

14 jaar, Dames, Korte baan (25m)

1-1-1900-31-7-2018

**25 vrije slag**

1. Schelvis Femke	84	08-021	13.50	25m	8-1-98	Heemskerk (NED)	486
2. Schuyt Simone	75	08-021	13.70	25m	31-12-89	Heemskerk (NED)	465
3. Koster Lisa	94	08-021	13.81	25m	31-5-08	Aalsmeer (NED)	454
4. Crok Linda	94	08-021	14.06	25m	29-5-08	Heemskerk (NED)	430
5. Besse Karen	75	08-021	14.10	25m	31-12-89	Heemskerk (NED)	427
6. Schelvis Roos	86	08-021	14.24	25m	4-5-00	Heemskerk (NED)	414
7. Hogema Fabiën	93	08-021	14.43	25m	19-4-07	Heemskerk (NED)	398
8. de Groot Daniëlle	93	08-021	14.46	25m	19-4-07	Heemskerk (NED)	396
9. Hulshof Saskia	73	08-021	14.60	25m	17-12-87	Heemskerk (NED)	384
10. Mallon Danique	94	08-021	14.67	25m	29-5-08	Heemskerk (NED)	379
11. Vink Marjolein	93	08-021	14.68	25m	19-4-07	Heemskerk (NED)	378
12. van der Geest Saskia	73	08-021	14.70	25m	17-12-87	Heemskerk (NED)	377
12. Meijer Linda	77	08-021	14.70	25m	16-5-91	Heemskerk (NED)	377
12. van Ballegooie Simone	84	08-021	14.70	25m	5-2-98	Heemskerk (NED)	377
15. de Vries Chrissie	93	08-021	14.72	25m	19-4-07	Heemskerk (NED)	375
16. de Boer Irene	84	08-021	14.80	25m	5-2-98	Heemskerk (NED)	369
17. Zonneveld Cindy	75	08-021	15.00	25m	31-12-89	Heemskerk (NED)	354
18. Meijer Sylvia	81	08-021	15.10	25m	27-4-95	Heemskerk (NED)	347
18. van der Kroft Nicole	84	08-021	15.10	25m	5-2-98	Heemskerk (NED)	347
20. Hommersen Sandra	84	08-021	15.40	25m	12-2-98	Heemskerk (NED)	327
21. Visser Stacey	87	08-021	15.48	25m	29-3-01	Heemskerk (NED)	322
22. Stins Mariska	84	08-021	15.60	25m	16-4-98	Heemskerk (NED)	315
23. de Vries Cathy	77	08-021	15.70	25m	16-5-91	Heemskerk (NED)	309
24. Niesten Iris	92	08-021	15.78	25m	27-4-06	Heemskerk	304
25. Keessen Pam	62	08-021	15.80	25m	14-9-76	Heemskerk (NED)	303

**50 vrije slag**

1. Kingma Danae	00	08-021	27.50	25m	31-1-14	Amsterdam (NED)	603
2. Schelvis Femke	84	08-021	28.70	25m	7-5-98	Heemskerk (NED)	530
3. Koster Lisa	94	08-021	28.78	25m	12-5-08	Purmerend (NED)	526
4. Smit Sanne	01	08-021	29.07	25m	24-9-15	Heemskerk (NED)	510
5. Hoekstra Eline	03	08-021	29.56	25m	8-10-17	Alkmaar (NED)	485
6. van de Poll Marianne	89	08-021	29.66	25m	28-12-03	Maastricht (NED)	481
7. de Groot Daniëlle	93	08-021	29.72	25m	30-12-07	Maastricht (NED)	478
8. Schuyt Simone	75	08-021	29.80	25m	22-1-89	Zaandam (NED)	474
9. Vink Marjolein	93	08-021	29.88	25m	8-4-07	Haarlem (NED)	470
10. Palmboom Nicole	91	08-021	30.07	25m	20-3-05	Heemstede (NED)	461
11. Buur Naomi	01	08-021	30.48	25m	1-2-15	Zaandam (NED)	443
12. Meijer Sylvia	81	08-021	30.50	25m	26-11-95	Heemskerk (NED)	442
13. van Ballegooie Simone	84	08-021	30.80	25m	19-4-98	Zaandam (NED)	429
14. Schelvis Roos	86	08-021	30.93	25m	3-12-00	Zaandam (NED)	424
15. Vink Lidewij	90	08-021	30.96	25m	28-12-04	Maastricht (NED)	422
16. Besse Karen	75	08-021	31.10	25m	14-12-89	Heemskerk (NED)	417
17. Stam Sabrina	82	08-021	31.20	25m	24-11-96	Castricum (NED)	413
17. van der Kroft Nicole	84	08-021	31.20	25m	18-1-98	Zuidoost Beemster (NED)	413
19. Kleijne Daisy	89	08-021	31.26	25m	28-12-03	Maastricht (NED)	410
20. Hogema Fabiën	93	08-021	31.44	25m	8-4-07	Haarlem (NED)	403
20. Crok Linda	94	08-021	31.44	25m	7-12-08	Zaandam (NED)	403
22. de Boer Irene	84	08-021	31.50	25m	19-4-98	Zaandam (NED)	401
23. Mallon Danique	94	08-021	31.68	25m	10-2-08	Purmerend (NED)	394
24. Koopman Anitra	89	08-021	31.82	25m	30-1-03	Heemskerk	389
25. Ivens Suzanne	99	08-021	31.96	25m	6-10-13	Heemskerk (NED)	384

**100 vrije slag**

1. Kingma Danae	00	08-021	59.30	25m	2-11-14	Amsterdam (NED)	636
2. Koster Lisa	94	08-021	1:01.06	25m	11-5-08	Purmerend (NED)	583
3. Schelvis Femke	84	08-021	1:01.50	25m	9-5-98	Zaandam (NED)	570
4. Smit Sanne	01	08-021	1:02.16	25m	29-11-15	Heemskerk (NED)	552
5. Hoekstra Eline	03	08-021	1:04.79	25m	8-10-17	Alkmaar (NED)	488
6. de Groot Daniëlle	93	08-021	1:05.18	25m	2-12-07	Alkmaar (NED)	479
7. Vink Marjolein	93	08-021	1:05.86	25m	9-4-07	Haarlem (NED)	464
8. Schelvis Roos	86	08-021	1:06.07	25m	24-4-00	Haarlem (NED)	460
9. Buur Naomi	01	08-021	1:06.78	25m	18-1-15	Zaandam (NED)	445
10. Besse Karen	75	08-021	1:07.20	25m	2-11-89	Heemskerk (NED)	437
11. Vink Lidewij	90	08-021	1:07.26	25m	28-11-04	Heemskerk (NED)	436
12. Palmboom Nicole	91	08-021	1:07.31	25m	30-10-05	Amsterdam (NED)	435
13. Kleijne Daisy	89	08-021	1:07.70	25m	9-11-03	Zaandam	427
14. van 't Veer Iris	03	08-021	1:07.91	25m	15-10-17	Alkmaar (NED)	423
15. van der Kroft Nicole	84	08-021	1:08.00	25m	19-4-98	Zaandam (NED)	422
16. Verbree Bets	63	08-021	1:08.20	25m	10-12-77	Heemskerk (NED)	418
16. Crok Linda	94	08-021	1:08.20	25m	30-11-08	Heemskerk (NED)	418
18. Mallon Danique	94	08-021	1:08.23	25m	17-2-08	Zaandam (NED)	417
19. de Boer Irene	84	08-021	1:08.50	25m	9-5-98	Zaandam (NED)	412
20. Stam Sabrina	82	08-021	1:08.60	25m	15-12-96	Heemskerk (NED)	411
21. Meijer Sylvia	81	08-021	1:08.80	25m	10-12-95	Heemskerk (NED)	407
22. Blaauw Yente	03	08-021	1:09.09	25m	15-10-17	Alkmaar (NED)	402
23. Schuyt Simone	75	08-021	1:09.20	25m	2-11-89	Heemskerk (NED)	400
23. van Ballegooie Simone	84	08-021	1:09.20	25m	8-3-98	Zaandam (NED)	400
25. van de Poll Marianne	89	08-021	1:09.67	25m	14-12-03	Heemskerk (NED)	392

**200 vrije slag**

1. Schelvis Femke	84	08-021	2:12.70	25m	15-3-98	Harderwijk (NED)	587
2. Kingma Danae	00	08-021	2:16.31	25m	6-3-14	Heemskerk (NED)	542
3. Koster Lisa	94	08-021	2:17.53	25m	10-5-08	Purmerend (NED)	528
4. Smit Sanne	01	08-021	2:19.53	25m	4-10-15	Purmerend (NED)	505
5. Hoekstra Eline	03	08-021	2:20.39	25m	1-10-17	Purmerend (NED)	496
6. Crok Linda	94	08-021	2:27.41	25m	5-10-08	Heemskerk (NED)	428
7. Schelvis Roos	86	08-021	2:27.42	25m	30-11-00	Heemskerk (NED)	428
8. Kleijne Daisy	89	08-021	2:28.82	25m	18-12-03	Heemskerk (NED)	416
9. Buur Naomi	01	08-021	2:28.85	25m	19-2-15	Heemskerk (NED)	416
10. Mallon Danique	94	08-021	2:29.16	25m	9-3-08	Heemskerk (NED)	414
11. Besse Karen	75	08-021	2:29.40	25m	5-10-89	Heemskerk (NED)	412
12. van de Poll Marianne	89	08-021	2:29.47	25m	18-12-03	Heemskerk (NED)	411
13. de Boer Irene	84	08-021	2:30.10	25m	19-4-98	Zaandam (NED)	406
14. van 't Veer Iris	03	08-021	2:30.47	25m	7-5-17	Zaandam (NED)	403
15. Vink Lidewij	90	08-021	2:30.54	25m	30-9-04	Heemskerk (NED)	402
16. Vink Marjolein	93	08-021	2:31.36	25m	30-9-07	Volendam (NED)	396
17. van Ballegooie Simone	84	08-021	2:31.40	25m	19-4-98	Zaandam (NED)	395
18. Schuyt Simone	75	08-021	2:31.60	25m	12-11-89	Assendelft (NED)	394
19. Palmboom Nicole	91	08-021	2:33.36	25m	29-9-05	Heemskerk (NED)	380
20. Vredenburg Roos	95	08-021	2:34.01	25m	15-11-09	Haarlem (NED)	376
21. Hoek Daniëlle	88	08-021	2:34.21	25m	26-9-02	Heemskerk	374
22. Koopman Anitra	89	08-021	2:34.47	25m	18-12-03	Heemskerk (NED)	372
23. Stins Mariska	84	08-021	2:35.06	25m	17-12-98	Heemskerk (NED)	368
24. Blaauw Yente	03	08-021	2:36.20	25m	16-3-17	Heemskerk (NED)	360
25. van der Kroft Nicole	84	08-021	2:37.00	25m	10-5-98	Zaandam (NED)	355

**250 vrije slag**

**300 vrije slag**

1. Schelvis Femke	84	08-021	3:44.00	25m	19-4-98	Zaandam (NED)	459
2. Vink Lidewij	90	08-021	4:06.59	25m	29-4-04	Heemskerk (NED)	344
3. Groen Anne	95	08-021	4:11.68	25m	22-11-09	Purmerend (NED)	323
4. Vink Marjolein	93	08-021	4:16.78	25m	14-10-07	Zaandam (NED)	304
5. Niesten Iris	92	08-021	4:27.05	25m	18-5-06	Heemskerk (NED)	271
6. Ivens Suzanne	99	08-021	4:31.38	25m	18-5-13	Purmerend (NED)	258
7. Nijman José	93	08-021	5:09.99	25m	14-10-07	Zaandam (NED)	173

**400 vrije slag**

1. Schelvis Femke	84	08-021	4:44.10	25m	8-3-98	Zaandam (NED)	562
2. Schelvis Roos	86	08-021	5:12.03	25m	25-5-00	Heemskerk (NED)	424
3. Hoekstra Eline	03	08-021	5:12.09	25m	15-1-17	Alkmaar (NED)	424
4. van de Poll Marianne	89	08-021	5:12.47	25m	9-6-03	Z.o. Beemster	422
5. Smit Sanne	01	08-021	5:14.00	25m	11-10-15	Alkmaar (NED)	416
6. Kingma Danae	00	08-021	5:17.00	25m	19-10-14	Zaandam (NED)	404
7. Buur Naomi	01	08-021	5:17.34	25m	6-4-15	Haarlem (NED)	403
8. Besse Karen	75	08-021	5:17.40	25m	3-12-89	Zaandam (NED)	403
9. de Boer Irene	84	08-021	5:18.40	25m	19-4-98	Zaandam (NED)	399
10. Vink Lidewij	90	08-021	5:18.83	25m	17-10-04	Zaandam (NED)	397
11. Palmboom Nicole	91	08-021	5:22.75	25m	28-4-05	Heemskerk (NED)	383
12. de Groot Daniëlle	93	08-021	5:26.47	25m	9-12-07	Zaandam (NED)	370
13. Hoek Daniëlle	88	08-021	5:29.70	25m	30-5-02	Heemskerk	359
14. Crok Linda	94	08-021	5:31.44	25m	28-9-08	Zaandam (NED)	354
15. de Ruijter Linda	87	08-021	5:33.06	25m	31-5-01	Heemskerk (NED)	349
16. van 't Veer Iris	03	08-021	5:34.21	25m	17-4-17	Haarlem (NED)	345
17. Schuyt Simone	75	08-021	5:35.50	25m	28-12-89	Heemskerk (NED)	341
18. Groen Anne	95	08-021	5:36.15	25m	22-11-09	Purmerend (NED)	339
19. de Boer Claudia	77	08-021	5:37.50	25m	10-3-91	Heemskerk (NED)	335
20. van Ballegooie Simone	84	08-021	5:38.30	25m	19-4-98	Zaandam (NED)	333
21. Kleijne Daisy	89	08-021	5:38.31	25m	16-11-03	Heemskerk (NED)	333
22. Koopman Anitra	89	08-021	5:40.67	25m	16-11-03	Heemskerk (NED)	326
23. Mallon Danique	94	08-021	5:41.31	25m	28-9-08	Zaandam (NED)	324
24. Crok Annemarie	89	08-021	5:43.91	25m	16-11-03	Heemskerk (NED)	317
25. de Haan Shira	00	08-021	5:45.10	25m	21-4-14	Haarlem (NED)	313

**500 vrije slag****800 vrije slag**

1. Schelvis Femke	84	08-021	10:01.40	25m	22-2-98	Zaandam (NED)	506
2. Kingma Danae	00	08-021	10:34.87	25m	19-10-14	Zaandam (NED)	430
3. Vink Lidewij	90	08-021	10:49.26	25m	17-10-04	Zaandam (NED)	402
4. Schelvis Roos	86	08-021	10:49.56	25m	23-1-00	Heemskerk (NED)	401
5. Smit Sanne	01	08-021	10:58.01	25m	18-10-15	Zaandam (NED)	386
6. Crok Linda	94	08-021	11:04.28	25m	28-9-08	Zaandam (NED)	375
7. de Groot Daniëlle	93	08-021	11:05.30	25m	9-12-07	Zaandam (NED)	374
8. Besse Karen	75	08-021	11:13.40	25m	28-12-89	Heemskerk (NED)	360
9. Kleijne Daisy	89	08-021	11:14.86	25m	26-10-03	Zaandam	358
10. van de Poll Marianne	89	08-021	11:29.83	25m	16-11-03	Heemskerk (NED)	335
11. Koopman Anitra	89	08-021	11:31.66	25m	16-11-03	Heemskerk (NED)	332
12. Mallon Danique	94	08-021	11:37.15	25m	28-9-08	Zaandam (NED)	325
13. Vink Marjolein	93	08-021	11:39.17	25m	14-10-07	Zaandam (NED)	322
14. Crok Annemarie	89	08-021	11:40.31	25m	16-11-03	Heemskerk (NED)	320
15. Hoek Daniëlle	88	08-021	11:41.73	25m	8-9-02	Heemskerk	318
16. de Ruijter Linda	87	08-021	11:47.71	25m	4-11-01	Heemskerk	310
17. Groen Anne	95	08-021	11:48.37	25m	13-9-09	Zaandam (NED)	309
18. van der Gracht Anouk	89	08-021	11:54.61	25m	26-10-03	Zaandam	301

**800 vrije slag (sinds 19)**

19. de Boer Angela	80	08-021	12:02.50	25m	18-12-94	Wormerveer (NED)	292
20. Niesten Iris	92	08-021	12:06.37	25m	22-10-06	Zaandam (NED)	287
21. Meijer Linda	77	08-021	12:09.90	25m	27-1-91	Volendam (NED)	283
22. de Haan Shira	00	08-021	12:13.86	25m	19-10-14	Zaandam (NED)	278
23. Stins Mariska	84	08-021	12:17.00	25m	29-3-98	Heemstede (NED)	275
24. Visser Stacey	87	08-021	12:38.83	25m	21-1-01	Heemskerk (NED)	252
25. van Ballegoie Stefanie	86	08-021	12:57.57	25m	5-11-00	Zaandam (NED)	234

**1000 vrije slag****1250 vrije slag****1500 vrije slag**

1. Vink Lidewij	90	08-021	20:04.86	25m	14-11-04	Heemskerk (NED)	455
2. Crok Linda	94	08-021	20:58.60	25m	9-11-08	Zaandam (NED)	399
3. de Groot Daniëlle	93	08-021	21:01.65	25m	9-12-07	Zaandam (NED)	396
4. Schelvis Roos	86	08-021	21:25.88	25m	5-3-00	Zaandam (NED)	374
5. Hoek Daniëlle	88	08-021	21:42.21	25m	1-12-02	Heemskerk	360
6. Kleijne Daisy	89	08-021	21:45.03	25m	16-11-03	Heemskerk (NED)	358
7. van de Poll Marianne	89	08-021	21:47.89	25m	16-11-03	Heemskerk (NED)	356
8. Koopman Anitra	89	08-021	21:53.80	25m	16-2-03	Zaandam	351
9. Crok Annemarie	89	08-021	22:14.20	25m	16-11-03	Heemskerk (NED)	335
10. de Ruijter Linda	87	08-021	22:18.56	25m	4-11-01	Heemskerk	332
11. van der Gracht Anouk	89	08-021	22:53.41	25m	16-2-03	Zaandam	307
12. Hogema Fabiën	93	08-021	22:56.00	25m	28-1-07	Zaandam (NED)	305
13. Groen Anne	95	08-021	23:06.14	25m	8-11-09	Zaandam (NED)	299
14. Vink Marjolein	93	08-021	23:15.85	25m	28-1-07	Zaandam (NED)	292
15. Mallon Danique	94	08-021	23:54.12	25m	9-11-08	Zaandam (NED)	270
16. van Koeveringe Nicole	93	08-021	24:03.62	25m	28-1-07	Zaandam (NED)	264
17. Niesten Iris	92	08-021	24:21.57	25m	3-12-06	Zaandam (NED)	255
18. Hoek Laura	86	08-021	26:25.18	25m	5-3-00	Zaandam (NED)	199
19. Nijman José	93	08-021	27:28.54	25m	28-1-07	Zaandam (NED)	177

**2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag**

**25 rugslag**

1. Schelvis Femke	84	08-021	15.10	25m	15-1-98	Heemskerk (NED)	514
2. Schelvis Roos	86	08-021	16.39	25m	17-2-00	Heemskerk (NED)	402
3. Meijer Linda	77	08-021	16.40	25m	16-5-91	Heemskerk (NED)	401
4. Mallon Danique	94	08-021	16.78	25m	29-5-08	Heemskerk (NED)	374
5. Crok Linda	94	08-021	16.95	25m	29-5-08	Heemskerk (NED)	363
6. Schuyt Simone	75	08-021	17.00	25m	12-1-89	Heemskerk (NED)	360
7. Koster Lisa	94	08-021	17.16	25m	29-5-08	Heemskerk (NED)	350
8. Hulshof Saskia	73	08-021	17.20	25m	17-12-87	Heemskerk (NED)	348
9. van der Kroft Nicole	84	08-021	17.30	25m	15-1-98	Heemskerk (NED)	342
10. Besse Karen	75	08-021	17.40	25m	12-1-89	Heemskerk (NED)	336
10. de Groot Daniëlle	93	08-021	17.40	25m	19-4-07	Heemskerk (NED)	336
12. van Ballegooie Simone	84	08-021	17.50	25m	15-1-98	Heemskerk (NED)	330
13. Zonneveld Cindy	75	08-021	17.80	25m	12-1-89	Heemskerk (NED)	314
14. de Boer Irene	84	08-021	17.90	25m	15-1-98	Heemskerk (NED)	308
15. Vink Marjolein	93	08-021	18.08	25m	19-4-07	Heemskerk (NED)	299
16. Moolevliet Petra	82	08-021	18.10	25m	8-2-96	Heemskerk (NED)	298
17. van der Geest Saskia	73	08-021	18.30	25m	17-12-87	Heemskerk (NED)	289
18. Niesten Iris	92	08-021	18.38	25m	27-4-06	Heemskerk	285
19. van Ballegooie Stefanie	86	08-021	18.51	25m	17-2-00	Heemskerk (NED)	279
20. Hoek Laura	86	08-021	18.53	25m	17-2-00	Heemskerk (NED)	278
21. de Ruijter Linda	87	08-021	18.54	25m	22-2-01	Heemskerk (NED)	277
22. Splinter Nathalie	75	08-021	18.90	25m	12-1-89	Heemskerk (NED)	262
22. de Vries Justine	83	08-021	18.90	25m	13-2-97	Heemskerk (NED)	262
22. Zonneveld Chantal	84	08-021	18.90	25m	15-1-98	Heemskerk (NED)	262
25. Hogema Fabiën	93	08-021	18.93	25m	19-4-07	Heemskerk (NED)	261

**50 rugslag**

1. Kingma Danae	00	08-021	32.40	25m	7-9-14	Zaandam (NED)	499
2. Schelvis Femke	84	08-021	33.00	25m	14-2-98	Emmen (NED)	472
3. Koster Lisa	94	08-021	33.98	25m	10-2-08	Purmerend (NED)	432
4. Hoekstra Eline	03	08-021	34.16	25m	2-2-17	Heemskerk (NED)	425
5. Smit Sanne	01	08-021	34.37	25m	15-2-15	Purmerend (NED)	418
6. Koper Fiona	01	08-021	34.42	25m	8-3-15	Zaandam (NED)	416
7. Kleijne Daisy	89	08-021	34.51	25m	28-12-03	Maastricht (NED)	413
8. Schelvis Roos	86	08-021	34.63	25m	16-4-00	Almelo (NED)	408
9. Palmboom Nicole	91	08-021	35.59	25m	27-10-05	Heemskerk (NED)	376
10. van 't Veer Iris	03	08-021	35.66	25m	15-10-17	Alkmaar (NED)	374
11. Crok Linda	94	08-021	35.69	25m	10-2-08	Purmerend (NED)	373
12. van de Poll Marianne	89	08-021	35.74	25m	25-10-03	Nieuwegein (NED)	371
13. Meijer Linda	77	08-021	35.80	25m	10-1-91	Heemskerk (NED)	369
14. Buur Naomi	01	08-021	35.97	25m	20-12-15	Zaandam (NED)	364
15. Mallon Danique	94	08-021	36.10	25m	23-3-08	Haarlem (NED)	360
16. Koopman Anitra	89	08-021	36.28	25m	9-3-03	Zuidoostbeemster (NED)	355
17. Crok Annemarie	89	08-021	36.40	25m	28-12-03	Maastricht (NED)	351
18. Kramer Miranda	80	08-021	36.60	25m	16-9-94		346
19. van Ballegooie Simone	84	08-021	36.61	25m	19-9-98	Amersfoort (NED)	345
20. van der Kroft Nicole	84	08-021	36.70	25m	18-1-98	Zuidoost Beemster (NED)	343
21. de Boer Irene	84	08-021	36.80	25m	14-2-98	Emmen (NED)	340
22. Vink Marjolein	93	08-021	36.83	25m	29-12-07	Maastricht (NED)	339
23. Vink Lidewij	90	08-021	36.97	25m	28-10-04	Heemskerk (NED)	335
24. Stins Mariska	84	08-021	36.98	25m	29-10-98	Heemskerk (NED)	335
25. Stam Sabrina	82	08-021	37.10	25m	29-9-96	Haarlem (NED)	332

**100 rugslag**

1. Kingma Danae	00	08-021	1:10.40	25m	30-10-14	Heemskerk (NED)	482
2. Schelvis Femke	84	08-021	1:10.80	25m	12-2-98	Heemskerk (NED)	474
3. Koster Lisa	94	08-021	1:13.17	25m	26-1-08	Terneuzen (NED)	430
4. Schelvis Roos	86	08-021	1:13.34	25m	16-4-00	Almelo (NED)	427
5. Smit Sanne	01	08-021	1:13.67	25m	15-11-15	Purmerend (NED)	421
6. van 't Veer Iris	03	08-021	1:13.84	25m	15-10-17	Alkmaar (NED)	418
7. Koper Fiona	01	08-021	1:14.72	25m	15-11-15	Purmerend (NED)	403
8. Crok Linda	94	08-021	1:15.47	25m	30-11-08	Heemskerk (NED)	391
9. Hoekstra Eline	03	08-021	1:15.56	25m	12-2-17	Purmerend (NED)	390
10. Meijer Linda	77	08-021	1:15.80	25m	8-9-91	Assendelft (NED)	386
11. Kleijne Daisy	89	08-021	1:15.96	25m	28-12-03	Maastricht (NED)	384
12. van der Kroft Nicole	84	08-021	1:16.00	25m	16-5-98	Zaandam (NED)	383
13. Buur Naomi	01	08-021	1:17.01	25m	18-1-15	Zaandam (NED)	368
14. Stins Mariska	84	08-021	1:17.08	25m	6-12-98	Zaandam	367
15. Windmuller Wendy	69	08-021	1:17.30	25m	31-12-83		364
16. Mallon Danique	94	08-021	1:18.16	25m	27-3-08	Heemskerk (NED)	352
17. Kramer Miranda	80	08-021	1:18.30	25m	17-3-94	Heemskerk	350
18. de Boer Irene	84	08-021	1:18.50	25m	16-5-98	Zaandam (NED)	348
19. van Ballegooie Simone	84	08-021	1:19.05	25m	11-10-98	Alkmaar (NED)	341
20. Crok Annemarie	89	08-021	1:19.08	25m	28-12-03	Maastricht (NED)	340
21. de Graaf Annemiek	70	08-021	1:20.20	25m	12-2-84	Heemskerk (NED)	326
22. Niesten Iris	92	08-021	1:20.36	25m	28-10-06	Hoorndijk (NED)	324
23. Stam Sabrina	82	08-021	1:20.50	25m	15-12-96	Heemskerk (NED)	322
24. Koopman Anitra	89	08-021	1:20.55	25m	28-12-03	Maastricht (NED)	322
25. Palmboom Nicole	91	08-021	1:20.66	25m	29-12-05	Maastricht (NED)	321

**200 rugslag**

1. Schelvis Femke	84	08-021	2:30.70	25m	23-5-98	Zaandam (NED)	505
2. Schelvis Roos	86	08-021	2:39.57	25m	19-11-00	Zaandam (NED)	425
3. van 't Veer Iris	03	08-021	2:41.43	25m	15-10-17	Alkmaar (NED)	411
4. Hoekstra Eline	03	08-021	2:42.71	25m	19-3-17	Zaandam (NED)	401
5. Crok Annemarie	89	08-021	2:43.30	25m	9-11-03	Zaandam	397
6. Crok Linda	94	08-021	2:43.45	25m	16-11-08	Amsterdam-oost (NED)	396
7. Kleijne Daisy	89	08-021	2:44.47	25m	25-9-03	Heemskerk (NED)	388
8. Meijer Linda	77	08-021	2:45.40	25m	7-9-91	Assendelft (NED)	382
9. Vink Lidewij	90	08-021	2:48.14	25m	3-10-04	Heemskerk (NED)	363
10. van der Kroft Nicole	84	08-021	2:48.65	25m	24-9-98	Heemskerk (NED)	360
11. Blaauw Yente	03	08-021	2:49.15	25m	19-3-17	Zaandam (NED)	357
12. Buur Naomi	01	08-021	2:49.99	25m	24-5-15	Purmerend (NED)	352
13. Niesten Iris	92	08-021	2:51.37	25m	1-10-06	Volendam (NED)	343
14. de Boer Irene	84	08-021	2:51.49	25m	24-9-98	Heemskerk (NED)	342
15. Petit Kirsten	00	08-021	2:51.80	25m	8-6-14	Purmerend (NED)	341
16. Koopman Anitra	89	08-021	2:52.12	25m	5-10-03	Heemskerk (NED)	339
17. Windmuller Wendy	69	08-021	2:53.00	25m	10-4-83	Heemskerk (NED)	333
18. Essers Sanne	91	08-021	2:54.90	25m	2-10-05	Zaandam (NED)	323
19. Stins Mariska	84	08-021	2:55.30	25m	10-12-98	Heemskerk (NED)	321
20. Stam Sabrina	82	08-021	2:55.70	25m	10-10-96	Heemskerk (NED)	318
21. de Graaf Annemiek	70	08-021	2:56.50	25m	23-9-84	Heemskerk (NED)	314
22. van de Poll Marianne	89	08-021	2:57.21	25m	5-10-03	Heemskerk (NED)	310
23. Besse Karen	75	08-021	2:57.40	25m	1-11-89		309
24. Palmboom Nicole	91	08-021	2:57.78	25m	15-5-05	Zuidoost-Beemster (NED)	307
25. Hoek Daniëlle	88	08-021	2:57.88	25m	6-10-02	Zaandam	307

**500 rugslag**

**25 schoolslag**

1. Hogema Fabiën	93	08-021	18.32	25m	19-4-07	Heemskerk (NED)	391
2. van der Geest Saskia	73	08-021	18.40	25m	17-12-87	Heemskerk (NED)	386
3. Koster Lisa	94	08-021	18.58	25m	29-5-08	Heemskerk (NED)	375
4. Schelvis Femke	84	08-021	18.60	25m	19-3-98	Heemskerk (NED)	373
5. Crok Linda	94	08-021	18.68	25m	29-5-08	Heemskerk (NED)	369
6. van der Kroft Nicole	84	08-021	18.80	25m	19-3-98	Heemskerk (NED)	362
7. de Groot Daniëlle	93	08-021	19.05	25m	19-4-07	Heemskerk (NED)	348
8. Vink Marjolein	93	08-021	19.06	25m	19-4-07	Heemskerk (NED)	347
9. Schuyt Simone	75	08-021	19.10	25m	12-1-89	Heemskerk (NED)	345
10. van Rookhuizen Sieta	79	08-021	19.30	25m	16-6-93		334
11. Schelvis Roos	86	08-021	19.34	25m	17-2-00	Heemskerk (NED)	332
12. Besse Karen	75	08-021	19.40	25m	12-1-89	Heemskerk (NED)	329
13. Boekling Annette	85	08-021	19.55	25m	25-3-99	Heemskerk (NED)	322
14. Niesten Annet	62	08-021	19.90	25m	14-9-76	Heemskerk (NED)	305
14. Limmen Miriam	75	08-021	19.90	25m	31-12-89	Heemskerk (NED)	305
16. Stins Mariska	84	08-021	20.00	25m	19-3-98	Heemskerk (NED)	300
17. van Kooten Cynthia	93	08-021	20.28	25m	19-4-07	Heemskerk (NED)	288
18. Meijer Sylvia	81	08-021	20.30	25m	27-4-95	Heemskerk (NED)	287
19. Niesten Iris	92	08-021	20.31	25m	27-4-06	Heemskerk	287
20. Splinter Nathalie	75	08-021	20.40	25m	12-1-89	Heemskerk (NED)	283
20. Meijer Linda	77	08-021	20.40	25m	16-5-91	Heemskerk (NED)	283
20. Moolevliet Petra	82	08-021	20.40	25m	14-3-96	Heemskerk (NED)	283
23. Hulshof Saskia	73	08-021	20.60	25m	17-12-87	Heemskerk (NED)	275
24. van Ballegooie Stefanie	86	08-021	20.61	25m	17-2-00	Heemskerk (NED)	274
25. Zonneveld Cindy	75	08-021	20.70	25m	12-1-89	Heemskerk (NED)	271

**50 schoolslag**

1. Kingma Danae	00	08-021	36.07	25m	7-9-14	Zaandam (NED)	509
2. Palmboom Nicole	91	08-021	38.23	25m	5-6-05	Alkmaar (NED)	427
3. de Groot Daniëlle	93	08-021	40.17	25m	30-12-07	Maastricht (NED)	368
4. van Rookhuizen Sieta	79	08-021	40.30	25m	14-10-93	Heemskerk	364
5. Koster Lisa	94	08-021	40.53	25m	10-2-08	Purmerend (NED)	358
6. Hoekstra Eline	03	08-021	40.61	25m	1-10-17	Purmerend (NED)	356
7. Schelvis Roos	86	08-021	40.77	25m	3-12-00	Zaandam (NED)	352
8. van der Kroft Nicole	84	08-021	40.80	25m	9-4-98	Heemskerk (NED)	351
9. Kramer Miranda	80	08-021	40.90	25m	5-3-94		349
10. Smit Sanne	01	08-021	40.95	25m	15-2-15	Purmerend (NED)	347
11. Vink Marjolein	93	08-021	40.99	25m	8-4-07	Haarlem (NED)	346
12. Hogema Fabiën	93	08-021	41.02	25m	8-4-07	Haarlem (NED)	346
13. van 't Veer Iris	03	08-021	41.38	25m	7-5-17	Zaandam (NED)	337
14. de Haan Shira	00	08-021	41.52	25m	7-12-14	Heemskerk (NED)	333
15. van Huisstede Nikita	01	08-021	41.62	25m	19-2-15	Heemskerk (NED)	331
16. Crok Linda	94	08-021	41.63	25m	10-2-08	Purmerend (NED)	331
17. de Boer Maia	03	08-021	41.76	25m	7-5-17	Zaandam (NED)	328
18. Stam Sabrina	82	08-021	41.80	25m	27-10-96	Zaandam (NED)	327
19. Schelvis Femke	84	08-021	41.82	25m	24-9-98	Heemskerk (NED)	326
20. Buur Naomi	01	08-021	41.97	25m	1-2-15	Zaandam (NED)	323
21. Stins Mariska	84	08-021	42.10	25m	15-11-98	Zaandam (NED)	320
22. Boekling Annette	85	08-021	42.13	25m	16-12-99	Heemskerk	319
23. van Langelaar Tessa	97	08-021	42.52	25m	29-5-11	Purmerend (NED)	310
24. Limmen Karin	76	08-021	42.60	25m	7-11-90		308
25. Moolevliet Petra	82	08-021	42.80	25m	10-10-96	Heemskerk (NED)	304

**100 schoolslag**

1. Kingma Danae	00	08-021	1:19.25	25m	16-11-14	Zaandam (NED)	487
2. Palmboom Nicole	91	08-021	1:25.25	25m	27-3-05	Haarlem (NED)	391
3. van der Geest Saskia	73	08-021	1:26.70	25m	13-12-87	Assendelft (NED)	372
4. Hoekstra Eline	03	08-021	1:26.71	25m	1-10-17	Purmerend (NED)	371
5. de Groot Daniëlle	93	08-021	1:27.15	25m	29-12-07	Maastricht (NED)	366
6. van der Kroft Nicole	84	08-021	1:27.85	25m	29-10-98	Heemskerk (NED)	357
7. Kramer Miranda	80	08-021	1:28.10	25m	4-4-94	Haarlem (NED)	354
8. Schelvis Roos	86	08-021	1:28.19	25m	24-4-00	Haarlem (NED)	353
9. van 't Veer Iris	03	08-021	1:28.34	25m	1-10-17	Purmerend (NED)	351
10. van Galen Angela	65	08-021	1:28.50	25m	25-11-79	Heemskerk (NED)	349
11. Plokker Sylvia	68	08-021	1:28.70	25m	21-3-82		347
12. Schelvis Femke	84	08-021	1:28.79	25m	29-10-98	Heemskerk (NED)	346
13. de Haan Shira	00	08-021	1:28.94	25m	7-12-14	Heemskerk (NED)	344
14. Koster Lisa	94	08-021	1:29.59	25m	24-3-08	Haarlem (NED)	337
15. Smit Sanne	01	08-021	1:29.78	25m	8-3-15	Zaandam (NED)	335
16. Vink Marjolein	93	08-021	1:29.86	25m	30-9-07	Volendam (NED)	334
17. Stam Sabrina	82	08-021	1:30.40	25m	3-11-96	Zaandam (NED)	328
18. Niesten Iris	92	08-021	1:30.60	25m	16-4-06	Haarlem (NED)	326
19. Boekling Annette	85	08-021	1:31.04	25m	12-12-99	Heemskerk (NED)	321
20. Buur Naomi	01	08-021	1:31.22	25m	4-10-15	Purmerend (NED)	319
21. Crok Linda	94	08-021	1:31.40	25m	24-3-08	Haarlem (NED)	317
22. Hogema Fabiën	93	08-021	1:31.50	25m	9-4-07	Haarlem (NED)	316
23. de Graaf Dinie	71	08-021	1:31.80	25m	29-9-85	Heemskerk (NED)	313
24. van Huisstede Nikita	01	08-021	1:31.88	25m	8-3-15	Zaandam (NED)	312
25. Hulshof Saskia	73	08-021	1:32.00	25m	22-3-87	Heerhugowaard (NED)	311

**200 schoolslag**

1. Kingma Danae	00	08-021	2:58.86	25m	26-10-14	Zaandam (NED)	425
2. van der Geest Saskia	73	08-021	3:05.90	25m	4-10-87	Zaandam (NED)	379
3. de Groot Daniëlle	93	08-021	3:07.48	25m	13-12-07	Heemskerk (NED)	369
4. Palmboom Nicole	91	08-021	3:07.75	25m	27-10-05	Heemskerk (NED)	368
5. Schelvis Roos	86	08-021	3:08.06	25m	27-1-00	Heemskerk (NED)	366
6. Vink Marjolein	93	08-021	3:10.04	25m	18-11-07	Alkmaar (NED)	355
7. Kramer Miranda	80	08-021	3:10.20	25m	24-11-94	Heemskerk (NED)	354
8. Schelvis Femke	84	08-021	3:10.30	25m	9-5-98	Zaandam (NED)	353
9. van der Kroft Nicole	84	08-021	3:10.50	25m	9-5-98	Zaandam (NED)	352
10. Hoekstra Eline	03	08-021	3:11.69	25m	12-2-17	Purmerend (NED)	345
11. Crok Linda	94	08-021	3:12.45	25m	13-1-08	Heemskerk (NED)	341
12. Niesten Iris	92	08-021	3:13.54	25m	26-11-06	Heemskerk (NED)	336
13. de Haan Shira	00	08-021	3:14.14	25m	26-10-14	Zaandam (NED)	333
14. van Galen Angela	65	08-021	3:15.30	25m	28-10-79	Heerhugowaard (NED)	327
15. Plokker Sylvia	68	08-021	3:15.90	25m	21-3-82		324
16. van Rookhuizen Sieta	79	08-021	3:16.10	25m	7-1-93	Heemskerk (NED)	323
17. Moolevliet Petra	82	08-021	3:16.40	25m	4-2-96	Heerhugowaard (NED)	321
18. van 't Veer Iris	03	08-021	3:16.55	25m	12-2-17	Purmerend (NED)	320
19. Oudendijk Bianca	79	08-021	3:16.80	25m	17-11-93		319
20. Mallon Danique	94	08-021	3:17.59	25m	13-1-08	Heemskerk (NED)	315
21. Limmen Miriam	75	08-021	3:18.30	25m	1-10-89	Zaandam (NED)	312
22. Vink Lidewij	90	08-021	3:18.51	25m	28-11-04	Heemskerk (NED)	311
23. Crok Annemarie	89	08-021	3:18.59	25m	30-10-03	Heemskerk	311
24. de Ruijter Linda	87	08-021	3:19.00	25m	18-11-01	Heemskerk	309
25. Stins Mariska	84	08-021	3:20.07	25m	22-11-98	Zaandam (NED)	304

**500 schoolslag****800 schoolslag**



**1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Schelvis Femke	84	08-021	15.00	25m	15-1-98	Heemskerk (NED)	415
2. Besse Karen	75	08-021	15.30	25m	12-1-89	Heemskerk (NED)	391
2. de Groot Daniëlle	93	08-021	15.30	25m	19-4-07	Heemskerk (NED)	391
4. Koster Lisa	94	08-021	15.51	25m	29-5-08	Heemskerk (NED)	375
5. Meijer Linda	77	08-021	15.60	25m	16-5-91	Heemskerk (NED)	369
6. Schuyt Simone	75	08-021	15.90	25m	31-12-89	Heemskerk (NED)	348
7. Crok Linda	94	08-021	16.08	25m	29-5-08	Heemskerk (NED)	337
8. Vink Marjolein	93	08-021	16.11	25m	19-4-07	Heemskerk (NED)	335
8. Mallon Danique	94	08-021	16.11	25m	29-5-08	Heemskerk (NED)	335
10. Schelvis Roos	86	08-021	16.25	25m	4-5-00	Heemskerk (NED)	326
11. de Vries Chrissie	93	08-021	16.40	25m	19-4-07	Heemskerk (NED)	317
12. Visser Stacey	87	08-021	16.59	25m	29-3-01	Heemskerk (NED)	306
13. Moolevliet Petra	82	08-021	16.60	25m	8-2-96	Heemskerk (NED)	306
14. van der Kroft Nicole	84	08-021	16.70	25m	15-1-98	Heemskerk (NED)	300
14. de Boer Irene	84	08-021	16.70	25m	15-1-98	Heemskerk (NED)	300
16. Hogema Fabiën	93	08-021	17.16	25m	19-4-07	Heemskerk (NED)	277
17. van Ballegooie Simone	84	08-021	17.20	25m	15-1-98	Heemskerk (NED)	275
18. van Rookhuizen Sieta	79	08-021	17.50	25m	16-6-93		261
19. Meijer Sylvia	81	08-021	17.60	25m	16-3-95	Heemskerk (NED)	257
20. Boekling Annette	85	08-021	17.71	25m	25-3-99	Heemskerk (NED)	252
21. van der Geest Saskia	73	08-021	17.80	25m	17-12-87	Heemskerk (NED)	248
22. Hulshof Saskia	73	08-021	17.90	25m	17-12-87	Heemskerk (NED)	244
23. de Vries Justine	83	08-021	18.20	25m	13-2-97	Heemskerk (NED)	232
24. Zonneveld Cindy	75	08-021	18.30	25m	12-1-89	Heemskerk (NED)	228
25. Hoek Laura	86	08-021	18.50	25m	4-5-00	Heemskerk (NED)	221

**50 vlinderslag**

1. Kingma Danae	00	08-021	30.86	25m	30-10-14	Heemskerk (NED)	493
2. Schelvis Femke	84	08-021	31.90	25m	24-5-98	Zaandam (NED)	446
3. Hoekstra Eline	03	08-021	32.62	25m	15-10-17	Alkmaar (NED)	417
4. van de Poll Marianne	89	08-021	33.05	25m	22-6-03	Amsterdam (NED)	401
5. de Groot Daniëlle	93	08-021	33.34	25m	29-12-07	Maastricht (NED)	391
6. Smit Sanne	01	08-021	34.55	25m	6-9-15	Zaandam (NED)	351
7. Koster Lisa	94	08-021	34.65	25m	10-2-08	Purmerend (NED)	348
8. Schelvis Roos	86	08-021	34.67	25m	30-11-00	Heemskerk (NED)	347
9. Buur Naomi	01	08-021	34.78	25m	15-2-15	Purmerend (NED)	344
10. Vink Lidewij	90	08-021	34.90	25m	23-12-04	Heemskerk (NED)	340

**50 vlinderslag (sinds 11)**

11. Palmboom Nicole	91	08-021	34.94	25m	29-12-05	Maastricht (NED)	339
12. Verbree Bets	63	08-021	35.00	25m	27-11-77	IJmuiden (NED)	337
13. Besse Karen	75	08-021	35.10	25m	9-3-89	Heemskerk (NED)	335
14. de Haan Shira	00	08-021	35.16	25m	30-10-14	Heemskerk (NED)	333
15. Vink Marjolein	93	08-021	35.31	25m	29-12-07	Maastricht (NED)	329
16. Mallon Danique	94	08-021	35.62	25m	10-2-08	Purmerend (NED)	320
17. van Ballegooie Simone	84	08-021	36.00	25m	9-4-98	Heemskerk (NED)	310
18. Schuyt Simone	75	08-021	36.40	25m	1-11-89		300
18. Meijer Linda	77	08-021	36.40	25m	13-1-91	Z.O. Beemster (NED)	300
20. van der Kroft Nicole	84	08-021	36.58	25m	27-9-98	Assendelft (NED)	296
21. Koopman Anitra	89	08-021	36.66	25m	9-2-03	Zaandam (NED)	294
22. Hogema Fabiën	93	08-021	36.68	25m	11-3-07	Purmerend (NED)	293
23. Crok Annemarie	89	08-021	36.84	25m	18-12-03	Heemskerk (NED)	289
24. Moolevliet Petra	82	08-021	36.90	25m	11-1-96	Heemskerk (NED)	288
25. Koper Fiona	01	08-021	37.07	25m	10-12-15	Heemskerk (NED)	284

**100 vlinderslag**

1. Schelvis Femke	84	08-021	1:10.93	25m	13-12-98	Heemskerk (NED)	467
2. Kingma Danae	00	08-021	1:11.61	25m	7-12-14	Heemskerk (NED)	454
3. de Groot Daniëlle	93	08-021	1:13.13	25m	25-11-07	Amsterdam (NED)	426
4. van de Poll Marianne	89	08-021	1:15.65	25m	14-12-03	Heemskerk (NED)	385
5. Mallon Danique	94	08-021	1:17.75	25m	23-3-08	Haarlem (NED)	354
6. Besse Karen	75	08-021	1:18.50	25m	1-10-89	Zaandam (NED)	344
7. Vink Lidewij	90	08-021	1:18.70	25m	28-11-04	Heemskerk (NED)	342
8. Smit Sanne	01	08-021	1:18.91	25m	15-11-15	Purmerend (NED)	339
9. Hoekstra Eline	03	08-021	1:19.00	25m	2-2-17	Heemskerk (NED)	338
10. Schelvis Roos	86	08-021	1:20.39	25m	23-4-00	Haarlem (NED)	321
11. Moolevliet Petra	82	08-021	1:21.80	25m	6-4-96	Haarlem (NED)	304
12. Palmboom Nicole	91	08-021	1:21.91	25m	27-11-05	Heemskerk (NED)	303
13. Koster Lisa	94	08-021	1:21.95	25m	6-1-08	Alkmaar (NED)	303
14. van Ballegooie Simone	84	08-021	1:22.69	25m	11-10-98	Alkmaar (NED)	295
15. van Rookhuizen Sieta	79	08-021	1:23.10	25m	17-1-93	Zaandam	290
16. Meijer Linda	77	08-021	1:23.60	25m	4-4-91	Heemskerk (NED)	285
17. Vink Marjolein	93	08-021	1:23.80	25m	25-11-07	Amsterdam (NED)	283
18. Visser Stacey	87	08-021	1:24.15	25m	31-5-01	Heemskerk (NED)	279
19. Koopman Anitra	89	08-021	1:24.85	25m	27-3-03	Heemskerk	273
20. van der Kroft Nicole	84	08-021	1:25.49	25m	11-10-98	Alkmaar (NED)	267
21. Crok Annemarie	89	08-021	1:25.61	25m	9-11-03	Zaandam	265
22. Plokker Sylvia	68	08-021	1:25.70	25m	18-4-82		265
23. Verbree Bets	63	08-021	1:25.80	25m	23-10-77	Zandvoort (NED)	264
23. Stins Mariska	84	08-021	1:25.80	25m	10-12-98	Heemskerk (NED)	264
25. Kleijne Daisy	89	08-021	1:25.82	25m	14-12-03	Heemskerk (NED)	263

**200 vlinderslag**

1. de Groot Daniëlle	93	08-021	2:56.23	25m	26-5-07	Purmerend (NED)	321
2. van de Poll Marianne	89	08-021	2:59.51	25m	7-6-03	Z.o. Beemster	304
3. Mallon Danique	94	08-021	3:01.16	25m	31-1-08	Heemskerk (NED)	296
4. Vink Lidewij	90	08-021	3:01.85	25m	25-11-04	Heemskerk (NED)	292
5. Koster Lisa	94	08-021	3:11.30	25m	31-1-08	Heemskerk (NED)	251
6. Palmboom Nicole	91	08-021	3:12.94	25m	24-11-05	Heemskerk (NED)	245
7. Crok Linda	94	08-021	3:13.67	25m	31-1-08	Heemskerk (NED)	242
8. Crok Annemarie	89	08-021	3:15.06	25m	27-11-03	Heemskerk (NED)	237
9. Moolevliet Petra	82	08-021	3:15.30	25m	4-2-96	Heerhugowaard (NED)	236
10. Kleijne Daisy	89	08-021	3:15.66	25m	27-11-03	Heemskerk (NED)	235
11. Vink Marjolein	93	08-021	3:18.05	25m	31-5-07	Heemskerk (NED)	226
12. de Ruijter Linda	87	08-021	3:19.17	25m	20-12-01	Heemskerk	223
13. Koopman Anitra	89	08-021	3:29.51	25m	27-11-03	Heemskerk (NED)	191

200 vlinderslag (sinds 14)

14. Niesten Iris	92	08-021	3:31.96	25m	30-11-06	Heemskerk	185
15. Visser Stacey	87	08-021	3:34.79	25m	18-3-01	Zaandam (NED)	177
16. Hoek Daniëlle	88	08-021	3:35.56	25m	28-11-02	Heemskerk	175
17. Essers Sanne	91	08-021	3:36.64	25m	15-5-05	Zuidoost-Beemster (NED)	173

100 wisselslag

1. Kingma Danae	00	08-021	1:09.82	25m	7-12-14	Heemskerk (NED)	557
2. Schelvis Femke	84	08-021	1:12.00	25m	14-2-98	Emmen (NED)	508
3. Hoekstra Eline	03	08-021	1:13.97	25m	15-10-17	Alkmaar (NED)	468
4. Koster Lisa	94	08-021	1:13.98	25m	12-5-08	Purmerend (NED)	468
5. Smit Sanne	01	08-021	1:15.51	25m	23-4-15	Heemskerk (NED)	440
6. de Groot Daniëlle	93	08-021	1:16.88	25m	2-12-07	Alkmaar (NED)	417
7. Buur Naomi	01	08-021	1:17.39	25m	23-4-15	Heemskerk (NED)	409
8. Palmboom Nicole	91	08-021	1:17.86	25m	29-9-05	Heemskerk (NED)	401
9. Schelvis Roos	86	08-021	1:18.15	25m	26-11-00	Alkmaar (NED)	397
10. Vink Marjolein	93	08-021	1:18.37	25m	2-12-07	Alkmaar (NED)	393
11. Crok Linda	94	08-021	1:18.50	25m	7-12-08	Zaandam (NED)	391
12. Vink Lidewij	90	08-021	1:18.66	25m	30-9-04	Heemskerk (NED)	389
13. van 't Veer Iris	03	08-021	1:18.80	25m	11-5-17	Heemskerk (NED)	387
14. Mallon Danique	94	08-021	1:19.36	25m	29-5-08	Heemskerk (NED)	379
15. van der Kroft Nicole	84	08-021	1:19.37	25m	15-11-98	Zaandam (NED)	379
15. Kleijne Daisy	89	08-021	1:19.37	25m	25-9-03	Heemskerk (NED)	379
17. Stam Sabrina	82	08-021	1:19.60	25m	3-11-96	Zaandam (NED)	375
18. Crok Annemarie	89	08-021	1:20.11	25m	28-12-03	Maastricht (NED)	368
19. Besse Karen	75	08-021	1:20.20	25m	30-12-89		367
20. de Haan Shira	00	08-021	1:20.22	25m	30-3-14	Zaandam (NED)	367
21. van de Poll Marianne	89	08-021	1:20.27	25m	25-9-03	Heemskerk (NED)	366
22. Niesten Iris	92	08-021	1:20.40	25m	28-9-06	Heemskerk (NED)	364
23. Petit Kirsten	00	08-021	1:20.41	25m	7-12-14	Heemskerk (NED)	364
24. Koopman Anitra	89	08-021	1:20.66	25m	25-9-03	Heemskerk (NED)	361
25. van Rookhuizen Sieta	79	08-021	1:20.90	25m	14-4-93		358

200 wisselslag

1. Schelvis Femke	84	08-021	2:33.30	25m	9-5-98	Zaandam (NED)	519
2. Kingma Danae	00	08-021	2:33.95	25m	16-11-14	Zaandam (NED)	512
3. Hoekstra Eline	03	08-021	2:41.31	25m	15-10-17	Alkmaar (NED)	445
4. Schelvis Roos	86	08-021	2:46.58	25m	5-11-00	Zaandam (NED)	404
5. Buur Naomi	01	08-021	2:47.74	25m	8-3-15	Zaandam (NED)	396
6. Palmboom Nicole	91	08-021	2:47.78	25m	15-12-05	Heemskerk (NED)	395
7. Vink Marjolein	93	08-021	2:49.25	25m	14-10-07	Zaandam (NED)	385
8. Smit Sanne	01	08-021	2:49.64	25m	18-1-15	Zaandam (NED)	383
9. Koster Lisa	94	08-021	2:49.85	25m	23-3-08	Haarlem (NED)	381
10. van der Kroft Nicole	84	08-021	2:49.86	25m	26-11-98	Heemskerk (NED)	381
11. Crok Linda	94	08-021	2:50.06	25m	28-9-08	Zaandam (NED)	380
12. Mallon Danique	94	08-021	2:50.16	25m	28-9-08	Zaandam (NED)	379
13. Vink Lidewij	90	08-021	2:50.27	25m	17-10-04	Zaandam (NED)	378
14. de Groot Daniëlle	93	08-021	2:51.12	25m	8-4-07	Haarlem (NED)	373
15. Verbree Bets	63	08-021	2:52.00	25m	10-12-77	Heemskerk (NED)	367
15. Besse Karen	75	08-021	2:52.00	25m	3-12-89	Zaandam (NED)	367
17. Crok Annemarie	89	08-021	2:53.14	25m	26-10-03	Zaandam	360
18. Kleijne Daisy	89	08-021	2:53.17	25m	26-10-03	Zaandam	360
19. van Ballegoie Simone	84	08-021	2:53.90	25m	8-3-98	Zaandam (NED)	355
20. Koopman Anitra	89	08-021	2:54.28	25m	30-1-03	Heemskerk	353
21. Stins Mariska	84	08-021	2:54.78	25m	26-11-98	Heemskerk (NED)	350
22. Essers Sanne	91	08-021	2:54.97	25m	15-12-05	Heemskerk (NED)	349
23. Stam Sabrina	82	08-021	2:55.00	25m	12-12-96	Heemskerk (NED)	348
24. Niesten Iris	92	08-021	2:56.30	25m	22-10-06	Zaandam (NED)	341

200 wisselslag (sinds 25)

25. de Boer Irene	84	08-021	2:56.40	25m	7-5-98	Heemskerk (NED)	340
-------------------	----	--------	---------	-----	--------	-----------------	-----

**300 wisselslag**

1. Vink Lidewij	90	08-021	4:24.09	25m	19-12-04	Heemskerk (NED)	
2. Crok Linda	94	08-021	4:25.22	25m	9-11-08	Zaandam (NED)	
3. van de Poll Marianne	89	08-021	4:28.07	25m	30-11-03	Heemskerk (NED)	
4. de Groot Daniëlle	93	08-021	4:29.29	25m	9-12-07	Zaandam (NED)	
5. Koopman Anitra	89	08-021	4:34.08	25m	30-11-03	Heemskerk (NED)	
6. Kleijne Daisy	89	08-021	4:34.95	25m	30-11-03	Heemskerk (NED)	
7. Crok Annemarie	89	08-021	4:35.29	25m	30-11-03	Heemskerk (NED)	
8. Hoek Daniëlle	88	08-021	4:40.53	25m	24-11-02	Amsterdam	
9. Mallon Danique	94	08-021	4:41.82	25m	9-11-08	Zaandam (NED)	
10. de Ruijter Linda	87	08-021	4:45.36	25m	20-1-01	Amsterdam (NED)	
11. Niesten Iris	92	08-021	4:47.61	25m	3-12-06	Zaandam (NED)	
12. Visser Stacey	87	08-021	4:50.92	25m	20-1-01	Amsterdam (NED)	
13. van der Gracht Anouk	89	08-021	4:59.68	25m	30-11-03	Heemskerk (NED)	
14. Hoek Laura	86	08-021	5:12.22	25m	23-1-00	Heemskerk (NED)	
15. van Ballegooie Stefanie	86	08-021	5:14.28	25m	23-1-00	Heemskerk (NED)	

**400 wisselslag**

1. Schelvis Femke	84	08-021	5:29.20	25m	10-5-98	Zaandam (NED)	497
2. Hoekstra Eline	03	08-021	5:47.81	25m	19-3-17	Zaandam (NED)	421
3. Crok Linda	94	08-021	5:58.13	25m	24-2-08	Zaandam (NED)	386
4. Schelvis Roos	86	08-021	6:03.57	25m	30-3-00	Heemskerk (NED)	369
5. Mallon Danique	94	08-021	6:04.26	25m	24-2-08	Zaandam (NED)	367
6. Koopman Anitra	89	08-021	6:09.20	25m	23-2-03	Heemskerk	352
7. van der Kroft Nicole	84	08-021	6:12.00	25m	10-5-98	Zaandam (NED)	344
8. Stins Mariska	84	08-021	6:14.70	25m	10-12-98	Heemskerk (NED)	337
9. Blaauw Yente	03	08-021	6:17.24	25m	19-3-17	Zaandam (NED)	330
10. van Ballegooie Simone	84	08-021	6:18.60	25m	29-3-98	Heemstede (NED)	327
11. Palmboom Nicole	91	08-021	6:21.08	25m	30-1-05	Zaandam (NED)	320
12. Vink Marjolein	93	08-021	6:21.35	25m	11-2-07	Zaandam (NED)	320
13. Essers Sanne	91	08-021	6:22.32	25m	30-1-05	Zaandam (NED)	317
14. de Boer Irene	84	08-021	6:28.40	25m	29-3-98	Heemstede (NED)	302
15. Hoek Daniëlle	88	08-021	6:29.23	25m	24-2-02	Heemskerk	300
16. Dijkstra Ingrid	68	08-021	6:31.20	25m	3-4-82	Heemskerk (NED)	296
17. Visser Stacey	87	08-021	6:32.17	25m	25-2-01	Heemskerk (NED)	294
18. de Haan Shira	00	08-021	6:32.23	25m	9-2-14	Zaandam (NED)	294
19. de Ruijter Linda	87	08-021	6:32.90	25m	25-2-01	Heemskerk (NED)	292
20. Vink Lidewij	90	08-021	6:36.96	25m	29-2-04	Wormerveer	283
21. van der Gracht Anouk	89	08-021	6:38.51	25m	23-2-03	Heemskerk	280
22. Niesten Iris	92	08-021	6:43.96	25m	29-1-06	Zaandam (NED)	269
23. Plokker Sylvia	68	08-021	6:45.00	25m	3-4-82	Heemskerk (NED)	267
24. Hoek Laura	86	08-021	6:56.08	25m	30-3-00	Heemskerk (NED)	246
25. van Giezen Corina	68	08-021	6:58.40	25m	3-4-82	Heemskerk (NED)	242