

25 vrije slag**50 vrije slag**

1. Kingma Danae	00	08-021	27.47	50m	9-4-17	Eindhoven (NED)	644
2. Palmboom Nicole	91	08-021	29.38	50m	13-4-08	Antwerpen (BEL)	526
3. Crok Linda	94	08-021	29.42	50m	21-5-11	Beverwijk (NED)	524
4. Groen Anne	95	08-021	29.98	50m	19-5-12	Beverwijk (NED)	495
5. Kleijne Daisy	89	08-021	30.17	50m	20-5-06	Beverwijk (NED)	486
6. Hoek Daniëlle	88	08-021	30.71	50m	28-5-05	Beverwijk (NED)	461
7. Vink Lidewij	90	08-021	31.02	50m	19-5-07	Beverwijk (NED)	447
8. de Haan Shira	00	08-021	31.09	50m	20-5-17	Alkmaar (NED)	444
9. Stam Vanessa	80	08-021	31.40	50m	8-6-97	Beverwijk (NED)	431
10. van der Gracht Anouk	89	08-021	33.77	50m	28-5-06	Beverwijk (NED)	346
11. Buur Cindy	99	08-021	35.55	50m	21-2-16	Alkmaar (NED)	297

100 vrije slag

1. Kingma Danae	00	08-021	59.59	50m	8-4-17	Eindhoven (NED)	667
2. Crok Linda	94	08-021	1:03.27	50m	22-5-11	Beverwijk (NED)	557
3. Palmboom Nicole	91	08-021	1:05.58	50m	12-4-08	Antwerpen (BEL)	500
4. Kleijne Daisy	89	08-021	1:06.46	50m	21-5-06	Beverwijk (NED)	480
5. Groen Anne	95	08-021	1:07.38	50m	20-5-12	Beverwijk (NED)	461
6. de Haan Shira	00	08-021	1:07.50	50m	27-5-17	Alkmaar (NED)	459
7. van der Kroft Nicole	84	08-021	1:07.89	50m	19-5-01	Beverwijk (NED)	451
8. Essers Sanne	91	08-021	1:08.80	50m	30-3-08	Alkmaar (NED)	433
9. Meijer Sylvia	81	08-021	1:10.00	50m	25-10-98	Beverwijk (NED)	411
10. Stam Vanessa	80	08-021	1:10.80	50m	8-6-97	Beverwijk (NED)	397
11. Vink Lidewij	90	08-021	1:10.98	50m	20-5-07	Beverwijk (NED)	394
12. van Eerden Meike	00	08-021	1:13.13	50m	27-5-17	Alkmaar (NED)	360
13. van der Gracht Anouk	89	08-021	1:13.39	50m	28-5-06	Beverwijk (NED)	357
14. van Rookhuizen Sieta	79	08-021	1:14.60	50m	2-6-96	Beverwijk (NED)	340
15. Heus Pauline	78	08-021	1:17.10	50m	11-6-95	Beverwijk (NED)	308

200 vrije slag

1. Kingma Danae	00	08-021	2:13.79	50m	21-5-17	Alkmaar (NED)	602
2. Crok Linda	94	08-021	2:18.66	50m	15-5-11	Alkmaar (NED)	540
3. Vink Lidewij	90	08-021	2:27.36	50m	13-5-07	Alkmaar (NED)	450
4. Palmboom Nicole	91	08-021	2:28.40	50m	13-4-08	Antwerpen (BEL)	441
5. Hoek Daniëlle	88	08-021	2:31.88	50m	17-4-05	Beverwijk (NED)	411
6. Essers Sanne	91	08-021	2:33.83	50m	30-3-08	Alkmaar (NED)	396
7. de Haan Shira	00	08-021	2:34.33	50m	21-5-17	Alkmaar (NED)	392

250 vrije slag**300 vrije slag**

1. Crok Linda	94	08-021	3:46.05	50m	14-5-11	Beverwijk (NED)	472
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400 vrije slag

1. Crok Linda	94	08-021	5:00.42	50m	14-5-11	Beverwijk (NED)	504
2. Vink Lidewij	90	08-021	5:11.20	50m	12-5-07	Beverwijk (NED)	453

500 vrije slag**800 vrije slag**

1000 vrije slag**1250 vrije slag****1500 vrije slag****2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag****50 rugslag**

1. Kingma Danae	00	08-021	31.90	50m	6-4-17	Eindhoven (NED)	610
2. Kleijne Daisy	89	08-021	34.14	50m	21-5-06	Beverwijk (NED)	497
3. Kramer Miranda	80	08-021	35.70	50m	25-5-97	Beverwijk (NED)	435
4. Crok Linda	94	08-021	35.74	50m	22-5-11	Beverwijk (NED)	434
5. Groen Anne	95	08-021	36.03	50m	20-5-12	Beverwijk (NED)	423
6. Meijer Linda	77	08-021	36.70	50m	28-5-94	Beverwijk (NED)	400
7. van der Kroft Nicole	84	08-021	37.13	50m	19-5-01	Beverwijk (NED)	387
8. de Haan Shira	00	08-021	38.68	50m	26-3-17	Alkmaar (NED)	342
9. Buur Cindy	99	08-021	44.16	50m	21-2-16	Alkmaar (NED)	230

100 rugslag

1. Kleijne Daisy	89	08-021	1:14.53	50m	20-5-06	Beverwijk (NED)	474
2. Crok Linda	94	08-021	1:16.15	50m	21-5-11	Beverwijk (NED)	444
3. Meijer Sylvia	81	08-021	1:20.14	50m	25-10-98	Beverwijk (NED)	381
4. de Boer Irene	84	08-021	1:20.83	50m	29-4-01	Beverwijk (NED)	371
5. Niesten Iris	92	08-021	1:21.53	50m	6-6-09	Beverwijk (NED)	362
6. Stins Mariska	84	08-021	1:22.42	50m	19-5-01	Beverwijk (NED)	350
7. de Haan Shira	00	08-021	1:23.86	50m	17-6-17	Bergbad Bückebug (GER)	332
8. Stam Vanessa	80	08-021	1:24.00	50m	7-6-97	Beverwijk (NED)	331
9. van der Gracht Anouk	89	08-021	1:25.57	50m	27-5-06	Beverwijk (NED)	313

200 rugslag

1. Crok Linda	94	08-021	2:43.20	50m	15-5-11	Alkmaar (NED)	439
2. Groen Anne	95	08-021	2:43.81	50m	13-5-12	Beverwijk (NED)	434
3. Kleijne Daisy	89	08-021	2:48.21	50m	14-5-06	Beverwijk (NED)	401
4. de Haan Shira	00	08-021	2:52.09	50m	17-6-17	Bergbad Bückeberg (GER)	374
5. Palmboom Nicole	91	08-021	2:57.14	50m	18-5-08	Alkmaar (NED)	343
6. de Boer Irene	84	08-021	2:58.85	50m	29-4-01	Beverwijk (NED)	333

500 rugslag**25 schoolslag****50 schoolslag**

1. Kingma Danae	00	08-021	35.96	50m	20-5-17	Alkmaar (NED)	550
2. de Haan Shira	00	08-021	39.34	50m	20-5-17	Alkmaar (NED)	420
3. Palmboom Nicole	91	08-021	39.87	50m	18-5-08	Alkmaar (NED)	404

100 schoolslag

1. Kingma Danae	00	08-021	1:23.15	50m	21-5-17	Alkmaar (NED)	463
2. de Haan Shira	00	08-021	1:25.72	50m	18-6-17	Bergbad Bückeberg (GER)	423
3. Palmboom Nicole	91	08-021	1:28.36	50m	12-4-08	Antwerpen (BEL)	386
4. Stam Vanessa	80	08-021	1:29.60	50m	8-6-97	Beverwijk (NED)	370
5. van der Kroft Nicole	84	08-021	1:31.31	50m	21-10-01	Beverwijk (NED)	350
6. van Rookhuizen Sieta	79	08-021	1:32.80	50m	2-6-96	Beverwijk (NED)	333
7. van der Gracht Anouk	89	08-021	1:34.06	50m	28-5-06	Beverwijk (NED)	320
8. Heus Pauline	78	08-021	1:35.20	50m	11-6-95	Beverwijk (NED)	308
9. Stins Mariska	84	08-021	1:39.12	50m	21-10-01	Beverwijk (NED)	273

200 schoolslag

1. de Haan Shira	00	08-021	3:01.71	50m	28-5-17	Alkmaar (NED)	448
2. Stam Vanessa	80	08-021	3:09.60	50m	24-5-97	Beverwijk (NED)	394
3. van der Kroft Nicole	84	08-021	3:13.20	50m	29-4-01	Beverwijk (NED)	373
4. Kramer Miranda	80	08-021	3:17.60	50m	9-11-97	Beverwijk (NED)	348
5. Molenaar Eline	82	08-021	3:35.19	50m	31-10-99	Beverwijk (NED)	270

500 schoolslag**800 schoolslag****1000 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag**

5000 schoolslag**25 vlinderslag****50 vlinderslag**

1. Kingma Danae	00	08-021	30.46	50m	6-4-17	Eindhoven (NED)	557
2. Palmboom Nicole	91	08-021	31.78	50m	12-4-08	Antwerpen (BEL)	490
3. de Haan Shira	00	08-021	31.88	50m	28-5-17	Alkmaar (NED)	486
4. Vink Lidewij	90	08-021	33.75	50m	12-5-07	Beverwijk (NED)	409
5. Crok Annemarie	89	08-021	35.47	50m	13-5-06	Beverwijk (NED)	353
6. Meijer Sylvia	81	08-021	36.50	50m	25-10-98	Beverwijk (NED)	324
7. Essers Sanne	91	08-021	36.53	50m	17-5-08	Beverwijk (NED)	323
8. Stins Mariska	84	08-021	36.68	50m	13-5-01	Beverwijk (NED)	319

100 vlinderslag

1. Palmboom Nicole	91	08-021	1:15.79	50m	18-5-08	Alkmaar (NED)	402
2. Vink Lidewij	90	08-021	1:16.13	50m	13-5-07	Alkmaar (NED)	397
3. de Haan Shira	00	08-021	1:18.66	50m	17-6-17	Bergbad Bückeberg (GER)	360
4. Essers Sanne	91	08-021	1:19.59	50m	18-5-08	Alkmaar (NED)	347
5. van der Kroft Nicole	84	08-021	1:19.94	50m	29-4-01	Beverwijk (NED)	343
6. Stam Vanessa	80	08-021	1:20.20	50m	9-11-97	Beverwijk (NED)	340
7. Stins Mariska	84	08-021	1:21.97	50m	21-10-01	Beverwijk (NED)	318
8. Kramer Miranda	80	08-021	1:27.50	50m	9-11-97	Beverwijk (NED)	261
9. van der Gracht Anouk	89	08-021	1:28.01	50m	27-5-06	Beverwijk (NED)	257
10. Niesten Iris	92	08-021	1:30.21	50m	6-6-09	Beverwijk (NED)	238
11. Molenaar Eline	82	08-021	1:42.16	50m	31-10-99	Beverwijk (NED)	164
12. Heus Pauline	78	08-021	1:44.60	50m	10-6-95	Beverwijk (NED)	153

200 vlinderslag

1. Vink Lidewij	90	08-021	2:58.87	50m	20-5-07	Beverwijk (NED)	315
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100 wisselslag**200 wisselslag**

1. Kingma Danae	00	08-021	2:34.82	50m	20-5-17	Alkmaar (NED)	540
2. Crok Linda	94	08-021	2:44.33	50m	21-5-11	Beverwijk (NED)	452
3. de Haan Shira	00	08-021	2:48.62	50m	17-6-17	Bergbad Bückeberg (GER)	418
4. Vink Lidewij	90	08-021	2:49.65	50m	19-5-07	Beverwijk (NED)	411
5. van der Kroft Nicole	84	08-021	2:51.82	50m	21-10-01	Beverwijk (NED)	395
6. Hoek Daniëlle	88	08-021	2:52.89	50m	17-4-05	Beverwijk (NED)	388

300 wisselslag**400 wisselslag**