

12 jaar, Dames

1-1-1900-31-7-2017

25 vrije slag

| | | | | | | | |
|---------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 14.00 | 25m | 14-3-96 | Heemskerk (NED) | 436 |
| 2. Meijer Linda | 77 | 08-021 | 14.90 | 25m | 31-12-89 | Heemskerk (NED) | 362 |
| 3. Schelvis Roos | 86 | 08-021 | 15.00 | 25m | 16-4-98 | Heemskerk (NED) | 354 |
| 4. Zwarthoed Brenda | 96 | 08-021 | 15.02 | 25m | 31-5-08 | Aalsmeer (NED) | 353 |
| 5. Schuyt Simone | 75 | 08-021 | 15.10 | 25m | 17-12-87 | Heemskerk (NED) | 347 |
| 5. Dijkstra Lisette | 86 | 08-021 | 15.10 | 25m | 10-12-98 | Heemskerk (NED) | 347 |
| 7. van der Kroft Nicole | 84 | 08-021 | 15.20 | 25m | 14-3-96 | Heemskerk (NED) | 341 |
| 8. de Boer Irene | 84 | 08-021 | 15.40 | 25m | 14-3-96 | Heemskerk (NED) | 327 |
| 9. Besse Karen | 75 | 08-021 | 15.60 | 25m | 17-12-87 | Heemskerk (NED) | 315 |
| 9. de Boer Claudia | 77 | 08-021 | 15.60 | 25m | 31-12-89 | Heemskerk (NED) | 315 |
| 9. van Honk Chantal | 80 | 08-021 | 15.60 | 25m | 26-9-92 | | 315 |
| 12. Visser Kelly | 89 | 08-021 | 15.61 | 25m | 29-3-01 | Heemskerk (NED) | 314 |
| 13. van Ballegooie Simone | 84 | 08-021 | 15.70 | 25m | 14-3-96 | Heemskerk (NED) | 309 |
| 14. Crok Linda | 94 | 08-021 | 15.82 | 25m | 27-4-06 | Heemskerk | 302 |
| 15. Koopman Anitra | 89 | 08-021 | 15.87 | 25m | 29-3-01 | Heemskerk (NED) | 299 |
| 16. Mallon Danique | 94 | 08-021 | 15.96 | 25m | 27-4-06 | Heemskerk | 294 |
| 17. Zonneveld Cindy | 75 | 08-021 | 16.30 | 25m | 17-12-87 | Heemskerk (NED) | 276 |
| 17. van Rookhuizen Sieta | 79 | 08-021 | 16.30 | 25m | 16-5-91 | Heemskerk (NED) | 276 |
| 19. Hoek Daniëlle | 88 | 08-021 | 16.33 | 25m | 4-5-00 | Heemskerk (NED) | 275 |
| 20. de Ruijter Linda | 87 | 08-021 | 16.70 | 25m | 21-12-99 | Heemskerk (NED) | 257 |
| 21. Kleijne Daisy | 89 | 08-021 | 16.74 | 25m | 29-3-01 | Heemskerk (NED) | 255 |
| 22. Ivens Suzanne | 99 | 08-021 | 17.01 | 25m | 30-6-11 | Heemskerk (NED) | 243 |
| 23. van der Gracht Anouk | 89 | 08-021 | 17.45 | 25m | 29-3-01 | Heemskerk (NED) | 225 |
| 24. Teunissen Petra | 64 | 08-021 | 18.00 | 25m | 14-9-76 | Heemskerk (NED) | 205 |
| 24. Reijnders Sandra | 64 | 08-021 | 18.00 | 25m | 14-9-76 | Heemskerk (NED) | 205 |

50 vrije slag

| | | | | | | | |
|---------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Zwarthoed Brenda | 96 | 08-021 | 30.08 | 25m | 31-5-08 | Aalsmeer (NED) | 461 |
| 2. Schelvis Femke | 84 | 08-021 | 30.10 | 25m | 12-12-96 | Heemskerk (NED) | 460 |
| 3. Stel Serena | 98 | 08-021 | 31.12 | 25m | 5-4-10 | Haarlem (NED) | 416 |
| 4. Schelvis Roos | 86 | 08-021 | 31.22 | 25m | 26-11-98 | Heemskerk (NED) | 412 |
| 5. Koster Lisa | 94 | 08-021 | 31.62 | 25m | 28-12-06 | Maastricht (NED) | 397 |
| 6. Dijkstra Lisette | 86 | 08-021 | 31.70 | 25m | 19-4-98 | Zaandam (NED) | 394 |
| 7. Hoekstra Eline | 03 | 08-021 | 31.80 | 25m | 24-9-15 | Heemskerk (NED) | 390 |
| 8. Zwaan Melissa | 91 | 08-021 | 31.88 | 25m | 28-12-03 | Maastricht (NED) | 387 |
| 9. Renkema Iris | 04 | 08-021 | 32.32 | 25m | 17-1-16 | Purmerend (NED) | 371 |
| 10. Teufer Irene | 96 | 08-021 | 32.34 | 25m | 13-1-08 | Heemskerk (NED) | 371 |
| 11. van der Kroft Nicole | 84 | 08-021 | 32.50 | 25m | 12-12-96 | Heemskerk (NED) | 365 |
| 12. Schuyt Simone | 75 | 08-021 | 32.60 | 25m | 15-11-87 | Assendelft (NED) | 362 |
| 13. Mallon Danique | 94 | 08-021 | 32.68 | 25m | 5-11-06 | Zaandam (NED) | 359 |
| 14. Hogema Fabiën | 93 | 08-021 | 32.98 | 25m | 30-12-05 | Maastricht (NED) | 349 |
| 15. de Boer Irene | 84 | 08-021 | 33.00 | 25m | 12-12-96 | Heemskerk (NED) | 349 |
| 16. Petit Kirsten | 00 | 08-021 | 33.19 | 25m | 7-1-12 | Hoorn (NED) | 343 |
| 17. Crok Linda | 94 | 08-021 | 33.21 | 25m | 23-4-06 | Zaandam (NED) | 342 |
| 18. van Ballegooie Simone | 84 | 08-021 | 33.30 | 25m | 12-12-96 | Heemskerk (NED) | 339 |
| 19. de Groot Daniëlle | 93 | 08-021 | 33.56 | 25m | 11-12-05 | IJmuiden (NED) | 332 |
| 20. Meijer Linda | 77 | 08-021 | 33.70 | 25m | 5-11-89 | Heemskerk (NED) | 327 |
| 21. Visser Kelly | 89 | 08-021 | 33.85 | 25m | 27-9-01 | Heemskerk | 323 |
| 22. Wentink Yara | 04 | 08-021 | 33.86 | 25m | 13-10-16 | Heemskerk (NED) | 323 |
| 23. Vink Marjolein | 93 | 08-021 | 33.93 | 25m | 6-11-05 | Zaandam (NED) | 321 |
| 24. Buur Naomi | 01 | 08-021 | 34.01 | 25m | 31-10-13 | Heemskerk (NED) | 319 |
| 25. de Vries Chrissie | 93 | 08-021 | 34.15 | 25m | 24-11-05 | Heemskerk (NED) | 315 |

100 vrije slag

| | | | | | | | |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 1:05.50 | 25m | 15-12-96 | Heemskerk (NED) | 472 |
| 2. Stel Serena | 98 | 08-021 | 1:06.46 | 25m | 31-1-10 | Heerenveen (NED) | 452 |
| 3. Zwarthoed Brenda | 96 | 08-021 | 1:07.02 | 50m | 15-6-08 | Drachten (NED) | 468 |
| 4. Schelvis Roos | 86 | 08-021 | 1:07.60 | 25m | 9-5-98 | Zaandam (NED) | 429 |
| 5. Zwaan Melissa | 91 | 08-021 | 1:08.99 | 25m | 28-12-03 | Maastricht (NED) | 404 |
| 6. Dijkstra Lisette | 86 | 08-021 | 1:09.00 | 25m | 19-4-98 | Zaandam (NED) | 404 |
| 7. Teufer Irene | 96 | 08-021 | 1:09.80 | 50m | 12-4-08 | Antwerpen (BEL) | 415 |
| 8. Koster Lisa | 94 | 08-021 | 1:09.92 | 25m | 28-12-06 | Maastricht (NED) | 388 |
| 9. Hoekstra Eline | 03 | 08-021 | 1:10.49 | 25m | 8-11-15 | Amsterdam (NED) | 378 |
| 10. Hogema Fabiën | 93 | 08-021 | 1:10.70 | 25m | 4-6-05 | Zaandam (NED) | 375 |
| 11. de Boer Irene | 84 | 08-021 | 1:11.70 | 25m | 15-12-96 | Heemskerk (NED) | 360 |
| 12. Renkema Iris | 04 | 08-021 | 1:12.06 | 25m | 2-10-16 | Purmerend (NED) | 354 |
| 13. Mallon Danique | 94 | 08-021 | 1:12.09 | 25m | 10-6-06 | Zaandam (NED) | 354 |
| 14. van der Kroft Nicole | 84 | 08-021 | 1:12.90 | 25m | 15-12-96 | Heemskerk (NED) | 342 |
| 15. Visser Kelly | 89 | 08-021 | 1:12.92 | 25m | 25-11-01 | Alkmaar (NED) | 342 |
| 16. van Honk Chantal | 80 | 08-021 | 1:13.00 | 25m | 26-4-92 | Assendelft (NED) | 341 |
| 17. Schuyt Simone | 75 | 08-021 | 1:13.20 | 25m | 12-12-87 | | 338 |
| 18. Crok Linda | 94 | 08-021 | 1:13.22 | 25m | 2-4-06 | Zaandam (NED) | 338 |
| 19. van Ballegoie Simone | 84 | 08-021 | 1:13.80 | 25m | 15-2-96 | Heemskerk (NED) | 330 |
| 20. Koopman Anitra | 89 | 08-021 | 1:13.88 | 25m | 9-12-01 | Heemskerk | 329 |
| 21. Windmuller Wendy | 69 | 08-021 | 1:14.30 | 25m | 1-11-81 | Bergen (NED) | 323 |
| 22. Oosterveen Yvonne | 80 | 08-021 | 1:14.40 | 25m | 3-10-92 | | 322 |
| 23. Buur Naomi | 01 | 08-021 | 1:14.74 | 25m | 17-11-13 | Heemskerk (NED) | 317 |
| 24. Vink Marjolein | 93 | 08-021 | 1:14.82 | 25m | 30-10-05 | Amsterdam (NED) | 316 |
| 25. Besse Karen | 75 | 08-021 | 1:15.00 | 25m | 12-12-87 | | 314 |

200 vrije slag

| | | | | | | | |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Stel Serena | 98 | 08-021 | 2:21.69 | 25m | 18-4-10 | Zaandam (NED) | 477 |
| 2. Schelvis Femke | 84 | 08-021 | 2:27.30 | 25m | 4-4-96 | Heemskerk (NED) | 425 |
| 3. Zwarthoed Brenda | 96 | 08-021 | 2:28.41 | 50m | 18-5-08 | Alkmaar (NED) | 441 |
| 4. Schelvis Roos | 86 | 08-021 | 2:30.30 | 25m | 19-4-98 | Zaandam (NED) | 400 |
| 5. Teufer Irene | 96 | 08-021 | 2:32.38 | 25m | 20-1-08 | Zaandam (NED) | 384 |
| 6. Dijkstra Lisette | 86 | 08-021 | 2:32.40 | 25m | 19-4-98 | Zaandam (NED) | 384 |
| 7. Hoekstra Eline | 03 | 08-021 | 2:32.99 | 25m | 13-12-15 | Zaandam (NED) | 379 |
| 8. van Honk Chantal | 80 | 08-021 | 2:35.30 | 25m | 23-2-92 | Zaandam (NED) | 362 |
| 9. de Boer Irene | 84 | 08-021 | 2:36.40 | 25m | 24-11-96 | Castricum (NED) | 355 |
| 10. Hogema Fabiën | 93 | 08-021 | 2:37.98 | 25m | 27-11-05 | Heemskerk (NED) | 344 |
| 11. Buur Naomi | 01 | 08-021 | 2:39.41 | 25m | 8-12-13 | Amstelveen (NED) | 335 |
| 12. Schuyt Simone | 75 | 08-021 | 2:40.10 | 25m | 8-11-87 | Heemskerk (NED) | 331 |
| 13. Koopman Anitra | 89 | 08-021 | 2:41.36 | 25m | 20-12-01 | Heemskerk | 323 |
| 14. Visser Kelly | 89 | 08-021 | 2:42.50 | 25m | 20-12-01 | Heemskerk | 316 |
| 15. Petit Kirsten | 00 | 08-021 | 2:42.72 | 25m | 7-10-12 | Zaandam (NED) | 315 |
| 16. Besse Karen | 75 | 08-021 | 2:43.00 | 25m | 13-12-87 | Assendelft (NED) | 313 |
| 17. Blaauw Yente | 03 | 08-021 | 2:43.44 | 25m | 13-12-15 | Zaandam (NED) | 311 |
| 18. Crok Linda | 94 | 08-021 | 2:44.38 | 25m | 12-3-06 | Zaandam (NED) | 306 |
| 19. Essers Sanne | 91 | 08-021 | 2:45.09 | 25m | 9-11-03 | Zaandam | 302 |
| 20. Oosterveen Yvonne | 80 | 08-021 | 2:45.80 | 25m | 5-4-92 | Heemskerk (NED) | 298 |
| 21. van Ballegoie Simone | 84 | 08-021 | 2:45.90 | 25m | 17-3-96 | Heemskerk (NED) | 297 |
| 22. Renkema Iris | 04 | 08-021 | 2:46.23 | 25m | 30-12-16 | Leeuwarden (NED) | 295 |
| 23. de Boer Claudia | 77 | 08-021 | 2:46.30 | 25m | 12-11-89 | Assendelft (NED) | 295 |
| 24. de Groot Daniëlle | 93 | 08-021 | 2:46.93 | 25m | 27-11-05 | Heemskerk (NED) | 292 |
| 25. van 't Veer Iris | 03 | 08-021 | 2:47.21 | 25m | 13-12-15 | Zaandam (NED) | 290 |

250 vrije slag

300 vrije slag

| | | | | | | | |
|---------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Stel Serena | 98 | 08-021 | 3:50.73 | 25m | 29-1-10 | Heerenveen (NED) | 418 |
| 2. Teufer Irene | 96 | 08-021 | 3:58.28 | 25m | 30-3-08 | Zaandam (NED) | 380 |
| 3. Mallon Danique | 94 | 08-021 | 4:26.31 | 25m | 18-5-06 | Heemskerk (NED) | 272 |
| 4. Buur Naomi | 01 | 08-021 | 4:27.84 | 25m | 18-5-13 | Purmerend (NED) | 267 |
| 5. Visser Kelly | 89 | 08-021 | 4:28.39 | 25m | 21-1-01 | Heemskerk (NED) | 266 |
| 6. Crok Linda | 94 | 08-021 | 4:28.41 | 25m | 12-1-06 | Heemskerk (NED) | 266 |
| 7. Koopman Anitra | 89 | 08-021 | 4:28.85 | 25m | 21-1-01 | Heemskerk (NED) | 264 |
| 8. Hogema Fabiën | 93 | 08-021 | 4:29.11 | 25m | 23-10-05 | Zaandam (NED) | 264 |
| 9. de Groot Daniëlle | 93 | 08-021 | 4:36.76 | 25m | 23-10-05 | Zaandam (NED) | 242 |
| 10. Hoek Daniëlle | 88 | 08-021 | 4:44.50 | 25m | 23-1-00 | Heemskerk (NED) | 223 |
| 11. van Koeveringe Nicole | 93 | 08-021 | 4:44.73 | 25m | 23-10-05 | Zaandam (NED) | 222 |
| 12. Vink Marjolein | 93 | 08-021 | 4:52.15 | 25m | 23-10-05 | Zaandam (NED) | 206 |
| 13. van der Gracht Anouk | 89 | 08-021 | 4:52.93 | 25m | 21-1-01 | Heemskerk (NED) | 204 |
| 14. Kleijne Daisy | 89 | 08-021 | 4:56.61 | 25m | 21-1-01 | Heemskerk (NED) | 197 |
| 15. Rodenburg Rianne | 93 | 08-021 | 5:13.29 | 25m | 23-10-05 | Zaandam (NED) | 167 |
| 16. Liefthing Sarina | 93 | 08-021 | 5:15.49 | 25m | 23-10-05 | Zaandam (NED) | 163 |

400 vrije slag

| | | | | | | | |
|---------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Stel Serena | 98 | 08-021 | 5:06.13 | 25m | 28-3-10 | Zeist (NED) | 449 |
| 2. Schelvis Femke | 84 | 08-021 | 5:11.60 | 25m | 29-9-96 | Haarlem (NED) | 426 |
| 3. Teufer Irene | 96 | 08-021 | 5:20.06 | 25m | 30-3-08 | Zaandam (NED) | 393 |
| 4. Schelvis Roos | 86 | 08-021 | 5:23.40 | 25m | 24-5-98 | Zaandam (NED) | 381 |
| 5. Dijkstra Lisette | 86 | 08-021 | 5:34.30 | 25m | 24-5-98 | Zaandam (NED) | 345 |
| 6. Buur Naomi | 01 | 08-021 | 5:37.97 | 25m | 22-12-13 | Zaandam (NED) | 334 |
| 7. de Boer Irene | 84 | 08-021 | 5:42.30 | 25m | 21-4-96 | Alkmaar (NED) | 321 |
| 8. Visser Kelly | 89 | 08-021 | 5:42.43 | 25m | 31-5-01 | Heemskerk (NED) | 321 |
| 9. van Honk Chantal | 80 | 08-021 | 5:43.60 | 25m | 19-1-92 | | 317 |
| 10. Hoekstra Eline | 03 | 08-021 | 5:49.20 | 50m | 16-5-15 | Beverwijk (NED) | 318 |
| 11. Essers Sanne | 91 | 08-021 | 5:52.11 | 25m | 26-10-03 | Zaandam | 295 |
| 12. Mallon Danique | 94 | 08-021 | 5:53.26 | 25m | 22-10-06 | Zaandam (NED) | 292 |
| 13. Koopman Anitra | 89 | 08-021 | 5:54.52 | 25m | 31-5-01 | Heemskerk (NED) | 289 |
| 14. Crok Linda | 94 | 08-021 | 5:55.88 | 25m | 12-1-06 | Heemskerk (NED) | 286 |
| 15. Oosterveen Yvonne | 80 | 08-021 | 5:58.10 | 25m | 26-9-92 | | 280 |
| 16. Hogema Fabiën | 93 | 08-021 | 5:59.26 | 25m | 23-10-05 | Zaandam (NED) | 278 |
| 17. van Rookhuizen Sieta | 79 | 08-021 | 5:59.30 | 25m | 28-4-91 | Assendelft (NED) | 278 |
| 18. van Ballegooie Simone | 84 | 08-021 | 5:59.80 | 25m | 21-4-96 | Alkmaar (NED) | 276 |
| 19. de Groot Daniëlle | 93 | 08-021 | 6:07.81 | 25m | 23-10-05 | Zaandam (NED) | 259 |
| 20. Scholten Britt | 04 | 08-021 | 6:09.40 | 25m | 18-9-16 | Zaandam (NED) | 255 |
| 21. Renkema Iris | 04 | 08-021 | 6:09.70 | 25m | 7-2-16 | Zaandam (NED) | 255 |
| 22. Visser Shana | 04 | 08-021 | 6:10.45 | 25m | 18-9-16 | Zaandam (NED) | 253 |
| 23. Kleijne Daisy | 89 | 08-021 | 6:15.03 | 25m | 31-5-01 | Heemskerk (NED) | 244 |
| 24. van Koeveringe Nicole | 93 | 08-021 | 6:17.07 | 25m | 23-10-05 | Zaandam (NED) | 240 |
| 25. Hoek Daniëlle | 88 | 08-021 | 6:17.28 | 25m | 23-1-00 | Heemskerk (NED) | 240 |

500 vrije slag

| | | | | | | |
|-------------------|----|--------|----------|----|---------|---------------------|
| 1. Vink Marjolein | 93 | 08-021 | 9:22.60 | OW | 27-8-05 | Tilburg (NED) |
| 2. Buur Cindy | 99 | 08-021 | 14:05.57 | OW | 23-7-11 | Anna-Paulowna (NED) |

800 vrije slag

| | | | | | | | |
|---------------------------|----|--------|----------|-----|----------|------------------|-----|
| 1. Stel Serena | 98 | 08-021 | 10:13.69 | 25m | 28-3-10 | Zeist (NED) | 476 |
| 2. Teufer Irene | 96 | 08-021 | 10:41.66 | 25m | 30-3-08 | Zaandam (NED) | 416 |
| 3. Schelvis Femke | 84 | 08-021 | 10:49.50 | 25m | 11-2-96 | Schagen (NED) | 401 |
| 4. Schelvis Roos | 86 | 08-021 | 11:11.50 | 25m | 17-5-98 | Den Helder (NED) | 363 |
| 5. Dijkstra Lisette | 86 | 08-021 | 11:29.50 | 25m | 17-5-98 | Den Helder (NED) | 335 |
| 6. van Honk Chantal | 80 | 08-021 | 11:30.20 | 25m | 12-4-92 | Heemstede (NED) | 334 |
| 7. Koopman Anitra | 89 | 08-021 | 11:31.80 | 25m | 4-1-01 | Heemskerk (NED) | 332 |
| 8. Crok Linda | 94 | 08-021 | 11:59.79 | 25m | 3-12-06 | Zaandam (NED) | 295 |
| 9. Visser Kelly | 89 | 08-021 | 12:02.72 | 25m | 4-11-01 | Heemskerk | 291 |
| 10. Essers Sanne | 91 | 08-021 | 12:15.72 | 25m | 16-11-03 | Heemskerk (NED) | 276 |
| 11. Buur Naomi | 01 | 08-021 | 12:15.88 | 25m | 20-10-13 | Zaandam (NED) | 276 |
| 12. Hoekstra Eline | 03 | 08-021 | 12:20.36 | 25m | 8-2-15 | Zaandam (NED) | 271 |
| 13. de Boer Irene | 84 | 08-021 | 12:21.80 | 25m | 11-2-96 | Schagen (NED) | 269 |
| 14. Renkema Iris | 04 | 08-021 | 12:22.14 | 25m | 7-2-16 | Zaandam (NED) | 269 |
| 15. Mallon Danique | 94 | 08-021 | 12:56.32 | 25m | 19-2-06 | Zaandam (NED) | 235 |
| 16. Kleijne Daisy | 89 | 08-021 | 13:01.88 | 25m | 4-11-01 | Heemskerk | 230 |
| 17. van Ballegooie Simone | 84 | 08-021 | 13:02.20 | 25m | 20-1-96 | Heemskerk (NED) | 230 |
| 18. de Vriend Sofie | 01 | 08-021 | 13:02.76 | 25m | 24-2-13 | Zaandam (NED) | 229 |
| 19. van der Gracht Anouk | 89 | 08-021 | 13:13.19 | 25m | 4-11-01 | Heemskerk | 220 |
| 20. Hoek Daniëlle | 88 | 08-021 | 13:21.71 | 25m | 5-3-00 | Zaandam (NED) | 213 |
| 21. de Haan Shira | 00 | 08-021 | 13:22.05 | 25m | 21-10-12 | Zaandam (NED) | 213 |
| 22. van der Kroft Nicole | 84 | 08-021 | 13:29.40 | 25m | 20-1-96 | Heemskerk (NED) | 207 |
| 23. Vink Marjolein | 93 | 08-021 | 13:33.30 | 25m | 20-3-05 | Zaandam (NED) | 204 |
| 24. de Groot Daniëlle | 93 | 08-021 | 13:35.73 | 25m | 20-3-05 | Zaandam (NED) | 202 |
| 25. Liefing Sarina | 93 | 08-021 | 14:25.95 | 25m | 20-3-05 | Zaandam (NED) | 169 |

1000 vrije slag

| | | | | | | |
|-------------------------|----|--------|----------|----|---------|-----------------------|
| 1. Koopman Anitra | 89 | 08-021 | 15:11.73 | OW | 24-6-01 | Breukelen (NED) |
| 2. Visser Kelly | 89 | 08-021 | 16:23.59 | OW | 16-6-01 | Spaarnwoude (NED) |
| 3. Buur Naomi | 01 | 08-021 | 17:46.78 | OW | 25-8-13 | Oosterhout (NED) |
| 4. van Huisstede Nikita | 01 | 08-021 | 19:27.30 | OW | 17-8-13 | Heerjansdam (NED) |
| 5. Buur Cindy | 99 | 08-021 | 26:22.76 | OW | 9-7-11 | Wijk en Aalburg (NED) |

1250 vrije slag**1500 vrije slag****2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag**

20000 vrije slag**22000 vrije slag****25 rugslag**

| | | | | | | | |
|--------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 16.70 | 25m | 8-2-96 | Heemskerk (NED) | 378 |
| 2. Schelvis Roos | 86 | 08-021 | 16.80 | 25m | 15-1-98 | Heemskerk (NED) | 371 |
| 3. Meijer Linda | 77 | 08-021 | 17.10 | 25m | 31-12-89 | Heemskerk (NED) | 352 |
| 4. Koopman Anitra | 89 | 08-021 | 17.83 | 25m | 22-2-01 | Heemskerk (NED) | 310 |
| 5. Visser Kelly | 89 | 08-021 | 17.91 | 25m | 22-2-01 | Heemskerk (NED) | 306 |
| 6. Dijkstra Lisette | 86 | 08-021 | 18.20 | 25m | 15-1-98 | Heemskerk (NED) | 292 |
| 7. van Ballegoie Simone | 84 | 08-021 | 18.40 | 25m | 8-2-96 | Heemskerk (NED) | 282 |
| 8. Mallon Danique | 94 | 08-021 | 18.44 | 25m | 27-4-06 | Heemskerk | 281 |
| 9. Schuyt Simone | 75 | 08-021 | 18.50 | 25m | 17-12-87 | Heemskerk (NED) | 278 |
| 10. Besse Karen | 75 | 08-021 | 18.70 | 25m | 17-12-87 | Heemskerk (NED) | 269 |
| 11. Dijkstra Janet | 77 | 08-021 | 18.80 | 25m | 12-1-89 | Heemskerk (NED) | 265 |
| 11. van der Kroft Nicole | 84 | 08-021 | 18.80 | 25m | 8-2-96 | Heemskerk (NED) | 265 |
| 13. de Boer Irene | 84 | 08-021 | 18.90 | 25m | 8-2-96 | Heemskerk (NED) | 261 |
| 14. Kleijne Daisy | 89 | 08-021 | 18.94 | 25m | 22-2-01 | Heemskerk (NED) | 259 |
| 15. Crok Linda | 94 | 08-021 | 19.26 | 25m | 27-4-06 | Heemskerk | 246 |
| 16. Zonneveld Cindy | 75 | 08-021 | 19.60 | 25m | 17-12-87 | Heemskerk (NED) | 234 |
| 17. Hoek Daniëlle | 88 | 08-021 | 19.62 | 25m | 17-2-00 | Heemskerk (NED) | 233 |
| 18. Stins Mariska | 84 | 08-021 | 19.90 | 25m | 8-2-96 | Heemskerk (NED) | 223 |
| 19. de Ruijter Linda | 87 | 08-021 | 20.00 | 25m | 21-12-99 | Heemskerk (NED) | 220 |
| 20. de Boer Claudia | 77 | 08-021 | 20.20 | 25m | 31-12-89 | Heemskerk (NED) | 213 |
| 20. Hoek Laura | 86 | 08-021 | 20.20 | 25m | 15-1-98 | Heemskerk (NED) | 213 |
| 22. van der Gracht Anouk | 89 | 08-021 | 20.25 | 25m | 22-2-01 | Heemskerk (NED) | 212 |
| 23. van Rookhuizen Sieta | 79 | 08-021 | 20.60 | 25m | 16-5-91 | Heemskerk (NED) | 201 |
| 24. Bakker Daniëlle | 96 | 08-021 | 20.72 | 25m | 29-5-08 | Heemskerk (NED) | 198 |
| 25. Limmen Miriam | 75 | 08-021 | 20.80 | 25m | 17-12-87 | Heemskerk (NED) | 195 |

50 rugslag

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|--------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 35.20 | 25m | 7-11-96 | Heemskerk (NED) | 387 |
| 2. Schelvis Roos | 86 | 08-021 | 35.80 | 25m | 13-4-98 | Haarlem (NED) | 368 |
| 3. Stel Serena | 98 | 08-021 | 36.24 | 25m | 27-2-10 | Hoorl (NED) | 355 |
| 4. Teufer Irene | 96 | 08-021 | 36.75 | 25m | 23-3-08 | Haarlem (NED) | 340 |
| 5. Koopman Anitra | 89 | 08-021 | 37.09 | 25m | 16-4-01 | Haarlem (NED) | 331 |
| 6. Hoekstra Eline | 03 | 08-021 | 37.10 | 25m | 29-11-15 | Heemskerk (NED) | 331 |
| 7. van der Kroft Nicole | 84 | 08-021 | 37.30 | 25m | 7-11-96 | Heemskerk (NED) | 325 |
| 8. Dijkstra Lisette | 86 | 08-021 | 37.40 | 25m | 9-4-98 | Heemskerk (NED) | 323 |
| 9. Meijer Linda | 77 | 08-021 | 37.60 | 25m | 14-12-89 | Heemskerk (NED) | 318 |
| 10. Koper Fiona | 01 | 08-021 | 37.88 | 25m | 10-2-13 | Haarlem (NED) | 311 |
| 11. Crok Linda | 94 | 08-021 | 38.18 | 25m | 17-4-06 | Haarlem (NED) | 303 |
| 12. Zwaan Melissa | 91 | 08-021 | 38.31 | 25m | 28-12-03 | Maastricht (NED) | 300 |
| 13. Koster Lisa | 94 | 08-021 | 38.33 | 25m | 28-12-06 | Maastricht (NED) | 300 |
| 14. Mallon Danique | 94 | 08-021 | 38.45 | 25m | 23-4-06 | Zaandam (NED) | 297 |
| 15. Windmuller Wendy | 69 | 08-021 | 38.50 | 25m | 7-11-81 | Heemskerk (NED) | 296 |
| 16. Essers Sanne | 91 | 08-021 | 38.77 | 25m | 24-4-03 | Heemskerk | 290 |
| 17. van Ballegoie Simone | 84 | 08-021 | 38.80 | 25m | 7-11-96 | Heemskerk (NED) | 289 |
| 18. de Boer Irene | 84 | 08-021 | 38.90 | 25m | 7-11-96 | Heemskerk (NED) | 287 |
| 19. Zwarthoed Brenda | 96 | 08-021 | 39.10 | 25m | 10-2-08 | Purmerend (NED) | 282 |
| 20. Renkema Iris | 04 | 08-021 | 39.14 | 25m | 18-2-16 | Heemskerk (NED) | 282 |
| 21. Buur Naomi | 01 | 08-021 | 39.47 | 25m | 8-12-13 | Amstelveen (NED) | 275 |
| 22. de Groot Daniëlle | 93 | 08-021 | 39.57 | 25m | 11-12-05 | IJmuiden (NED) | 273 |
| 23. Visser Kelly | 89 | 08-021 | 39.60 | 25m | 29-11-01 | Heemskerk | 272 |
| 24. de Vriend Sofie | 01 | 08-021 | 39.68 | 25m | 20-1-13 | Heemskerk (NED) | 270 |
| 25. Petit Kirsten | 00 | 08-021 | 39.79 | 25m | 19-2-12 | Purmerend (NED) | 268 |

100 rugslag

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|---------------------------|----|--------|---------|-----|----------|---------------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 1:14.80 | 25m | 30-5-96 | Heemskerk (NED) | 398 |
| 2. Schelvis Roos | 86 | 08-021 | 1:14.88 | 25m | 7-11-98 | | 396 |
| 3. Stel Serena | 98 | 08-021 | 1:16.75 | 25m | 5-4-10 | Haarlem (NED) | 368 |
| 4. Hoekstra Eline | 03 | 08-021 | 1:18.82 | 25m | 29-11-15 | Heemskerk (NED) | 340 |
| 5. Meijer Linda | 77 | 08-021 | 1:19.80 | 25m | 7-12-89 | Heemskerk (NED) | 327 |
| 6. van Honk Chantal | 80 | 08-021 | 1:20.40 | 25m | 7-10-92 | | 320 |
| 7. Windmuller Wendy | 69 | 08-021 | 1:20.50 | 25m | 19-12-81 | Hilversum (NED) | 319 |
| 8. Koper Fiona | 01 | 08-021 | 1:21.12 | 25m | 17-11-13 | Heemskerk (NED) | 312 |
| 9. Koopman Anitra | 89 | 08-021 | 1:21.32 | 25m | 9-6-01 | Zaandam (NED) | 309 |
| 10. Dijkstra Lisette | 86 | 08-021 | 1:21.50 | 25m | 8-3-98 | Zaandam (NED) | 307 |
| 11. van der Kroft Nicole | 84 | 08-021 | 1:21.60 | 50m | 4-5-96 | Beverwijk (NED) | 361 |
| 12. Mallon Danique | 94 | 08-021 | 1:22.07 | 25m | 10-6-06 | Zaandam (NED) | 301 |
| 13. Crok Linda | 94 | 08-021 | 1:22.16 | 25m | 26-11-06 | Heemskerk (NED) | 300 |
| 14. Visser Kelly | 89 | 08-021 | 1:22.42 | 25m | 9-12-01 | Heemskerk | 297 |
| 15. van 't Veer Iris | 03 | 08-021 | 1:22.67 | 25m | 8-11-15 | Amsterdam (NED) | 294 |
| 16. van der Horst Sacha | 69 | 08-021 | 1:22.70 | 25m | 15-3-81 | Z.O. Beemster (NED) | 294 |
| 17. Zwaan Melissa | 91 | 08-021 | 1:23.08 | 25m | 28-12-03 | Maastricht (NED) | 290 |
| 18. Koster Lisa | 94 | 08-021 | 1:23.22 | 25m | 28-12-06 | Maastricht (NED) | 289 |
| 19. Teufer Irene | 96 | 08-021 | 1:23.36 | 25m | 16-3-08 | Zaandam (NED) | 287 |
| 20. Buur Naomi | 01 | 08-021 | 1:23.50 | 25m | 17-11-13 | Heemskerk (NED) | 286 |
| 21. de Graaf Annemiek | 70 | 08-021 | 1:23.60 | 25m | 31-12-82 | | 285 |
| 22. Zwarthoed Brenda | 96 | 08-021 | 1:24.08 | 25m | 27-3-08 | Heemskerk (NED) | 280 |
| 23. de Boer Irene | 84 | 08-021 | 1:24.10 | 25m | 24-11-96 | Castricum (NED) | 280 |
| 24. van Ballegooie Simone | 84 | 08-021 | 1:24.20 | 25m | 8-12-96 | Heerhugowaard (NED) | 279 |
| 25. Essers Sanne | 91 | 08-021 | 1:25.19 | 25m | 9-11-03 | Zaandam | 269 |

200 rugslag

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|---------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Stel Serena | 98 | 08-021 | 2:41.22 | 25m | 21-3-10 | Zaandam (NED) | 404 |
| 2. Schelvis Femke | 84 | 08-021 | 2:41.60 | 25m | 24-11-96 | Castricum (NED) | 401 |
| 3. Schelvis Roos | 86 | 08-021 | 2:47.24 | 25m | 24-9-98 | Heemskerk (NED) | 362 |
| 4. van Honk Chantal | 80 | 08-021 | 2:48.80 | 25m | 18-4-92 | Volendam (NED) | 352 |
| 5. Hoekstra Eline | 03 | 08-021 | 2:50.98 | 25m | 11-10-15 | Zaandam (NED) | 339 |
| 6. Zwarthoed Brenda | 96 | 08-021 | 2:55.06 | 25m | 16-3-08 | Zaandam (NED) | 315 |
| 7. Koopman Anitra | 89 | 08-021 | 2:58.86 | 25m | 11-3-01 | Zaandam (NED) | 296 |
| 8. Essers Sanne | 91 | 08-021 | 2:59.48 | 25m | 25-9-03 | Heemskerk (NED) | 293 |
| 9. Buur Naomi | 01 | 08-021 | 2:59.50 | 25m | 15-12-13 | Zaandam (NED) | 293 |
| 10. van 't Veer Iris | 03 | 08-021 | 2:59.88 | 25m | 11-10-15 | Zaandam (NED) | 291 |
| 11. van der Kroft Nicole | 84 | 08-021 | 3:00.80 | 25m | 10-10-96 | Heemskerk (NED) | 286 |
| 12. Dijkstra Lisette | 86 | 08-021 | 3:01.78 | 25m | 24-9-98 | Heemskerk (NED) | 282 |
| 13. de Vriend Sofie | 01 | 08-021 | 3:02.09 | 50m | 12-5-13 | Beverwijk (NED) | 316 |
| 14. Crok Linda | 94 | 08-021 | 3:02.87 | 25m | 12-3-06 | Zaandam (NED) | 277 |
| 15. Teufer Irene | 96 | 08-021 | 3:03.00 | 50m | 27-7-08 | Amsterdam (NED) | 311 |
| 16. de Boer Irene | 84 | 08-021 | 3:03.10 | 25m | 10-10-96 | Heemskerk (NED) | 276 |
| 17. Blaauw Yente | 03 | 08-021 | 3:03.93 | 25m | 11-10-15 | Zaandam (NED) | 272 |
| 18. Angenent Nienke | 01 | 08-021 | 3:04.56 | 25m | 15-12-13 | Zaandam (NED) | 269 |
| 19. de Haan Shira | 00 | 08-021 | 3:04.58 | 25m | 9-12-12 | Zaandam (NED) | 269 |
| 20. Meijer Linda | 77 | 08-021 | 3:04.70 | 25m | 2-11-89 | Heemskerk (NED) | 269 |
| 21. Renkema Iris | 04 | 08-021 | 3:05.23 | 25m | 2-10-16 | Purmerend (NED) | 266 |
| 22. Scholten Britt | 04 | 08-021 | 3:05.74 | 25m | 2-10-16 | Purmerend (NED) | 264 |
| 23. Visser Kelly | 89 | 08-021 | 3:06.48 | 25m | 11-3-01 | Zaandam (NED) | 261 |
| 24. Koper Fiona | 01 | 08-021 | 3:07.75 | 50m | 12-5-13 | Beverwijk (NED) | 288 |
| 25. van Ballegooie Simone | 84 | 08-021 | 3:10.10 | 25m | 10-10-96 | Heemskerk (NED) | 246 |

500 rugslag

25 schoolslag

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|----------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Schelvis Roos | 86 | 08-021 | 19.20 | 25m | 19-3-98 | Heemskerk (NED) | 339 |
| 2. van der Kroft Nicole | 84 | 08-021 | 19.30 | 25m | 14-3-96 | Heemskerk (NED) | 334 |
| 3. van Rookhuizen Sieta | 79 | 08-021 | 19.60 | 25m | 16-5-91 | Heemskerk (NED) | 319 |
| 4. Dijkstra Lisette | 86 | 08-021 | 19.80 | 25m | 19-3-98 | Heemskerk (NED) | 309 |
| 5. Schelvis Femke | 84 | 08-021 | 20.20 | 25m | 14-3-96 | Heemskerk (NED) | 291 |
| 6. Hoek Daniëlle | 88 | 08-021 | 20.50 | 25m | 17-2-00 | Heemskerk (NED) | 279 |
| 7. Crok Linda | 94 | 08-021 | 20.66 | 25m | 27-4-06 | Heemskerk | 272 |
| 8. Koopman Anitra | 89 | 08-021 | 20.67 | 25m | 22-2-01 | Heemskerk (NED) | 272 |
| 9. de Boer Irene | 84 | 08-021 | 20.70 | 25m | 14-3-96 | Heemskerk (NED) | 271 |
| 10. de Ruijter Linda | 87 | 08-021 | 20.90 | 25m | 21-12-99 | Heemskerk (NED) | 263 |
| 11. Besse Karen | 75 | 08-021 | 21.00 | 25m | 17-12-87 | Heemskerk (NED) | 259 |
| 12. Schuyt Simone | 75 | 08-021 | 21.40 | 25m | 17-12-87 | Heemskerk (NED) | 245 |
| 12. Meijer Linda | 77 | 08-021 | 21.40 | 25m | 31-12-89 | Heemskerk (NED) | 245 |
| 12. de Boer Claudia | 77 | 08-021 | 21.40 | 25m | 31-12-89 | Heemskerk (NED) | 245 |
| 12. Visser Kelly | 89 | 08-021 | 21.40 | 25m | 22-2-01 | Heemskerk (NED) | 245 |
| 16. Dijkstra Janet | 77 | 08-021 | 21.60 | 25m | 12-1-89 | Heemskerk (NED) | 238 |
| 17. Zonneveld Cindy | 75 | 08-021 | 21.90 | 25m | 17-12-87 | Heemskerk (NED) | 229 |
| 17. van der Gracht Anouk | 89 | 08-021 | 21.90 | 25m | 22-2-01 | Heemskerk (NED) | 229 |
| 19. Limmen Miriam | 75 | 08-021 | 22.00 | 25m | 17-12-87 | Heemskerk (NED) | 225 |
| 20. Mallon Danique | 94 | 08-021 | 22.04 | 25m | 27-4-06 | Heemskerk | 224 |
| 21. Teunissen Petra | 64 | 08-021 | 22.20 | 25m | 14-9-76 | Heemskerk (NED) | 219 |
| 21. van Zwieten Jacqueline | 64 | 08-021 | 22.20 | 25m | 14-9-76 | Heemskerk (NED) | 219 |
| 21. Boekling Annette | 85 | 08-021 | 22.20 | 25m | 13-3-97 | Heemskerk (NED) | 219 |
| 24. Gerritsen Jolanda | 64 | 08-021 | 22.60 | 25m | 14-9-76 | Heemskerk (NED) | 208 |
| 25. Kleijne Daisy | 89 | 08-021 | 22.72 | 25m | 22-2-01 | Heemskerk (NED) | 205 |

50 schoolslag

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|-------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. van Honk Chantal | 80 | 08-021 | 37.40 | 25m | 2-2-92 | | 456 |
| 2. van der Kroft Nicole | 84 | 08-021 | 40.40 | 25m | 27-10-96 | Zaandam (NED) | 362 |
| 3. Teufer Irene | 96 | 08-021 | 41.05 | 50m | 26-7-08 | Amsterdam (NED) | 370 |
| 4. Schelvis Roos | 86 | 08-021 | 41.50 | 25m | 19-9-98 | Amersfoort (NED) | 334 |
| 5. Stel Serena | 98 | 08-021 | 41.52 | 25m | 4-4-10 | Haarlem (NED) | 333 |
| 6. de Groot Daniëlle | 93 | 08-021 | 41.97 | 25m | 11-12-05 | IJmuiden (NED) | 323 |
| 7. van Rookhuizen Sieta | 79 | 08-021 | 42.00 | 25m | 13-6-91 | Heemskerk (NED) | 322 |
| 8. Hoekstra Eline | 03 | 08-021 | 42.12 | 25m | 24-9-15 | Heemskerk (NED) | 319 |
| 9. Hogema Fabiën | 93 | 08-021 | 42.80 | 25m | 24-11-05 | Heemskerk (NED) | 304 |
| 10. Crok Linda | 94 | 08-021 | 42.87 | 25m | 16-2-06 | Heemskerk (NED) | 303 |
| 11. Renkema Iris | 04 | 08-021 | 42.98 | 50m | 29-5-16 | Alkmaar (NED) | 322 |
| 12. Moolevliet Petra | 82 | 08-021 | 43.10 | 25m | 20-10-94 | Heemskerk (NED) | 298 |
| 13. Koster Lisa | 94 | 08-021 | 43.83 | 25m | 28-12-06 | Maastricht (NED) | 283 |
| 14. Schelvis Femke | 84 | 08-021 | 43.90 | 25m | 8-2-96 | Heemskerk (NED) | 282 |
| 15. de Haan Shira | 00 | 08-021 | 43.99 | 25m | 2-12-12 | Amstelveen (NED) | 280 |
| 16. Koopman Anitra | 89 | 08-021 | 44.16 | 25m | 20-12-01 | Heemskerk | 277 |
| 17. Vink Marjolein | 93 | 08-021 | 44.19 | 25m | 24-11-05 | Heemskerk (NED) | 276 |
| 18. Plokker Sylvia | 68 | 08-021 | 44.40 | 25m | 4-10-80 | Heemskerk (NED) | 272 |
| 18. de Boer Claudia | 77 | 08-021 | 44.40 | 25m | 5-10-89 | Heemskerk (NED) | 272 |
| 20. Palmboom Nicole | 91 | 08-021 | 44.42 | 25m | 27-11-03 | Heemskerk (NED) | 272 |
| 21. Siemerink Laura | 04 | 08-021 | 44.50 | 25m | 11-12-16 | Alkmaar (NED) | 271 |
| 22. Mallon Danique | 94 | 08-021 | 44.61 | 25m | 30-11-06 | Heemskerk | 269 |
| 23. de Boer Irene | 84 | 08-021 | 44.90 | 25m | 17-3-96 | Heemskerk (NED) | 263 |
| 24. Zwaan Melissa | 91 | 08-021 | 44.96 | 25m | 28-12-03 | Maastricht (NED) | 262 |
| 25. Dijkstra Lisette | 86 | 08-021 | 45.16 | 25m | 24-9-98 | Heemskerk (NED) | 259 |

100 schoolslag

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|-------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. van Honk Chantal | 80 | 08-021 | 1:19.80 | 25m | 13-12-92 | Heemskerk (NED) | 477 |
| 2. Teufer Irene | 96 | 08-021 | 1:25.82 | 25m | 24-3-08 | Haarlem (NED) | 383 |
| 3. van Rookhuizen Sieta | 79 | 08-021 | 1:27.10 | 25m | 15-12-91 | Heemskerk (NED) | 366 |
| 4. Stel Serena | 98 | 08-021 | 1:28.72 | 25m | 5-4-10 | Haarlem (NED) | 347 |
| 5. de Graaf Dinie | 71 | 08-021 | 1:29.60 | 25m | 31-12-83 | | 337 |
| 5. Schelvis Roos | 86 | 08-021 | 1:29.60 | 25m | 23-5-98 | Zaandam (NED) | 337 |
| 7. Hoekstra Eline | 03 | 08-021 | 1:29.61 | 25m | 24-9-15 | Heemskerk (NED) | 337 |
| 8. van der Kroft Nicole | 84 | 08-021 | 1:30.00 | 25m | 15-12-96 | Heemskerk (NED) | 332 |
| 9. de Haan Shira | 00 | 08-021 | 1:32.64 | 25m | 2-12-12 | Amstelveen (NED) | 305 |
| 10. Schelvis Femke | 84 | 08-021 | 1:32.70 | 25m | 15-12-96 | Heemskerk (NED) | 304 |
| 11. Plokker Sylvia | 68 | 08-021 | 1:33.20 | 25m | 19-10-80 | Heemskerk (NED) | 299 |
| 12. Dijkstra Lisette | 86 | 08-021 | 1:33.50 | 25m | 9-4-98 | Heemskerk (NED) | 296 |
| 13. Moolevliet Petra | 82 | 08-021 | 1:33.70 | 25m | 16-10-94 | Heemskerk (NED) | 294 |
| 14. Crok Linda | 94 | 08-021 | 1:33.72 | 25m | 19-3-06 | Heemskerk (NED) | 294 |
| 15. de Boer Irene | 84 | 08-021 | 1:34.00 | 25m | 28-1-96 | Zaandam (NED) | 291 |
| 16. van der Horst Sacha | 69 | 08-021 | 1:34.30 | 25m | 17-5-81 | Castricum (NED) | 289 |
| 17. Renkema Iris | 04 | 08-021 | 1:34.36 | 25m | 17-1-16 | Purmerend (NED) | 288 |
| 18. van 't Veer Iris | 03 | 08-021 | 1:35.13 | 25m | 24-9-15 | Heemskerk (NED) | 281 |
| 19. Koster Lisa | 94 | 08-021 | 1:35.21 | 25m | 28-12-06 | Maastricht (NED) | 280 |
| 20. de Groot Daniëlle | 93 | 08-021 | 1:35.32 | 25m | 4-6-05 | Zaandam (NED) | 280 |
| 21. Hogema Fabiën | 93 | 08-021 | 1:35.68 | 25m | 29-12-05 | Maastricht (NED) | 276 |
| 22. Bruin Marianne | 78 | 08-021 | 1:35.70 | 25m | 16-12-90 | Heemskerk (NED) | 276 |
| 23. van Galen Angela | 65 | 08-021 | 1:35.90 | 25m | 27-11-77 | IJmuiden (NED) | 274 |
| 24. Windmuller Wendy | 69 | 08-021 | 1:36.10 | 25m | 29-11-81 | Zaandam (NED) | 273 |
| 24. van Giezen Wendy | 70 | 08-021 | 1:36.10 | 25m | 7-2-82 | | 273 |

200 schoolslag

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|-------------------------|----|--------|---------|-----|----------|---------------------|-----|
| 1. van Honk Chantal | 80 | 08-021 | 2:57.30 | 25m | 22-3-92 | Heemskerk (NED) | 437 |
| 2. Teufer Irene | 96 | 08-021 | 3:06.47 | 25m | 20-1-08 | Zaandam (NED) | 375 |
| 3. Schelvis Roos | 86 | 08-021 | 3:14.44 | 25m | 22-11-98 | Zaandam (NED) | 331 |
| 4. Hoekstra Eline | 03 | 08-021 | 3:16.79 | 25m | 11-10-15 | Zaandam (NED) | 319 |
| 5. Moolevliet Petra | 82 | 08-021 | 3:18.50 | 25m | 24-11-94 | Heemskerk (NED) | 311 |
| 6. Stel Serena | 98 | 08-021 | 3:18.60 | 25m | 25-3-10 | Heemskerk (NED) | 311 |
| 7. Crok Linda | 94 | 08-021 | 3:21.20 | 25m | 19-10-06 | Heemskerk | 299 |
| 8. van Rookhuizen Sieta | 79 | 08-021 | 3:21.30 | 25m | 14-3-91 | Heemskerk (NED) | 298 |
| 9. de Boer Irene | 84 | 08-021 | 3:21.40 | 25m | 8-12-96 | Heerhugowaard (NED) | 298 |
| 10. Schelvis Femke | 84 | 08-021 | 3:22.70 | 25m | 8-12-96 | Heerhugowaard (NED) | 292 |
| 11. van 't Veer Iris | 03 | 08-021 | 3:24.52 | 25m | 11-10-15 | Zaandam (NED) | 284 |
| 12. Mallon Danique | 94 | 08-021 | 3:24.95 | 25m | 19-10-06 | Heemskerk | 283 |
| 13. de Boer Claudia | 77 | 08-021 | 3:25.10 | 25m | 30-9-89 | | 282 |
| 14. de Haan Shira | 00 | 08-021 | 3:25.40 | 25m | 7-10-12 | Zaandam (NED) | 281 |
| 15. Hogema Fabiën | 93 | 08-021 | 3:25.78 | 25m | 27-10-05 | Heemskerk (NED) | 279 |
| 16. Koopman Anitra | 89 | 08-021 | 3:27.34 | 25m | 29-11-01 | Heemskerk | 273 |
| 17. de Groot Daniëlle | 93 | 08-021 | 3:28.35 | 25m | 27-10-05 | Heemskerk (NED) | 269 |
| 18. Palmboom Nicole | 91 | 08-021 | 3:29.37 | 25m | 30-10-03 | Heemskerk | 265 |
| 19. Scholten Britt | 04 | 08-021 | 3:29.38 | 25m | 18-9-16 | Zaandam (NED) | 265 |
| 20. Schuyt Simone | 75 | 08-021 | 3:29.40 | 25m | 29-11-87 | Amstelveen (NED) | 265 |
| 21. Bruin Marianne | 78 | 08-021 | 3:30.10 | 25m | 6-12-90 | Heemskerk (NED) | 262 |
| 22. Buur Naomi | 01 | 08-021 | 3:30.48 | 25m | 13-10-13 | Zaandam (NED) | 261 |
| 23. Visser Kelly | 89 | 08-021 | 3:30.96 | 25m | 29-11-01 | Heemskerk | 259 |
| 24. Vink Marjolein | 93 | 08-021 | 3:32.18 | 25m | 27-10-05 | Heemskerk (NED) | 255 |
| 25. Blaauw Yente | 03 | 08-021 | 3:32.91 | 25m | 11-10-15 | Zaandam (NED) | 252 |

500 schoolslag

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|-------------------------|----|--------|----------|----|---------|----------------------|
| 1. Kleijne Daisy | 89 | 08-021 | 10:59.95 | OW | 14-7-01 | Oss (NED) |
| 2. Buur Naomi | 01 | 08-021 | 11:10.50 | OW | 17-8-13 | Heerjansdam (NED) |
| 3. van der Gracht Anouk | 89 | 08-021 | 11:31.66 | OW | 12-8-01 | Eersel (NED) |
| 4. Buur Cindy | 99 | 08-021 | 12:05.97 | OW | 3-9-11 | Wilhelminadorp (NED) |

800 schoolslag**1000 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

| | | | | | | | |
|---------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 16.10 | 25m | 8-2-96 | Heemskerk (NED) | 335 |
| 2. Besse Karen | 75 | 08-021 | 16.60 | 25m | 17-12-87 | Heemskerk (NED) | 306 |
| 3. Meijer Linda | 77 | 08-021 | 16.80 | 25m | 31-12-89 | Heemskerk (NED) | 295 |
| 4. Schelvis Roos | 86 | 08-021 | 17.20 | 25m | 15-1-98 | Heemskerk (NED) | 275 |
| 5. Dijkstra Lisette | 86 | 08-021 | 17.60 | 25m | 15-1-98 | Heemskerk (NED) | 257 |
| 6. Mallon Danique | 94 | 08-021 | 17.74 | 25m | 27-4-06 | Heemskerk | 250 |
| 7. van der Kroft Nicole | 84 | 08-021 | 17.90 | 25m | 8-2-96 | Heemskerk (NED) | 244 |
| 8. Visser Kelly | 89 | 08-021 | 18.06 | 25m | 29-3-01 | Heemskerk (NED) | 237 |
| 9. Ivens Suzanne | 99 | 08-021 | 18.16 | 25m | 30-6-11 | Heemskerk (NED) | 233 |
| 10. Crok Linda | 94 | 08-021 | 18.20 | 25m | 27-4-06 | Heemskerk | 232 |
| 11. Koopman Anitra | 89 | 08-021 | 18.66 | 25m | 29-3-01 | Heemskerk (NED) | 215 |
| 12. Schuyt Simone | 75 | 08-021 | 19.10 | 25m | 17-12-87 | Heemskerk (NED) | 201 |
| 13. Zonneveld Cindy | 75 | 08-021 | 19.30 | 25m | 17-12-87 | Heemskerk (NED) | 194 |
| 14. Hoek Daniëlle | 88 | 08-021 | 19.39 | 25m | 4-5-00 | Heemskerk (NED) | 192 |
| 15. de Boer Claudia | 77 | 08-021 | 19.40 | 25m | 31-12-89 | Heemskerk (NED) | 191 |
| 16. van Ballegooie Simone | 84 | 08-021 | 19.90 | 25m | 8-2-96 | Heemskerk (NED) | 177 |
| 17. van Rookhuizen Sieta | 79 | 08-021 | 20.00 | 25m | 16-5-91 | Heemskerk (NED) | 175 |
| 18. Limmen Miriam | 75 | 08-021 | 20.40 | 25m | 17-12-87 | Heemskerk (NED) | 165 |
| 19. Bakker Daniëlle | 96 | 08-021 | 20.63 | 25m | 29-5-08 | Heemskerk (NED) | 159 |
| 20. de Ruijter Linda | 87 | 08-021 | 20.70 | 25m | 21-12-99 | Heemskerk (NED) | 157 |
| 21. Kleijne Daisy | 89 | 08-021 | 20.92 | 25m | 29-3-01 | Heemskerk (NED) | 153 |
| 22. van der Gracht Anouk | 89 | 08-021 | 21.01 | 25m | 29-3-01 | Heemskerk (NED) | 151 |
| 23. de Boer Irene | 84 | 08-021 | 21.20 | 25m | 8-2-96 | Heemskerk (NED) | 147 |
| 24. Hommersen Sandra | 84 | 08-021 | 21.40 | 25m | 8-2-96 | Heemskerk (NED) | 142 |
| 25. Dijkstra Janet | 77 | 08-021 | 22.00 | 25m | 12-1-89 | Heemskerk (NED) | 131 |

50 vlinderslag

| | | | | | | | |
|--------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Teufer Irene | 96 | 08-021 | 33.06 | 50m | 12-4-08 | Antwerpen (BEL) | 403 |
| 2. Hoekstra Eline | 03 | 08-021 | 36.10 | 25m | 10-12-15 | Heemskerk (NED) | 308 |
| 3. Schelvis Femke | 84 | 08-021 | 36.20 | 25m | 11-1-96 | Heemskerk (NED) | 305 |
| 4. Zwaan Melissa | 91 | 08-021 | 36.29 | 25m | 28-12-03 | Maastricht (NED) | 303 |
| 5. Zwarthoed Brenda | 96 | 08-021 | 36.36 | 25m | 9-3-08 | Heemskerk (NED) | 301 |
| 6. Moolevliet Petra | 82 | 08-021 | 36.40 | 25m | 16-9-94 | | 300 |
| 7. Dijkstra Lisette | 86 | 08-021 | 36.60 | 25m | 7-5-98 | Heemskerk (NED) | 295 |
| 8. Mallon Danique | 94 | 08-021 | 36.75 | 25m | 5-3-06 | Purmerend (NED) | 291 |
| 9. Renkema Iris | 04 | 08-021 | 37.17 | 25m | 9-10-16 | Alkmaar (NED) | 282 |
| 10. Stel Serena | 98 | 08-021 | 37.21 | 25m | 18-4-10 | Zaandam (NED) | 281 |
| 11. Windmuller Wendy | 69 | 08-021 | 37.30 | 25m | 11-10-81 | Heemskerk (NED) | 279 |
| 12. Hogema Fabiën | 93 | 08-021 | 37.31 | 25m | 29-12-05 | Maastricht (NED) | 279 |
| 13. Koster Lisa | 94 | 08-021 | 37.63 | 25m | 28-12-06 | Maastricht (NED) | 271 |
| 14. Buur Naomi | 01 | 08-021 | 37.75 | 25m | 12-12-13 | Heemskerk (NED) | 269 |
| 15. van der Kroft Nicole | 84 | 08-021 | 38.10 | 25m | 3-11-96 | Zaandam (NED) | 262 |
| 16. Besse Karen | 75 | 08-021 | 38.20 | 25m | 10-12-87 | Heemskerk (NED) | 259 |
| 17. Schelvis Roos | 86 | 08-021 | 38.22 | 25m | 17-12-98 | Heemskerk (NED) | 259 |
| 18. de Haan Shira | 00 | 08-021 | 38.99 | 25m | 13-12-12 | Heemskerk (NED) | 244 |
| 19. de Groot Daniëlle | 93 | 08-021 | 39.01 | 25m | 31-12-05 | Hoorndijk (NED) | 244 |
| 20. Siemerink Laura | 04 | 08-021 | 39.22 | 25m | 17-11-16 | Heemskerk (NED) | 240 |
| 21. Vink Marjolein | 93 | 08-021 | 39.24 | 25m | 15-12-05 | Heemskerk (NED) | 239 |
| 22. Palmboom Nicole | 91 | 08-021 | 39.29 | 25m | 18-12-03 | Heemskerk (NED) | 238 |
| 23. Wentink Yara | 04 | 08-021 | 39.38 | 25m | 17-11-16 | Heemskerk (NED) | 237 |
| 24. Crok Linda | 94 | 08-021 | 39.81 | 25m | 30-3-06 | Heemskerk (NED) | 229 |
| 25. Rodenburg Rianne | 93 | 08-021 | 39.89 | 25m | 15-12-05 | Heemskerk (NED) | 228 |

100 vlinderslag

| | | | | | | | |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Teufer Irene | 96 | 08-021 | 1:16.12 | 50m | 13-4-08 | Antwerpen (BEL) | 397 |
| 2. Mallon Danique | 94 | 08-021 | 1:23.88 | 25m | 10-12-06 | Heemskerk (NED) | 275 |
| 3. Schelvis Femke | 84 | 08-021 | 1:24.30 | 25m | 7-4-96 | Haarlem (NED) | 271 |
| 4. Zwaan Melissa | 91 | 08-021 | 1:25.28 | 25m | 28-12-03 | Maastricht (NED) | 262 |
| 5. Dijkstra Lisette | 86 | 08-021 | 1:26.80 | 25m | 24-5-98 | Zaandam (NED) | 249 |
| 6. Schelvis Roos | 86 | 08-021 | 1:26.90 | 25m | 24-5-98 | Zaandam (NED) | 248 |
| 7. van Rookhuizen Sieta | 79 | 08-021 | 1:28.00 | 25m | 1-12-91 | Heemskerk (NED) | 238 |
| 8. Stel Serena | 98 | 08-021 | 1:28.51 | 25m | 18-2-10 | Heemskerk (NED) | 234 |
| 9. Moolevliet Petra | 82 | 08-021 | 1:28.60 | 25m | 11-12-94 | Heemskerk (NED) | 234 |
| 10. Siemerink Laura | 04 | 08-021 | 1:28.69 | 25m | 11-12-16 | Alkmaar (NED) | 233 |
| 11. Zwarthoed Brenda | 96 | 08-021 | 1:28.87 | 25m | 3-2-08 | Purmerend (NED) | 232 |
| 12. Windmuller Wendy | 69 | 08-021 | 1:29.40 | 25m | 18-10-81 | Heemskerk (NED) | 227 |
| 13. Hoekstra Eline | 03 | 08-021 | 1:30.10 | 50m | 20-6-15 | Beverwijk (NED) | 239 |
| 14. Plokker Sylvia | 68 | 08-021 | 1:30.20 | 25m | 16-11-80 | Haarlem (NED) | 221 |
| 15. Crok Linda | 94 | 08-021 | 1:30.54 | 25m | 30-11-06 | Heemskerk | 219 |
| 16. Hogema Fabiën | 93 | 08-021 | 1:30.64 | 25m | 24-11-05 | Heemskerk (NED) | 218 |
| 17. Koster Lisa | 94 | 08-021 | 1:31.21 | 25m | 28-12-06 | Maastricht (NED) | 214 |
| 18. Meijer Linda | 77 | 08-021 | 1:32.40 | 25m | 12-11-89 | Assendelft (NED) | 206 |
| 18. Visser Kelly | 89 | 08-021 | 1:32.40 | 25m | 7-10-01 | Zaandam (NED) | 206 |
| 20. Besse Karen | 75 | 08-021 | 1:33.00 | 25m | 27-9-87 | Zaandam (NED) | 202 |
| 21. van der Kroft Nicole | 84 | 08-021 | 1:33.30 | 25m | 21-4-96 | Alkmaar (NED) | 200 |
| 22. Schuyt Simone | 75 | 08-021 | 1:33.80 | 25m | 27-9-87 | Zaandam (NED) | 197 |
| 23. Renkema Iris | 04 | 08-021 | 1:33.88 | 25m | 11-12-16 | Alkmaar (NED) | 196 |
| 24. de Haan Shira | 00 | 08-021 | 1:34.89 | 25m | 16-12-12 | Zaandam (NED) | 190 |
| 25. Essers Sanne | 91 | 08-021 | 1:35.13 | 25m | 5-10-03 | Heemskerk (NED) | 189 |

200 vlinderslag

| | | | | | | | |
|----------------------|----|--------|---------|-----|----------|--------------------------|-----|
| 1. Teufer Irene | 96 | 08-021 | 2:49.76 | 50m | 12-4-08 | Antwerpen (BEL) | 369 |
| 2. Stel Serena | 98 | 08-021 | 3:07.06 | 25m | 18-2-10 | Heemskerk (NED) | 261 |
| 3. Hoekstra Eline | 03 | 08-021 | 3:17.58 | 25m | 13-12-15 | Zaandam (NED) | 221 |
| 4. Wentink Yara | 04 | 08-021 | 3:35.42 | 25m | 27-11-16 | Zaandam (NED) | 171 |
| 5. Siemerink Laura | 04 | 08-021 | 3:37.20 | 25m | 27-11-16 | Zaandam (NED) | 167 |
| 6. Petit Kirsten | 00 | 08-021 | 3:40.30 | 25m | 28-10-12 | Amsterdam-Zuidoost (NED) | 160 |
| 7. de Haan Shira | 00 | 08-021 | 3:42.95 | 25m | 9-12-12 | Zaandam (NED) | 154 |
| 8. Scholten Britt | 04 | 08-021 | 3:45.13 | 25m | 27-11-16 | Zaandam (NED) | 149 |
| 9. Venema Jalina | 04 | 08-021 | 3:45.14 | 25m | 24-4-16 | Zaandam (NED) | 149 |
| 10. Blaauw Yente | 03 | 08-021 | 3:48.33 | 25m | 19-4-15 | Zaandam (NED) | 143 |
| 11. Buur Naomi | 01 | 08-021 | 3:49.56 | 25m | 15-12-13 | Zaandam (NED) | 141 |
| 12. van 't Veer Iris | 03 | 08-021 | 3:59.09 | 25m | 13-12-15 | Zaandam (NED) | 125 |
| 13. Knight Kayleigh | 00 | 08-021 | 4:18.31 | 25m | 18-3-12 | Zaandam (NED) | 99 |
| 14. Ivens Suzanne | 99 | 08-021 | 4:26.14 | 25m | 13-6-11 | Purmerend (NED) | 90 |

100 wisselslag

| | | | | | | | |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 1:17.60 | 25m | 27-10-96 | Zaandam (NED) | 390 |
| 2. Dijkstra Lisette | 86 | 08-021 | 1:19.13 | 25m | 13-12-98 | Heemskerk (NED) | 367 |
| 3. Stel Serena | 98 | 08-021 | 1:19.33 | 25m | 4-4-10 | Haarlem (NED) | 365 |
| 4. Teufer Irene | 96 | 08-021 | 1:19.40 | 25m | 6-1-08 | Alkmaar (NED) | 364 |
| 5. Schelvis Roos | 86 | 08-021 | 1:19.70 | 25m | 13-12-98 | Heemskerk (NED) | 360 |
| 6. van der Kroft Nicole | 84 | 08-021 | 1:19.90 | 25m | 27-10-96 | Zaandam (NED) | 357 |
| 7. van Honk Chantal | 80 | 08-021 | 1:20.30 | 25m | 14-5-92 | Heemskerk (NED) | 352 |
| 8. Zwarthoed Brenda | 96 | 08-021 | 1:21.93 | 25m | 12-5-08 | Purmerend (NED) | 331 |
| 9. Renkema Iris | 04 | 08-021 | 1:22.47 | 25m | 9-10-16 | Alkmaar (NED) | 324 |
| 10. Koster Lisa | 94 | 08-021 | 1:22.67 | 25m | 28-12-06 | Maastricht (NED) | 322 |
| 11. Mallon Danique | 94 | 08-021 | 1:22.98 | 25m | 14-12-06 | Heemskerk (NED) | 319 |
| 12. Crok Linda | 94 | 08-021 | 1:23.08 | 25m | 14-12-06 | Heemskerk (NED) | 317 |
| 13. Hoekstra Eline | 03 | 08-021 | 1:23.13 | 25m | 6-9-15 | Zaandam (NED) | 317 |
| 14. Zwaan Melissa | 91 | 08-021 | 1:23.64 | 25m | 28-12-03 | Maastricht (NED) | 311 |
| 15. Buur Naomi | 01 | 08-021 | 1:23.70 | 25m | 6-10-13 | Heemskerk (NED) | 310 |
| 16. Besse Karen | 75 | 08-021 | 1:24.60 | 25m | 31-12-87 | | 301 |
| 16. van Rookhuizen Sieta | 79 | 08-021 | 1:24.60 | 25m | 22-9-91 | Zaandam (NED) | 301 |
| 18. Petit Kirsten | 00 | 08-021 | 1:24.95 | 25m | 15-1-12 | Alkmaar (NED) | 297 |
| 18. Scholten Britt | 04 | 08-021 | 1:24.95 | 25m | 9-10-16 | Alkmaar (NED) | 297 |
| 20. Hogema Fabiën | 93 | 08-021 | 1:25.01 | 25m | 11-12-05 | Heemskerk (NED) | 296 |
| 21. de Haan Shira | 00 | 08-021 | 1:25.21 | 25m | 16-12-12 | Zaandam (NED) | 294 |
| 22. Essers Sanne | 91 | 08-021 | 1:25.35 | 25m | 14-12-03 | Heemskerk (NED) | 293 |
| 23. Visser Kelly | 89 | 08-021 | 1:25.54 | 25m | 27-9-01 | Heemskerk | 291 |
| 24. Moolevliet Petra | 82 | 08-021 | 1:26.00 | 25m | 27-11-94 | Alkmaar (NED) | 286 |
| 25. Koopman Anitra | 89 | 08-021 | 1:26.01 | 25m | 26-4-01 | Heemskerk (NED) | 286 |

200 wisselslag

| | | | | | | | |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Stel Serena | 98 | 08-021 | 2:44.06 | 25m | 18-4-10 | Zaandam (NED) | 409 |
| 2. Schelvis Femke | 84 | 08-021 | 2:45.60 | 25m | 12-12-96 | Heemskerk (NED) | 398 |
| 3. Teufer Irene | 96 | 08-021 | 2:45.65 | 25m | 24-2-08 | Zaandam (NED) | 398 |
| 4. Schelvis Roos | 86 | 08-021 | 2:49.69 | 25m | 26-11-98 | Heemskerk (NED) | 370 |
| 5. Hoekstra Eline | 03 | 08-021 | 2:53.55 | 25m | 15-11-15 | Purmerend (NED) | 346 |
| 6. Crok Linda | 94 | 08-021 | 2:56.92 | 25m | 2-4-06 | Zaandam (NED) | 326 |
| 7. Dijkstra Lisette | 86 | 08-021 | 2:57.30 | 25m | 26-4-98 | Alkmaar (NED) | 324 |
| 8. van der Kroft Nicole | 84 | 08-021 | 2:59.70 | 25m | 12-12-96 | Heemskerk (NED) | 311 |
| 9. Renkema Iris | 04 | 08-021 | 3:01.92 | 25m | 7-2-16 | Zaandam (NED) | 300 |
| 10. van Rookhuizen Sieta | 79 | 08-021 | 3:02.70 | 25m | 3-11-91 | Assendelft (NED) | 296 |
| 11. Koopman Anitra | 89 | 08-021 | 3:03.24 | 25m | 10-6-01 | Zaandam (NED) | 294 |
| 12. Besse Karen | 75 | 08-021 | 3:04.00 | 25m | 8-11-87 | Heemskerk (NED) | 290 |
| 13. Schuyt Simone | 75 | 08-021 | 3:05.30 | 25m | 21-5-87 | Heemskerk (NED) | 284 |

200 wisselslag (sinds 14)

| | | | | | | | |
|---------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 14. Essers Sanne | 91 | 08-021 | 3:05.72 | 25m | 23-2-03 | Heemskerk | 282 |
| 15. Mallon Danique | 94 | 08-021 | 3:05.76 | 25m | 11-6-06 | Zaandam (NED) | 282 |
| 16. Windmuller Wendy | 69 | 08-021 | 3:05.90 | 25m | 1-11-81 | Bergen (NED) | 281 |
| 17. Hogema Fabiën | 93 | 08-021 | 3:06.65 | 25m | 23-10-05 | Zaandam (NED) | 278 |
| 18. van Ballegooie Simone | 84 | 08-021 | 3:06.70 | 25m | 12-12-96 | Heemskerk (NED) | 278 |
| 19. Buur Naomi | 01 | 08-021 | 3:07.76 | 25m | 22-9-13 | Purmerend (NED) | 273 |
| 20. Petit Kirsten | 00 | 08-021 | 3:07.98 | 25m | 11-3-12 | Zaandam (NED) | 272 |
| 21. van Leeuwen Andrea | 71 | 08-021 | 3:08.00 | 25m | 11-12-83 | Heemskerk (NED) | 272 |
| 21. Vink Marjolein | 93 | 08-021 | 3:08.00 | 25m | 15-12-05 | Heemskerk (NED) | 272 |
| 23. Visser Kelly | 89 | 08-021 | 3:08.23 | 25m | 1-4-01 | Zaandam (NED) | 271 |
| 24. de Groot Daniëlle | 93 | 08-021 | 3:08.56 | 25m | 15-12-05 | Heemskerk (NED) | 269 |
| 25. de Boer Irene | 84 | 08-021 | 3:09.00 | 25m | 12-12-96 | Heemskerk (NED) | 268 |

300 wisselslag

| | | | | | | |
|-------------------------|----|--------|---------|-----|----------|-----------------|
| 1. Koopman Anitra | 89 | 08-021 | 4:49.39 | 25m | 23-12-01 | Amsterdam |
| 2. Essers Sanne | 91 | 08-021 | 4:52.53 | 25m | 30-11-03 | Heemskerk (NED) |
| 3. Hogema Fabiën | 93 | 08-021 | 5:00.83 | 25m | 13-11-05 | Zaandam (NED) |
| 4. Vink Marjolein | 93 | 08-021 | 5:05.15 | 25m | 13-11-05 | Zaandam (NED) |
| 5. Kleijne Daisy | 89 | 08-021 | 5:05.86 | 25m | 23-12-01 | Amsterdam |
| 6. van der Gracht Anouk | 89 | 08-021 | 5:10.88 | 25m | 23-12-01 | Amsterdam |
| 7. Rodenburg Rianne | 93 | 08-021 | 5:16.57 | 25m | 13-11-05 | Zaandam (NED) |
| 8. Liefing Sarina | 93 | 08-021 | 5:23.74 | 25m | 13-11-05 | Zaandam (NED) |

400 wisselslag

| | | | | | | | |
|---------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Schelvis Roos | 86 | 08-021 | 6:10.60 | 25m | 10-5-98 | Zaandam (NED) | 344 |
| 2. Dijkstra Lisette | 86 | 08-021 | 6:25.30 | 25m | 22-2-98 | Zaandam (NED) | 306 |
| 3. Crok Linda | 94 | 08-021 | 6:31.68 | 25m | 15-6-06 | Heemskerk (NED) | 292 |
| 4. Mallon Danique | 94 | 08-021 | 6:43.17 | 25m | 15-6-06 | Heemskerk (NED) | 267 |
| 5. Wentink Yara | 04 | 08-021 | 6:55.07 | 25m | 11-12-16 | Alkmaar (NED) | 245 |
| 6. de Wildt Maud | 05 | 08-021 | 7:03.06 | 25m | 19-3-17 | Zaandam (NED) | 231 |
| 7. Renkema Iris | 04 | 08-021 | 7:04.01 | 25m | 11-12-16 | Alkmaar (NED) | 230 |