

35 - 39 jaar, Dames, Lange baan (50m)

1-1-1900-31-7-2014

25 vrije slag**50 vrije slag**

1. van Staveren Marina	78	08-021	32.20	50m	6-9-13	Eindhoven (NED)	400
2. Heus Pauline	78	08-021	36.04	50m	24-3-13	Amersfoort (NED)	285

100 vrije slag

1. van Staveren Marina	78	08-021	1:10.67	50m	5-9-13	Eindhoven (NED)	399
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200 vrije slag

1. Geluk Mabelle	73	08-021	4:53.19	50m	4-6-11	Apeldoorn (NED)	57
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250 vrije slag**300 vrije slag****400 vrije slag**

1. Geluk Mabelle	73	08-021	9:54.06	50m	4-6-11	Apeldoorn (NED)	65
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500 vrije slag**800 vrije slag**

1. Geluk Mabelle	73	08-021	20:25.45	50m	4-6-11	Apeldoorn (NED)	65
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1000 vrije slag**1250 vrije slag****1500 vrije slag****2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag**

25 rugslag**50 rugslag**

1. van Staveren Marina	78	08-021	38.91	50m	24-3-13	Amersfoort (NED)	336
2. Heus Pauline	78	08-021	44.67	50m	24-3-13	Amersfoort (NED)	222

100 rugslag

1. van Staveren Marina	78	08-021	1:28.78	50m	24-3-13	Amersfoort (NED)	280
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200 rugslag

1. van Staveren Marina	78	08-021	3:04.40	50m	24-3-13	Amersfoort (NED)	310
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500 rugslag**25 schoolslag****50 schoolslag**

1. Heus Pauline	78	08-021	47.00	50m	6-9-13	Eindhoven (NED)	254
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100 schoolslag

1. Heus Pauline	78	08-021	1:39.38	50m	6-9-13	Eindhoven (NED)	272
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200 schoolslag

1. Heus Pauline	78	08-021	3:31.36	50m	6-9-13	Eindhoven (NED)	291
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500 schoolslag**800 schoolslag****1000 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag****50 vlinderslag**

1. van Staveren Marina	78	08-021	33.87	50m	24-3-13	Amersfoort (NED)	405
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100 vlinderslag

200 vlinderslag

100 wisselslag

200 wisselslag

300 wisselslag

400 wisselslag