

13 jaar, Dames, Korte baan (25m)

1-1-1900-31-7-2018

**25 vrije slag**

1. Schelvis Femke	84	08-021	14.00	25m	13-3-97	Heemskerk (NED)	436
2. Schelvis Roos	86	08-021	14.10	25m	25-3-99	Heemskerk (NED)	427
3. Koster Lisa	94	08-021	14.33	25m	19-4-07	Heemskerk (NED)	407
4. Hogema Fabiën	93	08-021	14.66	25m	27-4-06	Heemskerk	380
5. Crok Linda	94	08-021	14.85	25m	19-4-07	Heemskerk (NED)	365
6. van der Kroft Nicole	84	08-021	15.10	25m	13-3-97	Heemskerk (NED)	347
7. Rodenburg Rianne	93	08-021	15.20	25m	27-4-06	Heemskerk	341
8. Mallon Danique	94	08-021	15.29	25m	19-4-07	Heemskerk (NED)	335
9. Vink Marjolein	93	08-021	15.42	25m	27-4-06	Heemskerk	326
10. Bruin Marianne	78	08-021	15.50	25m	16-5-91	Heemskerk (NED)	321
11. de Groot Daniëlle	93	08-021	15.61	25m	27-4-06	Heemskerk	314
12. Liefing Sarina	93	08-021	15.66	25m	27-4-06	Heemskerk	311
13. van Kooten Cynthia	93	08-021	15.79	25m	30-11-06	Heemskerk	304
14. Stins Mariska	84	08-021	15.80	25m	13-3-97	Heemskerk (NED)	303
15. Bos Chantal	74	08-021	15.90	25m	17-12-87	Heemskerk (NED)	297
16. Limmen Karin	76	08-021	16.00	25m	31-12-89	Heemskerk (NED)	292
17. Hoek Daniëlle	88	08-021	16.07	25m	29-3-01	Heemskerk (NED)	288
18. Hommersen Sandra	84	08-021	16.10	25m	20-3-97	Heemskerk (NED)	287
19. Vredenburg Roos	95	08-021	16.23	25m	29-5-08	Heemskerk (NED)	280
20. de Ruijter Linda	87	08-021	16.65	25m	4-5-00	Heemskerk (NED)	259
21. Lindelauf Priscilla	85	08-021	16.70	25m	12-2-98	Heemskerk (NED)	257
21. van Koevinge Nicole	93	08-021	16.70	25m	27-4-06	Heemskerk	257
23. Hoek Laura	86	08-021	16.80	25m	25-2-99	Heemskerk (NED)	252
24. Bruin Adri	74	08-021	16.90	25m	17-12-87	Heemskerk (NED)	248
24. Moolevliet Petra	82	08-021	16.90	25m	27-4-95	Heemskerk (NED)	248

**50 vrije slag**

1. Koster Lisa	94	08-021	29.18	25m	30-12-07	Maastricht (NED)	505
2. Schelvis Femke	84	08-021	29.30	25m	6-11-97	Heemskerk (NED)	499
3. Smit Sanne	01	08-021	30.13	25m	26-10-14	Zaandam (NED)	458
3. Hoekstra Eline	03	08-021	30.13	25m	13-10-16	Heemskerk (NED)	458
5. Schelvis Roos	86	08-021	30.44	25m	4-11-99	Heemskerk (NED)	445
6. Palmboom Nicole	91	08-021	30.79	25m	28-12-04	Maastricht (NED)	430
7. Schuyt Simone	75	08-021	31.00	25m	5-10-88		421
8. de Groot Daniëlle	93	08-021	31.10	25m	28-12-06	Maastricht (NED)	417
9. van der Kroft Nicole	84	08-021	31.50	25m	5-10-97	Zaandam (NED)	401
10. Dijkstra Lisette	86	08-021	31.51	25m	10-1-99	Zuidoost Beemster (NED)	401
11. Vink Marjolein	93	08-021	31.63	25m	30-12-06	Hoorn (NED)	396
12. Hogema Fabiën	93	08-021	31.71	25m	23-4-06	Zaandam (NED)	393
13. Buur Naomi	01	08-021	31.72	25m	11-5-14	Purmerend (NED)	393
14. Mallon Danique	94	08-021	31.82	25m	30-12-07	Maastricht (NED)	389
15. Renkema Iris	04	08-021	31.97	25m	7-1-17	Purmerend (NED)	384
16. van Honk Chantal	80	08-021	32.00	25m	14-4-93		383
17. van Ballegooie Simone	84	08-021	32.10	25m	16-11-97	Zaandam (NED)	379
18. Crok Linda	94	08-021	32.37	25m	28-12-07	Maastricht (NED)	370
19. van 't Veer Iris	03	08-021	32.39	25m	13-10-16	Heemskerk (NED)	369
20. Meijer Linda	77	08-021	32.50	25m	11-3-90	Heemskerk (NED)	365
20. de Boer Irene	84	08-021	32.50	25m	16-11-97	Zaandam (NED)	365
22. Blaauw Yente	03	08-021	32.56	25m	13-10-16	Heemskerk (NED)	363
23. Koopman Anitra	89	08-021	32.59	25m	24-3-02	Heemstede	362
24. de Haan Shira	00	08-021	32.68	25m	31-10-13	Heemskerk (NED)	359
25. Hulshof Saskia	73	08-021	32.80	25m	30-11-86	Heemskerk (NED)	355

**100 vrije slag**

1. Koster Lisa	94	08-021	1:02.75	25m	15-12-07	Heemskerk (NED)	537
2. Schelvis Femke	84	08-021	1:03.00	25m	14-12-97	Heemskerk (NED)	530
3. Smit Sanne	01	08-021	1:04.55	25m	21-12-14	Amsterdam (NED)	493
4. Schelvis Roos	86	08-021	1:05.56	25m	12-12-99	Heemskerk (NED)	471
5. Hoekstra Eline	03	08-021	1:06.13	25m	9-10-16	Alkmaar (NED)	458
6. Mallon Danique	94	08-021	1:07.85	25m	15-12-07	Heemskerk (NED)	424
7. Schuyt Simone	75	08-021	1:08.10	25m	17-9-88		420
8. Buur Naomi	01	08-021	1:08.74	25m	7-12-14	Heemskerk (NED)	408
9. van der Kroft Nicole	84	08-021	1:09.20	25m	14-12-97	Heemskerk (NED)	400
10. van Honk Chantal	80	08-021	1:09.30	25m	3-4-93		398
11. Vink Marjolein	93	08-021	1:09.66	25m	10-12-06	Heemskerk (NED)	392
12. Crok Linda	94	08-021	1:09.84	25m	25-11-07	Amsterdam (NED)	389
13. Renkema Iris	04	08-021	1:09.97	25m	15-10-17	Alkmaar (NED)	387
14. Windmuller Wendy	69	08-021	1:10.30	25m	14-3-82		382
15. van Ballegooie Simone	84	08-021	1:10.40	25m	30-11-97	Alkmaar (NED)	380
16. de Boer Irene	84	08-021	1:10.50	25m	30-3-97	Haarlem (NED)	378
17. Wentink Yara	04	08-021	1:10.65	25m	1-10-17	Purmerend (NED)	376
18. Koopman Anitra	89	08-021	1:10.78	25m	28-12-02	Horn (NED)	374
19. van der Geest Saskia	73	08-021	1:10.80	25m	31-12-86		373
20. de Groot Daniëlle	93	08-021	1:10.88	25m	10-12-06	Heemskerk (NED)	372
21. Palmboom Nicole	91	08-021	1:11.15	25m	28-12-04	Maastricht (NED)	368
22. Siemerink Laura	04	08-021	1:11.53	25m	8-10-17	Alkmaar (NED)	362
23. Hogema Fabiën	93	08-021	1:11.68	25m	16-4-06	Haarlem (NED)	360
24. van 't Veer Iris	03	08-021	1:11.75	25m	18-12-16	Heemskerk (NED)	359
25. Meijer Linda	77	08-021	1:12.20	25m	25-11-90	Heemskerk (NED)	352

**200 vrije slag**

1. Schelvis Femke	84	08-021	2:15.30	25m	11-12-97	Heemskerk (NED)	554
2. Koster Lisa	94	08-021	2:21.16	25m	25-10-07	Heemskerk (NED)	488
3. Schelvis Roos	86	08-021	2:23.42	25m	25-11-99	Heemskerk	465
4. Hoekstra Eline	03	08-021	2:24.67	25m	30-10-16	Den Helder (NED)	453
5. Buur Naomi	01	08-021	2:32.42	25m	30-3-14	Zaandam (NED)	388
6. Koopman Anitra	89	08-021	2:34.66	25m	26-9-02	Heemskerk	371
7. Schuyt Simone	75	08-021	2:34.70	25m	7-2-88	Heemskerk (NED)	371
8. Mallon Danique	94	08-021	2:35.12	25m	25-10-07	Heemskerk (NED)	368
9. Crok Linda	94	08-021	2:36.29	25m	25-10-07	Heemskerk (NED)	359
10. de Groot Daniëlle	93	08-021	2:36.33	25m	26-11-06	Heemskerk (NED)	359
11. de Boer Irene	84	08-021	2:36.60	25m	26-10-97	Heemskerk (NED)	357
12. Palmboom Nicole	91	08-021	2:36.78	25m	28-11-04	Heemskerk (NED)	356
13. van der Kroft Nicole	84	08-021	2:36.80	25m	11-12-97	Heemskerk (NED)	356
14. Kleijne Daisy	89	08-021	2:36.84	25m	22-12-02	Zaandam	356
15. Hogema Fabiën	93	08-021	2:37.22	25m	26-11-06	Heemskerk (NED)	353
16. Vink Marjolein	93	08-021	2:37.41	25m	26-11-06	Heemskerk (NED)	352
17. Petit Kirsten	00	08-021	2:38.04	25m	6-10-13	Heemskerk (NED)	348
18. Blaauw Yente	03	08-021	2:38.14	25m	9-10-16	Alkmaar (NED)	347
19. Besse Karen	75	08-021	2:38.20	25m	7-2-88	Heemskerk (NED)	347
20. van Ballegooie Simone	84	08-021	2:40.50	25m	12-10-97	Assendelft (NED)	332
21. van Koeveringe Nicole	93	08-021	2:41.10	25m	26-11-06	Heemskerk (NED)	328
22. Vink Lidewij	90	08-021	2:41.23	25m	18-12-03	Heemskerk (NED)	327
23. Essers Sanne	91	08-021	2:41.44	25m	30-9-04	Heemskerk (NED)	326
24. Renkema Iris	04	08-021	2:41.45	25m	12-3-17	Purmerend (NED)	326
25. Meijer Linda	77	08-021	2:41.90	25m	22-4-90	Heemstede (NED)	323

**250 vrije slag**

**300 vrije slag**

1. Koster Lisa	94	08-021	3:53.61	25m	14-10-07	Zaandam (NED)	405
2. Buur Naomi	01	08-021	4:02.95	25m	7-6-14	Purmerend (NED)	360
3. Mallon Danique	94	08-021	4:08.45	25m	14-10-07	Zaandam (NED)	336
4. Hogema Fabiën	93	08-021	4:13.63	25m	18-5-06	Heemskerk (NED)	316
5. Essers Sanne	91	08-021	4:15.31	25m	29-4-04	Heemskerk (NED)	310
6. Palmboom Nicole	91	08-021	4:24.15	25m	17-10-04	Zaandam (NED)	280
7. Niesten Iris	92	08-021	4:36.32	25m	23-10-05	Zaandam (NED)	244
8. Vink Marjolein	93	08-021	4:37.46	25m	18-5-06	Heemskerk (NED)	241
9. de Haan Shira	00	08-021	4:44.01	25m	18-5-13	Purmerend (NED)	225
10. van Kooten Cynthia	93	08-021	5:03.13	25m	12-1-06	Heemskerk (NED)	185
11. Beentjes Daphne	91	08-021	5:28.04	25m	29-4-04	Heemskerk (NED)	146

**400 vrije slag**

1. Schelvis Femke	84	08-021	4:59.80	25m	21-9-97	Alkmaar (NED)	478
2. Koster Lisa	94	08-021	5:02.29	25m	18-11-07	Alkmaar (NED)	466
3. Hoekstra Eline	03	08-021	5:24.40	25m	18-9-16	Zaandam (NED)	377
4. Schelvis Roos	86	08-021	5:25.27	25m	28-2-99	Zaandam (NED)	374
5. Buur Naomi	01	08-021	5:26.16	25m	7-6-14	Purmerend (NED)	371
6. Besse Karen	75	08-021	5:27.90	25m	5-10-88		365
7. Mallon Danique	94	08-021	5:30.28	25m	9-12-07	Zaandam (NED)	358
8. Crok Linda	94	08-021	5:31.78	25m	18-11-07	Alkmaar (NED)	353
9. Schuyt Simone	75	08-021	5:34.50	25m	5-10-88		344
10. de Boer Irene	84	08-021	5:35.00	25m	23-2-97	Zaandam (NED)	343
11. Koopman Anitra	89	08-021	5:35.46	25m	30-5-02	Heemskerk	341
12. Hogema Fabiën	93	08-021	5:40.82	25m	18-5-06	Heemskerk (NED)	325
13. Kleijne Daisy	89	08-021	5:42.61	25m	30-5-02	Heemskerk	320
14. Essers Sanne	91	08-021	5:43.62	25m	17-10-04	Zaandam (NED)	317
15. van 't Veer Iris	03	08-021	5:44.63	25m	18-9-16	Zaandam (NED)	315
16. de Boer Claudia	77	08-021	5:46.40	25m	11-3-90	Heemskerk (NED)	310
17. van Ballegooie Simone	84	08-021	5:48.10	25m	23-2-97	Zaandam (NED)	305
18. de Ruijter Linda	87	08-021	5:51.36	25m	15-10-00	Alkmaar (NED)	297
19. Meijer Linda	77	08-021	5:52.20	25m	11-3-90	Heemskerk (NED)	295
20. Palmboom Nicole	91	08-021	5:56.21	25m	17-10-04	Zaandam (NED)	285
21. van der Kroft Nicole	84	08-021	5:56.60	25m	23-2-97	Zaandam (NED)	284
22. Visser Stacey	87	08-021	5:58.57	25m	5-11-00	Zaandam (NED)	279
23. Hoek Daniëlle	88	08-021	5:58.88	25m	31-5-01	Heemskerk (NED)	279
24. Vink Marjolein	93	08-021	6:00.51	25m	22-10-06	Zaandam (NED)	275
25. van Koevering Nicole	93	08-021	6:01.07	25m	22-10-06	Zaandam (NED)	274

**500 vrije slag****800 vrije slag**

1. Koster Lisa	94	08-021	10:39.38	25m	9-12-07	Zaandam (NED)	421
2. Schelvis Femke	84	08-021	10:39.90	25m	16-2-97	Volendam (NED)	420
3. Schelvis Roos	86	08-021	10:54.50	25m	28-2-99	Zaandam (NED)	392
4. Mallon Danique	94	08-021	11:12.78	25m	9-12-07	Zaandam (NED)	361
5. Koopman Anitra	89	08-021	11:31.80	25m	1-12-02	Heemskerk	332
6. de Boer Claudia	77	08-021	11:35.50	25m	8-4-90	Volendam (NED)	327
7. Essers Sanne	91	08-021	11:46.11	25m	14-11-04	Heemskerk (NED)	312
8. de Boer Irene	84	08-021	11:49.60	25m	16-2-97	Volendam (NED)	308
9. Visser Kelly	89	08-021	11:52.74	25m	10-2-02	Zaandam	304
10. Hogema Fabiën	93	08-021	11:57.74	25m	3-12-06	Zaandam (NED)	297
11. Hoek Daniëlle	88	08-021	12:03.13	25m	4-11-01	Heemskerk	291
12. Buur Naomi	01	08-021	12:07.32	25m	9-2-14	Zaandam (NED)	286
13. van Ballegooie Simone	84	08-021	12:08.80	25m	16-2-97	Volendam (NED)	284
14. Meijer Linda	77	08-021	12:09.10	25m	8-4-90	Volendam (NED)	284

800 vrije slag (sinds 15)

15. van der Gracht Anouk	89	08-021	12:15.97	25m	1-12-02	Heemskerk	276
16. van Koeveringe Nicole	93	08-021	12:19.96	25m	3-12-06	Zaandam (NED)	271
17. Vink Marjolein	93	08-021	12:24.42	25m	3-12-06	Zaandam (NED)	266
18. van der Kroft Nicole	84	08-021	12:29.40	25m	16-2-97	Volendam (NED)	261
19. de Haan Shira	00	08-021	12:30.20	25m	20-10-13	Zaandam (NED)	260
20. de Groot Daniëlle	93	08-021	12:54.55	25m	19-2-06	Zaandam (NED)	237
21. de Ruijter Linda	87	08-021	13:16.19	25m	23-1-00	Heemskerk (NED)	218
22. Visser Stacey	87	08-021	13:57.36	25m	23-1-00	Heemskerk (NED)	187
23. Nijman José	93	08-021	14:16.29	25m	3-12-06	Zaandam (NED)	175
24. van Kooten Cynthia	93	08-021	14:20.51	25m	3-12-06	Zaandam (NED)	172

1000 vrije slag1250 vrije slag1500 vrije slag

1. Besse Karen	75	08-021	22:20.60	25m	29-12-88	Heemskerk (NED)	330
2. Koopman Anitra	89	08-021	22:24.45	25m	10-2-02	Zaandam	327
3. Visser Kelly	89	08-021	22:30.91	25m	10-2-02	Zaandam	323
4. Buur Naomi	01	08-021	22:49.10	25m	9-2-14	Zaandam (NED)	310
5. Crok Linda	94	08-021	22:55.39	25m	28-1-07	Zaandam (NED)	306
6. Hogema Fabiën	93	08-021	23:07.68	25m	19-2-06	Zaandam (NED)	298
7. Essers Sanne	91	08-021	23:35.06	25m	7-3-04	Zaandam	281
8. Mallon Danique	94	08-021	23:47.44	25m	28-1-07	Zaandam (NED)	273
9. de Boer Claudia	77	08-021	23:53.70	25m	17-3-90	Heerhugowaard (NED)	270
10. Meijer Linda	77	08-021	24:06.20	25m	17-3-90	Heerhugowaard (NED)	263
11. de Groot Daniëlle	93	08-021	24:22.29	25m	19-2-06	Zaandam (NED)	254
12. de Ruijter Linda	87	08-021	24:48.96	25m	5-3-00	Zaandam (NED)	241
13. Kleijne Daisy	89	08-021	25:00.19	25m	10-2-02	Zaandam	235
14. Hoek Daniëlle	88	08-021	25:06.34	25m	11-2-01	Zaandam (NED)	233
15. Vink Marjolein	93	08-021	25:26.25	25m	19-2-06	Zaandam (NED)	224
16. van Koeveringe Nicole	93	08-021	25:27.32	25m	19-2-06	Zaandam (NED)	223
17. Visser Stacey	87	08-021	26:44.41	25m	5-3-00	Zaandam (NED)	192

2000 vrije slag2500 vrije slag3000 vrije slag4000 vrije slag5000 vrije slag6000 vrije slag6500 vrije slag10000 vrije slag20000 vrije slag

**22000 vrije slag****25 rugslag**

1. Schelvis Femke	84	08-021	16.60	25m	13-2-97	Heemskerk (NED)	387
2. Koster Lisa	94	08-021	17.13	25m	19-4-07	Heemskerk (NED)	352
3. van der Kroft Nicole	84	08-021	17.20	25m	13-2-97	Heemskerk (NED)	348
4. de Boer Irene	84	08-021	17.70	25m	13-2-97	Heemskerk (NED)	319
4. Mallon Danique	94	08-021	17.70	25m	19-4-07	Heemskerk (NED)	319
6. Schelvis Roos	86	08-021	17.78	25m	25-3-99	Heemskerk (NED)	315
7. van Ballegooie Simone	84	08-021	17.80	25m	13-2-97	Heemskerk (NED)	314
8. Crok Linda	94	08-021	17.88	25m	19-4-07	Heemskerk (NED)	309
9. Liefing Sarina	93	08-021	17.95	25m	27-4-06	Heemskerk	306
10. Rodenburg Rianne	93	08-021	18.13	25m	27-4-06	Heemskerk	297
11. Hoek Laura	86	08-021	18.30	25m	25-3-99	Heemskerk (NED)	289
11. de Groot Daniëlle	93	08-021	18.30	25m	27-4-06	Heemskerk	289
13. Vink Marjolein	93	08-021	18.44	25m	27-4-06	Heemskerk	282
14. Bruin Adri	74	08-021	18.80	25m	17-12-87	Heemskerk (NED)	266
14. Moolevliet Petra	82	08-021	18.80	25m	16-3-95	Heemskerk (NED)	266
14. Stins Mariska	84	08-021	18.80	25m	13-2-97	Heemskerk (NED)	266
17. de Vries Justine	83	08-021	18.90	25m	8-2-96	Heemskerk (NED)	262
18. Bruin Marianne	78	08-021	19.00	25m	16-5-91	Heemskerk (NED)	258
18. Heus Pauline	78	08-021	19.00	25m	16-5-91	Heemskerk (NED)	258
20. Limmen Karin	76	08-021	19.30	25m	31-12-89	Heemskerk (NED)	246
20. Boekling Annette	85	08-021	19.30	25m	15-1-98	Heemskerk (NED)	246
22. Hoek Daniëlle	88	08-021	19.36	25m	22-2-01	Heemskerk (NED)	244
23. Hogema Fabiën	93	08-021	19.40	25m	27-4-06	Heemskerk	242
24. van Ballegooie Stefanie	86	08-021	19.60	25m	21-1-99	Heemskerk (NED)	235
25. de Ruijter Linda	87	08-021	19.61	25m	17-2-00	Heemskerk (NED)	234

**50 rugslag**

1. Schelvis Femke	84	08-021	33.90	25m	9-10-97	Heemskerk (NED)	435
2. Koster Lisa	94	08-021	33.96	25m	13-12-07	Heemskerk (NED)	433
3. Hoekstra Eline	03	08-021	35.02	25m	18-12-16	Heemskerk (NED)	395
4. Meijer Linda	77	08-021	35.10	25m	31-5-90	Heemskerk (NED)	392
5. Koper Fiona	01	08-021	35.16	25m	16-11-14	Zaandam (NED)	390
6. Schelvis Roos	86	08-021	35.62	25m	14-11-99	Zaandam (NED)	375
7. Crok Linda	94	08-021	35.78	25m	9-4-07	Haarlem (NED)	370
8. van Honk Chantal	80	08-021	36.30	25m	12-5-93		354
9. Buur Naomi	01	08-021	36.45	25m	21-12-14	Zaandam (NED)	350
10. Koopman Anitra	89	08-021	36.55	25m	22-12-02	Zaandam	347
11. van der Kroft Nicole	84	08-021	36.80	25m	10-4-97	Heemskerk (NED)	340
12. Renkema Iris	04	08-021	36.87	25m	15-10-17	Alkmaar (NED)	338
13. Mallon Danique	94	08-021	36.88	25m	28-12-07	Maastricht (NED)	338
14. Schuyt Simone	75	08-021	37.10	25m	15-12-88	Heemskerk (NED)	332
15. Kleijne Daisy	89	08-021	37.13	25m	1-4-02	Haarlem	331
16. de Boer Irene	84	08-021	37.30	25m	26-1-97	Zuidoost Beemster (NED)	327
17. Besse Karen	75	08-021	37.60	25m	15-12-88	Heemskerk (NED)	319
18. van 't Veer Iris	03	08-021	37.65	25m	18-2-16	Heemskerk (NED)	318
19. Zonneveld Cindy	75	08-021	37.90	25m	15-12-88	Heemskerk (NED)	311
20. Dijkstra Lisette	86	08-021	37.91	25m	10-1-99	Zuidoost Beemster (NED)	311
21. Niesten Iris	92	08-021	38.12	25m	27-10-05	Heemskerk (NED)	306
22. Palmboom Nicole	91	08-021	38.66	25m	28-12-04	Maastricht (NED)	293
23. van Ballegooie Simone	84	08-021	38.70	25m	16-2-97	Volendam (NED)	292
24. Smit Sanne	01	08-021	38.79	25m	2-11-14	Amsterdam (NED)	290
25. Siemerink Laura	04	08-021	39.02	25m	15-10-17	Alkmaar (NED)	285

**100 rugslag**

1. Schelvis Femke	84	08-021	1:11.10	25m	16-11-97	Zaandam (NED)	468
2. Koster Lisa	94	08-021	1:13.07	25m	17-11-07	Barneveld (NED)	431
3. Hoekstra Eline	03	08-021	1:14.16	25m	17-11-16	Heemskerk (NED)	413
4. Schelvis Roos	86	08-021	1:14.80	25m	16-1-99		402
5. Koper Fiona	01	08-021	1:16.63	25m	16-11-14	Zaandam (NED)	374
6. van der Kroft Nicole	84	08-021	1:16.70	25m	6-4-97	Heemskerk (NED)	373
7. van Honk Chantal	80	08-021	1:17.40	25m	21-2-93	(NED)	363
8. Buur Naomi	01	08-021	1:17.64	25m	16-11-14	Zaandam (NED)	359
9. Smit Sanne	01	08-021	1:17.71	25m	7-12-14	Heemskerk (NED)	358
10. Crok Linda	94	08-021	1:18.05	25m	8-4-07	Haarlem (NED)	354
11. Kleijne Daisy	89	08-021	1:18.24	25m	23-11-02	Barneveld	351
12. Meijer Linda	77	08-021	1:18.40	25m	3-11-90		349
13. Koopman Anitra	89	08-021	1:18.49	25m	22-12-02	Zaandam	348
14. de Graaf Annemiek	70	08-021	1:19.00	25m	31-12-83		341
15. van 't Veer Iris	03	08-021	1:19.30	25m	27-3-16	Haarlem (NED)	337
16. Windmuller Wendy	69	08-021	1:19.60	25m	28-2-82		334
17. de Boer Irene	84	08-021	1:20.70	25m	30-8-97	Assendelft (NED)	320
18. Mallon Danique	94	08-021	1:21.41	25m	29-12-07	Maastricht (NED)	312
19. Liefthing Sarina	93	08-021	1:21.51	25m	26-11-06	Heemskerk (NED)	311
20. Blaauw Yente	03	08-021	1:21.98	25m	30-10-16	Den Helder (NED)	305
21. van Ballegooye Simone	84	08-021	1:22.50	25m	31-3-97	Haarlem (NED)	300
22. Dijkstra Lisette	86	08-021	1:22.67	25m	28-1-99	Heemskerk (NED)	298
23. Kramer Miranda	80	08-021	1:22.90	25m	6-11-93		295
24. Schuyt Simone	75	08-021	1:23.10	25m	4-1-88	Zaandam (NED)	293
25. Visser Kelly	89	08-021	1:23.37	25m	13-1-02	Zaandam	290

**200 rugslag**

1. Schelvis Femke	84	08-021	2:31.90	25m	16-11-97	Zaandam (NED)	493
2. Schelvis Roos	86	08-021	2:41.03	25m	16-12-99	Heemskerk	414
3. Koster Lisa	94	08-021	2:42.59	25m	21-10-07	Zaandam (NED)	402
4. Hoekstra Eline	03	08-021	2:42.84	25m	30-12-16	Leeuwarden (NED)	400
5. Crok Linda	94	08-021	2:44.71	25m	30-9-07	Volendam (NED)	386
6. Koopman Anitra	89	08-021	2:49.39	25m	6-10-02	Zaandam	355
7. Meijer Linda	77	08-021	2:50.60	25m	3-5-90	Heemskerk (NED)	348
8. van 't Veer Iris	03	08-021	2:51.91	25m	30-12-16	Leeuwarden (NED)	340
9. Kleijne Daisy	89	08-021	2:53.80	25m	19-12-02	Heemskerk	329
10. Windmuller Wendy	69	08-021	2:54.20	25m	7-3-82		327
11. Buur Naomi	01	08-021	2:54.82	25m	6-4-14	Zaandam (NED)	323
12. Blaauw Yente	03	08-021	2:55.10	25m	2-10-16	Purmerend (NED)	322
13. van der Kroft Nicole	84	08-021	2:55.90	25m	12-1-97	Heemskerk (NED)	317
14. de Graaf Annemiek	70	08-021	2:56.00	25m	10-4-83	Heemskerk (NED)	317
15. Essers Sanne	91	08-021	2:56.29	25m	23-12-04	Heemskerk (NED)	315
16. Mallon Danique	94	08-021	2:57.60	25m	25-1-07	Heemskerk (NED)	308
17. Renkema Iris	04	08-021	2:58.37	25m	19-3-17	Zaandam (NED)	304
18. Scholten Britt	04	08-021	2:59.80	25m	19-3-17	Zaandam (NED)	297
19. Petit Kirsten	00	08-021	2:59.90	25m	14-4-13	Zaandam (NED)	297
20. Dijkstra Lisette	86	08-021	3:01.00	25m	21-1-99	Heemskerk (NED)	291
21. Moolevliet Petra	82	08-021	3:01.10	25m	12-10-95	Heemskerk (NED)	291
22. Stins Mariska	84	08-021	3:02.00	25m	11-9-97	Heemskerk (NED)	286
23. van Ballegooye Simone	84	08-021	3:02.80	25m	11-9-97	Heemskerk (NED)	283
23. de Boer Irene	84	08-021	3:02.80	25m	11-9-97	Heemskerk (NED)	283
25. Kramer Miranda	80	08-021	3:03.00	25m	13-10-93		282

**500 rugslag**

**25 schoolslag**

1. van der Kroft Nicole	84	08-021	18.40	25m	13-3-97	Heemskerk (NED)	386
2. Koster Lisa	94	08-021	18.50	25m	19-4-07	Heemskerk (NED)	380
3. Hogema Fabiën	93	08-021	18.73	25m	27-4-06	Heemskerk	366
4. de Groot Daniëlle	93	08-021	18.78	25m	27-4-06	Heemskerk	363
5. Schelvis Roos	86	08-021	19.00	25m	25-3-99	Heemskerk (NED)	350
6. Crok Linda	94	08-021	19.03	25m	19-4-07	Heemskerk (NED)	349
7. Schelvis Femke	84	08-021	19.40	25m	13-3-97	Heemskerk (NED)	329
8. Glorie Astrid	63	08-021	19.70	25m	14-9-76	Heemskerk (NED)	314
9. Vink Marjolein	93	08-021	20.14	25m	27-4-06	Heemskerk	294
10. Bruin Marianne	78	08-021	20.20	25m	16-5-91	Heemskerk (NED)	291
10. Moolevliet Petra	82	08-021	20.20	25m	27-4-95	Heemskerk (NED)	291
12. Mallon Danique	94	08-021	20.36	25m	19-4-07	Heemskerk (NED)	285
13. Heus Pauline	78	08-021	20.40	25m	16-5-91	Heemskerk (NED)	283
13. de Ruijter Linda	87	08-021	20.40	25m	20-1-00	Heemskerk (NED)	283
15. Bruin Adri	74	08-021	20.90	25m	17-12-87	Heemskerk (NED)	263
16. van Kooten Cynthia	93	08-021	20.91	25m	27-4-06	Heemskerk	263
17. Liefthing Sarina	93	08-021	20.92	25m	27-4-06	Heemskerk	262
18. Hoek Daniëlle	88	08-021	20.98	25m	22-2-01	Heemskerk (NED)	260
19. Boekling Annette	85	08-021	21.10	25m	5-2-98	Heemskerk (NED)	256
20. van Ballegooie Simone	84	08-021	21.20	25m	13-3-97	Heemskerk (NED)	252
20. van Ballegooie Stefanie	86	08-021	21.20	25m	21-1-99	Heemskerk (NED)	252
22. Visser Stacey	87	08-021	21.28	25m	17-2-00	Heemskerk (NED)	249
23. Lund Karin	63	08-021	21.30	25m	14-9-76	Heemskerk (NED)	248
23. de Boer Angela	80	08-021	21.30	25m	17-6-93	Heemskerk (NED)	248
23. Stins Mariska	84	08-021	21.30	25m	13-3-97	Heemskerk (NED)	248

**50 schoolslag**

1. van Honk Chantal	80	08-021	37.00	25m	12-5-93		471
2. Koster Lisa	94	08-021	40.10	25m	30-12-07	Maastricht (NED)	370
3. Schelvis Roos	86	08-021	40.79	25m	14-11-99	Zaandam (NED)	351
4. van der Kroft Nicole	84	08-021	41.00	25m	11-9-97	Heemskerk (NED)	346
5. de Groot Daniëlle	93	08-021	41.02	25m	30-12-06	Maastricht (NED)	346
6. Hoekstra Eline	03	08-021	41.12	25m	17-3-16	Heemskerk (NED)	343
7. Hogema Fabiën	93	08-021	41.35	25m	30-11-06	Heemskerk	337
8. Palmboom Nicole	91	08-021	41.37	25m	28-12-04	Maastricht (NED)	337
9. Crok Linda	94	08-021	41.78	25m	30-12-07	Maastricht (NED)	327
10. Schelvis Femke	84	08-021	41.80	25m	11-9-97	Heemskerk (NED)	327
11. Schuyt Simone	75	08-021	42.10	25m	15-12-88	Heemskerk (NED)	320
12. de Haan Shira	00	08-021	42.75	25m	17-11-13	Heemskerk (NED)	305
13. van Huisstede Nikita	01	08-021	42.77	25m	30-3-14	Zaandam (NED)	305
14. Kramer Miranda	80	08-021	42.80	25m	13-10-93		304
15. Smit Sanne	01	08-021	42.92	25m	21-9-14	Purmerend (NED)	302
16. van 't Veer Iris	03	08-021	43.15	25m	13-10-16	Heemskerk (NED)	297
17. Buur Naomi	01	08-021	43.22	25m	30-3-14	Zaandam (NED)	295
18. Vink Marjolein	93	08-021	43.39	25m	5-11-06	Zaandam (NED)	292
19. Niesten Iris	92	08-021	43.43	25m	24-11-05	Heemskerk (NED)	291
20. de Boer Maia	03	08-021	43.49	25m	14-2-16	Purmerend (NED)	290
21. Moolevliet Petra	82	08-021	43.50	25m	12-10-95	Heemskerk (NED)	290
22. Koopman Anitra	89	08-021	43.57	25m	28-11-02	Heemskerk	288
23. Siemerink Laura	04	08-021	43.78	25m	7-5-17	Zaandam (NED)	284
24. Visser Stacey	87	08-021	44.05	25m	3-12-00	Zaandam (NED)	279
25. Mallon Danique	94	08-021	44.09	25m	30-12-07	Maastricht (NED)	278

**100 schoolslag**

1.	van Honk Chantal	80	08-021	1:21.20	25m	6-1-93		452
2.	van der Kroft Nicole	84	08-021	1:26.80	25m	14-12-97	Heemskerk (NED)	370
3.	Schelvis Roos	86	08-021	1:27.94	25m	4-4-99	Haarlem (NED)	356
4.	Koster Lisa	94	08-021	1:28.10	25m	17-11-07	Barneveld (NED)	354
5.	Plokker Sylvia	68	08-021	1:29.00	25m	31-5-81	Heerhugowaard (NED)	343
6.	Palmboom Nicole	91	08-021	1:29.43	25m	11-4-04	Haarlem	339
7.	de Haan Shira	00	08-021	1:30.72	25m	31-10-13	Heemskerk (NED)	324
8.	van 't Veer Iris	03	08-021	1:30.81	25m	13-10-16	Heemskerk (NED)	323
9.	Hoekstra Eline	03	08-021	1:30.88	25m	17-1-16	Purmerend (NED)	323
10.	van Leeuwen Andrea	71	08-021	1:31.20	25m	12-2-84	Heemskerk (NED)	319
10.	Kramer Miranda	80	08-021	1:31.20	25m	27-11-93		319
12.	de Groot Daniëlle	93	08-021	1:31.51	25m	29-12-06	Maastricht (NED)	316
13.	Crok Linda	94	08-021	1:31.59	25m	29-12-07	Maastricht (NED)	315
14.	Missot Gonda	66	08-021	1:31.70	25m	21-4-79	Deinze (BEL)	314
15.	de Graaf Dinie	71	08-021	1:32.00	25m	12-2-84	Heemskerk (NED)	311
16.	Schelvis Femke	84	08-021	1:32.10	25m	30-8-97	Assendelft (NED)	310
17.	Hulshof Saskia	73	08-021	1:32.30	25m	20-12-86	Hilversum (NED)	308
18.	Smit Sanne	01	08-021	1:32.36	25m	2-11-14	Amsterdam (NED)	307
19.	Vink Marjolein	93	08-021	1:32.39	25m	15-10-06	Purmerend (NED)	307
20.	de Boer Irene	84	08-021	1:32.60	25m	30-3-97	Haarlem (NED)	305
21.	Oudendijk Bianca	79	08-021	1:32.80	25m	12-3-92	Heemskerk (NED)	303
22.	van Huisstede Nikita	01	08-021	1:33.02	25m	16-11-14	Zaandam (NED)	301
22.	Buur Naomi	01	08-021	1:33.02	25m	16-11-14	Zaandam (NED)	301
24.	Moolevliet Petra	82	08-021	1:33.10	25m	16-3-95	Heemskerk (NED)	300
25.	Boekling Annette	85	08-021	1:33.38	25m	13-12-98	Heemskerk (NED)	297

**200 schoolslag**

1.	van Honk Chantal	80	08-021	2:55.20	25m	9-1-93	Zuidoost Beemster (NED)	453
2.	Schelvis Roos	86	08-021	3:07.13	25m	21-11-99	Heemskerk (NED)	371
3.	van der Kroft Nicole	84	08-021	3:08.50	25m	9-10-97	Heemskerk (NED)	363
4.	van Rookhuizen Sieta	79	08-021	3:09.10	25m	26-9-92		360
5.	Kramer Miranda	80	08-021	3:10.10	25m	18-11-93	Heemskerk	354
6.	Schelvis Femke	84	08-021	3:11.40	25m	9-10-97	Heemskerk (NED)	347
7.	Koster Lisa	94	08-021	3:13.37	25m	13-12-07	Heemskerk (NED)	337
8.	Moolevliet Petra	82	08-021	3:15.00	25m	23-4-95	Castricum (NED)	328
9.	Vink Marjolein	93	08-021	3:16.37	25m	26-11-06	Heemskerk (NED)	321
10.	Palmboom Nicole	91	08-021	3:16.63	25m	28-11-04	Heemskerk (NED)	320
11.	Crok Linda	94	08-021	3:16.93	25m	13-12-07	Heemskerk (NED)	319
12.	de Haan Shira	00	08-021	3:17.03	25m	6-10-13	Heemskerk (NED)	318
13.	de Groot Daniëlle	93	08-021	3:17.09	25m	1-10-06	Volendam (NED)	318
14.	Mallon Danique	94	08-021	3:17.56	25m	13-12-07	Heemskerk (NED)	316
15.	Hoekstra Eline	03	08-021	3:18.29	25m	18-9-16	Zaandam (NED)	312
16.	van 't Veer Iris	03	08-021	3:18.59	25m	30-10-16	Den Helder (NED)	311
17.	Niesten Iris	92	08-021	3:19.28	25m	27-10-05	Heemskerk (NED)	307
18.	Plokker Sylvia	68	08-021	3:20.90	25m	5-4-81	Heemskerk (NED)	300
19.	de Ruijter Linda	87	08-021	3:21.81	25m	19-11-00	Zaandam (NED)	296
20.	Koopman Anitra	89	08-021	3:24.05	25m	31-10-02	Heemskerk	286
21.	van Ballegooie Simone	84	08-021	3:24.20	25m	9-10-97	Heemskerk (NED)	286
22.	Buur Naomi	01	08-021	3:24.22	25m	16-3-14	Zaandam (NED)	286
23.	Oudendijk Bianca	79	08-021	3:24.40	25m	26-9-92		285
24.	Niesten Annet	62	08-021	3:24.50	25m	31-12-75		284
25.	de Boer Claudia	77	08-021	3:25.00	25m	22-3-90	Heemskerk (NED)	282

**500 schoolslag****800 schoolslag**



**1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Schelvis Femke	84	08-021	15.40	25m	13-2-97	Heemskerk (NED)	383
2. Koster Lisa	94	08-021	16.01	25m	19-4-07	Heemskerk (NED)	341
3. Hogema Fabiën	93	08-021	16.21	25m	27-4-06	Heemskerk	328
4. de Groot Daniëlle	93	08-021	16.38	25m	27-4-06	Heemskerk	318
5. Schelvis Roos	86	08-021	16.55	25m	25-3-99	Heemskerk (NED)	309
6. van der Kroft Nicole	84	08-021	16.60	25m	13-2-97	Heemskerk (NED)	306
7. Mallon Danique	94	08-021	16.73	25m	19-4-07	Heemskerk (NED)	299
8. Rodenburg Rianne	93	08-021	17.18	25m	27-4-06	Heemskerk	276
9. Crok Linda	94	08-021	17.61	25m	19-4-07	Heemskerk (NED)	256
10. Bruin Marianne	78	08-021	17.80	25m	16-5-91	Heemskerk (NED)	248
10. de Boer Irene	84	08-021	17.80	25m	13-2-97	Heemskerk (NED)	248
12. Vredenburg Roos	95	08-021	18.00	25m	29-5-08	Heemskerk (NED)	240
13. van Ballegooie Simone	84	08-021	18.20	25m	13-2-97	Heemskerk (NED)	232
14. Moolevliet Petra	82	08-021	18.30	25m	16-3-95	Heemskerk (NED)	228
14. Hommersen Sandra	84	08-021	18.30	25m	13-2-97	Heemskerk (NED)	228
16. Vink Marjolein	93	08-021	18.42	25m	27-4-06	Heemskerk	224
17. Limmen Karin	76	08-021	18.50	25m	31-12-89	Heemskerk (NED)	221
17. Stins Mariska	84	08-021	18.50	25m	6-2-97	Heemskerk (NED)	221
19. Visser Stacey	87	08-021	18.55	25m	4-5-00	Heemskerk (NED)	219
20. Boekling Annette	85	08-021	19.00	25m	5-3-98	Heemskerk (NED)	204
21. Hoek Daniëlle	88	08-021	19.03	25m	29-3-01	Heemskerk (NED)	203
22. de Ruijter Linda	87	08-021	19.13	25m	4-5-00	Heemskerk (NED)	200
23. Bos Chantal	74	08-021	20.10	25m	17-12-87	Heemskerk (NED)	172
24. Regelink Anneke	83	08-021	20.20	25m	8-2-96	Heemskerk (NED)	169
25. Bruin Adri	74	08-021	20.30	25m	17-12-87	Heemskerk (NED)	167

**50 vlinderslag**

1. Schelvis Femke	84	08-021	32.50	25m	11-12-97	Heemskerk (NED)	422
2. Hoekstra Eline	03	08-021	33.74	25m	17-11-16	Heemskerk (NED)	377
3. Visser Kelly	89	08-021	34.34	25m	17-3-02	Zaandam	357
4. de Groot Daniëlle	93	08-021	34.76	25m	29-12-06	Maastricht (NED)	345
5. de Haan Shira	00	08-021	34.90	25m	12-12-13	Heemskerk (NED)	340
6. Buur Naomi	01	08-021	35.00	25m	8-6-14	Purmerend (NED)	337
7. Smit Sanne	01	08-021	35.03	25m	30-10-14	Heemskerk (NED)	337
8. Siemerink Laura	04	08-021	35.08	25m	8-10-17	Alkmaar (NED)	335
9. Koster Lisa	94	08-021	35.09	25m	29-12-07	Maastricht (NED)	335
10. Schelvis Roos	86	08-021	35.46	25m	25-11-99	Heemskerk	325

50 vlinderslag (sinds 11)

11. Mallon Danique	94	08-021	35.86	25m	28-10-07	Zaandam (NED)	314
12. Besse Karen	75	08-021	36.70	25m	15-12-88	Heemskerk (NED)	293
13. Wentink Yara	04	08-021	36.71	25m	15-10-17	Alkmaar (NED)	292
14. Koopman Anitra	89	08-021	36.95	25m	19-12-02	Heemskerk	287
15. van der Kroft Nicole	84	08-021	37.00	25m	11-12-97	Heemskerk (NED)	286
16. Hogema Fabiën	93	08-021	37.01	25m	23-4-06	Zaandam (NED)	285
17. Schuyt Simone	75	08-021	37.20	25m	14-12-88		281
18. Visser Stacey	87	08-021	37.23	25m	3-12-00	Zaandam (NED)	280
19. van Ballegooie Simone	84	08-021	37.30	25m	26-10-97	Heemskerk (NED)	279
20. Renkema Iris	04	08-021	37.49	25m	15-10-17	Alkmaar (NED)	275
21. Crok Linda	94	08-021	37.63	25m	29-12-07	Maastricht (NED)	271
22. Petit Kirsten	00	08-021	37.68	25m	12-12-13	Heemskerk (NED)	270
23. Palmboom Nicole	91	08-021	37.69	25m	28-12-04	Maastricht (NED)	270
24. Vink Lidewij	90	08-021	37.71	25m	18-12-03	Heemskerk (NED)	270
25. Moolevliet Petra	82	08-021	37.80	25m	29-10-95	Castricum (NED)	268

100 vlinderslag

1. Schelvis Femke	84	08-021	1:12.40	25m	14-12-97	Heemskerk (NED)	439
2. Koster Lisa	94	08-021	1:19.44	25m	15-12-07	Heemskerk (NED)	332
3. Hoekstra Eline	03	08-021	1:20.48	25m	11-12-16	Alkmaar (NED)	320
4. Mallon Danique	94	08-021	1:20.51	25m	30-9-07	Volendam (NED)	319
5. Schelvis Roos	86	08-021	1:22.43	25m	10-10-99	Zaandam (NED)	297
6. de Groot Daniëlle	93	08-021	1:22.84	25m	28-12-06	Maastricht (NED)	293
7. Meijer Linda	77	08-021	1:23.20	25m	16-12-90	Heemskerk (NED)	289
8. Plokker Sylvia	68	08-021	1:23.60	25m	31-5-81	Heerhugowaard (NED)	285
8. van Rookhuizen Sieta	79	08-021	1:23.60	25m	18-4-92	Volendam (NED)	285
10. Besse Karen	75	08-021	1:25.20	25m	18-9-88	Heemskerk (NED)	269
11. Moolevliet Petra	82	08-021	1:25.50	25m	10-12-95	Heemskerk (NED)	266
12. Smit Sanne	01	08-021	1:26.06	25m	16-11-14	Zaandam (NED)	261
13. Crok Linda	94	08-021	1:26.45	25m	28-12-07	Maastricht (NED)	258
14. Windmuller Wendy	69	08-021	1:26.50	25m	7-2-82		257
14. van Ballegooie Simone	84	08-021	1:26.50	25m	16-11-97	Zaandam (NED)	257
16. Siemerink Laura	04	08-021	1:26.89	25m	1-10-17	Purmerend (NED)	254
17. Bruin Marianne	78	08-021	1:27.20	25m	24-2-91	Heemskerk (NED)	251
18. Koopman Anitra	89	08-021	1:27.29	25m	1-4-02	Haarlem	250
19. Wentink Yara	04	08-021	1:27.56	25m	1-10-17	Purmerend (NED)	248
20. Visser Stacey	87	08-021	1:27.65	25m	10-12-00	Heemskerk (NED)	247
21. Visser Kelly	89	08-021	1:28.50	25m	28-2-02	Heemskerk	240
22. Petit Kirsten	00	08-021	1:29.23	25m	6-10-13	Heemskerk (NED)	234
23. Hogema Fabiën	93	08-021	1:29.75	25m	30-3-06	Heemskerk (NED)	230
24. van der Kroft Nicole	84	08-021	1:29.90	25m	9-3-97	Alkmaar (NED)	229
25. van Honk Chantal	80	08-021	1:30.20	25m	3-2-93		227

200 vlinderslag

1. Hoekstra Eline	03	08-021	3:02.29	25m	27-11-16	Zaandam (NED)	290
2. van Rookhuizen Sieta	79	08-021	3:16.10	25m	26-1-92	Volendam (NED)	233
3. Palmboom Nicole	91	08-021	3:26.95	25m	25-11-04	Heemskerk (NED)	198
4. Essers Sanne	91	08-021	3:28.53	25m	25-11-04	Heemskerk (NED)	194
5. Petit Kirsten	00	08-021	3:30.05	25m	20-5-13	Purmerend (NED)	190
6. Koopman Anitra	89	08-021	3:36.72	25m	28-11-02	Heemskerk	173
7. Visser Kelly	89	08-021	3:37.49	25m	17-3-02	Zaandam	171
8. Blaauw Yente	03	08-021	3:38.15	25m	27-11-16	Zaandam (NED)	169
9. van 't Veer Iris	03	08-021	3:40.13	25m	27-11-16	Zaandam (NED)	165
10. Hoffland Yasmin	01	08-021	3:40.40	25m	6-4-14	Zaandam (NED)	164
11. de Haan Shira	00	08-021	3:47.49	25m	14-4-13	Zaandam (NED)	149
12. Buur Naomi	01	08-021	3:47.93	25m	6-4-14	Zaandam (NED)	148
13. Veldhuis Amelia	03	08-021	3:51.64	25m	27-11-16	Zaandam (NED)	141

200 vlinderslag (sinds 14)

14. de Boer Maia	03	08-021	3:55.74	25m	27-11-16	Zaandam (NED)	134
15. Ivens Suzanne	99	08-021	4:14.47	25m	28-5-12	Purmerend (NED)	106

100 wisselslag

1. Schelvis Femke	84	08-021	1:13.50	25m	30-11-97	Alkmaar (NED)	477
2. Schelvis Roos	86	08-021	1:15.00	25m	12-12-99	Heemskerk (NED)	449
3. Koster Lisa	94	08-021	1:15.01	25m	30-12-07	Maastricht (NED)	449
4. Hoekstra Eline	03	08-021	1:16.11	25m	29-12-16	Leeuwarden (NED)	430
5. van Honk Chantal	80	08-021	1:18.20	25m	15-4-93	Heemskerk (NED)	396
6. Buur Naomi	01	08-021	1:18.65	25m	26-10-14	Zaandam (NED)	389
7. van der Kroft Nicole	84	08-021	1:19.60	25m	5-10-97	Zaandam (NED)	375
8. Smit Sanne	01	08-021	1:19.72	25m	26-10-14	Zaandam (NED)	374
9. Vink Marjolein	93	08-021	1:20.06	25m	28-9-06	Heemskerk (NED)	369
10. Crok Linda	94	08-021	1:20.52	25m	30-12-07	Maastricht (NED)	363
11. Koopman Anitra	89	08-021	1:20.79	25m	8-12-02	Heemskerk	359
12. de Groot Daniëlle	93	08-021	1:21.04	25m	30-12-06	Maastricht (NED)	356
13. Palmboom Nicole	91	08-021	1:21.07	25m	28-12-04	Maastricht (NED)	355
14. Mallon Danique	94	08-021	1:21.18	25m	25-10-07	Heemskerk (NED)	354
15. van Ballegooie Simone	84	08-021	1:21.60	25m	30-11-97	Alkmaar (NED)	348
16. Moolevliet Petra	82	08-021	1:21.80	25m	1-10-95	Heemskerk (NED)	346
17. de Boer Irene	84	08-021	1:22.00	25m	14-12-97	Heemskerk (NED)	343
18. de Haan Shira	00	08-021	1:22.12	25m	7-4-13	Castricum (NED)	342
18. Wentink Yara	04	08-021	1:22.12	25m	15-10-17	Alkmaar (NED)	342
20. Blaauw Yente	03	08-021	1:22.65	25m	9-10-16	Alkmaar (NED)	335
21. Petit Kirsten	00	08-021	1:22.75	25m	17-11-13	Heemskerk (NED)	334
22. Schuyt Simone	75	08-021	1:23.60	25m	31-12-88		324
23. Niesten Iris	92	08-021	1:23.84	25m	11-12-05	Heemskerk (NED)	321
24. Siemerink Laura	04	08-021	1:23.92	25m	11-5-17	Heemskerk (NED)	320
25. Angenent Nienke	01	08-021	1:23.96	25m	26-10-14	Zaandam (NED)	320

200 wisselslag

1. Schelvis Femke	84	08-021	2:38.00	25m	6-11-97	Heemskerk (NED)	474
2. Hoekstra Eline	03	08-021	2:44.43	25m	4-12-16	Zaandam (NED)	420
3. Koster Lisa	94	08-021	2:44.63	25m	25-11-07	Amsterdam (NED)	419
4. van Honk Chantal	80	08-021	2:45.40	25m	25-3-93	Heemskerk (NED)	413
5. Schelvis Roos	86	08-021	2:48.83	25m	4-11-99	Heemskerk (NED)	388
6. Mallon Danique	94	08-021	2:51.47	25m	25-11-07	Amsterdam (NED)	370
7. Crok Linda	94	08-021	2:53.32	25m	25-11-07	Amsterdam (NED)	359
8. Buur Naomi	01	08-021	2:53.36	25m	16-3-14	Zaandam (NED)	358
9. van der Kroft Nicole	84	08-021	2:53.60	25m	26-10-97	Heemskerk (NED)	357
10. van Ballegooie Simone	84	08-021	2:54.70	25m	6-11-97	Heemskerk (NED)	350
11. Koopman Anitra	89	08-021	2:55.47	25m	8-9-02	Heemskerk	346
12. Vink Marjolein	93	08-021	2:55.74	25m	14-12-06	Heemskerk (NED)	344
13. Meijer Linda	77	08-021	2:57.90	25m	25-11-90	Heemskerk (NED)	332
14. van Rookhuizen Sieta	79	08-021	2:59.40	25m	9-4-92	Heemskerk (NED)	323
15. Wentink Yara	04	08-021	2:59.57	25m	15-10-17	Alkmaar (NED)	322
16. Essers Sanne	91	08-021	3:00.53	25m	17-10-04	Zaandam (NED)	317
17. Moolevliet Petra	82	08-021	3:01.10	25m	14-12-95	Heemskerk (NED)	314
17. van 't Veer Iris	03	08-021	3:01.10	25m	13-11-16	Purmerend (NED)	314
19. Blaauw Yente	03	08-021	3:01.49	25m	13-11-16	Purmerend (NED)	312
20. de Haan Shira	00	08-021	3:02.22	25m	27-1-13	Zaandam (NED)	309
21. Palmboom Nicole	91	08-021	3:02.50	25m	17-10-04	Zaandam (NED)	307
22. Visser Kelly	89	08-021	3:02.68	25m	13-1-02	Zaandam	306
23. Kramer Miranda	80	08-021	3:02.90	25m	6-11-93		305
24. Stins Mariska	84	08-021	3:03.10	25m	6-11-97	Heemskerk (NED)	304
25. de Groot Daniëlle	93	08-021	3:03.54	25m	14-12-06	Heemskerk (NED)	302

**300 wisselslag**

1. Palmboom Nicole	91	08-021	4:42.54	25m	19-12-04	Heemskerk (NED)
2. Essers Sanne	91	08-021	4:44.48	25m	19-12-04	Heemskerk (NED)
3. Kleijne Daisy	89	08-021	4:49.46	25m	24-11-02	Amsterdam
4. Hoek Daniëlle	88	08-021	4:51.56	25m	23-12-01	Amsterdam
5. van der Gracht Anouk	89	08-021	4:52.68	25m	24-11-02	Amsterdam

**400 wisselslag**

1. Schelvis Femke	84	08-021	5:55.90	25m	23-2-97	Zaandam (NED)	393
2. Schelvis Roos	86	08-021	6:02.46	25m	21-3-99	Assendelft (NED)	372
3. Crok Linda	94	08-021	6:14.56	25m	11-2-07	Zaandam (NED)	337
4. Mallon Danique	94	08-021	6:20.48	25m	11-2-07	Zaandam (NED)	322
5. Visser Kelly	89	08-021	6:22.96	25m	24-2-02	Heemskerk	316
6. Koopman Anitra	89	08-021	6:28.29	25m	24-2-02	Heemskerk	303
7. van der Kroft Nicole	84	08-021	6:28.40	25m	23-2-97	Zaandam (NED)	302
8. de Boer Irene	84	08-021	6:31.50	25m	23-2-97	Zaandam (NED)	295
9. van Ballegooie Simone	84	08-021	6:32.00	25m	23-2-97	Zaandam (NED)	294
10. Koster Lisa	94	08-021	6:32.26	25m	11-2-07	Zaandam (NED)	294
11. Hogema Fabiën	93	08-021	6:33.87	25m	29-1-06	Zaandam (NED)	290
12. Dijkstra Lisette	86	08-021	6:37.10	25m	21-1-99	Heemskerk (NED)	283
13. Scholten Britt	04	08-021	6:38.53	25m	19-3-17	Zaandam (NED)	280
14. Buur Naomi	01	08-021	6:38.69	25m	23-2-14	Zaandam (NED)	280
15. Essers Sanne	91	08-021	6:40.67	25m	29-2-04	Wormerveer	275
16. Wentink Yara	04	08-021	6:42.66	25m	19-3-17	Zaandam (NED)	271
17. Kleijne Daisy	89	08-021	6:48.32	25m	24-2-02	Heemskerk	260
18. de Ruijter Linda	87	08-021	6:52.54	25m	30-3-00	Heemskerk (NED)	252
19. Visser Stacey	87	08-021	6:53.57	25m	30-3-00	Heemskerk (NED)	250
20. Windmuller Wendy	69	08-021	6:54.60	25m	3-4-82	Heemskerk (NED)	249
21. de Haan Shira	00	08-021	6:54.92	25m	24-2-13	Zaandam (NED)	248
22. Hoek Daniëlle	88	08-021	6:55.34	25m	25-2-01	Heemskerk (NED)	247
23. Vink Marjolein	93	08-021	6:55.63	25m	29-1-06	Zaandam (NED)	247
24. Renkema Iris	04	08-021	7:00.17	25m	19-3-17	Zaandam (NED)	239
25. Veldhuis Amelia	03	08-021	7:14.65	25m	11-12-16	Alkmaar (NED)	216