

25 vrije slag

| | | | | | | | |
|---------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Stel Kaylin | 01 | 08-021 | 17.16 | 25m | 3-1-10 | Culemborg (NED) | 237 |
| 2. van Honk Chantal | 80 | 08-021 | 17.50 | 25m | 31-12-89 | Heemskerk (NED) | 223 |
| 3. Essers Sanne | 91 | 08-021 | 17.72 | 25m | 8-10-00 | Heemskerk (NED) | 215 |
| 4. Dijkstra Pascal | 89 | 08-021 | 18.42 | 25m | 22-11-98 | Zaandam (NED) | 191 |
| 5. Koopman Anitra | 89 | 08-021 | 18.64 | 25m | 22-11-98 | Zaandam (NED) | 184 |
| 6. Steenkamp Ciska | 90 | 08-021 | 18.83 | 25m | 10-10-99 | Zaandam (NED) | 179 |
| 7. Buur Naomi | 01 | 08-021 | 19.00 | 25m | 14-11-10 | Castricum (NED) | 174 |
| 8. Kleijne Daisy | 89 | 08-021 | 19.33 | 25m | 22-11-98 | Zaandam (NED) | 165 |
| 9. Hoekstra Eline | 03 | 08-021 | 19.46 | 25m | 26-4-12 | Heemskerk (NED) | 162 |
| 10. Pover Ellen | 72 | 08-021 | 20.20 | 25m | 13-12-81 | Volendam (NED) | 145 |
| 11. de Groot Daniëlle | 93 | 08-021 | 20.43 | 25m | 6-10-02 | Zaandam | 140 |
| 12. Blaauw Yente | 03 | 08-021 | 21.02 | 25m | 26-4-12 | Heemskerk (NED) | 128 |
| 13. Pover Karin | 67 | 08-021 | 21.10 | 25m | 14-9-76 | Heemskerk (NED) | 127 |
| 14. Hoekstra Femke | 05 | 08-021 | 21.57 | 25m | 13-4-14 | Zaandam (NED) | 119 |
| 15. Bakker Jesca | 79 | 08-021 | 21.70 | 25m | 31-12-88 | | 117 |
| 16. van den Heuvel Sandra | 80 | 08-021 | 22.90 | 25m | 12-1-89 | Heemskerk (NED) | 99 |
| 17. Bruin Marianne | 78 | 08-021 | 23.50 | 25m | 17-12-87 | Heemskerk (NED) | 92 |
| 18. de Wildt Maud | 05 | 08-021 | 23.66 | 25m | 13-4-14 | Zaandam (NED) | 90 |
| 19. Eijndhoven Jonna | 02 | 08-021 | 23.70 | 25m | 13-11-11 | Zaandam (NED) | 89 |
| 20. Visser Mirjam | 67 | 08-021 | 23.90 | 25m | 30-3-76 | Heemskerk (NED) | 87 |
| 21. Wieman Lianne | 03 | 08-021 | 24.68 | 25m | 26-4-12 | Heemskerk (NED) | 79 |
| 22. Zuidervaart Anne | 02 | 08-021 | 24.91 | 25m | 30-6-11 | Heemskerk (NED) | 77 |
| 23. Janssen Tess | 89 | 08-021 | 25.40 | 25m | 12-2-98 | Heemskerk (NED) | 73 |
| 24. Sobh Shaime | 03 | 08-021 | 26.45 | 25m | 26-4-12 | Heemskerk (NED) | 64 |
| 25. Palthe Yvonne | 67 | 08-021 | 26.50 | 25m | 14-9-76 | Heemskerk (NED) | 64 |

50 vrije slag

| | | | | | | | |
|------------------------|----|--------|-------|-----|----------|----------------------|-----|
| 1. Crok Linda | 94 | 08-021 | 36.52 | 25m | 23-11-03 | Zaandam (NED) | 257 |
| 2. Renkema Iris | 04 | 08-021 | 36.85 | 25m | 24-11-13 | Zaandam (NED) | 250 |
| 3. Stel Kaylin | 01 | 08-021 | 37.80 | 25m | 5-4-10 | Haarlem (NED) | 232 |
| 4. van der Horst Wendy | 72 | 08-021 | 38.00 | 25m | 31-12-81 | | 228 |
| 5. van Rijn Eline | 07 | 08-021 | 39.05 | 25m | 13-10-16 | Heemskerk (NED) | 210 |
| 6. Dijkstra Lisette | 86 | 08-021 | 39.40 | 25m | 14-12-95 | Heemskerk (NED) | 205 |
| 7. van Honk Chantal | 80 | 08-021 | 39.90 | 25m | 13-12-89 | | 197 |
| 8. Hoekstra Eline | 03 | 08-021 | 40.51 | 25m | 11-11-12 | Schagen (NED) | 188 |
| 9. Dekker Elise | 97 | 08-021 | 40.69 | 25m | 15-1-06 | Zaandam (NED) | 186 |
| 10. Scholten Britt | 04 | 08-021 | 40.77 | 25m | 10-11-13 | Zaandam (NED) | 185 |
| 11. Schelvis Roos | 86 | 08-021 | 40.80 | 25m | 14-12-95 | Heemskerk (NED) | 184 |
| 12. Bos Marieke | 06 | 08-021 | 40.86 | 25m | 4-10-15 | Purmerend (NED) | 183 |
| 13. Dijkstra Pascal | 89 | 08-021 | 41.11 | 25m | 26-11-98 | Heemskerk (NED) | 180 |
| 14. Bakker Jesca | 79 | 08-021 | 41.30 | 25m | 14-12-88 | | 178 |
| 15. Steenkamp Ciska | 90 | 08-021 | 41.41 | 25m | 4-11-99 | Heemskerk (NED) | 176 |
| 16. Koopman Anitra | 89 | 08-021 | 41.76 | 25m | 26-11-98 | Heemskerk (NED) | 172 |
| 17. Blaauw Yente | 03 | 08-021 | 41.80 | 25m | 25-11-12 | Heemskerk (NED) | 171 |
| 18. Kleijne Daisy | 89 | 08-021 | 42.25 | 25m | 15-11-98 | Zaandam (NED) | 166 |
| 19. Teufer Irene | 96 | 08-021 | 42.32 | 25m | 20-11-05 | Zaandam (NED) | 165 |
| 20. de Haan Shira | 00 | 08-021 | 42.41 | 25m | 4-10-09 | Amsterdam-oost (NED) | 164 |
| 21. van Perlo Ingrid | 73 | 08-021 | 42.70 | 25m | 31-12-82 | | 161 |
| 22. Essers Sanne | 91 | 08-021 | 42.79 | 25m | 16-1-00 | Zaandam (NED) | 160 |
| 23. Bruin Marianne | 78 | 08-021 | 43.10 | 25m | 29-11-87 | Amstelveen (NED) | 156 |
| 24. Zwarthoed Brenda | 96 | 08-021 | 43.90 | 25m | 20-11-05 | Zaandam (NED) | 148 |
| 25. Copier Alyssa | 04 | 08-021 | 44.11 | 25m | 31-10-13 | Heemskerk (NED) | 146 |

100 vrije slag

| | | | | | | | |
|--------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Crok Linda | 94 | 08-021 | 1:20.75 | 25m | 18-12-03 | Heemskerk (NED) | 252 |
| 2. Stel Kaylin | 01 | 08-021 | 1:22.68 | 25m | 21-3-10 | Zaandam (NED) | 234 |
| 3. Renkema Iris | 04 | 08-021 | 1:24.14 | 25m | 15-12-13 | Zaandam (NED) | 222 |
| 4. van Rijn Eline | 07 | 08-021 | 1:27.63 | 25m | 18-12-16 | Heemskerk (NED) | 197 |
| 5. Essers Sanne | 91 | 08-021 | 1:29.44 | 25m | 17-12-00 | Zaandam (NED) | 185 |
| 6. van Honk Chantal | 80 | 08-021 | 1:30.00 | 25m | 30-9-89 | | 182 |
| 7. Bos Marieke | 06 | 08-021 | 1:30.80 | 25m | 13-12-15 | Zaandam (NED) | 177 |
| 8. Scholten Britt | 04 | 08-021 | 1:30.85 | 25m | 15-12-13 | Zaandam (NED) | 177 |
| 9. Blaauw Yente | 03 | 08-021 | 1:31.01 | 25m | 25-11-12 | Heemskerk (NED) | 176 |
| 9. Hoekstra Eline | 03 | 08-021 | 1:31.01 | 25m | 25-11-12 | Heemskerk (NED) | 176 |
| 11. van der Horst Wendy | 72 | 08-021 | 1:31.90 | 25m | 19-12-81 | Hilversum (NED) | 171 |
| 12. Steenkamp Ciska | 90 | 08-021 | 1:32.57 | 25m | 28-11-99 | Alkmaar (NED) | 167 |
| 13. Bakker Jesca | 79 | 08-021 | 1:33.60 | 25m | 18-9-88 | Heemskerk (NED) | 161 |
| 14. Meijer Linda | 77 | 08-021 | 1:34.40 | 25m | 20-12-86 | Hilversum (NED) | 157 |
| 15. Teufer Irene | 96 | 08-021 | 1:34.59 | 25m | 18-12-05 | Alkmaar (NED) | 156 |
| 16. Dijkstra Pascal | 89 | 08-021 | 1:35.38 | 25m | 17-12-98 | Heemskerk (NED) | 152 |
| 17. van Leeuwen Andrea | 71 | 08-021 | 1:36.10 | 25m | 8-11-80 | Heemskerk (NED) | 149 |
| 18. Copier Alyssa | 04 | 08-021 | 1:36.32 | 25m | 24-11-13 | Zaandam (NED) | 148 |
| 19. Schelvis Roos | 86 | 08-021 | 1:37.00 | 25m | 26-11-95 | Heemskerk (NED) | 145 |
| 20. de Haan Shira | 00 | 08-021 | 1:37.50 | 25m | 13-6-09 | Zaandam (NED) | 143 |
| 21. Dekker Elise | 97 | 08-021 | 1:37.97 | 25m | 19-2-06 | Zaandam (NED) | 141 |
| 22. van Perlo Ingrid | 73 | 08-021 | 1:38.00 | 25m | 7-3-82 | | 141 |
| 23. Dijkstra Lisette | 86 | 08-021 | 1:38.40 | 25m | 26-11-95 | Heemskerk (NED) | 139 |
| 24. Buur Naomi | 01 | 08-021 | 1:38.48 | 25m | 28-11-10 | Heemskerk (NED) | 138 |
| 25. van der Kroft Nicole | 84 | 08-021 | 1:38.70 | 25m | 27-11-93 | | 138 |

200 vrije slag

| | | | | | | | |
|----------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Crok Linda | 94 | 08-021 | 3:05.29 | 25m | 26-10-03 | Zaandam | 213 |
| 2. Stel Kaylin | 01 | 08-021 | 3:07.73 | 25m | 28-3-10 | Zeist (NED) | 205 |
| 3. Hoekstra Eline | 03 | 08-021 | 3:23.50 | 25m | 21-10-12 | Zaandam (NED) | 161 |
| 4. Essers Sanne | 91 | 08-021 | 3:23.90 | 25m | 25-5-00 | Heemskerk (NED) | 160 |
| 5. van Rijn Eline | 07 | 08-021 | 3:24.97 | 25m | 27-11-16 | Zaandam (NED) | 157 |
| 6. Dekker Elise | 97 | 08-021 | 3:24.99 | 25m | 19-2-06 | Zaandam (NED) | 157 |
| 7. Steenkamp Ciska | 90 | 08-021 | 3:31.92 | 25m | 24-10-99 | Zaandam (NED) | 142 |
| 8. Teufer Irene | 96 | 08-021 | 3:33.52 | 25m | 23-10-05 | Zaandam (NED) | 139 |
| 9. Koopman Anitra | 89 | 08-021 | 3:50.30 | 25m | 19-3-98 | Heemskerk (NED) | 111 |
| 10. Buur Naomi | 01 | 08-021 | 3:55.42 | 25m | 19-12-10 | Zaandam (NED) | 104 |
| 11. Schelvis Roos | 86 | 08-021 | 3:55.70 | 25m | 8-6-95 | Heemskerk (NED) | 103 |
| 12. Kleijne Daisy | 89 | 08-021 | 3:55.90 | 25m | 19-3-98 | Heemskerk (NED) | 103 |
| 13. Dijkstra Pascal | 89 | 08-021 | 3:56.60 | 25m | 19-3-98 | Heemskerk (NED) | 102 |
| 14. Rodenburg Kyra | 96 | 08-021 | 3:58.92 | 25m | 23-10-05 | Zaandam (NED) | 99 |
| 15. van Duivenvoorde Sanne | 93 | 08-021 | 4:26.63 | 25m | 30-5-02 | Heemskerk | 71 |

250 vrije slag

| | | | | | | |
|------------------|----|--------|---------|----|---------|---------------------|
| 1. de Wildt Maud | 05 | 08-021 | 6:09.15 | OW | 26-7-14 | Anna-Paulowna (NED) |
|------------------|----|--------|---------|----|---------|---------------------|

300 vrije slag

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|-----------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Crok Linda | 94 | 08-021 | 4:47.33 | 25m | 16-11-03 | Heemskerk (NED) | 216 |
| 2. Stel Kaylin | 01 | 08-021 | 5:03.48 | 25m | 7-2-10 | Zaandam (NED) | 184 |
| 3. Dekker Elise | 97 | 08-021 | 5:17.66 | 25m | 19-2-06 | Zaandam (NED) | 160 |
| 4. Essers Sanne | 91 | 08-021 | 5:31.90 | 25m | 23-1-00 | Heemskerk (NED) | 140 |
| 5. Buur Naomi | 01 | 08-021 | 6:03.00 | 25m | 19-12-10 | Zaandam (NED) | 107 |

400 vrije slag

| | | | | | | | |
|------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Stel Kaylin | 01 | 08-021 | 6:30.74 | 25m | 28-3-10 | Zeist (NED) | 216 |
| 2. van Rijn Eline | 07 | 08-021 | 6:48.61 | 25m | 27-11-16 | Zaandam (NED) | 189 |
| 3. Dekker Elise | 97 | 08-021 | 7:07.93 | 25m | 19-2-06 | Zaandam (NED) | 164 |
| 4. Bakker Jesca | 79 | 08-021 | 7:13.50 | 25m | 6-10-88 | Heemskerk (NED) | 158 |
| 5. Essers Sanne | 91 | 08-021 | 7:14.27 | 25m | 5-3-00 | Zaandam (NED) | 157 |
| 6. van der Horst Wendy | 72 | 08-021 | 7:14.70 | 25m | 31-12-81 | | 157 |
| 7. Koopman Anitra | 89 | 08-021 | 7:51.70 | 25m | 22-2-98 | Zaandam (NED) | 122 |
| 8. Buur Naomi | 01 | 08-021 | 7:56.02 | 25m | 19-12-10 | Zaandam (NED) | 119 |
| 9. Kleijne Daisy | 89 | 08-021 | 8:13.20 | 25m | 22-2-98 | Zaandam (NED) | 107 |
| 10. Dijkstra Pascal | 89 | 08-021 | 8:16.80 | 25m | 22-2-98 | Zaandam (NED) | 105 |

500 vrije slag**800 vrije slag****1000 vrije slag****1250 vrije slag****1500 vrije slag****2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag**

25 rugslag

| | | | | | | | |
|---------------------------|----|--------|-------|-----|----------|---------------------|-----|
| 1. Stel Kaylin | 01 | 08-021 | 20.44 | 25m | 3-1-10 | Culemborg (NED) | 206 |
| 2. van Honk Chantal | 80 | 08-021 | 20.60 | 25m | 31-12-89 | Heemskerk (NED) | 201 |
| 3. Steenkamp Ciska | 90 | 08-021 | 22.30 | 25m | 21-1-99 | Heemskerk (NED) | 158 |
| 4. Koper Fiona | 01 | 08-021 | 22.67 | 25m | 26-9-10 | Hoorn (NED) | 151 |
| 5. Koopman Anitra | 89 | 08-021 | 22.90 | 25m | 15-1-98 | Heemskerk (NED) | 146 |
| 6. Pover Ellen | 72 | 08-021 | 23.40 | 25m | 13-12-81 | Volendam (NED) | 137 |
| 7. Kleijne Daisy | 89 | 08-021 | 23.70 | 25m | 15-1-98 | Heemskerk (NED) | 132 |
| 8. Essers Sanne | 91 | 08-021 | 23.78 | 25m | 16-1-00 | Zaandam (NED) | 131 |
| 9. Bakker Jesca | 79 | 08-021 | 23.90 | 25m | 31-12-88 | | 129 |
| 10. de Vriend Sofie | 01 | 08-021 | 23.96 | 25m | 26-9-10 | Hoorn (NED) | 128 |
| 11. Dijkstra Pascal | 89 | 08-021 | 24.00 | 25m | 10-12-98 | Heemskerk (NED) | 127 |
| 12. Hoekstra Eline | 03 | 08-021 | 24.72 | 25m | 7-1-12 | Hoorn (NED) | 116 |
| 13. Buur Naomi | 01 | 08-021 | 24.95 | 25m | 3-1-10 | Culemborg (NED) | 113 |
| 14. Blaauw Yente | 03 | 08-021 | 25.37 | 25m | 22-4-12 | Haarlem (NED) | 107 |
| 15. Hoekstra Femke | 05 | 08-021 | 25.43 | 25m | 13-4-14 | Zaandam (NED) | 107 |
| 16. van den Heuvel Sandra | 80 | 08-021 | 26.10 | 25m | 12-1-89 | Heemskerk (NED) | 99 |
| 17. Wiegman Brenda | 72 | 08-021 | 26.20 | 25m | 13-12-81 | Volendam (NED) | 98 |
| 18. Petit Kirsten | 00 | 08-021 | 26.73 | 25m | 27-9-09 | Hoorn (NED) | 92 |
| 19. Janssen Tess | 89 | 08-021 | 29.40 | 25m | 15-1-98 | Heemskerk (NED) | 69 |
| 20. Knight Kayleigh | 00 | 08-021 | 31.00 | 25m | 27-9-09 | Hoorn (NED) | 59 |
| 21. de Wildt Maud | 05 | 08-021 | 31.05 | 25m | 13-4-14 | Zaandam (NED) | 58 |
| 22. Eijndhoven Jonna | 02 | 08-021 | 31.42 | 25m | 25-9-11 | Hoorn (NED) | 56 |
| 23. Zeeman Judith | 70 | 08-021 | 32.40 | 25m | 13-10-79 | Heemskerk (NED) | 51 |
| 24. Atzei Sabina | 71 | 08-021 | 44.00 | 25m | 10-2-80 | Heerhugowaard (NED) | 20 |

50 rugslag

| | | | | | | | |
|-------------------------|----|--------|-------|-----|----------|--------------------------|-----|
| 1. Stel Kaylin | 01 | 08-021 | 41.78 | 25m | 22-5-10 | Purmerend (NED) | 231 |
| 2. Crok Linda | 94 | 08-021 | 44.06 | 25m | 30-10-03 | Heemskerk | 197 |
| 3. van Rijn Eline | 07 | 08-021 | 44.83 | 25m | 30-10-16 | Den Helder (NED) | 187 |
| 4. Renkema Iris | 04 | 08-021 | 45.02 | 25m | 8-12-13 | Amstelveen (NED) | 185 |
| 5. Bakker Jesca | 79 | 08-021 | 45.20 | 25m | 15-12-88 | Heemskerk (NED) | 183 |
| 6. Scholten Britt | 04 | 08-021 | 45.71 | 25m | 15-12-13 | Zaandam (NED) | 177 |
| 7. van Honk Chantal | 80 | 08-021 | 45.80 | 25m | 5-11-89 | Heemskerk (NED) | 176 |
| 7. Dijkstra Lisette | 86 | 08-021 | 45.80 | 25m | 9-11-95 | Heemskerk (NED) | 176 |
| 9. Steenkamp Ciska | 90 | 08-021 | 46.28 | 25m | 7-11-99 | Zaandam (NED) | 170 |
| 10. de Boer Isabel | 06 | 08-021 | 47.09 | 50m | 5-12-15 | Beverwijk (NED) | 189 |
| 11. Dekker Elise | 97 | 08-021 | 47.32 | 25m | 15-1-06 | Zaandam (NED) | 159 |
| 12. Koopman Anitra | 89 | 08-021 | 47.41 | 25m | 22-11-98 | Zaandam (NED) | 158 |
| 13. Hoekstra Eline | 03 | 08-021 | 47.60 | 25m | 28-10-12 | Amsterdam-Zuidoost (NED) | 156 |
| 14. Blaauw Yente | 03 | 08-021 | 47.64 | 25m | 28-10-12 | Amsterdam-Zuidoost (NED) | 156 |
| 15. Teufer Irene | 96 | 08-021 | 48.22 | 25m | 27-10-05 | Heemskerk (NED) | 150 |
| 16. Buur Naomi | 01 | 08-021 | 48.43 | 50m | 4-12-10 | Beverwijk (NED) | 174 |
| 17. Essers Sanne | 91 | 08-021 | 48.44 | 25m | 8-10-00 | Heemskerk (NED) | 148 |
| 18. Dijkstra Pascal | 89 | 08-021 | 48.52 | 25m | 22-11-98 | Zaandam (NED) | 148 |
| 19. de Haan Shira | 00 | 08-021 | 48.53 | 25m | 13-12-09 | Zaandam (NED) | 147 |
| 20. Kleijne Daisy | 89 | 08-021 | 48.82 | 25m | 8-11-98 | Zaandam (NED) | 145 |
| 21. van der Horst Wendy | 72 | 08-021 | 49.60 | 25m | 1-11-81 | Bergen (NED) | 138 |
| 22. van Giezen Corina | 68 | 08-021 | 50.00 | 25m | 27-11-77 | IJmuiden (NED) | 135 |
| 23. Schelvis Roos | 86 | 08-021 | 50.30 | 25m | 9-11-95 | Heemskerk (NED) | 132 |
| 24. Huisman Jolanda | 68 | 08-021 | 50.50 | 25m | 27-11-77 | IJmuiden (NED) | 131 |
| 25. Bos Marieke | 06 | 08-021 | 50.62 | 25m | 22-11-15 | Haarlem (NED) | 130 |

100 rugslag

| | | | | | | | |
|-------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Stel Kaylin | 01 | 08-021 | 1:32.72 | 25m | 5-4-10 | Haarlem (NED) | 209 |
| 2. Scholten Britt | 04 | 08-021 | 1:33.74 | 25m | 15-12-13 | Zaandam (NED) | 202 |
| 3. van Rijn Eline | 07 | 08-021 | 1:34.77 | 25m | 27-11-16 | Zaandam (NED) | 195 |
| 4. van Honk Chantal | 80 | 08-021 | 1:37.30 | 25m | 7-12-89 | Heemskerk (NED) | 180 |
| 5. Bakker Jesca | 79 | 08-021 | 1:37.70 | 25m | 31-12-88 | | 178 |
| 6. Hoekstra Eline | 03 | 08-021 | 1:38.38 | 25m | 13-12-12 | Heemskerk (NED) | 175 |
| 7. Renkema Iris | 04 | 08-021 | 1:38.48 | 25m | 15-12-13 | Zaandam (NED) | 174 |
| 8. Steenkamp Ciska | 90 | 08-021 | 1:39.73 | 25m | 16-12-99 | Heemskerk | 168 |
| 9. Buur Naomi | 01 | 08-021 | 1:40.20 | 25m | 28-11-10 | Heemskerk (NED) | 165 |
| 10. Crok Linda | 94 | 08-021 | 1:40.78 | 25m | 28-9-03 | Zaandam (NED) | 162 |
| 11. de Haan Shira | 00 | 08-021 | 1:41.13 | 25m | 13-12-09 | Zaandam (NED) | 161 |
| 12. Dijkstra Lisette | 86 | 08-021 | 1:41.30 | 25m | 17-12-95 | Volendam (NED) | 160 |
| 13. Blaauw Yente | 03 | 08-021 | 1:41.89 | 25m | 13-12-12 | Heemskerk (NED) | 157 |
| 14. de Boer Isabel | 06 | 08-021 | 1:42.36 | 25m | 10-12-15 | Heemskerk (NED) | 155 |
| 15. Dekker Elise | 97 | 08-021 | 1:43.77 | 25m | 5-2-06 | Zaandam (NED) | 149 |
| 16. van Perlo Ingrid | 73 | 08-021 | 1:45.30 | 25m | 31-12-82 | | 142 |
| 17. Koopman Anitra | 89 | 08-021 | 1:45.36 | 25m | 4-10-98 | Haarlem (NED) | 142 |
| 18. Schelvis Roos | 86 | 08-021 | 1:45.50 | 25m | 29-10-95 | Castricum (NED) | 141 |
| 19. Essers Sanne | 91 | 08-021 | 1:46.01 | 25m | 14-5-00 | Zaandam (NED) | 139 |
| 20. Missot Gonda | 66 | 08-021 | 1:46.50 | 25m | 31-12-75 | | 137 |
| 21. Bos Marieke | 06 | 08-021 | 1:47.18 | 25m | 15-11-15 | Purmerend (NED) | 135 |
| 22. Kleijne Daisy | 89 | 08-021 | 1:47.20 | 25m | 9-5-98 | Zaandam (NED) | 135 |
| 23. Teufer Irene | 96 | 08-021 | 1:47.66 | 25m | 9-10-05 | Zaandam (NED) | 133 |
| 24. van Perlo Carla | 75 | 08-021 | 1:49.10 | 25m | 12-2-84 | Heemskerk (NED) | 128 |
| 25. van der Horst Wendy | 72 | 08-021 | 1:49.70 | 25m | 18-10-81 | Heemskerk (NED) | 126 |

200 rugslag**500 rugslag****25 schoolslag**

| | | | | | | | |
|---------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. van Honk Chantal | 80 | 08-021 | 20.50 | 25m | 31-12-89 | Heemskerk (NED) | 279 |
| 2. Steenkamp Ciska | 90 | 08-021 | 22.30 | 25m | 21-11-99 | Heemskerk (NED) | 216 |
| 3. de Groot Daniëlle | 93 | 08-021 | 22.92 | 25m | 17-11-02 | Heemskerk | 199 |
| 4. Stel Kaylin | 01 | 08-021 | 23.45 | 25m | 11-4-10 | Zaandam (NED) | 186 |
| 5. Hoekstra Eline | 03 | 08-021 | 24.63 | 25m | 11-3-12 | Zaandam (NED) | 161 |
| 6. Koopman Anitra | 89 | 08-021 | 24.80 | 25m | 19-3-98 | Heemskerk (NED) | 157 |
| 7. Renkema Iris | 04 | 08-021 | 25.11 | 25m | 10-3-13 | Schagen (NED) | 151 |
| 8. Bakker Jesca | 79 | 08-021 | 25.30 | 25m | 31-12-88 | | 148 |
| 9. Essers Sanne | 91 | 08-021 | 25.37 | 25m | 19-11-00 | Zaandam (NED) | 147 |
| 10. Dijkstra Pascal | 89 | 08-021 | 25.40 | 25m | 10-12-98 | Heemskerk (NED) | 146 |
| 11. Scholten Britt | 04 | 08-021 | 25.58 | 25m | 7-4-13 | Castricum (NED) | 143 |
| 12. Wiegman Brenda | 72 | 08-021 | 25.60 | 25m | 13-12-81 | Volendam (NED) | 143 |
| 13. Zeeman Judith | 70 | 08-021 | 25.90 | 25m | 15-9-79 | Heemskerk (NED) | 138 |
| 14. Kleijne Daisy | 89 | 08-021 | 26.20 | 25m | 19-3-98 | Heemskerk (NED) | 133 |
| 15. Palthe Yvonne | 67 | 08-021 | 26.30 | 25m | 14-9-76 | Heemskerk (NED) | 132 |
| 15. van den Heuvel Sandra | 80 | 08-021 | 26.30 | 25m | 12-1-89 | Heemskerk (NED) | 132 |
| 17. Peters Marion | 67 | 08-021 | 26.40 | 25m | 14-9-76 | Heemskerk (NED) | 130 |
| 18. Schelvis Liselot | 92 | 08-021 | 26.45 | 25m | 18-11-01 | Heemskerk | 130 |
| 19. Windmuller Annemarie | 67 | 08-021 | 27.00 | 25m | 14-9-76 | Heemskerk (NED) | 122 |
| 20. Pover Karin | 67 | 08-021 | 27.40 | 25m | 14-9-76 | Heemskerk (NED) | 116 |
| 21. Niesten Iris | 92 | 08-021 | 27.64 | 25m | 18-11-01 | Heemskerk | 113 |
| 22. Reeuwijk Danielle | 70 | 08-021 | 27.80 | 25m | 15-9-79 | Heemskerk (NED) | 111 |
| 23. Knight Kayleigh | 00 | 08-021 | 28.35 | 25m | 27-9-09 | Hoorn (NED) | 105 |
| 24. de Buyzer Anita | 67 | 08-021 | 28.40 | 25m | 14-9-76 | Heemskerk (NED) | 105 |
| 25. van Zalingen Margreet | 67 | 08-021 | 28.50 | 25m | 14-9-76 | Heemskerk (NED) | 103 |

50 schoolslag

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|---------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Teufer Irene | 96 | 08-021 | 45.52 | 25m | 24-11-05 | Heemskerk (NED) | 253 |
| 2. van Honk Chantal | 80 | 08-021 | 45.90 | 25m | 14-12-89 | Heemskerk (NED) | 247 |
| 3. Crok Linda | 94 | 08-021 | 48.05 | 25m | 27-11-03 | Heemskerk (NED) | 215 |
| 4. Bakker Jesca | 79 | 08-021 | 48.50 | 25m | 15-12-88 | Heemskerk (NED) | 209 |
| 5. Steenkamp Ciska | 90 | 08-021 | 49.34 | 25m | 7-11-99 | Zaandam (NED) | 198 |
| 6. Blaauw Yente | 03 | 08-021 | 50.16 | 25m | 30-9-12 | Heemskerk (NED) | 189 |
| 7. Rodenburg Kyra | 96 | 08-021 | 50.45 | 25m | 24-11-05 | Heemskerk (NED) | 186 |
| 8. Renkema Iris | 04 | 08-021 | 50.49 | 25m | 22-9-13 | Purmerend (NED) | 185 |
| 9. Stel Kaylin | 01 | 08-021 | 50.94 | 25m | 23-5-10 | Purmerend (NED) | 180 |
| 10. Schelvis Roos | 86 | 08-021 | 51.00 | 25m | 12-10-95 | Heemskerk (NED) | 180 |
| 11. de Groot Daniëlle | 93 | 08-021 | 51.16 | 25m | 28-11-02 | Heemskerk | 178 |
| 12. van Leeuwen Andrea | 71 | 08-021 | 51.30 | 25m | 28-9-80 | Zaandam (NED) | 176 |
| 13. de Haan Shira | 00 | 08-021 | 51.47 | 25m | 22-11-09 | Zaandam (NED) | 175 |
| 14. Hoekstra Eline | 03 | 08-021 | 51.55 | 25m | 30-9-12 | Heemskerk (NED) | 174 |
| 15. Scholten Britt | 04 | 08-021 | 51.69 | 25m | 10-11-13 | Zaandam (NED) | 172 |
| 16. Bos Marieke | 06 | 08-021 | 51.87 | 25m | 22-11-15 | Haarlem (NED) | 171 |
| 17. van Rookhuizen Sieta | 79 | 08-021 | 52.20 | 25m | 15-12-88 | Heemskerk (NED) | 167 |
| 18. Kerkhoven Michelle | 91 | 08-021 | 52.33 | 25m | 30-11-00 | Heemskerk (NED) | 166 |
| 19. Koopman Anitra | 89 | 08-021 | 52.73 | 25m | 8-11-98 | Zaandam (NED) | 162 |
| 20. Dijkstra Pascal | 89 | 08-021 | 52.98 | 25m | 24-9-98 | Heemskerk (NED) | 160 |
| 21. van Rijn Eline | 07 | 08-021 | 53.14 | 25m | 13-11-16 | Purmerend (NED) | 159 |
| 22. van den Heuvel Sandra | 80 | 08-021 | 53.30 | 25m | 1-10-89 | Zaandam (NED) | 157 |
| 23. van der Gracht Anouk | 89 | 08-021 | 54.16 | 25m | 8-11-98 | Zaandam (NED) | 150 |
| 24. van der Geest Saskia | 73 | 08-021 | 54.50 | 25m | 29-11-82 | Heemskerk (NED) | 147 |
| 25. Kleijne Daisy | 89 | 08-021 | 54.54 | 25m | 15-11-98 | Zaandam (NED) | 147 |

100 schoolslag

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|----------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. van Honk Chantal | 80 | 08-021 | 1:38.00 | 25m | 7-12-89 | Heemskerk (NED) | 257 |
| 2. Teufer Irene | 96 | 08-021 | 1:39.01 | 25m | 18-12-05 | Alkmaar (NED) | 249 |
| 3. van Leeuwen Andrea | 71 | 08-021 | 1:44.00 | 25m | 16-11-80 | Haarlem (NED) | 215 |
| 4. Missot Gonda | 66 | 08-021 | 1:46.30 | 25m | 31-12-75 | | 201 |
| 5. van der Kroft Nicole | 84 | 08-021 | 1:47.20 | 25m | 17-11-93 | | 196 |
| 6. Renkema Iris | 04 | 08-021 | 1:47.91 | 25m | 31-10-13 | Heemskerk (NED) | 192 |
| 7. van der Horst Wendy | 72 | 08-021 | 1:48.00 | 25m | 6-9-81 | Heemskerk (NED) | 192 |
| 8. Schelvis Roos | 86 | 08-021 | 1:48.20 | 25m | 26-11-95 | Heemskerk (NED) | 191 |
| 9. Dijkstra Lisette | 86 | 08-021 | 1:48.60 | 25m | 26-11-95 | Heemskerk (NED) | 189 |
| 10. de Haan Shira | 00 | 08-021 | 1:48.91 | 25m | 11-10-09 | Zaandam (NED) | 187 |
| 11. Steenkamp Ciska | 90 | 08-021 | 1:49.24 | 25m | 19-12-99 | Wormerveer (NED) | 186 |
| 12. Crok Linda | 94 | 08-021 | 1:49.77 | 25m | 30-10-03 | Heemskerk | 183 |
| 13. Stel Kaylin | 01 | 08-021 | 1:50.44 | 25m | 5-6-10 | Zaandam (NED) | 180 |
| 14. Plokker Sylvia | 68 | 08-021 | 1:50.90 | 25m | 23-10-77 | Zandvoort (NED) | 177 |
| 15. Blaauw Yente | 03 | 08-021 | 1:51.19 | 25m | 7-10-12 | Zaandam (NED) | 176 |
| 16. Pover Ellen | 72 | 08-021 | 1:52.00 | 25m | 6-9-81 | Heemskerk (NED) | 172 |
| 17. Hoekstra Eline | 03 | 08-021 | 1:52.18 | 25m | 7-10-12 | Zaandam (NED) | 171 |
| 18. Scholten Britt | 04 | 08-021 | 1:52.21 | 25m | 31-10-13 | Heemskerk (NED) | 171 |
| 19. Bos Marieke | 06 | 08-021 | 1:52.68 | 25m | 11-10-15 | Zaandam (NED) | 169 |
| 20. van Rijn Eline | 07 | 08-021 | 1:52.96 | 25m | 18-12-16 | Heemskerk (NED) | 168 |
| 21. Koopman Anitra | 89 | 08-021 | 1:53.48 | 25m | 26-9-98 | Assendelft (NED) | 165 |
| 22. van Perlo Carla | 75 | 08-021 | 1:54.20 | 25m | 7-10-84 | Volendam (NED) | 162 |
| 23. Zeeman Judith | 70 | 08-021 | 1:55.10 | 25m | 25-11-79 | Heemskerk (NED) | 159 |
| 24. van Duivenvoorde Sanne | 93 | 08-021 | 1:55.18 | 25m | 31-10-02 | Heemskerk | 158 |
| 25. Dijkstra Pascal | 89 | 08-021 | 1:55.30 | 25m | 23-5-98 | Zaandam (NED) | 158 |

200 schoolslag

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|--------------------|----|--------|---------|-----|---------|------------------|-----|
| 1. Stel Kaylin | 01 | 08-021 | 3:55.56 | 25m | 25-3-10 | Heemskerk (NED) | 186 |
| 2. Steenkamp Ciska | 90 | 08-021 | 3:59.33 | 25m | 24-1-99 | Assendelft (NED) | 177 |

200 schoolslag (sinds 3)

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|---------------|----|--------|---------|-----|---------|-----------------|-----|
| 3. Buur Naomi | 01 | 08-021 | 4:27.84 | 25m | 25-3-10 | Heemskerk (NED) | 126 |
|---------------|----|--------|---------|-----|---------|-----------------|-----|

500 schoolslag800 schoolslag1000 schoolslag1500 schoolslag2000 schoolslag2500 schoolslag3000 schoolslag4000 schoolslag5000 schoolslag25 vlinderslag

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|---------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. van Honk Chantal | 80 | 08-021 | 19.00 | 25m | 31-12-89 | Heemskerk (NED) | 204 |
| 2. Hoekstra Eline | 03 | 08-021 | 19.97 | 25m | 13-12-12 | Heemskerk (NED) | 175 |
| 3. Stel Kaylin | 01 | 08-021 | 21.13 | 25m | 3-1-10 | Culemborg (NED) | 148 |
| 4. Bruin Marianne | 78 | 08-021 | 23.10 | 25m | 17-12-87 | Heemskerk (NED) | 113 |
| 5. Buur Naomi | 01 | 08-021 | 23.99 | 25m | 4-11-10 | Heemskerk (NED) | 101 |
| 6. Copier Alyssa | 04 | 08-021 | 24.22 | 25m | 20-1-13 | Heemskerk (NED) | 98 |
| 7. Blaauw Yente | 03 | 08-021 | 24.46 | 25m | 13-12-12 | Heemskerk (NED) | 95 |
| 8. de Wildt Maud | 05 | 08-021 | 24.56 | 25m | 30-10-14 | Heemskerk (NED) | 94 |
| 9. Essers Sanne | 91 | 08-021 | 24.76 | 25m | 4-5-00 | Heemskerk (NED) | 92 |
| 10. Renkema Iris | 04 | 08-021 | 24.96 | 25m | 20-1-13 | Heemskerk (NED) | 90 |
| 11. de Vriend Sofie | 01 | 08-021 | 25.09 | 25m | 4-11-10 | Heemskerk (NED) | 88 |
| 12. Dijkstra Pascal | 89 | 08-021 | 25.70 | 25m | 10-12-98 | Heemskerk (NED) | 82 |
| 13. Steenkamp Ciska | 90 | 08-021 | 26.40 | 25m | 18-3-99 | Heemskerk (NED) | 76 |
| 14. van den Heuvel Sandra | 80 | 08-021 | 27.20 | 25m | 2-11-89 | Heemskerk (NED) | 69 |
| 15. Kleijne Daisy | 89 | 08-021 | 27.60 | 25m | 15-1-98 | Heemskerk (NED) | 66 |
| 16. van der Gracht Anouk | 89 | 08-021 | 28.00 | 25m | 4-10-98 | Haarlem (NED) | 63 |
| 17. Bakker Jesca | 79 | 08-021 | 28.40 | 25m | 31-12-88 | | 61 |
| 18. de Boer Isabel | 06 | 08-021 | 28.44 | 25m | 18-1-15 | Zaandam (NED) | 60 |
| 19. Koper Fiona | 01 | 08-021 | 29.38 | 25m | 4-11-10 | Heemskerk (NED) | 55 |
| 20. Koopman Anitra | 89 | 08-021 | 29.40 | 25m | 15-1-98 | Heemskerk (NED) | 55 |
| 21. Sobh Shaime | 03 | 08-021 | 29.96 | 25m | 22-4-12 | Haarlem (NED) | 52 |
| 22. Janssen Tess | 89 | 08-021 | 30.40 | 25m | 15-1-98 | Heemskerk (NED) | 49 |
| 23. Wieman Lianne | 03 | 08-021 | 31.96 | 25m | 13-12-12 | Heemskerk (NED) | 42 |
| 24. Salido Keesje | 05 | 08-021 | 32.36 | 25m | 30-10-14 | Heemskerk (NED) | 41 |
| 25. Veldhuis Amelia | 03 | 08-021 | 32.59 | 25m | 13-12-12 | Heemskerk (NED) | 40 |

50 vlinderslag

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|---------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Teufer Irene | 96 | 08-021 | 43.12 | 25m | 15-12-05 | Heemskerk (NED) | 180 |
| 2. Rodenburg Kyra | 96 | 08-021 | 43.87 | 25m | 24-11-05 | Heemskerk (NED) | 171 |
| 3. van Honk Chantal | 80 | 08-021 | 46.40 | 25m | 17-12-89 | Heemstede (NED) | 145 |
| 4. Stel Kaylin | 01 | 08-021 | 46.44 | 25m | 6-6-10 | Zaandam (NED) | 144 |
| 5. Crok Linda | 94 | 08-021 | 46.88 | 25m | 18-12-03 | Heemskerk (NED) | 140 |
| 5. Scholten Britt | 04 | 08-021 | 46.88 | 25m | 12-12-13 | Heemskerk (NED) | 140 |
| 7. de Haan Shira | 00 | 08-021 | 47.71 | 25m | 11-10-09 | Zaandam (NED) | 133 |
| 8. Bakker Jesca | 79 | 08-021 | 48.20 | 25m | 15-12-88 | Heemskerk (NED) | 129 |
| 9. Missot Gonda | 66 | 08-021 | 48.60 | 25m | 31-12-75 | | 126 |
| 10. Dekker Elise | 97 | 08-021 | 49.52 | 25m | 5-2-06 | Zaandam (NED) | 119 |
| 11. Copier Alyssa | 04 | 08-021 | 50.00 | 25m | 9-6-13 | Zaandam (NED) | 115 |
| 12. Renkema Iris | 04 | 08-021 | 52.04 | 25m | 13-10-13 | Zaandam (NED) | 102 |
| 13. van Rijn Eline | 07 | 08-021 | 53.32 | 25m | 17-11-16 | Heemskerk (NED) | 95 |
| 14. van Perlo Carla | 75 | 08-021 | 53.50 | 25m | 28-10-84 | Egmond (NED) | 94 |
| 15. van Leeuwen Andrea | 71 | 08-021 | 54.10 | 25m | 30-11-80 | Heemskerk (NED) | 91 |
| 16. de Wildt Maud | 05 | 08-021 | 54.23 | 50m | 29-11-14 | Beverwijk (NED) | 91 |
| 17. Hoekstra Eline | 03 | 08-021 | 54.30 | 25m | 7-10-12 | Zaandam (NED) | 90 |
| 18. Koopman Anitra | 89 | 08-021 | 54.31 | 25m | 27-9-98 | Assendelft (NED) | 90 |
| 19. Essers Sanne | 91 | 08-021 | 54.54 | 25m | 3-12-00 | Zaandam (NED) | 89 |
| 20. van den Heuvel Sandra | 80 | 08-021 | 55.00 | 25m | 3-12-89 | Zaandam (NED) | 87 |
| 21. van der Horst Wendy | 72 | 08-021 | 55.50 | 25m | 18-10-81 | Heemskerk (NED) | 84 |
| 22. Steenkamp Ciska | 90 | 08-021 | 55.65 | 25m | 25-11-99 | Heemskerk | 84 |
| 23. Bos Marieke | 06 | 08-021 | 56.26 | 25m | 10-12-15 | Heemskerk (NED) | 81 |
| 24. Blaauw Yente | 03 | 08-021 | 57.08 | 25m | 7-10-12 | Zaandam (NED) | 77 |
| 25. Dijkstra Pascal | 89 | 08-021 | 57.09 | 25m | 4-10-98 | Haarlem (NED) | 77 |

100 vlinderslag

| | | | | | | | |
|-------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Stel Kaylin | 01 | 08-021 | 1:55.09 | 25m | 20-5-10 | Heemskerk (NED) | 106 |
| 2. Rodenburg Kyra | 96 | 08-021 | 2:05.15 | 25m | 24-11-05 | Heemskerk (NED) | 83 |

200 vlinderslag**100 wisselslag**

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|------------------------|----|--------|---------|-----|----------|----------------------|-----|
| 1. Crok Linda | 94 | 08-021 | 1:33.15 | 25m | 30-11-03 | Heemskerk (NED) | 225 |
| 2. van Honk Chantal | 80 | 08-021 | 1:33.30 | 25m | 31-12-89 | Heemskerk (NED) | 224 |
| 3. Teufer Irene | 96 | 08-021 | 1:35.14 | 25m | 15-12-05 | Heemskerk (NED) | 211 |
| 4. Stel Kaylin | 01 | 08-021 | 1:38.09 | 25m | 23-5-10 | Purmerend (NED) | 193 |
| 5. Bakker Jesca | 79 | 08-021 | 1:38.20 | 25m | 31-12-88 | | 192 |
| 6. Renkema Iris | 04 | 08-021 | 1:38.50 | 25m | 10-11-13 | Zaandam (NED) | 190 |
| 7. Steenkamp Ciska | 90 | 08-021 | 1:41.06 | 25m | 28-11-99 | Alkmaar (NED) | 176 |
| 8. van Rijn Eline | 07 | 08-021 | 1:41.45 | 25m | 20-11-16 | Zaandam (NED) | 174 |
| 9. Essers Sanne | 91 | 08-021 | 1:43.06 | 25m | 17-12-00 | Zaandam (NED) | 166 |
| 10. de Haan Shira | 00 | 08-021 | 1:43.12 | 25m | 4-10-09 | Amsterdam-oost (NED) | 166 |
| 11. Dijkstra Lisette | 86 | 08-021 | 1:43.90 | 25m | 14-12-95 | Heemskerk (NED) | 162 |
| 12. Schelvis Roos | 86 | 08-021 | 1:44.40 | 25m | 3-12-95 | Alkmaar (NED) | 160 |
| 13. Dijkstra Pascal | 89 | 08-021 | 1:44.74 | 25m | 26-11-98 | Heemskerk (NED) | 158 |
| 14. Missot Gonda | 66 | 08-021 | 1:44.90 | 25m | 31-12-75 | | 157 |
| 15. van Leeuwen Andrea | 71 | 08-021 | 1:45.50 | 25m | 13-12-80 | Heemskerk (NED) | 155 |
| 16. Hoekstra Eline | 03 | 08-021 | 1:46.28 | 25m | 11-11-12 | Schagen (NED) | 151 |
| 17. Koopman Anitra | 89 | 08-021 | 1:47.00 | 25m | 26-11-98 | Heemskerk (NED) | 148 |
| 18. Scholten Britt | 04 | 08-021 | 1:47.35 | 25m | 9-6-13 | Zaandam (NED) | 147 |
| 19. Kleijne Daisy | 89 | 08-021 | 1:47.84 | 25m | 15-11-98 | Zaandam (NED) | 145 |
| 20. Bos Marieke | 06 | 08-021 | 1:47.90 | 25m | 4-10-15 | Purmerend (NED) | 145 |
| 21. Blaauw Yente | 03 | 08-021 | 1:48.05 | 25m | 11-11-12 | Schagen (NED) | 144 |
| 22. Bruin Marianne | 78 | 08-021 | 1:48.60 | 25m | 12-12-87 | | 142 |
| 23. van Perlo Carla | 75 | 08-021 | 1:49.90 | 25m | 12-2-84 | Heemskerk (NED) | 137 |

100 wisselslag (sinds 24)

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|--------------------|----|--------|---------|-----|----------|---------------|-----|
| 24. de Boer Isabel | 06 | 08-021 | 1:49.92 | 25m | 14-6-15 | Zaandam (NED) | 137 |
| 25. Buur Naomi | 01 | 08-021 | 1:50.03 | 25m | 21-11-10 | Zaandam (NED) | 136 |

200 wisselslag

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|-----------------|----|--------|---------|-----|---------|-----------------|-----|
| 1. Essers Sanne | 91 | 08-021 | 4:00.25 | 25m | 30-3-00 | Heemskerk (NED) | 130 |
|-----------------|----|--------|---------|-----|---------|-----------------|-----|

300 wisselslag400 wisselslag