

20 - 24 jaar, Dames, Korte baan (25m)

1-1-1900-31-7-2018

**25 vrije slag**

1. Meijer Sylvia	81	08-021	13.74	25m	29-3-01	Heemskerk (NED)	461
2. Hoek Daniëlle	88	08-021	14.12	25m	30-6-11	Heemskerk (NED)	425
3. Kramer Miranda	80	08-021	14.34	25m	4-5-00	Heemskerk (NED)	406
4. van Rookhuizen Sieta	79	08-021	14.35	25m	4-5-00	Heemskerk (NED)	405
5. Stins Mariska	84	08-021	14.42	25m	29-5-08	Heemskerk (NED)	399
6. Visser Kelly	89	08-021	14.45	25m	23-10-10	Emmeloord (NED)	396
7. Kleijne Daisy	89	08-021	14.50	25m	30-6-11	Heemskerk (NED)	392
8. Crok Annemarie	89	08-021	14.65	25m	30-6-11	Heemskerk (NED)	380
9. Palmboom Nicole	91	08-021	14.68	25m	30-6-11	Heemskerk (NED)	378
10. Heus Pauline	78	08-021	14.94	25m	4-5-00	Heemskerk (NED)	359
11. Deiman Caroline	67	08-021	15.40	25m	12-1-89	Heemskerk (NED)	327
12. ten Cate Joyce	80	08-021	16.19	25m	4-5-00	Heemskerk (NED)	282
13. de Ruijter Linda	87	08-021	16.51	25m	19-4-07	Heemskerk (NED)	266
14. ten Cate Ilona	85	08-021	17.14	25m	27-4-06	Heemskerk	237
15. Huneke Jolanda	79	08-021	17.27	25m	4-5-00	Heemskerk (NED)	232

**50 vrije slag**

1. Schelvis Femke	84	08-021	27.68	25m	7-11-04	IJmuiden (NED)	591
2. Groen Anne	95	08-021	28.77	25m	13-10-16	Heemskerk (NED)	527
3. Broek Jade	97	08-021	29.28	25m	17-4-17	Haarlem (NED)	500
4. Hoek Daniëlle	88	08-021	29.51	25m	11-4-10	Zaandam (NED)	488
5. Kleijne Daisy	89	08-021	29.57	25m	13-4-09	Haarlem (NED)	485
6. Crok Linda	94	08-021	29.61	25m	13-10-16	Heemskerk (NED)	483
7. van der Kroft Nicole	84	08-021	30.06	25m	29-1-04	Heemskerk (NED)	462
8. Crok Annemarie	89	08-021	30.36	25m	1-4-12	Zaandam (NED)	448
9. Palmboom Nicole	91	08-021	30.43	25m	3-4-11	Zaandam (NED)	445
10. Stins Mariska	84	08-021	30.76	25m	9-3-08	Heemskerk (NED)	431
11. Visser Kelly	89	08-021	30.78	25m	11-10-12	Heemskerk (NED)	430
12. Kramer Miranda	80	08-021	30.92	25m	25-10-01	Heemskerk	424
13. Verbree Bets	63	08-021	31.10	25m	11-12-83	Heemskerk (NED)	417
14. van der Gracht Anouk	89	08-021	31.22	25m	21-4-13	Heemskerk (NED)	412
15. Mallon Danique	94	08-021	31.23	25m	12-3-17	Purmerend (NED)	412
16. van Rookhuizen Sieta	79	08-021	31.36	25m	4-11-99	Heemskerk (NED)	406
17. Butter Anouk	82	08-021	31.39	25m	25-9-05	Etten-Leur (NED)	405
18. van Ballegooie Simone	84	08-021	31.92	25m	29-1-04	Heemskerk (NED)	385
19. Heus Pauline	78	08-021	33.04	25m	11-10-98	Alkmaar (NED)	348
20. Vink Marjolein	93	08-021	33.20	25m	11-5-17	Heemskerk (NED)	342
21. Deiman Caroline	67	08-021	33.40	25m	13-12-89		336
22. Peters Yvonne	63	08-021	33.90	25m	11-12-83	Heemskerk (NED)	322
23. van Giezen Sandra	63	08-021	34.30	25m	23-9-84	Heemskerk (NED)	311
24. de Ruijter Linda	87	08-021	34.48	25m	30-9-10	Heemskerk (NED)	306
25. Groot Tineke	60	08-021	34.90	25m	2-3-80	Heemskerk (NED)	295

**100 vrije slag**

1. Schelvis Femke	84	08-021	59.32	25m	9-1-05	Zuidoost Beemster (NED)	635
2. Broek Jade	97	08-021	1:02.33	25m	8-10-17	Alkmaar (NED)	548
3. Groen Anne	95	08-021	1:02.91	25m	18-12-16	Heemskerk (NED)	533
4. Crok Linda	94	08-021	1:03.21	25m	19-1-14	Zaandam (NED)	525
5. van der Kroft Nicole	84	08-021	1:05.00	25m	14-3-04	Zaandam	483
6. Crok Annemarie	89	08-021	1:05.34	25m	27-11-11	Heemskerk (NED)	475
7. Hoek Daniëlle	88	08-021	1:05.39	25m	10-5-09	Purmerend (NED)	474
8. Meijer Sylvia	81	08-021	1:05.54	25m	15-4-01	Haarlem (NED)	471
9. Kleijne Daisy	89	08-021	1:05.59	25m	29-11-09	Heemskerk (NED)	470
10. Palmboom Nicole	91	08-021	1:05.86	25m	16-1-11	Zaandam (NED)	464
11. Visser Kelly	89	08-021	1:06.57	25m	28-10-12	Amsterdam-Zuidoost (NED)	449

100 vrije slag (sinds 12)

12. Stins Mariska	84	08-021	1:06.83	25m	11-4-04	Haarlem	444
13. Kramer Miranda	80	08-021	1:07.43	25m	15-4-01	Haarlem (NED)	432
14. van der Gracht Anouk	89	08-021	1:07.45	25m	25-4-13	Heemskerk (NED)	432
15. Butter Anouk	82	08-021	1:08.85	25m	28-11-04	Heemskerk (NED)	406
16. van Rookhuizen Sieta	79	08-021	1:09.10	25m	12-3-00	Heemskerk (NED)	402
17. Mallon Danique	94	08-021	1:09.20	25m	12-2-17	Purmerend (NED)	400
18. van Ballegooie Simone	84	08-021	1:11.74	25m	14-3-04	Zaandam	359
19. Hulshof Saskia	73	08-021	1:11.80	25m	12-12-93	Heemskerk (NED)	358
20. Heus Pauline	78	08-021	1:12.70	25m	8-3-98	Zaandam (NED)	345
21. Vink Marjolein	93	08-021	1:13.57	25m	11-5-17	Heemskerk (NED)	333
22. Peters Yvonne	63	08-021	1:15.10	25m	20-12-86	Hilversum (NED)	313
23. de Ruijter Linda	87	08-021	1:15.90	25m	25-9-08	Heemskerk (NED)	303
24. ten Cate Ilona	85	08-021	1:16.11	25m	16-4-06	Haarlem (NED)	301
25. Deiman Caroline	67	08-021	1:16.30	25m	18-2-89		298

200 vrije slag

1. Schelvis Femke	84	08-021	2:08.52	25m	12-6-04	Zuidbroek (NED)	647
2. Groen Anne	95	08-021	2:17.96	25m	13-11-16	Purmerend (NED)	523
3. Crok Linda	94	08-021	2:19.31	25m	15-11-15	Purmerend (NED)	508
4. Hoek Daniëlle	88	08-021	2:20.46	25m	22-3-12	Heemskerk (NED)	495
5. Broek Jade	97	08-021	2:22.42	25m	8-1-17	Purmerend (NED)	475
6. Crok Annemarie	89	08-021	2:25.47	25m	13-11-11	Zaandam (NED)	446
7. van der Gracht Anouk	89	08-021	2:25.87	25m	8-12-13	Amstelveen (NED)	442
8. Kleijne Daisy	89	08-021	2:26.27	25m	15-11-09	Haarlem (NED)	439
9. Palmboom Nicole	91	08-021	2:28.22	25m	22-3-12	Heemskerk (NED)	421
10. Stins Mariska	84	08-021	2:28.53	25m	31-5-07	Heemskerk (NED)	419
11. Visser Kelly	89	08-021	2:29.26	25m	11-11-12	Schagen (NED)	413
12. Verbree Bets	63	08-021	2:29.50	25m	6-2-83		411
13. Kramer Miranda	80	08-021	2:31.59	25m	9-11-03	Zaandam	394
14. van Rookhuizen Sieta	79	08-021	2:32.75	25m	19-11-00	Zaandam (NED)	385
15. Butter Anouk	82	08-021	2:34.05	25m	13-1-02	Zaandam	375
16. Meijer Sylvia	81	08-021	2:37.84	25m	25-1-01	Heemskerk (NED)	349
17. Heus Pauline	78	08-021	2:42.20	25m	5-4-98	Heemskerk (NED)	321
18. ten Cate Ilona	85	08-021	2:43.01	25m	27-11-05	Heemskerk (NED)	317
19. ten Cate Joyce	80	08-021	2:48.82	25m	25-4-02	Heemskerk	285
20. Deiman Caroline	67	08-021	2:51.10	25m	5-10-89	Heemskerk (NED)	274
21. Peters Yvonne	63	08-021	2:54.00	25m	12-2-84	Heemskerk (NED)	260
22. Huneker Jolanda	79	08-021	2:55.11	25m	17-1-99	Heemskerk (NED)	255
23. van Giezen Sandra	63	08-021	2:58.10	25m	12-2-84	Heemskerk (NED)	243
24. Pover Karin	67	08-021	2:59.50	25m	29-11-87	Amstelveen (NED)	237

250 vrije slag300 vrije slag

1. Schelvis Femke	84	08-021	3:27.55	25m	17-12-04	Drachten (NED)	577
2. Crok Linda	94	08-021	3:47.91	25m	4-10-15	Purmerend (NED)	436
3. van der Gracht Anouk	89	08-021	3:52.29	25m	18-5-13	Purmerend (NED)	411
4. Groen Anne	95	08-021	3:52.31	25m	4-10-15	Purmerend (NED)	411
5. Stins Mariska	84	08-021	4:01.45	25m	29-4-04	Heemskerk (NED)	366
6. Kleijne Daisy	89	08-021	4:01.48	25m	8-11-09	Zaandam (NED)	366
7. Butter Anouk	82	08-021	4:14.06	25m	29-4-04	Heemskerk (NED)	314
8. ten Cate Ilona	85	08-021	4:25.58	25m	18-5-06	Heemskerk (NED)	275
9. ten Cate Joyce	80	08-021	4:36.25	25m	29-4-04	Heemskerk (NED)	244

**400 vrije slag**

1. Schelvis Femke	84	08-021	4:32.44	25m	14-11-04	Heemskerk (NED)	637
2. Groen Anne	95	08-021	5:01.68	25m	1-10-17	Purmerend (NED)	469
3. Crok Linda	94	08-021	5:02.24	25m	2-10-16	Purmerend (NED)	467
4. Kleijne Daisy	89	08-021	5:10.82	25m	4-10-09	Amsterdam-oost (NED)	429
5. van der Gracht Anouk	89	08-021	5:11.14	25m	18-5-13	Purmerend (NED)	428
6. Hoek Daniëlle	88	08-021	5:16.44	25m	4-10-09	Amsterdam-oost (NED)	407
7. Verbree Bets	63	08-021	5:21.20	25m	27-2-83	Assendelft (NED)	389
8. van Rookhuizen Sieta	79	08-021	5:26.92	25m	28-2-99	Zaandam (NED)	369
9. Stins Mariska	84	08-021	5:27.68	25m	29-4-04	Heemskerk (NED)	366
10. Kramer Miranda	80	08-021	5:29.78	25m	31-5-01	Heemskerk (NED)	359
11. Butter Anouk	82	08-021	5:42.01	25m	29-4-04	Heemskerk (NED)	322
12. ten Cate Ilona	85	08-021	5:47.08	25m	28-4-05	Heemskerk (NED)	308
13. Heus Pauline	78	08-021	5:56.37	25m	30-5-02	Heemskerk	284
14. ten Cate Joyce	80	08-021	6:01.34	25m	30-5-02	Heemskerk	273
15. Pover Karin	67	08-021	6:06.90	25m	22-3-87	Heerhugowaard (NED)	261
16. Deiman Caroline	67	08-021	6:11.80	25m	19-3-89	Zaandam (NED)	250
17. Peters Yvonne	63	08-021	6:18.00	25m	27-2-83	Assendelft (NED)	238
18. Hunekeker Jolanda	79	08-021	6:40.16	25m	25-5-00	Heemskerk (NED)	201

**500 vrije slag****800 vrije slag**

1. Schelvis Femke	84	08-021	10:17.25	25m	14-11-04	Heemskerk (NED)	468
2. Kleijne Daisy	89	08-021	10:53.16	25m	1-3-09	Zaandam (NED)	395
3. van Rookhuizen Sieta	79	08-021	11:09.72	25m	28-2-99	Zaandam (NED)	366
4. Kramer Miranda	80	08-021	11:32.29	25m	16-9-01	Zaandam (NED)	331
5. Butter Anouk	82	08-021	11:51.92	25m	17-10-04	Zaandam (NED)	305

**1000 vrije slag****1250 vrije slag****1500 vrije slag**

1. Schelvis Femke	84	08-021	19:37.50	25m	14-11-04	Heemskerk (NED)	487
2. Kleijne Daisy	89	08-021	20:38.23	25m	1-3-09	Zaandam (NED)	419
3. Kramer Miranda	80	08-021	21:44.13	25m	11-2-01	Zaandam (NED)	359
4. van Rookhuizen Sieta	79	08-021	22:21.97	25m	23-1-00	Heemskerk (NED)	329
5. Butter Anouk	82	08-021	23:04.38	25m	14-11-04	Heemskerk (NED)	300

**2000 vrije slag**

1. Schelvis Femke	84	08-021	26:01.09	25m	7-3-04	Zaandam	496
2. Kleijne Daisy	89	08-021	27:32.48	25m	1-3-09	Zaandam (NED)	418
3. Kramer Miranda	80	08-021	29:04.76	25m	11-2-01	Zaandam (NED)	355
4. van Rookhuizen Sieta	79	08-021	29:42.03	25m	5-3-00	Zaandam (NED)	333

**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag**

**6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Stins Mariska	84	08-021	16.86	25m	19-4-07	Heemskerk (NED)	369
2. Kramer Miranda	80	08-021	16.88	25m	22-2-01	Heemskerk (NED)	368
3. Hoek Daniëlle	88	08-021	17.26	25m	29-5-08	Heemskerk (NED)	344
4. Visser Kelly	89	08-021	17.62	25m	21-11-10	Almere-Stad (NED)	323
5. Deiman Caroline	67	08-021	18.20	25m	12-1-89	Heemskerk (NED)	293
5. Heus Pauline	78	08-021	18.20	25m	15-1-98	Heemskerk (NED)	293
7. van Rookhuizen Sieta	79	08-021	18.57	25m	25-3-99	Heemskerk (NED)	276
8. ten Cate Joyce	80	08-021	19.37	25m	17-2-00	Heemskerk (NED)	243
9. de Ruijter Linda	87	08-021	19.42	25m	19-4-07	Heemskerk (NED)	241
10. ten Cate Ilona	85	08-021	20.95	25m	27-4-06	Heemskerk	192

**50 rugslag**

1. Broek Jade	97	08-021	31.43	25m	1-10-17	Purmerend (NED)	546
2. Schelvis Femke	84	08-021	33.29	25m	28-10-04	Heemskerk (NED)	460
3. Kleijne Daisy	89	08-021	33.68	25m	6-12-09	Zaandam (NED)	444
4. Groen Anne	95	08-021	34.04	25m	2-10-16	Purmerend (NED)	430
5. Crok Linda	94	08-021	35.00	25m	30-1-14	Heemskerk (NED)	395
6. Kramer Miranda	80	08-021	35.31	25m	18-3-01	Zaandam (NED)	385
7. Stins Mariska	84	08-021	35.57	25m	15-5-05	Zuidoost-Beemster (NED)	377
8. Palmboom Nicole	91	08-021	35.65	25m	9-2-12	Heemskerk (NED)	374
9. van der Gracht Anouk	89	08-021	35.78	25m	18-5-13	Purmerend (NED)	370
10. Meijer Sylvia	81	08-021	35.80	25m	25-1-01	Heemskerk (NED)	369
11. Mallon Danique	94	08-021	35.86	25m	16-3-17	Heemskerk (NED)	368
12. Hoek Daniëlle	88	08-021	36.09	25m	3-3-11	Heemskerk (NED)	361
13. Crok Annemarie	89	08-021	36.75	25m	9-2-12	Heemskerk (NED)	342
14. Butter Anouk	82	08-021	37.87	25m	7-11-04	IJmuiden (NED)	312
15. Visser Kelly	89	08-021	38.06	25m	22-3-12	Heemskerk (NED)	307
16. Hulshof Saskia	73	08-021	38.10	25m	4-2-93	Heemskerk (NED)	306
17. Heus Pauline	78	08-021	39.10	25m	22-3-98	Assendelft (NED)	283
18. Deiman Caroline	67	08-021	39.30	25m	10-1-91	Heemskerk (NED)	279
19. ten Cate Joyce	80	08-021	39.60	25m	27-1-00	Heemskerk (NED)	273
20. van Rookhuizen Sieta	79	08-021	39.70	25m	14-11-99	Zaandam (NED)	271
21. de Ruijter Linda	87	08-021	40.56	25m	3-3-11	Heemskerk (NED)	254
22. ten Cate Ilona	85	08-021	41.62	25m	23-4-06	Zaandam (NED)	235
23. van Eif Lia	60	08-021	43.80	25m	16-3-80	Heemskerk (NED)	202

**100 rugslag**

1. Broek Jade	97	08-021	1:07.20	25m	8-10-17	Alkmaar (NED)	555
2. Schelvis Femke	84	08-021	1:09.10	25m	28-11-04	Heemskerk (NED)	510
3. Kleijne Daisy	89	08-021	1:12.92	25m	15-3-09	Haarlem (NED)	434
4. Groen Anne	95	08-021	1:13.36	25m	15-1-17	Alkmaar (NED)	426
5. Crok Linda	94	08-021	1:13.87	25m	17-11-16	Heemskerk (NED)	417
6. Kramer Miranda	80	08-021	1:15.72	25m	16-4-01	Haarlem (NED)	388
7. Crok Annemarie	89	08-021	1:16.44	25m	17-11-11	Heemskerk (NED)	377
8. Meijer Sylvia	81	08-021	1:16.51	25m	29-3-01	Heemskerk (NED)	376
9. Hoek Daniëlle	88	08-021	1:16.53	25m	11-3-12	Zaandam (NED)	375
10. Stins Mariska	84	08-021	1:16.69	25m	26-2-04	Heemskerk (NED)	373
11. Palmboom Nicole	91	08-021	1:17.43	25m	17-11-11	Heemskerk (NED)	362
12. Groot Tineke	60	08-021	1:18.30	25m	27-1-80	Zaandam (NED)	350
13. van der Gracht Anouk	89	08-021	1:18.90	25m	21-4-13	Heemskerk (NED)	342
14. Verbree Bets	63	08-021	1:19.70	25m	10-4-83	Heemskerk (NED)	332
15. Pover Karin	67	08-021	1:19.90	25m	4-10-87	Zaandam (NED)	330
16. Visser Kelly	89	08-021	1:20.89	25m	11-11-12	Schagen (NED)	318
17. van der Kroft Nicole	84	08-021	1:21.44	25m	26-2-04	Heemskerk (NED)	311
18. Butter Anouk	82	08-021	1:21.54	25m	26-2-04	Heemskerk (NED)	310
19. Heus Pauline	78	08-021	1:21.90	25m	17-5-98	Heemskerk (NED)	306
20. Deiman Caroline	67	08-021	1:24.90	25m	18-2-89		275
21. ten Cate Joyce	80	08-021	1:25.11	25m	4-5-00	Heemskerk (NED)	273
22. Krouwels Tanja	79	08-021	1:25.89	25m	7-3-99	Zaandam (NED)	265
23. de Ruijter Linda	87	08-021	1:26.18	25m	17-11-11	Heemskerk (NED)	263
24. van Rookhuizen Sieta	79	08-021	1:27.63	25m	7-3-99	Zaandam (NED)	250
25. ten Cate Ilona	85	08-021	1:29.42	25m	27-11-05	Heemskerk (NED)	235

**200 rugslag**

1. Broek Jade	97	08-021	2:31.35	25m	12-2-17	Purmerend (NED)	498
2. Schelvis Femke	84	08-021	2:32.47	25m	23-12-04	Heemskerk (NED)	487
3. Groen Anne	95	08-021	2:36.81	25m	12-2-17	Purmerend (NED)	448
4. Kleijne Daisy	89	08-021	2:40.67	25m	31-5-09	Purmerend (NED)	416
5. Crok Linda	94	08-021	2:41.34	25m	17-1-16	Purmerend (NED)	411
6. Crok Annemarie	89	08-021	2:45.79	25m	13-11-11	Zaandam (NED)	379
7. Hoek Daniëlle	88	08-021	2:45.92	25m	13-11-11	Zaandam (NED)	378
8. Kramer Miranda	80	08-021	2:47.05	25m	31-1-02	Heemskerk	370
9. Stins Mariska	84	08-021	2:48.38	25m	19-3-06	Heemskerk (NED)	362
10. Verbree Bets	63	08-021	2:49.20	25m	13-3-83	Castricum (NED)	357
11. van der Gracht Anouk	89	08-021	2:49.32	25m	10-11-13	Zaandam (NED)	356
12. Meijer Sylvia	81	08-021	2:49.45	25m	11-3-01	Zaandam (NED)	355
13. Palmboom Nicole	91	08-021	2:49.80	25m	13-11-11	Zaandam (NED)	353
14. Groot Tineke	60	08-021	2:50.90	25m	2-11-80	Castricum (NED)	346
15. van der Kroft Nicole	84	08-021	2:56.29	25m	14-3-04	Zaandam	315
16. Visser Kelly	89	08-021	2:58.26	25m	10-11-13	Zaandam (NED)	305
17. Heus Pauline	78	08-021	3:00.37	25m	11-10-98	Alkmaar (NED)	294
18. Butter Anouk	82	08-021	3:00.58	25m	28-10-04	Heemskerk (NED)	293
19. ten Cate Joyce	80	08-021	3:07.32	25m	14-3-04	Zaandam	263
20. van Ballegooie Simone	84	08-021	3:08.01	25m	14-3-04	Zaandam	260
21. Deiman Caroline	67	08-021	3:09.50	25m	1-11-89		254
22. van Rookhuizen Sieta	79	08-021	3:13.09	25m	12-3-00	Heemskerk (NED)	240
23. de Ruijter Linda	87	08-021	3:13.16	25m	25-1-07	Heemskerk (NED)	239
24. ten Cate Ilona	85	08-021	3:13.34	25m	19-3-06	Heemskerk (NED)	239
25. Peters Yvonne	63	08-021	3:30.60	25m	7-10-84	Volendam (NED)	185

**500 rugslag**

**25 schoolslag**

1. Kramer Miranda	80	08-021	17.81	25m	17-2-00	Heemskerk (NED)	425
2. van Rookhuizen Sieta	79	08-021	17.86	25m	22-2-01	Heemskerk (NED)	422
3. Heus Pauline	78	08-021	19.50	25m	19-3-98	Heemskerk (NED)	324
4. Stins Mariska	84	08-021	19.56	25m	19-4-07	Heemskerk (NED)	321
5. Hoek Daniëlle	88	08-021	20.30	25m	29-5-08	Heemskerk (NED)	287
6. de Ruijter Linda	87	08-021	20.43	25m	19-2-11	Heerenveen (NED)	282
7. Visser Kelly	89	08-021	21.57	25m	19-2-11	Heerenveen (NED)	239
8. Deiman Caroline	67	08-021	21.80	25m	17-12-87	Heemskerk (NED)	232
9. ten Cate Ilona	85	08-021	21.98	25m	19-4-07	Heemskerk (NED)	226
10. ten Cate Joyce	80	08-021	23.30	25m	17-2-00	Heemskerk (NED)	190

**50 schoolslag**

1. Broek Jade	97	08-021	36.78	25m	7-1-17	Purmerend (NED)	480
2. Kramer Miranda	80	08-021	38.91	25m	16-4-00	Almelo (NED)	405
3. Groen Anne	95	08-021	39.62	25m	16-3-17	Heemskerk (NED)	384
4. Crok Linda	94	08-021	39.79	25m	1-10-17	Purmerend (NED)	379
5. van Rookhuizen Sieta	79	08-021	40.14	25m	14-11-99	Zaandam (NED)	369
6. Schelvis Femke	84	08-021	40.22	25m	25-11-04	Heemskerk (NED)	367
7. Crok Annemarie	89	08-021	40.71	25m	15-11-09	Haarlem (NED)	354
8. Palmboom Nicole	91	08-021	40.94	25m	22-3-12	Heemskerk (NED)	348
9. van der Gracht Anouk	89	08-021	41.40	25m	12-4-09	Haarlem (NED)	336
10. Kleijne Daisy	89	08-021	42.24	25m	22-1-09	Heemskerk (NED)	316
11. Heus Pauline	78	08-021	42.30	25m	15-11-98	Zaandam (NED)	315
12. Stins Mariska	84	08-021	42.46	25m	27-5-07	Purmerend (NED)	312
13. Hoek Daniëlle	88	08-021	42.72	25m	11-5-08	Purmerend (NED)	306
14. Mallon Danique	94	08-021	44.54	25m	1-10-17	Purmerend (NED)	270
15. de Ruijter Linda	87	08-021	45.25	25m	27-1-11	Heemskerk (NED)	257
15. Visser Kelly	89	08-021	45.25	25m	30-9-12	Heemskerk (NED)	257
17. Pover Karin	67	08-021	48.20	25m	8-3-87	Zaandam (NED)	213
18. Deiman Caroline	67	08-021	48.30	25m	8-2-89		212
19. ten Cate Joyce	80	08-021	48.77	25m	7-11-04	IJmuiden (NED)	205
20. ten Cate Ilona	85	08-021	49.78	25m	30-11-06	Heemskerk	193
21. Huneke Jolanda	79	08-021	52.97	25m	14-12-00	Heemskerk (NED)	160

**100 schoolslag**

1. Broek Jade	97	08-021	1:21.05	25m	1-10-17	Purmerend (NED)	455
2. van Rookhuizen Sieta	79	08-021	1:24.87	25m	5-4-99	Haarlem (NED)	396
3. Kramer Miranda	80	08-021	1:25.06	25m	16-4-01	Haarlem (NED)	394
4. Crok Linda	94	08-021	1:25.35	25m	1-10-17	Purmerend (NED)	390
5. Schelvis Femke	84	08-021	1:26.08	25m	31-3-05	Heemskerk (NED)	380
6. Groen Anne	95	08-021	1:26.47	25m	13-10-16	Heemskerk (NED)	375
7. Crok Annemarie	89	08-021	1:27.24	25m	19-11-09	Heemskerk (NED)	365
8. Peters Yvonne	63	08-021	1:27.40	25m	6-10-85	Wormerveer (NED)	363
9. van der Kroft Nicole	84	08-021	1:28.90	25m	18-1-04	IJmuiden (NED)	345
10. Palmboom Nicole	91	08-021	1:30.22	25m	6-10-13	Heemskerk (NED)	330
11. Heus Pauline	78	08-021	1:30.50	25m	13-4-98	Haarlem (NED)	327
12. Kleijne Daisy	89	08-021	1:31.66	25m	19-11-09	Heemskerk (NED)	314
13. Hoek Daniëlle	88	08-021	1:31.78	25m	5-10-08	Heemskerk (NED)	313
14. Stins Mariska	84	08-021	1:32.07	25m	26-2-04	Heemskerk (NED)	310
15. van Giezen Sandra	63	08-021	1:32.10	25m	28-10-84	Egmond (NED)	310
16. Nijholt Carin	60	08-021	1:33.50	25m	16-3-80	Zandvoort (NED)	296
17. van der Gracht Anouk	89	08-021	1:33.81	25m	10-5-09	Purmerend (NED)	293
18. Mallon Danique	94	08-021	1:34.21	25m	1-10-17	Purmerend (NED)	290
19. Groot Tineke	60	08-021	1:35.00	25m	31-8-80	Heemskerk (NED)	282
20. de Ruijter Linda	87	08-021	1:36.50	25m	30-9-10	Heemskerk (NED)	269
21. Krouwels Tanja	79	08-021	1:36.74	25m	28-1-99	Heemskerk (NED)	267

100 schoolslag (sinds 22)

22. Visser Kelly	89	08-021	1:38.57	25m	11-10-12	Heemskerk (NED)	253
23. Verbree Bets	63	08-021	1:39.50	25m	22-1-84	Zandvoort (NED)	246
24. Meijer Sylvia	81	08-021	1:43.48	25m	16-4-01	Haarlem (NED)	218
25. ten Cate Joyce	80	08-021	1:43.77	25m	1-4-02	Haarlem	217

200 schoolslag

1. Broek Jade	97	08-021	2:57.88	25m	12-2-17	Purmerend (NED)	432
2. van Rookhuizen Sieta	79	08-021	3:02.04	25m	10-10-99	Zaandam (NED)	403
3. Kramer Miranda	80	08-021	3:02.52	25m	27-1-00	Heemskerk (NED)	400
4. Schelvis Femke	84	08-021	3:05.36	25m	3-10-04	Heemskerk (NED)	382
5. Crok Linda	94	08-021	3:05.44	25m	19-1-14	Zaandam (NED)	382
6. Crok Annemarie	89	08-021	3:05.90	25m	16-1-11	Zaandam (NED)	379
7. Palmboom Nicole	91	08-021	3:10.18	25m	16-1-11	Zaandam (NED)	354
8. Groen Anne	95	08-021	3:13.13	25m	18-1-15	Zaandam (NED)	338
9. Heus Pauline	78	08-021	3:15.38	25m	7-3-99	Zaandam (NED)	326
10. Stins Mariska	84	08-021	3:18.54	25m	3-10-04	Heemskerk (NED)	311
11. Kleijne Daisy	89	08-021	3:20.52	25m	25-3-10	Heemskerk (NED)	302
12. van der Gracht Anouk	89	08-021	3:22.21	25m	17-1-10	Amsterdam-oost (NED)	294
13. Hoek Daniëlle	88	08-021	3:22.24	25m	16-1-11	Zaandam (NED)	294
14. Peters Yvonne	63	08-021	3:22.40	25m	15-3-87	Heemskerk (NED)	293
15. Groot Tineke	60	08-021	3:25.10	25m	21-9-80	Heemskerk (NED)	282
16. de Ruijter Linda	87	08-021	3:36.97	25m	13-12-07	Heemskerk (NED)	238
17. ten Cate Joyce	80	08-021	3:43.95	25m	28-10-04	Heemskerk (NED)	216
18. Deiman Caroline	67	08-021	3:53.80	25m	15-3-87	Heemskerk (NED)	190

500 schoolslag800 schoolslag1000 schoolslag1250 schoolslag1500 schoolslag2000 schoolslag2500 schoolslag3000 schoolslag4000 schoolslag5000 schoolslag

**25 vlinderslag**

1. Crok Annemarie	89	08-021	14.93	25m	30-6-11	Heemskerk (NED)	421
2. Butter Anouk	82	08-021	15.30	25m	25-9-05	Etten-Leur (NED)	391
2. Stins Mariska	84	08-021	15.30	25m	19-4-07	Heemskerk (NED)	391
4. Meijer Sylvia	81	08-021	15.41	25m	29-3-01	Heemskerk (NED)	382
4. Hoek Daniëlle	88	08-021	15.41	25m	30-6-11	Heemskerk (NED)	382
6. Palmboom Nicole	91	08-021	15.49	25m	30-6-11	Heemskerk (NED)	376
7. Kleijne Daisy	89	08-021	15.54	25m	30-6-11	Heemskerk (NED)	373
8. van Rookhuizen Sieta	79	08-021	15.65	25m	4-5-00	Heemskerk (NED)	365
9. Kramer Miranda	80	08-021	15.90	25m	4-5-00	Heemskerk (NED)	348
10. Visser Kelly	89	08-021	16.37	25m	4-11-10	Heemskerk (NED)	319
11. Heus Pauline	78	08-021	16.81	25m	25-3-99	Heemskerk (NED)	294
12. Deiman Caroline	67	08-021	16.90	25m	12-1-89	Heemskerk (NED)	290
13. de Ruijter Linda	87	08-021	17.37	25m	17-11-11	Heemskerk (NED)	267
14. ten Cate Ilona	85	08-021	18.43	25m	29-5-08	Heemskerk (NED)	223
15. ten Cate Joyce	80	08-021	19.12	25m	4-5-00	Heemskerk (NED)	200
16. Huneker Jolanda	79	08-021	20.10	25m	4-5-00	Heemskerk (NED)	172

**50 vlinderslag**

1. van der Gracht Anouk	89	08-021	31.89	25m	12-12-13	Heemskerk (NED)	446
2. Broek Jade	97	08-021	32.20	25m	17-4-17	Haarlem (NED)	434
3. Schelvis Femke	84	08-021	32.21	25m	23-12-04	Heemskerk (NED)	433
4. Crok Annemarie	89	08-021	32.37	25m	17-11-11	Heemskerk (NED)	427
5. Groen Anne	95	08-021	32.57	25m	12-2-17	Purmerend (NED)	419
6. Hoek Daniëlle	88	08-021	33.06	25m	19-2-12	Purmerend (NED)	401
7. Palmboom Nicole	91	08-021	33.85	25m	17-11-11	Heemskerk (NED)	373
8. Kleijne Daisy	89	08-021	33.96	25m	15-3-09	Haarlem (NED)	369
9. Stins Mariska	84	08-021	34.69	25m	28-4-05	Heemskerk (NED)	347
10. Crok Linda	94	08-021	34.73	25m	17-11-16	Heemskerk (NED)	345
11. Butter Anouk	82	08-021	34.87	25m	23-12-04	Heemskerk (NED)	341
12. Mallon Danique	94	08-021	35.08	25m	16-3-17	Heemskerk (NED)	335
13. Kramer Miranda	80	08-021	35.09	25m	31-1-02	Heemskerk	335
14. van der Kroft Nicole	84	08-021	35.37	25m	18-1-04	IJmuiden (NED)	327
15. van Rookhuizen Sieta	79	08-021	35.93	25m	17-10-99	Zaandam (NED)	312
16. van Giezen Sandra	63	08-021	36.60	25m	28-10-84	Egmond (NED)	295
17. Visser Kelly	89	08-021	36.99	25m	12-12-13	Heemskerk (NED)	286
18. Heus Pauline	78	08-021	37.97	25m	14-11-99	Zaandam (NED)	264
19. Deiman Caroline	67	08-021	38.80	25m	1-11-89		248
20. ten Cate Ilona	85	08-021	39.82	25m	23-4-06	Zaandam (NED)	229
21. de Ruijter Linda	87	08-021	40.00	25m	3-3-11	Heemskerk (NED)	226
22. ten Cate Joyce	80	08-021	43.63	25m	31-1-02	Heemskerk	174
23. Peters Yvonne	63	08-021	45.70	25m	28-10-84	Egmond (NED)	151
24. Huneker Jolanda	79	08-021	47.54	25m	30-11-00	Heemskerk (NED)	134

**100 vlinderslag**

1. Schelvis Femke	84	08-021	1:10.87	25m	24-2-05	Heemskerk (NED)	468
2. Crok Annemarie	89	08-021	1:14.05	25m	29-11-09	Heemskerk (NED)	410
3. van der Gracht Anouk	89	08-021	1:14.58	25m	17-11-13	Heemskerk (NED)	402
4. Verbree Bets	63	08-021	1:14.60	25m	13-3-83	Castricum (NED)	401
5. Hoek Daniëlle	88	08-021	1:15.40	25m	9-2-12	Heemskerk (NED)	389
6. Stins Mariska	84	08-021	1:15.83	25m	27-5-04	Heemskerk (NED)	382
7. Groen Anne	95	08-021	1:16.26	25m	2-2-17	Heemskerk (NED)	376
8. Crok Linda	94	08-021	1:17.58	25m	13-11-16	Purmerend (NED)	357
9. Palmboom Nicole	91	08-021	1:17.65	25m	31-1-13	Heemskerk (NED)	356
10. van der Kroft Nicole	84	08-021	1:19.36	25m	25-3-04	Heemskerk	333
11. Kramer Miranda	80	08-021	1:20.35	25m	28-2-02	Heemskerk	321
12. Butter Anouk	82	08-021	1:20.45	25m	25-3-04	Heemskerk	320



**100 vlinderslag (sinds 13)**

13. Kleijne Daisy	89	08-021	1:21.46	25m	26-2-09	Heemskerk (NED)	308
14. Mallon Danique	94	08-021	1:23.32	25m	12-3-17	Purmerend (NED)	288
15. van Rookhuizen Sieta	79	08-021	1:24.50	25m	10-10-99	Zaandam (NED)	276
16. van Ballegooie Simone	84	08-021	1:28.28	25m	25-3-04	Heemskerk	242
17. ten Cate Ilona	85	08-021	1:29.56	25m	16-4-06	Haarlem (NED)	232
18. de Ruijter Linda	87	08-021	1:29.75	25m	29-3-07	Heemskerk (NED)	230
19. Deiman Caroline	67	08-021	1:29.90	25m	6-12-89		229
20. van Giezen Sandra	63	08-021	1:30.20	25m	12-2-84	Heemskerk (NED)	227
21. Meijer Sylvia	81	08-021	1:32.85	25m	31-5-01	Heemskerk (NED)	208
22. Peters Yvonne	63	08-021	1:33.00	25m	30-11-86	Heemskerk (NED)	207
23. Nijholt Carin	60	08-021	1:35.20	25m	13-4-80	Zaandam (NED)	193
24. ten Cate Joyce	80	08-021	1:35.87	25m	25-11-04	Heemskerk (NED)	189
25. Huneke Jolanda	79	08-021	1:36.96	25m	17-1-99	Heemskerk (NED)	183

**200 vlinderslag**

1. Schelvis Femke	84	08-021	2:35.87	25m	25-11-04	Heemskerk (NED)	465
2. Crok Annemarie	89	08-021	2:49.30	25m	14-3-10	Heemskerk (NED)	363
3. Stins Mariska	84	08-021	2:58.73	25m	15-5-05	Zuidoost-Beemster (NED)	308
4. van der Gracht Anouk	89	08-021	3:01.83	25m	15-3-09	Haarlem (NED)	293
5. Groen Anne	95	08-021	3:05.24	25m	12-3-17	Purmerend (NED)	277
6. Butter Anouk	82	08-021	3:06.69	25m	12-6-04	Zuidbroek (NED)	270
7. Mallon Danique	94	08-021	3:06.70	25m	12-3-17	Purmerend (NED)	270
8. Kleijne Daisy	89	08-021	3:07.59	25m	18-2-10	Heemskerk (NED)	266
9. Hoek Daniëlle	88	08-021	3:07.93	25m	31-1-08	Heemskerk (NED)	265
10. Kramer Miranda	80	08-021	3:09.21	25m	27-11-03	Heemskerk (NED)	260

**100 wisselslag**

1. Broek Jade	97	08-021	1:09.85	25m	1-10-17	Purmerend (NED)	556
2. Schelvis Femke	84	08-021	1:10.47	25m	9-1-05	Zuidoost-Beemster (NED)	541
3. Groen Anne	95	08-021	1:13.00	25m	2-10-16	Purmerend (NED)	487
4. Crok Linda	94	08-021	1:15.12	25m	11-5-17	Heemskerk (NED)	447
5. Crok Annemarie	89	08-021	1:15.40	25m	19-11-09	Heemskerk (NED)	442
6. van der Gracht Anouk	89	08-021	1:16.15	25m	20-5-13	Purmerend (NED)	429
7. Kramer Miranda	80	08-021	1:16.28	25m	27-9-01	Heemskerk	427
8. Hoek Daniëlle	88	08-021	1:16.84	25m	12-2-12	Heemstede (NED)	417
9. van Rookhuizen Sieta	79	08-021	1:18.07	25m	14-11-99	Zaandam (NED)	398
10. Stins Mariska	84	08-021	1:18.48	25m	29-9-05	Heemskerk (NED)	392
11. Palmboom Nicole	91	08-021	1:18.59	25m	14-4-11	Heemskerk (NED)	390
12. Kleijne Daisy	89	08-021	1:18.76	25m	2-10-11	Heemskerk (NED)	388
13. Heus Pauline	78	08-021	1:21.28	25m	10-12-00	Heemskerk (NED)	353
14. Hulshof Saskia	73	08-021	1:21.60	25m	12-12-93	Heemskerk (NED)	348
15. Butter Anouk	82	08-021	1:22.29	25m	29-9-05	Heemskerk (NED)	340
16. Mallon Danique	94	08-021	1:23.17	25m	1-10-17	Purmerend (NED)	329
17. Visser Kelly	89	08-021	1:23.59	25m	14-4-11	Heemskerk (NED)	324
18. de Ruijter Linda	87	08-021	1:24.79	25m	14-4-11	Heemskerk (NED)	311
19. Krouwels Tanja	79	08-021	1:26.24	25m	18-2-99	Heemskerk (NED)	295
20. Nijholt Carin	60	08-021	1:27.70	25m	31-5-80	Heemskerk (NED)	281
20. Groot Tineke	60	08-021	1:27.70	25m	27-9-80	Heemskerk (NED)	281
22. Deiman Caroline	67	08-021	1:27.90	25m	31-12-88		279
23. ten Cate Joyce	80	08-021	1:29.35	25m	30-9-04	Heemskerk (NED)	265
24. ten Cate Ilona	85	08-021	1:29.63	25m	29-9-05	Heemskerk (NED)	263
25. Peters Yvonne	63	08-021	1:29.90	25m	15-3-87	Heemskerk (NED)	260

**200 wisselslag**

1. Schelvis Femke	84	08-021	2:35.57	25m	16-1-05	Zaandam (NED)	496
2. Broek Jade	97	08-021	2:37.82	25m	12-3-17	Purmerend (NED)	475
3. Groen Anne	95	08-021	2:37.83	25m	12-3-17	Purmerend (NED)	475
4. Crok Annemarie	89	08-021	2:40.68	25m	3-4-11	Zaandam (NED)	450
5. Crok Linda	94	08-021	2:42.09	25m	13-11-16	Purmerend (NED)	439
6. Kramer Miranda	80	08-021	2:45.04	25m	13-1-02	Zaandam	415
7. van der Gracht Anouk	89	08-021	2:45.63	25m	15-3-09	Haarlem (NED)	411
8. Kleijne Daisy	89	08-021	2:46.20	25m	11-4-10	Zaandam (NED)	407
9. Palmboom Nicole	91	08-021	2:46.29	25m	1-4-12	Zaandam (NED)	406
10. Hoek Daniëlle	88	08-021	2:47.36	25m	16-11-08	Amsterdam-oost (NED)	398
11. Stins Mariska	84	08-021	2:48.06	25m	9-3-08	Heemskerk (NED)	393
12. Verbree Bets	63	08-021	2:49.80	25m	10-4-83	Heemskerk (NED)	381
13. van der Kroft Nicole	84	08-021	2:51.47	25m	18-1-04	IJmuiden (NED)	370
14. Meijer Sylvia	81	08-021	2:54.47	25m	14-1-01	Heemskerk (NED)	352
15. van Rookhuizen Sieta	79	08-021	2:56.28	25m	4-11-99	Heemskerk (NED)	341
16. Heus Pauline	78	08-021	2:57.20	25m	5-4-98	Heemskerk (NED)	336
17. van Ballegooie Simone	84	08-021	3:05.09	25m	29-1-04	Heemskerk (NED)	294
18. Peters Yvonne	63	08-021	3:08.50	25m	30-11-86	Heemskerk (NED)	279
19. de Ruijter Linda	87	08-021	3:09.50	25m	22-1-09	Heemskerk (NED)	274
20. Groot Tineke	60	08-021	3:10.00	25m	27-4-80	Assendelft (NED)	272
21. Nijholt Carin	60	08-021	3:10.60	25m	27-4-80	Assendelft (NED)	270
22. Deiman Caroline	67	08-021	3:13.30	25m	18-2-89		258
23. ten Cate Ilona	85	08-021	3:15.69	25m	14-12-06	Heemskerk (NED)	249
24. ten Cate Joyce	80	08-021	3:18.11	25m	29-1-04	Heemskerk (NED)	240
25. van Giezen Sandra	63	08-021	3:22.00	25m	10-4-83	Heemskerk (NED)	226

**300 wisselslag**

1. Heus Pauline	78	08-021	4:44.97	25m	23-1-00	Heemskerk (NED)	
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**400 wisselslag**

1. Schelvis Femke	84	08-021	5:43.59	25m	29-5-04	Z.o. Beemster	437
2. Kramer Miranda	80	08-021	6:01.21	25m	25-2-01	Heemskerk (NED)	376
3. van Rookhuizen Sieta	79	08-021	6:19.17	25m	30-3-00	Heemskerk (NED)	325
4. ten Cate Ilona	85	08-021	6:45.60	25m	15-6-06	Heemskerk (NED)	265