

alg. leeftijdsgroep, Dames, Lange baan (50m)

1-1-1900-31-7-2017

25 vrije slag**50 vrije slag**

1. Kingma Danae	00	08-021	27.47	50m	9-4-17	Eindhoven (NED)	644
2. Schelvis Femke	84	08-021	28.39	50m	1-4-04	Amsterdam (NED)	583
3. Koster Lisa	94	08-021	28.40	50m	13-6-08	Drachten (NED)	583
4. Smit Sanne	01	08-021	28.65	50m	5-3-17	Alkmaar (NED)	568
5. Groen Anne	95	08-021	28.97	50m	12-6-16	Buckeburg (GER)	549
6. Broek Jade	97	08-021	29.25	50m	13-3-16	Alkmaar (NED)	533
7. de Groot Daniëlle	93	08-021	29.32	50m	24-5-08	Beverwijk (NED)	530
8. Palmboom Nicole	91	08-021	29.38	50m	13-4-08	Antwerpen (BEL)	526
9. Crok Linda	94	08-021	29.42	50m	21-5-11	Beverwijk (NED)	524
10. Kleijne Daisy	89	08-021	30.17	50m	20-5-06	Beverwijk (NED)	486
11. Vink Marjolein	93	08-021	30.51	50m	6-5-07	Eindhoven (NED)	470
12. Hoekstra Eline	03	08-021	30.60	50m	5-3-17	Alkmaar (NED)	466
13. van der Gracht Anouk	89	08-021	30.65	50m	25-5-13	Beverwijk (NED)	464
14. Hoek Daniëlle	88	08-021	30.71	50m	28-5-05	Beverwijk (NED)	461
15. Spijker Kristel	84	08-021	31.00	50m	8-5-10	Eindhoven (NED)	448
16. Vink Lidewij	90	08-021	31.02	50m	19-5-07	Beverwijk (NED)	447
16. van Staveren Marina	78	08-021	31.02	50m	18-3-12	Amersfoort (NED)	447
18. Essers Sanne	91	08-021	31.06	50m	19-5-07	Beverwijk (NED)	445
19. Schelvis Roos	86	08-021	31.08	50m	27-5-00	Beverwijk (NED)	445
20. de Haan Shira	00	08-021	31.09	50m	20-5-17	Alkmaar (NED)	444
21. van der Kroft Nicole	84	08-021	31.15	50m	5-6-99	Beverwijk (NED)	442
22. Mallon Danique	94	08-021	31.26	50m	29-5-10	Beverwijk (NED)	437
22. Buur Naomi	01	08-021	31.26	50m	22-2-15	Alkmaar (NED)	437
24. Crok Annemarie	89	08-021	31.36	50m	24-5-08	Beverwijk (NED)	433
25. Butter Anouk	82	08-021	31.38	50m	27-3-10	Amersfoort (NED)	432

100 vrije slag

1. Kingma Danae	00	08-021	59.59	50m	8-4-17	Eindhoven (NED)	667
2. Schelvis Femke	84	08-021	1:01.61	50m	25-4-04	Beverwijk (NED)	603
3. Koster Lisa	94	08-021	1:02.35	50m	25-5-08	Beverwijk (NED)	582
4. Smit Sanne	01	08-021	1:02.58	50m	27-5-17	Alkmaar (NED)	576
5. de Groot Daniëlle	93	08-021	1:03.06	50m	7-6-08	Eindhoven (NED)	562
6. Broek Jade	97	08-021	1:03.11	50m	5-6-16	Alkmaar (NED)	561
7. Crok Linda	94	08-021	1:03.27	50m	22-5-11	Beverwijk (NED)	557
8. Groen Anne	95	08-021	1:03.93	50m	18-6-17	Bergbad Bückeberg (GER)	540
9. Palmboom Nicole	91	08-021	1:05.58	50m	12-4-08	Antwerpen (BEL)	500
10. Kleijne Daisy	89	08-021	1:06.46	50m	21-5-06	Beverwijk (NED)	480
11. Zwarthoed Brenda	96	08-021	1:07.02	50m	15-6-08	Drachten (NED)	468
12. Crok Annemarie	89	08-021	1:07.21	50m	24-5-08	Beverwijk (NED)	465
13. Vink Marjolein	93	08-021	1:07.30	50m	20-5-07	Beverwijk (NED)	463
14. van der Kroft Nicole	84	08-021	1:07.34	50m	25-5-03	Beverwijk (NED)	462
15. Hoekstra Eline	03	08-021	1:07.39	50m	27-5-17	Alkmaar (NED)	461
16. Hoek Daniëlle	88	08-021	1:07.49	50m	21-4-07	Antwerpen (BEL)	459
17. de Haan Shira	00	08-021	1:07.50	50m	27-5-17	Alkmaar (NED)	459
18. Vink Lidewij	90	08-021	1:07.57	50m	21-5-06	Beverwijk (NED)	457
19. Buur Naomi	01	08-021	1:07.60	50m	13-3-16	Alkmaar (NED)	457
20. Spijker Kristel	84	08-021	1:07.68	50m	9-5-10	Eindhoven (NED)	455
21. van Staveren Marina	78	08-021	1:07.70	50m	14-4-12	Kampen (NED)	454
22. Stam Sabrina	82	08-021	1:07.90	50m	9-11-97	Beverwijk (NED)	450
23. Mallon Danique	94	08-021	1:08.10	50m	13-6-10	Beverwijk (NED)	447
24. Essers Sanne	91	08-021	1:08.33	50m	28-5-06	Beverwijk (NED)	442
25. Schelvis Roos	86	08-021	1:08.53	50m	21-10-01	Beverwijk (NED)	438

200 vrije slag

1. Schelvis Femke	84	08-021	2:11.02	50m	23-4-05	Amsterdam (NED)	641
2. Kingma Danae	00	08-021	2:13.79	50m	21-5-17	Alkmaar (NED)	602
3. Koster Lisa	94	08-021	2:16.81	50m	14-6-08	Drachten (NED)	563
4. Crok Linda	94	08-021	2:18.66	50m	15-5-11	Alkmaar (NED)	540
5. de Groot Daniëlle	93	08-021	2:18.80	50m	6-6-08	Eindhoven (NED)	539
6. Smit Sanne	01	08-021	2:22.12	50m	29-5-16	Alkmaar (NED)	502
7. Vink Lidewij	90	08-021	2:24.59	50m	27-2-05	Amsterdam (NED)	477
8. Groen Anne	95	08-021	2:24.86	50m	21-5-17	Alkmaar (NED)	474
9. Palmboom Nicole	91	08-021	2:27.29	50m	13-5-07	Alkmaar (NED)	451
10. Broek Jade	97	08-021	2:27.44	50m	21-5-17	Alkmaar (NED)	449
11. Hoek Daniëlle	88	08-021	2:27.77	50m	4-5-12	Eindhoven (NED)	446
12. Zwarthoed Brenda	96	08-021	2:28.41	50m	18-5-08	Alkmaar (NED)	441
13. Stel Serena	98	08-021	2:29.93	50m	25-4-10	Drachten (NED)	427
14. Hoekstra Eline	03	08-021	2:30.42	50m	21-5-17	Alkmaar (NED)	423
15. Schelvis Roos	86	08-021	2:30.82	50m	18-5-02	Nordhorn (GER)	420
16. van der Gracht Anouk	89	08-021	2:31.11	50m	29-6-13	Eindhoven (NED)	417
17. Kleijne Daisy	89	08-021	2:31.82	50m	9-5-04	Beverwijk (NED)	412
18. Buur Naomi	01	08-021	2:33.21	50m	29-5-16	Alkmaar (NED)	400
19. Mallon Danique	94	08-021	2:33.54	50m	18-5-08	Alkmaar (NED)	398
20. Koopman Anitra	89	08-021	2:33.70	50m	9-5-04	Beverwijk (NED)	397
21. Essers Sanne	91	08-021	2:33.83	50m	30-3-08	Alkmaar (NED)	396
22. de Haan Shira	00	08-021	2:34.33	50m	21-5-17	Alkmaar (NED)	392
23. Vink Marjolein	93	08-021	2:35.04	50m	13-4-08	Antwerpen (BEL)	386
24. van 't Veer Iris	03	08-021	2:36.42	50m	21-5-17	Alkmaar (NED)	376
25. Meijer Sylvia	81	08-021	2:36.47	50m	30-5-99	Beverwijk (NED)	376

250 vrije slag**300 vrije slag**

1. Vink Lidewij	90	08-021	3:45.26	50m	13-5-06	Beverwijk (NED)	477
2. Crok Linda	94	08-021	3:46.05	50m	14-5-11	Beverwijk (NED)	472
3. Koster Lisa	94	08-021	3:50.85	50m	17-5-08	Beverwijk (NED)	443
4. de Groot Daniëlle	93	08-021	3:55.78	50m	11-4-08	Antwerpen (BEL)	416
5. van der Gracht Anouk	89	08-021	4:09.38	50m	11-4-08	Antwerpen (BEL)	351
6. Palmboom Nicole	91	08-021	4:10.32	50m	21-5-05	Beverwijk (NED)	347
7. Jongema Helena	80	08-021	4:17.20	50m	18-9-09	Cadiz (ESP)	320
8. Butter Anouk	82	08-021	4:43.25	50m	27-3-10	Amersfoort (NED)	240

400 vrije slag

1. Schelvis Femke	84	08-021	4:56.03	50m	29-5-99	Beverwijk (NED)	527
2. Crok Linda	94	08-021	5:00.42	50m	14-5-11	Beverwijk (NED)	504
3. Vink Lidewij	90	08-021	5:01.21	50m	13-5-06	Beverwijk (NED)	500
4. Smit Sanne	01	08-021	5:01.84	50m	26-3-17	Alkmaar (NED)	497
5. Koster Lisa	94	08-021	5:07.30	50m	17-5-08	Beverwijk (NED)	471
6. Stel Serena	98	08-021	5:07.93	50m	25-4-10	Drachten (NED)	468
7. de Groot Daniëlle	93	08-021	5:08.33	50m	17-5-08	Beverwijk (NED)	466
8. Hoekstra Eline	03	08-021	5:15.82	50m	28-5-17	Alkmaar (NED)	434
9. Essers Sanne	91	08-021	5:27.37	50m	20-4-07	Antwerpen (BEL)	389
10. van der Gracht Anouk	89	08-021	5:29.59	50m	30-6-13	Eindhoven (NED)	382
11. Schelvis Roos	86	08-021	5:30.78	50m	29-5-99	Beverwijk (NED)	377
12. Buur Naomi	01	08-021	5:33.54	50m	17-5-14	Beverwijk (NED)	368
13. Mallon Danique	94	08-021	5:35.85	50m	29-3-09	Alkmaar (NED)	361
14. Palmboom Nicole	91	08-021	5:36.95	50m	21-5-05	Beverwijk (NED)	357
15. de Boer Irene	84	08-021	5:41.50	50m	1-6-97	Beverwijk (NED)	343
16. van 't Veer Iris	03	08-021	5:43.88	50m	2-4-17	Alkmaar (NED)	336
17. van Koevinge Nicole	93	08-021	5:43.99	50m	29-3-09	Alkmaar (NED)	336

400 vrije slag (sinds 18)

18. van Staveren Marina	78	08-021	5:44.09	50m	18-3-12	Amersfoort (NED)	335
19. Vink Marjolein	93	08-021	5:44.72	50m	29-3-09	Alkmaar (NED)	333
20. Jongema Helena	80	08-021	5:45.56	50m	18-9-09	Cadiz (ESP)	331
21. Dijkstra Lisette	86	08-021	6:07.00	50m	1-6-97	Beverwijk (NED)	276
22. Wentink Yara	04	08-021	6:13.33	50m	2-4-17	Alkmaar (NED)	262
23. Butter Anouk	82	08-021	6:21.81	50m	27-3-10	Amersfoort (NED)	245
24. Visser Kelly	89	08-021	6:40.81	50m	31-10-99	Beverwijk (NED)	212
25. de Wildt Maud	05	08-021	6:45.17	50m	2-4-17	Alkmaar (NED)	205

500 vrije slag**800 vrije slag**

1. Stel Serena	98	08-021	10:18.62	50m	25-4-10	Drachten (NED)	508
2. Schelvis Femke	84	08-021	10:42.20	50m	11-5-97	Beverwijk (NED)	454
3. Smit Sanne	01	08-021	10:49.15	50m	5-3-17	Alkmaar (NED)	440
4. van der Gracht Anouk	89	08-021	11:07.28	50m	11-4-08	Antwerpen (BEL)	405
5. Essers Sanne	91	08-021	11:09.37	50m	20-4-07	Antwerpen (BEL)	401
6. Buur Naomi	01	08-021	12:01.21	50m	18-2-14	Beverwijk (NED)	321
7. Jongema Helena	80	08-021	13:10.26	50m	3-6-11	Apeldoorn (NED)	244
8. Geluk Mabelle	73	08-021	20:25.45	50m	4-6-11	Apeldoorn (NED)	65

1000 vrije slag**1250 vrije slag****1500 vrije slag**

1. Jongema Helena	80	08-021	24:45.29	50m	3-6-11	Apeldoorn (NED)	250
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2000 vrije slag**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

50 rugslag

1. Kingma Danae	00	08-021	31.90	50m	6-4-17	Eindhoven (NED)	610
2. Broek Jade	97	08-021	32.62	50m	10-4-16	Eindhoven (NED)	570
3. Kleijne Daisy	89	08-021	34.14	50m	21-5-06	Beverwijk (NED)	497
4. Koper Fiona	01	08-021	34.70	50m	5-2-17	Alkmaar (NED)	474
5. Schelvis Femke	84	08-021	34.90	50m	25-5-97	Beverwijk (NED)	466
6. Koster Lisa	94	08-021	35.08	50m	25-5-08	Beverwijk (NED)	458
7. Groen Anne	95	08-021	35.37	50m	21-5-17	Alkmaar (NED)	447
8. Smit Sanne	01	08-021	35.49	50m	31-5-15	Alkmaar (NED)	443
9. Jongema Helena	80	08-021	35.65	50m	20-1-08	Eindhoven (NED)	437
10. Kramer Miranda	80	08-021	35.70	50m	25-5-97	Beverwijk (NED)	435
11. Crok Linda	94	08-021	35.74	50m	22-5-11	Beverwijk (NED)	434
12. Hoekstra Eline	03	08-021	35.91	50m	5-3-17	Alkmaar (NED)	427
13. Mallon Danique	94	08-021	36.05	50m	25-5-08	Beverwijk (NED)	422
13. van 't Veer Iris	03	08-021	36.05	50m	21-5-17	Alkmaar (NED)	422
15. Hoek Daniëlle	88	08-021	36.31	50m	16-5-04	Beverwijk (NED)	413
16. Meijer Sylvia	81	08-021	36.40	50m	25-5-97	Beverwijk (NED)	410
17. Schelvis Roos	86	08-021	36.41	50m	28-5-00	Beverwijk (NED)	410
18. Palmboom Nicole	91	08-021	36.54	50m	21-5-06	Beverwijk (NED)	406
19. Buur Naomi	01	08-021	36.57	50m	21-2-16	Alkmaar (NED)	405
20. Meijer Linda	77	08-021	36.70	50m	28-5-94	Beverwijk (NED)	400
21. Koopman Anitra	89	08-021	36.96	50m	29-5-05	Beverwijk (NED)	392
22. Crok Annemarie	89	08-021	36.98	50m	16-5-04	Beverwijk (NED)	391
23. van der Kroft Nicole	84	08-021	37.13	50m	19-5-01	Beverwijk (NED)	387
24. de Haan Shira	00	08-021	37.54	50m	28-5-16	Alkmaar (NED)	374
25. van Staveren Marina	78	08-021	37.55	50m	16-4-11	Kampen (NED)	374

100 rugslag

1. Broek Jade	97	08-021	1:11.17	50m	18-6-17	Bergbad Bückeberg (GER)	544
2. Kingma Danae	00	08-021	1:12.31	50m	26-6-15	Alkmaar (NED)	519
3. Schelvis Femke	84	08-021	1:14.20	50m	31-5-97	Beverwijk (NED)	480
4. Kleijne Daisy	89	08-021	1:14.53	50m	20-5-06	Beverwijk (NED)	474
5. Koster Lisa	94	08-021	1:15.78	50m	12-4-08	Antwerpen (BEL)	451
6. Crok Linda	94	08-021	1:16.15	50m	21-5-11	Beverwijk (NED)	444
7. Schelvis Roos	86	08-021	1:16.46	50m	27-5-00	Beverwijk (NED)	439
8. Hoekstra Eline	03	08-021	1:17.05	50m	5-2-17	Alkmaar (NED)	429
9. Groen Anne	95	08-021	1:17.26	50m	4-6-11	Beverwijk (NED)	425
10. Meijer Sylvia	81	08-021	1:17.30	50m	25-5-97	Beverwijk (NED)	425
11. Koper Fiona	01	08-021	1:17.45	50m	5-6-16	Alkmaar (NED)	422
12. van der Kroft Nicole	84	08-021	1:17.80	50m	25-5-97	Beverwijk (NED)	416
13. Smit Sanne	01	08-021	1:18.41	50m	30-5-15	Beverwijk (NED)	407
14. van 't Veer Iris	03	08-021	1:18.50	50m	17-6-17	Bergbad Bückeberg (GER)	405
15. Kramer Miranda	80	08-021	1:19.80	50m	20-5-95	Beverwijk (NED)	386
16. Mallon Danique	94	08-021	1:19.85	50m	24-5-08	Beverwijk (NED)	385
17. Crok Annemarie	89	08-021	1:19.94	50m	28-5-05	Beverwijk (NED)	384
18. Stins Mariska	84	08-021	1:20.10	50m	1-6-02	Beverwijk	382
19. Palmboom Nicole	91	08-021	1:20.24	50m	20-5-06	Beverwijk (NED)	380
20. Jongema Helena	80	08-021	1:20.48	50m	19-9-09	Cadiz (ESP)	376
21. Essers Sanne	91	08-021	1:20.72	50m	12-5-07	Beverwijk (NED)	373
22. Stam Sabrina	82	08-021	1:20.80	50m	7-6-97	Beverwijk (NED)	372
23. Buur Naomi	01	08-021	1:20.81	50m	29-5-16	Alkmaar (NED)	372
24. de Boer Irene	84	08-021	1:20.83	50m	29-4-01	Beverwijk (NED)	371
25. Koopman Anitra	89	08-021	1:21.04	50m	25-4-04	Beverwijk (NED)	368

200 rugslag

1. Kingma Danae	00	08-021	2:33.86	50m	4-6-16	Alkmaar (NED)	524
2. Schelvis Femke	84	08-021	2:38.70	50m	31-5-97	Beverwijk (NED)	477
3. Broek Jade	97	08-021	2:39.17	50m	4-6-16	Alkmaar (NED)	473
4. Kleijne Daisy	89	08-021	2:42.36	50m	27-2-05	Amsterdam (NED)	446
5. Crok Linda	94	08-021	2:43.20	50m	15-5-11	Alkmaar (NED)	439
6. Groen Anne	95	08-021	2:43.66	50m	12-5-13	Beverwijk (NED)	435
7. Meijer Sylvia	81	08-021	2:45.96	50m	30-5-99	Beverwijk (NED)	417
8. Koster Lisa	94	08-021	2:46.48	50m	18-5-08	Alkmaar (NED)	413
9. Schelvis Roos	86	08-021	2:46.98	50m	21-10-01	Beverwijk (NED)	410
10. Mallon Danique	94	08-021	2:50.17	50m	16-5-10	Alkmaar (NED)	387
11. van 't Veer Iris	03	08-021	2:50.42	50m	27-5-17	Alkmaar (NED)	385
12. Crok Annemarie	89	08-021	2:51.30	50m	9-5-04	Beverwijk (NED)	379
13. Essers Sanne	91	08-021	2:51.54	50m	14-5-06	Beverwijk (NED)	378
14. de Haan Shira	00	08-021	2:52.09	50m	17-6-17	Bergbad Bückeberg (GER)	374
15. Vink Lidewij	90	08-021	2:52.27	50m	14-5-06	Beverwijk (NED)	373
16. Stins Mariska	84	08-021	2:52.41	50m	18-5-03	Beverwijk (NED)	372
17. Hoekstra Eline	03	08-021	2:52.46	50m	27-5-17	Alkmaar (NED)	372
18. Koopman Anitra	89	08-021	2:52.65	50m	9-5-04	Beverwijk (NED)	371
19. Stam Sabrina	82	08-021	2:53.50	50m	9-11-97	Beverwijk (NED)	365
20. Buur Naomi	01	08-021	2:53.58	50m	25-4-15	Alkmaar (NED)	365
21. Palmboom Nicole	91	08-021	2:53.65	50m	14-5-06	Beverwijk (NED)	364
22. de Boer Irene	84	08-021	2:54.35	50m	31-10-99	Beverwijk (NED)	360
23. Niesten Iris	92	08-021	2:55.57	50m	12-4-08	Antwerpen (BEL)	352
24. van der Kroft Nicole	84	08-021	2:57.00	50m	31-5-97	Beverwijk (NED)	344
25. van der Gracht Anouk	89	08-021	2:57.28	50m	21-4-07	Antwerpen (BEL)	342

500 rugslag**25 schoolslag****50 schoolslag**

1. Kingma Danae	00	08-021	35.43	50m	8-4-16	Eindhoven (NED)	576
2. van Honk Chantal	80	08-021	37.00	50m	21-3-93	Beverwijk (NED)	505
3. Broek Jade	97	08-021	38.39	50m	18-6-17	Bergbad Bückeberg (GER)	452
4. Palmboom Nicole	91	08-021	38.70	50m	22-5-05	Beverwijk (NED)	442
5. de Haan Shira	00	08-021	39.34	50m	20-5-17	Alkmaar (NED)	420
6. de Groot Daniëlle	93	08-021	40.27	50m	18-5-08	Alkmaar (NED)	392
7. Teufer Irene	96	08-021	41.05	50m	26-7-08	Amsterdam (NED)	370
8. Crok Linda	94	08-021	41.36	50m	16-5-10	Alkmaar (NED)	362
9. Koper Fiona	01	08-021	41.41	50m	20-5-17	Alkmaar (NED)	360
9. de Boer Maia	03	08-021	41.41	50m	20-5-17	Alkmaar (NED)	360
11. van 't Veer Iris	03	08-021	41.82	50m	20-5-17	Alkmaar (NED)	350
12. van der Gracht Anouk	89	08-021	42.01	50m	22-4-07	Antwerpen (BEL)	345
13. Koster Lisa	94	08-021	42.24	50m	13-4-08	Antwerpen (BEL)	339
14. Hoekstra Eline	03	08-021	42.27	50m	20-5-17	Alkmaar (NED)	339
15. Schelvis Roos	86	08-021	42.29	50m	21-5-00	Beverwijk (NED)	338
15. Smit Sanne	01	08-021	42.29	50m	29-5-16	Alkmaar (NED)	338
17. Siemerink Laura	04	08-021	42.87	50m	20-5-17	Alkmaar (NED)	325
18. Renkema Iris	04	08-021	42.98	50m	29-5-16	Alkmaar (NED)	322
19. Vink Marjolein	93	08-021	43.05	50m	13-5-07	Alkmaar (NED)	321
19. Niesten Iris	92	08-021	43.05	50m	13-4-08	Antwerpen (BEL)	321
21. van Staveren Marina	78	08-021	43.26	50m	14-4-12	Kampen (NED)	316
22. Buur Naomi	01	08-021	43.39	50m	29-5-16	Alkmaar (NED)	313
23. van Huisstede Nikita	01	08-021	44.06	50m	15-3-15	Beverwijk (NED)	299
24. Hogema Fabiën	93	08-021	44.11	50m	13-5-07	Alkmaar (NED)	298
25. Crok Annemarie	89	08-021	44.39	50m	22-4-07	Antwerpen (BEL)	292

100 schoolslag

1. Kingma Danae	00	08-021	1:20.02	50m	21-2-16	Alkmaar (NED)	520
2. Broek Jade	97	08-021	1:23.64	50m	18-6-17	Bergbad Bückeberg (GER)	455
3. de Haan Shira	00	08-021	1:25.72	50m	18-6-17	Bergbad Bückeberg (GER)	423
4. Palmboom Nicole	91	08-021	1:26.05	50m	12-5-07	Beverwijk (NED)	418
5. Stam Vanessa	80	08-021	1:27.90	50m	2-6-96	Beverwijk (NED)	392
6. van der Kroft Nicole	84	08-021	1:28.00	50m	31-5-97	Beverwijk (NED)	391
7. de Groot Daniëlle	93	08-021	1:28.60	50m	17-5-08	Beverwijk (NED)	383
8. van Rookhuizen Sieta	79	08-021	1:29.45	50m	25-10-98	Beverwijk (NED)	372
9. Kramer Miranda	80	08-021	1:30.36	50m	29-4-01	Beverwijk (NED)	361
10. Teufer Irene	96	08-021	1:30.47	50m	27-7-08	Amsterdam (NED)	359
11. Koster Lisa	94	08-021	1:31.45	50m	12-5-07	Beverwijk (NED)	348
12. Schelvis Roos	86	08-021	1:31.67	50m	29-5-99	Beverwijk (NED)	345
13. van der Gracht Anouk	89	08-021	1:31.69	50m	6-5-07	Eindhoven (NED)	345
14. van 't Veer Iris	03	08-021	1:31.91	50m	21-5-17	Alkmaar (NED)	343
15. Heus Pauline	78	08-021	1:32.20	50m	2-6-96	Beverwijk (NED)	339
16. Mallon Danique	94	08-021	1:32.61	50m	13-6-10	Beverwijk (NED)	335
17. Niesten Iris	92	08-021	1:32.78	50m	1-6-08	Beverwijk (NED)	333
18. Crok Linda	94	08-021	1:33.55	50m	15-5-10	Beverwijk (NED)	325
19. Smit Sanne	01	08-021	1:33.72	50m	22-2-15	Alkmaar (NED)	323
20. Crok Annemarie	89	08-021	1:34.02	50m	1-6-08	Beverwijk (NED)	320
21. Moolevliet Petra	82	08-021	1:34.10	50m	2-6-96	Beverwijk (NED)	319
22. Vink Marjolein	93	08-021	1:34.18	50m	12-4-08	Antwerpen (BEL)	318
23. Hoekstra Eline	03	08-021	1:34.38	50m	28-5-16	Alkmaar (NED)	316
24. Stins Mariska	84	08-021	1:34.74	50m	29-5-99	Beverwijk (NED)	313
25. Buur Naomi	01	08-021	1:34.77	50m	28-5-16	Alkmaar (NED)	313

200 schoolslag

1. de Haan Shira	00	08-021	3:01.71	50m	28-5-17	Alkmaar (NED)	448
2. Kingma Danae	00	08-021	3:04.77	50m	24-5-14	Beverwijk (NED)	426
3. Broek Jade	97	08-021	3:05.06	50m	5-6-16	Alkmaar (NED)	424
4. Stam Vanessa	80	08-021	3:09.60	50m	24-5-97	Beverwijk (NED)	394
5. de Groot Daniëlle	93	08-021	3:11.88	50m	24-5-08	Beverwijk (NED)	381
6. van der Kroft Nicole	84	08-021	3:13.20	50m	29-4-01	Beverwijk (NED)	373
7. Palmboom Nicole	91	08-021	3:13.60	50m	20-5-06	Beverwijk (NED)	370
8. Schelvis Roos	86	08-021	3:14.58	50m	5-6-99	Beverwijk (NED)	365
9. Niesten Annet	62	08-021	3:16.30	50m	11-6-78	Beverwijk (NED)	355
10. Kramer Miranda	80	08-021	3:17.00	50m	13-5-95	Beverwijk (NED)	352
11. Vink Marjolein	93	08-021	3:17.85	50m	19-5-07	Beverwijk (NED)	347
12. Crok Linda	94	08-021	3:18.11	50m	29-5-10	Beverwijk (NED)	346
13. Crok Annemarie	89	08-021	3:18.70	50m	21-5-11	Beverwijk (NED)	343
14. van 't Veer Iris	03	08-021	3:19.91	50m	18-6-17	Bergbad Bückeberg (GER)	336
15. Moolevliet Petra	82	08-021	3:20.00	50m	13-5-95	Beverwijk (NED)	336
16. Teufer Irene	96	08-021	3:21.06	50m	25-7-08	Amsterdam (NED)	331
17. Niesten Iris	92	08-021	3:22.18	50m	24-5-08	Beverwijk (NED)	325
18. Buur Naomi	01	08-021	3:22.86	50m	22-2-15	Alkmaar (NED)	322
19. Hoekstra Eline	03	08-021	3:23.77	50m	5-2-17	Alkmaar (NED)	318
20. Nijholt Carin	60	08-021	3:23.80	50m	11-6-78	Beverwijk (NED)	318
21. Lund Karin	63	08-021	3:23.90	50m	11-6-78	Beverwijk (NED)	317
21. Schelvis Femke	84	08-021	3:23.90	50m	24-5-97	Beverwijk (NED)	317
23. de Ruijter Linda	87	08-021	3:24.01	50m	25-5-02	Beverwijk (NED)	317
24. Vink Lidewij	90	08-021	3:26.34	50m	28-5-05	Beverwijk (NED)	306
25. Heus Pauline	78	08-021	3:29.66	50m	14-4-12	Kampen (NED)	292

500 schoolslag**800 schoolslag**

1000 schoolslag**1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag****50 vlinderslag**

1. Kingma Danae	00	08-021	30.46	50m	6-4-17	Eindhoven (NED)	557
2. Broek Jade	97	08-021	31.37	50m	13-3-16	Alkmaar (NED)	510
3. Schelvis Femke	84	08-021	31.52	50m	29-5-99	Beverwijk (NED)	503
4. Palmboom Nicole	91	08-021	31.78	50m	12-4-08	Antwerpen (BEL)	490
5. de Haan Shira	00	08-021	31.88	50m	28-5-17	Alkmaar (NED)	486
6. van der Gracht Anouk	89	08-021	32.18	50m	24-3-13	Beverwijk (NED)	472
7. Teufer Irene	96	08-021	33.06	50m	12-4-08	Antwerpen (BEL)	436
8. de Groot Daniëlle	93	08-021	33.42	50m	17-5-08	Beverwijk (NED)	422
9. Hoekstra Eline	03	08-021	33.46	50m	5-3-17	Alkmaar (NED)	420
10. Groen Anne	95	08-021	33.48	50m	3-12-16	Beverwijk (NED)	419
11. Vink Lidewij	90	08-021	33.75	50m	12-5-07	Beverwijk (NED)	409
12. Essers Sanne	91	08-021	33.76	50m	12-5-07	Beverwijk (NED)	409
13. van Staveren Marina	78	08-021	33.87	50m	24-3-13	Amersfoort (NED)	405
14. van der Kroft Nicole	84	08-021	34.39	50m	29-5-99	Beverwijk (NED)	387
15. Crok Annemarie	89	08-021	34.62	50m	15-5-10	Beverwijk (NED)	379
16. Hoek Daniëlle	88	08-021	34.69	50m	11-5-13	Beverwijk (NED)	377
17. Koster Lisa	94	08-021	34.73	50m	12-4-08	Antwerpen (BEL)	376
18. Spijker Kristel	84	08-021	34.80	50m	9-5-10	Eindhoven (NED)	373
19. Mallon Danique	94	08-021	34.99	50m	16-5-09	Beverwijk (NED)	367
20. Jongema Helena	80	08-021	35.00	50m	20-1-08	Eindhoven (NED)	367
21. Buur Naomi	01	08-021	35.05	50m	5-6-16	Alkmaar (NED)	365
22. Vink Marjolein	93	08-021	35.32	50m	12-4-08	Antwerpen (BEL)	357
23. Smit Sanne	01	08-021	35.63	50m	16-5-15	Beverwijk (NED)	348
24. Kleijne Daisy	89	08-021	35.78	50m	21-5-05	Beverwijk (NED)	343
25. Koper Fiona	01	08-021	35.90	50m	28-5-17	Alkmaar (NED)	340

100 vlinderslag

1. Smit Sanne	01	08-021	1:12.40	50m	26-3-17	Alkmaar (NED)	462
2. Broek Jade	97	08-021	1:12.70	50m	29-5-16	Alkmaar (NED)	456
3. Schelvis Femke	84	08-021	1:14.27	50m	30-5-99	Beverwijk (NED)	428
4. van der Gracht Anouk	89	08-021	1:14.52	50m	29-6-13	Eindhoven (NED)	423
5. Kingma Danae	00	08-021	1:15.73	50m	25-4-15	Alkmaar (NED)	403
6. Palmboom Nicole	91	08-021	1:15.79	50m	18-5-08	Alkmaar (NED)	402
7. Teufer Irene	96	08-021	1:16.12	50m	13-4-08	Antwerpen (BEL)	397
8. Vink Lidewij	90	08-021	1:16.13	50m	13-5-07	Alkmaar (NED)	397
9. de Groot Daniëlle	93	08-021	1:17.63	50m	13-5-07	Alkmaar (NED)	374
10. Mallon Danique	94	08-021	1:18.44	50m	18-5-08	Alkmaar (NED)	363

100 vlinderslag (sinds 11)

11. Stins Mariska	84	08-021	1:18.47	50m	25-4-04	Beverwijk (NED)	363
12. de Haan Shira	00	08-021	1:18.66	50m	17-6-17	Bergbad Bückeburg (GER)	360
13. Essers Sanne	91	08-021	1:19.59	50m	18-5-08	Alkmaar (NED)	347
14. van der Kroft Nicole	84	08-021	1:19.94	50m	29-4-01	Beverwijk (NED)	343
15. Stam Vanessa	80	08-021	1:20.20	50m	9-11-97	Beverwijk (NED)	340
16. Spijker Kristel	84	08-021	1:20.74	50m	9-5-10	Eindhoven (NED)	333
17. Hoek Daniëlle	88	08-021	1:21.38	50m	13-5-12	Beverwijk (NED)	325
18. van Staveren Marina	78	08-021	1:21.95	50m	14-4-12	Kampen (NED)	318
19. van de Poll Marianne	89	08-021	1:22.09	50m	25-4-04	Beverwijk (NED)	317
20. Crok Annemarie	89	08-021	1:22.91	50m	22-4-07	Antwerpen (BEL)	307
21. Schelvis Roos	86	08-021	1:25.02	50m	20-10-02	Beverwijk (NED)	285
22. de Ruijter Linda	87	08-021	1:25.47	50m	12-10-03	Beverwijk (NED)	280
23. Butter Anouk	82	08-021	1:26.43	50m	5-4-03	Amsterdam (NED)	271
24. Stam Sabrina	82	08-021	1:27.30	50m	1-6-97	Beverwijk (NED)	263
25. Kramer Miranda	80	08-021	1:27.50	50m	9-11-97	Beverwijk (NED)	261

200 vlinderslag

1. Teufer Irene	96	08-021	2:49.76	50m	12-4-08	Antwerpen (BEL)	369
2. Mallon Danique	94	08-021	2:54.66	50m	30-5-10	Beverwijk (NED)	339
3. Schelvis Femke	84	08-021	2:56.87	50m	17-4-05	Beverwijk (NED)	326
4. Vink Lidewij	90	08-021	2:57.39	50m	25-5-08	Beverwijk (NED)	323
5. van der Gracht Anouk	89	08-021	3:05.89	50m	25-5-08	Beverwijk (NED)	281
6. Spijker Kristel	84	08-021	3:09.31	50m	8-5-10	Eindhoven (NED)	266
7. Stins Mariska	84	08-021	3:12.70	50m	17-4-05	Beverwijk (NED)	252
8. van de Poll Marianne	89	08-021	3:12.94	50m	25-4-04	Beverwijk (NED)	251
9. Kleijne Daisy	89	08-021	3:18.03	50m	16-5-04	Beverwijk (NED)	232
10. Butter Anouk	82	08-021	3:19.27	50m	21-4-02	Beverwijk (NED)	228
11. de Ruijter Linda	87	08-021	3:20.51	50m	26-5-02	Beverwijk (NED)	224
12. Visser Stacey	87	08-021	3:27.93	50m	29-4-01	Beverwijk (NED)	201
13. Siemerink Laura	04	08-021	3:41.76	50m	2-4-17	Alkmaar (NED)	165
14. Koopman Anitra	89	08-021	3:46.94	50m	29-3-03	Beverwijk (NED)	154

100 wisselslag200 wisselslag

1. Kingma Danae	00	08-021	2:34.82	50m	20-5-17	Alkmaar (NED)	540
2. Schelvis Femke	84	08-021	2:39.69	50m	31-10-99	Beverwijk (NED)	492
3. Broek Jade	97	08-021	2:41.99	50m	4-6-16	Alkmaar (NED)	472
4. Groen Anne	95	08-021	2:44.09	50m	5-3-17	Alkmaar (NED)	454
5. Crok Linda	94	08-021	2:44.33	50m	21-5-11	Beverwijk (NED)	452
6. Smit Sanne	01	08-021	2:47.94	50m	5-2-17	Alkmaar (NED)	423
7. Crok Annemarie	89	08-021	2:48.29	50m	24-5-08	Beverwijk (NED)	421
8. de Haan Shira	00	08-021	2:48.62	50m	17-6-17	Bergbad Bückeburg (GER)	418
9. van der Gracht Anouk	89	08-021	2:49.18	50m	30-3-08	Alkmaar (NED)	414
10. Vink Lidewij	90	08-021	2:49.65	50m	19-5-07	Beverwijk (NED)	411
11. Hoekstra Eline	03	08-021	2:49.87	50m	4-6-16	Alkmaar (NED)	409
12. Palmboom Nicole	91	08-021	2:50.86	50m	20-5-06	Beverwijk (NED)	402
13. van der Kroft Nicole	84	08-021	2:51.82	50m	21-10-01	Beverwijk (NED)	395
14. Schelvis Roos	86	08-021	2:52.42	50m	25-5-02	Beverwijk (NED)	391
15. Vink Marjolein	93	08-021	2:52.66	50m	24-5-08	Beverwijk (NED)	390
16. Mallon Danique	94	08-021	2:52.70	50m	24-5-08	Beverwijk (NED)	389
17. Kleijne Daisy	89	08-021	2:52.72	50m	28-5-05	Beverwijk (NED)	389
18. Hoek Daniëlle	88	08-021	2:52.89	50m	17-4-05	Beverwijk (NED)	388
19. de Groot Daniëlle	93	08-021	2:53.15	50m	19-5-07	Beverwijk (NED)	386
20. Kramer Miranda	80	08-021	2:53.86	50m	22-10-00	Beverwijk (NED)	381
21. Koopman Anitra	89	08-021	2:55.01	50m	25-4-04	Beverwijk (NED)	374

200 wisselslag (sinds 22)

22. Buur Naomi	01	08-021	2:55.94	50m	30-5-15	Beverwijk (NED)	368
23. Meijer Sylvia	81	08-021	2:56.40	50m	2-5-99	Beverwijk (NED)	365
24. van Rookhuizen Sieta	79	08-021	2:57.65	50m	31-10-99	Beverwijk (NED)	358
25. de Boer Irene	84	08-021	2:57.97	50m	2-5-99	Beverwijk (NED)	356

300 wisselslag**400 wisselslag**

1. Schelvis Femke	84	08-021	5:56.50	50m	27-4-97	Beverwijk (NED)	426
2. Smit Sanne	01	08-021	5:56.97	50m	21-5-17	Alkmaar (NED)	425
3. Hoekstra Eline	03	08-021	6:06.35	50m	19-2-17	Amsterdam (NED)	393
4. de Haan Shira	00	08-021	6:14.47	50m	28-5-16	Alkmaar (NED)	368
5. van der Kroft Nicole	84	08-021	6:31.60	50m	27-4-97	Beverwijk (NED)	322
6. van Ballegooie Simone	84	08-021	6:39.30	50m	27-4-97	Beverwijk (NED)	303
7. de Boer Irene	84	08-021	6:40.00	50m	27-4-97	Beverwijk (NED)	302