

11 jaar, Dames, Korte baan (25m)

1-1-1900-31-7-2018

25 vrije slag

1. Petit Kirsten	00	08-021	15.17	25m	30-6-11	Heemskerk (NED)	343
2. Schelvis Femke	84	08-021	15.50	25m	27-4-95	Heemskerk (NED)	321
3. Zwarthoed Brenda	96	08-021	15.91	25m	19-4-07	Heemskerk (NED)	297
4. Schelvis Roos	86	08-021	16.00	25m	13-3-97	Heemskerk (NED)	292
5. van Honk Chantal	80	08-021	16.10	25m	16-5-91	Heemskerk (NED)	287
6. Teufer Irene	96	08-021	16.12	25m	19-4-07	Heemskerk (NED)	285
7. Visser Kelly	89	08-021	16.18	25m	4-5-00	Heemskerk (NED)	282
8. Dijkstra Lisette	86	08-021	16.60	25m	13-3-97	Heemskerk (NED)	261
8. Buur Naomi	01	08-021	16.60	25m	26-4-12	Heemskerk (NED)	261
10. Koopman Anitra	89	08-021	16.69	25m	4-5-00	Heemskerk (NED)	257
11. van der Kroft Nicole	84	08-021	16.90	25m	27-4-95	Heemskerk (NED)	248
12. van Ballegooie Simone	84	08-021	17.00	25m	27-4-95	Heemskerk (NED)	243
13. Bruin Marianne	78	08-021	17.10	25m	31-12-89	Heemskerk (NED)	239
14. de Vriend Sofie	01	08-021	17.16	25m	26-4-12	Heemskerk (NED)	237
15. Koper Fiona	01	08-021	17.19	25m	26-4-12	Heemskerk (NED)	235
16. Steenkamp Ciska	90	08-021	17.25	25m	29-3-01	Heemskerk (NED)	233
16. Kesting Alexandra	00	08-021	17.25	25m	14-4-11	Heemskerk (NED)	233
18. de Boer Irene	84	08-021	17.40	25m	27-4-95	Heemskerk (NED)	227
19. de Haan Shira	00	08-021	17.65	25m	14-4-11	Heemskerk (NED)	217
20. Besse Meta	78	08-021	17.70	25m	31-12-89	Heemskerk (NED)	216
20. Hoogervorst Marlon	84	08-021	17.70	25m	16-2-95	Heemskerk (NED)	216
20. Hoek Daniëlle	88	08-021	17.70	25m	25-3-99	Heemskerk (NED)	216
23. Wissenburg Petra	65	08-021	17.90	25m	14-9-76	Heemskerk (NED)	208
23. Mulder Amy	80	08-021	17.90	25m	16-5-91	Heemskerk (NED)	208
25. Kleijne Daisy	89	08-021	18.16	25m	4-5-00	Heemskerk (NED)	199

50 vrije slag

1. Schelvis Femke	84	08-021	31.60	25m	14-12-95	Heemskerk (NED)	397
2. Stel Serena	98	08-021	32.61	25m	25-10-09	Nieuwegein (NED)	361
3. Dijkstra Lisette	86	08-021	32.90	25m	6-11-97	Heemskerk (NED)	352
3. Schelvis Roos	86	08-021	32.90	25m	6-11-97	Heemskerk (NED)	352
5. van Honk Chantal	80	08-021	33.20	25m	22-12-91	Alkmaar (NED)	342
6. Crok Linda	94	08-021	33.38	25m	16-1-05	Zaandam (NED)	337
7. Hoekstra Eline	03	08-021	33.61	25m	16-11-14	Zaandam (NED)	330
8. Renkema Iris	04	08-021	33.64	25m	4-10-15	Purmerend (NED)	329
9. Zwarthoed Brenda	96	08-021	33.78	25m	28-10-07	Zaandam (NED)	325
10. Teufer Irene	96	08-021	33.88	25m	30-9-07	Volendam (NED)	322
11. Bos Marieke	06	08-021	34.14	25m	5-11-17	Alkmaar (NED)	315
12. Petit Kirsten	00	08-021	34.18	25m	6-11-11	Zaandam (NED)	314
13. Koopman Anitra	89	08-021	34.37	25m	3-12-00	Zaandam (NED)	309
14. Bakker Jesca	79	08-021	34.90	25m	31-5-90	Heemskerk (NED)	295
14. de Boer Irene	84	08-021	34.90	25m	14-12-95	Heemskerk (NED)	295
16. van Ballegooie Simone	84	08-021	35.00	25m	14-12-95	Heemskerk (NED)	292
17. Blaauw Yente	03	08-021	35.20	25m	18-9-14	Heemskerk (NED)	287
18. de Groot Daniëlle	93	08-021	35.36	25m	21-11-04	Zaandam (NED)	283
19. Hogema Fabiën	93	08-021	35.45	25m	7-11-04	IJmuiden (NED)	281
20. Visser Kelly	89	08-021	35.47	25m	23-9-00	Amersfoort (NED)	281
21. Mallon Danique	94	08-021	35.53	25m	24-2-05	Heemskerk (NED)	279
22. van der Kroft Nicole	84	08-021	35.80	25m	14-12-95	Heemskerk (NED)	273
23. Buur Naomi	01	08-021	36.05	25m	11-11-12	Schagen (NED)	267
24. Scholten Britt	04	08-021	36.11	25m	4-10-15	Purmerend (NED)	266
25. de Vriend Sofie	01	08-021	36.12	25m	28-10-12	Amsterdam-Zuidoost (NED)	266

100 vrije slag

1. Schelvis Femke	84	08-021	1:08.10	25m	3-12-95	Alkmaar (NED)	420
2. Stel Serena	98	08-021	1:08.67	25m	29-11-09	Heemskerk (NED)	409
3. Teufer Irene	96	08-021	1:09.39	25m	2-12-07	Alkmaar (NED)	397
4. Schelvis Roos	86	08-021	1:10.80	25m	11-12-97	Heemskerk (NED)	373
5. Dijkstra Lisette	86	08-021	1:11.10	25m	11-12-97	Heemskerk (NED)	369
6. Zwarthoed Brenda	96	08-021	1:13.43	25m	15-12-07	Heemskerk (NED)	335
7. Renkema Iris	04	08-021	1:13.92	25m	8-11-15	Amsterdam (NED)	328
8. Crok Linda	94	08-021	1:14.44	25m	9-1-05	Zuidoost Beemster (NED)	321
9. van Honk Chantal	80	08-021	1:14.60	25m	15-12-91	Heemskerk (NED)	319
10. Hoekstra Eline	03	08-021	1:15.44	25m	2-11-14	Amsterdam (NED)	309
11. Visser Kelly	89	08-021	1:15.56	25m	30-11-00	Heemskerk (NED)	307
12. Koopman Anitra	89	08-021	1:15.91	25m	17-12-00	Zaandam (NED)	303
13. Schuyt Simone	75	08-021	1:16.20	25m	30-11-86	Heemskerk (NED)	299
14. Petit Kirsten	00	08-021	1:16.43	25m	27-11-11	Heemskerk (NED)	297
15. Bos Marieke	06	08-021	1:16.51	25m	18-11-17	Hoofddorp (NED)	296
16. Hogema Fabiën	93	08-021	1:16.52	25m	3-10-04	Heemskerk (NED)	296
17. Mallon Danique	94	08-021	1:17.04	25m	5-6-05	Zaandam (NED)	290
18. Blaauw Yente	03	08-021	1:17.24	25m	7-12-14	Heemskerk (NED)	288
19. Essers Sanne	91	08-021	1:17.36	25m	6-10-02	Zaandam	286
20. Bakker Jesca	79	08-021	1:17.90	25m	31-5-90	Heemskerk (NED)	280
21. de Graaf Annemiek	70	08-021	1:18.20	25m	29-11-81	Zaandam (NED)	277
22. de Vriend Sofie	01	08-021	1:18.37	25m	28-10-12	Amsterdam-Zuidoost (NED)	275
23. van Ballegooie Simone	84	08-021	1:19.10	25m	16-11-95	Heemskerk (NED)	268
23. van der Kroft Nicole	84	08-021	1:19.10	25m	26-11-95	Heemskerk (NED)	268
25. de Groot Daniëlle	93	08-021	1:19.53	25m	12-12-04	Zaandam (NED)	263

200 vrije slag

1. Stel Serena	98	08-021	2:27.90	25m	11-10-09	Zaandam (NED)	424
2. Teufer Irene	96	08-021	2:33.14	25m	2-12-07	Alkmaar (NED)	382
3. Schelvis Femke	84	08-021	2:34.30	25m	10-12-95	Wormerveer (NED)	373
4. Hoekstra Eline	03	08-021	2:40.61	25m	14-12-14	Zaandam (NED)	331
5. Zwarthoed Brenda	96	08-021	2:44.64	25m	25-10-07	Heemskerk (NED)	307
6. Bos Marieke	06	08-021	2:47.33	25m	19-11-17	Hoofddorp (NED)	293
7. Petit Kirsten	00	08-021	2:48.69	25m	30-10-11	Zaandam (NED)	286
8. Crok Linda	94	08-021	2:48.85	25m	28-4-05	Heemskerk (NED)	285
9. Blaauw Yente	03	08-021	2:48.94	25m	14-12-14	Zaandam (NED)	284
10. Visser Kelly	89	08-021	2:49.03	25m	25-5-00	Heemskerk (NED)	284
11. van Honk Chantal	80	08-021	2:49.20	25m	21-4-91	Heemstede (NED)	283
12. Renkema Iris	04	08-021	2:49.59	25m	13-12-15	Zaandam (NED)	281
13. Koopman Anitra	89	08-021	2:49.74	25m	5-11-00	Zaandam (NED)	280
14. Schuyt Simone	75	08-021	2:52.60	25m	30-11-86	Heemskerk (NED)	267
15. Hogema Fabiën	93	08-021	2:53.01	25m	17-10-04	Zaandam (NED)	265
16. Buur Naomi	01	08-021	2:53.14	25m	2-12-12	Amstelveen (NED)	264
17. Visser Shana	04	08-021	2:53.71	25m	13-12-15	Zaandam (NED)	262
18. Bakker Jesca	79	08-021	2:56.30	25m	1-3-90	Heemskerk (NED)	250
19. Essers Sanne	91	08-021	2:57.07	25m	22-12-02	Zaandam	247
20. Mallon Danique	94	08-021	2:58.06	25m	23-10-05	Zaandam (NED)	243
21. de Vriend Sofie	01	08-021	2:58.33	25m	2-12-12	Amstelveen (NED)	242
22. Steenkamp Ciska	90	08-021	3:00.79	25m	16-9-01	Zaandam (NED)	232
23. de Groot Daniëlle	93	08-021	3:01.20	25m	17-10-04	Zaandam (NED)	230
24. Scholten Britt	04	08-021	3:01.91	25m	13-12-15	Zaandam (NED)	228
25. van Rookhuizen Sieta	79	08-021	3:02.40	25m	9-12-90	Volendam (NED)	226

250 vrije slag

300 vrije slag

1. Stel Serena	98	08-021	3:51.59	25m	19-12-09	Amsterdam (NED)	415
2. Teufer Irene	96	08-021	4:09.63	25m	9-12-07	Zaandam (NED)	331
3. Visser Kelly	89	08-021	4:45.46	25m	23-1-00	Heemskerk (NED)	221
4. Koopman Anitra	89	08-021	4:46.05	25m	23-1-00	Heemskerk (NED)	220
5. Steenkamp Ciska	90	08-021	4:51.03	25m	4-11-01	Heemskerk	209
6. de Haan Shira	00	08-021	5:02.99	25m	29-5-11	Zaandam (NED)	185
7. Kleijne Daisy	89	08-021	5:10.04	25m	23-1-00	Heemskerk (NED)	173
8. Ivens Suzanne	99	08-021	5:15.62	25m	6-6-10	Zaandam (NED)	164
9. van der Gracht Anouk	89	08-021	5:19.43	25m	23-1-00	Heemskerk (NED)	158
10. Niesten Iris	92	08-021	5:28.11	25m	16-11-03	Heemskerk (NED)	146
11. Schelvis Liselot	92	08-021	5:40.19	25m	16-11-03	Heemskerk (NED)	131
12. Kesting Alexandra	00	08-021	5:41.26	25m	17-4-11	Zaandam (NED)	129

400 vrije slag

1. Stel Serena	98	08-021	5:11.39	25m	19-12-09	Amsterdam (NED)	427
2. Schelvis Femke	84	08-021	5:14.80	25m	10-12-95	Wormerveer (NED)	413
3. Teufer Irene	96	08-021	5:30.72	25m	9-12-07	Zaandam (NED)	356
4. Schelvis Roos	86	08-021	5:38.50	25m	14-12-97	Zaandam (NED)	332
5. Dijkstra Lisette	86	08-021	5:40.60	25m	14-12-97	Zaandam (NED)	326
6. Bos Marieke	06	08-021	5:44.96	25m	19-11-17	Hoofddorp (NED)	314
7. Hoekstra Eline	03	08-021	5:46.12	25m	21-12-14	Zaandam (NED)	311
8. Renkema Iris	04	08-021	5:57.56	25m	14-6-15	Zaandam (NED)	282
9. Essers Sanne	91	08-021	6:00.98	25m	1-12-02	Heemskerk	274
10. van Honk Chantal	80	08-021	6:11.40	25m	14-4-91	Haarlem (NED)	251
11. Hogema Fabiën	93	08-021	6:12.15	25m	14-11-04	Heemskerk (NED)	250
12. Buur Naomi	01	08-021	6:12.95	25m	21-10-12	Zaandam (NED)	248
13. Visser Kelly	89	08-021	6:18.04	25m	5-3-00	Zaandam (NED)	238
14. Koopman Anitra	89	08-021	6:21.47	25m	23-1-00	Heemskerk (NED)	232
15. Blaauw Yente	03	08-021	6:21.60	25m	15-6-14	Zaandam (NED)	232
16. Crok Linda	94	08-021	6:23.82	25m	20-3-05	Zaandam (NED)	228
17. Steenkamp Ciska	90	08-021	6:27.30	25m	4-11-01	Heemskerk	222
18. de Groot Daniëlle	93	08-021	6:29.54	25m	14-11-04	Heemskerk (NED)	218
19. Scholten Britt	04	08-021	6:31.55	25m	14-6-15	Zaandam (NED)	214
20. van der Kroft Nicole	84	08-021	6:33.50	25m	10-12-95	Wormerveer (NED)	211
21. Hoek Daniëlle	88	08-021	6:38.88	25m	28-2-99	Zaandam (NED)	203
22. de Haan Shira	00	08-021	6:39.90	25m	16-10-11	Zaandam (NED)	201
23. Mallon Danique	94	08-021	6:50.51	25m	20-3-05	Zaandam (NED)	186
24. Kleijne Daisy	89	08-021	6:54.23	25m	23-1-00	Heemskerk (NED)	181
25. van Huisstede Nikita	01	08-021	6:55.18	25m	3-6-12	Zaandam (NED)	180

500 vrije slag**800 vrije slag**

1. Stel Serena	98	08-021	10:23.65	25m	20-12-09	Amsterdam (NED)	454
2. Crok Linda	94	08-021	12:38.46	25m	20-3-05	Zaandam (NED)	252
3. Teufer Irene	96	08-021	12:41.70	25m	28-1-07	Zaandam (NED)	249
4. Visser Kelly	89	08-021	12:49.34	25m	5-3-00	Zaandam (NED)	241
5. Renkema Iris	04	08-021	13:00.42	25m	8-2-15	Zaandam (NED)	231
6. Hoekstra Eline	03	08-021	13:19.73	25m	9-2-14	Zaandam (NED)	215
7. Koopman Anitra	89	08-021	13:25.30	25m	5-3-00	Zaandam (NED)	210
8. Mallon Danique	94	08-021	13:25.90	25m	20-3-05	Zaandam (NED)	210
9. Essers Sanne	91	08-021	13:29.22	25m	10-2-02	Zaandam	207
10. Steenkamp Ciska	90	08-021	13:56.79	25m	11-2-01	Zaandam (NED)	187
11. Kleijne Daisy	89	08-021	14:02.24	25m	5-3-00	Zaandam (NED)	184
12. Buur Naomi	01	08-021	14:31.92	25m	26-2-12	Zaandam (NED)	166
13. de Groot Daniëlle	93	08-021	14:33.16	25m	7-3-04	Zaandam	165

800 vrije slag (sinds 14)

14. de Haan Shira	00	08-021	14:42.26	25m	13-2-11	Zaandam (NED)	160
15. van der Gracht Anouk	89	08-021	14:46.95	25m	5-3-00	Zaandam (NED)	157
16. Liefting Sarina	93	08-021	15:27.70	25m	7-3-04	Zaandam	137

1000 vrije slag1250 vrije slag1500 vrije slag2000 vrije slag2500 vrije slag3000 vrije slag4000 vrije slag5000 vrije slag6000 vrije slag6500 vrije slag10000 vrije slag20000 vrije slag22000 vrije slag25 rugslag

1. Schelvis Femke	84	08-021	17.80	25m	27-4-95	Heemskerk (NED)	314
2. Kleijne Daisy	89	08-021	18.50	25m	17-2-00	Heemskerk (NED)	279
3. Teufer Irene	96	08-021	18.79	25m	19-4-07	Heemskerk (NED)	267
4. van Honk Chantal	80	08-021	18.80	25m	16-5-91	Heemskerk (NED)	266
5. Koopman Anitra	89	08-021	18.83	25m	17-2-00	Heemskerk (NED)	265
6. van der Kroft Nicole	84	08-021	19.30	25m	27-4-95	Heemskerk (NED)	246
6. Schelvis Roos	86	08-021	19.30	25m	6-2-97	Heemskerk (NED)	246
8. Visser Kelly	89	08-021	19.54	25m	17-2-00	Heemskerk (NED)	237
9. Zwarthoed Brenda	96	08-021	19.60	25m	19-4-07	Heemskerk (NED)	235
10. van Ballegoie Simone	84	08-021	20.00	25m	16-3-95	Heemskerk (NED)	221
11. Steenkamp Ciska	90	08-021	20.19	25m	22-2-01	Heemskerk (NED)	215
12. de Boer Irene	84	08-021	20.30	25m	27-4-95	Heemskerk (NED)	211
12. Dijkstra Lisette	86	08-021	20.30	25m	13-2-97	Heemskerk (NED)	211
14. Hoek Daniëlle	88	08-021	20.85	25m	25-3-99	Heemskerk (NED)	195
15. Bruin Marianne	78	08-021	21.00	25m	12-1-89	Heemskerk (NED)	191
15. Besse Meta	78	08-021	21.00	25m	31-12-89	Heemskerk (NED)	191
17. Heus Pauline	78	08-021	21.20	25m	31-12-89	Heemskerk (NED)	185
17. Hoogervorst Marlon	84	08-021	21.20	25m	16-3-95	Heemskerk (NED)	185
19. Bakker Anna	97	08-021	22.95	25m	29-5-08	Heemskerk (NED)	146
20. ten Cate Joyce	80	08-021	23.00	25m	16-5-91	Heemskerk (NED)	145

25 rugslag (sinds 21)

21. de Boer Angela	80	08-021	23.20	25m	16-5-91	Heemskerk (NED)	141
22. Moolevliet Petra	82	08-021	23.30	25m	16-6-93		140
23. Zonneveld Monica	80	08-021	23.40	25m	16-5-91	Heemskerk (NED)	138
23. Stins Mariska	84	08-021	23.40	25m	16-3-95	Heemskerk (NED)	138
25. Cappelle Carlijn	82	08-021	23.80	25m	16-6-93		131

50 rugslag

1. Schelvis Femke	84	08-021	36.10	25m	9-11-95	Heemskerk (NED)	360
2. Teufer Irene	96	08-021	37.32	25m	13-12-07	Heemskerk (NED)	326
3. Dijkstra Lisette	86	08-021	37.40	25m	9-10-97	Heemskerk (NED)	324
4. Hoekstra Eline	03	08-021	38.04	25m	26-10-14	Zaandam (NED)	308
5. Koopman Anitra	89	08-021	38.43	25m	3-12-00	Zaandam (NED)	299
6. Schelvis Roos	86	08-021	38.50	25m	9-10-97	Heemskerk (NED)	297
7. Stel Serena	98	08-021	38.75	25m	25-10-09	Nieuwegein (NED)	291
8. van der Kroft Nicole	84	08-021	39.30	25m	9-11-95	Heemskerk (NED)	279
9. Buur Naomi	01	08-021	40.47	25m	2-12-12	Amstelveen (NED)	256
10. Zwarthoed Brenda	96	08-021	40.57	25m	13-12-07	Heemskerk (NED)	254
11. Petit Kirsten	00	08-021	40.59	25m	3-3-11	Heemskerk (NED)	253
11. de Vriend Sofie	01	08-021	40.59	25m	26-5-12	Purmerend (NED)	253
13. Scholten Britt	04	08-021	40.61	25m	6-9-15	Zaandam (NED)	253
14. Mallon Danique	94	08-021	40.62	25m	27-10-05	Heemskerk (NED)	253
15. Blaauw Yente	03	08-021	40.66	25m	30-11-14	Zaandam (NED)	252
16. Koper Fiona	01	08-021	40.70	25m	28-10-12	Amsterdam-Zuidoost (NED)	251
17. Renkema Iris	04	08-021	40.78	25m	14-6-15	Zaandam (NED)	250
18. Essers Sanne	91	08-021	40.87	25m	31-10-02	Heemskerk	248
19. Visser Kelly	89	08-021	41.03	25m	3-12-00	Zaandam (NED)	245
20. Crok Linda	94	08-021	41.08	25m	26-5-05	Heemskerk (NED)	244
21. van Ballegooie Simone	84	08-021	41.10	25m	16-9-95	Hoogeland (NED)	244
22. Steenkamp Ciska	90	08-021	41.56	25m	7-10-01	Zaandam (NED)	236
23. van Honk Chantal	80	08-021	41.70	25m	10-1-91	Heemskerk (NED)	234
24. de Haan Shira	00	08-021	41.87	25m	2-10-11	Heemskerk (NED)	231
25. Bakker Jesca	79	08-021	42.00	25m	31-5-90	Heemskerk (NED)	229

100 rugslag

1. Schelvis Femke	84	08-021	1:17.20	25m	17-12-95	Volendam (NED)	366
2. Schelvis Roos	86	08-021	1:18.20	25m	14-12-97	Zaandam (NED)	352
3. Stel Serena	98	08-021	1:18.84	25m	22-11-09	Purmerend (NED)	343
4. Teufer Irene	96	08-021	1:21.82	25m	25-11-07	Amsterdam (NED)	307
5. Hoekstra Eline	03	08-021	1:23.60	25m	2-11-14	Amsterdam (NED)	288
6. Dijkstra Lisette	86	08-021	1:24.00	25m	28-9-97	Zaandam (NED)	284
7. Crok Linda	94	08-021	1:24.28	25m	27-11-05	Heemskerk (NED)	281
8. Renkema Iris	04	08-021	1:24.82	25m	14-6-15	Zaandam (NED)	276
9. Essers Sanne	91	08-021	1:25.66	25m	17-11-02	Heemskerk	268
10. Koopman Anitra	89	08-021	1:25.72	25m	17-12-00	Zaandam (NED)	267
11. de Vriend Sofie	01	08-021	1:26.36	25m	3-6-12	Zaandam (NED)	261
12. Zwarthoed Brenda	96	08-021	1:26.52	25m	25-11-07	Amsterdam (NED)	260
13. Koper Fiona	01	08-021	1:26.62	25m	3-6-12	Zaandam (NED)	259
14. Scholten Britt	04	08-021	1:26.72	25m	14-6-15	Zaandam (NED)	258
15. Visser Kelly	89	08-021	1:26.79	25m	17-12-00	Zaandam (NED)	257
16. Bakker Jesca	79	08-021	1:27.60	25m	31-5-90	Heemskerk (NED)	250
17. Buur Naomi	01	08-021	1:27.62	25m	13-12-12	Heemskerk (NED)	250
18. Windmuller Wendy	69	08-021	1:28.40	25m	16-11-80	Haarlem (NED)	243
19. de Boer Irene	84	08-021	1:28.50	25m	17-12-95	Volendam (NED)	243
20. Blaauw Yente	03	08-021	1:28.60	25m	30-10-14	Heemskerk (NED)	242
21. de Graaf Annemiek	70	08-021	1:28.90	25m	29-11-81	Zaandam (NED)	239
22. van Ballegooie Simone	84	08-021	1:29.00	25m	17-12-95	Volendam (NED)	238
23. van Honk Chantal	80	08-021	1:29.40	25m	7-4-91	Assendelft (NED)	235

100 rugslag (sinds 24)

24. Petit Kirsten	00	08-021	1:29.72	25m	13-2-11	Purmerend (NED)	233
25. van der Kroft Nicole	84	08-021	1:29.90	25m	29-10-95	Castricum (NED)	231

200 rugslag

1. Stel Serena	98	08-021	2:46.41	25m	13-12-09	Zaandam (NED)	375
2. Teufer Irene	96	08-021	2:57.19	25m	16-12-07	Zaandam (NED)	310
3. Hoekstra Eline	03	08-021	2:57.83	25m	5-10-14	Zaandam (NED)	307
4. de Vriend Sofie	01	08-021	2:59.87	25m	9-12-12	Zaandam (NED)	297
5. Blaauw Yente	03	08-021	3:05.28	25m	5-10-14	Zaandam (NED)	271
6. Zwarthoed Brenda	96	08-021	3:07.62	25m	16-12-07	Zaandam (NED)	261
7. Koper Fiona	01	08-021	3:07.86	25m	9-12-12	Zaandam (NED)	260
8. Petit Kirsten	00	08-021	3:08.16	25m	11-12-11	Zaandam (NED)	259
9. Bakker Jesca	79	08-021	3:08.20	25m	3-5-90	Heemskerk (NED)	259
10. Buur Naomi	01	08-021	3:16.88	25m	9-12-12	Zaandam (NED)	226
11. Visser Shana	04	08-021	3:22.37	25m	11-10-15	Zaandam (NED)	208
12. van Assema Eline	05	08-021	3:22.44	25m	11-12-16	Alkmaar (NED)	208
13. de Haan Shira	00	08-021	3:23.59	25m	11-12-11	Zaandam (NED)	204
14. Visser Robin	05	08-021	3:24.09	25m	11-12-16	Alkmaar (NED)	203
15. Angenent Nienke	01	08-021	3:25.22	25m	9-12-12	Zaandam (NED)	200
16. de Graaf Annemiek	70	08-021	3:26.10	25m	28-11-81	Heemskerk (NED)	197
17. van Huisstede Nikita	01	08-021	3:27.90	25m	9-12-12	Zaandam (NED)	192
18. Wentink Yara	04	08-021	3:37.74	25m	11-10-15	Zaandam (NED)	167
19. van Giezen Wendy	70	08-021	3:38.20	25m	28-11-81	Heemskerk (NED)	166
20. Bruin Marianne	78	08-021	3:38.80	25m	2-11-89	Heemskerk (NED)	165
21. Sobh Shaime	03	08-021	3:38.88	25m	5-10-14	Zaandam (NED)	164
22. Knight Kayleigh	00	08-021	3:41.59	25m	11-12-11	Zaandam (NED)	158
23. Ivens Suzanne	99	08-021	3:42.35	25m	12-12-10	Zaandam (NED)	157
24. van Rijn Sydney	03	08-021	3:45.84	25m	5-10-14	Zaandam (NED)	150
25. Hofland Yasmin	01	08-021	3:50.51	25m	9-12-12	Zaandam (NED)	141

500 rugslag**25 schoolslag**

1. van Honk Chantal	80	08-021	17.80	25m	16-5-91	Heemskerk (NED)	426
2. van der Kroft Nicole	84	08-021	20.40	25m	16-3-95	Heemskerk (NED)	283
3. Teufer Irene	96	08-021	20.57	25m	19-4-07	Heemskerk (NED)	276
4. Schelvis Roos	86	08-021	21.10	25m	13-3-97	Heemskerk (NED)	256
5. Koopman Anitra	89	08-021	21.13	25m	17-2-00	Heemskerk (NED)	255
6. Hoogervorst Marlon	84	08-021	21.40	25m	16-3-95	Heemskerk (NED)	245
7. Schelvis Femke	84	08-021	21.60	25m	27-4-95	Heemskerk (NED)	238
8. Bruin Marianne	78	08-021	21.70	25m	31-12-89	Heemskerk (NED)	235
9. Dijkstra Lisette	86	08-021	22.00	25m	13-3-97	Heemskerk (NED)	225
10. Steenkamp Ciska	90	08-021	22.08	25m	22-2-01	Heemskerk (NED)	223
11. Wissenburg Petra	65	08-021	22.10	25m	14-9-76	Heemskerk (NED)	222
11. de Boer Irene	84	08-021	22.10	25m	16-3-95	Heemskerk (NED)	222
13. Hoek Daniëlle	88	08-021	22.19	25m	25-3-99	Heemskerk (NED)	220
14. Moolevliet Petra	82	08-021	22.40	25m	13-10-93		214
15. Limmen Corina	65	08-021	22.50	25m	30-3-76	Heemskerk (NED)	211
16. de Boer Angela	80	08-021	22.60	25m	16-5-91	Heemskerk (NED)	208
17. Zonneveld Monica	80	08-021	22.90	25m	16-5-91	Heemskerk (NED)	200
18. van Ballegooie Simone	84	08-021	23.00	25m	16-3-95	Heemskerk (NED)	197
19. van der Gracht Anouk	89	08-021	23.10	25m	17-2-00	Heemskerk (NED)	195
20. van Galen Angela	65	08-021	23.30	25m	14-9-76	Heemskerk (NED)	190
21. Visser Kelly	89	08-021	23.39	25m	17-2-00	Heemskerk (NED)	188
22. Tahti Sandra	65	08-021	23.40	25m	14-9-76	Heemskerk (NED)	187
23. Heus Pauline	78	08-021	23.60	25m	31-12-89	Heemskerk (NED)	183

25 schoolslag (sinds 24)

24. Zwarthoed Brenda	96	08-021	23.68	25m	19-4-07	Heemskerk (NED)	181
25. van Rijn Ilona	65	08-021	23.70	25m	14-9-76	Heemskerk (NED)	180

50 schoolslag

1. van Honk Chantal	80	08-021	40.20	25m	13-6-91	Heemskerk (NED)	367
2. Teufer Irene	96	08-021	41.02	25m	25-11-07	Amsterdam (NED)	346
3. Renkema Iris	04	08-021	43.05	25m	6-9-15	Zaandam (NED)	299
4. van der Kroft Nicole	84	08-021	43.90	25m	12-10-95	Heemskerk (NED)	282
5. Crok Linda	94	08-021	44.02	25m	6-11-05	Zaandam (NED)	280
6. van Rookhuizen Sieta	79	08-021	44.10	25m	8-11-90	Heemskerk (NED)	278
7. Schelvis Femke	84	08-021	44.30	25m	12-10-95	Heemskerk (NED)	274
8. Hoekstra Eline	03	08-021	44.34	25m	26-10-14	Zaandam (NED)	274
9. Hogema Fabiën	93	08-021	44.43	25m	7-11-04	IJmuiden (NED)	272
10. Stel Serena	98	08-021	44.44	25m	15-11-09	Haarlem (NED)	272
11. Schelvis Roos	86	08-021	44.80	25m	11-9-97	Heemskerk (NED)	265
12. Dijkstra Lisette	86	08-021	45.00	25m	11-9-97	Heemskerk (NED)	262
13. Koopman Anitra	89	08-021	45.22	25m	14-12-00	Heemskerk (NED)	258
14. Zeeman Judith	70	08-021	45.70	25m	3-5-81	Zaandam (NED)	250
15. de Haan Shira	00	08-021	46.09	25m	2-10-11	Heemskerk (NED)	243
16. Bos Marieke	06	08-021	46.13	25m	5-11-17	Alkmaar (NED)	243
17. Dijkstra Janet	77	08-021	46.30	25m	15-12-88	Heemskerk (NED)	240
18. van der Gracht Anouk	89	08-021	46.41	25m	19-11-00	Zaandam (NED)	238
19. de Groot Daniëlle	93	08-021	46.45	25m	25-11-04	Heemskerk (NED)	238
20. Bakker Jesca	79	08-021	46.70	25m	3-5-90	Heemskerk (NED)	234
21. van Huisstede Nikita	01	08-021	46.72	25m	2-12-12	Amstelveen (NED)	234
22. Beentjes Daphne	91	08-021	46.75	25m	17-11-02	Heemskerk	233
23. de Boer Irene	84	08-021	47.00	25m	12-10-95	Heemskerk (NED)	230
24. Mallon Danique	94	08-021	47.08	25m	27-11-05	Heemskerk (NED)	228
25. Palmboom Nicole	91	08-021	47.09	25m	28-11-02	Heemskerk	228

100 schoolslag

1. van Honk Chantal	80	08-021	1:23.70	25m	15-12-91	Heemskerk (NED)	413
2. Teufer Irene	96	08-021	1:27.09	25m	15-12-07	Heemskerk (NED)	367
3. van Rookhuizen Sieta	79	08-021	1:33.20	25m	16-12-90	Heemskerk (NED)	299
3. Schelvis Roos	86	08-021	1:33.20	25m	23-11-97	Zaandam (NED)	299
5. Dijkstra Lisette	86	08-021	1:33.50	25m	9-10-97	Heemskerk (NED)	296
6. Stel Serena	98	08-021	1:33.70	25m	19-11-09	Heemskerk (NED)	294
7. van der Kroft Nicole	84	08-021	1:34.50	25m	26-11-95	Heemskerk (NED)	287
8. Schelvis Femke	84	08-021	1:34.60	25m	10-12-95	Wormerveer (NED)	286
9. Hoekstra Eline	03	08-021	1:34.66	25m	26-10-14	Zaandam (NED)	285
10. de Boer Irene	84	08-021	1:35.20	25m	17-12-95	Volendam (NED)	281
10. Crok Linda	94	08-021	1:35.20	25m	4-6-05	Zaandam (NED)	281
12. de Graaf Annemiek	70	08-021	1:36.40	25m	17-5-81	Castricum (NED)	270
13. Bakker Jesca	79	08-021	1:37.10	25m	1-3-90	Heemskerk (NED)	264
14. Willemse Renee	75	08-021	1:37.50	25m	31-12-86		261
14. Renkema Iris	04	08-021	1:37.50	25m	29-11-15	Heemskerk (NED)	261
16. Plokker Sylvia	68	08-021	1:37.80	25m	4-11-79	Zaandam (NED)	259
17. van Giezen Wendy	70	08-021	1:37.90	25m	29-11-81	Zaandam (NED)	258
18. Zeeman Judith	70	08-021	1:38.70	25m	1-11-81	Bergen (NED)	252
18. Moolevliet Petra	82	08-021	1:38.70	25m	12-12-93	Heemskerk (NED)	252
20. de Haan Shira	00	08-021	1:38.81	25m	2-10-11	Heemskerk (NED)	251
21. van Huisstede Nikita	01	08-021	1:39.02	25m	25-11-12	Heemskerk (NED)	249
22. Bos Marieke	06	08-021	1:39.04	25m	15-10-17	Alkmaar (NED)	249
23. Hogema Fabiën	93	08-021	1:39.95	25m	10-10-04	Zaandam (NED)	242
24. Koopman Anitra	89	08-021	1:40.25	25m	1-10-00	Zaandam (NED)	240
25. de Wildt Maud	05	08-021	1:40.59	25m	13-10-16	Heemskerk (NED)	238

200 schoolslag

1. Teufer Irene	96	08-021	3:07.74	25m	27-10-07	Barneveld (NED)	368
2. van Honk Chantal	80	08-021	3:08.00	25m	14-3-91	Heemskerk (NED)	366
3. Bakker Jesca	79	08-021	3:22.60	25m	11-3-90	Heemskerk (NED)	293
4. Hoekstra Eline	03	08-021	3:26.24	25m	21-9-14	Purmerend (NED)	277
5. van Rookhuizen Sieta	79	08-021	3:28.60	25m	6-12-90	Heemskerk (NED)	268
6. Stel Serena	98	08-021	3:29.15	25m	11-10-09	Zaandam (NED)	266
7. de Haan Shira	00	08-021	3:31.01	25m	18-12-11	Zaandam (NED)	259
8. Bos Marieke	06	08-021	3:31.34	25m	29-10-17	Den Helder (NED)	258
9. de Wildt Maud	05	08-021	3:37.55	25m	29-12-16	Leeuwarden (NED)	236
10. Renkema Iris	04	08-021	3:41.08	25m	11-10-15	Zaandam (NED)	225
11. de Graaf Annemiek	70	08-021	3:42.60	25m	7-11-81	Heemskerk (NED)	220
12. Zeeman Judith	70	08-021	3:43.00	25m	7-11-81	Heemskerk (NED)	219
13. van Huisstede Nikita	01	08-021	3:43.07	25m	7-10-12	Zaandam (NED)	219
14. Blaauw Yente	03	08-021	3:44.05	25m	5-10-14	Zaandam (NED)	216
15. Buur Naomi	01	08-021	3:46.50	25m	7-10-12	Zaandam (NED)	209
16. van der Geest Saskia	73	08-021	3:49.30	25m	2-9-84	Heemskerk (NED)	202
17. de Boer Maia	03	08-021	3:50.17	25m	28-9-14	Zaandam (NED)	199
18. de Boer Angela	80	08-021	3:50.30	25m	22-9-91	Zaandam (NED)	199
19. Visser Shana	04	08-021	3:51.37	25m	11-10-15	Zaandam (NED)	196
20. Kleijne Daisy	89	08-021	3:52.15	25m	20-2-00	Assendelft (NED)	194
21. van der Gracht Anouk	89	08-021	3:52.44	25m	20-2-00	Assendelft (NED)	194
22. Koper Fiona	01	08-021	3:52.63	25m	7-10-12	Zaandam (NED)	193
23. Visser Kelly	89	08-021	3:53.53	25m	20-2-00	Assendelft (NED)	191
24. Zwarthoed Brenda	96	08-021	3:54.02	25m	13-12-07	Heemskerk (NED)	190
25. Visser Robin	05	08-021	3:56.13	25m	18-9-16	Zaandam (NED)	185

500 schoolslag**800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag**

25 vlinderslag

1. Teufer Irene	96	08-021	16.45	25m	19-4-07	Heemskerk (NED)	314
2. Schelvis Femke	84	08-021	17.30	25m	27-4-95	Heemskerk (NED)	270
3. Petit Kirsten	00	08-021	18.22	25m	30-6-11	Heemskerk (NED)	231
4. Visser Kelly	89	08-021	18.33	25m	4-5-00	Heemskerk (NED)	227
5. van der Kroft Nicole	84	08-021	18.50	25m	27-4-95	Heemskerk (NED)	221
6. van Honk Chantal	80	08-021	18.70	25m	16-5-91	Heemskerk (NED)	214
7. Bruin Marianne	78	08-021	19.10	25m	31-12-89	Heemskerk (NED)	201
7. Dijkstra Lisette	86	08-021	19.10	25m	13-2-97	Heemskerk (NED)	201
9. Zwarthoed Brenda	96	08-021	19.22	25m	19-4-07	Heemskerk (NED)	197
10. de Haan Shira	00	08-021	19.62	25m	30-6-11	Heemskerk (NED)	185
11. Schelvis Roos	86	08-021	19.70	25m	20-3-97	Heemskerk (NED)	183
12. Moolevliet Petra	82	08-021	19.90	25m	18-11-93	Heemskerk	177
13. Koopman Anitra	89	08-021	20.14	25m	4-5-00	Heemskerk (NED)	171
14. Hoek Daniëlle	88	08-021	20.50	25m	25-2-99	Heemskerk (NED)	162
15. Kleijne Daisy	89	08-021	20.99	25m	4-5-00	Heemskerk (NED)	151
16. van Ballegooie Simone	84	08-021	21.00	25m	16-2-95	Heemskerk (NED)	151
17. Hoogervorst Marlon	84	08-021	21.50	25m	16-2-95	Heemskerk (NED)	140
18. Stins Mariska	84	08-021	21.60	25m	16-3-95	Heemskerk (NED)	139
19. Besse Meta	78	08-021	22.00	25m	31-12-89	Heemskerk (NED)	131
19. de Boer Irene	84	08-021	22.00	25m	16-2-95	Heemskerk (NED)	131
21. van der Gracht Anouk	89	08-021	22.57	25m	4-5-00	Heemskerk (NED)	121
22. van Rijn Sydney	03	08-021	22.62	25m	13-4-14	Zaandam (NED)	121
23. Elghandor Kiyaan	03	08-021	22.85	25m	13-4-14	Zaandam (NED)	117
24. Steenkamp Ciska	90	08-021	22.98	25m	29-3-01	Heemskerk (NED)	115
25. Knight Kayleigh	00	08-021	23.11	25m	30-6-11	Heemskerk (NED)	113

50 vlinderslag

1. Teufer Irene	96	08-021	34.41	25m	28-10-07	Zaandam (NED)	355
2. Schelvis Femke	84	08-021	37.10	25m	26-11-95	Heemskerk (NED)	283
3. Mallon Danique	94	08-021	37.81	25m	5-6-05	Zaandam (NED)	268
4. Crok Linda	94	08-021	38.98	25m	6-11-05	Zaandam (NED)	244
5. Buur Naomi	01	08-021	39.04	25m	13-12-12	Heemskerk (NED)	243
6. Petit Kirsten	00	08-021	39.09	25m	17-11-11	Heemskerk (NED)	242
7. Stel Serena	98	08-021	39.26	25m	15-3-09	Haarlem (NED)	239
8. Dijkstra Lisette	86	08-021	39.30	25m	11-12-97	Heemskerk (NED)	238
9. Schelvis Roos	86	08-021	39.60	25m	11-12-97	Heemskerk (NED)	233
10. Hoekstra Eline	03	08-021	39.68	25m	7-9-14	Zaandam (NED)	231
11. van der Kroft Nicole	84	08-021	40.70	25m	26-11-95	Heemskerk (NED)	214
12. Windmuller Wendy	69	08-021	40.80	25m	12-10-80	Wormerveer (NED)	213
13. de Vriend Sofie	01	08-021	40.81	25m	1-4-12	Zaandam (NED)	213
14. Renkema Iris	04	08-021	40.82	25m	13-6-15	Zaandam (NED)	213
14. Bos Marieke	06	08-021	40.82	25m	10-12-17	Zaandam (NED)	213
16. Visser Kelly	89	08-021	40.93	25m	30-11-00	Heemskerk (NED)	211
17. Zwarthoed Brenda	96	08-021	41.04	25m	28-10-07	Zaandam (NED)	209
18. van Honk Chantal	80	08-021	41.50	25m	13-6-91	Heemskerk (NED)	202
19. Essers Sanne	91	08-021	41.57	25m	10-11-02	Zaandam (NED)	201
20. Bakker Jesca	79	08-021	41.70	25m	21-1-90	Zaandam (NED)	199
21. Scholten Britt	04	08-021	41.78	25m	6-9-15	Zaandam (NED)	198
22. Plokker Sylvia	68	08-021	42.50	25m	7-10-79	Heemskerk (NED)	188
23. Hogema Fabiën	93	08-021	42.85	25m	21-11-04	Zaandam (NED)	184
24. de Groot Daniëlle	93	08-021	42.96	25m	21-11-04	Zaandam (NED)	182
25. de Haan Shira	00	08-021	43.10	25m	17-11-11	Heemskerk (NED)	180

100 vlinderslag

1. Teufer Irene	96	08-021	1:18.72	25m	21-10-07	Zaandam (NED)	341
2. Mallon Danique	94	08-021	1:26.53	25m	9-10-05	Zaandam (NED)	257
3. Bakker Jesca	79	08-021	1:28.50	25m	22-4-90	Heemstede (NED)	240
4. Schelvis Femke	84	08-021	1:28.70	25m	16-11-95	Heemskerk (NED)	239
5. Crok Linda	94	08-021	1:32.31	25m	9-10-05	Zaandam (NED)	212
6. Stel Serena	98	08-021	1:33.07	25m	4-10-09	Amsterdam-oost (NED)	206
7. Dijkstra Lisette	86	08-021	1:34.40	25m	23-11-97	Zaandam (NED)	198
8. van Honk Chantal	80	08-021	1:35.10	25m	4-4-91	Heemskerk (NED)	193
9. Windmuller Wendy	69	08-021	1:35.80	25m	19-10-80	Heemskerk (NED)	189
10. Schelvis Roos	86	08-021	1:36.90	25m	23-11-97	Zaandam (NED)	183
11. van der Kroft Nicole	84	08-021	1:37.60	25m	16-11-95	Heemskerk (NED)	179
12. de Vriend Sofie	01	08-021	1:37.77	25m	2-6-12	Zaandam (NED)	178
13. Zwarthoed Brenda	96	08-021	1:37.99	25m	18-11-07	Alkmaar (NED)	177
14. Petit Kirsten	00	08-021	1:38.04	25m	18-12-11	Zaandam (NED)	177
15. Visser Kelly	89	08-021	1:38.35	25m	24-4-00	Haarlem (NED)	175
16. Plokker Sylvia	68	08-021	1:39.10	25m	15-9-79	Heemskerk (NED)	171
17. Hoekstra Eline	03	08-021	1:41.59	25m	6-4-14	Zaandam (NED)	159
18. Bruin Marianne	78	08-021	1:42.90	25m	7-12-89	Heemskerk (NED)	153
19. Renkema Iris	04	08-021	1:43.83	25m	13-6-15	Zaandam (NED)	149
20. de Groot Daniëlle	93	08-021	1:44.01	25m	25-11-04	Heemskerk (NED)	148
21. de Haan Shira	00	08-021	1:45.06	25m	30-10-11	Zaandam (NED)	143
22. Hogema Fabiën	93	08-021	1:45.11	25m	10-10-04	Zaandam (NED)	143
23. Essers Sanne	91	08-021	1:45.60	25m	28-11-02	Heemskerk	141
24. van Rookhuizen Sieta	79	08-021	1:45.90	25m	25-11-90	Heemskerk (NED)	140
25. Koopman Anitra	89	08-021	1:47.31	25m	12-6-00	Haarlem (NED)	135

200 vlinderslag

1. Teufer Irene	96	08-021	2:54.51	25m	16-12-07	Zaandam (NED)	331
2. Hoekstra Eline	03	08-021	3:39.54	25m	14-12-14	Zaandam (NED)	166
3. Petit Kirsten	00	08-021	3:44.69	25m	11-12-11	Zaandam (NED)	155
4. Renkema Iris	04	08-021	3:50.96	25m	13-12-15	Zaandam (NED)	143
5. Blaauw Yente	03	08-021	3:51.27	25m	14-12-14	Zaandam (NED)	142
6. de Haan Shira	00	08-021	3:52.53	25m	11-12-11	Zaandam (NED)	140
7. de Wildt Maud	05	08-021	3:53.68	25m	27-11-16	Zaandam (NED)	138
8. Buur Naomi	01	08-021	4:08.22	25m	9-12-12	Zaandam (NED)	115
9. Scholten Britt	04	08-021	4:11.68	25m	13-12-15	Zaandam (NED)	110
10. Ivens Suzanne	99	08-021	4:25.21	25m	12-12-10	Zaandam (NED)	94

100 wisselslag

1. Schelvis Femke	84	08-021	1:19.40	25m	3-12-95	Alkmaar (NED)	378
2. Teufer Irene	96	08-021	1:19.78	25m	25-10-07	Heemskerk (NED)	373
3. Stel Serena	98	08-021	1:20.73	25m	8-11-09	Zaandam (NED)	360
4. Crok Linda	94	08-021	1:23.11	25m	13-11-05	Zaandam (NED)	330
5. Schelvis Roos	86	08-021	1:23.90	25m	30-11-97	Alkmaar (NED)	321
6. Dijkstra Lisette	86	08-021	1:24.30	25m	30-11-97	Alkmaar (NED)	316
7. Hoekstra Eline	03	08-021	1:24.62	25m	16-11-14	Zaandam (NED)	312
8. van Honk Chantal	80	08-021	1:24.70	25m	22-9-91	Zaandam (NED)	312
9. van der Kroft Nicole	84	08-021	1:25.70	25m	14-12-95	Heemskerk (NED)	301
10. Mallon Danique	94	08-021	1:26.06	25m	27-11-05	Heemskerk (NED)	297
11. Renkema Iris	04	08-021	1:26.44	25m	4-10-15	Purmerend (NED)	293
12. Koopman Anitra	89	08-021	1:26.90	25m	26-11-00	Alkmaar (NED)	288
13. Petit Kirsten	00	08-021	1:27.56	25m	27-11-11	Heemskerk (NED)	282
14. Schuyt Simone	75	08-021	1:28.70	25m	20-12-86	Hilversum (NED)	271
15. Hogema Fabiën	93	08-021	1:29.01	25m	30-9-04	Heemskerk (NED)	268
16. Visser Kelly	89	08-021	1:29.70	25m	26-10-00	Heemskerk (NED)	262
16. Bos Marieke	06	08-021	1:29.70	25m	10-12-17	Zaandam (NED)	262

100 wisselslag (sinds 18)

18. van Ballegooie Simone	84	08-021	1:30.00	25m	14-12-95	Heemskerk (NED)	260
19. Zwarthoed Brenda	96	08-021	1:30.04	25m	28-10-07	Zaandam (NED)	259
20. Blaauw Yente	03	08-021	1:30.13	25m	16-11-14	Zaandam (NED)	258
21. de Groot Daniëlle	93	08-021	1:30.27	25m	19-12-04	Heemskerk (NED)	257
22. Buur Naomi	01	08-021	1:30.35	25m	16-12-12	Zaandam (NED)	257
23. Scholten Britt	04	08-021	1:30.45	25m	23-4-15	Heemskerk (NED)	256
24. de Haan Shira	00	08-021	1:30.78	25m	18-12-11	Zaandam (NED)	253
24. de Vriend Sofie	01	08-021	1:30.78	25m	11-11-12	Schagen (NED)	253

200 wisselslag

1. Teufer Irene	96	08-021	2:53.74	25m	17-11-07	Barneveld (NED)	356
2. Stel Serena	98	08-021	2:56.56	25m	13-6-09	Zaandam (NED)	339
3. Schelvis Femke	84	08-021	3:00.60	25m	17-9-95	Schagen (NED)	317
4. Dijkstra Lisette	86	08-021	3:02.10	25m	16-11-97	Zaandam (NED)	309
5. Schelvis Roos	86	08-021	3:03.90	25m	16-11-97	Zaandam (NED)	300
6. Crok Linda	94	08-021	3:03.92	25m	27-2-05	Zaandam (NED)	300
7. van Honk Chantal	80	08-021	3:06.00	25m	24-3-91	Zaandam (NED)	290
8. Hoekstra Eline	03	08-021	3:06.93	25m	6-4-14	Zaandam (NED)	286
9. Renkema Iris	04	08-021	3:07.34	25m	13-6-15	Zaandam (NED)	284
10. Mallon Danique	94	08-021	3:09.81	25m	18-12-05	Alkmaar (NED)	273
11. Koopman Anitra	89	08-021	3:12.22	25m	17-12-00	Zaandam (NED)	263
12. Visser Kelly	89	08-021	3:13.64	25m	17-12-00	Zaandam (NED)	257
13. Petit Kirsten	00	08-021	3:15.13	25m	20-3-11	Zaandam (NED)	251
14. Scholten Britt	04	08-021	3:15.44	25m	19-4-15	Zaandam (NED)	250
15. van der Kroft Nicole	84	08-021	3:16.50	25m	17-9-95	Schagen (NED)	246
16. Bos Marieke	06	08-021	3:17.70	25m	15-10-17	Alkmaar (NED)	241
17. de Haan Shira	00	08-021	3:19.76	25m	16-10-11	Zaandam (NED)	234
18. Windmuller Wendy	69	08-021	3:20.00	25m	16-11-80	Haarlem (NED)	233
19. de Wildt Maud	05	08-021	3:20.05	25m	30-12-16	Leeuwarden (NED)	233
20. Essers Sanne	91	08-021	3:20.17	25m	3-2-02	Zaandam (NED)	233
21. Buur Naomi	01	08-021	3:20.95	25m	21-10-12	Zaandam (NED)	230
22. de Groot Daniëlle	93	08-021	3:21.03	25m	12-12-04	Zaandam (NED)	230
23. Plokker Sylvia	68	08-021	3:21.10	25m	4-11-79	Zaandam (NED)	229
24. de Vriend Sofie	01	08-021	3:22.51	25m	18-3-12	Zaandam (NED)	225
25. van der Gracht Anouk	89	08-021	3:22.64	25m	17-12-00	Zaandam (NED)	224

300 wisselslag400 wisselslag

1. de Wildt Maud	05	08-021	7:19.60	25m	11-12-16	Alkmaar (NED)	208
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