20	25m	10-6-88		143
10. Gaal Roel	01	08-021	43.50	25m	9-4-11	Eindhoven (NED)	140
11. Oortwijn Kalle	05	08-021	43.57	25m	4-10-15	Purmerend (NED)	139
12. Missot Paul	64	08-021	43.70	25m	31-12-74		138
13. Koopman Axel	92	08-021	43.80	25m	31-10-02	Heemskerk	137
14. Vessies Max	03	08-021	43.96	25m	29-6-13	Eindhoven (NED)	136
15. Blaauw Xam	07	08-021	44.41	50m	9-12-17	Beverwijk (NED)	158

**50 rugslag (sinds 16)**

16. Hoenink Jarl	86	08-021	44.50	25m	7-11-96	Heemskerk (NED)	131
17. Schelvis Sjeng	89	08-021	44.59	25m	21-11-99	Heemskerk (NED)	130
18. de Wit Job	98	08-021	44.97	25m	27-3-08	Heemskerk (NED)	127
19. Groen Jarno	01	08-021	45.28	25m	6-11-11	Zaandam (NED)	124
20. Blaauw Mica	05	08-021	45.30	25m	6-9-15	Zaandam (NED)	124
21. Nijland Yoran	05	08-021	45.91	25m	23-5-15	Purmerend (NED)	119
22. Yayli Serkan	92	08-021	45.95	25m	25-4-02	Heemskerk	119
23. de Rooij Coen	89	08-021	46.31	25m	21-11-99	Heemskerk (NED)	116
24. Tuinstra Sean	98	08-021	46.33	25m	7-12-08	Zaandam (NED)	116
25. Palmboom Pascal	89	08-021	46.73	25m	21-3-99	Assendelft (NED)	113

**100 rugslag**

1. Dekker Ruben	93	08-021	1:22.80	25m	28-9-03	Zaandam (NED)	206
2. Offringa Rick	03	08-021	1:27.37	25m	12-12-13	Heemskerk (NED)	175
3. Tijms Stefan	93	08-021	1:27.61	25m	28-9-03	Zaandam (NED)	174
4. Kleijne Barry	93	08-021	1:30.29	25m	22-6-03	Zaandam (NED)	159
5. van der Kroft Barry	82	08-021	1:30.40	25m	8-10-92	Heemskerk (NED)	158
6. Nolte Martijn	74	08-021	1:31.10	25m	15-12-84	Hilversum (NED)	155
7. Gaal Koen	99	08-021	1:31.12	25m	15-11-09	Haarlem (NED)	154
8. Koopman Axel	92	08-021	1:31.83	25m	16-6-02	Zaandam (NED)	151
9. Schelvis Sjeng	89	08-021	1:31.89	25m	16-12-99	Heemskerk	151
10. Druyven Jorrick	94	08-021	1:31.97	25m	10-10-04	Zaandam (NED)	150
11. de Vriend Ruben	03	08-021	1:32.89	25m	13-10-13	Zaandam (NED)	146
12. Wiegman Stefan	74	08-021	1:33.30	25m	15-12-84	Hilversum (NED)	144
13. Blaauw Mica	05	08-021	1:33.55	25m	11-10-15	Zaandam (NED)	143
14. Missot Paul	64	08-021	1:34.40	25m	31-12-74		139
15. Oortwijn Kalle	05	08-021	1:34.49	25m	15-11-15	Purmerend (NED)	138
16. Vessies Max	03	08-021	1:34.87	25m	9-6-13	Zaandam (NED)	137
17. Lamers Koen	91	08-021	1:35.36	25m	9-12-01	Heemskerk	135
18. Gaal Roel	01	08-021	1:35.53	25m	16-1-11	Zaandam (NED)	134
19. Hoekstra Marcel	78	08-021	1:35.90	25m	7-2-88	Heemskerk (NED)	132
20. Blaauw Xam	07	08-021	1:36.15	25m	11-6-17	Zaandam (NED)	131
21. Camphuijnder Jasper	05	08-021	1:36.52	25m	10-12-15	Heemskerk (NED)	130
22. Ursem Jerre	73	08-021	1:37.70	25m	31-12-83		125
23. Nijland Yoran	05	08-021	1:37.71	25m	15-11-15	Purmerend (NED)	125
24. Groen Jarno	01	08-021	1:37.92	25m	17-11-11	Heemskerk (NED)	124
25. Hoenink Jarl	86	08-021	1:38.10	25m	8-12-96	Heerhugowaard (NED)	124

**200 rugslag**

1. van der Kroft Barry	82	08-021	3:13.50	25m	12-11-92	Heemskerk (NED)	164
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**500 rugslag****25 schoolslag**

1. Feyen Erik	66	08-021	20.60	25m	14-9-76	Heemskerk (NED)	179
2. van Rijn Michael	70	08-021	21.90	25m	16-3-80	Heemskerk (NED)	149
3. Palmboom Pascal	89	08-021	22.22	25m	25-3-99	Heemskerk (NED)	143
4. de Boer Stephan	83	08-021	22.50	25m	13-10-93		137
5. Schelvis Sjeng	89	08-021	22.80	25m	15-4-99	Heemskerk (NED)	132
6. Heeremans Tim	78	08-021	23.10	25m	31-12-88		127
7. Lamers Koen	91	08-021	23.50	25m	22-2-01	Heemskerk (NED)	120
8. de Rooij Coen	89	08-021	23.51	25m	25-3-99	Heemskerk (NED)	120
9. Gaal Roel	01	08-021	23.54	25m	13-3-11	Heemskerk (NED)	120
10. Schouws Theo	66	08-021	23.80	25m	30-3-76	Heemskerk (NED)	116
11. Welboren Mischa	89	08-021	23.84	25m	25-3-99	Heemskerk (NED)	115
12. Verhoog Jan-Willem	66	08-021	24.00	25m	14-9-76	Heemskerk (NED)	113

25 schoolslag (sinds 13)

13. Leek Hans	66	08-021	24.10	25m	30-3-76	Heemskerk (NED)	112
14. Huisman Rene	69	08-021	24.20	25m	15-9-79	Heemskerk (NED)	110
15. Butter Martijn	79	08-021	24.30	25m	31-12-89	Heemskerk (NED)	109
15. de Rooij Roel	87	08-021	24.30	25m	13-3-97	Heemskerk (NED)	109
17. Put Hans	66	08-021	24.40	25m	14-9-76	Heemskerk (NED)	108
18. Pover Peter	69	08-021	24.50	25m	15-9-79	Heemskerk (NED)	106
18. Viel Stefan	88	08-021	24.50	25m	19-3-98	Heemskerk (NED)	106
20. Tuinstra Sean	98	08-021	24.58	25m	29-5-08	Heemskerk (NED)	105
21. Martens Andre	70	08-021	24.70	25m	16-3-80	Heemskerk (NED)	104
22. Stins Arnold	83	08-021	24.90	25m	13-10-93		101
23. Groen Jarno	01	08-021	25.17	25m	3-4-11	Zaandam (NED)	98
24. Verhagen Bart	85	08-021	25.30	25m	27-4-95	Heemskerk (NED)	96
25. Denneman John	66	08-021	25.40	25m	14-9-76	Heemskerk (NED)	95

50 schoolslag

1. Oudendijk Paul	81	08-021	45.40	25m	14-11-91	Heemskerk (NED)	172
2. Offringa Rick	03	08-021	46.28	25m	8-12-13	Amstelveen (NED)	162
3. de Boer Stephan	83	08-021	46.60	25m	21-10-93	Heemskerk (NED)	159
4. Tijms Stefan	93	08-021	46.99	25m	27-11-03	Heemskerk (NED)	155
5. Hoekstra Marcel	78	08-021	47.00	25m	31-12-88		155
6. Missot Paul	64	08-021	47.80	25m	31-12-74		147
7. Dekker Ruben	93	08-021	47.85	25m	23-11-03	Zaandam (NED)	146
8. de Rooij Roel	87	08-021	47.90	25m	11-9-97	Heemskerk (NED)	146
9. Dam Norbert	92	08-021	48.13	25m	10-11-02	Zaandam (NED)	144
10. Palmboom Pascal	89	08-021	48.24	25m	7-11-99	Zaandam (NED)	143
11. Lamers Koen	91	08-021	48.72	25m	11-11-01	Zaandam	139
12. de Vriend Ruben	03	08-021	48.77	25m	15-12-13	Zaandam (NED)	138
13. Yayli Serkan	92	08-021	48.85	25m	6-10-02	Zaandam	138
14. de Rooij Coen	89	08-021	49.32	25m	16-12-99	Heemskerk	134
15. Druyven Jorrick	94	08-021	49.37	25m	25-11-04	Heemskerk (NED)	133
16. van Rijn Michael	70	08-021	49.80	25m	4-10-80	Heemskerk (NED)	130
16. Heeremans Tim	78	08-021	49.80	25m	15-12-88	Heemskerk (NED)	130
16. Hoenink Jarl	86	08-021	49.80	25m	27-10-96	Zaandam (NED)	130
19. Gaal Roel	01	08-021	49.95	25m	18-12-11	Zaandam (NED)	129
20. Gaal Koen	99	08-021	50.14	25m	15-11-09	Haarlem (NED)	127
21. Vlieland Roy	99	08-021	50.23	25m	15-11-09	Haarlem (NED)	127
22. Koopman Axel	92	08-021	50.28	25m	28-11-02	Heemskerk	126
23. Tuinstra Sean	98	08-021	50.30	25m	25-10-08	Hoorndam (NED)	126
24. Teufer Lorentz	96	08-021	50.32	25m	15-6-06	Heemskerk (NED)	126
25. Groen Jarno	01	08-021	50.39	25m	18-12-11	Zaandam (NED)	125

100 schoolslag

1. de Boer Stephan	83	08-021	1:33.10	25m	18-11-93	Heemskerk	213
2. Offringa Rick	03	08-021	1:38.66	25m	8-12-13	Amstelveen (NED)	179
3. Keessen Jeroen	67	08-021	1:40.20	25m	10-12-77	Heemskerk (NED)	170
4. de Rooij Roel	87	08-021	1:41.00	25m	19-10-97	Zaandam (NED)	166
5. Schaaper Bart	73	08-021	1:41.20	25m	31-12-83		165
6. Lamers Koen	91	08-021	1:41.85	25m	29-11-01	Heemskerk	162
7. van Rijn Michael	70	08-021	1:42.10	25m	12-10-80	Wormerveer (NED)	161
8. van Rookhuizen Barry	82	08-021	1:43.00	25m	12-3-92	Heemskerk (NED)	157
9. Dekker Ruben	93	08-021	1:43.01	25m	30-10-03	Heemskerk	157
10. de Vriend Ruben	03	08-021	1:43.02	25m	6-10-13	Heemskerk (NED)	157
11. van der Kroft Barry	82	08-021	1:44.30	25m	4-10-92	Assendelft (NED)	151
12. Gaal Koen	99	08-021	1:44.33	25m	19-11-09	Heemskerk (NED)	151
13. Druyven Jorrick	94	08-021	1:45.45	25m	12-12-04	Zaandam (NED)	146
14. Missot Paul	64	08-021	1:45.50	25m	31-12-74		146
14. de Graaf Peter	76	08-021	1:45.50	25m	31-12-86		146

100 schoolslag (sinds 16)

16. Tijms Stefan	93	08-021	1:45.86	25m	14-12-03	Zaandam (NED)	144
17. Hoekstra Marcel	78	08-021	1:46.00	25m	31-12-88		144
18. Huisman Rene	69	08-021	1:46.20	25m	4-11-79	Zaandam (NED)	143
19. Tholen Martijn	72	08-021	1:46.60	25m	31-12-82		141
20. Dam Norbert	92	08-021	1:46.87	25m	31-10-02	Heemskerk	140
21. Stins Arnold	83	08-021	1:47.10	25m	18-11-93	Heemskerk	139
21. Hoenink Jarl	86	08-021	1:47.10	25m	20-10-96	Assendelft (NED)	139
23. de Rooij Coen	89	08-021	1:47.23	25m	4-4-99	Haarlem (NED)	139
24. Yayli Serkan	92	08-021	1:47.37	50m	20-10-02	Beverwijk (NED)	161
25. Nolte Martijn	74	08-021	1:47.50	25m	15-12-84	Hilversum (NED)	138

200 schoolslag

1. van der Kroft Barry	82	08-021	3:40.90	25m	14-5-92	Heemskerk (NED)	163
2. Palmboom Pascal	89	08-021	4:04.79	25m	24-1-99	Assendelft (NED)	119
3. de Rooij Coen	89	08-021	4:07.02	25m	24-1-99	Assendelft (NED)	116
4. Schelvis Sjeng	89	08-021	4:11.57	25m	24-1-99	Assendelft (NED)	110
5. Jong Gregory	80	08-021	4:14.80	25m	22-3-90	Heemskerk (NED)	106
6. Oortwijn Maarten	80	08-021	4:35.00	25m	22-3-90	Heemskerk (NED)	84
7. Heesterbeek Mathijs	00	08-021	5:02.50	25m	25-3-10	Heemskerk (NED)	63

500 schoolslag800 schoolslag1000 schoolslag1250 schoolslag1500 schoolslag2000 schoolslag2500 schoolslag3000 schoolslag4000 schoolslag5000 schoolslag25 vlinderslag

1. Lamers Koen	91	08-021	18.50	25m	25-3-01	Heerhugowaard (NED)	153
2. Schelvis Sjeng	89	08-021	18.70	25m	25-3-99	Heemskerk (NED)	148
3. Koopman Axel	92	08-021	19.81	25m	10-3-02	Heemskerk	124
4. Groen Jarno	01	08-021	20.17	25m	17-11-11	Heemskerk (NED)	118
5. de Wit Job	98	08-021	20.63	25m	13-4-08	Hoom (NED)	110
6. de Boer Tobias	02	08-021	21.21	25m	13-12-12	Heemskerk (NED)	101
7. Gaal Roel	01	08-021	21.51	25m	17-11-11	Heemskerk (NED)	97
8. Welboren Mischa	89	08-021	23.23	25m	25-3-99	Heemskerk (NED)	77
9. Krijger Jan-Willem	81	08-021	23.70	25m	16-5-91	Heemskerk (NED)	72
10. Butter Martijn	79	08-021	24.30	25m	31-12-89	Heemskerk (NED)	67
11. de Boer Stephan	83	08-021	24.40	25m	17-11-93		66

25 vlinderslag (sinds 12)

12. de Rooij Coen	89	08-021	24.50	25m	21-12-99	Heemskerk (NED)	65
13. Palmboom Pascal	89	08-021	24.58	25m	25-3-99	Heemskerk (NED)	65
14. Hoenink Jarl	86	08-021	24.80	25m	8-2-96	Heemskerk (NED)	63
15. van Vegten Teun	01	08-021	24.94	25m	17-11-11	Heemskerk (NED)	62
16. Stins Arnold	83	08-021	25.60	25m	21-10-93	Heemskerk (NED)	57
17. van Rijn Ian	05	08-021	25.75	25m	18-1-15	Zaandam (NED)	56
18. Wassenaar Joris	01	08-021	25.98	25m	17-11-11	Heemskerk (NED)	55
19. Yayli Serkan	92	08-021	26.71	25m	10-3-02	Heemskerk	50
20. Heeremans Tim	78	08-021	26.90	25m	31-12-88		49
21. de Rooij Roel	87	08-021	27.70	25m	1-5-97	Heemskerk (NED)	45
22. Heesterbeek Mathijs	00	08-021	28.35	25m	4-11-10	Heemskerk (NED)	42
23. de Boer Sem	02	08-021	28.50	25m	13-12-12	Heemskerk (NED)	41
24. Borst Corné	96	08-021	28.85	25m	27-4-06	Heemskerk	40
25. Tuinstra Sean	98	08-021	28.96	25m	13-4-08	Hoor (NED)	39

50 vlinderslag

1. Dekker Ruben	93	08-021	37.05	25m	21-4-03	Haarlem	203
2. Druyven Jorrick	94	08-021	38.71	25m	7-11-04	IJmuiden (NED)	178
3. Kleijne Barry	93	08-021	40.73	25m	18-12-03	Heemskerk (NED)	153
4. Tijms Stefan	93	08-021	40.98	25m	18-12-03	Heemskerk (NED)	150
5. Lamers Koen	91	08-021	41.25	25m	16-12-01	Zaandam	147
6. Offringa Rick	03	08-021	41.28	25m	12-12-13	Heemskerk (NED)	147
7. van Rookhuizen Barry	82	08-021	41.40	25m	29-11-92	Heemskerk (NED)	146
8. Nijland Yoran	05	08-021	42.56	25m	13-12-15	Zaandam (NED)	134
9. Vessies Max	03	08-021	44.59	25m	12-12-13	Heemskerk (NED)	116
10. Koopman Axel	92	08-021	44.92	25m	3-2-02	Zaandam (NED)	114
11. de Vriend Ruben	03	08-021	45.01	25m	22-9-13	Purmerend (NED)	113
12. Missot Paul	64	08-021	45.10	25m	31-12-74		112
13. Schelvis Sjeng	89	08-021	45.63	25m	19-12-99	Wormerveer (NED)	109
14. Camphuijnder Jasper	05	08-021	45.96	25m	13-12-15	Zaandam (NED)	106
15. de Wit Job	98	08-021	46.09	25m	8-6-08	Zaandam (NED)	105
16. Gaal Roel	01	08-021	46.17	25m	11-12-11	Zaandam (NED)	105
17. Gaal Koen	99	08-021	46.40	25m	14-6-09	Zaandam (NED)	103
18. Groen Jarno	01	08-021	47.12	25m	11-12-11	Zaandam (NED)	99
19. Oortwijn Kalle	05	08-021	48.82	25m	14-6-15	Zaandam (NED)	89
20. Teufer Lorentz	96	08-021	49.13	25m	14-12-06	Heemskerk (NED)	87
21. Zwaan Nick	94	08-021	49.25	25m	8-2-04	Zaandam (NED)	86
22. de Boer Tobias	02	08-021	50.00	25m	9-12-12	Zaandam (NED)	82
23. Wiegman Stefan	74	08-021	50.30	25m	23-9-84	Heemskerk (NED)	81
24. de Rooij Coen	89	08-021	50.87	25m	19-12-99	Wormerveer (NED)	78
25. de Rooij Roel	87	08-021	50.90	25m	26-10-97	Heemskerk (NED)	78

100 vlinderslag

1. Dekker Ruben	93	08-021	1:25.33	25m	27-11-03	Heemskerk (NED)	183
2. Druyven Jorrick	94	08-021	1:38.10	25m	25-11-04	Heemskerk (NED)	120
3. van Rookhuizen Barry	82	08-021	1:38.20	25m	26-4-92	Assendelft (NED)	120
4. Kleijne Barry	93	08-021	1:40.47	25m	27-11-03	Heemskerk (NED)	112
5. Lamers Koen	91	08-021	1:42.24	25m	20-12-01	Heemskerk	106
6. Koopman Axel	92	08-021	1:46.12	25m	28-11-02	Heemskerk	95
7. Tijms Stefan	93	08-021	1:46.69	25m	27-11-03	Heemskerk (NED)	93
8. van der Kroft Barry	82	08-021	1:49.10	25m	26-4-92	Assendelft (NED)	87
9. Teufer Lorentz	96	08-021	1:53.40	25m	30-11-06	Heemskerk	78
10. Nijland Yoran	05	08-021	1:54.46	25m	20-12-15	Zaandam (NED)	75
11. Missot Paul	64	08-021	1:56.30	25m	31-12-74		72
12. Schelvis Sjeng	89	08-021	1:59.84	25m	5-4-99	Haarlem (NED)	66
13. Gaal Koen	99	08-021	2:00.78	25m	26-2-09	Heemskerk (NED)	64
14. van Vegten Teun	01	08-021	2:12.17	25m	18-12-11	Zaandam (NED)	49



100 vlinderslag (sinds 15)

15. van Heerwaarden Gerard	70	08-021	2:31.80	25m	4-10-80	Heemskerk (NED)	32
16. van Heerwaarden Stefan	70	08-021	2:33.10	25m	4-10-80	Heemskerk (NED)	31

**200 vlinderslag****100 wisselslag**

1. Dekker Ruben	93	08-021	1:24.19	25m	23-11-03	Zaandam (NED)	218
2. Druyven Jorrick	94	08-021	1:27.60	25m	19-12-04	Heemskerk (NED)	193
3. Offringa Rick	03	08-021	1:28.35	25m	25-4-13	Heemskerk (NED)	189
4. Kleijne Barry	93	08-021	1:28.58	25m	21-6-03	Zaandam (NED)	187
5. Gaal Roel	01	08-021	1:28.88	25m	18-12-11	Zaandam (NED)	185
6. Lamers Koen	91	08-021	1:29.45	25m	27-9-01	Heemskerk	182
7. Tijms Stefan	93	08-021	1:29.71	25m	23-11-03	Zaandam (NED)	180
8. Gaal Koen	99	08-021	1:31.62	25m	22-11-09	Zaandam (NED)	169
9. van der Kroft Barry	82	08-021	1:32.40	25m	20-12-92	Volendam (NED)	165
10. Koopman Axel	92	08-021	1:32.43	25m	24-2-02	Leiden	165
11. de Vriend Ruben	03	08-021	1:35.00	25m	10-11-13	Zaandam (NED)	152
12. Schaaper Bart	73	08-021	1:35.10	25m	11-12-83	Heemskerk (NED)	151
12. Groen Jarno	01	08-021	1:35.10	25m	18-12-11	Zaandam (NED)	151
14. Schelvis Sjeng	89	08-021	1:35.31	25m	7-11-99	Zaandam (NED)	150
15. Oortwijn Kalle	05	08-021	1:36.83	25m	4-10-15	Purmerend (NED)	143
16. van Rijn Michael	70	08-021	1:37.50	25m	19-10-80	Heemskerk (NED)	140
17. Meijer Arno	75	08-021	1:37.60	25m	6-10-85	Wormerveer (NED)	140
18. Hoenink Jarl	86	08-021	1:37.90	25m	14-4-96	Zaandam (NED)	138
18. Yayli Serkan	92	08-021	1:37.90	25m	6-10-02	Zaandam	138
20. Teufer Lorentz	96	08-021	1:40.33	25m	28-9-06	Heemskerk (NED)	129
21. Nijland Yoran	05	08-021	1:40.57	25m	8-11-15	Zaandam (NED)	128
22. de Rooij Roel	87	08-021	1:40.70	25m	5-10-97	Zaandam (NED)	127
23. Vessies Max	03	08-021	1:40.90	25m	29-6-13	Eindhoven (NED)	126
24. Blaauw Mica	05	08-021	1:40.99	25m	23-4-15	Heemskerk (NED)	126
25. Zwaan Nick	94	08-021	1:41.51	25m	5-6-04	Zaandam (NED)	124

**200 wisselslag**

1. Dekker Ruben	93	08-021	3:06.01	25m	28-9-03	Zaandam (NED)	204
2. Druyven Jorrick	94	08-021	3:13.74	25m	10-10-04	Zaandam (NED)	181
3. Tijms Stefan	93	08-021	3:13.92	25m	28-9-03	Zaandam (NED)	180
4. van der Kroft Barry	82	08-021	3:19.80	25m	1-11-92	Zuidoost Beemster (NED)	165
5. Kleijne Barry	93	08-021	3:20.14	25m	28-9-03	Zaandam (NED)	164
6. Lamers Koen	91	08-021	3:22.40	25m	30-9-01	Zaandam (NED)	158
7. Koopman Axel	92	08-021	3:26.42	25m	29-9-02	Zaandam (NED)	149
8. de Vriend Ruben	03	08-021	3:29.89	25m	24-2-13	Zaandam (NED)	142
9. de Rooij Roel	87	08-021	3:30.40	25m	16-11-97	Zaandam (NED)	141
10. Blaauw Xam	07	08-021	3:36.42	25m	10-12-17	Zaandam (NED)	129
11. Zwaan Nick	94	08-021	3:37.57	25m	29-2-04	Wormerveer	127
12. Schelvis Sjeng	89	08-021	3:38.28	25m	3-10-99	Zaandam (NED)	126
13. Groen Jarno	01	08-021	3:38.79	25m	4-12-11	Zaandam (NED)	125
14. Teufer Lorentz	96	08-021	3:42.21	25m	8-10-06	Zaandam (NED)	120
15. Yayli Serkan	92	08-021	3:45.25	25m	24-2-02	Heemskerk	115
16. Hoenink Jarl	86	08-021	3:47.00	25m	10-3-96	Zaandam (NED)	112
17. de Rooij Coen	89	08-021	3:50.57	25m	3-10-99	Zaandam (NED)	107
18. Tholen Martijn	72	08-021	3:50.60	25m	3-4-82	Heemskerk (NED)	107
19. de Vries Allard	96	08-021	4:03.43	25m	8-10-06	Zaandam (NED)	91
20. Borst Corné	96	08-021	4:05.97	25m	8-10-06	Zaandam (NED)	88
21. Verhagen Bart	85	08-021	4:12.90	25m	15-10-95	Alkmaar (NED)	81

**300 wisselslag**

**400 wisselslag**