

alg. leeftijdsgroep, Dames, Korte baan (25m)

1-1-1900-31-7-2018

25 vrije slag

1. Schelvis Femke	84	08-021	13.11	25m	25-3-99	Heemskerk (NED)	531
2. de Groot Daniëlle	93	08-021	13.42	25m	31-5-08	Aalsmeer (NED)	495
3. Meijer Sylvia	81	08-021	13.43	25m	4-5-00	Heemskerk (NED)	494
4. Crok Linda	94	08-021	13.48	25m	30-6-11	Heemskerk (NED)	488
5. Schuyt Simone	75	08-021	13.70	25m	31-12-89	Heemskerk (NED)	465
5. Hulshof Saskia	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)	465
7. Palmboom Nicole	91	08-021	13.79	25m	27-4-06	Heemskerk	456
8. Koster Lisa	94	08-021	13.81	25m	31-5-08	Aalsmeer (NED)	454
9. van der Kroft Nicole	84	08-021	13.95	25m	29-3-01	Heemskerk (NED)	441
10. van Staveren Marina	78	08-021	14.04	25m	14-4-11	Heemskerk (NED)	432
11. Schelvis Roos	86	08-021	14.05	25m	29-3-01	Heemskerk (NED)	431
11. Vink Lidewij	90	08-021	14.05	25m	19-4-07	Heemskerk (NED)	431
13. Besse Karen	75	08-021	14.10	25m	31-12-89	Heemskerk (NED)	427
14. Hoek Daniëlle	88	08-021	14.12	25m	30-6-11	Heemskerk (NED)	425
15. van der Geest Saskia	73	08-021	14.20	25m	12-1-89	Heemskerk (NED)	418
15. Stam Vanessa	80	08-021	14.20	25m	13-3-97	Heemskerk (NED)	418
17. van Ballegooye Simone	84	08-021	14.26	25m	29-3-01	Heemskerk (NED)	413
18. Groen Anne	95	08-021	14.32	25m	30-6-11	Heemskerk (NED)	407
19. Kleijne Daisy	89	08-021	14.33	25m	27-4-06	Heemskerk	407
20. Kramer Miranda	80	08-021	14.34	25m	4-5-00	Heemskerk (NED)	406
21. van Rookhuizen Sieta	79	08-021	14.35	25m	4-5-00	Heemskerk (NED)	405
22. Vink Marjolein	93	08-021	14.37	25m	29-5-08	Heemskerk (NED)	403
23. Stam Sabrina	82	08-021	14.40	25m	12-2-98	Heemskerk (NED)	401
24. Stins Mariska	84	08-021	14.42	25m	29-5-08	Heemskerk (NED)	399
25. Hogema Fabiën	93	08-021	14.43	25m	19-4-07	Heemskerk (NED)	398

50 vrije slag

1. Kingma Danae	00	08-021	26.92	25m	29-1-16	Amsterdam (NED)	643
2. Schelvis Femke	84	08-021	27.68	25m	7-11-04	IJmuiden (NED)	591
3. Drubers Mirjam	67	08-021	28.20	25m	31-12-84		559
4. de Groot Daniëlle	93	08-021	28.39	25m	21-6-08	Alkmaar (NED)	548
5. Broek Jade	97	08-021	28.47	25m	6-12-15	Purmerend (NED)	543
6. Palmboom Nicole	91	08-021	28.58	25m	23-3-08	Haarlem (NED)	537
7. Smit Sanne	01	08-021	28.61	25m	11-12-16	Alkmaar (NED)	535
8. Groen Anne	95	08-021	28.77	25m	13-10-16	Heemskerk (NED)	527
9. Koster Lisa	94	08-021	28.78	25m	12-5-08	Purmerend (NED)	526
10. Crok Linda	94	08-021	28.99	25m	24-4-11	Haarlem (NED)	515
11. Meijer Sylvia	81	08-021	29.10	25m	6-4-97	Heemskerk (NED)	509
12. Vink Lidewij	90	08-021	29.17	25m	29-5-08	Heemskerk (NED)	505
13. Hoek Daniëlle	88	08-021	29.49	25m	28-12-04	Maastricht (NED)	489
14. van de Poll Marianne	89	08-021	29.52	25m	29-1-04	Heemskerk (NED)	487
15. Hoekstra Eline	03	08-021	29.56	25m	8-10-17	Alkmaar (NED)	485
16. Kleijne Daisy	89	08-021	29.57	25m	13-4-09	Haarlem (NED)	485
17. van Rijn-Hofwegen Wilma	71	08-021	29.61	25m	1-12-13	Vlaardingen (NED)	483
18. Schuyt Simone	75	08-021	29.80	25m	22-1-89	Zaandam (NED)	474
18. Hulshof Saskia	73	08-021	29.80	25m	11-3-90	Heemskerk (NED)	474
20. Vink Marjolein	93	08-021	29.88	25m	8-4-07	Haarlem (NED)	470
21. Verbree Bets	63	08-021	29.90	25m	5-4-81	Heemskerk (NED)	469
21. van der Kroft Nicole	84	08-021	29.90	25m	27-9-01	Heemskerk	469
23. van Staveren Marina	78	08-021	30.06	25m	18-2-12	Heerenveen (NED)	462
24. Zwarthoed Brenda	96	08-021	30.08	25m	31-5-08	Aalsmeer (NED)	461
25. Stam Vanessa	80	08-021	30.10	25m	7-6-98	Zaandam (NED)	460

100 vrije slag

1. Kingma Danae	00	08-021	58.46	25m	5-11-16	Hoofddorp (NED)	664
2. Schelvis Femke	84	08-021	59.32	25m	9-1-05	Zuidoost Beemster (NED)	635
3. Koster Lisa	94	08-021	1:01.06	25m	11-5-08	Purmerend (NED)	583
4. Smit Sanne	01	08-021	1:01.20	25m	8-10-17	Alkmaar (NED)	579
5. Drubers Mirjam	67	08-021	1:01.60	25m	15-12-84	Hilversum (NED)	567
6. Crok Linda	94	08-021	1:02.01	25m	3-4-11	Zaandam (NED)	556
7. de Groot Daniëlle	93	08-021	1:02.13	25m	11-5-08	Purmerend (NED)	553
8. Broek Jade	97	08-021	1:02.33	25m	8-10-17	Alkmaar (NED)	548
9. Groen Anne	95	08-021	1:02.91	25m	18-12-16	Heemskerk (NED)	533
10. Meijer Sylvia	81	08-021	1:03.20	25m	5-4-98	Heemskerk (NED)	525
11. van der Kroft Nicole	84	08-021	1:03.76	25m	10-12-00	Heemskerk (NED)	512
12. Palmboom Nicole	91	08-021	1:03.79	25m	9-3-08	Heemskerk (NED)	511
13. Vink Lidewij	90	08-021	1:04.70	25m	30-10-05	Amsterdam (NED)	490
14. Hoekstra Eline	03	08-021	1:04.79	25m	8-10-17	Alkmaar (NED)	488
15. Hoek Daniëlle	88	08-021	1:05.01	25m	28-12-04	Maastricht (NED)	483
15. Kleijne Daisy	89	08-021	1:05.01	25m	28-3-05	Haarlem (NED)	483
17. Crok Annemarie	89	08-021	1:05.34	25m	27-11-11	Heemskerk (NED)	475
18. Mallon Danique	94	08-021	1:05.55	25m	5-4-10	Haarlem (NED)	471
19. Schelvis Roos	86	08-021	1:05.56	25m	12-12-99	Heemskerk (NED)	471
20. Verbree Bets	63	08-021	1:05.70	25m	19-12-81	Hilversum (NED)	468
20. Hulshof Saskia	73	08-021	1:05.70	25m	5-11-89	Heemskerk (NED)	468
22. Vink Marjolein	93	08-021	1:05.86	25m	9-4-07	Haarlem (NED)	464
23. Stam Vanessa	80	08-021	1:05.90	25m	12-4-98	Haarlem (NED)	463
24. Spijker Kristel	84	08-021	1:06.15	25m	27-3-11	Heemstede (NED)	458
25. Stel Serena	98	08-021	1:06.46	25m	31-1-10	Heerenveen (NED)	452

200 vrije slag

1. Schelvis Femke	84	08-021	2:07.73	25m	25-11-99	Heemskerk	659
2. Kingma Danae	00	08-021	2:11.46	25m	15-11-15	Purmerend (NED)	604
3. Smit Sanne	01	08-021	2:13.76	25m	16-3-17	Heemskerk (NED)	574
4. Drubers Mirjam	67	08-021	2:15.30	25m	31-12-85		554
5. Koster Lisa	94	08-021	2:17.53	25m	10-5-08	Purmerend (NED)	528
6. Crok Linda	94	08-021	2:17.72	25m	2-10-11	Heemskerk (NED)	525
7. de Groot Daniëlle	93	08-021	2:17.81	25m	10-5-08	Purmerend (NED)	524
8. Groen Anne	95	08-021	2:17.96	25m	13-11-16	Purmerend (NED)	523
9. Vink Lidewij	90	08-021	2:19.09	25m	12-2-06	Zaandam (NED)	510
10. Broek Jade	97	08-021	2:20.09	25m	11-10-15	Alkmaar (NED)	499
11. Hoekstra Eline	03	08-021	2:20.39	25m	1-10-17	Purmerend (NED)	496
12. Hoek Daniëlle	88	08-021	2:20.46	25m	22-3-12	Heemskerk (NED)	495
13. Stel Serena	98	08-021	2:21.69	25m	18-4-10	Zaandam (NED)	482
14. Palmboom Nicole	91	08-021	2:22.48	25m	1-3-08	Hoom (NED)	475
15. Verbree Bets	63	08-021	2:22.60	25m	7-2-82		473
16. Schelvis Roos	86	08-021	2:23.28	25m	26-9-02	Heemskerk	467
17. Mallon Danique	94	08-021	2:23.87	25m	3-10-10	Zaandam (NED)	461
18. van der Kroft Nicole	84	08-021	2:24.05	25m	30-11-00	Heemskerk (NED)	459
19. Kleijne Daisy	89	08-021	2:24.52	25m	13-3-05	Amsterdam (NED)	455
20. Meijer Sylvia	81	08-021	2:24.70	25m	11-12-97	Heemskerk (NED)	453
21. Crok Annemarie	89	08-021	2:25.47	25m	13-11-11	Zaandam (NED)	446
22. van der Gracht Anouk	89	08-021	2:25.68	25m	25-11-07	Amsterdam (NED)	444
23. Hulshof Saskia	73	08-021	2:25.80	25m	28-2-90		443
24. Stam Vanessa	80	08-021	2:26.50	25m	5-4-98	Heemskerk (NED)	436
25. Stins Mariska	84	08-021	2:26.63	25m	5-11-00	Zaandam (NED)	435

250 vrije slag

300 vrije slag

1. Schelvis Femke	84	08-021	3:27.55	25m	17-12-04	Drachten (NED)	577
2. Crok Linda	94	08-021	3:38.23	25m	25-4-11	Haarlem (NED)	496
3. Vink Lidewij	90	08-021	3:40.07	25m	18-5-06	Heemskerk (NED)	484
4. Broek Jade	97	08-021	3:44.41	25m	4-10-15	Purmerend (NED)	456
5. Hoek Daniëlle	88	08-021	3:47.20	25m	18-5-06	Heemskerk (NED)	440
6. Stel Serena	98	08-021	3:50.73	25m	29-1-10	Heerenveen (NED)	420
7. Palmboom Nicole	91	08-021	3:51.10	25m	18-5-06	Heemskerk (NED)	418
8. van de Poll Marianne	89	08-021	3:51.98	25m	29-4-04	Heemskerk (NED)	413
9. Groen Anne	95	08-021	3:52.00	25m	25-4-11	Haarlem (NED)	413
10. van der Gracht Anouk	89	08-021	3:52.29	25m	18-5-13	Purmerend (NED)	411
11. Koster Lisa	94	08-021	3:53.61	25m	14-10-07	Zaandam (NED)	405
12. Kleijne Daisy	89	08-021	3:56.50	25m	29-4-04	Heemskerk (NED)	390
13. Teufer Irene	96	08-021	3:58.28	25m	30-3-08	Zaandam (NED)	381
14. Stins Mariska	84	08-021	4:01.45	25m	29-4-04	Heemskerk (NED)	366
15. Koopman Anitra	89	08-021	4:02.06	25m	29-4-04	Heemskerk (NED)	364
16. Meijer Sylvia	81	08-021	4:02.20	25m	19-4-98	Zaandam (NED)	363
17. Buur Naomi	01	08-021	4:02.95	25m	7-6-14	Purmerend (NED)	360
18. Essers Sanne	91	08-021	4:05.80	25m	14-10-07	Zaandam (NED)	347
19. de Ruijter Linda	87	08-021	4:07.06	25m	29-4-04	Heemskerk (NED)	342
20. Mallon Danique	94	08-021	4:08.45	25m	14-10-07	Zaandam (NED)	336
21. Hogema Fabiën	93	08-021	4:13.63	25m	18-5-06	Heemskerk (NED)	316
22. Butter Anouk	82	08-021	4:14.06	25m	29-4-04	Heemskerk (NED)	314
23. Vink Marjolein	93	08-021	4:16.78	25m	14-10-07	Zaandam (NED)	304
24. Heus Pauline	78	08-021	4:23.79	25m	29-4-04	Heemskerk (NED)	281
25. ten Cate Ilona	85	08-021	4:25.58	25m	18-5-06	Heemskerk (NED)	275

400 vrije slag

1. Schelvis Femke	84	08-021	4:32.44	25m	14-11-04	Heemskerk (NED)	637
2. Crok Linda	94	08-021	4:50.50	25m	25-4-11	Haarlem (NED)	526
3. Vink Lidewij	90	08-021	4:54.59	25m	18-5-06	Heemskerk (NED)	504
4. Drubers Mirjam	67	08-021	4:55.60	25m	26-1-86	Castricum (NED)	499
5. Hoek Daniëlle	88	08-021	5:01.12	25m	18-5-06	Heemskerk (NED)	472
6. Groen Anne	95	08-021	5:01.68	25m	1-10-17	Purmerend (NED)	469
7. Koster Lisa	94	08-021	5:02.29	25m	18-11-07	Alkmaar (NED)	466
8. Broek Jade	97	08-021	5:04.72	25m	4-10-15	Purmerend (NED)	455
9. de Groot Daniëlle	93	08-021	5:05.33	25m	12-5-08	Purmerend (NED)	453
10. Stel Serena	98	08-021	5:06.13	25m	28-3-10	Zeist (NED)	449
11. Schelvis Roos	86	08-021	5:06.22	25m	30-5-02	Heemskerk	449
12. Smit Sanne	01	08-021	5:07.66	25m	1-10-17	Purmerend (NED)	442
13. Palmboom Nicole	91	08-021	5:08.81	25m	18-5-06	Heemskerk (NED)	437
14. Stam Vanessa	80	08-021	5:09.30	25m	22-2-98	Zaandam (NED)	435
15. Kleijne Daisy	89	08-021	5:10.46	25m	1-5-05	Zaandam (NED)	431
16. van der Gracht Anouk	89	08-021	5:11.00	25m	31-5-07	Heemskerk (NED)	428
17. Hoekstra Eline	03	08-021	5:12.09	25m	15-1-17	Alkmaar (NED)	424
18. van de Poll Marianne	89	08-021	5:12.47	25m	9-6-03	Z.o. Beemster	422
19. de Haan Shira	00	08-021	5:13.43	25m	17-4-17	Haarlem (NED)	418
20. Hulshof Saskia	73	08-021	5:15.40	25m	11-3-90	Heemskerk (NED)	411
21. Verbree Bets	63	08-021	5:15.70	25m	5-4-81	Heemskerk (NED)	409
22. Besse Karen	75	08-021	5:16.50	25m	10-3-91	Heemskerk (NED)	406
22. Limmen Karin	76	08-021	5:16.50	25m	24-4-93		406
24. Kingma Danae	00	08-021	5:17.00	25m	19-10-14	Zaandam (NED)	404
25. Buur Naomi	01	08-021	5:17.34	25m	6-4-15	Haarlem (NED)	403

500 vrije slag

800 vrije slag

1. Schelvis Femke	84	08-021	9:32.54	25m	28-2-99	Zaandam (NED)	586
2. Crok Linda	94	08-021	10:11.36	25m	16-10-11	Zaandam (NED)	481
3. Vink Lidewij	90	08-021	10:13.37	25m	1-4-06	Zaandam (NED)	477
4. Stel Serena	98	08-021	10:13.69	25m	28-3-10	Zeist (NED)	476
5. Hoek Daniëlle	88	08-021	10:19.78	25m	17-10-04	Zaandam (NED)	462
6. Kingma Danae	00	08-021	10:34.87	25m	19-10-14	Zaandam (NED)	430
7. Kleijne Daisy	89	08-021	10:35.32	25m	1-4-06	Zaandam (NED)	429
8. Stam Vanessa	80	08-021	10:36.50	25m	22-2-98	Zaandam (NED)	427
9. Smit Sanne	01	08-021	10:36.60	25m	8-10-17	Alkmaar (NED)	426
10. Koster Lisa	94	08-021	10:39.38	25m	9-12-07	Zaandam (NED)	421
11. Teufer Irene	96	08-021	10:41.66	25m	30-3-08	Zaandam (NED)	416
12. van der Gracht Anouk	89	08-021	10:43.54	25m	3-2-08	Zaandam (NED)	413
13. Schelvis Roos	86	08-021	10:47.23	25m	4-11-01	Heemskerk	406
14. Essers Sanne	91	08-021	10:56.82	25m	27-10-07	Barneveld (NED)	388
15. Limmen Karin	76	08-021	11:00.20	25m	12-4-92	Heemstede (NED)	382
16. Groen Anne	95	08-021	11:03.36	25m	16-10-11	Zaandam (NED)	377
17. Besse Karen	75	08-021	11:03.90	25m	6-6-91	Heemskerk	376
18. van Rookhuizen Sieta	79	08-021	11:04.30	25m	14-4-94	Heemskerk	375
19. de Groot Daniëlle	93	08-021	11:05.30	25m	9-12-07	Zaandam (NED)	374
20. de Boer Irene	84	08-021	11:09.32	25m	5-11-00	Zaandam (NED)	367
21. Kramer Miranda	80	08-021	11:10.60	25m	22-2-98	Zaandam (NED)	365
22. Mallon Danique	94	08-021	11:12.78	25m	9-12-07	Zaandam (NED)	361
23. Hulshof Saskia	73	08-021	11:15.20	25m	22-4-90	Heemstede (NED)	357
24. Stins Mariska	84	08-021	11:18.69	25m	5-11-00	Zaandam (NED)	352
25. van der Kroft Nicole	84	08-021	11:20.64	25m	26-10-03	Zaandam	349

1000 vrije slag**1250 vrije slag****1500 vrije slag**

1. Schelvis Femke	84	08-021	19:04.76	25m	23-1-00	Heemskerk (NED)	530
2. Crok Linda	94	08-021	19:23.75	25m	4-12-11	Zaandam (NED)	505
3. Vink Lidewij	90	08-021	19:28.97	25m	12-1-06	Heemskerk (NED)	498
4. Hoek Daniëlle	88	08-021	20:03.26	25m	14-11-04	Heemskerk (NED)	457
5. Kleijne Daisy	89	08-021	20:17.52	25m	12-1-06	Heemskerk (NED)	441
6. Schelvis Roos	86	08-021	20:20.21	25m	4-11-01	Heemskerk	438
7. van der Gracht Anouk	89	08-021	20:26.00	25m	3-2-08	Zaandam (NED)	432
8. de Groot Daniëlle	93	08-021	21:01.65	25m	9-12-07	Zaandam (NED)	396
9. de Boer Irene	84	08-021	21:16.67	25m	23-1-00	Heemskerk (NED)	382
10. Limmen Karin	76	08-021	21:25.00	25m	7-2-93	Volendam (NED)	375
11. Groen Anne	95	08-021	21:38.25	25m	19-12-10	Zaandam (NED)	363
12. Stins Mariska	84	08-021	21:41.94	25m	4-1-01	Heemskerk (NED)	360
13. Kramer Miranda	80	08-021	21:44.13	25m	11-2-01	Zaandam (NED)	359
14. Essers Sanne	91	08-021	21:45.01	25m	3-12-06	Zaandam (NED)	358
15. van de Poll Marianne	89	08-021	21:47.89	25m	16-11-03	Heemskerk (NED)	356
16. Koopman Anitra	89	08-021	21:53.80	25m	16-2-03	Zaandam	351
17. de Ruijter Linda	87	08-021	21:56.67	25m	1-12-02	Heemskerk	348
18. Crok Annemarie	89	08-021	22:14.20	25m	16-11-03	Heemskerk (NED)	335
19. Besse Karen	75	08-021	22:20.60	25m	29-12-88	Heemskerk (NED)	330
20. van Rookhuizen Sieta	79	08-021	22:21.97	25m	23-1-00	Heemskerk (NED)	329
21. Zonneveld Chantal	84	08-021	22:25.85	25m	23-1-00	Heemskerk (NED)	326
22. Visser Kelly	89	08-021	22:30.91	25m	10-2-02	Zaandam	323
23. Buur Naomi	01	08-021	22:49.10	25m	9-2-14	Zaandam (NED)	310
24. Hogema Fabiën	93	08-021	22:56.00	25m	28-1-07	Zaandam (NED)	305
25. Butter Anouk	82	08-021	23:04.38	25m	14-11-04	Heemskerk (NED)	300

2000 vrije slag

1. Schelvis Femke	84	08-021	25:28.90	25m	5-3-00	Zaandam (NED)	528
2. Crok Linda	94	08-021	26:17.78	25m	13-2-11	Zaandam (NED)	480
3. van de Poll Marianne	89	08-021	26:56.35	25m	7-3-04	Zaandam	447
4. Vink Lidewij	90	08-021	27:03.36	25m	28-1-07	Zaandam (NED)	441
5. Hoek Daniëlle	88	08-021	27:21.57	25m	7-3-04	Zaandam	426
6. van der Gracht Anouk	89	08-021	27:22.08	25m	3-2-08	Zaandam (NED)	426
7. Kleijne Daisy	89	08-021	27:32.48	25m	1-3-09	Zaandam (NED)	418
8. Essers Sanne	91	08-021	28:04.76	25m	28-1-07	Zaandam (NED)	394
9. Schelvis Roos	86	08-021	28:08.75	25m	10-2-02	Zaandam	391
10. Kramer Miranda	80	08-021	29:04.76	25m	11-2-01	Zaandam (NED)	355
11. Stins Mariska	84	08-021	29:08.81	25m	5-3-00	Zaandam (NED)	352
12. de Ruijter Linda	87	08-021	29:15.39	25m	16-2-03	Zaandam	349
13. Crok Annemarie	89	08-021	29:24.89	25m	7-3-04	Zaandam	343
14. van Rookhuizen Sieta	79	08-021	29:42.03	25m	5-3-00	Zaandam (NED)	333
15. Groen Anne	95	08-021	29:43.90	25m	13-2-11	Zaandam (NED)	332
16. Niesten Iris	92	08-021	32:20.51	25m	28-1-07	Zaandam (NED)	258
17. Boekling Annette	85	08-021	34:19.25	25m	5-3-00	Zaandam (NED)	216

2500 vrije slag**3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Schelvis Femke	84	08-021	15.10	25m	15-1-98	Heemskerk (NED)	514
2. Meijer Sylvia	81	08-021	15.90	25m	13-2-97	Heemskerk (NED)	440
3. Hulshof Saskia	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	432
4. Palmboom Nicole	91	08-021	16.02	25m	19-4-07	Heemskerk (NED)	430
5. Schelvis Roos	86	08-021	16.39	25m	17-2-00	Heemskerk (NED)	402
6. Meijer Linda	77	08-021	16.40	25m	16-5-91	Heemskerk (NED)	401
6. Kramer Miranda	80	08-021	16.40	25m	15-1-98	Heemskerk (NED)	401
8. Kleijne Daisy	89	08-021	16.57	25m	27-4-06	Heemskerk	389
9. Mallon Danique	94	08-021	16.78	25m	29-5-08	Heemskerk (NED)	374
10. Stins Mariska	84	08-021	16.86	25m	19-4-07	Heemskerk (NED)	369
11. Stam Sabrina	82	08-021	16.90	25m	15-1-98	Heemskerk (NED)	367
11. Vink Lidewij	90	08-021	16.90	25m	19-4-07	Heemskerk (NED)	367
13. Crok Linda	94	08-021	16.95	25m	29-5-08	Heemskerk (NED)	363
14. Schuyt Simone	75	08-021	17.00	25m	12-1-89	Heemskerk (NED)	360
15. van Ballegooie Stefanie	86	08-021	17.07	25m	22-2-01	Heemskerk (NED)	356
16. Koster Lisa	94	08-021	17.13	25m	19-4-07	Heemskerk (NED)	352

25 rugslag (sinds 17)

17. van der Kroft Nicole	84	08-021	17.20	25m	13-2-97	Heemskerk (NED)	348
17. Stam Vanessa	80	08-021	17.20	25m	15-1-98	Heemskerk (NED)	348
19. Hoek Daniëlle	88	08-021	17.26	25m	29-5-08	Heemskerk (NED)	344
20. Besse Karen	75	08-021	17.40	25m	12-1-89	Heemskerk (NED)	336
20. Bruin Adri	74	08-021	17.40	25m	12-1-89	Heemskerk (NED)	336
20. de Groot Daniëlle	93	08-021	17.40	25m	19-4-07	Heemskerk (NED)	336
23. Crok Annemarie	89	08-021	17.44	25m	27-4-06	Heemskerk	333
24. Boekling Annette	85	08-021	17.45	25m	22-2-01	Heemskerk (NED)	333
25. Zonneveld Chantal	84	08-021	17.48	25m	22-2-01	Heemskerk (NED)	331

50 rugslag

1. Broek Jade	97	08-021	31.43	25m	1-10-17	Purmerend (NED)	546
2. Kingma Danae	00	08-021	31.76	25m	18-2-16	Heemskerk (NED)	529
3. Kleijne Daisy	89	08-021	32.44	25m	5-3-06	Purmerend (NED)	497
4. Schelvis Femke	84	08-021	32.93	25m	14-11-99	Zaandam (NED)	475
5. Palmboom Nicole	91	08-021	33.39	25m	29-12-07	Maastricht (NED)	455
6. Koper Fiona	01	08-021	33.41	25m	2-2-17	Heemskerk (NED)	455
7. Koster Lisa	94	08-021	33.96	25m	13-12-07	Heemskerk (NED)	433
8. Groen Anne	95	08-021	34.04	25m	2-10-16	Purmerend (NED)	430
9. Hulshof Saskia	73	08-021	34.10	25m	30-6-88	Heemskerk (NED)	428
10. Hoekstra Eline	03	08-021	34.16	25m	2-2-17	Heemskerk (NED)	425
11. Crok Linda	94	08-021	34.25	25m	3-3-13	Purmerend (NED)	422
12. Smit Sanne	01	08-021	34.37	25m	15-2-15	Purmerend (NED)	418
13. Kramer Miranda	80	08-021	34.40	25m	5-4-98	Heemskerk (NED)	416
14. Meijer Sylvia	81	08-021	34.50	25m	26-1-97	Zuidoost Beemster (NED)	413
15. Schelvis Roos	86	08-021	34.63	25m	16-4-00	Almelo (NED)	408
16. Meijer Linda	77	08-021	34.70	25m	17-2-94	Heemskerk	406
17. Mallon Danique	94	08-021	34.73	25m	22-5-10	Purmerend (NED)	405
18. Buur Naomi	01	08-021	34.76	25m	18-2-16	Heemskerk (NED)	404
19. Vink Lidewij	90	08-021	34.96	25m	5-3-06	Purmerend (NED)	397
20. Jongema Helena	80	08-021	35.08	25m	16-3-08	Amersfoort (NED)	393
21. Stins Mariska	84	08-021	35.29	25m	7-6-03	Z.o. Beemster	386
22. Hoek Daniëlle	88	08-021	35.31	25m	28-10-04	Heemskerk (NED)	385
23. van der Kroft Nicole	84	08-021	35.60	25m	29-11-01	Heemskerk	376
24. van 't Veer Iris	03	08-021	35.66	25m	15-10-17	Alkmaar (NED)	374
25. Poppema Yvonne	68	08-021	35.70	25m	2-9-84	Heemskerk (NED)	373

100 rugslag

1. Broek Jade	97	08-021	1:07.20	25m	8-10-17	Alkmaar (NED)	555
2. Kingma Danae	00	08-021	1:07.40	25m	1-10-17	Purmerend (NED)	550
3. Schelvis Femke	84	08-021	1:09.10	25m	28-11-04	Heemskerk (NED)	510
4. Kleijne Daisy	89	08-021	1:11.62	25m	16-4-06	Haarlem (NED)	458
5. Crok Linda	94	08-021	1:12.23	25m	17-11-11	Heemskerk (NED)	447
6. Koper Fiona	01	08-021	1:12.27	25m	17-11-16	Heemskerk (NED)	446
7. Hulshof Saskia	73	08-021	1:12.60	25m	7-1-89	Hilversum (NED)	440
8. Meijer Sylvia	81	08-021	1:13.00	25m	30-3-97	Haarlem (NED)	433
9. Koster Lisa	94	08-021	1:13.07	25m	17-11-07	Barneveld (NED)	431
10. Schelvis Roos	86	08-021	1:13.34	25m	16-4-00	Almelo (NED)	427
11. Groen Anne	95	08-021	1:13.36	25m	15-1-17	Alkmaar (NED)	426
12. Smit Sanne	01	08-021	1:13.59	25m	10-1-16	Purmerend (NED)	422
13. van 't Veer Iris	03	08-021	1:13.84	25m	15-10-17	Alkmaar (NED)	418
14. Hoekstra Eline	03	08-021	1:14.16	25m	17-11-16	Heemskerk (NED)	413
15. Mallon Danique	94	08-021	1:14.20	25m	4-11-10	Heemskerk (NED)	412
16. Kramer Miranda	80	08-021	1:14.70	25m	30-3-97	Haarlem (NED)	404
17. Poppema Yvonne	68	08-021	1:15.10	25m	12-2-84	Heemskerk (NED)	397
18. van der Kroft Nicole	84	08-021	1:15.16	25m	15-4-01	Haarlem (NED)	396
19. de Graaf Annemiek	70	08-021	1:15.30	25m	31-12-86		394

100 rugslag (sinds 20)

20. Jongema Helena	80	08-021	1:15.36	25m	3-5-08	Winterswijk (NED)	393
21. Meijer Linda	77	08-021	1:15.80	25m	8-9-91	Assendelft (NED)	386
22. Zonneveld Chantal	84	08-021	1:16.21	25m	28-3-02	Heemskerk	380
23. Buur Naomi	01	08-021	1:16.29	25m	27-3-16	Haarlem (NED)	379
24. Stins Mariska	84	08-021	1:16.36	25m	9-11-03	Zaandam	378
25. Essers Sanne	91	08-021	1:16.44	25m	8-4-07	Haarlem (NED)	377

200 rugslag

1. Schelvis Femke	84	08-021	2:26.44	25m	10-10-99	Zaandam (NED)	550
2. Kingma Danae	00	08-021	2:28.91	25m	29-3-15	Zaandam (NED)	523
3. Broek Jade	97	08-021	2:31.35	25m	12-2-17	Purmerend (NED)	498
4. Crok Linda	94	08-021	2:36.36	25m	11-4-10	Zaandam (NED)	452
5. Groen Anne	95	08-021	2:36.81	25m	12-2-17	Purmerend (NED)	448
6. Kleijne Daisy	89	08-021	2:38.20	25m	10-4-05	Zuidoost-Beemster (NED)	436
7. de Graaf Annemiek	70	08-021	2:39.30	25m	13-4-86		427
8. Schelvis Roos	86	08-021	2:39.57	25m	19-11-00	Zaandam (NED)	425
9. van der Kroft Nicole	84	08-021	2:40.92	25m	14-12-00	Heemskerk (NED)	414
10. Palmboom Nicole	91	08-021	2:41.16	25m	9-3-08	Heemskerk (NED)	413
11. Stel Serena	98	08-021	2:41.22	25m	21-3-10	Zaandam (NED)	412
12. van 't Veer Iris	03	08-021	2:41.43	25m	15-10-17	Alkmaar (NED)	411
13. Meijer Sylvia	81	08-021	2:42.31	25m	24-9-98	Heemskerk (NED)	404
14. Hulshof Saskia	73	08-021	2:42.50	25m	4-11-89		403
15. Koster Lisa	94	08-021	2:42.59	25m	21-10-07	Zaandam (NED)	402
16. Crok Annemarie	89	08-021	2:42.61	25m	14-3-04	Zaandam	402
17. Hoekstra Eline	03	08-021	2:42.71	25m	19-3-17	Zaandam (NED)	401
18. Mallon Danique	94	08-021	2:42.74	25m	11-4-10	Zaandam (NED)	401
19. Poppema Yvonne	68	08-021	2:43.10	25m	31-12-83		398
20. Kramer Miranda	80	08-021	2:43.40	25m	10-10-96	Heemskerk (NED)	396
21. Vink Lidewij	90	08-021	2:43.41	25m	9-3-08	Heemskerk (NED)	396
22. Meijer Linda	77	08-021	2:43.60	25m	14-10-93	Heemskerk	394
23. Stins Mariska	84	08-021	2:44.24	25m	16-3-03	Heemskerk	390
24. Koopman Anitra	89	08-021	2:45.89	25m	27-11-05	Heemskerk (NED)	378
25. Niesten Iris	92	08-021	2:45.90	25m	14-3-10	Heemskerk (NED)	378

500 rugslag25 schoolslag

1. Palmboom Nicole	91	08-021	17.22	25m	27-4-06	Heemskerk	471
2. Kramer Miranda	80	08-021	17.60	25m	19-3-98	Heemskerk (NED)	441
3. van Honk Chantal	80	08-021	17.80	25m	16-5-91	Heemskerk (NED)	426
3. van Rookhuizen Sieta	79	08-021	17.80	25m	13-3-97	Heemskerk (NED)	426
5. de Groot Daniëlle	93	08-021	17.83	25m	29-5-08	Heemskerk (NED)	424
6. Hulshof Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)	419
6. Stam Vanessa	80	08-021	17.90	25m	13-3-97	Heemskerk (NED)	419
8. van der Geest Saskia	73	08-021	18.10	25m	12-1-89	Heemskerk (NED)	405
9. Hogema Fabiën	93	08-021	18.32	25m	19-4-07	Heemskerk (NED)	391
10. van der Kroft Nicole	84	08-021	18.40	25m	13-3-97	Heemskerk (NED)	386
11. van der Gracht Anouk	89	08-021	18.41	25m	27-4-06	Heemskerk	385
12. Koster Lisa	94	08-021	18.50	25m	19-4-07	Heemskerk (NED)	380
13. Schelvis Femke	84	08-021	18.60	25m	19-3-98	Heemskerk (NED)	373
14. Schelvis Roos	86	08-021	18.63	25m	22-2-01	Heemskerk (NED)	372
15. Crok Linda	94	08-021	18.68	25m	29-5-08	Heemskerk (NED)	369
16. Boekling Annette	85	08-021	18.72	25m	22-2-01	Heemskerk (NED)	366
17. Vink Lidewij	90	08-021	18.88	25m	19-4-07	Heemskerk (NED)	357
18. Stins Mariska	84	08-021	18.89	25m	25-3-99	Heemskerk (NED)	356
19. Crok Annemarie	89	08-021	19.04	25m	27-4-06	Heemskerk	348

25 schoolslag (sinds 20)

20. Vink Marjolein	93	08-021	19.06	25m	19-4-07	Heemskerk (NED)	347
21. Schuyt Simone	75	08-021	19.10	25m	12-1-89	Heemskerk (NED)	345
21. Stam Sabrina	82	08-021	19.10	25m	13-3-97	Heemskerk (NED)	345
23. Besse Karen	75	08-021	19.40	25m	12-1-89	Heemskerk (NED)	329
23. Beentjes Nicolet	80	08-021	19.40	25m	14-3-96	Heemskerk (NED)	329
25. de Boer Irene	84	08-021	19.43	25m	25-3-99	Heemskerk (NED)	328

50 schoolslag

1. Kingma Danae	00	08-021	34.17	25m	13-11-16	Purmerend (NED)	598
2. Broek Jade	97	08-021	36.51	25m	13-11-16	Purmerend (NED)	490
3. van Honk Chantal	80	08-021	37.00	25m	12-5-93		471
4. Palmboom Nicole	91	08-021	37.64	25m	30-12-07	Maastricht (NED)	447
5. de Haan Shira	00	08-021	38.19	25m	29-12-16	Leeuwarden (NED)	428
6. van der Geest Saskia	73	08-021	38.90	25m	31-12-88		405
7. Kramer Miranda	80	08-021	38.91	25m	16-4-00	Almelo (NED)	405
8. Stam Vanessa	80	08-021	39.00	25m	26-1-97	Zuidoost Beemster (NED)	402
9. de Groot Daniëlle	93	08-021	39.29	25m	10-2-08	Purmerend (NED)	393
10. Crok Linda	94	08-021	39.33	25m	3-3-13	Purmerend (NED)	392
11. van Rookhuizen Sieta	79	08-021	39.42	25m	24-9-98	Heemskerk (NED)	389
12. Groen Anne	95	08-021	39.62	25m	16-3-17	Heemskerk (NED)	384
13. Koster Lisa	94	08-021	40.10	25m	30-12-07	Maastricht (NED)	370
14. Schelvis Femke	84	08-021	40.22	25m	25-11-04	Heemskerk (NED)	367
15. van der Kroft Nicole	84	08-021	40.32	25m	17-3-02	Zaandam	364
16. Hulshof Saskia	73	08-021	40.40	25m	14-12-88		362
17. Vink Lidewij	90	08-021	40.57	25m	5-3-06	Purmerend (NED)	357
18. Hoekstra Eline	03	08-021	40.61	25m	1-10-17	Purmerend (NED)	356
19. Crok Annemarie	89	08-021	40.71	25m	15-11-09	Haarlem (NED)	354
20. van der Gracht Anouk	89	08-021	40.72	25m	8-4-07	Haarlem (NED)	353
21. Schelvis Roos	86	08-021	40.77	25m	3-12-00	Zaandam (NED)	352
22. Smit Sanne	01	08-021	40.95	25m	15-2-15	Purmerend (NED)	347
23. Vink Marjolein	93	08-021	40.96	25m	7-12-08	Zaandam (NED)	347
24. Hogema Fabiën	93	08-021	41.02	25m	8-4-07	Haarlem (NED)	346
24. Teufer Irene	96	08-021	41.02	25m	25-11-07	Amsterdam (NED)	346

100 schoolslag

1. Kingma Danae	00	08-021	1:16.62	25m	13-11-16	Purmerend (NED)	539
2. van Honk Chantal	80	08-021	1:19.80	25m	13-12-92	Heemskerk (NED)	477
3. Broek Jade	97	08-021	1:20.60	25m	30-12-16	Leeuwarden (NED)	463
4. Drubers Mirjam	67	08-021	1:20.90	25m	31-12-85		458
5. Palmboom Nicole	91	08-021	1:22.16	25m	25-11-07	Amsterdam (NED)	437
6. de Haan Shira	00	08-021	1:22.34	25m	8-1-17	Purmerend (NED)	434
7. van der Geest Saskia	73	08-021	1:22.60	25m	7-2-88	Heemskerk (NED)	430
8. Stam Vanessa	80	08-021	1:24.30	25m	7-11-96	Heemskerk (NED)	404
9. van Rookhuizen Sieta	79	08-021	1:24.87	25m	5-4-99	Haarlem (NED)	396
9. de Groot Daniëlle	93	08-021	1:24.87	25m	27-3-08	Heemskerk (NED)	396
11. Kramer Miranda	80	08-021	1:25.00	25m	13-4-98	Haarlem (NED)	394
12. Crok Linda	94	08-021	1:25.35	25m	1-10-17	Purmerend (NED)	390
13. Teufer Irene	96	08-021	1:25.82	25m	24-3-08	Haarlem (NED)	383
14. Schelvis Femke	84	08-021	1:25.84	25m	28-1-99	Heemskerk (NED)	383
15. van der Kroft Nicole	84	08-021	1:25.98	25m	28-3-02	Heemskerk	381
16. Groen Anne	95	08-021	1:26.47	25m	13-10-16	Heemskerk (NED)	375
17. Stam Sabrina	82	08-021	1:26.50	25m	14-12-97	Heemskerk (NED)	374
18. Hoekstra Eline	03	08-021	1:26.71	25m	1-10-17	Purmerend (NED)	371
19. Schelvis Roos	86	08-021	1:26.96	25m	28-3-02	Heemskerk	368
20. Crok Annemarie	89	08-021	1:27.24	25m	19-11-09	Heemskerk (NED)	365
21. Peters Yvonne	63	08-021	1:27.40	25m	6-10-85	Wormerveer (NED)	363
22. Koster Lisa	94	08-021	1:28.10	25m	17-11-07	Barneveld (NED)	354

100 schoolslag (sinds 23)

23. van Galen Angela	65	08-021	1:28.20	25m	14-3-82		353
24. van 't Veer Iris	03	08-021	1:28.34	25m	1-10-17	Purmerend (NED)	351
25. Mallon Danique	94	08-021	1:28.39	25m	14-3-10	Heemskerk (NED)	351

200 schoolslag

1. Kingma Danae	00	08-021	2:53.96	25m	4-10-15	Purmerend (NED)	462
2. de Haan Shira	00	08-021	2:54.99	25m	15-1-17	Alkmaar (NED)	454
3. van Honk Chantal	80	08-021	2:55.20	25m	9-1-93	Zuidoost Beemster (NED)	453
4. Broek Jade	97	08-021	2:57.88	25m	12-2-17	Purmerend (NED)	432
5. van der Geest Saskia	73	08-021	2:58.90	25m	31-12-88		425
6. Stam Vanessa	80	08-021	2:59.80	25m	6-4-97	Heemskerk (NED)	419
7. van Rookhuizen Sieta	79	08-021	3:02.04	25m	10-10-99	Zaandam (NED)	403
8. van der Kroft Nicole	84	08-021	3:02.41	25m	25-1-01	Heemskerk (NED)	401
9. Kramer Miranda	80	08-021	3:02.52	25m	27-1-00	Heemskerk (NED)	400
10. Palmboom Nicole	91	08-021	3:02.96	25m	13-12-07	Heemskerk (NED)	397
11. de Groot Daniëlle	93	08-021	3:04.53	25m	9-3-08	Heemskerk (NED)	387
12. Schelvis Femke	84	08-021	3:05.36	25m	3-10-04	Heemskerk (NED)	382
13. Crok Linda	94	08-021	3:05.44	25m	19-1-14	Zaandam (NED)	382
14. Crok Annemarie	89	08-021	3:05.90	25m	16-1-11	Zaandam (NED)	379
15. Teufer Irene	96	08-021	3:06.47	25m	20-1-08	Zaandam (NED)	375
16. Schelvis Roos	86	08-021	3:07.13	25m	21-11-99	Heemskerk (NED)	371
17. Smit Sanne	01	08-021	3:08.36	25m	12-3-17	Purmerend (NED)	364
18. Vink Lidewij	90	08-021	3:08.43	25m	27-10-05	Heemskerk (NED)	364
19. van Galen Angela	65	08-021	3:09.00	25m	5-4-81	Heemskerk (NED)	360
20. Niesten Iris	92	08-021	3:09.37	25m	5-10-08	Heemskerk (NED)	358
21. Vink Marjolein	93	08-021	3:10.04	25m	18-11-07	Alkmaar (NED)	355
22. Niesten Annet	62	08-021	3:11.10	25m	7-5-78	Assendelft (NED)	349
23. Mallon Danique	94	08-021	3:11.53	25m	25-3-10	Heemskerk (NED)	346
24. Heus Pauline	78	08-021	3:11.60	25m	6-4-97	Heemskerk (NED)	346
25. Hoekstra Eline	03	08-021	3:11.69	25m	12-2-17	Purmerend (NED)	345

500 schoolslag800 schoolslag1000 schoolslag1250 schoolslag1500 schoolslag2000 schoolslag2500 schoolslag3000 schoolslag4000 schoolslag5000 schoolslag

25 vlinderslag

1. Schelvis Femke	84	08-021	13.74	25m	4-5-00	Heemskerk (NED)	540
2. van Rijn-Hofwegen Wilma	71	08-021	14.72	25m	1-12-13	Vlaardingen (NED)	439
3. Crok Annemarie	89	08-021	14.93	25m	30-6-11	Heemskerk (NED)	421
4. Palmboom Nicole	91	08-021	15.02	25m	19-4-07	Heemskerk (NED)	413
5. van Staveren Marina	78	08-021	15.06	25m	17-11-11	Heemskerk (NED)	410
6. de Groot Daniëlle	93	08-021	15.10	25m	29-5-08	Heemskerk (NED)	406
7. Vink Lidewij	90	08-021	15.14	25m	19-4-07	Heemskerk (NED)	403
8. van der Kroft Nicole	84	08-021	15.23	25m	29-3-01	Heemskerk (NED)	396
9. Besse Karen	75	08-021	15.30	25m	12-1-89	Heemskerk (NED)	391
9. Butter Anouk	82	08-021	15.30	25m	29-3-01	Heemskerk (NED)	391
9. Stins Mariska	84	08-021	15.30	25m	19-4-07	Heemskerk (NED)	391
12. Schelvis Roos	86	08-021	15.39	25m	29-3-01	Heemskerk (NED)	384
13. Hulshof Saskia	73	08-021	15.40	25m	31-12-89	Heemskerk (NED)	383
13. van der Gracht Anouk	89	08-021	15.40	25m	29-5-08	Heemskerk (NED)	383
15. Meijer Sylvia	81	08-021	15.41	25m	29-3-01	Heemskerk (NED)	382
15. Hoek Daniëlle	88	08-021	15.41	25m	30-6-11	Heemskerk (NED)	382
17. de Boer Irene	84	08-021	15.46	25m	29-3-01	Heemskerk (NED)	379
18. Koster Lisa	94	08-021	15.51	25m	29-5-08	Heemskerk (NED)	375
19. Vink Marjolein	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)	373
19. Kleijne Daisy	89	08-021	15.54	25m	30-6-11	Heemskerk (NED)	373
21. Meijer Linda	77	08-021	15.60	25m	16-5-91	Heemskerk (NED)	369
21. Kramer Miranda	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)	369
23. van Rookhuizen Sieta	79	08-021	15.65	25m	4-5-00	Heemskerk (NED)	365
24. Essers Sanne	91	08-021	15.68	25m	27-4-06	Heemskerk	363
25. Stam Sabrina	82	08-021	15.70	25m	15-1-98	Heemskerk (NED)	362

50 vlinderslag

1. Kingma Danae	00	08-021	30.41	25m	15-1-17	Alkmaar (NED)	515
2. Broek Jade	97	08-021	30.60	25m	10-12-15	Heemskerk (NED)	505
3. Schelvis Femke	84	08-021	30.83	25m	17-10-99	Zaandam (NED)	494
4. Palmboom Nicole	91	08-021	31.87	25m	24-3-08	Haarlem (NED)	447
5. van der Gracht Anouk	89	08-021	31.89	25m	12-12-13	Heemskerk (NED)	446
6. van de Poll Marianne	89	08-021	32.31	25m	4-4-04	Zaandam	429
7. Crok Annemarie	89	08-021	32.37	25m	17-11-11	Heemskerk (NED)	427
8. Drubers Mirjam	67	08-021	32.50	25m	10-11-85		422
9. Groen Anne	95	08-021	32.57	25m	12-2-17	Purmerend (NED)	419
10. Hoekstra Eline	03	08-021	32.62	25m	15-10-17	Alkmaar (NED)	417
11. Vink Lidewij	90	08-021	32.65	25m	5-3-06	Purmerend (NED)	416
12. van der Kroft Nicole	84	08-021	32.95	25m	18-12-03	Heemskerk (NED)	405
13. Verbree Bets	63	08-021	33.00	25m	17-5-81	Castricum (NED)	403
14. Hoek Daniëlle	88	08-021	33.06	25m	19-2-12	Purmerend (NED)	401
15. Smit Sanne	01	08-021	33.07	25m	17-11-16	Heemskerk (NED)	400
16. van Staveren Marina	78	08-021	33.15	25m	22-3-12	Heemskerk (NED)	397
17. Teufer Irene	96	08-021	33.18	25m	9-3-08	Heemskerk (NED)	396
18. Stam Vanessa	80	08-021	33.30	25m	24-5-98	Zaandam (NED)	392
19. de Groot Daniëlle	93	08-021	33.34	25m	29-12-07	Maastricht (NED)	391
20. de Haan Shira	00	08-021	33.35	25m	12-2-17	Purmerend (NED)	390
21. Mallon Danique	94	08-021	33.41	25m	23-5-10	Purmerend (NED)	388
22. Essers Sanne	91	08-021	33.72	25m	28-12-07	Maastricht (NED)	377
23. Kleijne Daisy	89	08-021	33.96	25m	15-3-09	Haarlem (NED)	369
24. Crok Linda	94	08-021	34.09	25m	12-6-11	Purmerend (NED)	365
25. Besse Karen	75	08-021	34.10	25m	24-2-94	Heemskerk (NED)	365

100 vlinderslag

1.	Schelvis Femke	84	08-021	1:08.80	25m	10-10-99	Zaandam (NED)	512
2.	Kingma Danae	00	08-021	1:09.75	25m	12-2-17	Purmerend (NED)	491
3.	Broek Jade	97	08-021	1:10.25	25m	18-2-16	Heemskerk (NED)	481
4.	Drubers Mirjam	67	08-021	1:10.80	25m	31-12-85		470
5.	Vink Lidewij	90	08-021	1:12.85	25m	10-12-06	Heemskerk (NED)	431
6.	de Groot Daniëlle	93	08-021	1:13.13	25m	25-11-07	Amsterdam (NED)	426
7.	Palmboom Nicole	91	08-021	1:13.63	25m	17-11-07	Barneveld (NED)	417
8.	Mallon Danique	94	08-021	1:13.93	25m	23-5-10	Purmerend (NED)	412
8.	van der Gracht Anouk	89	08-021	1:13.93	25m	9-3-14	Zaandam (NED)	412
10.	Crok Annemarie	89	08-021	1:14.05	25m	29-11-09	Heemskerk (NED)	410
11.	Verbree Bets	63	08-021	1:14.50	25m	7-2-82		403
12.	de Haan Shira	00	08-021	1:14.89	25m	12-2-17	Purmerend (NED)	397
13.	Hoek Daniëlle	88	08-021	1:15.40	25m	9-2-12	Heemskerk (NED)	389
14.	van de Poll Marianne	89	08-021	1:15.65	25m	14-12-03	Heemskerk (NED)	385
15.	Stins Mariska	84	08-021	1:15.83	25m	27-5-04	Heemskerk (NED)	382
16.	Groen Anne	95	08-021	1:16.26	25m	2-2-17	Heemskerk (NED)	376
17.	Smit Sanne	01	08-021	1:16.36	25m	9-10-16	Alkmaar (NED)	374
18.	Stam Vanessa	80	08-021	1:16.60	25m	15-12-96	Heemskerk (NED)	371
19.	Essers Sanne	91	08-021	1:16.69	25m	21-10-07	Zaandam (NED)	369
20.	van der Kroft Nicole	84	08-021	1:16.86	25m	14-1-01	Heemskerk (NED)	367
21.	Besse Karen	75	08-021	1:17.20	25m	24-2-91	Heemskerk (NED)	362
22.	Teufer Irene	96	08-021	1:17.25	25m	17-2-08	Zaandam (NED)	361
23.	Crok Linda	94	08-021	1:17.58	25m	13-11-16	Purmerend (NED)	357
24.	van Staveren Marina	78	08-021	1:17.69	25m	18-2-12	Heerenveen (NED)	355
25.	Spijker Kristel	84	08-021	1:17.92	25m	13-3-11	Heemskerk (NED)	352

200 vlinderslag

1.	Schelvis Femke	84	08-021	2:35.87	25m	25-11-04	Heemskerk (NED)	465
2.	Vink Lidewij	90	08-021	2:46.45	25m	21-1-07	Zaandam (NED)	382
3.	Mallon Danique	94	08-021	2:48.96	25m	18-2-10	Heemskerk (NED)	365
4.	Stam Vanessa	80	08-021	2:49.10	25m	29-3-98	Heemstede (NED)	364
5.	Crok Annemarie	89	08-021	2:49.30	25m	14-3-10	Heemskerk (NED)	363
6.	Palmboom Nicole	91	08-021	2:51.40	25m	31-1-08	Heemskerk (NED)	349
7.	van der Gracht Anouk	89	08-021	2:52.59	25m	9-3-08	Heemskerk (NED)	342
8.	Teufer Irene	96	08-021	2:54.51	25m	16-12-07	Zaandam (NED)	331
9.	Verbree Bets	63	08-021	2:54.70	25m	31-12-81		330
10.	de Groot Daniëlle	93	08-021	2:56.23	25m	26-5-07	Purmerend (NED)	321
11.	Stins Mariska	84	08-021	2:58.47	25m	15-3-09	Haarlem (NED)	309
12.	de Haan Shira	00	08-021	2:58.95	25m	12-3-17	Purmerend (NED)	307
13.	van de Poll Marianne	89	08-021	2:59.51	25m	7-6-03	Z.o. Beemster	304
14.	Spijker Kristel	84	08-021	3:01.28	25m	14-3-10	Heemskerk (NED)	295
15.	Hoekstra Eline	03	08-021	3:02.29	25m	27-11-16	Zaandam (NED)	290
16.	van der Kroft Nicole	84	08-021	3:02.96	25m	26-4-01	Heemskerk (NED)	287
17.	Schelvis Roos	86	08-021	3:03.76	25m	20-12-01	Heemskerk	283
18.	Butter Anouk	82	08-021	3:04.98	25m	26-4-01	Heemskerk (NED)	278
19.	Groen Anne	95	08-021	3:05.24	25m	12-3-17	Purmerend (NED)	277
20.	Meijer Linda	77	08-021	3:06.00	25m	7-2-93	Volendam (NED)	273
20.	Kleijne Daisy	89	08-021	3:06.00	25m	31-1-08	Heemskerk (NED)	273
22.	Crok Linda	94	08-021	3:06.01	25m	18-2-10	Heemskerk (NED)	273
23.	Stel Serena	98	08-021	3:07.06	25m	18-2-10	Heemskerk (NED)	269
24.	de Ruijter Linda	87	08-021	3:07.60	25m	22-12-02	Zaandam	266
25.	Hoek Daniëlle	88	08-021	3:07.93	25m	31-1-08	Heemskerk (NED)	265

100 wisselslag

1. Kingma Danae	00	08-021	1:08.21	25m	29-12-16	Leeuwarden (NED)	597
2. Broek Jade	97	08-021	1:09.81	25m	2-1-16	Hoor (NED)	557
3. Schelvis Femke	84	08-021	1:09.84	25m	18-2-99	Heemskerk (NED)	556
4. Palmboom Nicole	91	08-021	1:12.94	25m	10-2-08	Purmerend (NED)	488
5. Crok Linda	94	08-021	1:12.98	25m	11-4-10	Zaandam (NED)	487
6. Groen Anne	95	08-021	1:13.00	25m	2-10-16	Purmerend (NED)	487
7. Hoekstra Eline	03	08-021	1:13.97	25m	15-10-17	Alkmaar (NED)	468
8. Koster Lisa	94	08-021	1:13.98	25m	12-5-08	Purmerend (NED)	468
9. van der Kroft Nicole	84	08-021	1:14.28	25m	27-9-01	Heemskerk	462
10. Schelvis Roos	86	08-021	1:15.00	25m	12-12-99	Heemskerk (NED)	449
11. Smit Sanne	01	08-021	1:15.06	25m	11-12-16	Alkmaar (NED)	448
12. de Haan Shira	00	08-021	1:15.07	25m	11-5-17	Heemskerk (NED)	448
13. de Groot Daniëlle	93	08-021	1:15.39	25m	6-1-08	Alkmaar (NED)	442
14. Crok Annemarie	89	08-021	1:15.40	25m	19-11-09	Heemskerk (NED)	442
15. Kramer Miranda	80	08-021	1:15.65	25m	15-11-98	Zaandam (NED)	437
16. Mallon Danique	94	08-021	1:15.90	25m	11-4-10	Zaandam (NED)	433
17. Kleijne Daisy	89	08-021	1:15.95	25m	30-12-05	Maastricht (NED)	432
18. Besse Karen	75	08-021	1:16.10	25m	14-3-91	Heemskerk (NED)	430
19. van der Gracht Anouk	89	08-021	1:16.15	25m	20-5-13	Purmerend (NED)	429
20. Hulshof Saskia	73	08-021	1:16.20	25m	31-12-89	Heemskerk (NED)	428
21. Vink Lidewij	90	08-021	1:16.36	25m	26-3-06	Purmerend (NED)	425
22. van Staveren Marina	78	08-021	1:16.71	25m	13-5-12	Grootebroek (NED)	420
23. Buur Naomi	01	08-021	1:16.81	25m	10-1-16	Purmerend (NED)	418
24. Hoek Daniëlle	88	08-021	1:16.84	25m	12-2-12	Heemstede (NED)	417
25. Stam Vanessa	80	08-021	1:17.70	25m	5-10-97	Zaandam (NED)	404

200 wisselslag

1. Schelvis Femke	84	08-021	2:29.81	25m	4-11-99	Heemskerk (NED)	556
2. Kingma Danae	00	08-021	2:30.72	25m	12-2-17	Purmerend (NED)	546
3. Broek Jade	97	08-021	2:35.38	25m	15-11-15	Purmerend (NED)	498
4. Drubers Mirjam	67	08-021	2:35.70	25m	18-5-85		495
5. Groen Anne	95	08-021	2:37.83	25m	12-3-17	Purmerend (NED)	475
6. Crok Linda	94	08-021	2:38.33	25m	24-4-11	Haarlem (NED)	471
7. Palmboom Nicole	91	08-021	2:39.09	25m	13-1-08	Heemskerk (NED)	464
8. Smit Sanne	01	08-021	2:39.42	25m	12-2-17	Purmerend (NED)	461
9. Crok Annemarie	89	08-021	2:40.68	25m	3-4-11	Zaandam (NED)	450
10. Hoekstra Eline	03	08-021	2:41.31	25m	15-10-17	Alkmaar (NED)	445
11. Stam Vanessa	80	08-021	2:41.90	25m	5-4-98	Heemskerk (NED)	440
12. de Haan Shira	00	08-021	2:42.93	25m	12-2-17	Purmerend (NED)	432
13. Kleijne Daisy	89	08-021	2:43.70	25m	9-4-06	Purmerend (NED)	426
14. Vink Lidewij	90	08-021	2:44.06	25m	14-12-06	Heemskerk (NED)	423
14. Stel Serena	98	08-021	2:44.06	25m	18-4-10	Zaandam (NED)	423
16. van der Kroft Nicole	84	08-021	2:44.29	25m	7-10-01	Zaandam (NED)	421
17. Stam Sabrina	82	08-021	2:44.60	25m	7-5-98	Heemskerk (NED)	419
18. Koster Lisa	94	08-021	2:44.63	25m	25-11-07	Amsterdam (NED)	419
19. Schelvis Roos	86	08-021	2:44.66	25m	10-3-02	Heemskerk	418
20. van der Gracht Anouk	89	08-021	2:45.00	25m	1-3-08	Hoor (NED)	416
21. Kramer Miranda	80	08-021	2:45.04	25m	13-1-02	Zaandam	415
22. Hulshof Saskia	73	08-021	2:45.40	25m	11-2-90	Heemskerk (NED)	413
22. van Honk Chantal	80	08-021	2:45.40	25m	25-3-93	Heemskerk (NED)	413
24. Teufer Irene	96	08-021	2:45.65	25m	24-2-08	Zaandam (NED)	411
25. Hoek Daniëlle	88	08-021	2:45.72	25m	16-1-05	Zaandam (NED)	410

300 wisselslag

1. Schelvis Femke	84	08-021	4:07.83	25m	30-11-03	Heemskerk (NED)
2. Vink Lidewij	90	08-021	4:12.63	25m	13-11-05	Zaandam (NED)
3. Schelvis Roos	86	08-021	4:19.22	25m	20-1-01	Amsterdam (NED)
4. Kleijne Daisy	89	08-021	4:20.65	25m	19-12-04	Heemskerk (NED)
5. Essers Sanne	91	08-021	4:22.14	25m	3-12-06	Zaandam (NED)
6. Crok Annemarie	89	08-021	4:23.42	25m	13-11-05	Zaandam (NED)
7. Hoek Daniëlle	88	08-021	4:24.44	25m	13-11-05	Zaandam (NED)
8. Crok Linda	94	08-021	4:25.22	25m	9-11-08	Zaandam (NED)
9. van der Kroft Nicole	84	08-021	4:26.28	25m	23-1-00	Heemskerk (NED)
10. van de Poll Marianne	89	08-021	4:28.07	25m	30-11-03	Heemskerk (NED)
11. Stins Mariska	84	08-021	4:28.22	25m	20-1-01	Amsterdam (NED)
12. de Groot Daniëlle	93	08-021	4:29.29	25m	9-12-07	Zaandam (NED)
13. van der Gracht Anouk	89	08-021	4:30.13	25m	3-12-06	Zaandam (NED)
14. Koopman Anitra	89	08-021	4:34.08	25m	30-11-03	Heemskerk (NED)
15. de Ruijter Linda	87	08-021	4:39.73	25m	24-11-02	Amsterdam
16. van Ballegooie Simone	84	08-021	4:41.34	25m	23-1-00	Heemskerk (NED)
17. Mallon Danique	94	08-021	4:41.82	25m	9-11-08	Zaandam (NED)
18. Palmboom Nicole	91	08-021	4:42.54	25m	19-12-04	Heemskerk (NED)
19. Heus Pauline	78	08-021	4:44.97	25m	23-1-00	Heemskerk (NED)
20. Niesten Iris	92	08-021	4:47.61	25m	3-12-06	Zaandam (NED)
21. Visser Stacey	87	08-021	4:50.92	25m	20-1-01	Amsterdam (NED)
22. Hogema Fabiën	93	08-021	5:00.83	25m	13-11-05	Zaandam (NED)
23. Vink Marjolein	93	08-021	5:05.15	25m	13-11-05	Zaandam (NED)
24. van Ballegooie Stefanie	86	08-021	5:05.52	25m	20-1-01	Amsterdam (NED)
25. Hoek Laura	86	08-021	5:12.22	25m	23-1-00	Heemskerk (NED)

400 wisselslag

1. Schelvis Femke	84	08-021	5:29.20	25m	10-5-98	Zaandam (NED)	497
2. Vink Lidewij	90	08-021	5:43.03	25m	1-4-06	Zaandam (NED)	439
3. Smit Sanne	01	08-021	5:47.60	25m	8-1-17	Purmerend (NED)	422
4. Hoekstra Eline	03	08-021	5:47.81	25m	19-3-17	Zaandam (NED)	421
5. de Haan Shira	00	08-021	5:51.41	25m	4-6-17	Purmerend (NED)	409
6. van der Gracht Anouk	89	08-021	5:52.01	25m	24-2-08	Zaandam (NED)	406
7. Schelvis Roos	86	08-021	5:54.48	25m	25-2-01	Heemskerk (NED)	398
8. van der Kroft Nicole	84	08-021	5:54.96	25m	25-2-01	Heemskerk (NED)	396
9. Palmboom Nicole	91	08-021	5:55.32	25m	15-6-06	Heemskerk (NED)	395
10. Kleijne Daisy	89	08-021	5:55.34	25m	30-1-05	Zaandam (NED)	395
11. Stins Mariska	84	08-021	5:55.41	25m	24-2-02	Heemskerk	395
12. Stam Vanessa	80	08-021	5:56.80	25m	12-1-97	Heemskerk (NED)	390
13. Crok Linda	94	08-021	5:58.13	25m	24-2-08	Zaandam (NED)	386
14. Essers Sanne	91	08-021	6:00.29	25m	11-2-07	Zaandam (NED)	379
15. Kramer Miranda	80	08-021	6:01.21	25m	25-2-01	Heemskerk (NED)	376
16. Verbree Bets	63	08-021	6:03.30	25m	3-4-82	Heemskerk (NED)	370
17. Besse Karen	75	08-021	6:03.50	25m	4-2-90	Volendam (NED)	369
18. Mallon Danique	94	08-021	6:04.26	25m	24-2-08	Zaandam (NED)	367
19. Hoek Daniëlle	88	08-021	6:05.19	25m	30-1-05	Zaandam (NED)	364
20. van de Poll Marianne	89	08-021	6:06.21	25m	29-2-04	Wormerveer	361
21. Crok Annemarie	89	08-021	6:07.62	25m	29-2-04	Wormerveer	357
22. Koopman Anitra	89	08-021	6:09.20	25m	23-2-03	Heemskerk	352
23. Stam Sabrina	82	08-021	6:13.60	25m	23-2-97	Zaandam (NED)	340
24. de Boer Irene	84	08-021	6:14.76	25m	30-3-00	Heemskerk (NED)	337
25. Blaauw Yente	03	08-021	6:17.24	25m	19-3-17	Zaandam (NED)	330